MICHAEL C. MEYERS, PhD, FACSM

Professor and Director
Human Performance Laboratory
Department of Sport Science and Physical Education
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EDUCATION

1990	Ph.D.	Kinesiology (Sport Physiol/Sports Med)	Texas A&M University, College Station, TX
1986	M.S.	Animal Science (Nutrition & Physiology)	Texas A&M University, College Station, TX
1980	B.S.	Animal Science (Animal Production)	Oklahoma State University, Stillwater, OK

PROFESSIONAL EXPERIENCE

ESSIONAL EXPERIENCE		
2017-present	Professor, Exercise Physiology , Department of Sport Science and Physical Education, Idaho State University, Pocatello, ID.	
2013-present	Director , Human Performance Laboratory, Department of Sport Science and Physical Education, Idaho State University, Pocatello, ID.	
2009-present	Adjunct Research Faculty , Department of Animal and Ranges Sciences, College of Agriculture, Montana State University, Bozeman, MT.	
1997-present	President & Chief Executive Officer, Meyers Group Inc., Bozeman, MT.	
1991-present	Adjunct Associate Professor and Visiting Graduate Faculty , Department of Psychology, College of Liberal Arts, Texas A&M University, College Station, TX.	
2013-2017	Associate Professor, Exercise Physiology, Department of Sport Science and Physical Education, Idaho State University, Pocatello, ID.	
2012-2013	Assistant Dean , School of Business, Education, and Exercise and Health Sciences, College of Western Idaho, Nampa/ Boise, ID.	
2009-2012	Senior Research Scientist , College of Education, Health and Human Development, Montana State University, Bozeman, MT.	
2005-2009	Professor, Sport Physiology , Department of Sports and Exercise Sciences, College of Nursing and Health Sciences, West Texas A&M University, Canyon, TX.	
2003-2005	Vice President, Panhandle Sports Medicine Foundation, Amarillo, TX.	
2002-2007	Department Head , Department of Sports and Exercise Sciences, Colleges of Education/ Nursing and Health Sciences, West Texas A&M University, Canyon, TX.	
2000-2009	Director , Human Performance Research Laboratory, Department of Sports and Exercise Sciences, College of Nursing & Health Sciences, West Texas A&M University, Canyon, TX.	
2000-2005	Associate Professor, Sport Physiology , Department of Sports and Exercise Sciences, College of Education and Social Sciences, West Texas A&M University, Canyon, TX.	
	Director , Partners in Education Wellness Program, Department of Sports and Exercise Sciences, West Texas A&M University, and Owens Corning Corp., Canyon/Amarillo, TX.	
1996-2000	Associate Professor, Exercise Physiology , Department of Health and Human Performance, College of Education, University of Houston, Houston, TX.	
1994-1996	Assistant Professor, Exercise Physiology, Human Performance and Ergonomics Laboratory,	

	Department of Health and Human Development, College of Education, Montana State University, Bozeman, MT.
1993-1994	Assistant Professor, Exercise Physiology , Department of Health and Human Performance, College of Education, Indiana State University, Terre Haute, IN.
	Adjunct Assistant Professor , Department of Physiology, Indiana University School of Medicine, Terre Haute Center for Medical Education, Bloomington, IN.
1992-1993	Assistant Professor, Exercise Physiology , Center for Exercise Research, Department of Kinesiology, College of Education, Kansas State University, Manhattan, KS.
1989-1992	Director of Research/Sport Physiologist , Texas Center for Sports Medicine & Orthopaedic Surgery/Texas Sports Science Institute, Houston/Sugar Land, TX.
1988-1989	Assistant Professor, Exercise Physiology , Human Energy Research Laboratory, School of Health & Physical Education, College of Education, University of Wyoming, Laramie, WY.
1986-1988	Fitlife Wellness Coordinator/Research Assistant , Department of Health & Kinesiology, Netum Steed Applied Exercise Science Laboratory, College of Education and Human Development, Texas A&M University, College Station, TX.
1984-1986	Graduate Teaching Assistant , Department of Animal Science, Equine Sciences, College of Agriculture and Life Sciences, Texas A&M University, College Station, TX.
1983-1986	County Extension Director , McIntosh County, Oklahoma Cooperative Extension Service, Oklahoma State University, Eufaula/Stillwater, OK.
1980-1983	County Extension 4H Agent , LeFlore County, Oklahoma Cooperative Extension Service, Oklahoma State University, Poteau/Stillwater, OK.

RESEARCH INTERESTS & SUMMARY

Multidimensional Predictors of Human and Animal Performance

Physiological, Psychological, and Nutritional Indices of Competitive Athletes

Etiology, Treatment, and Rehabilitation of Orthopaedic Injuries

Injuries and Health Impact Across Various Artificial and Natural Grass Playing Surfaces

- Journal Publications (47% First Author)
- 15 Manuscripts in Review/ Revision /Final Preparation
- 2 Short Papers
- 202 Outreach/Media Activities
- 239 Abstracts/Proceedings
- Trade Publications / Blogs
- 6 Books, Manuals, & Monographs
- 28 Grants and Contracts (\$3,038,016)
- 508 Presentations (48 International, 163 National, 161 Regional, 53 State)
- 2,651 Times cited: ISI Web of Science Journal Citation Report / Google Scholar

PROFESSIONAL AFFILIATIONS

American Orthopaedic Society for Sports Medicine (AOSSM)

American College of Sports Medicine (ACSM)

Texas Regional Chapter of the American College of Sports Medicine (TACSM)

American Society for Testing and Materials International (ASTM)

National Athletic Trainers' Association (NATA)

Northwest Athletic Trainers' Association (NWNATA)

The Expert Institute

Gerson Lehrman Group Council of Healthcare Advisors (GLGC)

Phi Kappa Phi National Honor Society
Texas A&M University Former Students Association
Oklahoma State University Alumni Association, Life Member
Oklahoma State University Animal Science Alumni Association, Life Member
Trout Unlimited, Life Member (TU)
Fly Fishers International, Life Member (FFI)

ACADEMIC HONORS AND AWARDS

Nominee, Career Path Intern Supervisor of the Semester, Idaho State University, Pocatello, ID, Fall, 2019

ACSM Service Award - 30 Years, American College of Sports Medicine, Indianapolis, IN, 2017

Sports Trauma and Overuse Prevention (STOP) Sports Injuries Award, American Orthopaedic Society for Sports Medicine, Rosemont, IL, 2016

Most Influential Professor, Major Honors Thesis Advisor-Andrew Polenske, University Honors Program, Idaho State University, Pocatello, ID, 2016

Nominee, Excellence in Education Award, Latter Day Saint Student Association, Idaho State University, Pocatello, ID, 2015

ACSM Service Award - 25 Years, American College of Sports Medicine, Indianapolis, IN, 2012

Student Senate Commendation for Continued Academic Achievement, West Texas A&M University, Canyon, TX, April 3, 2009

Co-Finalist, University Faculty Magister Optimus Award, West Texas A&M University, Canyon, TX, 2008

Outstanding Professor of the College of Nursing and Health Sciences, The Scribes Chapter of the Mortar Board National Honor Society, West Texas A&M University, Canyon, TX, 2008

Dean's Award for Research Excellence, College of Nursing and Health Sciences, West Texas A&M University, Canyon, TX, 2007

Student Senate Commendation for Continued Academic Achievement, West Texas A&M University, Canyon, TX, September 17, 2007

Mentor Award, Rocky Mountain Chapter of the American College of Sports Medicine, 2005

