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Imaging Studies with the Transporter Probe ^{99m}Tc -Mebrofenin Reveal Altered Hepatic Exposure in Patients with Non-Alcoholic Steatohepatitis (NASH)

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Conflict of Interest Disclosure

- The Brouwer lab receives research funding from the National Institutes of Health, National Institute of General Medical Sciences [Grant R01 GM041935-24], Intercept Pharmaceuticals, and Otsuka Product Development & Commercialization
- Dr. Kim Brouwer is co-inventor of the sandwich-cultured hepatocyte technology for quantification of biliary excretion (B-CLEAR®) and related technologies, which have been licensed exclusively to Qualyst Transporter Solutions, LLC

Outline

➤ Background

- The Obesity Epidemic
 - Non-Alcoholic Fatty Liver Disease (NAFLD)
 - Non-Alcoholic Steatohepatitis (NASH)
- NASH-mediated Alterations in Hepatic Transporters
- ^{99m}Tc -Mebrofenin
 - Clinical Probe to Assess Hepatic Transporter Function

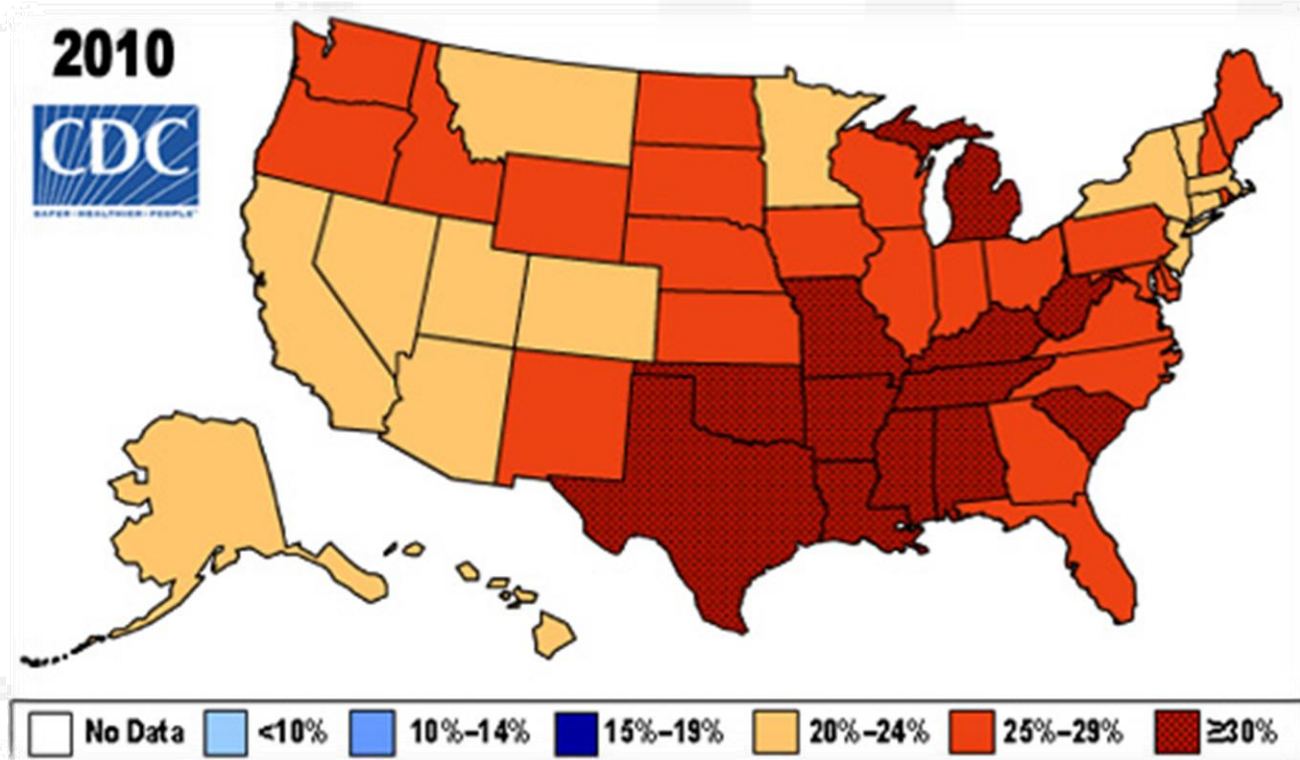
➤ Results

- Imaging Hepatic Exposure of ^{99m}Tc -Mebrofenin in Patients with Biopsy-confirmed NASH

➤ Conclusions

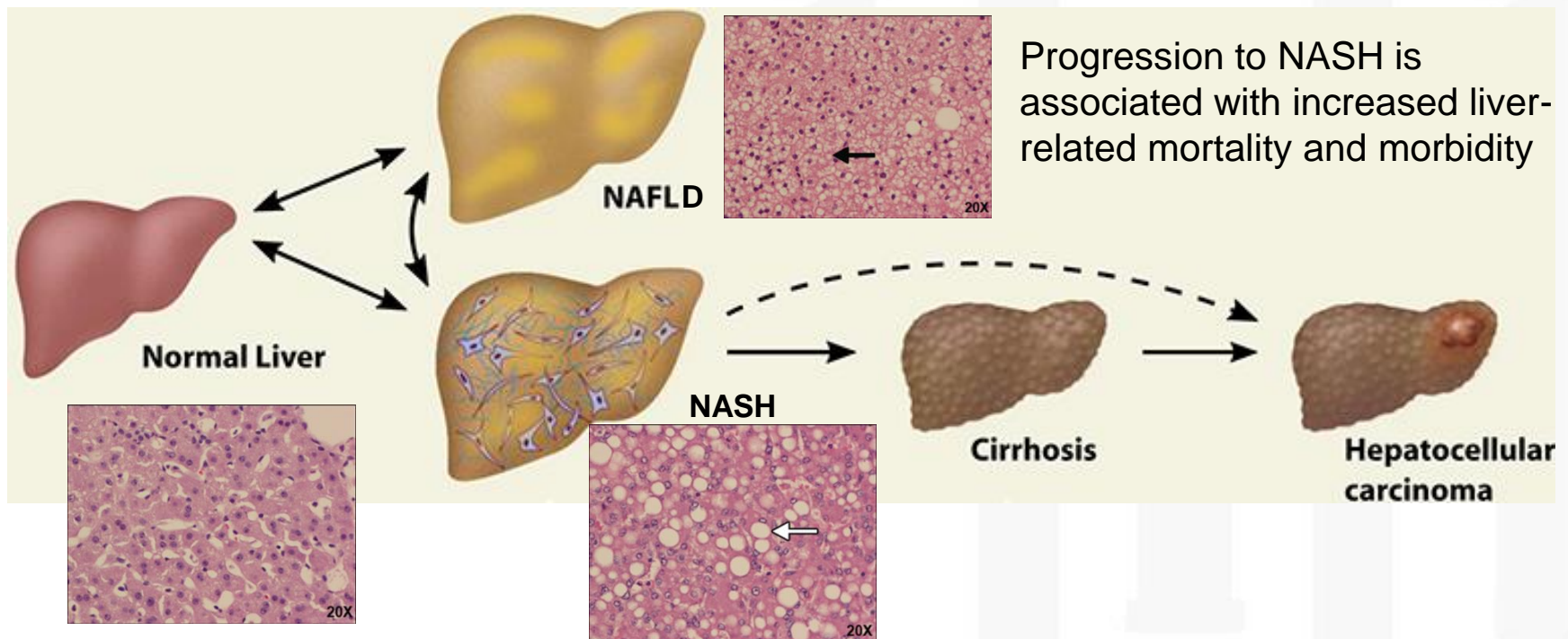
The Obesity Epidemic

- Associated with metabolic syndrome
 - Includes: dyslipidemia, hypertension, type II diabetes, and obesity
 - 90% of NAFLD patients have at least one component



