

Intergrouper



September 2018

Office Hours
9-4 M-F
10-2 Saturday
Closed Sunday

Central Florida Intergroup Services, Inc.
283 Live Oaks Boulevard, Building 6
Casselberry FL 32707
email: cfi@embarqmail.com
web: <http://www.cflintergroup.org>

P (407) 260-5822
F (407) 260-5604
24 Hour Hotline
407-260-5408

Firing Parliament

by John

I have heard everything from having “a clamoring and disruptive, argumentative committee in my head, full of voices raging towards self-destruction” to having “a little bastard chained up there in my head that I can’t feed (but that I sometimes do) or he will devour any good sense I may be able to muster.” Committee meetings are their own nemeses; that makes them a gift that keeps on giving. Very few people much enjoy committee meetings anyways, at least not really, and little bastards are... well, just that: little bastards. And for the record, the term “bastard” is purely pejorative in this context because that creature has a father and anyone housing one of these ungrateful little creatures knows precisely who is the little bugger’s daddy.

My case is quite different. The ‘committee’ room is very big and breathtakingly lavish with pews and brass rails and cushions for sitting, usually a plush burgundy sort of type of cushion with maybe some gold-fringed handy-work embroidered nicely around the circumference or perimeter of the cushy pillow, depending on

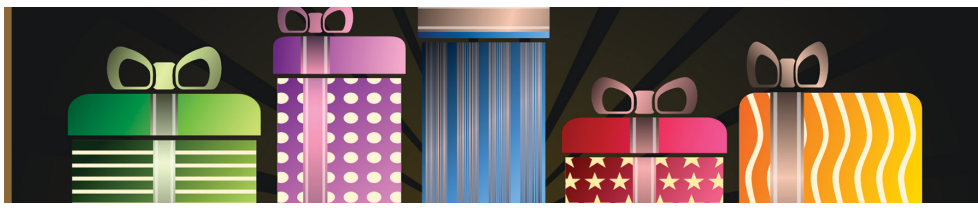
its shape. Lots of dark wood and marble floors because the click-and-the-clack of the shoes’ clickity-clackity clops’ echoes adds a certain sense of formality to the din of my darkened chamber. All of the chamber members are very well-dressed. They are educated, have wonderfully literate minds and are very well-read. They embarrass the oratory skills of the finest Toastmasters chapter, and are oh so very, very polite. And all of them drink. They are very fancy people with whom I regularly disagree but rarely debate. But, you see, this is good because we once upon a time not so very long ago only argued. Arguing makes me angry.

When the world was upside down on any given very dappled day in a very dappled way, dappled with drunken depression and do-little nothingness—other than to decorate for today’s rainy day overly anticipated pitter-patter pity party—came the pitter-patter rain and its ugly muddy muddle-puddles. The sun did not shine, it was too wet to play, so I sat in my house every long stormy day to do what I did, and I did what I do...what I do when I drink, fol the diddle I do: I drank. And not just a little and not just a lot, so every cold Red Stripe had a friend called

“a shot.” Sometimes liquor, sometimes wine. Most of the time the result was a crime against me or myself: the very nature of I (and yes me knows the object pronoun is the correct grammatically proper form). Real grammar calls that pronoun “case accusative.” But I digress. Correcting my grammar will get you nowhere. If I wanted to correct it, I’d darn well do it me-self. Easy does it.

Nothing ever gets better when I drink. Fact. Even in sobriety things aren’t always so very simple. A brain trained by alcoholic indulgence is a sick mind in spite of its career achievements, its social class or its education. Alcoholism has one superior characteristic that no human can claim more than that to which s/he aspires: alcoholism does not discriminate. None the matter from where we hale nor from where we sail; alcoholic rain falls mainly in the drains that becomes of our brains. John Barleycorn’s grains run through our veins until the pains in our Haynes require cranes trains and planes and eventually canes as we feign to gain but wane, for the pain maims once healthy souls into utter nothingness. And we many of us accept it for quite a very long time as the good life. Hard to believe.

