

# IADP 2010

International Association of Dynamic Psychotherapy 2010

## Congress Theme

# Psychotherapy in the 21st Century

## — Beyond the Conflict of Its Nature of “Science” and “Clinical Practice”

What is essential for the living mind?

How shall we reply to this question? The answer is not so complicated, the enriched time and space will do. The information oriented and globalized society of the 21st century, however, has deprived us of this enriched time and space in exchange for its convenience.

Dynamic psychotherapy which pursue the change of the human mind, is now –in this hi-speeded information oriented society– attempting to bring back such enriched time and space in the mind, which changes from moment to moment, by utilizing the mathematical viewpoint of differential calculus and integral calculus.

Through the pursuit of further nature of “Science” and “Clinical practice”, new challenge of Dynamic Psychotherapy has already started.

Director of Institute of Psychoanalytic-Systems Psychotherapy

Yukio No

Congress Chair,

## Date

19-21, September 2010

19-20, September...Congress Program

21, September.....Post-Congress Workshop

## Venue

The University of Tokyo

Bldg. 5, Komaba I Campus

(Inokashira Line, 1 minute walk from Komaba-Todaimae station)

## About International Association of Dynamic Psychotherapy (IADP)

The purpose of IADP is to accumulate essential knowledge and technique of psychotherapy from the standpoint of psychodynamics, to deepen the meaning of psychotherapy for human beings, and to progress the research which enhance the clinical effectiveness. The association was founded by Hidefumi Kotani, chief director, and the late Dr. Edward L. Pinney, on 1995. Annual conference and workshop has been taking place ever since.



$$w = \begin{bmatrix} w_{0,0} & \dots & w_{0,n-1} \\ \vdots & & \vdots \\ w_{n-1,0} & \dots & w_{n-1,n-1} \end{bmatrix}$$

$$\frac{\pi}{2} = \left( \int_0^{\infty} \frac{\sin x}{\sqrt{x}} dx \right)^2 = \sum_{k=0}^{\infty} \frac{(2k)!}{2^{2k} (k!)^2} \frac{1}{2k+1} = \prod_{k=1}^{\infty} \frac{4k^2}{4k^2 - 1}$$

$$\phi_{\text{group}}^2 = \sum_j \left\{ \sum_i \rho_i (F_i - P_i)^2 \right\}$$

Here is the dream as related by Dora:  
 'A house was on fire. My father was standing beside my  
 and woken me up very quickly. Mother wanted to st  
 save her jewel-case; but she refused to let  
 and my two children be burnt for the sake of your  
 jewel-case.' We hurried down the stairs.

# 16th Conference of IADP Time Schedule

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## • Congress Program 1st Day: 19th Sep. (Sun)

- 9:00 Reception
- 9:30–10:20 President Lecture  
"Modern Progressing of Dynamic Psychotherapy for Psychotic Patients  
—Re-Considerations from the Psychoanalytic-Systems Theory"  
Lecturer: Yukio No (President, IADP 2010)
- 10:30–13:30 Open Program
- 10:30–11:20 ① Key note Lecture  
"Explorative Psychotherapy as a Science"  
Lecturer : Hidefumi Kotani, M. A., CGP (International Christian University)
- 11:30–13:30 ② Congress Symposium  
"Clinical Psychological Intervention for the Developmental Disorders and Psychotherapy  
for the Quasi-Developmental Disorders."  
Presenter: Yoshie Kawamura, Ph. D. (Institute of Psychoanalytic Systems Psychotherapy)  
Toshiro Kaizuka, Ph. D. (Hiroshima International University)  
Commentator: Douglas S. G. Kong M. D. (IAGP-BOD, Mount Elizabeth Medical Centre)  
Chair: Hidefumi Kotani, M. A., CGP (International Christian University)
- 13:30–14:30 Lunch time
- 14:30–16:00 Case presentation 1
- 16:15–18:30 Dr. Edward L. Pinney Memorial Symposium "Group psychotherapy for Schizophrenia"  
Presenter: Yukio No (President, IADP2010)  
Ta-jen Chang, M.D. (Yuli Hospital, Department of Health, Executive Yuan)  
Commentator: Kazuya Yoshimatsu, M.D. (Shikiba Hospital)  
Chair: Hidefumi Kotani, M. A., CGP (International Christian University)
- 19:00–21:00 Reception Party (at University of Tokyo)

