



August 2010

Volume 16 Number 12

10, 9, 8, 7, 6, 5, 4, 3, 2, 1...

BLAST-OFF TO



BridgeFest

August 21



There are three free Saturday events set for this month. Please join in the outdoor fun by planning to attend. On August 7th, 11-4, we have reserved the group site at Grizzly Creek State

Park. Activities will include swimming in the river, games and a short hike. August 14th, 11-4 will see the swimming pool at TLC Camp as the main attraction. Picnic lunches will be provided at both of the events while tasty fresh vegetable and fruit side dishes are requested for potluck. Contact the office, 777-1775, for more information about these free family fun days.

It's BridgeFest on August 21st, 10-5. We have a whole day of music, games and food planned for the entire family. The stage will see performances by our local bands and the children involved in the Bridgeville School Music Camp. The bridge will be lined up with an arts fair. A kid's zone with games and alien attraction is set. We are looking for a sponsor to cover the expenses of an inflated kids jump toy and a sponsor for the festival expenses.

New to the fun this year, we have organized a two mile FREE FUN RUN up Kneeland Road, that starts at 10:30 in the school yard (caution is requested to our neighbors up that road during

the event). This Six Rivers Lions Club sponsored event also includes a 1/2 mile walk.

As usual, the *Intergalactic Flying Saucer Trials* will take off in the afternoon. You will find that more games than ever are planned. The Blake Stretton Memorial Mouse Trap Car Races will start at 3:30 (contestants are needed), Rocks and Pots all day (get your throwing arm ready) and look for the new Chicken Drop Bingo!

You will find baked sweets and drinks at the Bridgeville Community Center booth along with the raffle and silent auction. A BBQ featuring tri-tip sandwiched with all the fixings will be manned by the Bridgeville Volunteer Fire Company.

A hearty thanks goes out to KWIP The Point Radio for advertising the event. Volunteers are needed to fill out our schedule of jobs that is posted in the center. The final planning meeting will be on the 17th at 4pm.

As noted in the previous issue, the Bridgeville Fire Safe Day will be September 25th. It is shaping up to be packed with great music, BBQ, games and information. There will be opportunity to see where your neighborhood fits into emergency planning; how the Bridgeville Fire Company and CDF are equipped to respond; and what homeowner can do to improve fire safety.

With peace in mind,
Michael Guerriero



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A Note from the BCC Board President

Thanks to the BCC and the community for an exciting and busy year! It's been a pleasure to serve on the Board of Directors this past year, and it's an honor to serve as President for the coming year.

Congratulations to Jessica Springer for being elected to the Board and to Jim Nelson and Tammy Farmer for their re-election. A big thanks to Rachel Owen for her outstanding service on the Board these many years and for serving as President. We'll certainly miss her, but are happy to know she'll continue to be very actively involved.

As you may gather from our Executive Director's message, the 2010-2011 year will be busier than ever and we welcome your participation. You're invited to attend the Board meetings for an up-close look at what's going on. The next meeting is Thursday, September 9 at 4:30. Your comments and suggestions are always welcome. I look forward to serving the Center as we continue to grow and serve this great community. Hope to see you at BridgeFest and our other upcoming events!

- Lynne Reardon

Who are the members of the Bridgeville Community Center Board of Directors?

Lynne Reardon, Board President; Jim Nelson, Treasurer; Tammy Farmer, Secretary; Skylar Blue; Kathleen Guelfo; Rob Patton; Jessica Springer

Bridgeville Community Center Mission Statement

"The Bridgeville Community Center is dedicated to improving the quality of life for all our community members. We are committed to bringing people of all ages together to encourage good health, self-esteem, creativity, and personal development."

Bridgeville Community Newsletter

Published monthly by the Bridgeville Community Center

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Kids Playgroup



Hello families!

This is an invitation to any family with members in the 0-5 age range to meet up and enjoy a little community togetherness with peers in their age group. The Playgroup is an easy way to get involved with other parents and caregivers in your community. These are local people who are interested in the same activities and experiencing the same joys and concerns that you do everyday with your little ones. During the summer, playgroup events are a great way to beat the heat.

We will be taking several field trips to town. These always include playground time, an interesting activity and a picnic, all sponsored by Humboldt First5. So parents, next time you see a flier for one of our awesome Bridgeville Playgroup events, call the community center at 777-1775 to reserve YOUR picnic!

If you'd like you can even reserve a spot on the community van so you can enjoy a day out in town with the kids and do no driving whatsoever! Come on out and meet new friends, play hard and eat a yummy nutritious picnic lunch made especially for children. After we tire out the kids we will go somewhere special to learn something fun together before we head back up the 36. Sounds like a full day? Ride the van and you can take a nap with the kids on the way home. See you all soon!

