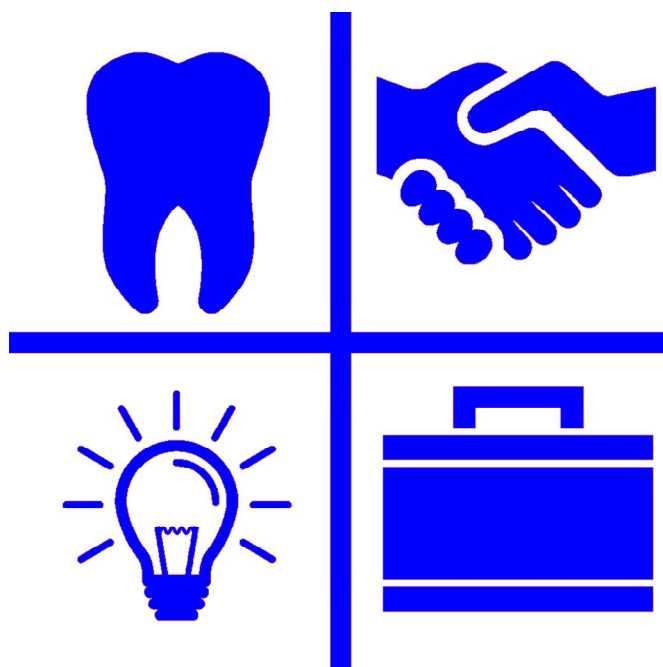


# Ipswich Dental Foundation Training Scheme

Summer Term Programme 2016 - 2017



Developing people  
for health and  
healthcare

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Ipswich Postgraduate Medical and  
Dental Education Centre





# Ipswich Dental Foundation Training Scheme

## Postgraduate Medical and Dental Education Centre

Ipswich Hospital NHS Trust, Heath Road,  
Ipswich. IP4 5PD

☎ 01473 702561 📠 01473 702503

Director of Postgraduate Dentistry	<b>Mr. Alex Baxter</b> BDS MMedSci FDSRCPS (Glasg), FDS (Rst Dent), RCPS
Postgraduate Dental Tutor	<b>Mr. Jason Stokes</b> BDS (Hons), MFGDP(UK)
Postgraduate Centre Manager	<b>Mrs. Mary Burgess</b>
Dental Administrator	<b>Mrs Alison Foreman</b>
Regional Advisor Dental Foundation Training	<b>Dr. Peter Cranfield</b> PhD, BDS, DIC, DGDP(UK) PgCert
Regional Dental Education Facilitator	<b>Ms. Liz Hope</b>
Regional Dental Administrator	<b>Mrs Patti Bradshaw</b>
Training Programme Director Ipswich Scheme	<b>Mr Jason Stokes</b> BDS (Hons), MFGDP(UK) The Cathedral Street Dental Practice, 10-12 Cathedral Street, Norwich. NR1 1LX ☎ Practice: 01603 628963 Mobile: 07703 582210 📧 <a href="mailto:jasonstokes@nhs.net">jasonstokes@nhs.net</a>

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☎ 01223 597768

# Summer Term

## Venues and Subjects



**Friday 5th May**

Community Project Presentations

Dental Trauma

*Ipswich Hospital Postgraduate Medical Education Centre*

**Friday 12th May**

Clinical Day in Practice

*Scheme Practices*

**Friday 19th May**

Oral Medicine

Coping with Complex Medical Histories

*Ipswich Hospital Postgraduate Medical Education Centre*

**Thursday 25th May**

British Dental Association Conference

*MCC Manchester*

**Friday 26th May**

British Dental Association Conference

*MCC Manchester*

**Saturday 27th May**

British Dental Association Conference

*MCC Manchester*

**Friday 2nd June**

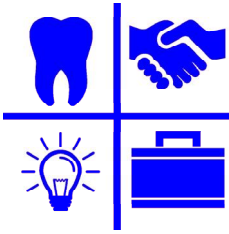
Clinical Day in Practice

*Scheme Practices*

**Friday 9th June**

Advanced Composite Techniques (hands-on)

