AAPM 2005 - Continuing Education Course - MRI Physics and Technology - 4 Advanced MRI - An Overview of Techniques and Applications

Edward F. Jackson, PhD Department of Imaging Physics

























Diffusion imaging

Image Display

There are two ways of displaying images with diffusion-based contrast:

Diffusion-weighted imaging (DWI) - areas of unrestricted diffusion appear *hypo*intense and areas of restricted diffusion appear *hypor*intense.

Advantage: Very fast, no extra post-processing steps.

Disadvantage: T_2 "shine through" can be problematic. (Due to T_2 weighting of the sequence, *i.e.*, long TE intervals, necessary in order to obtain adequate *b*-values. This problem is decreased with high performance gradient subsystems.)

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100 200 300 400 500 600 700 800 b-value (s/mm²)









Diffusion tensor imaging (DTI)

Using multiple diffusion encoding directions to determine the diffusion tensor terms, eigenvalue/eigenvector analysis can be used to determine the *principle diffusion direction*. This is the basis of "tractography".





1.5T, b=1576 s/mm², 6 directions 3.0T, b=1000 s/mm², 15 directions











• The Larmor relation that relates resonant frequency to magnetic field strength:

$v = \gamma B_{nucleus}$

where v is the resonant frequency (MHz), γ is the gyromagnetic ratio, and $B_{nucleus}$ is the magnetic field strength (T) *at a given nucleus*.

• However, the value of $B_{\rm nucleus}$ depends on the local electronic environment, *i.e.*, it is the value of the applied field, B_o, modified by the magnetic field due to the chemical environment.

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Introduction to spectroscopy

 Nuclei in different chemical (electronic) environments will have slightly different resonance frequencies depending on the amount of local nuclear shielding, σ:

 $v = \gamma B_{o} (1 - \sigma)$

• It is this local shielding effect that results in spectra with multiple peaks for a given nuclear species, where the peak positions depend on the local chemical environment.

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Introduction to spectroscopy

• The position of a given spectral peak is usually given in terms of *chemical shift* with respect to some reference,

 $\delta_x = (\nu_x - \nu_{ref}) / \nu_{ref}$

- This definition makes the separations between the peaks independent of applied field strength.
- Note, however, that the separation of the peaks (in Hz) *does* depend on field strength. Therefore, the spectral resolution improves as field strength increases. (So does the SNR of the spectral peaks.)
- For ¹H MRS applications, the reference is usually water.

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Water suppression (¹H MRS)

- The metabolites of interest are usually about a factor of 8,000 less in concentration than water.
- A very efficient means of suppressing the water resonance is required in order to readily detect the metabolite resonances.

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Water suppression (1H MRS)

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- The most commonly utilized method for water suppression is based on the same principle as "fat sat". (For MRS sequences, the suppression pulses are commonly referred to as CHESS pulses - chemically selective saturation.)
- Typically, multiple (often 3), narrow bandwidth (~50 Hz) pulses are applied at the water resonance frequency preceding the localization sequence.
- · Multiple pulses are used to improve the degree of water suppression.

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- Spectroscopic imaging (SI): Uses phase-encoding for localization.

localization techniques are:

- Hybrids: Usually a combination of SVL and SI techniques.

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Single voxel localization $\Lambda \sim$

- The most common single volume localization techniques are those based on the stimulated echo acquisition mode (STEAM) and point resolved spectroscopy (PRESS) sequences.
 - 90°-90°-90°-acquire - STEAM:
 - PRESS: 90°-180°-180°-acquire
- · Advantage of STEAM: shorter minimum echo times
- Advantage of PRESS: 2x SNR increase compared to STEAM (for peaks with no *J*-coupling) √√ MDACC MR *™*∕∕



Spectroscopic imaging techniques

Instead of relying on the intersection of three planes to define a single VOI, SI techniques use phase-encoding for part or all of the localization to yield multiple VOIs.

- <u>2DSI</u>: Uses one slice selection gradient/RF pair to define a slice, and then phase-encodes the remaining two dimensions. (Most commonly used SI method.)
- <u>3DSI</u>: Uses three phase-encoding gradients to define a 3D volume of voxels.

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Spectroscopic imaging techniques

While SVL techniques are faster for obtaining a single localized spectrum, SI techniques have the following advantages:

- Spectra from multiple VOIs can be obtained for comparison. Useful for comparing suspected pathological tissue with normal-appearing contralateral region, or for better assessment of lesion heterogeneity.
- Spectra from smaller VOIs can be obtained as compared to SVL techniques.
 - Less partial volume averaging, better assessment of heterogeneity.
- "Metabolite maps", in which pixel intensity is proportional to chemical concentration, can be generated.



Spectroscopic imaging techniques

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Disadvantages of SI techniques include:

- rather long acquisition times:
 - 2DSI: $T_{\text{scan}} = N_{x_\text{phase}} \ge N_{y_\text{phase}} \ge N_{\text{averages}}$

- spatially-dependent water suppression efficiency & spectral quality

- Larger volume over which field homogeneity must be optimized -- more difficult to accomplish than with SV localization.
- "spectral-bleed" from one voxel to another is possible due to phase-encoding point spread function. (Can be minimized by increasing N_{phases} , but this costs time.)

