

PARTICIPANT INSTRUCTIONS

ATLANTA MARATHON HALF MARATHON, 5K





HELLO AND WELCOME!

Atlanta Track Club welcomes you to Atlanta's Marathon Weekend! This year's special edition of this 16-year tradition of a marathon, half marathon, 5K and kids' races takes place at Atlanta Motor Speedway. From start to finish, it has been planned as a way to safely keep Atlanta moving during the ongoing impacts of COVID-19. And to those who are participating via the Virtual Publix Atlanta Marathon, Half Marathon, 5K and Kids Marathon, while we can't see you in person this year, we most definitely feel your presence here in Running City USA.

COVID has taken so much away from all of us. But beneath the carnage of this unforgiving virus, the occasional bright side shines through, and the forced creative thinking and planning of Atlanta Track Club's Events Team is one of those positives. A wicked cool setting for Atlanta's Marathon Weekend and the addition of the Virtual Publix Atlanta Marathon are two results of this creative effort by the Club's staff.

Atlanta Motor Speedway may not fit as many fans as Bristol or as well-known as Daytona or Talladega, but its scale is eye-opening and awe-inspiring. As COVID is slowly being reined in, Atlanta Motor Speedway's size is exactly what the doctor ordered for this year's socially distanced, race-by-appointment marathon experience.

See you at the start line as you start your engines and circle the oval at your respective max speeds.

Rich Kenah Atlanta Track Club Executive Director

SOCIAL

SHARE YOUR STORY WITH #ATLMarathon

Help us share the Atlanta Marathon, Half Marathon & 5K events with the world! Use the hashtag #ATLMarathon on all of your race-related photos and posts on Facebook, Twitter and Instagram. By using this hashtag, you can share your Atlanta Marathon, Half Marathon & 5K story and show others why this event is a staple in the city of Atlanta.

f facebook.com/AtlantaTrackClub

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atltrackclub





BEFORE THE EVENT

RACE NUMBER PICKUP

All race numbers will be picked up on raceday. 5K participants will receive their numbers at Atlanta Motor Speedway on Saturday, February 27, 2021 while Half Marathon and Marathon participants will pick up their numbers on Sunday, February 28, 2021.

T-shirts can be picked up before or after your event at the T-shirt tent near Gate 13 where you will exit the Speedway after running/walking.

Saturday, February 27, 2021 – Race Number Pickup opens 4:30 p.m. *Do not pick up your number more than 30 minutes before your start time

Sunday, February 28, 2021 – Race Number Pickup opens 6:00 a.m. **Do not pick up your number more than 45 minutes before your start time

To confirm your registration and start time, log in to your existing haku account. You have an existing account if you have already signed up for your 2021 Atlanta Track Club membership or if you registered for this event on this platform. If you registered for the event before we switched to haku, you will need to create an account on haku, you can do so here by entering the email address on file in your registration.

GETTING THERE

Atlanta Motor Speedway - 1500 Tara Pl, Hampton, GA 30228

On event day, please allow significant time to drive, park and walk to the start area at Atlanta Motor Speedway. You will enter the Speedway at the main entrance off US-19/41/3. Parking is complimentary in the Blue and Legends Lots. Please follow directions of parking staff and volunteers as they direct you to available parking spaces.

GEAR CHECK

Due to COVID-19, gear check will not be available in 2021. The Blue and Legends parking lots are close enough to leave items in your vehicle while racing.

PACE TEAMS

Due to COVID-19 and the race-by-appointment format, pace teams are not offered in 2021.

WILL CALL

Will Call number pickup is not available in 2021. Those who selected this option during registration have been refunded their money.

SWITCHING RACES

In-person participants: In-person participants may switch distances up until race morning. Before the event you may email registration@atlantatrackclub. org or on event day visit the Solutions counter at race number pickup*

Switching from In-Person to Virtual: Participants deciding to run their event virtually should email registration@atlantatrackclub.org to inform us of the change. If you make this change prior to February 19, your items will be mailed prior to event day. Those who make this change after that deadline will have their items mailed AFTER the event.