• **Congress Program 2nd Day: 20th Sep. (Mon.)**

- 10:00–12:15 Special Symposium "Psychotherapy for difficult adolescence"  
Presenter: Kazunori Hashimoto, M.A., CGP (Institute of Psychoanalytic Systems Psychotherapy)  
Seth Aronson, Psy. D., CGP, FAGPA (William Alanson White Institute, U.S.A.)  
Commentator: Tsukasa Ezaki, M. D. (Hasegawa Clinic)  
Chair: Masahiro Nishikawa, M. A. (International Christian University)
- 12:15–14:00 Lunch time
- 12:30–13:30 Educational Lecture  
"Quantum mechanical point of view of psychotherapy"  
Lecturer: Jun'ichi Shiraishi, Ph. D. (University of Tokyo)
- 14:00–15:30 Case Presentation 2
- 15:45–18:00 Case Seminar  
Presenter: Yukio No (President, IADP2010)  
Supervisor: Hidefumi Kotani, M. A., CGP (International Christian University)

• **Post-Congress Workshop: 21th, Sep. (Tue.)**

- 9:00–11:30 Workshop #1
- 11:30–12:30 Lunch
- 12:30–16:30 Workshop #2
- 16:45–17:15 Summing



## Post-Congress Workshop List

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### ① Learning Leadership Technique through Peer-leading Group

Ta-Jen Chang, M. D. (Yuli Hospital, Department of Health, Executive Yuan)

It's a challenging and bitter way to make efforts to be a competent group psychotherapist. He or she must study the knowledge of group therapy firstly, and then learn to play the role of observer, co-therapist and therapist in group during training course. After becoming a therapist, he possibly has the curiosity on how the other associates conduct treatment group. Therefore, this workshop is going to help the participant to promote his leadership technique through experiencing and studying how his colleagues (including himself) run process group. The theory of leading the process group will weigh on the facilitating of interpersonal interaction and the concept of here-and-now. Of course, the process dynamics of on-going group can not be paid without any attention during the course of workshop. As for the adopted model or school of leading, there is no contradiction. The participants have better has the good knowledge of group psychotherapy and at least 2-year experience of leading group personally. The proceeding of workshop will has the introduction of rationale for an hour, 4 sessions of process group and 45 minutes for each session, then 20-minute peer discussion after each session and final sharing for half an hour. The process group is composed of 8 members and 4 volunteers from 8 are needed to run the process group alternatively. The discussing issues after each session may be focused on the followings: activity vs. passivity of leader, present vs. past event, individual vs. interpersonal approach, in- vs. out-group, content vs. process, affectionate vs. cognitive orientation, frustration vs. gratification and so on. The number of registering participants hopefully won't exceed 20.

### ② Sex, Drugs and Rock and Roll: Contemporary Relational/Interpersonal Perspectives on the Tasks of Adolescence with Implications for Therapy

Seth Aronson, Psy. D., CGP, FAGPA (William Alanson White Institute, U. S. A.)

Adolescence is a developmental period characterized by many losses. The adolescent must relinquish ties to childhood, assimilating a new physical self. The pre-pubescent body of childhood is now replaced by a body that has undergone the biological changes of puberty, leading to sexual maturity. The cognitive growth and development that takes place is unprecedented, so that more concrete thinking is replaced by abstract thought and enhanced decision making. Ties to one's love objects are also relinquished and in their place, come the intimate connections with peers and new love objects, outside the family. Child-like dependencies are left behind, with an increased sense of independence and autonomy. As a sense of identity develops—personal, sexual, vocational—the innocence of childhood is left behind.

