

62° Congresso Nazionale SIGG – 2017

Invecchiamento: SCENARIO 2.0

Napoli, 2 dicembre 2017

***Il Radio-223 Dicloruro nel Trattamento del
Carcinoma metastatico della Prostata***

Giorgio Annoni


Cattedra e Scuola di Specializzazione in Geriatria

Università degli Studi di Milano-Bicocca

S.C. Clinicizzata di Geriatria – Ospedale San Gerardo, ASST Monza


Prostate cancer: incidence

Estimated New Cases

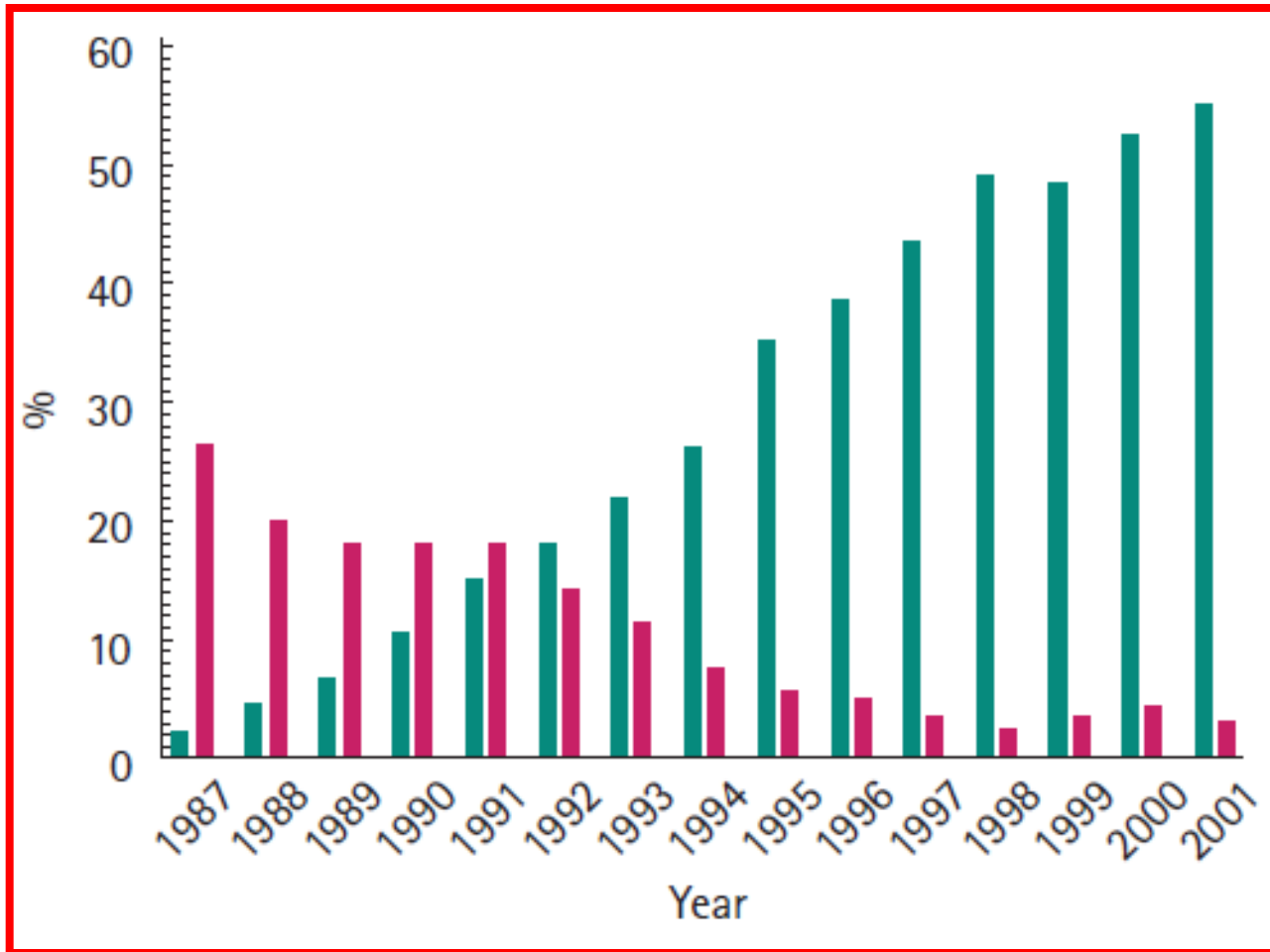
| | | | Males |
|--------------------------------|----------------|-------------|--|
| Prostate | 180,890 | 21% |  |
| Lung & bronchus | 117,920 | 14% | |
| Colon & rectum | 70,820 | 8% | |
| Urinary bladder | 58,950 | 7% | |
| Melanoma of the skin | 46,870 | 6% | |
| Non-Hodgkin lymphoma | 40,170 | 5% | |
| Kidney & renal pelvis | 39,650 | 5% | |
| Oral cavity & pharynx | 34,780 | 4% | |
| Leukemia | 34,090 | 4% | |
| Liver & intrahepatic bile duct | 28,410 | 3% | |
| All Sites | 841,390 | 100% | |

Prostate cancer: death rate

Estimated Deaths

| | | | Males |
|--------------------------------|----------------|-------------|--|
| Lung & bronchus | 85,920 | 27% |  |
| Prostate | 26,120 | 8% | |
| Colon & rectum | 26,020 | 8% | |
| Pancreas | 21,450 | 7% | |
| Liver & intrahepatic bile duct | 18,280 | 6% | |
| Leukemia | 14,130 | 4% | |
| Esophagus | 12,720 | 4% | |
| Urinary bladder | 11,820 | 4% | |
| Non-Hodgkin lymphoma | 11,520 | 4% | |
| Brain & other nervous system | 9,440 | 3% | |
| All Sites | 314,290 | 100% | |

PCa stage migration



■ T1c
■ T3

↓

T1c

PSA increase
No nodule
Bioptic detection

Lo scenario in Italia

Ogni anno vengono diagnosticati circa **36.000 nuovi casi di tumore della prostata**. E' la neoplasia più frequente tra gli uomini, rappresentando **oltre il 20% di tutti i tumori diagnosticati negli over 50**, ma anche quella caratterizzata da **elevata eterogeneità clinica**, comprendendo casi a bassa aggressività, circa il 30%, tali da essere candidabili ad un programma di sorveglianza attiva e forme clinicamente importanti.