*Ipswich Hospital Postgraduate Medical Education Centre*



# Summer Term

## Venues and Subjects

**Friday 16th June**

NHS Regulations Revision

Dental Implants

*Ipswich Hospital Postgraduate Medical Education Centre*

**Friday 23rd June**

The Missing Session

Statistics

*Ipswich Hospital Postgraduate Medical Education Centre*

**Friday 30th June**

Clinical Day in Practice

*Scheme Practices*

**Friday 7th July**

Case Presentations

*Ipswich Hospital Postgraduate Medical Education Centre*

During each day some time will be set aside for problem solving and journal review

## \*Important Dates and Deadlines

Community Project Presentation

Friday 5th May 2017

Case Presentation

Friday 7th July 2017

Trainers Meeting (and attendance required from 9.30 am)

Friday 7th July 2017

Final Review of Competency Progression (FRCP)

Friday 14th July 2017



## Morning Session

CPD = 3 Hrs

### 09.30 Community Project Presentation

#### Ipswich FD Scheme

DFT TPD

Each FD Group will need to deliver a 20 minute presentation concerning their Care Home visit and it's outcome

This session will review the Ipswich DFT Schemes involvement in our own version of the IOHOPI project – Improving the Oral Health of Older Persons Initiative.

The Scheme received a briefing concerning this project in November 2016. Staff from Suffolk Salaried Services discussed their role in educating carers for older people. This session was informed by work commissioned by Norfolk and Suffolk County Council (2014) for the Salaried Dental Services in Norfolk & Suffolk to write a Guide for care home staff about the importance of dental care. This Guide was distributed to every care home in Suffolk – the Guide can be viewed at:

<http://norfolkandsuffolksupport.co.uk/useful-links/publications>

The Scheme FDs were divided into groups of two or three. These groups produced Oral Healthcare presentations for use in local care homes. The Salaried Services Team checked the quality of the presentations and allocated a care home to the FD group. The FDs visited the home and educated the carers at a visit in March 2017.

The aim of this session is to support our local Salaried Services in the development of care home staff. The training of carers should improve the health outcomes for residents.

#### Learning Objectives

The speakers will:

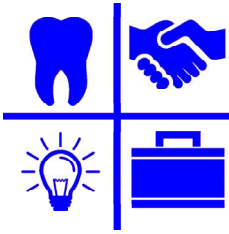
- Describe the presentation they devised.
- Explain the experience of visiting the care home and the impact of their presentation.
- Recognise the impact of their presentation on resident oral health.

#### The Learning Outcomes

Following this session: delegates will be able to:

- Construct an educational presentation for non-dentally trained carers.
- Assess the strengths and weaknesses of the approaches taken by other FD groups.
- Critique their own presentation versus their peer group.

**DFT Competency Framework elements covered: Communication  
12, 14, Professionalism 16**



# Friday 5th May

Ipswich PGME

## Afternoon Session

CPD = 2.5 Hrs

14.00

### Dental Trauma

**Shashi Mishra**

Endodontist Specialist



Shashi qualified from the University of Glasgow in 1997. After general practice and oral and maxillo-facial surgery appointments in and around Manchester, he joined the Army and served for over 11 years in the Royal Army Dental Corps.

During his time in the Army, Shashi completed postgraduate training with distinction in endodontics from the Eastman Dental Institute, London. On completion of this training, Shashi was responsible for teaching endodontics to Dental Officers of all levels of experience, both serving and civilian, working within the Defence Dental Services. Joining Elmsleigh House in September 2010, Shashi brings a wealth of experience in both restorative and endodontic dentistry.

#### **Aims & Objectives:**

Dento-alveolar trauma is extremely prevalent. The clinical presentation can be distressing for the patient, their family and the dental team. Accurate diagnosis and correct early management significantly affects the prognosis of affected teeth and supporting tissues.

This speaker will aim to demonstrate the principles behind the correct diagnosis, management and subsequent treatment planning with the goal of ultimately providing better care for our patients.

