

Intro to OSHA



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Blackmon Mooring & BMS Cat

***DIRECT
COST***

**Medical (doctor visits, physical
therapy, medicine, etc.)**



An iceberg floating in the ocean. The tip of the iceberg is above the water surface, and the much larger base is submerged. A dashed yellow line marks the water level. The sky is blue with some clouds.

***DIRECT
COST***

Medical (doctor visits, physical therapy, medicine, etc.)

***INDIRECT
COST***

- Reduced productivity
- Accident Investigation
- Administrative costs
- Lost time by supervisor
- Costs of training replacement workers
- Overtime
- Legal fees
- Equipment Repair
- Negative publicity
- Damage to customer relations

Topics

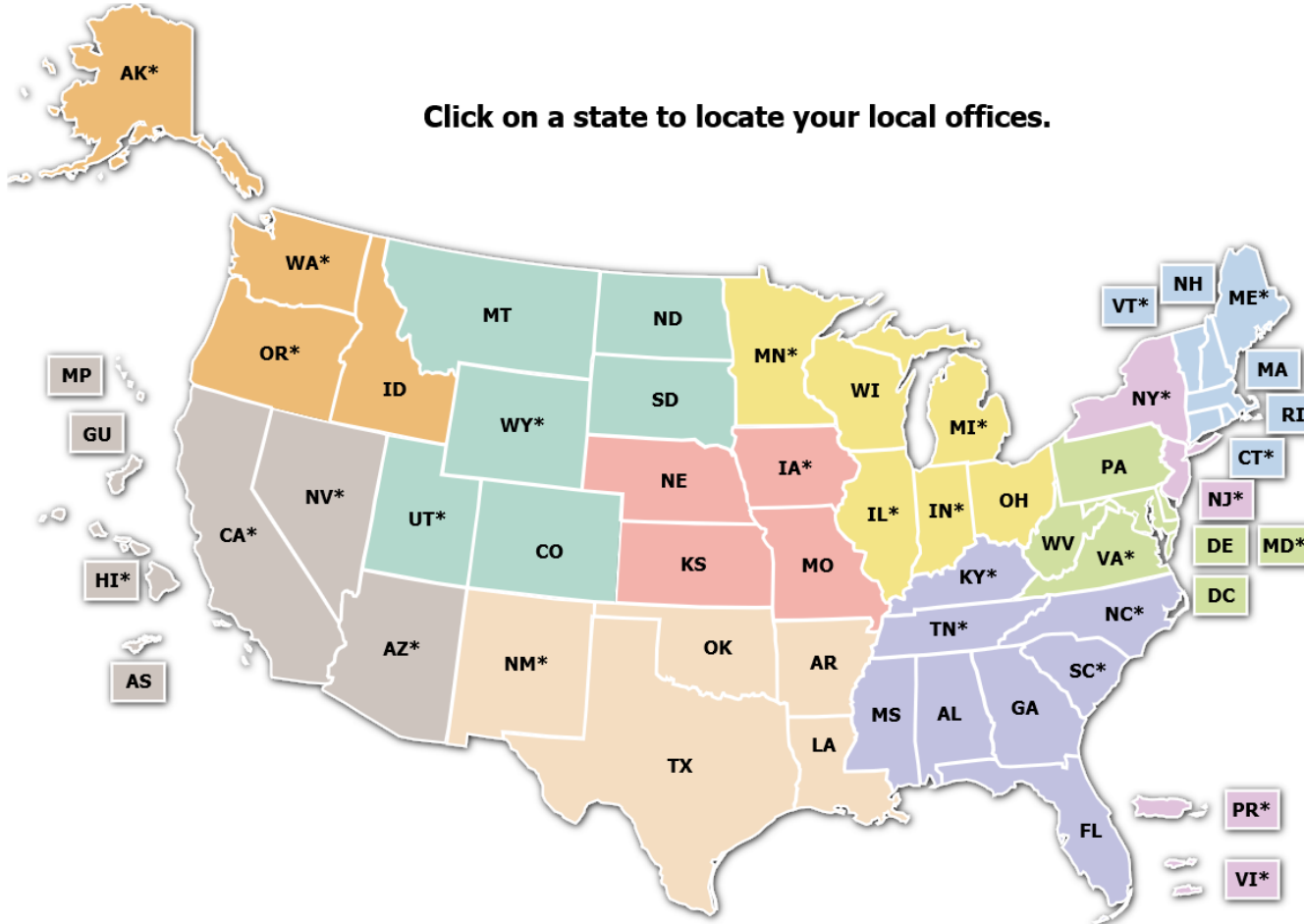
- What does OSHA do and why is it important?
- OSHA Standards/Hazards in your Industry
- Inspection Process
- Safety Programs
- Compliance Assistance Resources
- Questions



