



MANDARA
— SPA® —

HILTON HAWAIIAN VILLAGE®
WAIKIKI BEACH RESORT



Namaste

My soul honors your soul.

I honor the place in you where the entire universe resides.

I honor the light, love, truth, beauty and peace
within you because it is also within me.

In sharing these things, we are united;
we are the same; we are one.



WELCOME TO MANDARA SPA

Imagine the mystery of the East meeting the science of the West. Imagine boundaries ceasing to exist. Imagine science and nature dancing together in perfect harmony. And then, imagine a spa experience at **Hilton Hawaiian Village® Waikiki Beach Resort**. Here, science and nature; practicality and mystery; beauty and peace are entwined, offering an experience as luxurious as it is therapeutic and as magical as it is real.

OUR STORY The Mandara experience began on the spiritual island of Bali, inspired by the beautiful tradition of healing touches which is deeply immersed within the culture and passed on from mother to daughter from generation to generation. These time-honored therapies, combined with European methods and natural elements indigenous to Bali, meld together to provide the most unique and indulgent spa treatments.

The name Mandara comes from a Sanskrit legend about the gods' quest to find the secret to eternal youth and beauty. We believe you will unlock the secret when you experience a timeless Mandara moment. Here, time stands perfectly still.

Transcend. Transform. Trust The Moment.



Not sure what to choose?

Throughout this menu, our most well-loved services are indicated with the Mandara symbol.



4 MANDARA SPA



WHERE WELLNESS MEETS WONDER

MORE THAN A SERVICE, A JOURNEY

TIME IS THE ULTIMATE LUXURY

There is nothing like time for self. Embrace a moment in solitude or share the relaxation. Arrive before your therapy to experience the wonders of Mandara Spa and discover your private haven – a place to escape for an hour or a few.

IMMERSE YOURSELF IN WELLNESS

Prepare the body and skin to receive the healing and nourishing benefits of the selected treatment. The warm heat of the sauna calms the body releasing stress, while steam opens the airways to rid the body of toxins. The hydrotherapy pool is the ultimate relaxation escape.

WASH YOUR CARES AWAY

Prepare to receive the most from your treatment. Prime the skin and body with a cleanse prior to your service and wash away any impurities – salts, minerals and oils – that will be massaged into the skin. After a shower, wait in the Relaxation Lounge to be whisked away for your treatment.

A SOOTHING ELIXIR FOR THE SOUL

Rich in antioxidants, tea is a mood changer. Depending on the selection, tea can calm you prior to your treatment, boost your endurance, and improve your health while safeguarding your immune system. In addition to tea, drink plenty of water to hydrate and replenish the body.

CONNECT WITH YOUR THERAPIST

Healing hands are intuitive, but a conversation with your therapist will help guide them in addressing your areas of concern. During your therapy, let your therapist know if there is any discomfort or if the environment – temperature, lighting or sound – needs adjusting for your comfort. A consultation before your service will allow you to receive the most from your treatment.

INDULGE IN THE MOMENT

An anticipated period of silence. Close your eyes. Inhale a deep breath. Exhale the breath. Let your mind drift away. Enjoy the quiet. Every bit of tension will disappear.

LINGER IN THE LOUNGE

Extend your stay by resting in our Relaxation Lounge after your treatment. The quietude will lull you into a deeper state of relaxation.

CONTINUE YOUR JOURNEY

After your service, wander through our retail section and browse our products – many of which are featured in our treatments. Your therapist will provide you with recommendations to purchase and continue your journey at home.



EXPERIENCES

Every spa treatment can be connected to others so your treatments become a seamless experience of holistic healing and divine indulgence. These experiences can last from 2-4 hours and promise pure relaxation.

HAWAII AWAKENING

Experience the revitalizing benefits of the Mandara Balinese Body Polish with a 50-minute Hawaiian Lomi Lomi Massage. Rejuvenate your skin with an ELEMIS Superfood Pro-Radiance Facial.

