

# Intro to Continua and FHIR Demo

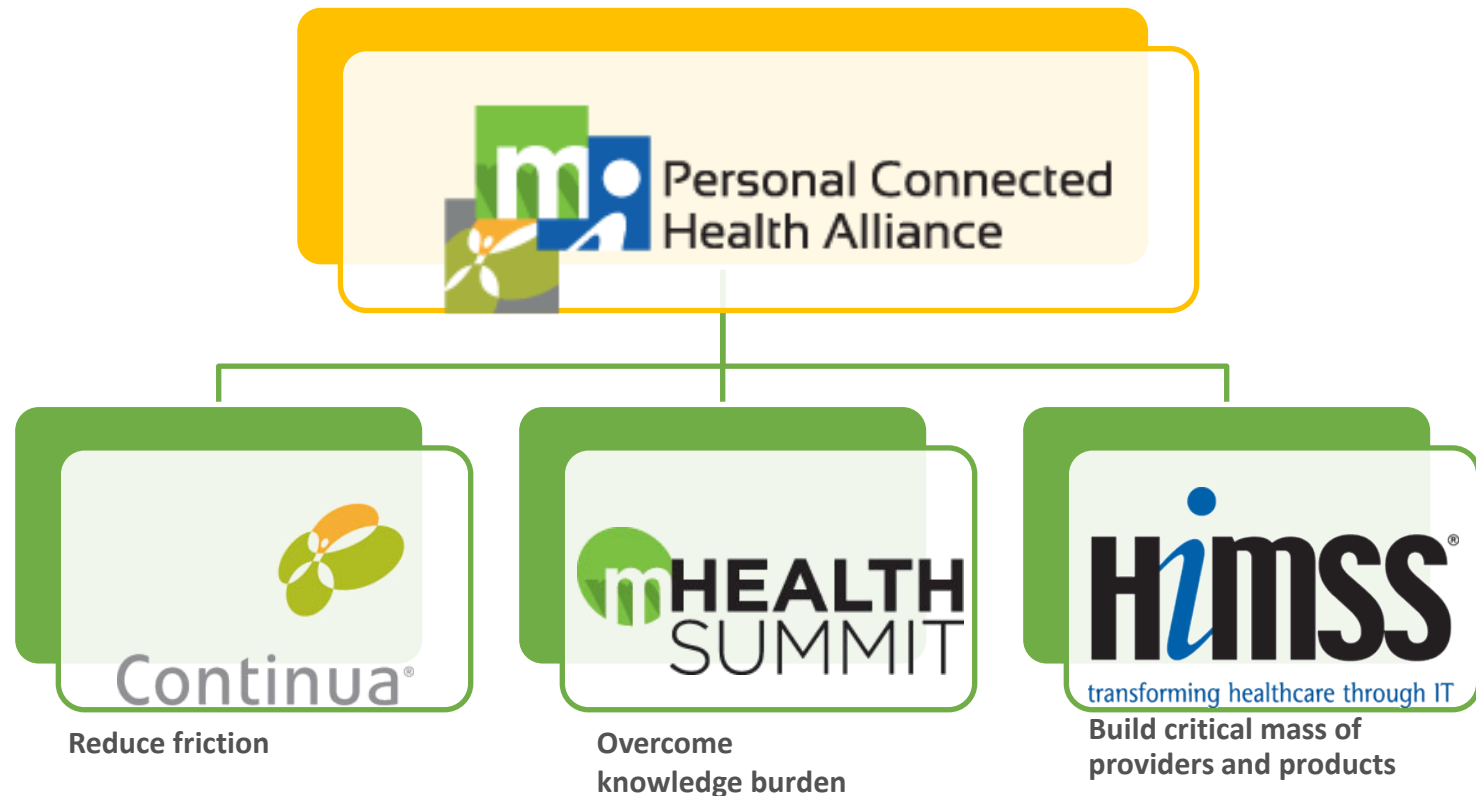
Brian Reinhold  
Martin Rosner

# *Outline*

Quick intro to Continua/PCHA

FHIR Demo

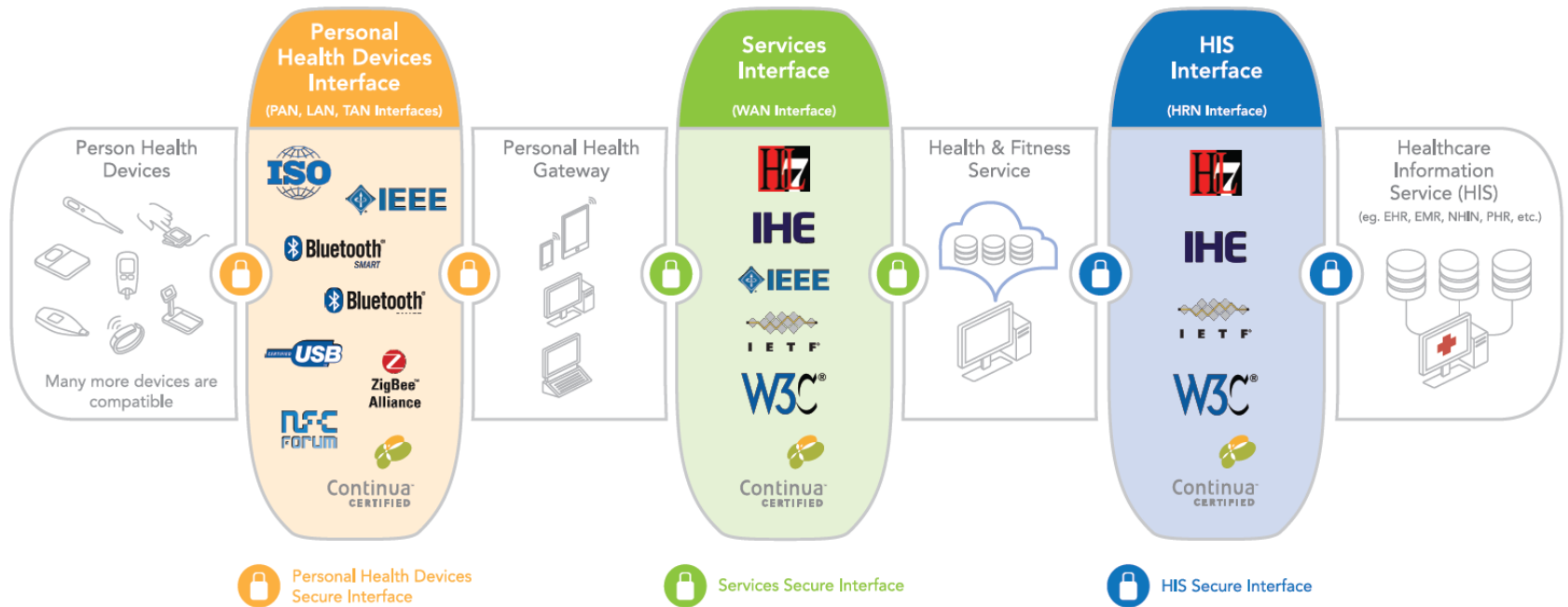
# What is the Personal Connected Health Alliance (PCHA)?



