

**Annual Report 2016 - 2017** 



# FROM OUR CHAIR

Dear Friends,

I am happy to report in 2017 Sister Carmen Community Center fulfilled all of our programming goals, nurtured new relationships which led to additional funding sources, and effectively served 10,673 individuals in our community.

Sister Carmen Community Center continues to be at the forefront of human services leadership, training and service delivery. As we broach our 40 year anniversary it is hard to imagine the Center's humble beginnings in a small section of Scientific Cleaners building. We now house our food bank, advocacy program, nutrition and parenting classes, Family Leadership Training Institute, administrative offices, five co-located non-profit agencies and much more in our 25,000sf building on Aspen Ridge Drive. We maintain our presence on Baseline Road with our Thrift Store that earns income to support our programs.

Some of you may already know about our 40 More! campaign to pay off our mortgage and several of you made significant contributions to the campaign. We thank you for your strong support as we embark upon this endeavor to ensure SCCC is here 40 More! years. For those of you who are just learning about 40 More! campaign keep a look out for lots of fun opportunities and activities in 2018 to support the Center and your community.

With deep appreciation and gratitude,

Jeff King Board Chair



# THERE FOR THE WHOLE FAMILY

Our strength-based programming model offers families the opportunity to enhance their well-being through evidence-based education, direct support and family-centered services.



**Build Social Connections** 



Increase Parental Resilience



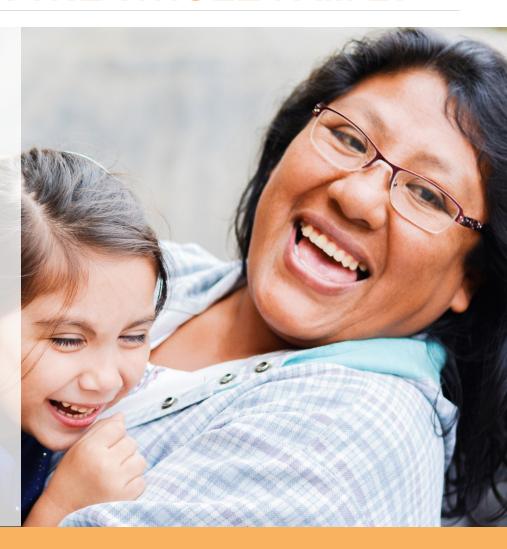
Increase Knowledge of Parenting and Child Development



Foster Social & Emotional Confidence of Children



Provide Concrete Support in Times of Need



## We're now a Regional Family Development Credential Training Center

Early in 2017 SCCC became the regional Family Development Credential (FDC) Training Center for Boulder County and the surrounding area.

The Family Development Credentia course provides human service workers with the necessary skills to coach families to set and reach their goals for healthy self-reliance.

Two of our staff members are FDC certified trainers and lead instruction for this 90-hour training series. Class participants represent a range from local nonprofits to government agencies.

As a Family Resource Center we utilize the strength-based approach when working with families. In order to ensure our staff are properly equipped to utilize this method,

our advocates are required to complete the Family Development Credential course, unless they already have Masters in Social Work.

Other human service agencies in our area are trending towards employing these methods and Boulder County Housing and Human Services has been a longtime supporter of this training model

### **OUR MISSION**

is to provide assistance to the residents of East Boulder County who are in need, without discrimination.

# **ADVOCACY**

Our Advocacy Program is committed to strengthening individual, family, and community relationships through guidance that is one-on-one, culturally competent and centered on the strengths and needs of the entire family. Our goal is to support healthy families and assist them in recovering from challenging experiences through access to coordinated resources, education, prevention, basic needs and holistic supportive services.



Assisted **353** families in working towards or obtaining employment



Educated **548** families on financial planning and budgeting



Prevented **238** families from becoming homeless



Empowered **919** families with one-on-one advocacy to help them take steps towards self-reliance



Assisted **139** families with utilities— a simple act that helps prevent homelessness.



Supplied **\$20,146** in Thrift Store vouchers for life's essential items

# **CHILD & PARENT**

## Over 35% of the participants we serve are children.

Our goal is to empower parents with the tools, skills and confidence they need to provide a healthy, safe and loving environment for their children. Parents receive one-on-one support to get their children the medical care they need and assistance with enrolling into the Childcare Assistance Program in order to remove childcare as a barrier to obtaining employment.

Educated **173**parents on nurturing
parenting practices to help
reduce abuse and neglect.

We offer 4 family-centered events annually to give struggling families a fun night together without the burden of financial stress.



The 2017 federal poverty level is \$24,600 for a family of four.

23% of families with children in Boulder County earn less than \$49,000 annually and 8% live below poverty.

A family with two adults and one child in school needs to earn \$75,906 to be self-sufficient in Boulder County.

Boulder County Trends Report published in 2017 by the Community Foundation of Boulder County

# **NUTRITION & HEALTH**

An important aspect of regaining stability is consistent access to nutritious food, necessary medical care and mental health counseling. SCCC provides these supportive services that can stop the downward spiral of a crisis situation so that families are not faced with the decision about whether to buy food or pay rent. We also offer families nutritional classes and workshops on how to prepare healthy meals on a budget.



