

Psychology Internship Program

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WCCHC Behavioral Health 86-260 Farrington Highway

Waianae, HI 96792

Match Number: 202411

Applications Due: November 24th

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Accreditation Status

The Waianae Coast Comprehensive Health Center (WCCHC) Psychology Internship Program is accredited by the Commission on Accreditation (CoA) of the American Psychological Association (APA). Our next site visit is scheduled for 2030.

Questions related to the program's accredited status should be directed to the Commission on Accreditation. Contact the CoA at Office of Program Consultation and Accreditation, American Psychological Association, 750 1st Street, NE, Washington, DC 20002; Phone: (202) 336-5979; E-mail: apaaccred@apa.org; Web: www.apa.org/ed/accreditation.

APPIC Member Status

Member of the Association of Psychology Postdoctoral and Internship Centers (APPIC) since 2006. Contact the APPIC Central Office at 17225 El Camino Real, Suite #170, Houston TX 77058; E-mail at appic@appic.org; Phone: 832-284-4080 Fax: 832-284-40





View from Adult Medicine and Pharmacy Building

Location

WCCHC is located along the backdrop of the Waianae mountain range, just across the road from Maili Beach. WCCHC's campus features lush gardens, walking trails, and beautiful oceanfront views of the Pacific coastline. For more information about the center and campus, please refer to www.wcchc.com.

Overview of Training Program

The Waianae Coast Comprehensive Health Center serves the federally designated, medically underserved communities on the Waianae coast and surrounding communities in the Leeward and Central regions of Oahu. At the WCCHC campus, integrative medicine is practiced to include primary care, pediatrics, case management, obstetrics, chronic pain management, dentistry, preventive health, a free standing 24-hour Emergency Department (ED), Native Hawaiian Healing, and a fully integrated behavioral health program that includes psychiatry, psychology, primary care, health psychology, and substance abuse treatment. Within the Behavioral Health department, there are currently 13 full-time Psychologists and 5 part-time Psychologists, 4 full-time and 2 part-time Psychiatrists, 1 full-time Advanced Practice Registered Nurse, and a part-time Social Worker. The Behavioral Health Department also includes an outstanding team of Medical Assistants and Medical Receptionists.

Adult Medicine and Pharmacy Building



Transportation provided to patients



Fitness Center with Personal Trainers and fitness classes







Walking Trails (above) and Hawaiian Healing Center (right)

This site provides interns with unique and enriching training experiences. The population served is culturally diverse, predominantly of Native Hawaiian ancestry, and many have traditional cultural ideologies and values. Interns will provide assessment and treatment for a wide range of presenting concerns including acute, chronic, severe, and complex psychological, organic, and/or substance related conditions. Interns will have the opportunity to provide behavioral health services to children, adolescents, and adults, many of whom are homeless or of low income and have histories of multiple traumatic experiences. Interns will receive comprehensive training and experience in working with a wide range of diagnoses and presenting problems to include PTSD, OCD and other forms of anxiety, depression, bipolar disorder, psychotic disorders, substance abuse and dependence, personality disorders, ADHD, behavioral and academic problems in children, and pervasive developmental disorders. These concerns often co-occur with medical conditions such as chronic pain, diabetes, obesity, hypertension, renal disease, and hepatitis C.

Interns will receive generalist training, and opportunities in various clinics may be available, each providing unique training experiences. The Mawaena and Mawaena Kai clinics provide outpatient behavioral health services. "Mawaena" means "center" in the Hawaiian language and is representative of bringing people back to their center and finding balance between mind, body, and spirit. The Adult Medicine and Pharmacy Building provides behavioral

health services and crisis intervention and triage for the Emergency 2014-2015 interns



Department. The Women's Health and Adult Medicine Clinics provide the opportunity for behavioral health integration into primary care. The Pediatric Clinic provides services to children, adolescents, and their families in an integrated primary care setting. Kapolei Behavioral

Health, located in West Oahu Community Health; Waipahu Behavioral Health Clinic, located in the Filipino Community Center; Nanakuli Clinic, located in the Nanakuli-James and Abigail Campbell Clinic; Ewa-West Oahu Community Health, located at Ewa Child and Family Services; and School Based Health Center, located within Waianae and Nanakuli High and Intermediate schools are WCCHC's satellite clinics. Each serves a different population and provides for unique opportunities and experiences. Malama Recovery Services means "caring for self" with regard to recovery, and provides outpatient substance abuse treatment services to the community. Training experiences in Malama Recovery are currently limited.

Interns will receive weekly didactic seminars on a wide range of topics including, but not limited to, culture, assessment and treatment of various mental health conditions, ethics, and safety assessment. Interns will also participate in a year-long, biweekly seminar in psychopharmacology and the biological etiologies of mental illness in order to gain a deeper understanding of the biopsychosocial model. Interns will have the opportunity to develop supervision skills by providing supervision to a practicum student in professional development and attending a biweekly supervision of supervision seminar. Interns also have the opportunity to collaborate with trainees from different levels of psychology training, including practicum students and postdoctoral fellows, as well as trainees from other disciplines such as internal medicine.



COVID-19 Updates: Please note the following potential rotation and training modifications.

The safety of our interns is paramount, and we are proud of our demonstrated ability to adaptably, quickly, flexibly, and successfully respond to the COVID-19 pandemic, while preserving the quality and integrity of experience for interns. We value clear, transparent, ongoing communication and to date (5/5/2022) we have taken the following actions:

As of March 2020, we shifted our entire training program virtually, to protect our students, staff, and patients. Interns began working remotely from home, completed the 8-hour APA telehealth training series, as well as multiple didactics on telehealth and use of our HIPAA compatible televideo software. Interns subsequently began seeing patients via telehealth from home, with their supervisors present for direct observation of each visit, as consistent with our training model. The training program generally continued unchanged, through virtual platforms, and individual and group supervision and training activities continued virtually with the same frequency and quality. In addition, for patients who did not have telehealth access from home, we created patient "kiosks" in clinic, where staff assist patients in connecting virtually with their providers. Care integration also continued with primary care clinics through televideo capability in those clinics or via our behavioral health mobile phone or "mobile provider," which allowed providers televideo connection with patients anywhere on the main campus. We also created "virtual warm hand off" systems.

As of September 1, 2022, interns will be expected to train from site, and training is anticipated to be a blend of both telehealth and in-person service and training. COVID-19 vaccination and booster is required by WCCHC. Applicants invited for interview must provide proof of vaccination or request for reasonable accommodation (see "Trainee Admissions, Support, and Outcome Data section" for more information)

The following measures taken on-site to enhance safety:

- Thermal and screening questions for all patients before entering any clinic
- Enforcement of mask wearing for all patients, staff, and providers. N95 masks are required of all staff when engaging in direct patient care.
- Physical distancing where appropriate
- Increasing the availability of hand sanitizer, and enforcing handwashing protocols
- Ensuring protocols for, and increased frequency of, disinfection/decontamination
- A WCCHC hotline where patients can call for information on COVID or telehealth, as well as COVID vaccination for interested individuals
- COVID-19 testing and WCCHC conducts contact tracing
- An excellent infection control department to provide ongoing guidance, as well as monitor any staff members who report symptoms of illness
- Clear and consistent communication through meetings, intern group supervision, ongoing email and text communication, and information and policy sharing via our internal intranet system.

Interns train remotely and/or on-site as per State and federal guidelines. Although we are unable to predict the future course of the pandemic and, in turn, modifications for the training year, we have demonstrated ability to thrive and respond effectively. We will continue to respond adaptively, creatively, and proactively, with safety, training excellence, and quality patient care as paramount as we continue to grow, learn, and navigate these times together with resilience, and help our patients to do the same. We believe that challenging times provide for the most growth opportunity and that this has led to a more robust training experience and enhanced service delivery for our patients. We look forward to the privilege of continuing to facilitate and witness this growth in our interns as well.

Philosophy and Training Aim

The philosophy of the WCCHC internship program is based on a practitioner-scholar model with a focus on generalist training. There is an emphasis on critical thinking skills and evaluation of empirical literature, and integrating this knowledge into clinical work and continuing scholarly inquiry. A primary aspiration of our program is to train interns to be astute consumers of, and possibly contributors to, psychological research literature. The empirical bases of professional psychology are an integral part of our didactics, rotational experiences, and supervisory discussions. Working from a practitioner-scholar model, the aim of internship is to train highly

qualified and ethical future clinical psychologists who are capable of providing a full range of evidence-based psychological services to clinically diverse patient populations, as well as practicing with professional autonomy in a variety of applied settings, including the community health centers in rural and

medically underserved areas.



Medical Director, Dr. Bradlev, welcoming incoming students at orientation

Our program emphasizes a substantial breadth and depth of psychology training and experience, which is believed to be fundamental in developing psychology practitioners. As such, we offer clinical experiences across a continuum of care including experiences with various levels of clinical acuity and with diverse cultural groups and symptom presentations. In addition, interns are also provided with a spectrum of clinical opportunities including psychological testing and integrated report writing, behavioral health integration with primary care and multidisciplinary team consultation, emergency department triage and crisis intervention, and program development and research, as available. Our program emphasizes direct clinical experience, with close and ample supervision and oversight, which is supplemented by didactic instruction.

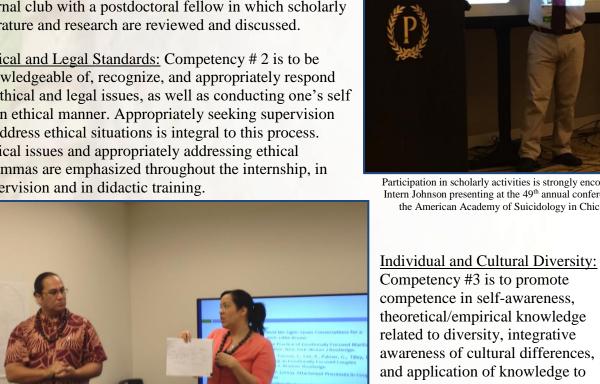
Interns are considered to be an integral part of our behavioral health team and valued participants in multidisciplinary meetings, case discussions, and consultations under the direct supervision of their rotational supervisors. Faculty understand that it is essential to meet each intern at his or her level of professional development, to adjust the training and supervision accordingly, and to provide opportunities through which existing skills may be refined and new skills assimilated. Faculty strive to provide opportunities for interns to explore their clinical interests and continually further their professional development.

