



Dua and Azkar

HAJJ

An easy guide to Umrah



7/8

Dhul Hijjah



TRAVELLING TO MINA

Hajj: The night of 7 Dhul Hijjah

In order to avoid a rush of crowds and for overall convenience, your group may decide to travel to Mina on the night of 7th Dhul Hijjah. Take the option that is convenient for you.

Note: This is permissible. The date 8th Dhul Hijjah starts after the Maghrib prayer of 7th Dhul Hijjah.

The Sunnah is to travel on 8th Dhul Hijjah after Fajr Salah.

PREPARATIONS FOR HAJJ

Below is a list of essential items for your stay in Mina:

- Spare Ihram.
- Ihram belt.
- Good comfortable walking sandals.
- Perfume free deodorants, cream etc.
- Sleeping bag (for Muzdalifah may be required).
- Shaving equipment.
- An umbrella.
- Good water bottle/flask.
- 2/3 sets of normal wearing clothing.
- Any other items according to your need.

NOTE: There is no specific clothing for the women; they may wear any comfortable clothing like the Burka.

BEFORE TRAVELLING TO MINA (7/8 DHUL HIJJAH)

- Take a shower.
- Remove all un-wanted body hairs.
- Clip your nails.
- Trim any facial hairs.
- You may use perfume before wearing Ihram.

Recommended You may perform 2 Raka'ah Nafil with surah Kafirun and surah Ikhlas at your hotel. (Before or after wearing the Ihram).

OPTIONAL: Time permitting, you may also perform a Nafil Tawaf.

WEARING IHRAM FOR THE HAJJ (7/8 DHUL HIJJAH)

WARNING: Before travelling to mina you **MUST** be in Ihram. Once in Ihram, Ihram-related restrictions will apply.

- Wear Ihram (Men).
- Women are allowed to wear any clothing.
- Make Niyah for the Hajj.
- Do not cover your head, not even with your Ihram towel.

REMINDER All Ihram restriction will now apply.

NOTE: The Niyah can be in Arabic or in your own language.

لَبَّيْكَ اللَّهُمَّ حَجًّا

Arabic: "Labbayk Allahumma Hajj."

English: "O Allah, here I am to perform Hajj."

- Perfumes are not permissible after wearing the Ihram.
- Start and continue reciting the Talbiyah.

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ، إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ

ARRIVAL IN MINA ON 8 DHUL HIJJAH

Note: You should arrived around midday in Mina.

- Go to your designated tent.
- Find/choose your sleeping area in the tent.
- Get freshened and take shower if necessary.
- Have breakfast/lunch (depending on arrival)

NOTE: The Hajjis who arrived on the night of 7th Dhul Hijjah would have already taken the steps above.

ADVISE: If time permits, get familiar with your tent surroundings. If you get lost, you can spend hours looking for your tent.

Tip: Save Google location on your phone, if the feature is available.

HOW TO PRAY SALAH IN MINA (8 DHUL HIJJAH)

You need to shorten your Salah **Qasr** for all your Mina stay.

- Fajr: **4** (2 Sunnah and 2 Fard)
- Dhuhr: **2** (Fard)
- Asr: **2** (Fard)
- Maghrib: **3** (Fard)
- Isha: **5** (2 Fard and 3 Witr)

Pray in Jamm'ah either in your tent or you may join other Jamm'ah from different tent.

NOTE: Some Jamm'ah may not shorten the Salah, do not get into any dispute, you have the option to join or not to join.

IMPORTANT: Relax and rest often, today is a day of preparation for the Arafat tomorrow. Spend a portion of the day and the night in (Ibadah) such as in Dhikr, Azkar and Istighfar.

ADVISE: For Arafat and Muzdalifah, pack some energetic dry fruits and dates.



WARNING: IF YOU MISS ARAFAT, YOU MISS HAJJ

Offer Fajr Jam'ah in the tent and spend some time on Istighfar, Dhikr and Azkar. Also, make a long Du'a until the sunrise.

