

High-Resolution EEG Brain and Brain/Body Imaging New Methods for Social Neuroscience Research



Scott Makeig

Institute for Neural Computation
University of California San Diego

**Electrical Neuroimaging Workshop
on the Dynamic Social Brain**

San Diego, CA
November, 2016



William Blake

Swartz Center for Computational Neuroscience, UCSD

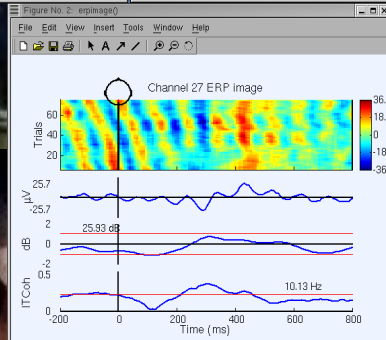
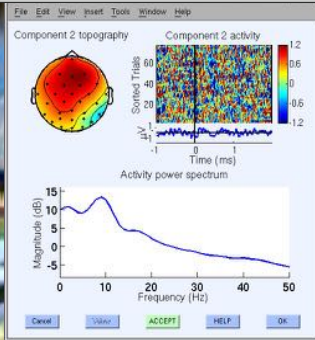
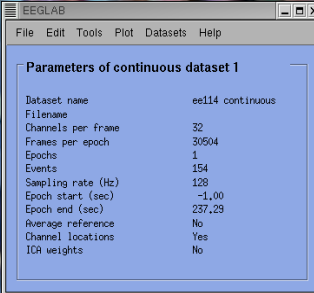
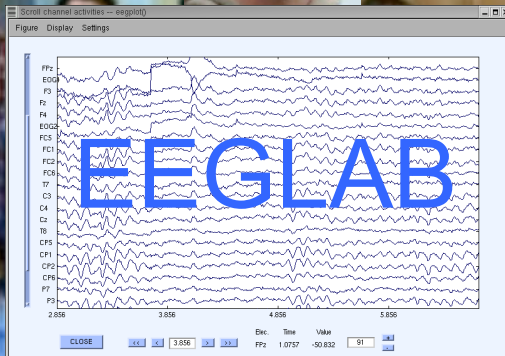
AMICA



BCILAB



EEGLAB

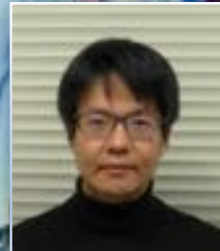


SIFT

NFT



MOBILAB



MPT



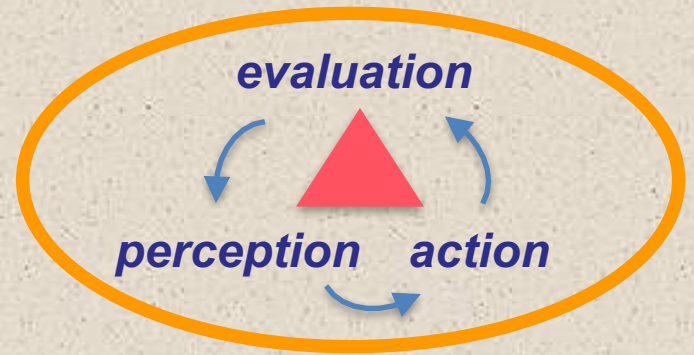
Embodied Agency

Brain processes
have evolved and function
to optimize the **outcomes**
of the **behavior**

the brain organizes

in response to
perceived challenges
and opportunities.

**Brains meet the challenge of
the moment!**





Embodied Cognition

Both our 'abstract' and our 'aesthetic' cognition are built on and are grounded in our embodied experience

→ as is *our social experience*

Human Functional Brain Imaging

Some human brain imaging milestones

1926 1st human EEG recordings

EEG era

1938 1st EEG spectral analysis

1962 ~1st computer ERP averaging (CAT)

ERP era

1979 1st event-related desynchronization

1993 1st fMRI BOLD recordings

fMRI era

1993 1st broadband ERSP

1995 1st multisource EEG filtering by ICA

2009 ~1st commercial dry electrode EEG toys

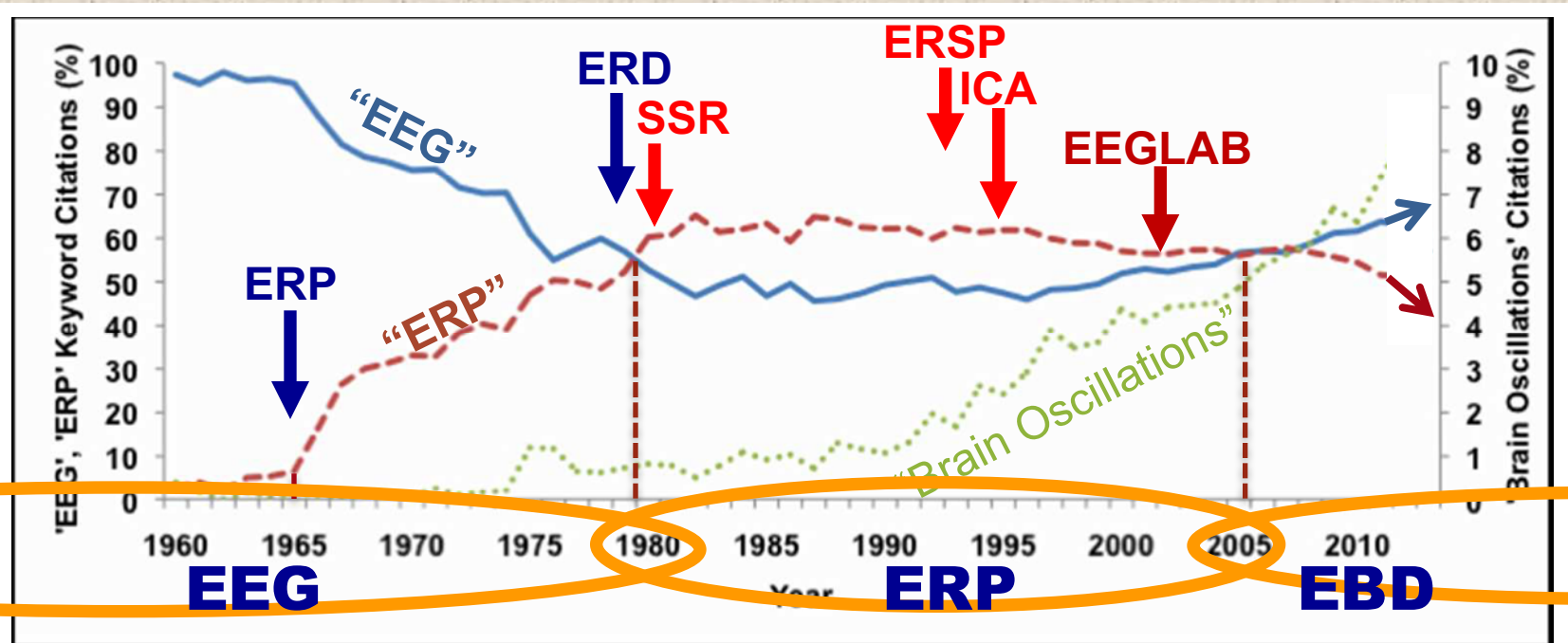
fEEEG / BMI / MoBI era ...

FIGURE 1-2.—Sample of the first EEG tracing taken at the Bradley Hospital, E. Providence, Rhode Island, by H. Jasper and L. Carmichael. Subject: Carl Pfaffmann. Date: July 9, 1934. Record, which shows prominent alpha rhythm of about 11.5 per second, was made with a Westinghouse, galvanometer-type, mirror oscillograph. Time line above: 25 Hz.



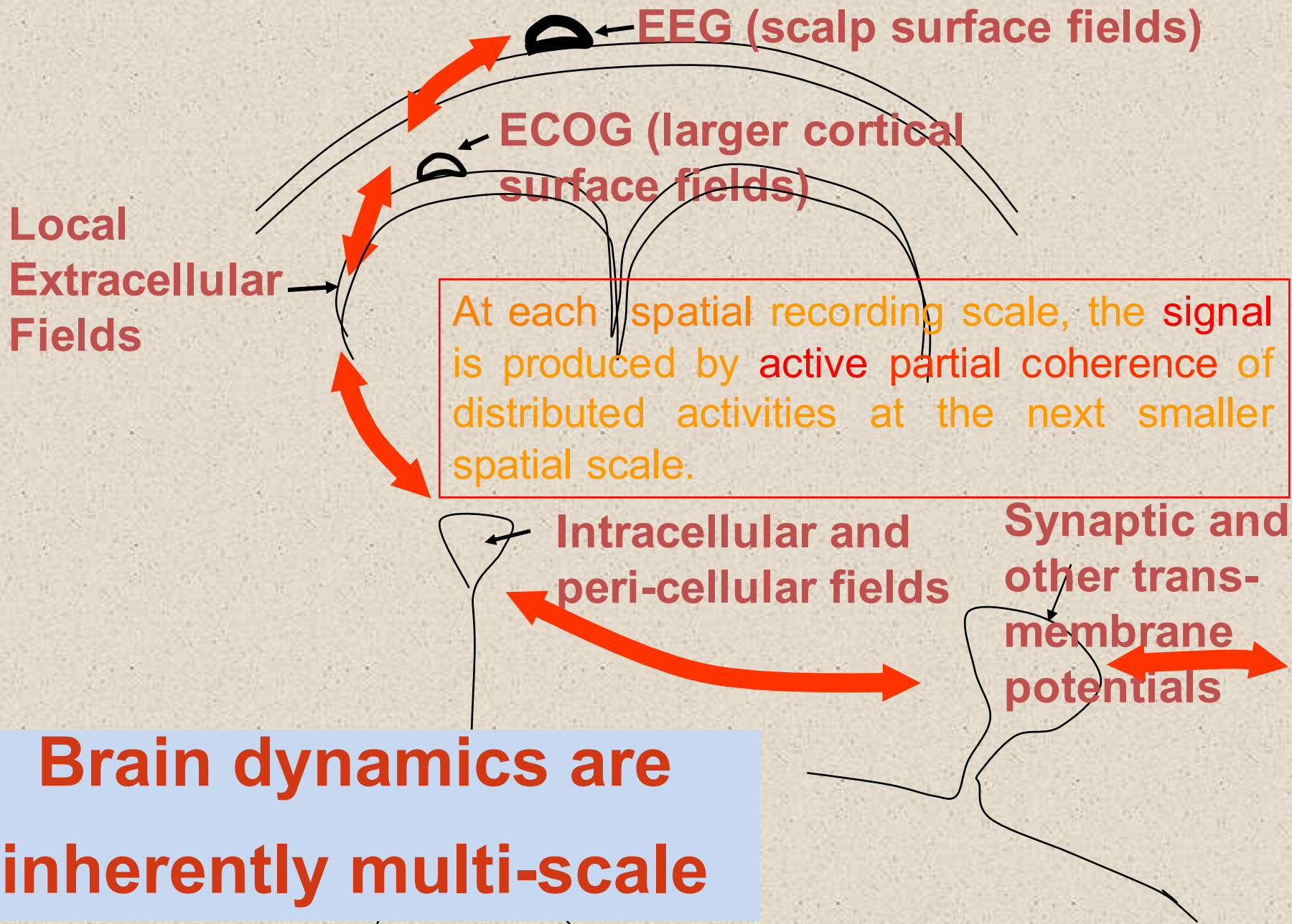
FIGURE 1-1.—Professor Hans Berger (1873–1941), neuro-psychiatrist, University of Jena, Jena, Germany, first to discover and describe in 1929 a unique kind of electrical activity recorded from the brain of man, which he named the electroencephalogram (Elektronkephalogramm).

Three Modern Eras of EEG Research



Loo, Lenartowicz & Makeig, 2015

Figure 1. Relative number of PubMed citations retrieved by 'All Fields' search terms: 'EEG,' 'ERP,' and 'Brain Oscillations.' The percent of citations for each search term relative to the total number of citations returned by a search for any of the three terms is plotted relative to the other two search terms. For visual clarity, 'Brain Oscillations' citations are graphed with a green dotted line according to the Y-axis labels on the right; 'EEG' with a blue solid line and 'ERP' with a red dashed line according to the Y-axis labels on the left.



Brain dynamics are

EEG (scalp surface fields)



(larger cortical fields)

spatial recording scale, the signal is defined by active partial coherence of activities at the next smaller scale.

Cross-scale coupling is bi-directional!

Larger



Smaller

sub-cellular and cellular fields

Synaptic and other trans-membrane potentials



Any signal one records is not one unitary signal!

Electrical effects do not all proceed from small to big!

Brain dynamics are inherently multi-scale

EEG (scalp surface fields)

ECOG (larger cortical surface fields)

Local Extracellular Fields

Scale

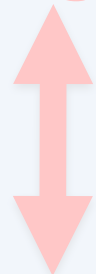
At an intermediate scale, the signal is produced by active partial coherence of distributed activities at the next smaller spatial scale

chauvinism

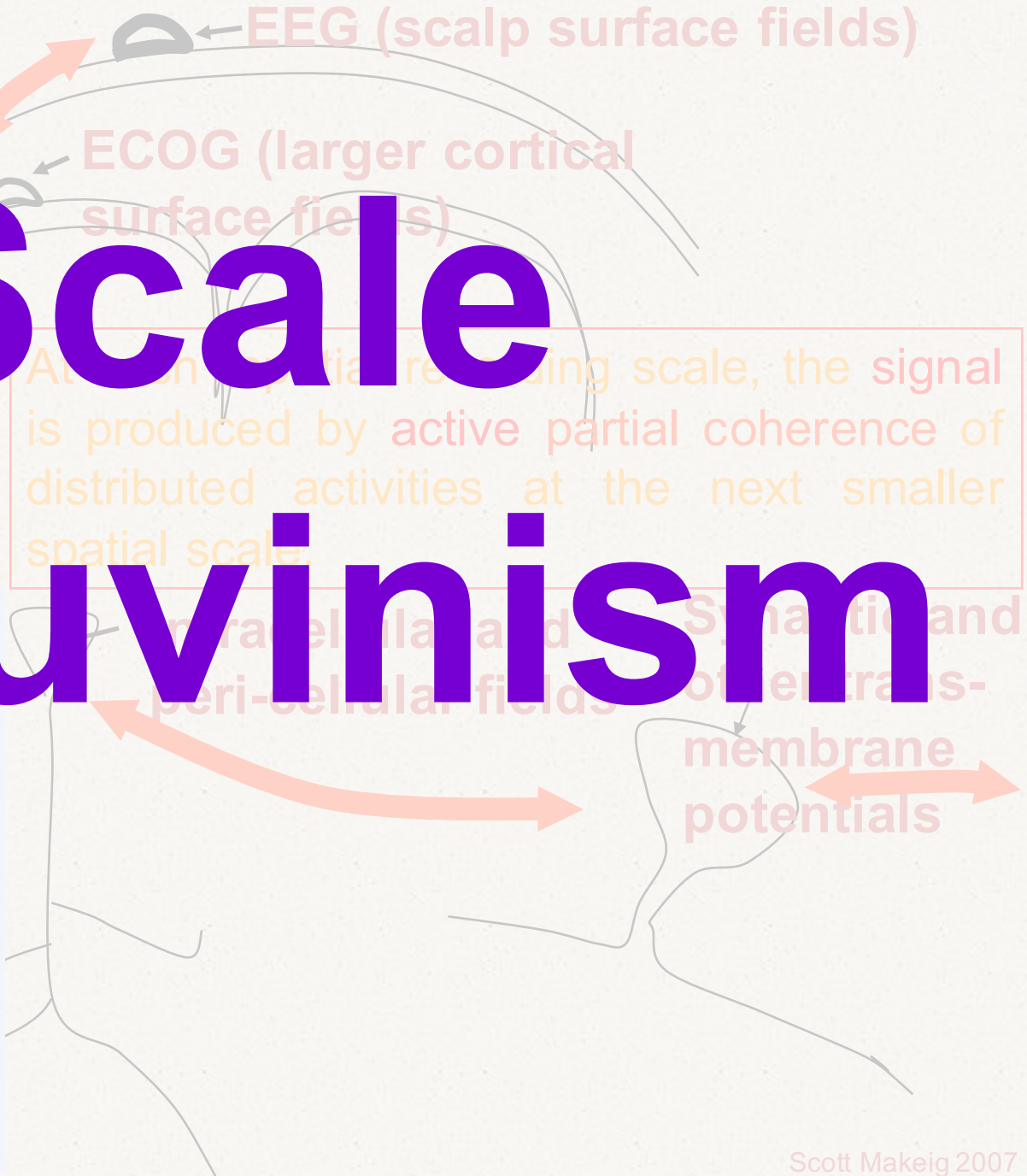
Cross-scale coupling is bi-directional!

Parallel and perpendicular extracellular fields of membrane potentials

Larger

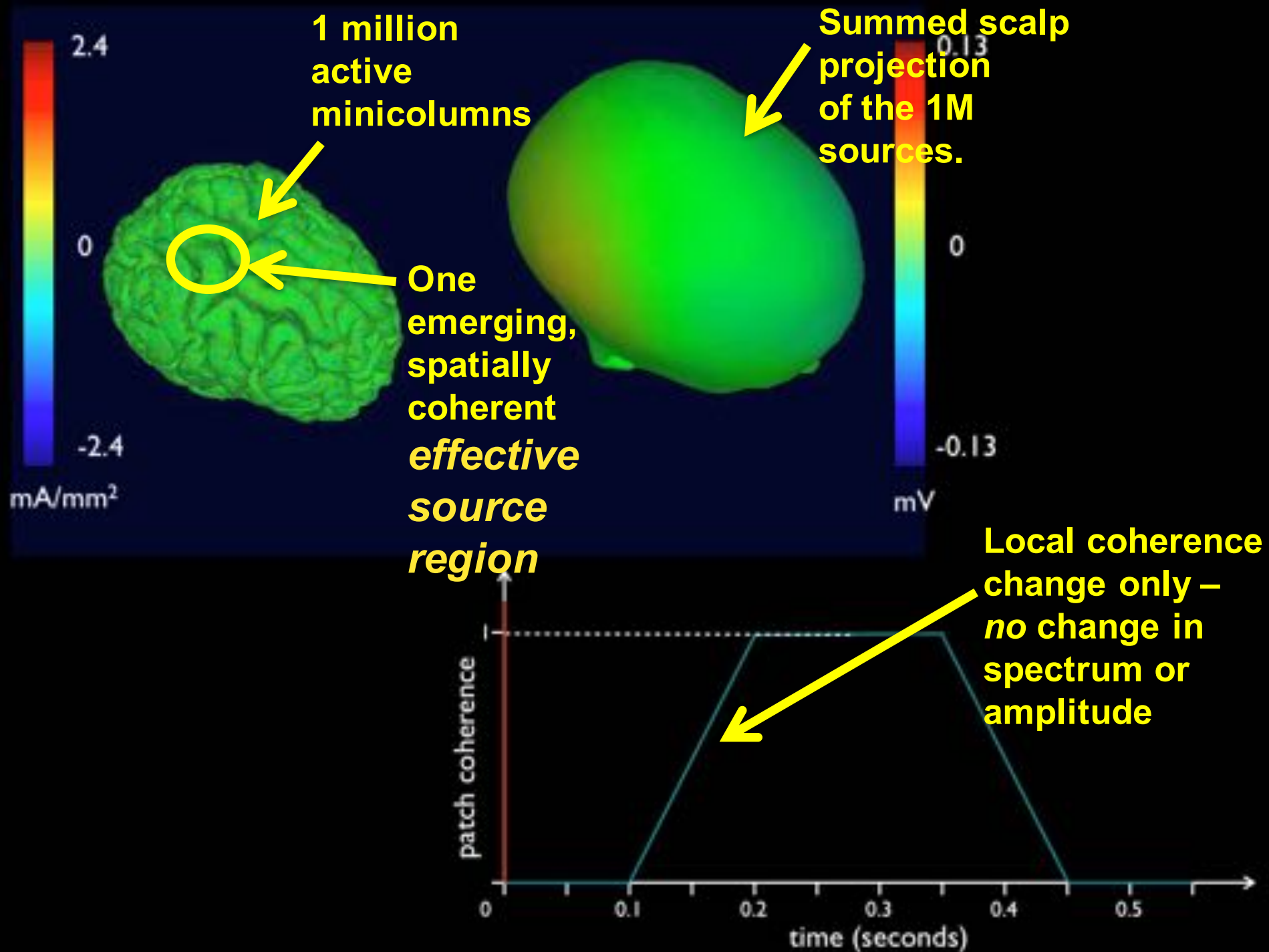


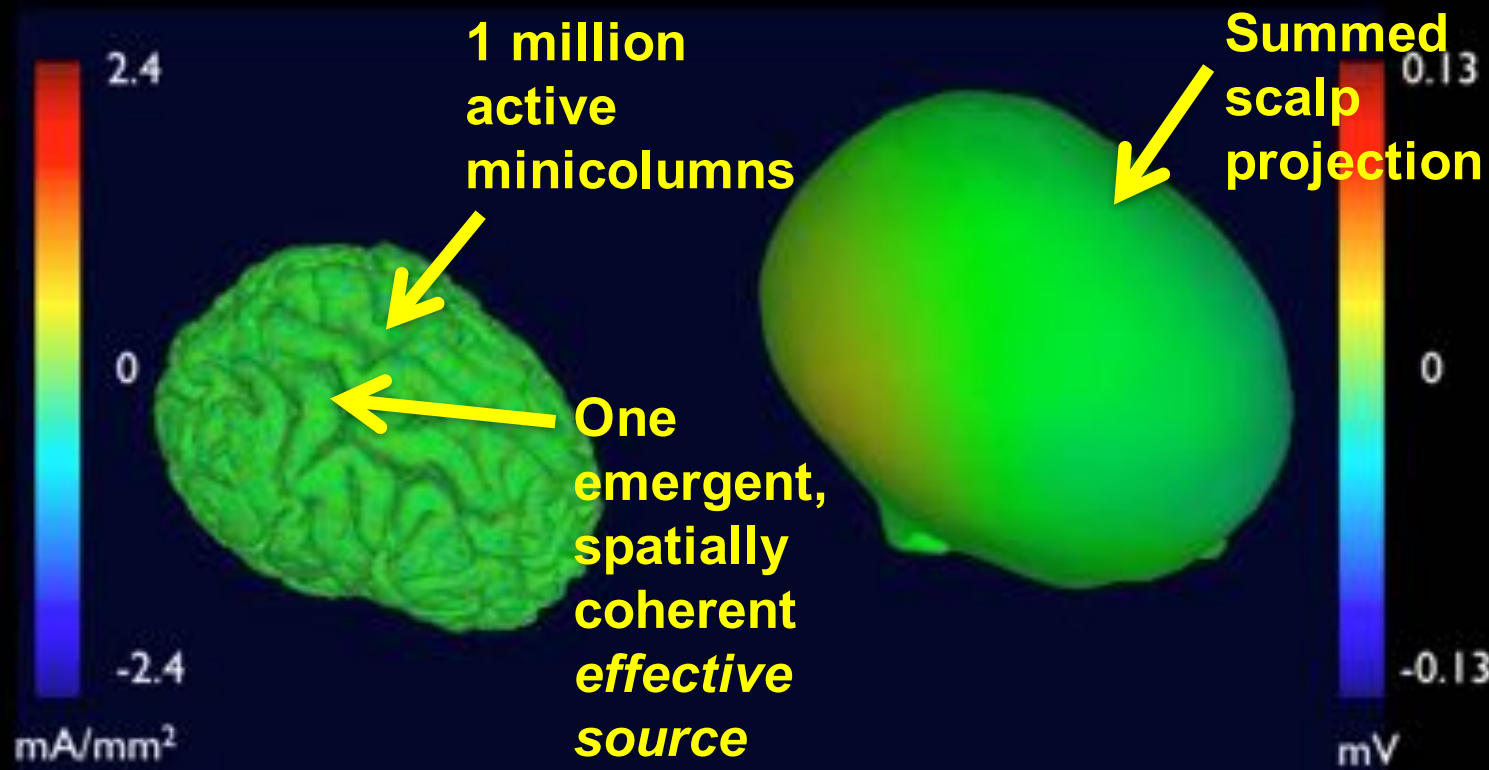
Smaller



What is EEG?

