



HOME LEARNING ACTIVITIES FOR TODDLERS

Monday Dramatic Play



Materials Required:

- Painters tape/Paper tape
- Small kids table
- Train conductor hat
- Whistles
- Chairs
- Make do Flags
- Brown cloth/paper

Instructions:

1. You can set up a train pretend play area however you'd like based on your kid's input and creativity.
2. Using paper/painters tape mark a giant train track on the floor.
3. Place a table over the track and cover it with a brown cloth/paper to make tunnels for the pretend trains to pass through.
4. Now invite your child to drive the train along the track.
5. You can show red and green flags for the signal.
6. This activity helps children work on their small & large motor skills.
7. During the activity, engage with them in conversation about rail transport.





HOME LEARNING ACTIVITIES FOR TODDLERS

Tuesday

Train Yoga



Boat Pose



Staff Pose

Materials Required:

- Yoga Mat

Instructions:

Children may not do all the yoga poses during the first reading, so simply follow their energy and interest level and guide them. Even just a couple of poses is great. The purpose of yoga for children is to get them active when reading the book to bring the story alive. To start, clear a space and wear comfortable clothing.

Car-Mountain Pose:

Stand tall with legs hip-width apart, and feet facing forward. Grasp a pretend steering wheel as if you are driving a car.

Helicopter-Mountain Pose Variation:

Stand tall with legs hip-width apart, feet facing forward, and knees slightly bent. Swing your arms back and forth like the blades of a helicopter.

Train-Staff Pose:

Sit with a tall spine with your legs straight out in front of you. Use your hands to mimic the wheels of the train going around and around.

Tractor-Chair Pose:

Stand tall in Mountain Pose with your feet hip-width apart. Bend your knees, take your hands out in front of you, and pretend to hold onto the steering wheel of a tractor.

Digger-Standing Forward Bend:

From Mountain Pose, bend your upper body, reach for your toes, and pretend to dig up sand like a digger.

Crane-Crescent Moon:

From Mountain Pose, reach your arms high over your head, bringing your palms together. Tilt your upper body to one side. Come back to center. Tilt your body to the other side, pretending that you are a crane.

Barge-Boat Pose:

Balance on your buttocks with your legs up. Then rock like a boat in the water.

Truck-Easy Pose:

Sit comfortably cross-legged and take your hands out in front of you, as if you are driving a truck.

Arrive Home-Resting Pose:

Lie on your back with your arms and legs stretched out. Breathe and rest.





HOME LEARNING ACTIVITIES FOR TODDLERS

Thursday

Train Track Painting



Materials Required:

- Tempera colours - 3 to 4 colours
- Train toys
- Chart
- Paper Tape
- Newspapers - to cover the work area

Instructions:

1. Tape chart paper to the table or play area using paper tape.
2. Squirt a few colours of paint onto the paper.
3. Invite your children to paint and explore.
4. Watch your little one drive the engine making lines and curves.
5. This process is so much fun that your little ones can't stop painting.





HOME LEARNING ACTIVITIES FOR TODDLERS

Worksheets

Monday

Alphabet Tracing – “D” & “d”

Wednesday

Pre-writing

Thursday

Number Tracing – “4”

Friday

Pre-writing

Materials Required:

- Printable Templates
- Jumbo Crayons

Let your child do the “Finger Aerobics” before they start with the pre-writing worksheet.

