

# HEALING *for* HORSES

FOUR STORIES OF REMARKABLE HUMANS AND THE HORSES THEY HELPED.

A horse is good medicine, according to many people who have been helped or even healed of emotional, social and physical challenges with the help of an equine therapist. In this article, we turn the tables and share some truly remarkable stories of people who had nothing to lose (but a horse!) and decided to take a chance on trust...



# HOWARD WILLS

By Deborah Donohue

Howard Wills,  
Ayn Cates and  
her horse, Noble.



It was Ayn Cates Sullivan of California that introduced me to the work of Howard Wills. Ayn and her husband John Patrick Sullivan had befriended Howard when both were living in Kauai, Hawaii. In December of 2011, Ayn's beloved horse "Noble" broke its right rear leg up towards the hip in such a way that the leg twisted and the right rear hoof was actually pointing backwards. The horse was in excruciating pain. The veterinarian arrived soon thereafter, and unable to remedy the situation, was prepared to put the animal down. It was then that Howard called. Ayn told him what was about to transpire. Howard, who was sitting on his sofa in Hawaii at the time looking out at the sea, simply said. "You don't have to do that Ayn. I can heal him." Ayn put the phone up to Noble's ear and Howard talked to the horse across the miles of ocean and through the ethers. The first visible cue that something was shifting was that Noble's pain subsided. Within 15 minutes the swelling of the injured leg was down. Incredulously, Noble began flopping the leg around and was able to right its direction, the bone miraculously knitting itself together to the delight and astonishment of everyone present. A year later, Noble is still sound and able to be ridden.

When Howard came to visit Ayn and John Patrick in Ojai, Noble stood near Howard for forty minutes, unmoving, his gratitude evident to all. When I asked Howard what he did he told me he addressed "the stresses that encouraged the break," communicating with Noble through a "combination of thought, word and action" while accessing "intelligence and light" that affected Noble genetically and molecularly in a reorganization of the equine's cells at the level of the DNA.

Prayers that have come to Howard intuitively over the years are a vital component of his work. Wills believes the secret to the healing [path] are encoded in these prayers he has received. The words please and thank-you are often used in the invocations and Howard considers the prayers magic words that allow him to be in the right posture to receive, one of humility and gratitude.

Those that meet Howard are often struck by his unassuming manner and southern gentility. Born in South

Carolina in 1953, he was just twenty when, while attending the University of South Carolina, he had what he describes as a "transformational experience" with "The Light." According to Howard, the encounter had unforeseen results, "opening his perceptions and deepening his knowledge of the energetic nature of light and life and triggering profound healing abilities that soon became apparent to him and to others."

Shortly after this experience, a 20 year old friend of Howard's called him. His buddy had been diagnosed with a serious cancer and had been given six weeks to live. The friend was down to 60 pounds. The healing light, intelligence and frequencies that Howard was able to access on his friend's behalf instigated a healing process that ultimately returned his friend's health and vitality. It was Howard's first taste of being a conduit or receiver for healing energies that even today are not fully understood. It did set Howard on his life's path of healing work, which he continued quietly and privately for some twenty-five years.

In the nineties, Howard began to speak and work more publicly and today is widely respected for his healing abilities and spiritual insights.

## FOR MORE INFORMATION VISIT:

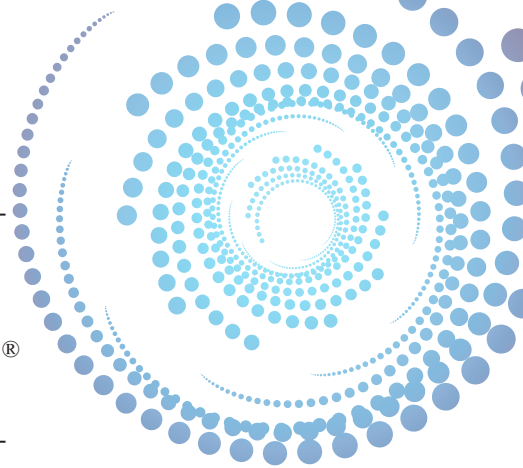
[www.howardwills.com](http://www.howardwills.com)

