



Illinois

INCITE

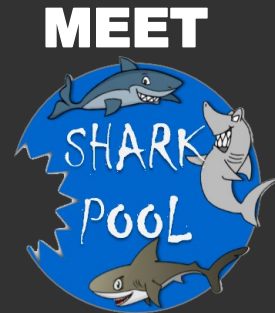


Curriculum
Revitalization
career & technical education

www.ilcte.org

- Illinois Career and Technical Education Newsletter -

May 2016 Issue



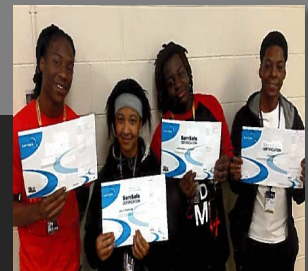
MEET
CONTEST WINNER
Seth Pharris
NORTH MAC HIGH SCHOOL



Career 911—Free Healthcare Career Exploration Course Available On Demand



Morris Community High School



Thornton Twnshp HS

Spotlight on Schools



Textiles & Design Courses and Project Presentation Recap



Eastern Illinois EFE 340



Illinois

INCiTE



Curriculum
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Curriculum
 Revitalization
 career & technical education

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Welcome to INCiTE

Rod McQuality, CR Project Coordinator
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Welcome to the May issue of Illinois InCiTE!

The Curriculum Revitalization Project

will be suspending Professional Development activities as of June 30, 2016. Professional Development will resume upon identification of a new grant recipient.

Curriculum resource development will continue and can still be accessed via of www.ilcte.org and MYcaert.com.

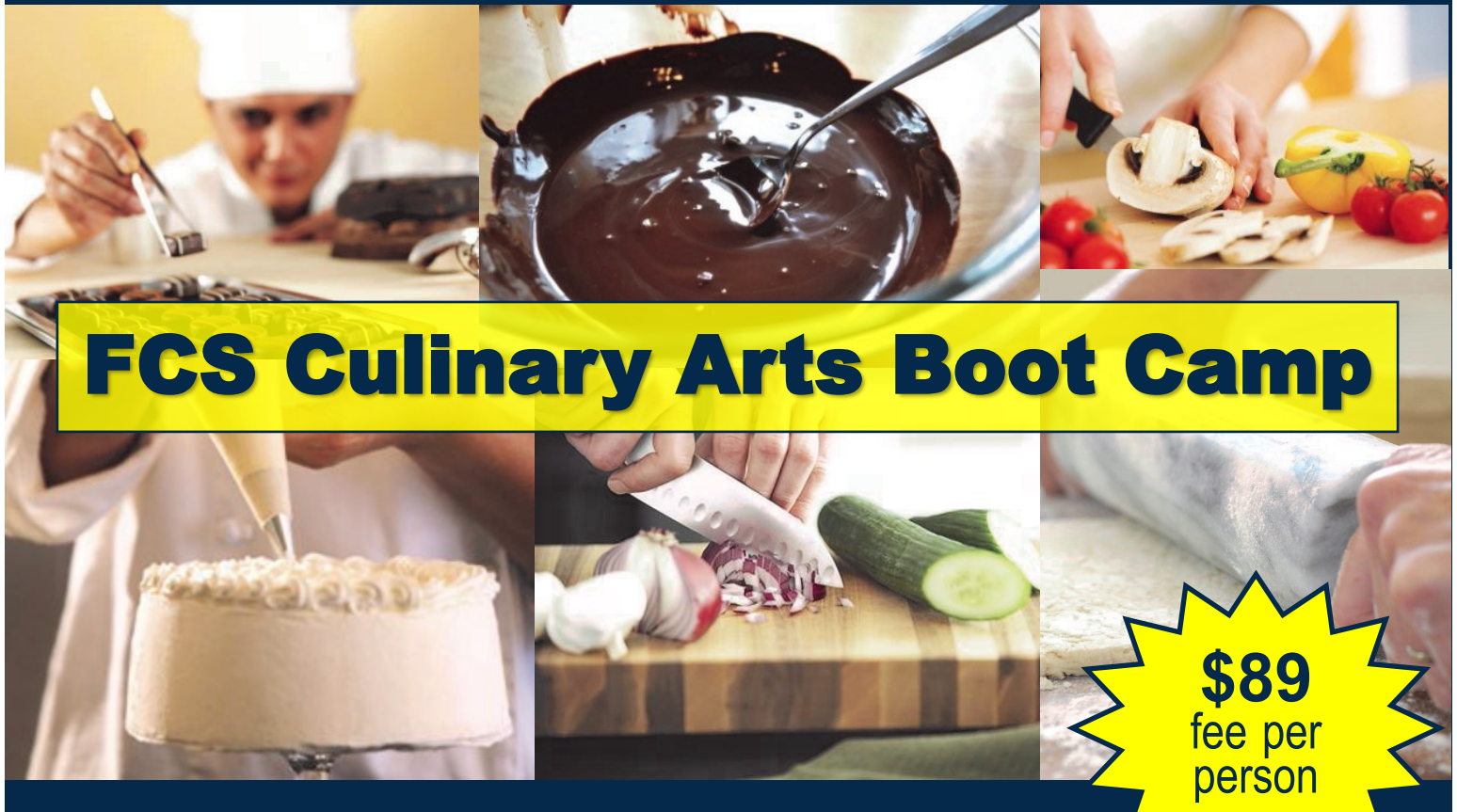
All scheduled professional development in May and June 2016 will proceed as scheduled—including:

**Summer Academy 2016 (Springfield & Addison),
Counselor Academy (Springfield & Addison),
Geometry in Construction, 3D Printing and CNC Build Workshops
and the FACS MYcaert Deep Dives (Carterville & Springfield).**

We look forward to seeing many of you
at these upcoming sessions.