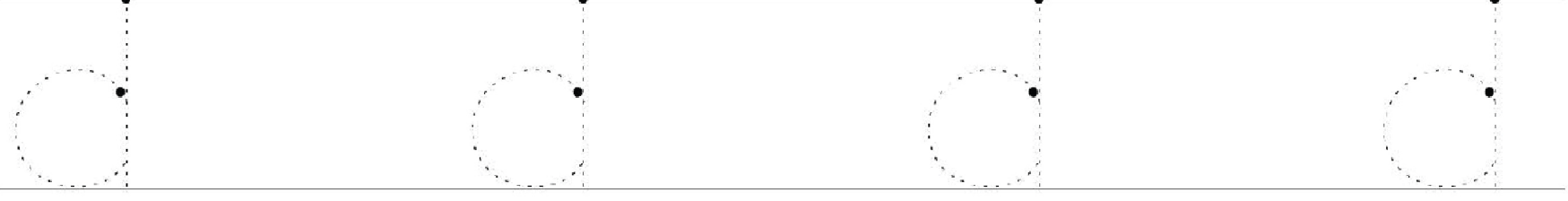
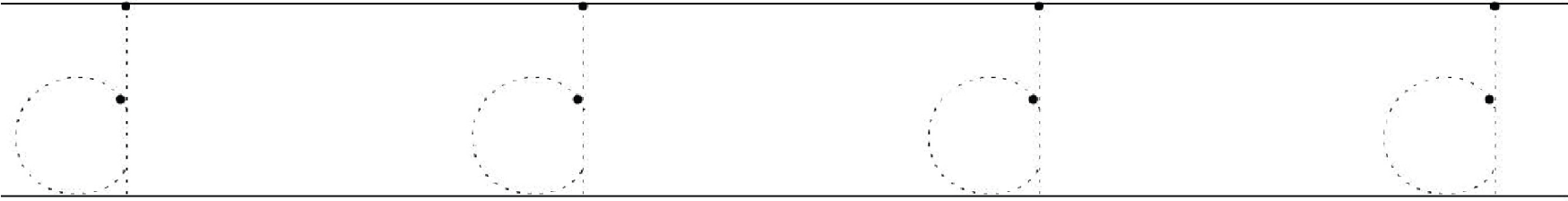
Note to Parents:

For our Home Learning Activities, if you do not have access to a printer you can hand draw the templates.



