



30 Years of Loving Connections

How to Build Strong Connections with Yourself and Others

The Universe is built on connections—energetic, synaptic, electric. Even in science, when a connection is made, a bond is formed uniting two entities as one. Our connections with the world around us are what keep us alive, and our connections with others are what make us human. Yet so often we have trouble finding, making, and keeping loving connections. Why does something so innate seem to be so difficult for some?

For starters, energy has a tricky

way of dictating our interactions with others. If you're not giving off the energy you wish to receive, you may be having trouble feeling a sense of connectivity. Loneliness begets loneliness, which can be a downward spiral if the pattern isn't broken.

If finding and nourishing loving connections is your goal, the number one way to break a negative pattern is to solidify your connection with yourself. Once self-love is achieved, you'll

become a magnet for strong, loving relationships with others. We know this isn't easy, which is why we're here to help.

At Psychic Source, our community of Advisors has spent three decades helping customers find and keep positive, loving relationships, while weeding out the negative, toxic ones. True to nature, we're excited to celebrate our 30th anniversary with a focus on loving connections (with yourself and others). Let us begin the next step of this journey together.

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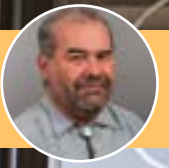
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Looking For Love In All The Right Places

by *Psychic Stasch*
x9303



*Not into
online dating
or
bar hopping?*

*Try one of
these 7 spots
instead.*

Finding the right partner can seem about as easy as building a nuclear submarine. Even with social media and smartphones, finding love requires ingenuity. It also requires a multi-layered approach.

An obvious place to begin the quest is online. Happily married couples have met in cyberspace. There is no doubt technology can bring the right people together. On the negative side, it can bring the wrong people together. Fake photos, tall tales and dishonest profiles complicate matters. Rather than falling in love immediately, be careful to view internet contacts as prospects for future meetings, preferably in very public places.

And then of course there's the bar scene. The most obvious dating location may not be the best. Bars and nightclubs are great for enjoying the latest exotic drink or catching up with friends, but maybe not for meeting love. These venues are notoriously loud, making conversation next to impossible. Adding to the difficulty, the competition for attention can be crippling and drinking easily lowers inhibitions and expectations. What looked great Saturday night may not be so great sober Sunday.

Have no fear, there are plenty of other places to meet Mr. or Mrs. Right:

1. Political Events

Being civic-minded can make smart dating sense. Be it a "meet and greet" for a congressman, or rally regarding a specific cause, these kind of events can be treasure troves of romantic opportunities. If you are particularly passionate about a candidate running for office, being involved as a volunteer can be a "fast track" to meeting movers and shakers.

2. Art Galleries and Museums

If the arts are your thing, then you have access to culture and people. Cities large and small now offer gallery openings and museum days that make access easy, even free! Art exhibitions are great places to start up conversations. Even if you can't tell the difference between a Monet from a Manet, you can still enjoy sophisticated events with fascinating people.

3. Religious Gatherings

Should you be a person of faith, your local house of worship can serve double duty as a place for both spiritual and romantic fulfillment. Churches, synagogues and the like often have mixers and social events specially tailored for like-minded souls to meet. Whatever your domination or orientation, there are numerous places that can help you go from singleton to coupledness.

4. Charity Organizations

Like to lend a hand? Taking on a worthwhile cause can be a way to do good for your community and widen your chances of meeting a special someone. Being involved with something you care about means you already have common ground with those around you. That always speeds up mingling.

5. Sporting Events

If you position yourself correctly, "Football Sunday" can be "Makeout Monday." Even if you are not a sports fan, hanging out with the "guys" or "girls" watching the game can be a great way to find love. Just don't make the mistake of staying in the kitchen. Most of those people already have someone. You want to be where the action is, "The Big Screen TV." Go Team!

6. Coffee Shops/Cafes

When it comes to drinking and finding a steady love, your local coffee shop can be a winning proposition. The atmosphere is usually low key. An added plus is that people tend to be friendlier after their first mocha java. Coffee shops are plentiful. They tend to attract a wide spectrum of people who are open to conversation, perhaps even more.

