



# OWASP

Open Web Application  
Security Project

**UPDATED**

## How to stop worrying about Application Container Security (v2)

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# Disclaimers

- My personal views and opinions may not represent the position(s) of my employers.
- Mention of any OSS or commercial product names in this talk are not an endorsement.
- Information provided is not public sensitive and based on my 3 years of container security ops.

# About Me

- Specialized in AppSec, DevOpsSec, CloudSec, & Vulnerability Assessment
- Prior Help Desk Support, WebDev, SysAdm, Project Manager, Forensic Examiner, & Security Auditor
- Worked in academia, healthcare, risk mgt, contracting, & government

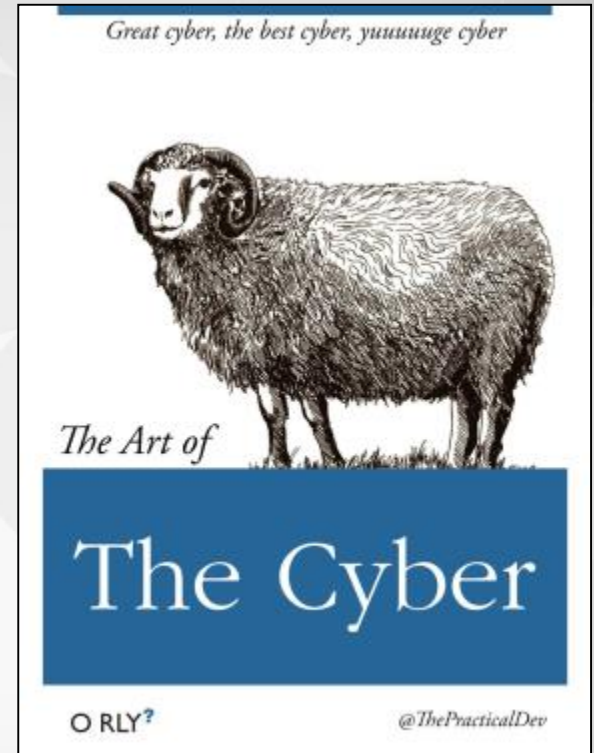
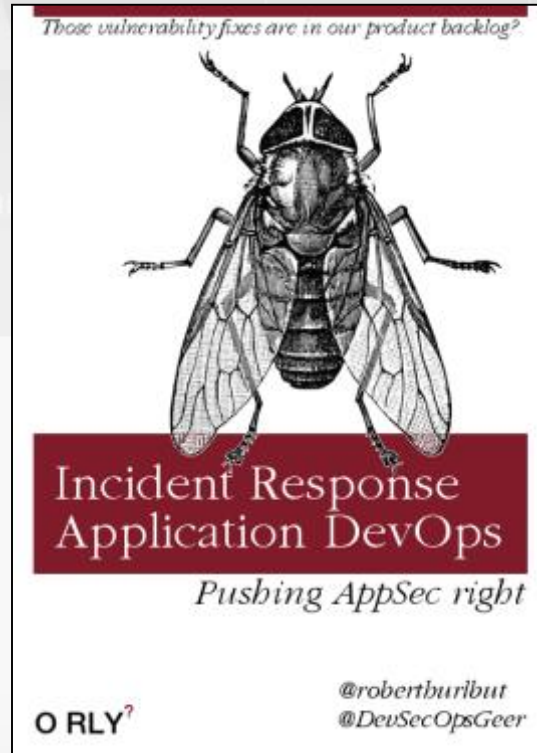
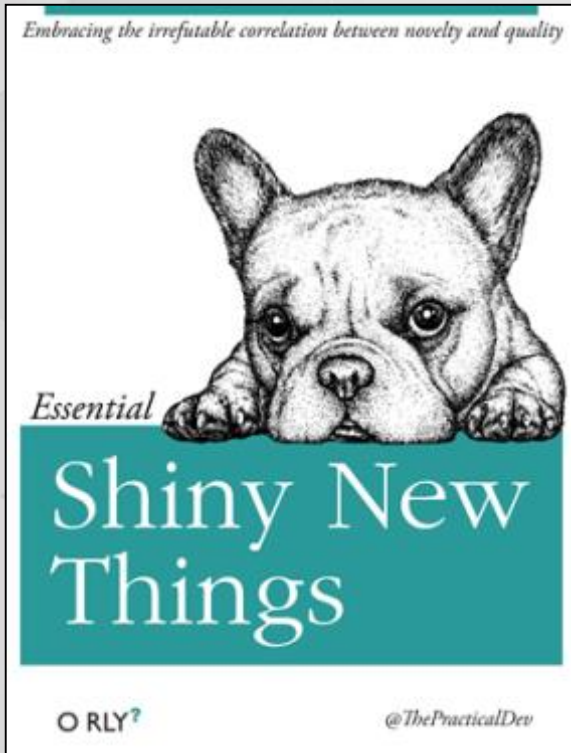