#### **Outcomes:**

On completion you will be able to:

- Identify the common types, causes and tissues affected in dento-alveolar injuries.
- Identify relevant history and practice examination of the dento-alveolar trauma patient.
- Implement evidence-based management of the dento-alveolar trauma patient and recognise the prognosis of affected teeth



**DFT Competency Framework elements covered: Clinical**

**1,2,4,5,9,10,11**



## Clinical Day in Practice

### Case Study: suggested layout

#### Case Selection:

*The case that is chosen should demonstrate aspects of care, which involve different clinical disciplines. It is not necessary to concentrate on excessively complex or unusual cases, but entrants should choose a case that is appropriate to their skills at this point in their career development. A background of routine treatment, where a specific problem has been highlighted and managed, is what the panel are looking for in the case that is chosen.*

#### Format:

*A 10 minute PowerPoint Presentation making full use of any visual images available (clinical photographs, radiographs etc)*

#### Introduction

#### Presenting Complaint and History of PC

#### Patient Requests / Expectations

#### History (Social, medical and previous dental)

#### Examination

- (a) Extra Oral;
- (b) Intra Oral -

- Soft tissues
- Teeth
- Periodontal (minimum BPE)
- Special Tests—Vitality, Radiographs, Diet Sheets, Study Models, Photos, etc.

#### Reminder

You will need to produce your completed Powerpoint Presentation on 23rd June 2017.

#### Diagnosis (es) (Provisional and Definitive)

#### Treatment Plan (Provisional and Definitive)

#### Discussion of Treatment Plan including headings for:

Options, Patient Input, Discussion - reasons, philosophy

#### Treatment Description (short)

#### Prognosis

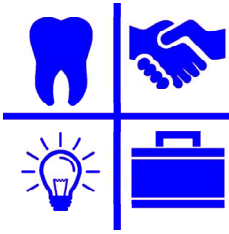
#### Discussion (and reflection)

#### Conclusion

#### Addenda:

Medical history form, diet sheets, periodontal charts, Lab forms, copies of anonymised clinical notes and radiographs, and most important, the patient consent form.





# Friday 19th May

Ipswich PGME

## Morning & Afternoon Sessions

CPD = 6 Hrs

### 09.30 **Oral Medicine** **Complex Medical Histories**

#### **Roddy McMillan**

Consultant and Honorary Clinical Teaching Fellow in Oral Medicine

Roddy McMillan is consultant and honorary clinical teaching fellow in oral medicine and facial pain at the Eastman Dental Hospital.

#### **Oral Medicine**

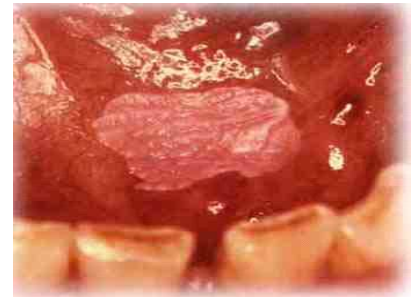
##### **Objectives**

Roddy will describe the potentially serious issues that can be associated with inappropriate or late diagnosis of oro-mucosal lesions. He will differentiate between conditions that require immediate response and those that are more routine in nature.

##### **Learning outcomes**

*By the end of this session learners will be able to:*

- *Recognise changes to normal anatomy*
- *Identify the pathology behind common oro-mucosal lesions*
- *Recognise the importance of timely and accurate referrals*



#### **Complex Medical Histories**

The increasing age demographic of many dental patients means that complex medical histories and poly-pharmacy are common place. This needs to be carefully considered prior to the provision of dental treatment.

##### **Objectives**

Roddy will describe the impact of various medical problems on the provision of dental care. He will categorise a range of conditions and their impact on our patient interactions.

##### **Learning outcomes**

*By the end of this session learners will be able to:*

- *Identify medical issues that have the most impact on potential dental treatment*
- *Take a thorough history to enable an accurate diagnosis in cases of facial pain.*
- *Refer patients appropriately.*

**DFT Competency Framework elements covered: Clinical 1, 2, 3, 8 Communication 12,13,14**

# 25th-27th May

Manchester Central Convention Complex (MCCC)



## About the Conference

The British Dental Conference and Exhibition is an unmissable event in the UK dentistry calendar and the BDA's annual flagship event.

The Conference and Exhibition has been called the "best dental event of the year" and we are proud to deliver it in collaboration with leading experts in the field of dentistry.