Once sunrise is upon you, get ready - you should reach Arafat by Zawal (when the sun is in decline).

- Travelling with the group is the best option for travelling to Arafat.
- Continue reciting Talbiyah while travelling towards Arafat and throughout the whole day.
- Upon arrival, your group may/will have a designated area set up for the rest of the day.
- Continue reciting the Duas (listed in Step 8) for Arafat until Maghrib (sunset).
- If possible, go to the Nimrah Mosque to listen to the Khutbah which starts at Zawal.
- After the Khutbah, the Imam will be leading Dhuhr and Asr prayers combined and shortened, with one Adhan but separate Iqamahs.

Note: Due to heavy crowds, this may not always be possible. Pray at your camp in Jam'ah without combining (recommended).

Dua for Arafat: Continuously recite this Dua throughout the day.

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

Laa-ilaha illal-lah;
Wah dahu laa-sharee kalah;
Lahul mulku wa-lahul hamd;
Wa-huwa ala kulee shay'in qadeer;

Also recite: Continuously recite this Dua throughout the day.

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

Rabbana aa'tina fid-dunya hasana;
Wa fil akhirati hasana;
Waqina a'dhaa-ban-naar.

Open your heart and shed tears and make sincere Tawba, Dhikr Istighfar in your own language at every opportunity.

HUMBLE REQUEST

Please remember us in your Duas

ARAFAT: UNTIL SUNSET

Reciting Talbiyah and Duas of Arafat are to be continued at all times.

- Continuously recite this Dua throughout the day.
 - Try to be nearer to Jabal Al Rahmah, otherwise follow your group instructions.
 - Remember Allah SWT immensely, make lots of Dua, Dhikr and Istighfar either in Arabic or in your own language by raising your hands and facing the Qibla (Sunnah).
 - It is also permissible to make Duas from authentic books (Group Duas are not recommended).
- This day is between you and your Lord, no one knows what is in your heart better than you!
- Remain in Arafah until sunset (Maghrib)

IMPORTANT: DO NOT pray Maghrib in Arafat (Maghrib and Isha are delayed. Pray together in Muzdalifah).

Now proceed toward Muzdalifah.

GOING TOWARD MUZDALIFAH

- You can walk or take transport arranged by your group (Mu'allim).
- Continue reciting Talbiyah, Dhikr and Dua on the way.
- DO NOT delay your Salah past half of the night.
- If delayed or stuck in traffic, pray wherever you are on the road.

UPON ARRIVING IN MUZDALIFAH

Your group (Mu'allim) may have set up or arrange a tent/area for you to stay the night.

- If not, find a suitable area to spend the night.

Offer your Salah, Maghrib and Isha (combined)

- For both prayers there is one Adhan and one Iqamah.
- Pray in Jama'ah.
- For Maghrib pray 3 Rak'ah (Fard).
- For Isha pray 2 Rak'ah (Fard) and 3 (Witr).
- Have food and rest.

Collecting Pebbles

Collect 49 pebbles. 70 pebbles if spending 13th Dhul Hijjah in Mina.

- 10 Dhul Hijjah, 7 Pebbles.
- 11 Dhul Hijjah, 21 Pebbles.
- 12 Dhul Hijjah, 21 Pebbles.
- 13 Dhul Hijjah, 21 Pebbles (Optional/Sunnah).

IMPORTANT: This is a blessed night, spend some part of the night in Ibadah, Dhikr, Dua and Adhkar.

Prey Fajr in Jama'ah. Spend time in Dhikr or Azkar and make long Dua's facing the Qibla until dawn.

After Sunrise, return to your camp in Mina



Upon arriving Mina, leave all you belonging in your tent.

TASK 1 Jamarat

- Now proceed to Jamarat (Al-Aqabah).
- Continue reciting Talbiyah.
- You will require only 7 pebbles.
- Get some energetic dry fruits, nuts and Water.