# Typical Application Challenges

- Large organization
- Brownfield
- Large number of applications
  - Some New
  - Some Old
  - Some Decrepit
  - Internet, Extranet and Intranet facing
  - All different
  - Got micro services too!



# Security Challenges in DevOps Orgs

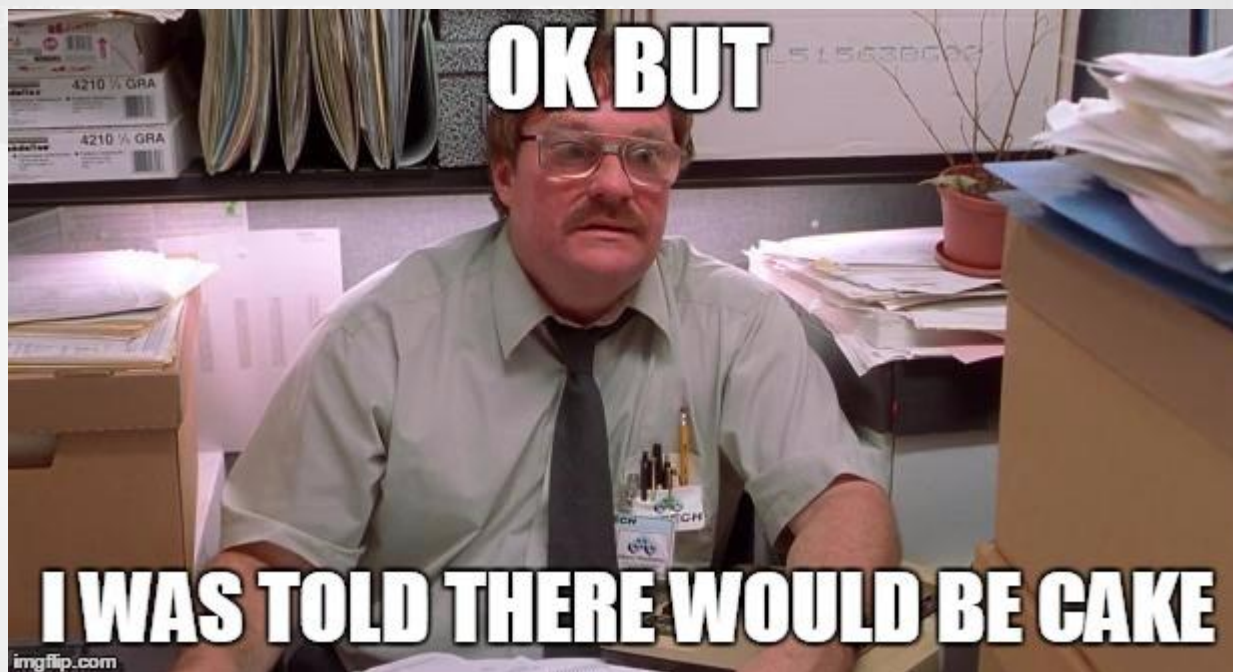


***Security: we are [usually] the last to know... and first to respond.***



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# Benefits for DevOps and Security