**BRITISH DENTAL**  
CONFERENCE &  
EXHIBITION 2017

25 - 27 May | Manchester

## Our programme

Our superb conference programme is designed by dentists for dentists and their teams, giving you the dental knowledge and insights you need.

The result of research with dentists and input from across the dental profession, our programme provides you with the latest thinking in dentistry, delivered by some of the best speakers in the business.

**Top Class Speakers:** 120+ sessions of CPD | Topics for all dental professionals  
Developed by dentists for you and your team

**Topic Highlights:** Everyday restorative dentistry | Aesthetics for everyone  
Toothwear | Periodontics | Endodontics | Orthodontics | Paediatrics plus lots of core CPD

### Where?

We're pleased to be back at Manchester Central Convention Complex. Manchester is one of the few venues which can host such a large event.

### When?

Thursday 25 May - 09:30-19:00

Friday 26 May - 09:00-18:30

Saturday 27 May - 09:00-17:00

### Who attends?

The event is aimed at the whole dental team. You don't have to be a BDA member to attend.

#### Members:

Essential members qualify for significantly discounted rates.

Extra and Expert members can register for a free three-day Conference Pass. (Expert members are also entitled to six free one-day or two free three-day Conference Passes for DCPs).

#### Non-members:

We'd love to meet you at our flagship event. You can attend for one, two or three days. The Exhibition is free to attend and you can join as a member on our stand. If you think you'll attend for the full three-days,

### Reminder

FDs have already been booked into the conference. Accommodation has also been booked. FDs do need to arrange their own travel arrangements.



25th-27th May

Manchester Central Convention Complex (MCCC)

## BDA Conference Scheme Learning Programme

### Aims & Objectives

The aim of attending the BDA Conference is to develop each FDs skills at selecting the most appropriate professional development for their own needs.

Prior to the **11th May 2017** each FD will need to have thoroughly examined the Conference Programme. They will then need to email, to Jason Stokes, (via the ePortfolio) a **Professional Development Plan for the BDA Conference**. This plan must include:

- A reflection on their professional strengths and weaknesses
- The individual learning needs they have identified
- The Conference educational events they plan to attend to meet these learning needs
- The anticipated Learning Outcomes following Conference attendance

*It is strongly recommended that the FD should discuss this plan with their Trainer—and indicate where the Trainer has offered advice on their future development needs.*

Prior to the **9th June 2017** each FD will **submit a follow-up report** from their visit to the BDA Conference. This report will match their actual learning experiences at the Conference against their pre-Conference Professional Development Plan. Again, this report should be submitted via the ePortfolio to Jason Stokes.

### Learning Outcomes

Following this session the FDs will be able to:

- Assess their own development needs
- Match their needs against independently provided learning opportunities
- Assess how well the attended education meets their development needs

Each FD will need a certificate to demonstrate 8 Hours of CPD and 2 Hours attendance at the Trade Show.

Failure to provide this certificate could delay/prevent FD completion.

**DFT Competency Framework elements covered: Professionalism 17  
Management & Leadership 19**



## No Day Release Course

### *normal working day in practice*

### Advice for delivering your Case Presentation

#### *Some Dos and Don'ts...*

#### Do:

- Speak in a conversational way.
- Vary your voice in volume and emphasis.
- Change the pace.
- Pause.
- Speak clearly and in a controlled way.
- Allow time for the sound of your voice to travel in a large room.



#### Don't:

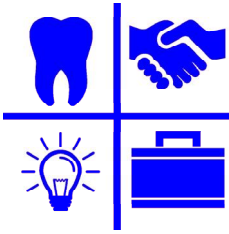
- Rush.
- Speak in a monotone way.

#### Summary

- Confident people stand tall and move purposefully.
- Gesture as you would in an animated conversation.
- Keep eye contact with your audience and they will keep contact with you.
- Speak in a conversational way.



[https://www.ted.com/talks/amy\\_cuddy\\_your\\_body\\_language\\_shapes\\_who\\_you\\_are](https://www.ted.com/talks/amy_cuddy_your_body_language_shapes_who_you_are)



Friday 9th June

Ipswich PGME

## Morning & Afternoon Sessions

CPD = 6 Hrs

### Advanced Composite Techniques Anup Ladva

GDP & DFT ES

A single day hands-on course designed to give delegates the skills and knowledge to place highly aesthetic, long term and functional composite restorations in a predictable, efficient format. The course is designed to allow candidates to improve their scientific and technical knowledge needed to place composite restorations in their clinical workplace.



