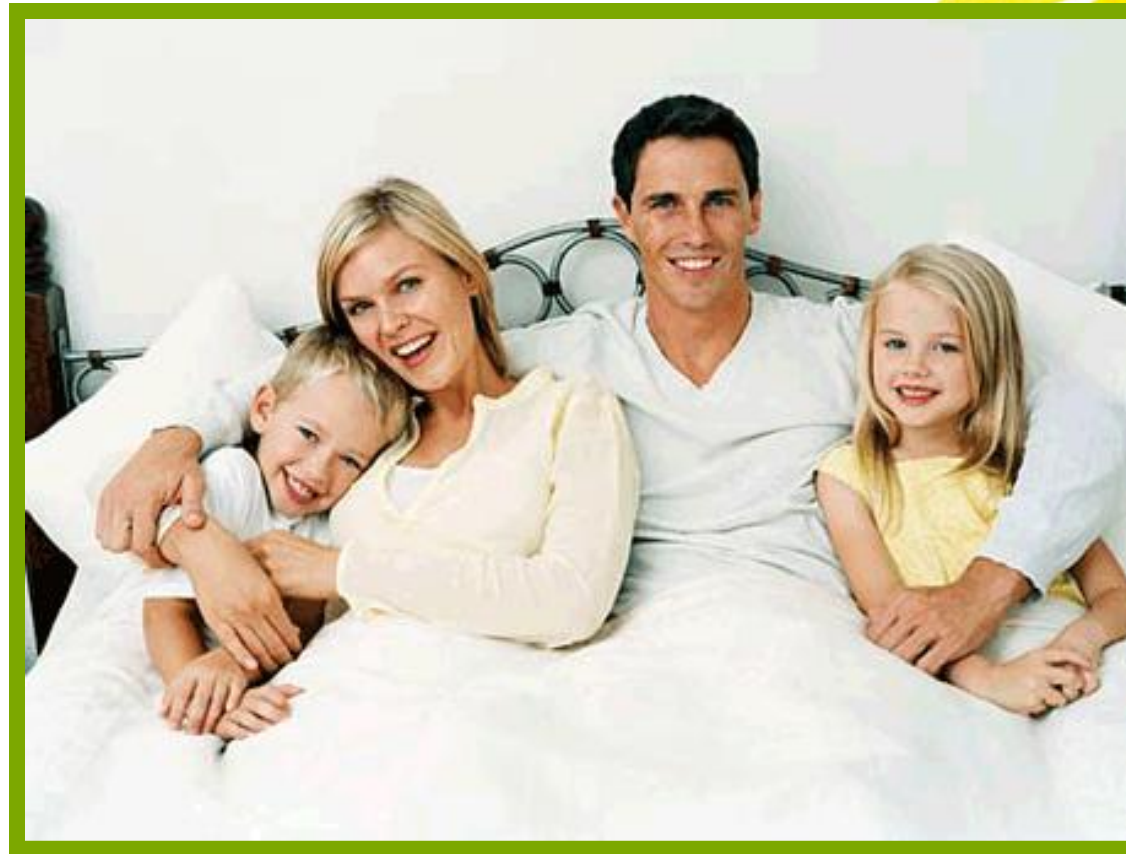


Healthy Living



with **Arbonne**

The Arbonne Mission

Healthy Living Inside and Out

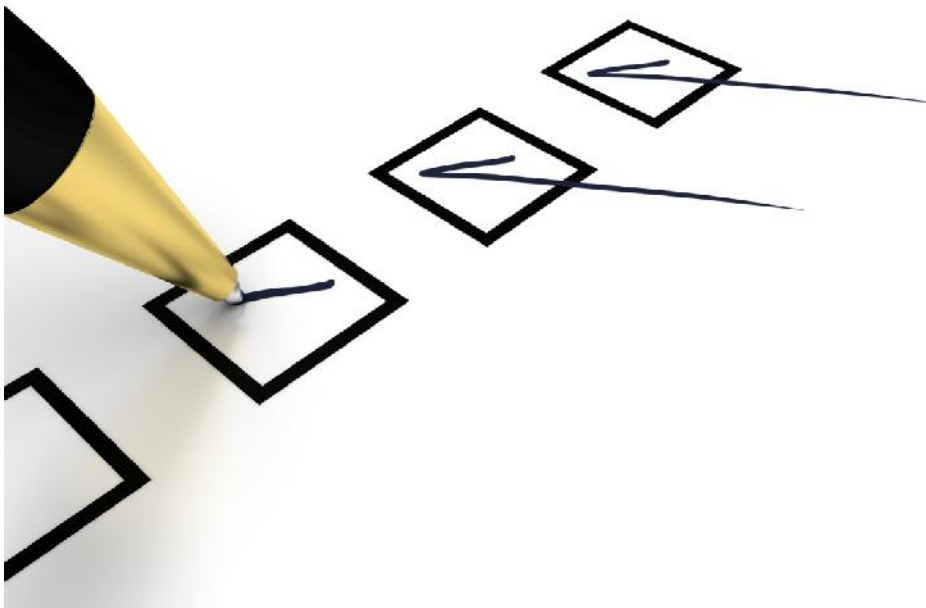
Educate people about hidden toxins and prevention

Empower people with more options for their health & appearance

Give people a fresh start with our products or business



Our Goals For Today



- **Wake Up**
- **Make Small Shifts**
- **Create Value**

What's in Your Body?



You Are What You Absorb

- 60% of what we put on our skin absorbs
- Average woman applies 515 chemicals to her skin each day
- Study found 200 industrial chemicals in the umbilical cords of newborn babies.

