

How to Perform Varalakshmi Vratam?

VARALAKSHMI VRATHA KALPAM

The second Friday of the month of Sravanam has great significance. The holiest of all - Varalakshmi Vratam is performed on this auspicious day by married women. It is believed to grant long life to their husbands, and great riches to their families.

Performing Varalakshmi Vratam:

Padmasane padmakare sarvalokaika poojite,

Narayani priye devi supreeta bhava sarvadaa

Ksheerodaarnavasambhoote kamale kamalaalaye,

Sushtiraa bhava me gehe suraasura namaskrute,

Varalakshmi devatam dhyayami

Varalakshmi Vrata Vidhanam:

On the day of Varalakshmi Vratam, wake up early in the morning. Take a shower and arrange the things to perform the pooja. Decorate the peetham with kolam or muggu after applying haldi paste to it. Place Goddess Lakshmi's photo on it. Put kalasam in front of the deity and arrange thoralu, akshatalu, pasupu ganapati, flowers, fruits etc there.

How to prepare thoram

Make a five or nine threaded thorams with white color cotton thread and apply haldi paste to it. Make five or nine knots to it place them near the puja peetam.

Things needed for the Varalakshmi puja:

turmeric powder, kumkuma powder, red blouse piece-1, sandal paste, flowers, fruits, betel leaves, betel nuts, white thread to make thorams, coconuts, lamps, ghee to light the lamp, camphor, incense sticks, rice, and chana

The Varalakshmi puja procedure begins:

Suklambaradharam vishnum sasivarnam chaturbhujam

Prasanna vadanam dhyayetsarva vighnopasantaye

Meditate about Ganapati and perform aachamanam later

Om Keshavaya swaahaa (take little water into your hand and drink)

Om Narayanaya swaahaa (take little water into your hand and drink)

Om Madhavaya swaahaa (take little water into your hand and drink)

Om Govindaya namaha (wipe your hands)

Om Vishnave namaha (wipe your eyes)

Om Madhusudanaya namaha, Om Trivikramaya namaha

Om Vamanaya namaha, Om Sridharaya namaha

Om Hrushikeshaya namaha, Om Padmanabhaya namaha

Om Samkarshanaya namaha, Om Vasudevaya namaha,

Om Pradyumnaya namaha, Om Aniruddhaya namaha,

Om Purushottamaya namaha, Om Adhokshajaya namaha,

Om Naarasimhaya namaha, Om Achyutaya namaha,

Om Janardhanaya namaha, Om Upendraya namaha,

Om Haaraye namaha, Om Srikrishnaya namaha

Uttishtantu bhoota pishachaah yete bhoomi bharakah,

Yetesha mavirodhena brahmakarma samaarabhe.

Read this mantra and throw some akshintalu behind Now perform

pranayam chanting the following mantra..

Om Bhuh Om Bhuvah - Om Suvah Om Mahah

Om Janah Om Tapah Om Satyam - Om tatsaviturvarenyam

Bhargo devasya dheemahi - Dhiyoyonah prachodayat

Om aapojyotii rasomrutam - Brahma bhurbhuvassuvarom

**mama upaatta samasta duritakshaya dvaara sri parameshwara preetyartham - subhey
sobhaney muhurthey, adya brahmanah dvtiyya paraarthe, sweta varaha kalpe, vaivaswata
manwantare, kaliyugey prathama paadey jamboo dweepy, bhārata varshey, bhārata**