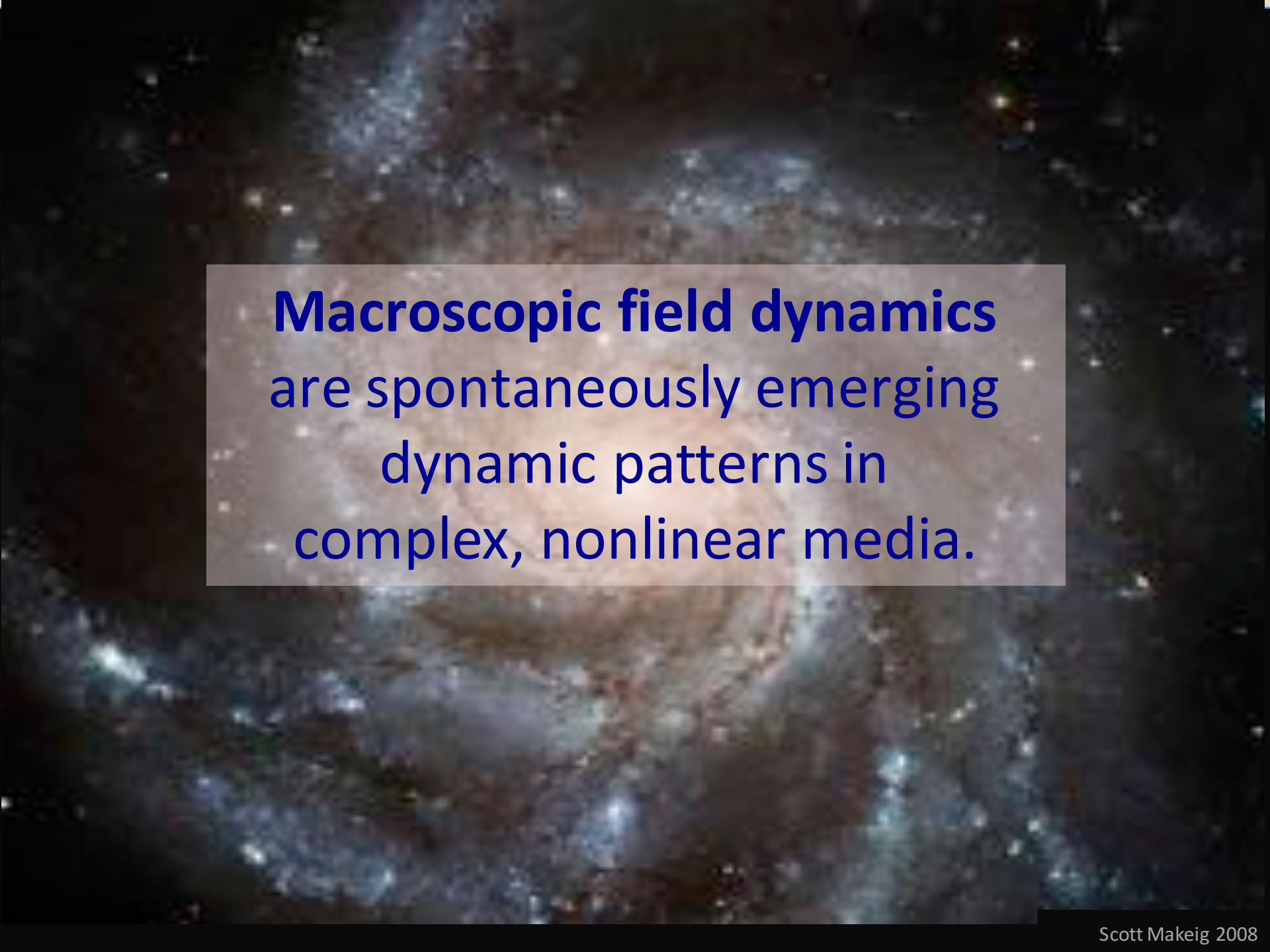
- A small portion of *cortical* brain electrical activity
- An even smaller portion of *total* brain electrical activity
- **But *which* portion?**
- **Triggered and modulated *how*?**
- **With *what* functional significance?**





The *effective sources* of the scalp EEG are emergent islands of LFP synchrony or relative synchrony.





Macroscopic field dynamics
are spontaneously emerging
dynamic patterns in
complex, nonlinear media.

The spatiotemporal field dynamics
of cortex have not yet been imaged
on multiple spatial scales
simultaneously !



Phase cones (Freeman)

Avalanches (Plenz)



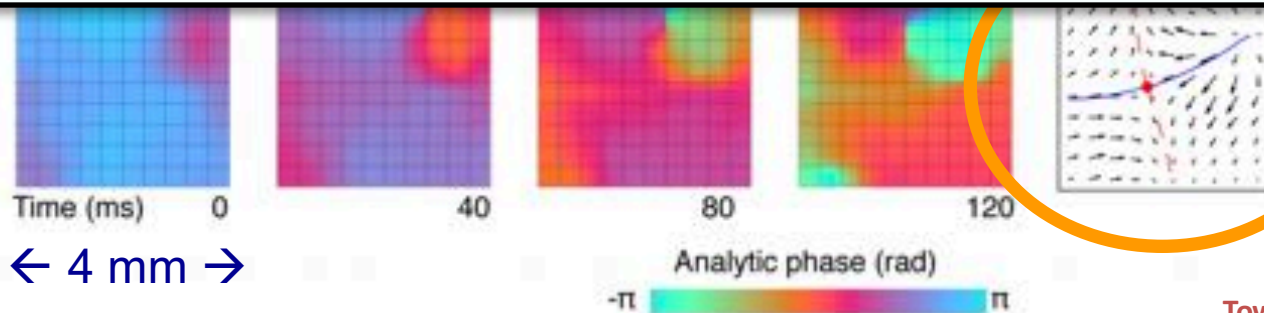
Delta band (1-4 Hz)
in
anesth.
animals



“Synchrony was associated with high delta-band amplitude (averaged across the recording array), whereas complex waves were associated with low average delta-band amplitude. ...



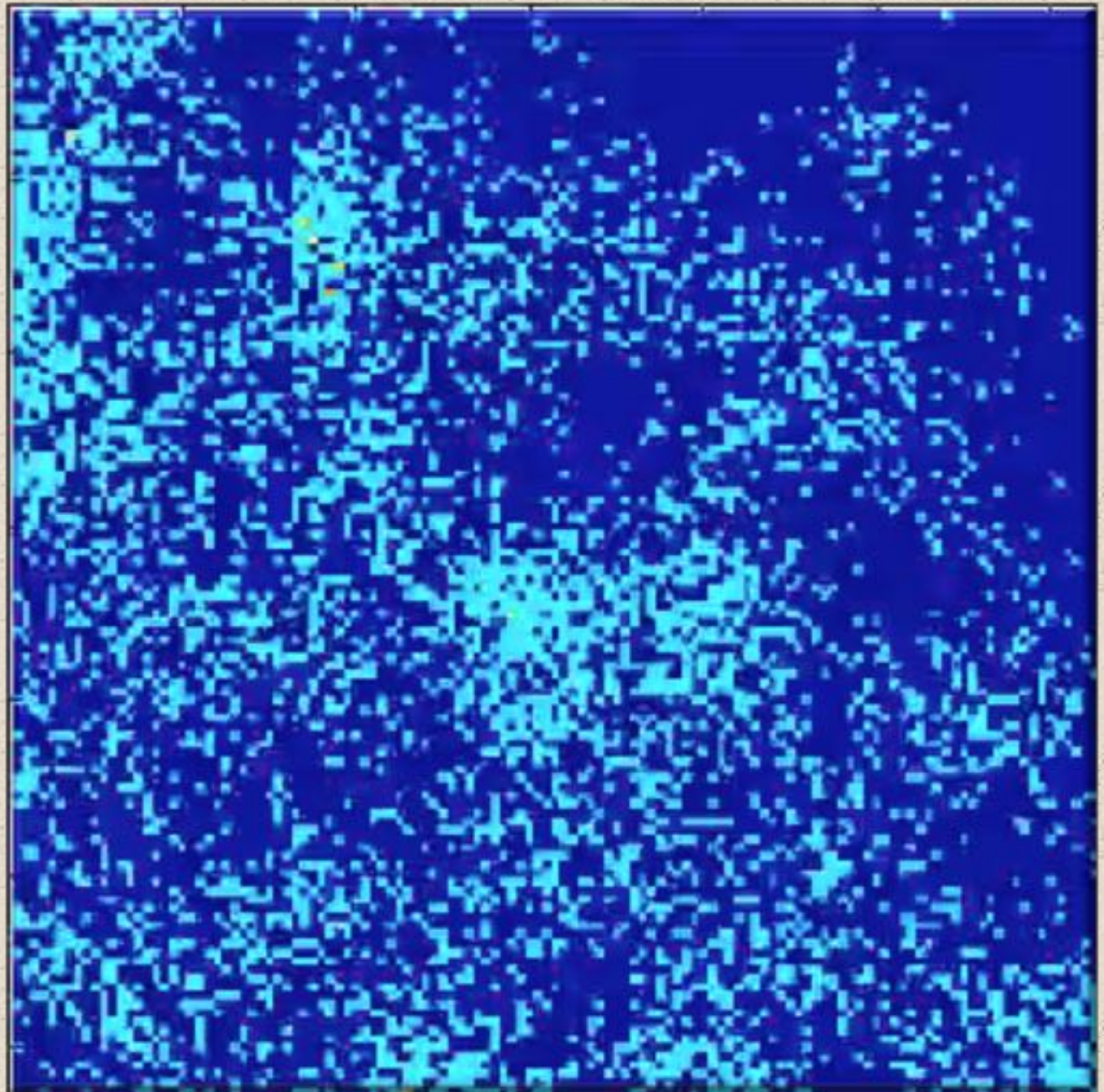
Spike rates were highest near the position and time of spirals and saddles and lowest in the presence of synchrony.”



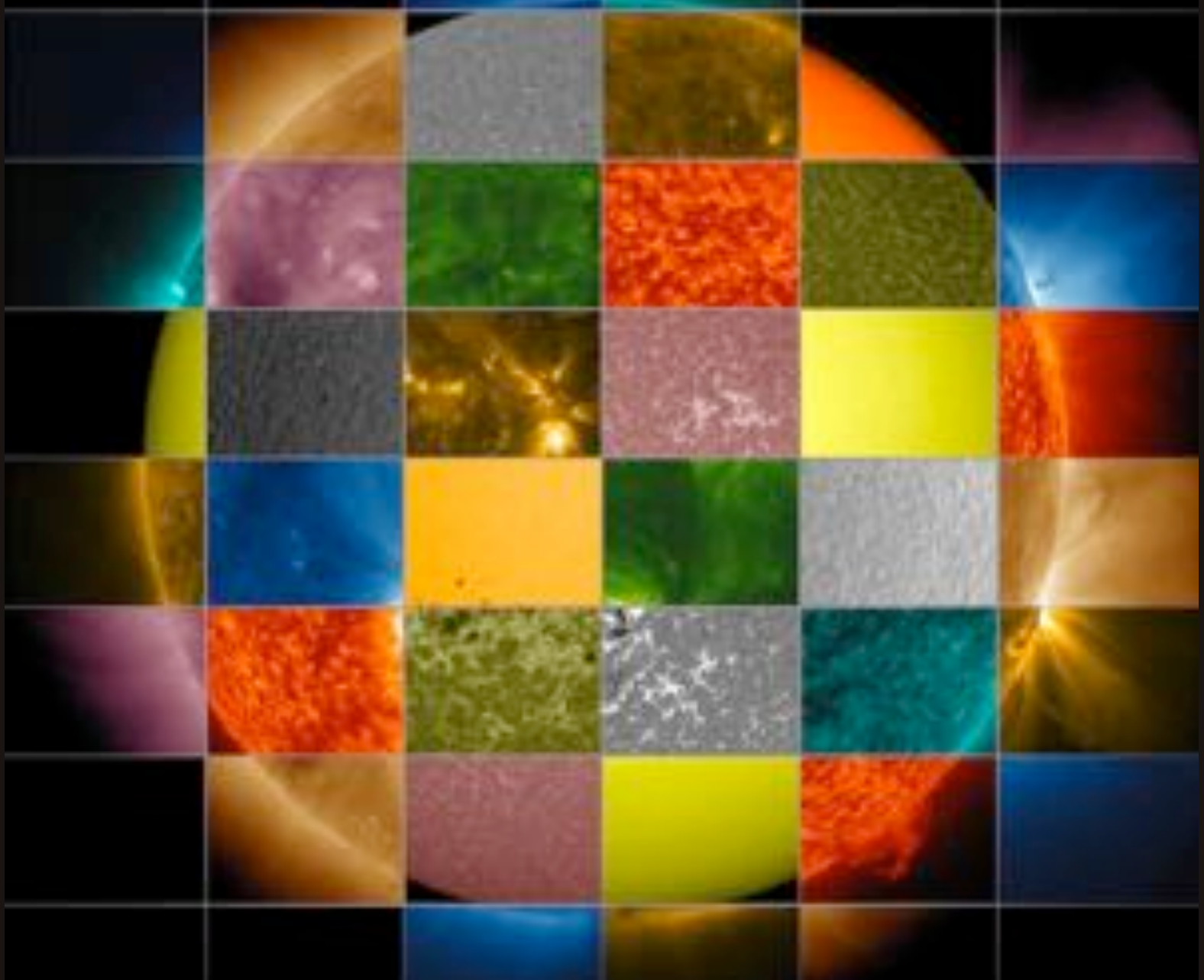
Simple patterns

Complex patterns

Simulation

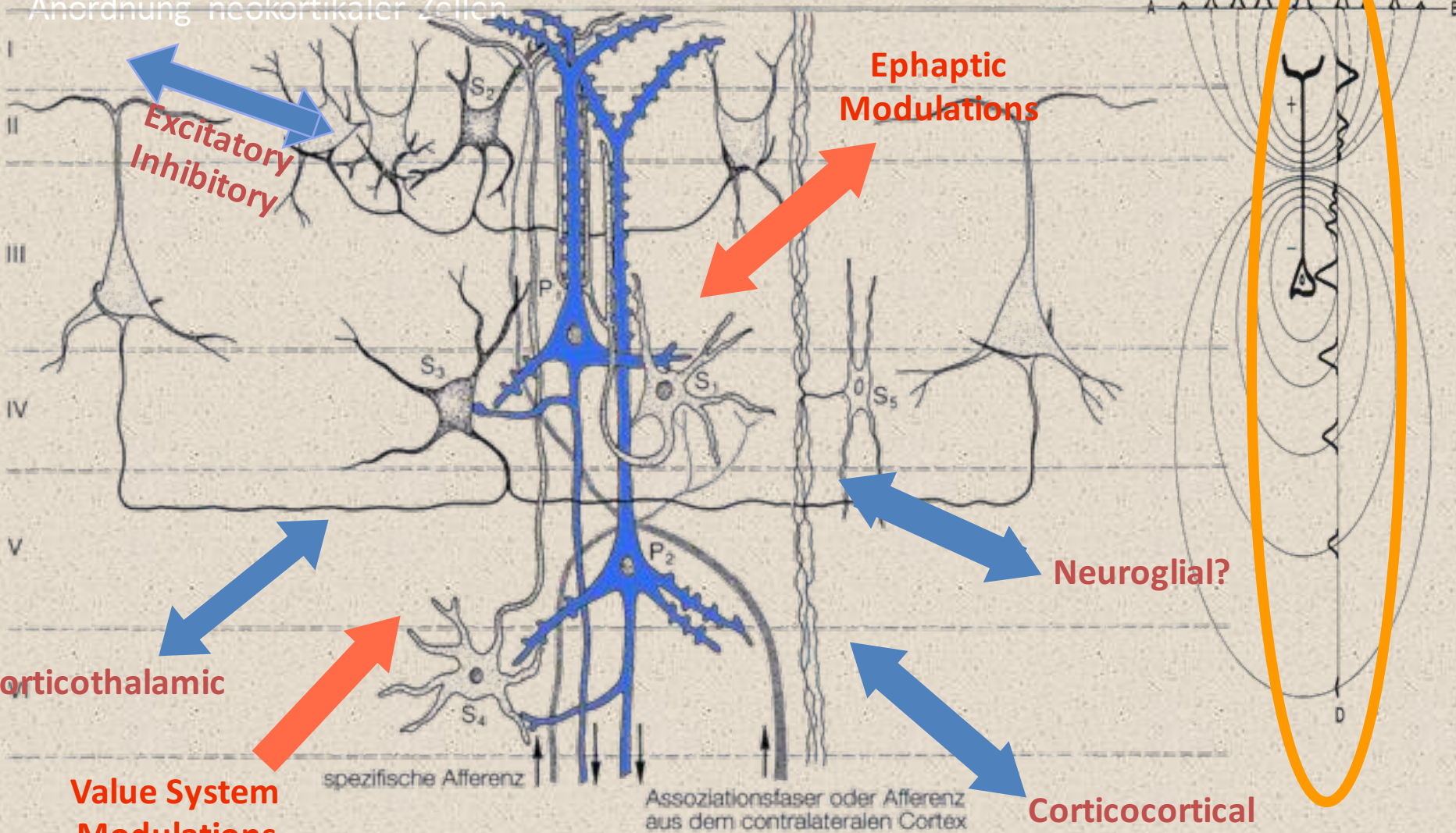


Spatial patterning may depend on frequency



The generation and modulation of EEG / LFP is COMPLEX

Anordnung neokortikaler Zellen



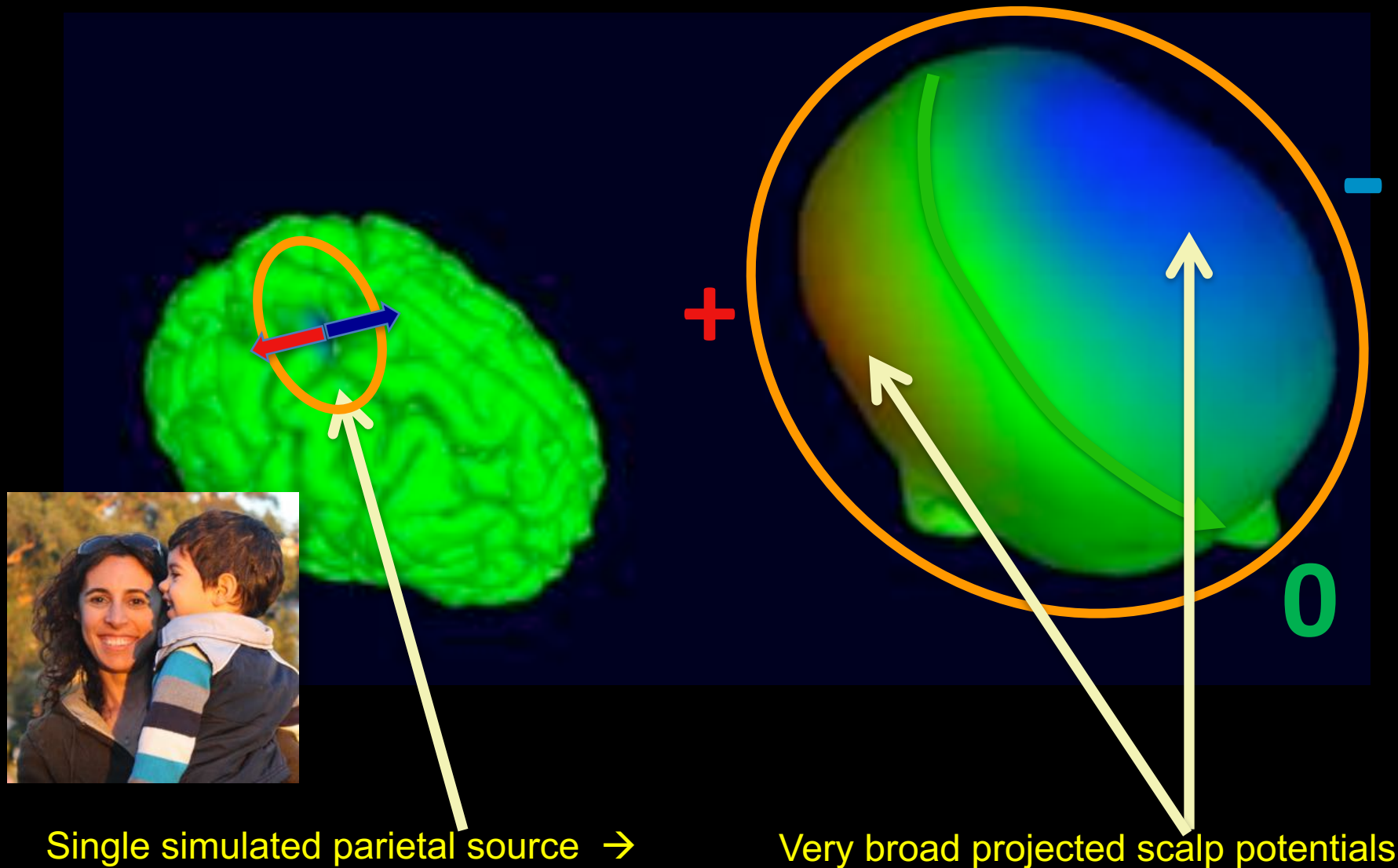


The diagram illustrates the process of scalp EEG. It shows a cross-section of the head with several yellow electrodes placed on the skin. Lines represent the paths of electrical signals from the brain's cortex through the skull and scalp to the electrodes. Labels include 'Electrodes' at the top right, 'Cortex' in the middle, and 'Skin' at the bottom right. There are also labels for 'Local Synchrony' and 'Effective Sources' with arrows pointing to specific brain regions. A large blue fish is depicted in the upper right corner. The background features a network of blue and grey lines representing neural connections.