Find an OSHA Office

OSHA Offices by State

Click on a state to locate your local offices.



Find Office By State

Select a State

[Consultation Offices](#)

[State Plans](#)

[Worker Rights \(Complaints\)](#)

[OSHA Office Directory](#)

OSHA Regional Offices

- Region 1: Boston
- Region 2: New York
- Region 3: Philadelphia
- Region 4: Atlanta
- Region 5: Chicago
- Region 6: Dallas
- Region 7: Kansas City
- Region 8: Denver
- Region 9: San Francisco
- Region 10: Seattle

<https://www.osha.gov/contactus/bystate>



What does OSHA do?

- Develops safety and health standards
- Conducts inspection and enforcement activities
- Produces compliance assistance products



Employee Rights and Employer Responsibilities

- **EMPLOYEES** have a right to:
 - A safe and healthy workplace free from recognized hazards
 - Receive safety and health training
 - Request information on medical records
 - Information on injuries and illnesses
 - Information on job hazards
 - Information on worker rights
 - Request employer to correct hazards/violations
 - File an OSHA complaint
 - Participate in an OSHA inspection
 - Find out the results of OSHA inspection
 - Be free from retaliation

- **EMPLOYERS** must:
 - Employers must provide workplaces free from recognized hazards
 - Employers must provide training and protective equipment to employees
 - Employers must enforce work rules to keep employees safe
 - Notify OSHA of fatalities, hospitalizations, eye loss, or amputations
 - Display the OSHA poster prominently in workplace
 - Employers may develop workplace safety rules that exceed OSHA requirements

More info: <https://www.osha.gov/employers>



Frequently Cited OSHA Standards



UNITED STATES
DEPARTMENT OF LABOR



Find it in OSHA



Occupational Safety and Health Administration

About OSHA

A to Z Index

Contact Us

FAQs

What's New

[English](#) | [Spanish](#)

[For Workers](#) ▾ [For Employers](#) ▾ [Law & Regulations](#) ▾ [Data & Statistics](#) ▾ [Enforcement](#) ▾ [Training & Education](#) ▾ [News & Publications](#) ▾

Frequently Cited OSHA Standards

This page allows the user to list the most frequently cited Federal or State OSHA standards for a specified 6-digit North American Industry Classification System (NAICS) code. Also available is [Industry Profile for OSHA Standard](#) which lists NAICS classifications having the most occurrences of citations for a specified OSHA standard.

Select number of employees in establishment:

All 1-9 1-19 1-99 20-49 20-99 50-99 100-249 1-249 250+

Federal or State Jurisdiction:

Federal ▾



NAICS:

(Submit empty for NAICS list.)

Submit

The data shown reflects OSHA citations issued by the Federal or State OSHA during the specified fiscal year; see [definitions](#). If you are interested in obtaining the NAICS code for a particular industry, references are available on the [NAICS Manual](#). This manual contains descriptions of every NAICS sector.



UNITED STATES
DEPARTMENT OF LABOR

<https://www.osha.gov/pls/imis/citedstandard.html>



NAICS Code: 561790 *Other Services to Buildings and Dwellings*

Listed below are the standards which were cited by **Federal OSHA** for the specified NAICS Code during the period October 2020 through September 2021. Penalties shown reflect current rather than initial amounts. For more information, see [definitions](#).