Humboldt County Bookmobile



**Read A Book
They Deliver**



Bridgeville School	10:30 - 11:30
Dinsmore (next to Laundromat)	12:15 - 2:15
Carlotta (Martin & Shirley's)	3:30 - 4:30

The Bookmobile comes to Bridgeville and Dinsmore the second Tuesday. (new schedule)
Bookmobile: (707) 269-1990

REDUCE, REUSE, RECYCLE
Printed on recycled paper.

Comments and corrections are always welcome. Management is not responsible for any errors, omissions, or other editorial mis-statements, intentional or otherwise. The views expressed by the authors do not necessarily reflect the Bridgeville Community Center or its staff. If you have any other concerns, please submit them in triplicate.

BridgeFest

August 21, 2010

HEAVY WEIGHT

Flying Saucer Trials

There comes a time in this galaxy when all intergalactic species must meet. A time to compare antenna and, of course, an opportunity to demonstrate the agility and new advances made on our flying saucer craft. The time is set, Noon, August 21st. The place: Earth; at the old Bridgeville bridge, Bridgeville, California, USA (yes it is a real place, just look it up on the Internet, or fly up highway 36 and see for yourself).

Rules and Procedures

The Object

The object of the event is to earn points by having a flashy looking saucer rig and crew that flies long and lands accurately from a launch off the bridge.



The Flying Saucer

1. The flying saucer must be a disk shape.
2. Flying Saucers shall remain intact upon landing.
3. The Flying Saucer's weight shall be no more than two ounces for every inch in diameter.
4. Saucers shall not be less than 4 inches nor exceed 24 inches in diameter.
5. The saucer shall have an accessible cabin that contains a representation of each member of the crew and an operations manual.
6. Only one saucer per Crew.
7. No modified Frisbees, baseballs, Aerobes, Koosh, or any commercially manufactured toys or sporting equipment.
8. The use of recycled materials is encouraged.

9. The flying saucer must be built to derive its forward flight momentum directly from the hand of the crew member.

The Crew

1. Each crew shall consist of only two individuals of like minds and spirit with a catchy name.
2. To allow for communication and guidance, crews shall be equipped with fully exposed head mounted antenna.

The Entry

1. For each Crew there is an entry fee of \$5.00 U.S. payable in cash, check, money order or 7 pounds of compressed aluminum. No Alfa Centori Dorkmas will be accepted due to rampant inflation.
2. No entry will be accepted after 12:30 P.M.



The Games

- 1) We will begin taking entries at 11:00 A.M. on the bridge. During entry inspection, the flying saucer will be weighed and inspected to see that it meets specifications to qualify for the day's event. The flying saucers cannot be structurally modified after the entry inspection.
- 2) Entries will be judged for style and design from 11:30-1:00.
- 3) Beginning at 1:00, each crew member will be responsible for one launch of their rig from the designated launching pad on the bridge.
- 4) The judges will give a score to each flight based on style of launch and flight, distance, and accuracy.

The Big No-No

1. Disqualification will be the result from crew members doing test flights off either of the bridges prior to or during the contest.
2. Flying saucers that land in the poison oak, on the steep bank on the north side of the river, or way up in the trees will be disqualified.
3. Flying saucers that eject their crew or cabin will be disqualified due to certain death.

The Points

Points may be earned in the following ways:

- 1) 1 to 50 points for a cool looking rig.
- 2) 1 to 20 points for creative representation of the crew, cabin and operations manual.
- 3) 1 to 20 points for some sweet looking antenna.
4. 1 to 20 points for creative recycling of materials.
- 5) 1 to 5 points for the graceful launch and flight of the flying saucer.
- 6) 1 point for every yard (36 inches) in distance of the flight.

Points may be lost in the following ways:

- 1) 1 to 10 points for each incident of whining to judges by crew members.
- 2) 1 to 100 points for the loss of flying saucer parts during the launch, flight and impact of the landing. We do not want to spend all day recovering pieces of your vehicles off the river bar.
- 3) 1 point for every foot (12 Earth inches) that a rig's landing is away from the landing strip.
- 4) 1 to 100 points for a river landing.
- 5) 1 to 100 points for yet be considered ways that an entry could lose points at the discretion of the judges.



The Judges

All of the points given or lost will be based on the incredibly subjective opinions of our trusty judges.