*If a particular race distance is sold out prior to the event, there will not be an option to switch to that distance. No refunds will be given for switching to a shorter race distance and additional fees will apply for those switching to a longer race distance. For those switching races at race number pickup, shirts will be provided based on availability. Those switching in-person distances mid-race will be disqualified and removed from the results.



START

participants in the Atlanta Marathon, Half Marathon and 5K have chosen a start time during registration. To review your start time, Click Here. Participants will be separated into two start lines to allow for distancing while gathering at the start. Your bib will have either an A or B on it. Start Line A participants need to check in at the Start Line A tent to load into the start line. Start Line B participants need to check in at the Start Line B tent to load into their start line. Start Lines A & B will start simultaneously and merge after crossing over their respective timing mats. Therefore if you wish to run with someone assigned to the other start line you can join them once crossing your pre-assigned start line. **Participants** cannot check in and lineup for their start time more than 15 minutes in advance. Participants cannot change start times due to the race-by-appointment format which allows for social distancing and follows Atlanta Track Club's COVID-19 protocols.

CONFIRM YOUR START TIME

Log into your participant account here. In your account, you will see a dashboard that displays your upcoming events, events that are open for registration, products, notifications and more. There is a tab for Your Registrations which will list all events for which you are currently registered. You will be able to confirm your start times from that tab.

TIMING

Your timing device for this event is the ChronoTrack single-use B-tag. The device is adhered to the back of your bib. DO NOT REMOVE OR BEND. Wearing your bib improperly could result in improper scoring and possible disqualification. In order to receive an accurate time, please confirm your bib is...

- Clearly visible on the front of the torso
- Unaltered and unmodified (Do not fold or wrinkle)
- Pinned in all four corners
- Not covered (jackets, fuel belts, water bottles, etc.)

GROUNDS FOR DISQUALIFICATION

Atlanta Track Club reserves the right to disqualify participants and remove them from the results for the following reasons:

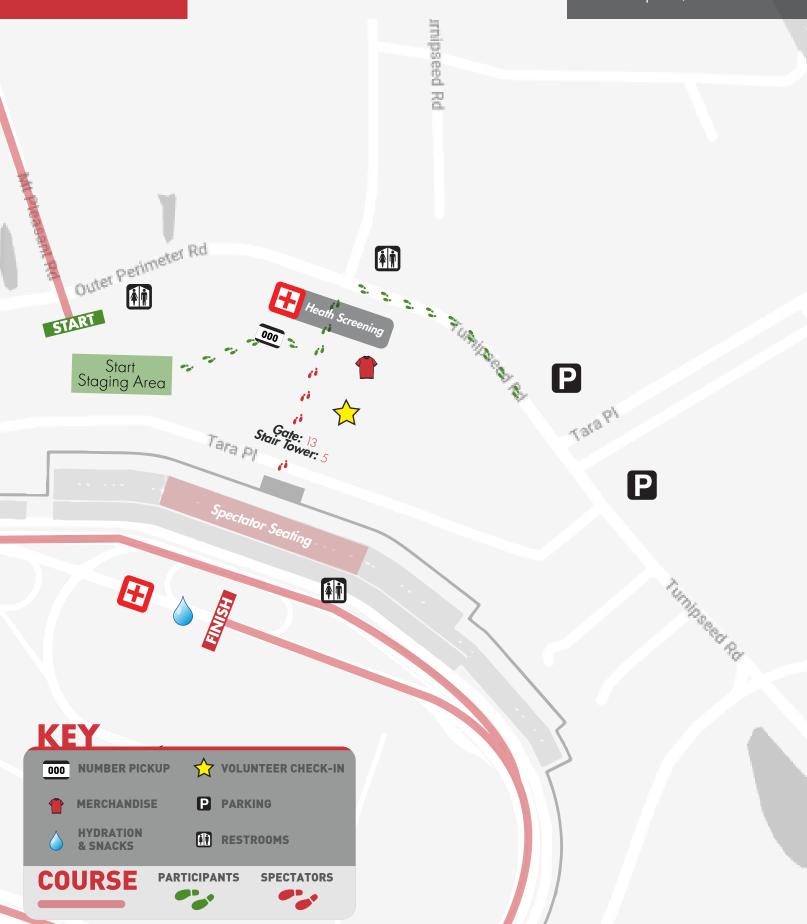
- Using someone else's race number
- Missed checkpoints. There are various checkpoints on the course where a participant's timing chip is recorded. If a participant's chip misses checkpoints, they will be disqualified and removed from the results
- Switching race distances on race day. Participants who would like to switch race distances must do so prior to race day by emailing registration@atlantatrackclub.org.
- Finishing outside the course time limit