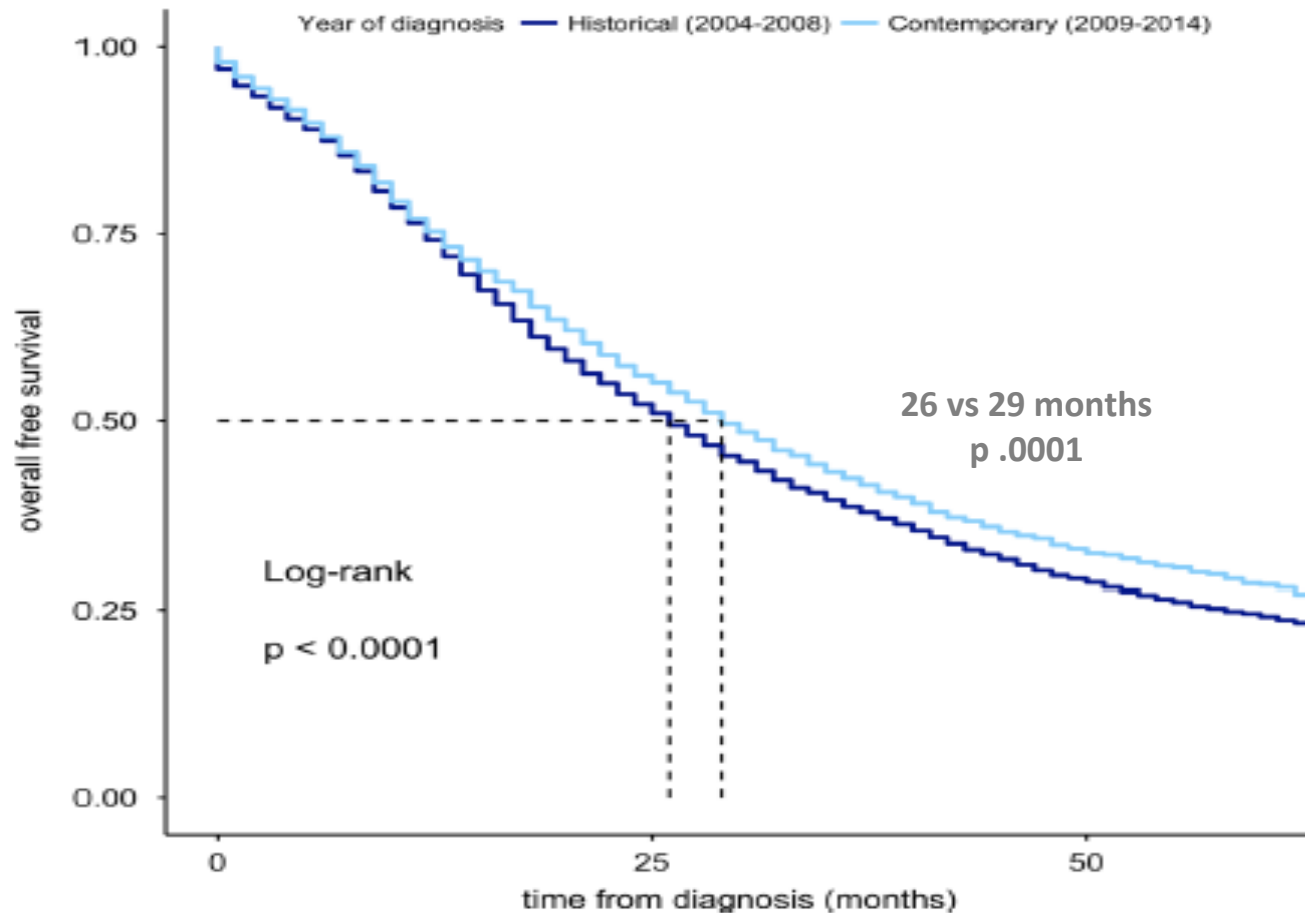
- DHT is the primary prostatic androgen and promotes the growth and survival of normal, hyperplastic and malignant prostate tissues →

- Historically, depleting or blocking the action of the androgens was the only therapeutic solution for patients with metastatic prostate cancer (mPCa);

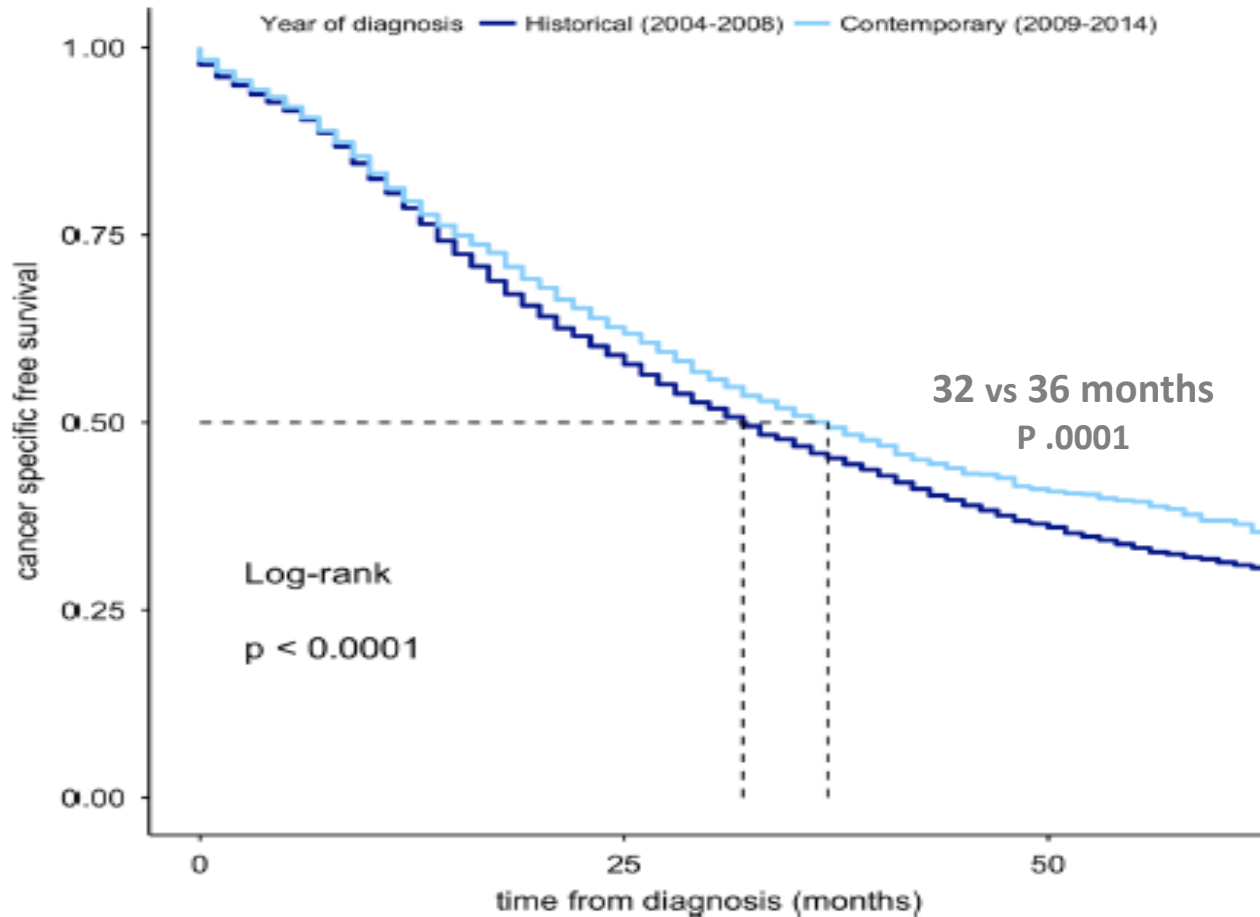
- Resistance to these therapies occurred in most patients, with the result that the median survival among patients with mCRPCa was approximately 3 years;

- Over the past decade five agents have been approved based on OS benefit in phase 3 trials. Specifically, these consist of docetaxel (2004), cabazitaxel (2010), sipuleucel-T (2010), abiraterone (2011) and enzalutamide (2012).

