

INTERFAITH UPDATE

News & Events from InterFaith Health Clinic



315 Gill Ave.
Knoxville, TN 37917

865.546.7330

interfaithhealthclinic.org



TREATING THE WHOLE PERSON

how InterFaith helped turn one patient's life around

Lynn Anderson, who works as a cashier at Sav-a-Lot, says that InterFaith helped change her life. "If it wasn't for InterFaith, I don't know where I'd be!" she said.

Years ago, Lynn visited the emergency room for stomach pain. She had no health insurance, so when her cousin told her about InterFaith, she enrolled as a patient. "I was suffering from depression because I'd been sick for so long, and I couldn't afford to go to the doctor," Lynn said.

In addition to depression, Lynn had several physical problems as well. Her diabetes and blood pressure were uncontrolled, so much so that the physician who treated her was shocked that she hadn't suffered a heart attack or stroke. InterFaith's physician was able to help Lynn get her diabetes and blood pressure under control, so that she could then focus on positive changes in other areas of her life: Lynn began seeing our mental health therapist to get healthy mentally and emotionally; she met with one of InterFaith's volunteer nutritionists to help her learn how her diet impacts her diabetes; she quit smoking through InterFaith's smoking cessation program; she's started an exercise program and has lost weight; and just last month she got a partial to maintain her beautiful smile.

Since Lynn became a patient over six years ago, she's utilized nearly every service we offer on-site: medical, dental, and mental health services, access to prescription medications, and wellness opportunities. Because you give and support InterFaith, people like Lynn have access to comprehensive care that improves not just their health, but also their quality of life.

"InterFaith makes a difference in how you feel about going to the doctor," Lynn said. "I don't dread coming here, and they make me feel great about myself. They're a thorough clinic, and they follow through when others don't. InterFaith saved my life."



A Whole Lotta' Cake!

Scrumptious Fundraiser Raises \$46,000 for InterFaith

InterFaith's 11th-annual Valentine's Day event, **Sweets to the Sweet**, has become one of the community's favorite holiday-themed fundraisers. And this year was bigger and better than ever! On Valentine's Day, with the help of 113 volunteers (including 8 local media celebrities and Knox County Mayor Glenn Jacobs) InterFaith delivered over 900 delicious mini gourmet bundt cakes all over town, raising awareness of InterFaith and over \$46,000 (net) for our health care ministry. That includes 55 cakes that were sent to senior citizen residents at Renaissance Terrace, a local assisted living facility for seniors and disabled adults. Now that's sweet! For photos of this year's heartwarming deliveries, visit our website.




Sweets to the Sweet
A special thank-you to
this year's sponsors:





Come show us your POKER FACE at Casino Royale, InterFaith's newest signature fundraiser! CASINO ROYALE is a semi-formal evening featuring dinner, live music, dancing, lots of hot auction items, and good-natured casino games, all in support of InterFaith's health care ministry.

When: Friday, April 3rd
Where: The Foundry
Cost: \$150 per ticket or \$1,750 table of 10 (other sponsorships available)
More info: email aprice@interfaithhealthclinic.org



From Pocket Change to Life Change

how just \$0.66 a day can transform the health of the uninsured



Did you know that 92% of InterFaith's patients make minimum wage? That's just \$217 per week, or just over \$11,000 per year for most of InterFaith's patients. With expenses for housing, food, utilities, transportation, and childcare, that \$217 per week doesn't go very far when health care costs are factored in. At InterFaith, patients pay a very small portion of their health care costs – as little as \$20 for a medical visit – so that they don't have to forgo other essentials in order to stay healthy.

Did you know that for \$0.66/day you can ensure that a low-income worker in Knoxville has access to affordable health care? For the cost of a soft drink or a pack of gum, you can literally help control someone's diabetes, find relief from chronic pain, or get a long-awaited diagnosis. Would you consider becoming one of InterFaith's **Thriving Partners** by making a commitment to a monthly gift? Enrolling is easy, and your donation can be drafted automatically every month from your bank account or billed to your credit card. Become a **Thriving Partner** today and contribute to life change with your pocket change!



Visit interfaithhealthclinic.org >
Ways to Give > Thriving Partners Monthly Giving to enroll today!

THE RIPPLE EFFECT **A Message From InterFaith's Executive Director**



I love to drop an object into a body of water just to watch the ripple effect. The first circle is small, then they get bigger and bigger. The impact continues to expand beyond what is originally anticipated. That is what happens with each gift you give to the clinic. Yes, your gift provides much needed healthcare – but it doesn't stop there.

