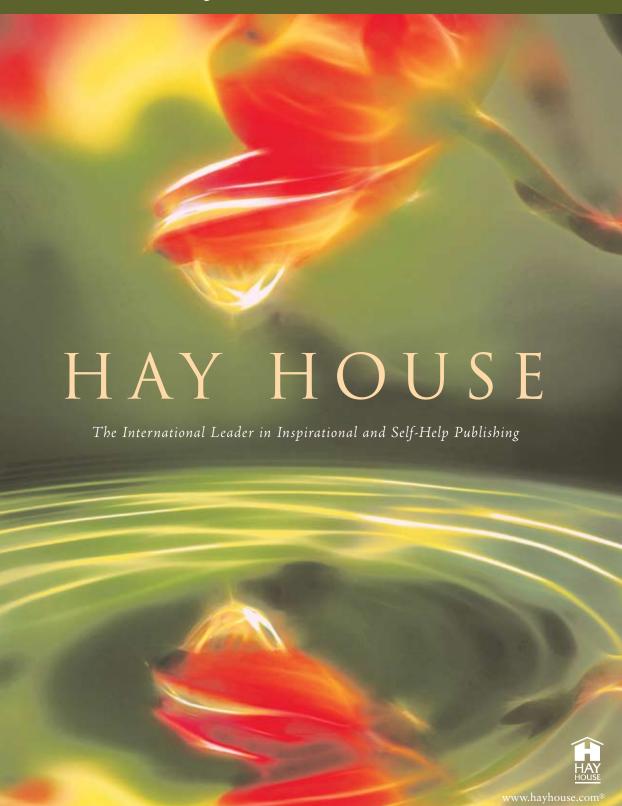
#### NEW TITLE RELEASES

September-December 2009



#### Introducing Dr. Wayne W. Dyer's Newest Film:

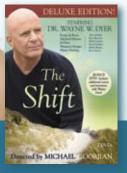


In this compelling film, Wayne explores the spiritual shift from ambition to meaning.

Through the intertwined stories of an overachieving businessman, a mother of two seeking her own expression in the world, and a director trying to make a name for himself, this entertaining film not only inspires, but also teaches us how to create a life of meaning and purpose.

Directed by Emmy Award winner Michael Goorjian

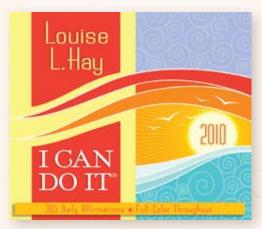
See the Movie That Will Help You Create a Life of True Meaning and Purpose!



Expanded Edition 2-DVD Set • \$29.95 978-1-4019-2633-5

The Shift DVD · \$19.95 978-1-4019-2634-2

Discoul by MICHAEL



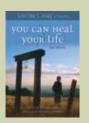
September 1, 2009 USA \$13.95 • Boxed Calendar 978-1-4019-0751-8

**Print Run: 25,000** 

Marketing: Multi-city Author Tour Including I Can Do It!<sup>®</sup> 2009; National Radio, Print, and Internet Advertising

Rights: World Rights

#### ALSO AVAILABLE:



You Can Heal Your Life, the Movie Louise L. Hay USA \$19.95 • DVD 978-1-4019-2028-9

You Can Heal Your Life, the Movie Expanded Version Louise L. Hay USA \$29.95 • 2-DVD Set 978-1-4019-2029-6



#### I Can Do It® 2010 Calendar

365 Daily Affirmations

LOUISE L. HAY

**Louise L. Hay**'s 1 CAN DO 1T® Calendar for 2010 offers you positive thoughts, affirmations, and words of wisdom to encourage you to move forward with joy and confidence each day of the year. As you read the words on these pages, you'll feel your spirit uplifted and realize that you can do it—no matter what "it" is!

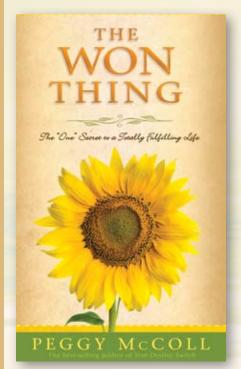
This colorful, appealing calendar is the perfect gift for friends, family members, and of course, you!

Louise L. Hay, the author of the international bestseller You Can Heal Your Life, is a metaphysical lecturer and teacher with more than 40 million books sold worldwide. For more than 25 years,



she has helped people throughout the world discover and implement the full potential of their own creative powers for personal growth and self-healing. She has appeared on *The Oprah Winfrey Show* and many other TV and radio programs both in the U.S. and abroad.

Websites: www.LouiseHay.com® and www.LouiseLHay.com®



September 1, 2009 USA \$14.95 • Tradepaper 5-3/8" x 8-3/8" • 978-1-4019-2466-9

Print Run: 20,000

Marketing: Appearance at I Can Do It!® 2009; National Radio, Print, and Internet Advertising

Rights: World Rights

## Be a Dog with a Bone Peggy McColl USA \$14.95 • Hardcover • 5" x 7" 978-1-4019-2464-5

#### The Won Thing

The "One" Secret to a Totally Fulfilling Life
PEGGY McCOLL

What is the "one" secret to a successful, fulfilling life? Don't we all want to know just that?

Best-selling author and goal-achievement expert Peggy McColl spent many years pondering that question and searching for the answer. Her driving curiosity took her from inspirational books to self-help workshops and lectures, as she absorbed the best advice from dozens of highly successful people, each of whom had their own ideas about the "one" secret. Like many people who are searching for a sense of purpose, Peggy looked outside herself for guidance. She learned a great deal, creating a better life for herself as she applied the wise teachings of others, yet true happiness eluded her until she finally realized what the "one" thing actually was: everything she needed to know was within her already!

In this fascinating book, Peggy shares the lessons she learned during her journey of self-discovery, and also shows you how to discover and realize your own dreams. Her intention is to awaken you to your innate ability to create and enjoy the secret recipe for fulfillment: your Won Thing!

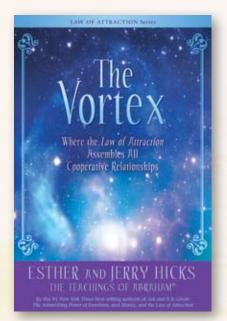
Peggy McColl is an internationally recognized expert in the area of destiny achievement whose purpose is to make a positive contribution to the lives of millions of others. She



has been inspiring individuals, experts, professional athletes, and organizations to reach their potential for the past 25 years. She is the president and founder of Dynamic Destinies Inc., an organization committed to delivering sound principles for creating lasting and positive change.

Peggy lives in Quebec, Canada, with her son, Michel, and her husband, Denis.

Websites: www.destinies.com and www.yourdestinyswitch.com



September 1, 2009 USA \$15.95 • Tradepaper 6" x 9" • 978-1-4019-1882-8

Print Run: 150,000

Marketing: National Radio, Print, and Internet Advertising. Online Marketing Campaign—Over 2 Million E-mails.

Rights: World Rights

#### ALSO AVAILABLE:



The Vortex
Esther and Jerry Hicks
USA \$49.95 • 10-CD Set
978-1-4019-1878-1

#### The Vortex

Where the Law of Attraction Assembles All Cooperative Relationships

**ESTHER AND JERRY HICKS** 

This Leading Edge work by Esther and Jerry Hicks, who present The Teachings of Abraham®, will help you understand every relationship you are currently involved in, as well as every one you have ever experienced.

This book uncovers myriad false premises that are at the heart of every uncomfortable relationship issue, and guides you to a clear understanding of the powerful creative Vortex that has already assembled the relationships you have desired. Abraham will show you how to enter that Vortex, where you will rendezvous with everything and everyone you have been looking for.

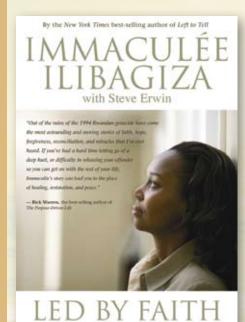
Abraham says: "It is our desire to help you to solve the mystery of those seemingly impossible relationships; to sort out the details of joyously sharing your planet with billions of others; to rediscover the beauty of your differences; and, most of all, to reestablish the most important relationship of all: your relationship with the Eternal, Non-Physical Source that is really you."

Esther and Jerry Hicks, the New York Times bestselling authors of Ask and It Is Given, The Amazing Power of Deliberate Intent, The Astonishing Power of Emotions,



and The Law of Attraction, among other works, produce the Leading Edge Abraham-Hicks teachings on the art of allowing our natural Well-Being to come forth. While presenting Law of Attraction workshops in up to 60 cities per year, the Hickses have also published more than 700 Abraham-Hicks books, CDs, and DVDs.

Their internationally acclaimed Website is: www.abraham-hicks.com



Rising from the Ashes of the Rwandan Genocide

September 15, 2009 USA \$14.95 • Tradepaper 6" x 9" • 978-1-4019-1888-0

Print Run: 50,000

Marketing: National Radio, Print, and Internet Advertising

Rights: World Rights

#### **ALSO AVAILABLE:**



Left to Tell
Immaculée Ilibagiza with Steve Erwin
USA \$14.95 • Tradepaper • 6" x 9"
978-1-4019-0897-3

#### Now Available in Tradepaper!

#### Led by Faith

Rising from the Ashes of the Rwandan Genocide

IMMACULÉE ILIBAGIZA WITH STEVE FRWIN

In Led by Faith, Immaculée Ilibagiza takes us with her as her remarkable journey, started in her first book Left to Tell, continues. Through her simple and eloquent voice, we experience her hardships and heartache as she fights to find meaning and purpose in the aftermath of the Rwandan holocaust. It is the story of a naïve and vulnerable young woman, orphaned and alone, navigating a bleak and dangerously hostile world with only an abiding faith in God to guide and protect her. Immaculée fends off sinister new predators, seeks out and comforts scores of children orphaned by the genocide, and searches for love and companionship in a land where hatred still flourishes. She struggles along with her country to heal from the wounds of war and to keep hope, love, and forgiveness alive. Immaculée eventually emigrates from Rwanda to America to begin a new chapter of her life-and finds herself a stranger in a strange land.

Immaculée Ilibagiza was born in Rwanda and studied electronic and mechanical engineering at the National University. She lost most of her family during the 1994 genocide. Four years later, she

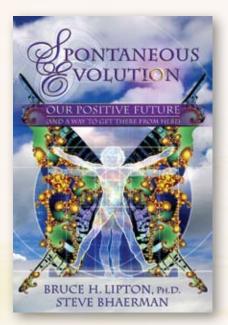


immigrated to the United States and began working for the United Nations in New York City. She has established the Ilibagiza Foundation to help others heal from the long-term effects of genocide and war.