7. Dog Parks

For dog owners, your furry friend can be a dating asset. Tons of people love dogs, and if you have a puppy, even better. That morning jaunt with Fido has the potential to be a people magnet. So why not turn that dog walk into the walk of love?

3 Key Factors in Lasting, Loving Connections

by Psychic
Narnia
x7735



Once you connect with someone romantically, how do you know when to take the next step?

When deciding whether to move a connection to a deeper level, whether that is just becoming lovers, moving in together, or even thinking of marriage, there are some things you need to consider in order to ensure it's the right choice for you.

1. Can you be yourself with this person?

Many times people try to make the other person in the relationship happy, even to their own detriment (especially upon first meeting). That might get you into a relationship but it isn't sustainable long-term. It will only set you up to be unhappy and confuse the other person.

I know how hard it can be to start a new, exciting connection. You may try to do whatever it takes to win the person over and get them to care about you. But if you do things you don't enjoy, or somehow try to behave in a way that isn't true to yourself just so the other person will like you, it gives a false sense of security in the relationship. Your partner won't know that you're unhappy or uncomfortable if you don't let them know.

2. Do you accept the other person as they are?

If you feel that your partner would be perfect "if only" they changed _____, it isn't a good sign. Thinking that you will be able to "fix" the person you're trying to have a relationship with is a sure path to failure. The best way to create a solid relationship is to accept the person you care for exactly as they are, the same way you deserve to be accepted exactly as you are.

3. Are you both ready?

If one of you wants more, but the other isn't ready, it can lead to someone feeling pressured or disappointed. Be patient and open to what the other person needs. If you can see why the other person isn't ready, that will help not feel



so disappointed. And if you can understand why the other person does want to take the next step it can help you to not feel pressured.

Have realistic expectations. Be honest about what you need and listen when the other person tells you what they need. **Build a foundation upon which the relationship can grow.** Ask yourself: are the two of you capable of compromise? You both deserve to come to an agreement on areas that your desires don't align. Compromise is an important aspect that a lot of people misunderstand. Many people think compromise means taking turns giving up what you want. That doesn't have to be true. The best relationships happen when both people give a little and take a little. It takes work and patience, but is worth it if you truly want a healthy relationship.

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Has Many Stages**

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Advisor Talk:

Finding, Making, and Keeping Love Connections



Vincent Ext. 9248

"When finding love please remember, "Birds of a Feather." Be authentic, open and confident. People are attracted to authenticity. Know yourself, love yourself and be yourself. You will attract others like

you for all the right reasons! Go slow, take your time and enjoy. Love is available for everyone!"



Anthony Ext. 8064

"Right after my sister was murdered, my girlfriend Michelle and I were walking in my old home town when I suddenly had a flash of inspiration: "Let's take a walk to my sacred field behind the cemetery. Every car that

goes by will be a red car." Nine red cars went by (no other colored cars went by) and a 10th red car was a out in the middle of the field (the farmer used it to plant his crops)! Michelle, amazed, asked, "How did you ever know that was going to happen?" I said, "I knew if I said it the Great Spirit would make it happen! It's a Baptism of Blood."



Gemini Ext. 3084

"When two individuals cross paths, their connection can often be electric at first sight. I believe love is a fated encounter that becomes a touchstone between individuals—transcending decades, continents, and the bittersweet

workings of fate. Some of those journeys are painful ones. Whether it's a twin flame, a soul mate, or kindred spirit...I'm here on a mission. I am honored to share my gift with humanity, to truly illuminate everyone to unravel the inner workings in this mystery we call love."



Therese Ext. 7215

"Ask yourself if you feel that you deserve to have a real love in your life. Really drill down on that one: believing that we are loveable, deserving of that perfect person, can be the key that unlocks the door to a great romance.

Get rid of old messages of unworthiness from the past, be it family of origin or relationships from the past, that didn't serve you."