- PCHA is a first-of-its-kind collaboration between Continua, mHealth Summit and HIMSS, focused on engaging consumers with their health.
- Mission - Making health and wellness a convenient part of daily life through personal connected health technologies.

# Continua End-to-End Architecture

## mHealth / Personal Connected Health Ecosystem



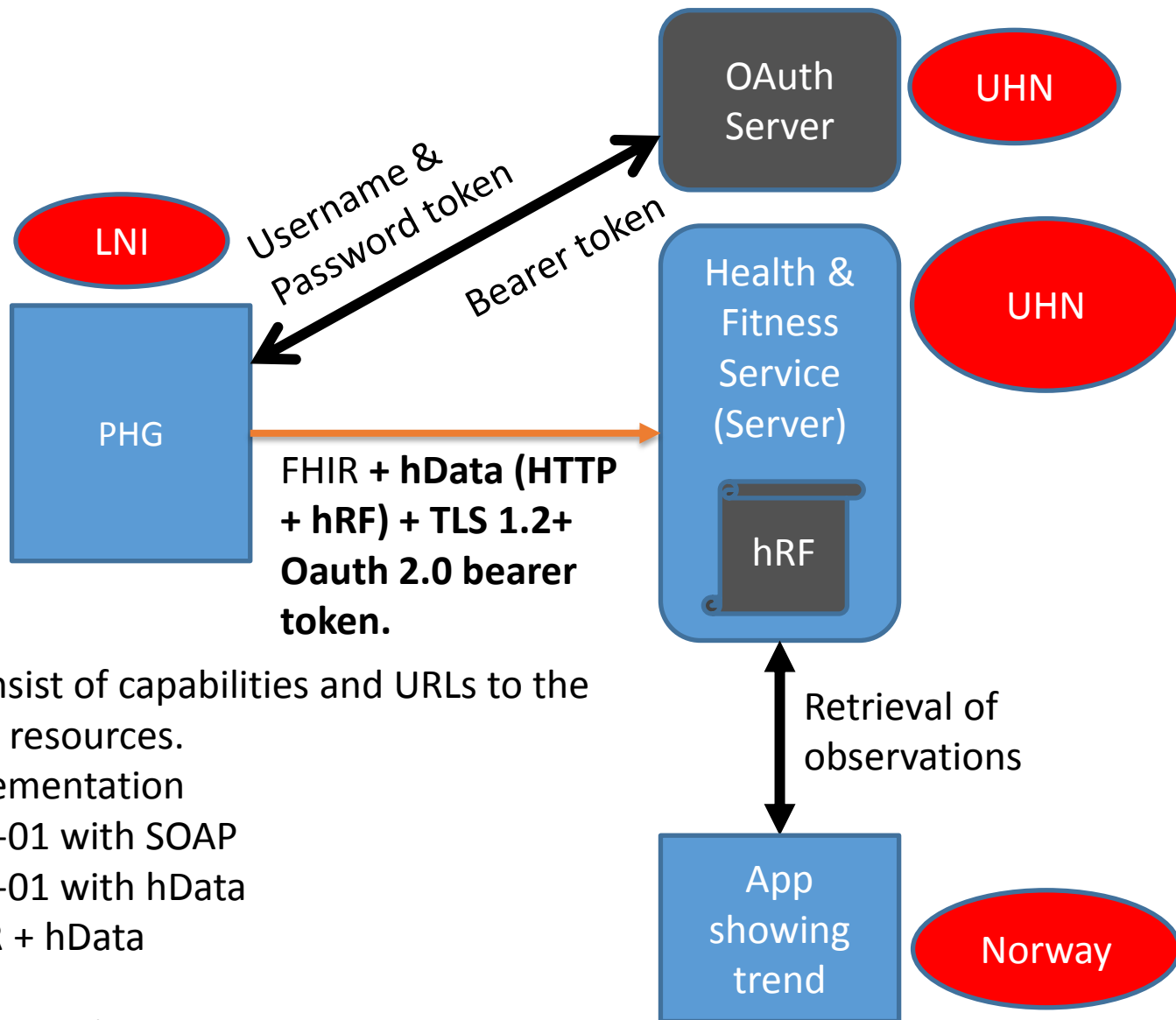
Security, data protection and privacy are core values of Continua which are tested as part of Continua certification. Continua Design Guidelines were developed recognizing HIPAA, EU Directives 95/46, etc.

# FHIR Demo Objective

- Demonstrate use of FHIR for reporting unsolicited observations across Continua Services Interface: Interface between Continua Personal Health Gateway (PHG) to a Health & Fitness Service
- Test efficiency of FHIR across different IFs in the Continua architecture

# Why

- Many developers find it difficult to work with PCD-01.
- They feel at ease with web technologies such as JSON and HTTP REST.
- FHIR provides a good framework for building an ecosystem of innovative applications.
- Opportunity to influence draft FHIR spec based on Continua requirements.
- Demonstrate to the outside world (business developers, healthcare providers, product managers, engineers) that Continua is incorporating new standards such as FHIR in order to enable new applications in the healthcare continuum.



hRF consist of capabilities and URLs to the specific resources.