Awards

Yes

Size of the Course

The old Bridgeville Bridge stands about 45 feet above the river bar. The bar is approximately 150 yards long and 50 yards wide, lined by the river to the North and a bank of trees to the South. The landing strip will be laid down the middle of the bar for easy flying. There is usually a good wind from the West around that time of day.

For more information or to answer your questions call (707) 777-1775, press 1 for English, 5 for Martian.

We come in peace.



NEWS FROM THE HIVE

By Skylar Blue

I took a class on understanding conflict, last weekend. There is a lot for someone to learn, especially if kindness is hard for them. Basically, kindness will help you to understand just where your boundaries are with others. If what you are saying is for no other reason than to offend another, than you better rethink your motives. If you are on the receiving end of the insult, knowing who you are, letting the insult pass, and being aware that it was just an unkind act, helps you to not only let it go, but not want to do that to another. Most angry statements attest to how the other person feels about the situation, not about you. Fearful people are often angry at a lot of things and you may just happen to stoke their fire. You've got to think about how much anger you want to be around. It can rub off, if you're too close. Give yourself distance from the things that stress you out, if you can. And if not, don't take it in too far and always remember to consider the source.

BridgeFest, this year, will have a survey to fill out concerning the community needs. It really is important to take a couple of minutes to think about what services, programs, ideas, and interests you might have or like to see forthcoming from the BCC. Without your community input, there is no reason for any changes to be made and without change there is no energy or no growth. We all need the energy and growth so pitch in on this level!



The 14th Annual BridgeFest presents

The Blake Stretton Memorial

Mouse Trap Car Races



Official Rules and Regulations

1. Forward momentum must be powered by the spring of a mouse trap.
2. Entry will be charted by distance up to 28 feet and timed for the full distance.
3. Must include insignia and a representation of the driver.
4. Time trials to start at 3:00pm.
5. Maximum weight= 2lbs
6. Maximum size= 6" in any direction

The Green Thumb

Stretching the Season



For those of us who tilled, seeded and planted a summer garden, now is the time of abundant harvest; when all the hard work starts paying off. Tomatoes are most likely still green and growing but the beans, squash, cucumbers, onions, to name a few, should most likely be a big part of our daily diet. As August passes by, we still have at least two good months of summer veggies. Our fresh harvest does not have to end with that first frost. If we plan now, we can grow a fall garden that will keep fresh food on our tables through the heart of winter.

Parsnips, rutabagas, leeks, endive, overwintered broccoli, kale, winter cabbage are a few fall/winter vegetables that can do well in our area, especially if you live below 1200 ft. elevation. Higher elevation gardeners may need to depend on their greenhouses for that extra warmth. Territorial Seed Company has a great variety of fall/ winter seed. Sow your seed at the end of August using the larger celled 6-paks. Place in drain pans filled with 1/2 inch of water. This will help keep seedlings moist, even on the hottest days. By middle to end of September you will have seedlings strong enough to place out in a garden bed. Add plenty of nitrogen like well-rotted manure before planting. Keep the plants well watered and mulched until the rains come. Timing is a little tricky in the fall, but don't give up. Those fall greens are the most nutritious for our bodies and there is nothing more satisfying than a harvest of winter greens for soups and stews.

My green thumb came only as a result of the mistakes I made while learning to see things from the plant's point of view. ~H. Fred Dale

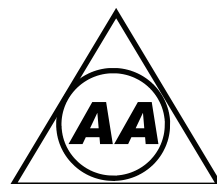


Tai Chi Class

Tuesdays, 5:30-6:30

Mad River Community Center, Van Duzen Rd. Across from Southern Trinity School
Contact Dottie Simmons for more info at 777-1920

The Mad Group - Invites you to join us!!



When: Sundays @ 2:00 pm

Wednesdays @ 5:30 pm

Where: Community Center, Mad River (on Van Duzen Road)

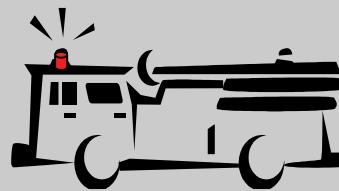
Showing Up – The Basics

Tips for when your friend is ill

General Guidelines: Don't let your fear of saying the wrong things keep you away. Show up.