Distinguished Graduate Faculty Award, West Texas A&M University, Canyon, TX, 2004

Outstanding Professor Award, College of Education and Social Sciences, West Texas A&M University, Canyon, TX, 2004

Mentor Award, Rocky Mountain Chapter of the American College of Sports Medicine, 2004

Faculty Member, Academy for Educator Development, The Texas A&M University System Regents' Initiative for Excellence in Education, 2003-2004

Honors Faculty, West Texas A&M University, Canyon, TX, 2002-2008

Student-Athlete Advisory Board Faculty Recognition, Department of Intercollegiate Athletics, West Texas A&M University, Canyon, TX, 2003

Outstanding Professor Award, College of Education and Social Sciences, West Texas A&M University, Canyon, TX, 2002

Student-Athlete Advisory Board Faculty Recognition, Department of Intercollegiate Athletics, West Texas A&M University, Canyon, TX, 2002

Honorary Defensive Football Coach, West Texas A&M vs Angelo State, Department of Intercollegiate Athletics, West Texas A&M University, Canyon, TX, 2002

Student-Athlete Advisory Board Faculty Recognition, Department of Intercollegiate Athletics, West Texas A&M University, Canyon, TX, 2001

Senior Research Excellence Award, College of Education, University of Houston, Houston, TX, 1998

Nominee, Charles & Nora L. Wiley Award for Meritorious Research, College of Education, Health and Human Development, Montana State University, Bozeman, MT, 1996

PROFESSIONAL HONORS, AWARDS, & ACTIVITIES

Member, The Expert Institute, New York, NY, 2017-present

Member, Gerson Lehrman Group Council of Healthcare Advisors, New York, NY, 2004-present Albert Nelson Marquis Lifetime Achievement Award, Marquis Who's Who, Berkeley Heights, NJ, 2017 Member, United States Olympic Committee Sport Psychology Registry, Colorado Springs, CO, 1996-2017 Key Contact, American College of Sports Medicine Advocacy Network, Indianapolis, IN, 2010-2013 Member, Media Referral Network, American College of Sports Medicine, Indianapolis, IN, 2007-2009 Member, Primary Insight, Expert Contributor Network, Bear, Stearns, and Co., New York, NY, 2005-2009

Member, Nitron Advisors, LLC, New York, NY, 2004-2009

Past-President, Texas Regional Chapter, American College of Sports Medicine, 2007-2008

President, Texas Regional Chapter, American College of Sports Medicine, 2006-2007

President-Elect, Texas Chapter American College of Sports Medicine, 2005-2006

Board Member, Texas Regional Chapter, American College of Sports Medicine, 2002-2008

Marquis Who's Who Among America's Teachers, 8-11th Editions, Austin, TX, 2004, 2005, & 2007

Member, Media Referral Network, American College of Sports Medicine, Indianapolis, IN, 2001-2004

Listed, Speaker's Bureau Directory, Strategic Health Initiative for Women, Sport and Physical Activity, American College of Sports Medicine, Indianapolis, IN, p. 49, 1997-2004

Listed, Player Development Program Directory, National Football League, New York, NY, 1999-2002

Marquis Who's Who in American Education, New Providence, NJ, 1996

American Men and Women of Science, Oldsmar, FL, 1995

Fellow, American College of Sports Medicine, 1994

Certified Consultant (#78), Association for the Advancement of Applied Sport Psychology, 1993

Listed, The World Sport Psychology Source Book. Champaign, IL: Human Kinetics, p. 158, 1992

Marquis Who's Who in the South and Southwest, New Providence, NJ, 1988

Outstanding Young Men of America Award, OYMAA, 1985

National Association of County Agricultural Agents, Chicago Mercantile Exchange Award, 1984

National Association of County Agricultural Agents Scholarship, 1984

Oklahoma Association of County Extension Agents Scholarship, 1984

Oklahoma Association of County Extension Agents, Search for Excellence Award, 4H & Youth, 1983

Oklahoma Association of Extension 4H Agents, Outstanding 4H Agent Award, 1983

Oklahoma Association of County Extension Agents, Public Information Award-Radio Program, 1983

Oklahoma Association of County Extension Agents, Public Information Award-Newsletter, 1983

Oklahoma Association of County Extension Agents Scholarship, 1983

Oklahoma Association of County Extension Agents, Outstanding Young Agent Award, 1982

Oklahoma Association of County Extension Agents, Public Information Award-Feature Story, 1982

Swine Judging Award, State Swine Field Day, Oklahoma State University, Stillwater, OK, 1980

COLLEGIATE HONORS, AWARDS, & ACTIVITIES

Athlete, University of Wyoming Lacrosse, 1988-1989

Athlete, Texas Tennis Association/United States Tennis Association-Region VII, 1986-1988

Athlete, Central States Regional Rodeo Association, 1982-1985

Phi Kappa Phi Honor Society, Oklahoma State University, 1980

Member, Meat Animal Evaluation Judging Team, Oklahoma State University, 1979-1980

Athlete, Oklahoma State University Basketball, 1978-1979

EDITORIAL APPOINTMENTS

Reviewer, American Journal of Sports Medicine, 2003-present

Reviewer, American Journal of Clinical Nutrition, 2003-present

Reviewer, Medicine and Science in Sports and Exercise, 1992-present

Reviewer, Sports Medicine, 2005-2017

Reviewer, Journal of Science and Medicine, 2015-2016

Reviewer, Canadian Medical Association Journal, 2012-2013

Editorial Board, International Journal of Sports Science and Coaching, 2005-2008

Reviewer, Medicine and Science in Sports and Exercise, 1992-2013

Reviewer, Journal of Epidemiology, 2007-2008

Reviewer, *Health Education and Discovering Science while Unlocking Potential (HEADS-UP)* Physical Activity Modules, Michael and Susan Dell Center for Advancement of Healthy Living, University of Texas School of Public Health, Houston, TX, 2008

Reviewer, International Sports Medicine Journal, 2007

Textbook Reviewer, Sports Nutrition, Thomson Publishing, Belmont, CA, 2005

Associate Editor, Journal of Sport Behavior, 1995-2003

Editorial Board, Journal of Applied Research in Coaching and Athletics, 1990-2003

Reviewer, Teacher Education & Practice: Journal Texas Association of Colleges for Teacher Ed., 2000-2001

Reviewer, Journal of Sport and Exercise Psychology, 1992-1999

Reviewer, Journal of Sports Medicine, Training, and Rehabilitation, 1995-1999

Reviewer, Journal of Aquatic Physical Therapy, 1996-1999

Textbook Reviewer, Anatomy & Physiology, Wm. C. Brown Publishers, Dubuque, IA, 1993-1994

Textbook Reviewer, Exercise Physiology, Mayfield Publishing, Mountain View, CA, 1993-1994

Textbook Reviewer, Exercise Physiology, Gorsuch Scarisbrick Publishers, Scottsdale, AZ, 1993

Featured Columnist, Horse and Rider Magazine, Cowles Media Publishing, 1991-1993

Featured Columnist, United States Pony Club News, U.S. Pony Clubs, Inc., 1991-1993

Featured Columnist, National Intercollegiate Rodeo Association News, Moss Publishing, 1990-1993

Featured Columnist, Wyoming Wrangler, Moss Publishing, 1990-1993

FACULTY COMMITTEES, BOARDS, PANELS, & STUDY SECTIONS

Idaho State University, Pocatello, ID

Graduate Faculty, 2013-present

Director, Human Performance Research Laboratory, 2013-present

Chairperson, Promotion and Tenure Committee, College of Education, 2019-2020

University Research Council / Office of Research Panel, 2018-present

Planning Committee, College of Education, 2017-present

Thesis Committee Member, Sheherezade L. Krzyzaniak, MS, Department of Psychology, 2018