START & FINISH MAP

Atlanta's Marathon Weekend

Atlanta Motor Speedway 1500 Tara Pl Hampton, GA 30228





COURSE

All three distances start in the Champions parking lot just west of Gate 12 at Atlanta Motor Speedway. The marathon and half marathon are a shared course until mile 9.75, where the half marathon turns left toward the tunnel and onto the track while the marathon turns right to continue the looped course for a second time.

The 5K course also begins in the Champions parking lot and continues onto Mt. Pleasant Rd., making a left onto Speedway Blvd. Participants will enter the race track through the tunnel and make an almost complete loop around the track before continuing to the finish line.

Please be aware the outer portions of the course on county and city roadways are not closed to traffic. Runners' lanes are marked by traffic cones. Please follow the directions of police and course monitors. For the safety of all Atlanta Marathon, Half Marathon & 5K participants, no pets or wheeled conveyances, including bikes, strollers, baby joggers or in-line skates are permitted on the course. We strongly discourage the use of headphones during the event so you can hear directions given by race officials.

COURSE TIME LIMIT

Atlanta Marathon | 6.5 hour time limit (15 min/mile pace)

Atlanta Half Marathon | 3.5 hour time limit (16 min/mile pace)

Atlanta 5K | 1 hour 15 minutes time limit (25 min/mile pace)

This clock begins when the start line closes for each start time slot.

If you feel you will be unable to complete the race and need to drop out, move to the right side of the road and look for a course volunteer for assistance contacting the nearest sag vehicle. A sag vehicle will also sweep the course as it reopens to traffic. Participants finishing outside of the course time limit will not receive official results.

CLOCKS ON THE COURSE

Due to the race-by-appointment format, clocks will not be featured on the course as they will be irrelevant due to the variety of start times. Clocks will be used for the Elite group only.

HYDRATION

All participants must carry their own hydration. No hydration is available on the 5K course. Two refill and fuel stations will be located on the half marathon and marathon course. These stations will be available to half marathoners and marathoners at miles 4 and 7.3 and again for marathoners at miles 10.3, 13.4, 17 and 22.5. Refill stations will include bottled Dasani, Powerade and CLIF shots. No cups will be available - participants must take a full, sealed bottle and carry that or refill their own receptacle. Please do not dispose of water or Powerade bottles on the side of the road - carry the bottle until a recycling receptacle is available.

