# PARENT NEWSLETTER

MARCH 2012

### From Dr. Inman's Desk. . .

Spring is upon us and the semester is almost over. Right now, students are taking mid-term examinations and will go on Spring Break for next week. When students return, our freshmen will participate in Freshman Week, which is a week filled with activities with freshmen input. Each year students look forward to the Freshman Ball which will take place on Friday, March 16, 2012 in the Student Center Ballroom. Our freshmen students will dress in tuxedos and ball gowns, and dance the night away. Students will have an opportunity to participate in Springfest. The Student Government Association and Student Leadership Program have planned a Gospel Concert, Cookout, Car Show, Comedy Show, Concert, and the Battle of the Bay Step Show. Encourage your student to participate in these activities. On April 12, 2012 our sophomore & junior classes will host the



Sophomore/Junior Cabaret. This event is scheduled 9:00 p.m. - 1:00 a.m. at the Hampton Roads Convention Center, Hampton, Virginia. The Senior Ball will be held on April 14, 2012, at the Norfolk Marriott Hotel, Norfolk, Virginia. This is the last formal event for our senior students.

From June 15 – July 20th, more than 400 students will participate in the Pre-College Program. If you know of a rising 12th grader or a student admitted to the University who is interested in the Pre-College Program visit our website for more information at <a href="http://www.hamptonu.edu/academics/summer/precollege/index.cfm">http://www.hamptonu.edu/academics/summer/precollege/index.cfm</a>. Finally, there are only a few more weeks left in the semester. Encourage your student to work hard and to finish strong.

### **ASSESSMENT CENTER**



# THE ASSESSMENT CENTER NEEDS YOUR STUDENT

With the outstanding academic support resources that we offer, we are looking for motivated and self-empowered students that want to increase their academic standing. We offer one-on-one and group tutoring services in accounting, Bbology, business (including MBA track), chemistry, computer science, economics, engineering, English, finance, foreign languages, history, math, physics, and psychology to name a few. Services are conveniently offered during the evening and on weekends on the 5<sup>th</sup> floor of the Harvey Library. We are also looking for students that need to build their study skills. Our primary goal is to assist students in maximizing their Hampton University experience through our tremendous resources. Please review our schedule below and invite your student to visit the Assessment Center in the Armstrong-Slater Building!

#### **Tutorial Hours**

Monday – Thursdays 6:00 – 10:00 p.m. Saturdays 10 a.m. – 2:00 p.m. Sundays 4:00 – 10:00 p.m.

## UPCOMING EVENTS

March 14, 2012

**3:00 p.m.** Student Empowerment Workshop: Mid-Terms Got You Down: Drop Class or Stay In

#### March 21, 2012

11:00 a.m. Effective Note Taking3:00 p.m. Mastering Time Management7:00 p.m. Test Preparation

#### March 28, 2012

3:00 p.m. The Dark side of Brilliance
(This workshop will explore changes faced by high achieving students who must meet multiple expectations)

5:30 p.m. Reducing College Stress

Seminars will be held at the Harvey Library

Harvey Meeting Room—1st Floor

### Residence Life Update Dean of Men & Dean of Women

We have begun the on-campus housing process for continuing students for the 2012-2013 academic year. This means all current students who would like to live on campus should have paid the Advance Housing Deposit (\$100.00) by the February 17<sup>th</sup> initial deadline. This includes all scholarship recipients: Trustee Scholars, Presidential Scholars, Athletes, Naval and Army ROTC. All students that have paid by the deadline will receive their Housing Information Instructions and Housing Application once they return from Spring Break.

Housing information is only distributed to the students who have paid the deposit. Persons who have an interest in on-campus housing but have not paid the deposit should contact the Business Office. Deposits are still being collected at this time.





We are pleased to partner with Magnolia Dreams to provide you with a convenient, quality service that takes the care package to a WHOLE new level. Family encouragement plays a vital role in ensuring students feel supported as they work to achieve college goals. It's easier to reach for your dreams when you have a little encouragement along the way. Send your loved one a Magnolia Dreams Encouragement Package today.

Visit www.magnoliadreams.com to send a package today.



