

Bid Briefs

Every Week Construction Contractors, Subcontractors & Suppliers Will Receive

Notices About City Construction Projects
News About Other Upcoming Projects & Events
Information About Bid Results & Awards (when available)
Plus Free Use Of The Plans & Computer Center



Invitations For Bids For The Week Of January 25 - 29, 2021



fyi: City of Austin Bid Notices Are Posted On The City of Austin Purchasing Office ~ Website: http://www.austintexas.gov/department/purchasing ~

BIDDING ON CITY OF AUSTIN SOLICITATIONS? BIDDERS MUST ATTEND MANDATORY PRE-BID CONFERENCES AND ARE ENCOURAGED TO ATTEND ANY NON-MANDATORY PRE-BID CONFERENCES TO ENSUSRE THEIR UNDERSTANDING OF OWNER'S BIDDING AND CONTRACTING REQUIREMENTS, PARTICULARY MBE/WBE PROCUREMENT PROGRAM REQUIREMENTS. IF THE PRE-BID CONFERENCE IS MANADATORY THE BIDDER MUST ARRIVE AND SIGN-IN WITHIN FIFTEEN 15) MINUTES OF THE SCHEDULED START TIME OF THE MEETING. OTHERWISE THE BIDDER WILL NOT BE ALLOWED TO SUBMIT A BID FOR THE PROJECT. The City of Austin Online Vendor Registration and Solicitation Advertising website has changed. On October 1, 2011, the City installed the Vendor Connection, a replacement for the existing registration and solicitation advertising websites. This new site may be accessed at http://www.austintexas.gov/financeonline/finance/index.cfm and select Vendor Connection. Solicitation details and document packages are available at this website. Bidders / Proposers are required to document efforts to solicit MBE/WBE or DBEs in the Compliance Plan. The Goals for each project and the instructions and forms for the Compliance Plan are included in the MBE/WBE or DBE Program Packet is a separately bound volume of the Project Manual.

City of Austin
Bella Fortuna Phase 2A (CRC)
IFB 6100 CLMC840 **Project Name:**

licitation Numb

Estimated Value: \$606,814

Scope of Work: Construction of approximately 600 LF of 24" ductile iron waterline and its appurtenances along Bella Fortuna Drive (also to be built with this project) from the existing 36" waterline stub at the intersection of Future Pleasant Valley Road and Bella Fortuna Drive (COA intersection #33571). Construction of Bella Fortuna Drive, a neighborhood collector roadway, approximately 800 linear feet and with 64 feet right-of-way is also included in the work scope.

General Information: Download bid docs from the City of Austin Vendor Connection website at https://www.austintexas.gov/financeonline/vendor_connection/index.cfm. No Deposit required.

General Information: Download bid docs from the City of Pacchine Connection/Index.cfm. No Deposit required For Info: Colleen Kirk, Project Manager, 512-972-0266 or Colleen.kirk@austintexas.gov.

A non-mandatory Pre-Bid Conference: will be held on 1/19/2021 at 11:00 A.M. (Austin time), via webinar. All bids and compliance plans are due prior to (Austin time) 2:00 PM on 2/4/202 Offers will be opened on 2/4/2021 at 3:00 PM.

MBE/WBE Goals: African American 3.74% Hispanic 6.06% Native/Asian 1.11% WBE .63% Trades Summary:

Hydrants, Fire (Including Accessories And Parts) Fuel Oil, Diesel Pipe, Ductile Iron, Centrifugally Cast, Class 55 WPipe, Pvc (Polyvinyl Chloride)
Asphalt, Ac (Asphalt/Cement) Floxible Base Floxible Base Floxible Covers. Frames, Grates, Ring Shoring And Reinforcement Services

Manholes, Manhole Covers, Frames, Grates, Ring Shoring And Reinforcement Services
Excavation Services Construction, Curb/Gutter (Maint/Repair/ Remvo **Excavation Services**

Excavation Services

Construction, Sewer And Storm Drain

ReconConstruction, Water System, Main/Svc Line

Photography, Construction

Hauling Services

Toilets, Portable, Rental Or Lease

Construction, Curp/Quitier (maining pain remove)

Construction, Curp/Quitier (maining pain remove)

Construction, Curp/Quitier (maining pain remove)

Photography, Construction

Pavement Marking Services (Including Removal Erosion Control Services)

Red River Enhancement **Project Name:**

Solicitation Number:

Estimated Value:
\$1,379,000

Scope of Work: The Work consists of pedestrian safety improvements including sidewalk, curb, gutter and ADA ramps. The work also includes landscape beautification and lighting enhancements to improve the pedestrian experience in this district.

General Information: Download bid docs from the City of Austin Vendor Connection website at

General Information: Download bid docs from the city of Austin Vertual Connection. No. Deposit requestry Interestry. No. 2016. Provided Pr lex.cfm . No Deposit required.

Trades Summary:

Blocks, Concrete, Retaining Wall Underground Cables And Wires, Solid And Stranded, Grates, Guards, And Other Protective Devices For T Mulch, Wood Bicycle Racks Top Soil And Fill Dirt (For Mulch See Class 335) Signs, Construction Project Identification Signs (
Foundation, Light Pole. This Item Shall Consist Of
Luminaires, Fluorescent. This Item Shall Consist Of Furnishi Luminaires, Fluorescent. This Item Shall Consist Of Furnishi
Construction, Curb And Gutter (Maintenance, Repair, Removal
Construction, Sidewalk/Driveway (Incl Handicapped Ramps
Inlets, Construction Of. This Work Shall Consist O
Pavement Marking Services (IncluRemv Ma
Landscaping, Tree And Plant Protection During Cons

Excavation Services
Excavation Services
Traffic Signal Intention Services
Trench/ Back Fill Traffic Signal
Landscaping (Design/Fertiliz/Plant

Edging, Lawn Barricades, Traffic, Portable Parts And Accessories, Planters Granite, Crushed Gravel 1-1/2 In Photography, Construction Excavation Services

City of Austin **Pencil Bid Tabulations**

STREET REHABILITATION PHASE 2 IDIQ PROJECT NO. 3

Solicitation No. CLMC824 December 10, 2020	Estimated Amount: \$6,000,000.00
Bidder	Bid Amount
Rider Construction Group, LLC.	\$7,261,150.00
Austin Underground, Inc.	\$8,381,800.00
Muniz Concrete & Contracting, Inc.	\$6,179,107.30
SEFBO Pipeline & Bridge, Inc.	\$6,033,286.00
Alpha Paving Industries, LLC.	\$4,021,042.50
Unity Contractor Sociocs Inc	¢7 274 27E E0

UNIVERSITY HILLS BRANCH LIBRARY PARKING LOT EXPANSION

Solicitation No. CLMC836 | December 10, 2020 | Estimated Amount: \$550,000.00

Bid Amount \$ 371,000.00

ADA RAMP & BUS STOP IMPROVEMENTS 2021 CITYWIDE IDIQ Solicitation No. CLMC832 | December 20, 2020 | Estimated Amount: \$1,500,000.00 Bid Amount