2 hours | \$330

With a Classic Spa Manicure and Pedicure

3 hours 35 minutes | \$395

WHEN IN BALI

Bask in the pleasures of a Balinese Massage, then emerge radiant from your ELEMIS Superfood Pro-Radiance Facial followed by a luxurious and pampering Mandara Ritual for the Hands and Feet.

1 hour 40 minutes | \$270

With a Mandara Hand and Foot Ritual

3 hours 40 minutes | \$380

EXPLORATION IN CHOCOLATE

An indulgence for two, this ritual begins with side-by-side massages in a deluxe spa suite. Treat yourselves to an unforgettable experience for the senses with an application of our signature chocolate scrub that is "good enough to eat." Complete your experience with a shower and luxuriate in a custom-prepared aromatic bath.

2 hours 15 minutes | \$415

HAWAIIAN KU'UIPO LOMI LOMI MASSAGE (COUPLES)

Together, indulge in a gorgeously relaxing massage in a spa suite reserved for sweethearts. Both of you will enjoy a 50-minute, Hawaiian Ku'uipo Lomi Lomi Massage side by side. Then, luxuriate in a 25-minute, hydrotherapy bath.

1 hour 15 minutes | \$340

MEN'S SPA ESCAPE

Soothe overworked and tired muscles with a Mandara Deep Tissue Massage followed by an ELEMIS BIOTEC Super-Charger for Men Facial to cleanse and exfoliate deep into the skin's pores.

1 hour 40 minutes | \$295

With a Men's Sports Manicure and Pedicure.

2 hours 55 minutes | \$350

FACIALS

Experience the ultimate in advanced skincare. In addition to our Mandara Signature Facial, we feature ELEMIS, an award-winning, professional spa-therapy brand. Discover how TOUCH and TECHNOLOGY can transform the ever-changing nature of your skin.

ELEMIS Touch Facial

SUPERFOOD PRO-RADIANCE

This is a crafted nutritional boost for stressed, dull skin. Rich in superfoods, essential minerals, and trace elements, Magnesium, Potassium, Zinc, Vitamin A and E form a mineral army to jump start tired and exhausted skin. An amino active mask helps restore lost moisture, deeply nourish, detox and pack the skin with powerful, energizing nutrients. Skin is left smoother, plumper and luminously radiant – stress-free and lit up with good health.

50 min \$145 | 75 min \$210

ELEMIS BIOTEC Technology

BIOTEC facial treatments are where groundbreaking technology meets active ingredients and transformative touch. The pioneering innovation of the BIOTEC machine works to switch the skin back on, increasing its natural cellular energy. Technology turbo-charges touch. The clinically proven result? Thriving, visibly healthy, and energized skin.

BIOTEC LINE ERASER

Wrinkles are targeted with firming and toning microcurrent pulses to stimulate the skin cells toward dynamic functionality. Circulation is improved, increasing the production of collagen and elastin while the dermis is flooded with super Hyaluronic hydrating activators, sealed with a re-energizing Amber balm. Red and blue light therapy warms and de-stresses the skin as a blast of oxygen delivers a breath of fresh air, effectively ironing out

wrinkles and filling in lines. A powerfully rejuvenating facial treatment.

50 min \$190 | 75 min \$255

BIOTEC ANTI-PIGMENT BRIGHTENER

This powerful, targeted skin-brightening treatment visibly illuminates the complexion, dynamically treating the appearance of uneven skin tone, discoloration and age spots. A unique complex of brightening actives, ultrasonic peel, and light therapy is combined with precision massage to help wash out melanin and reduce dullness. A peel off mask of Vitamin C and Daisy extract reduces pigmentation while mineral-rich Sea Algae intensely moisturizes. The result is skin that is youthful, refined and naturally translucent.

50 min \$190 | 75 min \$255


BIOTEC SKIN RESURFACER

This revolutionary resurfacing facial addresses skin tone, blemishes and fine lines to transform the texture of the skin. The ultrasonic peel reveals a noticeably smoother complexion, using a combination of Lactic and Hyaluronic acids, Sandalwood, Thyme and Lemon oils. Steam and extraction deeply cleanse and detoxify before massage and light therapy restore equilibrium. Wrinkles and fine lines are reduced to leave a complexion that has never been softer or smoother.