Kristine Ext. 8223

"Finding love starts with loving yourself unconditionally. Write down the specifics of what you want in a life partner on a New Moon and deeply believe it like it has already happened. Know how powerful your thoughts are and use them wisely."



Mylie Ext. 8974

"The best advice I have for those looking to find love this Valentine's Day is to stop looking! That's a lot like trying to pick an ice cube up off the floor! The harder you try...the further it skates away. The Universe always

says, "Yes," so if we're looking for love, the Universe will keep us looking! What we really need to do is to let love find us! Our part is to release all anxiety, relax and know that the best way to receive love is to give it away. It's no accident that the words "LOVE" and "EVOLVE" are made of the same letters. When we give love without strings attached, we not only open the door for love to come in effortless abundance, we allow our souls to evolve as well! Best wishes for an enjoyable Valentine's Day and remember to KISS...Keep It Simple Sweetheart!"



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Love has many layers. It's completely normal to feel lonely, stuck, scared, or helpless on your journey for love. Our Advisors help people everyday overcome these feelings, find their best selves, and welcome the love they truly deserve.



Venus Ext. 8854

"You may be recently single or have been single for a while. Either way, finding a compatible life partner is challenging. The good news is that—difficult though it may be—it is possible to achieve your goal. But you need to know what you're looking for. True love happens often when you least expect it. Still, you must make yourself available and accessible. When you are with someone who adores you, someone who is perhaps even crazy in love with you, you will know it with your whole being. Sometimes the other will not verbally express such feelings. Yet often, it's the little things that someone does, that may tell you how much they love and care for you. When looking for a love connection, there are "tells;" subtle signals a person gives you, revealing to you how they feel. I cover such signals—and much more—in my consultations. It will delight me greatly to share all such insights with you."



Lily Ext. 7782

"For Valentine's Day, I want to share with you a beautiful way to find and keep a sacred partner in your life. To find a partner, go help an older person three times a week. You can talk with them, read to them, and give them comfort. The Universe honors this sacred way of giving and a wonderful partner will quickly appear in your life. Now, to keep your partner when he or she comes to you, continue to visit and help the older person with your partner. You will both be blessed through this sacred manner of continuous giving. Radiant love and light to you all now!"



Paige Ext. 7868

"First and foremost, love yourself completely, flaws and all. Coming from this standpoint will help you find love more quickly as you will attract it by being a love magnet. Be crystal clear on the qualities you want in a love relationship and from a relationship. For example: sense of humor, integrity, good communication...you get the idea. Wishing for all of you success in finding a love relationship!"



Delfina Ext. 9724

"Love is like the air we breathe. It is heavy with the sweet scents and perfumes of nostalgic memories and comfort. Other times, it is sickly and foul, burning our noses and scratching at our lungs. It can be gentle and enveloping or leave us feeling suffocated and struggling. It is warm and refreshing. Yet, it can cut us to the bone and freeze us out. Love is like the air we breathe. It is the steady, consistent necessity that fuels our lives each day. And most times, it goes completely unnoticed...until it is gone."



Arthur Ext. 8237

"You know the expressions, "A little bit goes a long way," and "It's the thought that counts"? Well, when it comes to Valentine's Day, please keep these in mind. At the same time, while Valentine's Day is supposed to represent the day you express your love and respect for a partner, loved one, or friend, it's not about proving it by breaking the bank. Yes, cards, candy, flowers, candlelit dinners and even cuddly little teddy bears are all wonderful ways to show your devotion, but the most cherished gift you can give someone you love is the quality of time you spend with them. And if you love someone, shouldn't every day be Valentine's Day, minus the expectations? Just a thought. Stay amazing!"



Anja Ext. 8147

"The greatest force in our Universe is love. But where is it? The journey is circuitous and yet often it finds you. The best way to find love is to relax and follow your heart. Part of the journey will be examining yourself and understanding what makes you happy. Then when you see it in another person, it alerts your sensitivity to a common link between your soul and their soul. This is where understanding yourself comes into play. You will have the confidence to engage and let that force grow between you. This is true alchemy."

