

### Introduction to Human Disease



**Dr Sonia Fernandez** 

#### **Contact Details**

Unit website URL: <a href="http://www.lms.uwa.edu.au">http://www.lms.uwa.edu.au</a>

**Unit coordinator:** Dr Sonia Fernandez

**Email:** <u>sonia.fernandez@uwa.edu.au</u>

**Phone:** 9224 0223

**Location:** 2<sup>nd</sup> floor MRF Building, near RPH

**Consultation hours:** By appointment

**Unit deputy coordinator:** Dr Ben Dessauvagie

**Email:** <u>ben.dessauvagie@health.wa.gov.au</u>

**Location:** Anatomical Pathology, PathWest, FSH

**Consultation hours:** By appointment

#### **Unit Overview**

- Provides a broad understanding of human disease processes
- Divided into 1 or 2 week modules
  - Pathological process "disease mechanism"
  - Examples of human diseases
- Level 2 unit will provide broad coverage of major disease processes with a greater depth of knowledge provided in Level 3 units
- A "showcase" of pathology aiming to:
  - Give a broad understanding of human disease processes
  - Illustrate pathological processes with examples of diseases resulting from these pathological processes

# **Unit Outline**

Week No.	Module
1	Introduction
2	Inflammation
3	Immunity and disease
4	Lifestyle and disease
5	Blood vessels and disease
6	Blood and blood disorders
7	Neoplasia 1
8	Forensic Pathology & Mid Sem Test
9	Neoplasia 2
10	Environment and disease
11	Infection and disease
12	Genetics and disease
13	Research and course review

## What is Pathology?

#### Pathology

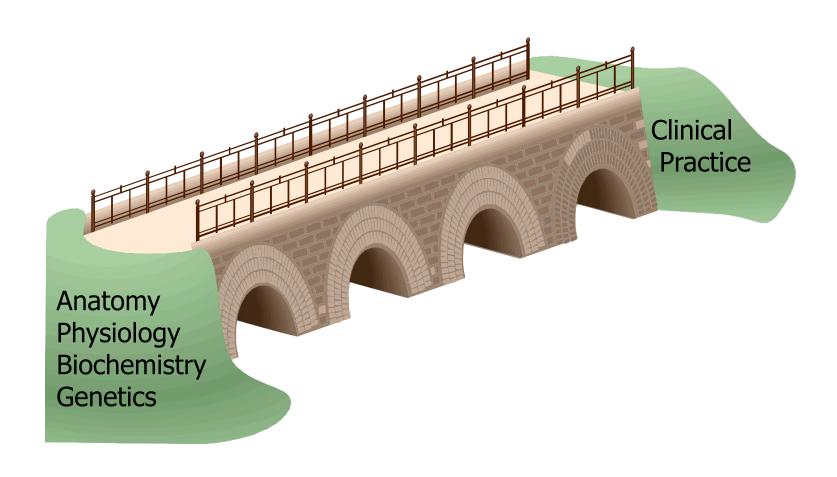
 The scientific study of disease (patterns, causes, mechanisms and effects)

#### • Disease:

- A condition in which the normal function (homeostasis) of some part or organ of the body is disturbed
- A condition of the organism which limits its life in either its powers, enjoyment or duration (WHO)

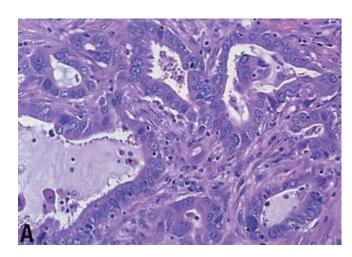
# What is Pathology?