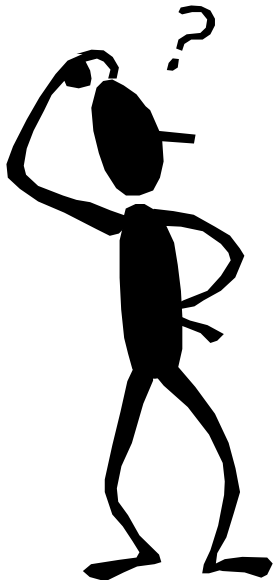
The Spectrum of NAFLD

- Steatosis and steatohepatitis comprise Non-Alcoholic Fatty Liver Disease (NAFLD) and Non-Alcoholic Steatohepatitis (NASH)
- In the US, the prevalence of NAFLD is ~30%; NASH prevalence is ~3-5%



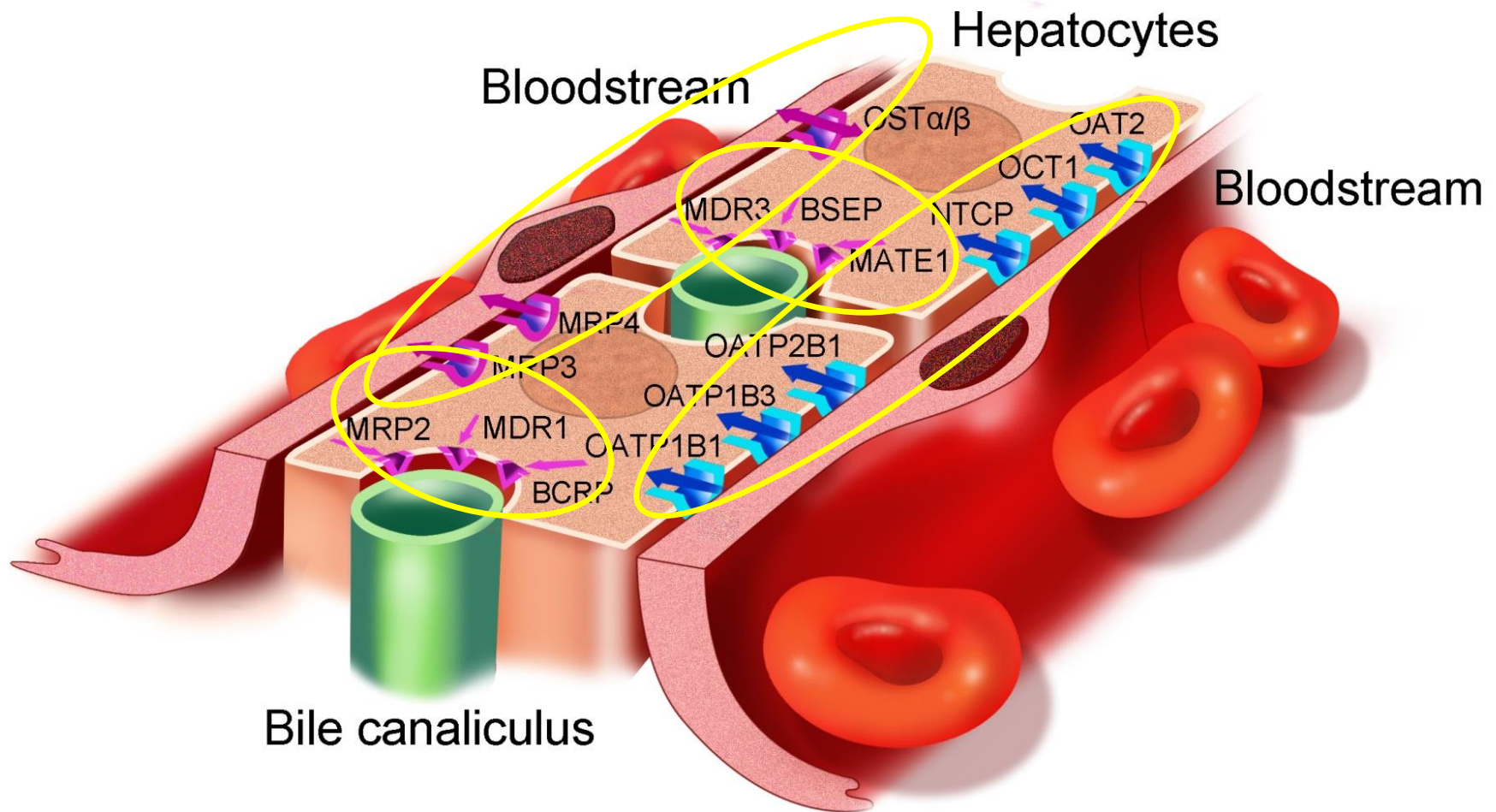
Liver histopathology reveals progression from fatty liver to steatosis, hepatocyte ballooning and lobular inflammation

What is the Impact of NASH on:

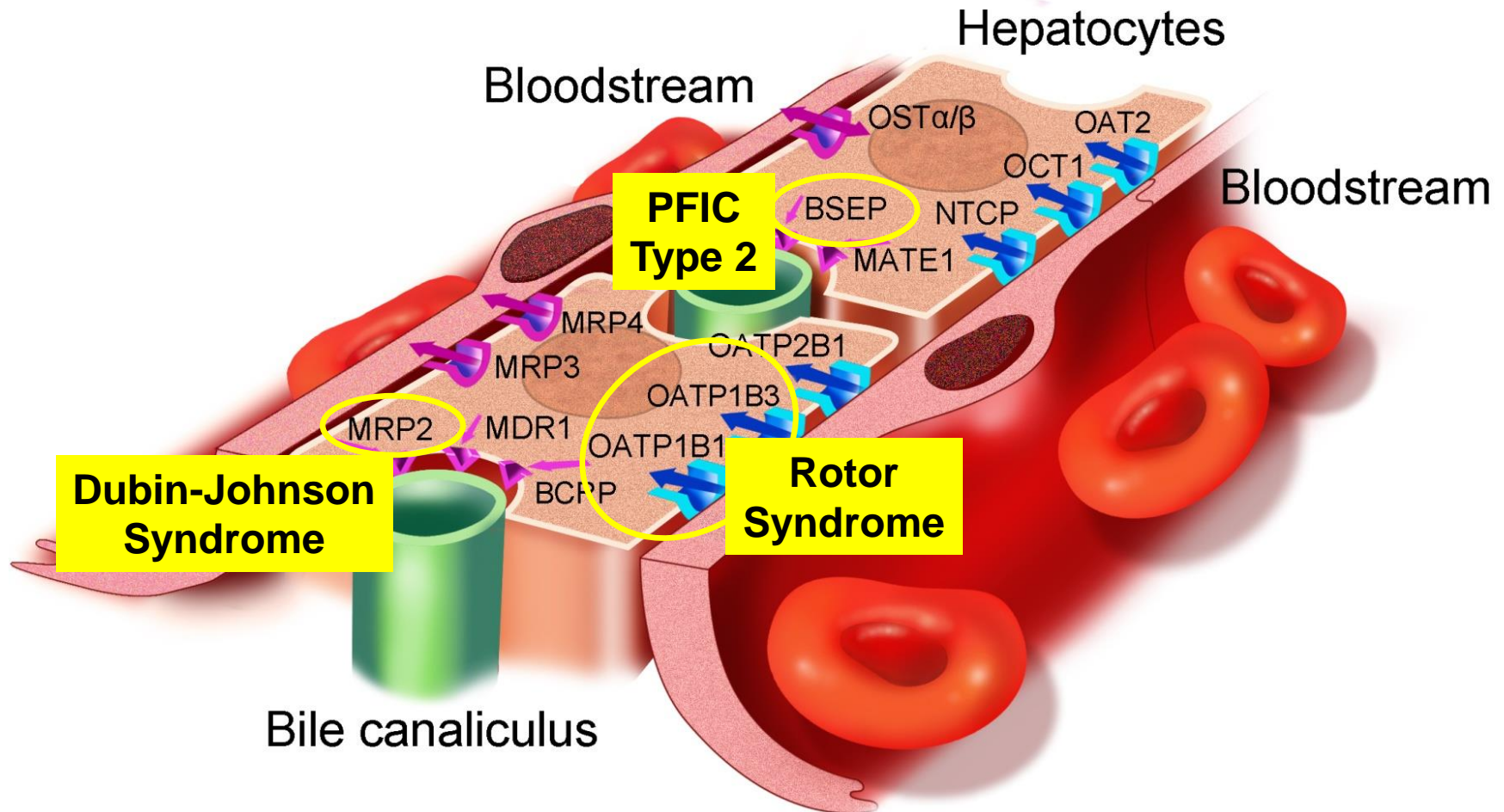


- Hepatic transport protein expression?
- Hepatic transporter function?
- Hepatic exposure to drugs and metabolites?

