



Hail, Mary!

Judy Wood, Regent — Altoona, Pennsylvania
Pattie Fromknecht, Newsletter Editor/Publisher
Contact us with your court yearbook or at cda2625.com/contact/
Local: cda2625.com | State: cdapa.com
National: catholicdaughters.org

Lenten Prayers from Dynamic Catholic

<https://dynamiccatholic.com/best-lent-ever/prayers-for-lent>



Prayer for Ash Wednesday

God of goodness and mercy, / Hear my prayer as I begin this Lenten journey with you. Let me be honest with myself as I look into my heart and soul, noticing the times I turn away from you. Guide me as I humbly seek to repent and return to your love. / May humility guide my efforts to be reconciled with you and live forever in your abundant grace. / Transform me this Lent, heavenly Father. Give me the strength to commit myself to grow closer to you each day. / Amen.

Prayer for Transformation

Loving Father, / I invite you into my life today / and make myself available to you. / Help me to become the-best-version-of-myself / by seeking your will and becoming a living example / of your love in the world. / Open my heart to the areas of my life that need to change / in order for me to carry out the mission / and experience the joy you have imagined for my life. / Inspire me to live the Catholic faith / in ways that are dynamic and engaging. / Show me how to best get involved in the life of my parish. / Make our community hungry for best practices / and continuous learning. / Give me courage when I am afraid, / hope when I am discouraged, / and clarity in times of decision. / Teach me to enjoy uncertainty and lead your Church / to become all you imagined it would be / for the people of our times. / Amen.

“Every saint has a past, and every sinner has a future.” [Oscar Wilde](#)

Quality of Life

At each meeting we will be collecting non-perishable food items, cleaning supplies, or paper products. Please, bring one (1) item with you to the meeting and place it in the container when you arrive. If you have more than one item, we'll gladly accept as much as you'd like to donate, but please bring it to Pattie's home BEFORE the meeting and place it in or next to the tote on the side porch. Each month the items received will go to our local parishes, Catholic Charities, and/or the Carmelite Community of the Word for distribution. The parish distribution cycle will follow the Marian Mass schedule on page three.

If you're interested in sewing dolls, diapers, or girls skirts for the Carmelite Community of the Word Hands and Hearts Ministry, please contact Pattie.

Our Purpose and Mission

The purpose of the organization is to participate in the religious, charitable, and educational Apostolates of the Church. Catholic Daughters of the Americas strives to embrace the principle of faith working through love in the promotion of justice, equality and the advancement of human rights and human dignity for all.

Inclusion Revolution!

I pledge to look for the lonely, the isolated, the left out, the challenged and the bullied.

I pledge to overcome the fear of difference and replace it with the power of inclusion.

[I#chooseToInclude](#)

Newsletter Articles Wanted!

Please, submit articles to Pattie,
for the court newsletter, by May 1, 2020!

All Purpose and Holiday Greeting Cards

Please bring any greeting cards you have, new or used, when we meet — either at Pattie's home or another's home, a court meeting, a craft day, ... There will also be a blue tote on Pattie's side porch for you to place your greeting cards in (please have them bagged, so they don't blow away, get wet, or ruined when the lid is raised or anything else is put into the tote). The blue tote will be marked, CDA. Cards and/or envelopes are welcome!

Open Your Heart to God and One Another

Father Jozef Kovacik, CDA State Chaplain: *For over a thousand years, the Church has used Lent to prepare us for the celebration of the crowning moments of Jesus' life: his redemptive death on the cross and glorious resurrection. Lent is a time of renewal for the whole Church, for each faith community and every follower of Jesus. Above all, it is a time of grace and God's abundant blessings. LENT, as you may know, means SPRING. Now, when we look outside we do not see any trees budding, flowers blooming or any other signs of spring yet. However, we see other signs in us and around us.* Continue reading Father's article in the ...

[Spring 2020 Pennsylvania State Newsletter](#)

(<https://cdapa.com/newsletters/archives/035-spring-2020.pdf>)

A Lenten Project

Every day, beginning with Ash Wednesday, February 26, 2020 (or when you've read this) take one item from your closet that you'd like to donate to those in need, and place it in a bag, until the end of Lent.