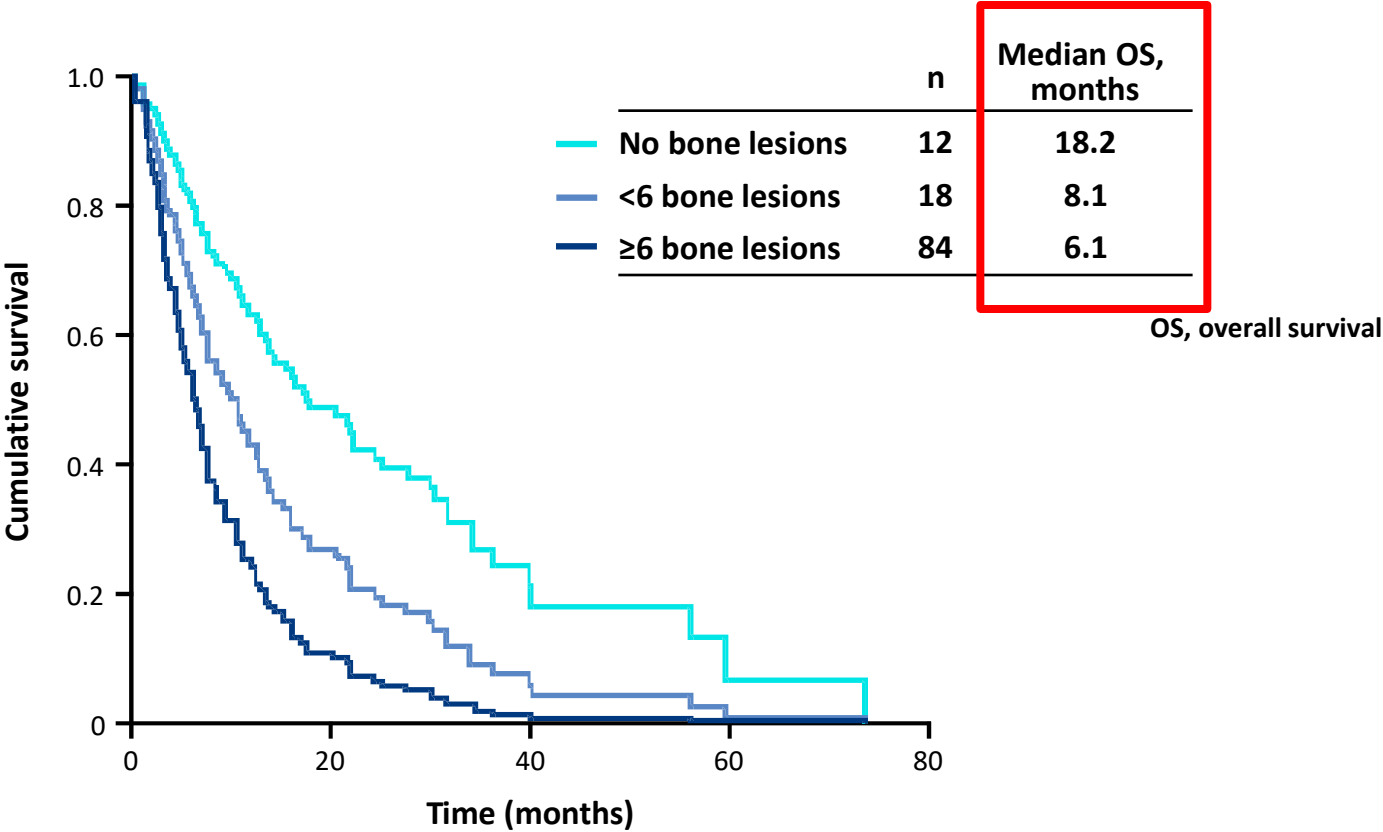
Overall survival of 8596 pts with mPC according to the period of diagnosis (2004-2008 vs 2009-2014) from the Surveillance Epidemiology and End Results database



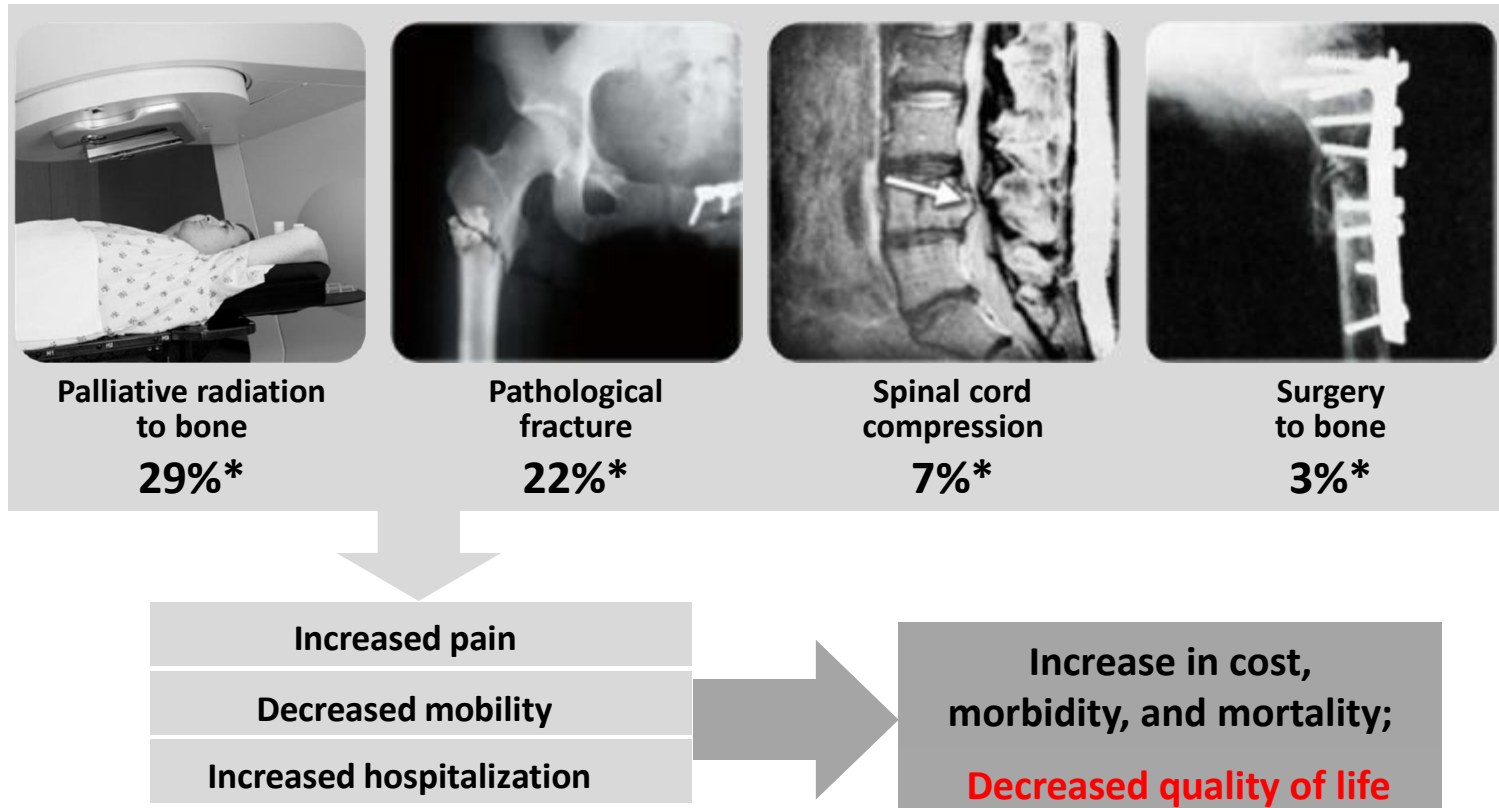
**CSM free survival of 8596 pts with mPC according to the period of diagnosis
(2004–2008 vs 2009–2014) from the **S**urveillance **E**pidemiology
and **E**nd Results database**



