

Hizb ul Bahr Dua – The Litany of the Sea

Translation and Transliteration

يَا اللَّهُ يَا عَلِيُّ يَا عَظِيمُ يَا حَلِيمُ يَا عَلِيمُ، أَنْتَ رَبِّي وَعِلْمُكَ حَسْبِي، فَنَعْمَ الرَّبُّ رَبِّي
وَنَعْمَ الْحَسْبُ حَسْبِي، تَنْصُرُ مَنْ تَشَاءُ وَأَنْتَ الْعَزِيزُ الرَّحِيمُ

Yā Allāhu Yā ‘Aliyyu Yā ‘Azīmu Yā Ḥalīmu Ya ‘Alīm, Anta Rabbī wa ‘ilmuka ḥasbī, fa ni‘ma r-Rabbu Rabbī wa ni‘ma l-ḥasbu ḥasbī, tanṣuru man tashā‘u wa Anta l-‘Azīzu r-Raḥīm.

1. O Allah, O High, O Great, O Clement, O All-Knowing; You are my Lord and Your knowledge is my sufficiency; how perfect, then, is my Lord, how perfect my sufficiency! You give victory to whom You will, and You are the Almighty, the Merciful.

نَسْأَلُكَ الْعِصْمَةَ فِي الْحَرَكَاتِ وَالسَّكِّنَاتِ وَالْكَلِمَاتِ وَالْإِرَادَاتِ وَالْخَطَرَاتِ مِنْ
الشُّكُوكِ وَالظُّنُونِ وَالْأَوْهَامِ السَّاتِرَةِ لِلْقُلُوبِ عَنْ مُطَالَعَةِ الْغُيُوبِ

Nas‘āluka l-‘iṣmata fi l-ḥarakati wa s-sakanāti wa l-kalimāti wa l-irādāti wa l-khaṭarāti mina sh-shukūki wa ḡ-ḡunūni wa l-awhāmi s-sātirati li-l-qulūbi ‘an muṭāla‘ati l-ghuyūb.

2. We ask Your protection in movements and rests, in words and desires and thoughts; from the doubts, suppositions, and fancies that veil hearts from beholding things unseen.

فَقَدْ هَبَّتْ لِي الْمُؤْمِنُونَ وَزَلْزَلُوا زِلْزَالًا شَدِيدًا وَإِذْ يَقُولُ الْمُنَافِقُونَ وَالَّذِينَ فِي
قُلُوبِهِمْ مَرَضٌ مَا وَعَدَنَا اللَّهُ وَرَسُولُهُ إِلَّا غُرُورًا

Fa-qadi-btuliya l-mu‘minūna wa zulzilū zilzālan shadīdan, wa idh yaqūlu l-munāfiqūna wa l-ladhīna fī qulūbihim maraḍun ma wa‘adana Llāhu wa Rasūluhu illā ghurūrā.

3. For the believers have been tried, and mightily shaken and lo, the hypocrites and those with sickness in their hearts say: Allah and His Messenger have promised us nothing but delusion. [33:11-12].

(On reading *Shadeedan* point with the index (Shahadah) finger of the right hand towards the sky)

فَثَبَّتْنَا وَانصُرْنَا وَسَخَّرْنَا لَنَا هَذَا الْبَحْرَ كَمَا سَخَّرْتَ الْبَحْرَ لِمُوسَى، وَسَخَّرْتَ النَّارَ
لِإِبْرَاهِيمَ، وَسَخَّرْتَ الْجِبَالَ وَالْحَدِيدَ لِدَاوُدَ، وَسَخَّرْتَ الرِّيحَ وَالشَّيَاطِينَ وَالْجِنَّ

لِسُلَيْمَانَ

Fa thabbitnā wa-nṣurnā wa sakhkhir lanā hadha l-baḥra kamā sakhkharta l-baḥra li-Mūsā, wa sakhkharta n-nāra li-Ibrāhīma, wa sakhkharta l-jibāla wa l-ḥadīda li-Dāwūda, wa sakhkharta r-rīḥa wa sh-shayāṭīna wa l-jinna li-Sulaymān.

4. So make us steadfast, give us victory, and subject to us this sea, as You subjected the sea to Moses, the fire to Abraham, the mountains and Iron to David, the wind and demons and jinn to Solomon.