(continued on page 4)



Altamonte Springs

Doug L - 13
Wayne H - 9
Terry B - 7
Joe C - 2

Apopka Big Book

Wil W - 33

Back to Basics

Keith F - 28
Carol G - 26
Mary Jo - 11
Susan P - 4

Central Orlando

John W - 39
Eileen C - 30
Julie J - 28
Keith F - 28
Carol G - 26
Tim C - 25
Lisa C - 16
Mary Jo C - 11
Nancy - 5
Larry N - 5
Susan P - 4
Peggy B - 3
Cristy B - 2
Ric B - 1
Fabian E - 1
Cliff F - 1

Clean Air

Denny E - 29
Carol G - 26
Lorraine A - 8
Dianne B - 6
Tara B - 2

College Park Triangle

Stephen A - 17
Andy J - 27

Crossroads

Erica - 30
Jim T. - 26
Michelle P. - 23
Gary M. - 22
Brandy J. - 17
Richie N. - 5
Deb L. - 4
Patrick G. - 4
Mike H. - 4
Ray R. - 3
Kristina W. - 3
Jorge C. - 3
Neil - 3
Colleen B. - 2
Tom M. - 2

Decisions Group

Alan F - 15
Hal F - 11
Mark B - 11
Tom S - 11
John P - 8
Cory D - 4
Cory C - 1
Marion R - 1
Trish F - 1

Dr. Philips

Nancy S - 34
Mike S - 34
Peter F - 33
Jeffrey P - 33
Ron L - 29
Ed L - 27
Carol S - 26
Lenny M - 21
Debbie C - 17
Karen G - 15
John H - 8
Kelly O - 5
Shane T - 5
Miga M - 5
Rich N - 5
Tiki B - 3
Dylan H - 2

First Things First

Michael K - 22
Lenny M - 21

Fortunate Few

Becky F - 17
Peter B - 1

Founders Mob

Kevin P - 27
Louis S - 13
Tina E - 7

From the Heart

Janey G - 33
Suzy S - 10

Greenhouse

Chuck C - 25
Greg S - 20
Axel R - 10
Bethany B - 3

High Noon

James F - 6
Gary S - 3
Julie - 3
Mick O - 3
Evan R - 2
Dustin C - 2
Michael J - 2

Just Do It

Tona S - 11

Living Sober

Glen J - 20
Keith F - 17
Doug L - 13
Michelle C. - 10
David G - 5
Dave D - 4
Grace R. - 3
Tim J - 3
Michelle B - 2
Angela M - 2

Made A Beginning

Beth D - 8
Lynne S - 5
Charles M - 3
Patty M

Miracles Happen

Danielle - 1

Pathway to Peace

Glen D - 23
Jim E - 3
Julie W - 3
Midian L - 1
Jonathan M - 1

Pine Hills Grace

Kaye B - 40
Ell E - 11
Angelo J - 11
David N - 5
Kentrail W - 2
Bruce S - 2
Chris S - 1
Jeff S - 1
Ronald - 1
Terrence H - 1

South Sanford

Brian N - 26
Laura C - 4
Julie W - 3
Diane - 2
Benny W - 1

The Hope Group

Peter F - 33
Ed L - 27

Three Legacies

Nancy S - 36
Peter F - 33
Christine D - 9
David Z - 5
Beth C - 4
Bobby B - 1

Wekiva Basics

Susan R - 30
Barb M - 5

Winter Park

Mariana W - 34
Michael V - 31
Eileen C - 30
Maureen C - 30
Melanie L J - 30
Denny E - 29
Danny E - 28
Ann C - 28
Carman C - 27
Dean C - 26
Mary V - 24
Steve O - 16
Lou G - 15
Marri Beth H - 15
Michael D - 12
Carol M - 8
Carrissa S - 8
George R - 7
Dan C - 7
Andy P - 7
Bob L - 7
Stuart M - 6
Liz T - 6
Sharon M - 6
Tom C - 5
Phil S - 5
Marry Ann C - 5
Cindy G - 4
Niel C - 4



History's Corner, September, 2018 – 35th million Copy of Book Alcoholics Anonymous Presented to the Roman Catholic Convent of the Sisters of Charity of St. Augustine. - Vic L. Decisions Group

Located today in Northeast Ohio, just outside of Cleveland, the Sisters have an interesting and compelling service record in assisting our cofounder Dr. Robert H. Smith and Alcoholics Anonymous to medically treat Alcoholics in the late 1930's and forward decades.