Distance (Miles) 2

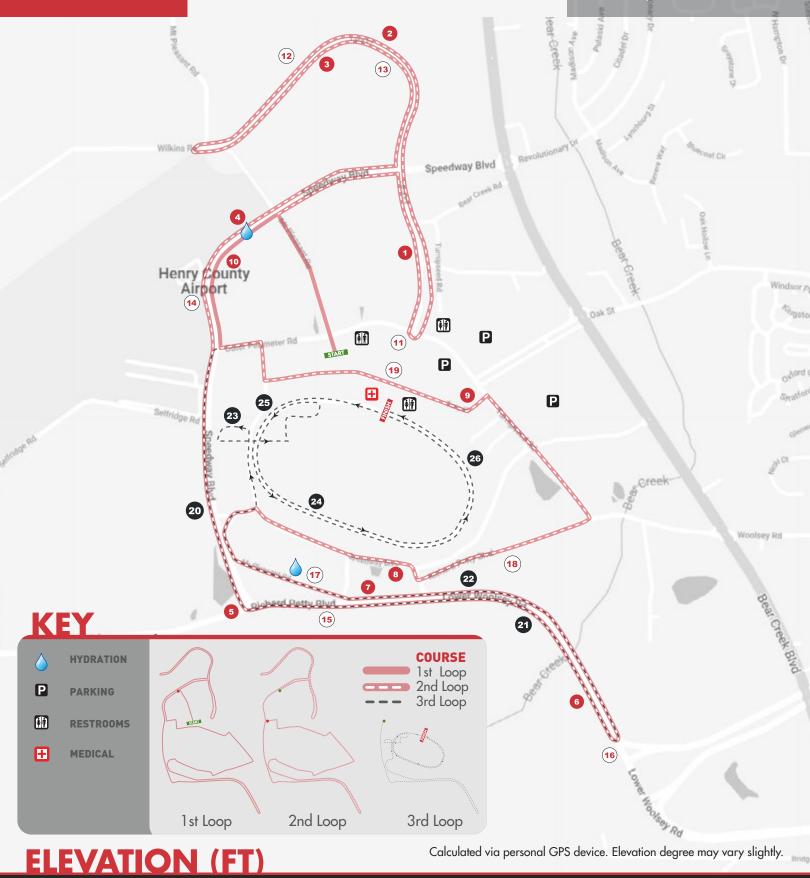
COURSE MAP

Atlanta Marathon

Atlanta Motor Speedway 1500 Tara Pl Hampton, GA 30228

22

20



14

16

12

10

Distance (Miles) 1

COURSE MAP

Atlanta Half Marathon

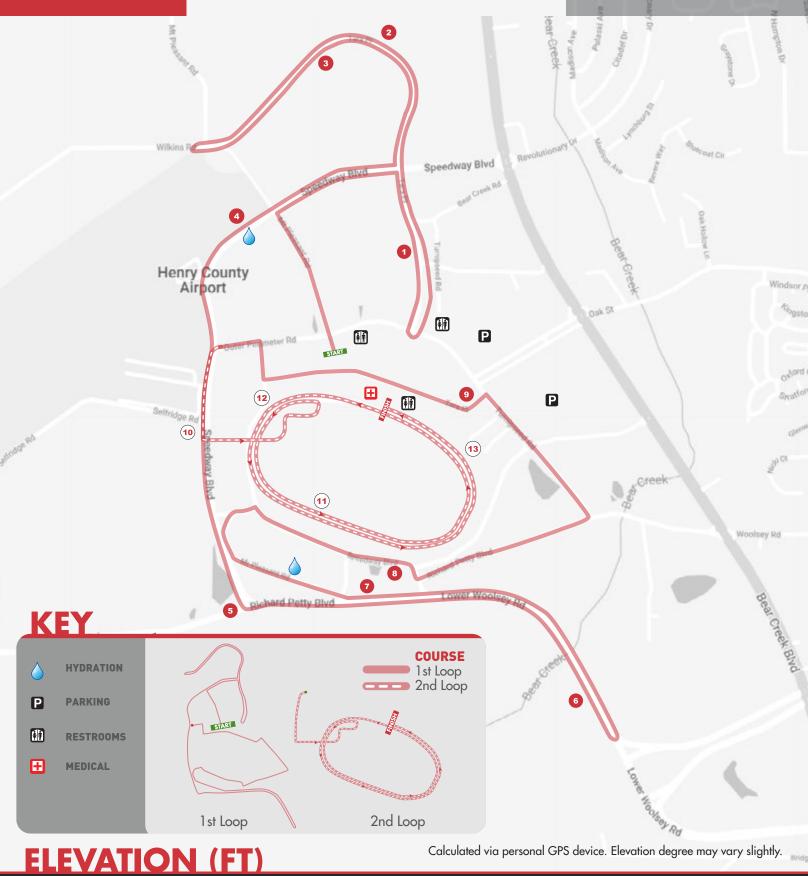
Atlanta Motor Speedway 1500 Tara Pl Hampton, GA 30228