khandey, meroh dakshina digbhaage srisailasya..... pradese (srisailaniki vratam chesevari vooru ye dikkulo vundo, aa dikkuni-eesanyamaite, eesanyamani cheppali), krishna kaveri madhya pradese (ye nadula madhya prantamlo vunte aa nadula perulu cheppali) swagruhey/sobhana gruhey (sonta illaiite swagruhey ani, adde illaite sobhana gruhey ani cheppali) samasta devata, brahmana, harihara sannidhau, vartamana vyaavaharika chaandramanena sri virodhi nama samvatsare dakshinayaney varsharutau sravana maasey suklapakshe dasamyayam, bhruuguvaasare subha nakshatre subha yogey subha karaney evam guna viseshana visishtaayam subha tithau, srimatyah sarmanah dharmapatni srimati gotravati (gotram peru) naamadheyavati (mee peru cheppukovali) asmaakam saha kutumbanam kshema, sthairya, dhairya, vijaya, abhaya, aayuraarogya, aishwaryabhi vruddhyartham, dharmartham, kaama moksha chaturvidha phala purushartham siddhyartham, satsantana sowbhagya phala praptyartham sri varalakshmi devata muddisya, sri varalakshmi devata preetyartham kalpoka vidhaanena yavachhakti dhyana aavahanadi shodasopachara poojam karishye (antu kudi cheti madhya veluto neetini taakali)

Kalasa Pooja:

(Take a glass or panchapatra specially kept only for puja and pour water in it. Put in some akshatalu, flowers, and a betel leaf in it. Apply sandal paste and kumkuma on three sides of it. Put your right hand on it and read the following mantra.)

kalashasya mukhe vishnu kanthe rudrassamaashritaha

mooletatrasthitho brahm madhye maathru ganaa sthitah

kukshowtu saagaraa ssarve sapta dweepaa vasundhara

rugvedo adha yajurvedo ssaamavedohyadharvanah

angaischa sahita ssarve kalasambu samaasritaah

aayamthu lakshmi poojartham duritakshaya karakaah

gamgecha, yamunaichaiva, godavari, saraswathi,

narmadaa, sindhu, kaveri jalesmin sannimdhikuru evam kalasha poojaam kuryaath

(after chanting this mantra, dip a flower in the holy water and sprinkle it on the Goddess, things readied for puja, and on yourself. Feel as if you purified everything around you and got ready for the puja. Now make a Ganapati with haldi, place it on a betel leaf in the mandapam. Worship him with flowers and place some akshatalu on your head. Now begins the procedure of Varalakshmi Vratam.)

Varalakshmi Pooja Prarambhamu(Dhyana sthuti)

padmasane padmakarey sarvalokaika poojithe

narayana priaye devi, supreetaa bhavasarvadaa

shodhashopachara pooja prarambhaha.

Dhyanam: Ksheerodarnava sambhutey kamale kamalalaye susthiraa

bhavame gehe surasura namaskruthe

Sri varalakshmi devatayai namah dhyayami

(put someflowers before the kalasam)

Aavahanam:

sarva mangala maangalye vishnu vakshasthalaalaye,

aavaahayaami devitvaam, supreetaa bhava sarvadaa

Sri varalakshmi devatayai namah aavaahayaami

(put some akshatalu in front of the kalasam)

Ratna simhasanam:

sooryaayutha nibhasphurthe sphuradratna vibhushite

simhasanamidam devi stheeyatam surapujite

Sri varalakshmi devatayai namah

navaratna khachita simhasanam samarpayami

(here imagine that the diamond studded throne is being offered to her to sit and accept your puja)

Arghyam:

Suddhodakam cha paatrastham gamdha pushpaadhi mishritam,

arghyam daasyaamite devi gruahaana surapoojite

Sri varalakshmi devatayai namah arghyam samarpayaami.

(here fragrant water is offered to her)

Paadyam:

**Suvaasita jalam ramyam sarvateertha samudbhavam
paadhyam gruhaana devitvam sarwa deva namaskruthe
Sri varalakshmi devatayai namah paadhyam samarpayaami.
(a spoonful (uddharinedu)water is offered to the goddess)**

Panchamruta snanam:

**payodadhi ghruto petam sarkara madhu samyuktam
panchamruta snanamidam gruhana kamalalaye
Sri varalakshmi devatayai namah
panchamruta snanam samarpayami
(few drops of holy water should be sprinkled on the kalasam)**

Suddhodaka Snanam:

**gangajalam mayaneetam mahadeva sirasthitam
suddhodaka snanamidam gruhana vidhu sodari
Sri varalakshmi devatayai namah suddhodaka snanam samarpayami
(here also few drops of holy water should be sprinkled on the kalasam)
snaanantaram aachamaneeyam samarpayami
(put a spoon full of water in the arghyapatra)**

Vastram:

**Suraarchitaamghri yugale dukoola vasanapriye
vastra yugmam pradaasyami gruhaana harivallabhe
Sri varalakshmi devatayai namah
vastra yugmam samarpayaami
(a new saree specially kept for the goddess is offered to her)**

Aabharanam:

Keyoora kamkana dhivye haranupura mekhala
vibhooshanaanya moolyaani gruahana rushipoojithe
Sri varalakshmi devatayai namah
abharanaani samarpayaami.

(gold ornaments are offered to the deity)

Upaveetam:

Taptahemakhrutham sootram mukthaadaamavibhooshitam
upaveetamidam devi gruhanatvam shubhaprade
Sri varalakshmi devatayai namah upveetam samarpayaami.

(a thread should be made with cotton, apply sandalwood paste to its ends and attach it to the kalasam)

Gandham:

Karpooraagarukasturee gorochanaadi bhiranwitaam
gamdham daasyaamyaham devi preetyartham pratiguhyatam
Srivaralakshmi devataayai namah gamdham samarpayam
(sprinkle sandalwood paste on the kalasam)

Akshatalu:

akshataan dhavalaan divyaan shaaliyaan stamdulaan subhan
hariadraakumkumopetaan gruhyataam abhiputrike
Sri varaoakshmi devatayai namah akshtaan samarpayaami.
(place some akshatalu at her feet)

Pushpam:

Mallikaaj aaji kusumai schampakairvasulai sthadhaa
neelotpalaischa kalhaarai poojayaami Hariapriye

Sri Varalakshmi devatayai namah pushpaih poojayami.

(place some flowers before the goddess)

Aathaangapoojaa:

Om Chanchalaayai namah - paadou poojayaami.

Om Chapalaayai namah - jaanunee poojayaami.

Om Peetaambharadharaayai namah naabhim poojayaami

Om Kamalavaasinyai namah katim poojayaami

Om Padmaalayaayainamah naabhim poojayaami

Om Madanamaatre namah sthanow poojayaami

Om Kambukamtyai namah kamtham poojayaami

Om Sumukhaayai namah mukhampoojayaami

Om sunetraayai namah netrou poojayaami

Om Ramayai namah karnou poojayaami

Om Kamalaayainamah - sirah poojayaami

Om Sri Varalakshmyai namah sarvanyamgani pujayami.

Sri Varalakshmi Ashtottara Shatanama Pooja

(say 'namah' at the end of every namam)