Training Competencies

Our internship training is based on the development of profession-wide competencies, essential to the practice of clinical psychology.

Evaluation and Dissemination Research or Other Scholarly Activities: Competency 1 is to promote competence in intern ability to critically evaluate and disseminate research or other scholarly activities. Interns participate in providing professional presentations to Health Center staff, case conferences, and multidisciplinary grand rounds with internal medicine, nursing, public health, and other students. Interns gather and evaluate empirical literature and integrate evidencebased practice into clinical work. Interns participate in program development, grant writing, and research activities as available. They also participate in a weekly journal club with a postdoctoral fellow in which scholarly literature and research are reviewed and discussed.

Ethical and Legal Standards: Competency # 2 is to be knowledgeable of, recognize, and appropriately respond to ethical and legal issues, as well as conducting one's self in an ethical manner. Appropriately seeking supervision to address ethical situations is integral to this process. Ethical issues and appropriately addressing ethical dilemmas are emphasized throughout the internship, in supervision and in didactic training.





Participation in scholarly activities is strongly encouraged. Intern Johnson presenting at the 49th annual conference of the American Academy of Suicidology in Chicago

theoretical/empirical knowledge awareness of cultural differences, and application of knowledge to

WCCHC 7/47

working with culturally diverse individuals. Cultural mindfulness is a high priority in didactic training and supervision, and is integral to patient care, research, and all aspects of our work. Interns are expected to provide culturally mindful care and consider diversity factors in their case conceptualizations, diagnoses, treatment planning, intervention, and approach to patient care.

<u>Professional Values and Attitudes:</u> Competency #4 is to promote competence in professional behavior, ongoing self-reflexivity and self-improvement, appropriately seeking and responsivity to supervision, increasing autonomy, efficiency in time management, and administrative competency. As developing clinicians, interns are expected to demonstrate professionalism in their values, attitudes, and behaviors. Promoting each intern's personal and professional development is an integral part of all training experiences.

<u>Communication and Interpersonal Skills:</u> Competency #5 is to facilitate competence in developing and maintaining relationships with others, including colleagues, organizations, supervisors, and patients; as well as in communication and interpersonal skills. This is promoted through active participation in a team setting, meetings, supervision, didactics and other training activities and to appropriately seek supervision for interpersonal concerns.

Assessment: Competency #6 is to promote competence test selection and administration, test interpretation, and communication of findings and implications. Understanding diagnostic systems and behavior in context, applying knowledge to assessment/diagnoses, and safety assessment are also integral to this competency. Interns develop skills in conducting comprehensive biopsychosocial assessments, including accurate diagnoses, ability to gather pertinent patient history and data, and managing and assessing for safety concerns. Interns also engage in psychological testing and complete a minimum of 6 integrated reports throughout the training year. Interns gain experience in assessment of adults, children, and adolescents with a wide range of presenting concerns and referral questions

Intervention: Competency #7 is to promote competence in effective rapport building, case conceptualization and development of treatment goals, therapeutic intervention, and application of research literature to clinical decision making. This includes flexibility, ongoing evaluation of intervention effectiveness, and modification of approach as indicated. The primary method of training and service delivery is individual therapy. Supervisors are from diverse theoretical orientations and interns are encouraged to develop their skills within their own theoretical frameworks. In addition, interns become familiar with a variety of intervention strategies, including didactics on how psychotherapy and psychopharmacology are integrated into the overall treatment plan for the benefit of the patient.

<u>Supervision</u>: Competency #8 is to promote the application of supervision knowledge and professional development as a developing supervisor. Throughout the training year, interns will practice and develop supervision skills by providing biweekly supervision to a practicum student, which focuses on enhancing the professional development of the practicum student. Interns will also participate in a biweekly "Supervision of Supervision" seminar, to further enhance their skills and discuss their experiences.



Intern Julia Rocca consulting with Physician Dr. Liao on the Women's Health Rotation

Consultation: Competency #9 is to promote knowledge and respect for the roles and perspectives of other professions and apply knowledge of consultation within the professional setting. Interns develop skills in consulting with medical and mental health professionals and other relevant personnel and organizations. They also participate in multidisciplinary grand rounds with students from internal medicine, nursing, and public health, and contribute to discussion of various clinical cases and topics.



Interns presenting a complex case to medical, nursing, and public health students during interdisciplinary Grand Rounds

Program Structure

The WCCHC program is a 12-month, 2000-hour internship in psychology. The training year spans from September 1st to August 31st. The Behavioral Health Department and other clinics where interns work typically have regular duty hours equivalent to 40 hours per week.

All interns receive a \$33,280 annual salary paid in increments every two weeks. They also receive 10 days of unpaid personal leave (including sick leave) and up to 5 days of unpaid time off for the purpose of attending professional workshops, meetings, and presentations or for other professional activities such as dissertation defense. Holidays are unpaid, however, the intern salary was significantly increased. Interns are also provided with health benefits and eligible to participate in FLEX spending for medical and dependent care expenses.

Interns are provided with office space, computer and Internet access, as well as email accounts. They are provided with access to phones, supplies, and administrative support. There are ample psychological testing supplies available for

psychological assessments.

Interns are welcomed with a traditional Hawaiian protocol

Interns are expected to be on site Monday through Friday. About 75% of the intern's time is devoted to clinical services (intake assessment, psychological testing, individual therapy, clinical documentation, consultation, and individual supervision with rotational supervisors). The remaining 25% is devoted to attending didactic trainings, peer consultation, group supervision, supervision of supervision group, regularly scheduled meetings with a practicum student to facilitate the student's professional development and to practice supervision skills, peer consultation, work on special



projects, research and/or program development, and other indirect service activities. Of the total hours, 35-50% are in direct clinical service.

Throughout the week, 4 days are dedicated to clinical experiences and supervision with individual supervisors, while Fridays are dedicated primarily to didactics, group supervision, research, program development, or report writing. Friday schedules generally consist of 1 hour of group supervision with the DOT, 2 hours of didactic training on a variety of topics related to the practice of clinical psychology, intern case conferences, 1 hour alternating biweekly supervision of supervision seminar or assessment and research supervision, 1 hour weekly journal club with a postdoctoral fellow, and 1.5 hours of biweekly didactic training in the biological etiologies of mental illness and psychopharmacology. Of the 4 days of clinical work, interns will engage in a minimum of 1 day of training which emphasizes traditional psychotherapy with children and families, 1 day of training which emphasizes traditional psychotherapy with adults, and a minimum total of 6 months on the Assessment rotation. They will also participate in the

Research and Program Development rotation for approximately a ½ day equivalent weekly for a portion of the training year. Time between the Assessment and Research and Program Development rotation may be shared and flexible, depending on availability and intern interest and needs. They will also select up to 1-2 additional rotations.

Rotations (please also see COVID Updates section as to how rotations may be modified)

In order to provide opportunities for long-term therapeutic intervention, in-depth clinical supervision of cases, establishment of their caseloads and to solidify rapport with their patients, and experience the reward of seeing their patients from intake through termination, interns are provided primarily with year-long training rotations rather than rotations that last for a few months. All interns will be required to participate on a rotation that emphasizes the provision of traditional psychotherapy services to children and families, as well a rotation that emphasizes the provision of traditional psychotherapy services to adults. These may include the Child and

Family, Adult Outpatient, Kapolei Behavioral Health, Ewa West Oahu Community Health, and Waipahu Behavioral Health Clinic rotations. They will also engage in a minimum total of 6 months of psychological testing and report writing on the Assessment rotation. They will also receive research, grant writing, program development, or group participation and facilitation opportunities, depending on the availability of each, on the Research and Program Development rotation. Time on the Research and Program Development rotation is varied and may be approximately a ½ day equivalent weekly for a portion of the training year. They will also request 1-2 of the following additional rotations described in further detail below. Efforts will be made to accommodate intern requests for their preferred rotations. The additional rotations listed below are currently available.



2013-2014 interns

As of 5/2022, please note that all clinical rotations may include training and experience in the provision of telehealth services

Required Rotations

Child and Family: Interns will participate in a rotation in which they work with supervisors who provide traditional psychotherapy services to children (the Child and Family, Kapolei Behavioral Health, Ewa West Oahu Community Health, or Waipahu Behavioral Health Clinic).

Adult: Interns will participate in a rotation in which they work with supervisors who provide traditional psychotherapy services to adults (the Adult Outpatient, Kapolei Behavioral Health, or Waipahu Behavioral Health Clinic):

Adult Outpatient Rotation:

This rotation takes place in the Mawaena Clinic, which provides outpatient behavioral health services to adults with a wide range of presenting problems or concerns.

Assessment: Interns have the opportunity to work in an outpatient mental health clinic where they will engage in intake-assessments, diagnosis, triage, treatment planning, and referrals for integrated care.



Supervisor Dr. Chad Taylor and intern Marita Padilla

<u>Intervention:</u> Interns will provide both short and long term individual psychotherapy for adults. Opportunities for couples therapy may be available. Interns will have the opportunity to work with a wide range of patient concerns and presenting problems which may include PTSD, Panic Disorder, and other anxiety disorders; depression; adjustment disorders; bipolar disorders; psychotic disorders; personality disorders; and substance abuse and dependence.

<u>Consultation:</u> Interns have the opportunity to provide consultation services to medical staff, psychiatrists, nurses, case managers, school officials, and other individuals involved in patient care.

<u>Staff:</u> The multidisciplinary staff in the Mawaena Clinic currently consists of psychologists, psychiatrists, a nurse practitioner, a peer counselor, medical assistants, and medical receptionists. Supervising psychologists in this rotation include: Dr. Chad Taylor, Dr. Kristy Sakai-Costigan, and Dr. Kyle Chang.

Child and Family Rotation

This rotation takes place in the Mawaena Clinic. Interns will work with supervisors who specialize in treating children, adolescents, and their families.

<u>Assessment:</u> Interns will have the opportunity to conduct assessment with children and their family members.

<u>Intervention:</u> Interns will learn and provide evidence based treatment for children, adolescents, and their families. Interns will have the opportunity to work with a wide range



of presenting concerns which may include trauma, ADHD, behavioral and academic problems, adjustment disorders, and pervasive developmental disorders. Opportunities to provide couples therapy may also be available.