50 min \$180 | 75 min \$245

BIOTEC SUPER-CHARGER FOR MEN

This is the facial to de-stress, de-age and de-fatigue the male complexion while activating ultimate skin dynamism. A triple hit of ultrasonic peeling, steam and galvanic current delivers a deep clean, simultaneously exfoliating and power-



ing up Kalpariane's anti-wrinkle properties and Samphire's hydrating potency. An oxygen infusion is the final blast of energy for real, best face-forward results. A multitasking, time-efficient solution.

50 min \$165 | 75 min \$230

 **MANDARA
SIGNATURE FACIAL**

This multi-faceted treatment is designed to address individual needs. Following a deep cleansing, exfoliation, necessary extractions, in addition to lifting and firming using microcurrent technology, this facial is topped off with a pure oxygen spray to brighten and revitalize the skin. A rejuvenating therapy, this treatment includes a decadent hand, arm and scalp massage.

50 min \$195 | 75 min \$260





ENRICH OR EXTEND YOUR FACIAL

Customize your service with any of our face, scalp and foot enhancements – a perfect way to enrich or extend the experience.

*Enrich Your Experience**

BROW MAINTENANCE

Be fuzz free by removing the unwanted hair from your eye-brow area.

\$20

CONDITIONING FOOT TREATMENT

An indulgent treat for the feet to hydrate, rejuvenate and revitalize the soles.

\$25

FRANGIPANI NOURISHING HAIR AND SCALP TREATMENT

Restores luster to the hair and scalp while promising unadulterated relaxation.

\$25

LIP OR CHIN WAX

These two maintenance musts are essential in removing hair from your face.

\$20

WARMING PARAFFIN TREATMENT

The warmth of this therapy stimulates circulation while relieving and moisturizing chapped, dry hands or feet. Select one area – hands or feet – for healing or hydrating. A perfect addition to any skincare service.

\$15

*Extend Your Experience**

BROW SCULPTING

For high-brow occasions, get yours shaped.

15 min \$30

BIOTEC EYE TREATMENT

Gently stimulates and tightens the delicate eye area without disturbing fragile skin.

15 min \$70

BIOTEC NECK TREATMENT

Microcurrent reminds the muscle to firm up while the jowl and chin mask lifts and tightens.

15 min \$70

WAXING

Try our ouchless waxing services, which promise to leave your skin smooth and hair-free. See page 17 for more details.

*Enrich your experience with a service enhancer that is built in to your service without adding time. Extend your experience with a service enhancer that adds time to your service.

MASSAGE

Give yourself the gift of hands-on healing. A massage does so much more than just feel good. It helps your body to eliminate toxins through the lymphatic system, gives your circulatory system a boost of energy, and brings about a state of peace and harmony.

HAWAIIAN LOMI LOMI MASSAGE

Experience the traditional healing massage of the Hawaiian Ali'i or Royalty. A combination of long, gentle strokes using the forearms and hands helps to induce deep relaxation and well-being.

50 min \$155 | 80 min \$220

BALINESE MASSAGE

Utilized for centuries to strengthen and heal the body, this traditional therapy combines stretching, long strokes as well as palm and thumb pressure techniques. Flowing and graceful, the Balinese massage relieves tension, improves blood flow, eases stress, and encourages harmony.

50 min \$155 | 80 min \$220

SWEDISH MASSAGE

This classical European technique of manipulating muscles with aromatic massage oils is both relaxing and invigorating. While providing tonic for the soul, this massage can help improve the function of the circulatory, lymphatic, muscular and nervous systems.

50 min \$145 | 80 min \$210

MANDARA DEEP TISSUE MASSAGE

Excessive physical activity and sports can cause deep muscular and joint distress. This massage helps to warm and relax the muscles, improving range of motion. Enjoy before physical activity to increase flexibility and afterward to help the speedy recovery of strained muscles.