1. Call before visiting.
2. Be natural, say "How ya doing?" like you would with any friend. Leave off the long face.
3. Tell them about you and what's going on with mutual friends.
4. Take a mutual friend with you so the sick person doesn't feel obligated to entertain you. They can lay back with closed eyes and enjoy the feeling of inclusion without the effort of maintaining their end of the conversation.
5. When people are critically ill it is important that they know their life mattered and that they touched people. Help them remember the important things they've done.
6. Your best gift is your presence. LISTEN, you don't have to talk or make it better. LEAVE YOUR AGENDA BEHIND!
7. Don't say: "Call me if you need me." Instead offer something concrete and practical: "I'll bring dinner on Wednesday." "I'm going to clean your bathroom on Saturday."
8. Call if you're going to town to see if you can do any shopping for something they need.
9. If there are lots of friends and family calling, asking for reports etc. offer to be the clearinghouse. This can take a tremendous burden off the family's shoulders.
10. Arrange/coordinate with friends, church group, work group, etc. to deliver meals daily or even weekly. Make sure people are picking up their pans! You want to lighten the load, not increase it.
11. It's okay to admit you are sad or scared but it isn't about you. LISTEN, LISTEN, LISTEN. Sitting in silence is also totally okay.
12. No matter how special your relationship, don't stay very long. Five minutes of love goes a long way, 20 minutes is just tiring.

From: **Two Rivers Community Care Group:** *Neighbors Helping Neighbors* along the upper Mad River and Van Duzen Rivers.



Bridgeville Volunteer Fire Company News

Please have your address posted CLEARLY on your gate or on HWY 36 for BVFC expedience when there is a Med Aid call or Fire call. You are not only helping BVFC find you but it may be a matter of life or death to you. This is a very important duty of all families in Bridgeville, CA.

Help support the BVFC by bringing your appetites to BridgeFest XIV. Enjoy grilled goodies at the BVFC tent! There will be Tri-Tip sandwiches! See you there! *Skylar Blue*, BVFC Volunteer

The following are BVFC calls from May 24th through July 17th, 2010:

5-24-10 MED AID at M.M 21.38 ...5.08 pm
6-20-10 MED AID at M.M 39.6 ...1.05 am
6-27-10 MED AID on HWY 36 ...1.15 am
7-01-10 MED AID on HWY 36 ...10.20 am
7-08-10 AUTO ACCIDENT HWY 36 at M.M 17.50 ...6.52 pm
7-08-10 MOTORCYCLES DOWN on HWY 36 at M.M 35.6...9.00 pm
7-13 -10 AUTO ACCIDENT HWY 36 M.M 26...4.00 pm
7-17-10 MED AID ALDERPOINT RD...3.10 pm



Senior Summer Lunch Schedule

The Senior Lunch Summer 2010 schedule is going to be a ball this year! Make sure to cut out this article and hang it on your refrigerator so you know what's in store for a fun Bridgeville summer! All lunch activities will be held on Thursdays. We will meet for activities at 11:30 am at the BCC. Carpooling for outside activities is surely appreciated. Everything is handicapped accessible! Call Sky for more info: 777-3565.



August 5: 11:30am-Meet at BCC. 1:00pm lunch at Banana Hut (Polynesian food) in Eureka. 2:30pm Morris Graves Museum.

August 12: Noon at BCC. Card and Cribbage party. Catered Lunch of sandwiches and snacks.

August 19: 11:30- Meet at BCC. 1:00pm-Lunch at Samoa Cookhouse and their Museum after lunch.

Hope to see you all over the summer to enjoy each others company and to try some new restaurants and visit some museums. All reservations have been made. All Handicapped accessible.

~ Healthy Spirits ~

Hello Bridgevaliens,

My name is Sacrovandese the Wise, resident of Planet Fulofit. Lauri Rose, WWQ and Intergalactic Gadfly, has kindly and courteously allowed me to do a special BridgeFest edition of my advice column *Sacro's Intergalactic Universal Daily Wisdom*. There are less than twenty unique dilemmas in the known universes and Shakespeare has covered all of them but, in a multiuniverse world, the variations are endless and the solutions subtle. I am really really old and really really wise, please heed my advice; it will improve your life. Guaranteed.

Q: Dear Sacro, my mother-in-law has a cat that wants to sit on my computer keyboard all the time. I can't get any work done and my family is starving. What do I do? Keyed-Up on QUERTY.

A: Dear Keyed-Up, considering you are on QUERTY you can't do a whole lot. Your mother-in-law's wishes are Law, but isn't she starving too? Or does she have Cache-Sack she isn't sharing? Perhaps you can elicit the cat's cooperation? Or have you angered it so much it won't talk to you? Smear a little smoky-berry on the keyboard, that should take care of the problem once she licks her paws. Just don't touch the keyboard yourself! For those of you on Planet Wwwwyyphose with a similar problem simply tap the beast's ear each time it annoys you, it will soon desist. Hopefully your ears will remain intact after she is done with you. On planet Earth you are stuck, earth felines are notoriously untrainable, sorry.