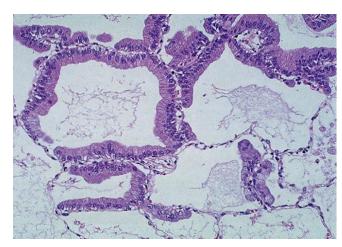
Link between basic biological sciences and clinical practice



#### Week 1: Introduction

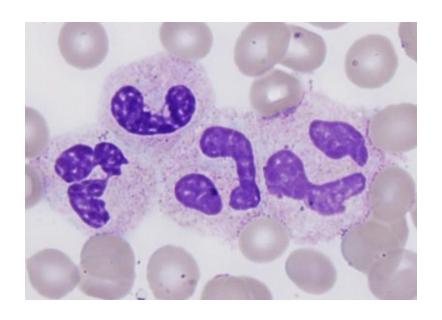
- Essential for one or more of diagnosis, prognostication, treatment
- Education necessary to understand:
  - nature of disease mechanisms
  - derangements of normal anatomy, physiology, and biochemistry
  - how the above relate to manifestations seen in patient
- Scientific research
  - Cellular and molecular basis of disease
  - Foundation upon which modern medicine is based
- Introduction to ePractical resources and cell/tissue collection & processing





#### Week 2: Inflammation

- Inflammatory process
- Cells
- Tissues
- Clinical examples





## Week 3: Immunology & disease

- Normal immunity
- Overactive vs underactive
- Allergy
- Autoimmunity
- Immunodeficiency

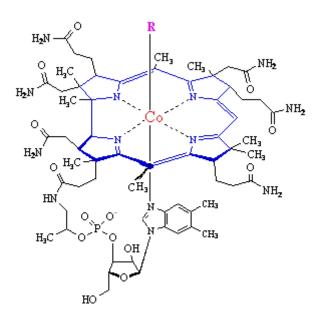


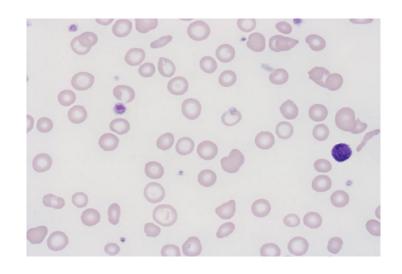


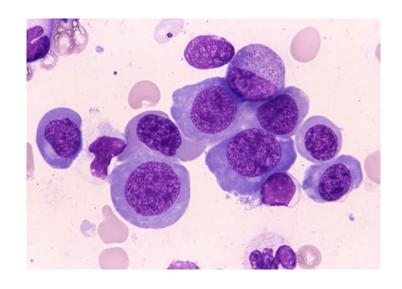


# Week 4: Lifestyle & disease

- Nutrition
- Diabetes
- Alcohol
- Iron metabolism

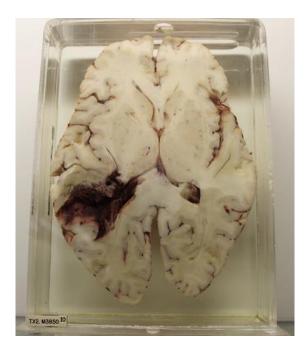






#### Week 5: Blood vessels & disease

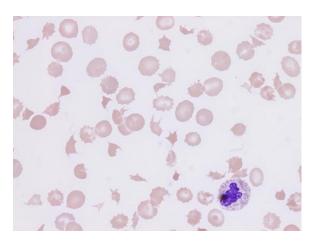
- The heart & blood vessels
- Bleeding & Clotting
- Heart attack
- Stroke
- "Economy class syndrome"