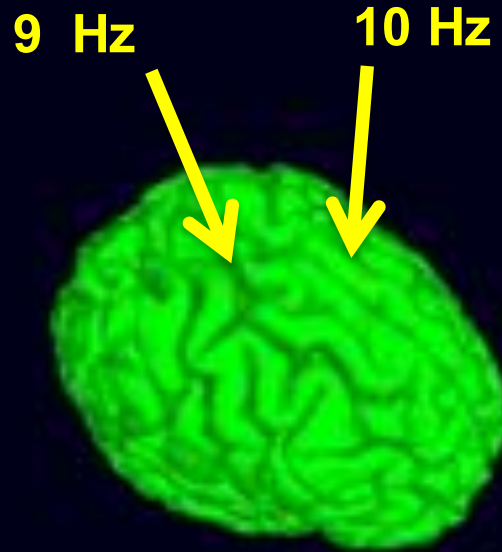
Scalp EEG

Each scalp EEG data channel sums the projected activities of multiple brain (and non-brain) source processes.

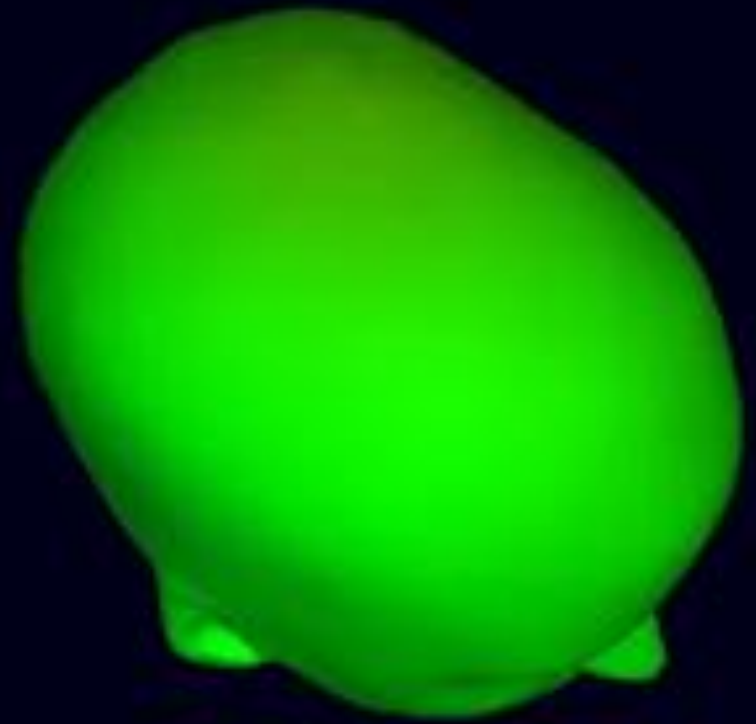
The very broad EEG point-spread function



The very broad EEG point-spread function



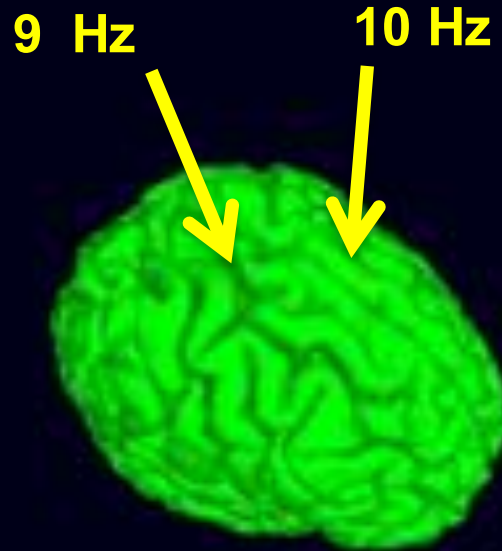
**Two spatially static
cortical sources**



Scalp projection

The very broad EEG point-spread function

Phenomena



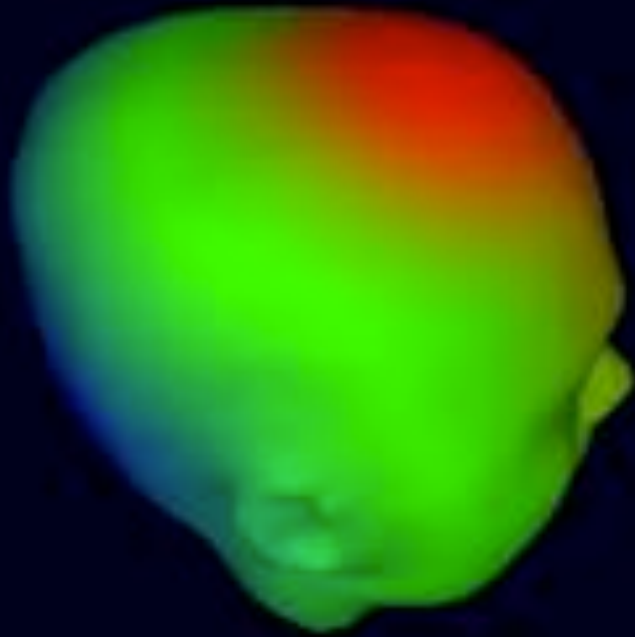
**Two spatially stationary
cortical effective sources**

Epiphenomenal

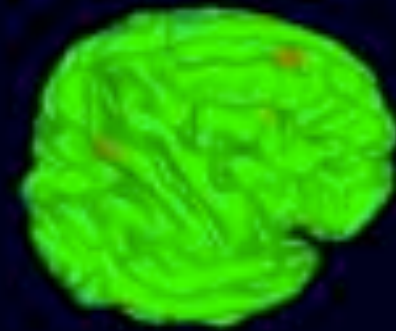
**ep·i·phe·nom·e·non --
a secondary effect or
byproduct that arises from
but does not causally
influence a process.**

**Summed
scalp projection**

Summed scalp projections of 13 effective brain sources



*Epiphenomenal
Impressions*



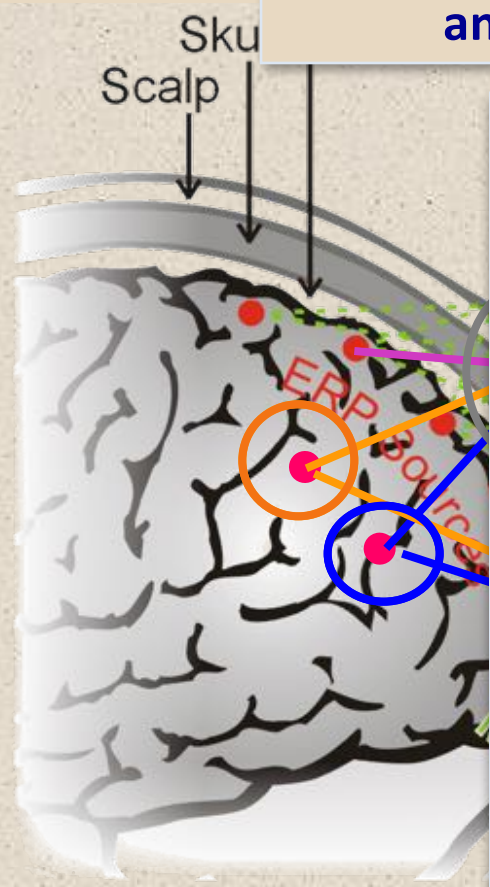
*Causal
Phenomena*

Blind EEG Source Separation by Independent Component Analysis



Tony Bell,
developer of
Infomax ICA

ICA can find distinct EEG source activities -- and their 'simple' scalp maps!



Independent Component Analysis of Electroencephalographic Data

Scott Makeig
Neural Systems Research Center
P.O. Box 401000
San Diego, CA 92160-1000
smakeig@ucsd.edu

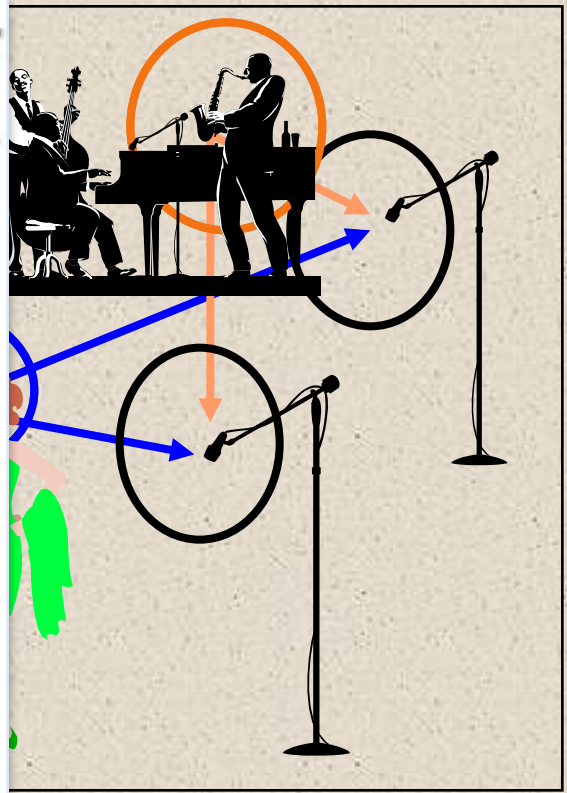
Anthony J. Bell
Computational Neurobiology Lab
The Salk Institute, P.O. Box 84800
San Diego, CA 92186-8400
tony@salk.edu

Wang-Ping Jung
Neural Systems Research Center and
Computational Neurobiology Lab
The Salk Institute, P.O. Box 84800
San Diego, CA 92186-8400
wjung@salk.edu

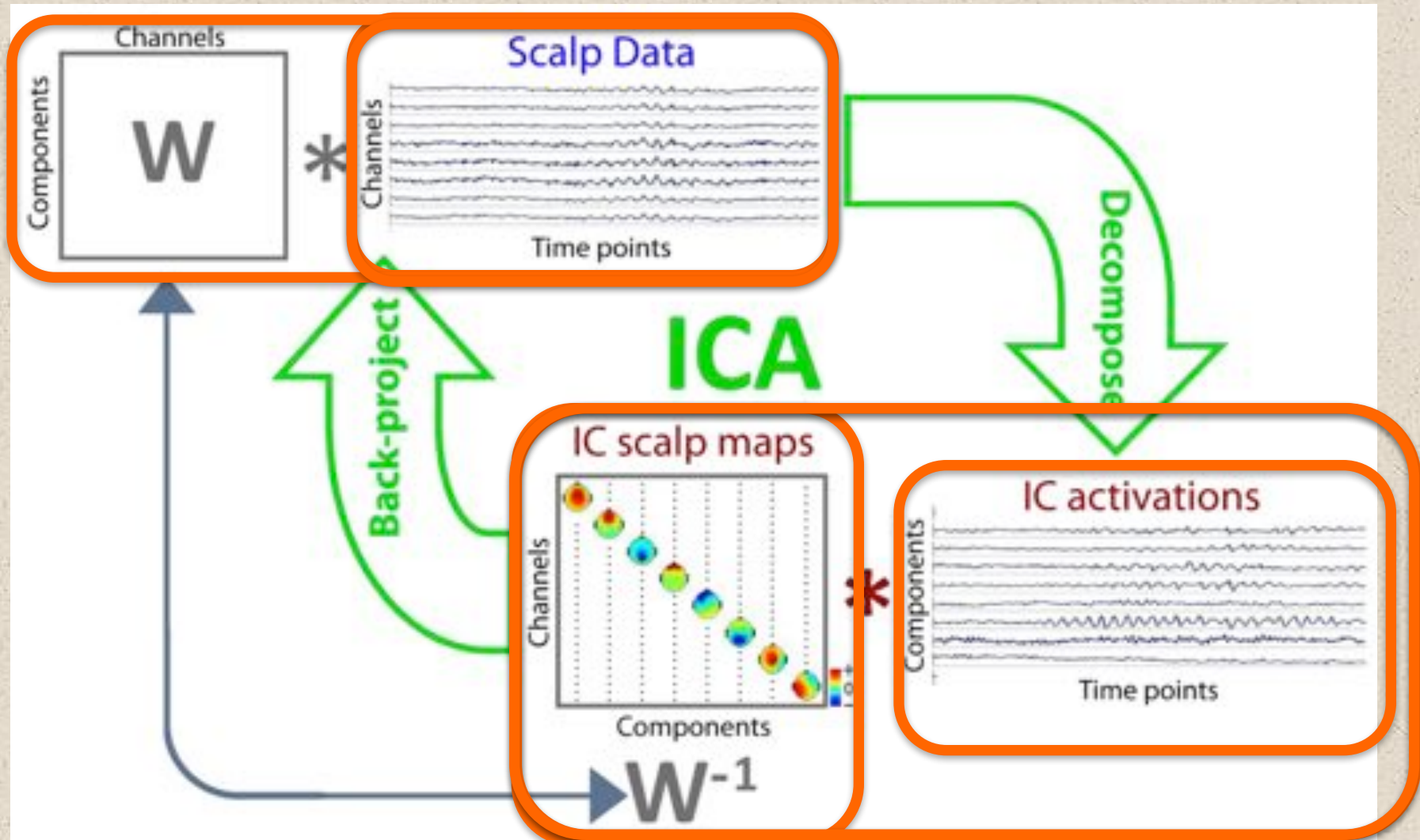
Terrence J. Sejnowski
Howard Hughes Medical Institute and
Computational Neurobiology Lab
The Salk Institute, P.O. Box 84800
San Diego, CA 92186-8400
terry@salk.edu

Abstract

Because of the differences between recorded and brain and their different activities, electroencephalographic (EEG) data collected from any point on the human scalp include activity generated within a large brain area. This spatial averaging of EEG data by volume conduction does not hinder significant time delays, however, suggesting that the Independent Component Analysis (ICA) algorithm of Bell and Sejnowski (1) is suitable for performing blind source separation on EEG data. The ICA algorithm separates the problem of source identification from that of source localization. This article describes the application of the ICA algorithm to EEG and magnetoencephalographic (MEG) data collected during a sustained auditory attention task (2). (1) ICA is useful to localize to different random noise. (2) ICA may be used to separate distinct cortical EEG components (3) and muscle noise, eye movements from other sources. (4) ICA is capable of isolating overlapping EEG phenomena, including alpha and theta bands and spatially separate ERP components, to separate ICA channels. (5) Nonstationarities in EEG and behavioral state can be tracked using ICA via changes in the amount of within-subject correlation between ICA channel output channels.

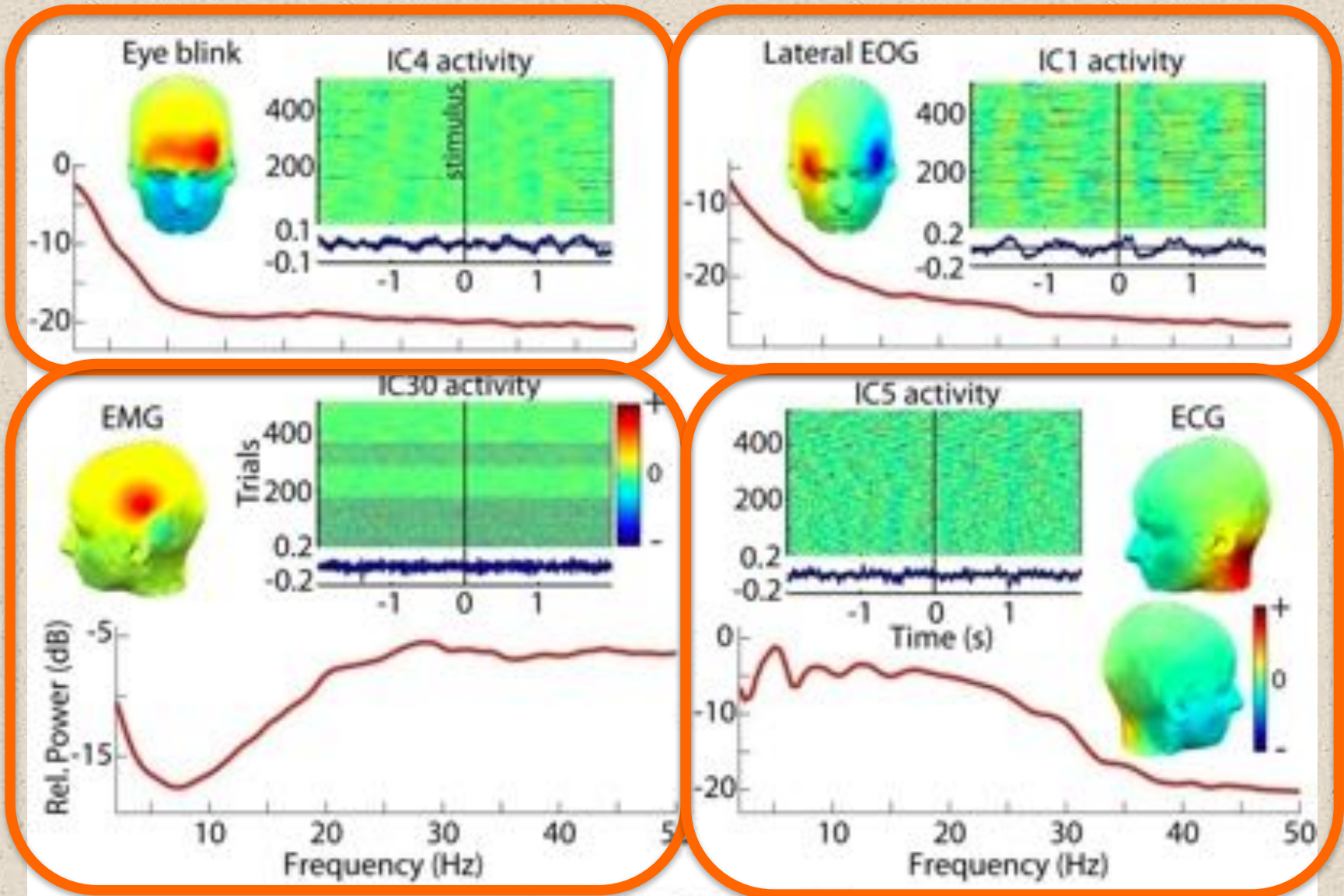


ICA is a linear data decomposition method



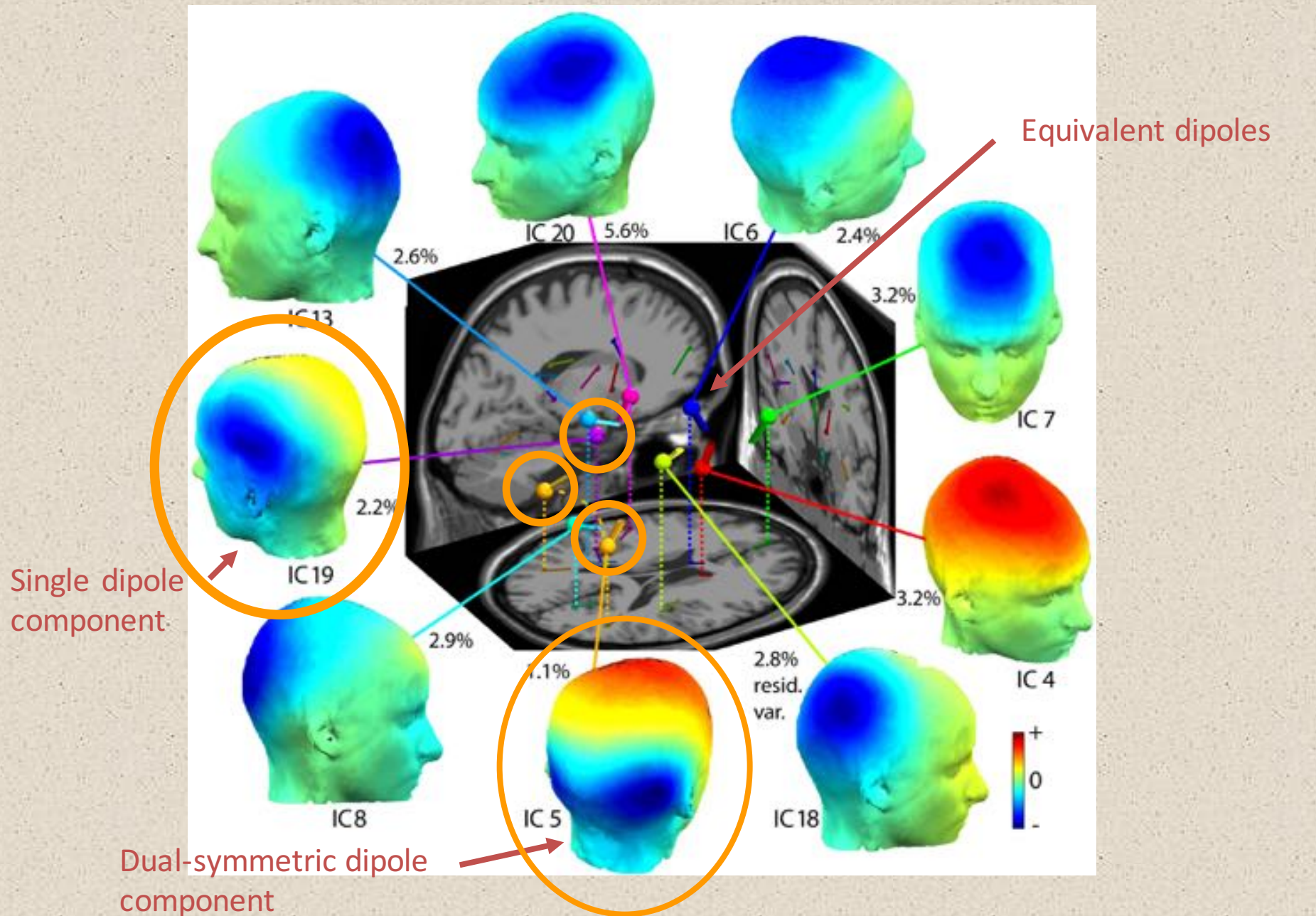
$$\text{Mixing_Matrix} * \text{IC_Activations} = \text{Scalp_Data}$$