Upon reaching the Jamarat (Al-Aqabah)

Stop reciting Talbiyah.

IMPORTANT: Consider the safety of others **DO NOT** throw sandals, umbrellas or throw the pebbles from a distance as you can hit other Hajjis head.

Keep Makkah to your left and Mina to your right, start throwing each of the seven stones at Jamarat by reciting:

Allah-hu Akbar

الله أكبر

IMPORTANT: There is **NO DUA** after completing the Jamarat.

Jamarat (Stoning) are to be completed by mid-day.

Note: Old, weak or sick can perform Rami a little before sunset or during the night.

TASK 2 Slaughtering

Upon completing the Jamarat (Al-Aqabah)

ANIMAL SLAUGHTERING

- Proceed to the slaughter house.
- Make arrangement to sacrifice an animal.

IMPORTANT: There are many option available on slaughtering an animal. Go with best option that suits you most.

- Wait for your slaughtering confirmation.

OPTION: If you are feeling weak or tired, the slaughtering can be performed on the 10, 11 or 12 of Dhul Hijjah.

WARNING: You **MUST** be in Ihram and all restriction applies (If you decided to skip slaughtering).

ADVISE: It is best to have the slaughtering completed on 10th Dhul Hijjah, so you can come out of Ihram and be on your normal clothing.

- Now you need to wait for your slaughtering confirmation.

TASK 3 Hair cut or trim**UPON RECEIVING THE SLAUGHTERING CONFIRMATION.**

- Men are to either shave or trim. (Shaving is highly rewarded)
- Women to cut one inch (1 inch) from the tip of their hair by a Mahram.

After slaughtering and hair cut/shaved, if time permit go to your tent in Mina, come out of Ihram, get freshened and wear normal clothing.

TASK 4 Tawaf Az-Ziyarah

NOTE: You can only come out of Ihram after the slaughtering confirmation and hair shaved or cut.*

OPTION: Tawaf Az-Ziyarah can be done within next 2 days.

If Skipping Slaughtering and Tawaf Az-Ziyarah

- Return to your tent in Mina.

WARNING: You MUST be in Ihram and all restriction still applies.

Skipped Tawaf Az-Ziyarah only

- Return to your tent in Mina.
- Come out of Ihram, take shower and wear normal clothing.

NOTE: You need to perform Tawaf Az-Ziyarah within next 2 day.

NOTE: Tawaf Az-Ziyarah is exactly same as you performed Umrah.

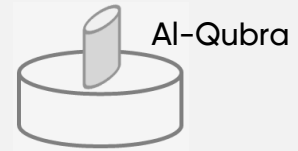
Follow the Umrah steps**Reminder**

- Must be in Wudu status.
- Make 7 tawaf.
- Pray behind Maqam-e-Ibrahim.
- Make Sa'ay.
- Hair shave/cut

Upon completing Tawaf Az-Ziyarah , return to your camp in Mina.
Get rest, eat and spend portion of your spare time in Dua, Dhikr and Adhkar.

DOWNLOAD THE DUA AND ADHKAR APP



**AL-JAMARAT**

NOTE: The stoning begins at Dhuhr.

- Ideal to offer your Dhuhr in the tent (Shorten)
- Proceed to Jamarah any time after Dhuhr.
- You need 21 pebbles.

Upon reaching 1st Jamarat (Small) **As-Sughra**

Start throwing seven pebbles (one at a time) at Jamarat by reciting:

الله أكبر

Allah-hu Akbar

IMPORTANT: Make Dua facing Qibla.

Upon reaching 2nd Jamarat (Middle) **Al-Wustah**

Start throwing seven pebbles (one at a time) at Jamarat by reciting:

الله أكبر

Allah-hu Akbar

IMPORTANT: Make Dua facing Qibla

Upon reaching 3rd Jamarat (Big) **Al-Aqabah/Qubra**

Start throwing seven pebbles (one at a time) at Jamarat by reciting:

الله أكبر

Allah-hu Akbar

IMPORTANT: There is **NO DU'A** after stoning the (3rd Jamarat) Al-Aqabah/Qubra.