Chairperson, Biomechanics Search Committee, Department of Sport Science & Physical Ed, 2018-2019

Institutional Review Board Human Subjects Committee, 2014-2018

Faculty Senate Athletic Advisory Board (AAB) Faculty Representative, 2016-2017

Montana State University, Bozeman, MT

Adjunct Research Faculty, Department of Animal & Range Sciences, 2012-present

Thesis Committee Member, Andrew F. Williams, MS, Department of Animal & Range Sciences, 2015

Thesis Committee Member, Kaitlyn S. Kohlbeck, MS, Department of Animal & Range Sciences, 2013

Thesis Committee Member, Katharine A. Perz, MS, Department of Animal and Range Sciences, 2013

Advanced Online Course Development, College of Education, Health & Human Development, 2009-2013

Grant Review Committee, MT Agricultural Experiment Station, Depart. of Animal & Range Sciences, 2012 Coordinator, Program Completion, Montana Nutrition and Physical Activity Program (MTNAPA), 2011

Equine Advisory Committee, Department of Animal and Range Sciences, 2010-2012

Research Committee, Department of Health & Human Development, 2009-2012

Texas A&M University, College Station, TX

Visiting Graduate Faculty, 1997-present

Adjunct Associate Professor, Department of Psychology, 1991-present

The American Orthopaedic Society for Sports Medicine, Rosemont, IL

Member, Sports Trauma and Overuse Prevention (STOP) Sports Injuries Committee, 2018-present

Faculty, AOSSM Annual Meeting, Boston, MA, 2019

Faculty, AOSSM Annual Meeting, Colorado Springs, CO, 2016

Faculty, AOSSM Annual Meeting, Seattle, WA, 2014

Faculty, AOSSM Annual Meeting, Baltimore, MD, 2012

American College of Sports Medicine, Indianapolis, IN

Member, Faculty Network, 2015-2019

Key Contact, ACSM Advocacy Network, Indianapolis, IN, 2010-2013

Strategic Health Initiative for Women, Sport and Physical Activity, 2002-2005

Health and Science Policy Committee, 1998-2001

Strategic Health Initiative on Pediatric Exercise, 1997-1999

Discussant, General Medicine, ACSM Annual Meeting, Denver, CO, 1997

Chairperson, Exercise-Special Cases, ACSM Annual Meeting, Denver, CO, 1997

Professional Education Committee Quality Control Subcommittee, 1995-1997

Professional Education Committee, 1994-1997

Pediatric Exercise Ad Hoc Committee, 1994-1995

Chairperson, Epidemiology of Athletic Injuries Session, ACSM Annual Meeting, Dallas, TX, 1992

Chairperson, Knee Injuries Session, ACSM Annual Meeting, Dallas, TX, 1992

Chairperson, Athletic Care Session I, ACSM Annual Meeting, Orlando, FL, 1991

Chairperson, Athletic Trauma Session III, ACSM Annual Meeting, Orlando, FL, 1991 Chairperson, Elite Athlete Session II, ACSM Annual Meeting, Salt Lake City, UT, 1990

American Society for Testing and Materials International (ASTM), West Conshohocken, PA

Voting Member, F08 - Sports Equipment, Playing Surfaces, and Facilities, 2010-present

F08.65 Artificial Turf Surfaces and Systems Committee, 2010-present

F08.65.13 Task Group on Surfaces Impact Attenuation Injury, 2013-present

F08.65.16 Environmental Factors of Synthetic Turf Infills Subcommittee, 2019-present

F08.65.28 Equestrian Surfaces Subcommittee, 2010-present

F08.65.51 Medical Aspects and Biomechanics Subcommittee, 2010-present

F08.65.64 Natural Playing Surfaces Subcommittee, 2010-present

F08.80 Common Terminology, Methods & Laboratory Practices Committee, 2010-present

Voting Member, F04 Medical and Surgical Materials and Devices Committee, 2010-present F04.02 Division II Orthopaedic Devices Committee, 2010-2018

Fly Fishers International (FFI), Livingston, MT

Lifetime Member, 2013-present

Lifetime Member, Fly Tying Group, 2016-present

Demonstration Fly Tier, Fly Fishers International Expo, Bozeman, MT 2019

Demonstration Fly Tier, Fly Fishers International Fair, Livingston, MT, 2017

Instructor, Fly Tying Workshop, International Fly Fishing Fair, Livingston, MT, 2016

Instructor, Fly Tying Workshop, International Fly Fishing Fair, Livingston, MT, 2014

Southwestern Psychological Association, Salina, KS

Executive Council, 2014-2016

Chairperson, Sport Psychology Symposium: Traditional vs Nontraditional Sports. New Orleans, LA, 1991

College of Western Idaho, Nampa, ID

College Strategic Planning Committee, 2012-2013

College Curriculum Committee, 2012-2013

College Council, 2012-2013

General Education Leadership Team, 2012-2013

Idaho Association of Colleges for Teacher Education (IACTE), 2012-2013

Idaho Science, Technology, Engineering & Math (iSTEM) Program Governance Committee, 2012-2013

Coordinator, Treasure Valley iSTEM Summer Teachers Institute, 2012-2013

IDO Teach Program, 2012-2013

Mathematics and Science Partnership (MSP) Grant Committee, 2012-2013

Commencement Committee, 2012-2013

West Texas A&M University, Canyon, TX

Director, Human Performance Research Laboratory, 2000-2009

Graduate Faculty, 2000-2009

Faculty Senate, 2007-2009

University Promotion and Tenure Committee, 2007-2009

University Faculty Grievance Committee, 2007-2009

Faculty Senate Faculty Development and Student Learning Committee, 2008-2009

Athletic Training Education Program Faculty, Department of Sports and Exercise Sciences, 2006-2009

University Fact Book Committee, 2007-2009

Exercise Science Search Committee, Department of Sports and Exercise Sciences, 2007-2009

Honors Faculty, 2002-2008

Faculty Mentor, Ronald McNair Minority Scholar Program, 2008

Vice Chairman, Council of Department and Division Heads, 2005-2006

University Council, 2004-2007

University Core Curriculum Committee, 2004-2006

Appeals Committee, Division of Education, 2003-2006

Council of Department and Division Heads, 2002-2007

Athletic Training Education Program (ATEP) Self-Study Committee, 2002-2006

Honors Banquet Committee, College of Education and Social Sciences, 2002-2006

Director, Partners in Education Wellness Program-Owens Corning, 2002-2005

Department of Animal Science Search Committee, 2005

ExCET/TExES Improvement Committee, College of Education and Social Sciences, 2002-2004

Faculty Mentor, Ronald McNair Minority Scholar Program, 2002-2004

Graduate Council, 2001-2003

Chairperson, Graduate Council Admissions Subcommittee, 2002-2003

Graduate Coordinator, Department of Sports and Exercise Sciences, 2001-2002

Graduate Council Graduate Faculty Application Subcommittee, 2001-2002

Faculty Mentor, Ronald McNair Minority Scholar Program, 2001-2002

Selected Member, Faculty Learning Community Program, 2001-2002

Faculty Advisor, Sports and Exercise Sciences Club, 2001-2003

Virgil Henson Activities Center University Standing Committee, 2001-2003

Library Committee Representative, Department of Sports and Exercise Sciences, 2000-2003

