



INTERNATIONAL NETWORK OF NORWAY  
Oslo Chamber of Commerce

# WEEKEND SUGGESTIONS

Week 37

## HI EVERYBODY!

[Friday Vibes @ MESH](#) is back after a summer break.

We are pleased to announce that Julien S. Bourrelle will be joining us for a special event on Friday 15<sup>th</sup> September to present his distinctive view of the Norwegian culture. There will be a chance to buy his popular book "[The Social Guidebook to Norway](#)" at a discounted price. It will be a great evening. Come join us!

Enjoy our weekend suggestions!



## USEFUL INFORMATION

### Rehearsal Capital 2017 - Military rehearsal in and around Oslo

From Wednesday until Monday next week there will be a military rehearsal with armed personnel from the Armed Forces and Police carried out in and around Oslo. We recommend you to talk about this with children and others who might be anxious.



Photo: forsvaret.no

## INN EVENTS

15<sup>th</sup> September [Friday Vibes with Julien S. Bourrelle](#)

30<sup>th</sup> September [Guided mushroom picking tour in the forest – "marka"](#) - Invitations will be sent out separately

Remember to check out our calendar for upcoming INNEvents

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## OSLO CHAMBER OF COMMERCE EVENTS

Both Oslo Chamber of Commerce and INN members are welcome to these events:

19<sup>th</sup> September [Global Economic Forum](#) – with Danske Bank. Find out the latest news and trends in the Norwegian and international economy

27<sup>th</sup> September ["Meet an Ambassador"](#) – France, at Grand Hotel



## INN WELCOME TO NORWAY SEMINAR

### New in Norway and curious about the culture, the country and its people?

Sign up [here](#) for our popular «Welcome to Norway» Seminar, a one-day practical introduction to living and working in Norway and Oslo. The next seminar will take place **11<sup>th</sup> October**.

Free of charge for all INN Individual Members. For INN Corporate Members/OCC Members the price per person is NOK 4000 and non-members NOK 5000, including a welcome package and lunch.



## UPCOMING EVENTS

### In the name of Hip-Hop

### Arrested Development, Vulkan Arena, 22<sup>nd</sup> October

Arrested Development are pioneers of hip-hop. The band has received many awards, among them two MTV Awards and two Grammy's. The band analyses the realities of black people in America, but their music appeal to all nationalities with fans the world over. [Tickets](#).



Photo: VisitOslo

## J.Cole – 4 Your Eyes Only Tour, Oslo Spektrum, 30<sup>th</sup> September

J. Cole is one of rap and hip-hop's most prolific artists, reaching great success as a producer, composer, writer and rapper. He has worked with big names like Kendrick Lamar, Miguel, Missy Elliot, Drake and Jay-Z

His latest album 4 Your Eyes Only came out in 2016, immediately seizing the number 1 spot on the Billboard 200 list. The album was warmly received by critics and fans alike.



Photo: VisitOslo

## Coolio, Vulkan Arena, 11<sup>th</sup> October

Grammy winning and bestselling artist, songwriter and actor Coolio is one of the most popular and successful rappers in the world. Coolio, aka Artis Leon Evey jr., has sold over 30 million albums worldwide and played for dedicated fans all over the planet. Coolio came to prominence with the 1994 album It Takes a Thief, and its single Fantastic Voyage. The year after, the song Gangsta's Paradise was released, ending as the biggest hit that year. [Tickets](#).



Photo: Ticketmaster

## MAJOR EVENTS / FESTIVALS

### **ULTIMA Oslo Contemporary Music Festival**

The last day of the festival is Saturday 16<sup>th</sup> September.

Challenging, thrilling and enlightening: Ultima celebrates contemporary music in the heart of Oslo, Scandinavia's music capital. For a complete festival [programme](#), visit the festival's website.



Photo: Ultima.no

### **Oslo Culture Night**

Culture Night is an international concept where the city's cultural institutions present themselves in an exciting manner. All the events and activities are free! Oslo Culture Night is held in September every year. Opening hours at cultural institutions are extended into the evening and night, and there are unique events within music, theatre, art, literature and film. The aim is to introduce the city's inhabitants and tourists to the exciting and broad-ranging cultural activities that Oslo has to offer. The 2017 programme is now available at [the Oslo Culture Night website](#).