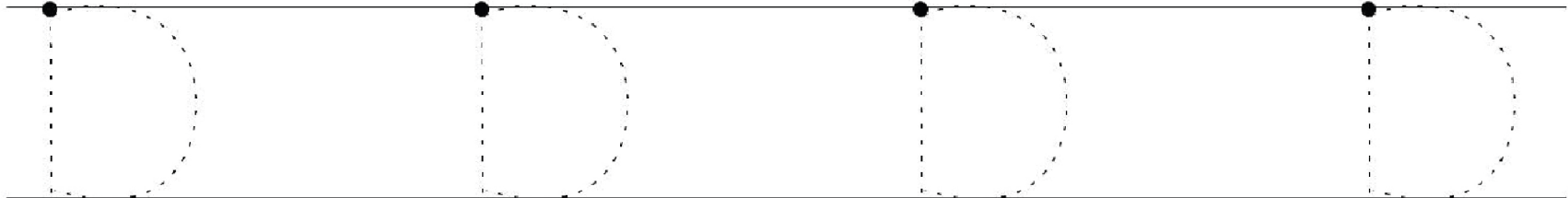
Tracing worksheet

Lower case letter d



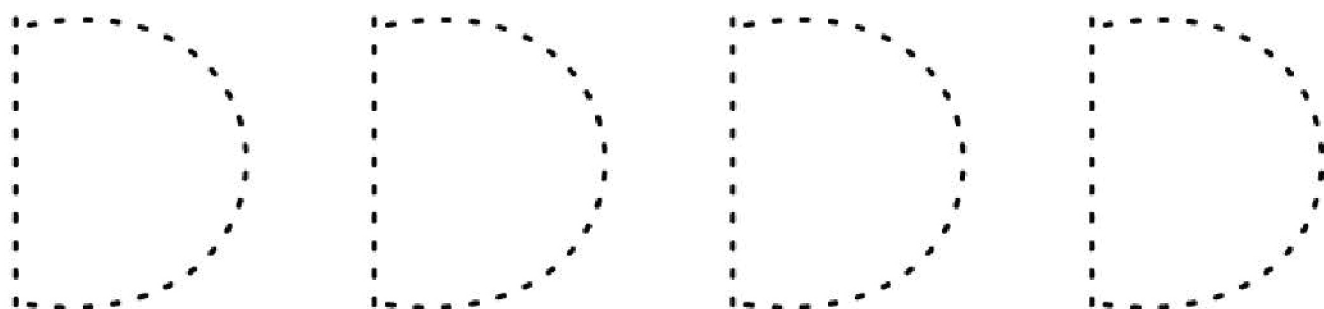
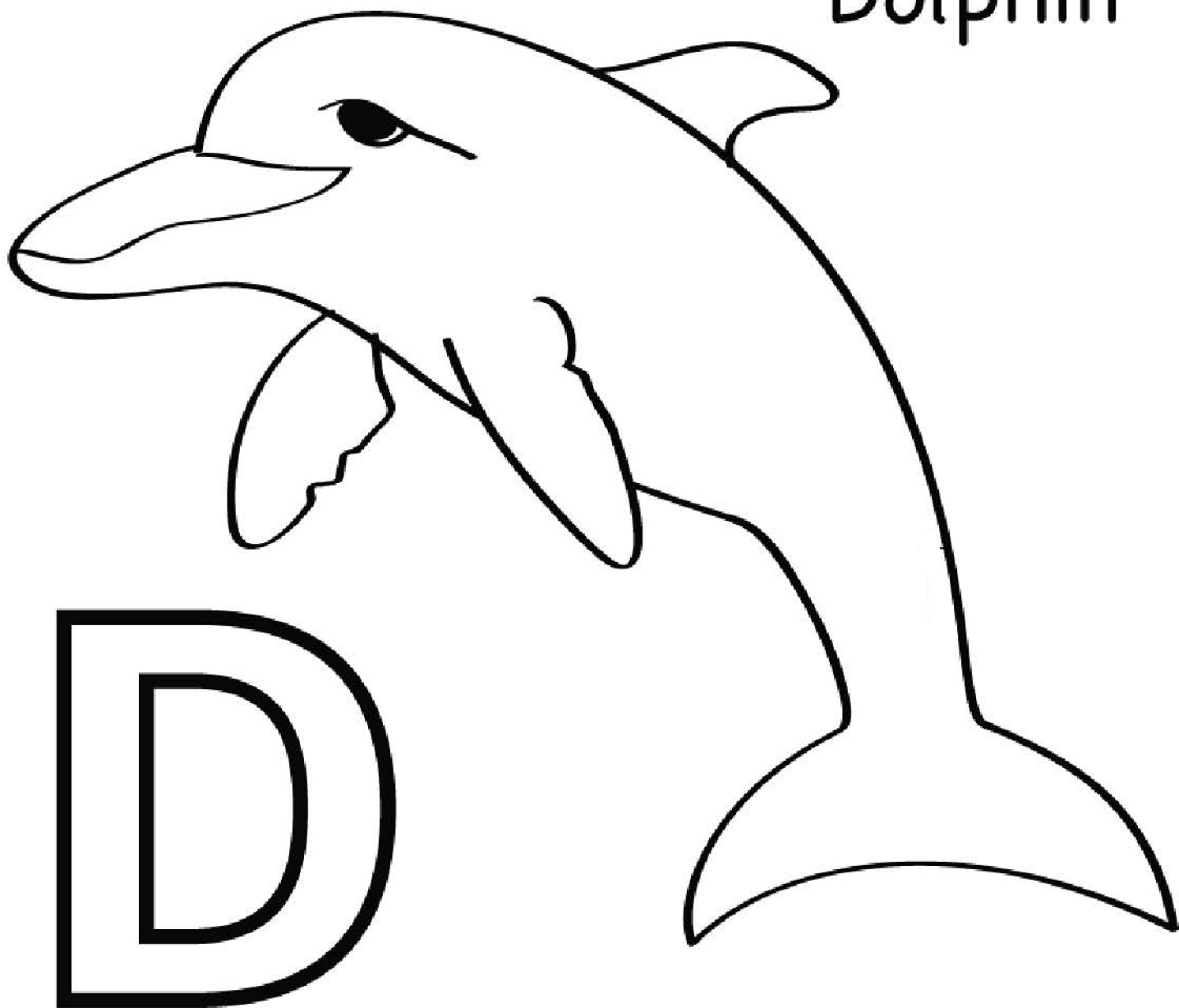
Tracing worksheet