- Case Assessment
- Shade Selection
- Cavity Preparation
- Anterior Composite form and function
- Predictable Aesthetic Bonding
- Posterior Contact Area Biomimesis
- Natural Layering technique



#### Aims & Objectives

The speakers will:

- Describe the importance of direct composite in modern day dentistry.
- Explain how composite can be used restoratively with respect to function and aesthetics.
- Demonstrate how to manipulate composite in order to achieve excellent functional and aesthetic outcomes.
- Evaluate your 'hand skills' and technical ability with composite.



#### Learning Outcomes

Following this session delegates will be able to:

- *Formulate successful patient treatments utilising composite as a restorative material.*
- *Describe efficient cavity preparation and composite bonding.*
- *Demonstrate the efficient use of composite as a direct restorative material.*

**DFT Competency Framework elements covered: Clinical 1, 2, 10**

# Friday 16th June

Ipswich PGME



## Morning Session

CPD = 3 Hrs

### NHS Regulations Revision

Jason Stokes

DFT TPD

#### Aims

This session will aim to explain a fundamental aspects of the NHS—the GDS contract that frames NHS primary dental care.



#### Learning Objectives

Jason will endeavour to:

- Explain the NHS GDS Regulations.
- Describe the importance of the Regulations to the provision of all aspects of NHS primary dental care.
- Identify common myths and misunderstandings that can lead to mis-claiming and professional risk.

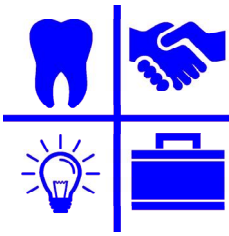


#### Learning Objectives

Following this session delegates will be able to:

- *Effectively apply the NHS GDS Regulations to their day to day practice*
- *Avoid common contractual misconceptions*
- *Formulate strategies to work within the restrictions of the NHS Dental Contract.*

**DFT Competency Framework elements covered: Management & Leadership 19, 20, 21**



Friday 16th June

Ipswich PGME

## Afternoon Session

CPD = 3 Hrs

### Implants and General Practice Colin Clamp

GDP & previous DFT ES

Local GDP – Colin Clamp – has under taken training to develop his skills concerning the provision of the intra-oral implants he prescribes to his patients.

#### Aims

This session will cover the basic principles of practical implant placement and restoration, and will also cover treatment planning, maintenance and referrals.

#### Objectives

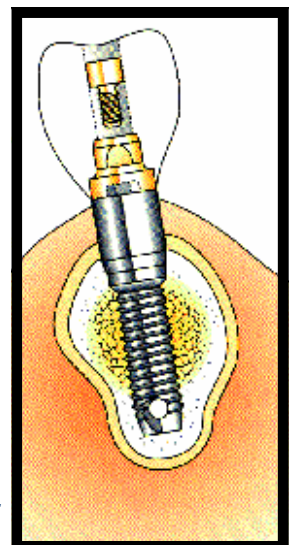
The speaker will:

- Explain the knowledge base required to refer patients for implant procedures.
- Describe how to communicate the procedures behind implant placement & restoration.
- Describe the importance of effective implant maintenance.

#### Learning outcomes

Following this session delegates will be able to:

- *Select patients for implant treatment.*
- *Recognise the basic mechanics of this ever more important treatment.*
- *Formulate effective maintenance strategies for their patients and their implants.*



**DFT Competency Framework elements covered: Clinical 1, 2, 11**



# Friday 23rd June

Ipswich PGME



## Morning Session

CPD = 3 Hrs

### The Missing Session

#### Ipswich FD Scheme

DFT TPD



This session will seek to cover some of the topics that we have not had chance to explore over the rest of the day release scheme sessions. Each FD will present a 10 minute educational session on their desired topic.

Each FD will:

- Choose a topic that they feel should have been covered in more detail during the day release scheme.
- Liaise with other scheme members to make sure there is no repetition of the topic they have chosen (first come—first served!)
- Produce a 10 minute educational session that will help to fill the identified educational need.