HAVE A GREAT SUMMER EVERYONE!

Rod McQuality
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FCS Culinary Arts Boot Camp

\$89
fee per
person

SAVE THE DATE

Friday July 15, 2016

8:00 am — 4:30 pm

Lincoln Land
Community College
*Workforce Careers
Center*

5250 Shepherd Rd.
Springfield, IL 62794-9256

Questions?

Contact Jolene Adams at
217-786-2355 or
Jolene.Adams@llcc.edu

Enhance your skills and enjoy
a day in the Culinary labs at LLCC!

2 SESSIONS TO CHOOSE FROM:

Food Production Topics —

Ethnic Food Combinations, Single Serving Dishes,
Utilizing Herbs & Spices, Smoothies, Food Styling &
Plating Techniques, Molecular Gastronomy for the
Classroom

Baking and Pastry Topics —

Crepes , Versatile Crepe Fillings, Savory Baking with
Herbs & Spices, Ice Cream in the Classroom,
Dessert Sauces, Cupcake Bake-Off, Profiteroles,
Sweet, Savory & Frozen varieties

To Register:

Call 217-786-2292 (LLCC Registration)

Choose only 1 session & request the class code:

CEW504-01 for Foods -OR- **CEW 504-03** for Baking

Space is limited. Register ASAP.

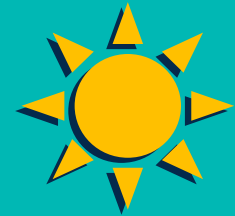
2016

SUMMER ACADEMY

Sponsored by: Curriculum Revitalization Project
Visit www.ilcte.org for more information.

JUNE 21 - 23 • SPRINGFIELD, IL | JUNE 27 - 29 • ADDISON, IL

Many breakout sessions throughout the 3-day event, presenting attendees with effective use of technology in the classroom and the latest instructional “tools” for the CTE teacher.



TWO LOCATIONS • REPEATED SESSIONS IN SPRINGFIELD AND ADDISON

Featured Presenters

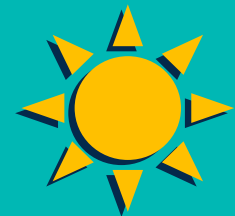
Brian Mendler | National speaker from New York
Working with Difficult Students in the Classroom

Dr. Erin Mason | DePaul University professor
Apps for the Classroom Teacher

(3) COLLEGE CREDIT HOURS AVAILABLE FOR BRIAN MENDLER • \$62 PER CREDIT HOUR

COST: \$75 • EARN: 24 PDU's (8/day)

***Delicious luncheons provided at each location*



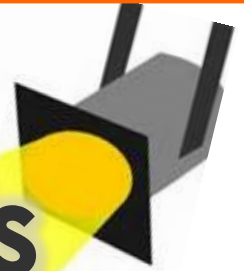
JUNE 21-23 • IEA - PROFESSIONAL DEVELOPMENT OFFICE • SPRINGFIELD, IL

JUNE 27-29 • TECHNOLOGY CENTER OF DUPAGE (TCD) • ADDISON, IL

REGISTER HERE: <http://goo.gl/forms/WuxFMdCOmN>



Spotlight on Schools



Eastern Illinois EFE 340

Regional Health Occupations Program

Written by: Laura Sullivan, Assistant Director

Approximately 250 parents, students and family members joined the Eastern Illinois Education for Employment System (EIEFES) 340's Health Occupations Celebration on Tues April 26, 2016.

This year marked the program's 35th Anniversary of classes at Sarah Bush Lincoln Health Center in Mattoon. Forty students from seven area high schools graduated from the program and received certificates of completion. Students who successfully complete this year-long course are eligible to take the Basic Nurse Assistant Competency Exam.



The program started during the 1980-81 school year with 25 students from Mattoon and Charleston High Schools. It was formed in cooperation with Sarah Bush Lincoln Health Center in Mattoon to address the continued need to recruit students into healthcare, introduce them to healthcare providers, and share employment opportunities in the local community. Due to the success of the program, it quickly grew and expanded into three additional community sites: Paris Community Hospital, Shelbyville Manor Nursing Home and HSHS St. Anthony Memorial Hospital. In addition to the 40 students at Sara Bush Lincoln, the program has 110 additional students from 20 area high schools completing the course at these three sites this year.

Joining the Celebration was the first instructor of the approved program, Marcia White, who was highly responsible for developing the curriculum for the program 35 years ago and creating the strong relationships with many of the hospital departments at Sarah Bush Lincoln Health Center. Many of her students can be seen in various departments at Sarah Bush Lincoln and throughout the region. Susan Hanfland, former EFE 340 System Director, also attended and was very instrumental in keeping the program strong and growing the program into three additional hospitals in the area. Tim Ols, Sarah Bush President, was a guest speaker at the Student Celebration. He did an excellent job expressing his gratitude for these students.