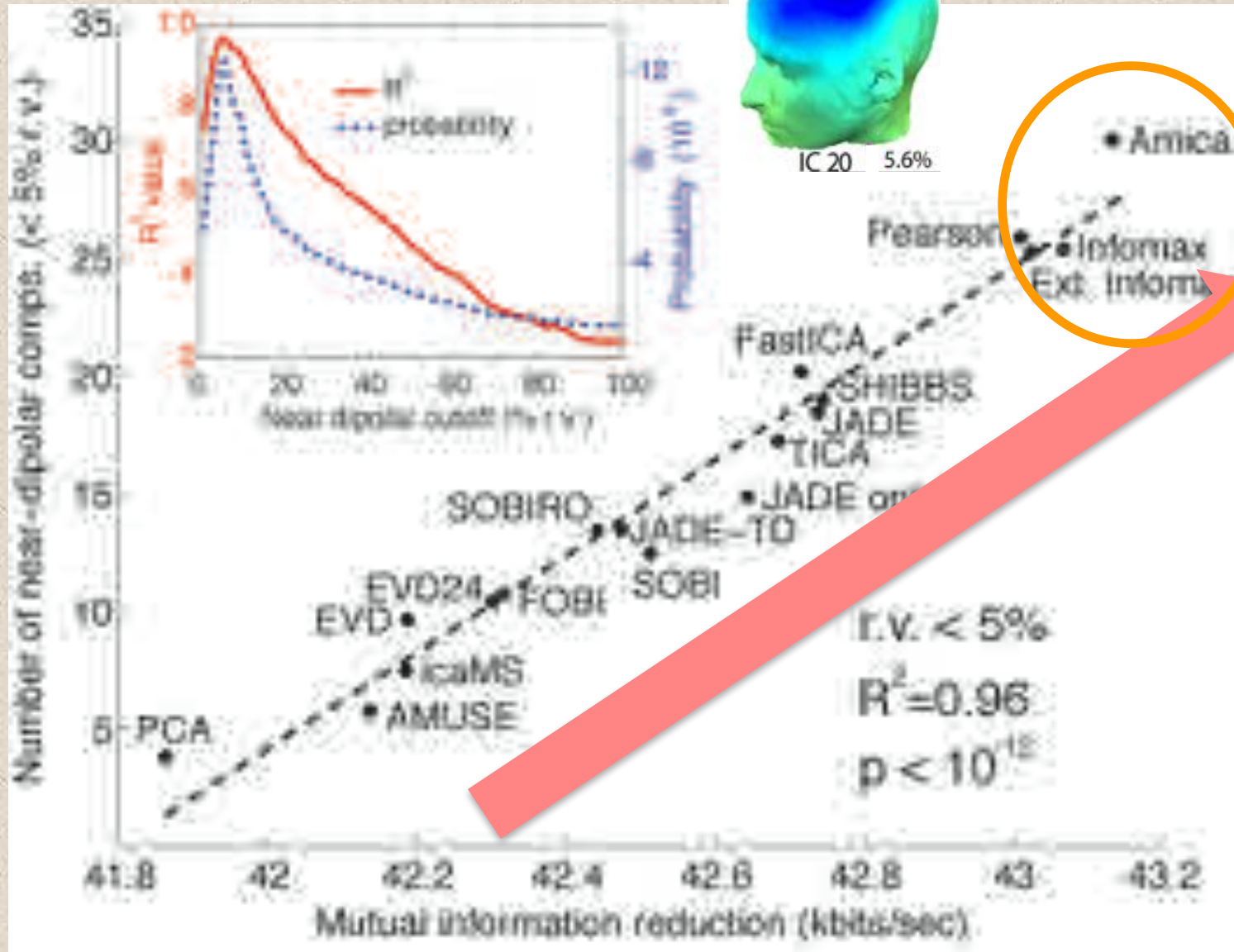
ICA finds Non-Brain Independent Component (IC) Processes ...



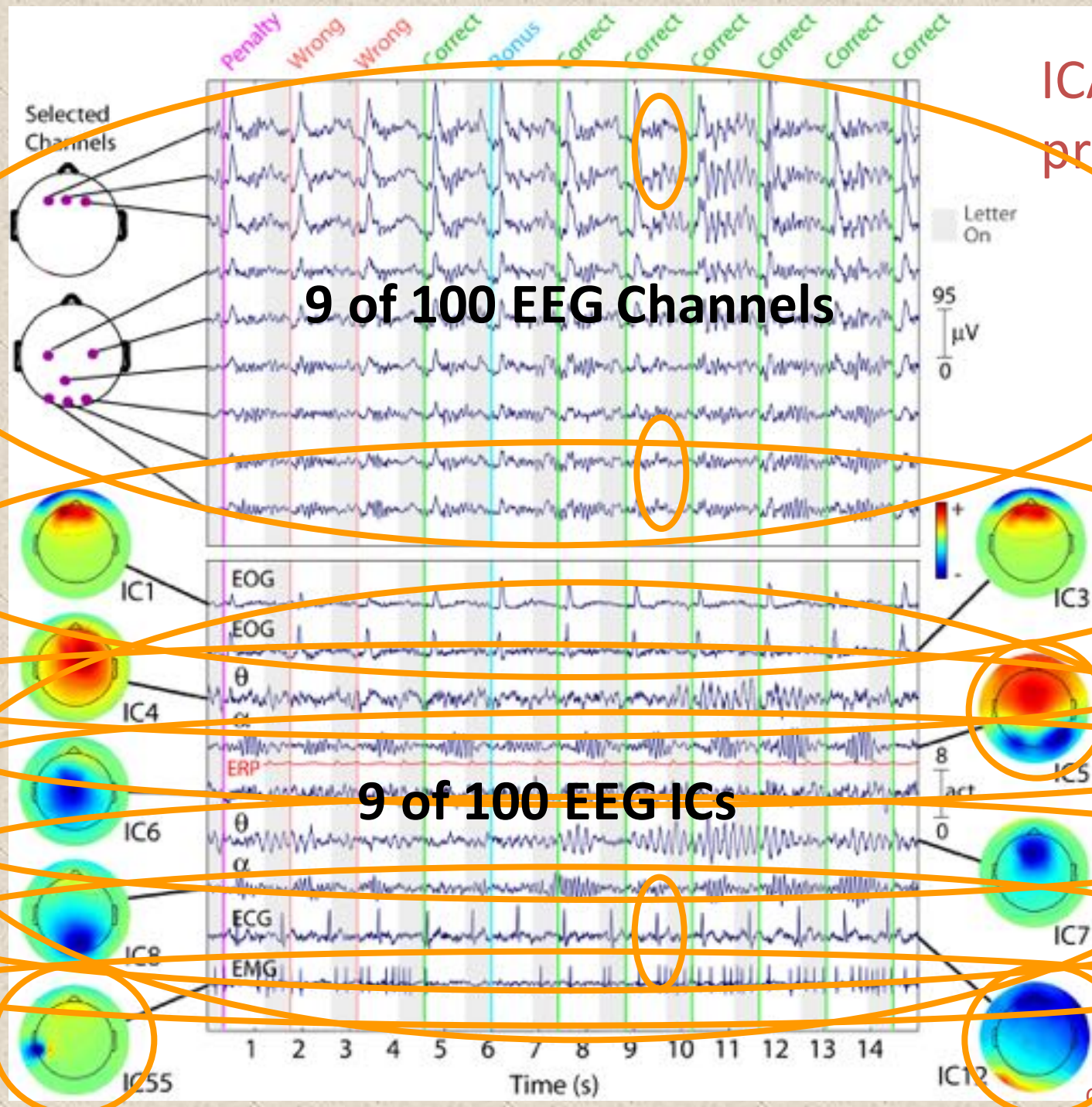
... separates them from the remainder of the data ...

ICA also separates cortical brain IC processes





ICA in practice



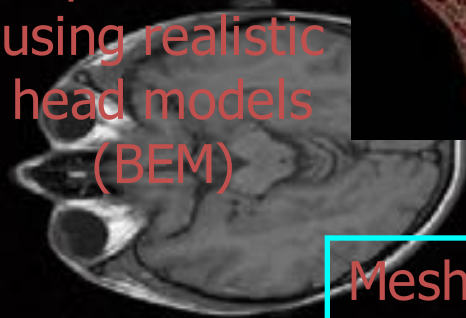
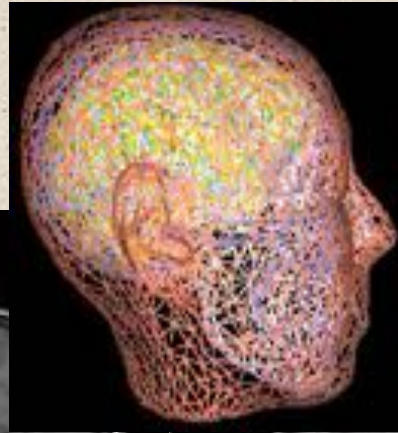
9 of 100 EEG ICs

Electromagnetic source localization using realistic head models

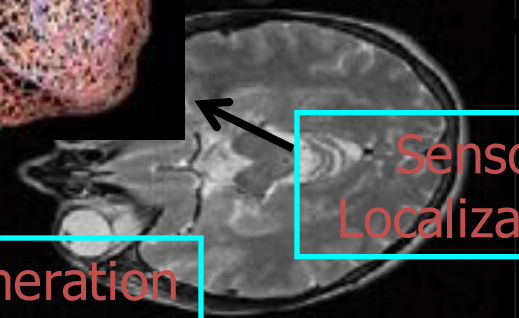


NFT

Solve the forward problem using realistic head models (BEM)



T1-weighted

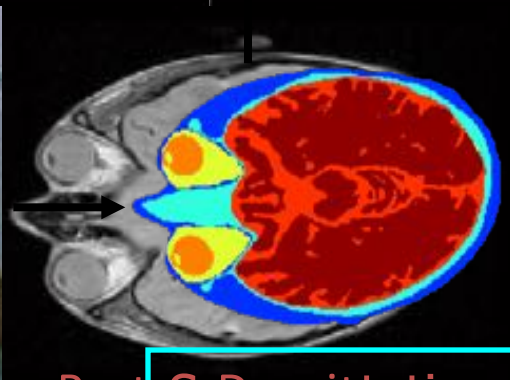


T2-weighted

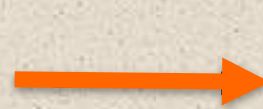
Mesh generation



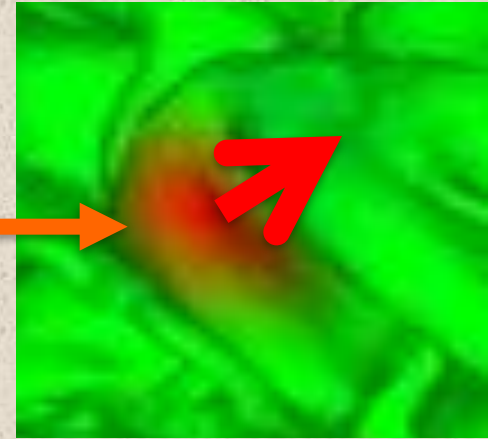
MRI



Protocol Segmentation



Simple Map



Source Estimate

Sensor Localization

Signal Processing

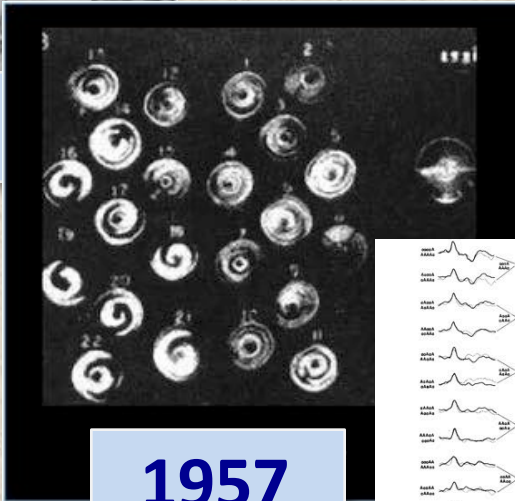


EEG/MEG



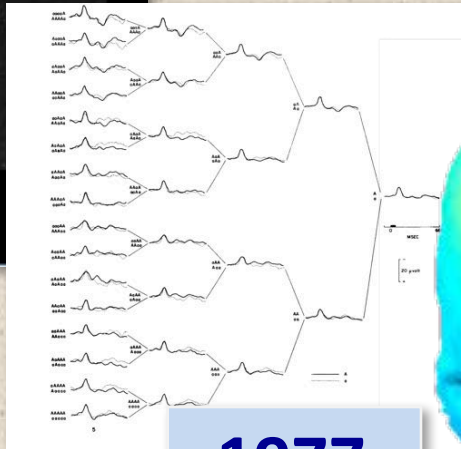
Development of EEG brain Imaging ...

1937



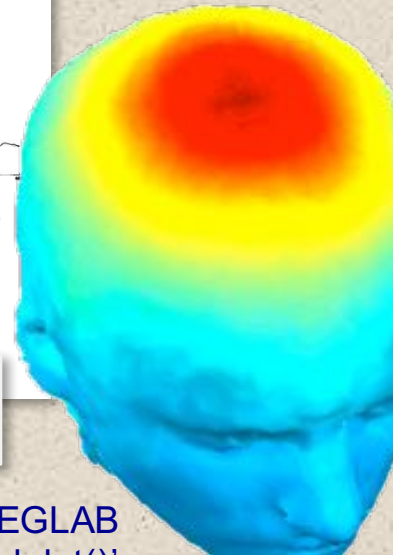
1957

Toposcope
Grey Walter



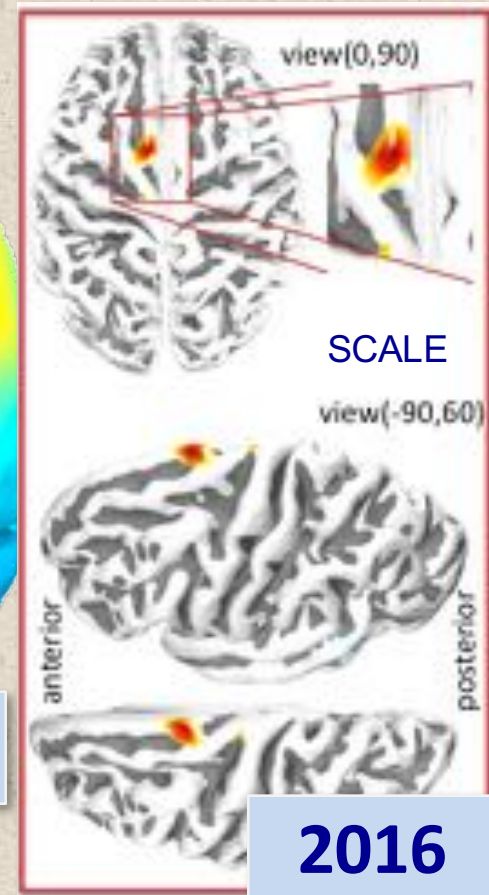
1977

Oddball ERPs
K. Squires et al.



1997

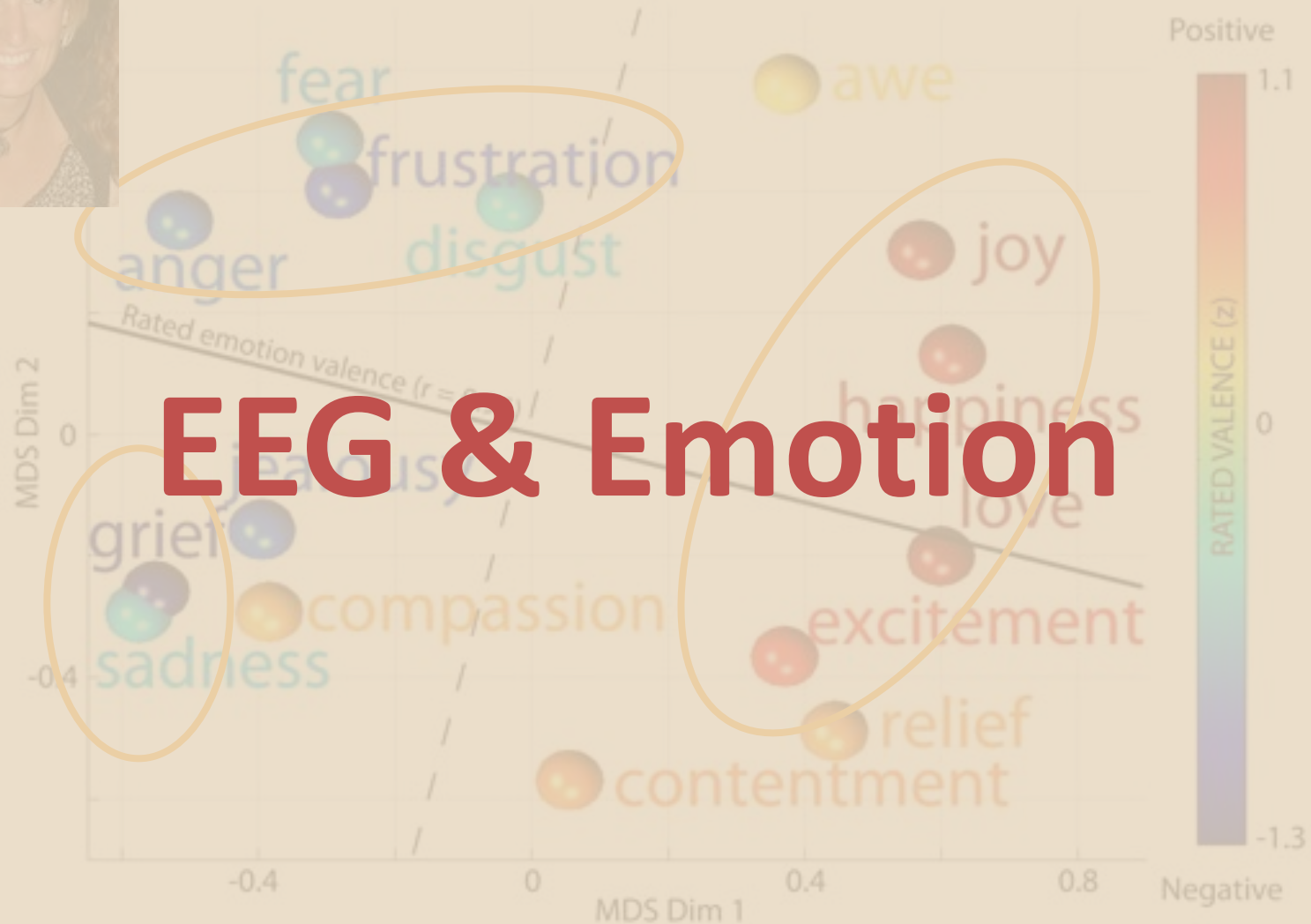
EEGLAB
'headplot()'



2016

A. Akalin Acar et al., 2015

Changes in the distribution of high-frequency broadband EEG power with imagined emotion



EEG Dynamics of Emotion Imagination

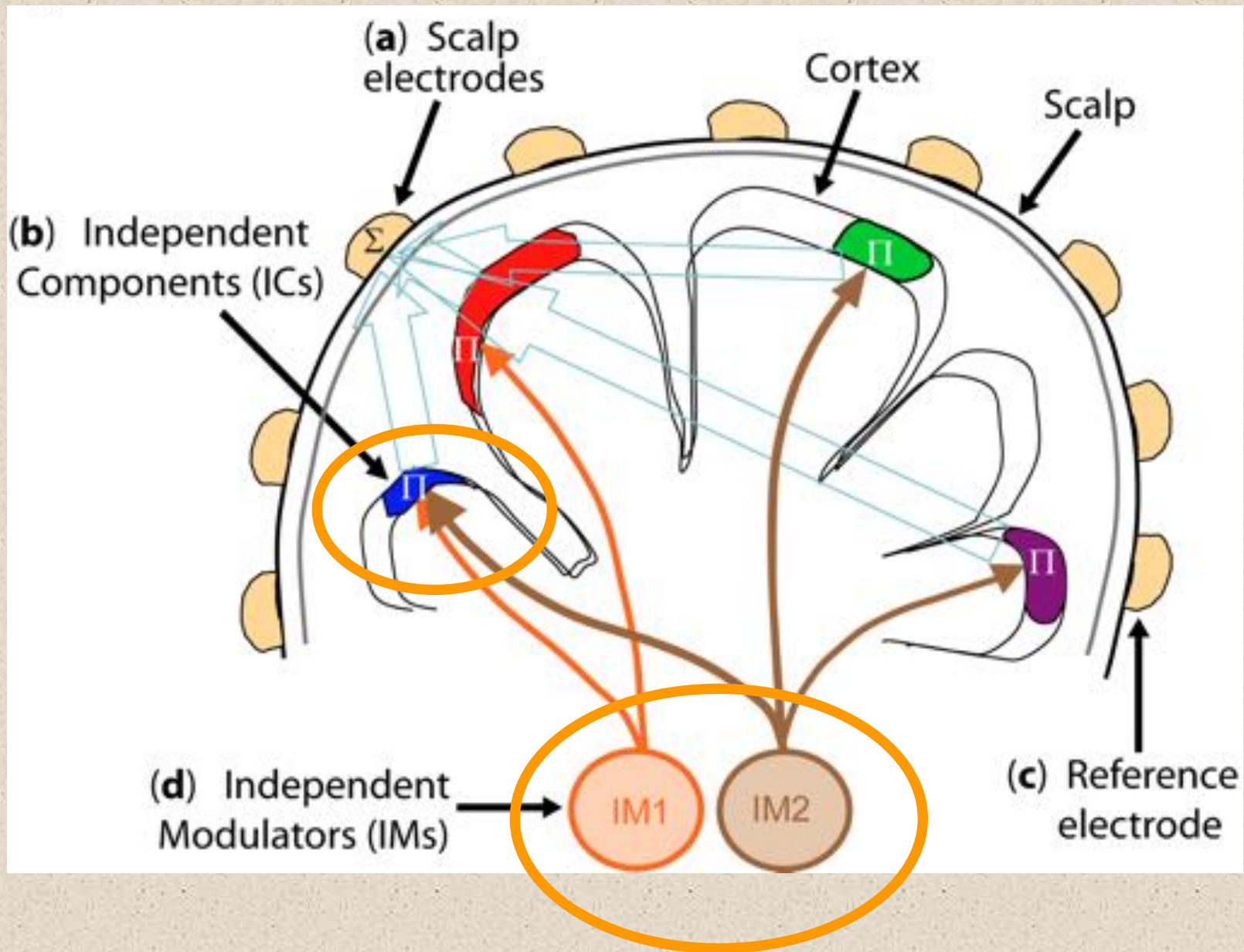


Suggest the imaginative experience of 15 emotions:

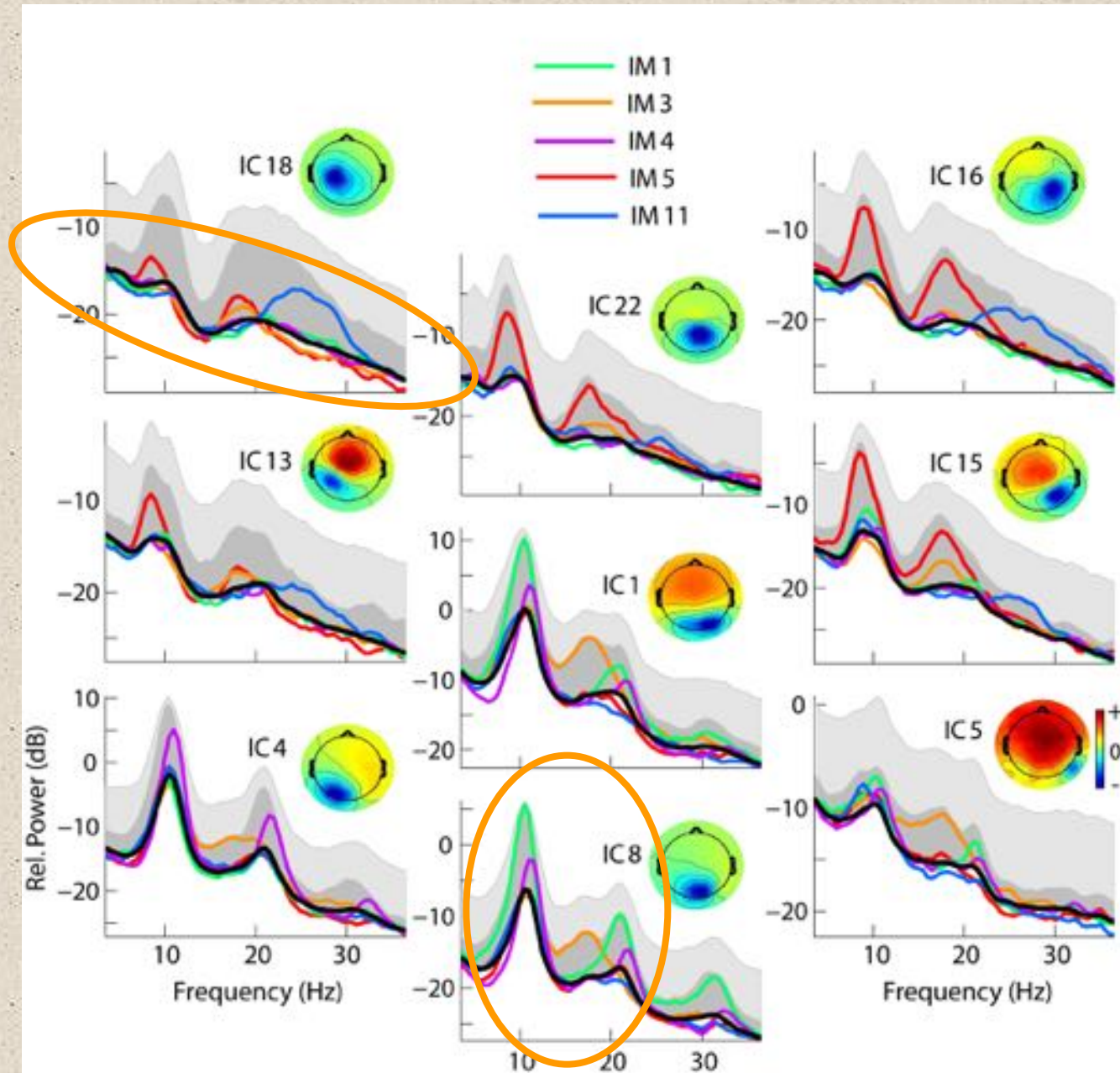
- after Helen Bonny
- relaxation
- alternate positive and negative emotions
- relaxation between emotion episodes
- obtained 1-5 min periods of eyes-closed spontaneous EEG
- 33 subjects