وَسَخَّرْنَا لَنَا كُلَّ بَحْرٍ هُوَ لَكَ فِي الْأَرْضِ وَالسَّمَاءِ وَالْمُلْكِ وَالْمَلَكُوتِ، وَبَحْرَ الدُّنْيَا
وَبَحْرَ الْآخِرَةِ، وَسَخَّرْنَا لَنَا كُلَّ شَيْءٍ، يَا مَنْ بِيَدِهِ مَلَكُوتُ كُلِّ شَيْءٍ

Wa sakhkhir lanā kulla baḥrin huwa laka fi l-arḍi wa s-samā'i wa l-mulki wa l-malakūti, wa baḥra d-dunyā wa l-ākhirati, wa sakhkhir lanā kulla shay'in, ya man bi yadihi malakūtu kulli shay.

5. Subject to us every sea You possess, in the earth and the sky, the kingdom and the dominion, the sea of this life and the sea of the life to come. Subject to us everything, O You in whose hand is dominion of everything.

﴿كَهَيْعَصَ﴾

Kāf Hā Yā 'Ayn Sād

6. Kāf Hā Yā 'Ayn Sād.
[19:1]

(Upon reading **Kaf** close the little finger of the right hand. On **Ha** close the ring finger, on **Ya** close the middle finger, on **Ayn** close the index (Shahadah) finger and on **Sad** close the thumb.)

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أُنْصِرْنَا فَانَّا خَيْرُ النَّاصِرِينَ، وَافْتَحْ لَنَا فَانَّا خَيْرُ الْفَاتِحِينَ، وَاعْفِرْ لَنَا فَانَّا خَيْرُ
الْغَافِرِينَ، وَارْحَمْنَا فَانَّا خَيْرُ الرَّاحِمِينَ، وَارْزُقْنَا فَانَّا خَيْرُ الرَّازِقِينَ، وَاهْدِنَا وَنَجِّنَا

مِنَ الْقَوْمِ الظَّالِمِينَ

Unṣurnā fa innaka khayru n-Nāṣirīna, wa-ftaḥ lanā fa innaka khayru l-Fātiḥīna, wa-ghfir lanā fa
innaka khayru l-Ghāfirīna, wa-rḥamnā fa innaka khayru r-Rāḥimīna, wa-rzuqnā fa innaka
khayru r-Rāziqīna, wa-hdinā wa najjinā mina l-qawmi ḡ-ḡālimīn.

7. Give us victory, for You are the best who give victory. Clear our vision, for You are the best who clear visions. Forgive us, for You are the best of forgivers. Have mercy on us, for You are the best of the merciful. Give us sustenance, for You are the best of providers. Guide us, and save us from the wrongdoing folk.

(On *unsurna* open the little finger, On *waftahlana* open the ring finger, On *wagfirlana* open the middle finger, On *warhamna* open the index finger, On *warzuqna* open the thumb.)

وَهَبْ لَنَا رِيحًا طَيِّبَةً كَمَا هِيَ فِي عِلْمِكَ، وَأَنْشُرْهَا عَلَيْنَا مِنْ خَزَائِنِ رَحْمَتِكَ،
وَاحْمِلْنَا بِهَا حَمْلَ الْكِرَامَةِ مَعَ السَّلَامَةِ وَالْعَافِيَةِ فِي الدِّينِ وَالْدُّنْيَا وَالْآخِرَةِ، إِنَّكَ عَلِيُّ

كُلِّ شَيْءٍ قَدِيرٌ

Wa hab lanā riḥan ṭayyibatan kamā hiya fī ‘ilmika, wa-nshurhā ‘alaynā min khazā’ini raḥmatika, wa-ḥmilnā bihā ḥamla l-karāmati ma‘a s-salāmati wa l-‘āfiyati fī d-dīni wa d-dunyā wa l-ākhirati, innaka ‘alā kulli shay’in Qadīr.

8. Give us a goodly wind, as may be in Your knowledge; loose it upon us from the storehouses of Your mercy; and carry us upon it in honour, with safety and wellbeing in our religion, in our life in this world, and in the world to come. Truly, You have power over all things.