Photo: VisitOslo

## EXHIBITIONS

### **Tour tourist, neutral new, Oslo Ø, 1<sup>st</sup> September –30<sup>th</sup> October 09:00 – 18:00**

The exhibition tour tourist, neutral new is the result of a collaboration between four artists: Allyce Wood, Gabrielle Paré, Hanna Roloff and Lauren Davis. Working primarily through photography, the artists explore what it means to exist between the transitory and the static, between life and death, home and holiday home. Are we all perpetual tourists? The exhibition space Oslo Ø is a pop-up gallery situated in Østbanehallen, next door to Oslo Visitor Centre.



Photo: VisitOslo

## CONCERTS

### **Magnolia Jazz Band – 45 years, Oslo Concert Hall, 14<sup>th</sup> September at 19:30**

Magnolia Jazz Band turns 45 years, and has become one of Norway's oldest and most popular New Orleans bands. They have toured most of Europe, as well as faraway places like Singapore and the US. Joining them on stage are two good friends: Danish singer Majken Christiansen and piano virtuoso Morten Gunnar Larsen. Click [here](#) to purchase tickets.

**Address:** Munkedamsveien 14



Photo: VisitOslo

### **Battle Beast, Hard Rock Café, 14<sup>th</sup> September at 21:00**

Founded in 2008 on the southern edge of Finland, **Battle Beast** stands for everything that is good and pure in metal music - crunching riffs, high screams, blistering solos and strong choruses. The sextet takes all the classical elements of traditional heavy metal without being afraid of adding its own flavor to the recipe. Click [here](#) for tickets.

**Address:** Karl Johan gate 45



Photo: VisitOslo

### **Seether, Rockefeller, 15<sup>th</sup> September at 20:00**

South African post-grunge band **Seether** are continuing their world tour in Oslo. May of this year saw the release of Seether's seventh album, Poison the Paris. This was the start of their world tour which included headline concerts throughout the US. Now they are visiting their eager fans in Europe. Click [here](#) for tickets.

**Address:** Torggata 16



### **Mugisho and Chris Holsten, Vulkan Arena 15<sup>th</sup> September at 19:00**

Artist, multi-instrumentalist, songwriter and producer **Mugisho** was born in Congo, but raised in Norway. Mugisho collaborated with Kid Joki on his 2016 debut single Milano. The spring of 2016 saw **Chris Holsten**'s breakthrough. Newly signed with Warner Music, he released the single On My Own. He performed for close to 60.000 people at the VG-lista Topp20-show in the summer and generated over ten million streams on Spotify. Click [here](#) for tickets.

**Address:** Maridalsveien 13b



Photo: VisitOslo

### **Grieg's violin sonatas, Oslo Concert Hall 16<sup>th</sup> September at 19:00**

The duo, Anna Margrethe Nilsen from Norway and Anna Petrova from Bulgaria takes the audience on a journey through wild and beautiful Norwegian landscapes with three violin sonatas by Edvard Grieg. Playing together for the first time in Norway it promises to be a fine concert. Click [here](#) for tickets.

**Address:** Munkedamsveien 14

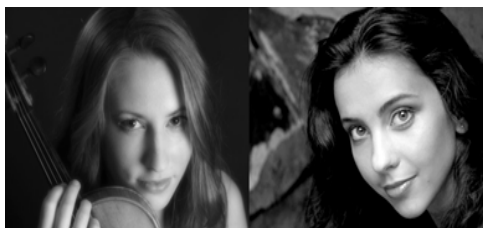


Photo: oslokonserthus.no

### **Tina Lie, Herr Nilsen 16<sup>th</sup> September at 22:00**

After a pause Tina Lie is back with her popular style of Americana/folk music. Described as bringing a "subtle uniqueness to the entire country-rock scene". She will soon be releasing a "best of album" with some of the best-known pearls from earlier in her career. Click [here](#) to purchase tickets.

**Address:** C.J. Hambros plass 5



Photo: VisitOslo

### **Lao Che, Cosmopolite 16<sup>th</sup> September at 20:00**

Lao Che, from Poland, started in 1999. Since then, they have released six albums. The band, with roots in punk, electronica and rock, is constantly looking to evolve their sound by finding new use of old analogue instruments. They like to challenge themselves, which is why they've received many accolades, among them the prestigious The Bronze Cross given to them by the Polish president. Other awards include the Polish Grammy in the category "Best rock/metal/punk album." Click [here](#) for tickets.