We will collect the bags on Monday, April 13, 2020; you can drop it off sooner. As I am (Pattie) unable to carry the bags from the court meeting room in the basement of Saint Rose to my car (not many of us are!), please help me, help those we serve, by dropping your bag off at my home, on your way to our court meeting, leaving it on my side porch. If you're unable to drop your bag off at my home before the meeting, my car will be parked on the side of Saint Rose, between the Maria Parish Center and the School (where the elevator is) between 6:30 and 7:00 PM, and you can place your bag in my vehicle. If these arrangements don't work for you, call me and we can make other arrangements.

The items donated will be distributed to our local parishes, Catholic Charities, and/or the Carmelite Community of the Word.

Help will be needed to sort the donated items. Please contact Pattie if you're able to help.

We invite you to visit Dynamic Catholic to sign up for their Lenten program,

"Don't Give Up Chocolate for Lent"

It's an awesome journey and you're sure to be pleased! <https://dynamiccatholic.com/best-lent-ever/>

Some Calendar Worthy Dates!



The Birth of Mary

Tuesday, September 8, 2020

Saint Catherine of Sienna.

More information will follow.

Marian Mass Days!

Past and Future

- ♥ **Wednesday, January 8, 2020, 9:00 AM**
At Saint Therese of the Child Jesus—Our Lady of Prompt Succor.
- ♥ **Sunday, February 2, 2020, 10:30 AM**
At Our Lady of Fatima—The Presentation of our Lord.
- ♥ **Wednesday, March 25, 2020, 8:00 AM**
At Our Lady of Lourdes—The Annunciation.
- ♥ **Sunday, April 12, 2020 is Easter**—We have no Mass scheduled the month of April. Quality of Life donations received will be split between Saint Therese of the Child Jesus and Our Lady of Fatima, which were our January and February Masses.
- ♥ **Wednesday, May 13, 2020, 12:00 Noon**
At Cathedral of the Blessed Sacrament—Our Lady of Fatima.
- ♥ **Monday, June 1, 2020, 7:45 AM**
At Sacred Heart—Mary, Mother of the Church.
- ♥ **Thursday, July 16, 2020, 8:30 AM**
At Saint John the Evangelist—Our Lady of Mount Carmel.
- ♥ **Saturday, August 22, 2020, 4:00 PM**
At Our Lady of Mount Carmel—The Queenship of Mary and our 11th anniversary.
- ♥ **Tuesday, September 15, 2020, 8:00 AM**
At Holy Rosary—Our Lady of Sorrows.
- ♥ **Thursday, October 8, 2020, 8:30 AM**
At Saint Rose of Lima—Our Lady of Good Remedy.
- ♥ **Saturday, November 21, 2020, 4:00 PM**
At Saint Mary Immaculate Conception—The Presentation of the Blessed Virgin Mary.
- ♥ **Saturday, December 12, 2020, 4:30 PM**
At Saint Mark—Our Lady of Guadalupe.

2020 Court Meetings!

Second Monday of the month beginning with a social at 6:30 PM and the meeting starting at 7:00 PM.

January—No Meeting

February—No Meeting

March 9—Rosary at 6:10 PM

April 13—Easter Monday

May 11—Rosary at 6:10 PM

June 8

July 13

August 10

September 14

October 12—Rosary at 6:10 PM

November 9

December TBD—Meeting / Christmas Party

Annual Global Rosary Relay for Priests

Friday, June 19, 2020

Arrive at Saint John the Evangelist, Altoona, Pennsylvania between 5:15 and 5:30 PM to be seated; the rosary will begin at 5:45 PM. More information will follow.



Altoona-Johnstown Diocesan Committee Meeting

Saturday, April 18, 2020

Our court is hosting the event!

Saint Matthew's—Harkins Hall—Tyrone, PA
Mass is at 10:30 AM in the Church

Luncheon meeting follows — \$16.00 per person due with your RSVP and includes grilled chicken salad, dessert, and beverage. Let us know of any dietary restrictions with your RSVP to Judy by March 31 or at our court meeting on March 9.