Om Prakrutyai

Om Kamalayai

Om Vikrutyai

Om Kantayai

Om Vidyayai

Om Kshamayai

Om Sarvabhuta hitapradayai

Om Ksheerodarnavasambhavayai

Om Sraddhayai

Om Anugrahapradayai

Om Vibhutyai

Om Buddhyai

Om Surabhyai

Om Anaghayai

Om Paramatmikayai

Om Harivallabhayai

Om Vachey

Om Asokayai

Om Padmalayaayai

Om Amrutayai

Om Padmayai

Om Deeptayai

Om Suchyai

Om Lokasokavinasinyai

Om Swaahayai

Om Dharmanilayayai

Om Swadhayai

Om Karunayai

Om Sudhayai

Om Lokamatre

Om Dhanyaayai

Om Padmapriyayai

Om Hiranmayai

Om Padmahastayai

Om Lakshmyai

Om Padmakshyai

Om Nityapushtayai

Om Padmasundaryai

Om Vibhavaryai

Om Padmodbhavayai

Om Adityai

Om Padmamukhiyai

Om Dityai

Om Padmanabhapriyai

Om Deeptayai

Om Ramayai

Om Vasudhayai

Om Padmamaladharayai

Om Vasudharinyai

Om Devyai

Om Padminyai

Om Vararohayai

Om Padmagandhinyai

Om Yasaswinyai

Om Punyagandhayai

Om Suprasannayai

Om Suprasannayai

Om Udarangayai

Om Prasadabhimukhiyai

Om Harinyai

Om Prabhayai

Om Hemamalinyai

Om Chandravadanayai

Om Dhanadhanyakaryai

Om Chandrayai

Om Siddhaye

Om Chandrasahodaryai

Om Strainasoumyayai

Om Chaturbhujayai

Om Subhpradayai

Om Chandrarupayai

Om Nrupavesmagatanandayai

Om Indirayai

Om Varalakshmyai

Om Induseetalayai

Om Vasupradaya

Om Ahladajananyai

Om Subhayai

Om Pushtyai

Om Hiranyaprakarayai

Om Sivayai

Om Samudratanayayai

Om Sivakaryai

Om Jayayai

Om Satyai

Om Mangalayai

Om Vimalayai

Om Devyai

Om Viswajananyai

Om Vishnuvakshasthasthitayai

Om Thushtaye

Om Vishnupatnyai

Om Daridranaasinyai

Om Prasannakshyai

Om Preetipushkarinyai

Om Narayanasamasritayai

Om Santayai

Om Daridradhwamsinyai

Om Suklamalyambarayai

Om Devyai

Om Sriyai

Om Sarvopadravavarinyai

Om Bhaskaryai

Om Navadurgayai

Om Bilvanilayayai

Om Mahakalyai

Om Sri Brahmavishnusivatmikayai

Om Bhuvaneshwaryai

Om Trikalagnanasampannayai

Om Sridevyai

Lakshmyashtottara satanaama poojam samarpayami

Iti Sri Lakshmyashtottara satanaamavalih samaapta

Deepam:

Ghrutaakthavarti samyukta mamdhakaaravinaasakam

Deepam daasyaami devesi gruhana mudithaabhava

Sri varalakshmi devatayai namahdeepam samarpayaami!

(show the deepam with your right hand)

Naivedyam:

Naiveedyam shadrasopetam daddhimadhvaajya samyutam,

naanaabhakshya phalopetam gruahana hariavallabhe,

Sri varalakshmi devatayai namah naivedyam samarpayaami!

(dedicate all the specially prepared naivedyam to the goddess Varalakshmi)

Paaneeyam:

Ghanasaara sugandehna mishritam pushpavaasitam

paaneeyam gruahataam devi seetalam sumanoharam

Sri varalakshmi devatayai namah paaneeyam samarpayaami!

(Leave some drops of water with the beetle leaf)

Thambulam:

Poogee phala samaayuktam naagavallee dalairyutam

karpura choorna samyuktham taambulam, pratigruhyataam

Sri varalakshmi devatayai namah taambulam samarpayaami

(place two bananas and betel nuts on two betel leaves before the goddess)

Thorabandhana mantram

Read the following mantra and Tie the sacred band (thoram) to your right hand..

bathnaamidakshineehaste navasootram shubhapradam

putrapowtraabhi vruddhimcha mamasowkhyam dehime rame

(tie the thoram to your right hand while reading this mantra)

Vayana vidhi:

Evam sampujya kalyanim varalakshmim swasaktitah

Datavyam dwadasa pooram vayanamhi dwijayate!

Vayanadaana mantram:

(mantras to chant while giving the vayanam)

indira prati gruhnaatu indira vaidadaaticha

indiraa taarakobhabhyam indiraayai namo namah

iti pooja vidhanam sampoornam (the puja process is completed)

Sri Varalakshmi Vratha Katha Prarambham:

Varalakshmi Vratha Katha (Legend or Story of Vara Laxmi Vratam)

Vara Laxmi Vratha is observed on the Second Friday of the Shravan month. Charumathi, a Brahmin woman lived in a town, Kundina. She was very humble and kind in her nature. She was very much devoted to her husband and family.