Steve Erwin is a writer and award-winning journalist working in the print and broadcast media. Most recently, he was a foreign correspondent for the Canadian Broadcasting Corporation. He lives in Manhattan with his wife, journalist Natasha Stoynoff.



S



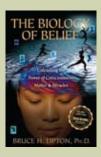
September 15, 2009 USA \$25.95 • Hardcover • 6" x 9" 978-1-4019-2580-2

Print Run: 50,000

Marketing: Multi-city Author Tour Including I Can Do It! 2009®; National Radio, Print, and Internet Advertising. Online Marketing Campaign — Over 2 Million E-mails.

Rights: World Rights

#### **ALSO AVAILABLE:**



The Biology of Belief
Bruce H. Lipton, Ph.D.
USA \$24.95 • Hardcover • 6" x 9"
978-1-4019-2311-2

#### **Spontaneous Evolution**

Our Positive Future (and a Way to Get There from Here)

BRUCE H. LIPTON, Ph.D., AND STEVE BHAERMAN

**Bruce H. Lipton,** world-renowned expert in the emerging science of epigenetics, reveals in *Spontaneous Evolution* how our changing understanding of biology will help us navigate this turbulent period in our planet's history, and how each of us can participate in this global shift.

In collaboration with political philosopher **Steve Bhaerman**, Bruce invites readers to reconsider the following:

- The "unquestionable" pillars of biology, including random evolution, survival of the fittest, and the role of DNA
- The relationship between mind and matter
- How our beliefs about nature and humanity shape our politics, culture, and individual lives
- How each of us can become planetary "stem cells" supporting the health and growth of our world

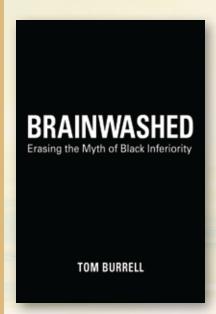
By questioning the old beliefs that got us to where we are today and that keep us stuck in the status quo, we can trigger the spontaneous evolution of our species that will usher in a brighter future.

Bruce H. Lipton, Ph.D., is an internationally recognized authority in bridging science and spirit, and a leading voice in new biology. Author of *The Biology of Belief*, he has been a guest on hundreds of TV and radio shows, as well as a keynote speaker for national and



a keynote speaker for national and international conferences.

**Steve Bhaerman** is an author, humorist, and political and cultural commentator who's been writing and performing enlightening comedy as Swami Beyondananda for over 20 years. A pioneer in alternative education and holistic publications, Steve is active in transpartisan politics and the practical application of Spontaneous Evolution.



September 1, 2009 USA \$15.95 • Tradepaper 6" x 9" • 978-1-4019-2592-5

**Print Run: 10,000** 

Marketing: Town Hall Meetings, Online Promotion, Radio Interviews, and Resolution Project Workshops

Rights: World Rights

#### Brainwashed

Erasing the Myth of Black Inferiority



TOM BURRELL

"Black people are not dark-skinned white people," says advertising visionary **Tom Burrell.** In fact, they are a lot more. They are survivors of the Middle Passage and centuries of humiliation and deprivation, who have excelled against the odds, constantly making a way out of "no way!" At this point in history, the idea of black inferiority should have had a "Going-Out-of-Business Sale." After all, Barack Obama has reached the Promised Land.

Yet, as this book testifies, too much of black America is still wandering in the wilderness. In this powerful examination of "the greatest propaganda campaign of all time"—the masterful marketing of black inferiority—Burrell poses ten provocative questions that will make black people look in the mirror and ask why, nearly 150 years after the Emancipation Proclamation, so many blacks still think like slaves. Brainwashed is not a reprimand; it is a call to deprogram ourselves of self-defeating attitudes and actions. Racism is not the issue; how we respond to racism is the issue. We must undo negative brainwashing and claim a new state of race-based self-esteem and self-actualization. Provocative and powerful, Brainwashed dares to expose the wounds so that we, at last, can heal.

Marketing communications pioneer **Tom Burrell** is a recognized leader and change-agent credited with revolutionizing the use of positive and realistic images of African Americans in television advertising. His award-winning work acknowledged the purchasing power of the African-American community and literally changed the face of American advertising. Burrell is the founder of The Resolution Project, a nonprofit organization dedicated to self-healing and self-actualization. In 2004, he was inducted into the Advertising Hall of Fame. A Southside native, Burrell lives with his wife, Madeleine, in Chicago.





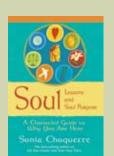
September 1, 2009 USA \$13.95 • Tradepaper 5-3/8" x 8-3/8" • 978-1-4019-1737-1

Print Run: 20,000

Marketing: National Author Lecture Tour Including I Can Do It!® 2009; National Radio, Print, and Internet Advertising

Rights: World Rights

#### ALSO AVAILABLE:



Sonia Choquette USA \$14.95 • Tradepaper • 6" x 9" 978-1-4019-0789-1

#### Now Available in Tradepaper!

#### The Answer Is Simple . . . Love Yourself, Live Your Spirit!

**SONIA CHOQUETTE** 

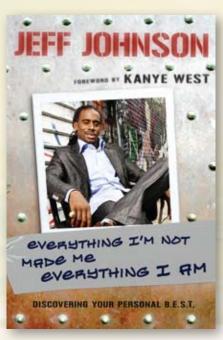
The ten simple yet necessary steps outlined in this book will allow you to make the connection to your authentic Spirit and experience your truth. As Sonia Choquette says, "These aren't just metaphysical theories, but grounded practices that will lead you directly back to you: the best, holiest, and delighted you, free of fear and filled with light." The most exciting part is that learning to love yourself and live your Spirit is actually quite simple when you realize the truth revealed herein: that you are not the ego, but rather are Divine, Holy Spirit. Once you realize that, everything will come alive in light and joy.

Sonia Choquette is a worldrenowned author, storyteller, vibrational healer, and six-sensory spiritual teacher in international demand for her guidance, wisdom, and capacity to heal the soul. She's the author of several best-selling books, including Diary of a Psychic, Ask Your Guides, and Trust Your Vibes; and numerous audio programs and card decks. Sonia was educated at the University of Denver and the Sorbonne in Paris, and holds a

Ph.D. in metaphysics from the American Institute of Holistic Theology. She resides with her family



in Chicago.



September 15, 2009 USA \$14.95 • Tradepaper 6" x 9" • 978-1-4019-2548-2

**Print Run: 10,000** 

Marketing: Multi-city Author Tour; National Radio, Print, and Internet Advertising

Rights: World Rights

## Everything I'm Not Made Me Everything I Am



Discovering Your Personal B.E.S.T.

**JEFF JOHNSON** 

FOREWORD BY KANYE WEST

Award-winning activist, journalist, and motivational speaker **Jeff Johnson** dares the post–Civil Rights generation to stop making excuses; overcome personal challenges; and create lives filled with passion, meaning, and service. This empowering strategic guide for manifesting and achieving your personal B.E.S.T. showcases the author's unique blend of political consciousness and street-smart inspiration.

A committed youth advocate, Jeff offers a lifeline to those who feel lost in a sea of choices, distractions, and self-imposed limits. This book offers practical guidance for learning how to unplug from the programmed expectations of family and society in order to discover and fulfill your unique life's mission.

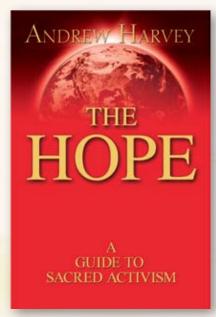
### OF RELATED INTEREST:



Empowerment Cards for Inspired Living Tavis Smiley USA \$15.95 • 70-Card Deck 978-1-4019-0461-6 Host of The Truth with Jeff Johnson, a hard-hitting new talk show televised on BET, and a weekly commentator on the nationally syndicated Tom Joyner Morning Show, Jeff Johnson's interviews truly



"represent" from grassroots organizers to major world figures. He is a frequent guest and commentator for national media, including MSNBC's Dayside and Hardball with Chris Matthews, CNN, Fox News Channel, the Huffington Post, CNN.com, TheRoot.com, and EbonyJet.com. He also won a 2008 NABJ Salute to Excellence Award for BET's "Life and Death in Darfur: Jeff Johnson Reports" series. Jeff lives in Washington, D.C.



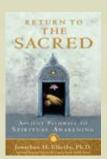
September 15, 2009 USA \$16.95 • Tradepaper • 6" x 9" 978-1-4019-2003-6

Print Run: 20,000

Marketing: National Radio, Print, and Internet Advertising

Rights: World Rights

### OF RELATED INTEREST:



Return to The Sacred
Jonathan H. Ellerby, Ph.D.
USA \$24.95 • Hardcover • 6" x 9"
978-1-4019-2155-2

#### The Hope

A Guide to Sacred Activism

**ANDREW HARVEY** 

The Hope is a simple yet compelling guide to overcoming current global challenges.

This no-nonsense work provides a succinct vision of our world crisis and the need for sacred activism—the fusion of the deepest spiritual knowledge with clear, wise, radical action. **Andrew Harvey** lays out seven laws for sacred activism, covering everything from the necessity of incorporating a spiritual practice into your life, to the transformation of anger into wise energy, to the importance of community. Through these laws, he shows that neither the noble, pragmatic work of the activist nor the private spirituality of the individual is enough to change the world. These must be fused to become a passionate, unstoppable force of transformational love.

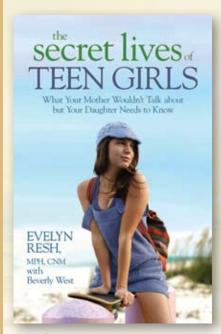
Just as Julia Cameron's book The Artist's Way gave millions of people a precise and interactive handbook to help them discover and explore their creativity, The Hope will give practical advice to all those who want positive change.

Andrew Harvey was born in south India and at 18 moved to England to attend Oxford University. In 1977, he returned to India, and over the next 30 years plunged into myriad mystical traditions to learn the secrets and practices of India's people.



Andrew has taught at Oxford University, Cornell University, Hobart and William Smith Colleges, The California Institute of Integral Studies, and the University of Creation Spirituality, as well as at various spiritual centers throughout the United States. He has written more than 20 books, was the subject of the documentary The Making of a Modern Mystic, and also appears in Rumi Turning Ecstatic and The Consciousness of the Christ. He is the Founder/Director of the Institute of Sacred Activism.

Andrew lives in Chicago and travels the world extensively, teaching about sacred activism.