Hepatic Uptake and Efflux Transporters

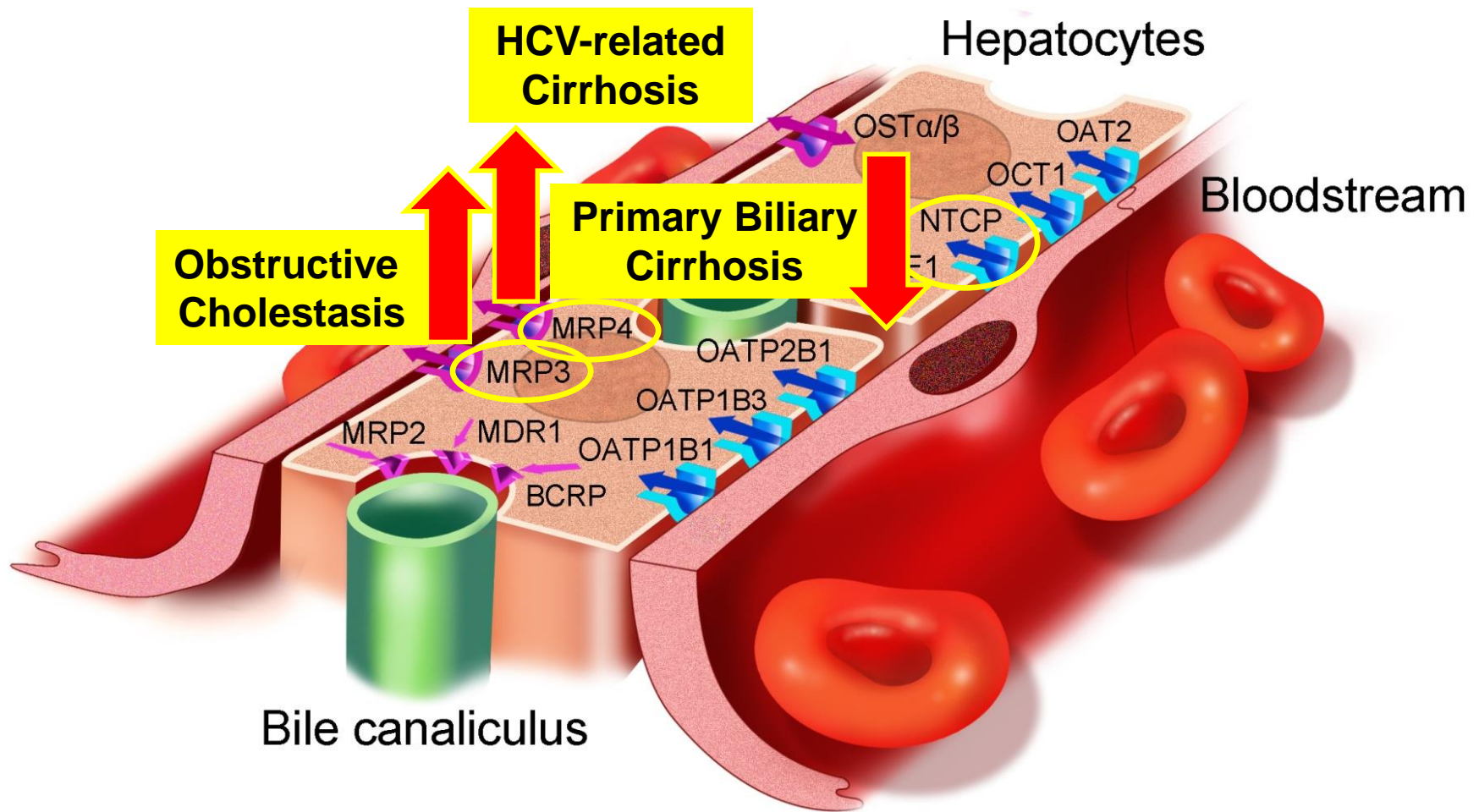


Hepatobiliary Transport Proteins as Underlying Factors in Hepatic Disease



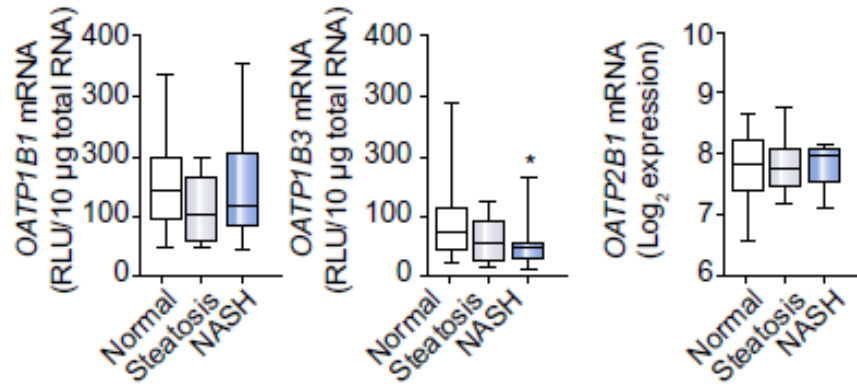


Hepatic Disease-Associated Alterations in Hepatobiliary Transport Proteins



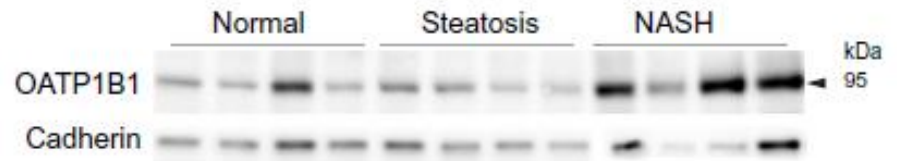
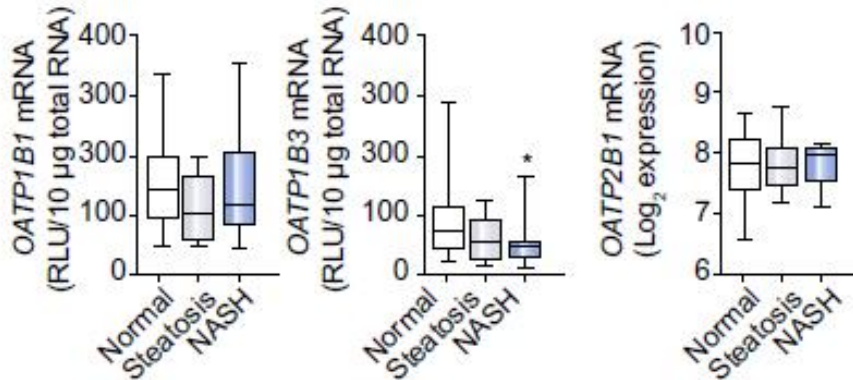
Altered Expression of Hepatic OATPs in NASH

mRNA

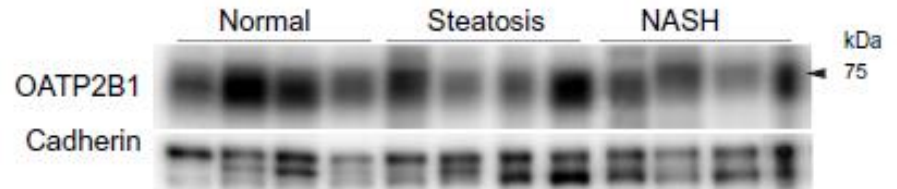
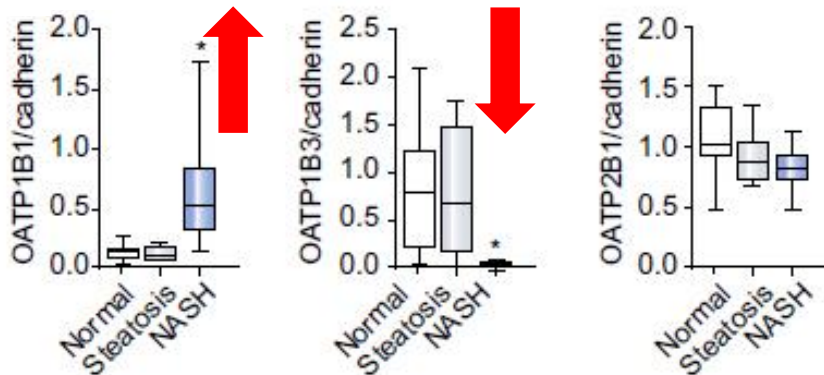