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#### **TESTING SERVICES**

#### **CLEP Policy Revised**

As of January 25, 2012 all HU students who plan to take a CLEP Exam at another institution must have a consultation with the Office of Testing Services to ensure that they have the tools to make an informed decision regarding CLEP course selection.

# OFFICE OF THE DIRECTOR OF COMPLIANCE AND DISABILITY SERVICES



I AM M.E. (Mastering Education)
Meeting Dates for Spring 2012
March 21
April 18
Meetings are scheduled for 4:00 p.m. in
Room 206 Wigwam Building.



#### **Introducing our new Resource Room**

The Resource Room was created for our students to have a comfortable place to study, obtain access to employment, scholarships, community service opportunities, meet and unwind. The Resource Room is available to all students registered with the Office of the Director of Compliance and Disability Services, Monday-Friday from 8:00 am-5:00 pm. in Wigwam 206. The room has private study corrals, a lounge area, information board and a classroom area.

Reminder: Students registered with the Office of the Director of Compliance and Disability Services are eligible for early pre-registration. Please see the schedule outlined by the Registrar's Office.



# The Office of Freshman Studies

The Office of Freshman Studies continues to provide academic support and promote student engagement. As the Freshman Class has completed its fall academic requirements, they are moving full speed ahead in preparation of Freshman Week. The Freshman Class Officers have planned an array of activities that encourages class participation in the spirit of fun.

# DATES TO REMEMBER MARCH

March 12-17 – Freshman Week begins. Orge Social, 4:00 pm-6:00 p.m. Student Center Ballroom

March 13 – Go Green Tuesday; Café Appreciation, 5:00 p.m.-6:30 p.m. Big Café; Freshman "Battle of the States," 6:00 p.m. in Ogden Hall.

March 14—Black American Conference, 7:00 p.m., Ogden Hall; Splash Bash, 9:30 p.m., Holland Hall

March 15—T-Shirt Day; Game Night & Movie, 7:00 p.m., Student Center

March 16 – "Freshman Ball" Student Center Ballroom, Begins at 9:00 p.m.-1:00 a.m.

March 16 – End of period to withdraw from classes with records showing withdrew failing. Freshman may pick up form from the Registrar's office in Whipple Barn

March 19 – April 13 – Early registration for Fall 2012, Please make an appointment with your advisor

March 22 - "Goal Setting" Seminar, 3:00 p.m. SC Theater

#### APRIL

**April 12** – "Preparation for Summer School" Seminar, 4:00 p.m., SC Theater

April 24 – Last Day of Class.

April 26-May 2—Final Examinations

#### **HEALTH CENTER**

The Hampton University Health Center provides acute care and gynecological services by walk-in and appointments. Our gynecological services include pelvic examinations, pap smears, STI testing, and family planning counseling. The services are provided by a gynecologist and women's health nurse practitioner. The Health Center offers free rapid HIV testing, urine Chlamydia and Gonorrhea testing during regular office hours, Monday through Friday, 8am to 5pm.

The Hampton University Health Center held HIV testing in the Student Center Ballroom on Tuesday, February 7<sup>th</sup> in observance of National Black HIV/AIDS Awareness Day. HU-Peers In Prevention student peer educators promoted the testing event. Free HIV testing was done with the assistance of ACCESS, Inc., and Chlamydia and Gonorrhea urine testing was conducted by the Virginia Department of Health. Over one hundred students were tested during the event. Students that were tested received a slice of pizza and watched a DVD entitled "Safe in the City."

## **HU Important Dates**

#### MARCH

Friday, 2 Midterm Evaluations End Saturday, 3 Spring Vacation Begins

Monday, 5 - Saturday, 10 Mid-Eastern Athletic Conference (MEAC)

Sunday, 11 Spring Vacation Ends Monday, 12 Classes Resume

Wednesday, 14 - Friday, 16 Black Family Conference

Friday, 16 End of period to withdraw from classes

(with records showing withdrew passing or

withdrew failing)

Monday, 19 - Friday, April 13 Early Registration for Fall 2012 Semester



Friday, 6 High School Day
Friday, 13 Early Registration Ends

Saturday, 21 Honors Day
Tuesday, 24 End of Classes
Wednesday, 25 Reading Day

Thursday, 26 Final Examination Wednesday



Friday, 4 Last Set of Grades Due (7:59am)

Sunday, 13 Commencement





### **CAREER CENTER INFORMATION**

Upcoming Events: March 22, 2012 Career Center Ambassador's Recognition Banquet

FOR YOUR INFORMATION: ATTIRE FOR JOB INTERVIEWS
This is the required dress for all interviews regardless of the type of job or company.