Dr. Bob had practice privileges at St. Thomas Hospital Medical Center, located in Akron, Ohio, the birthplace of our fellowship Alcoholics Anonymous. It was a Roman Catholic hospital staffed by nurses who were Catholic sisters from the Sisters of Charity of St. Augustine. Dr. Bob was assisted in those days by Sister Ignatia, whom he fondly nicknamed "Ig". With permission from her superiors, Sister Ignatia began to assist Dr. Bob to treat alcoholics' physical symptoms.

It was innovative and profound because most hospitals in those days would not treat alcoholics as they would almost always end up repeat offenders. In addition, they rarely paid their bill. Sister could not understand the hospitals' policies. She reasoned they would treat an alcoholic who had a car accident and broken bones or head injuries but refused to treat alcoholics going into DT's. Dr. Bob and Sister Ignatia changed the treatment policy and began treating alcoholics in the late 1930's. The Sisters of Charity continued their work long after Dr. Bob passed away in 1950, and in gratitude to this innovative service to Alcoholics Anonymous, were presented the 35th million copy of the book Alcoholics Anonymous at the 2015 International Convention in Atlanta, Ga.

Our traditions implore us to cooperate, never affiliate; yet, cooperation can benefit the suffering alcoholic in many different ways. Dr. Bob's work at St. Thomas Hospital recognized the physical sickness along with the spiritual side of the illness called alcoholism. Dr. Bob's commitment to Step 12 was spread throughout the Midwest in the 15 years he stayed sober and in service, and he was dually nicknamed "The Prince of the 12 Steppers." In the end, Bob was an example of how innovative and hard work can be applied to help suffering alcoholics recover; truly, Dr. Bob and Sister Ignatia will be remembered in our history for many years to come.

September 2018

Fireside Youth Grill n' Chill

Join us for fun, food, and sobriety! We will be tie-dying shirts! Bring your whole family!

\$5 Suggested Donation

Where: Eastside Club, 2017 N Goldenrod Rd, Orlando, FL 32807

When: October 6th, 2018

Time: 2pm - 7pm
Speaker at 3pm



Area 14 Public Information and District 9 present

PRINCIPLES BEFORE PERSONALITIES

Anonymity at the Personal Level

Saturday, October 20, 2018

1:00pm—3:30pm

Christ Unity Church

771 Holden Ave, Orlando, FL 32839

Light refreshments served

*Anonymity is the spiritual foundation of all our traditions,
ever reminding us to place principles before personalities.*

(Continued from page 1)

Much reflection has taught me that arguing makes me angry because arguing is what I do when I am losing. Debating exercises the brain to think, to wrestle with the right words and to clarify meaning. It's a lot like right thinking. When I am wrong-thinking I am somehow losing (or not winning). Would you rather be right, or would you rather be happy? Well being right is a lot happier than being happy is right, right? Oh dear. Now look at what's happened. They're at it again. It's them voices raging for their space in

that far away place between my ears, and when they echo loud and long enough I remember what I have learned in the program of Alcoholics Anonymous. Remember all them fancy people I described up there in the beginning of this here twisted little episode? Well them's my upstairs between the ears rainy day muddy muddle-puddle arguing well-dressed, right-speaking and literate folk I call Parliament. So very proper are they. And here in AA when the Spirit has its way, I've learned I can fire Parliament every damn day. My name's John and I'm an alcoholic.

