
HISTORY DAY VIRTUAL CONTEST GUIDE

REGION VII 2021 CONTEST

National History Day learned quickly alongside all its teachers, parents, and students on adapting to virtual format when COVID-19 hit during the 2020 contest year. NHD took the lessons learned from last season's virtual contests and working with a committee made up of teachers, students, judges, and state coordinators, developed uniform project guides for future virtual contests. These project guides aim to ensure contest procedures match across the country, that contests remain fair, and to help students transition between contest levels, from regional, to state, and nationals.

Questions: Email sarazandi@missouristate.edu

Don't Forget! There Is A New Rule Book This Year!

No matter your category, you should read the new rule book to follow the category rules. The new 2021 Rule book is available for download here:

<https://www.nhd.org/sites/default/files/NHDRuleBook2021Digital.pdf>

Students must follow their category rules. Teachers should provide some oversight and direction on rules compliance.

Choosing Between Group and Individual Projects

NHD is not putting any restrictions on group projects for the 2020-21 contest. Students can choose to work as individuals or in groups of 2-5 students in the website, documentary, exhibit, and performances categories. The historical paper category is still only for individuals. If students choose to work in a group and meet in-person, they should be sure to follow health and safety guidelines from their schools, county, and state.

2021 THEME – COMMUNICATION IN HISTORY: THE KEY TO UNDERSTANDING

Here are important links for this year's NHD theme:

- Book: <https://www.nhd.org/sites/default/files/2021%20Theme%20Book%20-.pdf>
- Video: <https://youtu.be/278B5ET8Npg>

HISTORICAL PAPERS

Paper category students should review the new 2021 NHD rulebook to ensure they do not miss any important rules and requirements for their category:

<https://www.nhd.org/sites/default/files/NHDRuleBook2021Digital.pdf> Please note that the national contest may require printed hard copies if it takes place in person, but the **regional and state level contests just require a digital submission by the registration deadline (deadline for region VII competition: February 18, 2021)**.

Once a student has finalized their paper, they should combine all required parts into one document in the following order: Title Page, Process Paper, Historical Paper, and the Annotated Bibliography at the end. They should then save the final version as one PDF file with their first and last names followed by regional. For example: John Smith should save his contest paper as johnsmithregional.pdf.

Important contest planning note! Students are required to upload their final PDF file to the contest registration system by the registration deadline.

WEBSITES

Website category students should review the new 2021 NHD rulebook to ensure they do not miss any important rules and requirements for their category:

<https://www.nhd.org/sites/default/files/NHDRuleBook2021Digital.pdf>

Please remember that NHDWebCentral (<https://website.nhd.org/>) must be used to build and create ALL websites. Complete instructions on creating an account, getting started, and other tips are available in the new **NHD WebCentral guide here:**

<https://drive.google.com/file/d/1HBpFvkHALO4ylbVehbkZQo8qOOtCkv12/view?usp=sharing>

As detailed in the rules, students should include their process paper and annotated bibliographies on their website. During registration students will provide their website's 8-digit code found in its URL.

Important contest planning note! Websites cannot be edited during the contest, they will lock out at 11:59 on the registration deadline and unlock after the contest (**deadline for region VII competition: February 18, 2021**).

DOCUMENTARIES

Documentary category students should review the new 2021 NHD rulebook to ensure they do not miss any important rules and requirements for their category:

<https://www.nhd.org/sites/default/files/NHDRuleBook2021Digital.pdf>

Documentary students need to plan to upload a shareable **.MP4** video file of their final project to Google Drive by the contest registration deadline. Students should prepare to give themselves plenty of time to complete this process before the deadline (**deadline for region VII competition: February 18, 2021**). Files typically upload faster over a wired connection rather than Wi-Fi. Documentary students also need to save their paperwork as one PDF file and upload it to the registration system by the deadline. Separate contest registration instructions to follow closer to the contest.

To prepare documentary and paperwork for submission, please follow the steps:

Step 1: Create one PDF file that contains a title page, process paper, and annotated bibliography in that order. The registration system only allows one PDF upload, so it must include all required paperwork.