Q: Dear Sacro, I have a Doba Tree that won't leave my garden alone. I think it is in love with the Phora plant by the fence. Shaded-Out on Buetismo

A: Dear Shaded-Out, no problem, move the Phora and your problem Doba will move too. Or, are *you* also in love with the Phora? Or maybe the Doba? (You see Earthlings, only so many plots but endless variations). If it is you and the Phora take advantage of the Doba's poor eyesight. Put a picture of the Phora soaked with its scent in a secluded spot and watch the Doba settle down to be quietly in love with the picture. But, be sure the Phora is not reciprocating the Doba's love or your plan for romantic conquest will surely backfire.

Q: Dear Sacro, the Darsubean's keep sabotaging my spacecraft. I have made five river landings at BridgeFest and I'm sure it's the Darsubean's doings. Captain All-Cracked-Up on Earth.

A: Dear Cracked-Up, just buck-up and suck it in, you are a lousy captain, admit it and get on with your life! Stop blaming other people and get your own act together or you'll never make the 75 yard-line. *(This advice is relevant to all planets, every planet has whiners and Buck-Up is a Universal Strategy that works no matter what planet you are on)!*

Q: Dear Sacro, I'm kind of old and my children are taking advantage of me. Now I am going crazy. It's probably my son-in-laws that want all my stuff. What can I do? Maddened on Planet SshakeLer

A: Dear Maddened, surely one of your other children can be your ally? Try a younger daughter, they are usually sympathetic. Just don't go wandering the Baarclean Plains, you catch a cold in a platinum storm. For those of you in similar circumstances on Planet Zquit if you raise your Stimtus so it is bigger and higher than your son-in-laws' they are bound to back down. On planet Nuumbra the Elder Judges should be consulted and their judgments followed, but still enlist your younger daughter's help. The Elder Judges can be swayed by filial love. On Earth, try mediation and if that doesn't work burn all your stuff. They may put you in a nursing home but that's where they were heading anyway so don't let them get your stuff too!

Earthlings, I hope this helps you see you are not unique in the Universe. Everyone has the same problems with just minor planetary variations. Good luck on your flights and stop by the Starliner Lounge (*antennae required*).

Fly High, Fly Long, Look Good
Sacrovandese The Wise



Ruth Lake Summer Festival

Aug. 7 & 8, 2010

The 16th Annual Ruth Lake Summer Festival will take place on Aug. 7 & 8, 2010 at the Ruth Lake Recreation Campground. Hours are 8 am to 7 pm, Saturday and 8 am to 4pm on Sunday. There is free admission & parking.



A blueberry pancake breakfast will be served by the Southern Trinity Fire Dept. at 8 am to 10 am on both Saturday & Sunday. Something new on the agenda is barbequed albacore. Also, more food vendors have committed to attend.

There is a line-up of talented musicians that will perform both days. Ruthie, our awesome lake creature, will again make an appearance along with Smokey the Bear.

The local Southern Trinity 4-H club members will have a petting zoo for the kids young & old to enjoy. More kids games are planned this year. There will be something for everyone.

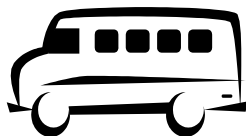
Arts/Craft vendor space is still available. Cost is \$15.00 for one day. \$30.00 for both days. Camping available.

Proceeds benefit Southern Trinity Volunteer Fire Dept. and/or Southern Trinity Area Rescue.

Call (707) 574-6217 for festival application.
Campground reservation call: 1-800-840-9545
Boating & fishing information can be had at (707) 574-6194. Boat inspection information: (707) 574-

Van Ride To Town

The Community Center van goes to town on the first and third Thursdays. Reserve by calling 777-1775. Depart @ 9:15am, return 5:30pm. Donation of \$5 per household appreciated. Be seeing you.



Food Matters A TO Z

By Ann Matula Gyenis
Certified Nutritional Consultant

Give Me Some Skin

Summer is the time our skin really gets put to the endurance test. Not only are we exposed to more sunshine than we need for vitamin D production but insect stings, contact with chlorinated water in swimming pools, and reactions to various foods, plants, skin creams and sprays all take their toll.

Dermatitis is a condition that means 'skin inflammation' and has many causes. If you get a patch think about any new metals that you have worn, any new soaps, detergents or body sprays you may have tried or any new foods you may have eaten at a cookout or summer pot luck. Sometimes it is a combination of something worn and something eaten that make the breakout occur.

