ARAPAHOE COUNTY EXTENSION OFFICE

4-HPipeline



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4-H is a community of young people across
America who are learning leadership, citizenship, and life skills.



Like us on Facebook!

Want to see all the latest and the greatest that is happening with 4-H? Make sure to <u>like us on Facebook</u> today! Tell your friends to like us too. Have 4-H photos or news that you would like to share? Email Danielle at ddubois@arapahoegov.com.

Hats Off to You!

Congratulations to all of our Contest Winners at State 4-H Conference! The following are the team results:

Impromptu Speech - Brianna Osborn - State Champion Consumer Bowl - Evin Vincent, Jacob Osborn, Elise Hadjis and Giovanna Galloway - Reserve State Champions

Consumer Choices Overall - Jacob Osborn, Evin Vincent and Joey Miller - Reserve State Champions

Consumer Choices Reasons - Jacob Osborn, Evin Vincent and Joey Miller - Reserve State Champions

Consumer Choices Group Process - Jacob Osborn, Evin Vincent and Joey Miller - State Champions

Livestock Quiz Bowl - Evin Vincent, Joey Miller, Kassidy Euritt and Katelyn Robinson - 3rd Overall

Jr. Horse Judging Team - Leah Moyer, Kaylee Sefcovic and Abi Frericks - 4th Overall

In addition to these team accomplishments, many of the team members also earned top 10 awards for their individual contributions to the teams!

Congratulations to Esther Gaffney on completing her term as District III President and serving on the State Officer Team!



Headlines

Cowboy Ethics Training

We now have a trained facilitator in Cowboy Ethics! If you would like to offer some of the Cowboy Ethic program/activities to your club members or would like more information about what the program covers please contact Katy if you are interested in attending at katydidklv@hotmail.com

Please review and follow 4-H Dress Code

The Colorado 4-H dress code is in effect at any 4-H function, including club sponsored horse shows and livestock shows. When attending an activity as part of 4-H, you are representing your family, yourself and your county, so dress appropriately as outlined in the dress code. This includes family members and friends who might also be attending the event. It is not just the responsibility of the club or the individuals who host the event job to enforce the dress code, but also of all 4-H leaders who are present.

2016 Rocky Mountain Adventure Camp for Military Youth

Week #1 June 27-30

Week #2 July 11-14

Week #3 July 18-21

Rocky Mountain Adventure Camp at Colorado State University's Mountain Campus – Pingree Park The cost is only \$25 for registration and transportation is provided from Ft. Collins, Buckley AFB and USAFA! You can check the website by clicking here.

Registration opens April 1st. To register go <u>here</u>. Space is limited, so register now! For more information, email <u>rockymountainadventurecamp@gmail.com</u> or visit our website by clicking here.

Helpful Tips

It is amazing how much misinformation there is about 4-H, even among 4-H people. Club organizational leaders have asked some interesting questions, so don't ever be afraid to ask. We love it when someone asks clarifying questions about club operations, policies, procedures, events and opportunities. It's as easy as a phone call to 303-730-1920 or an email. So far we have not found a problem that we cannot help you with. That really is the mission of Extension, to help find answers, solve problems and to be the most reliable source for information.

Camp Rocky

Camp Rocky will be held July 10-16, 2016 near Divide, Colorado. This camp is for High Schoolers. Camp Rocky Website: http://www.coloradoacd.org/camp-rocky.html

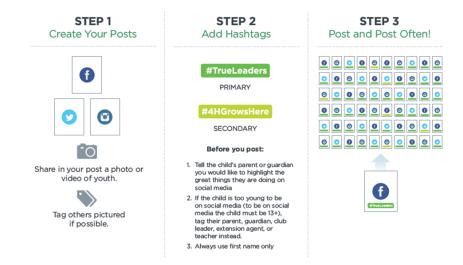


Headlines Continued

4-H Grows True Leaders!

Attention 4-H leaders, volunteers, parents, and community leaders: Have you seen a young person do something great? Can you help us recognize the youth in our community who are showing us what it means to be a true leader? Join us as we take part in a national social media campaign to recognize youth who are showing true leadership. Raise visibility for 4-H by creating shout out's celebrating the power of youth. The campaign kicks off **April 11**th. Here is how you can participate-





Want to learn more? Check out the promotional tool kit <u>here.</u> Don't forget to add the #Colorado4h so we can find your shout outs!

Colorado Make it with Wool Competition

November 5, 2016

Adams County Fairgrounds & Regional Park, Good Luck Building, Brighton, CO. For contest rules and application information contact: Gloria Cundall, State Director – Colorado Make it with Wool, at qcundall@msn.com or 303-659-5559.

Headlines Continued

Achievement! October 2, 2016

Start thinking about awards for Achievement Program! Please see link below for nomination forms for awards given out at Achievement. Also, read information for Scrapbook, Secretary, and Treasurer awards. Deadline is Friday, August 26, 2016.

http://www.extension.colostate.edu/arapahoe/4h/4-H.shtml

4-H Club Fundraising/Promotional Opportunity

Hi 4-H Clubs, there is a wonderful opportunity to have a booth at a Cherry Hills Farmers Market on Sunday, August 28 to sell items related to your 4-H projects. Proceeds could be kept for your 4-H club and it would also be a chance to promote the 4-H program. The time would approximately be from 9 a.m.-1 p.m.

Please let Shaylen know if you are interested as soon as possible at sflorez@arapahoegov.com that way we can secure a booth. Cherry Hills will not charge us for a booth.

4-H Talent Show Results

The 4-H talent Show was held on May 27th. We had 13 acts this year and a very competitive group of performers.

