

# HESI Admission Assessment (A2) Exam

## Learning Style Explanation

### Visual

Learn best by seeing. Pictures in textbook and skills book are helpful. Will do well in clinical labs after observation. Associate pictures and skills to concepts in your mind. Write and use flashcards to study. Create pictures when studying. Write information down and take notes. Sit in the front of the class. Visualize the information obtained in lab settings and in clinical and relate this information to theory. Spend time observing others and plan before taking action. Journalizing stimulates thinking.

### Auditory

Learn from general concepts to specific content. You like lecture courses. Read books and study materials aloud. Put facts into a song. Recite and repeat information. You will like the step-by-step clinical skills. You like verbal instructions. Help teach others as you learn. Focus on the end of each chapter's summary to help you tie information together.

### Kinesthetic

You like to experiment with the knowledge you obtain and you learn best by being involved. You will enjoy and do well in skills labs and clinical. Practice tests are helpful to your learning; develop tests for yourself to practice for exams. Design movements to remember facts. Study for short periods of time, then move around. Set specific goals. You learn best when you are active.

### Cognitive

You like obtaining information that has a personal meaning for you. You need to find ways to make classroom and clinical content meaningful to you. You will enjoy both lecture and clinical and you can identify relevant information well. You need to think concepts through and relate the information into your own words.

### Analytical

You like things done in an orderly manner, i.e., step-by-step. You pay attention to details and like to be prepared. You also like to know what to expect and you focus your attention on meeting your goals. You value facts over feelings. You like to finish one thing at a time and you are logical, self-motivated, objective, and consistent. You need to know not only the "how" but also the "why" of content. You enjoy learning and like tests because they break information into parts.

### Global

You are sensitive to others and flexible. You have a tendency to "go with the flow". You learn best by discussing and working with others. However you need reassurance and reinforcement because you work hard to please others. You have a tendency to take criticism personally. You see the big picture and can read between the lines. You have a sense of fairness and avoid competition and conflict. You like to give and receive praise. You need to relate knowledge to life. You are sometimes threatened by tests and may need to seek help with test-taking skills.

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## Personality Style Profiles

### CALM

Your answers indicate that your dominant personality type is in the "watching" group.

- You have many strengths:
- You have a low-key, relaxed personality.
- You have a calming affect on others.
- You are quiet, but have a dry and witty sense of humor.
- You are compassionate and a good listener.
- You enjoy watching people and avoid conflicts when possible.

When these characteristics are used in excess, they can become weaknesses.

- Others may see you as unenthusiastic and lazy.
- You may not be goal-oriented and avoid responsibilities.
- Watching rather than working may be a problem.
- The lack of motivation can cause a resistance to change.

Strong characteristics include:

- Introvert, Steady, Amiable, Compromising, Concrete Thinker

Because of your personality style, your learning techniques should match your needs. Suggestions to improve your learning style:

- You have a tendency to procrastinate and may need prodding to study.
- You may like to discuss the information with others before reading the assignment. Study groups may help you, but be careful about becoming a non-contributing member because you prefer to watch others instead of contributing to the studying.
- You must stay focused.
- Rote learning with memory work may be a good tool for you.
- Using demonstrations will keep you from daydreaming.
- Use your sense of humor to your advantage make up rhymes and riddles for your answers to questions.
- Highlighting in your textbook will help you focus.
- You and your friends can use drills to help you learn and study.
- Prioritize your tasks for effective time management.

### CREATIVE

Your answers indicate that your dominant personality type is in the thinking group.

You have many strengths.

- You are very talented and creative with a thoughtful and serious nature.
- You can be very sensitive to others.
- You are perfectionistic, detail-oriented, and thorough which makes you a very conscientious employee.

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- You can be analytical, orderly, and organized in your job.
- You are schedule-oriented, and seek to find creative solutions to problems.
- You make friends very cautiously, but are a faithful and devoted listener.

When these characteristics are used in excess, they can become weaknesses.

- You may be moody, depressed and have a low self-image, related to the imperfections of the world.
- You can be self-centered and not people oriented.
- You may choose the most difficult work.
- You have high standards and you may be difficult to please.
- You may be full of contradictions, unforgiving and suspicious.