# Container Security Benefits – Cake Icing

- Standard, hardened infrastructure on releases
- Pipeline integration moves security left
- Read-only containers = Application Whitelisting
- Continuous (re)deploying from known good
- **No humans in production** – SSH turned off
- Patching improvements
- Complete record of changes

# Container DevOps Benefits – The Cake Layers

- Containers will run the same
  - Packaged OS + Dependencies + App run
  - Reduces “***worked on \*my\* machine***”
  - Portable to deploy across hosts
- Produces:
  - Higher Developer Productivity
  - Patches baked before tests in releases
  - More frequent Release schedule
  - Increased Server utilization on hosts





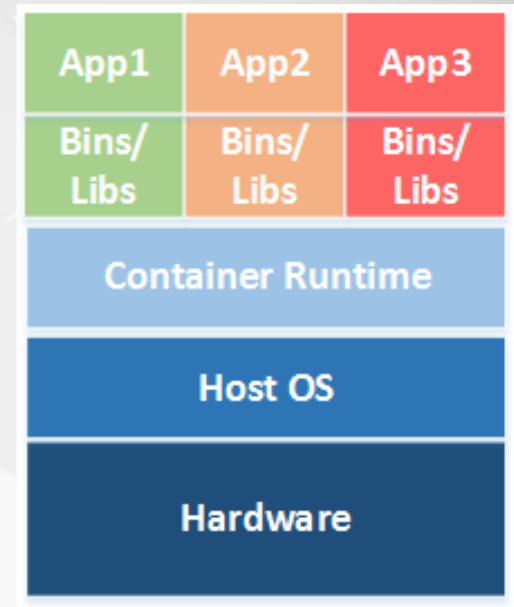
# My [Enterprise] Container Journey



- Understanding the basic tech
- My first [trusted] container
- Moving security upstream
- Avoid the container failboat

# Understanding the basic tech

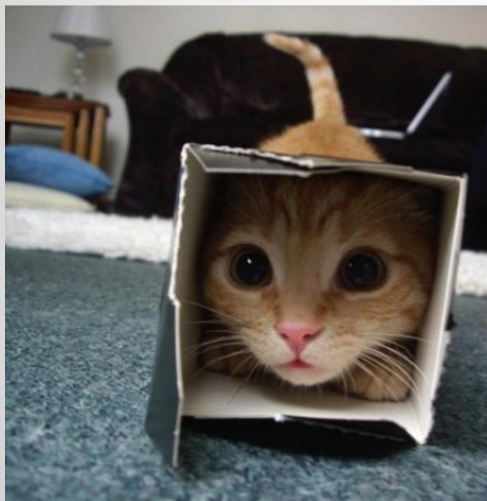
- Uses OS level virtualization
- Shares host OS resources + kernel at runtime
- Isolation applies for processes, filesystem, & network via OS kernel
- Images sealed w/ crypto hash
- Typically Copy-on-write (CoW) \*layered\* file system



*“A construct designed to **package and run an application or its` components running on a shared Operating System.**”*

*- NIST Pub 800-180 (draft), “NIST Definition of Microservices, Application Containers and System Virtual Machines”*