Vocal Division

Jr. Vocal Champion - Abigail Nissi Merkes

Int. Vocal Champion - Allie Vaughan

Int. Vocal Reserve Champion - Lauren Stuck

Sr. Vocal Champion - Tessakiree Garber

Champion Vocal Ensemble - Abby and Grace Allred

Grand Champion Vocal Division - Allie Vaughn Reserve Grand Champion Vocal Division - Tessakiree Garber

Instrumental Division

Champion Sr. Piano Solo - Kiersten Johnson

Champion Int. Piano Solo - Marston Garber

Champion Jr. Piano Solo - Grace Allred

Reserve Champion Jr. Piano Solo - Abigail Nissi Merkes

Champion Int. Woodwind Solo - Hope French

Grand Champion Instrumental Division - Grace Allred Reserve Champion Instrumental Division - Martson Garber

Dance Division

Champion Jr. and Grand Champion Dance Division - Callie Brimberry

Congratulations to everyone who participated.

Headlines Continued

Raise funds for your club with Truck Raffle

2016 Colorado State 4-H Foundation Truck Raffle Procedures

Profitable and Easy Fundraiser! Tired of selling things people don't want? Tired of tiny profits? Tired of complex fundraisers? CSU Extension 4-H in Arapahoe County will be participating in a state-wide truck raffle! We want a winner in Arapahoe County... think of the AWESOME publicity! Pick up tickets to sell at the Extension Office. Contact us before you come in! You may contact Jean or another staff member at (303)730-1920 or email jvrabec@arapahoegov.com. Tickets and forms are available for pick up now!!!

The county which sells the most tickets is awarded a prize each year at LDC. The Colorado State University Extension's 4-H Members in Arapahoe County directly benefits from the Colorado 4-H Foundation by receiving \$5000-\$7500 annually. We are also the high selling county in the state. Let's Do it Again!

Here is what you need to know to get involved!

Prices: \$5 for a single ticket, or \$20 for a "pack" of 5 tickets.

Profit: Clubs/committees receive 40% of their sales! That means for every single ticket you sell, your club/committee gets \$2! For every "5 pack" you sell, your club/committee gets \$8.00!

Prizes: Grand prize - 2015 Ford 5.5 Super Crew pickup truck

 2^{nd} prize- \$1,450 cash 3^{rd} prize- \$1200 cash 4^{th} prize- \$1000 cash 8^{th} prize- \$100 cash

5th prize - \$750 cash (5, 8th place prizes to be given)

Drawing will be September 17th at Hughes Stadium during the CSU vs. UNC football game. Winners need not be present to win!



Featured Article

Food for thought: Featured Article

As we go into our County and State Fairs I always try and think about ways to keep our shows educational and focused on what is important for our 4-H members to take away from the experiences. These experiences are supposed to give our 4-H members a chance to reflect on the lessons they learned throughout the project. The skills they develop and the "take away" from the experience should be the focus. They should learn from the things they have done well and the things they could have done better regardless of the outcome of the shows and competitions. I ran across the following blog post on Facebook and thought I would share it because over the years I have heard many disparaging remarks that are rarely justified and detract from what our members should be learning. I think this article sums it up well.

Stock Shows: Whining about cheaters 1/14/2015 Author Kate Lambert - Works as a farm appraiser in north-central Missouri while raising her husband and two boys on their family farm. They raise corn, soybeans, wheat and hay, as well as cattle and sheep! She has posted a response to many of the comments that she felt were missing the point of the below piece. You can read it by clicking <u>HERE</u>. Or follow here blog at: http://www.uptownsheep.com/uptown-girl---a-working-farm-wifes-blog

I used to KNOW that cheaters existed, KNOW that many of the people winning were cheating, and KNOW that the reason I was losing was because the winners were not playing by the rules.

I knew all of that right up until I knew the truth. A few years ago, two things happened that changed my opinion on cheaters and the role they play in this business.

First, our breeding program finally started to click and we were thrown into the top of the game. With every win, it suddenly felt like another target was drawn on my back. I heard people whispering, saw people pointing the finger. And it nearly broke me. Because we had gotten where we were with honest hard work, following every rule laid out before us. And they were still accusing. People I thought were our friends. People I thought knew us.

Second, I started running a large and competitive junior show which put me within earshot all day long of the ring side conversations. I heard parents telling each other and their kids that judges were dishonest and other exhibitors were cheating. I heard accusations made against kids and families that I KNEW were not dishonest and were not cheating. I heard judges bashed that I had personally selected because of their integrity.

And then I realized. It hit me like a ton of bricks. We make ourselves, and our kids, feel better about losing by accusing others of cheating.

And these accusations, and the whining about cheating, are more of a threat to our industry than the cheaters ever will be. And here is why.

1. It creates a false impression that "everyone" is doing it:

When our kids overhear us complain and accuse the winners of cheating, they develop an unrealistic view of the industry. They develop a sense that everyone, or at least everyone having success, is cheating (which simply is not true). This is troublesome in multiple ways but mainly in the relationships it costs our kids and the frustration it creates for them. If our children don't trust and respect their peers because of (often false) accusations they hear about them, it's impossible to expect them to create the lifelong friendships and relationships that make this business so special. If a child is consistently told the winners are cheating – they believe it and they believe the only way to win is through cheating (again not true). The idea that an exhibitor cannot take home the banner through hard and honest work is so overwhelming and frustrating it leads to many kids and their families dropping out of the competition all together. Most people understand winning is hard – but if it's impossible through honest means, why bother?

2. It makes excuses for failure

Failure is such an important lesson for our kids, a vital lesson. Our children must learn how to fail and come out stronger and smarter because of it. Our children must learn how to have fun and enjoy themselves even if they are not winning. (it is not about winning and losing but rather the lessons they learn). And if our children are to be successful in the livestock industry, they must also learn how to be critical of themselves and their animals. It amazes me how many experienced (Continued on next Page)

Featured Article Continued

exhibitors walk into a show ring believing their animal has no faults. The hard fact of showing is that your animal does have faults and most of the time it is not good enough to win the banner. Most of the time, someone else will have worked a little harder or have an animal that's just a little better (or a lot better!).