11

10

12

13

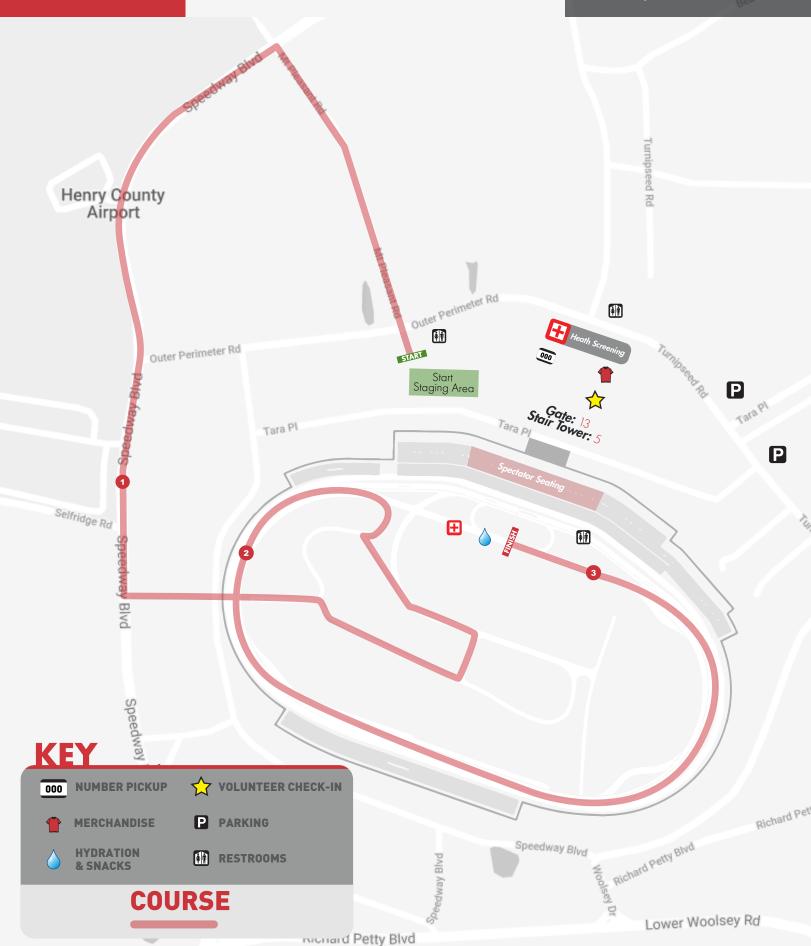


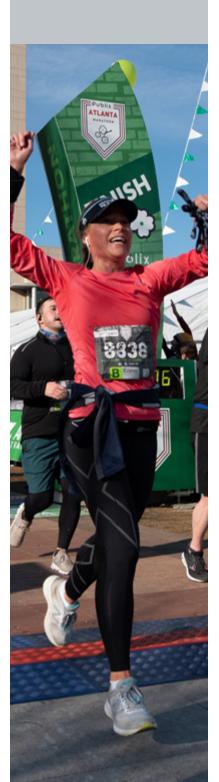
ATLANTA

COURSE MAP-5K

Atlanta's Marathon Weekend

Atlanta Motor Speedway 1500 Tara Pl Hampton, GA 30228





FINISH

Once you cross the finish line please put on your mask and you will receive water, POWERADE, chocolate milk, food and a pre-packaged bag with your medal and recovery jacket. As you exit the Speedway, don't forget to stop by the Merchandise tent and splurge on some new running gear -Atlanta Track Club and Mizuno merchandise will be available for purchase.

AWARDS & RESULTS

All Atlanta Marathon, Half Marathon & 5K participants will receive a finisher's medal after they cross the finish line. Overall male/female, masters male/female and grandmasters male/female awards for the half marathon and marathon and overall male/female and masters male/female awards for the 5K will be mailed after the event. Age group awards will be awarded to the top three finishers in each age division and will be mailed once results have been finalized (approximately two weeks after the event). Due to the race-by-appointment format, all awards are based on net time.

Overall winners are not eligible for age group awards.

Marathon Age Group Divisions: 18-24, 25-29 continuing in 5-year increments through 95+.

Half Marathon Age Group Divisions: 14-19, 20-24, 25-29 continuing in 5-year increments through 95+.

5K Age Group Divisions: 10 & under, 11-14, 15-19, 20-24, 25-29 continuing in 5-year increments through 95+.

Unofficial race results will be posted at atlantatrackclub.org on February 28. Photos taken by MarathonFoto throughout the event should be available one or two days after the race.