## FOOD

- Supplied **1,203,770** pounds of nutritious food to **2,160** families
- Produced 1,059 pounds of food from our on-site organic garden



## **EXERCISE**

- Offered free weekly Zumba, Yoga and Pilates classes
- CATCH Kids after school exercise and health program



## **EDUCATION**

- Provided Eating Smart Being Active and Nutrition & Healthy Food Choices classes for adults
- Provided Exploring Food Together classes for kids



# **PHYSICAL & MENTAL HEALTH**

- Partnered with local medical agencies for on-site dental and basic health screenings including mammograms
- Provided mental health counseling for 88 participants with acute psychological needs
- Assisted 197 participants in obtaining necessary eye exams and glasses
- Conducted **50** on-site child developmental health screenings
- Provided 23 participants with financial support for necessary prescriptions

"It's amazing how something so simple turned into something that saved our lives."

Cynthia



"Your neighbor may be struggling and you don't even know it. I want people to know it's ok to ask for help."

Tanya is a single mom and long-term resident of Louisville. When she lost her job, she didn't know what she was going to do.

Initially she came to Sister
Carmen Community Center
for help with her utility bill,
but she found so much more.
We connected Tanya with
resources to prevent her and
her three children from
becoming homeless. We
provided her with food, job
coaching and on-going supportive services while she
secured employment.

"I have a renewed faith that there are people out there wanting to help you."

# Family Resource Network = Better Outcomes for Families

Carmen Community Center is part of a coalition of other government and human service agencies that are developing a county-wide approach to streamline the entry process for participants whom access an array of services from varying agencies.

The aim of the Family Resource Network (FRN) is to implement and maintain a common screening and assessment tool that will enable human service workers to holistically assess a family upon entry into any human service agency and to effectively share this information with other participating FRN organizations.

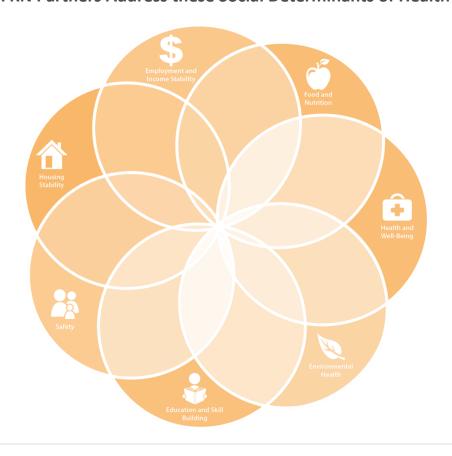
The county-wide collaboration will significantly reduce the burden on the participants to relay their personal circumstances to multiple agencies. It will also give human service workers more time to focus on services and resources that are

To better serve our community, the Sister Carmen Community Center is part of a coalition of other government and human coalition are served our community, the Sister relevant to the participant by referencing the information already entered into the system by another FRN partner.

FRN will utilize a two generational approach to create a fully integrated system of human service delivery coordinated through a county-wide governance structure made up of citizens, schools, community-based entities and city/county government aimed at improving self-sufficiency outcomes of families and social, emotional, and academic outcomes of children and youth.

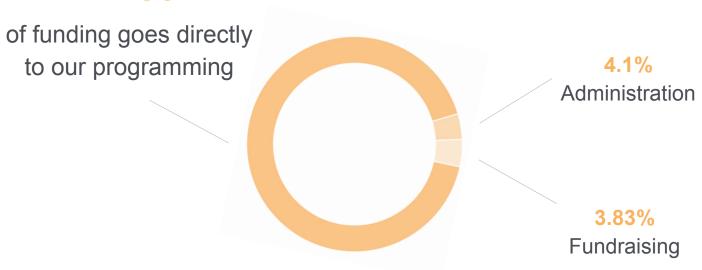
Adhering to a common approach FRN partners will be able to hone in on preventative actions sooner helping family's access critical services faster. We are proud to help every Boulder County family be healthy and thrive!

#### FRN Partners Address these Social Determinants of Health



# **FINANCIALS**

92%



Income		Expenses	
Donations & Grants In-Kind Food & Personal Items Thrift Store Boulder County Rental & Other Income Loss on Disposal of Assets	\$1,052,332 \$2,544,039 \$714,387 \$400,436 \$20,710 (\$43,503)	Program Services Fundraising Administration Thrift Store Total	\$3,871,712 \$161,457 \$174,138 \$576,219 <b>\$4,207,307</b>
Total	\$5,257,722		

<sup>\*</sup>Net \$474,196 representative of an increase in in-kind food donations and receipt of two program grants in FY 2016 - 2017 for 2018 programs.

## Thank you to our Fiscal Year 2017 **Contributors**

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"I went from having no hope to having hope brought into mv life."

