

HUMBOLDT HAMMERHEADS SWIM TEAM INVITATIONAL SWIM MEET

JUNE 17, 2017

May 18/17

The Humboldt Hammerheads Swim Team cordially invites your club to participate in our Sprint Meet on June 17, 2017.

SANCTION NUMBER: # 16-17-01

HOST CLUB: Humboldt Hammerheads Swim Team

DATE: June 17, 2017

LOCATION: Humboldt Aquatic Centre
619 – 17th Street
Humboldt, SK S0K 2A0
306-682-2597

MEET MANAGER: Beverly Kaip
Box 3239
Humboldt, SK S0K 2A0
306-320-7939
b.kaip@sasktel.net

TIMES: Warm Ups: 8:00 a.m.
Competition Starts: 9:00 a.m.
Coaches Meeting: 7:45 a.m.
Officials Meeting: 8:30 a.m.

FACILITY: 25 Metre, 5 Lanes, Indoor Pool

Non-turbulent Lane Markers
Dolphin Electronic Watches
Hy-Tek Meet Manager Software

Depth at start end 3.05 Metre
Depth at turn end: 1.0 Metre

Swimmers must exercise caution when doing their turns as water is shallow
There will be no diving at the turn end of the pool, 2nd and 4th place relay members must start in the water from a push.

ELIGIBILITY: All swimmers must be amateurs and registered with Swim Saskatchewan as summer swimmers.

Only swimmers seven (7) years of age and older may compete in sanctioned competitions.
Swimmers must be at least seven (7) years old as of April 30, 2017.

Age group based on age of swimmer as of April 30, 2017

HUMBOLDT HAMMERHEADS SWIM TEAM INVITATIONAL SWIM MEET

JUNE 17, 2017

May 18/17

COMPETITION: Swimming Canada Rules apply except as specifically modified herein.
Swimming Canada Warm-up Competition Safety Procedures will be in effect at this meet.
All events will be swum as time finals.
Events will be swum via the following age categories: **10 & Under and 11 & Over**

NOTE: Meet management reserves the right to combine events and/or heats as necessary.

SEEDING: All events will be seeded according to time and will swim slowest to fastest
Male and female events will be swum separately, except for 7 & 8 relays, and where events may be swum together to maximize the use of the pool.

SCRATCHES: Scratches from heats simply create empty lanes, as there shall be no re-seeding. Scratches from heats may be made at any time without penalty except for loss of entry fee. Clubs are requested to report any scratches no later than **30 minutes** prior to the start of that day's events.

START: The FINA start shall be used for all events as per *SNC RULE SW 4*.
NOTE: At the Referee's discretion, swimmers may be required to stay in the water, along the lane ropes, at the completion of their race to allow for the next heat to begin, with the exception of backstroke and relays.

PROTESTS: ALL infractions will be reported to the Referee and the Referee will report the disqualifications to the coaches or disqualifications maybe announced through the P.A. system.
Only a team's coach may approach the Referees about a decision or complaint and may submit protests as per *SNC RULE GR 9.2*.

EVENTS: A "List of Events" can be found at the end of this document.

DECK ENTRIES: **DECK ENTRIES WILL NOT BE ALLOWED FOR ANY EVENTS.**

RELAYS: All Relay entries must be submitted via the entry deadline date listed below
Up to two (2) swimmers from a younger age category may be moved to be part of a relay team in an older age group, remembering they have a maximum of 2 relays.
Clubs may enter combination teams made up of swimmers from two (2) or more clubs.
There will be no points awarded for relays.
All relays are gender specific, except for the 7 & 8 relays, which are mixed.

HUMBOLDT HAMMERHEADS SWIM TEAM INVITATIONAL SWIM MEET

JUNE 17, 2017

May 18/17

ENTRIES:

Swimmers are limited to a **maximum of 5** individual events plus relays.

Relay entries must also be submitted prior to the entry deadline date. Relay entries may be submitted with or without names.

All entries (Individual and Relay) should be submitted by e-mail as a Hy-Tek entry file.

A hard copy of entries must be sent as back up. This hard copy will be used to ensure that data is transferred successfully from the Hy-Tek Entry file into Meet Manager.

The swimmer's entire birth date (day/month/year) **MUST** be submitted.

Swim times **MUST** be entered in short course meters.