Your gift of healthcare impacts our patients' ability to continue to work and hold down a job. When thinking of economics and healthcare, we often think of the boost to the economy as more people work and the enormous amount of healthcare costs we

amass every year. But it is so much more than that. It is individuals who just need to pay the rent, their utility bill and still have money for their children to participate in extracurricular activities.

Your gift of health care also has a direct correlation to our patients' abilities to care for their loved ones. Having access to health care enables them to feel like staying up late helping their child with homework, or to have the energy to care for aging parents. It gives them hope so that their families and loved ones see that hope lived out each and every day. Yes, your gift starts with healthcare. But you are giving so much more. On behalf of every patient that walks through our doors, thank you.

Melissa A. Knight

Melissa Knight, InterFaith's Executive Director

In their own words... *these heartfelt sentiments from our patients keep us focused on our mission & remind us why we're here*

"What a blessing you are to K-Town! You were there for me when I was a single mom raising three boys and were there for my hubby when he was in between employment health insurance coverage. We are both in a good financial place now and just wanted to give back. THANK YOU FOR ALL YOU DO!!"

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Sue & Will McNinch
John & Linda McNeil
from Julie Worthington
Staff of IHC
Jeanette Zarger
from Jo & Tom Zarger
Dr. Danny Adkins
Dr. Eddie Brooks
Dr. Louis Browning
Dr. Jay Desvaux
Dr. John Diddle

Dr. Turner Emery
Dr. Mark Evans
Dr. Walter Fain
Dr. Russ Flanary
Dr. Matt Heaton
Dr. Don Henson
Dr. Bill High
Dr. Kristen Knierim
Dr. James Kotsianis
Dr. Rick Moore
Dr. Wallin Myers
Dr. Randall Napier
Dr. Steve Ollard
Dr. Chris O'Rourke
Dr. Bill Powell
Dr. Ben Scott
Dr. Charlie Shanks
Dr. Jon Sterrett
Dr. Larry Tragesser
Dr. Brad White
Dr. Michael Wooten
from Dr. Tom Zarger
Steve Zimo
from Debbie Zimo

BUCK & LINDA VAUGHN ENDOWMENT

Anonymous
Sarah & Richard Kelso
Teresa & Jim Lawson
Mr. & Mrs. Don B. Preston
Dr. & Mrs. Tom Zarger

Gifts From The Heart

Individual Giving
Elizabeth Abbas
Mildred P. Allmon
Mr. & Mrs. Thomas Ayres
Mr. & Mrs. Mario Azevedo
Carrie Balent
Audrey D. Barry
Meredith Beeler
Mr. & Mrs. David Belew
Amy Benton
Dr. Ken Bielak
David Birdwell
Sharalyn & Richard Blattner
Kristi Boggess
Sandra Booher
Richard Boughner
Samuel Bowland
Glenda & Ryan Bowles
Nina Bowling-Milner
Mildred & Fred Braden
Mr. & Mrs. Robert Brizzolara
Dinah & John Brock
Mari & Chris Brooks
Kathi Browne
William M. Bugg
Dr. & Mrs. Lawrence Bushkell
Deb & Craig Campbell
Dr. William David Campbell
Jim Caponetti

Brooke Chalmers
James Q. Chambers
Cindy R. Clowers
Louise & Bob Collier
Barbara & Ron Collins
Meagan Colver
Carol & James Conklin
Melinda & Joe Connell
Mendy & Brent Conner
Janie & Jon Cormack
Mindy & Tom Coulter
Todd Cramer
Jason Crippen
Mr. & Mrs. Robert Croley
Dr. & Mrs. Michael Crowell
Greg Curtin
Martin Daniel
Jamie L. Davis
Gary Day
Dr. & Mrs. Wes Dean
Donna W. Deichert
Becky Dodson
Rev. & Mrs. George Doeblen
Jack Draper
Trudy Dreyer
Maryellen Duckett
Britney Sink & Brandon Duggan
Nancy & Donald Dunning
Brenda Edmondson
Janet Ellison
Judge & Mrs. Goeff Emery
Elaine & Frank Erickson
Spencer Fair
Mary M. Farmer
Lisa & Tom Fisher
Amanda & Frank Folsoms
Felicia E. Fortune
Bruce D. Fox, Attorney at Law
Elsbeth M. Freeman
Allie French
Terriane & Thomas Gaines
Douglas Gamble
Kathy & Robert Gant
Valerie Garner
Dan Gaubas
Dr. & Mrs. David Gerkin
Emma & Patrick Gilmartin
Stuart Gorman
Nancy M. Goslee
Helen Grant
Connie Greene
David Griffith
Vicki & John Grillo
Mary & William Groh
Dr. & Mrs. Alan Grossman
Penn & Thomas Grove
Amanda Grubb
Ranee & Mark Guard
Lori & Todd Guess
Joann & Mike Guidry
Sally A. Guthrie
Brandon Hackett
Christine Hamilton
Hilde Phipps & Julie Hamlin

Gifts from October 1st, 2019 through January 31st, 2020.