If every time a child doesn't win, it's simply excused away by blaming the winners of cheating, a child takes no personal responsibility for the loss. A child learns to deflect blame onto someone else, instead of recognizing their (and their animals) own shortcomings. By blaming others for a loss, you're stealing the learning opportunity from your child and again, creating more frustration.

3. It devalues winning

Once you have created a mindset in a child where the only way to win is through dishonest means, a child slowly starts to devalue winning. They believe that the banners sent home with someone else were not well deserved (again creating frustration) and often tell themselves and others that they were shorted something because the winners were cheating. Not only does this compound the problem listed as item number 2, it also takes away the feeling of accomplishment, pride and excitement if and when your child can get into the Champion Drive and finally take home that banner.

4. It forces drastic rule changes that are ineffective and discouraging to new and young exhibitors (and their families)

Here's the hard truth of showing livestock – there are people who cheat. It's a very small percentage of the people, and most often judges (who are smarter and more honest than we give them credit for) pick these people out and sort them off. The fact remains there are cheaters. One thing always remains true of those who cheat – they break rules. Yet for some reason, parents and show managers seem to think the answer to these problems is creating more rules.

Rules are NOT effective at getting cheaters to quit cheating. Cheaters, by definition, break rules.

They are however very effective at confusing first time showers, getting honest entries kicked out of the competition because of an honest mistake, and creating costly and frustrating hoops to jump through for honest exhibitors.

So as parents, and as an industry, I encourage each of you to be more honest with yourself and your kids about why your animals are not winning, and at the same time, create a more positive and promising outlook on the industry.

Remind your kids that they did an awesome job even if they didn't win and that losing doesn't somehow require a laundry list of excuses as to why, to make it ok. It's OK to lose. Most of us do it, most of the time.

Create a perspective for your kids (and others) that will allow them to be more self-evaluating, allow them to create trusting relationships with their peers, and allow them to truly cherish the once in a lifetime opportunity of winning that banner.

And most importantly, create a perspective for your kids that allow them to have fun and celebrate whoever did the winning on that particular day!



Fair News

Fair Admission for Exhibitors and Families

Advanced sale admission and parking passes must be purchased when 4-H members enter online or submit paper pre-entry forms. Payment must be made online with a credit card or check sent with an invoice or a check sent in with the pre-entry forms if you are using the paper forms. The Season pass with a parking pass and the 4-H Advance Daily Admission with Unlimited Carnival Rides will not be available for purchase at or during the Fair. Checks must be made payable to the "Arapahoe County Extension Fund".



Entrance passes and parking passes paid for may be picked up at the Fairgrounds beginning Sunday, July 24 in the 4-H Fair office.

FREE - 4-H Exhibitor Wristbands

Season wristbands will be issued to all 4-H exhibitors at no cost. These wristbands include Fair admission only for all four days of the Fair, but **do not** include carnival rides, parking passes, or any other ticketed events. Valid Thursday, July 28 through Sunday, July 31, 2016. Visit the Fair gates to add unlimited carnival rides for \$15 per day.

\$15 - 4-H Advance Parent/Guardian Season Admission and Parking Pass

The 4-H Parent/Guardian Season Pass includes one (1) general admission and one (1) parking pass valid all four days of the Fair. It does <u>not</u> include carnival rides or other ticketed events. (Limit two free parking passes with purchase of two Parent/Guardian Passes.) Valid Thursday, July 28 through Sunday, July 31, 2016. Visit the Fair gates to add unlimited carnival rides for \$15 per day.

\$10 – 4-H Advance Daily Admission with Unlimited Carnival Rides

4-H families may pre-purchase daily admission passes with unlimited carnival rides for \$10 (save \$5) when the 4-H member submits exhibit pre-entry. This pass does <u>not</u> include a parking pass. This pricing will <u>not</u> be available at the Fair. Each pass valid for one day only, Thursday, July 28 – Sunday, July 31.

\$5 - 4-H Advance Daily Parking Pass

4-H families may pre-purchase a daily parking pass for \$5 (no savings) when the 4-H member submits exhibit pre-entry form. These passes <u>are</u> available at the Fair. Required for each vehicle. Each pass valid for one day only, Thursday, July 28 – Sunday, July 31.

Links to County Project/Self-Determined E-Record

If you are doing a county or self-determined project please use one of the links to find your erecord.

http://www.extension.colostate.edu/arapahoe/4h/4-H-familyconsumer.shtml http://www.extension.colostate.edu/arapahoe/4h/4-H-gen.shtml

Fair News Continued

Heritage Tent Help at Fair

The Heritage Tent will need help with the following activities during the 2016 Arapahoe County Fair:

Decorate a Cookie (using cake decorating tips)

Leathercraft

Make a Corn Husk Person

Rope Making

Learn to Knit

Finger Knit a Friendship Bracelet

Native American Beadwork Activity

A quilting/sewing activity using either a treadle sewing machine or by hand (needle and thread) and/or possibly sewing a button by hand

Possibly a fishing activity that might need some volunteers

The leathercraft, corn husk person, and rope making will take place during most of the fair. The other activities will be scheduled for specific times. Right now, the schedule hasn't been set. If you are interested in helping with any of the heritage activities at the Arapahoe County Fair, please contact Mary @ communeco@aol.com.

Horse and Livestock County Fair Judges

English Horse Show- Rebecca Wilkison

Western Horse Show- Tiffany Mead

Dairy Goat Judge- Dr. James Haught

Market Goat Judge- Maelee McKee

Cattle Judge- Aaron Volosin

Sheep Judge- Larissa LaShell

Swine Judge- LD Powell

Rabbit Judge- Scott DeManche

Rabbits Judge- Scott Wiebensohn

Poultry Judge- John Baker Poultry Judge- Larry Queen

2016 Home Ec. & General Project Exhibit Requirement Chart

As 4-H members in the Home Ec. & General projects prepare their projects for the 2016 Arapahoe County Fair, this is a very helpful reference to make sure they have everything included with their projects before taking them to the Fair. Click here for the chart.