Extent of bone lesions is associated with increased mortality - CRPC



Clinical consequences of bone metastases above the excess of mortality



*data from the placebo arm of a randomized clinical trial; N=208

mCRPC medical treatment up to 2015

SYMPTOMATIC or MILDLY

ASYMPTOMATIC or MILDLY

Only bone M+

Visceral M+

No visceral M+

DOCETAXEL

Analgetic radiotherapy

Bisphosphonates, Denosumab

DOCETAXEL

DOCETAXEL

ENZALUTAMIDE

(ABI)

DOCETAXEL

ENZALUTAMIDE

ABIRATERONE

**RA-223 dichloride
(2015)**

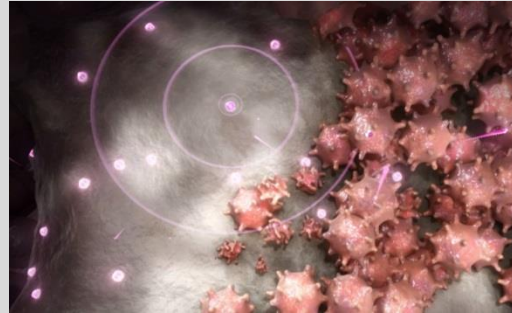
Radium-223 dichloride (Xofigo®): Mechanism of Action

Mimics Calcium



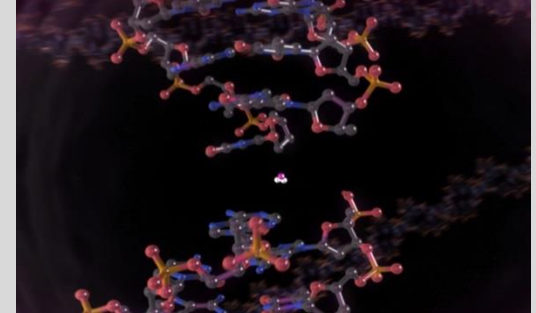
Xofigo **mimics calcium**, forming complexes with the bone **mineral hydroxyapatite at areas of increased bone turnover** such as bone metastases

Short Range



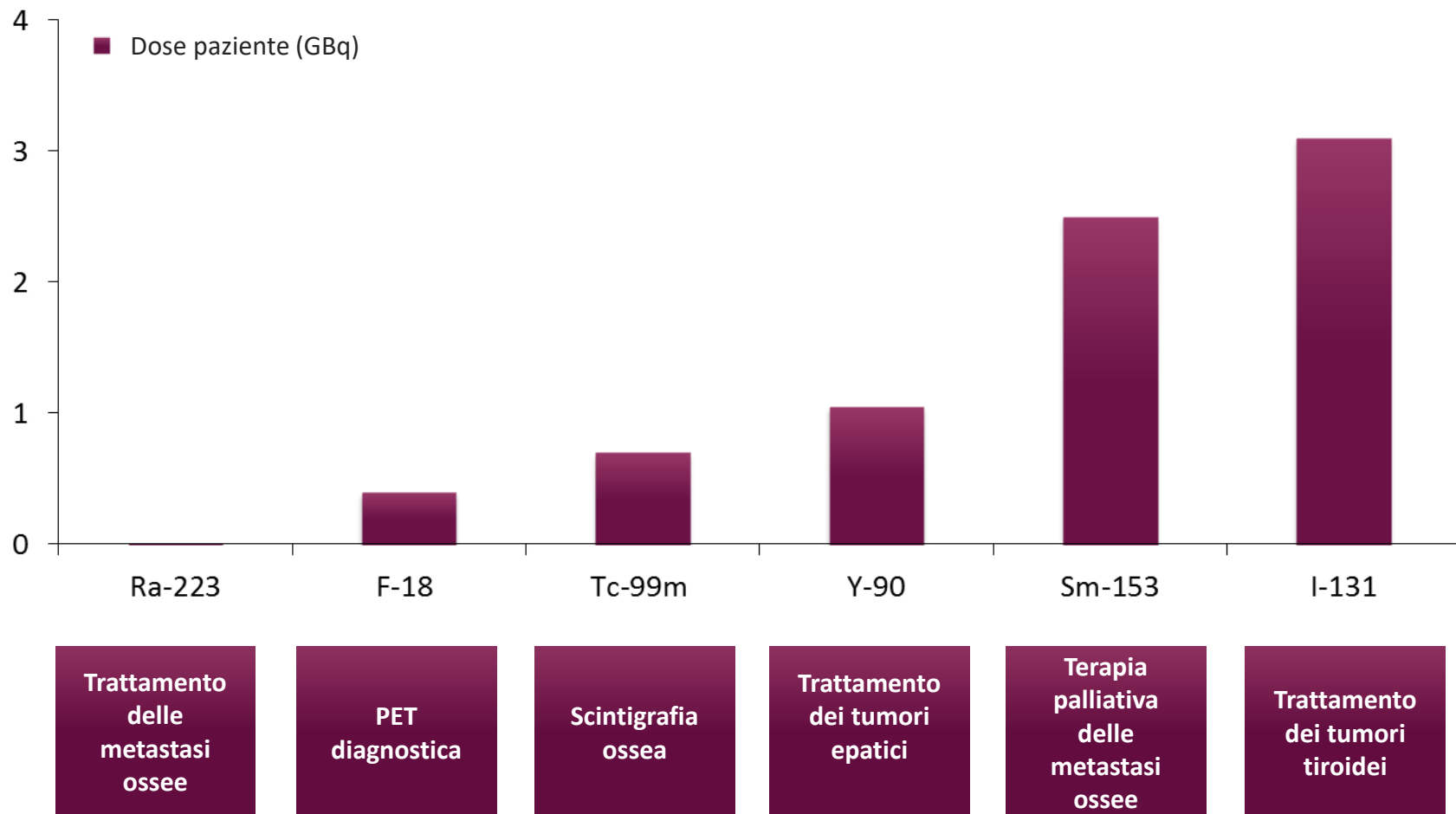
The **short range of alpha particles** emitted by Xofigo (<10 cell diameters) **limits damage to surrounding normal tissue (< 100 μm)**

High Linear Energy transfer



Xofigo emits **alpha particles** that **predominantly cause double-strand DNA breaks** in adjacent cells, resulting in an **antitumor effect on bone metastases**

Radio-223 emette una radioattività più bassa rispetto a quella di altri radiofarmaci di uso comune



Radio-223 viene somministrato in Medicina Nucleare

✓ 6 dosi ev ogni 28 giorni

Step
1

Calcolare la dose paziente

Step
2

Aspirare nella siringa

Step
3

Confermare l'attività corretta attraverso la misura nel calibratore

Step
4

Somministrare al paziente

Step
5

Misurare con il calibratore l'attività residua nella siringa



Soluzione fisiologica ev pre- e post-infusione di Ra-223

$$\text{Volume da iniettare (mL)} = \frac{\text{Peso corporeo (kg)} \times 55 \text{ kBq/kg di peso corporeo}}{\text{DK} \times 1100 \text{ kBq/mL}}$$

Esposizione di terzi

Radio-223 raggiunge immediatamente il bersaglio dopo la somministrazione endovenosa:

Circa il 60% dell'attività iniettata viene captata dall'osso entro 4 ore

L'escrezione avviene per lo più attraverso le feci

Circa il 75% viene escreto entro 1 settimana

L'escrezione urinaria è < 5%



Contaminazione e assorbimento dell'attività sono molto improbabili;

Per familiari e caregiver l'esposizione alle radiazioni è trascurabile;

Pazienti: limitazioni minime, misure di igiene standard.