IF implementation

- PCD-01 with SOAP
- PCD-01 with hData
- FHIR + hData

Lamprey Networks - LNI  
 University Health Network - UHN  
 Norwegian Government

# Additional Information



# What is the Continua Health Alliance?

“Our Mission is to establish an ecosystem of interoperable personal connected health systems that empower individuals and organizations to better manage their health and wellness”

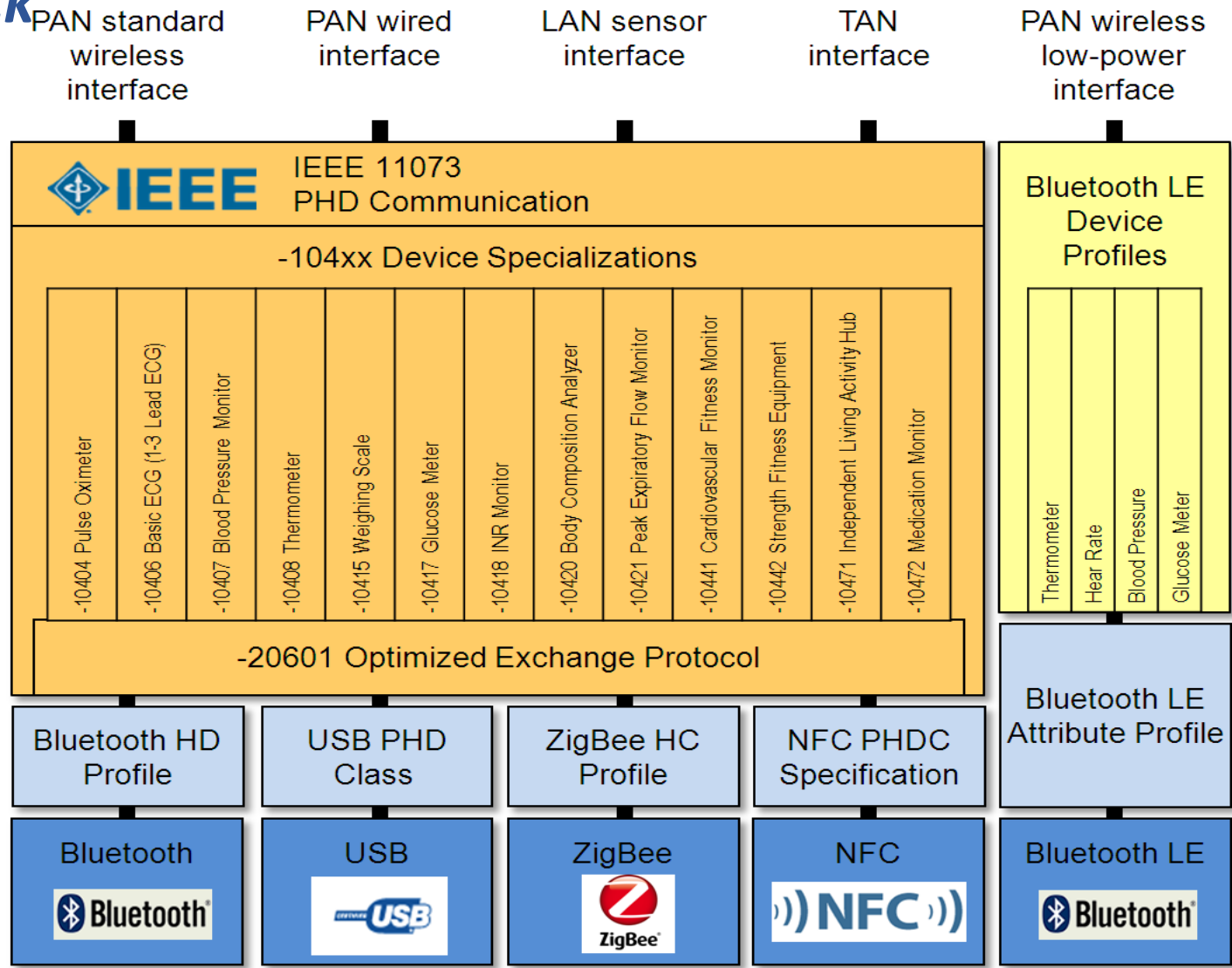
## Promoter Members



## Industry Liasons



# Continua TAN/PAN/LAN Interface Communication Stack



# Continua WAN-IF Communication Stack

Messaging

**HL7 V2.6** constrained by  
**IHE DEC PCD-01**

Semantics

**IEEE 11073-20601** and  
104xx terms

**IEEE 11073-10101** terms  
and -10201 info model

**Message Transport**

**Web Services WS-I BP**

**IHE IT Infrastructure TF Vol 2  
Appendix V Rev 6.0**

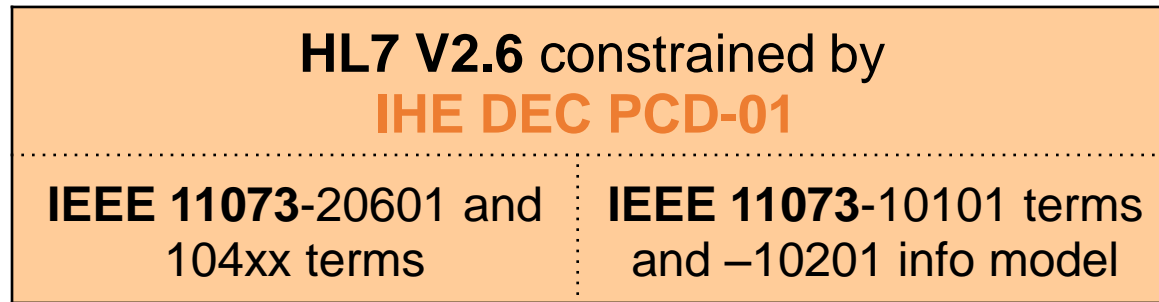
**WS-I BP over SOAP 1.2**

**Plus WSI-BSP, TLS and IHE ATNA**

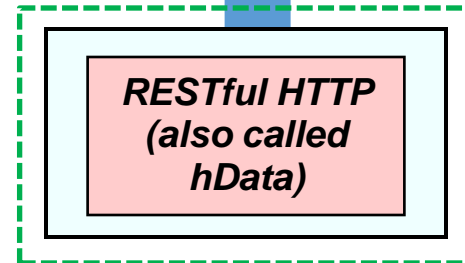
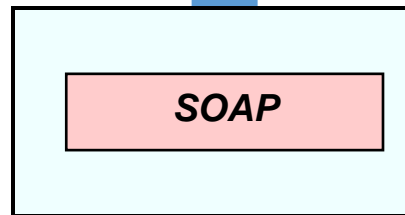
# Continua WAN-IF Communication Stack

Messaging

Semantics



Message Transport



# Continua HRN-IF Communication Stack

Messaging

Semantics