September 15, 2009 USA \$14.95 • Tradepaper 5-3/8" x 8-3/8" • 978-1-4019-2278-8

Print Run: 20,000

Marketing: National Radio, Print, and Internet Advertising

Rights: World Rights

#### The Secret Lives of Teen Girls

What Your Mother Wouldn't Talk about but Your Daughter Needs to Know

EVELYN RESH, MPH, CNM, WITH BEVERLY WEST

In this fascinating book, **Evelyn Resh**, the mother of a teenage daughter, certified nurse-midwife specializing in the treatment of teenage girls, and counselor to adult women, explores the world of female adolescent sexuality. She helps parents, especially mothers, gain insight into how to help their daughters through this time.

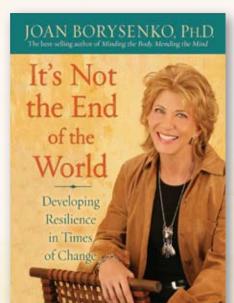
Secrets divulged by teenage girls during consultations have made Evelyn realize that most teens are left to develop a sexual identity without adult guidance and often without a basic knowledge of what is happening to them physically and emotionally. She has also found that mothers often criticize or shame their daughters for normal adolescent behavior because they never received comprehensive, compassionate guidance themselves.

Through compelling, frank, and sometimes humorous stories, Evelyn highlights the importance of a mother's responsibility to inform herself and her daughter about the risks and rewards involved in being sexual. She also reminds us that mothers are the most influential role models when it comes to creating healthy lifestyles. In this insightful book, the author discusses everything from sexual activity to eating disorders, substance abuse, mental illness, violence, and STDs. She also looks at less serious but still troubling issues such as under-achievement, battles such as parents, and lack of emotional and social support.

**Evelyn Resh, CNM, MPH**, the Director of Sexual Health Services and Programming for Canyon Ranch Health Resorts, has been in practice as a certified nurse-midwife for more than 15 years. She holds a master's degree in public health; and undergraduate degrees in nursing, psychology, and medical anthropology. She practices integrative midwifery and gynecology with women of all ages, and lectures frequently across the country to professional and lay audiences on the topics of women's health and sexual satisfaction. She



is especially known for her warm, lively, and good-humored approach to her subject matter and her ability to make others feel comfortable with hard-to-discuss topics. Evelyn has been in practice for more than 20 years. She lives in western Massachusetts with her family, where she continues to practice as a midwife and sexuality counselor.



September 1, 2009 USA \$14.95 • Hardcover • 5" x 7" 978-1-4019-2632-8

Print Run: 50,000

Marketing: Appearance at I Can Do It!® 2009; National Radio, Print, and Internet Advertising

Rights: World Rights

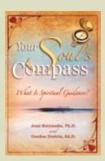
#### It's Not the End of the World

Developing Resilience in Times of Change JOAN BORYSENKO, Ph.D.

The world is in crisis, but you don't have to be. We all know resilient people who bounce back from hardship and create their best lives. That's the promise of change. Other people stress out and melt down, losing hope and health. That's the danger in times of change. The good news is that resilience isn't a genetic gift for the lucky few. It's an easily understood skill that anyone can practice and master.

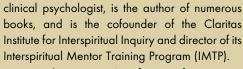
Resilient people face reality head-on, take action, find deeper meaning in life, laugh often, and are masters of improvisation. A new kind of natural selection is already having its way with us. Hopeful, stress-hardy people will rule the world. And as change and uncertainty escalate, those prone to stress will be less able to compete. This book by Joan Borysenko, a world-renowned expert on stress, health, and human potential, is the tool chest you need to step into a bold new future that works for us all.

#### **ALSO AVAILABLE:**



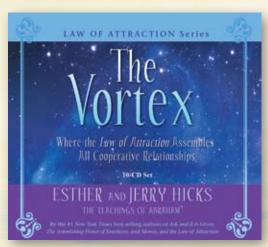
Your Soul's Compass
Joan Borysenko, Ph.D.,
and Gordon Dveirin, Ed.D.
USA \$14.95 • Tradepaper • 6" x 9"
978-1-4019-0777-8

Joan Borysenko, Ph.D., is an internationally known speaker in spirituality, integrative medicine, and the mind-body connection. She has a doctorate in medical sciences from Harvard Medical School, is a licensed clinical psychologist, is the authority.



Website: www.joanborysenko.com





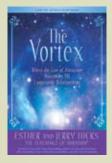
September 1, 2009 USA \$49.95 • 10-CD Set 978-1-4019-1878-1

Print Run: 25,000

Marketing: National Radio, Print, and Internet Advertising. Online Marketing Campaign – Over 2 Million E-mails.

Rights: World Rights

#### ALSO AVAILABLE:



The Vortex
Esther and Jerry Hicks
USA \$15.95 • Tradepaper • 6" x 9"
978-1-4019-1882-8

#### The Vortex

Where the Law of Attraction Assembles All Cooperative Relationships

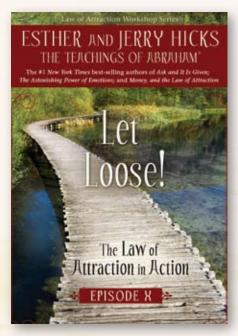
#### **ESTHER AND JERRY HICKS**

This Leading Edge work by Esther and Jerry Hicks, who present The Teachings of Abraham®, will help you understand every relationship you are currently involved in, as well as every one you have ever experienced.

This 10-CD set uncovers myriad false premises that are at the heart of every uncomfortable relationship issue, and guides you to a clear understanding of the powerful creative Vortex that has already assembled the relationships you have desired. Abraham will show you how to enter that Vortex, where you will rendezvous with everything and everyone you have been looking for.

Abraham says: "It is our desire to help you to solve the mystery of those seemingly impossible relationships; to sort out the details of joyously sharing your planet with billions of others; to rediscover the beauty of your differences; and, most of all, to reestablish the most important relationship of all: your relationship with the Eternal, Non-Physical Source that is really you.

"It is our desire that you experience an enhanced appreciation of your planet; your body; your family; your friends; your enemies; your government; your systems; your food; your finances; your animals; your work and your play; your purpose; your Source; your Soul; your past, your future, and your present..."



September 15, 2009 USA \$19.95 • 2-DVD Set 978-1-4019-2642-7

**Print Run: 10.000** 

Marketing: National Radio, Print,

and Internet Advertising

Rights: World Rights

#### Let Loose!

The Law of Attraction in Action, Episode X
ESTHER AND JERRY HICKS
(The Teachings of Abraham®)

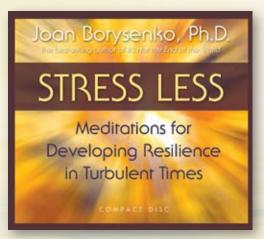
"You are as free as you allow yourself to be by virtue of the thoughts you think." In **Episode X** of this wildly popular series, Abraham continues to astonish, elucidate, and entertain! Topics include: fate, fortune-telling, learning to just enjoy life, the blissful energy of meditation, teaching tough kids, lawsuits, pets, workplace freedom, and "Why don't the Hicks charge less money so more people can benefit?"

"You did not come into this life experience to get it done. You didn't come for marks on the chart. You didn't come to get things done so that you could look back and say, 'Look what I did!' You continue to be an Eternal Being because it feels ever so good to feel life flowing through you." — Abraham

#### **ALSO AVAILABLE:**



Telling a New Story!
The Law of Attraction in Action, Episode IX
Esther and Jerry Hicks
USA \$19.95 • 2-DVD Set • 978-1-4019-2579-6



September 1, 2009 USA \$15 • CD 978-1-4019-2648-9

**Print Run: 10,000** 

Marketing: Appearance at I Can Do It!® 2009; National Radio, Print, and Internet Advertising

Rights: World Rights

#### Stress Less

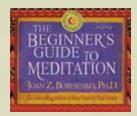
Meditations for Developing Resilience in Turbulent Times

JOAN BORYSENKO, Ph.D.

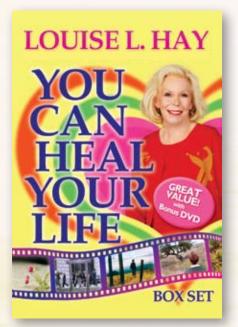
The world may be in crisis, but you don't have to be. People who bounce back from change and challenge are able to face reality head-on, find deeper meaning in life, and use whole-brain thinking to improvise novel solutions to life's problems.

The two meditations on this CD were created especially to help you cultivate the qualities of resilience that some people are born with . . . but most of us need to learn. Regular practice of these meditations can also reduce your stress, improve your sleep, and help create the optimal health and energy you need at all times . . . but particularly in changing times.

#### ALSO AVAILABLE:



The Beginner's Guide to Meditation Joan Z. Borysenko, Ph.D. USA \$18.95 • 2-CD Set 978-1-4019-0664-1



October 1, 2009
USA \$19.95 • Box Set (includes the You Can Heal Your Life Special Edition Book and DVD)
978-1-4019-2652-6

Print Run: 30,000

Marketing: Mulit-city Author Tour Including I Can Do It!® 2009; National Radio, Print, and Internet Advertising

Rights: World Rights

#### You Can Heal Your Life Box Set

LOUISE L. HAY

This Collector's Edition box set contains the first-ever film on self-help pioneer **Louise L. Hay**, together with her original best-selling book, You Can Heal Your Life.

Discover the wisdom of Louise for yourself: that we can harness the power of affirmations to transform our lives, one thought at a time, using her powerful techniques.

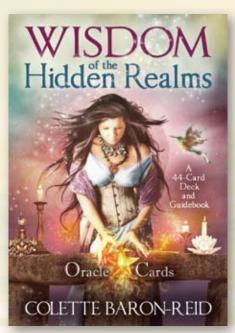
A compassionate teacher and internationally renowned author, Louise has helped millions of people by showing them how to heal their lives—and these incredible works will help you heal yours.

"Every thought you think is creating your future!"

#### **ALSO AVAILABLE:**



You Can Heal Your Life, the Movie Soundtrack Jim Brickman USA \$15 • CD • Z180



October 1, 2009 USA \$15.95 • 44-Card Deck 978-1-4019-2342-6

**Print Run: 10,000** 

Marketing: Mulit-city Author Tour including I Can Do It!® 2009; National Radio, Print, and Internet Advertising

Rights: World Rights

### Wisdom of the Hidden Realms Oracle Cards

**COLETTE BARON-REID** 

Imagine! Before the written word, the ancients established a Divine partnership between humans and mystical Hidden Realms that bridge the worlds of Nature and Spirit. Both agreed to form an eternal Sacred Alliance to establish harmony and balance. The Alliance ensured that when we asked for guidance in manifesting our reality, they would help us find our way to the highest good for all. But in time, humanity turned itself away from the natural world as a source for the Divine and forgot about the realms in the Unseen realities. As our global concerns have increasingly become more pressing, they have returned to help us find our way home to our true purpose.