50 min \$160 | 80 min \$225

MANDARA HOT STONE MASSAGE

Therapeutic and relaxing, this treatment alleviates stiffness and soreness while restoring energy and balance. The stones' heat, combined with long flowing strokes, relaxes the muscles and has a soothing effect on your emotions. Simultaneously, other stones are placed on your body's energy points deeply infusing muscles with heat to melt away tension.

50 min \$170 | 80 min \$235

BAMBOO MASSAGE

Imagine warm bamboo shoots and essential oils massaging the muscles into pure bliss. This gorgeously indulgent therapy will revive the senses in a new and innovative way, inspiring the most relaxed state. The therapist will use deep tissue techniques or gentle strokes to melt away the tension and soothe the muscles into sweet oblivion.

50 min \$170

COCONUT POULTICE MASSAGE

This nourishing and soothing massage utilizes heated and scented coconut poultices rich in vitamins E and K. The body is sumptuously drizzled in Frangipani Monoï Body Oil to heal and moisturize the skin. Using an array of eastern and western massage techniques and acupressure movements, the poultices are applied to the body at pressure points to relax the muscles and release tension.

75 min \$220

REFLEXOLOGY

An ancient healing therapy that is as blissful as it is beneficial, reflexology works on the principle that all body organs are connected to reflex points in the feet via constantly flowing energy channels. Massaging these reflex points restores natural energy flow and improves overall health by sending waves of deep relaxation throughout your body.

25 min \$95 | 50 min \$155

PEACEFUL PREGNANCY MASSAGE

This unique pregnancy massage is a profoundly nurturing and tranquil oasis. Mothers-to-be are lulled and restored to optimum wellness. An intuitive, sensitive and relaxing massage hydrates and moisturizes skin that is expanding to accommodate a growing baby. Only nurturing aromatics are imparted – along with wisdom, empathy and respect.

50 min \$160

COUPLES MASSAGE

What a perfect way to spend time with someone you love. Both of you will enjoy a gorgeously relaxing full-body massage side by side. Based on a Swedish Massage. Upgrade to a Hawaiian Lomi Lomi Massage or other specialty massage for an additional charge.

50 min \$290 | 80 min \$410





ENRICH OR EXTEND YOUR MASSAGE



Complement your therapy with services from an all-inclusive selection of enhancements.

*Enrich Your Experience**

BAMBOO THERAPY

Warm bamboo of various sizes is soaked in essential oils to soothe muscles and melt away tension.

\$25

CONDITIONING FOOT TREATMENT

An indulgent treat for the feet to hydrate, rejuvenate and revitalize the soles.

\$25

FRANGIPANI NOURISHING HAIR AND SCALP TREATMENT

Restores luster to the hair and scalp while promising unadulterated relaxation.

\$35

HOT STONE THERAPY

The vitality and energy of heated stones soothe away stress and relieve muscular tension, aches and pains.

\$25

WARMING PARAFFIN TREATMENT

The warmth of this therapy stimulates circulation, relieves sore backs, and moisturizes chapped, dry hands or feet. Select one area – back, hands or feet – for healing or hydrating. A perfect addition to any massage or skincare service.

\$15

*Extend Your Experience**

BATHING RITUAL

Add a luxurious hydrotherapy experience to any massage or body treatment.

25 min | \$75

MANDARA BALINESE BODY POLISH

Add a skin-smoothing body exfoliation to any massage or body treatment.

25 min | \$80

PROLONG-THE-BLISS

50 or 80 minutes just not enough for you? Add 30 minutes to prolong the bliss a little longer.

30 min | \$65

*Enrich your experience with a service enhancer that is built in to your service without adding time. Extend your experience with a service enhancer that adds time to your service.



BODY THERAPIES

These scrubs, seaweed purees, and detoxifying concoctions will slough away dead skin, remineralize the body, and help you tone and firm. Healthful and sumptuously indulgent, most treatments include an invigorating massage.

MANDARA BALINESE BODY POLISH WITH MASSAGE

An exotic ritual to invigorate and bring vitality to the body, your skin will be polished and smoothed to a glow with our uplifting Citrus Sugar Scrub or detoxifying ELEMIS Lime and Ginger Salt Glow, complete with an application of body butter to hydrate the skin.

