

EDGE SCHOOL

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HOCKEY ACADEMY

Academics | Athletics | Character

[edgeschool.com](http://edgeschool.com)



# DISCOVER THE EDGE ADVANTAGE

**MISSION:** To build a culture of personal excellence in academics, athletics and character.

**GOAL:** To develop top quality student-athletes; competing for Edge School, as well as preparing student-athletes for the next level.

# OUR TOP FIVE INFORMATION ITEMS

1

**Our hockey staff are full-time, certified hockey coaches and trainers** who work with your student-athlete for 10 months a year (minimum).

2

**We operate like a 'Mini-University'**, which is the best process to acclimatize the student-athlete to education and hockey within the same learning environment.

3

**The model of our school is: Academics, Athletics, & Character.** Our goal is to graduate top end student-athletes with leadership and character skills.

4

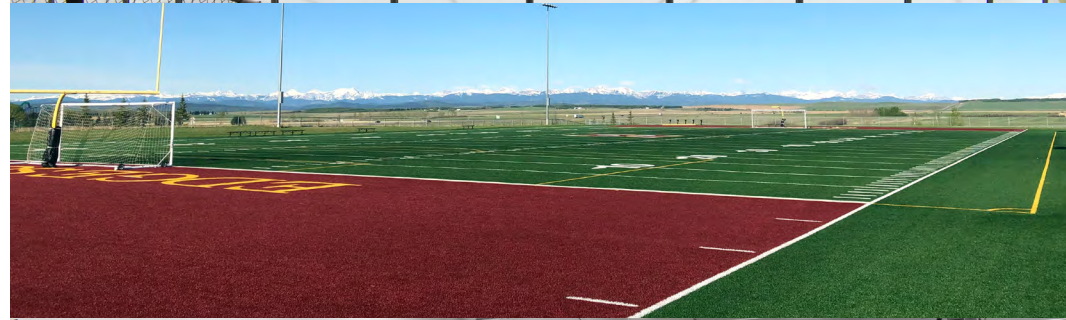
The **academic performance** of our students and teachers places us in the top 20% of schools in the province. Student-athletes are challenged to achieve **personal excellence** in academics, and will be held to a set of individual, as well as Edge School and provincial goals.

- **The Rutherford Scholarship**
  - 92% of our 2019 graduates earned a Rutherford Scholarship | 65% is the Provincial average
- **2018-19 PAT Scores (Provincial testing) for Grades 6 & 9**
  - 87% of our students achieved the Acceptable Standard | 73% is the Provincial average
  - 32% of our students achieved the Standard of Excellence | 20% is the Provincial average
- **2018-19 Diploma Exams (Provincial Testing) for Grades 10-12**
  - 91% of our students achieved the Acceptable Standard | 84% is the Provincial average
  - 28% of our students achieved the Standard of Excellence | 24% is the Provincial average

5

**All of our facilities are here under one roof**, and include:

- Two NHL sized arenas: the Kyle Stuart Memorial Arena and Edge Arena #2, with large hockey dressing rooms
- Edge School Golf Centre with putting green and golf simulator
- Gymnasium with two NBA sized courts
- Duckett Performance Centre (DPC), a world class high performance training and fitness centre
- Four Professional Dance Studios
- State-of-the-art FIFA 2 Star Athletic Turf Field
- Edge Youth Sports Therapy Clinic
- Skate sharpening shop



With everything being under one roof, student-athletes are finished by 5:00 p.m.

# EDGE SCHOOL AND HOCKEY INFO FAQs

## Why become an Edge School Mountaineer?

The greatest benefit of becoming a Mountaineer is the amount of support our student-athletes receive from engaged teachers, full-time professional coaches, athletic therapists, nutritionists, sports psychologist and the expertise of our strength and conditioning coaches. With everything located under one roof, Edge School is a world-class institution driven to positively impact our student-athletes. Combined with our small class sizes and our Mountaineer character-building program, our student-athletes are able to find the balance between academics and athletics while building character.