The cards in **Colette Baron-Reid**'s deck represent some of those realms and their Queens and Kings, Princes, and other magical helpers. Let the Swan Queen point the way to transformation, the Arrow Master help you reach your goals, and the Sacred Union speak to the depth of your longing for love. The guidebook helps you interpret their messages. Ask and ye shall receive, for the highest good is their motto. If you call upon them, they will answer.

#### **ALSO AVAILABLE:**

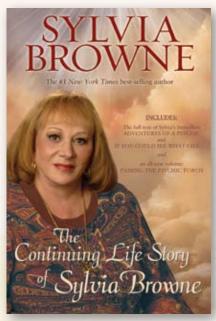


The Wisdom of Avalon Oracle Cards Colette Baron-Reid USA \$15.95 • 52-Card Deck 978-1-4019-1042-6 Colette Baron-Reid is an internationally acclaimed intuitive counselor with a client base spanning 29 countries. She has facilitated hundreds of her popular seminars and workshops on developing intu-

ition and the art of creating reality worldwide. Colette is the author of Remembering the Future, Messages from Spirit, and The Wisdom of Avalon Oracle Cards. She currently lives in Sedona, Arizona; and Toronto, Canada, with her husband and their two furry children.

Website: www.colettebaronreid.com





October 6, 2009 USA \$19.95 • Tradepaper anthology 6" x 9" • 978-1-4019-2042-5

Print Run: 50,000

Marketing: National Author Lecture
Tour Including I Can Do It!® 2009 and
Canada; National Radio, Print, and Internet
Advertising

Rights: World Rights

## The Continuing Life Story of Sylvia Browne

**SYLVIA BROWNE** 

The Continuing Life Story of Sylvia Browne is a brandnew anthology that contains the full text of two of Sylvia's best-selling books: the landmark Adventures of a Psychic, which details how a little girl from Kansas City, Missouri, discovered her gifts and was then led on a decades-long journey to ultimately become "one of America's most successful clairvoyants"; and If You Could See What I See, a handbook on spirituality that is also full of anecdotes from Sylvia's life, both before and after she became a world-famous medium who spends her time writing, lecturing, and appearing on TV.

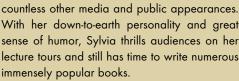
Yet this volume also contains a special treat: an all-new work from Sylvia! Titled **Passing the Psychic Torch**, it focuses on the incredibly special relationship Sylvia had with her beloved psychic grandmother, Ada Coil. Drawing on her cherished memories, along with Grandma Ada's numerous letters—several of which are reprinted in these pages—Sylvia gives us a rich portrait of a blessed soul who helped so many. She also delves into her own childhood and teenage years as never before as she relates how her dear grandmother not only became her mentor, but was indeed the mother she never really had. This is the book Sylvia's fans have been begging her to write . . and it doesn't disappoint!

**ALSO AVAILABLE:** 



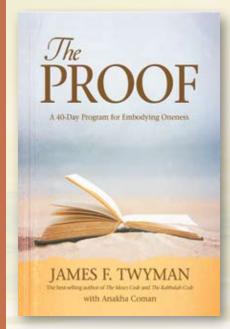
Psychic Healing
Sylvia Browne
USA \$24.95 • Hardcover • 6" x 9"
978-1-4019-1088-4

Sylvia Browne is the #1 New York Times best-selling author and world-famous psychic medium who has appeared regularly on The Montel Williams Show and Larry King Live, as well as making



Website: www.sylvia.org





October 15, 2009 USA \$19.95 • Hardcover • 6" x 9" 978-1-4019-2640-3

Print Run: 100,000

Marketing: Appearance at I Can Do It!<sup>®</sup> 2009; National Radio, Print, and Internet Advertising

Rights: World Rights

#### The Proof

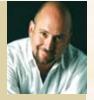
A 40-Day Program for Embodying Oneness

JAMES F. TWYMAN WITH ANAKHA COMAN

The saints and mystics are unanimous in their belief that we are not the separate beings we believe ourselves to be, but that we are in reality—One. Best-selling author, filmmaker, and musician **James Twyman** tested this in a dramatic experiment that has inspired hundreds of thousands of people, proving that our thoughts can be shared and that we are not as isolated as we once thought. There is a bond that exists between us, an unseen link that unites and satisfies us in ways that nothing else can. In the end, what we are seeking is not the riches of the world, but the richness of our souls; and this can only come from realizing that we are connected and whole. Simply put: We are One.

Join James and spiritual teacher **Anakha Coman** as they break down the process of discovering Oneness into 40 practices that can profoundly change your life and how you see the world. Through step-by-step instructions, you'll be able to tap into your own hidden power to achieve the miracles you only dreamed of before. This is more than an instruction manual—it's a doorway into a new world.

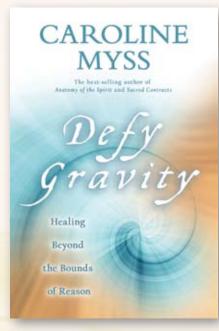
James F. Twyman is the best-selling author of ten books, including The Moses Code, Emissary of Light, and The Art of Spiritual Peacemaking. He's also an internationally renowned "Peace Troubadour" who has the reputation for drawing millions of people together in prayer to positively influence crises throughout the world. James is the executive producer and co-writer of the feature film Indigo, and the director of Indigo Evolution and the documentary The Moses Code. He is also a member of the Order of St. Francis and the co-director of the World Community of Saint Francis.



Websites: www.themosescode.com and www.jamestwyman.com

**Anakha Coman** is a sacred-heart mystic walking and teaching the path of embodied love and reclaiming the sacred feminine. She is an ordained New Thought minister and founder of The Sacred Heart Sanctuary, a beloved community based in Portland, Oregon, devoted to resurrecting the essential teachings of Yeshua and living the Christ consciousness.

Websites: www.naked-heart.com and www.sacredheartsanctuary.com



October 13, 2009 USA \$24.95 • Hardcover 6" x 9" • 978-1-4019-2290-0

Print Run: 100,000

Marketing: National Author Lecture
Tour Including I Can Do It!® 2009 and
Canada; National Radio, Print, and Internet
Advertising Online Marketing Campaign —
Over 2 Million E-mails.

Rights: World Rights

## CAROLINE MYSS CAROLINE MYSS Charles of Market Agency of Market Market

#### **Defy Gravity**

Healing Beyond the Bounds of Reason

**CAROLINE MYSS** 

New York Times best-selling author **Caroline Myss** draws from her years as a medical intuitive to show that healing is not only physical—it is also a mystical phenomenon that transcends reason.

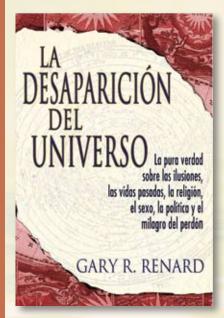
Inspired by ordinary people who overcame a wide array of physical and psychological ailments—from rheumatoid arthritis to cancer—Caroline dove into the works of the great mystics to gain a deeper understanding of healing's spiritual underpinnings. Based on these studies, she demonstrates how conventional and holistic medicine often fall short in times of need. Both systems rely upon a logical approach to curing illness when there is nothing reasonable about the emotional, psychological, or spiritual influences behind any ailment.

Integral to this mystical healing approach is the engagement of the soul, which we experience through exploring our seven shadow passions, building an empowered inner self around our seven inherent graces, and learning how to work with the mystical laws that govern the soul. This knowledge holds the key to understanding what it means to defy gravity and break through the boundaries of ordinary thought. You can heal any illness. You can channel grace. And you can learn to live fearlessly.

Caroline Myss has been in the field of energy medicine and human consciousness for 20 years. Since 1982, she has worked as a medical intuitive, providing individuals with an evaluation of the health of their



energetic anatomy system. She specializes in assisting people in understanding the emotional, psychological, and physical reasons why their bodies have developed an illness. Her New York Times bestsellers include Anatomy of the Spirit, Why People Don't Heal and How They Can, Sacred Contracts, and Entering the Castle.



October 1, 2009 USA \$19.95 • Tradepaper 6" x 9" • 978-1-4019-1203-1

**Print Run: 10,000** 

Marketing: Appearance at I Can Do It!<sup>®</sup> 2009; National Radio, Print, and Internet Advertising

Best-selling Disappearance of the Universe—
Now Available in Spanish!

#### La desaparicíon del universo

La pura verdad sobre las Ilusiones, las vidas pasadas, la religión, el sexo, la política y el milagro del perdón

GARY R. RENARD

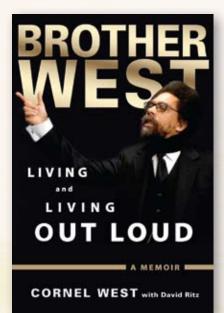
What would you do if you were sitting quietly in your living room when a mysterious couple appeared from out of nowhere—and then told you they were "ascended masters" who had come to reveal some shocking secrets of existence and teach you the miraculous powers of advanced forgiveness? Would you call the cops? Call a psychiatrist? Call out for pizza?

When two such teachers appeared before **Gary Renard** in 1992, he chose to listen to them (and ask a lot of impertinent questions). The result is this startling book: an extraordinary record of 17 mind-bending conversations that took place over nearly a decade, reorienting the author's life and giving the world an uncompromising introduction to a spiritual teaching destined to change human history.

In the early 1990s, **Gary R. Renard** underwent a powerful spiritual awakening. As instructed, he slowly and carefully wrote his first book, *The Disappearance* of the Universe, over a period of nine years. Gary has been described as one of the most interesting and courageous spiritual speakers in the world. Over the past several years, he has lectured throughout the U.S., Canada, Australia, England, and Costa Rica; and was the keynote speaker at the International A Course in Miracles Conference in Salt Lake City in 2005. He is also the author of Your Immortal Reality.



Website: www.GaryRenard.com



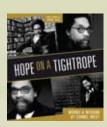
October 15, 2009 USA \$25.95 • Hardcover 6" x 9" • 978-1-4019-2189-7

Print Run: 200,000

Marketing: National TV, Print, Radio, and Internet Advertising

Rights: World Rights

#### **ALSO AVAILABLE:**



Hope on a Tightrope Cornel West USA \$19.95 Hardcover-with-CD • 5-3/4" x 6-1/2" 978-1-4019-2186-6

#### **Brother West**

Living and Loving Out Loud: A Memoir



SMILEYBOOKS

CORNEL WEST WITH DAVID RITZ

New York Times best-selling author Cornel West is one of America's most provocative and admired public intellectuals. Whether in the classroom, the streets, the prisons, or the church, West's penetrating brilliance has been a bright beacon shining through the darkness for decades. Yet, as he points out in this new memoir, "I've never taken the time to focus on the inner dynamics of the dark precincts of my soul."

That is, until now.