<u>Bidder</u> Unity Contractor Services, Inc. \$1,469,923,10 Muniz Concrete & Contracting, Inc. QA Construction Services, Inc. Alpha Paving Industries, LLC. \$1,373,977.50 \$1,759,750.00 \$1,710,865.00 Hawk Contracting Services, LLC SEFBO Pipeline Bridge, Inc. \$1,946,940,00

BLUFF SPRINGS SUBSTATION

Solicitation No. CLMC820 | December 17, 2020 | Estimated Amount: \$5,000,000.00

Bidder DynaGrid Construction Group, LLC. SEFBO Pipeline Bridge, Inc. \$5,724,607.50

Source: City of Austin, Capital Contracting Office

How Biden's Inauguration Day executive orders will impact construction



Through executive orders, proclamations and other memoranda, Biden addressed issues such as COVID-19 mitigation, economic relief, combating climate change and advancing racial equity, many of which will have implications for U.S. contractors. From environmental regulations to federal contracting rules, Biden's first actions as president that have ramifications for construction firms include:

Regulatory processes. Today, Biden issued a memorandum withdrawing the Trump administration's regulatory process executive orders and directed the director of the Office of Management and Budget to develop recommendations for improving and modernizing regulatory review. A rollback of Trump's environmental actions. This sweeping executive order includes <u>a range of actions</u> that will negate Trump's aggressive loosening of environmental regulations. As part of this action, Biden also:

- •Directed federal agencies to consider revising vehicle fuel economy and emis sions standards, methane emissions standards and appliance and building efficiency standards.
- ●Placed a temporary moratorium on all oil and natural gas leasing activities in the Arctic National Wildlife Refuge
- •Revoked the presidential permit granted to the Keystone XL pipeline.

Border wall construction. Biden declared an immediate termination of the national emergency declaration cited by the Trump administration to divert money to the building of the wall at the U.S.-Mexico border. The proclamation directs an immediate pause in wall construction projects to allow a close review of the legality of the funding and contracting methods used, and to determine the best way to redirect funds that were diverted by the prior administration to fund wall construction.

Face coverings. Biden called for a nationwide face mask and social distancing mandate in federal buildings, on federal lands and by federal employees and contractors and asked all Americans to commit to wearing face coverings for 100 days.

The Paris Agreement on Climate Change. The president signed the instrument to rejoin the Paris Agreement, allowing the United States to officially become a party to the agreement in 30 days.

Racial Equity Initiatives. The president signed an executive order designed to begin the work of rooting out systemic racism and other barriers to opportunity from federal programs and institutions. He also revoked Trump's executive order limiting the ability of federal government agencies, contractors and some grantees from implementing diversity and inclusion training.

Repeal of Trump's immigration policies. Biden revoked a Trump executive order that directed harsh and extreme immigration enforcement.

Other actions Biden took today include re-engaging with the World Health Organization, creating a COVID-19 response coordinator, extending eviction and foreclosure moratoriums, extending the student loan pause and ending a travel ban from predominantly Muslim countries

The new president also plans to continue rolling out executive orders in coming days, according to The Washington Post, including a "Buy American" action on Monday.

Source: Jenn Goodman, Constructive Dive, Published Jan. 20, 2021



Tesla Colorado River Gigafactory

Notice of Upcoming Solicitation Opportunity

(NOT AN OFFICIAL SOLICITATION FOR RESPONSE)

This is a notice of upcoming opportunities to be solicited at a later date. The following opportunities are for the Colorado River Project in Travis County:

Painting	Carpentry	Hauling
Site Cleaning	Fencing	Concrete Rebar
Signage (Traffic, Sign Making Equipment, American Disability Act, billboard, advertisement, janitorial, interpretive, signs, posters)	Equipment Rental (Industrial, Plumbing, Energy Collecting, Hydraulic Tools, A/V (Intercom))	Recycling (additives, coolant, lubricants, containers, machines, supplies, asphalt/concrete)
Temporary Construction Labor	Traffic Control (Guard and Security Services)	Portable Toilets and Deodorants

Building Specialties (Storage, Lockers, Cabinets, Bulletin Board, Fans, Mirrors, Toilet Partitions, Doors (Fireproof), Overhead Doors (Fireproof), Framing, Hardware (Misc.), Security Systems)

These opportunities may be subject to change or removal by Tesla; and, additional opportunities may be added as needed.

Bid solicitations will be issued to Pre-Qualified firms ONLY. To begin the Pre-Qualification process, click here: https://tesla.ecomply.us/.

Telsa is committed to establishing a comprehensive construction supplier base by assessing the technical, managerial competency, and financial soundness of a company. Tesla is also committed to expanding its diversity with smaller businesses, which include Texas certified Historically Underutilized Businesses (HUB).

When seeking opportunities with Tesla, Contractors MUST provide best pricing as our opportunities are VERY competitive.

For questions, or to check your pre-qualification status, please contact eComply@tesla.com.

CITY OF AUSTINEXECUTIVE RECRUITMENT ANNOUNCEMENT

Dear Austin Area Black Contractors Association,



A tremendous opportunity awaits to join the City of Austin's executive ranks. The City of Austin has exciting executive career opportunities that await an inclusive, talented, and accomplished candidates.

Assistant City Manager (Health & Environment and Culture & Lifelong Learning):

Overview: Under general direction of the City Manager and City Council, and in partnership with the Austin community, the Assistant City Manager for Health & Environment and Culture & Lifelong Learning will provide bold and inclusive leadership to advance the assigned outcomes and strategies outlined in the City's Strategic Direction, and direct administrative work relating to the full-range of municipal management issues. A Bachelor's degree from an accredited college or university in Public Administration, Business Administration, or a related field is required for this position. At least five years of experience in managing and directing a complex organization, including two years of experience in an executive capacity are also required. Salary is \$225,000 to \$235,000, depending on qualifications.

This position is considered open until filled with the first review of resumes to begin February 26, 2021. Interested candidates must submit a compelling cover letter, comprehensive resume, and three professional references via email to apply@ralphandersen.com. Due to the public nature of searches in Texas, confidential inquiries are welcomed to Mr. Greg Nelson at (916) 630-4900. Click here for additional information and to view a recruitment brochure that details this exciting opportunity.

Chief Information Officer:

Overview: Reporting to the Deputy City Manager, and with nominal direction, this position executes responsibilities as Chief Information Officer of the City of Austin and is responsible for leading strategic planning and directing the activities of Communications and Technology Management (CTM) operations. This position aligns departmental planning, policies, procedures, personnel, and budget with the strategic direction of the City Manager's Office. This position partners with local and regional private and public institutions with regard to innovative, collaborative, and resident-focused business technology solutions. The Communications and Technology Department has an annual operating budget of \$121 million, funding 320 FTEs across six locations within the City of Austin. Minimum qualifications required are a Bachelor's degree from an accredited college or university with major coursework in a related field and at least seven years of experience, including four years of experience in a management capacity. Anticipated starting salary is \$195,000 to \$205,000, DOQ, including an excellent benefits package.

budget of \$121 million, funding 320 FTEs across six locations within the City of Austin. Minimum qualifications required are a Bachelor's degree from an accredited college or university with major coursework in a related field and at least seven years of experience, including four years of experience in a management capacity. Anticipated starting salary is \$195,000 to \$205,000, DOQ, including an excellent benefits package.