Texas Tech University Health Science Center, Amarillo, TX

Executive Committee, Laura W. Bush Institute for Women's Health, 2004-2008

Texas Regional Chapter of American College of Sports Medicine, Fort Worth, TX

Past-President, 2007-2008

President, 2006-2007

President-Elect, 2005-2006

Program Committee, 2005-2008

Facilities Committee, 2005-2007

Board of Directors, 2002-2008

Membership Committee, 2004-2005

Marketing Committee, 2004-2005

Judge, Student Research Presentations, 2003

Student Research Presentations Judging Subcommittee, 2002

McGraw-Hill Publishing Company, New York, NY

Invited Discussant, Fitness and Wellness Symposium, Skamania Lodge, Stevenson, WA, 2006

Texas Association for Health, Physical Education, Recreation and Dance, Dallas, TX

Membership Committee, 2001-2004

Texas Department of State Health Services, Canyon, TX

Panhandle Youth Health Initiative, 2004-2005

University of Houston, Houston, TX

Graduate Faculty, 1996-2000

Chair, Graduate Human Performance Committee, Depart. of Health & Human Performance, 1998-1999 Department Reorganization Ad Hoc Committee, Depart. of Health & Human Performance, 1998-1999 Faculty Executive Committee, College of Education, 1997-1999

Graduate Human Performance Committee, Department of Health & Human Performance, 1996-1999

Research and Evaluation Committee, College of Education, 1996-1998

Task Force for Research Development, College of Education, 1996-1998

Curriculum Area Coordinator, Exercise Science, Depart. of Health & Human Performance, 1996-1997

Faculty Developmental Committee, Department of Health & Human Performance, 1996-1997

Computer Ad Hoc Committee, Department of Health & Human Performance, 1996-1997

Montana Heart Association, Bozeman Affiliate, MT

Board of Directors, 1995-1996

Vice President, 1995-1996

Montana Special Olympics, Big Sky Area, Bozeman, MT

Certified Track and Field Coach, 1996

Montana State University, Bozeman, MT

Graduate Faculty, 1994-1996

Coordinator, Exercise Physiology Program, Department of Health & Human Development, 1994-1996 College Faculty Council, College of Education, Health & Human Development, 1994-1996

Instructional Computer/Equipment Committee, Depart. of Health & Human Development, 1994-1996

Human Performance and Ergonomics Laboratory Advisory Council, Department of Health and Human Development, 1994-1996

Research Faculty, Minority Apprenticeship Program, American Indian Research Opportunities Program (AIRO), 1995-1996

Science of Fitness Coordinator, Montana State Science Olympiad, 1995-1996

New Student Phonathon, College of Education, Health & Human Development, 1996

Indiana State University, Terre Haute, IN

Graduate Faculty, 1993-1994

Distance Education Committee, School of Health, Physical Education, & Recreation, 1993-1994 Health and Safety Committee, School of Health, Physical Education, & Recreation, 1993-1994 Student Affairs Committee, Department of Physical Education, 1993-1994 Sports Studies Search Committee, Department of Physical Education, 1993-1994 Teacher Education Committee, Department of Physical Education, 1993-1994

Kansas State University, Manhattan, KS

Graduate Faculty, 1992-1993

Exercise Physiology Program Coordinator, Department of Kinesiology, 1992-1993
Exercise Physiology Laboratory Coordinator, Department of Kinesiology, 1992-1993
Institutional Review Board for Human Subjects, Department of Kinesiology, 1992-1993
Open House Committee, Department of Kinesiology, 1992-1993
Telefund Committee, Department of Kinesiology, 1992-1993
Supervisor of Lifetime Sports-Weight Training, Department of Kinesiology, 1992-1993

Texas Sports Science Institute, Sugar Land, TX Board of Directors, 1989-1992

Texas Special Olympics, Area IV, Houston, TX Sports Official, 1991-1992

Southwest Basketball Officials Association, College Station, TX Sports Official, 1987-1988

Oklahoma Association of County Extension Agents, Oklahoma State University, Stillwater, OK Chairman, Professional Improvement Committee, 1983-1984

Oklahoma State University, Department of Animal Science, Stillwater, OK State 4H Horse Council, 1982-1984

Eastern Oklahoma State College, Wilburton, OK Advisory Board, 1981-1984

TEACHING EXPERIENCE

Idaho State University

Undergraduate Courses

Physiology of Exercise (PE 3301) Physiology of Exercise Laboratory (PE 3301L) Athletic Performance Nutrition (PE 4414) Exercise Assessment and Prescription (PE 4484) Coaching Problems (PE 4480) Independent Problems in Physical Education (PE 4485) Practicum in Physical Education (PE 4490)

Graduate Courses

Leadership and Administration (PE 6605) Coaching Problems (PE 5580) Independent Problems in Physical Education (PE 5585) Problems - Physical Education and Athletics (PE 6648)

Thesis (PE 6650)

Master's Project in Physical Education and Athletics (PE 6651)

Internship (PE 6655)

Prior Universities

Undergraduate Courses

Physiology of Exercise Outdoor Living
Sport Nutrition Sport Biomechanics

Sport Psychology Organization and Administration

Sport and Exercise Testing Sport Conditioning

Research Methods Special Topics in Sports Medicine
Personal Fitness Concepts Methods of Conditioning & Training

ACSM Exerc Testing & Prescription Stress Management

Structural & Mechanical Kinesiology Majors Tennis and Badminton

Sport Biomechanics Fitness Leadership

Organization & Administration Introduction to Animal Science Sport Conditioning Beginning Horsemanship

Human Anatomy and Physiology Horse Management

Human Structure & Physical Perform Introduction to Equine Exercise Physiology

Personal Fitness Concepts

Leadership and Administration

Graduate Courses

Advanced Exercise Physiology Cardiopulmonary & Environ Physiology

Cardiology Laboratory Instrumentation / Techniques

Trends and Issues in Sport & Exerc Sci
Research Techniques

Graduate Exercise Physiology
Cardiology and Exercise ECG

Sport Psychology Advanced Topics in Exercise Physiology Graduate Exercise Physiology Sci Principles of Athletic Performance

Muscle and Growth Biology (MSU) Sport Biomechanics

Medical School Courses

Neuromuscular Physiology (Indiana State / Indiana University School of Medicine) Cardiac Electrophysiology (Indiana State / Indiana University School of Medicine) Respiratory Physiology (Indiana State / Indiana University School of Medicine)

Distance Learning Courses

Sport Physiology (Graduate HHD 550 - Montana State University)

Sport Nutrition (Graduate HHD 551 - Montana State University)

Sport Psychology (Graduate HHD 552 - Montana State University)

Exercise Science for Teachers (National Teacher Education Network (NTEN) / Montana State University)

CONSULTANT/LIAISON SCIENTIST

FieldTurf USA, Inc., Montreal, Quebec, Canada, 2006-present

The Expert Institute, New York, NY, 2017-present

Gerson Lehrman Group Council of Healthcare Advisors, New York, NY, 2004-present

Coleman Consulting Group, LLC, New York, NY 2010-present

Guidepost Global Healthcare Network, 2009-present

Nitron Advisors, LLC, New York, NY, 2005-2019

United States Olympic Committee, Colorado Springs, CO, 1996-2017

West Texas A&M University, Department of Intercollegiate Athletics, Canyon, TX, 2000-2009

Men's Football, Baseball, and Soccer/Women's Basketball, Equestrian, Volleyball, Soccer