10 Ways to Keep the Passion Alive



by *Psychic
Minerva
x3180*

You started our hot and heavy until one day you could barely remember the last time you were intimate. Is your relationship doomed? Far from it! These tips will keep your partnership—and passion—going for a lifetime.

Regardless of how passionate a relationship starts, we all reach a point when mundane reality takes over. The initial stages of routine existence often make couples very worried and assume the worst of their beautiful relationship. Lack of passion and stagnation can create unnecessary doubt and insecurity. However, the love is never in any real danger just because of daily routines, even if the passion has taken a back seat. This is not an accurate indicator of a healthy relationship. The issue is when negative perceptions escalate and contribute to real relationship problems, so it's prudent to address the concerns before they grow unmanageable.

All relationships experience periods of stagnation, since being passionate 24/7 can be hard with busy work schedules, kids running around, and other life responsibilities. Keep in mind that stagnation itself can be a phase that vanishes once you agree to handle it as a couple. For starters, no one person is solely responsible for keeping the passion and vibrancy of a relationship—it's a team effort—and both need to work together. The good news is that improving the passion is a fun project unlike any other.

Here are a few ideas to help you get back the passion and excitement:

- 1 "Us" Schedule.** It doesn't matter how busy you both are, you need to treat your relationship as you do work or school—a priority. Therefore, be sure to make time for you and your partner.
- 2 Fun time.** Working all the time takes its toll on our energy. It's essential to create time to enjoy fun activities together.
- 3 Common Interests.** We're not meant to be identical, however, having some common interests does keep couples connected.
- 4 Sexy time.** The truth is not everyone gets the same pleasure out of sex, mostly because it can become automatic and just a one-sided event. Learn about your partner's erogenous zones.
- 5 Meal times.** Regardless of how busy you may be, taking the time to eat together will allow you to slow down and focus on each other. Use mealtime to talk to and catch up.
- 6 Communication.** Learn to share and communicate your needs to your partner. Never assume that just because your partner loves you, they can read your mind. Practice discussing what's on your mind.



- 7 Vacations.** You don't need to get on a plane to take a vacation together. Take some time out and spend a few days away from work. Your vacation can include resting, making love, having meals and enjoying each other's company.
- 8 Date night.** Having one night a week devoted to romance keeps the passion alive. Don't underestimate the power of a good date.
- 9 Romance.** Do things that you find romantic as a couple; for example going for a walk in the park, writing poetry, dancing or making a candlelight dinner.
- 10 Prioritizing.** Once you commit to someone, you've determined they are important. This means that the moment you find something is off balance, address it and don't allow it to pile up.

Remember no relationship is perfect, regardless of how much passion or communication you share. Life issues influence our ability to be in a good mood and often the individuals closest to us become the natural scapegoats for our bad moods. The key to a balanced and happy relationship is to work on what you can and not to succumb to despair when temporary issues arrive and give up. If you believe your relationship is worth fighting for, then take the time and energy into reviving the relationship.

After all, love is worth it!

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**30th Anniversary
Connections Calendar**

***Have you taken advantage of our
special anniversary gift?***

This year, our focus is connections - finding them, making them, and keeping them. With this in mind, we've gathered a ton of expert advice to help you work on the connections in your life. And now you can find these resources in one convenient place!

Each month, we're updating our calendar with social events, mind-body articles, celestial events, promotions, mantras, meditations, and more. We've made our calendar available to integrate into your own personal calendar. Consistent reminders will help you nurture connections on a daily basis.

Now, never miss a moment of inspiration or a chance to save on a psychic reading!

*Discover Your Love Language
or the Love Language of Another*



In love, we all communicate differently, feeling and giving love in unique ways. Dr. Gary Chapman, author of *The 5 Love Languages: The Secret to Love That Lasts*, knows this as well as anyone. When it comes to improving your relationships with others, understanding your own love language, as well as theirs, is imperative.

With our Love Language Quiz, you can find out your own communication style or the communication style of another. You can also take the quiz as a couple for a side-by-side comparison. If you're looking for a lasting love connection, this quiz will give you the insight you need to strengthen any bond.

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