Upper case letter D



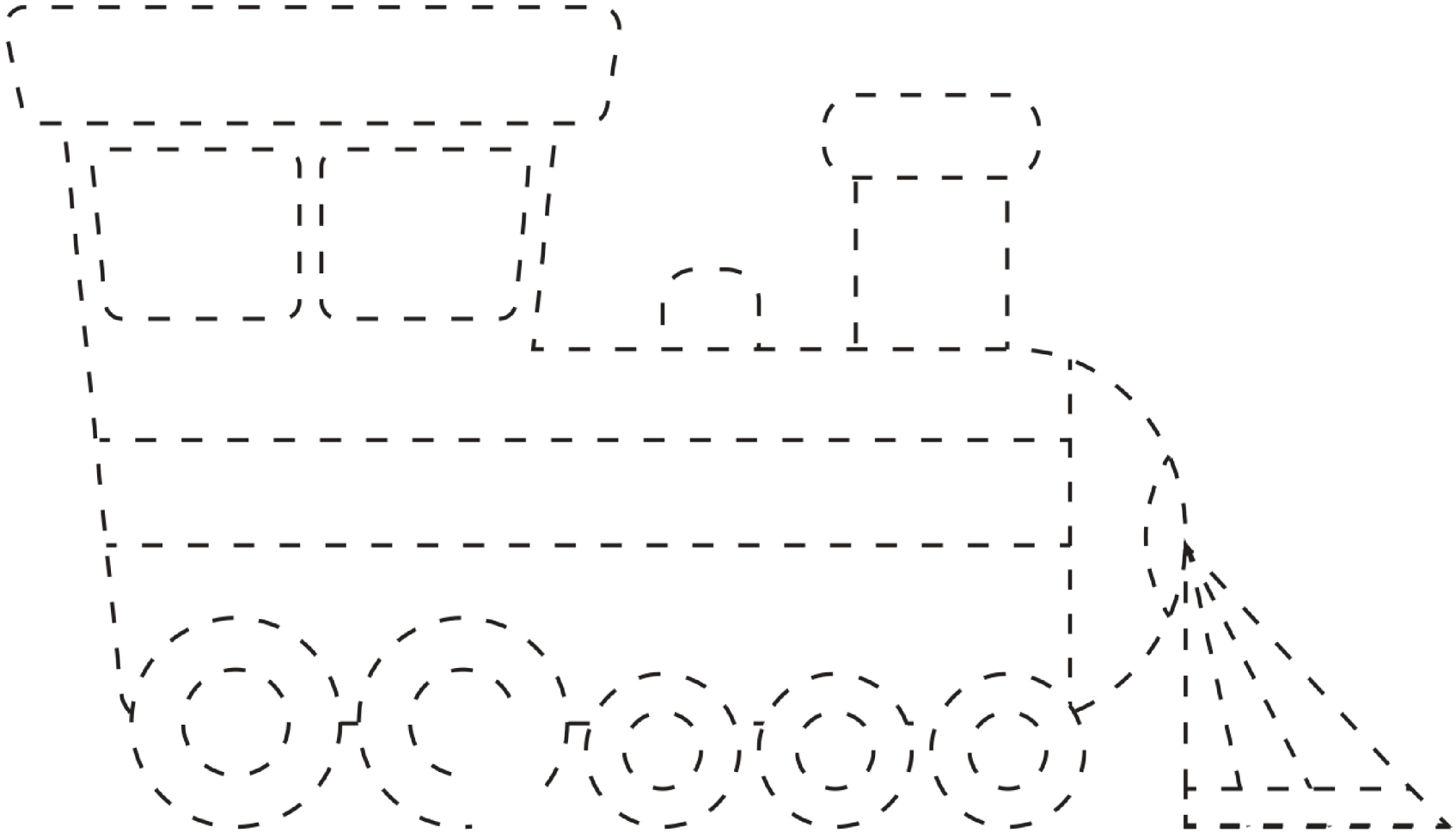
Alphabet Tracing Worksheet

Dolphin



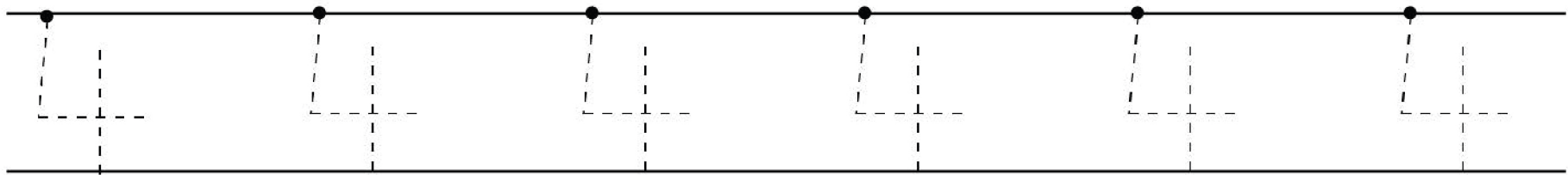