# My first [trusted] container



```
1 FROM centos7.1.1503
2
3 MAINTAINER USCIS <noreply@uscis.dhs.gov>
4
5 # Set global environment variables for base container
6 ENV http_proxy={INTERNET_PROXY}/ \
7     https_proxy={INTERNET_PROXY}/ \
8     no_proxy={NO_PROXY} \
9     NEXUS={NEXUS_SERVER}
10
11 # Fix cache issues through proxy: https://sites.google.com/site/kbinstuff/yum-and-proxies
12 # And patch base container with latest upgrades (upgrade runs update)
13 RUN echo "http_caching=packages" >> /etc/yum.conf \
14     && yum upgrade -y \
15     && yum install epel-release wget -y \
16     && yum clean all -y
17
18 ARG BUILDER_HOST
19 ARG DOCKER_IMAGE
20 ARG GIT_REPO
21 ARG GIT_BRANCH
22 ARG GIT_HASH
23 ARG DOCKER_TAG
24 ARG BUILD_DATE
25 ARG BASE_SHA
26 ARG CREATED
27 ARG VENDOR
28 ARG VERSION
29
30 LABEL com.docker.hub.base.version="${VERSION:-UNKNOWN}" \
31     com.docker.hub.base.image="${VENDOR:-UNKNOWN}" \
32     com.docker.hub.base.build-date="${CREATED:-UNKNOWN}" \
33     com.docker.hub.base.digest="${BASE_SHA:-UNKNOWN}" \
34     gov.dhs.uscis.base.image="${DOCKER_IMAGE:-centos7-base}" \
35     gov.dhs.uscis.base.builder="${BUILDER_HOST:-UNKNOWN}" \
36     gov.dhs.uscis.base.git.repo="${GIT_REPO:-USCIS/dockerfiles}" \
37     gov.dhs.uscis.base.git.branch="${GIT_BRANCH:-UNKNOWN}" \
38     gov.dhs.uscis.base.git.sha="${GIT_HASH:-UNKNOWN}" \
39     gov.dhs.uscis.base.version="${DOCKER_TAG:-0.0.x}" \
40     gov.dhs.uscis.base.build-date="${BUILD_DATE:-UNKNOWN}"
41
```