<u>Consultation:</u> Interns have the opportunity to provide consultation and will collaborate with school officials, medical providers, community agencies, and other individuals involved in patient care.

<u>Staff:</u> Dr. Kasey Arita, Dr. Kasha Kim, Dr. Marcin Bury, and Dr. Joseph Svec are the supervising Psychologists

Kapolei Behavioral Health Rotation:

Interns have the opportunity to work at West Oahu Community Health, which is a primary care setting providing integrated care for children, adolescents, and adults. Interns will work in a multidisciplinary team comprised of OB/GYN physicians, pediatricians, family practitioners, nurse practitioners, perinatal case managers, nutritionists and medical assistants.

<u>Assessment:</u> Interns have the opportunity to provide intake assessments, triage for appropriate levels of care, treatment plans, and referrals for integrated care. Intakes may occur on an immediate basis at the request of medical providers.

<u>Intervention:</u> Interns will have the opportunity to provide brief and long-term therapy to adults with challenges such as depression, anxiety, partner relational challenges, domestic violence and trauma, and adjustment to pregnancy and parenthood. Interns will also be responsible for seeing primary care patients referred by their physicians for problems that are negatively impacting their health. Interns provide evidence-based treatment for children, adolescents, and their families who are referred for presenting concerns that include issues common to child/adolescent

psychology (e.g., depression, anxiety, disruptive behavior disorders, learning issues, ADHD, and abuse/neglect).

<u>Consultation:</u> Interns will provide consultation and immediate patient care at the request of OB/GYN physicians, pediatricians, family practitioners, nurse practitioners, nutritionists, or case managers. They may consult and collaborate with other health care providers or school officials if necessary.

Staff: Dr. Dawn Tomita and Dr. Lisa Garcia are the supervising psychologists for this rotation.



West Oahu Community Health

Waipahu Behavioral Health Clinic





(Above) Supervising Psychologist Dr. McClellan, Medical Assistant Bryanna, Psychiatrist Dr. Belmonte, and Medical Receptionists Jovita and Ronnie at the Waipahu Behavioral Health Clinic.



The Waipahu Behavioral Health Clinic is one of WCCHC's satellite clinics. It is located on the second floor of the Filipino Community Center, above the WCCHC Waipahu Family Health Center.

<u>Assessment:</u> Interns have the opportunity to provide intake assessments, diagnosis, triage for appropriate levels of care, treatment plans, and referrals for integrated care. Intakes may occur on an immediate basis at the request of medical providers.

<u>Intervention/Assessment:</u> Interns will provide brief and long term therapy to children, adolescents, adults, couples, and families. Given the location of the clinic, interns have the opportunity to provide services to a different patient demographic than the WCCHC main campus and receive further diversity experience, including working predominantly with patients of Filipino ancestry.

<u>Consultation:</u> There are opportunities to consult and collaborate with primary care, patient services, case management and other health care providers.

<u>Staff:</u> Dr. Wayne McClellan and Dr. Judith Rocap are the supervising psychologist at the Waipahu Behavioral Health Clinic.

Ewa West Oahu Community Health Rotation:



Psychologist, Dr. Barton, and intern, Micah, at Ewa West Oahu Community Health







Child and adult waiting room areas at Ewa West Oahu Community Health

Interns have the opportunity to train at the Ewa West Oahu Community Health location, which is located in the Ewa Child and Family Services (CFS) center. This setting allows for program development and further integration with the numerous social services agencies and providers at CFS. This setting provides care for children, adolescents, and adults and interns will collaborate with CFS staff and other community partnerships.

<u>Assessment:</u> Interns have the opportunity to provide intake assessments, triage for appropriate levels of care, treatment plans, and make appropriate referrals. Intakes may come from a variety of referral sources, including primary care physicians, social services agencies within CFS, and patients from the Ewa community who are self-referred for services.

<u>Intervention:</u> Interns will have the opportunity to provide brief and long-term evidence based therapy to children and their families for a variety of presenting concerns including adjustment related challenges, depression, anxiety, trauma, and disruptive behaviors. They will also provide therapy to adults with challenges such as depression, anxiety, substance abuse, adjustment to life changes, and trauma.

<u>Consultation:</u> Interns will engage in consultation with the APRN-Rx and Patient Assistance Services providers on site, as well with various social services agencies located at CFS, as indicated. They will also consult with case managers, school officials, and other health care providers as indicated.

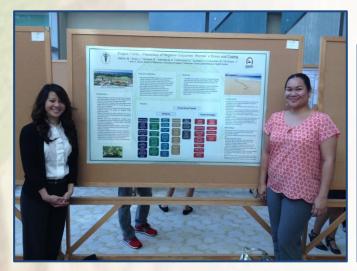
<u>Staff:</u> Dr. Catherine Gallahue, Dr. Chad Valadez, and Dr. Kasha Kim are the supervising psychologists for this rotation.

Assessment Rotation:

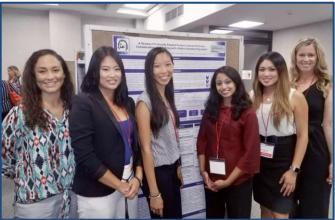
Interns will have the opportunity to engage in psychological testing and assessment and will complete a minimum of 6 integrated assessment reports throughout the training year. Three of these reports must be comprehensive test batteries (a clinical interview and four or more standardized tests or instruments) and three may be partial test batteries (a clinical interview and one standardized test or instrument or review of collateral, archival, or observational data). Interns are required to participate in a minimum total of 6 months of this rotation. Requests for extension of this rotation to obtain further training and experience in psychological testing and report writing may be considered.

<u>Staff:</u> Dr. Lisa Duke is the supervising psychologist for this rotation. Other licensed psychologists may assist in supervision as well.

Research and Program Development Rotation:



(below) 2018 Interns and postdoc presenting at the Hawaii Psychological Association Annual Convention



(Left) Interns Michelle and Larissa presenting at the Biomedical Sciences and Health Disparities Symposium at the University of Hawaii

Although research is not a primary program emphasis, interns will have the opportunity to engage in research and/or assist in grant writing and program development. Opportunities for this rotation are based on availability, including possibilities for presentation and publication.

Participation time on this rotation varies, based on availability and intern interest and need, and may be approximately 1-half day equivalent per week for a portion of the year.

<u>Staff:</u> Dr. Lisa Duke is the supervising psychologist for this rotation.

Additional Rotations: Interns may request a minimum of 1 and up to two additional rotations. Rotations are available for a minimum of one-half day to 1 day throughout the training year. The following rotations are currently available. Any of the required rotations above may also be requested as additional rotations.

Crisis Intervention and Outpatient Mental Health Rotation:



Family Medical Building and Adult Medicine and Pharmacy Building

In addition to providing assessment and treatment to behavioral health patients, interns will also have the opportunity to train in the Adult Medicine and Pharmacy building and provide consultation, crisis intervention, and triage for Emergency Department physicians and nursing staff as consults occur throughout the year. Opportunities to assist in the Emergency Department will be based on availability of consults. Given the location of this rotation within the primary care setting, interns may also have the opportunity to receive experience in health psychology and participate in the prevention and management of chronic medical conditions such as obesity, diabetes, and chronic pain. There may be opportunities to provide consultation to primary care providers.

Intern, Lauren, and Physician/Chief Medical Officer, Dr. Bradley

<u>Assessment:</u> Interns will have the opportunity to engage in assessment of behavioral health patients in the Adult Medicine and Pharmacy Building. They may also have opportunities, as consults occur, to provide assessment, diagnosis, and triage for patients in the Emergency Department. They may have the opportunity to assist with coordination of patient hospitalization if indicated.

<u>Intervention:</u> Interns will have the opportunity to provide brief and long-term therapy to behavioral health patients in a primary care setting. They will also have the opportunity to respond to consults from the Emergency Department and to engage in crisis intervention and triage for the appropriate level of care.

<u>Consultation:</u> Interns will provide consultation to Emergency Department physicians and nurses. They will collaborate with Emergency Department staff and provide consultation to primary care and other medical providers and community agencies as appropriate.

Staff: Dr. Marita Padilla and Dr. Marcin Bury are the supervising psychologists for this rotation.

Women's Health Rotation:

Interns have the opportunity to work in the Women's Health Clinic, which is a primary care setting providing integrated care for women. Interns will work in a multidisciplinary team comprised of OB/GYN physicians, nurse practitioners, perinatal case managers, and medical assistants.

Assessment: Interns have the opportunity to provide intake assessments, diagnosis, triage for appropriate levels of care, treatment plans, and referrals for integrated care. Intakes may occur on an immediate basis at the request of medical providers.

Women's Health and Pediatric Clinic Rotations take place in the Family Medical Building



<u>Intervention:</u> Interns will have the opportunity to provide brief and long-term therapy, with an emphasis on treating women with challenges such as depression, anxiety, partner relational challenges, domestic violence and trauma, and adjustment to pregnancy and parenthood. However interns may also see other patients as indicated as well. Interns will also be responsible for seeing primary care patients referred by their physicians for problems that are negatively impacting their health.

<u>Consultation</u>: Interns will provide consultation and immediate patient care at the request of OB/GYN physicians, nurse practitioners, or perinatal case managers.

<u>Staff:</u> Dr. Lisa Duke and Dr. Kasey Arita are the supervising psychologists for this rotation.

Nanakuli Clinic Rotation:

This rotation takes place in the Nanakuli- James & Abigail Campbell Clinic. Interns will work with supervisors who specialize in primary care psychology, within a primary care setting.

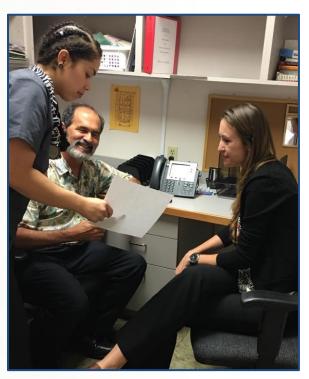
Assessment: Interns will have the opportunity to administer screeners such as PHQ-9, Depression, Anxiety, and PTSD screeners during patients' primary care visits. They will also engage in intake and diagnostic assessments for patients referred by the medical staff.

Intervention: Interns will learn and provide evidence-based treatment for a primarily adult population; some experience with adolescents on a case-by-case basis. Interns will have the opportunity to work with a wide range of presenting concerns which may include trauma, adjustment disorders, anxiety, depression, as well as health related and primary care concerns such as diabetes, hypertension, and obesity.