How does the adolescent deal with these losses? What does contemporary relational/interpersonal theory have to offer us to help understand how these losses can be overcome through symbolization and repair?

In this workshop, we will examine the ways in which writers such as Donald Winnicott, Hans Loewald, John Steiner, Erik Erikson, Philip Bromberg, Hanna Segal and others suggest negotiating these developmental tasks. Implications for therapy will be highlighted with case vignettes used to illuminate the concepts we will discuss. Participants are encouraged to present case examples drawn from their own practice for discussion.

### **③ Child Psychotherapy — Using Attachment Theory and Object Relations**

Douglas S. G. Kong, M. D. (IAGP-BOD, Mount Elizabeth Medical Centre)

This workshop imparts knowledge and skills about working with children below the age of ten years, using Attachment Theory and Object Relations Theory. The emphasis here is on psychodynamic work as a unifying theme of helping children, especially those with behavioral problems due largely to psycho-social factors, while at the same time being developmental and culturally relevant. This approach does not preclude the use of other techniques such as behavioral techniques or inter-personal solving techniques, among others. Attachment Theory is especially significant here in that it is the quality of the relationship with the therapist that provides the healing experience. Similarly, it is the quality of the child's relationship with their caregivers that determines the future outcome and the development of the child into adulthood. Hence, working with children means that we work with their caregivers as well in order that we can effectively change the children's social environment and their future growth trajectory. Techniques that will be shared range from the traditional "World technique" of Lowenfeld to modern approaches such as using Board games or computer games.

### **④ Intervention in the Psychological Process —Psychoanalytic Usage of Differential and Integral Calculus**

Hidefumi Kotani, M.A., CGP (International Christian University)

Effective psychoanalytic psychotherapy requires readiness, that is, psychological mindedness in patients and clients. But in recent days, there seems to be few patients and clients who come to psychotherapy office with enough motivation and readiness for psychoanalytic psychotherapy. Many of them cannot alert themselves to be and work in here and now. They are rather far away from their own psychodynamic process and are hardly aware of it. For those people, quite closely woven interventions are needed in order to help and facilitate self-understanding and self-analysis by patients and clients themselves. The main purpose of this workshop is to learn effective ways of intervention, which cultivate field of the psychological processes.

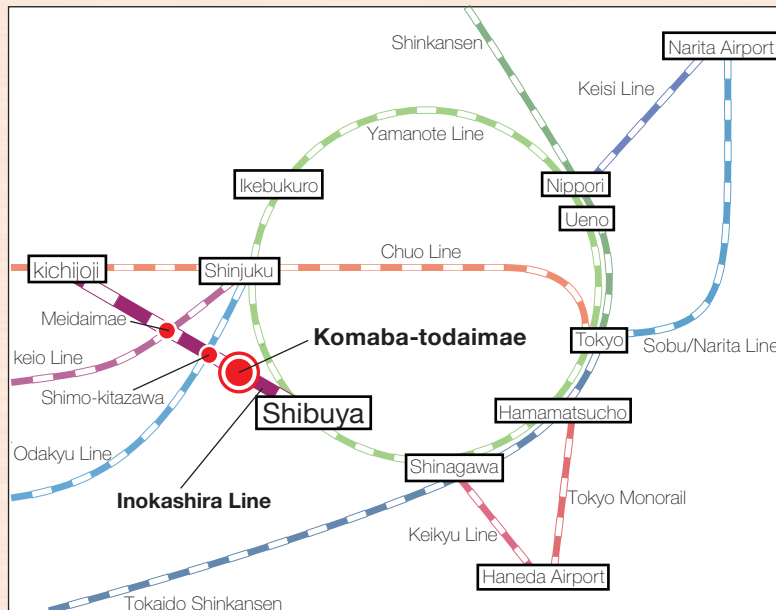
Aim:     1) Clarifying "Dynamical Analysis" of psychological process  
          2) Making a distinction between vertical and horizontal analysis  
          3) Understanding and Practicing; Psychoanalytic Usage of Differential and Integral Calculus

Workshop Style: Lecture and practice

Requirement: Preparing Case vignette including verbatim record on your own.