Brother West is like its author: brilliant, unapologetic, full of passion yet cool. This poignant memoir traces West's transformation from a schoolyard Robin Hood into a progressive cultural icon. From his youthful investigation of the "death shudder" to why he embraced his calling of teaching over preaching, from his three marriages and his two precious children to his near-fatal bout with prostate cancer, West illuminates what it means to live as "an aspiring bluesman in a world of ideas and a jazzman in the life of the mind." Woven together with the fibers of his lifelong commitment to the prophetic Christian tradition that began in Sacramento's Shiloh Baptist Church, Brother West is a tale of a man courageous enough to be fully human, living and loving out loud.

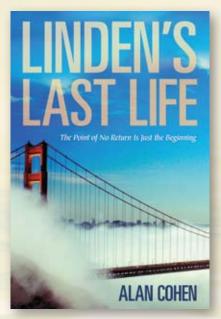
Educator and philosopher Cornel West is the Class of 1943 University Professor at Princeton University. Known as one of America's most gifted, provocative, and important public intellectuals, he is the author



of the contemporary classic Race Matters, which changed the course of America's dialogue on race and justice; and the New York Times bestseller Democracy Matters. He is the recipient of the American Book Award and holds more than 20 honorary degrees.

Award-winning writer David Ritz is the co-author of the autobiographies of Ray Charles, Marvin Gaye, Aretha Franklin, and B.B. King.





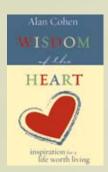
October 15, 2009 USA \$15.95 • Tradepaper • 6" x 9" 978-1-4019-2415-7

**Print Run: 20,000** 

Marketing: National Radio, Print, and Internet Advertising

Rights: World English

ALSO AVAILABLE:



Wisdom of the Heart Alan Cohen USA \$12.95 • Hardcover Puffy Book 4-1/2" x 7" • 978-1-56170-952-6

#### Linden's Last Life

The Point of No Return Is Just the Beginning

ALAN COHEN

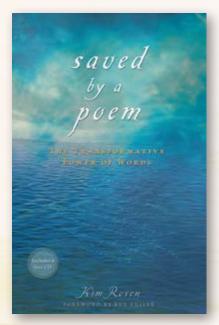
Just as down-and-out Linden Kozlowski is about to end it all, he's intercepted by a monk who convinces him that if he runs away from life, he'll have to return, and his problems will just get worse. To escape the pain of the world forever, Linden stays alive long enough to make a mystical deal to never be reborn again.

When a strange and unexpected turn of events occurs, Linden has second thoughts about his decision . . . but can he reverse it? His extraordinary adventure literally takes him to the ends of the earth, where he gathers allies, faces overwhelming forces, and realizes that he must decide if life is worth living and if love is more powerful than destiny. In this compelling novel, Alan Cohen captures a theme many readers will relate to.

Alan Cohen is the author of many popular inspirational books and is a contributing writer for The New York Times best-selling series Chicken Soup for the Soul. He keynotes for conferences internationally and presents seminars on applied human potential. Alan resides

with his family in Maui, Hawaii.





October 1, 2009 USA \$15.95 • Tradepaper-with-CD 6" x 9" • 978-1-4019-2146-0

Print Run: 10,000

Marketing: National Radio, Print, and Internet Advertising

Rights: World Rights

#### Saved by a Poem

The Transformative Power of Words

KIM ROSEN FOREWORD BY EVE ENSLER

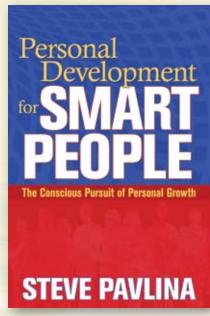
In these times of global and personal uncertainty, why turn to poetry? In Saved by a Poem, **Kim Rosen** reveals how a poem can be a companion through difficulty—acting as a guide when we are lost; a salve when we are wounded; and a conduit to insight, freedom, and joy.

Since Kim understands that many avoid poetry because they are intimidated or "just don't get it," she offers a new way to experience a poem. She rejects the traditional academic approach and encourages you instead to feel the poem as an affirmation or prayer that brings every level of who you are—your thoughts, feelings, and even your physical energies—into alignment with what matters most. This can help you gain deeper insight into your life and may just inspire a profound transformation.

Kim weaves her story with those of people around the world who use poetry to light a path through the darkest moments. She teaches how to select a poem with personal significance, how to find your voice, and how to free your expression from fear and habit. Speaking poetry aloud brings its medicine to all who hear it—dissolving separation, fostering truth, and awakening the heart. Also included is a CD featuring well-known authors and visionaries reading a favorite poem and discussing its impact on their lives.

Kim Rosen is a poet, spoken-word artist, and teacher of self-transformation. She is co-creator of several CDs of poetry and music, most recently Only Breath, an interweaving of music and mystical poems from around the world. Kim has given poetry concerts, lectures, and workshops in venues from cathedrals to juvenile lockdown facilities and has been on the faculty of Wisdom University, the Omega Institute, and Kripalu. She is a graduate of Yale University and has an MFA in poetry from Sarah Lawrence College. When not delivering poetry or giving workshops in various corners of the world, Kim lives in California.

Website: www.kimrosen.net



October 15, 2009 USA \$15.95 • Tradepaper 6" x 9" • 978-1-4019-2276-4

Print Run: 20,000

Marketing: National Print, Radio, and Internet Advertising

Rights: World Rights

## Personal Development for Smart People

The Conscious Pursuit of Personal Growth

STEVE PAVLINA

Steve Pavlina's groundbreaking book reveals the unvarnished truth about what it takes to consciously grow as a human being. As you read, you'll learn the seven universal principles behind all successful growth efforts (truth, love, power, oneness, authority, courage, and intelligence); as well as practical, insightful methods for improving your health, relationships, career, finances, and more.

You'll see how to achieve the following:

- Become the conscious creator of your life instead of feeling hopelessly adrift.
- Enjoy a fulfilling career that honors your unique self-expression.
- Attract empowering relationships with loving, compatible partners.
- Wake up early feeling motivated, energized, and enthusiastic.
- Achieve inspiring goals with disciplined daily habits.
- Resolve conflicts between logic and intuition to awaken your inner genius.
- Earn abundant income by contributing genuine value to others.

With its refreshingly honest yet highly motivating style, this fascinating work will help you courageously explore, creatively express, and consciously embrace your extraordinary human journey.

Steve Pavlina is widely recognized as the most successful personal-development blogger on the Internet, attracting more than two million monthly readers who value his unique insights. Instead of posing as a self-help guru with all the answers, Steve encourages people to fearlessly conduct their own personal-growth experiments in order to learn through direct experience. He has written more than 700 free articles, often challenging his readers to question what they've been taught and to consider alternative perspectives. Blue-eyed, color-blind, and left-handed, Steve is the voice



perspectives. Blue-eyed, color-blind, and left-handed, Steve is the voice of recessive genes that seek creative expression instead of social conformity.

## BEST OF WYLAND

October 1, 2009 USA \$39.95 • Hardcover 9-3/4" x 10-1/2" • 978-0-9819709-2-9

Print Run: 20,000

Marketing: National Radio, Print,

and Internet Advertising

Rights: World Rights

#### Distributed by Hay House

#### Best of Wyland



WYLAND

Long before today's global environmental movement, Wyland was bringing life-size images of giant whales to buildings in the hearts of many of the world's great cities. In Best of Wyland, the indisputable creativity of this showman for the environment comes alive with rare photographs, behind-the-scenes stories of his rags-to-riches success, and removable facsimile memorabilia—from drawings and plans for his half-mile-long mural for the Beijing Olympics, mural tours, eco-projects, and monumental sculptures to rare images of his underwater scuba-diving adventures. It's a never-before-seen peek into the mind of one of the most transformative figures in American art and environmental awareness.

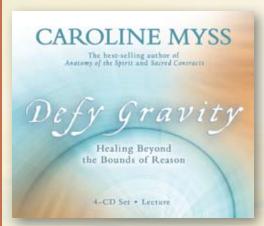
Marine-life artist **Wyland** is one of America's most creative influences and a leading advocate for oceanic resource conservation. For more than 25 years he has traveled the globe, capturing the raw power and beauty of the undersea universe; his beautiful work is sought by millions of collectors.



Since 1993, his nonprofit Wyland Foundation has supported numerous conservation programs, including Wyland's monumental

Whaling Wall project—an epic series of 100 life-size marine murals that an estimated one billion people view every year. The foundation, partnering with Scripps Institution of Oceanography, teaches millions of students and inspires people of all ages to become proponents of our oceans and precious water resources. The Wyland Foundation promotes environmental preservation through education programs, public arts projects, and community events.

Websites: www.wyland.com and www.wylandfoundation.org



October 13, 2009 USA \$23.95 • 4-CD Set 978-1-4019-2293-1

Print Run: 15,000

Marketing: Author Lecture Tour Including I Can Do It!® 2009 and Canada; National Radio, Print, and Internet Advertising. Online Marketing Campaign – Over 2 Million E-mails.

**Rights:** World Rights

# CAROLINE MYSS Gravity Caroline Myss USA \$24.95 • Hardcover • 6" x 9" 978-1-4019-2290-0

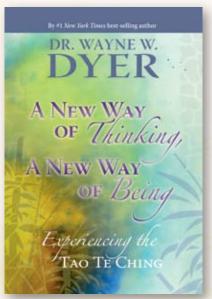
#### **Defy Gravity**

Healing Beyond the Bounds of Reason
CAROLINE MYSS

New York Times best-selling author Caroline Myss draws from her years as a medical intuitive to show that healing is not only physical—it is also a mystical phenomenon that transcends reason.

Inspired by ordinary people who overcame a wide array of physical and psychological ailments—from rheumatoid arthritis to cancer—Caroline dove into the works of the great mystics to gain a deeper understanding of healing's spiritual underpinnings. Based on these studies, she demonstrates how conventional and holistic medicine often fall short in times of need. Both systems rely upon a logical approach to curing illness when there is nothing reasonable about the emotional, psychological, or spiritual influences behind any ailment.

Integral to this mystical healing approach is the engagement of the soul, which we experience through exploring our seven shadow passions, building an empowered inner self around our seven inherent graces, and learning how to work with the mystical laws that govern the soul. This knowledge holds the key to understanding what it means to defy gravity and break through the boundaries of ordinary thought. You can heal any illness. You can channel grace. And you can learn to live fearlessly.



November 1, 2009 USA \$14.95 • Hardcover Puffy Book 5" x 7" • 978-1-4019-2151-4

Print Run: 30,000

Marketing: National Author Lecture Tour Including I Can Do It!® 2009 and Canada; National Radio, Print, and Internet Advertising

Rights: World Rights

#### A New Way of Thinking, A New Way of Being

**Experiencing the Tao Te Ching** 

DR. WAYNE W. DYER

This beautiful book offers you an opportunity to internalize and directly experience the great wisdom of the Tao Te Ching, a collection of 81 verses authored by Chinese prophet Lao-tzu 25 centuries ago.