<u>Consultation:</u> Interns have the opportunity to provide consultation and will actively collaborate with primary care physicians, family nurse practitioners, and on-site case management. Additionally, interns will have the opportunity to work within an interdisciplinary student group with students from Osteopathic Medicine and nursing programs. Students in the interdisciplinary student

group will have designated time to discuss case vignettes and collaboratively assess patients, under the direct supervision of their respective specialty supervisors (e.g. PCP, NP, Psy.D.).

<u>Staff:</u> Dr. Mimi Andjelic, Dr. Brianna Salater and Dr. Dawn Tomita are the supervising psychologists on this rotation.



Dr. Andjelic consulting with family practice physician, Dr. Thourson, and medical assistant, Leialoha Kanehailua, on patient referrals



Pediatric Clinic Rotation:

This rotation takes place in the Family Medical Building, within the primary care setting. Interns will be introduced to clinical issues related to pediatric psychology and child/adolescent psychology. Interns may also work with some adult patients.

<u>Intake and assessment:</u> Interns will have the opportunity to conduct intakes with children, adolescents, their family members, and adults within an integrated primary care setting. Intakes, as well as crisis assessment and intervention, may occur on an immediate basis at the request of medical providers.

<u>Treatment:</u> Interns provide evidence-based treatment for children, adolescents, and their families who are referred for presenting concerns that include issues common to child/adolescent psychology (e.g., depression, anxiety, disruptive behavior disorders, learning issues, ADHD, abuse/neglect), as well as issues related to pediatric psychology (e.g., coping with chronic illness, treatment adherence issues, collaboration/consultation with pediatricians and medical staff).

<u>Consultation</u>: Due to the variety of factors that contribute to children's well-being, interns on the Pediatric rotation will utilize a multidisciplinary and biopsychosocial approach. They may consult/collaborate with other healthcare professionals in the clinic as needed.

<u>Staff:</u> Dr. Lisa Garcia and Dr. Joseph Svec are the supervising psychologists for the Pediatric Clinic rotation.



Intern Michelle Tsuruda, Pediatrician Dr. Anderson, and intern supervisor Dr. Ebesutani

Biological Bases of Severe Psychopathology Rotation: This rotation takes place at Ewa West Oahu Community Health, located at Ewa Child and Family Services (CFS). This clinic provides services to children, adolescents, and adults and utilizes an integrated biopsychosocial approach. Interns will work under the direct supervision of Dr. Sherry Sutherland-Choy, who is dually licensed as a Psychologist and APRN-Rx. Given her specialized credentials, she provides psychopharmacology to patients, and interns will learn about the biological etiologies of mental illness, as well as psychological and pharmacological treatment.

<u>Assessment:</u> Interns will utilize a biopsychosocial framework to conceptualize and diagnose patients. Given the high prevalence and severity of comorbid psychological and organic conditions, as well as substance abuse and dependence, this rotation emphasizes comprehensive assessment which includes consideration of organic and/or pharmacological factors that may affect patient symptoms and behaviors in clinical conceptualization. This rotation also emphasizes consideration and understanding of the biological bases of mental illness and severe psychopathology, such as schizophrenia.

<u>Intervention:</u> Interns will work with individuals with a wide range of presenting concerns including substance abuse and dependence and severe and persistent mental illness, such as psychotic disorders, Major Depressive Disorder, and Bipolar Disorder. Interns will receive training in how psychotherapy and psychopharmacology are integrated into the overall treatment plan for the benefit of the patient.

<u>Consultation:</u> Interns have the opportunity to provide consultation to various health care providers, including service providers and agencies at CFS.

<u>Staff:</u> Dr. Sherry Sutherland-Choy is the supervising psychologist. She is dually licensed as a psychologist and APRN-Rx and provides psychopharmacology to patients.



Supervisor, Dr. Sutherland-Choy (right), with Interns, Micah and Kasha, at Ewa West Oahu Community Health

Didactics

Weekly didactic seminars on a variety of topics related to clinical psychology will be provided. A broad range of topics will be covered including, but not limited to: ethics, cultural/diversity issues, substance abuse, PTSD/trauma, assessment and treatment of children, involuntarily hospitalization, psychological testing and report writing, weight management and preventative

health, case formulation, and supervision and consultation. Each intern will provide a minimum of 3 clinical case conferences throughout the training year. Interns will also participate in a biweekly 1.5 hour seminar in psychopharmacology, the biological etiologies of mental illness, as well as the integration of physical and mental health. Additional seminars will be provided based on availability. Interns also participate in a weekly journal club with a postdoctoral fellow.



Dr. Kyle Chang and interns Mary Kim, Nicole Stoughton, Kasey Arita, and Kimberly Mizo attending at a didactic at WCCHC

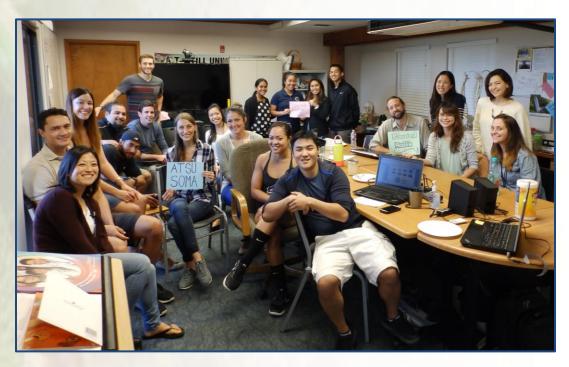
Interns participating in experiential cultural didactics with Dr. Kyle Chang, in which they learn traditional cultural healing practices and cultural belief systems, and explore and learn about the culture of communities in which patients may reside.





Interdisciplinary Grand Rounds and Other Scholarly Activities

As part of biopsychosocial training and multidisciplinary integration, interns participate in grand rounds with WCCHC students from various specialties from throughout the Health Center, to include internal medicine, nursing, and public health.



2016-2017 interns participating in Grand Rounds with medical, nursing, and public health students



Postdoctoral Fellow and former intern, Dr. Andjelic, and supervisor, Dr. Liu-Tom, presenting at the 2015 APA Convention in Toronto, Canada



Postdoctoral Fellows/former interns, Kellen and Ciara, and intern Vanessa with Dr. Liu-Tom at the Hawaii Psychological Association Annual Convention

Clinic Settings

At WCCHC, psychologists are integrated into different clinics throughout the Health Center. Training opportunities for psychology interns are available at some of these clinics as listed under the section about available rotations. The following is a list of clinics in which psychologists currently work.

Mawaena and Mawaena Kai Clinics (main Behavioral Health clinics) offer outpatient behavioral health services to children, adolescents, and adults; psychological assessment; and provide the opportunity for consultation with psychiatry. These clinics, which are adjacent to one another, are staffed by providers from both psychiatry and psychology disciplines.



Adult Medicine and Pharmacy Building is the 2019-2020 Interns location of the WCCHC Emergency Department and often accommodates ED requests for psychological consultations. Outpatient behavioral health services are provided for children, adolescents, and adults. Opportunities for health psychology and the participation in prevention and management of chronic medical conditions may also be available.

Women's Health Clinic is located on the second floor of the Family Medical Building. Opportunities include behavioral health integration with primary care, individual psychotherapy, crisis intervention, psychological assessment, and consultation and collaboration with OB/GYN physicians, nurse practitioners, perinatal case managers, and other medical and behavioral health professionals.

Pediatric Clinic is located on the first floor of the Family Medical Building. Experience in service provision to children, adolescents, and their families; and integration of behavioral health services with primary care is available.

Kapolei Behavioral Health is a satellite clinic. It is located in West Oahu Community Health and offers services for children, adolescents, and adults. Services include individual psychotherapy, crisis intervention, and consultation and collaboration with primary care physicians, pediatricians, OB/GYN physicians, nurse practitioners, and case managers.

Waipahu Behavioral Health Clinic is a satellite clinic. It is located on the second floor of the Filipino Community Center, above the WCCHC Waipahu Family Health Center. Services are provided to children, adolescents, adults, and families. Additionally, there may be opportunities to consult and collaborate with primary care, patient services, and case management.

<u>Nanakuli Clinic</u> is a satellite clinic located about 10 minutes driving distance from the main campus. Behavioral health services are provided primarily to adults, and there are opportunities to collaborate and consult with primary care and other health care providers.

Ewa West Oahu Community Health Care Center is located in the Ewa Child and Family Services, approximately 20 minutes driving distance from the main campus. Services are provided to children, adolescents, and adults, and there are opportunities for collaboration with community referral sources. Interns may also have the opportunity to engage in program development and further integration with service providers and agencies at CFS.

<u>School Based Health Centers</u> are located within Waianae High and Intermediate schools, and were created as a community initiative in response to the low graduation and high absence rates. The psychologist there provides therapy and assessment for students, and interns may have the opportunity for limited program development and group therapy exposure under her supervision.

<u>Malama Recovery Services</u> provides substance abuse treatment for patients who experience challenges with substance abuse and dependence. The staff is comprised of psychologists and

certified substance abuse counselors (CSACs). ** Malama Recovery Services is not currently a training site for interns, however, limited training opportunities are available.**

Supervision

The Clinical Psychology Internship Faculty is responsible for ensuring the provision of clinical supervision to psychology interns. All supervision of interns will be provided by Clinical Psychology Internship Faculty members who are licensed Clinical Psychologists.



Intern Shawna Ueyama and supervisor Dr. Sherry Sutherland-Choy on the Biological Bases of Severe Psychopathology Rotation

Interns will be provided a variety of supervision experiences throughout the year. Each intern receives a minimum of 5 hours of supervision per week that includes a minimum average of 3.5 hours of individual supervision.

Each intern is assigned at least three and a maximum of five rotation supervisors. Rotation supervisors are responsible for providing a minimum average of 3.5 hours per week of individual supervision for each intern, although supervision often greatly exceeds this requirement. Rotation supervisors will also provide immediate supervision as requested by the intern. Flexibility in supervision is encouraged such that other faculty members may participate when expertise or other factors become relevant. However, responsibility for supervision is with the rotation supervisor.

Supervision is documented by the supervisor's signature on each note in EMR (electronic medical record). A supervisor's signature signifies review of foregoing notes and treatment plans.