Back Row (L to R): Margaret Blair (Current Instructor), Tim Ols (President, Sarah Bush Lincoln Health Center), & Gary Philippi (EIEFES 340 Director)

Front Row (L to R): Marcia White (1st Program Instructor) & Susan Hanfland (Retired EIEFES 340)

The Eastern Illinois Education for Employment System is a consortium of 26 school districts. They conduct the Regional Health Occupations programs at Sarah Bush Lincoln Health Center, Paris Community Hospital, Shelbyville Manor Nursing Home, and HSHS St. Anthony Memorial Hospital. Their administrative office is located in Mattoon, Illinois.

INCiTE

Spotlight on Schools



Eastern Illinois EFE 340

“You don’t know it, but you’ve spent time at Hogwarts....the cafeteria, it’s not quite the same and we don’t have owls that bring you messages, but all of you have spent a good deal of time here and you tried on a bunch of different sorting hats.... So which house did you end up in? Are you the person that is selected for the House of Nursing, selected for the House of Med School, or selected for the House of Physical/Occupational Therapy? Maybe you were sorted and said, ‘you know, this really isn’t for me....’”

— Tim Ols, President of Sarah Bush Lincoln Health Center in Mattoon

Laura Sullivan

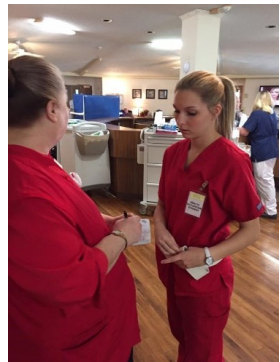
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 1617 Lakeland Blvd.
 Mattoon, IL 61938
 (217) 258-6CTE | sullivan@eiefes.k12.il.us
www.eiefes.k12.il.us
["Like" us on Facebook](#)



Students & Teachers from HSHS St. Anthony’s Memorial Hospital, Effingham at IACTE Legislative Day, Illinois State Capitol, Springfield – April 19, 2016



Shaving Day at St. Anthony’s Memorial Hospital, Effingham October 9, 2015



Clinical Rotations at Shelbyville Manor Nursing Home December 2015



Deer Heart Dissection Day at Sarah Bush Lincoln Health Center, Mattoon – December 2015



CPR Training Day at Sarah Bush Lincoln Health Center, Mattoon – October 14, 2015

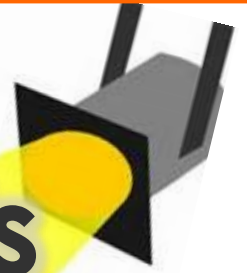


Paris Community Hospital Students Learning & Having Fun 2015/2016 School Year





Spotlight on Schools



Morris Community High School

Morris Community High School's Industrial Tech. Students Get Creative

The Setting

Morris Community High School's Industrial Technology program is striving to teach students the values and skills needed to complete in today's workforce and or be ready for post-secondary education. We are always looking for collaborative projects with organizations outside of the school setting. These collaborations help create a setting where the student will analyze and determine appropriate steps, brainstorm for possible outcomes, evaluate and adjust for unforeseen

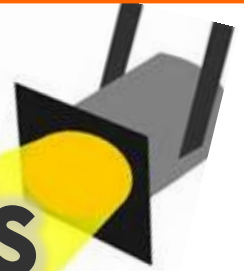
problems, and then create the product.

One of the current collaborative projects is with Opendesk (www.opendesk.cc). Opendesk, located in the United Kingdom, has a global network of makers and a collection of furniture by a range of international designers. Because that furniture is designed for digital fabrication, it can be downloaded as a digital file and made locally — on demand, anywhere in the world. It is an initiative to produce furniture on the principles of Open Making. Designs are released under Creative Commons licenses. One of Opendesk's goals is to eliminate or greatly reduce the cost of shipping complete products in favor of local fabrication. They have generously let us download six of their flat pack furniture designs at no cost.





Spotlight on Schools



Morris Community High School

The Product

The student picks a design and opens it in AutoCAD to make changes to the design based on available equipment, tooling, and materials. All three of these categories impact the design. Equipment, do we have all of the necessary equipment needed for chip removal, joining techniques, surface preparation, and finishing to produce the product. Tooling, what is the current tooling selection and will it meet the needs of the current design. If not, how does the design need to be changed to accommodate the tooling we have.

Example, how will we cut square, inside corners with our round CNC tooling? Materials, what materials would be best for the design so the product is structurally stable and esthetically pleasing to the eye, and can be cut with our current equipment and tooling.

After making all the necessary changes to the



original geometry, the student adds his or her own original geometry to the drawing. The students will engrave a logo, a saying, their name, something original or any combination of the afore mentions items that they want to put on the product. Then the geometry is imported into Mastercam and check for problems. If any problems are located using the Analyze tool, they are fixed. The geometry is then toolpathed in Mastercam using the proper tools, feeds and speeds, and offsets.

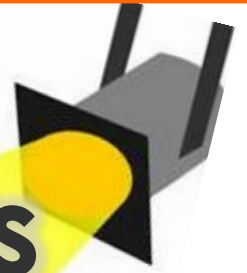
The Blog

The last step is to prepare the surface of the parts to receive a finish of their choosing. Once the projects are done, the students and I will write a blog for Opendesk to post on their website along with photos of the projects in various stages of development.





Spotlight on Schools



Thornton Township High School

Benefits of Industry Culinary Certifications for Students

Mynda Tracy and Teresa Houston are teachers at Thornton Township High School, located in Harvey, Illinois. Over the last two years, they have worked to incorporate industry certifications into their FCS classes.