Panhandle Sports Medicine Foundation, Amarillo, TX 2003-2005

Panhandle Sports Medicine Associates, LLP, Amarillo, TX, 2001-2005

Owens Corning Health Junction Corporate Fitness Center, Amarillo, TX, 2002-2005

University of Texas School of Public Health, Women on the Move Program, Houston, TX, 1996-2000

University of Houston, Department of Athletics, Houston, TX, 1996-2000 Men's Football, Baseball, Golf/Women's Basketball, Volleyball, Tennis, Swimming/Diving, X-Country

Michigan State University Sports Medicine, East Lansing, MI, 1997-1998

United States National Gymnastics Team, Cypress, TX, 1997-1998

United States Olympic Developmental Soccer Program, Bozeman, MT, 1994-1996

Uruguay Olympic Committee. Academic Specialist Program, Bureau of Educational and Cultural Affairs, United States Information Agency, Washington, DC/Montevideo, Uruguay, 1994

American Medical Equestrian Association, Waynesville, NC, 1992

United States Equestrian Team, Inc., Gladstone, NJ, 1991-1993

Women's Professional Tennis Association, Houston, TX, 1989-1992

ADMINISTRATIVE APPOINTMENTS

2013-Present Director (Human Performance Laboratory, Idaho State University, Pocatello, ID)

Responsible for creation, development, and direction of state-of-the-art interdisciplinary facility involving sport science, biomechanics and orthopedics; providing overall leadership of sport science and medical researchers, staff and fellows involving 43 clinical and applied studies. Other responsibilities included product development involving medical devices; obtaining external funding support; maintaining media relations; securing corporate support, and providing corporate educational programming on sport science and medical issues.

2012-2013 Assistant Dean, Business, Education, Exercise and Health Sciences (College of Western Idaho)

Responsible for coordinating, assessing and development of academic programs involving 75 full time/adjunct faculty, and 1,110 majors; scheduling of 380 course sections annually; overseeing all personnel matters involving academic and non-academic employees in regards to recruiting, appointment, evaluation, and merit; preparation and approval of faculty workload plans and long-range professional development plans; insuring compliance with relevant professional associations and state and national regulatory and accrediting agencies; articulating policy and procedures to members of the College; defining budgetary needs and expenditure of resources; coordinating the use of facilities assigned to the College; mediation of student concerns and academic integrity; overseeing iSTEM Institute and IDO Teach program; working with faculty to prepare external funding proposals for special projects; overseeing institutional compliance, assessment processes and learning outcomes documentation for NWCCU accreditation; managing a budget of approximately \$2.1 million.

2002-2007 Department Head, Sports and Exercise Sciences (West Texas A&M University)

Responsible for overseeing personnel matters involving 45 academic/non-academic employees in regards to recruiting, appointment, evaluation, and merit; preparation of faculty workloads and long-range professional development plans; guiding curricular decisions; articulating policy and procedures; defining budgetary needs and expenditure of resources and facilities; mediation of student concerns; overseeing academic integrity, department compliance, assessment, and accreditation (SACS, CAAHEP); managing a budget of approximately \$1.5 million.

2006-2007 President, Texas Chapter-American College of Sports Medicine (TACSM)

Responsible for the promotion and advancement of medical and other scientific knowledge related to health, sport and exercise; facilitation of educational interactions with other organizations, corporations, and individuals; providing training for prospective leaders and students; responsible for working with board of directors to set agenda, delegating responsibilities for board members and various committees; communicate with media and industry regarding TACSM initiatives; and organize and run the annual scientific conference.

2003-2005 Vice President (Panhandle Sports Medicine Foundation, Amarillo, TX)

Responsible for leadership through advocacy in health and medical education and public policy; overall strategic planning, revenue generation, financial management, organizational vision and development, staff management, and program operations; cultivating strong, long term partnerships with community, corporate, and educational entities; directing research and educational program development; managing all research fund development activities, including grant writing, cultivation and stewardship of donors; promoting visibility and welfare through participation and membership in community forums, civic organizations and activities that align with foundation mission and vision.

- 1989-1992 **Director of Research** (Texas Center for Sports Medicine & Orthopaedic Surgery/Texas Sports Science Institute, Houston/Sugar Land, TX)
 - Responsible for creation, development, and direction of state-of-the-art interdisciplinary facility involving sport science, biomechanics and orthopedics; providing overall leadership of sport science and medical researchers, staff and fellows involving 52 clinical and applied studies. Other responsibilities included product development involving medical devices; obtaining external funding support; maintaining media relations; securing corporate support, and providing corporate educational programming on sport science and medical issues.
- 1983-1984 Extension Director (McIntosh County, Oklahoma Cooperative Extension Service, Eufaula, OK)
 Responsible for overall leadership in all agricultural, 4H and youth, home economics, and rural development programs. Other responsibilities include defining budgetary needs and expenditure of resources and facilities; providing on-going training for youth program leaders; communicating with media, county commissioners, and industry regarding agricultural and community educational initiatives; promoting Extension visibility through participation and membership in community forums, civic organizations and activities that align with Extension mission and vision; organizing and overseeing various county fair, livestock and equine judging teams and stock show events; obtaining external corporate funding support.

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Meyers, M.C. Incidence and mechanisms of sport trauma of adolescents playing on artificial infill surfaces. (2012). PA#09-031/R0393-846, National Institutes of Arthritis, Musculoskeletal and Skin Disorders (NIAMS) Small Grant Program for New Investigators (R03)-National Institutes of Health (NIH). (\$216,000).

Maloney, M., **Meyers, M.C.**, Edwards, J., Spadaccini, J. Rodeo science. Enhancing STEM through informal science education opportunities for high school and middle school teachers and youth in rural communities. (2012). National Science Foundation (NSF). (\$2,493,517).

Collins, T., Johnston, W., McCombs, E.L., **Meyers, M.C.** Developing a dynamic stability and ambulatory test for the electric personal mobility assistance device using cardiorespiratory and metabolic response measurements. (2005). Department of Education, Office of Special Education and Rehabilitative Services, National Institute for Disabilities and Rehabilitation Research (NIDRR) Field Initiated Research Program 2005. OMB Control Number 1820-0027, CFDA Number 84.133G-1, Atlanta, GA: United States Department of Education. (\$440,450).

Collins, T., Johnston, W., McCombs, E.L., **Meyers, M.C.** Evaluation of the SEGWAY HT as an alternative technology device for mobility impaired individuals. (2005). Department of Education, Office of Special Education and Rehabilitative Services, National Institute for Disabilities and Rehabilitation Research (NIDRR) Field Initiated Development Program 2005. OMB Control Number 1820-0027, CFDA Number 84.133G-2, Atlanta, GA: United States Department of Education. (\$446,471).

Antognoli-Toland, P.L., **Meyers, M.C.** Community Health and Nursing Career Enhancement Program (CHANCE). (2001). Nursing Innovation Grant Program (NIGP-B) Grant, Texas Higher Education Coordinating Board, Division of Universities and Health-Related Institutions, Austin, TX. (\$225,000).

Meyers, M.C., Skelly, W.A. Long-term effects of chronic exercise on cardiac function. (1995). GC#96-152/1R29HL56642-01, National Heart, Lung & Blood Institute, National Institutes of Health, Bethesda, MD. (\$478,562).

Meyers, M.C., Erickson, H.H. Prediction of exertional fatigue in horses during repetitive high velocity competition. (1993). The American Quarter Horse Association, Amarillo, TX. (\$38,000).