Edge School creates an unmatched holistic learning environment where our student-athletes are able to build confidence, self-esteem, positive interpersonal skills and applicable life-long values, all while rigorously pursuing academic and athletic excellence.

## What is Edge School?

Edge School is 170,000 sq.ft. sports school that is designed to integrate sport into the student-athlete's daily schedule. We have nine sport academies: Hockey, Basketball, Dance, Soccer, Figure Skating, Golf, Fitness and Multi-Sport. We also offer a Flex Program for student-athletes who train outside of Edge School.

## Where is Edge School Located?

We are located on the west side of Calgary, AB across the Trans-Canada Highway from Calaway Park at 33055 Township Rd 250, Calgary, AB T3Z 1L4.

## What is the male-female ratio at the school?

It varies by grade level, but we have a ratio of approximately 60:40.



**STUDENTS**  
**300**

**AVERAGE**  
**CLASS SIZE**  
**16**

**GRADES**  
**4-12**



### Is there busing?

Busing is available at an additional cost. There are pick-up and drop-off points that are adjusted yearly depending on the registrations for busing that year. Our three routes cover much of Calgary and might begin as far south as Okotoks, as far north as Airdrie and as far east as Chestermere

### Is there billeting available? Dorms?

There are no dorms or residences. For out of town students looking for a billeting option, the Canada Homestay Network offers a comprehensive, reputable homestay program for students. They have recently begun welcoming Canadian students along with the International students they have served for years.

### How much does it cost?

For 2021-22, our tuition fees for Grades 7-12 are \$18,970 plus 4% as an annual contribution to the Edge School Foundation Endowment Fund. There is an annual \$650 student activity fee per student. For Edge School hockey players, team fees in addition to tuition range from \$13,000-\$17,000 per year depending on the team.

### Is there financial assistance?

An independent school education requires a major financial commitment. Through the work of the Edge School Foundation and many donors, we have established a Student Awards Program to assist with the tuition fees. We offer primarily financial need-based awards and have more recently established merit-based awards. For more information For more information, [click here](#), or contact our Director of Admissions, [Anne McCaffrey](#).

### What does a day in the life look like?

To your left, you can see our Jr. and Sr. High schedules. Student-athletes playing for one of our hockey teams may also participate in "training blocks" outside of school hours. These blocks are 7:00-8:15 a.m. and 3:30-5:00 p.m. Coaches can provide more specific information.

#### JUNIOR HIGH (Grades 8 &9)

Time	Period
8:15-9:15 AM	Academic Period 1
9:15-10:15 AM	Academic Period 2
10:15-12:15 PM	Sport Period
12:15-12:45 PM	Lunch
12:45-1:45 PM	Academic Period 3
1:45-2:45 PM	Academic Period 4
2:45-3:15 PM	LEAD (Home Room)

#### SENIOR HIGH (Grades 10-12)

Time	Period
8:15-10:15 AM	Sport Period
10:15-11:45 AM	Academic Period 1
11:45-12:15 PM	Lunch
12:15-1:45 PM	Academic Period 2
1:45-3:15 PM	Academic Period 3

# OUR TEAMS

**U18 PREP**  
**U18 FEMALE PREP**  
**U17 PREP**  
**U16 PREP**  
**U15 PREP**  
**U15**

## **Roster sizes**

U18 Prep and U18 Female Prep can carry 20 players. All other teams can carry 19 players.

## **Total number of hockey players**

We have approximately 150 hockey players attend Edge School each year. This includes our two bantam teams, four midget teams and skill academy student-athletes.