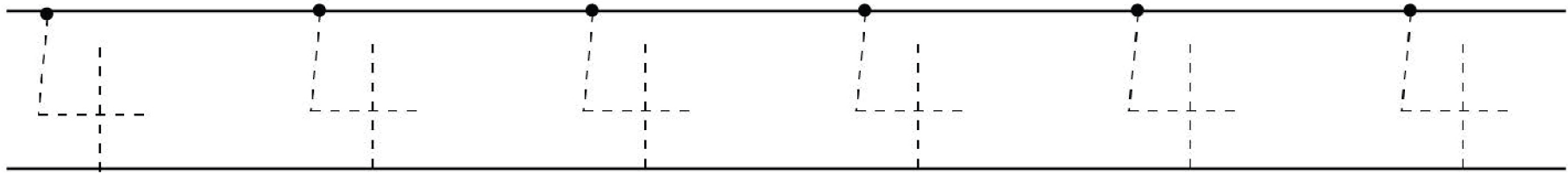
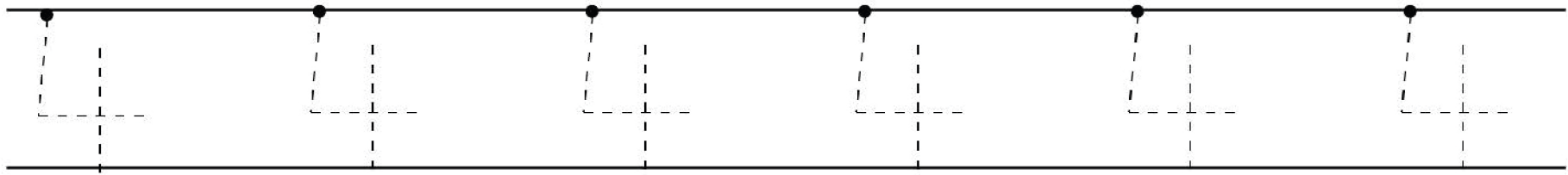
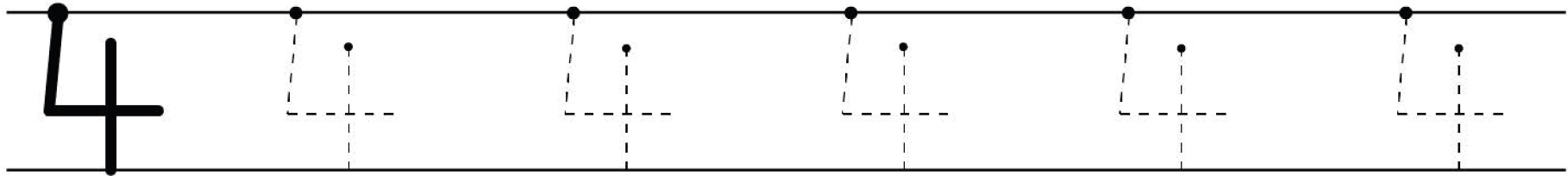
Rail Transport