Cat Show

Something new this year for those that are enrolled in the cat project, a Cat Show! Yes, you read that correctly! If you are enrolled in the project please remember to complete your online entries for the show by the deadline, June 24. It will be a lot of fun and a learning experience for all. Then we can work on growing the cat project next year!

Fair News Continued

SUPREME CHAMPIONS CONTEST REVIEW

In an effort to recognize members in large livestock market projects for raising animals that combine show animal phenotypical traits as well as exemplifying superior carcass merit we will be adding awards for Supreme Champions this year at our Achievement Program. The description of how this will be determined is outlined here.

- 1. The Supreme Champion (beef, lamb, goat and swine) is an attempt to reward the animal that best combines marketable commercial traits. The contest will consist of two areas of evaluation: carcass and live placing. 4-H members must compete in both sections to be eligible for the Supreme Champion Award.
- 2. Each area of evaluation will receive a score. The scores from live placing and carcass contest will be totaled to determine the Supreme Champion (beef, sheep, goat, and swine) Award placing.
- 3. The total score will be weighted as follows: Live Placing 50% and Carcass 50%. Ties will be broken on Carcass. Carcass for beef, lamb, goat and swine will be determined by ultrasound.
- 4. Any animal receiving a score of zero in any of the categories will be disqualified from the contest.
- 5. Live placing points will be determined during the Market Class Show for the species and will correlate with class placing. Bonus points will be awarded for Grand and Reserve Champions.
- 6. Check rules under specific species for any additional information and requirements.
- 7. No entry is required for this contest. Market animals are automatically entered if they make weight.
- 8. Awards: At least Grand and Reserve will be awarded in each species at the Achievement Program.

Lost Ear Tags

Each year we have a number of animals across all species who lose their ear tags for various reasons (fall out, rip out or must be cut out due to infection). As soon as you realize your project animal has lost its ear tag you should notify your superintendent and or the extension office. They will then make arrangements to come out and retag your animal. It is best if you are able to find your old tag and have it available for the superintendent. This has been our policy and way of handling these issues for years. If the tag must be cut out due to infection or some other reason it is best if you allow the superintendent to do it or request permission or have your veterinarian do it for you but you should not take it upon yourself to cut a tag out. This year we can and will compare retinal scans when necessary. We do this to ensure the animals are the same animals which were originally tagged in. If your tag comes out, you must contact the superintendent ASAP so the tag can be replaced.

E-Records

If you are having difficulty finding your e-records online, you may click <u>here</u> to go to the E-Record page.

Market Poultry and Rabbit State Fair Nominations

If you wish to show either of these species in Market classes at the state fair you must fill out and submit a nomination form by July 8th. You can contact our office for a nomination form. If you have questions about the Rabbit or Poultry market shows at state fair please contact ma-

rie.adams@state.co.us

Dog News

2016 Dog Showmanship Study Guide.

The guide can be found by clicking here. It will look like this on the webpage:

- 4-H Dog Showmanship Study Guide
 - Junior Showmanship Study Guide
 - Intermediate Showmanship Study Guide
 - Senior Showmanship Study Guide

The questions for the showmanship test will be multiple choice or true/false on the actual test. They will include: 5 questions from the 20 study guide questions each worth 10 points. Five body parts of the dog will be asked for junior and intermediate members and five skeletal parts will be asked for senior members which will also be worth 10 points each. The body parts, and skeletal parts are found in the Dog Resource Handbook and the questions are taken from the handbook as well.

Enrollment News

Helpful Tips

It is amazing how much misinformation there is about 4-H, even among 4-H people. Club organizational leaders have asked some interesting questions, so don't ever be afraid to ask. We love it when someone asks clarifying questions about club operations, policies, procedures, events and opportunities. It's as easy as a phone call to 303-730-1920 or an email. So far we have not found a problem that we cannot help you with. That really is the mission of Extension, to help find answers, solve problems and to be the most reliable source for information.

Project Completion

Since the Add/Drop date of April 1st has passed it is important for our members to understand that they can no longer change their projects for this year. This means that all projects you are currently enrolled in should be completed. Completion includes either exhibiting the project at the county fair OR doing a demonstration on the project and satisfactorily submitting a completed record book (regardless if it is exhibited or not). In addition, all 4-H members must participate in at least one community service project yearly to complete. Members who do not complete a project will not be able to take that project again next year.

Reminders

Get Started on Your Record Book!

All members need to complete a Record Book (e-Record) for each project they are enrolled in. Some of these are due at fair, some of them are due after fair. Regardless, they take into account your entire year's work, so start working on them now! The e-Records are posted online here.

Important— any record book due after county fair (i.e. Animal Project e-records) please do not hand it in, in a 3 ring binder. Something like the picture below would be a great option. They help keep our record books easier to handle, store or transport as they go out to be graded. These are available from the extension office or through the 4-H mall online. Or you can pick something similar up at an office supply stores or anywhere they sell school supplies.