Strong characteristics include:

- Introvert, Industrious, Abstract Thinker, Like a Supporting Role, Self-Sacrificing

Because of your personality style, your learning techniques should match your needs. Suggestions to improve your learning style:

- You like to be introduced to an area or subject.
- You enjoy learning and studying new things.
- With a little exposure and encouragement, you learn quickly and thoroughly.
- You are a competent and practical learner.
- You see the general concept and understand the specific relevance without the trivia.
- Your perfectionistic nature drives your study habits.
- You will use study groups as a review, only after learning the information alone.
- You are driven by the "how" question.
- You always want to know more.
- You may develop your own test questions and answer them.
- You are an eager learner.

### **LEADER**

Your answers indicate that your dominant personality type is in the working group.

You have many strengths.

- You are a born leader with a dynamic and confident style.
- You are independent and can be self-sufficient.
- You are goal-oriented, you feel the need to correct wrongs, and seek practical solutions to problems.
- Decisions are usually based on the facts.
- You can see the entire picture and are not easily discouraged.
- You excel in emergencies and jump into action when something needs to be done.

When these characteristics are used in excess, they can become weaknesses.

- You can be very strong-willed and compulsive in nature.

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- Because of your intolerance of mistakes and impatience, you can come across as being rude.
- You may be a workaholic, unable to relax, and dominate others with your competitive nature.
- Others may see you as bossy, a know-it-all, and inflexible.

Strong characteristics include:

- Extrovert, Competitive, Abstract Thinker, Active, Fact-finder

Because of your personality style, your learning techniques should match your strengths. Suggestions to improve your learning style:

- You want to understand the entire general concept, and then go toward specific information.
- You need to know and understand the facts and the details, but you do not like trivia.
- You need to know what the relevance of the information is and how it relates.
- Games work well for you.
- You like the pace of the class to move rapidly.
- You can use study groups only after learning the information alone.
- Rote learning and memorizing work for you only if you see relevance in the information.
- Practice drills with friends can be fun for you.
- You like to ask, "what" questions.
- Find study friends above your knowledge base.
- You usually enjoy studying and learning.

### PEOPLE

Your answers indicate that your dominant personality type is in the talking group.

You have many strengths.

- You have an appealing personality and a good sense of humor.
- You live in the present, are cheerful and volunteer to help others.
- You love people, make friends easily, and enjoy telling stories.
- You like spontaneous activities and appreciate compliments.

When these characteristics are used in excess, they can become weaknesses.

- You make dominate conversations and become a compulsive talker.
- Storytelling can lead to repeating the same stories over and over.
- You might rather talk than work, making it difficult to complete tasks.
- Decisions could be made by feelings alone.

Strong characteristics:

- Extrovert, Adaptable to Change, Concrete Thinker, Good Memory for Colors, Assertive

Because of your personality style, your learning techniques should match your needs. Suggestions to improve your learning style:

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- You like to discuss the information being learned.
- You may have to read the information first, and then discuss it with your instructor and/or friends.
- Use study groups, but be careful the group must have standard rules of practice or it will not be useful.
- Keep on track.
- Rote learning with memory work will be a good tool.
- You and your friends may need some prompting to practice drilling each other, but it will pay off. It might be good to use review questions, some textbooks have study guides. Different colored flashcards would be very helpful because you remember colors better than names.
- Use your sense of humor to your advantage make up rhymes and riddles for your questions and answers.
- Use different colored highlighter to mark your textbook.
- You like to ask, "why". It is a good question, but do not get overwhelmed on trivia.
- Keep your priorities in order.

## HESI Admission Assessment (A2) Exam

### Critical Thinking Exam Analysis

This exam is a four-choice, multiple-choice test. All answers are correct. However, each choice reflects a different degree of critical thinking skills.

*HESI scores* range from 0-1000. The higher your score is, the better your ability to think critically within the discipline of nursing.

In addition to a total score on this exam you will receive scores on five sub-categories of critical thinking:

- **Problem Solving:** These questions refer to the process of inquiry in which the nurse seeks multiple facts to remove obstacles or resolve patient care problems.
- **Biases and Ethical Dilemmas:** These questions address ethical, legal, and moral issues, as well as biases nurses may have about patients and others.
- **Argument Analysis:** These questions refer to situations in which the nurse seeks to resolve conflicts or disagreements by considering multiple points of view.
- **Analysis of Data:** These questions address the need to interpret patient data correctly, and decide if further nursing