



HEDJU NE ANTIU

Frankincense and Myrrh - Ausar and Het Heru in Uauti (Venus)

The sacred resins **hedju** and **antiu**, called *frankincense* and *myrrh*, are ancient and have been used by **Afurakanu/Afuraitkaitnut** (Africans~Black People) for thousands of years. Because of the fictional stories found within the bible and their related fictional characters who never existed (jesus/yeshua, abraham, solomon, sheba, menelik, hebrews, etc.), some have put forward the false notion that frankincense and myrrh were introduced to Afuraka/Afuraitkait (Africa) by the whites and their offspring. Moreover, some have falsely posited that the combination of the two resins in ritual is misguided.

In reality, there is a cosmological foundation for the use of **hedju** and **antiu** inclusive of their combined ritual use. This is based upon the major **Ntoro** and **Ntorot** (God and Goddess/Neter and Netert) who govern them in a specific capacity.

In the image above we see the Ntorot (Goddess) **Het Heru** in Her **red** garment and the Ntoro (God) **Ausar** in His **white** garment seated upon their thrones. We also have the planet **Uauti** (venus). Underneath **Het Heru** and **Ausar** are the resins **hedju** and **antiu**. We also have an image of a worker

from the reign of the Menut (Queen) Hatshepsut with trees believed to be hedju and antiu trees brought back from her famous expedition to the land of Punt.

The land of Punt has been shown to be the region of Eritrea and parts of southeast Sudan and Northeast Ethiopia. At different times its borders could extend into Somalia. It is from this region that the sacred frankincense and myrrh trees were imported to ancient Kamit. The pure antiu (myrrh) takes on a reddish color while the pure hedju (frankincense) takes on a whitish color. However, when being transported the grinding of the hedju resins creates dust which settles upon the resins giving it a sometimes whitish/yellowish tint.

The general term for incense in Kamit is **santoro** meaning 'to make' (sa) 'Divine' (Ntoro). When the **Abosom** (Deities, Ntorou/Ntorotu) are invoked ritually and the smoke of the resins are directed towards ritual statues, shrines, individuals, etc. it is purificatory. Moreover, when **spirit-lighting** occurs *the smoke will respond to the form of the spirit which has manifested in the space*, illuminating and describing the spirit's form. The *santoro* gives an 'energic-body' to the spirit of an Ancestor, Ancestress or Divinity in ritual for us to temporarily see and interface with.

Plant life, animal life and mineral life are **shrines** which resonate at the frequency of the **Abosom** (Akan for *Deities* - Ntorou/Ntorotu, Orisha, Vodou) who govern them. Provoking the energy of animal totems, plant totems, mineral totems as well as human totems (via **spirit possession** - being 'mounted' by a Deity) allows us to commune with the Abosom through these living shrines.

The Abosom are the **Divine Spirit Forces in Creation** - the *Embodiments of Divine Order* regulating all of Creation. When we seek to align ourselves or realign ourselves with Divine Order, we do so through invoking the Abosom (Orisha, Vodou, Ntorou/Ntorotu - Deities). We thus restore balance to our thoughts, intentions and actions and therefore balance to our lives when imbalance has manifested.

One of the titles of **Het Heru** is the *Lady of Myrrh*. One of the titles of **Ausar** is the *White Clothed One (mummification)*. In this capacity **Ausar** is also associated with frankincense. In the texts of Ramesses III, the 'white incense' mentioned (hedju) is the white resin of frankincense.

Het Heru governs the sensual activity which is the precursor to procreative activity and the replenishment of its harmony (pleasure). She governs the union of the Afurakani (African) man and

Afuraikaitnit (African) woman, marriage, copulation, conception and the beginning stages of gestation.

*Het Heru only fuses together complementary opposites in harmony with Divine Order - Afurakani (African) men and Afuraikaitnit (African) women only. She does not govern interracialism nor dissexuality/homosexuality which are **deviations** from Divine Order.*

The physical shrine of **Het Heru** within the Afuraikaitnit (African) female body is the **fallopian tube** structure. Externally, **Het Heru** governs the vulva and is thus called *Lady of the Vulva*. Her title **Het** (house/sanctuary) of **Heru** (falcon/hawk) points to the internal shrine. It is within the fallopian tubes that conception takes place, the union of sperm and ovum. The newly formed zygote is the 'falcon/hawk' within the *house*.

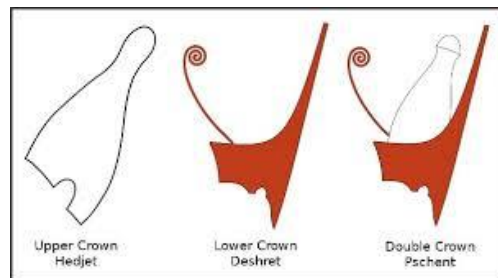


Het Heru in the medutu (hieroglyphs)

Ausar has a regulatory function in Creation. He regulates the functions of the other Abosom (Deities) in Creation. In this capacity **Ausar** establishes Order in the functioning of Creation. The physical shrine of **Ausar** is the **pituitary** gland. The pituitary gland is the master gland which through hormonal secretions regulates the functions of other glands. It is the master gland of the endocrine system. While **Ausar** and **Auset** govern the posterior and anterior lobes of the pituitary gland, **Ausar** also has a relationship with **Het Heru**.

