

PRESIDENT'S PROSE – MAY, 2016

I must apologise for not submitting a report last month but I think Kate did a splendid job filling in for me. Fantastic photo album as usual. I am thinking of changing the name of my Prose to “Correspondence from A-broad” as we will be away again for the June newsletter! (Just giving Kate a heads-up.) Maybe the VP would like to put pen to paper!

Congratulations to those hardy club members who travelled to Craigie on what I believe turned out to be a bleak day. Your dedication to the club and masochism is legendary. There were some very commendable swims recorded along with a couple of flipper awards.

Our next mini competition will take the form of a postal swim against Hervey Bay club in Queensland. Most of you will know Paula and Terry [REDACTED] who relocated to that lovely part of the country and they have conceived a plan for our clubs to compete against each other in a fun event. They will hold their event on Sunday 19th June and we will be running ours on Monday 20th June. It is a team format and we require 20 swimmers on the night to swim. The races are 50 mtrs of each stroke. Please let Lesley or Stuart know if you are available to compete. You can elect to swim just one event if that works for you.

The highlight of May turned out to be the volunteering effort from the club at the Sufferfest Tri Event on Rottneest. Gwyn and I headed over to the island on the Friday in charge of six young volunteers from Central TAFE as we were not able to provide club members and they had a great day and were very keen workers. We were allocated accommodation in a Caroline Thompson Cabin overnight and were up bright and early on Saturday morning to start work and greet 18 club members off the “dawn” ferry (including Sandra’s co-opted friend Linette). It was a beautiful sunny day and everyone performed their allocated duties with enthusiasm and happy smiles for the athletes. At the end of the afternoon, we all gathered in the pub for a well-deserved beverage and a fun de-brief of the day’s activities.

We all headed home, but, because we were asked to provide four more volunteers for Sunday, Lesley, Lynne, Sandra and I set off again on the “dawn” ferry for another day. I’m not sure if it was the 5 hours sleep or the adrenaline that kept us going but we had a great day and a lot of laughs. Again...de-brief at the pub (in the pouring rain) playing UNO before jumping on the ferry. Although the organisers are still fairly disorganised, we are seasoned tri-event volunteers now and did have a terrific weekend. Hopefully, there will be some funding heading our way again.

An impromptu booking was made to attend a very enjoyable performance of a play entitled “The Herringbone Saga” at the KADS Theatre. It was not our usual fundraising event just a suggestion at training. Some of us met beforehand for a quick meal but made sure we were at the theatre in time for a glass of Sherry or Port. It was a great show and it was wonderful to welcome “newbies” to the theatre – Ray and Annie and Jane and Chris.

Congratulations to the six swimmers who completed distance swims at the Riverton pool. Lesley, Phil, Paul, Stuart, Ian and Gwyn all enjoyed the 50mtr indoor event, whilst I had to sit and time keep – still nursing an injured shin. Once again, Lynne and Barbara officiated.

The club will be involved in a fun event on the night before the winter solstice (which doesn’t mean we are indulging in weird rituals). Hervey Bay Masters – AKA The Humpbacks - in Queensland – the home pool of ex members Paula and Terry [REDACTED] – have challenged us to a postal swim, involving teams and all distances and strokes up to 100 mtrs. I imagine this could become an annual dual with a massive trophy involved!

Kathy and Brian [REDACTED] have returned home to the cold weather after spending a fascinating holiday escorting Phil Leap and Anna Phibean around Borneo and Penang. Brian has been involved for several years with a group



CLUB RECORDS TO DATE

This [link](#) will take you to the Results and Records on the Maida Vale Masters website where you can find all club records and results. Check the link to see what records you could break this year. Lots of records were broken during 2015—all those new octogenarians!!

Club Records May 2016

Name	Age Group	Course	Event	Time
Lesley [REDACTED]	50-54	Long	100m Backstroke	1.31.76
		Long	100m Butterfly	1.38.12
		Short	100m Butterfly	1.39.57
Maggie [REDACTED]	60.-64	Long	50m Butterfly	53.90
Terry [REDACTED]	80-84	Long	100m Backstroke	2.19.15

CLUB NIGHT PROGRAM FOR JUNE 2016

6TH JUNE		PUBLIC HOLIDAY	NO SWIMMING	
13TH JUNE	100 FREE	STUBBY STAKES	100 BACK	
20TH JUNE	HERVEY BAY VS MAIDA VALE RELAY NIGHT (SEE DOLPHIN DOTS FOR AN EXPLANATION OF THIS GREAT EVENT)			
27TH JUNE	50 BACK		200 BREAST	
4TH JULY	50 FLY	STUBBY STAKES	200 BACK	

CONGRATULATIONS TO CAROLINE [REDACTED]

Who swam closest to her nominated time for 25 metres freestyle.
0.06 too fast!!