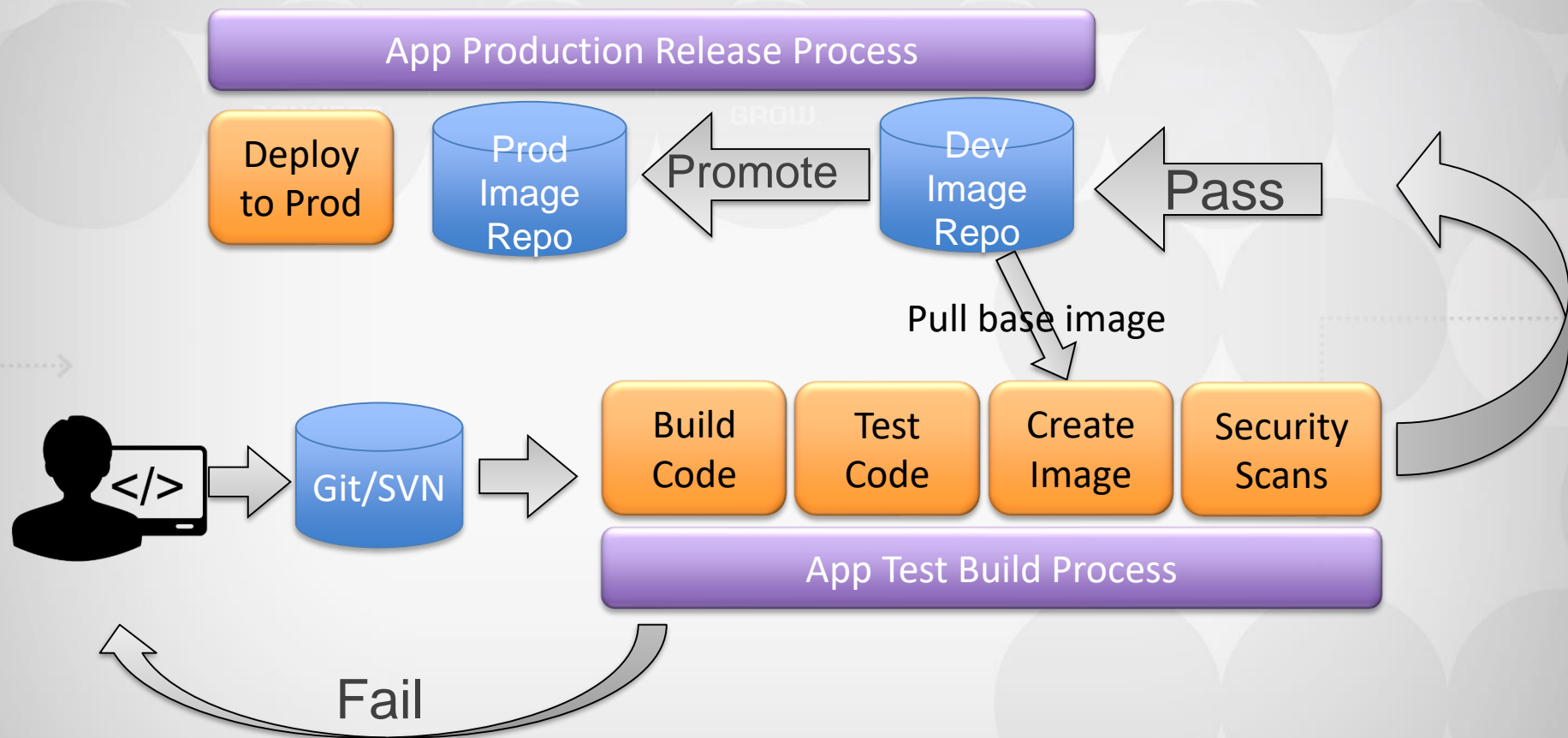
Base source OS

Env app vars injection

OS patching + build

Metadata tagging

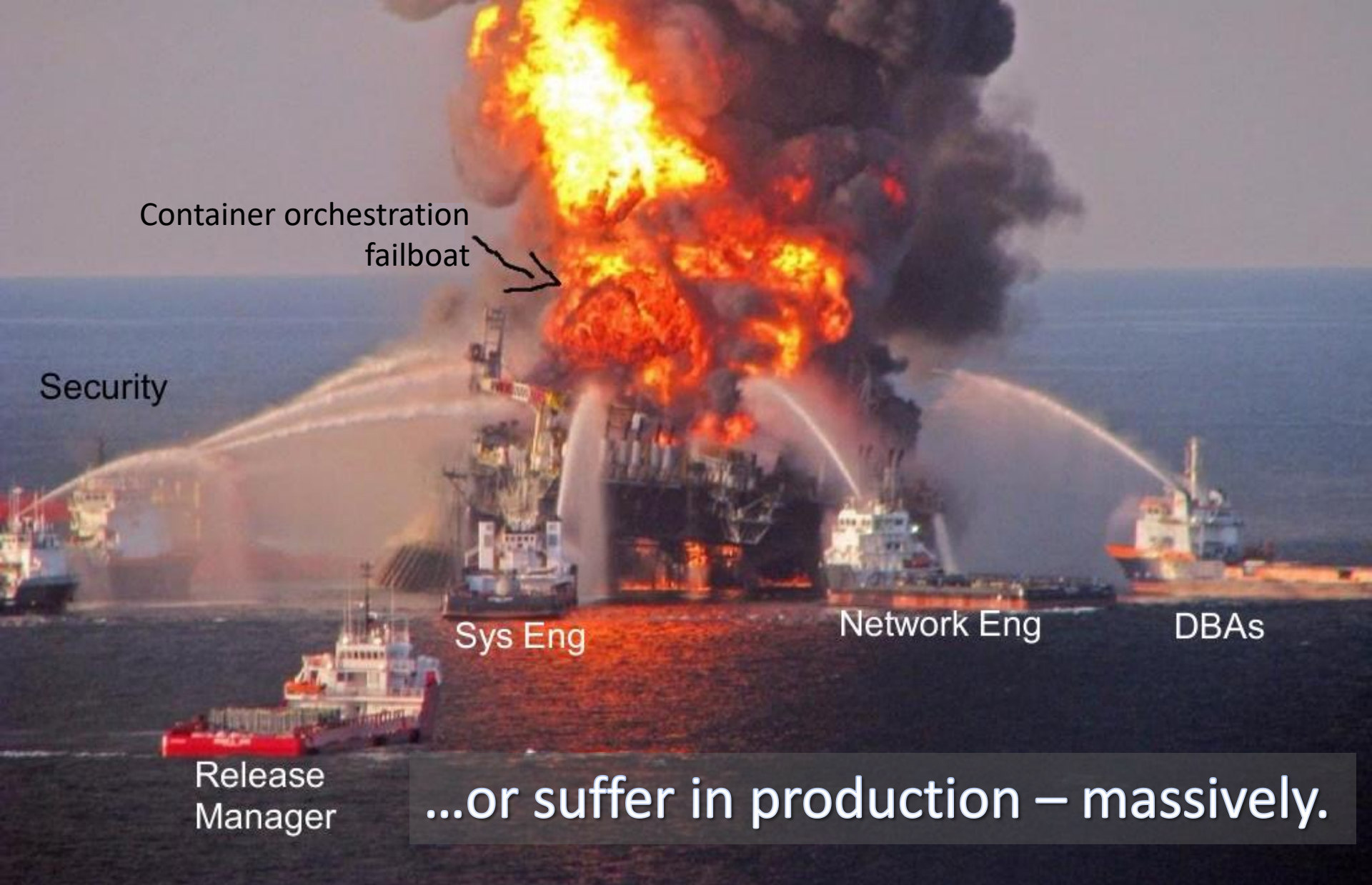
# Moving Container Security Upstream



# Avoiding the container failboat...

- Running as root (for all things)
- Unbounded CPU + memory runtime
- Writing persistent data to container filesystem
- Unsecured virtual network stack
- Mixing workloads of different threat postures

Break the tech to learn the tech  
(...in a controlled non-prod environment – of course!)