The words Tao Te Ching translate to "living and applying the Great Way." The Tao is considered by many scholars to be the wisest book ever written, and it encourages you to change your life by literally changing the way you think.

Within these pages, Dr. Wayne W. Dyer has broken down the verses into bite-size pieces so that you can slowly absorb these powerful thoughts and imprint them into your consciousness.

Working with one concept at a time, you will come to know the truth behind the ancient Tao observation: When you change the way you look at things, the things you look at change.

#### **ALSO AVAILABLE:**

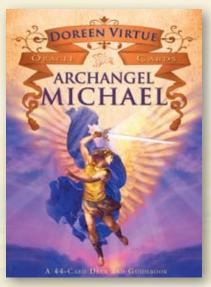


**Excuses Begone!** Dr. Wayne W. Dyer USA \$24.95 • Hardcover • 6" x 9" 978-1-4019-2173-6

Dr. Wayne W. Dyer is an internationally renowned author and speaker in the field of self-development. He's the author of more than 30 books, has created numerous audio



Website: www.DrWayneDyer.com



#### November 1, 2009 USA \$15.95 • 44-Card Deck 978-1-4019-2273-3

Print Run: 20,000

Marketing: Multi-city Author Tour Including I Can Do It!® 2009; National Print, Radio, and Internet Advertising

Rights: World Rights

#### **ALSO AVAILABLE:**



**Daily Guidance from Your Angels** Doreen Virtue USA \$25.95 • Tradepaper Gift Edition 6" x 9" • 978-1-4019-1716-6

#### **Archangel Michael** Oracle Cards



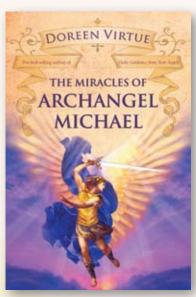
**DOREEN VIRTUE** 

Archangel Michael is a beloved, powerful protector and trustworthy guide. He knows your life's purpose and the best steps for you to take next. The 44 cards in Doreen Virtue's deck feature messages for you from Archangel Michael and beautiful paintings of this magnificent angel. You'll also receive answers to your most pressing questions and concerns. An accompanying guidebook gives you step-by-step instructions on how to conduct accurate, safe, and incredibly healing readings for yourself and others.

> and Ph.D. degrees in counseling of numerous books and audio programs. She has appeared

> > Website: www.AngelTherapy.com

Doreen Virtue holds B.A., M.A., psychology; and is the author on The Oprah Winfrey Show, The View, Good Morning America, CNN, and other programs; presents workshops around the world; and also has a weekly call-in talk show on HayHouseRadio.com.



November 1, 2009 USA \$13.95 • Tradepaper 5-3/8" x 8-3/8" • 978-1-4019-2206-1

Print Run: 30,000

Marketing: Multi-city Author Tour Including I Can Do It!® 2009; National Print, Radio, and Internet Advertising

Rights: World Rights

## Now Available in Tradepaper!



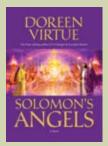
#### The Miracles of Archangel Michael

**DOREEN VIRTUE** 

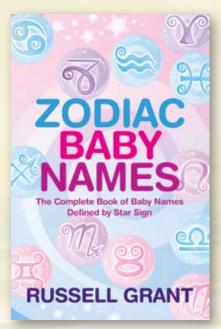
Archangel Michael is a powerful protector who helps everyone who calls upon him. In this enlightening work, **Doreen Virtue** teaches the many ways in which Michael brings peace to people everywhere. The book includes fascinating true stories of how Michael has protected people as they were driving, guided their careers, safeguarded their children . . . and even reveals his little-known talents for repairing mechanical and electronic machines!

You'll learn how to contact Michael; and discover ways to work with him for physical and emotional healing for yourself, your friends and family members, or your clients. The stories in this book will open your heart to the amazingly pure, unconditional love that Michael has for anyone who seeks his help. The Miracles of Archangel Michael will help you feel safe, protected, and very loved!

#### **ALSO AVAILABLE:**



Solomon's Angels
Doreen Virtue
USA \$12.95 • Tradepaper • 5" x 7"
978-1-4019-1787-6



November 1, 2009 USA \$12.95 • Tradepaper 6" x 9" • 978-1-4019-2326-6

Print Run: 10,000

Marketing: National Print, Radio, and Internet Advertising

Rights: World Rights

#### **Zodiac Baby Names**

The Complete Book of Baby Names Defined by Star Sign

#### **RUSSELL GRANT**

Choosing your baby's name is incredibly important, as the name carries a unique weight and meaning that the girl or boy will carry for life. The meaning of a name is often the reason behind the choice, but what about other, more fascinating, influences? Astrology has helped shape and guide us for millennia, and can even reveal hidden aspects of our potential and personality. The stars are able to give a fresh dimension to our names, so selecting one is not the exclusive reserve of the newly born, but is for adults, too!

If you're looking for a name to suit your child (or even yourself!), this comprehensive A–Z guide from **Russell Grant** is ideal. Arranged by sun sign, with a special appendix covering the planetary rulers, it has everything you need to decide on the right name to bring out the best in your baby or you, including:

- A special fact file for each zodiac sign
- The influence of the planets on every name
- Thousands of names from around the world

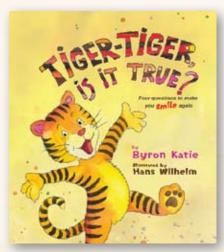
Choosing your baby's name has never been so much fun!

Russell Grant is one of the U.K.'s most popular astrologers and media personalities. Renowned for his knowledge of astrology spanning 40 years, and his Aquarian charm and charisma, he burst into the media with dozens of TV and



radio programs across the world, and hundreds of magazine and newspaper columns. Russell was the first BBC astrologer, and the first Internet astrologer on AOL.

Website: www.russellgrant.com



November 15, 2009 USA \$14.95 • Hardcover 9" x 10-1/4" • 978-1-4019-2560-4

Print Run: 25,000

Marketing: Appearance at I Can Do It!® 2009; National Radio, Print, and Internet Advertising

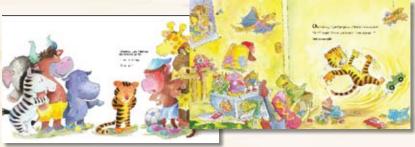
Rights: World Rights

#### Tiger-Tiger, Is It True?

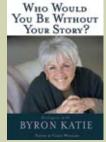
Four Questions to Make You Smile Again

**BYRON KATIE AND HANS WILHELM** 

Tiger-Tiger, Is It True? is a story about a little tiger who thinks that his whole world is falling apart: his parents don't love him, his friends have abandoned him, and life is unfair. But a wise turtle asks him four questions and everything changes. He realizes that all of his problems are not caused by things, but by his thoughts about things; and that when he questions his thoughts, life becomes wonderful again. This is a heartwarming story with a powerful message that can transform the lives of even very young children. Byron Katie's wisdom-filled words and Hans Wilhelm's vivid, magical illustrations combine to make a book that will become one of the classics of children's literature.

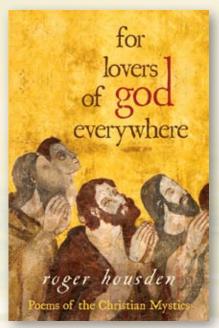


#### **ALSO AVAILABLE:**



Who Would You Be Without Your Story? Byron Katie USA \$17.95 • Tradepaper • 6" x 9" 978-1-4019-2179-8 Byron Katie's simple yet powerful method of inquiry into the cause of all suffering is called The Work. Since 1986, she has introduced The Work to millions of people throughout the world. Her best-selling books have been translated into 29 languages. This is her first children's book.

With over 35 million books in print, Hans Wilhelm is one of America's foremost authors/illustrators of children's books. Many of his 200 books have been translated into 20 languages and have become successful animated television series that are enjoyed by children all over the world. His books have won numerous international awards and prizes.



November 1, 2009 USA \$14.95 • Tradepaper 5-3/8" x 8-3/8" • 978-1-4019-2387-7

Print Run: 10,000

Marketing: National Print, Radio, and Internet Advertising

Rights: World Rights

#### For Lovers of God Everywhere

**Poems of the Christian Mystics** 

**ROGER HOUSDEN** 

Roger Housden, author of the best-selling Ten Poems to Change Your Life, celebrates the growing popularity of mystical poetry with this beautiful compilation from the Christian contemplative tradition. Although the writings of the Sufi mystics (Rumi and Hafez) and the Indian mystics (Mirabai and Kabir) have reached a wide audience in recent years, the poetry of the Christian mystics has yet to be discovered by a general audience. For Lovers of God Everywhere, a collection of nearly 100 poems from both historic and contemporary writers, heralds the reemergence of the great spiritual voices of the Christian tradition—a tradition with its own love songs to God, cries of longing, and bliss of union.

In this collection, Roger introduces us to some of the fore-most poets of both the Eastern and Western Christian traditions. He takes us from the wisdom of the Desert Fathers to the passion of St. Augustine, through the medieval ecstasies of St. Francis of Assisi and St. Catherine of Siena to the subtleties of St. John of the Cross and St. Teresa of Avila; and on to contemporary voices such as Rainer Maria Rilke, T. S. Eliot, and Mary Oliver. Roger's insightful commentary on each poem inspires us to take its words more deeply into our souls and shows how the mystical tradition transcends sectarian divides and speaks to the heart of humanity.

Roger Housden is the author of 17 books, including the Ten Poems series, as well as Seven Sins for a Life Worth Living; Dancing with Joy; Risking Everything; How Rembrandt Reveals Your Beautiful, Imperfect Self; Chasing Rumi; and Sacred Journeys in a Modern World. He is a respected lecturer who presents in both the private and corporate arenas on the transformational power of poetry and living a life of meaning. His work has been featured many times in O, The Oprah Magazine; The New York Times; and the Los Angeles Times. He has written feature articles for The Guardian newspaper and has been an interviewer for BBC radio. Roger resides in Marin County, California.

