HOT SANDWICHES

CHICKEN CUTLET SANDWICHES

Barbecue Chicken

Chicken Cutlet With Melted Fresh Mozzarella Cheese, Shredded Lettuce, Grilled Onions & BBQ Sauce

Chicken Cheddar

Chicken Cutlet With Melted Cheddar Cheese, Crispy Bacon, Shredded Lettuce & Tomato

Chicken Parm

Chicken Cutlet With Melted Fresh Mozzarella Cheese & Marinara Sauce

Cordon Bleu

Chicken Cutlet With Grilled Honey Baked Ham, Melted Fresh Mozzarella Cheese, Grilled Onions, Romaine Lettuce & Tomato

Sergeant Sweet Pepper

Chicken Cutlet With Melted Fresh Mozzarella Cheese, Sweet Peppers, Grilled Onions & Honey Mustard

Smoked Deluxe

Chicken Cutlet With Grilled Pastrami, Melted Fresh Mozzarella Cheese, Romaine Lettuce & Tomato

GRILLED CHICKEN SANDWICHES

Caesar

Grilled Chicken Breast With Parmesan Cheese, Romaine Lettuce, Onions & Caesar Dressing

Classic

Grilled Chicken Breast With Melted Fresh Mozzarella Cheese, Grilled Onions, Romaine Lettuce & Roasted Red Peppers

Cobb

Grilled Chicken Breast With Crispy Bacon, Sliced Avocado, Romaine Lettuce & Blue Cheese Dressing

Palta

Grilled Chicken Breast With Melted Cheddar Cheese, Guacamole, Pico de Gallo & Romaine Lettuce

Popeye

Grilled Chicken Breast With Melted Fresh Mozzarella Cheese, Spinach, Alfalfa Sprouts, Roasted Red Peppers, Shredded Red Cabbage, Romaine Lettuce & Honey Mustard

Sophie Blue

Grilled Chicken Breast With Sliced Avocado, Romaine Lettuce, Sliced Cucumbers, Green Peas, Blue Cheese Dressing & Honey Mustard

Spicy Chicken

Grilled Chicken Breast With Melted Fresh Mozzarella Cheese, Grilled Onions, Romaine Lettuce, Hot Peppers & Tabasco Sauce

Terivaki

Grilled Chicken Breast With Melted Fresh Mozzarella Cheese, Grilled Onions, Romaine Lettuce, Tomato & Teriyaki Sauce

GRILLED ROAST BEEF SANDWICHES

Philly

Grilled Roast Beef With Melted American Cheese, Grilled Onions & Bell Peppers

Piper's Philly

Grilled Roast Beef With Melted Cheddar Cheese, Sautéed Mushrooms, Sweet Peppers, Grilled Onions & Herb Mayonnaise

RB King

Grilled Roast Beef With Melted American Cheese, Crispy Bacon, Sliced Pickles, Grilled Onions, Romaine Lettuce, Tomato & A-1 Sauce

Spicy Roast Beef

Grilled Roast Beef With Melted Monterey Pepper Jack Cheese, Romaine Lettuce, Tomato, Grilled Onions, Hot Peppers & Tabasco Sauce

White Collar Philly

Grilled Roast Beef With Melted Fresh Mozzarella Cheese, Grilled Onions & Roasted Red Peppers

SIGNATURE SANDWICHES SERVED HOT

Emily Waits

Grilled Honey Maple Turkey With Melted Muenster Cheese, Spinach, Tomato & Apple Butter Sauce

E-Z

Grilled Turkey Breast With Melted Monterey Pepper Jack Cheese, Crispy Bacon, Sautéed Mushrooms & Mayonnaise

House Combo

Grilled Pastrami With Corned Beef, Melted Swiss Cheese, Coleslaw & Russian Dressing

Russian

Grilled Smoked Ham With Grilled Smoked Turkey, Melted Swiss Cheese, Coleslaw, Romaine Lettuce & Russian Dressing

Smoked Jack

Grilled Smoked Turkey With Melted Monterey Pepper Jack Cheese, Crispy Bacon, Spinach, Sun Dried Tomato Paté & Honey Mustard

Union Square

Grilled Cracked Pepper Turkey With Melted Monterey Pepper Jack Cheese, Grilled Onions, Romaine Lettuce & Dijon Mustard

SANDWICHES from the STEAM TABLE

Annabel's Combo

Fresh Oven Roasted Turkey With Gouda Cheese, Mesclun & Apple Butter Sauce

Faddy Natalie

Fresh Oven Roasted Turkey With Cheddar Cheese, Bacon, Romaine Lettuce, Tomato & Herb Mayonnaise

Sloop Dan B.