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Choice of echo time

- As you increase TE, the signal intensity from each metabolite decreases due to spin dephasing.
- <u>Short TE</u>: more spectral peaks means improved chances for lesion characterization or assessment of therapy. However, the examinations are more difficult to obtain reproducibly, mainly due to decreased water suppression efficiency.
- When comparing MRS data, the TE and TR values must be taken into account.
- Each metabolite has its own T₁ and T₂ relaxation times. Therefore, as you change TE and/or TR, the relative areas and amplitudes change for each peak. Peak or area ratios are also TE-dependent.























Assessing microvascular changes -/////////



Non-invasive assessment of the effects of antiangiogenic / antivascular therapy.

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Assessing microvascular changes ΛM

- The most common MR techniques for assessing microvascular changes:
 - Dynamic contrast agent enhanced MRI (DCE-MRI)
 - Dynamic susceptibility change MRI (DSC-MRI)
- · Both require rapid temporal sampling, with preferred sampling rates on the order of
 - 5 10 sec per image set for DCE-MRI
 - 1 2 sec per image set for DSC-MRI
- · Both require the infusion of exogenous contrast agents. ∕ MDACC M

Common MRI contrast agents

Paramagnetic Contrast Agents

- Gadolinium is the most common paramagnetic atom used in MR agents
- Gd is toxic must be tightly chelated
- Three common Gd agents:
- Magnevist (gadopentetate dimeglumine)
- Omniscan (gadodiamide) non-ionic non-ionic
- Prohance (gadoteridol)
- Osmotic loads of all three are significantly less than iodinated agents
- Affect both T_1 and T_2 relaxation times, with the dominant effect being shortening of the T_1 relaxation time (at routine clinical doses).

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Effects of increa increasing Gd-DTPA concentration on T_1 (left) and T_2 (right) relaxation times in gray matter $(T_{1,0} = 1055 \text{ ms}, T_{2,0} = 68 \text{ ms})$. Note the dominant effect on T_1 relaxation times.

 $T_{1,0}$













Two Compartment Pharmacokinetic Model Plasma Flow Endothelium Plasma EES $C_{\rm P}, v_{\rm P}$ Įļ $C_{EES}(t) = \overline{K^{trans}} \int_{0}^{t} C_{P}(t') e^{-k_{ep}(t-t')} dt'$ $C_{\rm L}(t) = v_{\rm P} C_{\rm P}(t) + C_{\rm EES}(t)$ $C_{\rm p} = [{\rm Gd}]$ in plasma (mM) = $C_{\rm b} / (1-{\rm Hct})$ $C_{\text{EES}} = [\text{Gd}]$ in extravascular, extracellular space (mM) $K^{\text{trans}} = \text{end}$ othelial transfer coefficient (min⁻¹) $k_{\rm ep} = \text{reflux rate (min^{-1})}$ $v_{\rm P}$ = fractional plasma volume, $v_{\rm e}$ = fractional EES volume hardized parameters as proposed by Tofts et al., J Magn Reson Imaging, 10:223-232, 1999.





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AG-013736 DCE-MRI Study

AG-013736 Trial (DCE-MRI and DCE-CT)

- Potent and selective inhibitor of VEGFR/PDGFR tyrosine kinases
- Preclinical activity in xenograft models (melanoma, colon, breast, and lung)
- Multicenter Phase I study in solid tumors (MDACC, University of Wisconsin, UCSF)
- Heterogeneous lesions (liver, lung, head & neck, ...)
- Data analyses performed at VirtualScopics, LLC (Rochester, NY) and independently at MDACC

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DSC-MRI techniques

- Dynamic susceptibility change (DSC) MRI techniques have also been used to assess changes in regional blood flow.
- DSC-MRI uses *T*₂- or *T*₂*-weighted, high speed imaging techniques, *e.g.*, echo-planar imaging.

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BOLD functional MRI - Principles

Blood oxygen level dependent (BOLD) contrast

- <u>Principle</u>: Uses the difference in the magnetic state of oxyhemoglobin (diamagnetic) *vs* deoxyhemoglobin (paramagnetic) to provide image contrast.
- <u>Advantage</u>: Totally noninvasive. Requires no infusion.
- <u>Disadvantage</u>: Much smaller change in signal intensity compared to bolus injection technique (~1-5% changes at 1.5T).

References: Ogawa et al., Magn Reson Med 14:68, 1990; Kwong et al., Proc Natl Acad Sci USA 89:5675, 1992.

Functional MRI - BOLD Principles $\Lambda \Lambda \Lambda \Lambda$

Blood oxygen level dependent (BOLD) contrast



Normal State

- ~ 60% oxyHb
 Normal oxygen extraction rate
 Relatively large susceptibility effect
 Baseline MR signal intensity
- Neuronal Activation State ~ 75% oxyHb (↑ Flow & volume)
 ~ 5% ↑ in oxygen extraction rate
 Decreased susceptibility effect
- · Increased MR signal intensity

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fMRI applications in oncology

Initial Clinical Application

Neurosurgical planning

- · Goal: Maximize resection volume (for best prognosis) while preserving "eloquent centers" (for quality of life).
- Benefits:
 - Pre-surgical planning
 - Decreased OR time
 - Replace evoked potential mapping (sensorimotor)
 - · Minimize need for awake craniotomy / direct cortical stimulation (speech / memory)
 - Replace pre-surgical Wada procedure (speech / memory) ------ MDACC MR Research

































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