Record Books

One of the most important life skills 4-H can offer members is record keeping skills. That is why we require members to complete a record book for every project they are enrolled in. Our full record book policy is located in the 2015/2016 Policies for Success document posted on our website, and it is copied below. To find the record book you should be using, visit here:

Record Book Policy

- 1. Members must complete a record book for each project the member is enrolled in receiving a score of 70% or above.
- 2. Please be aware that some record books have a supplemental form that must also be submitted.
- 3. Record books for Family Consumer Science, Shooting Sports and General projects will be turned in at the County Fair with the member's exhibit (only if the member chooses to exhibit) otherwise they will be turned in to their project leader and graded prior to the last Friday in August.
- 4. Record books for Dog, Horse, Livestock and Small Animal projects are to be graded by the project or club leader prior to being turned in to the Extension office by **September 7th.**
- 5. The official Score sheet should be used when grading record books. Score sheets (rubrics) are posted on the COUNTY 4-H website and can usually be found on the project area pages.
- 6. SEE Animal Project Record Book Policies for more detail on animal record books.

NOTE: In the event a member turns in an unsatisfactory record book, they should be given one week to revise their record book to reach a score of 70% or higher, prior to the final due date of the first Monday in September. If revisions are required, they will not be eligible for end of the year record book awards but will satisfy the completion requirement.

Leader News

4-H Volunteer Process

Enroll in 4-H Online, making sure to include 3 references and their contact information.

Complete the e-learning modules (there are 4 and they take about 20 minutes each).

Reference check.

Background check.

Pay the \$10 first year leader fee.

If you need more specific information, please contact Shaylen at sflorez@arapahoegov.com.

Chartering!!!!

Believe it or not it is time to start thinking about chartering requirements again. I know for some of you it will seem like we just finished this but if you remember it was supposed to be completed in the fall last year but it was our first year going through the process so it took a little longer for some of you.

Minimal changes were made to the documents and process this year. Your club or committee's chartering documents will be due to be uploaded into 4honline by September 1st. We have already emailed out the needed information to Club organizational leaders on 6/13/16, so this does not have to be a "last minute" project. Please engage your club members in developing or updating your Annual Plan and Budget as well as the financial review. This requirement of all 4-H clubs, committees and other entities and is outside of our local control. It is part of being a nonprofit organization and dictated to us by the IRS in large part. All of us at the county and state level are doing our best to make the process as easy as painless as possible but somethings are unavoidable. Thank you for your continued cooperation on this.

I hope this reminder allows you some time to start to prepare to get this accomplished.



Shooting Sports News

Arapahoe County 4H Shooting Sports 2016 Schedule

*Regular practices at Sorber Ranch

June 26th- 2pm 3D Archery Practice- Must get prior approval from leader to attend and rsvp. July 6/7 Western Heritage/Outdoor Skills Campout - Boggsville Historic Site July 9- County Shoot- All day

Members will have to make 5 practice dates to qualify for County Shoot and the completion of this project. YHEC, 3D Archery, Family Campout and the Boggsville Campout will count towards your minimum requirements for each day you participate. It is your responsibility to have your orange card signed at the practice you attend, before you leave. They will not be signed retroactively.

Reminders:

- Please note that we have a new rule this year: NO SHORTS will be allowed to be worn by members on the range.
- **Weather**: Please be mindful of the forecast before you head to practice! Always come prepared for the weather to change and remember that you can't put it on if you didn't bring it along! Weather can change rapidly and we will make every attempt to hold practices but we will have bad weather days, please bear with us. If the range becomes muddy or the weather is not suitable for shooting, we will email members on our roster with as much advance notice as possible. If conditions look questionable, please call or text Katy Vincent at 303-913-7314 to check.
- **3D Archery:** Practices will be held once a month beginning in March. These will be in addition to the regular practice dates. Watch for more info.
- Hunters Ed: All members will need to have their Hunters Education Card and provide the number before July 1. You can schedule this on your own through Parks and Wildlife: http://cpw.state.co.us/learn/Pages/HunterEducation.aspx We will also be setting up our own class in Bennett during the month of May. Please contact Katy at 303-913-7314 or katy-didklv@hotmail.com if you wish to be put on the list for our local class.

2016 Colorado State 4-H Shooting Sports Contest Rule Book

The 2016 Colorado State 4-H Shooting Sports Contest Rule Book has been posted to the State 4-H Shooting Sports Website. http://www.co4hshooting.org/

Also posted to the website is information about the upcoming 4-H Western Heritage State Qualifier/Invitational and 4-H Shooting Sports Family Campout. http://www.co4hshooting.org/invites/county.php

Safety:

Just a reminder that all members must have attended a **mandatory safety training class** in Arapahoe County before coming to shoot at practices. Our last scheduled one was at the Extravaganza. Please email Katy if you are still in need of this training. We will schedule one more for late enrolled members in the project but please be aware that in addition, you will have to make 5 practice dates to qualify for County Shoot. YHEC, Family Campout and the Boggsville Campout will count towards your minimum requirements. Please make sure you can commit to the schedule.

Shooting Sports News Continued

Dutch Oven Cooking

Ever wanted to learn to cook amazing desserts on your next camping trip or even just in your own backyard this summer? Outdoor Skills is putting teams together for a contest at the Arapahoe County Fair! We will be setting up some meetings to practice and perfect recipes at the Vincent's home in Strasburg during the next few months. Please email katydidklv@hotmail.com if you are interested. Dutch ovens will be provided, but you can bring your own if you have one. Members will be asked to contribute to the ingredients of the recipes chosen.

Remember you must bring your <u>record book and orange safety training card</u> to each practice or you will not be allowed to shoot!

Please arrive 15 minutes early to allow time for check in. There is a mandatory briefing for all members, parents and leaders promptly at 2pm on practice days so please <u>do not arrive late.</u>

Horse News

Horse Committee

The committee is gearing up for County Fair and looking for sponsors for their high point awards. Please email any potential leads on sponsors or if anyone you know is interested in sponsoring an award to jvrabec@arapahoegv.com and Jonathan will forward it on to a committee member to make contact.

Also we would like everyone for participating in our 2nd Annual Open 4-H Horse Show held on June 4th at the Arapahoe County Fairgrounds Covered Arena. We had a great turn out and a great show with many positive comments. We look forward to the shows continued growth and support next year.