Fresh Pastrami With Oven Roasted Turkey, Monterey Pepper Jack Cheese, Coleslaw & Russian Dressing

Spicy Marvin

Meatloaf With Monterey Pepper Jack Cheese, Bacon, Hot Peppers & Romaine Lettuce

COLD SANDWICHES

CHEESE & VEGGIE SANDWICHES

Eat Your Greens

Romaine Lettuce With Sliced Avocado, Tomato, Sliced Carrots, Sliced Cucumbers, Alfalfa Sprouts, Shredded Red Cabbage, Sweet Peppers & Honey Mustard On Multigrain Bread

Mozzarella Supreme

Fresh Mozzarella Cheese With Roasted Red Peppers, Basil, Capers & Asian Sesame Ginger Dressing

Spinach Rolly

Spinach With Melted Swiss Cheese, Sliced Avocado, Sautéed Mushrooms, Sun Dried Tomato Paté & Honey Mustard

Vivaldo

Hummus With Sliced Avocado, Alfalfa Sprouts, Sweet Peppers, Romaine Lettuce & Tomato On Multigrain Bread

CHICKEN SALAD & TUNA SALAD SANDWICHES

Birdie

Chicken Salad With Bacon, Monterey Pepper Jack Cheese, Romaine Lettuce & Tomato

Bird's Eye

Chicken Salad With Cheddar Cheese, Pico de Gallo, Guacamole, Sliced Pickles & Romaine Lettuce

Honey Fish

Tuna Salad With Sliced Carrots, Sliced Cucumbers, Alfalfa Sprouts, Tomato & Honey Mustard

Tuna BLT

Tuna Salad With Fresh Mozzarella Cheese, Bacon, Romaine Lettuce & Tomato

Tuna Melt

Tuna Salad With Melted Gouda Cheese, Mesclun & Tomato On Toasted Bread

SIGNATURE SANDWICHES SERVED COLD

Alice

Turkey Breast With Brie Cheese, Sliced Granny Smith Apples, Romaine Lettuce & Honey Mustard On Multigrain Bread

American

Virginia Ham With Smoked Ham, American Cheese, Shredded Lettuce, Tomato & Mayonnaise

Caspar

Turkey Breast With Sliced Avocado, Mesclun, Hummus & Balsamic Vinaigrette On Toasted Rye Bread

Coscia

Prosciutto With Fresh Mozzarella Cheese, Romaine Lettuce, Sun Dried Tomato Paté & Oil & Vinegar

Dory's Catch

Cured Salmon Filet With Scallion Cream Cheese, Sliced Cucumber & Tomato

Downtown

Turkey Breast With Roast Beef, Swiss Cheese, Shredded Lettuce, Tomato, Onions, Horseradish & Herb Mayonnaise

Italian

Genoa Salami With Capicola Ham, Provolone Cheese, Shredded Lettuce, Tomato, Onions, Hot Peppers & Oil & Vinegar

Jimbo

Virginia Ham With Gouda Cheese, Mesclun, Tomato, & Asian Sesame Ginger Dressing

Smokey

Smoked Ham With Smoked Turkey, Swiss Cheese, Coleslaw & Russian Dressing

Sue's Combo

Honey Maple Turkey With Brie Cheese, Romaine Lettuce, Tomato & Honey Mustard

SANDWICH EXTRAS (additional cost varies)

Cheese

Alpine Swiss (Low Fat), American, Brie, Cheddar, Fresh Mozzarella, Gouda, Monterey Pepper Jack, Mozzarella, Muenster, Provolone, Swiss

Spreads

Apple Butter Sauce, Cranberry Sauce, Guacamole, Hummus, Pico de Gallo, Sun Dried Tomato Paté

Veggies

Avocado, Carrots, Cucumbers, Hot Peppers, Mesclun, Roasted Red Peppers, Romaine Lettuce, Shredded Lettuce, Shredded Red Cabbage, Spinach, Sweet Peppers, Tomato

Choice of Bread

Kaiser Roll/Whole Wheat Roll Plain Hero/Whole Wheat Hero Plain Pita/Whole Wheat Pita Plain Wrap/Whole Wheat Wrap/Spinach Wrap/Sun Dried Tomato Wrap Sliced White Bread/Whole Wheat/Multigrain/Marble Rye/Seedless Rye/Pumpernickel

Choice of Dressing

Balsamic Vinegar, Blue Cheese, Caesar, Dijon Mustard, Herb Mayonnaise, Honey Mustard, Italian, Mayonnaise, Oil & Vinegar, Russian

BUILD YOUR OWN SANDWICH

Select your own choice of bread, meats, cheeses, veggies, spreads and dressings to create your very own custom sandwich

SALADS (Check with individual locations for availability and pricing)

BUILD YOUR OWN SALAD (small & large bowls)