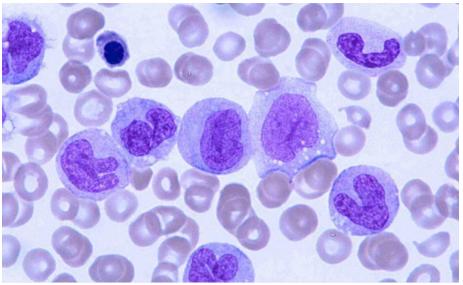


#### Week 6: Blood & blood disorders

- Haematology
- Anaemia
- Leukocyte disorders
- Leukaemia
- Transfusion

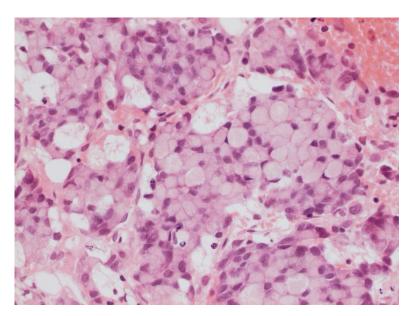


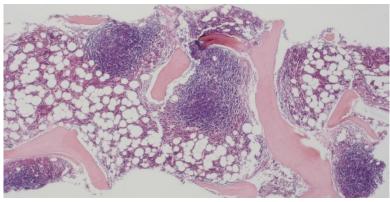




# Weeks 7 & 9: Neoplasia (cancer)

- What causes cancer
- Types of cancer
- Cancer genetics
- How we diagnose cancer
- How cancer spreads
- Colon, Cervix, Lung, Skin
- Breast cancer
- Leukaemia





## Week 8: Forensic pathology

- What is forensic pathology?
- Natural disease
- Cause of unexplained or violent deaths
- Trauma

Note: The **Mid-Semester Test** is scheduled for this week in place of an e-learning prac

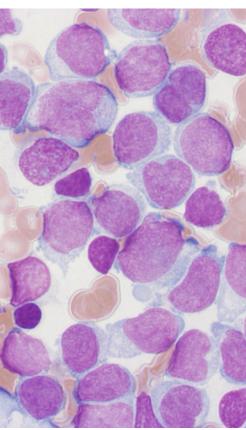




#### Week 10: Environment & disease

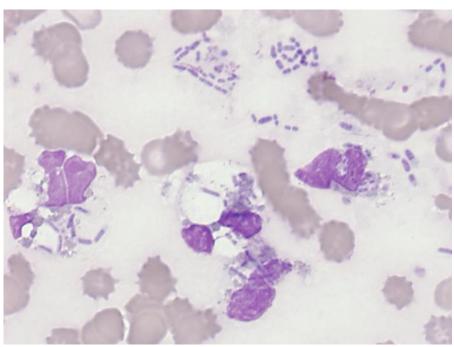
- Environmental agents and disease
- Smoking
- Radiation
- Asbestos

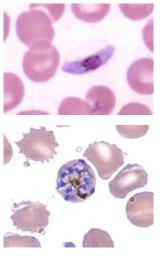




### Week 11: Infection & disease

- Infection and disease
- How we diagnose infections
  - Bacterial
  - Viral
- Tuberculosis
- Malaria

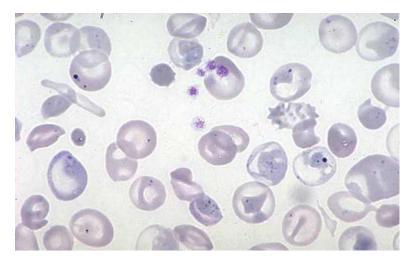


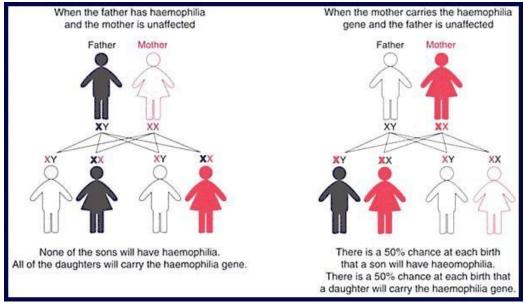




#### Week 12: Genetics & disease

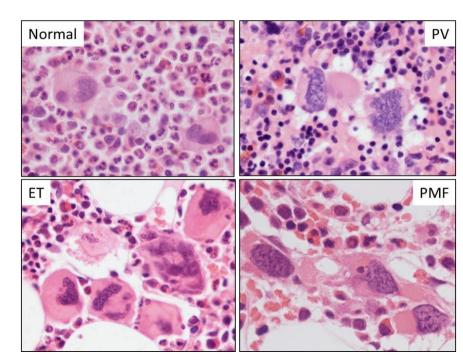
- Principles
  - Autosomal vs X-linked
  - Dominant vs recessive
- Methods
- Management
- Haemophilia
- Thalassaemia
- Cystic fibrosis