This position is considered open until filled with the first review of resumes to begin February 22, 2021. Interested candidates must submit a compelling cover letter, comprehensive resume, and three professional references via email to apply@ralphandersen.com. Due to the public nature of searches in Texas, confidential inquiries are welcomed to Mr. Greg Nelson at (916) 630-4900. Click here for additional information and to view a recruitment brochure that details this exciting opportunity.

Thank you,

Doron Silberstein
Human Resources Consultant – Employment Services
City of Austin – Human Resource Department
512-974-3248 (o) 512-974-3321 (f)
doron.silberstein@austintexas.gov
Connect with me on LinkedIn



WHITE CONSTRUCTION COMPANY

GENERAL CONTRACTING . MANAGEMENT . DESIGN/BUILD

University of Texas Blanton Museum of Art Renovations Subcontracting Opportunity

Project Summary:

White Construction is soliciting bids from subcontractors and material suppliers for renovations to the Blanton Museum of Art, located on Martin Luther King, Jr. Blvd. on the University of Texas at Austin's main campus. The project includes extensive remodeling to the Smith and Michener Building entrances and lobbies along with surrounding landscape and courtyard renovations. The project includes the following scopes of work: Erosion Control, Demolition, Concrete, Precast Panels, Masonry, Steel Fabrication and Erection, Woodwork, Signage, Drywall and Ceilings, Doors and Frames, Motorized Security Grilles, Glass, Stucco, Plaster, Painting, Flooring, Fire Sprinkler, Plumbing, HVAC, Electrical, Building Security, Data Cabling, Utilities, Fencing, Pavement Markings, Unit Pavers, Landscaping.

Project Details:

- Project Location: 200 E. Martin Luther King Jr. Blvd. Austin, TX 78712
- All bid invitations will be sent to the bidder via SmartBid invitation only. If you
 would like to be placed on the bidders list, please contact Mark Hutton at
 markh@whiteconst.com or by phone at 512-583-9220.
- Anticipated Drawings amd Specs Issued to Bidders: February 9, 2021
- Approximate Project Value: \$16 \$18 mil.
- Virtual Pre-Bid Meeting: Tuesday, February ^{23rd}, 2021 at 10 AM; Meeting will occur virtually via Microsoft Teams. Notification to be sent via SmartBid.

Proposal Submission Deadline: Tuesday, March 9, 2021 at 2 PM

(please check SmartBid for updates as submission date may change)

Miscellaneous Information:

- ●Prevailing Wage: UT Austin
- ●Tax Exempt
- Proposals good for a minimum of 60 days
- •Parking: Include parking costs in your proposal
- HUB Information: It is the policy of the owner to actively seek the involvement
 of Historically Underutilized Businesses (HUBs), minority-owned and womenowned businesses, for its construction projects as prime contract, subcontractors and materials yendors



Bid Proposal Invitation

TFC CPA LBJ Multiple Floors Renovation – 1st & 11th Floor Renovation

BID DATE: January 28, 2020 TIME: 2:00 PM CONTACT: Mark Pearce, mark.pearce@flintco.com

DESCRIPTION: Flintco is requesting Bid Proposals for subcontractor work related to the CPA LBJ Multiple Floors Renovation project - 1st & 11th Floor Renovation. The proposals being requested are for the access & maintenance, demolition & abatement, misc. steel, millwork, glazing, doors/frames/hardware, drywall/acoustical ceilings, tile, flooring, painting, specialties, blinds/shades, fire suppression, plumbing, mechanical and electrical & fire alarm.

All proposals must be prepared in accordance with the Instructions to Proposers included herein and received by Flintco prior to the deadline of 2:00 PM, January 28, 2021.

Any proposals received after the deadline will not be considered.

Bidding documents (i.e. plans, specifications, supplemental information, etc.) are available from Flintco via SmartBidNet.com. All invited bidders will receive an email or fax with access information. If you would like to propose and have not received an invitation, please contact Shannon Brunner at (512) 822-7468 shannon.brunner@flintco.com to request an invitation.

- A site tour will be held on Wednesday, 1/13/2021 at 10:00 AM at LBJ Building 1st Floor, 111 East 17th Street, Austin, TX 78701.
- A second site tour will be held on Thursday, 1/14/2021 at 2:00 PM at LBJ Building 1st Floor, 111 East 17th Street, Austin, TX 78701.
- Meet in the lobby of LBJ building prior to the scheduled times and be prompt as all parties must present a valid driver's license or ID and be escorted to the 1st floor.

Pre-Bids are highly encouraged and are <u>mandatory</u> for: *Demolition/Abatement, Plumbing, Mechanical and Electrical Trades*. These trades must attend one of the scheduled site walks.

A pre-proposal conference will be held via ZOOM on Tuesday, 1/12/21 at 10:00 AM. Please contact Shannon Brunner at (512) 822-7468 shannon.brunner@flintco.com to request a link.

This project includes specific HUB goals that will be reviewed during the evaluation of your proposal. All proposers are encouraged to attend the **HUB Mixer** to meet other interested parties for partnering opportunities.

All Requests for Information (RFI) should be submitted directly to Flintco c/o Mark Pearce at mpearce@flintco.com prior to 10:00 AM on 1/15/2021.

Please provide a courtesy response of your intent by accepting or declining the proposal invitation via SmartBidNet or by contacting *Shannon Brunner*<u>shannon.brunner@flintco.com</u> or (512) 822-7468.

of California **Partners** With LGBTQ+ Group to Boost Diversity



January 15, 2021

The Associated General Contractors of California has entered into a first-of-its kind partnership with LGBTQ+ advocacy group BuildOUT California to strengthen the construction industry through diversity and inclusion, both on the jobsite and in the office, throughout California.

The program focuses on promoting LGBTQ+ businesses as part of AGC's broader effort to boost involvement of SBE/DBE-owned firms on projects. But the partnership also focuses helping LGBTQ+-owned businesses "build their businesses and be stronger contractors and subcontractors," says Peter Tateishi, AGC of California CEO.



2021... Keep Your MBE/WBE/DBE Certifications

Current with the City of Austin **Small & Minority Business Resources Department (SMBR) Certification Division.**



For more information call 512-974-7645



IBE/WBE/DBE/HUB CERTIFIED

List your company for construction and LIST your company for construction and construction related opportunities: MBE/ WBE/DBE/HUB Certifications do not guarantee your company a contract from the city, county, state, federal governments or the private sector.

You still have to market your company to each individual entity you desire to do business with.