The Central Orlando Group
Presents

A Workshop on the 4th STEP

a 'Searching and Fearless Moral Inventory'

<i>I'm resentful at:</i>	<i>The Cause</i>	<i>Affects my:</i>
Mr. Brown	His attention to my wife. Told my wife of my mistress	Sex relations Self-esteem (fear) Sex relations Self-esteem (fear)

"We went back through our lives. Nothing counted but thoroughness and honesty. When we were finished we considered it carefully."
Big Book p. 65

**Saturday, September 15, 2018
2PM-5PM**

**AlcoAn Clubhouse (Central Group)
310 East Colonial Drive
Orlando, FL 32801 (407-420-9008)**

LIVE OAKS AND
HOPE & COURAGE GROUPS

Present

Father Martin's Chalk Talk

"The Beginning Steps"
The Rebos Club

130 Normandy Road, Casselberry, FL
Sunday, October 14th
With Spaghetti Dinner

Cooked by a Fabulous Chef
\$5 donation suggested.
5:00 PM Dinner
6:00 PM Chalk Talk
Discussion to follow

Not Just for GSRs

North Florida Area Conference Area Assembly September 28-29-30, 2018

**Elections - Be a part of
selecting trusted servants
for 2019-2020 Panel 69**

Important Note: Business Meeting will be at 8:00 PM Saturday
Elections will begin at 9:00 AM Sunday

Workshops:
Archives
Accessibilities
Cooperation with
Professional Community
Corrections
Grapevine
Intergroup
Literature
Public Information
Treatment

**Workshops - Fellowship
Saturday - 9:00 AM - 6:00 PM**

Friday - 8:00 PM Discussion Meeting
Saturday - 8:00 PM Business Meeting
Sunday - 9:00 AM Elections

Concepts / Conceptos
ServiceManual / Manual deServicio

Make reservation by 6/10/2018
Wyndham Gardens Gainesville
2900 S W 13th St
Gainesville FL 32608
352-377-4000

Got Questions? - get them answered here.
aanorthflorida.org

WANTED

12 STEP VOLUNTEERS

Duties MAY include one or more of the following:

- * Taking calls from hotline volunteers to reach out to potential members and members in need of support
- * Visiting the alcoholic in the hospital
- * Visiting a drunk alcoholic who wants to get sober

Interested?

Call the Central Florida Intergroup Office
407-260-5822 or email: cfi@embarqmail.com

Must have a minimum of one year continuous sobriety to be on the list but no minimum to go on a 12 step call with your sponsor!

Our primary purpose is to stay sober and help others to achieve sobriety

JULY 2018 CONTRIBUTIONS:	
Apopka Big Book	\$40.00
Azalea Park	\$50.00
Big Book Powerhouse	\$127.48
Founders Mob	\$17.44
Greenhouse	\$90.00
Groupo Esperanza	\$15.00
Happy Hour	\$40.00
High Noon	\$355.37
Jaywalker's Group	\$281.65
Keystone	\$20.00
Ladies on the Porch	\$20.00
Lake Nona Moss Park	\$50.00
Live Oaks	\$100.00
Mixed Nuts	\$25.00
Oviedo Women's	\$125.00
Pass It On	\$92.65
Pathway to Peace	\$150.00
Pine Hills Grace	\$20.00
The Hope Group	\$150.00
Wake Up Call	\$100.00
TOTAL GROUP CONTRIBUTIONS:	\$1,869.59
INDIVIDUAL CONTRIBUTIONS:	
Anonymous/Anniversary	\$58.00
Anonymous/Anniversary	\$100.00
TOTAL INDIVIDUAL CONTRIBUTIONS:	\$158.00
TOTAL MONTHLY CONTRIBUTIONS	
	\$2,027.59

**Addresses to send
7th Tradition
Contributions
to A.A. Entities:**

District 9

PO Box 560064
Orlando, FL 32856

District 10

PO Box 547853
Orlando, FL 32854

District 11

PO Box 141571
Orlando, FL 32814

District 18

PO Box 162855
Altamonte Springs, FL 32716

NFAC

(North Florida
Area Conference)
5703 Red Bug Lake Rd, #241
Winter Springs, FL 32708