# MEET OUR COACHING STAFF

**James Poole, U18 Prep**  
[jpoole@edgeschool.com](mailto:jpoole@edgeschool.com)

## Coaching

- 2017-Present, Head Coach, U18 Prep
- 2019, Head Coach, Alberta Cup (HA)
- 2016-2017, Head Coach and GM, Calgary Canucks, AJHL
- 2010-2016, Head Coach and GM, Okotoks Oilers, AJHL
- 2007-2010, Head Coach, CBHA Midget AAA Buffaloes

## Education

- Lake Forest College, BA Business
- High Performance Level 1

## Achievements

- 51 Post Secondary Commitments
- 2018 St. Andrews College MacPherson Invitational Champions
- 2011, 2015, 2016, 2017 – AJHL Coach of the Year Finalist
- 2008 & 2009 – AMHL & Pacific Regional Champions
- Silver Medal – 2009 TELUS Cup National Championship
- 2009 AMHL Coach of Year
- 2008 Mac's Midget Tournament Outstanding Coach
- 2008 Mac's Midget Tournament Champions



**Carla MacLeod, U18 Female Prep**  
[cmacleod@edgeschool.com](mailto:cmacleod@edgeschool.com)

## Coaching

- 2014-Present, Head Coach, U18 Female Prep
- 2019, Asst Coach, National Women's Team, Pittsburgh Series
- 2019, Asst Coach, Development National Team
- 2019, Head Coach, Team Alberta, Canada Winter Games
- 2018, Asst Coach, Development National Team
- 2017, Head Coach, Team Alberta, U18 Nationals
- 2016, Asst Coach, Team Alberta, U18 Nationals
- 2012-2014, Asst Coach, Japan Women's Olympic Hockey Team (IIHF)
- 2012, Asst Coach, U18 Canadian National Women's Team, U18 Women's Worlds
- 2010-2014, Asst Coach, Mount Royal University (ACAC/USport)

## Education

- University of Wisconsin, BSc – Legal Studies
- High Performance Level 1

## Achievements

- 35 Post Secondary Commitments
- 2020 CSSHL Female Prep Championship
- 2019 CSSHL Female Prep 2nd Place Finish
- Gold Medal – 2019 Canada Winter Games
- 7th Place – 2014 Sochi Olympic Games
- Gold Medal – 2013 IIHF Olympic Qualification
- Gold Medal – 2013 IIHF Division 1A Women's World Championship
- Gold Medal – 2012 IIHF U18 World Championship
- Gold Medal – 2012 ACAC Championship
- Gold Medal – 2006 & 2010 Olympic Winter Games, Team Canada (player)
- Gold Medal – 2007 IIHF Women's World Championship, Team Canada (player)
- Silver Medal – 2005, 2008 & 2009 IIHF Women's World Championship, Team Canada (player)



**Josh Gosling, U17 Prep**  
[jgosling@edgeschool.com](mailto:jgosling@edgeschool.com)

### Coaching

- 2016-Present, Head Coach, U17 Prep
- 2016, Head Coach, Alberta Cup (Hockey Alberta)
- 2016, Mentor, Pee Wee Prospects (Hockey Alberta)
- 2015-2016, Asst Coach, Calgary Northstars Midget AAA
- 2015, Head Coach, Alberta Cup (Hockey Alberta)
- 2015, Top 80 U16 selection camp coach (Hockey Alberta)
- 2014-2015, Head Coach, Calgary Royals Minor Midget AAA Gold
- 2014, Asst Coach, Alberta Cup (Hockey Alberta)
- 2013-2014, Head Coach, Calgary Royals Bantam AA White
- 2011-2013, Head Coach, Calgary Northstars Minor Midget AAA Blazers
- 2009-2011, Head Coach, Calgary Northstars Midget AA Blazers

### Education

- SAIT, Business Diploma
- High Performance Level 1

### Achievements

- 2020 – Silver Medal Midget Varsity Championship, CSSHL
- 2017 – Varsity Elite Tournament Champions
- 2015 – JSerra Varsity Tournament Champions
- 2013 – Minor Hockey Week Champions
- 2011 – Rocky Mountain Invitational, Midget AAA Champions
- Six years of experience as a skills coach for the WHL, Hockey Alberta, Power Up and Dynamic Hockey Development
- Started and developed various skill development programs