To help you market your company to these entities, contact the following certifying agencies and get on their

City of Austin MBE/WBE/DBE Certification Small & Minority Business Resources Dept. 4201 Ed Bluestein Blvd., Austin, TX 78721 Contact: Certification Division 512-974-7645

State of Texas

Texas Comptroller of Public Accounts Statewide HUB Program HUB Certification 1711 San Jacinto Blvd., Austin, TX Contact: 512-475-2414

Diversity & Economic Opportunity Office 125 East 11th Street, Austin, TX 78701 Contact: **512-486-5501**

Other Certifying Agencies that serves the State of Texas

North Central Texas Regional Certification

Agency 624 Six Flags Drive, Ste 216, Contact: **817-640-0606**

outh Central Texas Regional Certification

Agency 301 So. Frio, Ste 310, San Antonio, TX Contact: **210-227-4722**

lote: Travis County and the Lower Colo-Note: Travis County and the Lower Colorado River Authority accepts MBE/WBE Certifications from the City of Austin and HUB Certification from the Texas State Comptroller of Public Accounts Statewide HUB Program. Capital Metropolitan Transportation Authority accepts DBE Certification from the City of Austin Small and Minority Business Resources Department

SMBR's new address:

Moved to 811 Barton Springs Road Suite 805



•Phone No. **512-974-7600**



Get City - MBE/WBE/DBE Certified!



UPCOMING AUSTIN INDEPENDENT SCHOOL DISTRICT PROJECT

Electrical and Plumbing Repairs at Burnet

Middle School 21CSP070

Virtual Bid Opening:

Insulation, Foam

Virtual Bid Opening:

For Further Instructions:

HUB Goals:

10:00 AM CST, January 19, 2021, Join Zoom Meeting https://us02web.zoom.us/j/86721403289? Virtual Pre-Proposal Conf:

pwd=YIF4SDY3RjJ5eTV4KzdJY0liRkRvdz09 Meeting ID: 867 2140 3289 Pass

Passcode: 21CSP070 02:00 PM CST, February 9, 2021, Join Zoom Meeting https://us02web.zoom.us/j/81504260798?

pwd=NTRIbEwrMmRIdDV0RE5EdVdPOU41UT09

Meeting ID: 815 0426 0798 Passcode: 21CSP070

Due to COVID-19 precautions, to prevent the spread of COVID-19, and in an effort to provide ongoing support and services, Austin ISD will ac cept proposals via email to

morgan.wright@austinisd.org no later than February 9, 2021 at 2:00PM CST.

For Further Instructions: https://www.austinisd.org/cp/bids Morgan Wright (morgan.wright@austinisd.org)

AISD Contract & Procurement Svcs

HUB Goals: MBE: 11.7% WBE: 10.2%

P<u>roject Trade Summary</u> Plumbing Fixtures: Lavatories Sink, Toilets, Tub Pipe, PVC

Electrical

Project Name: District Wide Kitchen Hood Suppression System

Replacement 21CSP068

Solicitation No: Virtual Pre-Proposal Conf: 10:00 AM CST, January 14, 2021, Join Zoom Meeting

https://us02web.zoom.us/j/88403563028?

pwd=alcrdFdYYTd3dnVOQXpNb2FSV2NHZz09

Meeting ID: 884 0356 3028 Passcode: 21CSP068 02:00 PM CST, February 4, 2021, Join Zoom Meeting

https://us02web.zoom.us/i/88574720659?

pwd=dFBYQzRzNGZLMkdXRzFNdmpNRjQ0Zz09 Meeting ID: 885 7472 0659

Passcode: 21CSP068

Due to COVID-19 precautions, to prevent the spread of COVID-19, and in an effort to provide ongoing support and services, Austin ISD will ac-

cept proposals via email to

morgan.wright@austinisd.org no later than February 4, 2021 at 2:00PM CST.

https://www.austinisd.org/cp/bids

Morgan Wright (morgan.wright@austinisd.org)
AISD Contract & Procurement Svcs ONE GOAL (MBE AND/OR WBE):

Project Trade Summary Flectrical

OUTREACH & RECRUITING

AUSTIN AREA BLACK CONTRACTORS ASSOCIATION **BUSINESS DEVELOPMENT ASSISTANCE SERVICES PROGRAM**

The Austin Area Black Contractors Association, (ABCA) is currently recruiting African American Contractors who are City of Austin Certified Minority Construction Contractors in need of services and assistance to help grow their businesses in the construction industry. The following is a list of services and assistance offered to the user at no cost:

- Provide a plans room to view & check-out plans & specs
 Assist with reading & interpreting plans & specs
 Advise on Cost Estimating Techniques

- Advise on bid packaging requirements & documents
 Disseminate Bid Tabulations
- Review & advise on contracts & agreements
- Advise on filing liens, bond claims & change orders
 Develop Company Profile Resumes

- Assist with networking, pre bid conferences & referrals
 Provide guidelines for user friendly marketing plans
 Publish and disseminate weekly, Bid Briefs announcing upcoming construction bid opportunities

Provide Interactive Group and On-line Training Provide One-On-One Technical Assistance

If you have any questions regarding the program's services and enrollment process, contact:

Carol Hadnot, Program Manager / Consultant Phone: 512-467-6894 ofc | E-mail: brc-pro@att.net ABCA Website: abcatx.com



UT Health Austin among first 4 Texas hospitals to receive COVID-19 vaccine

Four sites across Texas will receive the state's first doses of the coronavirus vaccine Monday

The first doses of the coronavirus vaccine have arrived at the University of Texas Health Austin, among four Texas facilities to receive the first round of the vaccine Monday.

The Texas Department of State Health Services confirmed that 19,500 doses arrived Monday at UT Health Austin at the Dell Medical School, MD Anderson Cancer Center in Houston, Methodist Dallas Medical Center and Wellness 360 at UT Health San Antonio

An additional 75,075 doses will arrive at 19 sites Tuesday, according to health agency spokesman Chris Van Deusen. No other Austin site is on the state health agency's list for the second day of distribution.

The remaining 86 sites will receive the vaccine later this week, Van Deusen said. "We expect more doses in week two, including the Moderna vaccine, which ships in batches as small as 100 doses, so that will really expand the ability to get vaccine to smaller providers," Van Deusen said in an email.

A spokeswoman for UT Health Austin did not immediately return a request for comment.

The <u>state health agency said 1.4 million Texans will receive</u> the first of two doses of the vaccine this month. The second dose for the same group will arrive in January.

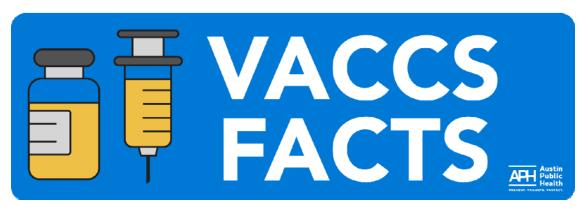
The state's Expert Vaccine Allocation Panel created the distribution plan for the first 1.4 million Texans, which will initially allocate COVID-19 vaccines based on certain criteria.

First in line will be hospital staff working directly with coronavirus patients, long-term care staff working with vulnerable residents, emergency workers and home health care workers.

Source: Austin American Statesman, December 14, 2020.

The Next Pages Cover

CORONAVIRUS Information



Vaccs Facts is a weekly series of COVID-19 vaccine updates published by Austin Public Health.

Austin Enters Phase 1B of Vaccine Distribution

Published January 12, 2021

Operational Updates

The Moderna and Pfizer vaccines have received an Emergency Use Authorization from the U.S. Food and Drug Administration.

As part of a statewide program to pilot regional COVID-19 vaccine hubs, <u>Austin Public Health (APH) is slated to receive</u> 12,000 doses in Week 5 allocation from the <u>Texas Department of State Health Services (DSHS)</u>.