The General Service Office

PO Box 459
Grand Central Station
New York, NY 10163-0459

**Central Florida Intergroup
Services, Inc.**

283 Live Oaks Blvd
Casselberry, FL 32707

Intergroup Abbreviated Profit & Loss Statement			
	Jan--July Actual	Jan-July Budget	\$ Over/Under
Gross Revenue	\$59,887	\$60,718	(\$ 831)
Cost of Goods Sold	\$24 ,375	\$22,263	\$2,212
Gross Profit	\$35,512	\$38,455	(\$2,943)
Total Expense	\$44,206	\$44,939	(\$734)
Net Ordinary Income	(\$8,694)	(\$6,484)	(\$2,210)
Net Fundraising/Activities	\$442	\$ 665	(\$ 160)
Net Income	(\$ 8,252)	(\$5,819)	(\$2,433)

AA's Twelve Steps are principles for personal recovery. The Twelve Traditions ensure the unity of the Fellowship. The Twelve Concepts for World Service provide a group of related principles to help ensure that various elements of A.A.'s service structure remain responsive and responsible to those they serve. **Step Nine:** "Made direct amends to such people wherever possible, except when to do so would injure them or others." **Tradition Nine:** "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve." **Concept Nine:** "Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the trustees of the General Service Board of Alcoholics Anonymous."

Call for 2018 Central Florida Intergroup Gratitude Banquet Silent Auction Items!

Guidelines for silent auction donations:

- Gift cards
- Themed gift baskets
- Books
- Fine art
- Skilled services
- Experiences, travel, or events
- No garage sale items, please

All items to Intergroup by
Oct. 27th

Deadline

All silent auction items need to be dropped off at Intergroup no later than noon on Oct. 27.

Important!

In keeping with our 7th Tradition, only items and services donated by those who identify as AA members will be accepted.

“Life will take on new meaning.”

— Big Book, page 89.

**Get Your Tickets Now!
2018 Central Florida Intergroup Gratitude Banquet**

November 3, 2018
(hosted by From the Heart Group)

**5:00-10:00 p.m.
First Baptist Church of Orlando
3000 South John Young Parkway
Faith Hall
Orlando, FL 32805**

Come and Celebrate

- **Silent Auction**
- **Speaker: Cynthia S., Nashville, TN**
- **Fellowship**
- **Dinner**
- **\$45 per person**
- **NEW! Get your digital photo taken with props and a backdrop**
(In keeping with the tradition of anonymity, those wishing to purchase photos will sign a waiver saying they wish to have their photo taken. The photos will be emailed to the purchaser at the address they provide and then deleted; neither Intergroup nor the AA member photographer will store copies of the photos.)

Questions: Contact Central Florida Intergroup 407-260-5822

New Meeting

Surrender to Win

Open Discussion
Wednesday @ 5:30 pm
2525 South Oak Ave, Sanford 32773
The Redeemer Church
(Parking in the back)

*Sponsorship
Workshop*

Beginners Big Book Meeting



Check it out!
Same group; New Format; New Time

When: Every Friday
Time: 7:30pm-8:30pm
Where: Tuskawilla United Methodist Church
3925 Red Bug Lake Road, Casselberry FL

To Thine Own Self Be True

“Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail.”

Alcoholics Anonymous pg. 89

Date: Saturday, September 15, 2018

Time: 2pm—5pm

**Location: ODAT Club
4971 W. Colonial Drive, Orlando, FL 32808**

Located behind the stores.