The pituitary gland secretes **follicle stimulating hormone** and **luteinising hormone**. These gonadotrophic hormones are released by the pituitary gland into the bloodstream. Follicle stimulating hormone is one of the hormones essential to pubertal development and the function of women's ovaries. This is the relationship between **Ausar** and **Het Heru** in the body in reference to procreation.

Ausar in the cosmology was killed and cut up into a number of pieces. However, **Auset** worked to reconstitute the body of **Ausar**. Unlike the false representation by the Greeks who stated the phallus of **Ausar** was lost, the actual texts of Kamit state that the phallus of **Ausar** was found and reconstituted as part of His restored body. Once restored, **Auset** performed ritual to resurrect the Spirit of **Ausar**. His Spirit came to **Auset** and impregnated Her with their Son **Heru**. **Heru** would grow to become the one who would restore Order to Creation by defeating **Set** and his followers. The restored phallus of **Ausar**, ritually reconstituted as part of his mummified body by **Auset**, was therefore essential to the restoration of the world. This restoration was called the **Smai Tawi - Union of the Two Lands** of Upper (Southern) and Lower (Northern) Kamit. As we can see below the **Red Crown (Deshert)** and the **White Crown (Hedj)** govern Lower and Upper Kamit respectively. When united, they govern the entire country. **Heru**, Son of **Ausar** and **Auset**, wears the unified **Pashent** or **Red and White Crown**. **Heru** is a manifestation of Balance and thus restores balance to Creation:



Hedjet

Desheret


Pshent

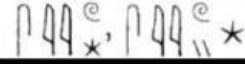
Heru

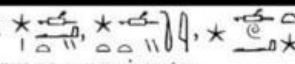
As we can also see, the *white crown penetrates the red crown*. This is the union of the male and female procreative organs and the *white seminal fluid* and *red blood* which carry the sperm and ovum cells respectively. The union of the red and white in balance is foundational to reproduction.

The magnetic attraction of the Afurakani (African) man and Afuraitkaitnit (African) woman which leads to marriage, copulation, conception, gestation and ultimately the birth of a returned Ancestor or Ancestress is mediated by the major shrine of **Het Heru** in Nature which is the planet **Uauti** (Venus). While the Ntoro (God) **Men (Min)** is the major male Ntoro governing the masculine aspect of **Uauti** (Venus) there is a specific role within this planetary shrine in Nature for **Ausar**.

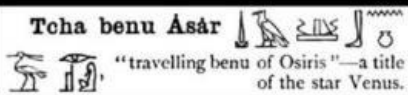
Men (Min, Amen Men) and **Ausar** function together within the planet Uauti just as they function together in the body as the *brain and spinal column* (**Men**) and the *pituitary body* (**Ausar**). We thus have the important titles for the planet:


Uāuti  B.D.G. 659, a name of Hathor.

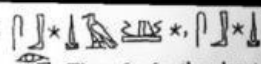
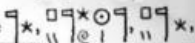
siu  star


Siu uāti  the planet Venus as a morning star.

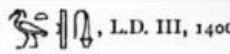
Uauti – Title of ‘venus’ and Het Heru



Tcha benu Asar  “travelling benu of Osiris”—a title of the star Venus.


Vessel (tcha) of the Benu of Ausar: 

Sba-toha  Thes. 65-67, the planet Venus; other names are 

Vessel (tcha) of the Aakhu of Ausar: 

āakhu-t  L.D. III, 140c, fire.

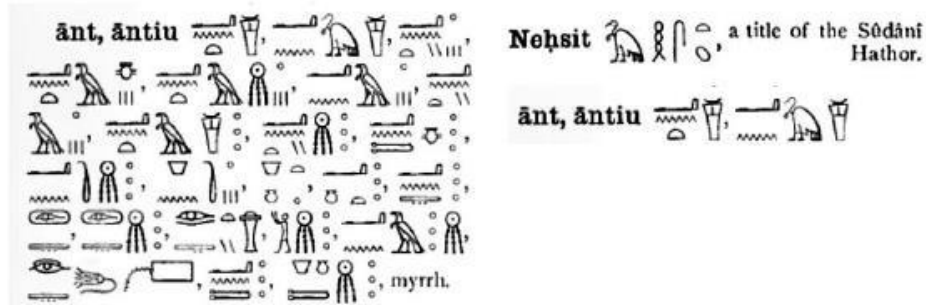
Āakhu  Rec. 27, 59, 

the Light-god; 

As we can see, the planet is called **Uauti**, which is also a *title* of **Het Heru**. The planet is also called the vessel (Tcha) of the **Benu Ausar** as well as the vessel of the **Aakhu** (illuminated Spirit) of **Ausar**.