* Article: The Chemical Burden & 8 Weeks To Women's Wellness

The Arbonne Difference



What Sets Us Apart

30 Years Pure, Safe, & Beneficial

Plant Based

Vegan Certified

Green Commitment

Advanced Swiss Science

The Arbonne Difference



Formulated Without:

Mineral Oil (petroleum)

Animal By-products

Formaldehyde Preservatives

Chemical Dyes & Fragrances

Hormone-Altering Ingredients

Over 200 Beneficial Products



Brightening



Blemishes



Detox



Hair Care



Cosmetics



Children

Arbonne Swiss Skin Care

REg Advanced Anti-Aging



- **Firms, smoothes and brightens skin**
- **Reduces appearance of fine lines & wrinkles**
- **Evens skin tone**

** Clinically proven visible results in 24 hours*

We're in a Health Crisis



- The #1 killer of men and women in the U.S. is heart disease
- 2 out of 3 U.S. adults are overweight or obese
- U.S. adults consume approx. *2-3 lbs. of sugar each week!*
- 1 in 2 men will likely get cancer in their lifetime

What about YOU?

Are you or anyone you know experiencing?



- Fatigue
- Low energy
- Poor concentration
- Poor memory
- Feeling moody
- Feeling depressed
- Joint pain
- Stiffness
- Poor digestion
- Abdominal bloating
- High blood pressure
- High cholesterol
- Food allergies
- Skin problems
- Excess weight
- Frequent headaches

Toxins Are Everywhere...

We Ingest Them Through Our:

- **Lungs**- The air we breathe
- **Skin**- The products we use
- **Mouth**- The food we eat

Some are unavoidable, but most are by choice!

Problem #1 - Low Energy



Problem #1 - Low Energy

- **Unmotivated & Unproductive**
- **Irritable**
- **Foggy Thinking**

What do most people do to get more energy?

Problem #2- Bad Eating Habits



Problem #2- Bad Eating Habits

*In addition to fatigue,
Bad eating habits can cause:*

- **Unwanted cravings**
- **Digestion problems**
- **Disease**

Problem #3- Excess Weight



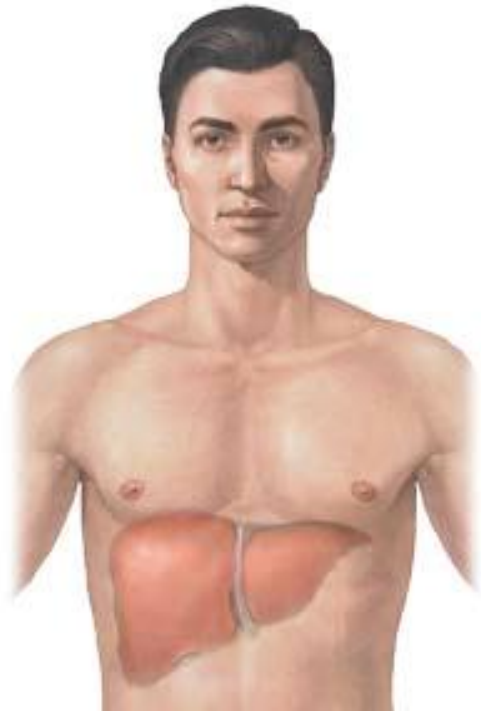
Problem #3- Excess Weight

In addition to fatigue, excess weight . . .

- **Physical & emotional discomfort**
- **Affects our children**
- **More prone to heart disease and cancer**

Your Liver Is The KEY!

*"The liver does more than 500 jobs
inside your body" Dr. Oz*



- **Detoxifies your body**
- **Metabolizes fats, proteins & carbs**
- **Balances blood sugar**

A Toxic Liver = Toxic Fat

4 Weeks to a New You!



A Plan That Works

- ✓ Drop unwanted pounds (especially around the middle)
- ✓ Increase energy
- ✓ Boost Immunity
- ✓ Improve sleep
- ✓ Enhance digestion and elimination
- ✓ Decrease joint pain
- ✓ Increase mental clarity
- ✓ Improve skin

A Fresh Start



Hit the “Refresh” Button

Reduce the number of toxins we ingest

Increase the number of toxins we eliminate

- **Consume Whole Foods**
- **Avoid Allergenic, Addictive, and acidic foods**
- **Use Pure, Safe & Beneficial Products**

Arbonne Nutrition

A Healthier Alternative



- Dairy, Soy, and Gluten-free
- Vegan Certified
- No artificial sweeteners or colors
- Increases Energy
- Increases Weight Loss
- Simple and Convenient

Protein Shakes



- Simple and convenient
- Vegan Protein
- Delicious

Chocolate or Vanilla
Powdered or Ready-to-Go

Daily Fiber Boost

Made from fruits & vegetables



- Helps lower cholesterol
- Helps balance blood sugar
- Feel full longer
- 12 grams = 1/2 daily requirement

Add to ANYTHING Hot or Cold

Herbal Detox Tea

Contains 9 herbs including milk thistle



- Gently cleanses liver & kidneys
- Helps eliminate excess water weight

Tastes Great Hot or Cold

Energy Fizz Sticks



- Provides CALM Energy
- Controls appetite
- Can replace coffee & soda

Citrus & Pomegranate

13 Calories/ 2 Carbs

7-Day Body Cleanse

Helps body achieve optimal weight & digestion



- **Cleans liver and GI tract**
- **Helps eliminate toxic fat**
- **Simple and Convenient**

Daily Power Packs

Where Healthy Meets Convenient



- Highly absorbable
- Convenient
- Antioxidant Protection

Customized for men and women's specific needs!

Which life are you designing?

These two women are approximately the same age . . .



You Are Worth It!



“Health is not valued until sickness comes”

Dr. Thomas Fuller

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