The committee also held their 2nd annual trail ride. 5 Riders took part in this year's trail ride and discussions are underway about possible doing another one in the fall!

Upcoming horse events in Arapahoe County are as follows:

Quint Valley Fair Horse Show on June 25th, 9am.

Horse Judging Team!

Our Horse judging Team is competing this week at the State Horse Judging Contests in Fort Collins. We have a 3 person Jr Team and 1 Sr competing. This past month we hosted our 1st annual judging contest with about 60 kids from around the state participating. Our loan senior participated as a member of a combination team, with members from Jefferson and El Paso Counties. That team ended up being the 1st place team overall in the contest. We had 2 junior members participate in this contest. They were on a combination team with Douglas County and ended up 4th overall. Both team members finished in the top 10 individually overall. Look forward to us posting results from the state contest soon!

Open Riding in the Covered Arena

Open rides in the covered arena start March 24th and will be held the 2nd and 4th Thursday of every month from 6 p.m. to 8 p.m. the following dates are scheduled: April 14, April 28, May 12 and May 26. A member of the horse committee will be on hand to turn on lights etc. This is a great opportunity to start getting your horses out and worked so you are ready for the show season! Future dates will be posted in each newsletter and on our Horse program page on our web site.

Livestock News

4-H Livestock Advisory Committee

The Arapahoe County Livestock Advisory Committee would like to remind everyone of the following improvements/changes this year to the Fair Rules of Exhibition. Also if you or anyone in your club is interested in helping at the fair with the livestock shows or becoming a member of the committee for the upcoming year please let Jonathan know! Please note that there were changes made to the show schedule this year specifically the sheep show was moved to Friday and the poultry show is on Thursday. Below are the major changes this year.

- Misprint in the fair book stating that all goat shows will begin at 11 a.m. is inaccurate. The dairy goat show will begin at 9 a.m. and Showmanship followed by the mkt goat show will begin at 11 a.m. Only one ring will be used.
- Exhibitors will sign Care and Management Discloser/Wholesome Meat Act Form at the time of Weigh-in at the fair.
- Leased Animals must be leased through a 4-H approved lease agreement, by Arapahoe County 4 -H members no later than May 1st. 4-H members may only lease two animals for project areas in which they do not already own animals. Example, if you already own a beef cow for the breeding beef project you may not lease a beef cow but if you own a beef cow and would also like to try the dairy cattle project, you are allowed to lease a dairy cow. A copy of the lease agreement must be on file in the 4-H Office by May 1st. If there is lease agreement in place by the owner of the animal, a copy of that must be attached to the 4-H lease agreement form as well. This rule supersedes the animal ownership rule published in the County 4-H Policy in regard to duration of ownership, all other stipulations are still applicable as outlined in the policy.
- Drenching will be allowed with drench guns, but the use of stomach pumps are prohibited.
- Sheep, goats, swine, chickens and rabbits cannot have paints, powders or glitters on them at the time of show. Commercially available products such as skin/coat conditioners for livestock species are permissible providing it does not contain any substances that would be detected as an illegal residue in the carcass or violate the County or National Code of Show Ring Ethics.
- Market Goats must be slick shorn, with no indication of blocking, to 3/8 inch or less above the knees and hock joints to include the head but excluding the tail switch PRIOR to being weighedin at county fair
- We will be having a Costume Contest for livestock on Saturday during county fair. See details in the fair book.

Livestock News Continued

Ethics: Everyone Else is Doing it!!!

Ethics is an important part of livestock projects in 4-H. Ethics is often described as doing the right thing even when no one else is looking. The 4-H program strives to teach 4-H youth to make ethical decisions, and we have placed a high priority on ethics education. Across the country, from major stock shows to county fairs, livestock ethics is stressed and enforced.

The Arapahoe County Fair is no different. We will continue to offer workshop opportunities, such as Livestock Ethics workshops, Meat Quality Assurance programs and to educate 4-H youth, families and leaders about making ethical decisions regarding 4-H livestock projects. We work hard to ensure that all policies and procedures are adhered to but it is everyone's responsibility.

When in doubt about whether an action is crossing the ethics line, a great source to review is the IAFE Code of Show Ring Ethics. Excerpts from this code can be found in the Fair Book and the complete code, online at: www.fairsandexpos.com —Resources, —IAFE Documents and —IAFE Showring Code of Ethics.

Also, Colorado Statute 18-9-207. Tampering or drugging of livestock provides an extensive definition of —tampering, including but not limited to such practices as: use of prohibited drugs, treatment of livestock resulting in adulteration of subsequent meat products, injection and administration of substances for the purposes of deception or cosmetic purposes, manipulation of tissues, inhumane treatment, the addition of foreign objects to an animal's hide, and illegal substitution of another animal. To read Colorado Statute 18-9-207. Tampering or drugging of livestock in its entirety and for exact wording, go to:

http://www.state.co.us/gov_dir/leg_dir/olls/sl1995/sl_233.htm

Jr. Livestock Committee

The Jr Livestock Committee would like to thank everyone who participated in this year Red Carpet Prospect Show. We had a successful first show and look forward to improving and growing it for future years. Thank you to all who supported us especially, Purina for bringing in such educational speakers for our educational clinics prior to the show!

The committee is now preparing for their county fair activities such as barn tours and the costume contest! The next meeting will be July 5th at the fairgrounds at 6:30.

Also thank you to everyone that assisted with Urban Ranchers Camp and our Camp Councilors (most of which are actively involved in this committee).