Recently, they presented at the Connections Conference in St. Charles, Illinois. Their presentation entitled, *How to Certify Student's with Industry Culinary Certifications*, informed Illinois Family and Consumer Sciences teachers how to incorporate the ServSafe Food Handlers and Manager's Certifications, the Illinois Department of Public Health Food Safety Sanitation Manager's Certification and the Chicago Department of Public Health Manager's Certification into high school culinary classes. The pair focused on the benefits of the certification and the obstacles they overcame to make this successful in their school district.



Why are industry certifications beneficial?

Student Benefits:

Providing industry certifications to high school students prepares them to be college and career-ready, as well as, graduate high school with their diploma plus a certification. High school students that have a post-secondary plan of entering the work force are prepared to step into managerial roles within the food service industry. Students with these certifications are more likely to be hired. Students also have the ability to receive dual credit, saving the student time and money. If a high school student plans to attend a two or four year university and not study in the culinary field, the student can still acquire a job in the food service industry, often earning them higher wages.

Program Benefits:

Adding industry certifications to your FCS programs brings validity, increased value and grant funding. As administrators determine the importance of programs and allocation of funds, it is imperative that curriculum be aligned with the College and Career Readiness Standards. Offering these certifications meets the requirement of both college ready and career ready, adding worth and legitimacy to your program. Additionally, offering these certifications meets the requirements for receiving Perkins and CTEI funding.

INCiTE

Spotlight on Schools



Thornton Township High School

Contact Information

Recently, Mynda and Teresa started traveling state-wide to train FCS staff as ServSafe/IDPH Instructor/Proctors, and have helped incorporate these certifications into their culinary curriculum.

If you are interested in bringing these opportunities to your district, county or region, contact:

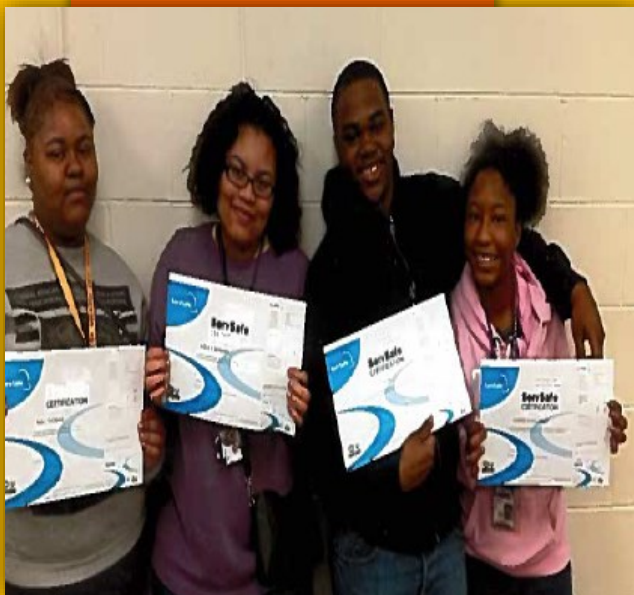
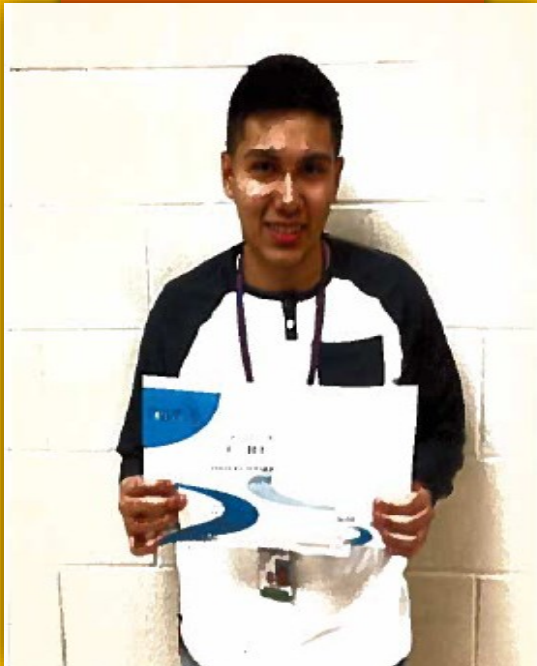
Mynda Tracy

tracy.mynda@gmail.com | (312) 998-1322

Teresa Houston

thouston14@gmail.com | (847) 989-7518

Set up your training today!





Recently, the Curriculum Revitalization Project staff had the opportunity to pay a visit to Mrs. Abbi Barton's Law & Marketing Class at NorthMac High School in Virden, IL in appreciation of their entries into the Shark Pool Contest.

NorthMac has offered this two semester course for the last six years. The class resulted from combining two single semester courses, Business Law and Marketing. The course introduces students to the basic business principles and practices, mainly focusing on management, business law, and marketing.

Topics include contracts, the legal system, employee-employer relationships, buying and selling goods, real and personal property, wills and estate planning, product liability and warranties, debtor and creditor rights, and bankruptcy.

Much of the marketing aspect of the class focuses on marketing as it relates to sports and entertainment. Although the students said they enjoy all aspects of the class, most said that it is the marketing aspect of the class that is the most fun.