HL7 Implementation Guide for CDA R2:  
**Personal Healthcare Monitoring Report**, Release 1

HL7 Clinical Document Architecture CDA R2 –  
Continuity of Care Document (CCD)

SNOMED, LOINC, UCUM *and IEEE 11073 as required*

## Transport: Document Exchange

### IHE XDR

*IHE Cross-Enterprise  
Document Reliable Interchange  
MTOM, SOAP 1.2 / HTTP*

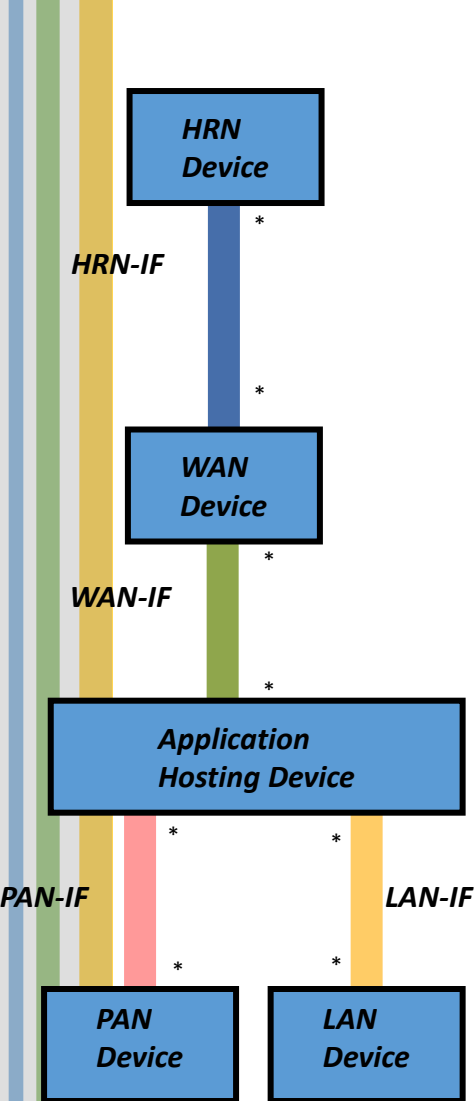
*(direct communication)*

### IHE XDM

*IHE Cross-Enterprise  
Document Media Interchange  
ZIP format / S-MIME or media*

*(email, media)*

# Security Standards used across Continua Interfaces



- TLS v1.0
- IHE ATNA
- IHE XDM → S-MIME
- IG for HL7 CDA R2 Consent Directive
- IHE Document Encryption Profile
- IHE Document Digital Signature (DSG)
- IHE PIX, PDQ, Identity Feed
- IHE XUA, XUA++ (SAMLv2.0)

confidentiality + integrity  
auditing  
Confidentiality and integrity of emails  
Consent management  
Consent enforcement  
Non-repudiation of origin  
Identity management  
Entity Authentication  
Confidentiality + integrity  
Entity authentication  
Consent management

- WS-I BSP (TLS v1.0)
- WS-I BSP (WS-Security + SAML 2.0), OAuth 2.0
- HL7 CDA R2 Consent Directive
- IHE ATNA