One other cause of dermatitis is a lack of essential fatty acids in the diet which you get from the oils in seeds and the body turns into anti-inflammatory prostaglandins. It is very important to note the distinction between good seed oils and the saturated fats and artery blocking oils found in fried foods and fatty red meats. The bad kind actually blocks the formation of the anti-inflammatory prostaglandins. In other words if you are getting your nice flax seed oil and topping it off with a big bag of greasy french fries, you have wasted the flax seed oil.

The skin is one route the body uses to get rid of toxins – think sweating – so drink lots of water and sweat to your heart's content!

A certain type of dermatitis, called acrodermatitis, responds very well to zinc supplementation as it is caused by a deficiency of that mineral.

Nutrition is involved at every stage of your skin development. Starting with the dermis, collagen is made when vitamin C converts the amino acid proline into hydroxyproline. No vitamin C, no collagen. A diet rich in fruits and vegetables, seeds and nuts and high quality proteins as found in fish are key to a moist and flexible skin. The consumption of lots of water cannot be overemphasized.

You skin keeps your insides in, protects you from radiation and dehydration, and makes you look good. The entire surface is entirely replaced every 20 days and its condition depends largely on what you consume.



**Why do aliens from Planet Zoid love to eat slugs?
Because they don't like to eat fast food.**

BridgeFest

Need to escape to an Alien Destination?

BridgeFest 2010 is your ticket to the warm sun and refreshing river scene happening just 24 miles inland from Highway 101. Come out on August 21st from 10am-5pm and enjoy live music all day from the best local bands, and a bustling arts and crafts fair right on the old historic bridge. There will be a busy kid's zone for creative little aliens, and an out of this world abundance of stellar games and contests, such as the Blake Stretton Memorial Mouse Trap Car Race and the Intergalactic Flying Saucer Trials. Anyone can enter the Flying Saucer Trials, just form a team with a fellow alien and create a cosmic vehicle to launch off the bridge! Prizes include length of flight, accuracy of flight, & best looking rig. Check out the official rules printed on page 3 (or our website).

For the carnivorous beings among us, the Bridgeville Volunteer Fire Company will B-B-Q up some mouth watering tri- tip sandwiches and hot dogs. In addition, there will be veggie burgers, corn on the cob, watermelon and baked goods (made by the Bridgeville Bakers).

This year we will be introducing our 1st Annual Fun Run which is free of cost for participants from this universe. There is a choice of a 2 mile run or ½ mile walk, both starting at 10:30 am. This event is sponsored by The Six Rivers Lions Club.

Every year the Bridgeville Community Center holds its universally legendary Raffle and Silent Auction where there are exceptional domestic prizes produced by the aliens that exist in this relatively unexplored region. These products may be helpful in understanding some of the fascinating customs, cultures and traditions of Earth, in particular Humboldt County. This raffle is a fundraising venture that helps support the Bridgeville Community Center, a service organization for our community. Sponsors include McClellan Mtn. Ranch, producers of "the soil you will love" and The Point Radio which "plays the best rock and roll of all time, all the time".

As always there will be free admission and free parking for earthlings and UFOs alike.

Questions, directions, vendor info, etc please call the Bridgeville Community Center (earth phones preferred) at (707) 777-1775.

Sorry— No dogs or henways from any galaxy allowed at this event.



**Bridgeville Community Center
Adult ED Classes**
We Fit Your Schedule

CLASSES START AUGUST 25

GED ■ ESL ■ Adult Basic Ed

Private classes are available by appointment to start working toward your GED, Basic literacy, or other educational goals.

Bridgeville Community Center Adult School is having classes. Class times are flexible and designed to fit into each student's time constraints. If you are interested in getting a GED or in basic adult education classes, please call the BCC at 777-1775 to register. We will contact you to set up class times.

Call 777-1775 for more info

**Rural Outreach Services
Enterprise (ROSE)**



**Humboldt County Dept. of Health and
Human Services**

**Our staff can assist you and answer your
questions about these services:**

***Humboldt Housing Now; Homeless
prevention; Rapid Re-Housing Pro-
gram; Cash aid assistance; Medi-Cal;
Quarterly Income Reports; (QR7);
Food Stamps***

The ROSE RV will be at:

**Bridgeville Community Center,
38717 Kneeland Road, Bridgeville**

**Thursday, August 26, 2010
from 9:00am to 1:00pm**

**We invite you to come and meet the
ROSE staff and learn about how we
can help you!**

**If you have questions or need Transportation to the
ROSE RV, please call (707) 441-5542.**

RANDOM THOUGHTS

By Attila Gyenis



My Leg's Burning- Truth or Fiction?