Sponsored by District 9

**Apopka Big Book
Speaker Meeting
September 2018**

Date	Name	Group
September 6	Chet P.	College Park Triangle
September 13	Bob K.	Unity
September 20	Alan F.	Decisions
September 27	Will W.	Apopka Big Book

THURSDAYS at 8 pm
261 SOUTH MCGEE AVE.
APOPKA, FL

**The History Of AA: Why It Works
Big Book Meeting**

Starting September 15
Crossroads Group
5202 S. Orange Avenue, Suite 204
Saturday, 10:00 am meeting

Sept 15 "Bill's Story"
Sept 22 "Pass It On" pt. 1
Sept 29 "Pass It On" pt. 2
Oct. 6 "Dr. Bob's Nightmare"

Bring your Big Book, please!

**The Hope Group's
21st Anniversary
Saturday, September 8th
5 - 8 p.m.
218 E Oakland Ave
Oakland Presbyterian Church
Oakland 32760**

New Meeting!
Sunday Nights at 7:30 pm

Open Discussion Meeting
on the Topic of

**THE
SPIRITUAL
EXPERIENCE**

Clean Air Group
Located in the Wilshire Plaza
238 Wilshire Blvd. Ste 109
Casselberry, FL 32707
Behind Vehicle Licenses, Next to Jewelers

**GREENHOUSE PICNIC
in the Park**



Saturday, Oct. 20

Maitland Community Park
(1400 Mayo Ave, Maitland, FL 32751)

All Welcome- Games, Food & Fun!

Starts at 10:30 am

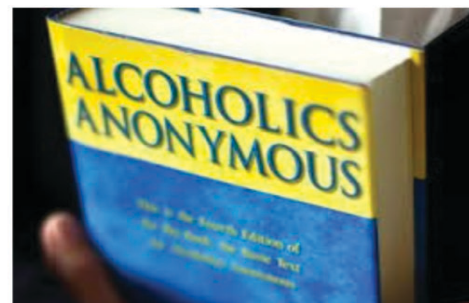
Lunch at Noon

Speaker at 1:00 Mike W.

Bring your favorite side dish or desert. Burgers & dogs provided.



**New Meeting
at the
GREENHOUSE**



**Women's Big Book
Thursday's 6pm**
Starts Thursday, Sept. 6

September 2018

* An asterisk indicates information is available on the calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 CFI/Bookstore Closed	4	5	6	7	8
9	10 Intergrouper Deadline for Submissions	11 District 18 6:30 pm Longwood	12	13	14	15 * 4th Step Workshop Central Orlando * Sponsorship Workshop ODAT
16	17 District 11 7:00 pm Orlando	18	19 Service Committee, 6:30 pm CFI	20	21	22
23	24 District 10 6:30 pm Winter Park.	25 District 9 6:30 pm Orlando	26	27	28 NORTH FLORIDA AREA CONFERENCE.....	29 NFAC.....
30 NFAC Delegates Meeting 11:30 am Orlando						

* Information on the event can be found inside the Intergrou-

Save the Date

October 6.....Grill 'n Chill

October 14.....Chalk Talk

October 13.....Maitland Beginners

55th Anniversary Banquet

October 20.....Greenhouse Picnic

October 20.....Principles Before Personalities

November 3.....Central FL Intergroup Gratitude Banquet

Dist. 9 meets at 6:30 p.m. on the 4th Tuesday at Crossroads Group, 5205 S. Orange Ave, Ste. 204, Orlando

Dist.10 meets at 6:30 p.m. the last Monday at the Winter Park Group, 5407 Lake Howell Rd., Winter Park

Dist.11 meets at 7:00 p.m. the 3rd Monday at East Side Club, 2017 N Golden Rd., Orlando

Dist.18 meets at 6:30 p.m. the 2nd Tuesday at St. Stephen's Lutheran Church, 2140 W. S.R. 434, Longwood

Delegates meet at 11:30 a.m. the last Sunday at Central, 310 E. Colonial Dr., Orlando

Service Committee meets at 6:30 p.m. at Intergroup on the Wednesday 10 days before the Delegates' meeting.

I am responsible. When anyone, anywhere reaches out for help, I want the hand of AA always to be there. And for that I am responsible!