SALUTING OUR VOLUNTEERS

The 2021 Atlanta Marathon Weekend requires the help of many volunteers to make the event a safe and successful one for all attendees. These volunteers play a critical role in Atlanta Track Club's return to safe, in-person racing. Please take a moment and thank our volunteers on race day! You can also tell us how great our volunteers are through the post-race participant survey. Your feedback and "thank yous" really matter!

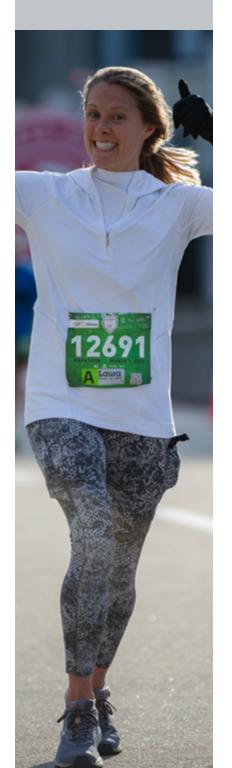
SUSTAINABILITY

Green Initiative

Atlanta Track Club is making strides towards environmental responsibility in Running City USA. Help us reduce our event footprint at the Atlanta Marathon, Half Marathon & 5K by following the steps below.

How You Can Help

- Recycle on Race Day: The Dasani plastic water bottle and chocolate milk container you'll receive once you cross the finish line are recyclable. The CLIF bar wrapper and yogurt squeeze are not. The banana/clementine peels should be placed in the trash.
- Carpool: Participants are encouraged to carpool.
- Volunteer with the Green Team:
 Do you have a special interest
 in helping with the Club's Green
 Initiative? Email volunteers@atlantatrackclub.org. For more detailed information on our sustainability efforts, click here.



SAFETY & SECURITY

Safety is Atlanta Track Club's top priority, and together with the City of Hampton, Henry County, Atlanta Motor Speedway and management agencies from around the region, we have comprehensive plans in place to ensure the safety of our participants, spectators, volunteers and partners at this year's event.

We would like everyone to be aware of some simple things participants, volunteers and spectators can do to help make Atlanta's Marathon Weekend events a safe, memorable experience.

COVID-19 PRECAUTIONS

Atlanta Track Club has adopted specific policies to ensure the safety of all in attendance. Once on site, all in attendance are expected to comply with the following policies. Atlanta Track Club reserves the right to ask anyone to leave the venue should they not comply.

- Scheduled start times, 80 participants every 5 minutes (40 per Start Line A/40 per Start Line B),
- Mask worn at all times (including warmup) but can be removed only while participating in the event.
 Participants are asked to put their mask back on immediately after crossing the finish line
- Temperature checks upon entering the venue
- All participants to bring their own hydration on course. This event is

- a cupless race. Full bottles of water and Powerade will be available to refill your own personal bottle
- Social distancing of 6 feet practiced throughout the venue
- All attendees complete the <u>Health</u>
 <u>Screening Questionnaire</u> within
 24 hours of attending the event.
- As a participant, if you have a spectator joining you at the event, please share this link prior to attending.

Be prepared to show email confirmation of completion on your phone at Health Screening.





SAFETY & SECURITY CONTINUED

EVENT ALERT SYSTEM

Familiarize yourself with the Event Alert System (EAS): Colored flags will be located at the start line, along the course at the hydration stations and in the finish area. The flags will communicate the specific alert level, which could range from Low (Green) to Moderate (Yellow) to High (Red) to Cancelled (Black) based on a variety of factors, including weather conditions. On behalf of the Atlanta Track Club staff we thank you in advance for your cooperation and look forward to seeing you at the event.

DISCOURAGED ITEMS

Discouraged items at this event:

Headphones

PROHIBITED ITEMS

The following <u>items are prohibited</u> at this event:

- Glass containers
- Containers holding more than one liter of liquid
- Backpacks BUT waist hydration systems are permitted
- Camelbaks BUT waist hydration systems are permitted
- Animals
- Rolling bags and other luggage
- Strollers & other wheeled conveyances
- Costumes that are not form fitting
- Weight vests
- Military equipment
- Firefighter equipment
- Drones
- Firearms