- If competing as individual, name the file with first and last name followed by regional. For example: johnsmithregional.pdf.
- If competing as a group, name the file with each group member's last name followed by regional. For example: **smithjonesthomasregional.pdf** at the regional contest level or **smithjonesthomasstate.pdf** at the state contest level. **Be sure to link to your group when registering.**

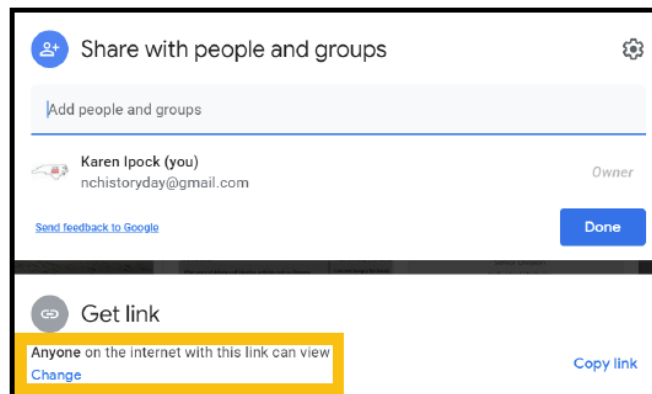
Step 2: Upload the .MP4 file of the documentary to Google Drive. If you do not have access to one of these shareable drives or have a way to share outside access to your file in a school drive, please email well ***before*** your contest deadline.

- If competing as an individual, name the .MP4 file with first and last name and regional. Follow the same example as above.
- If competing as a group, name the file with each group members last name followed by regional. Follow the same example as above.

Step 3: Make Google Drive link shareable. See the following instructions:

Google Drive Share Steps

Upload file to Google Drive. Once uploaded, right-click on the file. Select the "Share" option from the menu. A pop-up box will appear, as shown below. Make sure "Anyone on the internet with this link can view" is selected. If not, click on the blue change button and select that option. Once set to "Anyone" click on "copy link" and done.



Step 4: Double check that contest coordinators and judges can access the shareable link.

Open an Incognito browser tab and copy and paste the link there. If the video cannot be viewed repeat Step 3 until it is viewable.

Step 5: Submit project by the contest registration deadline using these instructions. Make sure to register for the contest by the registration deadline (**deadline for region VII competition: February 18, 2021**). Include the documentary's shareable link and upload paperwork's PDF file during the registration process. Make sure that the documentary stays on the shareable drive and does not change locations or settings during the contest. The contest runs from the close of registration through the announcement of finalists.

EXHIBIT

Exhibit category students should review the new 2021 NHD rulebook to ensure they do not miss any important rules and requirements for their category:

<https://www.nhd.org/sites/default/files/NHDRuleBook2021Digital.pdf>

There are two options this year for exhibits

1. Physically construct an exhibit and then take photos of it and follow the guidelines for virtual contest submission.
2. Create a virtual exhibit and follow these guidelines for a virtual submission.

Keep in mind that students may have to convert their virtual exhibit submission to a physical exhibit if they qualify for national contest, should it become possible for it to take place in person.

Please remember that exhibit rules still apply for both physical and virtual exhibits.

The NHD Contest Rule Book allows exhibit students to:

- Include a multimedia device in the exhibit
- Create an exhibit other than a tri-fold board that rests on a tabletop
- Include supplemental materials on the tabletop

However, NHD strongly recommends that students create a simpler exhibit this year – a tri-fold board without extras. Photographed or virtually created exhibits cannot adequately represent physical exhibits that are round, multi-sided, or those with moving parts.

Guidelines for Creating a Physical Exhibit and Submitting it to a Virtual Contest

If students create a physical exhibit, they must photograph their exhibit and use the template below to submit to the virtual contests.

Step 1: Create a set of slides that include the following:

- o a full photo of the exhibit, and
- o photographed sections of the exhibit with accompanying text.

Use either of the two template options to submit exhibit. These options provide students with slides to insert photos and text from their exhibit. Students may **not** add additional slides. More details are on the first page of either slide template.

- o **Google Slides Template:**

https://docs.google.com/presentation/d/1d7130ZxW3jxiLKSImDdmlzD5OFY_SqvQqNoWJnffnsw/template/preview

- o **PowerPoint Template:**

<https://drive.google.com/file/d/14LkQ6mav8kMw8gtXuH9wC3LUWjFAC0dS/view?usp=sharing>

View a sample project submitted through one of these templates here:

<https://drive.google.com/file/d/1F3xQQ2H45f5lQZpJWNuaTBCw4dL7WWq/view>

Step 2: Prepare to submit slides and required paperwork:

- Export/download completed exhibit template as a PDF.
- Combine exhibit PDF and required paperwork (title page, process paper, and annotated bibliography) PDF into **a single PDF file**. (Free apps for this include [Small PDF](#) and [I Love PDF](#).) **The final PDF document order must be the title page, process paper, annotated bibliography, exhibit template.**
 - o Please see this example for the correct order:
https://drive.google.com/file/d/1eifpfDehiQzOHvIE98T1ZJpUnT_lxpTh/view
 - o Please see this video to learn how to combine PDF documents into one PDF file:
<https://www.youtube.com/watch?v=VunwovyV0dl&feature=youtu.be>.