Standard	Citations	Inspections	Penalty	Description
Total	98	33	\$218,286	<i>All Standards cited for Other Services to Buildings and Dwellings</i>
19101200	13	7	\$24,292	Hazard Communication.
19260501	11	9	\$47,194	Duty to have fall protection.
19100134	8	6	\$23,572	Respiratory Protection.
19260451	8	3	\$20,286	General requirements.
19100028	7	6	\$18,532	Duty to have fall protection and falling object protection.
19100146	6	1	\$11,704	Permit-required confined spaces
19100027	3	1	\$2,926	Scaffolds and rope descent systems.
19100140	3	1	\$2,926	<i>--- No Description Found ---</i>
19260453	3	3	\$8,002	Aerial lifts.

NAICS Code: 238220 *Plumbing, Heating, and Air-Conditioning Contractors*

Listed below are the standards which were cited by **Federal OSHA** for the specified NAICS Code during the period October 2020 through September 2021. Penalties shown reflect current rather than initial amounts. For more information, see [definitions](#).

Standard	Citations	Inspections	Penalty	Description
Total	404	187	\$1,234,527	<i>All Standards cited for Plumbing, Heating, and Air-Conditioning Contractors</i>
19260501	64	60	\$245,512	Duty to have fall protection.
19260651	33	23	\$71,182	Specific Excavation Requirements.
19261053	31	23	\$66,568	Ladders.
19260652	25	23	\$85,448	Requirements for protective systems.
19100147	19	7	\$110,828	The control of hazardous energy (lockout/tagout).
19101200	18	12	\$35,333	Hazard Communication.
19040039	16	15	\$44,195	<i>--- No Description Found ---</i>
19260020	15	14	\$49,431	General safety and health provisions.
19260503	15	13	\$17,156	Training requirements.

Some Major Categories of Hazards and Safety Issues

- Housekeeping
- Slips, trips, falls
- Electrical hazards
- Equipment maintenance
- Fire protection/life safety
- Control of Hazardous Energy (LO/TO)
- Work practices
- Ergonomics
- Emergency procedures
- Workplace violence
- General organization and work process flow

The Inspection Process

- No-notice
- Opening conference
 - Inspector presents credentials
 - Discuss purpose and scope of inspection
 - Inform employer of rights
 - Request documents
 - Background information
 - Contact union rep
 - Answer Questions



The Inspection Process

- Walkthrough/Inspection
 - Visual inspection of facility
 - Audio/Visual Recording/ Photos
 - Sampling (noise, inhalation hazards)
 - Measurements
 - Employee Interviews (**private and confidential**)




The Inspection Process

- Closing Conference
 - Summarize potential violations observed
 - **Discuss employer rights/responsibilities**
 - Discuss citation categories
 - Repeat
 - Willful
 - Serious
 - Other than Serious

The Inspection Process

- Field Operations Manual (FOM)
- Instructions on:
 - Emphasis Programs
 - Inspections
 - Sampling
 - Citations
 - Post-Citation

https://www.osha.gov/OshDoc/Dirrective_pdf/CPL_02-00-160.pdf

	OSHA INSTRUCTION
U.S. DEPARTMENT OF LABOR	Occupational Safety and Health Administration
<hr/>	
DIRECTIVE NUMBER: CPL-02-00-160	EFFECTIVE DATE: 08/02/2016
<hr/>	
SUBJECT: Field Operations Manual (FOM)	
<hr/>	
ABSTRACT	
Purpose:	To provide OSHA offices, State Plan programs and federal agencies with policy and procedures concerning the enforcement of occupational safety and health standards. Also, this instruction provides current information and ensures occupational safety and health standards are enforced with uniformity.
Scope:	OSHA-wide.
References:	See Chapter 1, Section III.
Cancellations:	OSHA Instruction CPL 02-00-159, Field Operations Manual, issued October 1, 2015.
State Impact:	Notice of Intent and Equivalency required. See Chapter 1, Section VI.
Action Offices:	National, Regional, and Area Offices.
Originating Office:	Directorate of Enforcement Programs (DEP).
Contact:	Director, Office of General Industry and Agricultural Enforcement U.S. Department of Labor – OSHA 200 Constitution Avenue, N.W., Room N-3119 Washington, DC 20210 202-693-1850
By and Under the Authority of	
David Michaels, PhD, MPH Assistant Secretary	