With 25-minute back massage
50 min | \$145

With 50-minute, full-body massage
75 min | \$210

ELEMIS AROMA SPA SEAWEED MASSAGE

Combining the richness of sea plants and marine algae with aromatherapy, this treatment is deeply detoxifying at all levels for women and men. A warm seaweed mask containing a synergy of cleansing essential oils is applied to your body before you are cocooned in a comforting wrap. Let your thoughts drift away and relax with a scalp and foot massage while the active ingredients work to detoxify and stimulate your body systems. Choose from Cellutox for detoxification and Musclease to help relieve sore joints and muscular tension.

With 25-minute back massage
75 min | \$210

With 50-minute, full-body massage
100 min | \$275

TROPICAL HAWAIIAN BODY SCRUB

Experience the exfoliating benefits of Hawaii's natural ingredients, complete with an application of tropical body lotion, foot and scalp massage. Choose from: Pa'akai (Salt) Glow, Island Coffee, Chocolate Macadamia Nut or Coconut.

50 min | \$145

SALON SERVICES

Shining hair and groomed hands and feet are a reflection of your inner health and beauty.

Signature Services

FRANGIPANI HAIR AND SCALP RITUAL

We use rich, exotic Frangipani Monoi Oil, legendary for its ritual uses in Tahiti. After cleansing your hair, we massage the scalp with this precious ingredient and wrap the hair in a warm towel to ease away stress and give your locks a vibrant, healthful shine. Add this treatment to any hair service.

25 min | \$65

MANDARA RITUAL FOR THE HANDS AND FEET

Featuring a sumptuous lineup of citrus, coconut and lotus flower milk, this luxurious ritual treats the hands and feet to an invigorating cleansing, signature exfoliation, soothing bamboo massage, and conditioning body butter application, followed by a traditional manicure, pedicure and polish.

manicure \$65
pedicure \$85

FIRE & ICE MANICURE AND PEDICURE

This invigorating therapy will warm your spirit and cool your stress. Using a combination of therapeutic cooling gels and the warmth of massage with a heated stone, your skin will be smoother and your nails will be polished to perfection.

manicure \$60
pedicure \$80

CND™ SHELLAC™ MANICURE AND PEDICURE

No drying time. No chipping. No smudging. This tough as nails treatment uses a Shellac coating instead of regular polish, resulting in tremendous shine, depth of color, and perfect finish. It provides excellent wear and comfortable protection for up to 14 days.

manicure \$60
pedicure \$80

HAIR SERVICES

Shampoo and Style includes blow dry . . . **from \$40**

Shampoo and Roller Set **from \$40**

Special Occasion Hair Design **from \$80**

Haircut and Style includes blow dry **from \$55**

Bang Trim **\$20**

Flat or Curling Iron. **from \$35**

Children's Haircut and Style includes blow dry (12 and under) **\$30**

Full Highlighting or Low Lighting includes blow dry **from \$140**

Partial Highlighting or Low Lighting includes blow dry **from \$90**

Color & Shine **from \$70**

Color Correction . **from \$160**

Color Touch-up **from \$55**

NAIL SERVICES

Classic Spa Manicure . . . **\$40**

Classic Spa Pedicure **\$65**

French Polish **add \$10**

Aromatherapy Paraffin Infusion Treatment **\$20**

Polish Change **\$25**

Nail Art **per nail \$10**

Nail Repair **per nail \$15**

Shellac™ Removal **\$25**

MAKE-UP ARTISTRY

Special Occasion Make-up Application
60 min | \$75

MEN'S GROOMING

Men's Sports Manicure . . . **\$35**

Men's Sports Pedicure . . **\$60**

Men's Haircut and Style . . **\$45**

Men's Color **\$50**

Mustache, Beard and Eyebrow Trim **\$20**

WAXING SERVICES

Brow Sculpting.....	\$25
Nose or Ear.....	\$15
Lip or Chin.....	\$20
Full Face.....	\$45
Underarms.....	\$40
Full Arm.....	\$40
Half Arm.....	\$35
Men's Chest.....	\$50
Back.....	\$75
Stomach.....	\$20
Basic Bikini.....	\$60
Bikini Plus.....	\$70
Brazilian.....	\$95
Full Leg.....	\$75
Half Leg.....	\$55



Special Services

IN-SUITE MASSAGE

Let us bring the spa to you. Allow the power of touch, combined with the healing qualities of aromatherapy, to relax your mind, body and soul in the comfort of your room. All in-suite massages are booked with same gender therapists. See spa for details. Additional fees apply.