#### Week 13: Research & Course Review

- Translating pathology to practice
- Clinical pathology research
- All disciplines
- Biology, treatment, prognosis, monitoring
- Importance of pathology in understanding human disease





# Teaching programme: lectures

Day	Time	Venue
Monday	10:00 – 10:45 (Mechanism)	FJ Clark Lecture Theatre, Queen Elizabeth II Medical Centre
Tuesday	10:00 - 10:45 (Disease 1)	FJ Clark Lecture Theatre, Queen Elizabeth II Medical Centre
Tuesday	11:00 – 11:45 (Disease 2)	FJ Clark Lecture Theatre, Queen Elizabeth II Medical Centre

# Teaching programme: ePracticals

Day	Time	Venue
Thursday	09:00 – 10:45	eLearning Suites Ground Floor, M Block Queen Elizabeth II Medical Centre
Friday	09:00 – 10:45	eLearning Suites Ground Floor, M Block Queen Elizabeth II Medical Centre

# eLearning Suites



#### **ePracticals**

- Attend Thursday or Friday
- Interactive sessions using clinical cases to illustrate pathology of human disease
- Macroscopic, microscopic & radiological images
- Text, on-line resources
- Worksheets with questions
- Work in groups of 6
- Post-class quizzes: comprise 15% of unit mark
  - Deadline: Monday 5pm each week

#### PATH2220 Assessment

PATH2220 unit assessment: % of Final Mark

– ePractical assessment15%

Written assignment15%

– Mid-Semester test20%

Final examination (End of semester):

• Extended matching questions 25%

• Written (short answer) questions 25%

### Written Assignment

- 1 written assignment
- Select an assignment topic from a list
- All details of requirements in Unit Guidebook
- Maximum 6 pages
- Submit via LMS in PDF format
- Deadline: by 5pm Monday 2nd October
- 15% of unit mark

#### Mid Semester Test

- To see how you are going ....
- Date: Thursday 21<sup>st</sup> or Friday 22<sup>nd</sup> September
- Location: eLearning Suites
- 1 hour duration
- Format the same as final exam
  - Extended Matching Questions (50%)
  - Short answer questions (50%)
- 20% of unit mark

#### **End of Semester Exam**

- 2 hour duration
- Format
  - Extended Matching Questions (50%)
  - Short answer questions (50%)
- 50% of unit mark

#### **Recommended Texts**

- Your main source of information will be the lecture notes and epractical resources provided to you
- Complementary texts
  - Pathology at a Glance C. Finlayson & B. Newell, 1st Ed. 2009.
    Publisher: Wiley-Blackwell
  - Immunology at a Glance J.H.L Playfair and B.M. Chain, 10th
    Ed. Publisher: Wiley-Blackwell
  - Haematology at a Glance A. Mehta and V. Hoffbrand, 4th Ed.
    2013. Publisher: Wiley-Blackwell
  - Medical Genetics at a Glance D.J. Pritchard and B.R. Korf, 3rd
    Ed. 2013. Publisher: Wiley-Blackwell

#### **Contact Information**

- Direct your enquiries to the LMS discussion board
  - I am subscribed so I will see them
  - Your questions may benefit others
- Confidential enquiries email unit coordinator directly
  - If detailed information is required a phone call or appointment may be appropriate
- Questions about unit content should be directed to the LMS discussion forum
- Please check the "Announcement" section before sending an email - your question may have already been addressed!