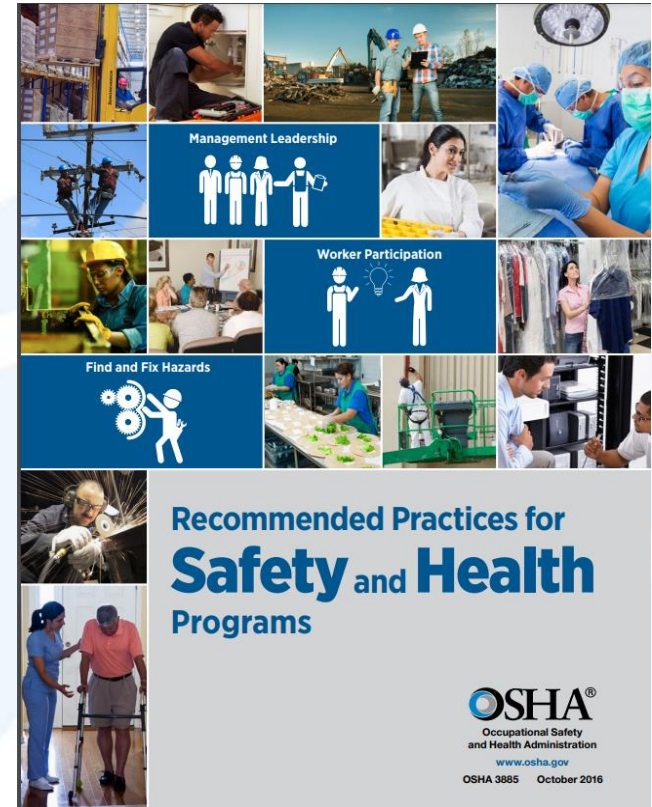
Why Have a Safety and Health Program?

- Protects Workers
 - Finding and Fixing Hazards
 - Proactively (before injuries or illnesses)
- Eliminates Costs
 - Direct Costs
 - Indirect Costs



Recommended Practices for Safety and Health Programs

- Contains:
 - Detailed Guidance on Setting up the Core Elements of a Program
 - Action Items for Each Core Element and How to Accomplish Them
 - Links to additional guidance documents, consensus standards and etools