Registration numbers **MUST** be submitted for all swimmers. Meet Management will not be responsible for obtaining missing numbers. **Entries without registration numbers will not be accepted.**

As per revised policy SC-2, swimmers that were registered with a Winter club during the period of Oct 31, 2016 to April 30, 2017 and are now a member of a Summer Club, may compete as Exhibition. Each event entry for an Exhibition swimmer must be checked in the "EXH" box in Hy-tek Team Manager.

Please send meet entries to:

Beverly Kaip
Humboldt, SK
306-320-7939
b.kaip@sasktel.net

ENTRY FEES:

Entry fees are: \$30

Please make check payable to: HHST

No refunds provided for scratches after the meet entry deadline.

ENTRY DEADLINE:

Entries to be submitted by: June 12, 2017 @ 6:00 p.m.

SCORING:

Scoring will be as follows:

First to Fifth Place for Individual Events: 6-4-3-2-1
Relays will not be scored

AWARDS:

Ribbons will be awarded for First to Fifth place on individual events.
Ribbons will be awarded for First to Third place for relays.

Gold, Silver and Bronze medals will be awarded for high points in six age categories, male and female as per age categories in the technical package.

Exhibition swimmers do not score points, nor can they receive awards.

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JUNE 17, 2017

May 18/17

RESULTS: Results will be done via the following age groups as per the summer swimming technical package: 7 & 8; 9 & 10; 11 & 12; 13 & 14; 15 – 17; 18 & Over

MEET MOBILE WILL BE AVAILABLE FOR RESULTS.

Result sheets will be posted in the pool lobby as soon as they become available.

Hy-Tek results file will be sent to Swim Sask to be posted on the website.

Official Splits: As per Swimming Canada Swimming Rule CSW 13.3.1.1 - Meet Management requires, that a coach wishing to rely on a time achieved by a swimmer for an interval shorter than the total distance of the event, must advise the Referee and Meet Management prior to the commencement of the event in question will be held. Official Split requests must be submitted to the Meet Manager a minimum of ½ hour prior to the start of the session that the event is being held. The Official Split Request Form is available from the Swim Sask website on the “Officials, Meet Hosting” page at:

<http://www.swimsask.ca/officials/meet-hosting.html>

Such official split shall then be reported as a separate event in the meet results.

PROGRAMS: PROGRAM COST IS \$5.00

COACHES MEETING: Coaches meeting will be held prior to warm ups at 7:45 a.m. in the main office.

OFFICIALS: Visiting clubs are encouraged to participate in officiating at the meet at whatever levels they may be qualified. Please advise the Meet Manager/Officials Coordinator of any available officials and their level(s) of qualification. If an individual has a certain position that he/she would like to work so that he/she can progress to the next certification level, the individual is to contact the Meet Manager/Officials Coordinator and request to work that position.

Officials Coordinator: Devin Cannon
306-682-3112
drcannon06@gmail.com

Lunch and snacks will be provided to all officials.

CONCESSION: Elgar Peterson Arena Concession will be open.

MEET SAFETY RULES: Swimming Canada Warm-up Competition Safety Procedures will be in effect at this meet See last two pages for full description

Safety Marshals will be on deck during warm-ups.

- During warm-ups, no swimmer shall enter the pool by a dive.
- Exception: During the last 5minutes of the warm-up period, when lanes 1 and 5 are designated as diving lanes. During this period, diving and one-way swimming only will be allowed in these lanes. After the dive the swimmer must exit the pool.

NOTE: It is the responsibility of the coaches to ensure that all swimmers are aware of and adhere to these safety rules, and to all rules of the facility.

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JUNE 17, 2017

May 18/17

GENERAL INFORMATION: **NO FOOD OR DRINKS OTHER THAN WATER ALLOWED ON POOL DECK.**

- Pool management prohibits the wearing of outdoor shoes on pool deck.
- No glass on pool deck
- No sunflower seeds
- No metal chairs
- Not responsible for lost or stolen articles
- Must stay out of hot tub

ACCOMMODATIONS:

Canalta Hotel	1-800-831-1331
Bella Vista Inn	1-800-667-0790
Pioneer Hotel & Motel	1-866-682-2638
Prairie Lilly Lodge (Bed & Breakfast)	1-306-682-4353
Humboldt Historical Park Campground	1-306-682-4990

SUPPORTED BY:



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LIST OF EVENTS

<u>Girl's Events</u>	<u>Age Group</u>	<u>Event Name</u>	<u>Boy's Events</u>
1	10 & under	50 Breast	2
3	11 & Over	50 Breast	4
5	10 & under	25 Free	6
7	11 & Over	25 Free	8
9	10 & under	50 Fly	10
11	11 & Over	50 Fly	12
13	10 & under	25 Back	14
15	11 & Over	25 Back	16
17	10 & under	50 Free	18
19	11 & Over	50 Free	20
21	Mixed 7 & 8	4 X 25 Medley Relay	
23	9 & 10	4 X 50 Medley Relay	24
25	11 & Over	4 X 50 Medley Relay	26
		LUNCH BREAK	
27	10 & under	25 Fly	28
29	11 & Over	25 Fly	30
31	10 & under	50 Back	32
33	11 & Over	50 Back	34
35	10 & under	25 Breast	36
37	11 & Over	25 Breast	38
39	10 & under	100 IM	40
41	11 & Over	100 IM	42
43	Mixed 7 & 8	4 X 25 Free Relay	
45	9 & 10	4 X 50 Free Relay	46
47	11 & Over	4 X 50 Free Relay	48

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JUNE 17, 2017

May 18/17

CODE OF CONDUCT

The behavior of all persons (swimmers, coaches, volunteers, officials and spectators) in attendance at a sanctioned swim meet must abide by the Swim Sask Member Code of Conduct and Harassment Policy – see Swim Saskatchewan Board Policy M-3 which can be found on the Swim Sask website at: <http://www.swimsask.ca/about-us/policies.html>

CODE OF ETHICS

All persons participating or competing in the Swim Saskatchewan Summer Swimming program are asked to comply at all times with the spirit and intent of these rules. Thus, through their individual and collective demonstration of sportsmanship and fair play in action, the achievements of Summer Swimming purposes may be enhanced.

1. Each pool has a dedicated group of parents who work hard to make the meets run smoothly. Because all Clubs involved in the Summer Swimming Program have pools built primarily for recreation, none are ideal for competitive swim meets. Also, most pools have rules set by others than just swim club parents. If you are a visitor, be tolerant of problems and difficulties of the home team. They have to live with their pool and its problems more often than you do. If you have a suggestion for a solution to a problem, offer it tactfully. Gripping about things that can't be changed, accomplishes nothing.
2. Remember, all officials are **volunteers**. Assume that each official is doing his/her best to be accurate. Nothing is gained by challenging a judgment different from the one you think you would have made.

If you are not a team representative and you think that there is an impropriety, a mistake or an unfair decision, take it up with the right person - usually your team coach or Club President. These are the people you have chosen to represent your team. They may be able to explain a puzzling action or decision and if a protest needs to be made, they are the ones authorized to take such action.
3. Remember that rules are made to provide a basis for fair competition and to help meets run smoothly. Use of rules to prove superior knowledge, harass the other team or to move the competition from the swimmers in the pool to the officials on the deck, frustrates the reason for rules.
4. Don't jump to conclusions. If the actions of a spectator, swimmer, coach or official seems strange to you, find out what the person is doing and why before assuming wrongdoing on his/her part.
5. Anyone can make a mistake - even you! If the error is made by another, correct it courteously through proper channels.
6. Officials and swimmers work close together. Even mumbled words may reach many ears. Watch your language!
7. It is strongly recommended that visiting teams observe and heed the host pool's rules and regulations pertaining to the safety and the conduct of its members, before, during and after all Summer Swimming meets.



COMPETITION WARM-UP SAFETY PROCEDURES September 26, 2016

Meet Management for all sanctioned Canadian swimming competition must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to work together to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout, an announcement or deck signage.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts, at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at meet management's discretion and recommended only for higher level or senior competitions.
- At meet management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for higher level or senior competitions

VIOLATIONS:

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context is required.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed without warning from their first individual event following the warm-up period in which the violation occurred and the alternates in that event notified should that event be a final. They may also receive a verbal warning from the Safety Marshal. Swimmers receiving verbal warnings will have their names and clubs registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer may be removed from the remainder of the competition.



SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- Be visible by safety vest.
- Be situated at each end of the competition pool and when applicable, similarly situated in designated warm-up pools when pre-competition warm-ups are scheduled.
- Actively monitor all scheduled warm-up periods.
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

Depending on the level of competition, Safety Marshals have a role to help work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the rules or communicating a concern to a coach.

Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

“SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET.”