Website: www.rogerhousden.com





November 1, 2009 USA \$16.95 • Tradepaper 7" x 9" • 978-1-4019-2204-7

Print Run: 10,000

Marketing: Appearance at I Can Do It!® 2009; National Radio, Print, and Internet Advertising

#### The Core Balance Diet— Now Available in Spanish!

#### La dieta del equilibrio esencial

4 semanas para incrementar su metabolismo y perder peso para siempre

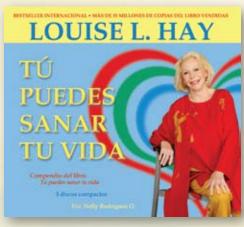
MARCELLE PICK, N.P., WITH GENEVIEVE MORGAN

From the co-founder of Women to Women, one of the first clinics in the country devoted to providing health care for women by women, comes a whole new way to look at weight loss: The Core Balance Diet. Marcelle Pick draws upon decades of patient and personal experience to solve the mystery of stubborn, frustrating weight gain in women, whether you've just gained it or have been struggling with it for years. This breakthrough program, which has benefited many of the thousands of women who visit the clinic each year, is rooted in cuttingedge nutritional science that explores the weblike relationship between women's hormones, metabolism, and weight gain. In clear terms, Marcelle connects the dots between self-knowledge, self-care, and the ability to lose weight, extending the concept of body-mind-spirit to demonstrate why and how a woman's biography becomes her biology.

Marcelle Pick, RNC, MSN, OB/GYN NP, co-founded Women to Women in 1983 with a vision to change the way in which women's health care is delivered. Women to Women pioneered the combination of alternative and conventional medicine in women's health, using a holistic approach that not only treats illness but also helps women make choices in their lives to prevent disease. Women to Women continues this practice, seeing thousands of women from around the world each year.



Marcelle earned a BS in Nursing from the University of New Hampshire School of Nursing, a BA in Psychology from the University of New Hampshire, and her MS in Nursing from Boston College–Harvard Medical School. She is certified as an OB/GYN nurse practitioner and a pediatric nurse practitioner; and is a member of the American Nurses Association, American Nurse Practitioner Association, and American Holistic Nurses Association. Marcelle has served as medical advisor to Healthy Living magazine, lectured on a variety of topics—including "Alternative Strategies to Healing" and "Body Image"—and appears regularly on television to discuss women's health.



November 1, 2009 USA \$19.95 • 3-CD Set 978-1-4019-2664-9

Print Run: 10,000

Marketing: Multi-city Author Tour Including I Can Do It!® 2009; National Radio, Print, and Internet Advertising

#### Best-selling You Can Heal Your Life CD Set— Now Available in Spanish!

#### Tu Puedes Sanar Tu Vida

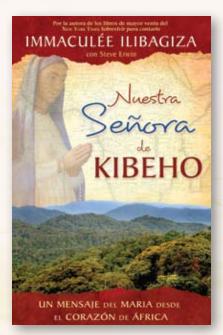
LOUISE L. HAY

Louise L. Hay's key message in this powerful work is: "If we are willing to do the mental work, almost anything can be healed." She explains how limiting beliefs and ideas are often the cause of illness, and how you can change your thinking . . . and improve the quality of your life!

## ALSO AVAILABLE IN SPANISH:



Usted Puede Sanar Su Vida (You Can Heal Your Life) Louise L. Hay USA \$12.95 Tradepaper • 84-86344-65-4 NEW TITLES FOR 2009



December 1, 2009 USA \$12.95 • Tradepaper 5-3/8" x 8-3/8" • 978-1-4019-2379-2

Print Run: 15,000

Marketing: National Radio, Print, and Internet Advertising

# ALSO AVAILABLE IN SPANISH:



Sobrevivir para contarlo (Left to Tell) Immaculée Ilibagiza with Steve Erwin USA \$14.95 Tradepaper • 6" x 9" 978-1-4019-1202-4

# Best-selling Our Lady of Kibeho— Now Available in Spanish!

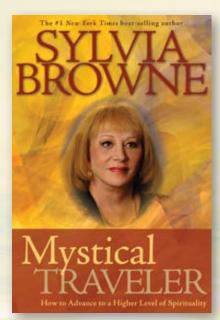
## Nuestra Señora de Kibeho

Un mensaje de María desde el corazón de África

IMMACULÉE ILIBAGIZA WITH STEVE ERWIN

Thirteen years before the bloody 1994 genocide swept across Rwanda, leaving a million people dead, the Virgin Mary and Jesus appeared to several young people in the remote Rwandan village of Kibeho. Through the young visionaries, Mary and Jesus warned of the looming genocide, which they assured could be averted if Rwandans opened their hearts to God and embraced His love. As at other Marian (related to the Virgin Mary) sites, such as Fátima and Lourdes, the visionaries were at first mocked and disbelieved. But as miracle after miracle occurred in the tiny village, tens of thousands of Rwandans and pilgrims from across Africa and Europe journeyed to Kibeho to behold the apparitions. For years, countless onlookers listened as the Holy Mother spoke through the young African visionaries of God's love-messages Mary and Jesus insisted were meant not only for Rwandans, but for the entire world to hear.

While some discounted the apparitions as a hoax, doctors, psychologists, and scientists agreed that what happened in Kibeho could not be explained by modern science. After two decades of rigorous investigation, the Vatican authenticated the visions in 2001. Our Lady of Kibeho became the first and only Marian site in all of Africa. But the story of Kibeho remains largely unknown. Immaculée Ilibagiza has changed all that with Our Lady of Kibeho. She made many pilgrimages to Kibeho both before and after the genocide, personally witnessed true miracles, and spoke with a number of the visionaries themselves. Her deeply personal and moving story is certain to touch the hearts of thousands and help spread the messages of love, hope, and peace delivered by the Holy Mother and Jesus in Kibeho throughout the world—a world desperately in need of Divine inspiration.



December 1, 2009 USA \$14.95 • Tradepaper 6" x 9" • 978-1-4019-1862-0

Print Run: 50,000

Marketing: Author Lecture Tour Including I Can Do It!® 2009 and Canada; National Radio, Print, and Internet Advertising

Rights: World Rights

# Now Available in Tradepaper!

# **Mystical Traveler**

How to Advance to a Higher Level of Spirituality

SYLVIA BROWNE

Sylvia Browne takes us on another incredible journey . . . this time presenting information about the mystical traveler. She explains the difference between mystical travelers and mission-life entities; and goes into great detail about who they are and what they do, as well as how we can become advanced souls, too!

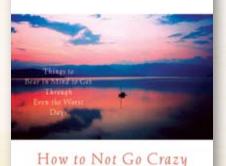
Combining factual research garnered in her trance mediumship with new insights from her spirit guide Francine, Sylvia illustrates the necessary steps to advance to a higher level of spirituality using tools such as the Eight Golden Keys of Knowledge and the Seven Rays of God. She then takes us a step further and guides us through the process of becoming mystical travelers.

## ALSO AVAILABLE:



Temples on the Other Side Sylvia Browne USA \$14.95 • Tradepaper • 6" x 9" 978-1-4019-1746-3

# Ben Stein The Eyes of Faith



December 1, 2009 USA \$9.95 • Tradepaper 5" x 7" • 978-1-4019-2552-9

Print Run: 10,000

Marketing: National Radio, Print, and Internet Advertising

Rights: World Rights

# The Eyes of Faith

How to Not Go Crazy: Things to Bear in Mind to Get Through Even the Worst Days

#### **BEN STEIN**

An emotion common to humankind is fear. Fear dogs our days, makes us lose sleep, ruins our relationships, and takes the joy out of living. The strongest, best defense against that emotion is to see through the eyes of faith. As such, **Ben Stein** brings you 500 ways to look at life in this way so that you can triumph over fear.

Ben absorbed many of the positive thoughts within these pages at 12-step meetings he has attended; he has applied them to his own life, and he has found that they work. They're simple, but extremely effective. For example:

- I do not know exactly why faith and surrender work. I just know that they do work.
- Say it to yourself and believe it: My life is a great place to be today. I would rather be me than anyone else, and that's saying something.
- Life is about waking up, breaking up, shaking up, making up . . . and meditation to keep the human spirit calm.
- There are two forms of worship: worship of God and worship of ourselves. Guess which kind works?

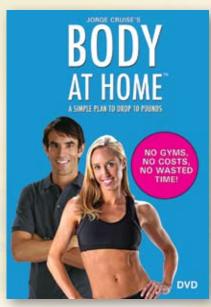
Taken regularly, concepts such as these will make your life easier, calmer, and definitely more enjoyable!

**Ben Stein** can be seen talking about finance on Fox TV news every week and writing about it regularly in *The New York Times* Sunday Business section. He has written about finance for *Barron's* and *The Wall Street Journal* for decades. He was one of the chief busters of the junk-bond frauds of the 1980s, has been a longtime critic of corporate executives' self-dealing, and has co-written nine self-help books about personal finance. He frequently travels the country speaking about finance in both serious and humorous ways, and is a regular contributer to CRS News Sunday Marring and the Fox News



and is a regular contributor to CBS News Sunday Morning and the Fox News Network.

Website: www.benstein.com



May 5, 2009 USA \$12.95 • DVD

978-1-4019-2651-9 **Print Run:** 40,000

Marketing: National Print, Radio, and Internet Advertising

Rights: World Rights

# **ALSO AVAILABLE:**



The 12-Second Sequence Workout DVD Jorge Cruise USA \$12.95 • DVD 978-1-4019-1984-9

# Jorge Cruise's Body at Home™

A Simple Plan to Drop 10 Pounds

**JORGE CRUISE** 

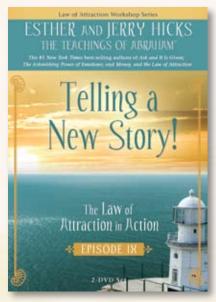
Use this DVD at home to sculpt your body and drop 10 pounds without wasting money on gym memberships. America's #1 best-selling fitness author Jorge Cruise will get you in shape in just 20 minutes 3 times a week without any gym visits required! This DVD includes three workout sessions and one bonus travel workout.

Jorge Cruise personally struggled with weight as a child and young man. Today he is recognized as America's leading wellness expert for busy people. He's the author of two New York



Times bestsellers: 8 Minutes in the Morning®, published in 14 languages; and The 3-Hour Diet™. Jorge coaches clients daily at 12Second.com and 3HourDiet.com and is the exclusive weightloss coach for AOL's 23 million members. Each Sunday his USA WEEKEND magazine column is read by more than 50 million readers in 600 newspapers nationwide. He has appeared on The Oprah Winfrey Show, CNN, Good Morning America, The Today Show, Dateline NBC, The View, The Tyra Banks Show, and VH1.

Jorge lives in San Diego, California, with his wife and two sons.



June 15, 2009 USA \$19.95 • 2-DVD Set 978-1-4019-2579-6

Print Run: 10,000

Marketing: National Print, Radio, and Internet Advertising

Rights: World Rights

# **ALSO AVAILABLE:**



Joyous Adventure!
The Law of Attraction in Action,
Episode VIII
Esther and Jerry Hicks
USA \$19.95 • 2-DVD Set
978-1-4019-2381-5

# Telling a New Story!

The Law of Attraction in Action, Episode IX

ESTHER AND JERRY HICKS (The Teachings of Abraham®)

This DVD program covers some fascinating topics, including:

Individual identity vs. group consciousness:
Discussing the benefits of both.