Pre-writing worksheet

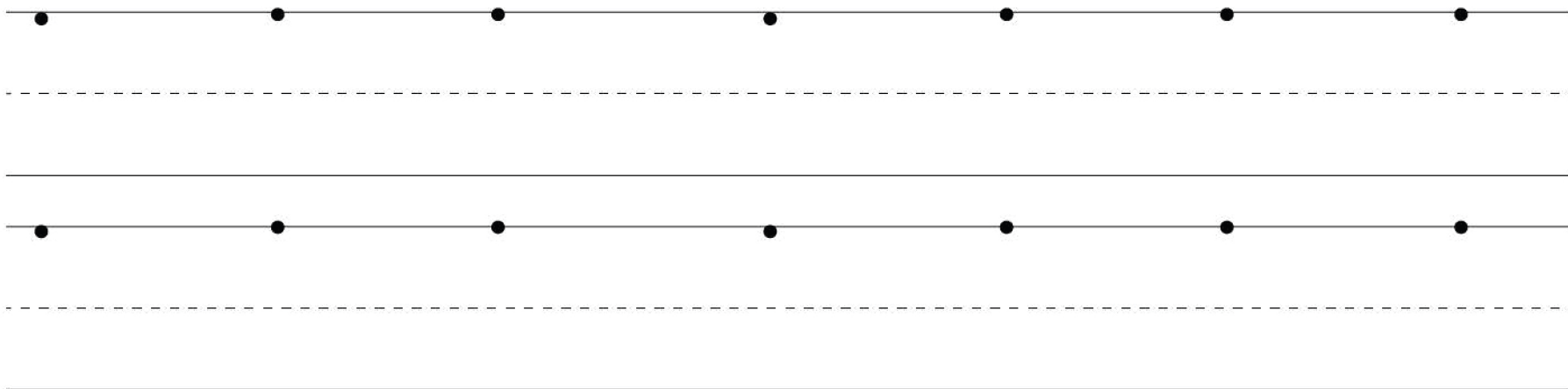
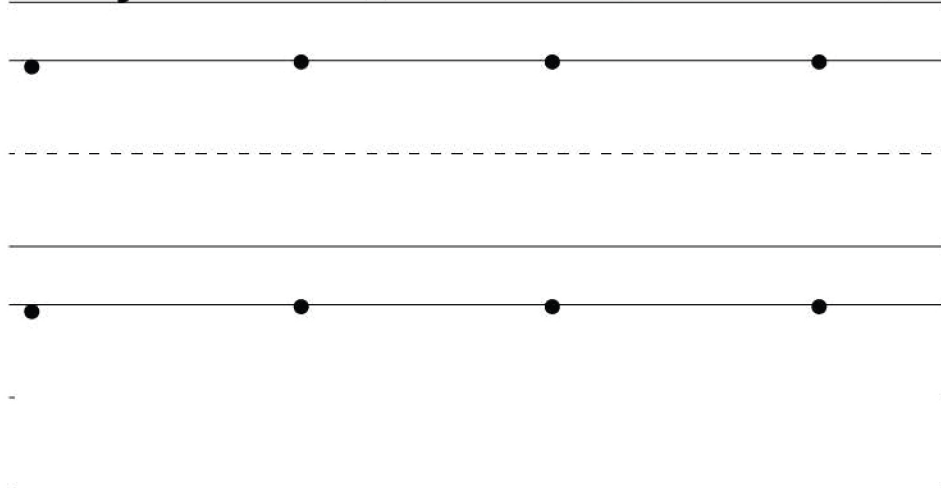
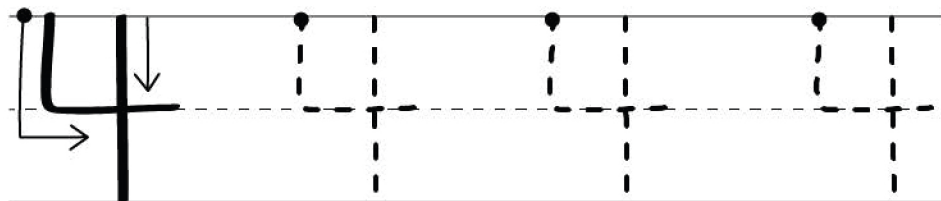
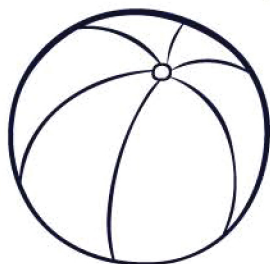
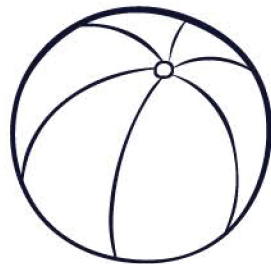
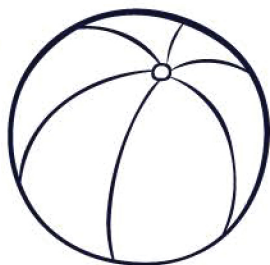
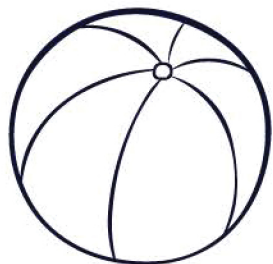
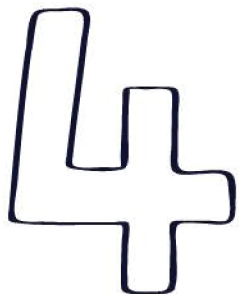