## OR CALL

310.650.2733

# RENEÉ COLTSON & By Deborah Donohue

## *RECONNECTIVE HEALING®*



# W

hen Reneé Coltson first encountered the sorrel thoroughbred that had pitched down an embankment in an improperly hitched trailer and spilled out along with two goats and another horse, she had to force herself to step out of her innate empathic nature and into the role of what she terms, “the masterful observer.” Entering the stall, she could see the racehorse’s tender eyelids had been heavily stitched, its tail almost severed, its liver was suspected to have been deeply damaged, and it had multiple lacerations on its legs and a tube to drain fluids around its girth. The prognosis for a full recovery and any rehabilitation was next to none. The sight would have shocked and saddened any horse lover, but strange as it may seem, empathy in the kind of healing Reneé excels at actually works against the process.

According to Reneé, “empathy implies that we have made a judgment regarding the situation at hand, and fuels the undesired conditions to perpetuate.”

This is analogous to the mistake of focusing your attention and energy on what you don’t want—in this case the severe injuries to the horse. Instead, the qualities of non-attachment and “neutral compassion” are the necessary components.

Reneé has mastered what is called Reconnective Healing®, accessing and interacting with a bandwidth of naturally occurring, yet invisible frequencies through which we can download light and information into physical cells at the level of the DNA. This is believed to create a vibratory shift at the atomic and sub-atomic levels, which in turn creates balance, enabling the body to restore and rejuvenate. Reneé did three healing sessions with the thoroughbred during which the need for heavy pain medications was alleviated and the animal’s condition began to improve. (In Reconnective Healing®, it is believed that initially three sessions are enough and what is necessary to occur for healing will have happened in those three sessions.)

Several months after the treatments, Reneé began to dream about the thoroughbred and called to follow up with its progress. She was told the horse was in peak condition and about to run in an upcoming race. The odds were 40-1 against the horse. Reneé considered placing a bet but did not book it in time. Amazingly, her prodigy came in first!

Reneé Coltson performs Reconnective Healing on a horse.



While much is still being researched and discovered about Reconnective Healing®, an important distinction versus some other healing modalities is that in Reconnective Healing® the practitioner acts as a catalyst for the frequencies, facilitating an entrainment of sorts, rather than sending or directing energies to an injury or specific place in the body. The Reconnective Healing® Practitioner simply stays fully present, feeling for and engaging the comprehensive bandwidth of frequencies that is Reconnective Healing®. Practitioners explain it as an alignment between themselves, God/Love/Universe and the person or animal who is to be healed. A team of world renowned scientists that include among others, William Tiller, Professor Emeritus of Stanford University, Gary Schwartz, PhD, and Konstantin Korotkov, PhD, have conducted extensive research, successfully quantifying the mysterious effects of light, information and energy on the body during the process known as Reconnective Healing®.

According to Reneé, “empathy implies that we have made a judgment regarding the situation at hand, and fuels the undesired conditions to perpetuate.”

Reneé’s philosophy is that “animals are sentient beings with a purpose and mission on this planet,” that “animals play an important role in the healing and evolution of the Earth and humanity” and that we are all partners in a planet-wide “heart-awakening” Along with her Reconnective Healing® work Reneé founded PIPH, Partnership in Planetary Healing, a non-profit organization, “dedicated to easing suffering and raising consciousness.” Reneé conducts interactive workshops at animal sanctuaries and rescue facilities in the USA as well as internationally, teaching *Reconnective Healing for Animals*®. She is also an Associate Instructor at *The Reconnection*, an organization started by one of the first to interact with these healing frequencies, Dr. Eric Pearl.