**Kelly Mruk, U16 Prep**  
[kmruk@edgeschool.com](mailto:kmruk@edgeschool.com)

### Coaching

- 2014-Present, Head Coach, U16 Prep
- 2004-2014, Head Coach, National Sport Academy, Calgary
- 2003-2004, Head Coach, NWCAA Bantam AAA Stamps
- 2000-2003, Asst Coach, Calgary Midget AAA Northstars
- 1997-1999, Asst Coach, CBHA Bantam AAA Buffaloes

### Education

- High Performance Level 1
- NCCP Course Conductor
- Applied Multimedia Training Centre – Diploma in Graphic and Multimedia Design

### Achievements

- Gold Medal – 2016 & 2017, Minor Midget Prospect Cup Championship
- Silver Medal – 2016, Elite 15 League Championship, CSSHL
- Gold Medal – 2003, Air Canada Cup Midget AAA National Championship
- Gold Medal – 1991, Air Canada Cup Midget AAA National Championship (player)





**Jeff Shantz, U15 Prep**  
[jshantz@edgeschool.com](mailto:jshantz@edgeschool.com)

### Coaching

- 2018-Present, Head Coach, Edge U15 Prep
- 2019, Assistant Coach, Team Alberta - Canada Winter Games
- 2017-2018, Head Coach - Edge Bantam Varsity
- 2017-Present, Edge Boss Hockey - Owner/Instructor
- 2016, Asst Coach, Alberta Cup
- 2016, Skills Coach, Swift Current Broncos, WHL
- 2014, Head Coach, Peewee Prospects Cup

### Education

- High Performance Level 1

### Achievements

- Bronze Medal – 2019 – Canada Winter Games
- Gold Medal – 2016 – Alberta Cup
- Silver Medal – 2014 – Peewee Prospects
- 10 NHL Seasons with Chicago, Calgary, Colorado (player)
- League Championship – 2009, EBEL, Austria (player)
- League Championship & Playoff MVP – 2007, DEL, Germany (player)
- Gold Medal – 2004 – IIHF World Championship (player)
- Gold Medal – 2003 – Spengler Cup (player)
- Gold Medal – 1993 – World Junior Championship (player)
- 1990-1993, Regina Pats, WHL (player)



**Micki DuPont, U15**  
[mdupont@edgeschool.com](mailto:mdupont@edgeschool.com)

### Coaching

- 2020-Present, Head Coach, U15
- 2020 Calgary Canucks Jr.A Assistant Coach
- 2019-2020 Assistant Coach Calgary Royals Midget AAA

### Education

- Hockey Canada Skills Coach Certified Level 3
- High Performance Level 1

### Achievements

- 19 year professional playing career (NHL, AHL, Europe)
- 2001 – Calder Cup Championship – AHL (player)
- 2006 Team Canada World Championships
- 2005 & 2006 League Championship – DEL, Germany (player)
- 2012 Gold Medal – Spengler Cup (player)
- 1999-2000 WHL and CHL Defenceman of the Year



**What other full-time staff do you have?**

Athletic Therapists  
Power Skating Coach  
Strength and Conditioning Coaches  
Mental Trainer (Sports Psychology)  
Goaltending Coaches



## What league do you play in? Who are the other teams/programs?

All of our teams play in the Canadian Sports School Hockey League (CSSHL), which includes all the premier school based hockey academies in Western Canada. Currently there are teams from Victoria to Winnipeg, and are comprised of the following programs and program models:



### Private School and Hockey Together

- Edge School
- St. George's School (Vancouver)
- Notre Dame (Wilcox, Sask.)
- Shawnigan Lake School (Duncan, B.C.)
- St. Mary's Academy (Winnipeg)

### Public School and a Hockey Program

- Burnaby Winter Club Academy
- Coeur d'Alene Academy (Idaho)
- Delta Academy (Vancouver)
- Northern Alberta (Edmonton)
- Okanagan Hockey Academy (Penticton)
- Okanagan Hockey Academy (Edmonton)
- Pacific Coast Academy (Victoria)
- Pilot Mound (Pilot Mound, Man.)
- Pursuit of Excellence (Kelowna)
- Rink Hockey Academy (Winnipeg)
- Southern Alberta Hockey Academy (Medicine Hat)
- Warner Hockey Academy (Warner, AB)
- Yale (Abbotsford)