Livestock News (Continued)

Pork Quality Assurance (Swine Project Members only: Both Market and Breeding)

PQA certification is accomplished by first attending an MQA training initially. Attending an MQA training certifies a member for PQA for one year. PQA certification can then be renewed in two ways:

- 1. By attending another MQA training which will provide certification again for one year.
- 2. By the youth coming to the Extension Office (or making other arrangements with the Agent) and taking a written test. They must pass the test with at least a 70%. If they do not pass with a 70% they may attempt to test twice more. If the three tests yield unsuccessful results, the youth must attend an MQA class prior to being recertified. Tests will be graded once a week and you will be notified of the results.

Again, testing is only for those needing to renew their PQA certification. All initial PQA certifications are accomplished by attending an MQA workshop.



4-H Foundation IVY Winner

Selfless, tireless, enthusiastic, solid, dependable, generous. These are just a few words to describe Jim Kelley. There is not a more deserving volunteer than Jim to be recognized for his limitless hours of helping both the adult volunteers and the youth of our county. Jim is always one of the first in the livestock barns each morning and the last to leave after the day's events have been finalized and the final "day end" walk through of the barns is completed.

Setting up, tearing down, securing and handing out awards, cleaning pens and stalls, Jim is always there to lend a helping hand. Jim does not have a son, daughter, nephew or niece involved, he does all of this because he cares. He cares about our youth and feels 4-H is a great organization.



Jim is not a 4-H leader or parent. He is a county employee in the Road & Bridge Division based out of Bennett. I first met him in 1988 when the County Fair was being held in Deer Trail. At that time he was one of the employees assigned to the fair to handle the setting up of the fair, moving livestock panels and other things as needed. He was on the grounds until the fair was closed for the night and made sure that everything ran smoothly. He was always available to help the kids and their parents when there was a question or a need.

When the fair returned to the metro area on the new fairgrounds, Jim now takes time off so that he can help support the 4-H youth and parents at the fair. He also is always present for the spring tag-in of the 4-H animals and is usually there to help set up and take down panels. He always has a ready supply of water or Gatoraide at the events. He is a great mentor to the 4-H members and attends the State Fair and National Western livestock shows where Arapahoe County 4-H youth are showing animals to show his support.

He attends the 4-H livestock committee meetings, the Arapahoe County Fair Planning Committee meetings and serves on the Arapahoe County Youth Livestock sale board. He assists youth with enrollment fees, animal supplies and goes out of his way to help raise money for livestock belt buckles, the sale committee and some of the Open Class Living Arts contests.

He is a member of the Byers Park and Recreation Board which ironically is where we would have the fair 4-H horse show when we did not have a fairgrounds. He has served 24 years as a volunteer fireman and 20 years on the Fire District Board.

Jim is always there to help where ever he can help and he likes to do it behind the scenes. He is just an all-round generous, hard working man and he bleeds 4-H green.

4-H Foundation Scholarship Winners

Brianna Osborn, will be receiving the \$2500 Arabell Burnett Scholarship this year. Brianna will graduate from Bennett High School with a GPA of 4.20. She is an 11 year 4-H member and is active with both Antelope Crossing and Elk Creek 4-H Clubs. She will be attending CSU for a degree in Biomedical Science and then she plans to go to Veterinary school to obtain her life-long dream of becoming a Veterinarian. She credits 4-H for playing a major role in shaping her career choice and helping her become a less self-conscious person thru leadership conferences such as National Western Round-up, Leadership Development Conferences, County 4-H



Extravaganza and State conference. She also credits these conferences for valuable leadership training. Her projects have included cake decorating, photography, shooting sports, sketchbook/ visual arts, leathercraft, goat, dog horseless horse and veterinary science. Brianna has successfully participated in county, state and national contests in Parliamentary Procedure, Consumer Choices, Speech and Demonstration contests. She has also mentored younger members with their 4-H projects and 4-H contests. Brianna is very active as a community volunteer, volunteering at the Ronald McDonald House, county fair, National Western Stock Show, Kids Spree and many other areas too numerous to mention. Brianna has also been active in both Future Farmers of America and the National Honor Society. One of her long term career goals is to specialize as an Exotic Veterinarian, focusing on big cats. Congratulations Brianna and we wish you the best as you study to become a veterinarian.

Joseph Yousling, is receiving the \$1500.00 Melody Kollath scholarship. He is an eight year member of Elk Creek and Smoky Hill 4-H Clubs and will be graduating from Cherokee Trail High School with a 3.136 grade average. Joseph will be attending Morningside College in Iowa to study psychology and secondary education. His projects include Photography, Leadership, Electricity, Computer, Entomology, Geospatial, Global Citizenship, Cake Decorating, Garden, and a Self-Determined Entrepreneurial project which led him to establish his own dog sitting business. He has participated in speech and demonstration contests and served as MC of the Talen Show. Joseph has worked with younger members on demonstration and cake decorating skills. He is a member of the Arapahoe County Junior Leaders and has served as the group's chairman of the Ronald McDonald House meal project the past five years. The Junior Leaders cook and serve one meal each year to the house residents. He has also served as a District 3 4-H Senator and attended State 4-H conference and LDC leadership training workshops. He served as a Youth Representative to the Arapahoe County 4 -H Foundation, has served as President of his 4-H club as well as holding many other 4-H club offices. He is also a member of the Junior Leader 4-H council and has participated in the Arapahoe County 4-H Urban Ranchers Day camp. Joseph is a member of his High School cross country and track team, participates in orchestra and boys choir. He is also a member of the Link Crew and was selected to take the Teacher Cadet Class and has earned a 1st Degree black belt in Tae Kwon Do. Joseph also works to help pay for his college education.

The highlight of Joseph's 4-H involvement was being selected to attend the Citizenship Washington Focus conference in Washington DC. He says it made him appreciate America, and America's history and he is proud to be an American! Congratulations, Joseph!