#### FOR MORE INFORMATION CONTACT:

[www.reneecoltson.com](http://www.reneecoltson.com)

[www.thereconnection.com](http://www.thereconnection.com)



## BILL TURNER

# “HANDS ON THE HORSE GUY”

By Callan Loessberg

Blood was dripping onto the ground from the horse’s left nostril as Bill Turner, the “Hands on the Horse Guy,” moved his hands and arms slowly around the gelding’s body, detecting any “ill-energy” and replacing it with healing frequencies.

Before Bill started the session, I had noticed the twenty-year-old National Show Horse owned by Kesley Collins of Sisters, Oregon moved and stood with the careful, somewhat protective demeanor familiar to anyone who has experienced surgery or a painful injury. Now, after a full body treatment with the Horse Magnetic Pulser, some restorative energy work derived from Reiki and ChiGong, and a dose of aromatherapy, the tall pinto took a deep belly breath and exhaled in obvious emotional and physical comfort, eyes half closed, lower lip relaxed.

“I don’t wonder or hope this [energetic healing] is going to work,” Bill states authoritatively, “I know. It works.”

Collins, an acclaimed Psychologist, successful author and public speaker, explained that her horse Calypso had an ethmoid hematoma in his head and that both nostrils had significant hemorrhagic discharge until the treatments from Bill began. I noticed the gelding’s right nostril was completely clear, appearing perfectly healthy. Additionally, Collins said, her once-athletic horse—a former 3-Day Eventer whose adventurous spirit and indefatigable body was seasoned in the rugged Sierra Nevada foothills—had been unridable due to a navicular problem. Since the Hands on the Horse Guy had begun treating the horse’s leg and whole being, Kelsey and her beloved Calypso, whom she has owned since the horse was six months old, had been riding again in the Oregon high country with no adverse effects. The light in Kelsey’s eyes revealed the outings were as significant a gift to her spirit as they were to Calypso.

I was listening but also watching Bill work. He was “running energy into” the gelding’s shoulder and I noticed Calypso was overtly leaning in toward his touch, clearly enabling the treatment. Bill continued to the horse’s head, holding it gently, and for five minutes the spirited gelding dropped his head into Turner’s hands, surrendering completely to the process. Then Turner whispered something into Calypso’s ear, kissed the horse on the forehead and announced the treatment was over. Calypso was returned to his paddock, walking fluidly and smoothly.

Next, we visited Katie Cavanaugh, who has herself received energy work from Bill, in addition to having her horse treated. Cavanaugh is an in-demand Life Coach and organizes large Healer’s Gatherings. She revealed that Bill had recently presented a ChiGong lecture and practice to eighty of her workshop participants, all of whom rated Bill’s segment as one of the most empowering

they had ever experienced. So far, the reviews were stellar but wouldn’t mind-body psychologists and enlightened life coaches be predisposed to interpret good results from healers such as Bill Turner? Maybe. But then there is Phil Rapp.

Cowgirls in the cutting horse world need no introduction to Phil Rapp, the all-time leading money earner and winningest trainer in National Cutting Horse Association history.



“Don’t Look Twice,” NCHA Horse of the Year is a long-time client of Bill Turner.

Phil is known as a straight-shooter, whose integrity is as solid as his no-nonsense cowboy attitude and spectacular results with cutting horses. Bill Turner worked closely with the Rapp team for three years, often traveling to high profile shows and futurities with them to provide energetic healing and “tune ups” to the world’s best cutting horses, including the mare “Don’t Look Twice.”

In 2011, the relationship—and Bill’s corral credibility—reached new heights when “Don’t Look Twice” earned the prestigious NCHA Horse of the Year Award.

According to Rapp, “I gave Bill my best horse and she just got better.”

The consistent benefits from the equine energy balancing and chi-boosting (author’s term) were apparent to all involved.

Rapp states succinctly: “If it wasn’t working Bill, you wouldn’t be here.”

But it does work and Bill Turner knows it. After completing thousands of equine treatments for clients’ horses, both barrel racers and cutter, their combined earnings tipped 2.6 million dollars.