Interns receiving "Supervision of Supervision" with Dr. Taylor

In addition to individual supervision, interns also participate in an hour of weekly group supervision with the **Director of Training** throughout the training year. They will also participate in an hour of biweekly "Supervision of Supervision" seminar, and an hour of biweekly assessment and/or research and program development group supervision.



Interns are assigned mentor/preceptors for the entire training year. Program faculty and interns reach consensual agreement regarding intern-faculty pairings. The primary duty of mentors is to facilitate and nurture the intern's professional development in a supportive, non-evaluative relationship. This relationship is long-term and can extend beyond the internship if the intern and mentor so desire.

The Director of Training serves as an advisor for all interns and assists the interns in their adjustment to the internship to optimize the training experience. In addition, the Director of Training monitors the progress of each intern within the program.

Evaluation

Intern progress will be monitored through ongoing supervisory discussion with individual supervisors and meetings with the Director of Training (DOT), faculty meetings where intern progress is discussed, faculty review of the intern's work, as well as through formal evaluative measures. Intern baseline, mid-year, and end-of-year Case Formulations evaluate the intern's ability to integrate case information and psychological testing and to engage in case formulation, diagnosis, and treatment planning, as well as discussion of



Interns collaborating with 3rd year medical students to formulate a complex case in practice for their Case Formulations

ethical, safety, and cultural considerations of a case.

Interns should demonstrate progress in their abilities throughout the training year. Interns also engage in supervisory discussion of their mid-year and end-of-year formal evaluations which are completed by each rotation supervisor, as well as meet with the DOT to discuss their evaluations.

Internship Admissions, Support, and Initial Placement Data

INTERNSHIP PROGRAM TABLES

Date Program Tables are updated: 9/07/2021

Program Disclosures

As articulated in Standard I.B.2, programs may have "admission and employment policies that directly relate to affiliation or purpose" that may be faith-based or secular in nature. However, such policies and practices must be disclosed to the public. Therefore, programs are asked to respond to the following question.

Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose?	Yes
Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and	No
values. If yes, provide website link (or content from brochure) where t	his specific information is
presented NA	

Internship Program Admissions

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation requirements:

To apply for this internship program, please follow the procedures to submit the APPIC Application for Psychology Internships (AAPI) online. Instructions for completing and submitting the AAPI online may be accessed at www.appic.org. Please submit with your AAPI your graduate transcripts and 3 letters of recommendation from individuals familiar with your clinical work.

There is a strong emphasis on culture and diversity in training at this site, and the population

served is predominantly of Native Hawaiian ancestry. This is a challenging site at which to train and it will be rewarding for those with a commitment and interest in working with the Native Hawaiian population, culturally diverse populations, and/or medically underserved populations. Please note that interns may be asked to commute between clinics for training opportunities on Fridays, which may necessitate access to reliable transportation.

As an equal opportunity training program, WCCHC welcomes and strongly encourages applications from all qualified candidates, regardless of gender, age, race, ethnicity, sexual orientation, disability or other minority status.

COVID-19 Vaccination: WCCHC requires all staff, which includes interns, to be <u>fully vaccinated for COVID-19</u>, including any required boosters. Applicants will be required to provide proof of vaccination, or written request for reasonable accommodation exempting them from the requirement, <u>upon selection for interview</u>. Applicants who do not promptly submit this information will no longer be eligible for consideration.

Vaccination Exemption: Interns approved for reasonable accommodation/vaccination exemption are required to obtain periodic/weekly testing for COVID-19, provided by WCCHC, wear a surgical mask at all times, wear an N95 mask and protective eyewear if seeing patients in-person, comply with daily screenings, maintain 6-feet distancing, and all other requirements currently in place and communicated to staff by WCCHC management. Interns who fail to comply with this job related requirement will result in disciplinary action up to and including termination.

Additional Requirements: Interns must successfully complete/clear the following preemployment process: 1) Criminal History Check – Criminal conviction record must meet eligibility for hire. The offer may be withdrawn consistent with the requirements of the law. A juvenile criminal conviction record is not required and will not be considered; 2) Office of Inspector General – Applicant cannot be excluded by the federal government from participating in any governmental programs; 3) Drug Screening - A withdrawal of any offer of employment will be made for refusal to submit to testing or to reporting for a scheduled appointment, alteration or tampering of a specimen, or if the result of the analysis is anything other than a clear negative. Please note that since federal law makes medical use of marijuana illegal, the Health Center, in adherence to such federal law, accordingly prohibits use of marijuana, without any exception; and 4) Employee Health Clearance – We require your vaccination records to verify immunity prior to issuing clearance. Your vaccination record should include: MMR (measles, mumps, and rubella) 2 shots; Hepatitis B 3 shots; Varicella (chickenpox) 2 shots (or documentation of natural disease); Tdap (diphtheria, tetanus, and pertussis) 1 shot within the past 10 years; most recent flu shot 1 shot within the past 6 months; and most recent tuberculous (TB) test.

Any misrepresentation in the APPIC internship application or WCCHC application, regardless of when discovered, may be cause for dismissal from the internship program. WCCHC conducts drug screening tests randomly as well as with new employees. Applicants must be eligible to work in the US throughout the duration of their internship.

Does the program require that applicants have received a minimum number of hours of the

following at time of application? If Yes, indicate how many:
Total Direct Contact Intervention Hours: N Y Amount: 500 hours
Total Direct Contact Assessment Hours: N Y Amount: 75 hours
**Please note that due possible training disruptions from COVID-19, to the minimum direct
hours requirement may be flexible for qualified applicants for the 2021-2022 internship positions**
Describe any other required minimum criteria used to screen applicants:
Applicants must be in good standing with APA-accredited doctoral programs in clinical or counseling psychology. Applicants must be in at least their 3 rd year of graduate training. They must have experience with writing a minimum of 5 integrated assessment reports and have an expressed interest in working with diverse, underserved, or Native Hawaiian populations.

Financial and Other Benefit Support for Upcoming Training Year

Annual Stipend/Salary for Full-time Interns	\$33,280	
Annual Stipend/Salary for Half-time Interns	NA	
Program provides access to medical insurance	Yes	No
for intern?		
If access to medical insurance is provided:		
Trainee contribution to cost required?	Yes *1	No
Coverage of family member(s)	Yes *2	No
available?		
Coverage of legally married partner	Yes *3	No
available?		
Coverage of domestic partner	Yes *4	No
available?		
Hours of Annual Paid Personal Time Off	80 hours unpaid (plus 40 hours unpaid	
(PTO and/or Vacation)	professional development)	
Hours of Annual Paid Sick Leave	Included in the above 80 hours	
In the event of medical conditions and/or	Yes *5	No
family needs that require extended leave, does		
the program allow reasonable unpaid leave to		
interns/residents in excess of personal time		4.40
off and sick leave?		
Other hanefite (places describe):		

Other benefits (please describe):

In addition to the above, interns are provided with 40 hours of professional development time, dental insurance, and disability insurance. Interns are also eligible to participate in FLEX spending for medical and dependent care expenses.

- *1 Depends on chosen medical plan.
- *2 Yes (costs apply)

*3 Yes (costs apply)

*4 Only applicable to civil union

*5 There are guidelines, which are determined at the time of requested leave, that would determine the type of leave for which the intern is qualified.

Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

	2017-2020 15	
Total # of interns who were in the 3 cohorts		
Total # of interns who remain in training in the internship program	0	
	PD	EP
Academic teaching	0	0
Community mental health center	1	0
Consortium	0	0
University Counseling Center	0	0
Hospital/Medical Center	3	0
Veterans Affairs Health Care System	1	0
Psychiatric facility	0	0
Correctional facility	1	0
Health maintenance organization	0	0
School district/system	0	0
Independent practice setting	2	0
Other (Federally Qualified Health Center)	7	0

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual represented in this table should be counted only one time. For former trainees working in more than one setting, select the setting that represents their primary position.

^{*}Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table.

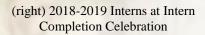
Application Process

The internship selection team will review and select applicants for interview who appear to be a good fit with the internship program. Please note that all applications are due by November 24th. After applications have been reviewed, applicants will be notified via email by December 15th of their interview status. The interview format for the 2022-2023 internship positions is still being determined, but TeleVideo interviews will be an option for all applicants. Interns will also have the opportunity to speak with current interns. Upon completion of all interviews, the internship selection team will meet to discuss and agree on the ranking of applicants. This internship site abides by the APPIC policy that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant. In addition, no information regarding applicant rank is provided to applicants either before or after the match results are announced.

Applicants requiring accommodation due to hearing impairment or other disability are asked to request such assistance at the time they receive notification of selection for interview to enable our program to make necessary arrangements for the interview.



(left) Intern Catherine with Dr. Sakai, Dr. Young, Dr. Myhre, Dr. Liu-Tom, Dr. Sutherland-Choy, Dr. Barton, and Dr. Andjelic Davies





Contact Information

If you have any questions or desire further information about the training program or application procedures, please contact Dr. Kristy Sakai-Costigan, Director of Psychology Training. The preferred method of contact is email.

Email: ksakai@wcchc.com Mail:

Kristy Sakai-Costigan, Psy.D.