The aim of this session is to find out which topics the FDs would like to cover in more detail.

#### Learning Objectives

The speakers will:

- Describe the educational needs of the 2016-2017 Foundation Dental intake.
- Take the opportunity to present the learning they require in the format they find most useful.
- Have an opportunity to improve their presentation and communication skills.

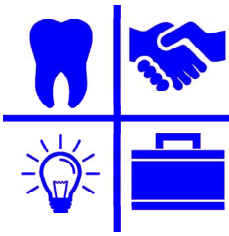
#### *The Learning Outcomes*

*Following this session: delegates will be able to:*

- *Recognise of the learning needs of their peer group.*
- *Assess the learning required by their peers.*
- *Formulate a short educational experience that meets the needs of their peer group.*

**DFT Competency Framework elements covered: Communication 14, Professionalism 17**





Friday 23rd June

Ipswich PGME

## Afternoon Session

CPD = 3 Hrs

### Fundamental Statistics

Simon Bunting

GDP & DFT ES

Simon is an experienced GDP and a long standing DFT Educational Supervisor. In this extremely personal session he will illustrate some of the more important statistics a GDP should be aware of.



#### Aims

This session will explore the potential effect of these statistics upon our lives and careers. The session will also seek to discuss management strategies to help minimise the effects of one statistic in particular.

#### Learning Objectives:

The speaker will:

- Describe the importance of risk awareness.
- Explain the impact of poor risk management.

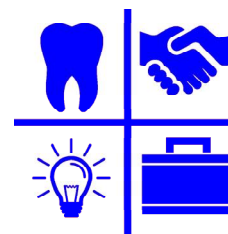


#### Learning outcomes

This session will enable FDs to:

- *Recognise some of the risks associated with General Dental Practice.*
- *Identify problems that can effect themselves and the people around them.*
- *Formulate potential solutions.*

DFT Competency Framework elements covered: Professionalism 17



## Clinical Day in Practice

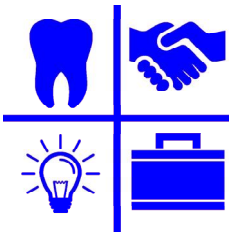
### Reminders

DFT ePDP—all relevant sections will need to be completed by Friday 23rd June. If you have any queries about this—please contact Jason. If the Portfolio is not completed by this date—the Final Review of Competency Progression (FRCP) cannot be completed. Completion of the ePDP is not the only factor that will ensure a successful FRCP process but it is a necessary part of the process.

Case Presentation—The case presentations need to be handed in by 23rd June.

The presentation each FD needs to give on 7th July needs to be in Power-Point format—and last approximately 5 minutes. Following each presentation there will be about 5 minutes of questioning and feedback from the ES Group to allow discussion of any points that may arise from the content of the presentations, and help to clarify each FD's treatment philosophy. Completion of a satisfactory Case Presentation also contributes to the FRCP process.

Missed Sessions—all missed sessions will need to be made up with a course agreed by Jason Stokes. Proof of attendance needs to be lodged with Alison Foreman. Failure to comply with this requirement will interfere with the FRCP process.



Friday 7th July

Ipswich PGME

## Morning & Afternoon Sessions

CPD = 6 Hrs

### Case Presentations

#### Ipswich FDs & ESs

During this session the FDs will present their case presentations that they have been working on over the year.

The presentation needs to be in PowerPoint format—and last approximately 5 minutes. Following each presentation there will be about 5 minutes of questioning and feedback from the group.

The aim of this session is to help highlight any weaknesses or discrepancies in each of the presentations, and help to clarify each FDs treatment philosophy.

In previous years your TPD and the ESs have been generous enough to contribute to a small cash prize for the best presentation!

#### Learning Objectives

- This session will enable the FDs to gain experience in group presentation.
- This session will help the FDs structure their examination, diagnostic and treatment planning skills
- This session will offer the FDs an opportunity to seek wide ranging peer review—and alter their clinical practice in light of the feedback they will receive.