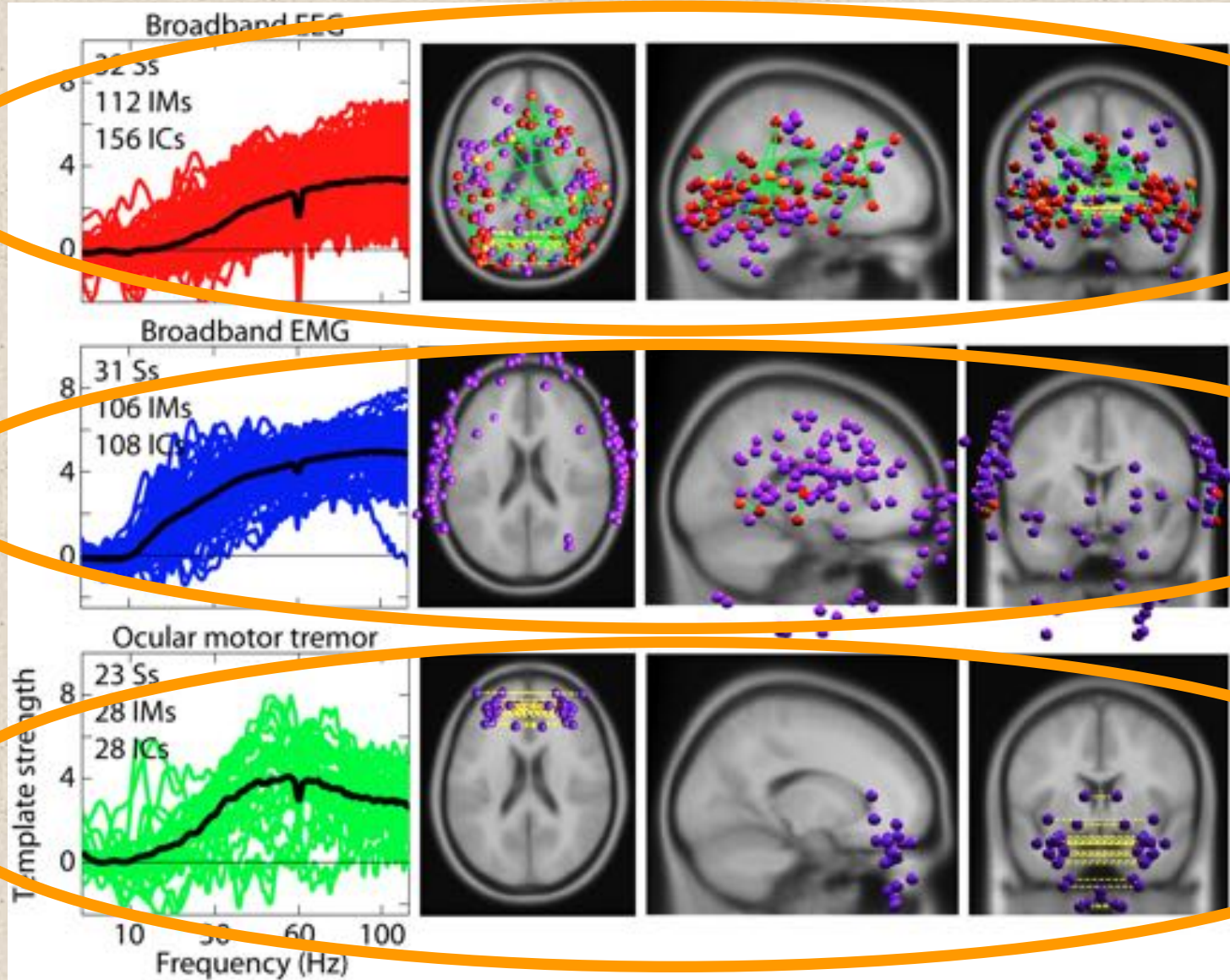


Independent Modulators

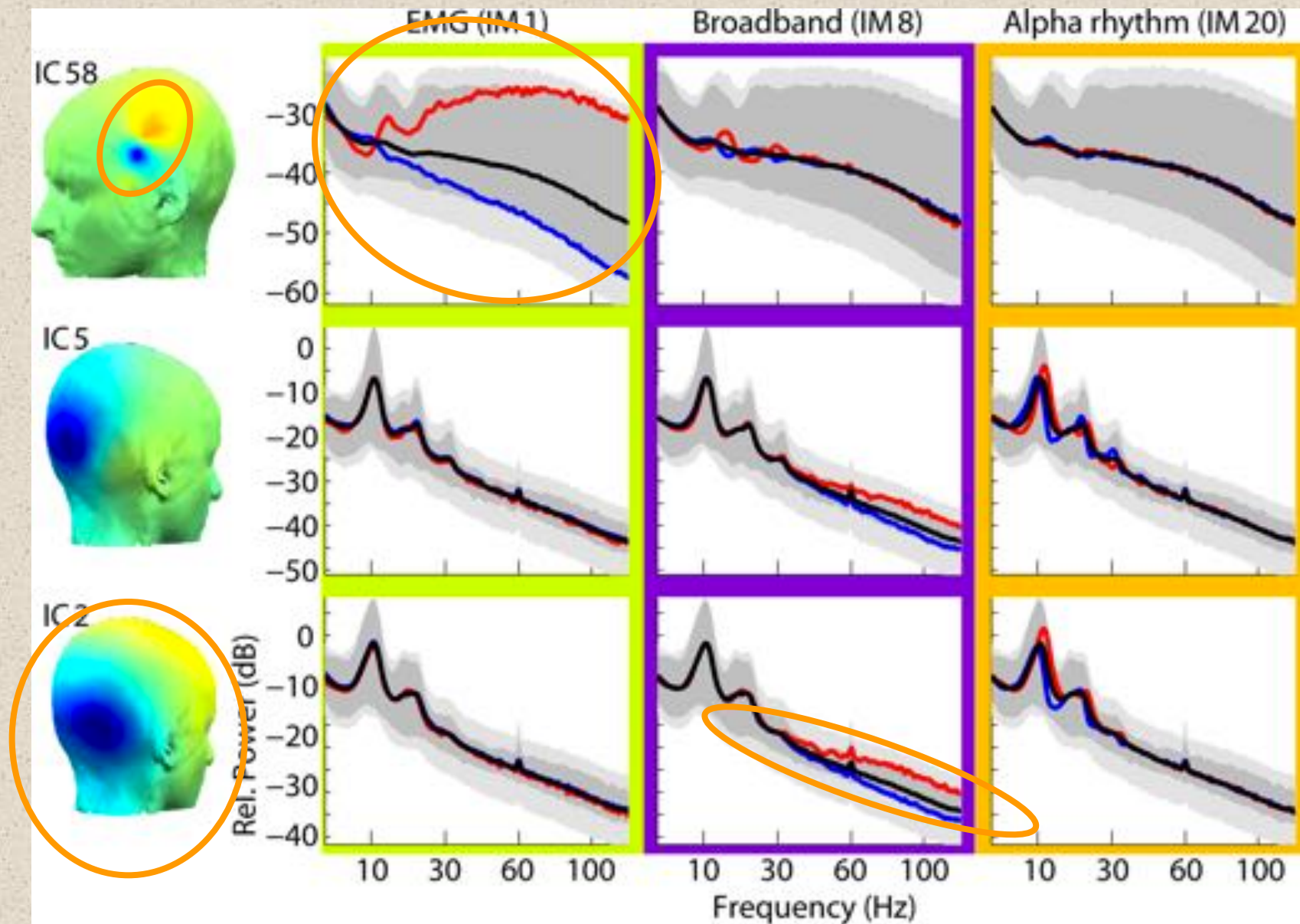


Independent Modulators

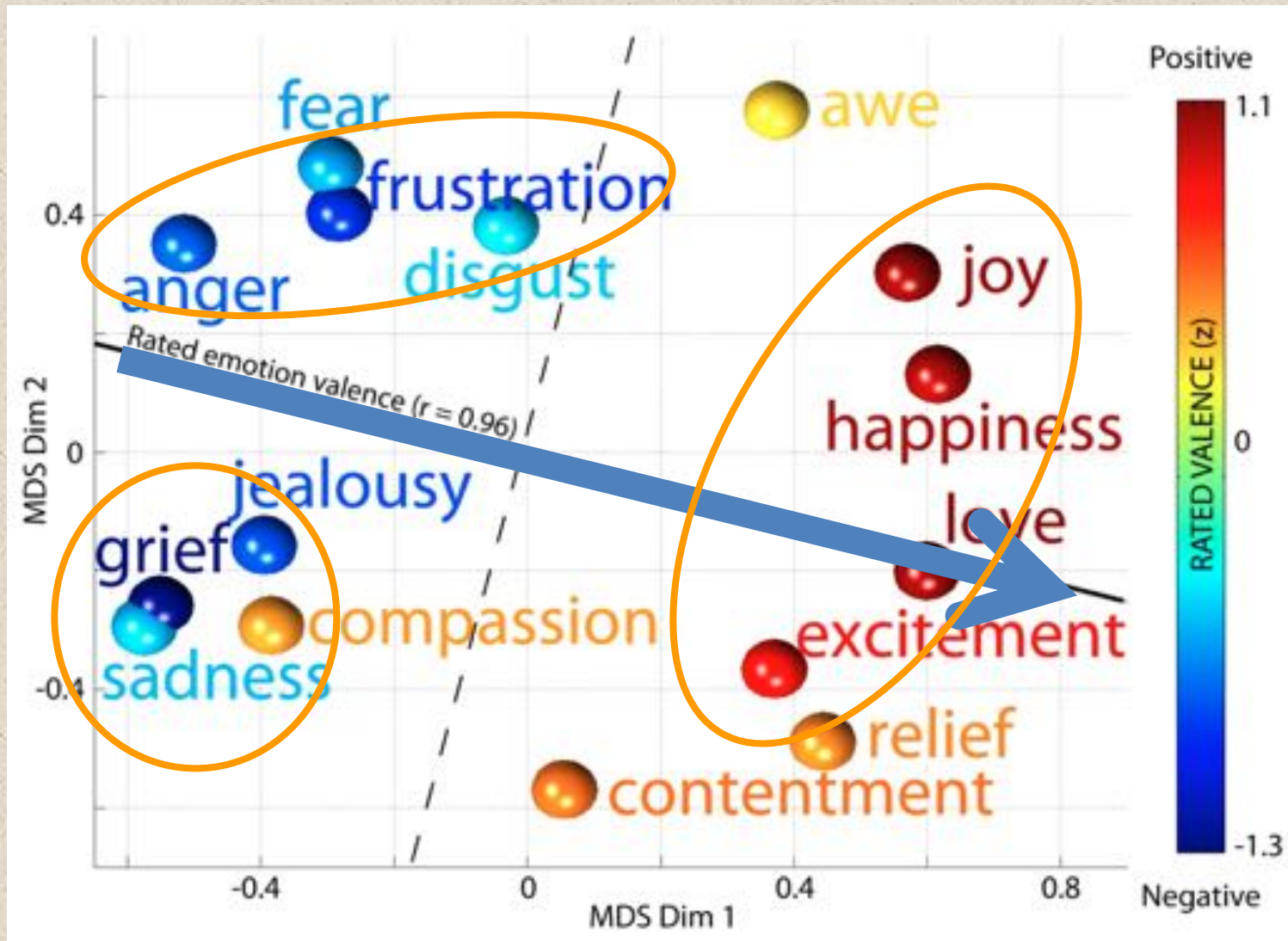


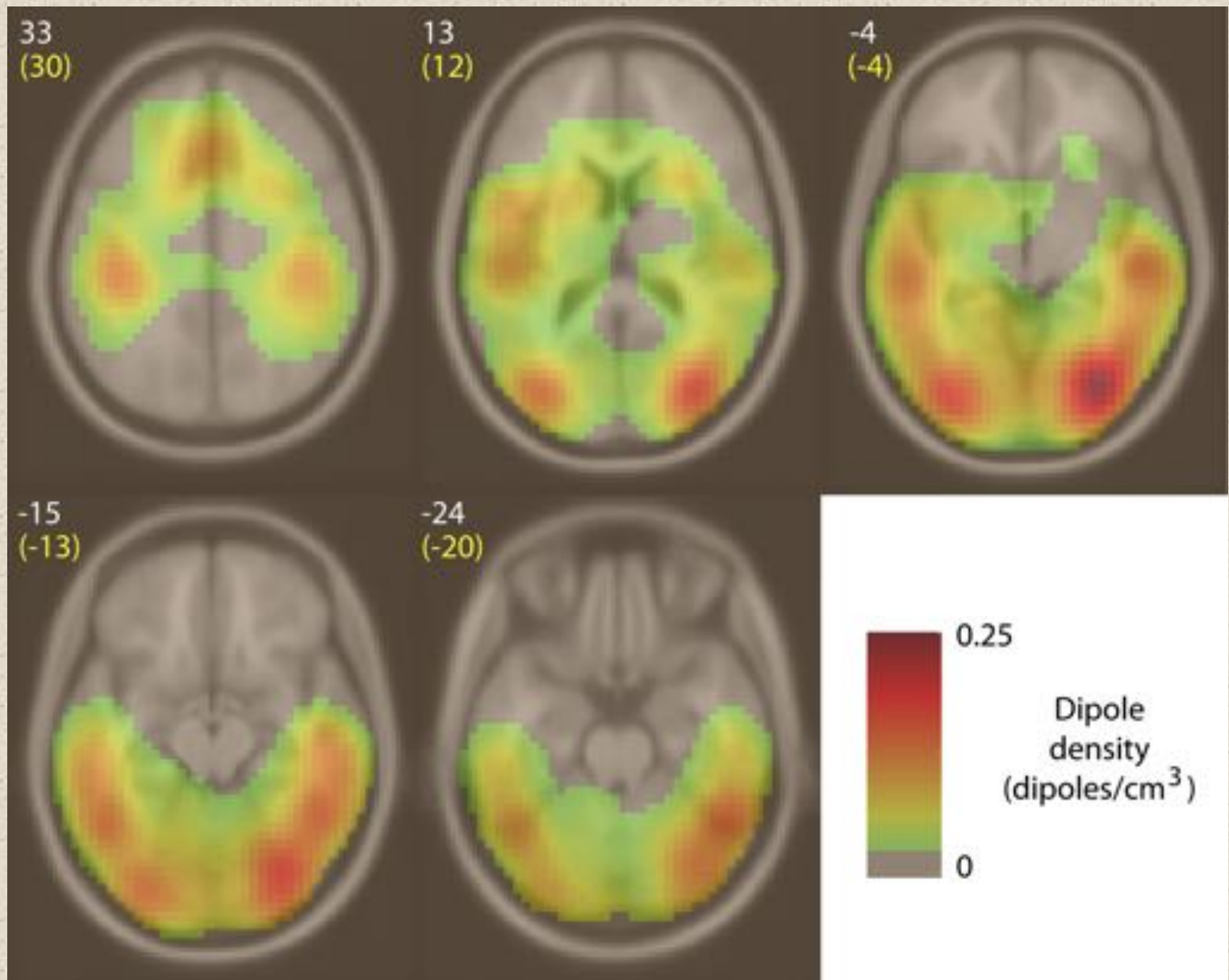


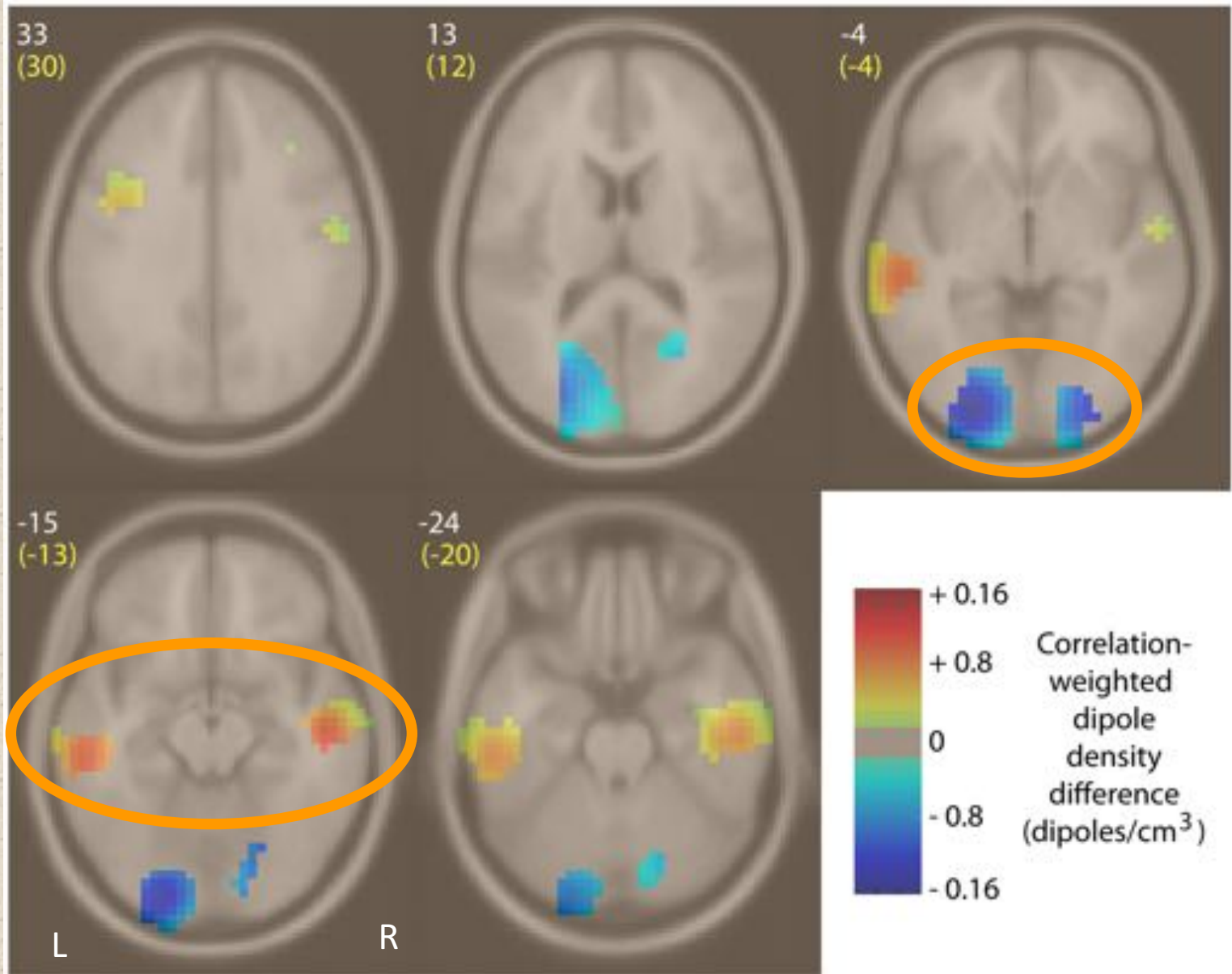
Independent Modulators

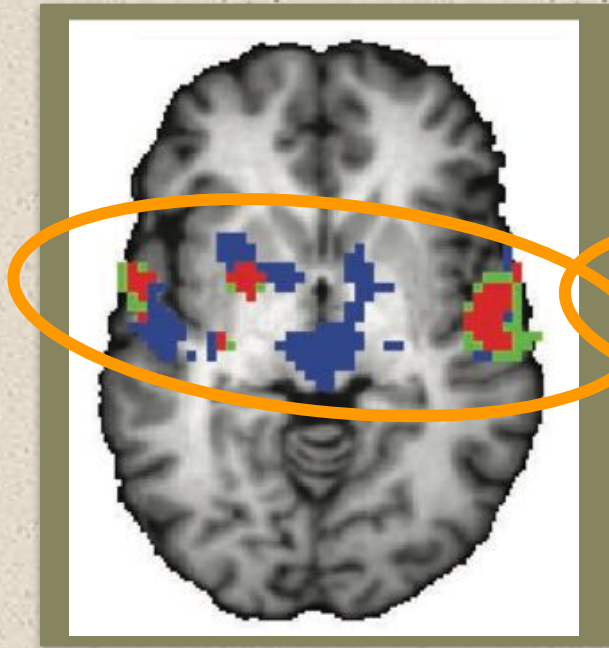


Changes in distribution of *broadband high-frequency* EEG power with imagined emotion



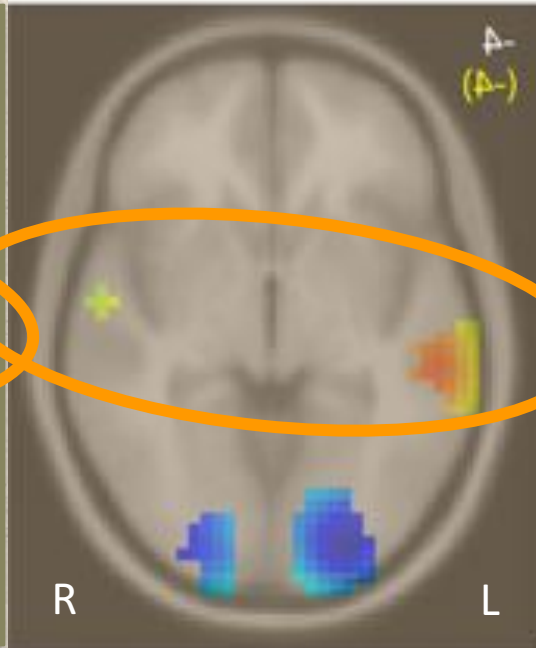






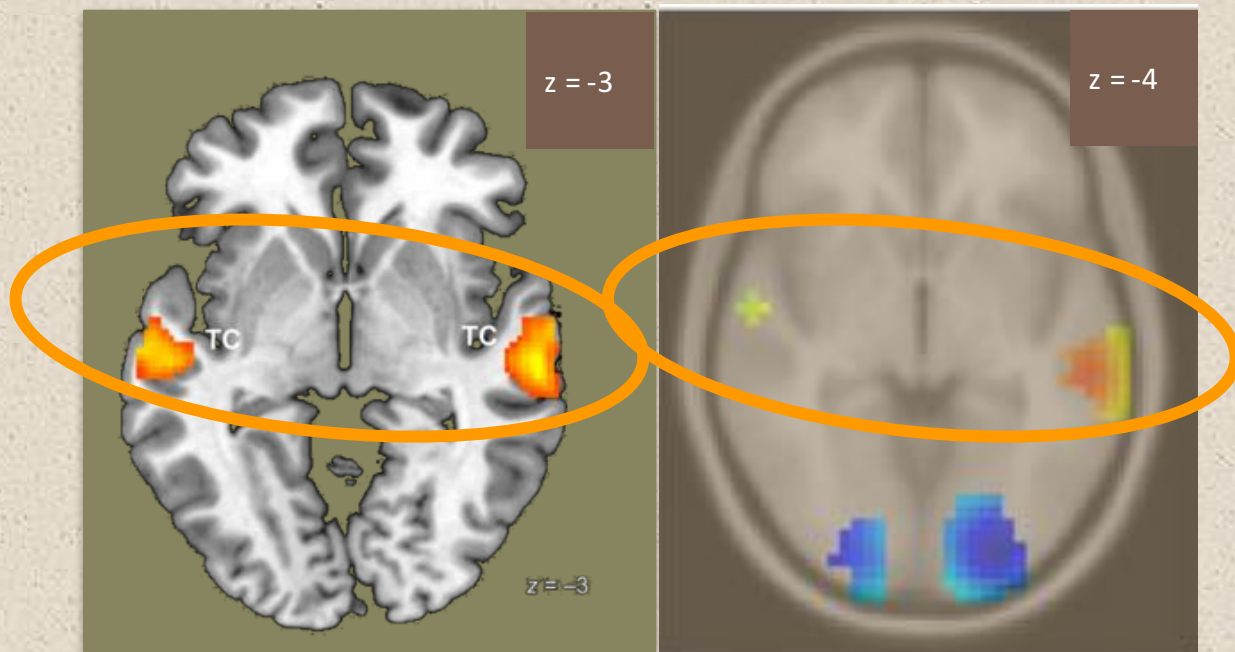
T. Fritz, 2009

fMRI BOLD



Onton & Makeig, 2009

EEG HFB



Mona Park et al., 2015

Onton & Makeig 2009

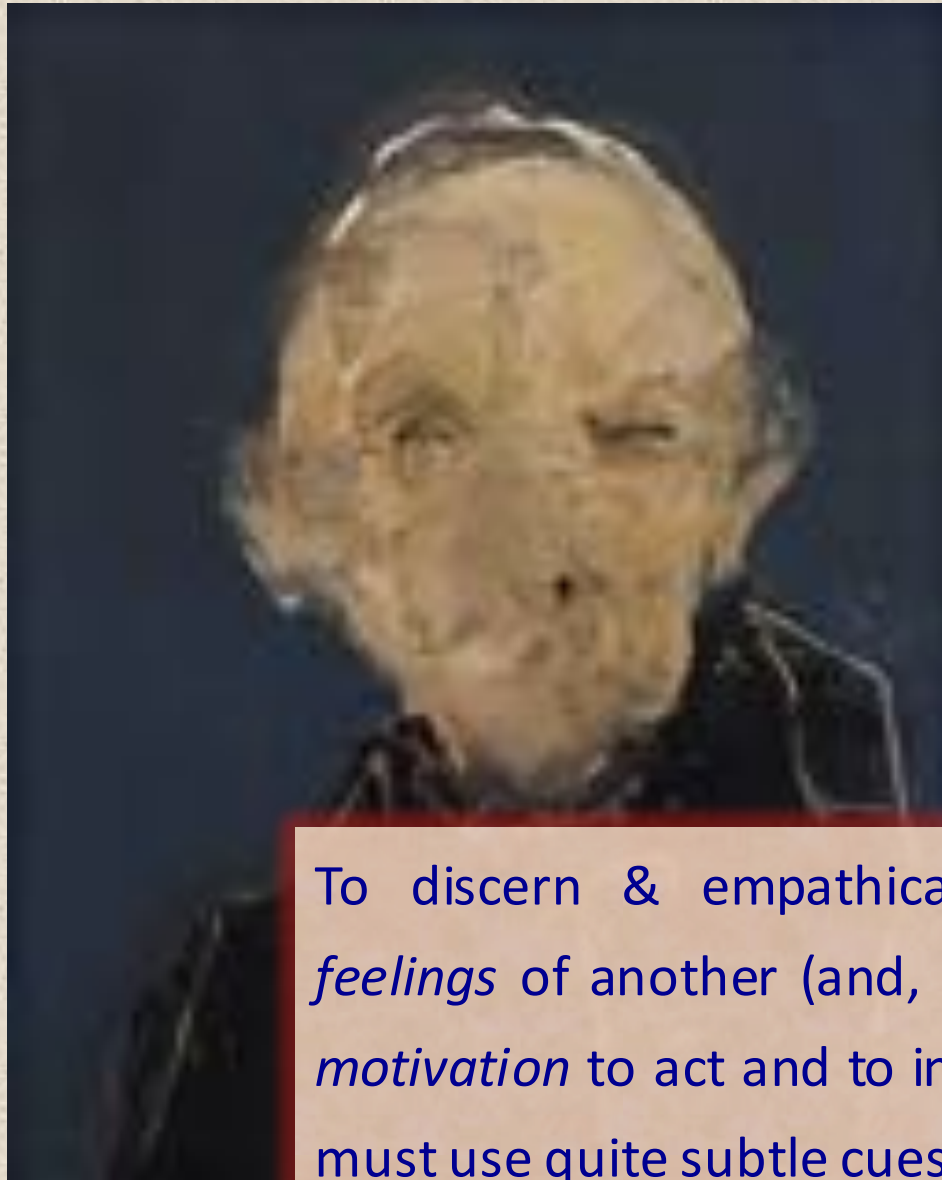
fMRI BOLD

EEG HFB

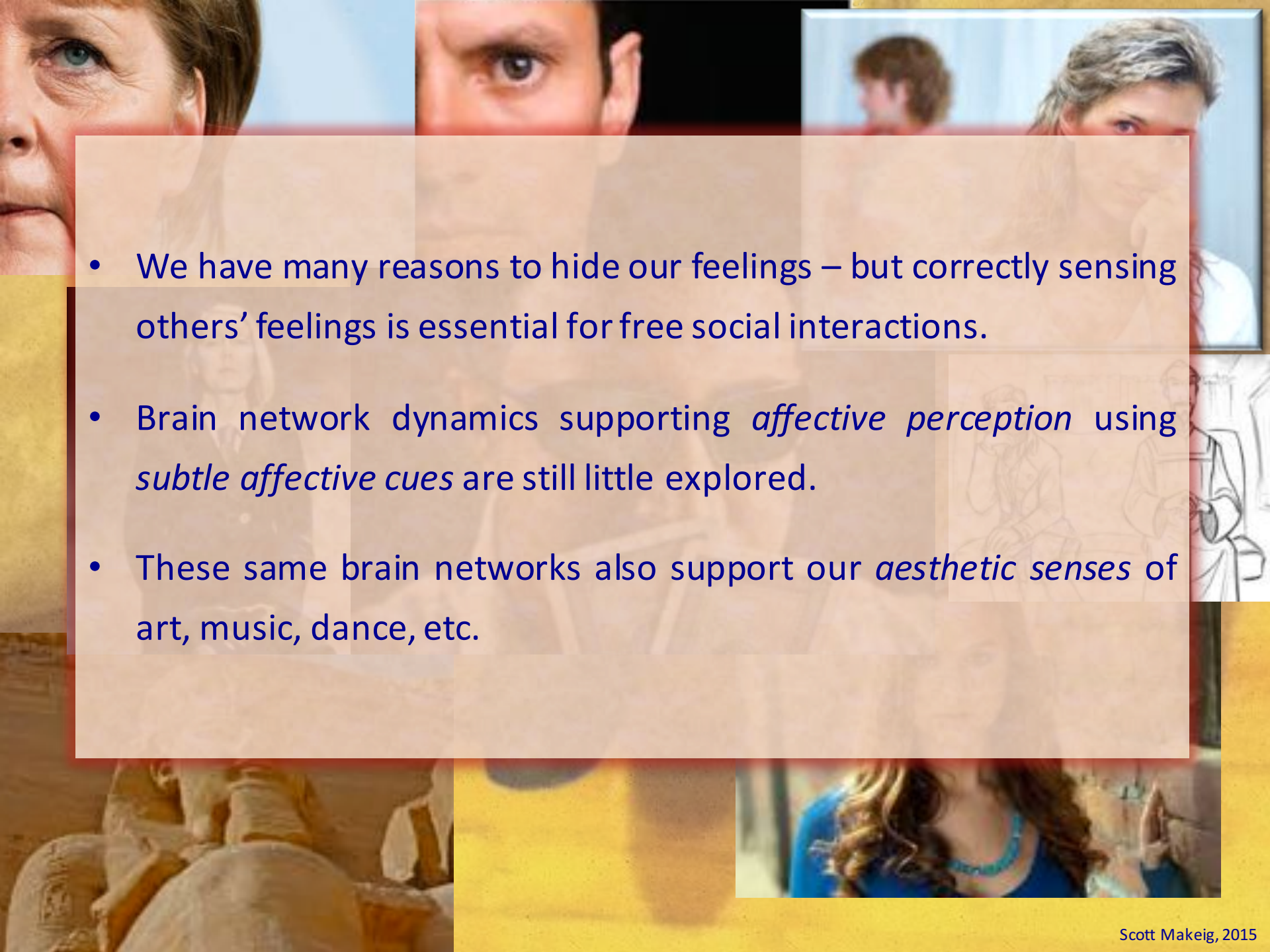
Embodied Agency & Social Neuroscience



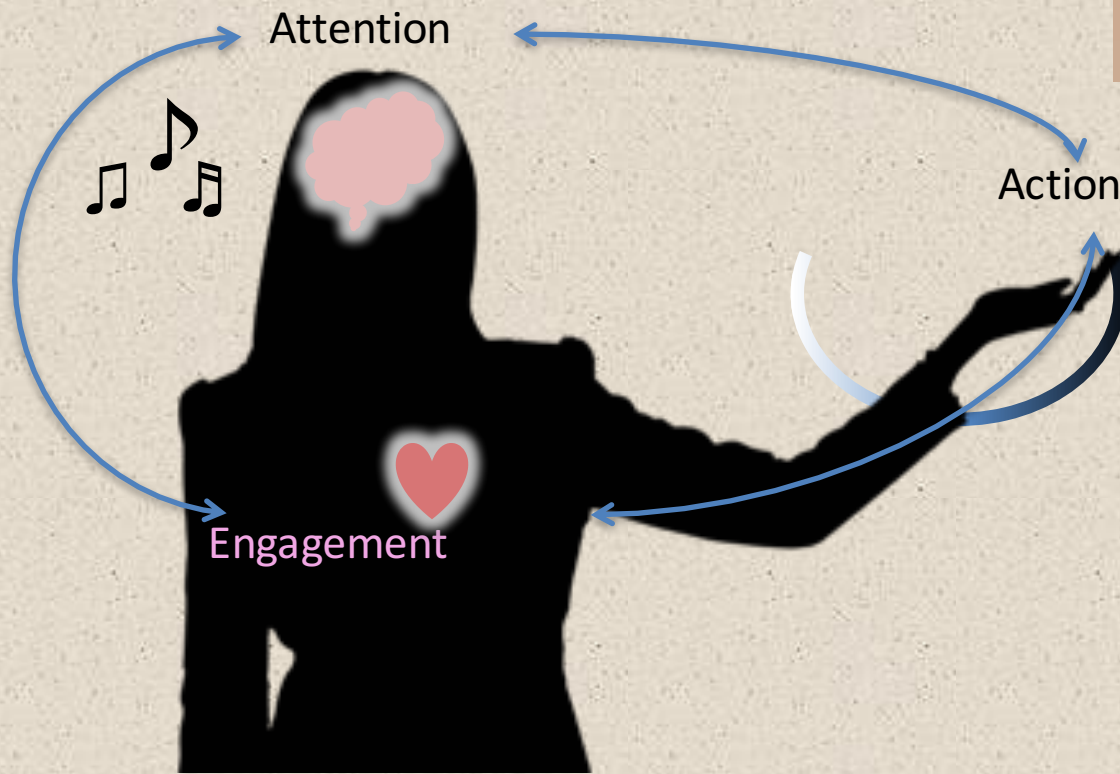
'Theory of Heart'



To discern & empathically experience the *feelings* of another (and, thereby, know their *motivation* to act and to interact), we typically must use quite subtle cues...

- 
- We have many reasons to hide our feelings – but correctly sensing others' feelings is essential for free social interactions.
 - Brain network dynamics supporting *affective perception* using *subtle affective cues* are still little explored.
 - These same brain networks also support our *aesthetic senses* of art, music, dance, etc.

Measuring Emotional Engagement and Communication



Expressive gesturing task

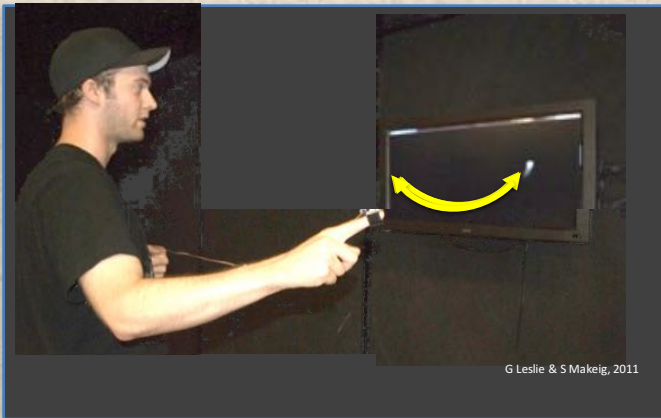
The Heart is a
Lonely Hunter (1968)



Two conditions:

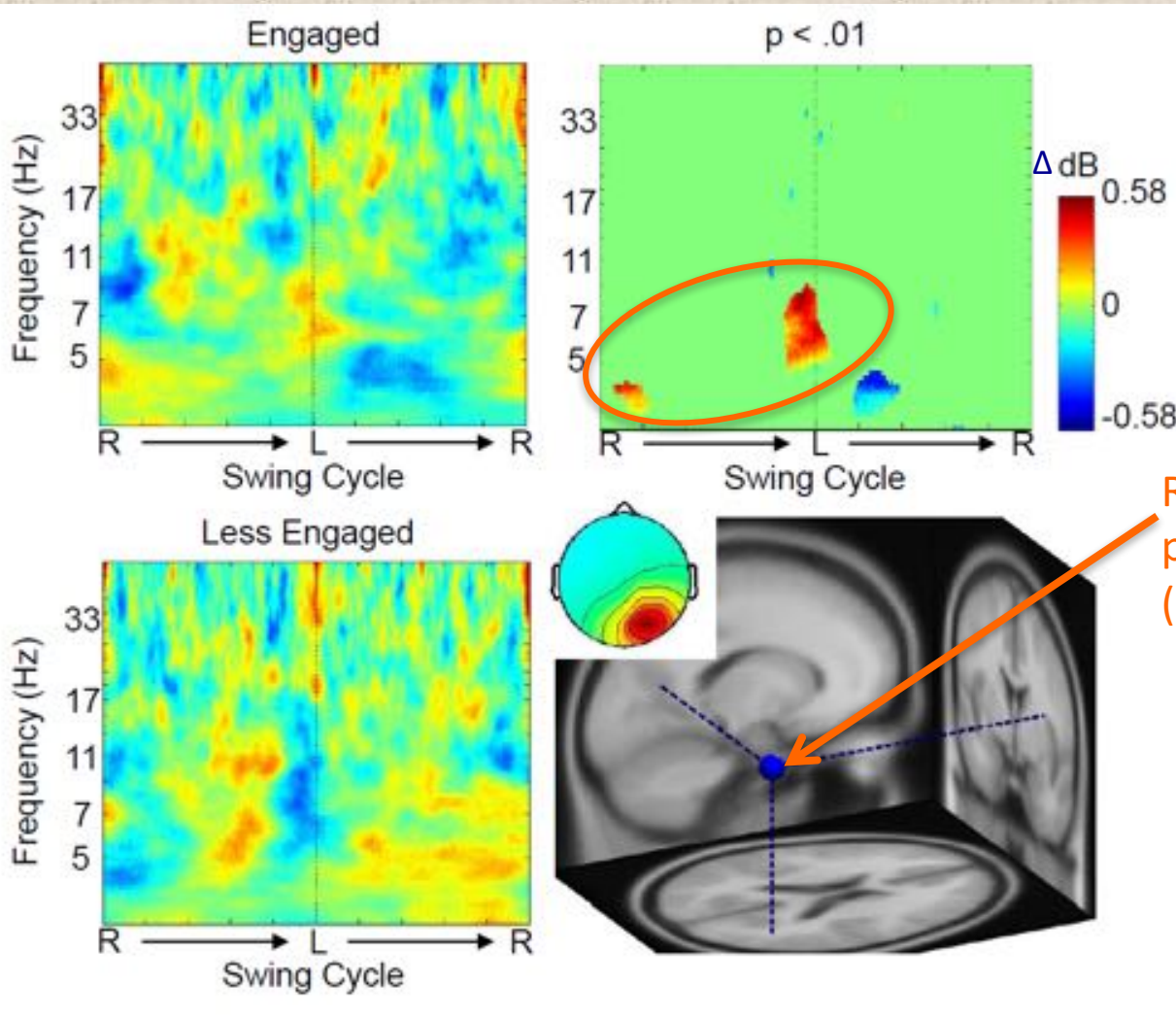
- Fully engaged
- Less engaged

Conducting Experiment (2013)



EEG Result: Full affective engagement

Frequency (Hz)



Right temporal-parietal junction (rTPJ)

Swing Cycle (%)

EEG Result: Full affective engagement

Engaged

$p < .01$

The TPJ controls **representations of the self or of another individual** across a variety of low-level and high-level and socio-cognitive processes (mentalizing, empathy, agency discrimination, visual perspective taking, imitation) ...