confidentiality + integrity  
authentication + confidentiality

- Zigbee security

- Bluetooth security

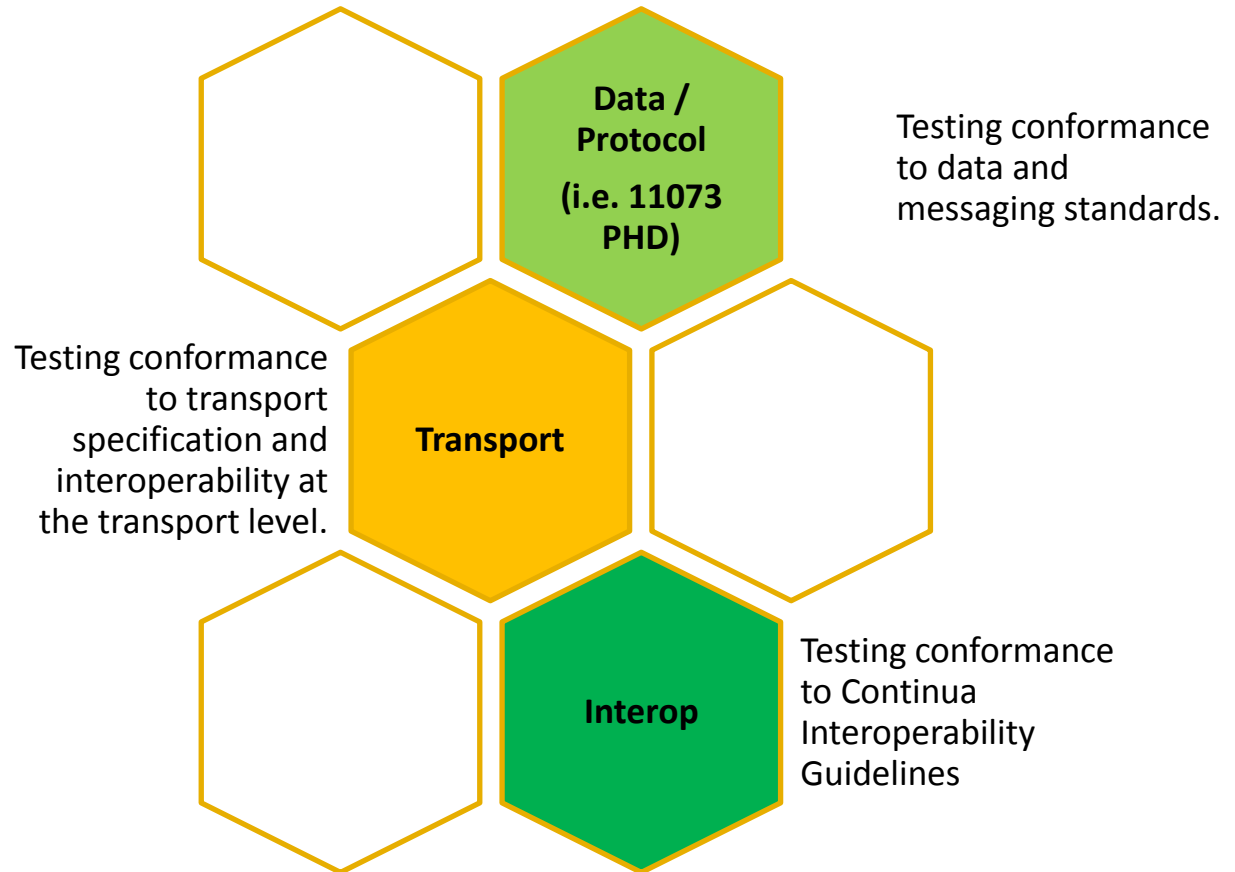
# Continua Certification Program

## Certification Goal

Assurance that a device has been designed to meet the requirements of the Continua Interoperability Design Guidelines.



Continua™  
CERTIFIED



# Devices with Continua Certified Interfaces



TOSHIBA



blue giga



TaiDoc



Panasonic  
ideas for life



F-01C



F-02C



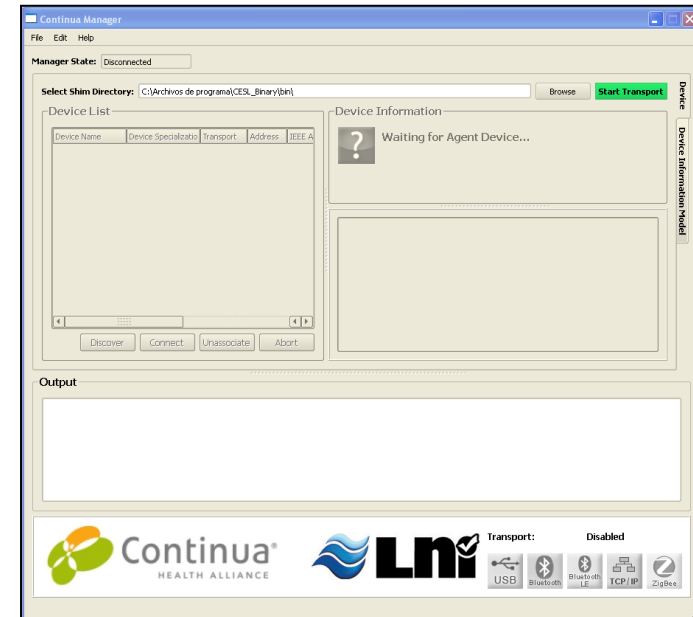
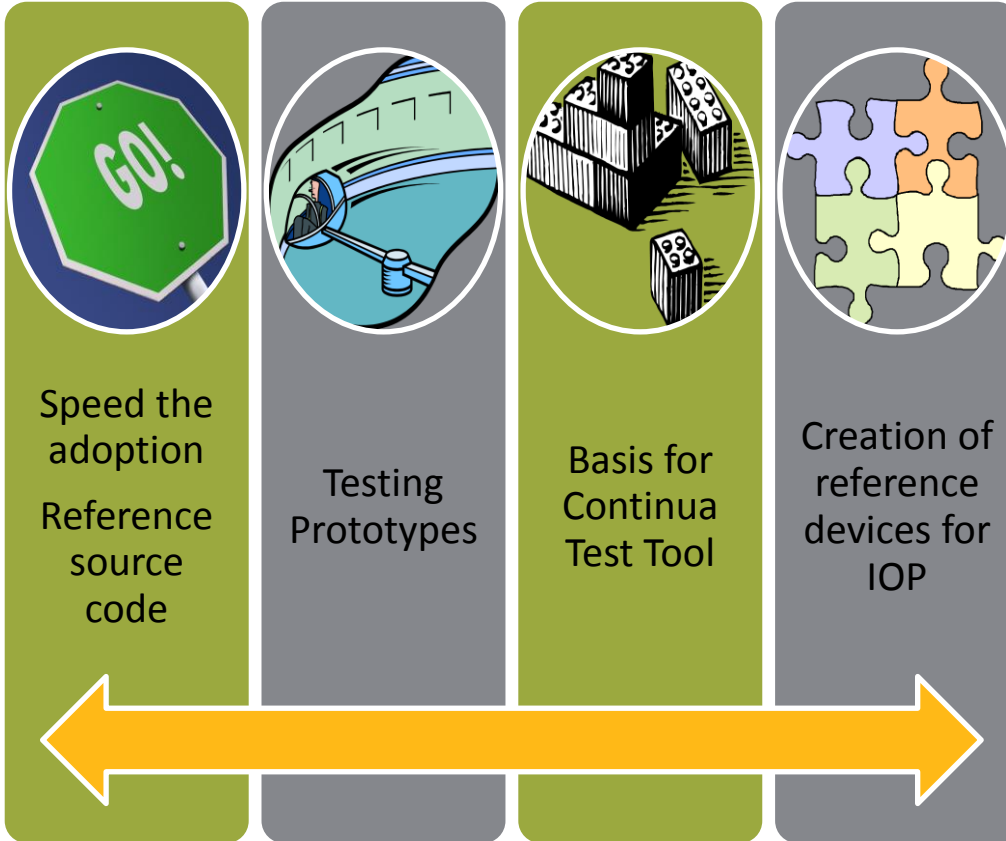
F-03C