Altered Expression of Hepatic OATPs in NASH

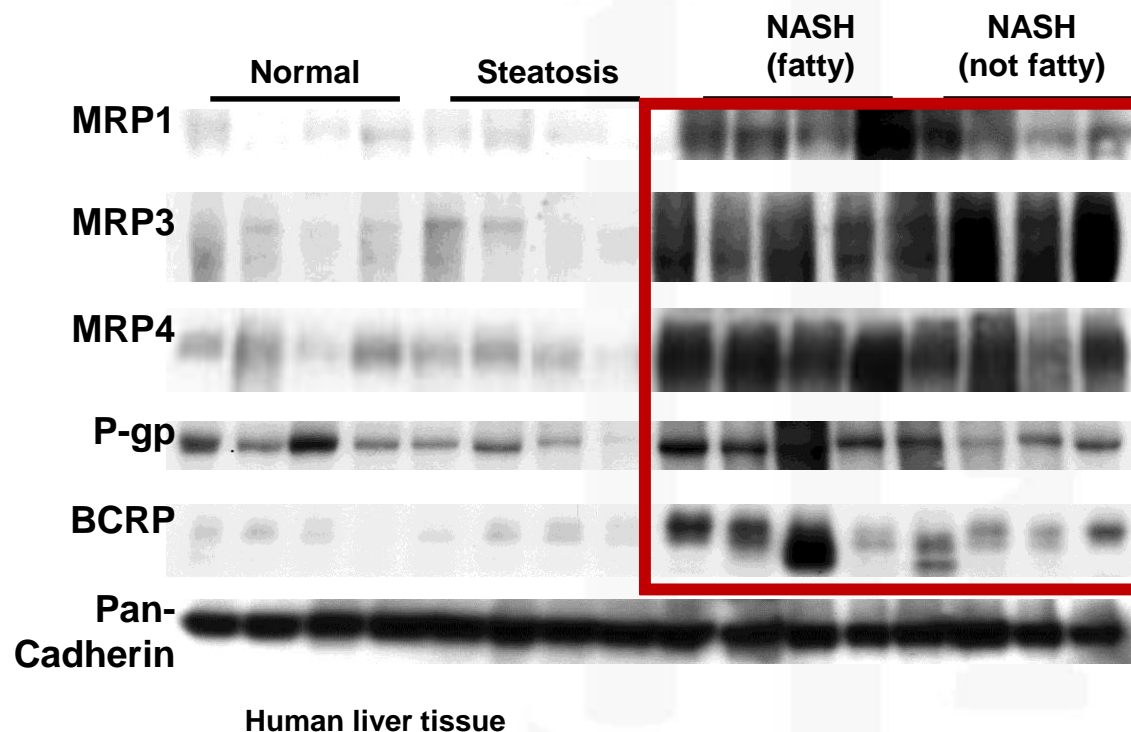
mRNA



Protein

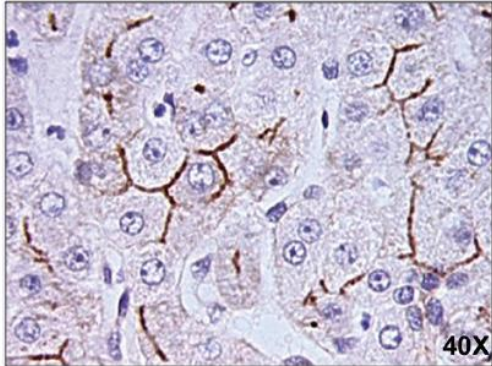


Increased Expression of Hepatic Efflux Transporters in NASH

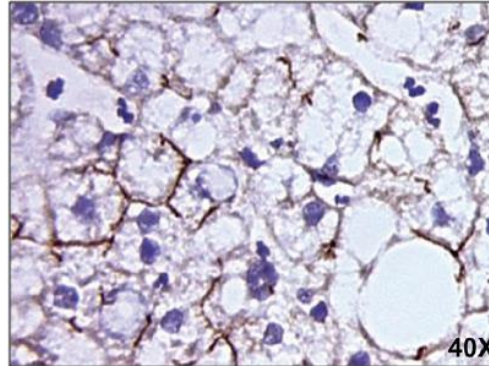


Altered MRP2 Localization and Expression in NASH

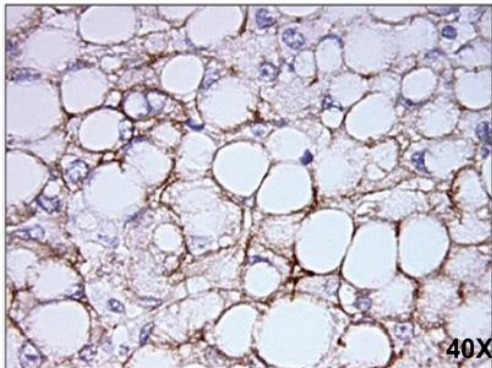
Normal



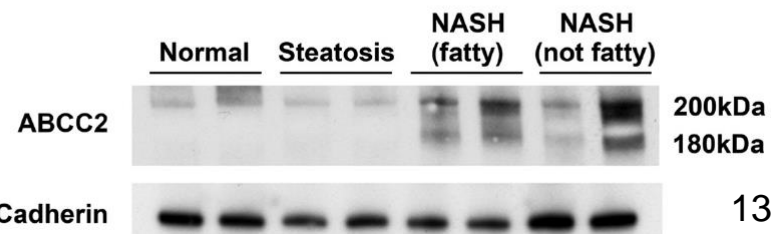
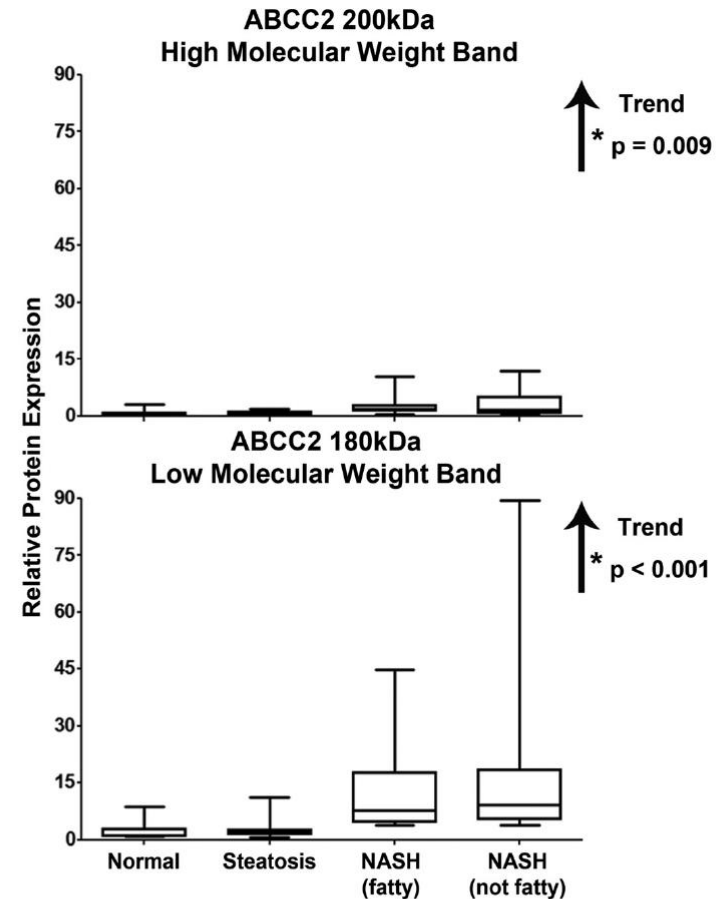
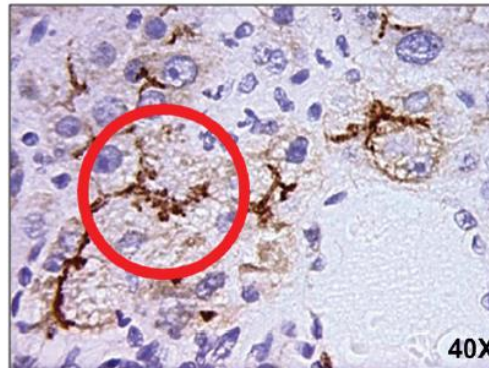
Steatosis



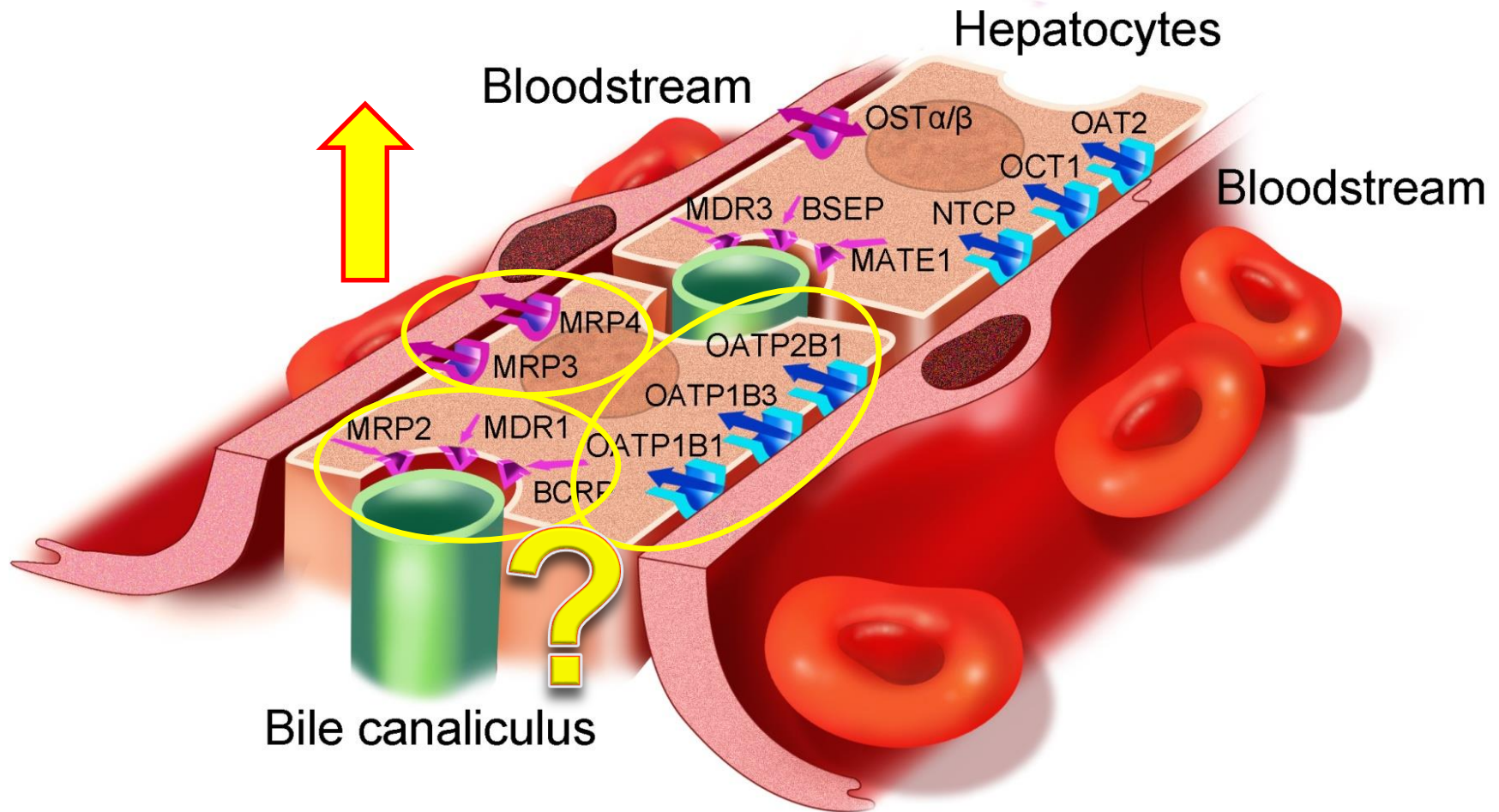
NASH (fatty)