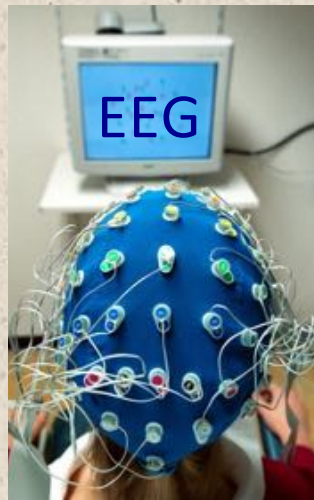
The rTPJ is a key cortical structure for both motor and emotional control; **rTPJ volume predicts level of emotional awareness of others** in autistics; etc. ...

Swing Cycle

Swing Cycle (%)

Brain imaging during motor behavior?

- Nearly all brain imaging studies (MEG, PET, fMRI, and EEG) are conducted in rigidly static seated or prone positions with only the most minimal finger movements allowed.



Why?

- In all modalities but EEG, scanners are **heavy**.
- Muscle and movements contribute to (‘noise’) signals.

- But this limitation is highly artificial.** Nearly all our life involves *active movements and interactions* within a 3-D environment.

- **Brain activity during free movement in 3-D space**

has never been observed or modeled!

Mobile Brain/Body Imaging (MoBI)



1. Record simultaneously, during naturally motivated action & interaction,

What the brain does (high-density EEG)

What the brain experiences (sensory scene recording)

What the brain organizes (body & eye movements,
psychophysiology)

2. Then –

Use evolving machine learning methods

to find, model, and measure

non-stationary (context- and intention-related)

functional relationships among these data modalities.

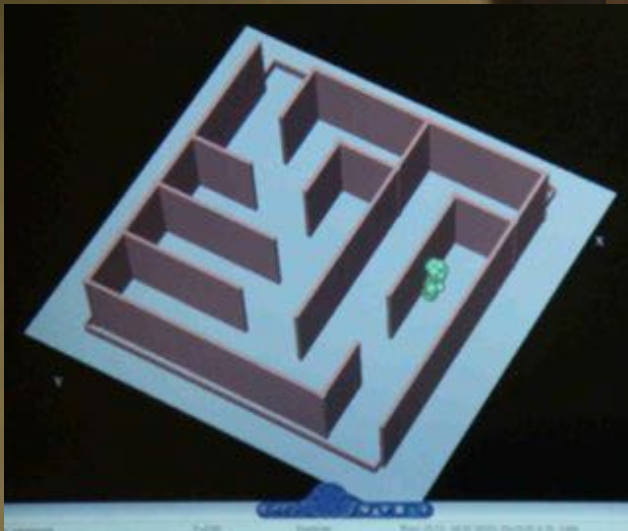
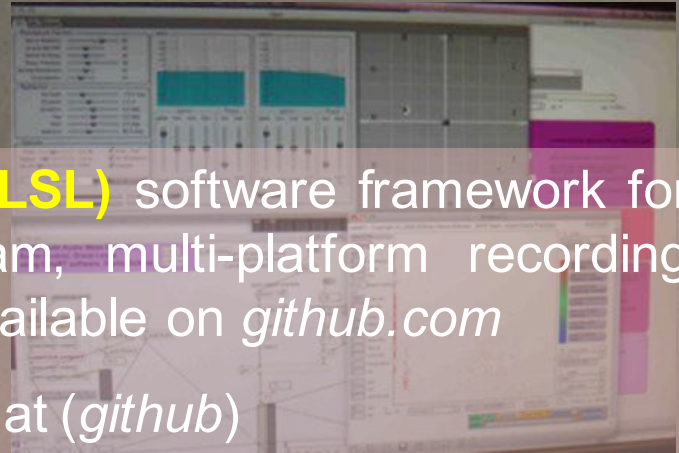
MoBI Lab at SCCN, UCSD



Lab Streaming Layer (LSL) software framework for synchronous multi-stream, multi-platform recording and feedback – freely available on *github.com*

XDF multimodal file format (*github*)

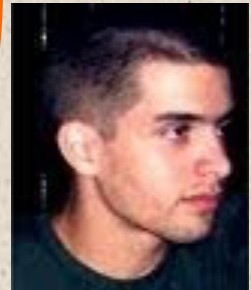
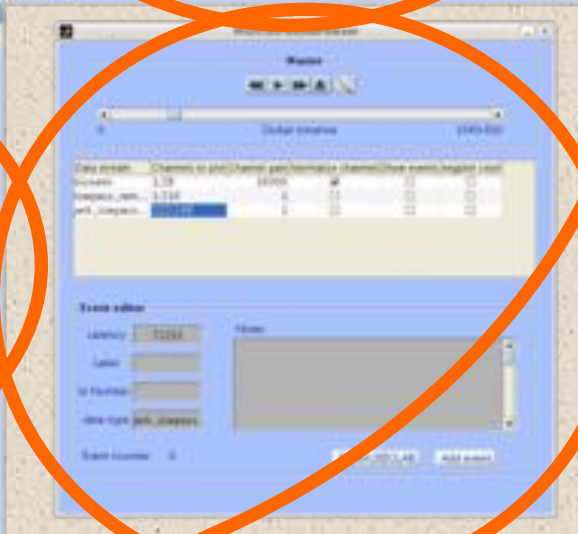
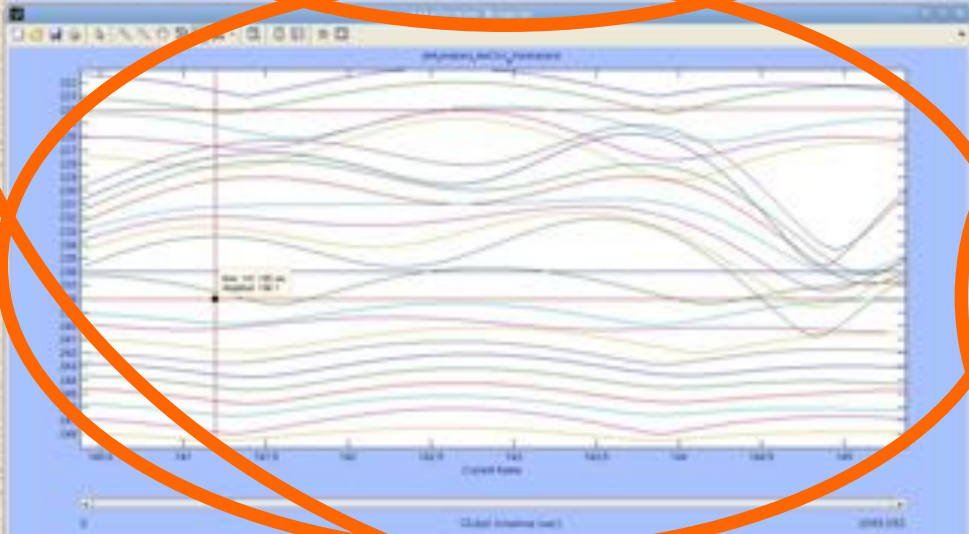
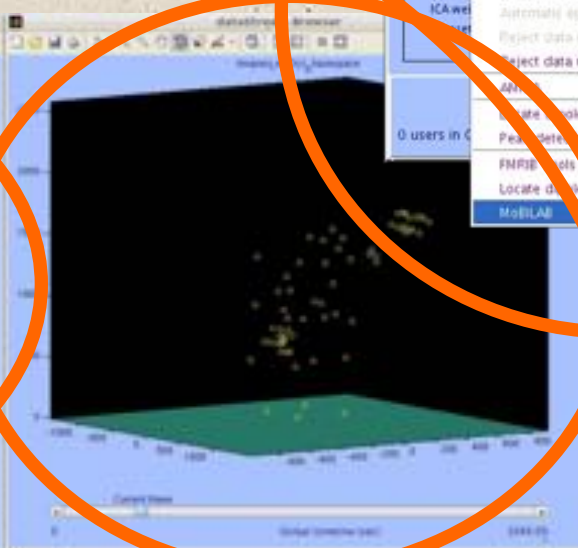
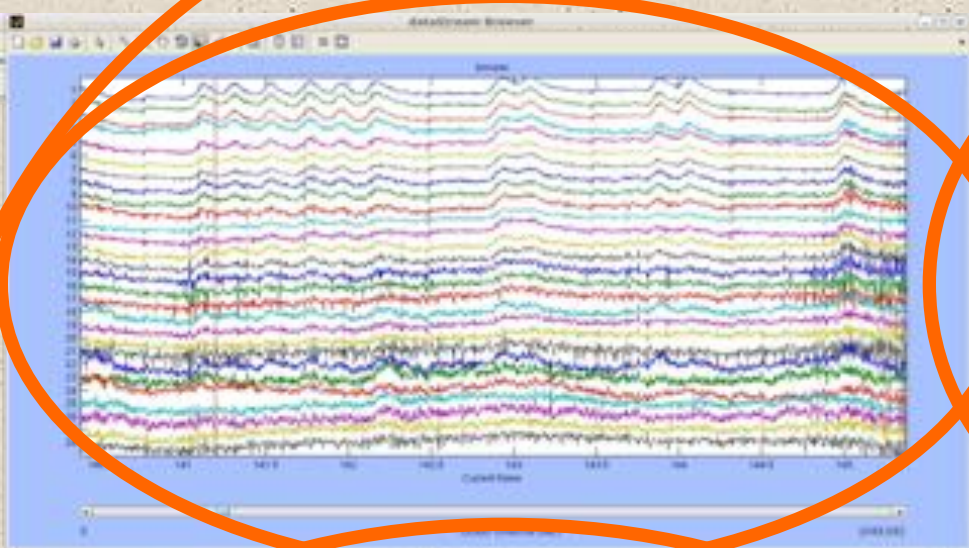
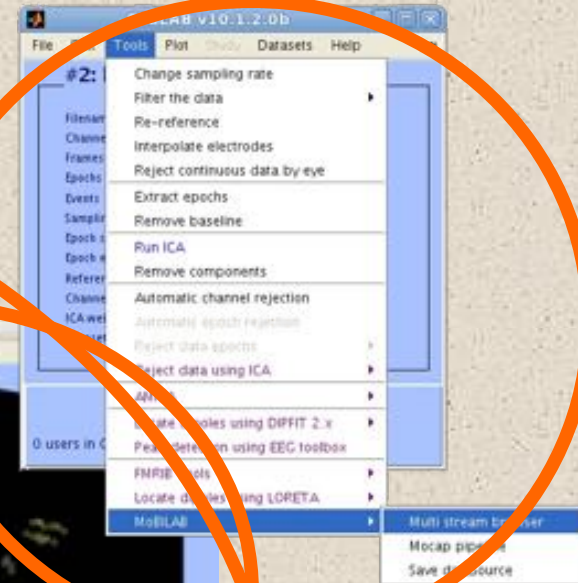
SNAP environment for simple/complex exp. control





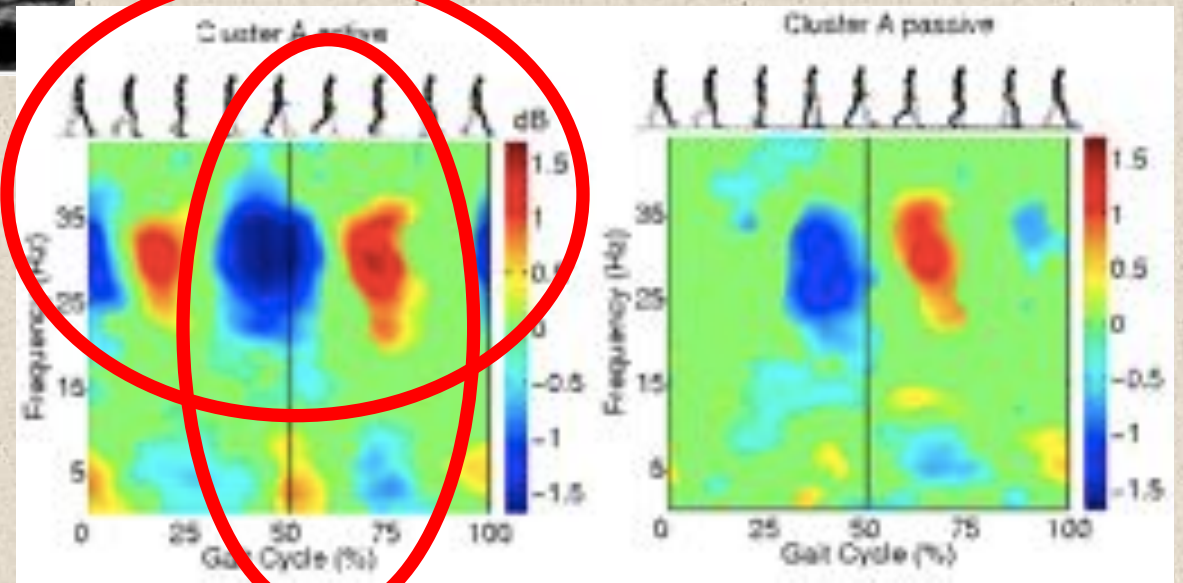
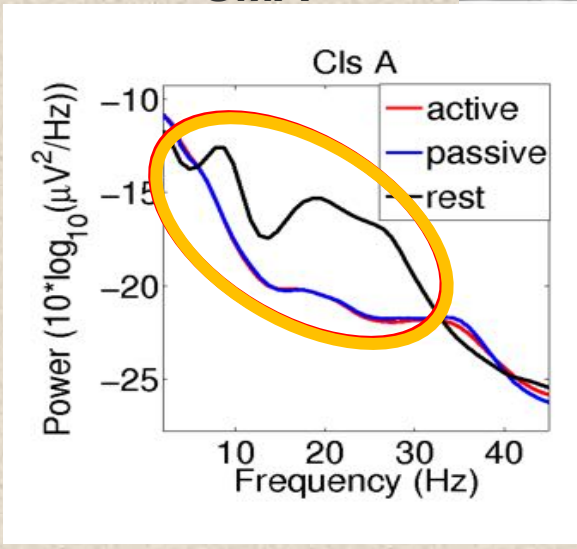
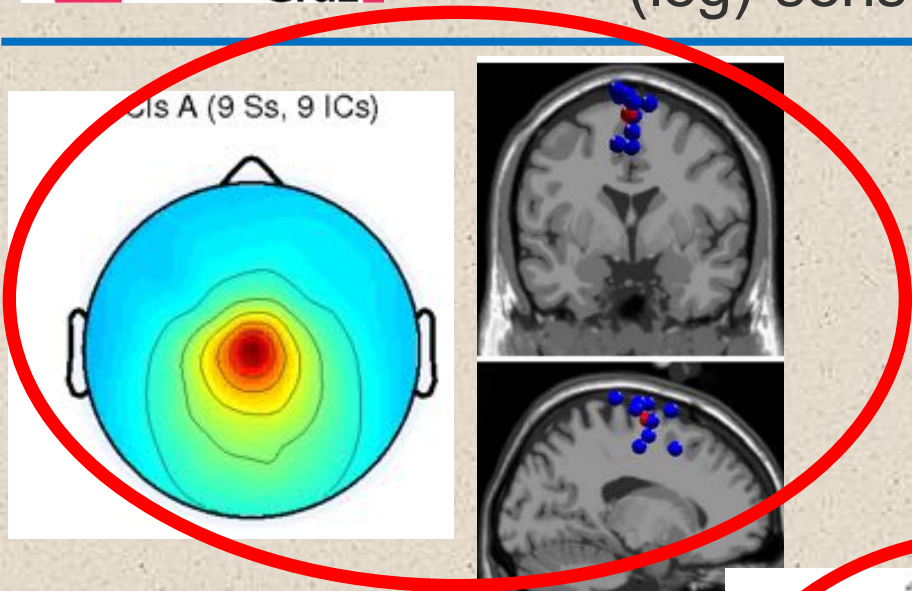
MoBILAB

a multimodal browser
for MoBI data analysis



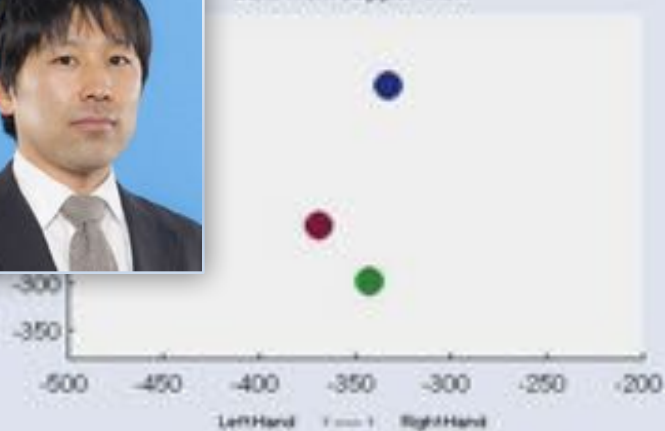


Imaging Natural Cognition with MoBI

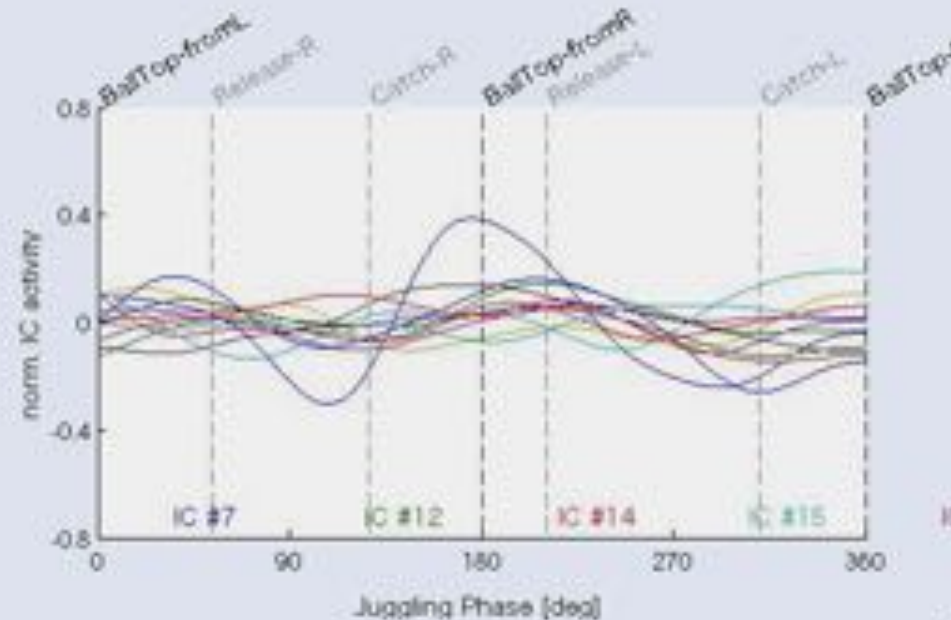
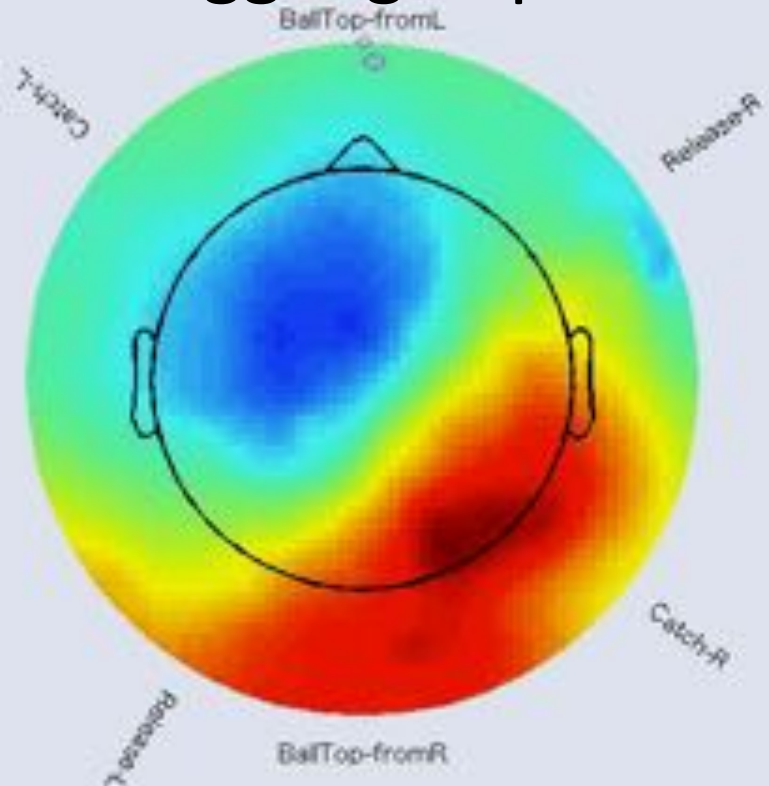