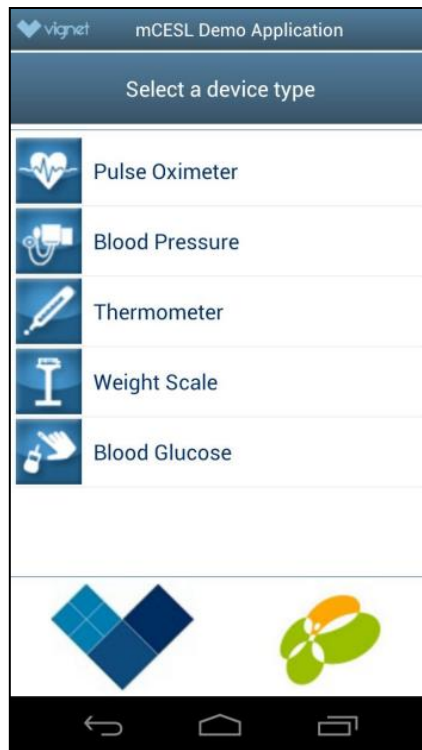
# CESL – Reference Code

<http://bit.ly/download-cesl>



**Free**

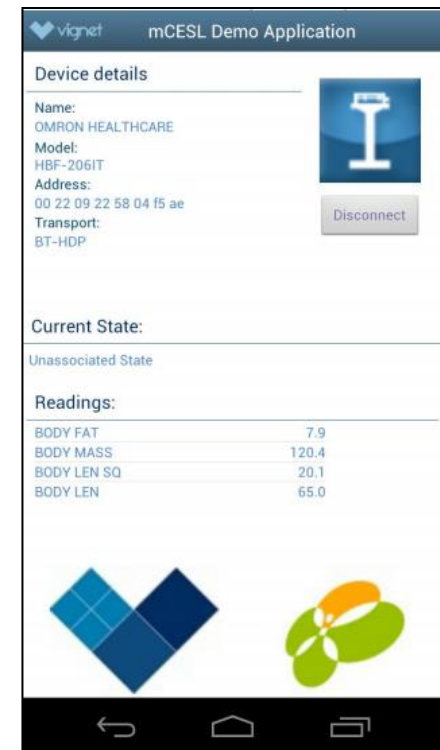
## mCESL – Example AHD for Android



### Continua Reference Device Code (Mobile)

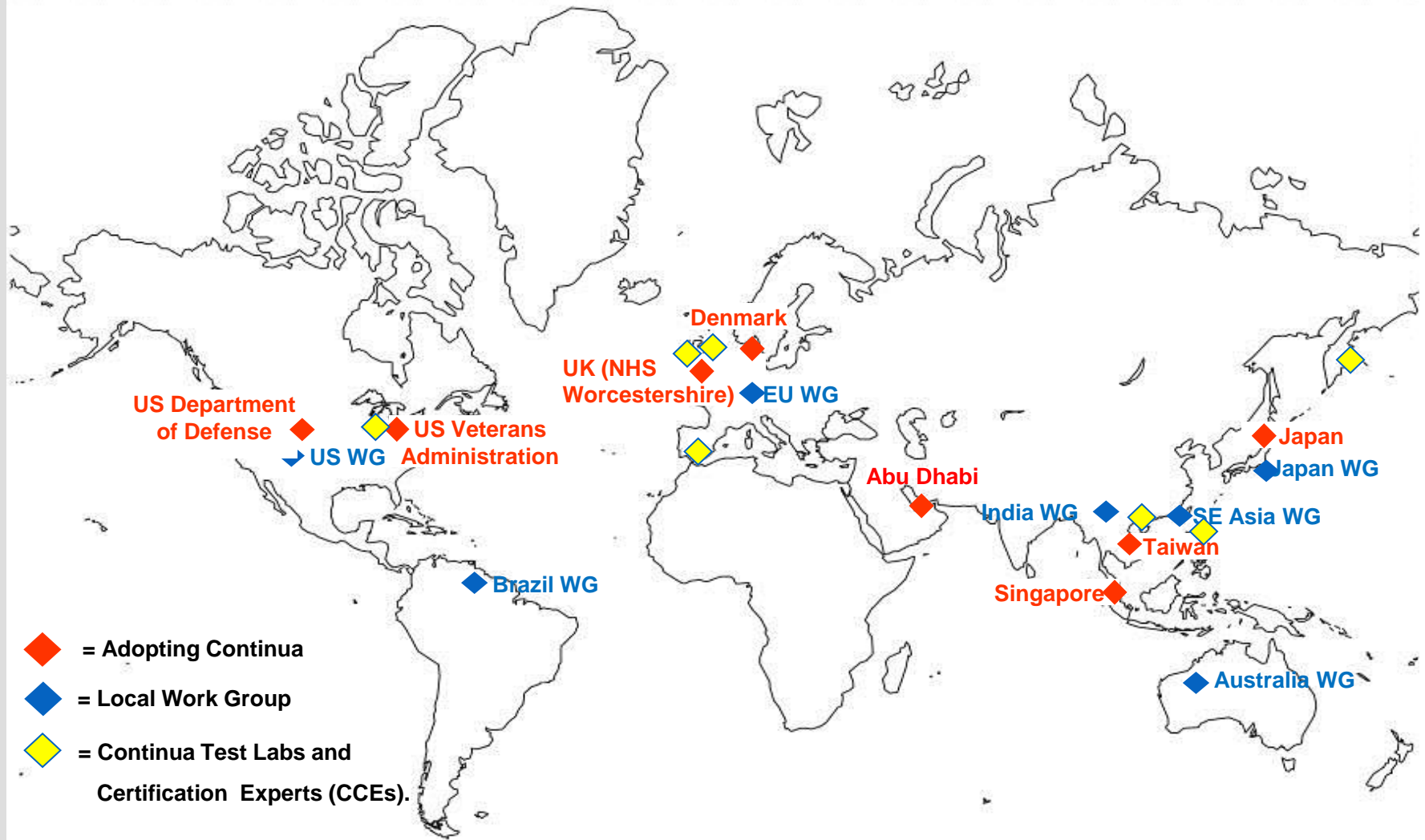
PAN - Reference Manager Application  
WAN - developed in C++ and JAVA.