4-H Foundation Scholarship Winners Continued

Emily Gray is an Eagle Crest High School graduate with a 3.77 grade point average. She will study Biochemistry at the University of Northern Colorado and then transfer to the University of Colorado Denver to receive her pharmacy degree. She is an eight year member of the Lucky Clovers 4-H Club and during that time her main project interests have been raising rabbits, cake decorating and cooking. She has also taken cats, horseless horse, wildlife, entomology, gardening, photography, arts and crafts, forestry, vet science, home environment, ceramics, consumer savvy, pets, model craft and global citizenship projects. She says that through these projects, she has learned many skills that are directly related to the specific projects. She has mentored the younger members in the rabbit project by teaching them about rabbits and how to show them. She has also guided members in their cake decorating and food projects as well as assisting them in many of the other project areas as well. She has participated in Consumer Choices and Creative Cooks contests as well as demonstration and speech competitions. She has held the office of club president as well as many of the other club offices. She has also volunteered many hours at the Arapahoe County Fair and in 2011 received the Outstanding Fair Volunteer award. Her community service projects include the Ronald McDonald House, Rake-Up Colorado, the Keensburg Wild Animal Sanctuary, Aurora Animal Shelter and the Cat Care Society. She completed nearly ten years as a competitive gymnast and was a member of her school's 2013 and 2014 5A State Champion Gymnastics team. She was also a varsity diver and track runner during her Junior and Senior years. She says the highlight of her 4-H involvement was receiving the Danforth Award in 2015 and having the opportunity to read the book "I Dare You!" by William H. Danforth. She says this book has inspired her to try to be the best that she can be and to always try to reach her potential. Good luck to you in your chosen field Emily!

Lydia Van Kirk is graduating with a 3.94 grade average and will be attending Houghton College in New York. She wants to pursue a career in the equestrian world training and working with horses. She would someday like to own and run her own horse stable. Another personal goal is to stay debt free so she is planning ahead, saving and attending free horse classes and clinics. Besides the horse project, she has also completed the dog, baking, horseless horse and pet projects. She is proud of her 4-H project dog "Winston" for receiving reserve champion in the Rally competition at county fair. As a member of the Bit of Class 4-H club she has competed in the county speech and demonstration contests and served as her club's historian and treasurer.

Lydia was homeschooled, so did not have an opportunity to participate in school activities, so she became a volunteer in many areas. She has been a regular volunteer at the praying Hands Ranch therapeutic riding center and the Edwards Foundation which is a rescue mission for large animals. She has also volunteered with the Max Fund, Zumas Rescue Ranch, Happy Dog Ranch, Rowan House, Family's First, Volunteers of America and is presently also involved with a horse rescue and training center east of Parker. She attends church regularly.

Lydia states that the most worthwhile 4-H accomplishment and experience was working with Fashion, her 4-H project horse for two years. Fashion had a bad experience when she was being broken and could not be tied up and would rear whenever someone tried to saddle and bridle her. Lydia worked with the horse with help from the horse project leaders and was finally able to bridle the horse. The first time she tried to bridle the horse it took nearly an hour, but she can now bridle and saddle the horse in less than 15 minutes. The horse now follows her around just like a dog. Lydia says that this was a big accomplishment not only for her but the horse as well. Congratulations and we wish you the best in your chosen career.

Exchange Program Info

<u>HOST FAMILIES NEEDED – 4-H/ACADEMIC YEAR PROGRAM EXHANGE (10 MONTHS) – 2016-</u> 2017

Host families are needed for high school exchange students, ages 15-18. Colorado will host six participants, ages 16-18, who will stay with host families and attend high school August 2016 through mid-June 2017.

These delegates are proficient in English, have achieved good grades. They are excited to learn about the United States and share their culture. Colorado has participated in the high school exchange since 1989.

All students will have an extensive orientation to life in the United States and will pursue a full course of study while they are here. They arrive in Colorado in early August of 2016.

Delegates have their own spending money and are expected to pay for all of their own personal expenses. Health insurance is provided by the program.

They are expected to be part of the family: sharing their culture, learning about US culture, following house rules, getting good grades in school, helping with household chores, etc.

To review the applications of the delegates available, please contact me for further information.

Please contact: Courtney Loflin 4-H International Programs Colorado State University

E-Mail: courtney.loflin@colostate.edu

Phone: 970-491-2711 Fax: 970-491-5108



Club News

Corridor Young People to Lead Antelope Crossing 4-H Club in 2016

Antelope Crossing 4-H Club has been led by eight young people from the I-70 Corridor. Elected earlier this year (left to right) were the following club officers: President Juliana Brockleman; Byers, Vice President Alya Garrison-Ahmed, Byers; Secretary Madison Blaeser, Bennett; Treasurer Nathan Moyer, Bennett; Reporter Veronica Palmer, Byers; Historian Meaghan Ebert, Byers; Parliamentarian Luke Sabin; Bennett; and Recreation and Community Service Director Anna Vetter; Bennett.

"Leadership is a privilege, and it is also a lot of hard work," said Antelope Crossing 4-H Club Organizational Leader Marilyn Bay Wentz. "We are very pleased to have such a wonderful group of 4-Hers that is willing to get in there and serve and learn what leadership is all about."

Members of the Antelope Crossing 4-H Club participate in the Arapahoe County 4-H program. They are preparing projects for show at the Arapahoe County 4-H Fair, July 27-31.



CSU Extension in Arapahoe County

Submission Deadline

The deadline for submissions for the August/September 2016 Newsletter is: Aug. 1, 2016.

Newsletter Submissions

Colorado State University Extension in Arapahoe County reserves the right to include, refuse, or edit any newsletter submissions and advertisements.

Special Accommodations Notice

The Colorado State University Extension in Arapahoe County requires a 10 day notice for special accommodations for ALL events. Please let us know if you need things such as interpreters, special handicap accessible accommodations, etc.

Extension Notice

Colorado State University, U.S. Department of Agriculture and Arapahoe County cooperating. Extension Programs are available to all without discrimination.

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