اللَّهُمَّ يَسِّرْ لَنَا أُمُورَنَا مَعَ الرَّاحَةِ لِقُلُوبِنَا وَأَبْدَانِنَا وَالسَّلَامَةَ وَالْعَافِيَةَ فِي وَدُنْيَانَا
وَدِينِنَا، وَكُنْ لَنَا صَاحِبًا فِي سَفَرِنَا وَخَلِيفَةً فِي أَهْلِنَا، وَأَطْمَسْ عَلَيَّ وَجُوهَ أَعْدَائِنَا
وَأَمْسَخْهُمْ عَلَيَّ مَكَانَتِهِمْ فَلَا يَسْتَطِيعُونَ الْمُضِيَّ وَلَا الْمَجِيءَ إِلَيْنَا

Allāhumma yassir lanā umūrana ma‘a r-rāḥati li qulūbinā wa abdāninā wa salāmati wa l-‘āfiyati fī duniyānā wa dīninā, wa kun lanā Ṣāḥiban fī safarinā wa khalīfatan fī ahlinā, wa-ṭmis ‘alā wujūhi a‘dā’inā wa-msakhhum ‘alā makānatihim falā yastaṭī‘ūna l-muḍiyya wa la l-majī’a ilaynā.

9. O Allah, give us ease in our affairs, with peace for our hearts and bodies, and safety and wellbeing in our worldly life and our religion. Be our companion in our travels, and keep watch over our families in our stead. Blot out the faces of our enemies, and fix them where they stand, so they can neither move nor reach us.

(Think of your purpose on *Umoorana*. At *wujoohi* think of your enemy and close the fist of the right hand while pointing downwards towards the ground, then open the fist.)

وَلَوْ نَشَاءُ لَطَمَسْنَا عَلَىٰ أَعْيُنِهِمْ فَاسْتَبَقُوا الصِّرَاطَ فَأَنَّىٰ يُبْصِرُونَ، وَلَوْ نَشَاءُ
لَمَسَخْنَاهُمْ عَلَىٰ مَكَانَتِهِمْ فَمَا اسْتَطَاعُوا مُضِيًّا وَلَا يَرْجِعُونَ ﴿٦٦﴾

Wa law nashā’u la-ṭamasnā ‘alā a’yunihim fa-stbaqū ṣ-ṣirāṭa fa-anna yubṣirūna, wa law nashā’u la masakhnāhum ‘alā makānatihim fama-staṭā‘ū muḍiyyan wa lā yarjī‘ūn.

10. Had We willed, We would have blotted out their eyes; and they would race to the path, but how should they see? Or had We willed, We would have fixed them where they stood, so they neither could go forward, nor return.

[36:66-67]

يٰسٓ، وَالْقُرْآنِ الْحَكِيمِ، إِنَّكَ لَمِنَ الْمُرْسَلِينَ، عَلَى صِرَاطٍ مُسْتَقِيمٍ، تَنْزِيلَ الْعَزِيزِ
الرَّحِيمِ، لَتُنذِرَ قَوْمًا مَّا أُنذِرَ آبَاؤُهُمْ فَهُمْ غَافِلُونَ، لَقَدْ حَقَّ الْقَوْلُ عَلَى أَكْثَرِهِمْ فَهُمْ
لَا يُؤْمِنُونَ، إِنَّا جَعَلْنَا فِي أَعْنَاقِهِمْ أَغْلَالًا فَهِيَ إِلَى الْأَذْقَانِ فَهُمْ مُقْمَحُونَ، وَجَعَلْنَا
مِنْ بَيْنِ أَيْدِيهِمْ سَدًّا وَمِنْ خَلْفِهِمْ سَدًّا فَأَغْشَيْنَاهُمْ فَهُمْ لَا يُبْصِرُونَ ﴿

Yā Sīn, wa l-Qur'āni l-Hakīmi, innaka la-mina l-mursalīna, 'alā širātin mustaqīm, tanzīla l-'Azīzi
r-Rahīmi, li-tundhira qawman mā undhira ābā'uhum fa-hum ghāfilūna, la-qad ḥaqqā l-qawlu
'alā aktharihim fa-hum lā yu'minūna, innā ja'alnā fī a'nāqihim aghlālan fa-hiya ila l-adhqāni fa-
hum muqmahūna, wa ja'alna min bayni aydīhim saddan wa min khalfihim saddan fa-
aghshaynāhum fa-hum lā yubširūn.