#### **LADIES**

Dark suit (black, navy blue, dark grey); <u>no pantsuits</u> Pumps (heels and toes are enclosed, no 3" heels, no more than 2½ inches)

> Hosiery should be flesh-colored or off-black White blouses (no low cut or ruffle types) One ring per hand

One earring per ear - no dangling earrings

No cologne Little makeup

No tight-fitting garments or short skirts Nails (no longer than ½ inch and well groomed)

#### MEN

Dark suit (black, navy blue, dark grey)
White, long sleeve cotton shirt
Appropriate neck tie
No tie tack or chains
No cologne
No earrings

You may wear a watch, class or wedding ring (no pinkie ring)

Black shoes (laced shoes preferred, but may wear black loafers)

Long, black socks

#### **INTERVIEW TIPS**

- In your greetings, when asked, "How are you?" You should say, "I am well."
- Use a firm handshake.
- Make eye contact.
- Have copies of your resume on resume paper.



### **Intramural Sports Update**

Intramural Sports jumped off to a great start this semester with new director, Edward Barham. Activities including flag football, billiards, spades, NBA2K12, and basketball have all piqued the interest and participation of hundreds of our students. Mr. Barham says, "There is a great atmosphere here at Hampton University, and I enjoy working with the students." Students have several games to look forward to for the remainder of the semester to include kickball, dodge ball, volleyball,

soccer, and more.

Monday, 3.12.2012 Wednesday, 3.14.2012 Thursday, 3.15.2012

Madden (6:00—9:00 p.m.) Volleyball (6:00—9:00 p.m.) Volleyball (6:00—9:00 p.m.)

Location: Student Center, TV Room Location: Student Center, TV Room Location: Holland Hall

Monday, 3.19.2012 Tuesday, 3.20.2012 Wednesday, 3.21.2012

Kickball (6:00—9:00 p.m.) Dodgeball (6:00-9:00 p.m.) Dodgeball (6:00-9:00 p.m.)

Location: Bemis Lawn Location: Holland Hall Location: Holland Hall

Thursday, 3 22. 2012 Monday, 3.26.2012 Tuesday, 3.27.2012

Kickball (6:00 – 9:00 p.m.) Soccer (6:00-9:00 p.m.) 5 on 5 Basketball (6:00 – 9:00 p.m.)

Location: Bemis Lawn Location: Bemis Lawn Location: Harkness Courts

Wednesday, 3.28.2012 Thursday, 3.29.2012

Soccer (6:00-9:00 p.m.) 5 on 5 Basketball (6:00-9:00 p.m.)

Location: Beamis Lawn Location: Harkness Courts

#### **SPECIAL ACTIVITIES**

On March 24<sup>th</sup> - lacrosse game at VCU at 12:00 p.m. noon that includes Mary Washington and VCU. On March 31<sup>st</sup> there will be a lacrosse game here at Hampton University that includes VCU at 2:00 p.m.

#### THE STUDENT COUNSELING CENTER

The University's Student Counseling Center staff is dedicated to providing confidential, safe, empathic short-term counseling. Our student-clients seek assistance with age-appropriate/normal developmental crises as well as the full array of psycho-social challenges and mental health disorders. Most students come on their own, but some are referred by faculty, staff, friends and parents. Staff, Peer Counselors (PCs) and the H.U. Peers In Prevention (PIPs) – a substance abuse, HIV and hepatitis project shared with the University Health Center – provide awareness-education through classroom presentations, workshops, and special events. Both of the Peer groups are awaiting the Certified Peer Educator credential that they earned earlier this semester, and PIPs completed HIV 101 taught by staff from the Norfolk Health Department.