- •The 12,000 vaccines, which represent less than 1% of the area population, will be administered to those who meet the State's criteria for Phase 1A and 1B of vaccination.
- APH will administer the vaccines through a closed POD to people in Phase 1A. Later in the week, APH will be launching a **COVID-19 vaccine registration system** for area residents with a focus on vulnerable residents.
- •There are more than 350 pharmacies, doctors' offices, hospital groups, and other providers signed up to provide COVID-19 vaccines in Austin-Travis County.
- •At this time, it is important to remember that not everyone who fits the DSHS and APH criteria will be able to get the vaccine through this first large allocation from DSHS. If you can get a vaccine through your healthcare provider, a pharmacy, or another provider please help us save this limited allocation for our most vulnerable populations.
- •APH does not oversee other providers and their individual distribution plans. However, APH is working across the healthcare system and the vaccine coalition to set guidelines that support the Centers for Disease Control and Prevention (CDC) and DSHS framework for distribution.

This is the final week that DSHS is required to reserve doses for the <u>federal Pharmacy Partnership for Long-Term Care Program</u>, freeing up more vaccine for use in other settings in the future.

•Some providers have begun vaccinating individuals in Phase 1B, which includes those over the age of 65 and people with medical conditions that put them at increase risk for severe disease from COVID-19. However, APH understands from conversations with other providers that the demand for vaccine in Phase 1B is exceeding the supply of many providers across the Austin area, who are still focused on Phase 1A.

As a reminder, the ability to respond to the current surge in COVID-19 will determine our ability to distribute vaccine. The same resources planning vaccine distribution are also managing testing sites and caring for patients during this record-breaking surge. We need to help our public health and healthcare workers by flattening the curve.

Safety & Precautions

- Even with limited vaccines available in our community, people need to continue to take additional COVID-19 prevention measures including: wearing a mask, social distancing, washing your hands often, covering coughs and sneezes, cleaning frequently touched surfaces, and staying home if you're sick.
- •The CDC recommends that the vaccine be offered to people regardless of whether they have a history of COVID-19 infection.
- •It is not yet clear from the vaccine trials whether individuals who receive the vaccine can still transmit COVID-19 to others. It is therefore very important that even those vaccinated take the same precautions as before to ensure that they do not inadvertently spread the virus as a carrier.

The FDA released fact sheets on the <u>Pfizer vaccine</u> and <u>Moderna vaccine</u> for recipients and caregivers that includes information on vaccine ingredients and side effects. The COVID-19 vaccine is given as an injection into the muscle in a series of two doses given three (Pfizer) or four (Moderna) weeks apart. Vaccine recipients will get a vaccination card showing which vaccine and lot number they received and when they should return for a second dose.

- •While the COVID-19 vaccine may cause side effects such as fatigue, headache, fever, chills, nausea, muscle pain, and joint pain, these side effects show that the vaccine is working.
- •Vaccine recipients should be monitored for at least 15 minutes for a more serious allergic reaction. People who have a history of allergic reactions should be monitored for 30 minutes.
- •COVID-19 vaccines do not use the live virus and cannot give you COVID-19. The vaccine does not alter your DNA. COVID-19 vaccination will help protect you by creating an immune response without having to experience sickness. The FDA and Centers for Disease Control and Prevention (CDC) will continue to monitor the safety of COVID-19 vaccines to make sure even very rare side effects are identified. V-SAFE is a new smartphone-based, after-vaccination health checker for people who receive COVID-19 vaccines.



Vaccs Facts is a weekly series of COVID-19 vaccine updates published by

Austin Public Health

Austin Remains in Phase 1A of Vaccine Distribution

Published January 5, 2021

Operational Updates

- The Moderna and <u>Pfizer vaccine</u> have received an Emergency Use Authorization from the U.S. Food and Drug Administration.

 The Texas Department of State Health Services (DSHS) received 224,250 doses of the COVID-19 vaccine during <u>Week 1 allocation</u>, 620,400 doses in Week 2 allocation, and 380,000 doses in Week 3 allocation. The Austin area has been slated to receive 59,825 doses during the three weeks of allocation.
- There are more than 300 pharmacies, doctors' offices, hospital groups, and other providers signed up to provide COVID-19 vaccines in Austin-Travis County.
- •DSHS published a FAO on the vaccine distribution and allocation process on Dec. 31.
- APH does not oversee other providers and their individual distribution plans. However, APH is working across the healthcare system and the vaccine coalition to set guidelines that support the Centers for Disease Control and Prevention (CDC) and DSHS framework for distributionAustin Public Health (APH) received 1,000 doses of the Moderna vaccine on Monday, Dec. 28 and 300 doses on Dec. 29.
- •APH is operating a closed vaccine clinic for Phase 1A populations, specifically APH direct health care staff, direct health care COVID-19 response staff, Travis County Jail direct health care clinical staff, long-term care staff and residents that are not enrolled with a vaccine provider, school nurses that are not enrolled with another vaccine provider, and other frontline healthcare staff. As of Dec. 31, 740 doses had been distributed with the remainder being distributed this
- The Austin Public Safety Wellness Center began to distribute its 1,300 doses of the Moderna vaccine for local public safety employees on Monday, Dec. 28. As of Dec. 31, all 1,300 doses had been distributed.
- The federal Pharmacy Partnership for Long-Term Care Program began in Texas last week. Pharmacy staff will be vaccinating long-term care residents and staff on-site. An additional 121,875 doses of the Pfizer vaccine went toward this program in the Week 3 allocation.

 Initial doses of vaccine in Phase 1A are being allocated for frontline healthcare workers and long-term care facility staff and residents, based on the COVID-19

Vaccine Allocation Guiding Principles from Texas DSHS.

- Last week, DSHS released a statement encouraging vaccine providers to begin vaccinating individuals who fall within Phase 1B, which includes those over the age of 65 and people with medical conditions that put them at increased risk for severe disease from COVID-19.
- APH understands from conversations with other providers that the demand for vaccine in Phase 1B is exceeding the supply of many providers across the Austin area, who are still focused on Phase 1A.

Individuals wishing to get the COVID-19 vaccine who are in Phase 1A or Phase 1B should contact the provider they normally receive their vaccines, like their flu shot, from to learn about their process. However, those in Phase 1B should be aware that they may not be able to receive the vaccine until additional supply is available in our community.