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Green Machines of Boulder LLC Hewlett Packard Enterprise Integrity Dental of Boulder LTD Kaiser Permanente, Rock Creek Kari Peterson Consulting KLA Associates Inc. Lafayette Homebrew Supply LLC LifeRing Liquid Mechanics Brewing Company Odell Brewing Company, Inc Onehope Foundation OtterCares Foundation Past Fire Chiefs Club Probi USA Pulitzer Rocky Mountain Adventist Healthcare Foundation / Centura Health Rocky Mountain Cider Co Shuttles, Spindles & Skeins, Inc.
Sounds True, Inc.
Stan's Automotive Staufer Team Real Estate
Tundra Specialties, Inc. VanHoudt Consulting LLC Vertafore Young Global Wealth Stratigies Inc.

## Foundations and Grants \$50,000+

Family Resource Center Association The Colorado Health Foundation

#### \$20,000+

Energy Outreach Colorado The Denver Foundation Jay and Rose Phillips Family Foundation Temple Hoyne Buell Foundation

#### \$10,000 - \$19,999

The Anschutz Foundation The Community Foundation Virginia W Hill Foundation

#### \$5,000 - \$9,999

Anschutz Family Foundation A.V. Hunter Trust Inc. Good Samaritan Medical Center Hynd Trust for the Blind Xcel Energy Foundation

#### \$1,000 - \$4,999

Collins Foundation Trust
Community First Foundation
Foothills United Way
The GE Foundation
Macerich Management Company
Omni Financial Charity Foundation
Richard and Joan Ringoen Family
Foundation
Rose Community Foundation
The Schramm Foundation
TCF Foundation

#### Up to \$999

Barbour Family Foundation
Blumenthal Family Philanthropic
Fund
Boettcher Foundation
The Catholic Foundation of
Northern Colorado
The Edmund T. & Eleanor Quick
Foundation, Inc.
Jack and Sarah's Charitable Fund
Jaffe Living Trust
Lawrence and Rosemary Arp
Gifting Fund

Level 3 Foundation, Inc. McKesson Foundation Morgan Charitable Thomas & Ellen Hogue Family Foundation, Inc.

#### Government

Boulder County City of Lafayette City of Louisville

#### **Community Organizations**

Alexander Dawson School
Boulder Valley School District
Coal Creek Rotary Charity Fund,
Inc.
Cub Scouts Pack 278
Dept. of CO Ladies Auxiliary VFW
Erle Lafayette Area Moms
Garfield Lodge No. 50
GFWC Boulder Valley Woman's CLU
Loveland Lodge 1051, Inc.
Men & Women Seeking Empowerment
Robbers Roost Men's Group
The Holy Rollers Bowling League
Thrivent Community Flatirons
Women of the Moose Chapter 1211

#### **Matching Gifts**

Ball Corporation
Bright Funds Foundation
CISCO Matching Gifts
Google, Inc
IBM Employee Services Center
IBM Retiree Charitable Campaign
Medtronic
Oracle Corporation Matching Gifts
Program

#### **Car Donations**

Cars for Charity
Cars Helping Charities, Inc.

#### **Giving Campaigns**

Combined Federal Campaign of Greater SoCal Rocky Mountain Combined Federal Campaign United Way of Southwest Alabama United Way Suncoast We Give to Live, Inc.

#### Major In-kind

7-Eleven Al Thomas Alfalfa's Market Allegro Coffee Anthem Ranch Applied Trust Ascent Church
Atlas Valley Purveyors
Atonement Church Avista Hospital Bank of the West **Boulder Sausage** Boulder Social Security Christ the Servant Lutheran Church Costco Wholesale - Superior Costco Wholesale - Thornton Cross Ridge HOA Da'Bugman Dennis Hanke Door to Door Organics White & Pool Dental Einstein Bros. Bagels Flatirons Community Church FreshPack Produce GoodBelly by NextFoods Great Harvest Bread Company **Human Movement** Immaculate Conception Catholic Church Isabelle Farm

Jeanmarie Foley Jubilee Garden at Sacred Heart of Mary Keith Summers Ken and Madeleine McCourt Kerr Community Gardens King Soopers – Lafayette King Soopers – Louisville Kyser Sports Lafayette Elementary LALÁ Foods Louisville Girl Scouts MacPac Fulfillment Miller Farms Moxie Bakery MyChelle Dermaceuticals Niwot United Methodist Church Panera Bread Patricia and Robert Sherman Peak to Peak Charter School Pizza Hut Project Louisville/Louisville Turkey Trot Project Louisville/Louisville Tul Rocky Mountain Fresh - Food Ryan Elementary - Food Safeway – Erie - Food Safeway – Louisville St. Aidan's Episcopal Church St. Ambrose Episcopal Church St. Louis Catholic School St. Luke Orthodox Christian Church Superior Girl Scouts The Naked Edge (Veggie-Go's) The Steffens Foundation Thrivent Tri-City Elks Lodge #2541 Unity Church Natural Grocers by Vitamin Cottage, Inc. Whole Foods - Superior





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