#### Learning Outcomes

*Following this session the participants will be able to:*

- *Formulate a Case Presentation that meets the expectation of their professional peer group.*
- *Describe complex clinical concepts to their peer group.*
- *Constructively critique the cases presented by their peer group.*

**END OF YEAR TRAINERS  
MEETING TO START AT 12.45 pm**

#### Reminder

You will need to produce your completed Powerpoint Presentation on 23rd June

**DFT Competency Framework elements covered: Communication 14, Professionalism 17**

# PML Evidence

## Sessional Content for e-Portfolio



	Community Project	Dental Trauma	Oral Medicine	Complex Medical Histories	BDA Conference	Advanced Composites	NHS Regulations	Implants	The Missing Session	Statistics	Case Presentation
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### Professionalism

Appraisal											✓
Clinical audit and peer review					✓		✓				✓
Confidentiality										✓	✓
Ethical behaviour							✓			✓	
Critical evaluation		✓	✓	✓	✓	✓	✓	✓			✓
Decision making	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
GDC Scope of Practice											
Whistleblowing	✓						✓		✓	✓	
Management of difficult patients	✓	✓							✓	✓	✓
Patient safety	✓	✓							✓	✓	✓
Self-awareness	✓	✓			✓		✓		✓	✓	✓

### Professionalism and Management

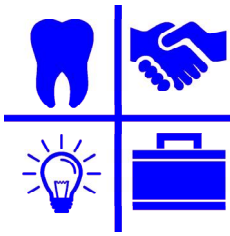
Basic Life Support training											
Consent		✓	✓	✓							✓
Equality & Diversity											
GDC Standards							✓				
NHS complaints procedure											
Referring patients	✓	✓	✓	✓			✓		✓	✓	✓

### Management

COSHH regulations											
Dental equipment selection, care and maintenance					✓						
Data Protection											
Employment contracts/associate agreements for dentists											
Employment Law basics											
Finance							✓				
Health & Safety requirements in dentistry											
Infection control procedures											
NHS prescribing											✓
NHS Rules & Regulations in Dentistry							✓				✓
Prescribing, directing, taking, processing and interpreting radiographs		✓				✓		✓			✓
Range and scope of NHS dental care							✓				✓
Record keeping		✓					✓				✓
Use of emergency drugs											
Information Governance											
Safeguarding Children and Adults		✓									

### Leadership

Facilitating learning in others	✓						✓		✓	✓	✓
Quality management and improvement	✓				✓	✓	✓	✓	✓	✓	✓
Role model	✓						✓		✓	✓	✓
Teamwork	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓



# Speakers

Summer Term 2016 - 2017

## British Dental Association

64 Wimpole Street,  
London.  
W1M 8AL  
☎ 020 7935 0875

## Roddy McMillan

Eastman Dental Hospital  
256 Gray's Inn Road  
London  
WC1X 8LD  
☎ 0203 456 1158

## Anup Ladva

Braintree Dental Studio  
Unit 4 The Square  
Great Notley  
Essex, CM77 7WW  
☎ 01376 569090

## Colin Clamp

Manningtree Dental Practice  
17a High Street Manningtree  
Essex  
CO11 1AG  
☎ 0844 387 9999

## Simon Bunting

Corton Road Dental Surgery  
1 Corton Road  
Lowestoft  
NR32 4PH  
☎ 01502 567519

## Shashi Mishra

Beechcroft  
Gipsy Lane  
Knebworth  
Hertfordshire



# Calendar 2016 -2017



## Summer Term

**Friday 5th May**

### **First Day of Summer Term**

Community Project Presentations

Dental Trauma

**Friday 12th May**

Clinical Day in Practice

**Friday 19th May**

Oral Medicine

Coping with Complex Medical Histories

**Thursday 25th to Saturday 27th May**

British Dental Association Conference,  
Manchester

**Friday 2nd June**

Clinical Day in Practice

**Friday 9th June**

Advanced Composite Techniques

**Friday 16th June**

NHS Regulations Revision

Dental Implants

**Friday 23rd June**

The Missing Session

Statistics

**Friday 30th June**

Clinical Day in Practice

**Friday 7th July**

### **Last Day of Summer Term**

Case Presentations

ESs present all day from 9.30am

**(ES Meeting at 12.45pm)**