One night, Goddess Laxmi appeared in her dream and told her to worship Vara Laxmi and seek her blessings. Goddess Laxmi also explained the Vrata procedure and the best day to observe Vara Laxmi Vrat. Laxmi asked Charumathi to observe Varalaxmi Vrata on the Second Friday of Shravana Month.

Charumathi informed about the dream to his husband and family. She also told to her friends and the word spread throughout the town. On the Second Friday of Shravan Month, Charumathi along with her family, friends and the women of the town observe Vara Laxmi Vrata. They worshipped Vara Laxmi with utmost devotion and offered special recipes and fruits to please her. Goddess Vara Laxmi appeared before them and granted boons to all of them. Their houses were filled with grains, diamonds, jewels and gold. They

all lived happily in their rest of life. Since the time, women have begun observing Vara Laxmi Vrata every year on the specific Friday.

Varalakshmi Mangala Harati:

Ramaniki mangalamanarey..

kamalanayanaku nitu ramana madakunjara yanaku
saadhu sukruta nidaanaku sirula nimpu bimbananaku
karakamala mukta bhaktabhimaniki.....

Ramaniki mangalamanarey

lalita pallava paaniki neela jaladhara nibhaveniki
jalajalochanu raaniki, sadhuguna sreniki

kalumu leenedi molakanavvulu

kuluku kalikiki talirubuniki...

Ramaniki mangalamanarey

sarasadala netraku sowmyadharaku sobhanagaatriki
bhoori karuna dhatriki samajita maitriki
sakala duritala vitriki ksheerasagara putriki...

Ramaniki mangalamanarey

ramaku, poshitashritalokaku
seeghramuga neeyave ratna vadhumaniki
poshitasrita lokaalaku duritavanadahaku
seshadaasaana saroruha sreekaravaardi
gamanalolaku ramaku ramaniki mangalamanarey

Lakshmi Sthothram

Lakshmim ksheera samudra raja tanayam sree ranga dhameshwareem

Daasee bhoota samasta deva vanitam lokaika deepamkuram

Srimanmanda kataaksha labdha vibhavabrahmendra gangadharam

Twam trailokya kutumbinim sarasijam vande mukundapriyam

Sri Mahalakshmyashtakam

Namastestu mahamaye sree peethey surapujithey

Sankhachakra gadaa haste mahalakshmi namostutey

Namaste garudaaroodhey dolasura bhayankari

Sarvapaapa hare devi mahalakshmi namostutey

Sarvagne sarva varade sarva dushta bhayankari

Sarvapaapa hare devi mahalakshmi namostutey

Siddhi buddhi prade devi bhukti mukti pradayini

Mantramurthey sada devi mahalakshmi namostutey

Sthula sookshme mahaa roudre mahasakti mahodare

Mahaapaapaharey devi mahalakshmi namostutey

Padmasana sthitey devi parabrahmaswaroopini

Paramesi jaganmata rmalalakshmi namostutey

Swetambaradharey devi naanaalankaara bhooshitey

Jagasthitey jaganmata rmalalakshmi namostutey

Mahalakshmyashtakam stotram yah pathedbhaktimaannarah

Sarvasiddhimavaapnoti rajyam praapnoti sarvadaa

Ekakaale pathey nnityam mahaapaapa vinaasanam

Dwikaalam yah patheynnityam dhanadhaanya samanwitaam

Trikalam yah pathennityam mahaa satruvinaasanam

Mahalakshmirbhavennityam prasanna varada subha

Ityindrakruta mahalakshmyashtaka stavam sampoornam

Benifits of Performing Varalakshmi Vrat

Phalasruti

**Sarvasankata naasanamu, ishtakamyartha siddhi, udyogalabhamu, rajabhogamu,
sarvapaapa vinaasanamu, ashta aishwarya praapti kalugutaayi.**

<http://varalakshmiratham.blogspot.com/>