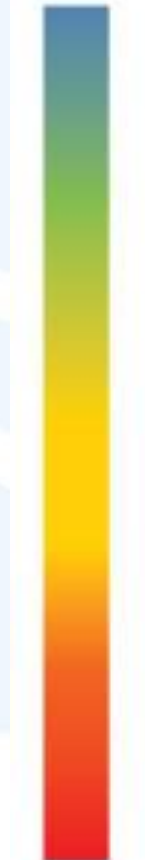


<https://www.osha.gov/safety-management>

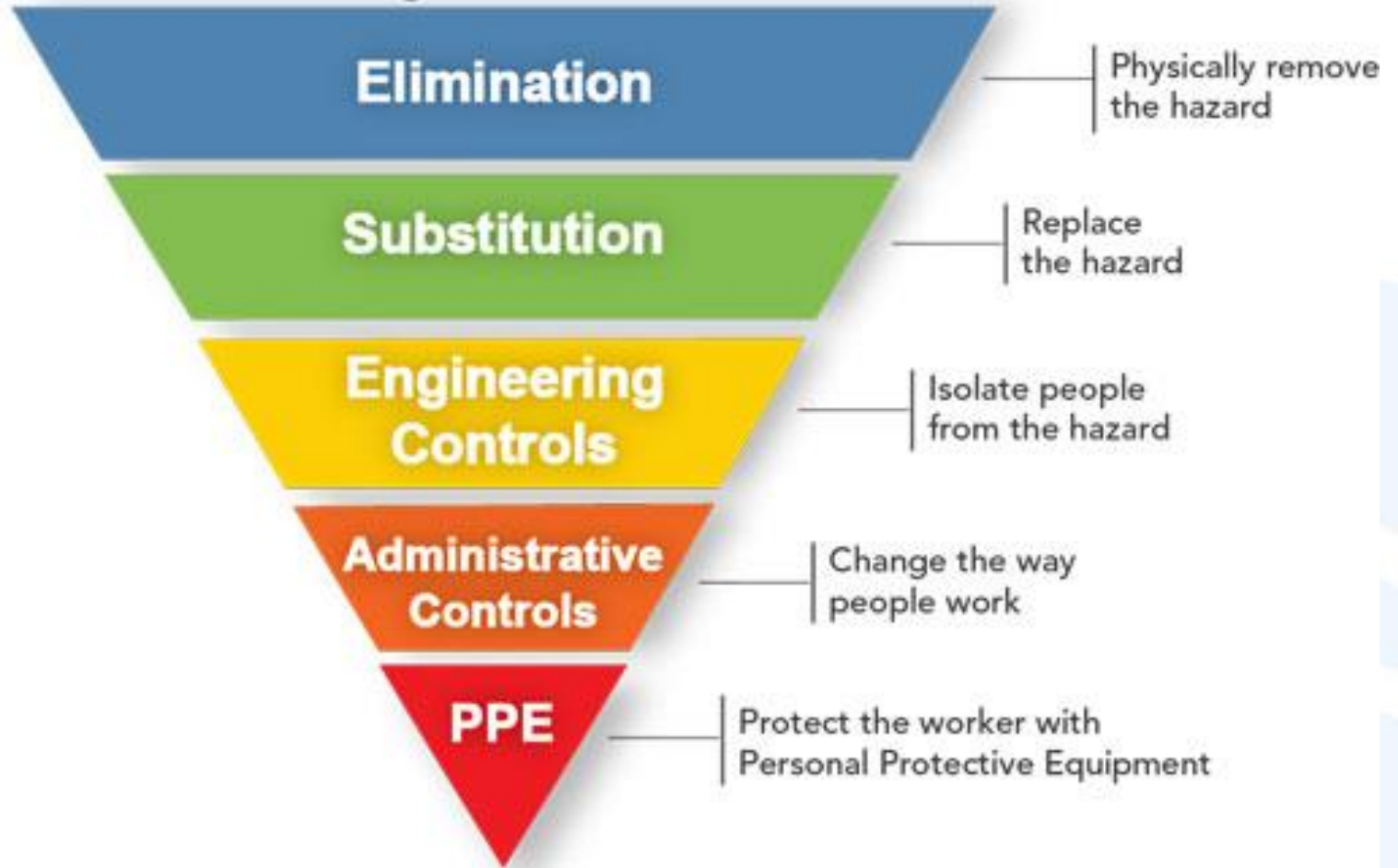


Hierarchy of Controls

Most effective



Least effective



Compliance Assistance Resources



Contact Your Local Compliance Assistance Specialist

Compliance Assistance Specialists in Action



OSHA's Compliance Assistance Specialists and other field staff conducted more than 5,000 outreach activities reaching more than 3 million people in fiscal year 2020.

- COVID-19
- Fall Prevention
- Health Care
- Hispanic/Latino Workers and Employers
- Severe Weather
- Roadway Safety
- Suicide Prevention
- Temporary Workers
- Young Workers

Office	Compliance Assistance Specialist	Phone Number
Birmingham Area Office	Francisco Garcia	(205) 731-1534
Mobile Area Office	Francisco Garcia	(251) 441-6131
Little Rock Area Office	John Wolfe	(501) 224-1841
Denver Regional Office	John Olachea	(720) 264-6586
Denver Area Office	Contact Area Office	(303) 844-5285
Englewood Area Office	Contact Area Office	(303) 843-4500
Bridgeport Area Office	Marianne Bonito	(203) 579-5581
Hartford Area Office	Paul Mangiafico	(860) 240-3152

Available to answer questions, give presentations, and appear at events

Find your local compliance assistance specialist at:
<https://www.osha.gov/complianceassistance/cas>



OSHA Consultation

In FY 2017, responding to requests from small employers looking to create or improve their workplace safety and health programs, OSHA's On-Site Consultation Program conducted approximately 26,000 visits to small business worksites covering over 1.1 million workers across the nation.