“I don’t wonder or hope this [energetic healing] is going to work,” Bill states authoritatively, “I know. It works.”

Turner has studied Reiki, ChiGong, Jin Shin and other forms of energy healing for 30 years and approaches it with an expectation of success and a deep understanding of how the energy all around us—and inside us—can be assimilated to create perfect health.

As explained in *The Complete Guide to ChiGong* by Daniel Reid, “Restorative Energy Balancing activates the parasympathetic nervous system, thereby stimulating the production of neurochemicals which cause the endocrine system to secrete hormones that enhance vitality and boost immunity. The healing hormones in turn help sustain continued production of calming parasympathetic neurotransmitters, establishing a cycle of biofeedback that enables the body to heal itself naturally.”

Heeding an intuitive call to settle more permanently in one location, Bill Turner relocated to Sisters, Oregon in 2010, where he lives with his wife, Lorrie, their two beloved dogs, Bu and Buddy and his horse, Luke.

Turner is available for individual healing sessions and body therapies for both people and horses, and also offers seminars and workshops, both in the West and beyond. Land healing and remote healing are other fascinating service offered by Turner. If that’s not enough, Bill is also one of the few energy healers on staff at a traditional physical therapy office: Green Ridge Physical Therapy & Wellness in Sisters, Oregon.



I’m beginning to wonder how I can present such a profound life of service in a way that makes sense to people... In fact, I’m starting to feel a little ruffle of stress blowing across my psyche when Bill puts his hand gently on my forearm. Immediately, I take a deep, peaceful breath as tingles of reassuring energy swirl throughout my body. I know everything is going to be just fine.

**FOR MORE INFORMATION, TO ASK BILL TURNER A QUESTION OR TO SCHEDULE A TREATMENT OR SEMINAR, PLEASE CALL:**

541.410.3550

[handsonthehorseguy.com](http://handsonthehorseguy.com)

**GREEN RIDGE PHYSICAL THERAPY & WELLNESS, SISTERS. OR**

541.549.3534

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## CALIFORNIA COASTAL *HORSE RESCUE*

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By Deborah Donohue

California Coastal Horse Rescue in Ojai, California is a great example of how taking action to make a difference—even on a small scale—can touch lives and inspire others. The organization came into existence through the creative vision and unstoppable passion of Cindy Murphree, who believed she could create a sanctuary for wayward horses in need of food, shelter and love, and set out to do just that! She officially incorporated in the year 2000 with just a few horses, raising money through garage sales and other grass

roots efforts, and initially boarding her horses at private residences. Today Murphree calls ten idyllic acres in the Ojai Valley home, where she houses twenty to twenty five horses at a time—horses that would otherwise have been euthanized or have endured serious abuse or neglect.

**T**here are no paid staff members at CCHR, but a core group of volunteers ensures the horses are well cared for year-round. A unique educational arm of the organization offers free Wednesday evening riding lessons for volunteers each week who wish to participate, a popular thank you for their hard work and dedication. Murphree works closely with the Humane Society/Animal Control in Camarillo, California, who depend upon the CCHR (and several other local horse rescues) to place abandoned or confiscated horses. Retired sport (race) horses, abandoned and neglected pets, or animals who have become too expensive to feed for owners experiencing tough times all find their way to Cindy's haven.

I visited late one Friday afternoon and was informed Cindy had car troubles and was stranded elsewhere. Fortunately, Julie Marcias, Murphree's Barn Manager provided a tour and a wealth of knowledge and expertise with regard to the organization. I found the equine accommodations at the sanctuary to be clean and spacious, the atmosphere peaceful. Julie informed me the horses are turned out, trained and lunged on a regular basis and her radiant presence and sparkling blue eyes revealed her wise spirit as we walked among her charges. Julie's innate grace and calm demeanor among the horses contributed to their relaxed environment as she told me each of their stories in depth.