APH will not serve as the primary vaccine provider for Austin-Travis County residents, rather, APH will serve as an informational hub and safety net for those without insurance. If more vaccine is provided to APH, we will open large sites in Austin and Travis county for the general public to receive vaccine

Safety & Precautions

- Even with limited vaccines available in our community, people need to continue to take additional COVID-19 prevention measures including: wearing a mask, social distancing, washing your hands often, covering coughs and sneezes, cleaning frequently touched surfaces, and staying home if you're sick.
- The CDC recommends that the vaccine be offered to people regardless of whether they have a history of COVID-19 infection.
- It is not yet clear from the vaccine trials whether individuals who receive the vaccine can still transmit COVID-19 to others. It is therefore very important that even those vaccinated take the same precautions as before to ensure that they do not inadvertently spread the virus as a carrier.
- •The FDA released fact sheets on the Pfizer vaccine and Moderna vaccine for recipients and caregivers that includes information on vaccine ingredients and side effects. The COVID-19 vaccine is given as an injection into the muscle in a series of two doses given three (Pfizer) or four (Moderna) weeks apart. Vaccine recipients will get a vaccination card showing which vaccine and lot number they received and when they should return for a second dose.
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> For additional COVID-19 vaccine information, visit www.AustinTexas.gov/COVID19-Vaccines





OSHA reveals most-violated standards related to COVID-19

- ●OSHA has published a list of the most-violated standards during COVID-19 inspections in an effort to help employers better protect their workers. The agency also issued guidance that will assist contractors and other businesses in passing,jobsite inspections.
- ●The most frequently cited violations are those related to respiratory protection (1910.134) and specifically, the lack of medical evaluations and fit tests. The next-most violated standards are related to respiratory protection programs: not implementing a written program with worksite-specific safety procedures; not providing employees with information about using respirators when their use is not mandatory; and not designating a qualified administrator to ensure the respiratory program's effectiveness.
- ●OSHA is using existing standards when inspecting jobsites for COVID-19violations because it chose not to develop and issue COVID-19-specific emergency standards due to the evolving guidance from public health officials. The AFL-CIO tried to get the agency to provide specific guidance, but its legal challenge was unsuccessful.

In addition to respiratory protection citations, OSHA also cited employers with violations

- Recording and Reporting Occupational Injuries and Illnesses (Subpart 1904).
- Personal Protective Equipment (1910.132)
- General Duty Clause (OSH Act 5(a)(1)). On its website, OSHA says that in order to come into compliance in advance of an inspection, employers should consider:
- Providing a medical evaluation before a worker is fit-tested or uses a respirator
- Using a tight-fitting respirator to perform the fit test.
- Assessing the workplace to determine if COVID-19 hazards are or are likely to be present and if
 they will require the use of a respirator and/or other
- Establishing, implementing and updating a written, worksite-specific respiratory protection program;
- Providing an appropriate respirator and/or other PPE to each employee when necessary.
- Providing up-to-date training to workers on the safe use of respirators and/or other PPE.
- $\ensuremath{\bullet}$ Properly storing respirators and other PPE to protect them from damage.
- Timely reporting of work-related fatalities.
- •Keeping required records of work-related fatalities, injuries and illness

Employers are required to make sure employees wear respirators when jobsite conditions call for their use. Some respirators capture fumes, others dust, but they should not be

confused with face coverings like masks and shields that do not achieve as tight a fit. OSHA has issued guidance that construction workers wear face coverings while on the job in order to help prevent the spread of COVID-19 and to practice social distancing when possible. In the absence of federal OSHA standards regarding the novel coronavirus, some states — Virginia, Michigan and Oregon, which have OSHA-approved state safety programs — have introduced COVID-19 emergency standards.

While each program is different in its details, they all have similar components such as the mandatory use of face coverings, social distancing and daily screening of workers and visitors for signs of infection. One COVID-19-related rule that OSHA has introduced is the mandatory reporting of workplace-related COVID fatalities within eight hours of learning about it. The reporting is only required if the case was connected to workplace exposure. Source: Construction Dive

The New Normal: 8 Ways The Coronavirus Crisis Is Changing Construction

- 1. Jobsites will be cleaner and safer
- 2. Distancing will be the norm, via technology
- 3. Projects will take longer
- 4. Telework will become more common
- 5. Union influence will grow
- 6. Demand for project types will change
- 7. Supply chains will recalibrate
- 8. Modular adoption will increase



City of Austin

Business & Industry Updates



7201 Levander Loop, Bldg. E Austin, TX 78702 | 512-972-6115 | AustinTexas.gov/Health

As of September 17, Employers may operate their offices with up to 75% of the total office occupancy, provided the individuals maintain appropriate social distancing.

All employees and customers must wear a face covering (over the nose and mouth) wherever it is not feasible to maintain six feet of social distancing from another individual not in the same household

Health Protocols for Employees and Contractors

- Train all employees and contractors on appropriate cleaning and disinfection, hand hygiene, and respiratory etiquette.
- Screen employees and contractors before coming into the office.

Send home any employee or contractor who has any of the following new or worsening signs or symptoms of possible COVID-19:

Cough	Shortness of breath	Chills
Repeated shaking with chills	Muscle Pain	Headache
Sore throat	Loss of taste or smell	Diarrhea
Feeling feverish – temperature of greater than 100.0 degrees Fahren- heit	Known close contact with a person who is confirmed to have COVID-19	

- Do not allow employees or contractors with new or worsening signs or symptoms listed above to return to work until:
 - In the case of an employee or contractor who was diagnosed with COVID-19, the individual may return to work when all three of the following criteria are met at least 3 days (72 hours) have passed since recovery (resolution of fever without the use of fever-reducing medications); and the individual has improvement in symptoms (e.g., cough, shortness of breath); and at least 10 days have passed since symptoms first appeared; or and at least 10 days have passed since symp toms first appeared; or
- In the case of an employee or contractor who has symptoms that could be COVID-19 and does not get evaluated by a medical professional or tested for COVID-19, the individual is assumed to have COVID-19, and the individual may not return to work until the individual has completed the same three-step criteria listed above; or
- If the employee or contractor has symptoms that could be COVID-19 and wants to return to work before completing the above self-isolation period, the individual must obtain a medical professional's note clearing the individual for return based on an alternative diagnosis.
- **Do not allow** an employee or contractor with known close contact to a person who is lab confirmed to have COVID-19 to return to work until the end of the 14 day self-quarantine period from the last date of exposure (with an exception granted for healthcare workers and critical infrastructure workers).
- Have employees and contractors wash or sanitize their hands upon entering the office.
- Consider implementing a staggered workforce, such as alternating days or weeks for different work groups of employees and/or contractors coming into the workplace.
- Continue to encourage individuals to work remotely if possible.
- If an employer provides a meal for employees and/or contractors, the employers is recommended to have the meal individually packed.

Facility Protocols:

Limit the use of standard-size elevators to four individuals at a time, each located at a different corner of the elevator to avoid close contract.

Masks should be worn on elevators.
As appropriate, individuals subject to the Americans with Disabilities Act (ADA) may ride the elevator alone or accompanied by the individual's caregive Make hand sanitizer, disinfecting wipes, soap and water, or similar disinfectant readily available

Additional COVID-19 Resources - PPE, Testing Sites & Information
Austin Public Health, CommUnityCare, and Central Health are hosting a series of free personal protective equipment (PPE) distributions over the next several weeks in areas with high COVID-19 positivity rates based on testing data. The distributions will provide hand sanitizer, masks, and educational materials.