Available as an SDK and Reference Application developed for the Android Nexus platform



**Free**

# Worldwide Continua/PCHA Adoption



- ◆ = Adopting Continua
- ◆ = Local Work Group
- ◆ = Continua Test Labs and Certification Experts (CCEs).

## EU Nordic Countries



Denmark was the 1st country to adopt Continua and make the Continua framework a fundamental part of the national reference architecture. Reference architecture officially released in June 2013. Downloaded in more than 50 countries.



Norway is working toward mandating Continua compliance by 2018



Sweden recently held a large event involving industry and government. Sweden made the decision to move from pending to actively working toward Continua adoption.



Finland is working on similar top-down approach as Norway with regards to Continua adoption



Interoperability is becoming a key criteria for delivering health care remotely via readily-available consumer products such as smartphones, tablets and computers.

Continua Health Alliance's Design Guidelines contained within Recommendation ITU-T H.810 are specifications to ensure the interoperability of devices used for applications monitoring personal health.



# ITU-T - H.810



## 2012:

- In 2012, the World Telecommunication Standardization Assembly adopted Resolution 78 – “Information and communication technology applications and standards for improved access to e-health.”
- That same week, the Global Standards Symposium expressed the need for ITU to take a leading role in the e-health field by building on its collaboration with the World Health Organization (WHO) to create a global, open environment for the development and promotion of e-health standards.

## 2013:

- In December 2013, the International Telecommunication Union (ITU), the United Nations’ specialized agency for information and communication technologies (ICTs), announced the adoption of Continua’s Design Guidelines for interoperability under Recommendation ITU-T H.810.
- International standards avoid costly market battles over preferred technologies, and for companies operating in emerging markets, create a level playing field with regard to market access. Through economies of scale, global ICT standards can reduce costs for manufacturers, operators and consumers, and are also an essential aid to developing countries building their infrastructures and promoting economic dev.

## 2014:

- Continua contributes entire test suite to the ITU. Test suites were consented in July.
- H.810 converted in to 6 different languages.

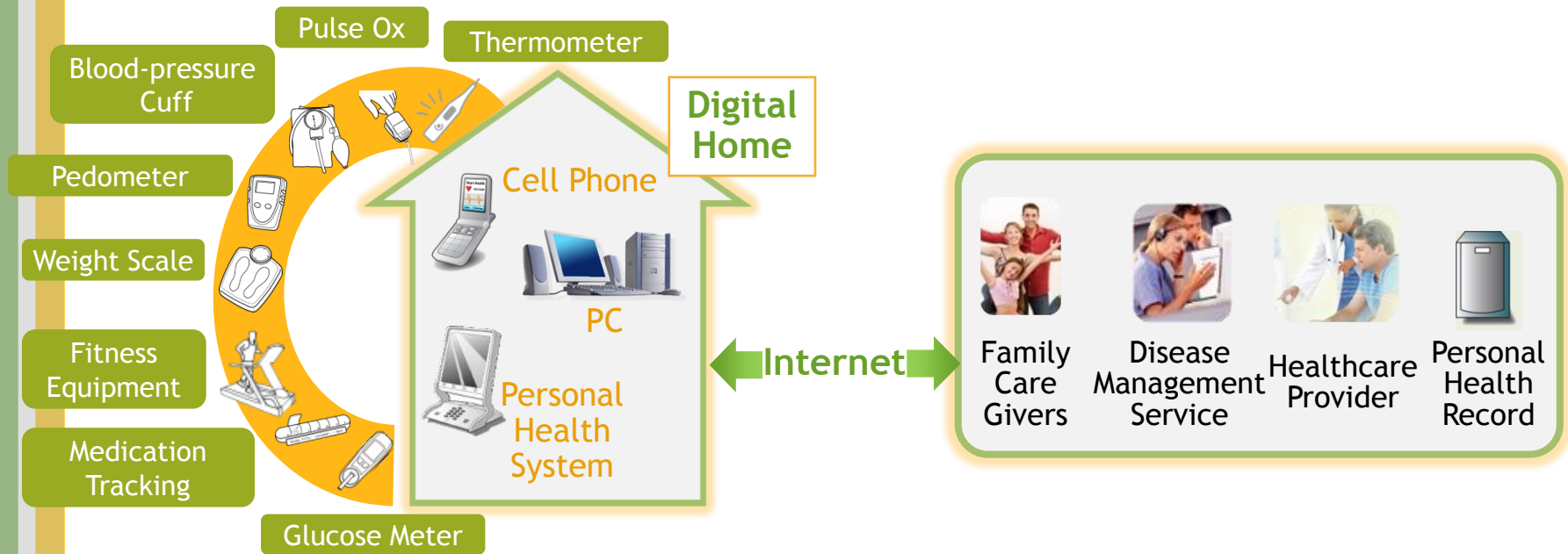
## 2015:

- Continua working toward further contributions with ITU moving forward (DG 2015 and other materials, etc.).

