#### **Hnudarian Hospice Foundation**





### **Hungarian Hospice Foundation**

H - 1032 Budapest, Kenyeres u. 18-22.
Tel./fax.: (36) 1 250 5513, (36) 1 388 7369
www.hospicehaz.hu • info@hospicehaz.hu
P.O. Box: H-1300 Budapest, Pf. 302.



Bank account: 10300002-20329055-70073285

# We are grateful for your donation!

Hospice care is tree for all patients and their tamily members; hence our operation is strongly dependent on your donation. Funding from the National Health Insurance Fund covers less than half of our budget. Please support the Hungarian Hospice Foundation to ensure that we can continue to provide end-of-life care to even more patients.

With a donation of HUF 10,000, you can help us relieve the suffering of one patient for a day. Your donation will give our patients safety, comfort and relief from pain.

## How to donate

• 1% income tax

- Wire Transter 10300002-20329055-70073285 Magyar Külkereskedelmi Bank Rt.
   SWIFT/ABA code: MKKBHUHB
- Me can send you a filled out check upon request!

### • Regular support • Regular support

- Many individual supporters help Hospice with regular, small amounts of donation. We are very grateful for these for even as little as HUF 1,000 per month can make a real difference in our patient care activity.
- Online donations

  Through our website (www.hospicehaz.hu / help) with
- support from AIOK and OTP Bank online credit card donations are also accepted.

#### Corporate support

Together with our supporters, we aim to build targeted cooperation with a view to ensuring mutual benefits. Our corporate sponsors may select from a range of activities to support (e.g. Pain Clinic, Psycho-Oncology Service, Daffodil Programs, etc.).

We are particularly keen on finding partners to finance the activities of our Inpatient Hospice Unit since the Mational Health Insurance Fund covers only half of our expenses. Support of HUF I million suffices to cover the operations of the Inpatient Unit for a period of ten days! Given that the Hungarian Hospice Foundation is a non-profit organisation, our corporate sponsors are entitled to tax deductions on their donations.

By othering 1% of your personal income tax for the care of incurable cancer patients, you can also help our activities. All you have to do is fill in the "Rendelkező nyilatkozat" ("Operative statement") and include the following information:

Beneficiary: The Hungarian Hospice FoundationTax ID: 19663258-1-41

• **Donation in kind**We also appreciate donations in kind. Please contact us in advance before making any donations in kind.





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# How we can help

#### Inpatient Unit

lite tor all patients. our multidisciplinary team is to provide a better quality of We have 10 hospice-palliative beds at our unit. Ie aim of home care and treatment is no longer effective or possible. bice home care for patients in need of inpatient care when The Inpatient Unit is the institutional background of our hos-

free of charge. All services and courses are

### Hospice Home Care

given in a hospital ward in the terminal phase of their illness. all the services and treatment they would traditionally be alist care in patients' homes. In their home, patients receive cial workers, physiotherapists and volunteers provide specipatients in Budapest. Physicians, nurses, psychologists, so-Hospice Home Care is available for the terminally ill cancer

#### Pain Clinic

country without having to present a doctor's referral. help from the pain clinic wherever they may be living in the can be minimised or entirely eliminated. Patients can seek continuously and gradually in a preventive way, so symptoms palliative medicine. Pain and symptom control is carried out counselling, treatment and regular check-ups by experts in ative therapy, pain and symptom control. It also provides tree It's open to all cancer patients who need a supportive palli-

#### Voluntary Service

ettective selt-help and selt-organisation. ration of marginalised people, and sets good a example of contribution to social cohesion and stability, helps the integof civil commitment, trust, mutuality, solidarity; it is a real helps us save on costs, voluntary work is also an expression Voluntary work can make a real difference to us; while it

## Psycho-oncology and Bereavement Service

reterral from any part of the country. vices of psycho-oncology without having to present a doctor's contemplate suicidal thoughts. Patients are tree to seek the serders such as depression and anxiety and may even sedneuces of the illness and may develop psychological disorneeds. Family members also often suffer from the related conand psychiatrists conduct therapies according to the patient's need of psychological and psychiatric support. Psychologists The service is open to all cancer patients and their families in

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# **ABOUT HOSPICE**

Cancer is a disease that remains incurable in many cases. However, there is very much we can do for those patients not receiving curative treatment by managing their symptoms. The circumstances of our terminal period matter a great deal. We need adequate pain control, attentive care, emotional and psychological support as well as the close presence of our loved ones. These are the primary goals for the staff of the Hungarian Hospice Foundation. We believe that treating patients with love may give the final period of their lives meaning and purpose. Loving life and respecting human dignity – this is what hospice care means for us.

The Hungarian Hospice Foundation was founded by Alaine Polcz in 1991. The opening of the Budapest Hospice House (2002) marked the launch of a comprehensive hospice care system for incurable patients in Hungary. Our comprehensive project (including home and inpatient hospice care, pain ambulance, psychosocial support service, bereavement groups, etc.) sets the goal of enabling terminally ill patients to spend their final days or months balanced, free of pain with an intact conscience, possibly in their homes, together with their loved ones.

# Activities of Hungarian Hospice Foundation • Patient's Palliative Care, Symptom and Pain Control

- Psychosocial Support of Patients and Families
- Training and Education Centre for Hungary

Special Education on Dignity of Life for Children

- International Training centre for Easten-Europe and Europian Union
   PR activities
- PR activities
   Fields of Hope





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# Educational and methodological centre

to adequate pain control and palliative care. We are also making ettorts to assert patients' right for home care. hospice as well as enabling a change in the attitude in health care. We would like to raise awareness to patients' problems, ledge on serious illness available to the public, ensuring the vocational training of health care professionals in the tield of The Budapest Hospice House functions as an educational and methodological centre. Amongst our aims is making know-

## Educational programmes

#### For health care professionals:

Care for Health Care Professionals Hospice-Palliative Care Basic Course – Basics of Hospice

### For physiotherapists:

Care College of the Semmelweis University ill - optional course for physiotherapist students of the Health • Hospice: the role of physiotherapists in the care of the terminally

#### For Children:

tunity to try volunteer work. important issues. We, in turn, provide them with an opportheir various experiences and raise their awareness of these lect organize programmes that enable children to elaborate acceptable from an early age on. Schools joining our promake attitudes towards illness and loss more natural and • Fields of Hope: "Dattodil"-programmes: it is our aim to

#### Participants: For Volunteer Workers and Non-Professional

• Pediatric Hospice Home Care for Terminally III Children

Hospice-Palliative Care Course - Pain and Symptom Cont-

For medical doctors and clinical psychologists:

rol, Communication with Terminally III Patients

coming from Central and Eastern Europe

adequate care in a hospice unit as a non-protessional? pice care, treatment of incurable patients. How to provide Hospice Basic Course: the history and philosophy of hos-

care (40 hours): for health care protessionals and decisionmakers

Intensive international vocational training in hospice-palliative Budapest Hospice House - International Educational Centre

#### losophy (30 hours) • Improving social competencies based on the hospice phi-For schoolteachers:



# Contact

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