<u>GREENS</u>
Arugula
Kale
Mesclun
Romaine
Spinach

INGREDIENTS

Veggies/Toppings Alfalfa Sprouts Almonds Artichoke Hearts

Asparagus Avocado Black Beans Black Olives Broccoli

Brussels Sprouts

Carrots Celery Chick Peas Chinese Noodles

Corn **Croutons** Cucumber Edamame Egg Whites **Grape Tomatoes** Green Olives Green Peas Hard Boiled Egg Hearts of Palm **Hot Peppers** Kidney Beans Mandarin Oranges **Mushrooms**

Mixed Bell Peppers

Onions

Portobello Mushroom

Raisins Red Beets

Roasted Red Peppers

Sliced Apple String Beans

Sun Dried Tomato

Tomato Walnuts White Beans Cheese

Bleu Cheese Cheddar Feta

Fresh Mozzarella Monterey Jack Parmesan

Meats

Albacore Tuna Bacon Chicken Salad

Grilled Chicken Ham

Tuna Salad Turkev

Dressing

Apple Cider Vinegar Asian Sesame Ginger Balsamic Vinaigrette Balsamic Vinegar Blue Cheese

Caesar French

Honey Mustard

Italian Ranch

Raspberry Vinaigrette Red Wine Vinegar Roasted Garlic

Russian

White Wine Vinegar

Low-fat Dressing

Balsamic Vinegar

Caesar

Honey Mustard

Italian Ranch

Red Wine Vinegar White Wine Vinegar

BREAKFAST MENU

BREAKFAST SANDWICHES

Served on Choice of Bread

Kaiser Roll/Whole Wheat Roll Plain Hero/Whole Wheat Hero

Plain Pita/Whole Wheat Pita

Plain Wrap/Whole Wheat Wrap/Spinach Wrap/Sun Dried Tomato Wrap

Sliced White Bread/Whole Wheat/Multigrain/Marble Rye/Seedless Rye/Pumpernickel

Create your own Breakfast Sandwich (each item additional cost)

- +additional eggs
- +add bacon, ham, sausage
- +add home fries
- +add egg whites

PLATTERS

Breakfast Platter

Two Eggs Any Style With Choice Of Bacon, Ham Or Sausage Served With Home Fries & Side Of Toast

Omelette Platter

Create Your Own Omelette Served with Home Fries & Side Of Toast

CREATE YOUR OWN OMELETTE

Whole Egg Omelette (each item additional cost)

- +additional eggs
- +add bacon, ham, sausage
- +add cheese
- +add home fries
- +add toast
- +add veggies: bell peppers, broccoli, mushrooms, onions, spinach, tomato

Egg White Omelette (each item additional cost)

- +additional eggs whites
- +add bacon, ham, sausage
- +add cheese
- +add home fries
- +add toast
- +add veggies: bell peppers, broccoli, mushrooms, onions, spinach, tomato

FRENCH TOAST/ PANCAKES

French Toast

Prepared With 3 Slices Of Challah Bread & Served With Syrup

+add seasonal fruit (additional cost applies)

Stack of Pancakes

3 Pancakes Served With Syrup

+add seasonal fruit (additional cost applies)

OATMEAL

Small 12 oz container (each item additional cost)

- +add seasonal fruit
- +add toppings: granola, raisins, walnut

Large 16 oz container (each item additional cost)

- +add seasonal fruit
- +add toppings: granola, raisins, walnut

SIGNATURE BREAKFAST WRAPS

Healthy Wrap

Egg Whites, Turkey, Low Fat Alpine Swiss Cheese & Avocado

Veggie Wrap

Egg Whites, Spinach, Broccoli, Mushrooms & Muenster Cheese

El Huevo Wrap

Egg Whites, Ham, Peppers, Onions, Monterey Pepper Jack Cheese & Salsa

Saturday Morning Wrap

Scrambled Eggs, Bacon, Cheddar Cheese, Home Fries & Salsa

Energy Wrap

Peanut Butter, Sliced Bananas, Granola, Raisins, Walnuts & Honey

BAGELS

H&H Bagels (check with individual locations for availability)

Plain, Cinnamon Raisin, Everything, Onion, Poppy, Pumpernickel, Salt, Whole Wheat & Bialy

Spreads (each item additional cost)

- +add butter
- +add jelly
- +add peanut butter
- +add cream cheese: regular OR low fat
- +add flavored cream cheese: cinnamon raisin & walnut, scallion, vegetable

<u>COFFEE & TEA</u> (Check with individual locations for availability and pricing)

FRESH BREWED COFFEE

House Blend, Decaf, French Vanilla, Hazelnut

ASSORTMENT OF TEAS

Black Tea, Chamomile, Cinnamon Apple Spice, Green, Lemon Zinger, Lipton, Peppermint, Red Zinger

ESPRESSO BEVERAGES

Café Americano Café Latte Café Mocha Cappuccino Espresso Mochaccino

ICED BEVERAGES

Iced Coffee
Iced French Vanilla Coffee
Iced Tea
Iced Cappuccino
Iced Latte
Iced Mochaccino