Alpha Emitter Radium-223 and Survival in Metastatic Prostate Cancer

C. Parker, S. Nilsson, D. Heinrich, S.I. Helle, J.M. O'Sullivan, S.D. Fossá, A. Chodacki, P. Wiechno, J. Logue, M. Seke, A. Widmark, D.C. Johannessen, P. Hoskin, D. Bottomley, N.D. James, A. Solberg, I. Syndikus, J. Kliment, S. Wedel, S. Boehmer, M. Dall'Oglio, L. Franzén, R. Coleman, N.J. Vogelzang, C.G. O'Bryan-Tear, K. Staudacher, J. Garcia-Vargas, M. Shan, Ø.S. Bruland, and O. Sartor, for the ALSYMPCA Investigators*

6 injections
at 4-week intervals

Randomization
2:1

Radium 223 +
best standard of
care

Placebo + best
standard of care

Key inclusion criteria

- Confirmed symptomatic CRPC
- ≥ 2 bone metastases
- No known visceral metastases
- Post-docetaxel or unfit for docetaxel

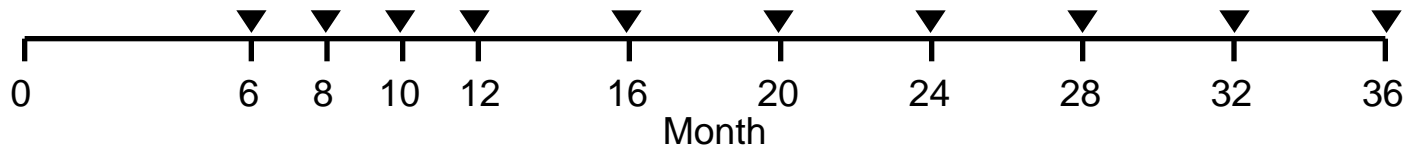
Stratification factors

- Total ALP < 220 U/L vs ≥ 220 U/L
- Bisphosphonate use (Yes vs No)
- Prior docetaxel (Yes vs No)

n=921
mCRPC

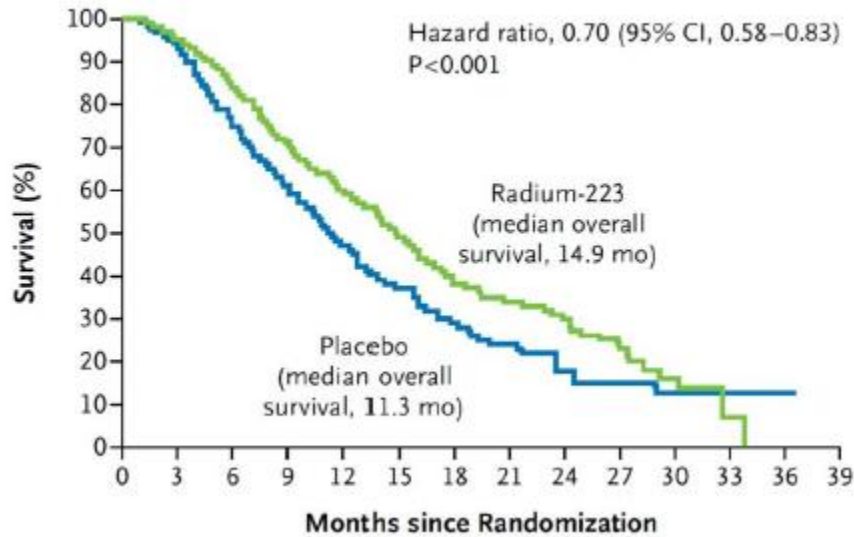


Assessments



Primary endpoint: overall survival

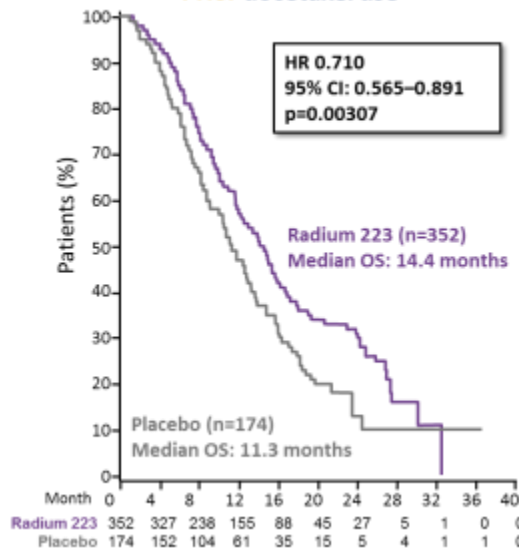
A Overall Survival



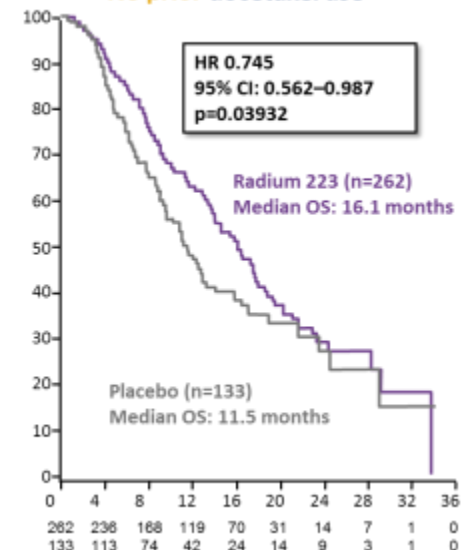
**Riduzione del 30%
del rischio di morte**