Telephone: 808-697-3469 Director of Psychology Training
Director of Psychology – West Oahu

Behavioral Health Department

Fax: 808-697-3551 Waianae Coast Comprehensive Health Center

86-260 Farrington Highway

Waianae, HI 96792



Garden at the Native Hawaiian Healing Center



2016-2017 Interns participating in a cultural didactic



Behavioral Health Department



Row 1 (left to right) Anita Decambra (Clinic Operations Manager), Dr. Marita Padilla (Psychologist), Dr. Kasey Arita-Nakamine (Psychologist), Dr. Dawn Tomita-Otsuka (Psychologist), Dr. Chad Taylor (Psychologist), Dr. Kristy Sakai-Costigan (Director of Training/Director of Psychology-West Oahu), Navina Villamar (Clinic Manager), Edna Smith (APRN-Rx), Dannahlyn Esprecion (Medical Assistant), Shirley Ortiz (Medical Receptionist), Lucille Cox (Medical Assistant). (Row 2) Dr. Sherry Sutherland-Choy (Psychologist/APRN-Rx), Dr. Chad Valadez (Psychologist), Dr. Wayne McClellan (Psychologist), Dr. Lisa Garcia (Psychologist), Dr. John Myhre (Psychologist/Director of Psychology – Leeward Coast), Tara Yasuda (Clinic Assistant), Natasha Cox (Medical Assistant), Leialoha Baisa-Bright (Medical Assistant), Dr. Kyle Chang (Psychologist), Dr. Ciara Hansen (Postdoctoral Fellow) Missing: Glorifin Belmonte (MD) Monique Cortez (Medical Assistant) Tynelle Miyose (Medical Assistant) Taylor Freitas (Medical Receptionist) Stephanie Bell (Clinical Social Worker) Ronnie Taamu (Medical Receptionist) Robert Young (MD/Specialty Director of Psychologist) Jaslyin Taamu (Medical Receptionist) Helen (Nalani) Blaisdell (MD Psychiatrist) Felicia Corenevsky (Medical Assistant) Dudley Maynard (Peer Counselor) Cathy Cabigon (Medical Receptionist) Brandy Ramento (Medical Assistant) Antonia Meyer (Medical Receptionist)

Training Supervisors



(Left to right): Dr. Leahna Barton, Dr. Kasey Arita-Nakamine, Dr. Kasha Kim, Dr. Marita Padilla, Dr. Lisa Duke, Dr. Kristy Sakai-Costigan, Dr. Dawn Tomita-Otsuka, Dr. Mimi Andjelic Davies, Dr. Wayne McClellan, Dr. Judy Rocap, Dr. Lisa Garcia, Dr. Chad Valadez, Dr. Sherry Sutherland-Choy, and Dr. Chad Taylor. Missing: Dr. Kyle Chang

WCCHC and Behavioral Health Department Team Building Activities

WCCHC and the Behavioral Health Department often engage in team building activities, to further strengthen our behavioral health team and improve collaboration amongst WCCHC departments. Interns participate in all activities including our WCCHC retreats, annual Behavioral Health Department retreat, and other activities as available.



Behavioral Health Department photo taken at Waianae Coast Comprehensive Health Center Retreat in which all WCCHC departments collaboratively contribute to WCCHC's 5-year plan for continued development

(Row 1, left to right): Dr. Kristy Sakai-Costigan (Director of Training, Director of Pyschology-West Oahu), Dr. Tina Liu-Tom (Psychologist), Dr. Donald Banik (Psychiatrist), Stephanie Bell (Social Worker), Dr. Robert Young (Director of Behavioral Science), Dr. John Myhre (Director of Psychology-Leeward Coast), Mahana Kahele (Medical Assistant/Team Leader), Ronnie Taamu (Medical Receptionist), (Row 2, left to right): Anita Decambra (Office Manager), Lucille Cox (Medical Assistant), Dr. Jenny Ebesutani (Psychologist), Navina Villamar (Medical Assistant/BH Clinical Manager), Sarah Aipa (Medical Assistant), Dr. Michelle Kang-Mosher (Psychologist), Dr. Shayna Fujii (Psychologist), Cathy Cabigon (Medical Receptionist), Larissa Cordeira (Intern), Alysa Pieper (Medical Assistant), Natasha Shanahan (Intern), Dr. Marva Lawson (Psychiatrist), Shirley Ortiz (Medical Receptionist), (Row 4): Jaime Burns (Medical Assistant), Lauren Ampolos (Intern), Michelle Fukumoto (Intern), Casandra Camacho (Intern), Nicole Stoughton (Postdoctoral Fellow), Mestisa Gass (Postdoctoral Fellow), Dr. Wayne McClellan (Psychologist), Dr. Kyle Chang (Psychologist), Tihane Boyd-Velles (Medical Assistant), Dr. Kalei Ahokovi (Psychologist), Jayslin Taamu (Medical Receptionist), Leilani Karapani (Medical Assistant).



Behavioral Health Department photo taken at the 2015 Behavioral Health Retreat and Internship Completion Celebration at Waimea Valley Falls Park. Staff and providers were their team outfits and participated in games and team building activities. Interns were honored for their successful completion of internship.

(Row 1) Dr. Shayna Fujii (Psychologist), Ronnie Taamu (Medical Receptionist), Shirley Ortiz (Medical Receptionist), Dr. Tina Liu-Tom (Psychologist), Dr. Nalani Blaisdell-Brennan (Psychiatrist), Dr. Jenny Ebesutani (Psychologist), Dr. Kyle Chang (Psychologist), (Row 2) Navina Villamar (Medical Assistant, BH Clinical Manager), Dr. Kristy Sakai-Costigan (Director of Training and Director of Psychology – West Oahu), Jayslin Taamu (Medical Receptionist), Dr. Lisa Duke (Psychologist), Lucille Cox (Medical Assistant), Dr. Kalei Ahokovi (Psychologist), Dr. Sherry Sutherland-Choy (Psychologist/APRN), (Row 3) Alice Boles (Accounting), Candace Uehara (Medical Assistant), Larrilette PS Kauwalu (Medical Assistant), Nozanin Lelie (Intern), Dr. Sarah Alethea (Psychologist), Shanna Kim (Intern), Dr. Lisa Garcia (Psychologist), Dr. Dawn Tomita (Psychologist), Dr. John Myhre (Psychologist and Director of Psychology – Leeward Coast), Stephanie Bell (Social Worker), (Row 4) Christopher Hernandez (Billing Specialist), Sabrina Faafiti (Medical Receptionist), Eddie Smith (APRN), Kamanaopono Crabbe (CEO of Office of Hawaiian Affairs and former WCCHC DOT 2008-2009), Tihane Hose (Medical Assistant), Leilani Karapani (Medical Assistant), Dr. Mark Dunn (Psychiatrist), Dr. Michelle Kang-Mosher (Psychologist), Dr. Mimi Andjelic (Psychologist), Anita Decambra (Office Manager), (Row 5) Tynelle Miyose (Medical Assistant), Marcin Bury (Intern), Dr. Wayne McClellan (Psychologist), Dr. Chad Taylor (Psychologist).

Behavioral Health Department Psychologists and Training Faculty



Mimi Andjelic, Psy.D. is a Staff Psychologist at the Nanakuli James & Abigail Campbell Clinic, where she works with primarily adults and some adolescents. She received her Doctoral degree in Clinical Psychology from Hawaii School of Professional Psychology at Argosy University, her Master's in Clinical Psychology from New York University, and her Bachelor's from Hawaii Pacific University with a double major in Psychology and Communications. Her professional interests include health/primary care psychology, childhood attachment and trauma, as well as mindfulness and yoga based interventions. Her theoretical orientation is Psychodynamic. Her personal interests include yoga, F45, and spending time with her family and dogs.

Kasey Arita-Nakamine, Psy.D. is a Staff Psychologist who works with children, adolescents, and adults in the Mawaena, Women's Health, and Waipahu Behavioral Health clinics. She received her Doctoral and Master's degrees in Clinical Psychology from the Hawaii School of Professional Psychology at Argosy University, and her Bachelor's degree in Elementary and Special Education from the University of Hawaii. She completed her predoctoral internship at Waianae Coast Comprehensive Health Center and her postdoctoral training through the School-Based Behavioral Health program with the Department of Education. She also has experience in providing psychological assessment in various school settings. Her professional interests include child and adolescent psychology, women's issues, depression, trauma, and art therapy. Her theoretical orientation is Humanistic. Her personal interests include reading, watching movies, and spending time with friends and family.

Marcin Bury, Ph.D. is a Staff Psychologist who works with children, teenagers, and adults in the Mawaena and Adult Medicine Clinics. He graduated from the Master's and Doctoral programs at the Department of Psychology, University of Hawaii at Manoa. He completed both his APA-accredited pre-doctoral internship and post-doctoral hours at Waianae Coast Comprehensive Health Center. After finishing his postdoc in Hawaii, he moved to New Zealand where he worked at the Department of Corrections, Central Auckland Psychologists' Office.

Before he embarked on his career in clinical psychology, he received his Medical Doctor degree and a Ph.D. in cell biology from the Medical University of Warsaw, Poland. Because of this background, he provides didactics in psychopharmacology to WCCHC interns. His professional interests include cognitive-behavioral therapy for mood and anxiety disorders, behavioral management of childhood psychological disorders, and grief therapy. In his free time he enjoys exploring the islands and learning about Native Hawaiian culture. He also compulsively feeds feral cats.

Kyle Chang, Psy.D. is a Staff Psychologist for Behavioral Health Services in the Mawaena Clinic where he works with adults, adolescents and children. He is also Director of the Ha Ola Village, a Hawaiian cultural village that offers traditional Hawaiian cultural practices that inspire and promote wellness for WCCHC, the community, and guests from all around the world. His theoretical orientation is integrative and cognitive behavioral. He has a primary interest in working with diverse and marginalized populations. He received his doctoral degree in Clinical Psychology from Argosy University, Hawaii, Master's degree in Social Work from the University of Hawaii, and his Bachelor's degree in Psychology from the University of San Francisco. He completed both his internship and postdoctoral fellowship at the Waianae Coast Comprehensive Health Center. He is a member of the Ihi Leadership Committee and the Kupuna Council at WCCHC.

Lisa D. Duke, Ph.D. is a Staff Psychologist who works with children, adolescents, and adults in the Women's Health Clinic. She completed her Master's degree from the California State University, Long Beach and her Doctoral degree from the University of Nevada, Las Vegas. She completed both her internship and post-doctoral fellowship at the Waianae Coast Comprehensive Health Center. She has numerous publications and presentations in the field of schizophrenia, trauma, maternal stress and coping research. She is passionate about psychological testing and supervises all of the interns on the Assessment Rotation. Her clinical interests include depression, severe mental illness, trauma, ADHD, pervasive developmental disorders, post-partum depression, family therapy, relationship issues, and grief and bereavement. Her theoretical orientation is predominantly cognitive behavioral. Aside from work, she enjoys going to the beach, hiking and spending time with family.