After completing return to your tent in Mina.

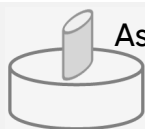
In Mina recite Quran, glorify Allah, repent on your sins, and seek forgiveness. Ask Allah whatever you want.

IMPORTANT: You may wish to perform Tawaf Az-Ziyarah only if you DID NOT perform yesterday (10 Dhul Hijjah).

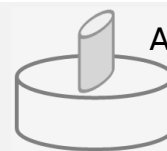
See Umrah steps on how to perform Tawaf Az-Ziyarah.



As-Sugra



As-Wustah

AL-JAMARAT

Al-Qubra

NOTE: The stoning begins at Dhuhr.

- Ideal to offer your Dhuhr in the tent (Shorten)
- Proceed to Jamarah any time after Dhuhr.
- You need 21 pebbles.

Upon reaching 1st Jamarat (Small) **As-Sughra**

Start throwing seven pebbles (one at a time) at Jamarat by reciting:

الله أكبر

Allah-hu Akbar

IMPORTANT: Make Dua facing Qibla.

Upon reaching 2nd Jamarat (Middle) **Al-Wustah**

Start throwing seven pebbles (one at a time) at Jamarat by reciting:

الله أكبر

Allah-hu Akbar

IMPORTANT: Make Dua facing Qibla

Upon reaching 3rd Jamarat (Big) **Al-Aqabah/Qubra**

Start throwing seven pebbles (one at a time) at Jamarat by reciting:

الله أكبر

Allah-hu Akbar

IMPORTANT: There is **NO DU'A** after stoning the (3rd Jamarat) Al-Aqabah/Qubra.

After completing return to your tent in Mina.

In Mina recite Quran, glorify Allah, repent on your sins, and seek forgiveness. Ask Allah whatever you want.

IMPORTANT: You **MUST** perform Tawaf Az-Ziyarah only if you **DID NOT** perform yesterday on 10 or 11 Dhul Hijjah.

See Umrah steps on how to perform Tawaf Az-Ziyarah.

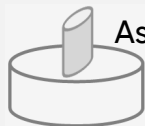
NIGHT OF 12 DHUL HIJJAH

- On the night, most groups will return to Makkah (Hotel).
- This is permissible and may take this option.

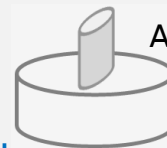
The Sunna is to perform Jamarah on 13 Dhul Hijjah and then return to Makkah.



As-Sugra



As-Wustah



Al-Qubra

AL-JAMARAT OPTIONAL SUNNAH

Hajj: 13 Dhul Hijjah and Tawaf al-Wida

13 Dhul Hijjah (Optional Sunnah)

If you have decided to stay in Mina then you **MUST** perform Jamarah before return to Makkah **WAJIB**.

The process for Jamarah is same as instructed on previous steps

IMPORTANT: You must perform Tawaf al-Wida (Farewell Tawaf) as your last action before leaving Makkah or visiting Medina.

FOR THE REMAINING MAKKAH STAY

- Site seeing various holy places.
- Perform Nafil Umrah.
- Pray Nafil Salah in Al-Haram.
- Make lots of Tawaf.
- Spend maximum time in Al-Haram.
- Recite Qur'an, make, Dua, Dhikr, Istighfar.
- Shopping/gift for family and friends.

TAWAF AL-WIDA (FAREWELL TAWAF)

Tawaf al-wida (Farewell Tawaf) is to be your LAST action before leaving Makkah.

Procedure for Tawaf al-Wida

- You only perform 7 Tawaf as described on Umrah steps.
- There is NO Sa'ay.

AFTER PERFORMING TAWAF AL-WIDA YOU SHOULD LEAVE MAKKAH.

You can only stay if there is an emergency like flight delay, sudden illness etc.