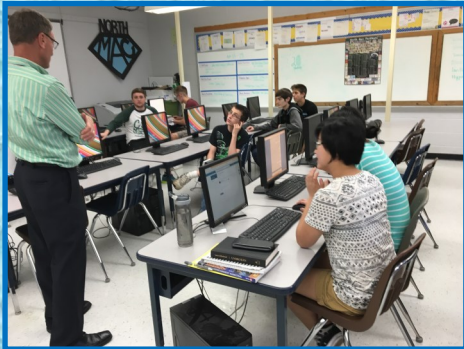
Mrs. Barton's students submitted several entries in the **Shark Pool Contest**, co-sponsored by the Illinois Business Education Association and the Curriculum Revitalization Project.

One of the entries submitted was the winning entry, submitted by freshman Seth Pharris, of Girard, IL. Seth designed a disposable/recyclable stadium chair cushion, intended to be given out with the ticket purchase. Although Seth really enjoys the challenge of marketing a product, he plans on going into the engineering field after high school.

The Curriculum Revitalization Project staff had a great time meeting with this up- and -coming group of entrepreneurs and enjoying a delicious lunch from Panera Bread. The Curriculum Revitalization Project staff is planning more visits to other CTE classes in the future. If your class is doing something that you would like to share with us, let us know. We may surprise you with a visit and lunch.



Freshman, Seth Pharris, wins the Shark Pool Contest and is presented with his certificate by CR Project Coordinator, Rod McQualrty (left) with Business Law & Marketing teacher, Abbi Barton (right).



EDUCATE - INSPIRE - TRANSFO





Business Buzz!

Diane Mahinda, BMCE Facilitator dmahinda@cwd.siu.edu (217) 303-5850

Diane is Back....but not for long!

After a four-month leave, I am back for two months, and do we ever have opportunities for you for Professional Development!

Before I embellish on those PD opportunities, I want to tell you how much I have enjoyed working with you, getting to know you, and, hopefully, helping you as your Business, Marketing, and Computer Education Facilitator for the Curriculum Revitalization Project during the past ten years. It has been a joy for me, and I will miss our interactions.

After June 30 at which time the CR Project will be suspended, please feel free to reach out to me at dianemahinda@gmail.com or at the www.ibea.org website. I am still very involved with business education through the Illinois Business Education Association (IBEA) as your 1st Vice President, and expect to be involved with general PD opportunities in the future as well. Good luck to you all! Stay in touch!

IBEA: As the 1st Vice President of IBEA, please join today at www.ibea.org, if you are not yet a member (\$45 annual membership fees). This is **your** business teacher education professional association. Not only do you receive Professional Development opportunities, but this organization as well as IACTE, www.iacte.org, (\$60 annual membership fees) provide professional support both personally as well as legislatively. Join both organizations today!

2016 Professional Development Opportunities Still Available in June and November 2016:

Certiport Certifications: Certiport and the CR Project have two opportunities for you to get certified in industry-recognized certifications in June.

In November Certiport and IBEA will provide IBEA Conference attendees the opportunity to sit for certification (s) on both November 9 evening and all day November 10 of the conference. Registration is required ahead of time. The conference registration form will be found on the www.ibea.org website.

The purpose of providing these opportunities to teachers is to allow you to become familiar with the certification process. With that knowledge you then better prepared to offer certifications to your students, where appropriate. Please take advantage of these opportunities. Anything you can do to promote industry-recognized certifications in your classes will help your students as well as your business programs.

2016 CR Project Summer Academies: There are two, 3-day Summer Academies of professional development opportunities for business and CTE educators available in June. The June 21-23 Summer Academy will be held in Springfield, IL, and the June 27-29 Summer Academy will be held in Addison, IL. [Register here](#) before May 28 to secure a seat.

2016 IBEA Fall Conference: As the theme suggests, “*IBEA Celebrating Business Teacher Education*,” the 2016 IBEA Fall Conference is a must go and experience conference! The dates are November 9 – 11, to be held at the Wyndham Springfield City Centre, Springfield, IL. Professional development opportunities through sessions, tours, and exhibits will be available. Many of your colleagues will be presenting as well as professionals in your field.

Our dynamic keynote speaker is **Meg Ormiston**, an educator and an entrepreneur herself. Meg’s keynote topic is “**Create Future-Ready Business Classrooms, Now!**” In addition to the keynote, Meg will offer three technology-related sessions on Thursday of the conference.

And, once again, **Cengage Learning** is sponsoring **Corinne Hoisington!** Corinne always “brings it” with the latest and greatest technology and software updates! Keep watching the www.ibea.org website for the conference schedule toward the end of the summer! Join us in November!

Certiport Testing Workshops!

June 13 & 14 – Richton Park

Rich South High School

5000 Sauk Trail, Richton Park, IL

Sponsored by the CR Project and Certiport

REGISTER SOON at <https://goo.gl/5B7Dta>

Registration deadline is May 20 or until filled — Max of 28

June 15 & 16 – Springfield

Capital City Training Center

130 W. Mason Street, Springfield, IL

Sponsored by the CR Project and Certiport

REGISTER SOON at <https://goo.gl/IN8gkm>

Registration deadline is May 20 or until filled — Max of 20

November 9-10 – 2016 IBEA Fall Conference

Wyndham Springfield City Centre, Springfield, IL

Sponsored by IBEA and Certiport

Testing available hourly –

Nov. 9 from 6-9pm & Nov. 10 from 7:30am–5:30pm

Keep checking the www.ibea.org website for the conference registration form and schedule.

Business Buzz!

54th Annual IBEA Conference

November 9–11, 2016

IBEA is Celebrating Business Teacher Education!

and featuring secondary teachers, community college instructors, university professors and other educators who share innovative programs, strategies and technology tools that have been successful in their classrooms is the conference focus.