Container orchestration  
failboat



Security

Sys Eng

Network Eng

DBAs

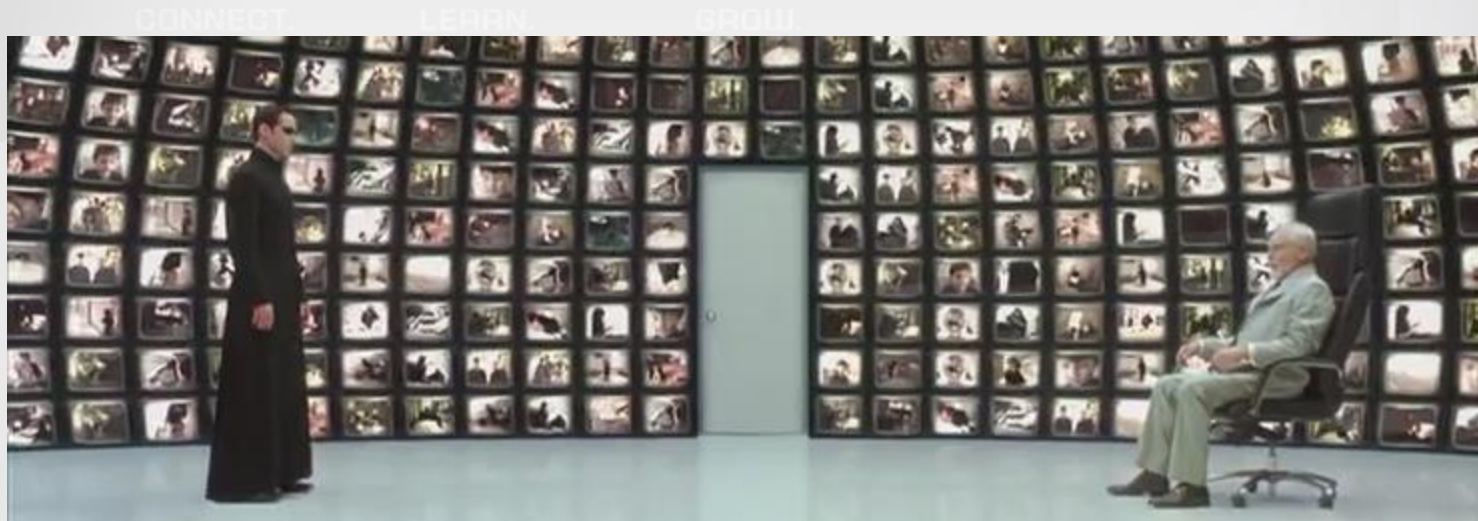
Release  
Manager

...or suffer in production – massively.



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# Learning Secure App Containers



Local Container Development

Container Orchestration



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# 1. Center for Internet Security Benchmarks

- Community consensus driven + CIS PM managed
- Defines Level 1 (general) & Level 2 (sensitive info) processing controls
- Host OS + Container Daemon + Container Image + Container Runtime
- Available for Cloud, OSes, Docker, & Kubernetes



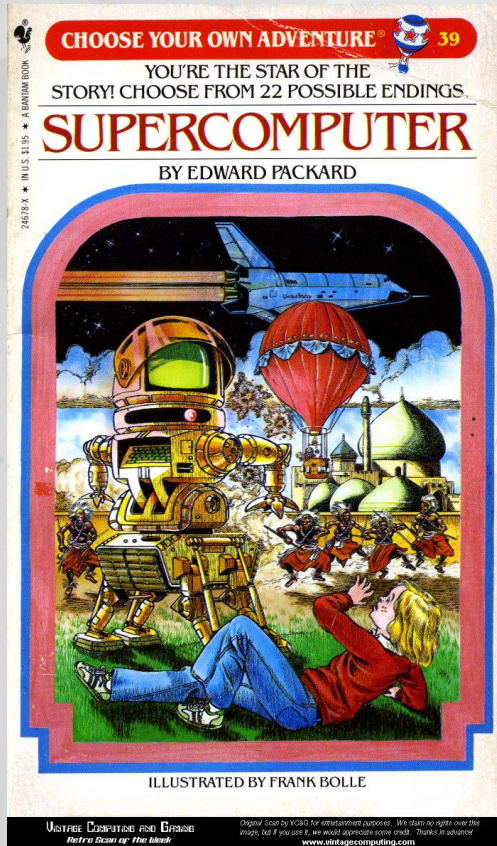
## 2. Develop threat model for app risk postures

- Processes executing on container and hosts
- Data being processed (intermix on hosts?  
Sensitive? Access controls?)
- Sources of connections (internal, external,  
behind proxy? Inputs? Outputs?)

### 3. Determine expected container app ops

- App logs to SIEM (audit, error, info level)
- Data persistence (host? net share? Data SaaS?)
- Health checks (simple vs. complex)
- Restart vs. destroy on non-responsive containers

# 4. Runtime: Choose your own adventure

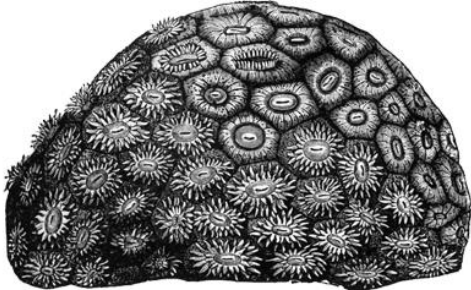


- Run the stack myself?
- Have a vendor run the stack for me?
- Hybrid model?

# My Container Security Maturity Model

- Purposely build security from day 1
- Focus on basic critical items 1st to reduce major vulns
- Mature your #ContainerOps into rest of industry benchmarks
- Optimize and tweak to your organization policies and needs

*I love creating matryoska dolls.*



JVM inside of Docker  
inside of Xen server

O RLY?