GRADUATE AND UNDERGRADUATE STUDENT THESES, DISSERTATIONS, PROJECTS, AND AWARDS

I have directed or served as a member on numerous graduate student committees and undergraduate research in the areas of sport and exercise science and sports medicine. Some of these students include:

Hannah M. Wright, BS, 2020, Idaho State University. Honors Thesis Research: Cardiac & blood pressure abnormalities among collegiate athletes: A cohort study on ethnicity. Presently a Career Path Intern within the Human Performance Laboratory, Department of Sport Science and Physical Education, Idaho State University, Pocatello, ID. Currently completing degree requirements to apply to a postgraduate Physician's Assistant program.

L. Donovan Robinson, BS, 2019, Idaho State University. Research: Coping skills of smokejumpers and hotshot fire crews. Presently a Career Path Intern within the Human Performance Laboratory, Department of Sport Science and Physical Education, Idaho State University, Pocatello, ID. Currently completing degree requirements to apply to a postgraduate Physician's Assistant program.

Sheherezade L. Krzyzaniak, MS, 2018, Idaho State University. Thesis: Personality judgement accuracy and the role of physical fitness, cognitive functioning, and psychological well-being (Chair: Tera Letzring, PhD), Department of Psychology, Experimental Psychology Program, Idaho State University, Pocatello, ID.

Jennifer McCaw, BS, 2018, Idaho State University. Master's Research: Elective imaging and surgical procedure costs from injuries on artificial and natural grass surfaces. Formerly a Career Path Intern within the Human Performance Laboratory, Department of Sport Science and Physical Education, Idaho State University, Pocatello, ID. Currently pursuing a Master's Degree in Athletic Training, Idaho State University, Pocatello, ID.

Emily Neufeld, BS, 2017, Idaho State University. Research: Nutritional status of rock climbers. Research to be published in the *Journal of Strength and Conditioning Research*. Formerly a Career Path Intern within the Human Performance Laboratory, Department of Sport Science and Physical Education, Idaho State University, Pocatello, ID. Currently pursuing a Doctorate in Occupational Therapy at Idaho State University, Pocatello, ID.

Teresa Gustaveson, BS 2017, Idaho State University. Research: Incidence and etiology of NCAA thoracoabdominal football injuries on artificial turf and natural grass. preparing to pursue a graduate degree in Neuropsychology.

Sarah Friend, BS, 2017, Idaho State University. Research: Incidence and etiology of NCAA women's lower leg soccer injuries on artificial and natural turf. Currently pursuing a Doctorate in Physical Therapy at Idaho State University, Pocatello, ID.

Marissa Chase, BS, 2017, Idaho State University. Research: Incidence and etiology of NCAA hand and wrist football injuries on artificial and natural turf. Completed an undergraduate degree in Exercise Science, and

formerly a Career Path Intern within the Human Performance Laboratory, Department of Sport Science and Physical Education, Idaho State University, Pocatello, ID.

Shianne Blessing, BS, 2017, Idaho State University. Research: Incidence and etiology of NCAA men's lower leg soccer injuries on artificial and natural turf. Formerly a Career Path Intern within the Human Performance Laboratory, Department of Sport Science and Physical Education, Idaho State University, Pocatello, ID. Currently pursuing a Doctorate in Physical Therapy at Pacific University, Portland, OR.

Cody Smart, MPE, 2017, Idaho State University. Research: Coping skills of high school pole vaulters. Research to be published in the *Journal of Applied Sport Psychology*. Completed a MPE in Athletic Administration at Idaho State University, while serving as a Graduate Student in the Human Performance Laboratory, Department of Sport Science and Physical Education, Idaho State University, Pocatello, ID.

Ashley Bullers, BS, 2017, Idaho State University. Research: Coping skills of female ultramarathoners. Research to be published in *Journal of Applied Sport Psychology*. Formerly a Career Path Intern within the Human Performance Laboratory, Department of Sport Science and Physical Education, Idaho State University, Pocatello, ID. Currently pursuing a Doctorate in Physical Therapy at the University of Montana, Missoula, MT.

Kristen M. Shuman, EdD, 2017, Idaho State University. Research: Skateboarding injuries: an update. Research published in *Physician and Sportsmedicine*. Currently an Assistant Professor, Concordia University, Ann Arbor, MI.

Andrew D. Polenske, BS, 2016, Idaho State University. Honors Thesis: Coping skills and dispositional resilience/hardiness of NCAA Div-I track and field athletes. Research to be published in the *Journal of Applied Sport Psychology*. Recipient of the Department of Sport Science and Physical Education Outstanding Exercise Science Undergraduate Student Award, 2016. Currently pursuing a dual MS degree in Athletic Training and a Doctorate in Physical Therapy at Idaho State University, while serving as a Graduate Student in the Human Performance Laboratory, Department of Sport Science and Physical Education, Idaho State University, Pocatello, ID.

Lindsey Schroeder, MPE, 2016, Idaho State University. Research: Seasonal effect on game-related college football injuries on artificial versus natural grass. Research to be published in the *American Journal of Sports Medicine*. Recipient of the Department of Sport Science and Physical Education Outstanding Undergraduate Student, 2015. Formerly a Graduate Student within the Human Performance Laboratory, Department of Sport Science and Physical Education, Idaho State University, Pocatello, ID. Currently pursuing a Doctorate in Physical Therapy at Eastern Washington University, Spokane, WA.

Colin Mahoney, BS, 2016, Idaho State University. Research: Parkour injuries. Research to be published in *Sports Medicine*. Formerly a Career Path Intern within the Human Performance Laboratory, Department of Sport Science and Physical Education, Idaho State University, Pocatello, ID. Currently pursuing a MS degree in Athletic Training, Department of Sport Science and Physical Education, Idaho State University, Pocatello, ID.

Joshua Holland, BS, 2016, Idaho State University. Research: Coping skills of high school pole vaulters. Research to be published in the *Journal of Applied Sport Psychology*. Recipient of the Academic Male Athlete Achievement Award, 2016, Athletic Advisory Board, Idaho State University, Pocatello, ID. Formerly a Career Path Intern within the Human Performance Laboratory, Department of Sport Science and Physical Education, Idaho State University, Currently pursuing a Doctorate in Physical Therapy program at Regis University, Denver, CO.

Andrew Williams, MS, 2015, Montana State University. Thesis: Relationship between current temperament measures and physiological responses to handling of feedlot cattle (Chair: Jane Ann Boles, PhD), Department of Animal and Range Sciences. Research published in *Translational Animal Science*, 2019. Recipient of the

Outstanding Graduate Student Poster Award, Montana Nutrition Conference and Livestock Forum, Bozeman, MT, 2015.

Kathryn Johnson, BS, 2015, Idaho State University. Honors Thesis Research: Incidence and severity of cranial/cervical high school football trauma on artificial versus natural grass. Presently Exercise Physiologist / Cardiac Rehabilitation position at Portneuf Hospital, Pocatello, ID, as well as applying to Physician's Assistant programs.

Chelsea L. Salma, BS, 2014, Idaho State University. Research: Coping skills, hardiness, and competitive orientation of elite and sub-elite equestrians. Research to be published in the *Journal of Sport Behavior*. Presently in Prosthetics Program, University of Washington, Seattle, WA.

Kayla Miller, BS, 2014, Idaho State University. Honors Thesis Research: Incidence, mechanism, and severity of game-related, upper extremity high school football trauma on artificial versus natural grass. Recipient of the Idaho State University Outstanding Student Achievement Award for the College of Education, 2015.