In addition, industry leaders will share valuable insights.



CONFERENCE FEATURES:

- Hands-On Technology Sessions
- Over 40 sessions to choose from on timely business classroom and technology topics
- Professional Development (PD) Hours
- Tours of local businesses
- Exhibit hall with textbook publishers and other educational booths
- Networking opportunities to learn about new technologies and new classroom techniques
- Most meals are included in conference registration

POSSIBLE Conference Funding SOURCES!

- System Director/EFE travel funds
- Perkins travel funds
- PCCS travel funds
- School department budgets
- Personal tax deduction for job-related conferences

IMPORTANT!

Make budget arrangements before the end of the school year to attend the 2016 IBEA November Conference!

For more IBEA conference information go to www.ibea.org closer to conference time.



2016 IBEA FALL CONFERENCE BUDGET ESTIMATE

IBEA Dues (if not yet paid)	\$45.00 Regular Dues
IBEA Early Conference Registration (by Oct. 22)	\$185.00 IBEA member/ \$275.00 Non-member (+\$30 if after Early Registration Deadline of Oct. 22)
Wyndham Hotel (Two Nights)	\$99/night + (12% tax = \$110.88/night) = \$221.76
Mileage or Amtrak ticket to/from Springfield	Expense Will Vary
Total Estimated Expenses To Attend the 2016 IBEA Conference	Approx. \$452 + mileage/Amtrak



Counselors Corner

Leah Brock, CSR Facilitator lbrock@cwd.siu.edu (217) 303-5844

And just like that, another year is coming to a close. As counselors we try to encourage our students to embrace change don't we?

Moving from school to school, getting new teachers, losing an old friend, moving away, watching parents divorce, graduating...the only thing we can count on is: **Things Change**.

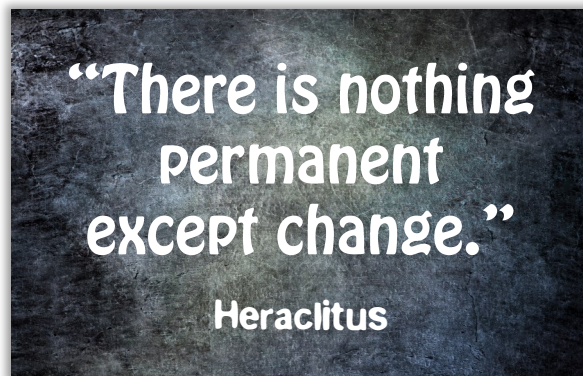
We watch this year's freshman make it through the first year when some of them knew they never would. We opened the acceptance and denial letters and watched as those nervous freshman decide what post secondary path they will choose 4 long years later. We celebrated the good times and held their hands through the bad. Those are the things they never taught you in graduate school. You may have had a class on Counselor Ethics, or Classroom Management, or Diversity that touched on the subject. However, only when you have been there can you actually figure out what to you need to do about it.

College is....

With regards to change and post high school options, think for a moment how often we discuss "college" with students and mean a building or a place? Where are you going to college? What college are you looking at? The word itself has changed. It has evolved. It has become something that may mean something to one person when in all actuality, it meant something different to us.

In Latin...the word is collegium. Not a building or a place at all. It is a brotherhood. A fraternity of like minded people. A concept, not a tangible thing.

Think of that when you talk about college nights. When you have those students that tune you out when you talk about college, because they do not want the place. They do not want a building with walls. However, in all reality though, they could indeed be looking for the brotherhood. The sisterhood. The relationship. The concept.



]We tend to think it means the same to everyone don't we? A place you go for an education. But what if we were in a place where the idea of sending kids off to college wasn't met with FAFSA deadlines, scholarship applications, or recommendation letters? What if when we talked about college to our students it meant broadening their horizon, building their skills, bettering their lives? Then would those same students from above zone out as much? If it wasn't a place you had to go but a change in life we could all make?

In lieu of that concept ever coming to fruition, I leave you with the idea that we need to translate that word into something that means something to each student. We need to meet them at their level. Not where society thinks they should be met, or where parents and teachers ask us to meet them. We need to counsel them. In the moment. And help them through the challenges and changes the future may offer them. As counselors, we do this emotionally. As school counselors, we need to practice doing this educationally as well.

From all of us at CRP, we thank you for all you do as school counselors and wish you the best of luck in the future. For us, we are not sure quite yet what our current change may bring about but we will always be part of this "college" of educators! Our paths may cross again so until then...



Tool Talk

Bruce Milner, TEE Facilitator bmilner@cwd.siu.edu (217) 303-5854

SUMMER IS ALMOST HERE!

Well, it's down to the last few days of school for 2016. Another school year is nearly finished, and most teachers are busy planning their summer activities. For many, if not most, teachers, that means going back to the classroom; not as the teacher, but as a student.

Whether it is for workshops for CPDU/PD Hours, for degree or graduate credit requirements, or for any number of professional development activities that will eventually benefit your students in the coming year, many teachers will spend time this summer completing coursework or attending workshops. Teachers, especially CTE teachers, are always hungry for new technology and materials to take back to the classroom. For CTE teachers, school is never out, the job is never done. They are always searching for more activities, more training, more projects and tools to bring back to the classroom next fall.