COVID-19 Information from Austin Public Health - www.austintexas.gov/COVID19 COVID-19 Personal Protective Equipment Distribution (PPE) -

COVID-19 Testing Sites www.austintexas.gov/covid-testinfo
COVID-19 Business Recovery – www.austintexas.gov/RENT
COVID-19 Rent 2.0 Assistance – www.austintexas.gov/RENT

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Feeling feverish greater than 100.0 c	- temperature of legrees Fahrenheit	Known close contact with a person who is confirmed to have COVID-19	Difficulty breathing

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COVID-19 Testing Sites - www.austintexas.gov/covid-testinfo COVID-19 Business Recovery – www.atxrecovers.com COVID-19 Rent 2.0 Assistance – www.austintexas.gov/RENT

About COVID Services

The Texas Department of State Health Services (DSHS) is working closely with the Centers for Disease Control and Prevention (CDC) in responding to the new coronavirus disease 2019 (COVID-19) that is causing an outbreak of respiratory illness worldwide.

Your doctor will help make the decision if you should get tested for COVID-19. If you do not have health insurance, you can still get tested for COVID-19 if your doctor or healthcare provider recommends it. For information about testing, you just need to call your doctor and/or access care the way you usually do. If you need help finding a doctor or accessing medical care, call 2-1-1 and they can direct you to low- or no-cost providers in your area. People can get tested for COVID-19 at public testing sites and drive-thru locations in certain parts of Texas.

Things to consider when looking for public or drive-thru testing site:

- Do I know the screening criteria for the public/drive-thru testing
- Do I know the operating hours for the public/drive-thru testing site?
- ullet Do I know if I need a referral from my doctor before I visit the public/drive-thru testing site?
- Do I know if the public/drive-thru testing site is covered by my insurance provider and/or how the billing process works?
- Do I know what type of test is offered at the public/drive-thru test ing site?
- ●Do I know how to get my testing results?

Call ahead or visit the testing site website for information, as screening criteria and operating hours may change

For Questions or Assistance Contact: Hours: 24/7

Email: coronavirus@dshs.texas.gov Phone:*Dial 2-1-1

HOW TO WEAR A NON-MEDICAL FABRIC MASK SAFELY

who.int/epi-win



Clean your hands before touching the mask



Inspect the mask for



Adjust the mask to your face without leaving gaps on the sides



Cover your mouth, nose, and chin



Avoid touching the



Clean your hands before removing the mask



Remove the mask by the straps behind the ears or head



Pull the mask away from your face



Store the mask in a clean plastic, resealable bag if it is not dirty or wet and you plan to re-use it



Remove the mask by the straps when taking it out of the bag



Wash the mask in soap or detergent, preferably with hot water, at least once a day



Clean your hands the mask

Don'ts



Do not wear the mask under the



Do not remove the mask where there are people



Do not use a mask that is difficult to



looks damaged



Do not wear a dirty or wet mask



Do not wear a



Do not share your mask with others

A fabric mask can protect others around you. To protect yourself and prevent the spread of COVID-19, remember to keep at least 1 metre distance from others, clean your hands frequently and thoroughly, and avoid touching your face and mask.





Texas Department of State Health Services

The Texas Department of State Health Services

(DSHS) is working closely with the Centers for Disease Control and Prevention (CDC) in responding to the new coronavirus disease 2019 (COVID-19) that is causing an outbreak of respiratory illness worldwide.

Flu & COVID-19

With both flu and COVID-19 circulating this season, getting a flu vaccine is more important than ever. Learn more about what you can do to protect yourself and your loved ones on the CDC website:

FAQs: Flu and COVID-19
Getting a Flu Vaccine during the COVID-19 Pandemic Similarities and Differences between Flu and COVID-19

Scams and Fraud Alert

Criminals are impersonating Texas government agencies to scam people and organizations during the COVID-19 pandemic. Currently, common scams include unsolicited purchase orders and requests, spoofed emails and phishing attempts, and government impersonation phone scams. Visit the <u>Texas Comptroller Fraud Alerts website</u> to know how to spot and report scams.

FREE IN-HOME **COVID-19 TESTING AVAILABLE**

Austin Public Health is providing testing for those who are unable to leave their home to visit a test site. To schedule a home test, call 512-972-5560. Testing is free. You will not be asked about your immigration status.

How do I make an appointment?

- Call the Austin Public Health nurse hotline at 512-972-5560. Press 1 for English, 2 for Spanish, 3 for Vietnamese and other languages.
- Hotline hours: Monday- Friday 8 a.m. - 6 p.m. and Saturday 9 a.m. -1 p.m.
- Patient information is confidential. You will not be asked immigration status.

Who should get in- home

Anyone with mobility issues, underlying health issues, or those without transportation in the Austin-Travis County area

Why should I get tested at

- If you are feeling too sick or weak to leave the house
- If you need to limit your exposure to others who may be sick
- If you are unable to get to a test site

Who will come to provide

An Austin Public Health clinical staff person will come to your home at an agreed date and window of time to perform the

What should I do until I get

- We advise that you stay home, except to seek medical care. This helps stop the potential spread of COVID-19 and protects your health.
- Keep yourself away from other household members as much as possible. Keep all shared clean and disinfected.
- · Wear a face covering if you must go anywhere outside your home.

Appointments are currently limited. More appointments will become available as the program grows.

AustinTexas.gov/COVID19





Q&A: Infectious disease specialist discusses why it's more important than ever to get the flu shot



y Lindsay Dowling-Savelle, Dalhousie University

While the world awaits the development and approval of a vaccine that will help in the global fight against COVID-19, medical experts are worried about how the impending flu season could exacerbate already strained health care systems around the world. Public health officials and medical experts have stressed that it's more important than ever to get a flu shot, which is a vaccine specially de signed each year to combat influenza. We asked Dr. Lisa Barrett, assistant professor in Dalhousie's Faculty of Medicine and infectious disease expert, to explain how the flu shot works and why medical experts are more concerned about the impacts of this year's influenza season than in years past.

hat exactly are flu vaccines and how do they work?

All vaccines are designed to educate your immune system to respond quickly if it ever runs into an infection and the flu shot is no different. It is a way that we can educate our immune system against the ever-changing influenza virus from season to season—everybody should get one each season. The influenza (or flu) vaccine, is an injection given in the arm, and it contains various different parts of the flu virus depending on which flu shot you get. The take-home message is that every flu shot or vaccine contains bits and pieces of flu virus from various different strains of virus. Each year, scientists get together and predict what the most frequent viruses are likely to be in the upcoming season. They combine these together into one vaccine, and that's how your immune system gets educated for the viruses that are likely to be circulating that season. You get one shot as soon as it comes out in the fall and then you develop some protection or immunity—your immune system is getting prepared to fight quickly against the flu virus strains that

Why are medical experts stressing that it is more important to get the flu shot year than in years past?

It is always important to get a flu shot. But this year we also have COVID-19, which is another respiratory virus whose main target is the lungs. Influenza or the flu

virus, also targets the lungs and it is likely that if you get the two together, your chances of having permanent damage to your lungs or not surviving are much much higher. Therefore, because we have no vaccine for COVID-19 and we do have one to protect you from influenza, it's very important that people do what they can to keep themselves from getting influenza. Tthere is going to be COVID-19 around, and you don't want them both. You don't want the double whammy. It will not go well.