*@DevSecOpsGeer*

# Container Host Security Management

Maturity	Objectives
1: Initial	<ul style="list-style-type: none"><li>• Use a standard out-of-the-box server operating system</li><li>• Use standalone container daemons on local hosts</li></ul>
2: Managed	<ul style="list-style-type: none"><li>• Use of networked container daemons</li><li>• Use default kernel calls and namespaces</li><li>• Enforce host and container logging</li></ul>
3: Defined	<ul style="list-style-type: none"><li>• Command + control of host daemons</li><li>• Scaling homogenesis hosts based on orchestration app loads</li><li>• Establishing logical groups of hosts to process sensitive app info</li></ul>
4: Quantified	<ul style="list-style-type: none"><li>• Restricting kernel calls by containers to host</li><li>• Minimalistic hosts to operate only container daemons</li></ul>
5: Optimizing	<ul style="list-style-type: none"><li>• Reducing surface attack areas on hosts (i.e. no SSH access)</li><li>• Removing container binding to certain host dependencies</li><li>• Chaos Monkey resiliency when taking hosts out</li></ul>

# Container Image Security Management

Maturity	Objectives
1: Initial	<ul style="list-style-type: none"><li>• Scan for CVEs in OS, Package Managers, and App Dependencies</li><li>• Establish series of trusted base images for DevOps use</li><li>• No root users in container OS image</li></ul>
2: Managed	<ul style="list-style-type: none"><li>• Establish internal registries for non-prod and prod use</li><li>• Build series of base and framework images</li><li>• Metadata tag releases beyond version number</li></ul>
3: Defined	<ul style="list-style-type: none"><li>• Chain app image rebuilds back to base + framework images</li><li>• Image &amp; compliance scans to break builds and stop runtimes</li></ul>
4: Quantified	<ul style="list-style-type: none"><li>• Automated redeployments on new CVE drops from dev to prod</li><li>• Monitor processes + hashes, network, and kernel interactions</li><li>• Matching found runtime threats to indicators of compromise (IoCs)</li></ul>
5: Optimizing	<ul style="list-style-type: none"><li>• Customized whitelist of kernel namespace and syscalls per app</li><li>• Exporting runtime threat results to OASIS STIX for kill chain analysis</li></ul>

# Container Data & Ops Management

Maturity	Objectives
1: Initial	<ul style="list-style-type: none"><li>• Basic CI/CD pipeline processes to build and push releases</li><li>• Avoid data writes to container file system (except tempfs)</li><li>• Set CPU and memory runtime min and max limits</li></ul>
2: Managed	<ul style="list-style-type: none"><li>• Basic autoscaling containers framework on same hosts</li><li>• Data writes to managed container volumes on daemon host</li><li>• Restrict access to “hand jamming” deployments in orchestration</li></ul>
3: Defined	<ul style="list-style-type: none"><li>• Enabling read-only containers to reduce attack surface</li><li>• Data volumes are dynamically managed under orchestration</li></ul>
4: Quantified	<ul style="list-style-type: none"><li>• Use mature data management patterns for data persistence</li><li>• Application secrets are injected at runtime as environment vars</li></ul>
5: Optimizing	<ul style="list-style-type: none"><li>• Custom runtime defenses based on application risk posture</li><li>• Application secrets are accessed “just-in-time” for runtime</li><li>• Tracking container runtime drift of processes, network, and kernel</li></ul>

# Further Reading

- NIST Special Publication 800-190: Application Container Security Guide (Final)  
<https://csrc.nist.gov/publications/detail/sp/800-190/final>
- CIS Security Benchmarks  
<https://www.cisecurity.org/cis-benchmarks/>
- NCC Group's "Understanding and Hardening Linux Containers v1.1"  
[https://www.nccgroup.trust/globalassets/our-research/us/whitepapers/2016/april/ncc\\_group\\_understanding\\_hardening\\_linux\\_containers-1-1.pdf](https://www.nccgroup.trust/globalassets/our-research/us/whitepapers/2016/april/ncc_group_understanding_hardening_linux_containers-1-1.pdf)