11. Yā Sīn. By the Wise Qur'an, truly you are of the messengers, upon a straight path. This is a revelation of the Almighty, the Merciful; that you might warn a people whose forefathers were not warned, so they heed not. Already has sentence been passed against most of them, so they believe not. Verily We have placed shackles on their necks, even up to the chins, so they bend not. And We have placed a barrier before them, and a barrier behind them, and enshrouded them, so that they see not.

[36:1-9]

شَاهَتِ الْوُجُوهُ (۳)

Shāhati l-wujūh. (3 times)

12. Disfigured be those faces! (Three times)

(These words are written thrice. Upon reading each *Shaahtil Wujoooh*, think of your enemies that they be vanquished and strike the back of the hand on the ground.)

﴿وَعَنَتِ الْوُجُوهُ لِلْحَيِّ الْقَيُّومِ، وَقَدْ خَابَ مَنْ حَمَلَ ظُلْمًا﴾

Wa 'anati l-wujūhu li-l-Hayyi l-Qayyūmi wa qad khāba man ḥamala ḡlma.

13. And faces shall be humbled before the Eternal Living, the All-Sustaining; while whoever bears wrongdoing shall have failed.

[20:111]

طس، حم، عسق

Ṭā Sīn, Hā Mīm, ‘Ayn Sīn Qāf.

14. Ṭā Sīn, Hā Mīm, ‘Ayn Sīn Qāf.

﴿مَرَجَ الْبَحْرَيْنِ يَلْتَقِيَانِ، بَيْنَهُمَا بَرْزَخٌ لَا يَبْغِيَانِ﴾

Maraja l-baḥrayni yaltaqiyāni, baynahumā barzakhun lā yabghiyān.

15. He has loosed the two seas; they come together, but between them is a barrier they do not cross. [55:19-20]

حَمَّ (٧)

Hā Mīm (7 times)

16. Hā Mīm. (Seven times)

- (1. Read and blow to your right
2. Read and blow to your left
3. Read and blow in front of you
4. Read and blow behind you
5. Read and blow above you
6. Read and blow below you

7. Read and blow onto both your hands and pass your hands over the entire body.)

حُمُّ الْأَمْرِ وَجَاءَ النَّصْرُ فَعَلَيْنَا لَا يَنْصُرُونَ

Ḥumma l-amru, wajā'a n-naṣru fa 'alaynā lā yunṣarūn.

17. The matter is done, the victory come. Against us they shall not be helped.

﴿حَمَّ، تَنْزِيلُ الْكِتَابِ مِنَ اللَّهِ الْعَزِيزِ الْعَلِيمِ، غَافِرِ الذَّنْبِ وَقَابِلِ التَّوْبِ شَدِيدِ

الْعِقَابِ ذِي الطَّوْلِ، لَا إِلَهَ إِلَّا هُوَ إِلَهِي الْمَصِيرِ﴾

Hā Mīm, tanzīlu l-Kitābi mina Llāhi l-'Azīzi l-'Alīmi, Ghāfiri dh-dhanbi wa qābili t-tawbi shadīdi l-'iqābi dhi ṭ-ṭawli lā ilāha illa Huwa ilayhi l-masīr.

18. Ha Mim. The revelation of the Book from Allah, the Almighty, the All-Knowing: Forgiver of Sins, Acceptor of Repentance, Terrible in Punishment, Infinite in Bounty: no god is there but He; unto Him is the final becoming.

[40:1-3]

بِسْمِ اللَّهِ بِأَبْنَا

Bismi Llāhi bābunā.

19. Bismi Llāh is our door.

تَبَارَكَ حَيْطَانُنَا

Tabāraka ḥiṭānunā.

20. Tabāraka our walls.

يَسَ سَقْفُنَا

Yā Sīn saqfunā.

21. Yā Sīn our roof.

كَهَيْعَصَ كَفَايَتُنَا

Kāf Hā Yā ‘Ayn Sād kifāyatunā.

22. Kāf Hā Yā ‘Ayn Sād our sufficiency.

(Upon reading **Kaf** close the little finger of the right hand. On **Ha** close the ring finger, on **Ya** close the middle finger, on **Ayn** close the index (Shahadah) finger and on **Sad** close the thumb.)

حَمَّ عَسَقَ حَمَايَتُنَا

Hā Mīm ‘Ayn Sīn Qāf ḥimāyatunā.