WEDDING DAY MAKEUP AND STYLING

Your special day requires special attention. Allow us to tailor our services to create lasting memories for you and to meet the needs of your wedding party. Prices vary by season and wedding party size. Ask the Spa Director for details.

SPA GROUP EVENTS

If you are bringing a group to **Hilton Hawaiian Village® Waikiki Beach Resort**, do not forget to plan spa arrangements for your guests. Our Spa Director will be happy to ensure your spa appointments are scheduled and your group is completely indulged. Please call us at **808-945-7721** to find out about our group programs.

Spa Tips

HOURS OF OPERATION

Spa 8am-9pm
Salon 9am-6pm
Fitness Center 5am-9pm

OUR PROMISE TO YOU

We are committed to inspiring your wellness journey while delivering uncompromising indulgence and the finest expression of service. Your comfort and enjoyment is important to us. If we have not fulfilled our promise to you, please visit the spa reception desk to ensure we remedy your experience.

RESERVATIONS

To schedule treatments, you may call our spa directly from a hotel phone by dialing extension **74370** or call **808-945-7721** from outside of the hotel. You may also book online at <http://onespaworld.na.book4time.com/onlinebooking> or via email at hawaii@mandaraspa.com. We require a credit card upon booking and accept most major credit cards. Pre-scheduling your services is recommended, although we do welcome walk-ins and will do our best to accommodate you.

MINIMUM AGE REQUIREMENTS

Spa guests are required to be 18 years or older to receive treatments or utilize the facilities. Guests under 18 receiving a teen or kid treatment must be accompanied by a parent or guardian for all services. Swimsuits are required.

For further details, please see our teen and kid spa menu.

CANCELLATION POLICY

We require at least 4 hours' notice for cancellation to avoid being charged the full price for your treatments to the credit card provided when booking your services.

PURCHASE POLICY

Unopened products may be exchanged within 14 days of purchase if you have an original receipt. We cannot exchange opened products.

SERVICE CHARGE AND PRICES

For your convenience, a 20% service charge in lieu of gratuity will be automatically applied to the final bill. Your provider will receive 100% of the service charge. Gratuity for exemplary service is discretionary. Prices and services are subject to change without notice.

ARRIVAL

Please arrive at least 30 minutes prior to your scheduled appointment so you can relax and make full use of the spa lounge. To maintain the serenity of the spa, we ask you turn off your mobile phone and electronic devices upon arrival. Regretfully, if you are late for an appointment, we may have to shorten your treatment time to be on schedule for the next guest.

FITNESS

The Fitness Center at **Hilton Hawaiian Village® Waikiki Beach Resort** offers cardiovascular and strengthening

equipment. When you purchase any spa or salon service, you will have complimentary access to the Fitness Center and Kalia Pool on the day of your spa or salon service. Fitness facilities are available for ages 18 and up.

VALUABLES

For the safety of your valuable items, we suggest you leave all jewelry and money in the safe provided in your hotel room. The spa will not assume any liability for valuables.

THE GIFT OF MANDARA

Gift cards are available in any dollar amount and will be packaged in an attractive envelope ready for presentation.

OUR LOCATIONS

Mandara Spas can be found in diverse locations around the world. To find a location nearest you, visit www.mandaraspas.com.

KEEP IN TOUCH

Make taking care of your skin, body and hair part of your daily ritual. For more information on our services or products, visit www.timetospa.com or call **1-800-423-5293**. Here, you may repurchase your skin, body and hair care products as well as read our inspiring articles, find some delicious healthful recipes, and be privy to our special offers.

Customer Service
c/o OneSpaWorld
1-855-848-3059