# Access Map

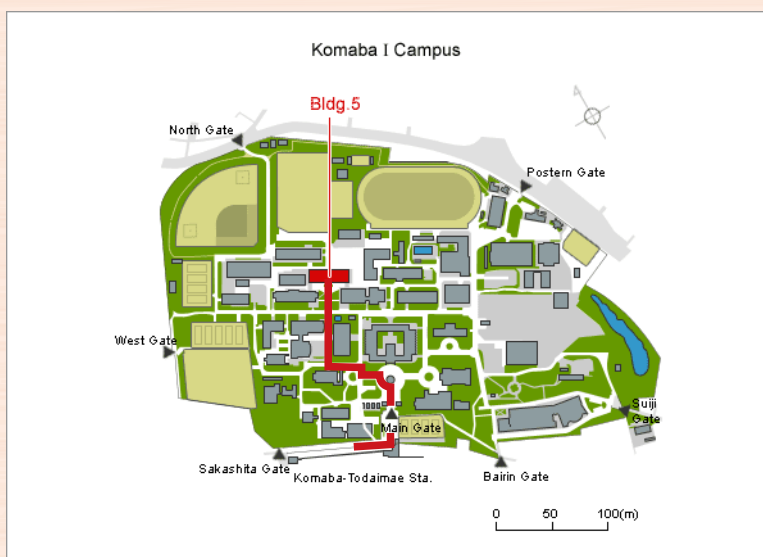
Venue: The University of Tokyo Bldg. 5, Komaba I Campus  
 (Inokashira Line, 1 minute walk from Komaba-Todaimae station)



## Guide to the Komaba-Todaimae station

Haneda Air Port-(Keikyuu Line)-Shinagawa-(Yamanote Line)-Shibuya-(Inokashira Line)-Komaba-Todaimae  
 Tokyo station.----(Chuo Line)--Shinjuku--(Yamanote Line)-Shibuya-(Inokashira Line)-Komaba-Todaimae  
 Narita Air Port------(Narita Express)-----Shibuya-(Inokashira Line)-Komaba-Todaimae  
 (Please take the "local" train for the access to the Komada-Todaimae station. Express trains do not stop at the Komaba-Todaimae station)

## Campus Map



The main gate of the University of Tokyo, Komaba I Campus is sighted right out of the Todai gate of the Komaba-Todaimae station.

## Registration Fee

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### Congress Program (19–20, September)

Member & Student .....	JPY 11,000
Non-Member .....	JPY 13,000

### Post-Congress Workshop (21, September)

Member & Student .....	JPY 8,000
Non-Member .....	JPY 10,000

### Reception Party (19, September) JPY 5,000

※ If you are a Member of IADP, please pay JPY 1,000 for the Annual fee.

Please fill out the enclosed application and receipt, and send to the headquarters office by mail or fax. Deadline of the registration is the 13, September. After that, please contact the headquarters office.

## Call for Case presentation

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The headquarters office is pleased to invite interested participants to submit Abstracts for Case Presentation for 19, September (14:30–16:00), and 20, September (14:00–15:30). We also welcome case studies as well as case presentation. Please fill out the mail address and check the case presentation of the application form and send to the headquarters office. We will send you the executive summaries for presentation by mail.

Dead line of the submission is the 10, August. The decision to accept a case presentation will be made by the headquarters and the corresponding author will be notified. We will send you the result of the selection result by 20, August.

## Headquarters office

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Institute of Psychoanalytic-Systems Psychotherapy

IADP Secretary General: Kazunori Hashimoto, M. A., CGP

Congress Secretary General: Yasuhiro Oka, M. A.

Address

3rd floor, Highland Bld.,

2-5-19, Higashiyama, Meguro-ku, Tokyo, Japan

Zip: 153-0043

TEL & FAX: +81-3-3791-1615

URL: <http://www.pas-ins.com/>