If there are high levels of COVID-19 community spread in communities, v the safest way for people to get their flu shot? It's important to know that influenza and COVID-19 spread in similar ways, and

therefore there can be community spread of influenza each year as well. So, the take home is that every skill we've learned about preventing spread of COVID-19, is also incredibly useful for preventing the spread of influenza. What I mean by that is, washing your hands, making sure that you don't touch your face, and wearing a mask when it is not possible to keep social distance, are the real key ways that you can prevent COVID-19 spread and safely go out to get your influenza shot. Also, if you can have flexibility around when and where you go to get your shot, try to choose a time that is slightly less crowded, not middle of the day, off hours or evenings—that's a really great way to help spread out the number of people that are at the influenza vaccine station or pharmacy at any point in time. Planning outings, socialization, and even medical care to promote more social distancing is a key way we can get better at learning how to live with COVID-19. So, if you have some flexibility, choose off times when there won't be as many ople and then we can help spread people out over time

What would you tell people who are hesitant to get their flu shot this year?

There are lots of reasons why people don't want to get a flu shot or feel it's not really that useful for them in particular. I would say that there is pretty close to zero reasons why one of the flu vaccines approved in Canada and available in Nova Scotia, can't be taken by anyone. And you know what, even if you don't think it's incredibly useful to you, you are helping to protect your community by getting a flu vaccine. Even if you are someone who doesn't get too sick when infected with respiratory viruses like flu or COVID-19, you may have few symptoms and not know you are spreading to others who may not be so healthy. Getting a flu shot reduces the likelihood that you get infected and spread to others. So, a flu shot is an amazing and free way to contribute to your health and your community.

Also, it's important to recognize that there are almost no people above the age of six months in the world who can't safely take one of the flu shots that are available. People who feel they get sick after a flu shot are experiencing an immune ramp-up; that's their immune system responding to the vaccine and getting educated—it's not that you got the flu. You might not feel super great for a couple of days, but you're not getting the flu from these vaccines. Get the vaccine, its safe and even if you don't think it's good for you in particular, it's good for your community (hey, I bet I already said that, but I want to say it again!!).

We are still waiting for the influenza vaccines to be available, and Nova Scotia has bought more than usual this year—that means we shouldn't run out. Some people say, I'm going to leave the shots for the people who really need them and that is actually NOT the way to think. As I said before, people who may not have symptoms and aren't the sickest are also the people who are out and about the most and they transmit to others without knowing it. So, there will be lots of flu vaccine around, don't wait-take the shot!

How can I tell the difference between the flu and COVID-19?

It's impossible to tell without a test. Influenza and COVID-19 have such similar symptoms, you may need to get tested to know what's making you miserable.

Body aches, sore throat, fever, cough, shortness of breath, fatigue and headaches are symptoms shared by the two.

One difference? People with the flu typically feel sickest during the first week of illness.

With COVID-19, people may feel the worst during the second or third week, and they may be sicker for a longer period.

Another difference: COVID-19 is more likely than the flu to cause a loss of taste or smell. But not everyone experiences that symptom, so it's not a reliable way to tell the viruses apart.

That leaves testing, which will become more important as flu season ramps up this fall in the Northern Hemisphere.

Doctors will need to know test results to determine the best treatment.

It's also possible to be infected with both viruses at the same time, said Dr. Daniel Solomon, an infectious diseases expert at Brigham and Women's Hospital and Harvard Medical School in Boston.

Whether you get tested for one or both viruses may depend on how available tests are and which hand-washing-also slow the viruses are circulating where you live, he said.

community transmission of influ- ity of this year's flu season. enza, so widespread testing for

the flu is not yet recommended," Solomon said.

Both the flu and coronavirus spread through droplets from the nose and mouth. Both can spread before people know they are sick.

The flu has a shorter incubation period-meaning after infection it can take one to four days to feel sick-compared to the coronavirus, which can take two to 14 days from infection to symptoms.

On average, COVID-19 is more contagious than flu. But many people with COVID-19 don't spread the virus to anyone, while a few people spread it to many others. These "superspreade events" are more common with COVID-19 than flu.



Preventing the flu starts with an annual flu shot tailored to the strains of the flu virus that are circulating.

Health officials would like to see record numbers of people get flu shots this year so hospitals aren't overwhelmed with two epidemics at once.

There's no vaccine yet for COVID-19, although several candidates are in the final testing stages.

Precautions against COVID-19-masks, social distancing, spread of the flu, so health officials hope continued vigi-"Right now we are not seeing lance could lessen the sever-

Product Snapshot: Generator and Tower Crane

The dual-frequency capable QAS 200 generator is powered by a John Deere 6068 Tier 4 Final diesel engine, and delivers 200 kVA/160 kW of prime power. An AREP alternator excitation system provides the operator stable power in under six seconds, according to the manufacturer. Its 335-gallon fuel tank allows it to run for 28 hours at 100% load or 37 hours at 75% load. An optional parallel controller allows multiple generators to be linked and managed in parallel.

Atlas Copco Power Technique www.atlascopco.com



CDC redefines coronavirus 'close contact' to include multiple brief exposures to virus

The Centers for Disease Control and Prevention (CDC) revised its definition of "close contact" to an individual infected with the coronavirus on Wednesday to include multiple, brief exposures adding up to over 15 minutes within 24 hours.

The agency previously said close contact consisted of being within six feet of an infectious person for 15 minutes straight.

The change may prompt health departments to do contact tracing in cases where an exposure might previously have been considered too brief, Dr. William Schaffner, a Vanderbilt University infectious diseases expert, told the Associated Press.

CONSTRUCTION JOBSITE GUIDELINES



Wash hands for 20 sec.







Do not come to work if you're sick (fever, respiratory cough)





14 days with someone with confirmed COVID-19 virus

The jobsite manager is required to:

- alth of each worker co







To report jobsite violations, call 3-1-1 AustinTexas.gov/COVID19



Organizations • Prime Contractors • Trade Associations • Agencies • Business

Your notices or announcements must be received no later than 12 Noon on Wednesday by E-mail at: brc-pro@att.net in a Word Document. Announcements or notices will be published on a first come, first serve

 Please Do Not Send PDF formatted announcements, notices, IsqFt, Grade Beam documents, faxes, excel spreadsheets or tables. All will have to be converted to a Word document or we will NOT be able to publish. (These types of are are not compatible to the Bid Briefs' publishing software).

 Bid announcements or notices must be submitted at least 7 days prior to closing date. to give MBE/WBE/DBE/HUB firms sufficient time to review the project's plans and specifications; and to prepare their bid responses

 You may download Bid Briefs on Mondays for review or use. Bid Briefs may be received by signing-up as a subscriber at abcatx.com website and clicking on the Bid Briefs' link.



· Wash hands often with soap & water for at least

CORONAVIRUS DISEASE 2019

& CDC cdc.gov/coronavirus

20 seconds.

People Who Violate Austin Mask Rules Could Be Fined Up To \$2,000.

Austin will now enforce laws that require people to wear facial coverings in public and penalize businesses for not following measures that aim to reduce the spread of COVID-19.

Travis County released an accompanying order Thursday that requires facial coverings and bans gatherings of more than 10 people. People found to be in violation of the rule on gatherings could face a fine of up to \$1,000; the penalty for not wearing a mask is up to \$250.