23. Hā Mīm ‘Ayn Sīn Qāf our protection.

(Upon reading **Hā** open the little finger of the right hand. On **Mīm** open the ring finger, on **Ayn** open the middle finger, on **Sīn** open the index (Shahadah) finger and on **Qāf** open the thumb.)

﴿ فَسَيَكْفِيكَهُمُ اللَّهُ وَهُوَ السَّمِيعُ الْعَلِيمُ ﴾ (٣)

Fa-sayakfikahumu Llāhu wa Huwa s-Samī‘u l-‘Alīm. (3 times)

24. Allah will suffice you against them, and He is the All-Hearing, the All-Knowing. (Three times)
[2:137]

سِتْرُ الْعَرْشِ مَسْبُورٌ عَلَيْنَا وَعَيْنُ اللَّهِ نَازِرَةٌ إِلَيْنَا بِحَوْلِ اللَّهِ لَا يُقْدَرُ عَلَيْنَا

Sitru l-‘Arshi masbūlun ‘alayna wa ‘aynu Llāhi nāziratun ilaynā bi-ḥawli Llāhi lā yuqdaru ‘alaynā.

25. The veil of the Throne has been dropped over us; the eye of Allah is gazing upon us; by the power of Allah none shall overcome us.

﴿ وَاللَّهُ مِنْ وَرَائِهِمْ مُحِيطٌ، بَلْ هُوَ قُرْآنٌ مَجِيدٌ، فِي لَوْحٍ مَحْفُوظٍ ﴾

Wa Llāhu min warā'ihim muḥīṭun, bal Huwa Qur'ānun Majīdun, fī lawḥin Maḥfūz.

26. And Allah encompasses them from behind: Nay, it is a noble recitation, in a guarded tablet.
[85:20-22]

﴿ فَاللَّهُ خَيْرٌ حَافِظًا وَهُوَ أَرْحَمُ الرَّاحِمِينَ ﴾ (٣)

Fa-Llāhu khayrun Hāfīzan wa Huwa Arḥamu r-Rāḥimīn. (3 times).

27. For Allah is best as protector, and He is the Most Merciful of the merciful. (Three times)
[12:64]

﴿ إِنَّ وَلِيَّيَ اللَّهُ الَّذِي نَزَّلَ الْكِتَابَ وَهُوَ يَتَوَلَّى الصَّالِحِينَ ﴾ (٣)

Inna waliyyiya Llāhu ladhī nazzala l-Kitāba wa Huwa yatawalla ṣ-ṣāliḥīn. (3 times).

28. Verily, Allah is my Patron, He who revealed down the Book; and He looks after the righteous. (Three times)
[7:196]

﴿ حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ ﴾ (٣)

Ḥasbiya Llāhu lā ilāha illā Huwa ‘alayhi tawakkaltu wa Huwa Rabbu l-‘Arshi l-‘Aẓīm. (3 times)

29. Allah is my Sufficiency, there is no god but He; on Him I rely, and He is Lord of the Mighty Throne.

(Three times)

[9:129]

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

(٣)

Bismi Llāhi lladhī lā yaḍurru ma‘a Ismihi shay'un fi l-arḍi wa lā fi s-samā'i wa Huwa s-Samī'u l-‘Alīm. (3 times).

30. In the name of Allah, against whose Name nothing can cause harm in the earth nor the sky; and He is the All-Hearing, the All-Knowing.

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ (٣)

A‘ūdhu bi kalimāti Llāhi t-tāmmāti min sharri mā khalaq. (3 times).

31. I seek refuge in the Perfect Words of Allah from the evil of that which He has created. (Three times)

وَلَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ الْعَلِيِّ الْعَظِيمِ (٣)

Wa lā ḥawla wa lā quwwata illā bi-Llāhi l-‘Aliyyi l-‘Azīm. (3 times)

32. There is no power, and no strength, save by Allah, the High, the Great. (Three times)

وَصَلَّى اللَّهُ عَلَى سَيِّدِنَا مُحَمَّدٍ وَعَلَى آلِهِ وَصَحْبِهِ وَسَلَّمَ

Wa ṣalla Llāhu ‘alā Sayyidinā Muḥammadin wa ‘alā ālihi wa ṣaḥbihi wa ṣallam.

33. And may Allah bless our master Muhammad and his family and his companions and grant them peace.