**Efficacia sia pre- che
post-docetaxel**

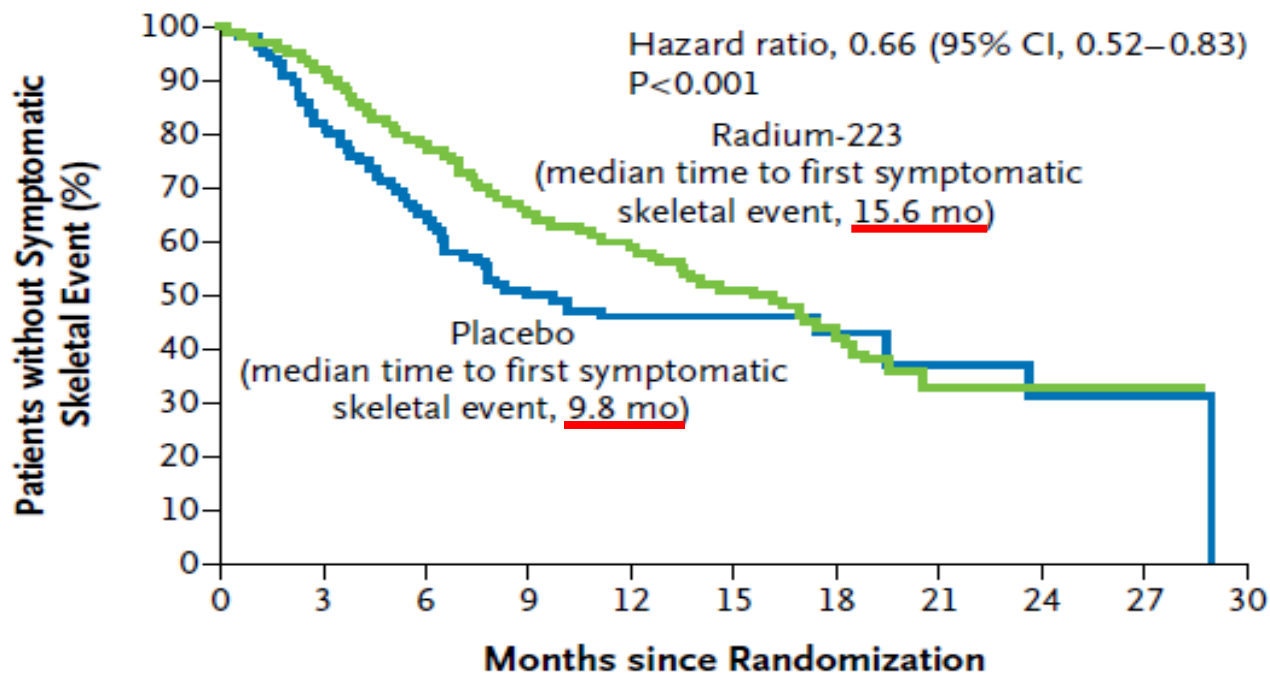
Prior docetaxel use



No prior docetaxel use



Kaplan–Meier Estimates of the Time to the First Symptomatic Skeletal Event (secondary endpoint)



No. at Risk

| | | | | | | | | | | | |
|------------|-----|-----|-----|-----|-----|----|----|---|---|---|---|
| Radium-223 | 614 | 496 | 342 | 199 | 129 | 63 | 31 | 8 | 8 | 1 | 0 |
| Placebo | 307 | 211 | 117 | 56 | 36 | 20 | 9 | 7 | 4 | 1 | 0 |

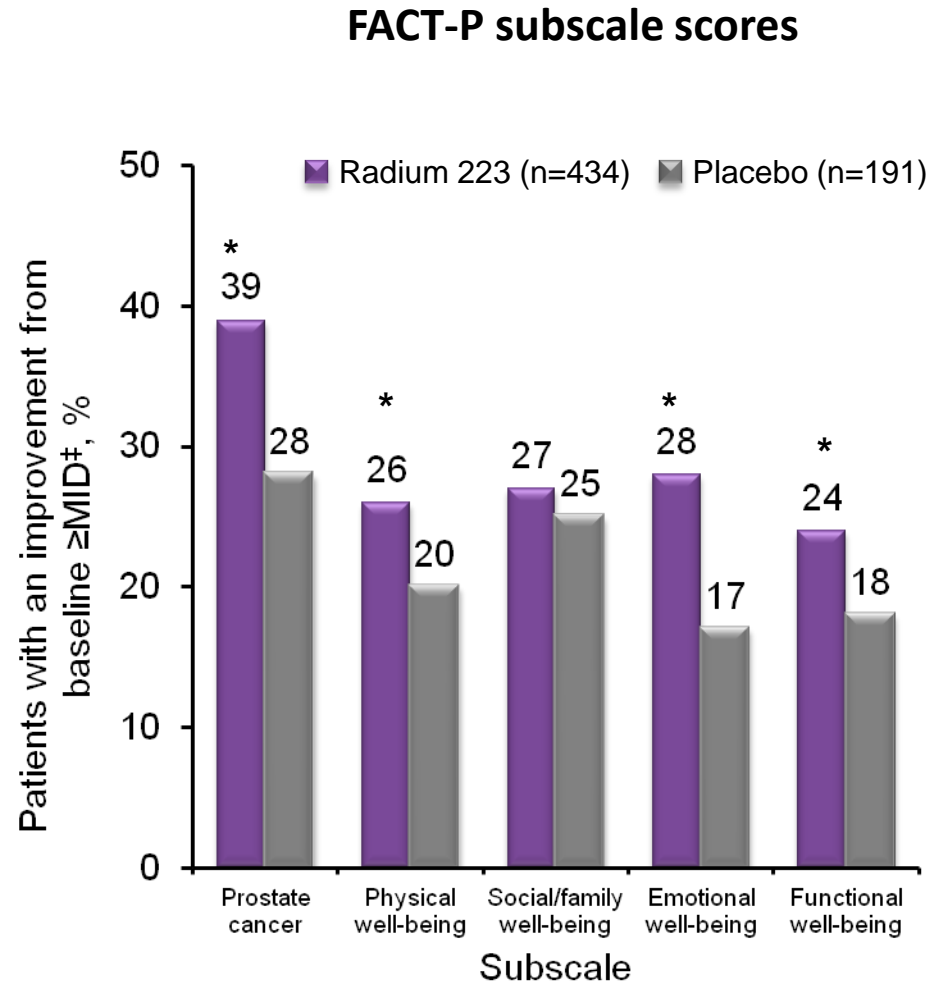
Main Secondary Efficacy End Points

| End Point | Radium-223 (N=614) | Placebo (N=307) | Hazard Ratio (95% CI) | P Value |
|--|-----------------------|--------------------|--------------------------|---------|
| Median time to first symptomatic skeletal event — mo | 15.6 | 9.8 | 0.66 (0.52–0.83) | <0.001 |
| Median time to increase in total alkaline phosphatase level — mo | 7.4 | 3.8 | 0.17 (0.13–0.22) | <0.001 |
| Patients with ≥30% reduction in total alkaline phosphatase response — no. /total no. (%) | 233/497 (47) | 7/211 (3) | | <0.001 |
| Patients with normalization of total alkaline phosphatase level — no./total no. (%)* | 109/321 (34) | 2/140 (1) | | <0.001 |

* Only patients who had elevated total alkaline phosphatase levels at baseline are included.

ALSYMPCA: Quality of Life

- Radium-223 significantly improved the QoL response rate vs placebo (27% vs 18%, respectively; $P < 0.05$);
- Radium-223 preserved QoL significantly better than placebo, based on FACT-P total score ($P = 0.006$);
- Radium-223 improved pain-related quality of life, and reduced the incidence of bone pain as an adverse event.



* $p < 0.05$; FACT-P, Functional Assessment of Cancer Therapy-Prostate
Parker C et al. ESMO 2012 Poster presentation 898PD.