Use crayons to trace along the pattern

Numbers - Writing & Practise Worksheet



Numbers - Writing & Practise Worksheet



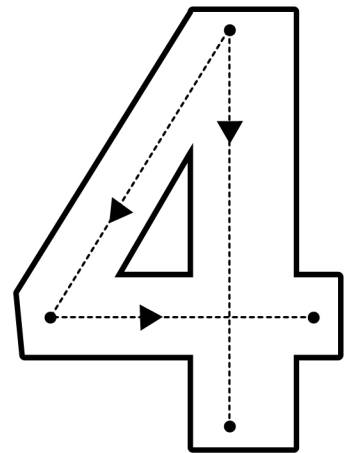
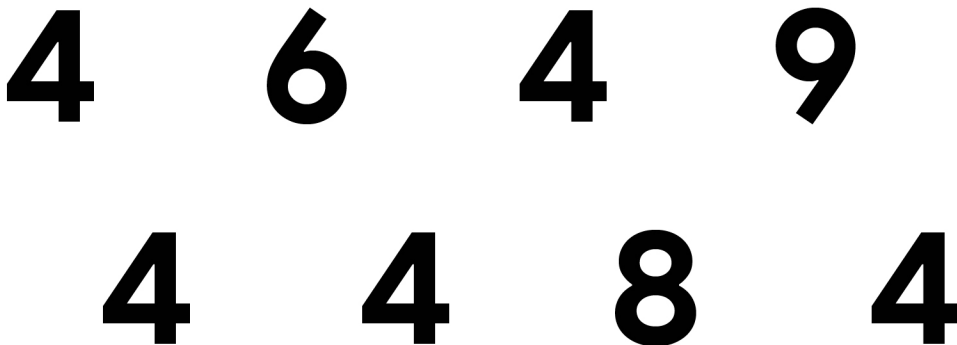
Number