Paul G. Hammer
 Andrew Hampson
 Rhoda Harb
 Nancy Hardin
 Bo Harkness, Jr.
 Sue Ellen & David Hauge
 Rebecca Morgan & Traci Hayden
 Joaquim L. Heck
 Amy Heger
 Brandon Heisey
 Robin Helton
 Tim Hennessey
 Donnie Henry
 Mary K. Henry
 Don Henson, DDS
 Dr. Thomas H. Hetrick
 Shirley Holbert
 Mary & Dan Holbrook
 Don Holechek
 Linda L. Holton
 Faye & Robert Horton
 Glenda & Paul Houston
 Sara Howard
 Dr. & Mrs. Charles Huddleston
 K.A. & J. C. Huddleston
 Mr. & Mrs. Greg Huff
 Lindsey English Hull
 Elizabeth & Russell Huntsinger
 Kelly & Luke Ihnen
 Jacki & Richard Imbrey
 William Jackson
 Mr. & Mrs. Stan Jacobs
 Stanton Jacobs - UBS Matching
 Gift Program
 Sheila & Richard Jacobstein
 Mary James
 Margaret & John Jansen
 Chris Jenkind
 Jessica Jennigan-Johnson
 Carolyn C. Jensen
 Dr. & Mrs. Clifford Johnson, Jr.
 Mary P. Josvai
 Rebecca Judy
 Ellie & Bob Kassem
 Ryan Kemp & Megan Duthie
 Diane & John Kerr
 Pete & Terrell Kerr
 Frank Kienast
 Nieves & Rob Killifer
 Anne W. Kinnane
 Terri Klein
 Melissa & Steve Knight
 Mikala Hampton & Josh Knight
 Mary & John Koester
 Angela Koontz
 Elizabeth & Jackson Kramer
 Suzanne Laine
 Mindy Landry
 Mr. & Mrs. Bill Larson
 William Law
 Jessica & Jason Legg
 Barbara E. Lillard
 Mr. & Mrs. E. William Linam
 Drs. Mike & Angie Liske

William Littlejohn
 Carol Anne & Jason Long
 Betty & Drew MacDonald
 Charmaine Mamantov
 Jane Manning & Eddie Kessel
 Mr. & Mrs. Doug Matthews
 Sara & Buddy Mayo
 Kecia McConville
 Andrew McCreary
 Megan McGill
 Barbara McGimsey
 Robert McLean
 Ruth McLeod
 Mark Medley
 Ann & David Metz
 Carol & Laurence Miller
 Cathy & Carl Miller
 Marion B. Miller
 Brenda & Ken Mills
 Janet & Ed Mills
 Nina Bowling & Mike Milner
 Cindy & Richard Mitchell
 Lynda Joyce Mittan
 Melanie Morris
 Julia & Mike Mullaney
 Tony Murchison & Jim Clement
 Debra & Dan Myers
 Amanda & Rameen Nasrollahi
 Karen & Jack Nelson
 Ruth H. Newsom
 Lynda Newton
 Mary Ellen Nichols
 Julie & Jacob Noe
 Paul Noe
 Mr. & Mrs. Thom Noggle
 Dr. & Mrs. Chuck Noon
 Kelly Nunn
 Dr. Talia Nutting, DDS
 Christopher A. O'Rourke, DDS
 Ruth Olbrei
 Martha J. Olson
 Dr. Tjuan Overly
 Elizabeth & Don Palmer
 Courtney & Mitchell Panter
 Sue & Mike Pappas
 Jon Parham
 Nicole Parker
 Susan & Powell Partridge
 Dr. Eric Penniman
 Teresa Petersen
 Linda C. Pickell
 Nancy Pierce
 Judy & John Polinsky
 Sarah & Jackson Pope
 Dr. & Mrs. Gibbs M. Prevost, Jr.
 Becky Price
 Jenny & Aaron Price
 Carolyn & Larry Proctor
 Diane & Pete Psihogios
 Carolyn & Don Ray
 Jessica Ray
 Richard & Jane Ray Fund
 R. Wayne Reedy
 Barbara & Costa Regas