Step 3: Submit project to the contest by the contest registration deadline. Using the separate registration instructions make sure to register for the contest by the registration deadline. Upload the combined PDF during the registration process.

Guidelines for Creating a Virtual Exhibit and Submitting it to a Virtual Contest

Instead of building a physical exhibit, create an exhibit with design software. Virtual exhibits must still comply with all category rules, including word count and maximum size.

Step 1: Create a Virtual Exhibit

- To create a virtual exhibit, students may use any design software they prefer. Here are two examples:
 - **Google Drawings** is a free program that allows students to create a virtual exhibit within the maximum NHD exhibit size limit. Using this program does require creating a free Google account if participant does not already have one.
 - **Microsoft Publisher** is another program that students may have access to through their school. This program also allows students to create a virtual exhibit that fits within the maximum NHD exhibit size limit.
 - A 74-inch wide x 72-inch high page size replicates the maximum dimensions of a tri-fold exhibit. A standard rules-compliant tri-fold board laid flat is 74-inches wide by 72-inches high. Students can make size adjustments, but they cannot be larger than these dimensions.
 - The minimum font size on a virtual exhibit is **20 pt** font.
 - Here are two optional templates:
 - **Google Drawings NHD Template** (74-inch wide x 72-inch high):
https://docs.google.com/drawings/d/1t3kKf3_HtkDc7DkGadlcwjjg5rK9BVFZFA56XnFBYow/template/preview
 - **Microsoft Publisher NHD Template** (74-inch wide x 72-inch high):
<https://drive.google.com/file/d/1ld2h182pVtm6GEii29HbsfqXwpKCqZAb/view>
- Both templates are adjustable. Students may make the virtual exhibit smaller, but they may not make the dimensions larger. Students may adjust or eliminate the black lines on the templates if desired.
- **View a sample project in the template:**
https://drive.google.com/file/d/1O_lcTD05Kw-RI_Xt9vHU6lLlceFo9_kt/view
 - Regardless of which design software students use, **NHD strongly recommends** designing a tri-fold exhibit. Virtually created exhibits cannot adequately represent physical exhibits that are round, multi-sided, or those with moving parts.

Step 2: Prepare to submit virtual exhibit and required paperwork:

- Export/download completed exhibit template as a PDF.
- Combine exhibit PDF and required paperwork (title page, process paper, and annotated bibliography) PDF into **a single PDF file**. (Free apps for this include [Small PDF](#) and [I Love PDF](#).) **The final PDF document order must be the title page, process paper, annotated bibliography, exhibit template.**
 - Please see this example for the correct order:
https://drive.google.com/file/d/1eifpfDehiQzOHvIE98T1ZJpUnT_lxpTh/view
 - Watch to learn how to combine PDF documents into one PDF file:
<https://www.youtube.com/watch?v=VunwoyyV0dl&feature=youtu.be>

Step 3: Submit project to the contest by the contest registration deadline. Using the separate registration instructions (sent out closer to the contest), make sure to register for the contest by the registration deadline. Upload the combined PDF during registration.

PERFORMANCES

Performance category students should review the new 2021 NHD rulebook to ensure they do not miss any important rules and requirements for their category:

<https://www.nhd.org/sites/default/files/NHDRuleBook2021Digital.pdf>

Please remember that performance rules still apply for virtual contests. Also, keep in mind while planning that students may have to perform live if they qualify for the national contest, and it takes place in person.

For this year's unique contest season, NHD has created guidelines for submitting performances with health and safety measures in mind. They have also created a **required** "performance companion worksheet" to accompany the performance paperwork.

Choose this category carefully! This category requires students to record their performance and upload it into a shareable online drive for judges to view. Last year accommodations were made since projects already underway when the contest had to go virtual. This year recordings are required to be submitted in order to compete.

Performance Companion Worksheet and Paperwork Guidelines

The Performance Companion Worksheet assists judges in seeing and understanding important performance details that might be missed or hard to see in a recording. This companion worksheet is required. Here are the links to the important documents:

- Required! Blank Performance Companion Worksheet:
https://docs.google.com/document/d/1gFa7T-iezlLJ_GYphq7pvt9Bl23ipS4W43j2Htc6alw/edit?usp=sharing
- An example of a completed worksheet:
<https://drive.google.com/file/d/1KRN0OPZDyaTb0omtuKaA0m2HAbvc5WCr/view?usp=sharing>

Performance Recording Guidelines

There are two options for recording performances. Students can film their performance the traditional way using a camera or phone or using online conferencing platforms such as Google Meet, Zoom, and Microsoft Teams. These platforms are only recommendations. Students are free to use any platform their teacher deem appropriate. Here are the requirements and notes for both options:

- Students should follow all social distancing guidelines and preventative actions that apply in their state, county, school. NHD encourages group performances to consider using an online conferencing platform to record their performance to help everyone stay safe and healthy.