**Address:** Vogts gate 64



Photo: VisitOslo

### **My Buddy – A Tribute to Chet Baker, Teaterkjellern 17<sup>th</sup> September at 19:00**

Jazz trumpeter Trond Haugmark will pay tribute on this evening to the jazz legend Chet Baker. Trond's fascination began 20 years ago after hearing Chet Baker's signature tune "My funny Valentine" and other tracks of love and heartache, reflecting Baker's sometimes turbulent life. Expect a great evening. For information and to purchase tickets, click [here](#).

**Address:** Akersgata 38



Photo: teaterkjellern.no

## **DANCE**

### **Timothy and the things – Your mother at my door, Dansens Hus, 15th September, 20:30**

What could be so important that you haven't got to call me back for three days? What's the thing that you can't for five minutes? You just cannot disappear like this! Nobody can disappear in such a way!

The goal of Timothy and The Things is to find out what the seemingly wasted time is used for. Is there, at all, such a thing as wasted time? And how, why and where do everything – such as time, feelings and sometimes even people – disappear? What is the cause of this magic, or perhaps rather the magic of this cause? The artists are approaching this mystical and complex phenomenon in a personal, honest and entertaining manner. Click [here](#) to buy tickets.

**Address:** Vulkan 1

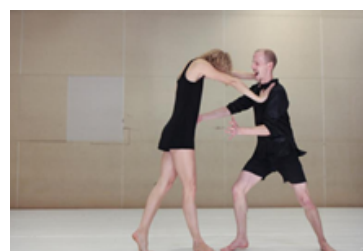


Photo: VisitOslo



**Compagnie Furnikai: Origami, Christian Fredriks plass, by the Oslo Central Station, 15<sup>th</sup> September, 16:00 and 17:30, 16<sup>th</sup> September 13:00**

Inspired by ancestral Japanese origami techniques, the performance Origami turns a 40-foot container into a shifting performance space. Performance artist **Satchie Noro** slowly evolves on the mechanical structure as it folds up from triangle to square and rectangle. Origami is a duet between a machine and a dancer, an industrial romance in which a symbol of globalisation – a container – embraces the fragile scale of the human body. Free admission.

**Address:** The fjord side of Oslo Central Station, at Christian Fredriks plass



Photo: VisitOslo

**THEATER & SHOW**

**BATS: Split Decisions, Det Andre Teatret 14<sup>th</sup> and 15<sup>th</sup> September at 21:00**

The San Francisco-based improv actors in **BATS** (Bay Area Theatre Sports) return to Norway and Oslo with their performance Split Decisions. Any choice, whether it seems big or small in the moment, can be a decision that changes a life forever. The performance explores the “what if” of just such a decision in this one-of-a-kind improvised story. Early in every performance, a decision will be made by a key character, and the story will split into two distinct narratives, each following a drastically different result of that key decision. Better yet, you’ll get to select the decision that will split the story into two. For further information and tickets, click [here](#).

**Address:** Ivan Bjørndals gate 9



Photo: VisitOslo

**Ricky Gervais – Humanity World Tour, Oslo Spektrum 16<sup>th</sup> September at 19:30**

Award winning comedian Ricky Gervais is back in Oslo on his world tour. One of the biggest comedians in the world, and one of the most influential British comedians since Charlie Chaplin. Gervais is behind TV-successes like The Office, Extras and An Idiot Abroad. However, his true home is on stage, something you can experience on this evening. Click [here](#) for tickets.

**Address:** Sonja Henies plass 2



Photo: VisitOslo

**FAMILY & CHILDREN**

**Family day: The Stone Age, Ekebergparken, 17<sup>th</sup> September 11:00 – 15:00**

Family day in Ekebergparken where you can meet “stone age people” and try different activities including flint chipping and cave painting in a special stone age camp. Free entry!

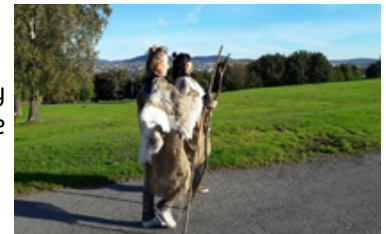


Photo: VisitOslo



Photo: VisitOslo

**Guided tour for children (NO./En.): Dungeons, bank robbers and heros at Akershus fortress, 9<sup>th</sup> September - 25<sup>th</sup> November**

Guided tour for children every Saturday through historic sites in the city center. Recommended for children ages 5-12. The tour departs from Hotel Thon Panorama in Rådhusgata 7. Tickets are purchased directly from the tour guide (cash only) before the tour starts.