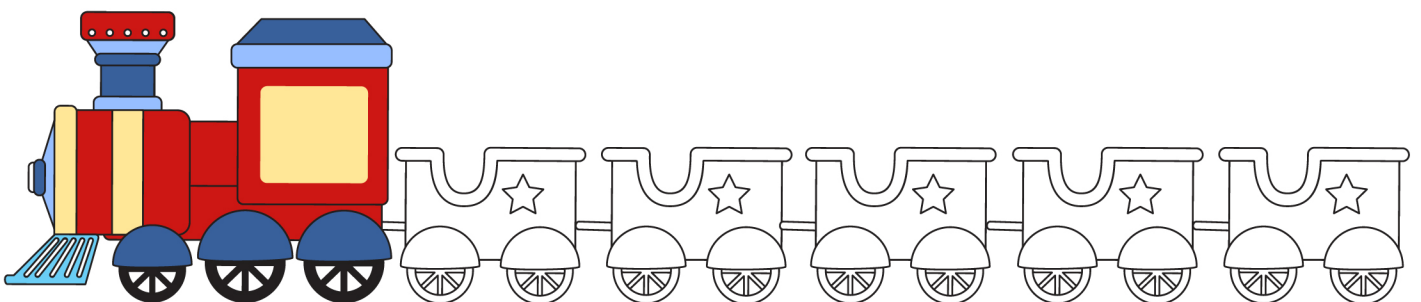
Place four dots here

Shade the 4's below

Trace

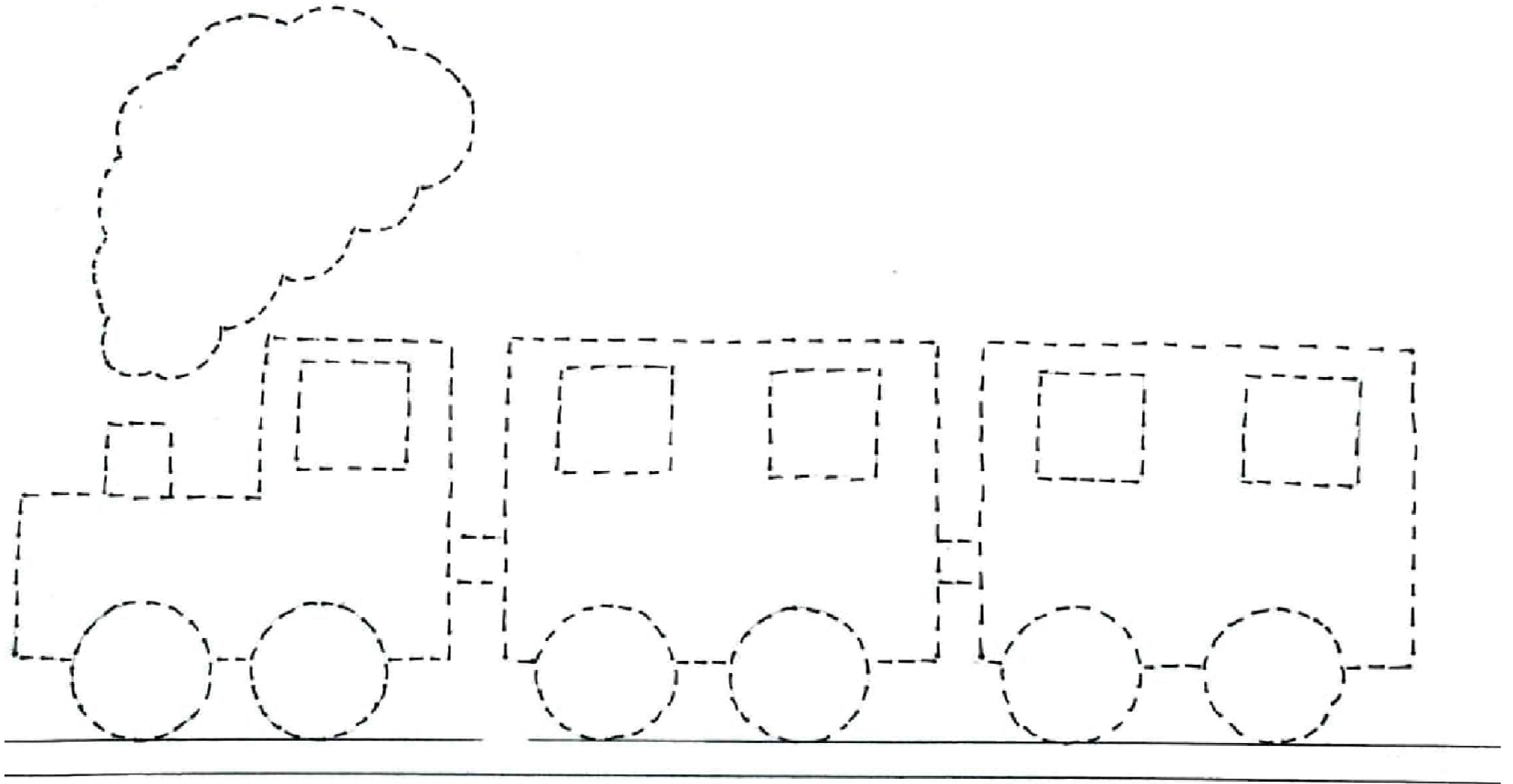


Colour 4 Train Carriages



Rail Transport

Pre-writing worksheet



Use crayons to trace along the pattern