NASH (not fatty)

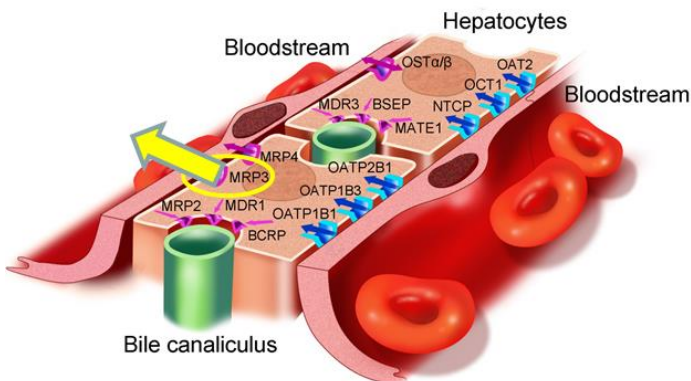
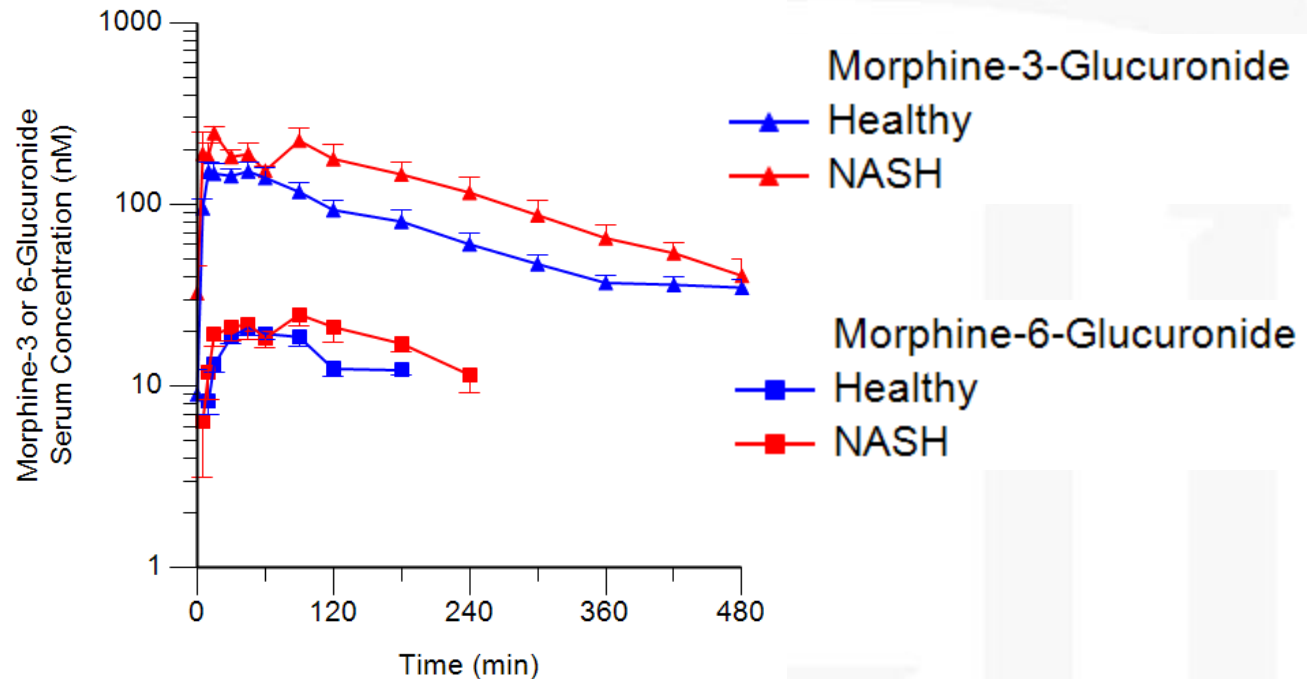
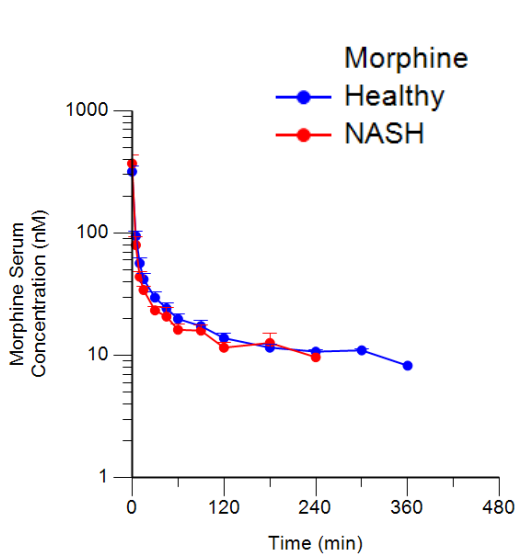


Impact of NASH-Mediated Changes in Hepatic Transporter Function on Systemic and Hepatic Drug Exposure



Köck and Brouwer, Clin Pharmacol Ther, **92**:599, 2012
(Adapted from Ho and Kim, Clin Pharmacol Ther, **78**:260, 2005)