What is the difference between reality and fiction? Fiction has to make sense. After all, would you read the latest bestseller if it didn't make sense?

Reality, on the other hand, has no such obligation. Life is filled with incredibly absurd things that not even Stephen King or Kurt Vonnegut could have imagined in their fiction novels. Okay, maybe Kurt Vonnegut did write about some of the life's absurdities in his book *Slaughterhouse 5*.

This is the definition of 'absurd' according to Merriam Dictionary:

Main Entry: ¹**ab-surd** Pronunciation: \əb-sərd, -zərd\ Function: *adjective*

Etymology: Middle French *absurde*, from Latin *absurdus*, from *ab-* + *surdus* deaf, stupid
Date: 1557

1 : ridiculously unreasonable, unsound, or incongruous <an absurd argument>

2 : having no rational or orderly relationship to human life : meaningless <an absurd universe>; *also* : lacking order or value <an absurd existence>

The interesting thing about all the absurd things that have occurred in my life is that they have happened so many times that they don't even stand out in my memory. Does that mean that they weren't absurd?

The only absurd thing I remember at the moment is seeing bank ATM machines at the drive-thru include instructions written in Braille. I'm not sure what it says, but if I were writing the message it would say something like this, 'Don't be absurd. Get out of the car. Stop Driving Immediately.'

If you ever read *News of the Weird*, a column found in many papers and online, you will see that absurd things occur on a regular basis. This is what they had in a recent column:

A naked, 47-year-old man was taken to an El Paso, Texas, burn center in July after "friends" won a bet and got to set his prosthetic leg on fire, and it spread to his body. The man admitted to police that he had lost fair-and-square, by downing "only" six beers. He was treated for several days and released.

We have all seen things that are absurd, silly, weird, or just plain moronic, like fighting for peace. When we recognize the absurd moment we just smile to ourselves and go on our way. Some have even said that some of my actions are absurd. I think that is absurd. After all, when was the last time I set my leg on fire? Not yet anyway. *Peace.*

Don't forget to buy your BridgeFest Raffle Tickets

BRIDGEVILLE COMMUNITY CENTERS
14TH ANNUAL-2010
BRIDGEFEST
AUGUST 21
MUSIC & ARTS
FAIR BEGINS 10AM
FUN RUN AT 10:30
WAY OUT ON HWY 36




BENEFIT RAFFLE
INCLUDING THIS QUILT
ONE NIGHT LODGING AT THE
HISTORIC BENBOW INN
SERIGRAPH BY M. GUERRIERO

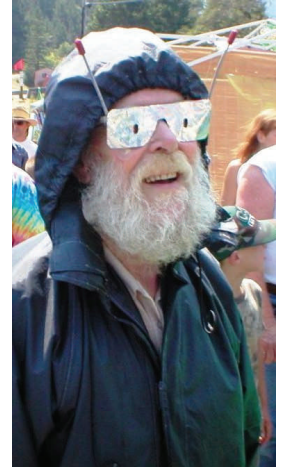
Some Useful Conversation Starters when talking with an Alien

Did you know:

- All the moons of the Solar System are named after Greek and Roman mythology, except the moons of Uranus, which are named after Shakespearean characters.
- Jupiter's moon Ganymede is the largest moon in the Solar System, and is larger than the planets Mercury and Pluto.
- Olympus Mons on Mars is the largest volcano in our solar system.
- On a clear night in the Northern Hemisphere the naked eye can discern some 5000 stars.
- On February 7, 1969, a meteorite weighing over 1 ton fell in Chihuahua, Mexico. (*the poor dog*)
- Uranus is the only planet that rotates on its side
- Only 55% of all Americans know that the sun is a star.

The BM Alien Movement

Arriving from the opposite parallel universe, there comes the BM aliens, aka Blake Memorial Aliens.



We are coming to honor our late grand poobah and dishonorable leader Blake and his Queen Ellen with their son Tim. Through the years they have created chaos and laughter at the BridgeFest. If you have been lucky enough to witness Blake's cheating UFO contraptions, hidden kites in pie pans or rockets that dropped like rocks, you would know that winning was not his goal. If you Earthlings are ever lucky enough to have a leader with Blake's creativity and a sense of humor, your society would never be the same again.

SO WARNING!

If you feel that an alien has taken over your brain and you are compelled to build a BM saucer, here are the parallel universe goals:

- Wear a black band on some part of your alien extremities.
- Absurdity counts
- The Alien with the least points wins the Blake Memorial Anti-Prize.



Good Luck to all the Universes
in all Dimensions!