Catherine Gallahue, Psy.D. is a Staff Psychologist who works with children, teens, and adults in the Ewa West Oahu Community Health Center. She received her Master's and Doctoral degrees in Clinical Psychology from Chaminade University, Hawaii, and her Bachelor's degree in Psychology from Armstrong State University, Georgia. She completed her predoctoral internship and postdoctoral fellowship at Waianae Coast Comprehensive Health Center. Dr. Gallahue is passionate about working with children and families impacted by complex trauma. She approaches clinical practice from a cognitive behavioral framework and provides services that emphasize individualized treatment, collaborative/multidisciplinary efforts, and evidence-based practices. She is PCIT trained and utilizes the approach not only to treat disruptive or externalizing disorders in her young clients, but also to addresses negative parent-child interaction patterns that might lead to an increased risk for child maltreatment. Outside of psychology, she enjoys traveling to new destinations, visiting family and friends in her home country Germany, learning new languages, venturing out on hiking trails, and exploring new restaurants.

Lisa Garcia, Psy.D. is a Staff Psychologist who works with children, adolescents, and adults in Kapolei Behavioral Health and the Pediatric Clinic. She received her doctoral degree in Clinical Psychology from the Hawaii School of Professional Psychology at Argosy University, her Master's in Clinical Psychology at Argosy University, and her Bachelor's in Psychology at Hawaii Pacific University. She practices trauma focused and integrative therapies such as ACT and DBT, CBT and PCT. She focuses on supporting the client goals for healing through empowerment and providing a safe environment that nurtures practical awareness and collaborative problem solving. She enjoys community events, beach, and hiking.

Kasha Kim, Psy.D. is a staff psychologist who works with children, adolescents, and adults in the Mawaena and Ewa West Oahu Community Health clinics. She received her Doctoral degree in Clinical Psychology from the Hawaii School of Professional Psychology at Argosy University. She completed her internship training at Waianae Coast Comprehensive Health Center and her post-doctoral fellowship at Kaiser Permanente. She has previous clinical training at the UH Manoa Counseling Center, Tripler Army Medical Center, and the LD/ADHD Center. Her theoretical orientation is cognitive behavioral, but she incorporates Person-Centered Therapy into her practice as well. Her clinical interests include helping to strengthen family systems, using behavioral modification to support change, and using expressive arts techniques. In her free time, she enjoys going to the beach, hiking, and practicing yoga.

Hsin-Tine "Tina" Liu-Tom, Ph.D. is a Staff Psychologist and the Director of Training of Mālama Recovery Services (the Intensive Outpatient Substance Abuse treatment program at WCCHC) and Ho'okūola Hale (the Integrated Pain Management program at WCCHC). She may provide didactic training for interns and supervise intern presentations to staff. She received her BA and MA from the University of Texas at Austin. She also received her doctorate in Counseling Psychology from the University of Texas at Austin. She completed her predoctoral internship at the University of California at Berkeley's Counseling and Psychological Services and her postdoctoral fellowship at the National Center for PTSD/Honolulu VA. Previous work experiences include being a supervising psychologist for special needs children and their families through the School Based Behavioral Health program in the Department of Education/State of Hawaii, staff psychologist for research and training at the National Center for PTSD/Honolulu VA, staff psychologist and Assistant Director of Outreach at the University of Houston's Counseling and Psychological Services (CAPS), lecturer for several undergraduate and graduate courses at the University of Hawa'i at Manoa and at the former Argosy University, and a clinician in private practice. Her theoretical orientation is integrative, but she draws primarily from the person centered, cognitive behavioral, and psychodynamic perspectives. Clinically, she is also interested in working with couples and in incorporating dreamwork into individual psychotherapy. She was a board member of the Hawaii Psychological Association (HPA) from 2006-2007. In her free time, she enjoys reading, watching the Travel Channel, going to the beach, and spending quality time with family and friends.

Wayne McClellan, Psy.D. is a Staff Psychologist who works with adults in the Waipahu Clinic. He received his Master's and Doctoral Degrees in Clinical Psychology from Hawaii School of Professional Psychology at Argosy University. He received his Master's Degree in counseling and Psychology from The University of South Carolina. He also received his Master's degree in Communications and Marketing from Regent University, Virginia Beach, Virginia. His

professional interests include PTSD and other anxiety disorders, depression, health psychology, weight management and chronic disease management, and issues regarding stages of life. His theoretical orientation is Integrative, to include Cognitive Behavioral and Humanistic approaches. He completed his internship at Alakai Na Keiki with children and adolescents ages 5-18, and completed his Postdoctoral Fellowship at Waianae Coast Comprehensive Health Center. In his spare time he enjoys watersports, ballroom dancing, and spending time with family.

John Myhre, Psy.D. is the Director of Psychology – Leeward Coast and a Staff Psychologist in the Adult Medicine Clinic. He received his Master's and Doctoral degrees in Clinical Psychology from Georgia School of Professional Psychology, and his Master of Science degree in Clinical Psychopharmacology from Alliant University. He received his Bachelor's degree in Communication from the University of Hawaii, Manoa. He completed his predoctoral internship at Phoenix Indian Medical Center/Arizona State Hospital and his postdoctoral fellowship at Tripler Army Medical Center. He is a Native Hawaiian Health Scholar and a Hawaii Foundation Scholar.

Marita Padilla, M.Ed., Psy.D., ABPP is a Staff Psychologist who works with children, adolescents, and adults in the Adult Medicine and School Based Behavioral Health clinics. She received her doctoral degree in Clinical Psychology from Midwestern University, Master's in Education from Grand Canyon University, and her Bachelor's from Chaminade University with a major in Psychology. She is a Board Certified Clinical Psychologist with the American Board of Professional Psychology. Previous work experiences include working in education in both Hawaii and Arizona, forensic psychological evaluations and child custody, childhood trauma, and attachment. Her professional interests include child, adolescent, and adult psychology, childhood attachment, and trauma across the lifespan. Her theoretical orientation is a mixture of Client Centered and Adaptive Information Processing. She is EMDR trained in both Levels 1 and 2. Her personal interests include going to the beach, cooking/baking, hiking, and spending as much time with her daughter as possible.

Judith Rocap, Psy.D. is a Staff Psychologist, who works with children, adolescents, and adults in Waipahu Behavioral Health Clinic. She graduated from Penn State University with a bachelor's degree in nursing. She attended the University of Pennsylvania for her Master's Degree in nursing, and then worked as a nursing educator, clinician, and nursing director. Her accomplishments as a nurse include development and implementation of women's and children's centers, birthing centers, and a shelter for survivors of domestic violence. Since receiving her doctoral degree in clinical psychology from Argosy University in Hawaii, Dr.Rocap has worked in private practice and as a civilian psychologist with the Department of Defense. Her clinical interests include assisting children, teens, adults and couples to overcome life's challenges.

Kristy Sakai-Costigan, Psy.D. is the Director of Psychology – West Oahu, Director of Psychology Training, and a Staff Psychologist. She received her Master's and Doctoral degrees in Clinical Psychology from Argosy University, Hawaii and her Bachelor's degree in Psychology and English from the University of Hawaii, Manoa. She completed her predoctoral internship at Tripler Army Medical Center, with an emphasis on health psychology and community psychology, and her postdoctoral fellowship at Waianae Coast Comprehensive

Health Center. Her professional interests include PTSD, Panic Disorder, and other anxiety disorders; grief and bereavement; cultural diversity; and student training and development. She works with adults in the Mawaena Clinic, and oversees Psychology at both Kapolei and Ewa West Oahu Community Health. Her theoretical orientation is cognitive behavioral and she integrates DBT, ACT, and other theoretical orientations and approaches based on her patients' unique needs. She received training in Prolonged Exposure Therapy for PTSD. Personally, she enjoys hiking and hanging out at waterfalls, swimming at the beach, creative writing, traveling, and spending time with family and friends.

Brianna Salater, Psy.D. is a Staff Psychologist at the Nanakuli Clinic. She received her Master's and Doctoral degrees in Clinical Psychology from Nova Southeastern University in Florida, and her Bachelor's degree in Child Psychology from the University of Minnesota. She completed her predoctoral internship at Waianae Coast Comprehensive Health Center, and her postdoctoral fellowship at Hawaii Department of Education on the island of Kauai through the Mokihana School-Based Behavioral Health program. Her professional interests include supporting individuals and their families struggling with PTSD and developmental trauma, depression, anxiety and related difficulties, and ADHD. Her theoretical orientation is cognitive-behavioral, with an integrative approach including a family systems and ARC (attachment, regulation, and competency) framework and interventions when appropriate for an individual's needs. She works at the Nanakuli Clinic with children, adolescents, and adults. When not at work, she enjoys being at the beach or out on the water, spending time laughing with friends and family, and going hiking.

Sherry Sutherland-Choy, Psy.D., APRN-Rx is a Psychologist and Board Certified Family Nurse Practitioner in Behavioral Health Services at Ewa West Oahu Community Health. With her dual certifications, she provides integrated psychological services and medication management for her patients and psychopharmacology training to interns. She has a special interest in maternal child mental health and attachment theory. Dr. Sutherland-Choy worked at San Francisco General Hospital's Women's Focus Unit, specializing in the treatment of sexual trauma and pregnancy/postpartum mood disturbances. She has extensive clinical experience in psychiatric nursing at Scripps Memorial Hospital, La Jolla, Palomar Medical Center in California, and Kahi Mohala in Ewa Beach. She has also worked in maternity nursing at Kaiser Permanente in Hawaii. She is currently involved in psychopharmacological research at Valden Medical Clinic. Dr. Sutherland-Choy received her Doctoral and Master's degrees in Clinical Psychology from the American School of Professional Psychology at Argosy University in Hawaii and a Master's degree in Nursing from Hawaii Pacific University. She received her post Master's certificate in Psychiatric Mental Health Nursing Across the Lifespan from Johns Hopkins University. She is the Chairperson for the Hawaii Board of Psychology. In her time off, she enjoys traveling with her family.

Joseph "Joe" Svec, Psy.D., is a staff psychologist who works in the Mawaena and Pediatric clinics. He earned an undergraduate degree from Loyola Marymount University and a doctoral degree from Chaminade University of Honolulu. Dr. Svec has completed two years of practicum level training, as well as his pre-doctoral internship and post-doctoral fellowship, at the Waianae Coast Comprehensive Health Center. As a practitioner working with children, adolescents, and adults, Dr. Svec is passionate about serving his community in any way he can. He has a

particular interest in addressing the emotional and behavioral needs of family systems that have been affected by trauma, severe medical concerns, or the loss of loved ones. Dr. Svec was born and raised on the island of Oʻahu and enjoys spending time with his family and heading off into the mountains to go camping and hiking.