**Do things have an intrinsic meaning?** "Meaning," Abraham says, "is in the eye of the beholder."

**It's my kids, Abraham!** Four kids. Four separate issues. Abraham addresses them all.

Could teen's pleasures pay off? Surfing, playing guitar, having philosophical discussions . . . how can he make money and do the things he loves?

**Spending money, guilt free:** "Where did you get the idea that participating in the economic system is somehow wrong?" Abraham takes a look at shortage consciousness.

Martin Luther King: Oh, he had a dream, all right! The empowered version of his life story through the eyes of Source.

What is an energy vortex? Abraham defines and demonstrates.

The language of vibration: A discussion of healing sounds and ancient languages.

**Changing careers:** A medical doctor wants to do something different. Career counseling—Abraham-style.

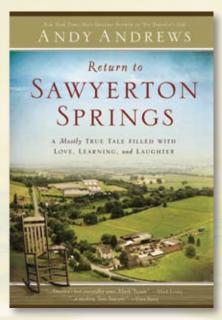
**Gloom-and-doom forecasts:** "Freedom from negative emotion does not mean depriving yourself of exposure to experience. It means tuning yourself to the best of every experience."

**Tell a new story:** A patented, full-throttle Abraham rampage that will leave you sparkling!

Is it possible to change an inherited trait? "We want to take this to a new level of understanding," Abraham begins.

A sex warm-up: How to prepare for a "delicious physical intertwining."

#### RECENTLY RELEASED!



July 1, 2009 USA \$19.99 • Hardcover 5-1/2" x 8-1/2" • 978-0-9819709-1-2

Print Run: 150,000

Marketing: National Print, Radio, and Internet Advertising

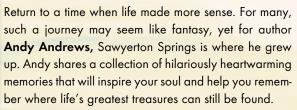
Rights: World Rights

# Distributed by Hay House

# Return to Sawyerton Springs



ANDY ANDREWS



Filled with an unforgettable cast of characters, this book will engage your mind and heart. You will recall the simple joy of living while laughing to the point of tears. So take a deep breath, and prepare to rekindle your spirit as you return to Sawyerton Springs.



Hailed by The New York Times as someone who has "quietly become one of the most influential people in America," **Andy Andrews** is a best-selling novelist and in-demand speaker for some of the world's largest organizations. The Traveler's Gift, a featured book selection of ABC's Good Morning America, has been translated into more than 20 languages and was on every bestseller list in the country for months.

Andy has spoken at the request of four U.S. Presidents and toured military bases around the world at the request of the Department of Defense. Arguably, there is no single person on the planet better at weaving subtle yet life-changing lessons into riveting tales of adventure and intrigue—both on paper and onstage.

Learn more at: www.AndyAndrews.com

# The state three described as you don't need to be all stoogs to have a state. I looke to clear the made in success and profit described as the control of the state of the sta

July 1, 2009 USA \$14.99 • Tradepaper 6" x 9" • 978-0-9819709-0-5

Print Run: 75,000

Marketing: National Print, Radio, and Internet Advertising

Rights: World Rights

# Distributed by Hay House

# The Richest Kids in America



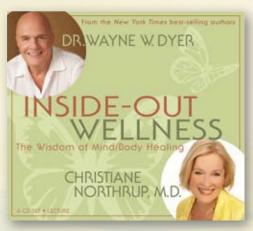
How They Earn It, How They Spend It, How You Can Too

MARK VICTOR HANSEN

Get ready to meet some amazing entrepreneurial superstars who are living their dreams and making a big difference doing it. They've shared their stories to inspire you, teach you, and show you that your own opportunities are endless. How did they discover their passion? What were their first steps to building their businesses? Who supported them along the way? Why do they all choose to give back to their communities? In this book by Mark Victor Hansen, you'll learn the key principles that catapulted each of these incredible young entrepreneurs to success and how these same principles will lead you to a life of ultimate fulfillment.

Mark Victor Hansen is one of the most respected authorities in the area of human potential and has created change around the world for more than 30 years. As the cocreator of the best-selling Chicken Soup for the Soul series, he has achieved phenomenal success with 144 million books sold and 200 titles in print, in 41 different languages. The Richest Kids in America is his latest project, and it will inspire readers of every age to wake up their inner being and obtain their true financial freedom!

#### RECENTLY RELEASED!



August 15, 2009 USA \$23.95 • 4-CD Set 978-1-4019-2630-4

Print Run: 20,000

Marketing: National Print, Radio and Internet Advertising

Rights: World Rights

## Inside-Out Wellness

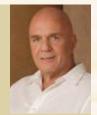
The Wisdom of Mind/Body Healing
DR. WAYNE W. DYER AND

DR. WAYNE W. DYER AND CHRISTIANE NORTHRUP, M.D.

This inspirational and informative 4-CD program features two of the leading experts in the field of self-development and health. As you listen, you'll discover how to transform the old habits, traditional beliefs, and everyday thoughts that keep you from becoming all that you can be. **Dr. Wayne W. Dyer** will show you how to change your self-defeating thinking habits and live in the flow of harmony and peace: "When you let go of your excuses and retrain your thinking, you can create the life you want."

Christiane Northrup, M.D., invites you to rewire your thought patterns and let your past go so you can reawaken your passions and follow your bliss: "When you dare to cultivate pleasure instead of stress, you create a life of unbridled joy and vibrant health." Together, these two best-selling authors address the false beliefs you harbor regarding mind/body wellness, illuminate what is actually true, and reveal how you can use that knowledge to heal and empower yourself from the inside out!

**Dr. Wayne W. Dyer** is an internationally renowned author and speaker in the field of self-development. He's the author of more than 30 books, has created numerous audio programs and videos, and has appeared on thousands of television and radio shows. Wayne holds a doctorate in educational counseling from Wayne State University and was an associate professor at St. John's University in New York.

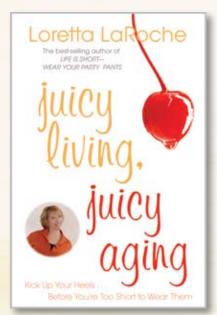


Website: www.DrWayneDyer.com

Christiane Northrup, M.D., a board-certified ob-gyn, is a visionary pioneer; beloved authority in women's health and wellness; and the author of the New York Times bestsellers Women's Bodies, Women's Wisdom and The Wisdom of Menopause. Her third book, Mother-Daughter Wisdom, was voted Amazon's #1 book of the year in both Parenting and Mind-Body Health in 2005. Following a 25-year career in both academic medicine and private practice, Dr. Northrup now devotes her time to helping women truly flourish on all levels through tapping into their inner wisdom.



Website: www.DrNorthrup.com



August 1, 2009 USA \$14.95 • Tradepaper • 5-1/4" x 8" 978-1-4019-2568-0

Print Run: 25,000

Marketing: Appearance at I Can Do It!® 2009; National Print, Radio, and Internet Advertising

Rights: World English

# ALSO AVAILABLE:



Lighten Up! Loretta LaRoche USA \$18.95 • Hardcover 5-1/4" x 8" 978-1-4019-2157-6

# Juicy Living, Juicy Aging

Kick Up Your Heels Before You're Too Short to Wear Them

#### LORETTA LAROCHE

In her most deeply personal book yet, **Loretta LaRoche** addresses the most exciting challenge that we all face—one that she now finds herself confronting every day: How do we age well? And can humor, dignity, honesty, wisdom, and other virtues ease the path?

Our society is youth obsessed: beauty products, special exercises, designer vitamins, plastic surgery, and certain medications are promoted as the ways to enhance our lives. While these formulas may have some merit, they're not enough to prepare us for a rich, authentic life filled with passion and juiciness. Why do we wait until we're almost dead before we focus on how to age well? Every school system in the country should be preparing us for this inevitable part of our soul growth!

With her trademark wit and practical knowledge, Loretta tackles the issue of how to live a long, healthy, juicy life—using herself and many of her friends and mentors as metaphors. Filled with practical advice, lifestyle skills, wisdom, and spirituality, Juicy Living, Juicy Aging is a mental health spa that will inspire you and your family to live with joy, harmony, and peace while you still have the time!

Loretta LaRoche, the best-selling author of Life Is Short—Wear Your Party Pants and Squeeze the Day, among other works, is a stress-management consultant who advocates humor, optimism, and resiliency as

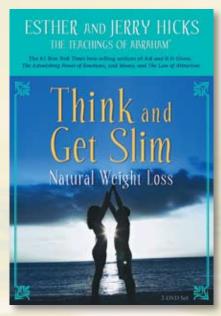


coping mechanisms. She uses her wit and wisdom to help people learn how to take stress and turn it into strength, and how to see themselves as the survivors of their own lives—that is, to find the "bless in the mess."

Loretta is a favorite with viewers of her Public Television specials, as well as on the lecture circuit, where she presents an average of 100 talks per year. She lives in Plymouth, Massachusetts.

Website: www.LorettaLaroche.com

#### RECENTLY RELEASED!



August 1, 2009 USA \$29.95 • 2-DVD Set 978-1-4019-2655-7

**Print Run: 20,000** 

Marketing: National Print, Radio and Internet Advertising

**Rights:** World Rights

## Think and Get Slim

**Natural Weight Loss** 

ESTHER AND JERRY HICKS (The Teachings of Abraham®)

This Leading Edge DVD program is by **Esther** and **Jerry Hicks**, who present the teachings of the Non-Physical consciousness **Abraham**. In workshops held between 2006 and 2008, Abraham responded numerous times to questions about losing weight. This video presentation was compiled from ten of those workshops, and constitutes one of the most effective guides to natural weight loss ever created.

Rather than recommending diet and exercise, Abraham teaches you how to modify your thoughts to take advantage of the awesome leverage provided by the Law of Attraction.

## **ALSO AVAILABLE:**



Telling a New Story!
The Law of Attraction in Action, Episode IX
Esther and Jerry Hicks
USA \$19.95 • 2-DVD Set
978-1-4019-2579-6

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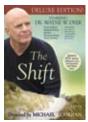
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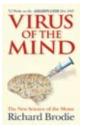
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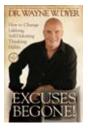
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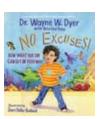
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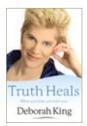
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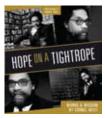
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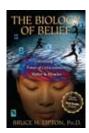
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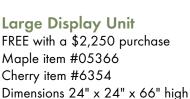


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