Source: Building the Case: Developing the Global Ecosystem for Personal Connected Health

# Domain: Manage Chronic Conditions

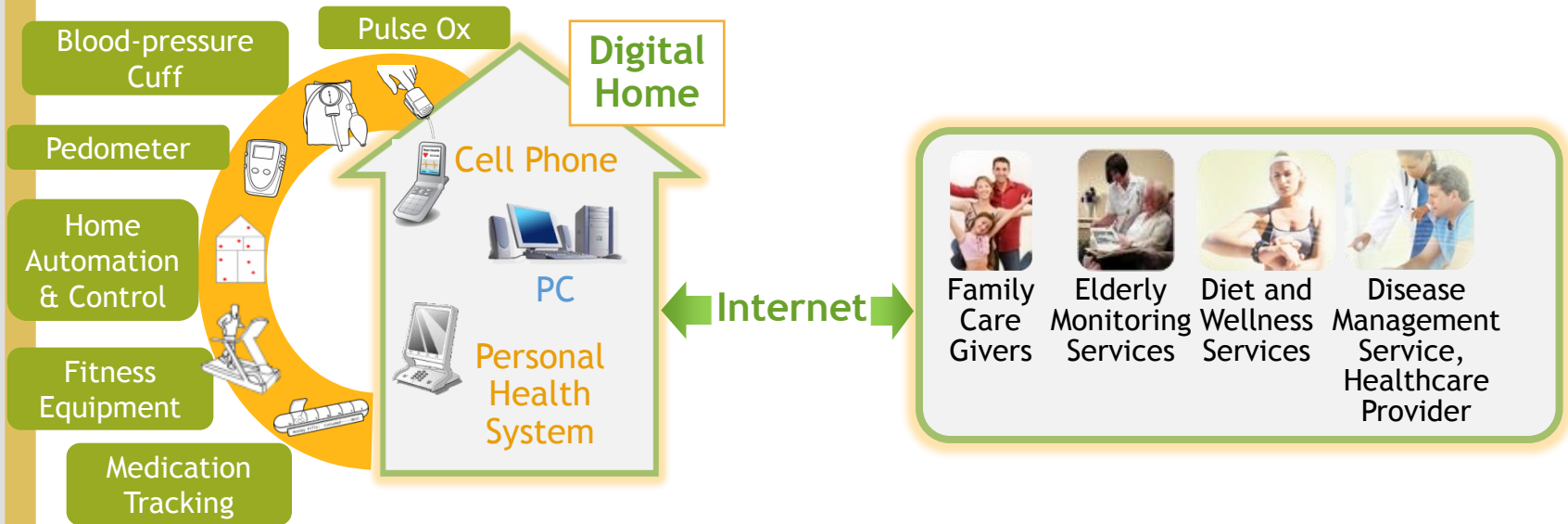
860 million individuals with chronic conditions world wide



**Continua** member companies help individuals with chronic conditions live healthier lives by connecting them to their care team through a more efficient exchange of personal health information.

# Domain: Living Independently Longer

600 million elderly individuals world wide

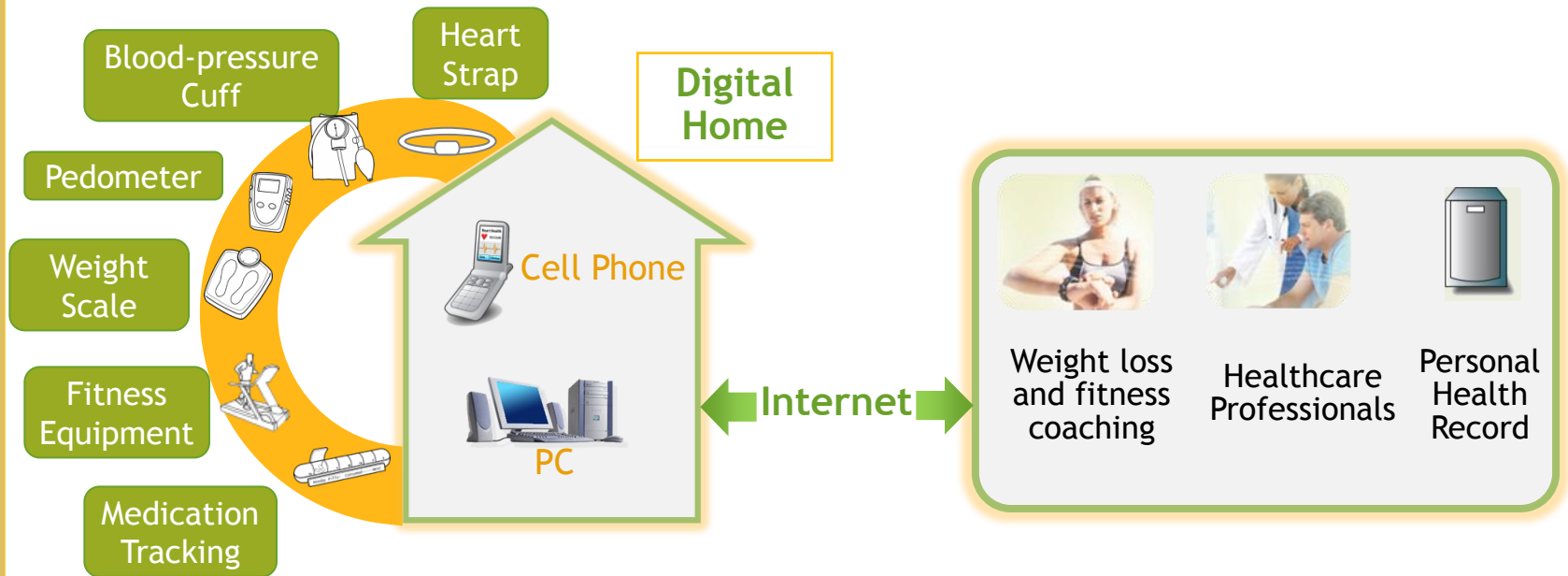


**Continua** member companies help the elderly live independently longer, with dignity and security, through the efficient exchange of personal health and safety information that connects them to their family and care team.



# Domain: Wellness

One billion adults overweight worldwide



**Continua** member companies help individuals live healthier, more active lives by connecting them to their wellness team through a more efficient exchange of personal fitness information.