Phase 3 ALSYMPCA: adverse events

| | All Grades | | Grades 3 or 4 | |
|---------------------------|-----------------------|--------------------|------------------------|------------------------|
| | Radium 223 (n=600) | Placebo (n=301) | Radium 223 (n=600) | Placebo (n=301) |
| HAEMATOLOGICAL | | | | |
| Anaemia | 187 (31) | 92 (31) | 77 (13) | 40 (13) |
| Neutropenia | 30 (5) | 3 (1) | 13 (2) 1./500 | 2 (1)<500 |
| Thrombocytopenia | 69 (12) | 17 (6) | 3 (6)50./25.000 | 6 (2)<25.000 |
| NON-HAEMATOLOGICAL | | | | |
| Bone pain | 300 (50) | 187 (62) | 125 (21) | 77 (26) |
| Diarrhoea | 151 (25) | 45 (15) | 9 (2) | 5 (2) |
| Nausea | 213 (36) | 104 (35) | 10 (2) | 5 (2) |
| Vomiting | 111 (19) | 41 (14) | 10 (2) | 7 (2) |
| Constipation | 108 (18) | 64 (21) | 6 (1) | 4 (1) |

Data are n (%)

Safety a 3 anni dall'ultima somministrazione del farmaco: punti chiave

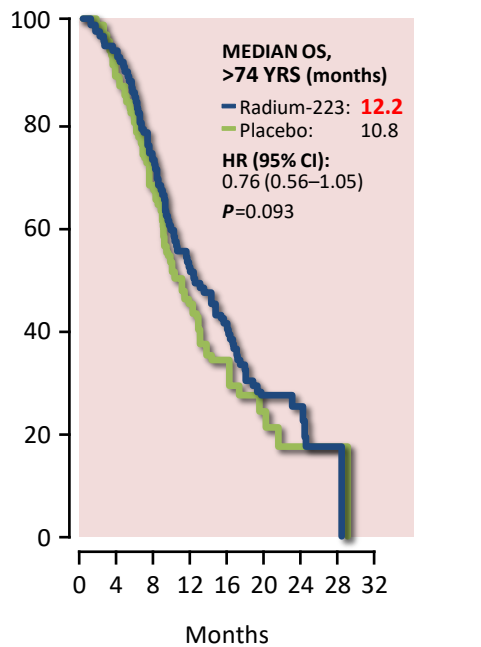
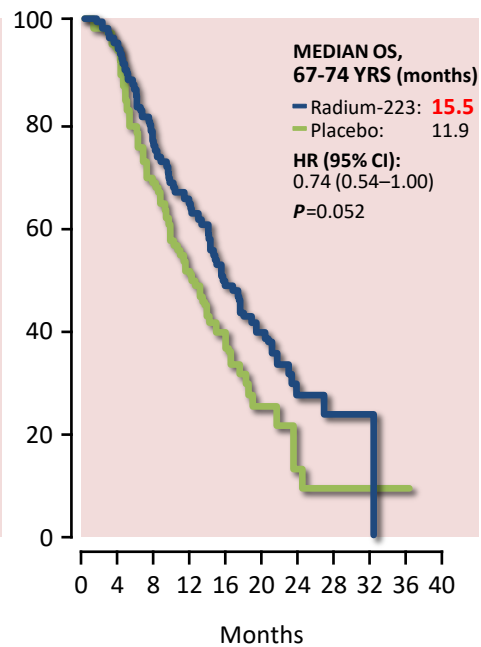
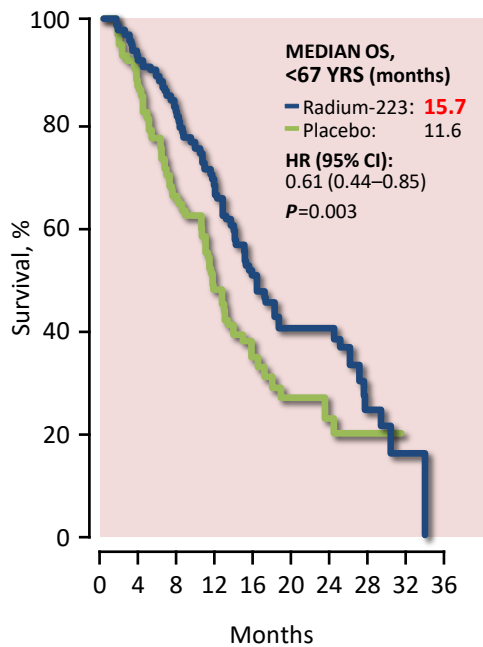


I risultati del follow-up di sicurezza a lungo termine **non hanno evidenziato nuovi problemi di sicurezza** ed in particolare:

- **L'incidenza della mielosoppressione** nei trattati con Ra-223 è **rimasta stabile** durante l'intero periodo di follow-up;
- Non sono occorsi, sempre nei trattati, **eventi di AML, MDS o tumore osseo primario**;
- Al termine del follow-up (totale 42 mesi) **erano in vita il 14% dei pazienti trattati con Ra-223 ed il 7% di quelli con placebo.**

Overall Survival Ra-223 vs Placebo in All Age Groups

ALSYMPCA ITT population (921 patients) Radium-223 significantly improved OS compared to placebo: median, 14.9 months vs. 11.3 months; HR=0.70, 95% CI, 0.58 to 0.83; P<0.001



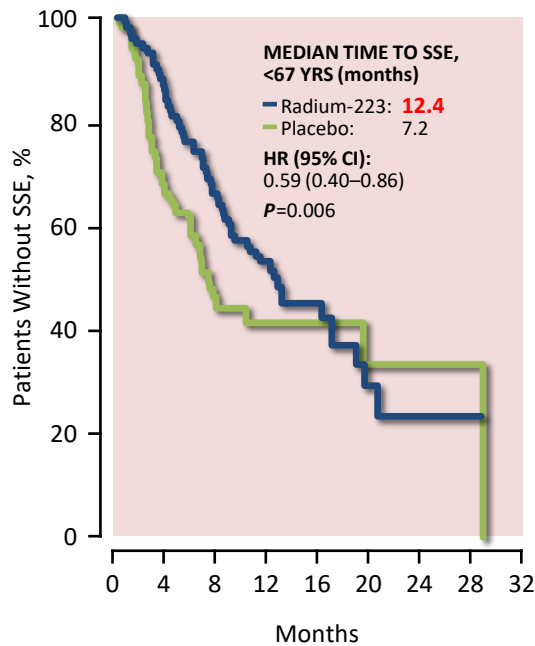
| | | | | | | | | | | |
|-----------------|-----|-----|-----|----|----|----|----|---|---|---|
| - Ra-223 | 200 | 181 | 142 | 97 | 54 | 22 | 20 | 7 | 1 | 0 |
| - PBO | 97 | 82 | 56 | 34 | 20 | 12 | 7 | 3 | 0 | 0 |

| | | | | | | | | | | | |
|-----------------|-----|-----|-----|-----|----|----|----|---|---|---|---|
| - Ra-223 | 215 | 198 | 139 | 104 | 59 | 35 | 12 | 4 | 1 | 0 | 0 |
| - PBO | 109 | 97 | 66 | 40 | 24 | 10 | 3 | 2 | 2 | 1 | 0 |

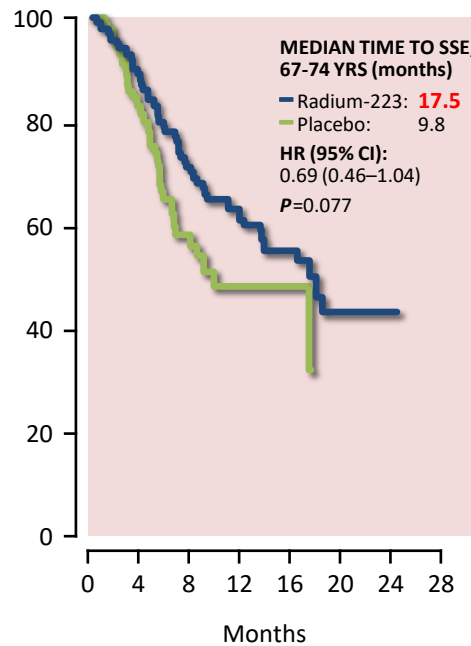
| | | | | | | | | | |
|-----------------|-----|-----|-----|----|----|----|---|---|---|
| - Ra-223 | 199 | 184 | 125 | 76 | 45 | 19 | 9 | 1 | 0 |
| - PBO | 101 | 86 | 56 | 30 | 15 | 7 | 4 | 2 | 0 |