OSHA's Consultation Directory
Find the Local Office in Your State



OSHA Consultation

- Free
- Confidential
- On-site audits
- Training
- Sampling/Monitoring
- Program review and development
- Cut medical expenses, reduce injury rates, and lower workers compensation costs



<http://csu-cvmbbs.colostate.edu/academics/erhs/osha/Pages/default.aspx>



OSHA Compliance Assistance

- Regional Compliance Assistance Newsletter
- To be added, send a request to olaechea.john@dol.gov

OSHA Region VIII Compliance Assistance Newsletter
Spring 2020 National News Volume 5, Issue 4

COVID-19

3 NEW GUIDANCE DOCUMENTS RELEASED 5/14/20
NURSING HOME AND LONG TERM CARE
(SPANISH)

RETAIL PHARMACIES
(SPANISH)

RIDE SHARE, TAXI, AND CAR SERVICE
(SPANISH)

LATEST CORONAVIRUS GUIDANCE FROM OSHA
May 12 **GUIDANCE FOR MANUFACTURING WORKERS AND EMPLOYERS:**
OSHA, in conjunction with the Center for Disease Control and Prevention (CDC), issued joint Interim [Guidance for Manufacturing Industries](#). This document provides guidance for all manufacturing facilities developing plans for continuing operations in the setting of COVID-19 occurring among workers or in the surrounding community.

May 3 The U.S. Department of Labor's Occupational Safety and Health Administration recently issued a [New Respirator Video](#) (also available in [Spanish](#)) and [poster](#) illustrating steps for safely putting on/taking off a respirator in the workplace.

May 11 **Guidance for Dentistry** The U.S. Department of Labor's Occupational Safety and Health Administration (OSHA) recently issued new [COVID-19 Guidance for Dental Practitioners](#) (also available in [Spanish](#)).

OSHA ALERT FOR RESTAURANT & BEVERAGE CURBSIDE PICKUP
May 1 **OSHA ALERT**
COVID-19 Guidance for Restaurants & Beverage Vendors Offering Takeout or Curbside Pickup
(SPANISH VERSION)

NADCA Safety Manual

Available in
NADCA STORE

- Lockout Tagout
- Respiratory Protection
- Hand & Power Tools
- Manual Lifting
- Fall Protection
- First Aid



NADCA Safety Manual

Available in
NADCA STORE

~~\$125⁰⁰~~

Available Today

\$75⁰⁰



OSHA[®]

Benefits of a Safety Program

- Increase employee morale
- More productivity
- Decreased turnover
- Decreased training cost
- Customer confidence
- Win more jobs
- More revenue

Disclaimer

- This information has been developed by an OSHA Compliance Assistance Specialist and is intended to assist employers, workers, and others as they strive to improve workplace health and safety. While we attempt to thoroughly address specific topics, it is not possible to include discussion of everything necessary to ensure a healthy and safe working environment in a presentation of this nature. Thus, this information must be understood as a tool for addressing workplace hazards, rather than an exhaustive statement of an employer's legal obligations, which are defined by statute, regulations, and standards. Likewise, to the extent that this information references practices or procedures that may enhance health or safety, but which are not required by a statute, regulation, or standard, it cannot, and does not, create additional legal obligations. Finally, over time, OSHA may modify rules and interpretations in light of new technology, information, or circumstances; to keep apprised of such developments, or to review information on a wide range of occupational safety and health topics, you can visit OSHA's website at www.osha.gov.





Working Together, We Can Help

www.osha.gov

800-321-OSHA (6742)