The question was recently asked,
“Why be a Catholic Daughter?”

When I read the [December 2019 National Quarterly](#), the [Winter 2019 Share Magazine](#), and the [2020 Spring Pennsylvania State Newsletter](#) the following spoke to me, answering this question, very nicely; I hope they speak to you too!

Tina Dambach, Quality of Life State Chairman: *Being a part of Catholic Daughters of the Americas is so rewarding because we can do things on a greater level when we join with our sisters to assist others. By combining ideas, resources, and actions with like-minded women of faith, we reach more people, offer more services, bring more joy to the world and significantly improve the lives of those around us. ...*¹

Colette McCaffrey, State Secretary: *We, as Catholic Daughters, can definitely say “Yes.” We have an attachment and a conviction to our Catholic faith and its teachings, and we believe we have a moral obligation to stay informed and knowledgeable of public issues addressing human life, human rights, justice and peace. ...*¹

Daily Meditations with the Holy Spirit Rev. Jude Winkler, OFM: *“Our faith has two dimensions: vertical and horizontal. The vertical dimension involves our relationship with God. We are truly blessed when God is a part of our lives. But our faith also has a horizontal dimension: the willingness to serve others. God has blessed us so that we might be able to share our bounty with those who are in need.”*¹

Dolores V. Croyle, Spiritual Enhancement Chairman: *As Catholic Daughters, we excel at spending most of our time with the horizontal aspect of our faith—serving others. However, when we pray, do we rattle off memorized prayers or really think about what we are saying? Try to pray the Lord’s Prayer slowly, thinking about each phrase. ...*¹

Sherry Nilles, National Regent-Elect wrote in the National December Quarterly: *Want to make your voice heard? Do you have a passion for serving? Is helping other women succeed important to you? Do you want to see Catholic Daughters continue to grow? Would you like to work and meet other women who share the same values and interests as you do? ... Share your emotional energy. Demonstrate care and concern for others. ...*² And, from our Winter 2019 Share magazine, Sherry’s “Warming Souls” article talks about programming during our monthly meetings, including time for learning, feeding the soul, teaching about our CDA values, which we often don’t get in our secular society. You can read Sherry’s article in your copy of Share or online at: <http://books.midstatesgroup.com/books/okcm/#p=18> Let’s bring programming back into our monthly court meetings!

¹Read more at: State — <https://cdapa.com/newsletters/pa-state-newsletter.pdf>

²National — https://www.catholicdaughters.org/Qtr_Newsletter/2019_12/QuarterlyNewsletter_December2019.pdf

Why are you a Catholic Daughter? Let us know ... contact us at: cda2625.com/contact/.



Save the Date!

- ♥ **National Convention** — Dallas, Texas, July 15–19, 2020 at the Sheraton Dallas Hotel, in the downtown district. Check out National’s [Call to Convention](#) page. (<https://www.catholicdaughters.org/nationalconventionannounce.shtml>)
- ♥ **Pennsylvania Workshop** — State College, Pennsylvania, November 6–7, 2020 at the Penn Stater Hotel and Conference Center, State College, Pennsylvania.
- ♥ **Pennsylvania State Convention** — Altoona, Pennsylvania, April 17–20, 2021 at the Blair County Convention Center and Hotel, Altoona, Pennsylvania.

Spiritual Enhancement and Quality of Life

We love and serve all of God's people!

Our focus groups for these two Circle of Love programs will be the Carmelite Community of the Word (CCW); Catholic Charities; local civic outreach programs; and, all the parishes here in our city of Altoona!

Joint Project with Spiritual Enhancement and Quality of Life

Everyone interested in making luminaries, cards, or small gifts for shut-ins at our local parishes during the holiday seasons and ordinary times, let Pattie know.

Planning ahead, October 24, 2020 is *Make a Difference Day!* Come help us, help our fellow friend/family/neighbor; let's *Make a Difference* in someone's life every day ... and, on this special day!