- Students can utilize their backgrounds and props, wear any relevant costumes, and get creative. If using one of the online platforms, students can consider virtual backgrounds and other digital effects. Students can elaborate on these elements in the Performance Companion Worksheet.
- Any audio recordings, music, or media should be present in the recording as a part of the performance. There will not be a space to include these elements in the Performance Companion Worksheet.
- Students must record performances in one continuous take regardless of if recorded attempt traditional way or students using online platform. **Participants are not allowed to edit multiple clips together.**
- **If recording the traditional way, the camera should be stationary and from the point of view of where the audience would be sitting.** Make sure the camera does not pan or zoom.
- A teacher a parent may assist with recording a performance.
- Students want to be sure there is not the appearance of editing. This is particularly important if using an online platform to record. Remember, if the app switches views, it might appear as an edit even if it is a continuous take. A way to prevent this is for individual performers to make sure they stay in camera view, even partially, for the entire performance. For groups be sure that all performers' screens are visible throughout the performance. even if minimized at the bottom. That way, the platform cutting between screens does not appear to be an editing cut.
- Once performance is recording is ready, save the file as a MP4.
- **Make sure the performance volume is clear!** If the performance is hard to hear the judges might miss important points. If there are parts that are not clear, consider redoing the recording.

Final Steps For Preparing Performance Recording And Paperwork For Contest

Finalizing performance paperwork for registration

- When it comes time to submit the performance during registration, **combine all the performance paperwork into one PDF document.** The registration system only allows one PDF upload.
- **Paperwork should be in this order:** Title Page, Process Paper, Performance Companion Worksheet, Annotated Bibliography. Here is an example:
<https://drive.google.com/file/d/1Rhe0ilZtsy2DRglJaQBPzRhy2qHK89HO/view?usp=sharing>
- Combine multiple PDFs into one. There are some free online apps available such as "[Small PDF](#)" and "[I Love PDF](#)."
- **Save the final combined PDF file using these naming guidelines:**
 - If competing as an individual, name the file with the first and last name followed by regional. For example: johnsmithregional.pdf.

- If competing as a group, name the file with each group members last name and regional. For example: smithjonesthomasregional.pdf.

Finalizing performance recording for registration

- Students should plan to upload their final performance recording as a shareable **.MP4** video file on Google Drive by the contest registration deadline (**deadline for region VII competition: February 18, 2021**).
- Students need to give themselves plenty of time to complete this process before the deadline. Files typically upload faster over a wired connection instead of Wi-Fi. To prepare recording for submission, please follow these steps:

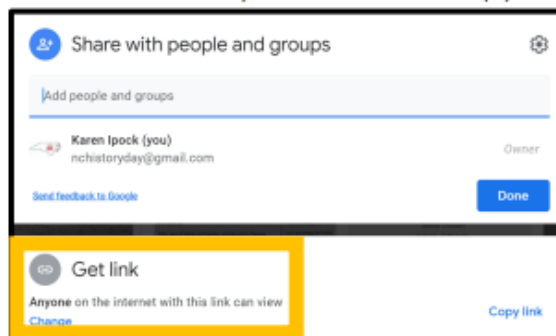
Step 1: Upload the .MP4 file of performance to Google Drive. If you do not have access to one of the shareable drives or have a way to share outside access to your file in a school drive, please email.

- If competing as individual name the MP4 file with first and last names and regional. johnsmithregional.mp4.
- If competing as a group, name the file with each group members last name and regional. Smithjonesthomasregional.mp4.

Step 2: Make Google Drive link shareable when ready to register. Complete this step when ready to submit the project link during registration. See the instructions below:

Google Drive Share Steps

Upload file to Google Drive. Once uploaded, right-click on the file. Select the **"Share"** option from the menu. A pop-up box will appear, as shown below. Make sure "Anyone on the internet with this link can view" is selected. If not, click on the blue change button and select that option. Once set to "Anyone" click on "copy link" and done.



Step 3: Double-check that contest coordinators and judges can access the shareable link. Open an incognito browser tab and copy and paste the link there. If the video cannot be opened, repeat Step 2. If the video opens, advance to Step 4.

Step 4: Submit project to the contest by the contest registration deadline. During registration, include the performance's shareable link and upload the PDF file of combined paperwork (Title Page, Process Paper, Performance Companion Worksheet, and Annotated Bibliography).

Important contest planning note! Ensure that the performance recording stays on the shareable drive and does not change locations or settings during the contest. The contest runs from the close of registration through to the announcement of finalists.