Come to the pool on Monday 13th June and nominate your time for 100 Freestyle



Swim closest to your nominated time and you will win a bottle of wine specially selected by our Refreshments Director, Russel [REDACTED]

Don't forget to bring a plate of food to share.



The happy volunteers on Rottneſt—the weather was much kinder to us all this year!! Moſt of us had better weather. Andrea, Lesley, Lynne and Sandra were not quite ſo lucky on Sunday.

It was ſo early it was ſtill dark when we got to the iſland!



Waiting to watch the ſwim leg.....



Enjoying a couple of beverages at the Quokka Arms after working hard all day

Selfies at the Drink Stations and the finish line



Exhausting work....



Russel, security guard for the prizes. As you can see they were safe in his hands.....



Lynne, Andrea, Sandra and Lesley went back for more on Sunday!

Looks like they were not so lucky with the weather 2nd time around.



Congratulations to the six swimmers who completed distance swims at the Riverton Masters 400/800 metre event on the 29th May.

Lesley, Phil, Paul, Stuart, Ian and Gwyn all enjoyed the 50mtr indoor event, Andrea had to sit on the side and time keep as she is still nursing a sore on her leg. (hope it has gone before the Greek Island swim...)

Thanks to Barbara and Lynne who both officiated at the event.



Congratulations to Ian [redacted] who's 400 metres breaststroke was swum in a state record time.

Well done Ian!



The Hervey Bay Postal Challenge will take place on Monday, 20th June. There will be 12 events.

4 x 100 metres Freestyle, Breaststroke, Backstroke and Butterfly

4 x 50 metres Freestyle, Breaststroke, Backstroke and Butterfly

4 x 25 metres Freestyle, Breaststroke, Backstroke and Butterfly

Lynne has sent out entry forms and the rules via Dolphin Dots dated 5th June.

This will be a fun club night, we hope everyone will consider getting involved.

Christmas in July

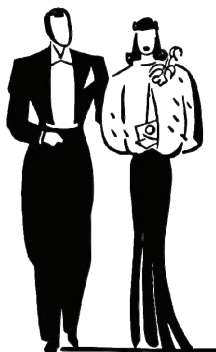


That time of the year is fast approaching when those of us who grew up in the northern hemisphere think that Christmas must be just around the corner as the weather is starting to feel a lot like Christmas time.



The club will be holding it's annual 'Christmas in July' social event on Saturday 23rd July.

Put the date in your diary and start looking out your Posh frocks and suits for the 'Let's Be Posh' themed Christmas party to be held at the





To keep the identity of this club member a secret I shall refer to him as Sebastian.

Suffice it to say, he is a tad embarrassed by this true tale but happy to share it for a good laugh.

Spurred on by “she who must be obeyed” Sebastian decided to spend a day cleaning out his wardrobe, which included an old suitcase stored away and untouched for over 10 years. Imagine his delight when he discovered his favourite leather jacket which had been his Sunday best back in his uni days.

As we all know, leather has a habit of shrinking when stored for many years and the prized garment was now no longer a viable choice of garment for him. Sebastian offered his jacket to his much more svelte son-in-law to try for size. Delighted with his new retro fashion acquisition son-in-law checked himself in the mirror and noticed something in the top pocket. Sebastian quipped that it was probably a £5 note (all the money that was required for a great night out back in the day).

Imagine the surprise when the “banknote” turned out to be 2 condoms – still safe in their sealed packets thankfully! So obviously a great night out was not actually achieved!

True story!

Last week I went into Sabastian's Butchers in Kalamunda and, whilst being served, a lady came in to the shop and asked the other butcher if he had any kidneys. Being a smart Alec I suggested to her that he should have at least two. (Having a little chuckle to myself.) She turned to me and said quite seriously that she would need more than that as she was making a casserole!

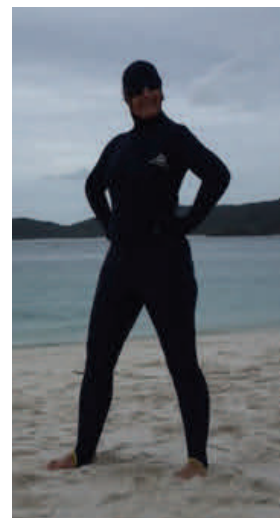
My little attempt at humour went straight over her head but was not lost on the butchers. I giggled all the way home!

Submitted by Andrea Williams

Empty Stinger suit



It's what you wear in Queensland just in case there are any of those pesky Irukandji in the water. Might be useful for open water Swimming.....



Full Stinger suit

<http://www.secretbeach.com.au> is the link to Liz Bettridge's website where you can buy swimwear and sports related goods. It is open on line 24 hours a day. Liz will deliver to the pool. You can contact Liz on Telephone-0415112432 or Email-liz.bettridge@secretbeach.com.au



**In the mean time—watch this space for
details of our new uniform, coming soon!**



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Don't forget to visit our club's web page at <http://maidavalemastersswimming.com/>