**GUIDED TOURS**

**Guided tour of Oslo City Hall**

A guided tour of Oslo City Hall is a unique opportunity to experience the building's history, art and architecture, as well as some of the political and administrative activity that goes on in there. A fascinating building. Tours are usually held in English, but Norwegian, French, Spanish and German may be given as well, depending on which tour guides are available. Click [here](#) for further information about tours.

**Address:** Fridtjof Nansens plass

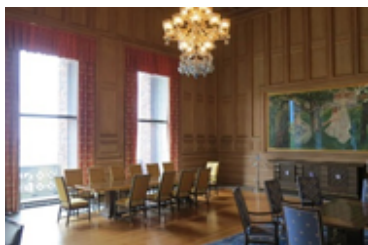


Photo: VisitOslo

## SPORT

### Oslo Marathon, 15<sup>th</sup> September

BMW Oslo Marathon is an annual street run in the centre of Oslo, hosted by Sportsklubben Vidar. The first Oslo Marathon took place in 1994, and more than 20,000 runners usually take part in the races. The distances are marathon, half marathon, 10k and 3k (Friday 15 September). The races start at Rådhusplassen (City Hall Square). [More information and registration click here](#). There is also a Kids' Marathon for children aged 5-12 in Spikersuppa by the Parliament building between 10:00 – 15:00.



Photo: VisitOslo

## MARKETS

### Bites & Vibes

One-day food festival in Brenneriveien 9, where several of Oslo's most popular restaurants come together and offer a varied selection of foods at a reasonable price. Restaurant line-up: Pacific Poke Oslo, TUNCO, Villa Paradiso Frogner, El Burro, Miss Gin, Kamai, Creperie de Mari, Haute Dogs, Eldhuset Grünerløkka, Burger Bar. Entrance is free, food and drinks must be purchased. For more information, visit the event's Facebook page.



Photo: VisitOslo



Photo: VisitOslo

### Vestkanttorvet bric-a-brac/antiques market

Oslo's oldest and largest market, with furniture, china, glass, kitchenware, paintings, silver, jewellery, clothes, glass and all kinds of collector's items. The bric-a-brac/antiques market is located on the corner of Professor Dahls gate and Neuberggata, not far from Vigeland Park. Open on Saturdays from March to December.

### Bogstaveien Market, Saturday 16<sup>th</sup> September

Hegdehaugsveien and Bogstadveien will be car and tram free from 09:00-17:00. Most shops will have stalls outside and expect more than 100,000 visitors. Enjoy the market all the way from Majorstuen down to the Royal Palace Park.



Photo: Bogstadveien.no

## EATING OUT

### Urban Eatery, Henrik Ibsens gate 90

SolliUrban eatery is a flirt with the Asian cuisine and culture. The size of dishes are adjusted to fit into a modern meal where you might share it at the table or have it all to yourself. The staff are amazing and have great knowledge of the concept. They will gladly help you if you will like.



Photo: Urbaneatery.no



Photo: VisitOslo

### Happolati, St. Olavs plass 2

Asian-Nordic fusion restaurant with a menu heavily inspired by the head chefs' travels in China, Taiwan, South Korea and Japan. Produce from local suppliers form the base of the menu, which the kitchen composes according to what is in season. The menu at Happolati usually consists of ten different dishes, and guests can either try everything or order a smaller menu with five dishes. The food is served on sharing plates for all around the table. It is also possible to come in for just a dish or two.

## FIRST NIGHT MOVIES

### Sage Femme

(French language)

Drama / Comedy

All ages

Claire exerce avec passion le métier de sage-femme. Déjà préoccupée par la fermeture prochaine de sa maternité, elle voit sa vie bouleversée par le retour de Béatrice, femme fantasque et ancienne maîtresse de son père défunt.



**Mother**

Drama/Action/Thriller

Age above 15

A couple's relationship is tested when uninvited guests arrive at their home, disrupting their tranquil existence.



We wish you all a great weekend!

**Best regards,  
The INN Team**

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