Yearbook and Prayerbook Assembly

Everyone interested in helping to assemble our updated yearbook and prayerbook, for distribution at our March 9, 2020 meeting, is welcome! We'll assemble the packets on Friday March 6 and/or Sunday, March 8, 2020. Please contact Pattie by Wednesday, March 4, 2020, if you want to help and let me know what time works best for you! We'll set the date and time based on all the responses.

*Pray without ceasing.
In all circumstances give thanks...
1 Thessalonians 5:17-18 (NABRE)*
‡
*Pray in Order to Believe,
Believe in Order to Pray*
<http://ccc.usccb.org/flipbooks/uscca/index.html#518>

Fundraising, Quality of Life (QoL), and Spiritual Enhancement (SE) Meeting

Join us on Thursday, March 5 at 6:30-8:00 PM at Pattie's home. Feel free to bring your kids and we can put a movie on for them to watch in the living room while we meet in the dining room. Please, RSVP to me (phone or email) by Wednesday, March 4, if you can come or not to the meeting and if you're bringing any children with you.

Fundraiser Events—Contacts—Known and Needed

As discussed and approved at our November and December court meetings, we will participate in several fundraisers in 2020. We are still in need of contacts for several fundraisers. Please see the list below and contact Pattie if you're able to be the contact!

- ♥ A & M Greenhouse—Contact: April L.; Event Postponed.
- ♥ AmazonSmile, Cash Cards, and GoFundMe—Ongoing Programs—Contact: Pattie.
- ♥ Boscov's—Event in July/August/September/October—Store Pre-Sales October 6 & 7—Event Day, Wednesday, October 14—Contact: Pattie.
- ♥ Front Street Deli—Sale in April—Contact: Still needed.
- ♥ 5 Below—Sale in June/July/August—Contact: Still needed.
- ♥ Rutter's—Sale in July—Contact: Still needed.
- ♥ Texas Roadhouse—Event in September—Contact: Still needed.
- ♥ Quilt Raffle—Event in November/December—Contact: Still needed.

*Love is patient, love is kind.
It is not jealous, is not pompous,
it is not inflated, it is not rude,
it does not seek its own interests,
it is not quick-tempered,
it does not brood over injury,
it does not rejoice over wrongdoing
but rejoices with the truth.
It bears all things, believes all things,
hopes all things, endures all things.
Love never fails.
1 Corinthians 13:4-8 (NABRE)*

All Together Now ... In Unity and Charity!

Expect changes in future newsletters as additions/deletions will be made as they become known!

- ♥ Wednesday, January 1, New Year's Day; Solemnity of Mary, Mother of God
- ♥ January, No Court Meeting
- ♥ Wednesday, January 8, 9:00 AM Mass at Saint Therese of the Child Jesus—Our Lady of Prompt Succor
- ♥ Monday, January 20, Martin Luther King, Jr. Day
- ♥ Sunday, February 2, 10:30 AM Mass at Our Lady of Fatima—The Presentation of our Lord
- ♥ February, No Court Meeting
- ♥ February/March/April, Lenten Bag Collection
- ♥ Monday, February 17, Presidents Day
- ♥ Wednesday, March 4, RSVP Fundraising/QoL/SE Meeting
- ♥ Thursday, March 5, 11:30 AM, AJDC Planning Meeting
- ♥ Thursday, March 5, 6:30-8:00 PM Fundraising/QoL/SE Meeting
- ♥ Friday, March 6 or Sunday, March 8 (Time TBA) Assemble Court Year/Prayer Books
- ♥ Monday, March 9, Court Meeting, Rosary at 6:10 PM; QoL and Greeting Card Collections; Elect Nominating Committee
- ♥ Wednesday, March 25, 8:00 AM Mass at Our Lady of Lourdes—The Annunciation
- ♥ Tuesday, March 31, RSVP Due for 4/18 AJDC Meeting
- ♥ April, Financial Review; Front Street Deli Fundraiser
- ♥ Sunday, April 12, Easter Sunday; we have no Mass scheduled the month of April. Quality of Life donations received will be split between Saint Therese of the Child Jesus and Our Lady of Fatima, which were our January and February Masses.
- ♥ Monday, April 13, Easter Monday, Court Meeting; QoL and Greeting Card Collections; Lenten Bag Project Collection
- ♥ Saturday, April 18, Altoona-Johnstown Diocesan Mass 10:30 AM, Luncheon Meeting Follows
- ♥ May, Sort Donated Lenten Bag Project Collection
- ♥ Friday, May 1, Newsletter Articles Due
- ♥ Sunday, May 10, Mother's Day
- ♥ Monday, May 11, Court Meeting, Rosary at 6:10 PM; QoL and Greeting Card Collections; Officer Elections
- ♥ Wednesday, May 13, 12:00 Noon, Mass at Cathedral of the Blessed Sacrament—Our Lady of Fatima
- ♥ Monday, May 25, Memorial Day
- ♥ Sunday, May 31, Pentecost; Wear Red This Day!
- ♥ June/July/August, 5 Below Fundraiser
- ♥ Monday, June 1, 7:45 AM, Mass at Sacred Heart—Mary, Mother of the Church
- ♥ Sunday, June 7, Priest Appreciation Day
- ♥ Monday, June 8, Court Meeting; QoL and Greeting Card Collections; New Officer Installation
- ♥ Friday, June 19, Annual Global Rosary for Priests, 5:15 PM Seating; 5:45 PM Rosary
- ♥ Sunday, June 21, Father's Day
- ♥ July, Rutter's Fundraiser