The Bridgeville Baptist Church

We are on Alderpoint Road, just past the Bridgeville Bridge off Hwy 36.

Sunday School- 9:45-10:45 am
Morning Worship- 11:00-12:00
Mid-Week Service- Wednesday 6:00 pm

Thank You

THANK YOU SPONSORS for making the newsletter possible.

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Bridgeville Community Center is a Federal non-profit organization. Please consider donating to support the newsletter and the community center.

To be a sponsor for this newsletter, please send a contribution of \$25 or more to:

Bridgeville Community Newsletter,
P. O. Box 3
Bridgeville, CA 95526

For Information, contact BCC at (707) 777-1775

Strong and Better Balance

Classes Monday thru Friday 10:30—11:30 (free)

Please spay and neuter your pets.
There are already enough strays.
Thank you.



S.T.A.R EMT Classes

Southern Trinity Area Rescue will be holding EMT classes starting in August. Classes are held in the evening twice a week. Call STHS at 574-6616 for more information. S.T.A.R. depends on volunteers like you to provide emergency and ambulance services to the community.



Bridgeville Trading Post

For Sale- 14' Travel Trailer: 2005 Shadow Cruiser. Excellent condition. No pets, no kids, only highway miles. Needs new battery. \$7500.00 OBO. (707) 574-6445

For Sale- CRAFTSMAN Portable Dust Collector. Never used. \$175.00 (707) 574-6445

Job Counseling Available- Redwood Community Action Agency is currently offering one-on-one assistance with job seeking and work readiness. The Employment Case Manager, Joy Soll will help job seekers write resumes and cover letters, search for work, and find training that will help them be more marketable in the work world. She can support Humboldt County residents in all aspects of finding employment. This project is funded through the American Recovery & Reinvestment Act. For more information, please call Joy Soll at 269-2039.

Found- Flying Space Craft, kind of round, with flashing lights, Found last August flying around Bridgefest.

The Humboldt County Election Division has come up with a form to remove deceased family members from the voter's registration roster. The forms are available at the BCC. Please help, if you can.

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POSTAL PATRON



August Calendar

- 1st – Sunday, Breakfast with the Six Rivers Senior Group
- 5th – Thursday, Van trip to town (call BCC to reserve a seat)
- 5th – Thursday, Senior Lunch at the Banana Hut in Eureka 1 pm; visit the Morris Graves afterwards
- 6th – Friday, BVFC meeting 6 pm
- 7th – Saturday, FAMILY FUN DAY AT GRIZZLY CREEK STATE PARK 11-5
- 8th – Sunday, Breakfast at the Carlotta Grange
- 10th – Tuesday, Bookmobile 10:30 - 11:30
- 10th – Tuesday, TRCCG meeting in Mad River 3 pm
- 12th – Thursday, Senior lunch here at noon; cards & games afterwards
- 14th – Saturday, FAMILY FUN DAY AT TLC 11-5
- 15th – Sunday, Breakfast with BVFC 8:30-11
- 17th – Tuesday, BridgeFest planning meeting 4 pm
- 19th – Thursday, Van Trip to town (call BCC to reserve a seat)
- 19th – Thursday, Senior lunch @ Samoa Cookhouse 1 pm
- 20th – Friday, Commodities 10-3
- 21st – Saturday **BridgeFest 10-5**
1ST ANNUAL FUN RUN 10:30
- 25th – Wednesday, Adult Ed classes begin 9 - 3
- 26th – Thursday, Senior lunch here at noon
- 26th – Thursday, R.O.S.E. van at BCC 9 -1
- 30th – Monday, SCHOOL STARTS

WEEKLY

- every Monday - Friday:** Strength & Balance Exercises 10:30 - 11:30
- every Tuesday:** Medical Clinic from STHS - at BCC 10 - 4...call 574-6616 for appt.
- every Thursday:** Senior Lunch; refer to calendar, above
- every Thursday:** Harp class at 2 pm

Call 777-1775 for more info

The Rural Outreach Services Enterprise, a part of the Dept. of Health & Human Services is going to come to the BCC to hand out 20 FOOD BOXES to families with children. There are income guidelines (higher than for commodities), so bring some kind of proof of income, and your children's ID. The FOOD BOXES will be distributed from 10-12 on August 12, and on August 26.

ATTENTION- ALL CONTRIBUTORS!

Email, snail mail & hand deliver your articles and announcements to the Bridgeville Community Center. On computer disk or email is preferable. **Submissions are due by the 20th of each month.** Thank you. Support the Newsletter, contribute.



The Bridgeville Community Website is up and running. Visit us at:

www.BridgevilleCommunityCenter.org