For many years now, the CR Project staff has worked hard to offer new, relevant, and useful workshops and professional development activities to CTE teachers and Counselors. There is always something on our Project Calendar for the CTE teacher to take part in: Spring and Fall MYcaert Update Sessions on Lesson Plans and E-Units; our yearly, 3-day Summer Academy and School Counselor Academy; our T&EE workshops (Geometry in Construction, 3D Printer, CNC Milling workshop) held at Open Source Classroom in Bloomington, IL; the popular Math-On-Mondays workshop; Certiport Certification workshops, and many more.

Whether you teach FCS, BMCE, TEE, or HST, there is always something available for you to attend that either informs you about new developments in your field or introduces you to new technology that you can take back and use in the classroom.

We encourage you to take advantage of the many activities we have going on this summer. Click here, or visit us at www.ilcte.org to learn more, and go to "Contact Us" at ilcte.org to request a username and password, allowing you to have access to over 1700 FREE lessons at MYcaert.



In closing, please be aware that there are some changes that will be occurring here at the CR Project later this summer. Unfortunately, SIUC is severing their relationship with the CR Project at the end of this Fiscal Year, June 30, 2016 – and many of the activities we have provided over the year may be on hold for the fall. In the interim, keep checking the website and make sure that you are able to access the Lesson Plans and E-Units for CTE teachers on MYcaert.

Hopefully, we will be back with even more great activities for you take advantage of next Fall!

— Bruce



FACS of Life

Linda Walker, FCS Facilitator lwalker@cwd.siu.edu (217) 303-5849

Hello FACS
Teachers!

Last month we featured three FCS presentations from Connections Conferences. In this month's FACS of Life, we would like to highlight two more presentations. Thanks to these teachers for going the extra mile and sharing their projects with their fellow teachers. I also want to take this opportunity to encourage you to sign up for a FCS MYcaert Deep Dive Session in Carterville on June 9th and in Springfield on June 20th. You will also love the Summer Academy that will be held June 21-23 in Springfield and June 27-29 in Addison. I hope you have a wonderful, relaxing summer and a productive 2016-2017 school year.

As of June 30, my email address will change to lwalker28@grics.net. My cell number is 309-360-5425.



Connections Conference Presentation on —

TEXTILES & DESIGN Courses & Projects

Written By: Angie Neilson
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For this year's Connections Conference, I spoke about my Textiles and Design 1 course at Civic Memorial High School. It had been my experience that there had been a lack of textiles-related breakout sessions with take-away materials ready for immediate classroom implementation. My session included learning about projects that enhance student engagement in sewing, textiles, and design courses; as well as supply lists and project directions available to those who attended, so that they could immediately go back to their school and incorporate what they'd learned. The session included practical ways to incorporate student engagement, student-driven learning, and community-based projects. It also covered Danielson-style techniques and ways of running a sewing lab to increase rigor and allow students to share ownership in the course. Since the conference, I have enjoyed continued communication with colleagues who are interested in ready-to-go materials for their Textiles courses. I am always willing to share ideas and loved learning some new strategies from other teachers during my session. It was definitely a win/win experience, and I look forward to being able to continue sharing in the future!

FACS of Life

How to Host an Oxfam America Hunger Banquet®

Alton High School presenter Sharon Ferree, assisted by Regina Birch, discussed how to Host an Oxfam America Hunger Banquet® at the 2016 Connections Conference. Oxfam American Hunger Banquets® are held throughout the United States to educate citizens about hunger and poverty while often raising funds for related causes. The event is an interactive metaphor showing how food is unequally distributed throughout the world

Last fall, a select group of Alton High School FCCLA students hosted and presented the 9th annual Oxfam American Hunger Banquet® to six sections of Foods & Nutrition students. As students entered the classroom they drew a random ticket to see which demographics of the world they would represent: high, middle, or low income. Students in the high-income group represented 20% of the world population and were escorted to a table with full dinner service including a centerpiece and china. They had a private server who later provided them a meal of: spaghetti and meatballs, salad, bread, dessert and Kool-Aid to drink.

Students in the middle income represented 30% of the world population and were directed to sit at a long banquet table. When it was time to serve the food they were asked to lineup, with ladies at the end of the procession, to obtain their food from a buffet or soup kitchen line. They were provided with a bowl of rice & beans, a glass of water, and a fork. The other 50% of students were directed to take a seat on the floor, beside their teacher, and represented 50% of the world population. At serving time a tray containing a large bowl of plain rice, one large spoon, individual bowls and cups, and a pitcher of brown water was placed in the center of the floor. Students had to serve themselves and were given no eating utensils. Students were then all invited to eat as many people do every day. As students participated in the activity they gained an understanding of how economic status is not static and see that some people move in and out of economic brackets based on the realities of life.

This activity was used as a culminating event to the nutrition unit where students were introduced to: MyPlate, the six nutrients, nutrient deficiencies and excesses, water scarcity/sanitation, and food insecurity

both in the United States and throughout the world. Of the 7.3 billion people on the planet, 795 million people worldwide suffer from chronic hunger; or 1 in 9 people worldwide are hungry (2015 www.oxfamamerica.org and 2015 worldhunger.org.) While most people are aware of world hunger they are blind to the 17.5 million people who experience hunger in the USA. This is 1 in 7 households, 1 in 6 people, or 1 in 5 children who are food insecure in America according to worldhunger.org.