Mark Rennich & Vicki Mayfield
 Derek Richards
 Ray Richardson
 Jordan & Ben Ridder
 Reesa & Terry Rimmer
 Keith Ringley
 Michael Roberts & Barbara Smith
 Elizabeth & Claude Robinson
 Charitable Trust
 Pace & Karen Robinson
 Judith Rosenberg
 Constance Ross
 John Rosson
 Zsuzsi & Steve Roth
 John Roy & Linda Gray
 Jane & Stephen Roycroft
 John Rozek
 Elisabeth & William Rukeyser
 Drs. Ken & Patra Rule
 Lois Russell
 Suzanne Saah
 Benjamin D. Scott, DDS
 Sharon & Buddy Sensenbach
 Mark Serago
 Cynthia Anne Serbin
 Rev. Steve Sexton
 Pat & Tom Shannon
 David Sharp
 Charles Sharrett
 Lina Shatara
 Mary Lou Shivinsky
 Maggie & Jack Singleton
 Mr. & Mrs. Doug Slocum
 Brittany & Adam Smelcer
 Diane Smith
 Laughlin & Joe Smith
 Tom Smith
 Mr. & Mrs. John L. Sobieski, Jr.
 Karen Spence & Sharon Wood
 Missy K. Standifer
 Susan R. Standish
 Mark Stansberry
 Philip T. Starck
 Betsy & David Stark
 Chris Stevens
 Dr. & Mrs. Carl M. Stiefel
 John Story & Rebecca Halperin
 Ann Pond Stowers
 Karen & David Stripling
 Jane & David Stroud
 Melvin Sturm
 Apryl Sweat
 Phyllis & John Tallent
 Ira S. Taylor
 Linda & James Thomas
 Allen Tillman
 Alice Torbett
 Mary Alice Tucker
 Kaoru & Barney Tullock
 Matthew Ungs
 Deborah Valentine
 Michele & James Valkenaar
 Dr. Stuart VanMeter
 Mary & Bill Walker

Elizabeth Wall
 Chris & Larry Warren
 Patricia & Jack Watson
 Gretchen Weir
 Doyle Wells
 Vicky White
 Bradley W. White, DDS
 Hannah Whitson
 Lori & Stephen Wiggins
 Nicholas Willenborg
 Eileen P. Wilson
 Nicole & Russ Wilson
 Jeanne Wohlford
 Mari Wood
 Bruce Wribble
 Jennifer S. Wylie
 Margaret E. Yahr
 Martha York
 Jean H. Zachary
 Tammie Zacheretti
 Deborah & Steve Zimo

Foundation Giving

American Eagle Foundation
 Aslan Foundation
 First Tennessee Foundation
 Haslam Family Foundation
 Imogene A. King Fund - ETN Foundation
 Melrose Foundation, Inc.
 Network for Good
 Robert Lee Weiss Foundation
 Thompson Charitable Foundation
 Watson Foundation, Inc.

Corporate Giving

Beiler Accounting, PC
 City of Knoxville
 Covenant Health
 Home Federal Bank
 Interfaith Dental Clinic
 Knox County Tennessee
 Knoxville TVA Employees Credit Union
 Kroger
 LMU Nursing Students
 Network for Good

Pilot Company
 Power Equipment Company Trust-
 Jim McNeillie
 Rock Creek Construction, Inc.
 State of Tennessee
 Sun Trust United Way Campaign
 The Trust Company
 Tool Crib, Inc.
 United Way of Greater Knoxville
 United Way of Midland County
 UT Medical Center-UHS

Congregational Giving

Bearden UMC Women
 Central Baptist Bearden
 Concord United Methodist Church
 Erin Presbyterian Church
 Farragut Presbyterian Church
 First Farragut United Methodist Church
 First Presbyterian Church
 Grigsby Chapel United Methodist
 Women
 Holston Conference - Bearden UMC
 Lake Hills Presbyterian Church
 Messiah Lutheran Church
 St. John XXIII Parish
 St. John's Lutheran Church
 St. Luke's UMC
 Stock Creek Baptist Church

Gifts in Kind

Steve Albright
 Jo Ann Alspaugh for Jess Carpozta
 Bryant Tatum Fowler
 Dr. Warren Overbey
 Patti Pitts
 Trish Ray
 Pat Rose
 Mary Anne Webster
 James & Linda Williams

if InterFaith
 HEALTH CLINIC

315 Gill Ave. Knoxville, TN 37917

Phone: 865-546-7330

Fax: 865-546-6643