Chad Taylor, Psy.D. is a Staff Psychologist in the Mawaena Clinic. He received his Master's and Doctoral degrees in Clinical Psychology from Argosy University, Hawaii and his Bachelor's riadegrees in Biology and Psychology from West Virginia University. He completed both his internship and postdoctoral fellowship at Waianae Coast Comprehensive Health Center. His professional interests include Eating Disorders, substance abuse and dependence, and severe and persistent mental illness. He works with his patients from a cognitive-behavioral and solution-focused perspective. On a personal level, he enjoys music and performs throughout Oahu with his band and plays golf as often as possible.

Dawn Tomita, Psy.D. is a Staff Psychologist who received her Master's and Doctoral degrees in Clinical Psychology from Argosy University, Hawaii and her Bachelor's degree in Psychology from the University of Hawaii at Manoa. She completed her predoctoral internship at Tripler Army Medical Center, with an emphasis on health psychology and community psychology, and her postdoctoral fellowship at Waianae Coast Comprehensive Health Center. Her professional interests include PTSD, sexual abuse, and other anxiety related problems; grief and bereavement; relationship difficulties; and issues related to life transition and self-esteem. She works with adult individuals in the Kapolei Behavioral Health and Nanakuli clinics. Her theoretical orientation in integrative, utilizing psychodynamic, cognitive-behavioral, and emotion-focused interventions depending on the presenting issues and unique needs of the client. She received training in level 1 and level 2 Emotion-Focused Therapy with Dr. Les Greenberg and has also received training in prolonged exposure therapy for PTSD. Outside of psychology, she enjoys reading, traveling, hiking, playing in the ocean, and spending quality time with family and friends.

Mei Watson, Psy.D. is a Staff Psychologist in the Mawaena Clinic, where she works with adults. She received her Doctoral and Master's degrees in Clinical Psychology from Argosy University Hawaii and her Bachelor's degree in Psychology from the University of Hawaii. She completed both her internship and postdoctoral fellowship at Waianae Coast Comprehensive Health Center.

Charles "Chad" Valadez, Psy.D. is a Staff Psychologist who works with teens and adults in the Ewa West Oahu Community Health and Kapolei clinics. He completed his Bachelor's degree at The University of Texas at San Antonio and both his Master's and Doctoral degrees at La Salle University in Philadelphia, PA. He completed his predoctoral internship at The University of Houston Counseling and Psychological Services (CAPS). After completing his post-doctoral hours at Ketchikan Indian Community (KIC) in Ketchikan, Alaska serving the Tlingit, Haida, and Tsminshian tribes; he continued on at KIC as a staff psychologist and ultimately the Supervising Psychologist for the tribe for approximately five years. He is passionate about clinical supervision, psychotherapy for emotion regulatory issues, cultural competency, and psychological testing and evaluation. He has specialized experience in Personality Disorders, severe eating disorder treatment in an inpatient setting, and conducting psychological

evaluations. In his free time he enjoys spending time with his dogs, traveling to new places, and beach days.

Niki Wright, Psy.D., CSAC is the Director of Waianae Coast Comprehensive Health Center's Malama Recovery Services (intensive outpatient substance abuse treatment) and Hookuola Hale (integrated chronic pain management) departments. She received her B.A. in Psychology from the University of Hawaii Manoa before moving to Argosy University, Hawaii for her M.A. and Doctorate in Clinical Psychology. Her primary professional interests include working with diverse and marginalized populations. Additional interests include trauma, systems, and substance use disorder issues. She has integrated the knowledge and skills from various theories, primarily Interpersonal-Psychodynamic, Cognitive Behavioral, and Systemic assumptions into her approach to case conceptualization, treatment planning, and intervention. Dr. Wright is currently a professional member of the American Psychological Association, American Academy of Bereavement, National Association for Alcoholism and Drug Abuse Counselors, Hawaii Association for Alcoholism and Drug Abuse Counselors, and Association of Clinicians for the Underserved.

Other Behavioral Health Providers

Glorifin L. Belmonte, M.D. is a child/adolescent/adult Psychiatrist who is currently employed as an adult Psychiatrist with WCCHC and the Adult Mental Health Division, Department of Health. She obtained her BS in Pre Med at the University of the Philippines and M.D. at the Nicanor Reyes Institute of Medicine in Manila. She completed her residency in Adult Psychiatry at Crownsville Medical Center in Crownsville Maryland, and Child Psychiatry fellowship at the University of Hawaii Department of Psychiatry. She obtained her medical licensure in Washington DC and Hawaii. She was a child psychiatry consultant with the Central Oahu Family Guidance Center and worked part-time at Kaiser Permanente Waipio Clinic. She loves to travel, and her latest adventure was a river cruise in Russia where she had an opportunity to mingle, eat, and spend time with the local people.

Minh-Duc Huynh, DO is an adult psychiatrist specializing in transgender psychiatry. In his home state, he completed medical school training at the University of North Texas Health Science Center Texas College of Osteopathic Medicine before venturing to New York for a psychiatry residency at Garnet Health Medical Center. After completion, he trained in transgender psychiatry as a fellow at the Icahn School of Medicine at Mount Sinai. Dr. Huynh enjoys teaching medicine and has presented at grand rounds and lectures series such as the New York State Clinical Education Initiative. His interests include mental health care in a community setting and providing affirming care for LGBTQIA+ clients. In his practice, he integrates the principals of osteopathic medicine by taking into account the body, the mind, and the spirit. Outside of the clinic, he enjoys spending time with family and friends as well as cooking, baking, hiking, swimming, and photography.

H.K. Blaisdell-Brennan, M.D. is a Staff Psychiatrist with a special interest in Native Hawaiian Health. Dr. Blaisdell-Brennan graduated cum laude from Harvard College in Cambridge, Massachusetts, and subsequently traveled to Aotearoa (New Zealand), on a Rotary International Graduate Fellowship. Next, Dr. Blaisdell-Brennan served ten years as a full time television

journalist, before entering the John A. Burns School of Medicine as a Native Hawaiian Health Scholar in 1995. Dr. Blaisdell-Brennan was a Chief Resident at the University of California, Los Angeles, assigned to the West Los Angeles Veterans Administration Hospital in Brentwood, CA. Dr. Blaisdell-Brennan's research includes health care access for Women on O'ahu. She is the daughter of Dr. Richard Kekuni Blaisdell, who helped found the John A. Burns School of Medicine, E Ola Mau and Papa Ola Lokahi.

Donald W. Simpson II, M.D. is Board certified by the American Board of Psychiatry and Neurology and Board eligible for Child and Adolescent Psychiatry. Dr. Simpson completed medical training at the Medical University of the Americas, General Psychiatry Residency training at Griffin Memorial Hospital in Norman, Oklahoma, and the Child and Adolescent Psychiatry Fellowship at Rush University in Chicago, Illinois. In addition to WCCHC, Dr. Simpson currently works part time via telemedicine with a community mental health center in Norman, OK, supervises psychiatry residents, and is adjunct faculty at Griffin Memorial Hospital Psychiatry Residency Program in Norman, OK. While a fellow at Rush University Medical Center, he started the Child and Adolescent Psychiatry clinic for LGBTQ+ youth providing affirming care via both medication and psychotherapy services. He is trained in Psychodynamic Psychotherapy, CBT (General, OCD, TF, and for Psychosis), Play therapy, among others. He has presented at both the American Psychiatric Association and American Academy of Child and Adolescent Psychiatry Annual Conferences, published case reports and literature reviews, as well as published in national journals including the Journal of American Academy of Child and Adolescent Psychiatry and Current Psychiatry. His clinical interests are in community and academic medicine, as well as providing affirming services for LGBTQ+ youth and their families. In his free time he spends time with family, enjoys the beach, hiking, cooking, and traveling.

Edna J. Smith, APRN RX, PMHNP-BC, FNP-BC, DNP is an Advanced Practice Registered Nurse who is Board Certified in both Psychiatry and Family Practice. She has been with WCCHC since 2013. Prior to coming to WCCHC Behavioral Health full time in 2015 she worked as an APRN in Family Practice for 14 years. Before becoming an APRN she worked as a Registered Nurse in Medicine Oncology, Cardiology, and both Adult and Adolescent Psychiatry. Edna also has over 24 years of experience in the U.S. Army between Active Duty and the U.S. Army Reserve. She currently serves in the U.S. Army Reserve as a Colonel. Her military experience has allowed her the opportunity to travel and work in many countries in both U.S. military healthcare facilities abroad and those of other nations. She graduated with a Bachelor of Arts degree from Samford University in Birmingham, Alabama. Her Bachelor of Nursing Degree was earned from the University of Alabama at Birmingham. She completed her Master of Science in Nursing Degree-Family Nurse Practitioner from the University of Phoenix at the Honolulu Campus. She graduated from Brandman University in Irvine, California with her Doctorate of Nursing Practice in Family Psychiatric Mental Health-Nurse Practitioner. She is particularly interested in the promotion and practice of holistic and integrated patient care in Behavioral Health. Her role at Mawaena Behavioral Health Clinic is pharmacological consultation and management of patient symptomology to improve quality of life. Edna enjoys working with students from all health care disciplines. During her free time she enjoys outdoor activities and travel with family and friends.

Adam Stivala, M.D. is a Staff Psychiatrist. He was born on a small alpaca farm in Colts Neck, NJ and was raised to respect nature and hard work. He attended Syracuse University, majoring in Finance, but quickly became disillusioned with the employment and decided to pursue health care, first obtaining his Doctorate in Physical Therapy from the University of Miami, and then Doctor of Medicine from American University of the Caribbean in Sint Maarten. After general psychiatry residency at Rutgers SOM in Elizabeth NJ, he attended the child and adolescent psychiatry fellowship at University of Hawaii. His treatment focuses on a holistic approach and not just medication management for mental health issues but diet, exercise, and interpersonal relationships. He enjoys running, eating, woodwork and 80's music!

Robert Young, M.D. is a Psychiatrist and the Director of Psychiatry at WCCHC. He received his M.D. from the University of Hawaii, John A. Burns School of Medicine and his B.A. in Chemistry from the University of Hawaii, Hilo. He completed both his residency and fellowship at the University of Hawaii, Department of Psychiatry. Prior to coming to WCCHC, he was an Assistant Professor with the University of Hawaii, Department of Psychiatry. He treats children, adolescents, and adults in the Mawaena Clinic.