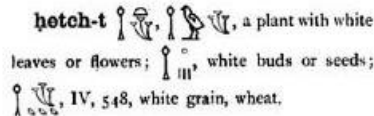
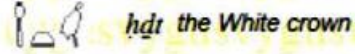
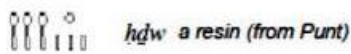
Here we have **Ausar** and **Het Heru** *functioning together within the same planetary shrine/vessel*. This reflects their working together within the Afurakani/Afuraitkaitnit (African) body in the process of conception. *The sacred red and white hues of antiu and hedj, myrrh and frankincense, reflect the energetic-frequency they carry - governed by these two Divinities.*











Notice that the spelling of *antiu* includes the determinative of the *Great Vulture* which is also a determinative in the spelling of the praise name **Nehsit** (Nhosot/Nkoso) of **Het Heru**. This is the form of **Het Heru** worshipped in Sudan - a portion of ancient Punt from which the *hedju* and *antiu* trees are derived:

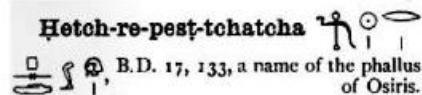


[See our book *ANIDAHO* for the examination of *Het Heru* as *Nehsit* (*Nkoso*).]

While **Het Heru** has the title *Lady of the Vulva*, we can see below that the *phallus* of **Ausar** (*Osiris*) is called **Hetch** (*Hedj*) **Ro Pesdjet T chatcha**. This title references the *white* (*hedj*) *illumination/ray of light* (*pesdjet/pest*) *from within the head* (*tchatcha*). This is the release from the pituitary gland of the follicle stimulating hormones (from the head to the ovaries - **Ausar** to **Het Heru**).



hetch-t  T. 359, P. 167, 614, M. 781, N. 802, 1138,   
 Rec. 27, 222,  Rec. 31, 11,    the White Crown of the South, i.e., of Upper Egypt;  Rec. 31, 26.



We find these same associations in **Akan** cosmology. Those males born on **Akwesida** (**Awusida**) or *Sunday* are governed by the **Obosom Awusi** (**Awusir/Ausar**). Sunday-born males thus take on the **akradin** or *Soul-name* **Kwesi** (also **Kwasi, Akwesi**).

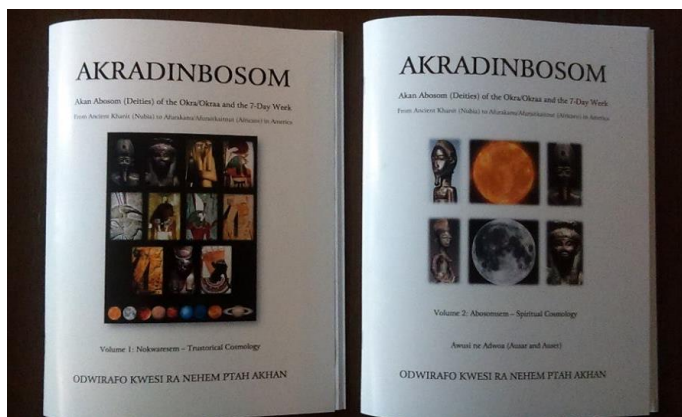
Those females born on **Fida** and **Memeneda** (*Friday and Saturday*) are governed by the Obosom **Afi** (*Faitin Kamit*) also called **Amenmenewaa** (*Menmenit in Kamit*). **Afi** or **Amenmenewaa** is also called **Kyekye** (Cheh cheh) in Akan. This is **Het Heru** in Kamit. Friday-born females thus take on the akradin or *Soul-name* Afia (Afua) while Saturday-born females take on the akradin Amma (also Ama, Ame, Aamit, Amenmenewaa). The interaction of **Awusi** and **Afi** or **Amenmenewaa** births a *creative expression* (**Het Heru**) of *regulatory Order* (**Ausar**) for the expansion of Creation in *harmony* with Divine Order. This reality is manifest within the Ancestral Religious practices of the Akan in Ghana and Ivory Coast as well as in **Hoodoo - Akan Ancestral Religion in North America**.

The ritual use of hedju and antiu, frankincense and myrrh, the sacred white and red resins is an invocation of **Ausar** and **Het Heru** for harmonious, creative development in the context of regulatory Order for the expansion of our clans (progeny) and also our activities in the context of **Amansesew** - Nationbuilding/Restoration as Afurakani/Afuraitkaitnit (African-Black) people - wherever we exist in the world.

Every ritual practice we engage in as Afurakani/Afuraitkaitnit (African) people is founded upon our direct experience with the Abosom (Orisha, Vodou, Ntorou/Ntorotu). This is true of Ancestral Religious expressions in Afuraka/Afuraitkait (Africa) and those expressions in the western hemishpere: **Hoodoo** (Akan), **Juju** (Yoruba), **Voodoo** (Ewe, Fon), **Wanga** (Ovambo), **Ngengang** (Fang), **Gris Gris** (Bambara) and more.

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See our book-series for details on **Awusi** (**Ausar**) and **Afi** or **Amenmenewaa** (**Het Heru**):



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