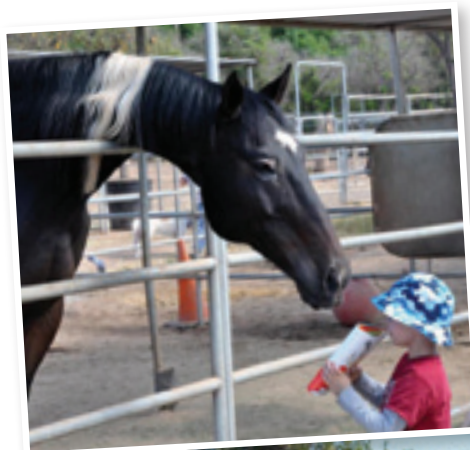
Julie also introduced me to another equine resident of the California Coastal Horse Rescue, a big, gorgeous black and white Saddlebred named Cheyenne who had been so mistreated by a previous owner, that he was both psychologically shut down and alternatively violent when he arrived at the sanctuary in 2008. It had been a risk for the sanctuary to accept the horse, who would charge at people across the corral, refuse haltering and kick out aggressively. It took two years of being turned out in a pasture with Jojo, a mellow retired roping horse, to learn from example that it was safe to approach people, accept treats and "just be a horse."

It would be another year before Cheyenne would trust a volunteer to halter and lead him. That volunteer was Equipment Manager, "Joe." Joe hung out with Cheyenne without expectations and, eventually, Cheyenne began to trust that he would not be hurt. One of the next steps was a Reiki session, an ancient form of energy healing that is

a soothing hands-on experience. Another volunteer, Adri Howe, held the lead rope during the Reiki sessions while Joe stood by to reassure Cheyenne it was a safe situation. As the sessions continued Cheyenne began to rely on Adri for encouragement and support, and with Joe's blessing, Adri and Cheyenne began bonding.

Adri continued working with Cheyenne, utilizing Natural Horsemanship principles, including Clinton Anderson's Method, as well as the Parelli approach. The horse, once considered too dangerous to live and recommended to be put down, turned the proverbial corner. It is to Cindy Murphree's great credit that she saw the spark of hope in Cheyenne's eyes and took the gamble—not to mention the time and expense—to rehabilitate him. Cheyenne, for his part, courageously stepped up to the challenges of pushing through his fear and today has definitely made the choice to accept the great love coming his way.

In Adri's words, "There is nothing more beautiful than any spirit or soul that can come back from complete adversity and really triumph. Cheyenne is one such beautiful spirit and I have been so lucky to be able to join him on this part of his journey."



Left: Cheyenne, once labeled "too dangerous to live," is now friendly & trusting.



Cheyenne, pictured here, is one of many horses undergoing rehabilitation at California Coastal Horse Rescue.



Cheyenne and his retired roping friend, Jojo enjoy a story from a little girl volunteer.

When I met Cheyenne on my visit to the sanctuary he was friendly and inquisitive and his eyes were deep and trusting. I'm told the gelding has even found the confidence to develop a quirky sense of humor. When newcomers are around he has been known to hold water in his mouth and then give them an unexpected shower!

The California Coastal Horse Rescue derives the majority of its funding from private donations and is also supported through two charitable events held each year, *Day of the Horse*, and *There's No Place Like Home*, an annual picnic. Opportunities abound at the CCHR for people to help by financially supporting a horse, or donating saddles or funds for hay and farrier bills. The greatest need is money for horse feed. The drought in Texas and the demand for limited grass hay supplies has sent the price of hay sky high in this area. Alfalfa and grain are also expensive. Horse food can be purchased and donated through American Hay in Oakville California, among other venues. There is also the option of adopting a horse. Those who think they might be interested can meet with Julie and discuss needs, expectations and then schedule a home visit. If all requirements are met, a horse may be sent out on a trial basis. Adopted horses are released to their new owners with the condition that the animal cannot be resold, and must be returned to the sanctuary if the match doesn't work out for any reason.

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