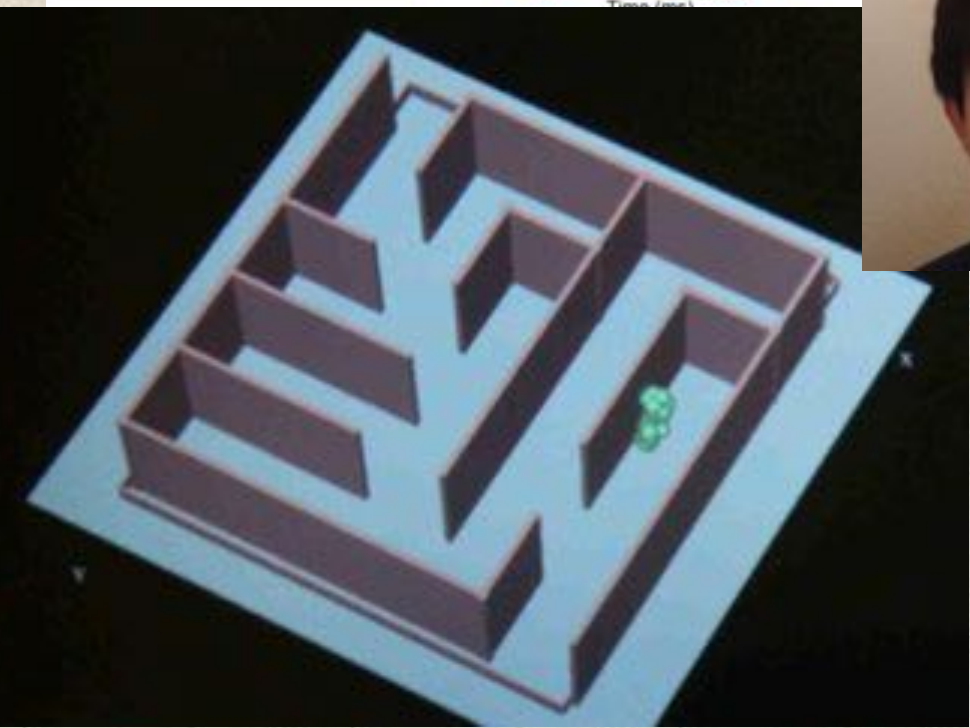
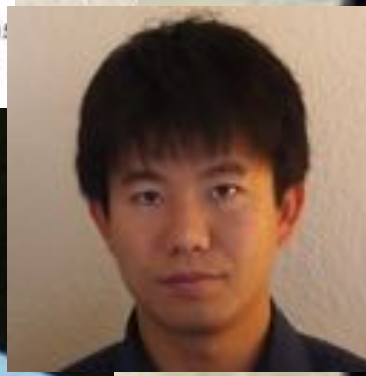
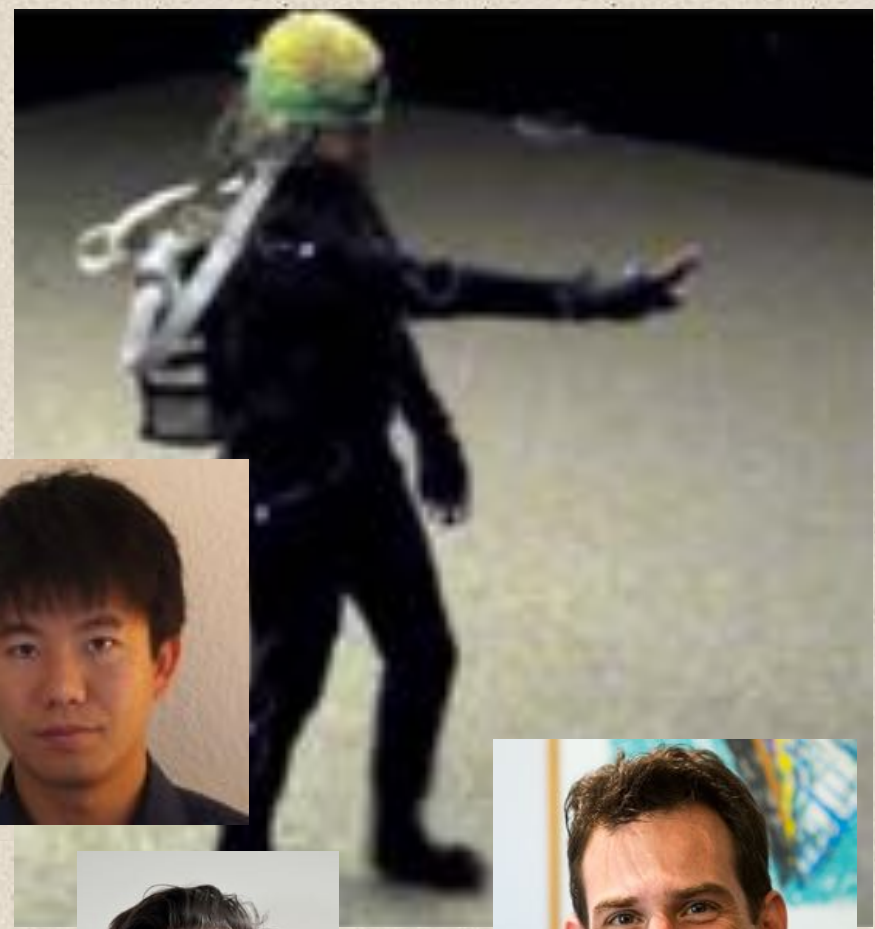
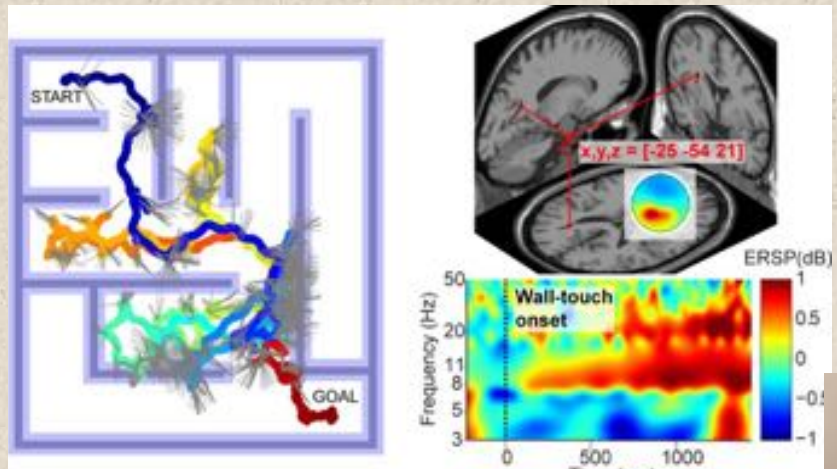
Balls from Juggler View



MoBI Juggling Experiment



The Audio Maze

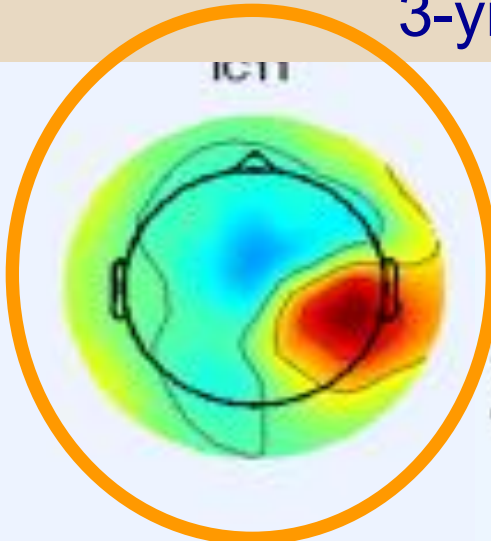


Development of Shared Attention –
A Mother and Child MoBI Experiment

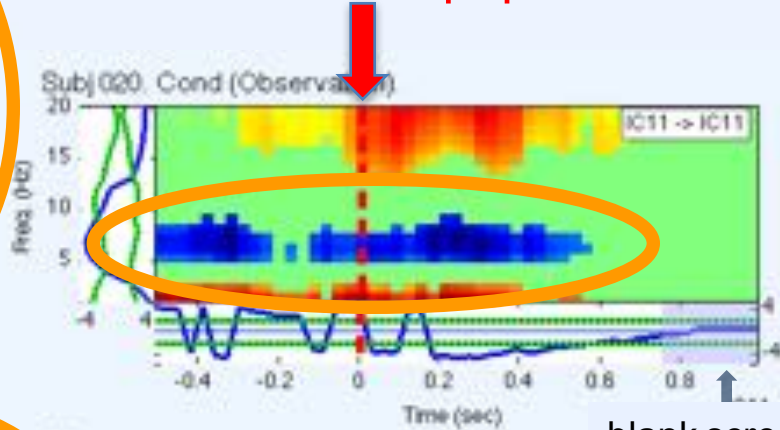
Imaging Social Interactions



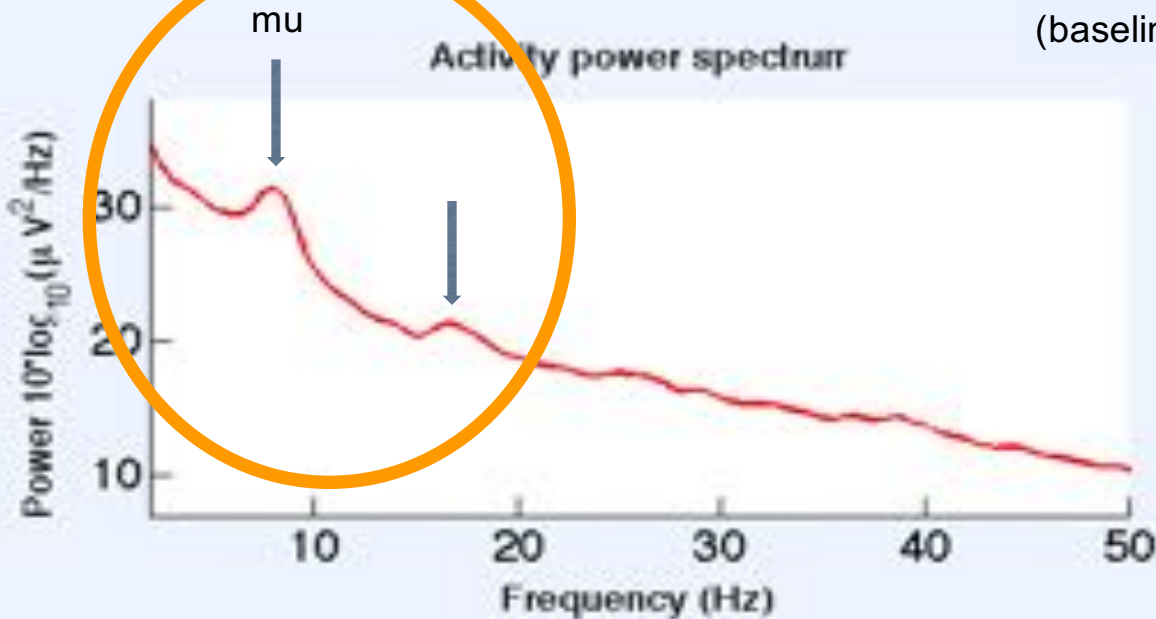
3-yr old child – Reward Observation



He watches Mom pop the bubble!



blank screen (baseline)





Two Poles of
Empathy / Compassion
Research

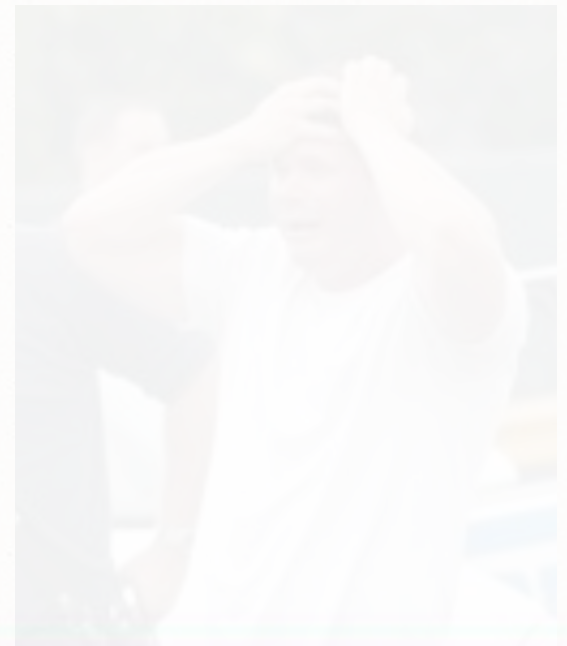
Imaging Empathy

Empathy → compassion

for all sentient beings ...

Empathy → sympathy

for another's pain ...





Two Poles of Empathy / Compassion Research

Compassion involves feeling and actively wishing to alleviate another's suffering.

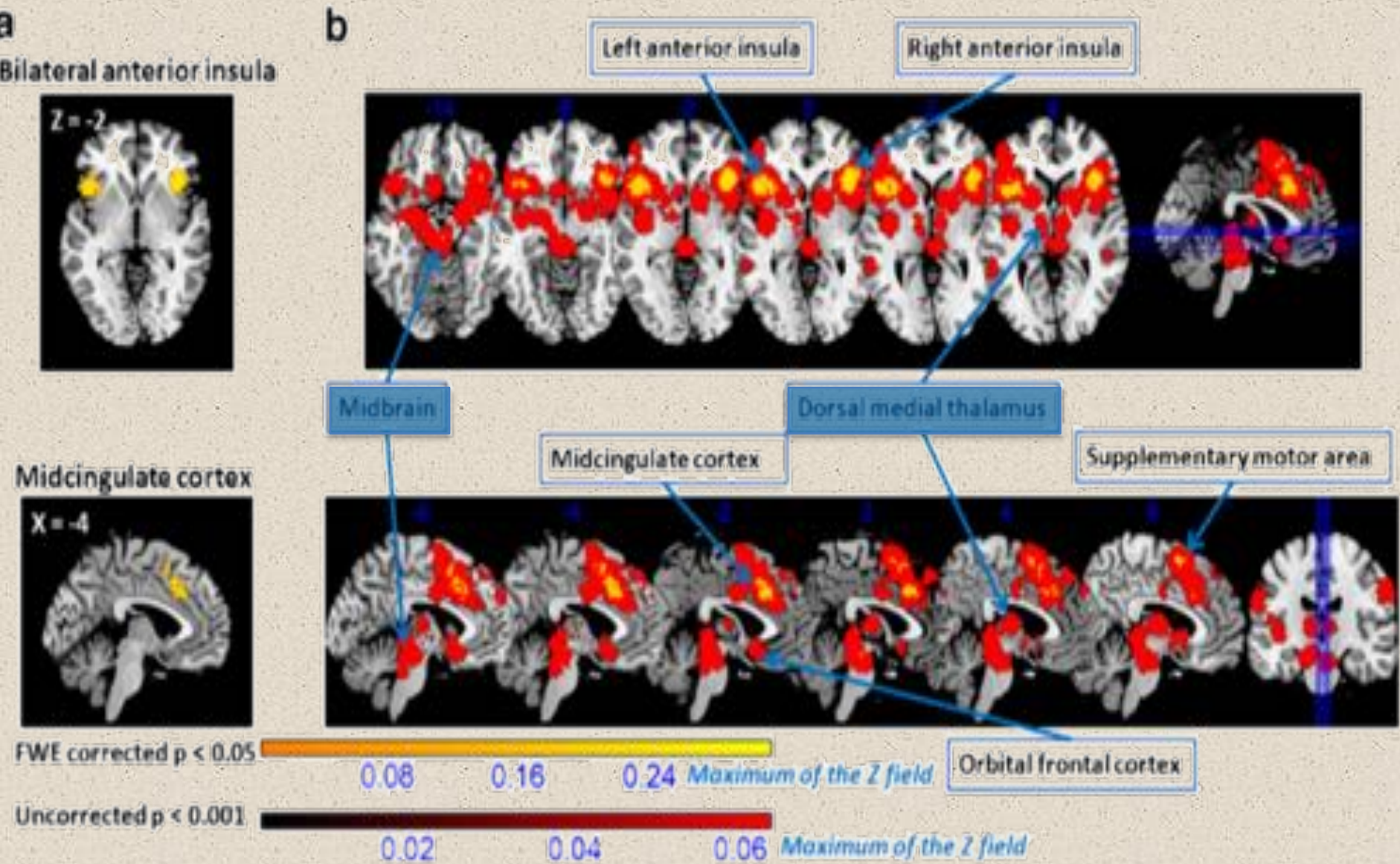
Sympathy is a felt and/or expressed concern for another's suffering.





Empathy

MKDA results for all empathy relevant studies



Fan, Y., Duncan, N. W., de Greck, M., Northoff, G. (2011). Is there a core neural network in empathy? An fMRI based quantitative meta-analysis. *Neuroscience & Biobehavioral Reviews* 35(3), 903-911. A meta-analysis of 40 studies.

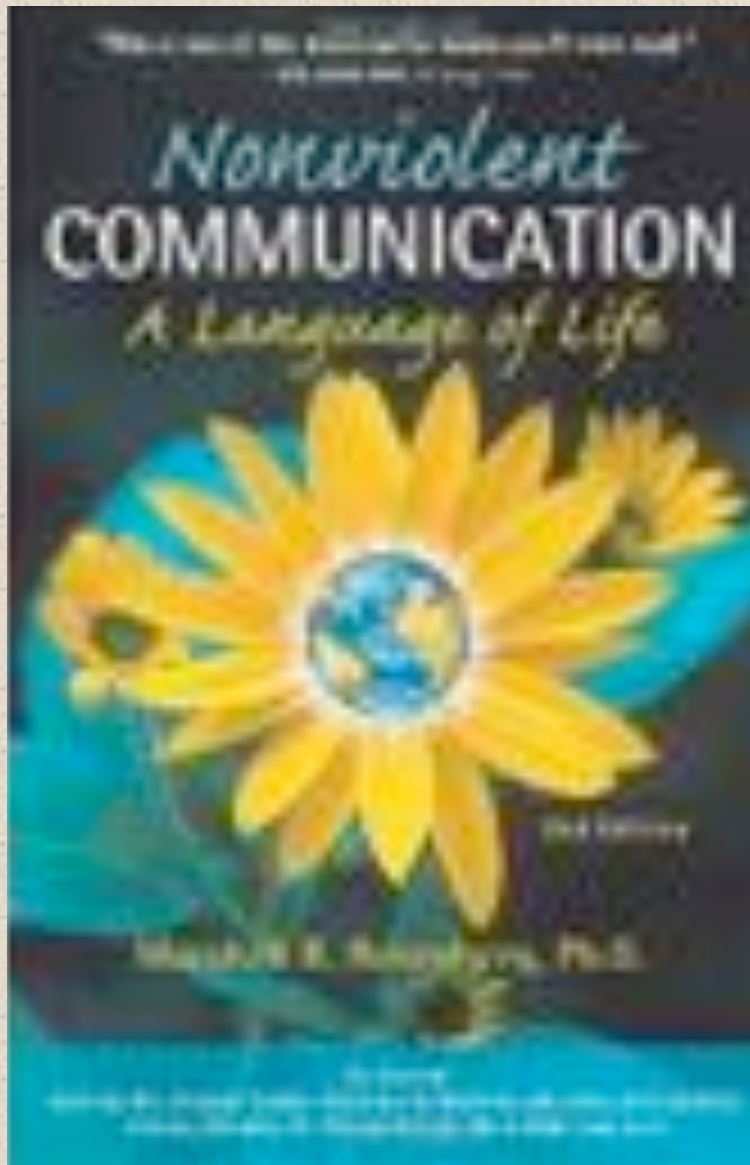
What form of empathy to study ?



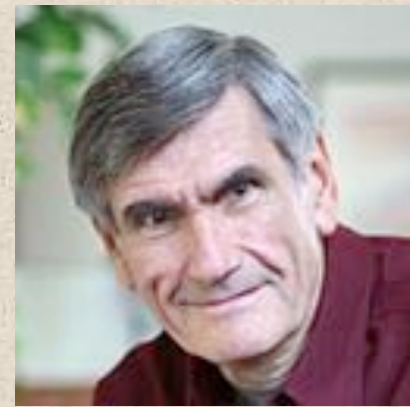
Empathic Listening and Communication



Empathic Communication



Empathic communication through listening



Empathy is a respectful understanding of what others are experiencing. Instead of offering empathy we often have a strong urge to give advice or reassurance and to explain our own position or feeling. Empathy, however, calls upon us to empty our mind and **listen** to others with our whole being.

In ***Nonviolent Communication***, no matter what words others may use to express themselves, we simply listen for their observations, feelings, needs, and requests. Then we may wish to reflect back, paraphrasing what we have understood. We stay with empathy, allowing others the opportunity to fully express themselves before we turn our attention to solutions or requests for relief...

Empathic connection is an understanding of the heart in which we see the beauty in the other person, ... the life that's alive in them ...

With empathy we don't direct, we follow. **Don't just do something, be there!**

- Marshall Rosenberg (*Nonviolent Communication*)

What is empathy?

“Empathy, I would say is presence. Pure presence to what is alive in a person at this moment, bringing nothing in from the past. The more you know a person, the harder empathy is. The more you have studied psychology, the harder empathy really is. Because you can bring no thinking in from the past... It is about being present ... It is not a mental understanding.”



Is empathy ‘speaking from the heart?’

“In empathy, you don't speak at all. You speak with the eyes. You speak with the body. If you say any words at all, it's because you are not sure you are with the person. So you may say some words. But the words are not empathy. Empathy is when the other person feels the connection to what's alive in you. ...

The greatest gift one can give another person is empathy.”

- Marshall Rosenberg (*Nonviolent Communication*)

Possible MoBI Experiment Design

'Non-Violent Communication' Training Format

Leader + participant group training sessions

Participant pair practice sessions

MoBI Measures (two-person EEGs + face video + ?)

Video debriefing (each participant separately)

**During utterances, contrast *speaker-experienced*
and *listener-experienced***

**increases vs. decreases in degree of
experienced empathic connection**

Goals

- Image EEG source dynamics
- Image EEG source network dynamics
- Explore EEG feedback tools, uses in training, etc.

Psychiatry dept response to this proposed experiment



'Non-Violent Communication' practice
Trainer + volunteer participants, 1st group
Grouping: 10 pairs (5 pairs)
Participant: 1st practice
Goals
- Image EEG source dynamics
- Image EEG source network dynamics
- Explore EEG feedback tool uses in training, etc.



Beginning

an electrophysiology of human social interaction
using Mobile Brain/Body Imaging (MoBI)

High-resolution imaging (in time and space)
of cortical dynamics supporting *social cognition*.

sccn.ucsd.edu