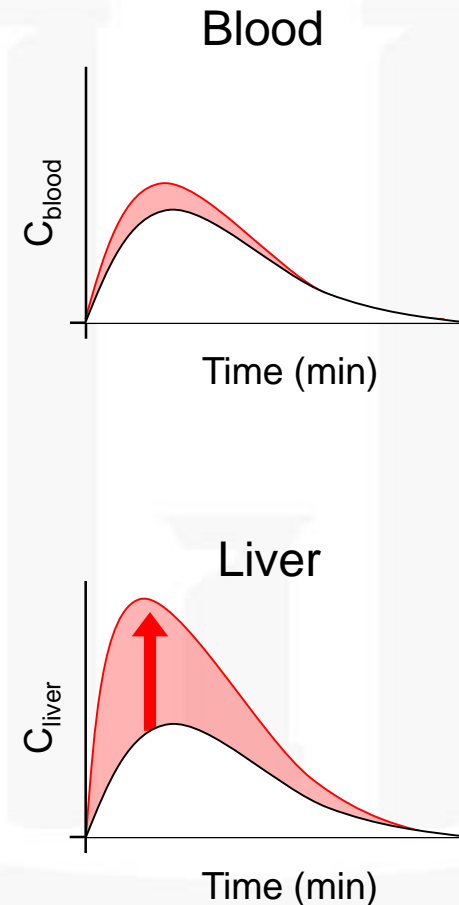
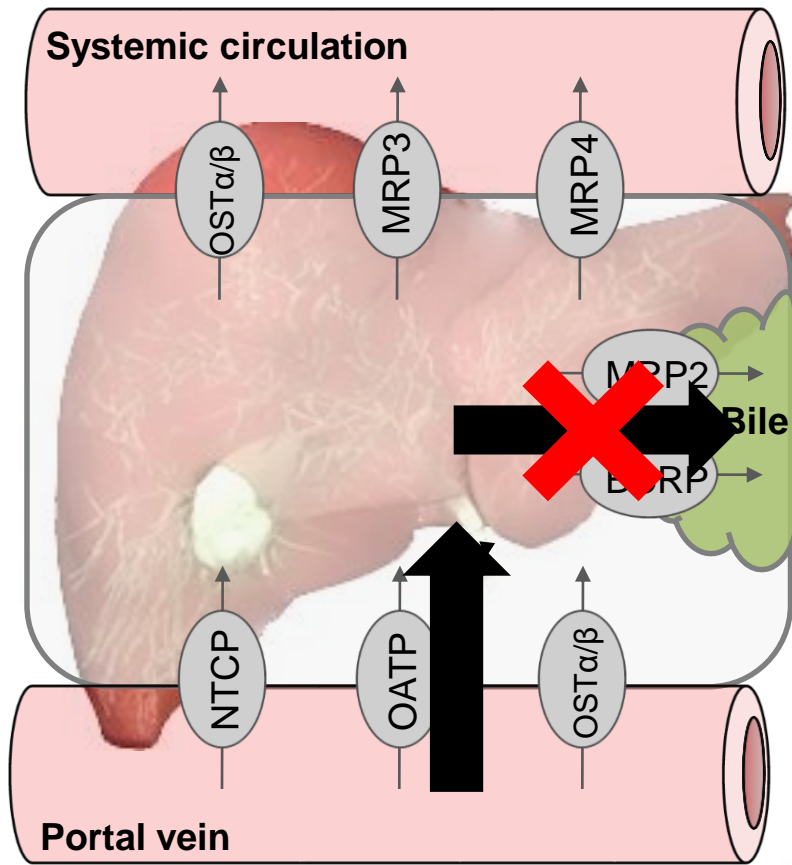
Increased M3G and M6G Serum Concentrations in NASH



MG Parameters	Healthy (n=14)	NASH (n=7)
C_{max} (nM)	225 (194-261)	343** (284-413)
AUC_{0-last} ($\mu M \cdot min$)	37 (32-44)	59** (42-83)
Half-life (min)	187 (153-229)	146 (104-205)

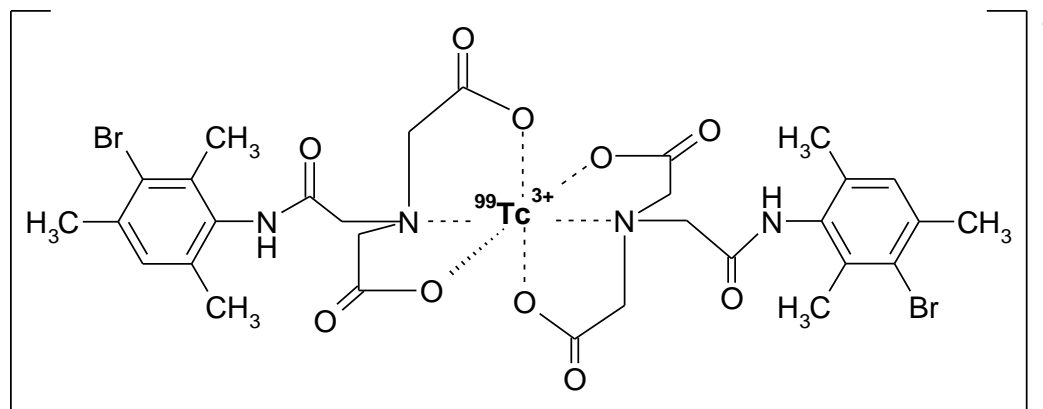
Geometric mean (95% CI); ** $p < 0.01$ t -test on log transformed data

Simulations Predict That MRP2 Substrates Have Increased Hepatic Exposure in NASH



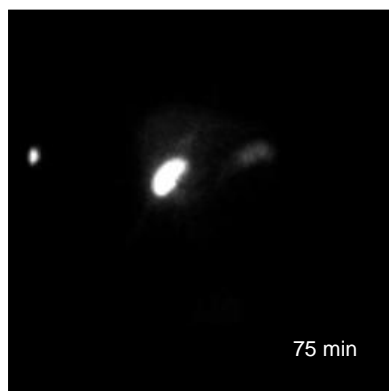
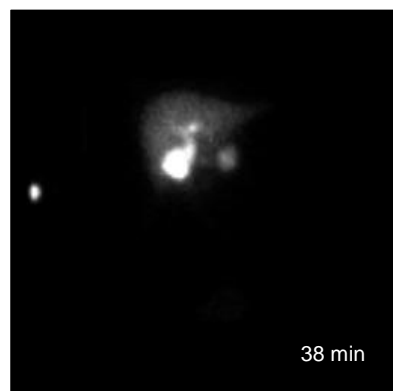
^{99m}Tc -Mebrofenin (Choletec[®]):

Probe for Transporter-Mediated Hepatobiliary Excretion



- Used clinically as a hepatobiliary imaging agent
- Liver uptake ~98%; negligible metabolism
- Urinary excretion <2% of dose
- Transporter-mediated hepatobiliary disposition
 - Hepatic uptake via OATP1B1 and OATP1B3
 - Biliary excretion via MRP2
 - Basolateral excretion via MRP3