Katharine A. Perz, MS, 2013, Montana State University. Thesis: Effect of growth path to carcass composition and meat quality (Chair: Jane Ann Boles, PhD), Department of Animal and Range Sciences. Recipient of the Laurie Henneman Award for Best Graduate Student Research Presentation, Montana Academy of Sciences Annual Meeting, Butte, MT, 2015. Currently pursuing a Doctorate in animal genetics, Department of Animal and Range Sciences, Montana State University, Bozeman, MT.

Kaitlyn S. Kohlbeck, MS, 2013, Montana State University. Thesis: The effect of temperament on growth rate and tenderness of beef steak from Simmental cross steers (Chair: Jane Ann Boles, PhD), Department of Animal and Range Sciences. Research published in *Meat Science*.

Robert B. Sager, BS, 2012, Montana State University. Research: Incidence, mechanisms, and severity of gamerelated high school football lower extremity trauma on artificial turf versus natural grass. Currently Assistant Athletic Trainer, Pfeiffer University, Misenheimer, NC.

Chuck A. Brorman, MS, 2009, West Texas A&M University. Thesis Proposal: Athletic coping skills of high school athletes. Recipient of the Texas Association of Health, Physical Education, Recreation, and Dance Most Outstanding Graduate Presentation Award, 2001.

Joshua J. Gordon, MS, 2009, West Texas A&M University. Research: Coping styles, hardiness and aerobic performance of competitive male cyclists. Research published in the *Applied Recreational Research and Programming Annual*. Currently a Texas Department of Fish and Wildlife Game Warden, Amarillo, TX.

Kylee B. Aleman, BS, 2008, West Texas A&M University. Ronald McNair Minority Undergraduate Student Scholar. Research: Mountain biking injuries in children and adolescents. Research published in *Sports Medicine*. Completed a degree in Physical Therapy at the University of Nevada-Las Vegas.

B. Gabriel Goodwin, MS, 2006, West Texas A&M University. Research: Pain coping styles of international skydivers. Recipient of the Texas Chapter of the American College of Sports Medicine Student Research Award-Master's Student Category, Third Place, 2006.

Alexis L. Adams, MS, 2006, West Texas A&M University. Thesis: The effect of CaCO₃ and Ca proteinate on bone density and biochemical bone markers in exercised yearling stallions. (Department of Animal Science). Chair: Dr. John Pipkin. Research submitted to the *Journal of Animal Science*.

Andrew (Drew) M. Watson, MS, 2006, West Texas A&M University. Research: Anaerobic response of NCAA Division II football athletes. Earned M.D. from University of Texas Medical Branch, 2010; Presently Assistant Professor and Team Physician, Department of Orthopedics and Rehabilitation, University of Wisconsin School of Medicine and Public Health, Madison, WI.

C. Matthew Laurent Jr., MS, 2005, West Texas A&M University. Thesis: Validity and reliability of the VmaxST metabolic measurement system. Additional Research: Cross-validation of the 20- versus 30-s Wingate anaerobic test; Predicting anaerobic power and capacity in males. Research published in the *European Journal of Applied Physiology*, and *Journal of Sport Sciences*. Recipient of the Rocky Mountain Chapter of the American College of Sports Medicine Undergraduate Research Award, 2004. Recipient of the Texas Chapter of the American College of Sports Medicine Student Research Award-Undergraduate Category, Second Place, 2004. Earned PhD from University of Alabama, Tuscaloosa, AL. Currently Associate Professor, Department of Kinesiology, Tarleton State University, Stephenville, TX.

Zane M. Logan, BS, 2005, West Texas A&M University. Research: Coping styles, hardiness, and anaerobic performance of college males. Recipient of the Rocky Mountain Chapter of the American College of Sports Medicine Undergraduate Research Award, 2005. Recipient of the West Texas A&M Eleventh Annual Student Research Award-Health Sciences, First Place, 2005.

Zackary R. Logan, MS, 2004, West Texas A&M University. Research: Athletic and pain coping styles of professional hockey athletes. Recipient of the Texas Chapter of the American College of Sports Medicine Student Research Award-Undergraduate Category, Third Place, 2004. Presently secondary education teacher, Floydada, TX.

Joshua S. Wooten, MS, 2001, University of Houston. Thesis: Effect of anterior cruciate knee rehabilitation on pain coping styles. Recipient of the Texas Regional Chapter of the American College of Sports Medicine Student Development Award, 2002. Earned PhD under Kyle Biggerstaff from Texas Women's University, Denton, TX. Post-doctoral Fellowship at Baylor College of Medicine, Houston, TX. Currently Assistant Professor, Department of Kinesiology and Health Education, Southern Illinois University-Edwardsville, Edwardsville, IL.

Noel D. Ryan, EdD Candidate, 2000, University of Houston. Research: Determination of actual versus predicted resting metabolic rate in African-American and Latina-American women. Recipient of the Texas Regional Chapter of the American College of Sports Medicine Student Research Presentation Award - Doctoral Student Category, Third Place, 1999. Presently Medical Advisor, Chevron Corporation, San Ramon, CA.

Maria L. Encarnacion, BS, 2000, University of Houston. Research: Pain coping styles of ballet performers. Published in the *Journal of Sport Behavior*.

W. Patrick Taylor, MS, 1999, University of Houston. Research: Pain coping styles of male Olympic Developmental soccer athletes. Recipient of the Texas Regional Chapter of the American College of Sports Medicine Student Research Presentation Award - Master's Student Category, Third Place, 1999.

Jodi Fountain (Higgs), MS, 1997, Montana State University. Research: Skateboarding injuries. Research published in *Sports Medicine*. Presently Territory Manager and Surgical Consultant, Arthrex/RSW Medical, Inc., Bozeman, MT.

Karyn L. Hamilton, MS, 1996, Montana State University. Thesis: The effect of oral creatine supplementation on female upper extremity anaerobic response. Research published in the *International Journal of Sport Nutrition and Exercise Metabolism, Advances in Occupational Ergonomics and Safety,* and *Sports Medicine*. Recipient of the College of Education, Health and Human Development Outstanding Master's Student Award, 1996. Earned PhD under Scott Powers from the University of Florida, Gainesville, FL. Post-doctoral Fellowship at Division of Cardiology, Baylor College of Medicine, Houston, TX. Currently Associate Professor, Department of Health and Exercise Sciences, and Co-Director of the Translational Research on Aging and Chronic Disease Laboratory, Colorado State University, Fort Collins, CO.

M. Lydia Vanderford (Adkins), MS, 1996, Montana State University. Thesis: Physiological and sport skill characteristics of Olympic Developmental soccer athletes. Additional Research: Injuries and bungee jumping: a

review. Research published in *Sports Medicine* and the *Journal of Strength and Conditioning Research*. Presently math and science teacher at Locust Grove Middle School, Atlanta, GA.

Paola Feher, MS, 1997, Montana State University. Research: Psychological profile of rock climbers: state and trait attributes. Research published in the *Journal of Sport Behavior*. Presently Founder/President of the Bozeman Center for the Healing Arts, Bozeman, MT.

Tom Trafton, MS, 1997, Montana State University. Research: Psychological characteristics of the telemark skier. Research published in the *Journal of Sport Behavior*.

Jennifer C. Haas, MS, 1997, Montana State University. Research: Rock climbing injuries. Research published in *Sports Medicine*.

Mindy J. Herzog, MS, 1994, Indiana State University. Research: Physiological effect of stairclimber, slide board, and cycle ergometry at selected cadences. Presently Fitness Director, Purdue University, Lafayette, IN.

John A. Bartholomew, MS, 1994, Indiana State University. Thesis: Prediction of anaerobic power from body composition in 25 to 35 year old males.