### Online Learning and a Hockey Program

- International Hockey Academy (Calgary)

## Is the CSSHL a strong league?

The CSSHL developed 81 draft picks in the 2020 Western Hockey League Bantam Draft last year alone. The CSSHL U18 Female Prep Division has produced 49 NCAA Division I, 81 U-Sport scholarships, 20 ACAC scholarships and 28 NCAA Division III in just the past three seasons. The CSSHL is recognized and organized under the 'Sport School' division of Hockey Canada and the provincial branches. It also has a multi-year partnership agreement with the WHL, through which information resources, best practices and advertising are shared and strengthened. In addition, hockeytv.com is now streaming games and showcase weekends online.

## How do you travel?

Depending on the distance and the location, our teams travel via coach bus or by flying. This is a very similar experience/preparation for travel at the junior hockey/college/university levels and familiarizes our student-athletes with things such as time management, recovery and preparation.

## When do you play and how many games do you play?

Our seasons run from September until March. We typically play on the weekends with a few games being played during the week. The CSSHL follows a showcase approach, so teams will travel and play 3-5 league games on a weekend. Our teams typically play between 50-65 games over the course of a full season.

## How does that work with school?

There is constant communication between the coaches, teachers and student-athletes to ensure academic and athletic success. Study hall is a part of the daily schedule when teams are traveling. Teachers also provide online access to course materials for students. Our coaches and teachers are dedicated to ensuring our players are kept on track academically.





## Do your players move on?

Since 2012 Edge Hockey has had over 40 players drafted in the WHL Bantam Draft. Since 2015, within just the first three rounds of the WHL Bantam Draft, the CSSHL league has had a total of 158 players drafted. Most recently, Jake Sanderson of Edge (U.S. National Team Development Program) was drafted fifth overall by the Ottawa Senators in the 2020 NHL Entry Draft. Also, since 2013, our U18 Female prep has seen 35 of its graduates go on to play post-secondary hockey across North America.

## How do you promote your players?

The players are highly scouted during our league play and teams also enter into exhibition tournaments across Canada and North America for further exposure. We also work to cultivate relationships with coaches, general managers, athletic directors, schools and teams across all levels of hockey. Our school and programs are highly respected, and we are the 'Educational Home' of the Calgary Hitmen.

## What happens after the season is finished?

The 10-Week Training Block runs from April until June and includes:

- Fitness testing
- Strength & conditioning
- Speed training
- Agility training
- Mobility training
- Multi-sport training
- Power skating
- On-ice skill development
- Off-ice skill development

## What happens in the summer?

For an additional cost, student-athletes can choose to enroll in our summer training program that runs from July until the end of August. This summer training is an extension of the 10-Week Training Block which the athletes complete from April to June.

## Can I wait until after the quadrant tryouts/evaluations and then give you an answer?

While late additions to our rosters do occur, by waiting until after quadrant tryouts/evaluations are over in the fall, you run a significant risk of missing out on the Edge School Hockey Program. We work hard during the off-season to scout and recruit players to join our program. We encourage our hockey players to train with us over the off-season and summer so that they are in peak physical condition for the upcoming challenge of a CSSHL season. Waiting to join our program will also impact the beginning of the school year. In certain cases, a new student-athlete joining the program could be 2-3 weeks late. This is not optimal for new students starting school in a new, sport school environment.



# ALWAYS A MOUNTAINEER

## Male Alumni Includes

Jaret Anderson-Dolan	Thomas Hickey
Jake Bean	Taro Hirose
Jacob Bernard-Docker	Tyler Myers
Joe Colborne	Jake Sanderson
Matt Dumba	

## Female Alumni Includes

Brittany Fouraces	Eden Murray
Karly Heffernan	Kelly Murray
Courtney Kollman	Erika Sowchuk

Edge School for Athletes  
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