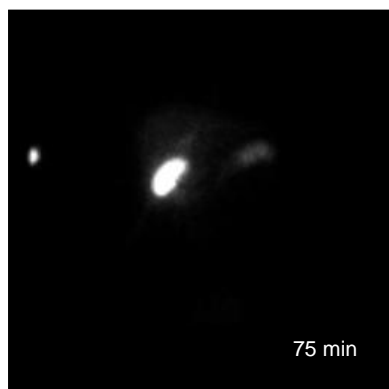
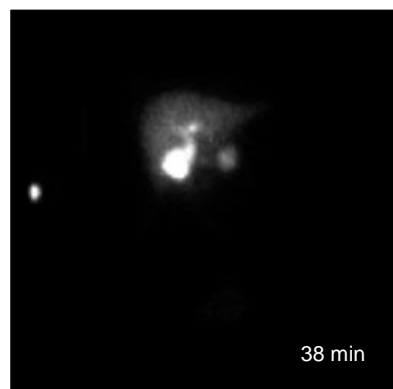
Gamma Scintigraphic Images (0-180 min) of ^{99m}Tc -Mebrofenin Hepatic Disposition



- ^{99m}Tc -mebrofenin rapidly distributes into the liver, is excreted into bile, and collects in the gall bladder
- Liver $t_{\text{max}} \sim 13\text{min}$



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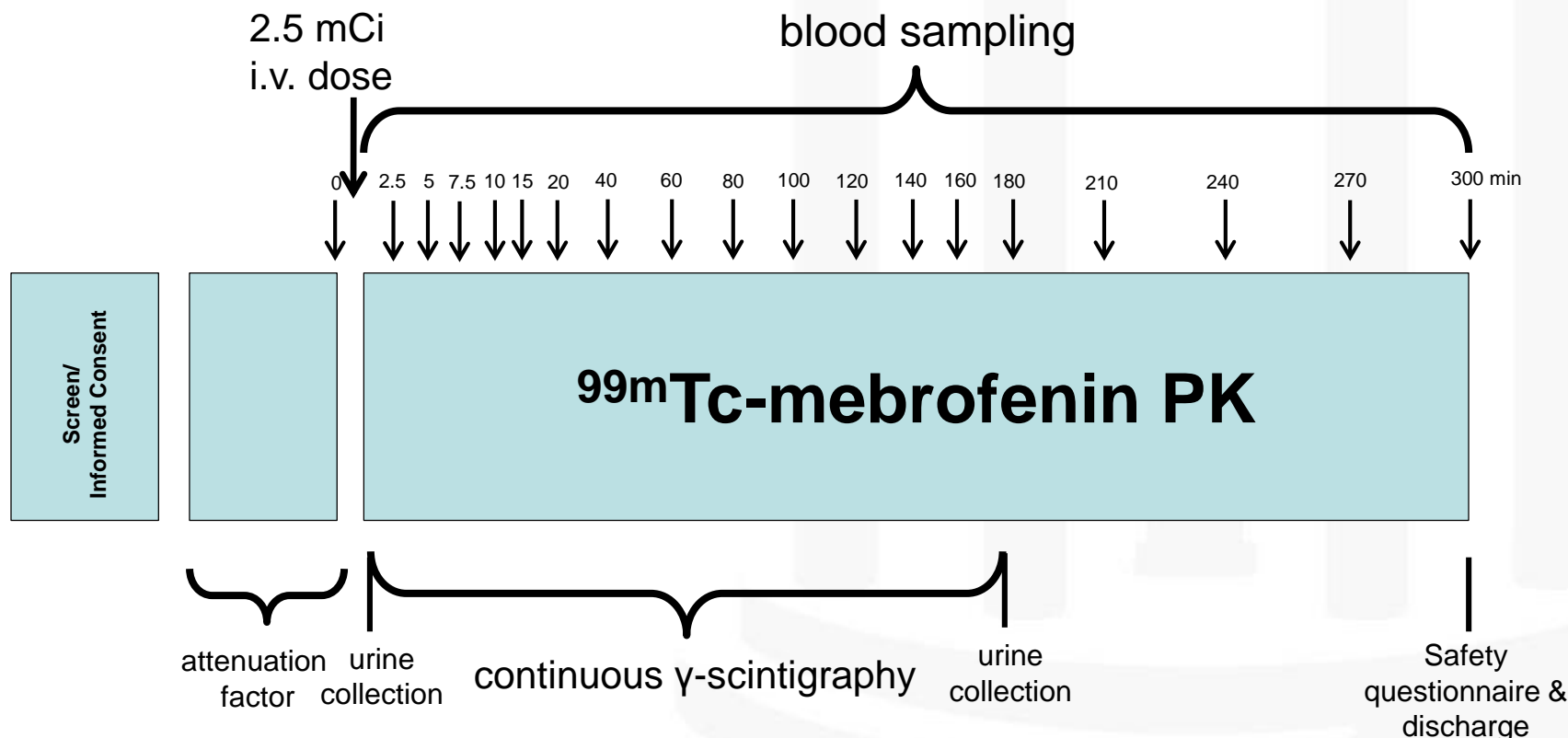


Study Objectives

- Determine the systemic and hepatic exposure of ^{99m}Tc -mebrofenin, an organic anion transporter probe, in patients with biopsy-confirmed NASH compared to healthy subjects
- Utilize a pharmacokinetic model describing the systemic and hepatic disposition of ^{99m}Tc -mebrofenin to evaluate NASH-mediated alterations in hepatic transporter function

Clinical Study Design

- Subjects admitted on morning of study after an overnight fast
- Attenuation correction obtained with a cobalt-57 flood source
- Subjects positioned supine under gamma camera



- Subjects discharged following exit exam

Demographics and Clinical Chemistries

	Control (n=14)	NASH (n=7)
Gender	8 M; 6 F	4 M; 3 F
Ethnicity	14 non-Hispanic	1 Hispanic; 6 Non-Hispanic
Race	11 Caucasian; 3 African-American	5 Caucasian; 1 Mexican; 1 Asian
Age (yrs)	38.9 ± 15.4	37.4 ± 17.4
Body Weight (kg)	72.1 ± 12.1	102 ± 16*
BMI (kg/m ²)	24.4 ± 2.2	33.3 ± 5.1*
Creatinine (mg/dL)	0.86 ± 0.17	0.83 ± 0.15
Bilirubin, total (mg/dL)	0.729 ± 0.237	0.957 ± 0.391
Albumin (g/dL)	4.20 ± 0.20	4.49 ± 0.38
ALT (u/L)	28.7 ± 9.8	113 ± 60*
AST (u/L)	25.2 ± 8.0	72.9 ± 34.3*
HOMA-IR	1.56 ± 0.53	8.18 ± 4.56*
ALP (u/L)	56.3 ± 17.8	68.1 ± 20.0

Mean ± SD; *p < 0.05 using 2-tailed Student's *t*-test

Summary

- Hepatic transport protein expression and function are altered in patients with NASH, which may impact the systemic and/or hepatic exposure to substrates [drugs, metabolites, and endogenous compounds (e.g., bile acids)]
- **Impaired MRP2 function**
 - ^{99m}Tc -Mebrofenin **hepatic** and systemic exposure were significantly increased in NASH
- **MRP3 upregulation**
 - Morphine glucuronide **systemic** exposure (C_{max} , AUC) and conjugated bile acid serum concentrations were significantly associated with NASH severity
- Patients with NASH have higher fasting and post-prandial exposure to bile acids, including the more hydrophobic and cytotoxic species. Bile acid profiles may be useful in the diagnosis of NASH.



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