The Oxfam America Hunger Banquet® has been a valuable tool to build student empathy and awareness for people less fortunate and has led to numerous community events. Students have been involved in several food drives (2008-2014), a helping hands campaign (2014), and served soup at a community sponsored Empty Bowls event (2014), all to benefit the local Alton food pantry. Students also wrote and published a cookbook raising \$1,100 for Feeding America (2013-14). A select group of FCCLA students planned and served food to the Alton homeless, at a local church, with the help of Foods & Nutrition students who baked cookies for the event (2015). Currently students are raising money for water filters for those in need by purchasing water bottles within the classroom.

If anyone would like more information on how to Host an Oxfam America Hunger Banquet® please contact the organization at <http://www.oxfamamerica.org/> to download a free script and/or contact Sharon Ferree at sferree@altonschools.org for classroom curriculum materials used during this unit.





Health Matters

Whitney Mehaffy, HST Facilitator wmehaffy@cwd.siu.edu (217) 303-5846

- Career 911 -

Free Healthcare Career Exploration Course Now Available On Demand

In last year's May Health Matters, I highlighted the **FREE**, Massive Open Online Course (MOOC) [Career 911: Your Future Job in Medicine and Healthcare](#). The course aims to help anyone interested in health careers and can be used by educators, students, parents, career counselors and those transitioning careers to support career readiness and professional advancement. I have kept in contact with Dr. Melissa Simon and her team at Northwestern University Feinburg School of Medicine over the past year, and here are some new developments with this great resource:

Now available **On-Demand**, so it can be taken at a time and pace convenient to the user.

Piloted in Illinois high school during this school year, and the feedback gathered is guiding an Instructor's Manual update and determining additional course and material needs.

Piloting soon as an **associate degree course**.

Feedback gathered will guide future updates.

The course uses *Short Video Lectures* to introduce essential skills for developing a career portfolio, *"Day in the Life"* videos with actual healthcare professionals, *"Keeping It Real"* videos that discuss personal career journeys of dozens of healthcare professionals, *Quests* to reflect and practice skills, and a *Discussion Board* with a global audience. These opportunities:

- Provide participants an introduction to healthcare careers;
- Assist in the development of a career portfolio (cover letter, resume, interview preparation, and personal statement preparation);
- Showcase ideas for funding education; and
- Highlight tips for success.

To see the full array of material offered or to register, [CLICK HERE](#).



Until we meet again...

As you may have already read on earlier pages of the newsletter, the **Curriculum Revitalization Project** will be suspending Professional Development activities as of **June 30, 2016**.

Professional Development will resume upon identification of a new grant recipient. Curriculum resource development will continue and can still be accessed via www.ilcte.org & www.MYcaert.com.

All scheduled professional development in May and June 2016, including [Summer Academy 2016](#) in both Springfield (June 21-23) and Addison (June 27-29), Geometry in Construction, 3D Printing and CNC Build Workshops and the two FACS MYcaert Deep Dives, will proceed as scheduled.

We look forward to seeing many of you at these upcoming sessions.

I have immensely enjoyed working with and learning from each of you. You are doing a great work to prepare our next generation of healthcare professionals!

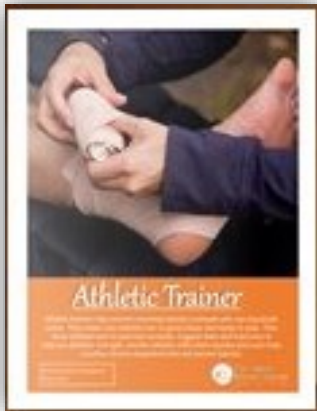
-Whitney Mehaffy, HST Facilitator

Health Matters

Check out these great resources!

- A new HST Career Profile has been added to the [CTE Career Profiles Bookshelf](#)

Certified Athletic Trainer



- Updates for [MYcaert](#):

:::Looking for:::

1-2 more Emergency Medical Service (EMS) Lesson Writers – Interested?

Email [Mary Waters](#).

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Keep checking back frequently for the all **NEW** Infectious Disease Lessons in the Health Science Technology Library, entitled:

Unit S: Infectious Disease Control and Prevention

- Find valuable HST resources securely by logging into the www.ilcte.org website and visiting [Teacher Resources](#).

Check out these folders:

[Fall 2015 Updates](#) – Webinar Recordings and Materials

[Connections 2016](#) – Presentation and Materials for Go Share It! Let Your Community Know the Great Impact of CTE

[IACTE 2016](#) – Presentation and Materials for Using Public and Media Relations to Promote CTE

[Networking & Collaboration](#) – Instructions for joining an HST Instructor Networking Group on Schoology AND Invite to Semiannual Northern Illinois HST Joint Advisory/Focus Group (Collaboration)

Contact

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Keep up-to-date with the CR Project:

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Upcoming Events

June 9	FCS MYcaert Deep Dive - South	Carterville, IL
June 13-14	Certiport Testing Workshop	Richton Park, IL
June 15-16	Certiport Testing Workshop	Springfield, IL
June 13-16	Geometry in Construction Wkshp	Springfield, IL
June 13-15	Build Your Own 3D Printer Wkshp	Champaign, IL
June 16-17	3D Literacy: Level 2 Wkshp	Champaign, IL
June 20	FCS MYcaert Deep Dive - Central	Springfield, IL
June 21-23	Build Your Own CNC Mill Wkshp	Champaign, IL
June 21-23	Summer Academy - Central IL	Springfield, IL
June 27-29	Summer Academy - Northern IL	Addison, IL
July 15	FCS Culinary Arts Bootcamp	Springfield, IL
Nov 9-10	2016 IBEA Fall Conference	Springfield, IL