Time to First Symptomatic Skeletal Event Ra-223 vs Placebo in All Age Groups

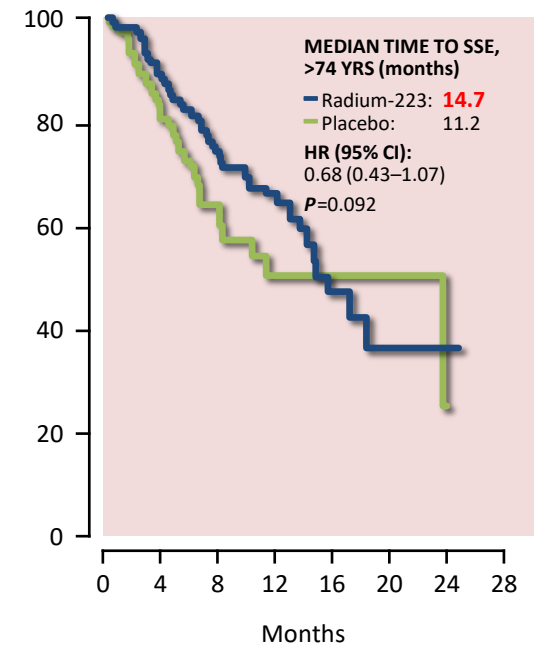
ALSYMPCA ITT population (921 patients) Radium-223 prolonged the time to the first SSE:
 median, 15.6 months vs. 9.8 months; HR=0.66, 95% CI, 0.52 to 0.83; P<0.001



| | | | | | | | | | |
|----------|-----|-----|----|----|----|---|---|---|---|
| — Ra-223 | 200 | 141 | 78 | 40 | 14 | 7 | 4 | 1 | 0 |
| — PBO | 97 | 49 | 22 | 14 | 9 | 4 | 4 | 1 | 0 |

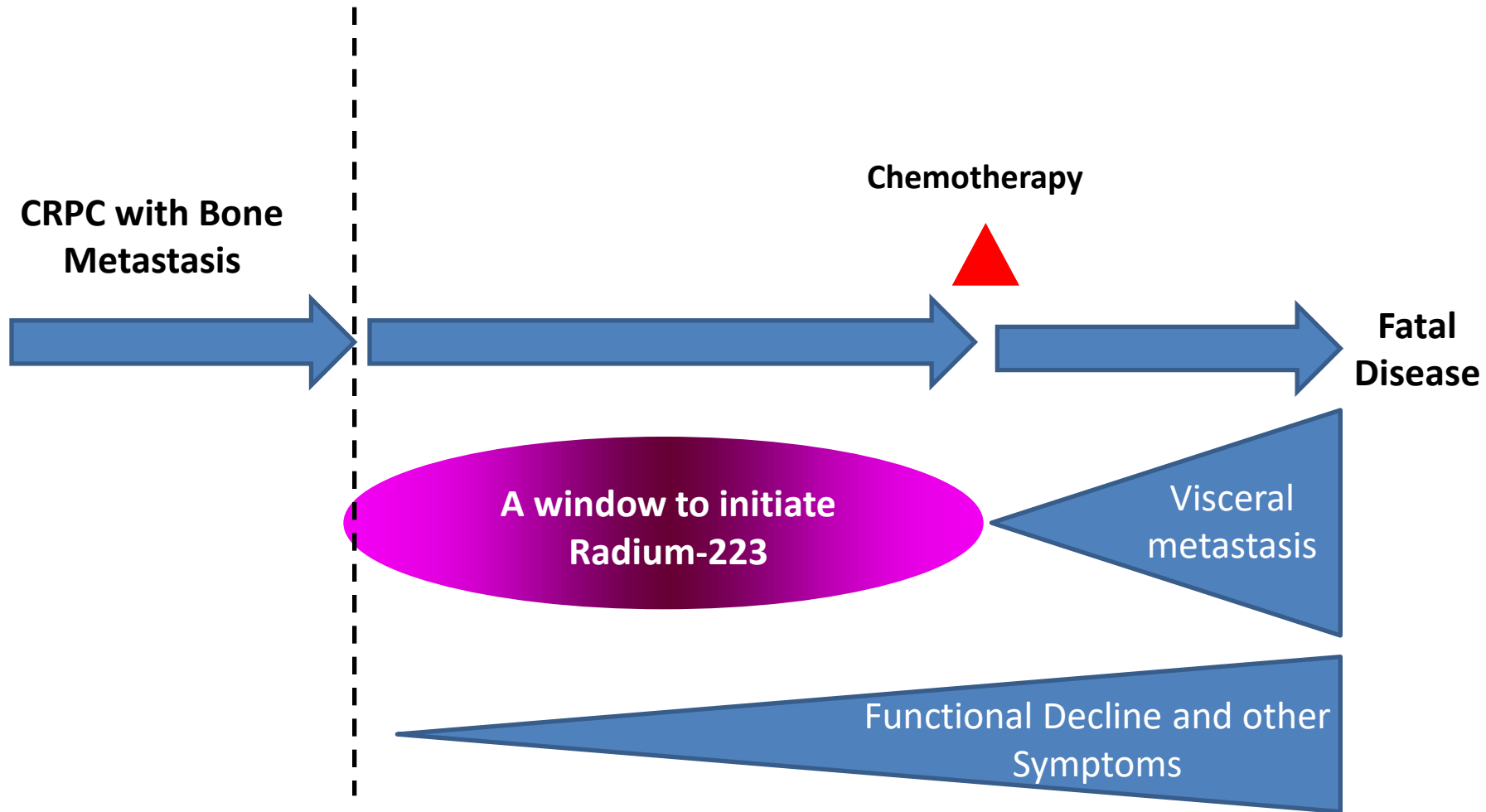


| | | | | | | | | |
|---|-----|-----|----|----|----|---|---|---|
| — | 215 | 158 | 89 | 56 | 27 | 8 | 2 | 0 |
| — | 109 | 66 | 23 | 10 | 7 | 0 | 0 | 0 |



| | | | | | | | | |
|---|-----|-----|----|----|----|---|---|---|
| — | 199 | 141 | 68 | 33 | 14 | 5 | 2 | 0 |
| — | 101 | 59 | 25 | 12 | 3 | 3 | 0 | 0 |

Radium-223: Patient Selection



Ryan et al N Engl J Med 2013;368:138-48

Beer et al N Engl J Med. 2014 Jul 31;371(5):424-33

Pezaro et al Eur Urol 2014

Ra-223: Take Home Messages

- **Meccanismo d'azione non sovrapponibile con altri farmaci;**
- **Consente il successivo impiego di chemioterapia;**
- **E' efficace:**
 - **Incremento della sopravvivenza**
 - **Riduce gli eventi scheletrici**
 - **Contiene il dolore**
- **E' ben tollerato;**
- **Non presenta tossicità importanti:**
 - **In pazienti > 70 anni, in cui possono coesistere squilibri elettrolitici, disturbi cardiocircolatori, disidratazione**
 - **In pazienti con PS scaduto**
 - **In pazienti con insufficienza renale o insufficienza epatica.**

Centri con Nulla Osta in Italia

(21-11-2017)



- **85 Centri con Nulla Osta per Ra223**
- **70 centri hanno trattato pazienti**
- **Circa 1200 pazienti trattati**