#### Additional Peer activities include the following:

Peer Counselors: March and April - the annual new PC recruitment and training

April 5 - Assist with National Alcohol Screening Day

April 6 – Assist representing the Counseling Center at High School Day

#### **Peers In Prevention:**

March 13 – Residence Hall Chats in Kennedy, Virginia Cleveland, and James Halls

March 15 – Chats in Kelsey, Twitchell, Harkness & Pierce Halls

March 16 - "Yellow Brick March" HIV awareness event, 5:00pm

April 5 - Assist with National Alcohol Screening Day

March 17 - Substance Free Party, Ballroom 9:00pm - 1:00am

March 29 - Thirstless Thursday, Plaza Roller Skating Rink, 8 - 11pm

## STUDENT ACTIVITIES CALENDAR INFORMATION

MARCH APRIL 3-11 Spring Break **Spring Fest** SLP & Sr. Class HU 5k By the Bay 12-17 Freshman Week 1 Gospel Extravaganza - Ogden Hall, 3:00 p.m. 13 Battle of the States, Ogden Hall, 7:00 p.m. 2 "Life on the Yard" Cookout - Student Center, 12 Noon 3 13 Go Green Tuesday -T-Shirt Day Miss HU Fashion Show - Student Center Ballroom, 7:00 p.m. 14 Black Family Conference - Ogden Hall, 7:00 p.m. 4 Spring Fest Comedy Show - Ogden Hall, 7:00 p.m. Student Government Election Packets DUE 5 Spring Fest Concert - Convocation Center, 7:00 p.m. 14 Freshman Class "Waist Deep" Pool Party, Holland Hall 6 High School Day 14 6 15 Battle of the Bay Step Show - Convocation Center, 7:00 p.m. Game and Movie Night - Student Center, 7:00 p.m. Freshman Ball - Student Center Ballroom, 9:00 p.m.-1:00 a.m. 7 Spring Fest Block Party, Student Center, 9:00 p.m. 16 17 "Fresh Class of Bel-Air Jam" - Holland Hall, 9:00 pm 8-14 Sophomore/Junior Week Student Leadership Program (SLP) Week Sophomore/Junior Cabaret, Hampton Roads Conv. Ctr. 9:00 p.m. 18-24 12 18 Election Speeches - Ogden Hall, 3:00 p.m. 13 Relay for Life, Armstrong Stadium, 7:00 p.m.-7:00 a.m. 19 **Election Campaigning Begins** 14 Senior Ball, Norfolk Waterside Marriott, 9:00 p.m. 15-21 "Going Green Week"/Kappa Alpha Psi Week 19 SLP Interest Meeting - Chapel, 7:00 p.m. Kappa Sunday of Hope Chapel, University Chapel, 10:45 a.m. 20 SLP Meet and Greet - SC Atrium, 7:00 p.m. 15 21 Election Debates - SC Atrium, 6:00 p.m. 16-26 **SLP Interviews** 22 Election Voter Forum - SC Atrium, 12:00 p.m.-2:00 p.m. 16 Kappa-Staff Appreciation Day 23 Student Government Election Day 9:00 a.m.-4:00 p.m. 17 Kappa "Shimmy like a Kappa" Stroll Off, SC Atrium, 7:00 p.m. Kappa "Women's Appreciation & Kafe Klean-up SLP "Celebrity Wanna-Be" and Party, 7:00 p.m. 18 23 24 SLP Test Day, 8:00 a.m. 18 NPCH Banquet – Student Center Ballroom, 6-:00 p.m.-8:00 p.m. 25-31 Sigma Gamma Rho Week 18 Senior Class Meeting, SC Ballroom, 6:00 p.m. 26 "Adore Your Beauty" HBCU Campus Tour Pre-Panel 19 Kappa Show-Kase - Ogden Hall, 7:00 p.m. 20 Kappa Karnival Kappa Softball – HU Softball Stadium, 12:00 p.m. 21 21 Campus Party - Holland Hall, 9:00 p.m. - 1:00 a.m. 21 **Honors Day** 25 Reading Day

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May 2

**Final Examinations**