- ♥ July/August/September, Boscov's Fundraiser
- ♥ Saturday, July 4, Independence Day
- ♥ Monday, July 13, Court Meeting; Quality of Life and Greeting Card Collections
- ♥ July 15-19, National Convention
- ♥ Thursday, July 16, 8:30 AM, Mass at Saint John the Evangelist—Our Lady of Mount Carmel
- ♥ Monday, August 10, Court Meeting; Quality of Life and Greeting Card Collections
- ♥ Saturday, August 22, 4:00 PM, Mass at Our Lady of Mount Carmel—The Queenship of Mary and our 11th Anniversary
- ♥ September, Texas Roadhouse & Bake Sale Fundraiser
- ♥ September, AJDC Meeting
- ♥ Monday, September 7, Labor Day
- ♥ Tuesday, September 8, Birth of Mary Celebration, Saint Catherine of Sienna
- ♥ Monday, September 14, Court Meeting; Quality of Life and Greeting Card Collections
- ♥ Tuesday, September 15, 8:00 AM, Mass at Holy Rosary—Our Lady of Sorrows
- ♥ October, Financial Review
- ♥ Thursday, October 8, 8:30 AM, Mass at Saint Rose of Lima—Our Lady of Good Remedy.
- ♥ Monday, October 12, Court Meeting; Quality of Life and Greeting Card Collections; Columbus Day
- ♥ Wednesday, October 14, Boscov's Friends Helping Friends
- ♥ Sunday, October 18, CDA Sunday
- ♥ Saturday, October 24, Make a Difference Day
- ♥ Saturday, October 31, Halloween
- ♥ October/November, Patriotic Rosary
- ♥ Sunday, November 1, All Saints Day
- ♥ Tuesday, November 3, Election Day
- ♥ November/December, Quilt Raffle Fundraiser
- ♥ November 6-7, State Workshop
- ♥ Monday, November 9, Court Meeting; Quality of Life and Greeting Card Collections
- ♥ Wednesday, November 11, Veteran's Day
- ♥ Saturday, November 21, 4:00 PM, Mass at Saint Mary Immaculate Conception—The Presentation of the Blessed Virgin Mary
- ♥ Thursday, November 26, Thanksgiving
- ♥ December, Date/Time TBA, Christmas Meeting/Party; Quality of Life and Greeting Card Collections
- ♥ Saturday, December 12, 4:30 PM, Mass at Saint Mark—Our Lady of Guadalupe
- ♥ Friday, December 25, Christmas Day
- ♥ April 17-20, 2021, State Convention

“Today is a new day, and every moment is a chance to turn it all around.”

Matthew Kelly
Rediscover the Saints