Michelle R. (Cordill) Steinhagen, MS, 1993, Kansas State University. Thesis: Exercise performance of collegiate male lacrosse athletes. Research published in the *Journal of Strength and Conditioning Research*. Earned DPT from Creighton University, Omaha, NE.

Susan A. Norkus, MS, 1993, Kansas State University. Research: Ulnar neuropathy of the elbow. Research published in *Sports Medicine*. Currently Professor of Athletic Training and Sports Medicine Clinical Coordinator of Athletic Training and Sports Medicine, Quinnipiac University, Hamden, CT.

Daniel B. Hollander, MS, 1993, Kansas State University. Research: Psychological aspects of overtraining: implications for youth sport coaches. Research published in the *Journal of Sport Behavior*. Currently Professor, Southeastern Louisiana University, Hammond, LA.

Michael Cagniglia, MS, 1989, University of Wyoming. Thesis: The effects of proprioreceptive neuromuscular facilitation in college football players.

GRADUATE STUDENT NON-THESIS COMMITTEES

Nicole Sellars	MPE, 2015, Idaho State University, Pocatello, ID
Michael Balasek	MPE, 2014, Idaho State University, Pocatello, ID
Nicole Pfirrman	MPE, 2013, Idaho State University, Pocatello, ID
Joshua J. Gordon	MS, 2009, West Texas A&M University, Canyon, TX
Brandon Wright	MS, 2007, West Texas A&M University, Canyon, TX
Kelley Lemlay	MS, 2007, West Texas A&M University, Canyon, TX
B. Gabriel Goodwin	MS, 2006, West Texas A&M University, Canyon, TX
Summer Roark	MS, 2006, West Texas A&M University, Canyon, TX
Zackary R. Logan	MS. 2005, West Texas A&M University, Canyon, TX
Jeremiah Shrode	MS, 2005, West Texas A&M University, Canyon, TX
Snider, Brittany N.	MS, 2005, West Texas A&M University, Canyon, TX
Christine E. Arndt	MS, 2005, West Texas A&M University, Canyon, TX
David Lowder	MS, 2005, West Texas A&M University, Canyon, TX
Kristie Turpin	MS, 2004, West Texas A&M University, Canyon, TX
Dustin L. Campbell	MS, 2003, West Texas A&M University, Canyon, TX
Jan M. Kiilsgaard	MS, 2003, West Texas A&M University, Canyon, TX
Whitney C. Wise	MS, 2003, West Texas A&M University, Canyon, TX

Stephanie L. Sumpter	MS, 2003, West Texas A&M University, Canyon, TX
David D. Brewer	MS, 2003, West Texas A&M University, Canyon, TX
Heather L. Levering	MS, 2002, West Texas A&M University, Canyon, TX
Ricardo Sanchez	MS, 2002, West Texas A&M University, Canyon, TX
Marc Cornell	MS, 2002, West Texas A&M University, Canyon, TX
Seth Naughton	MS, 2002, West Texas A&M University, Canyon, TX
Yon Ho Son	MS, 2002, West Texas A&M University, Canyon, TX
Jeff Schenk	MS, 2001, West Texas A&M University, Canyon, TX
Christopher O'Grady	MS, 2001, West Texas A&M University, Canyon, TX
Mark Kellogg	MS, 2001, West Texas A&M University, Canyon, TX
Laura L. Ibarra	MEd, 1999, University of Houston, Houston, TX
Denise K. Dickerson	MEd, 1999, University of Houston, Houston, TX
David Brewer	MS, 1994, Indiana State University, Terre Haute, IN
Barbara Inbody	MS, 1993, Kansas State University, Manhattan, KS

GRADUATE FACULTY REPRESENTATIVE

Sheherezade Krzyzaniak, 2018, Department of Psychology, Idaho State University. Kelsey Pierce 2015, Department of Counseling, Idaho State University.

RONALD McNAIR MINORITY UNDERGRADUATE STUDENT SCHOLARS

Kylee B. Aleman 2008, West Texas A&M University. Research: Mountain biking injuries in children

and adolescents. Research published in Sports Medicine, 40(1): 77-90, 2010.

Eric Montemayor 2002, West Texas A&M University. Research: Anaerobic performance of collegiate

female athletes across various sports.

Cesar Chavez 2001, West Texas A&M University. Research: Relationship between pain coping

styles and anaerobic performance in college students.

SOCIAL MEDIA - BLOG

Meyers, M.C. Are you paying enough attention to your child's sports field?, FieldTurf.com, May 12, 2015.

Meyers, M.C. Is soccer actually safer on "real" grass?, FieldTurf.com, May 20, 2015.

OUTREACH / MEDIA ACTIVITIES

Scholary Scroll, "Words from our graduates: Maggie Oyedeji", University Honors Program, Idaho State University, Pocatello, ID, Volume 12(5) Special Issue: 13, May, 2019.

NextAvenue.org, "How to find your motivation for better health", Twin Cities PBS, St. Paul, MN, November 6, 2018

FieldTurf.com, "5 things you need to know about Brett Favre and his 'Shocked' documentary", Calhoun, GA, January 22, 2018.

Scholary Scroll, "Words from our graduates: BoDene Pinz", University Honors Program, Idaho State University, Pocatello, ID, Volume 10(8): 18-19, Spring, 2017.

Phi Kappa Phi Forum, "Member news", The Honor Society of Phi Kappa Phi, Baton Rouge, LA, Spring, 2017.

Spirit Magazine, "Class notes", University Marketing, Oklahoma State University, Stillwater, OK, Volume 12(3): 111, Spring, 2017.

FieldTurf.com, "FieldTurf proven safer than natural grass for collegiate soccer", Calhoun, GA, April 27, 2017. *SportTechie.com,* "How Detroit-area engineers are using automotive expertise to tackle concussions from the

- turf up", London, England, March 23, 2017.
- *The Chronicle-Telegram/Chroniclet.com*, "A long way from the Astrodome: Turf's become safer, more prevalent", Elyria, OH, January 20, 2017.
- *Idaho Press-Tribune News/ Idahopress.com*, "Idaho professor's research shows turf is better than grass for athletes", Nampa, ID, January 17, 2017.
- *Idaho Business Review,* "ISU professor finds link between artificial turf weight and injuries", Boise, ID, January 4, 2017.
- KBYI-BYU Idaho 93.4 Radio, Weekdays Program: Interview with Myles Primm, "'Natural' is different than safer'" Brigham Young University-Rexburg, Rexburg, ID, December 9, 2016.
- BYU Idaho.edu, "'Natural' is different than safer'" Brigham Young University-Rexburg, Rexburg, ID, December 9, 2016.
- *The Bengal.com*, "Working out the details of fitness research", Idaho State University Student Online Newspaper, Pocatello, ID, December 8, 2016.
- *The Bengal*, "Working out the details of fitness research", Idaho State University Student Newspaper, Pocatello, ID, Volume 42(14): 3, December 7, 2016.
- ISU Marketing and Communications, "ISU Researcher Michael Meyers publishes study showing lower rates of injury for collegiate men soccer players playing on FieldTurf versus natural grass", Idaho State University, Pocatello, ID, December 1, 2016.
- Rexburg Standard Journal.com, "ISU Human Performance Lab interns make headway researching in their department", Rexburg, ID, November 22, 2016.
- ISU Marketing and Communications, "ISU Human Performance Lab interns make headway in their research efforts", Idaho State University, Pocatello, ID, November 15, 2016.
- Texas Aggie Magazine, "Michael C. Meyers, '86 received the 2016 Sports Trauma and Overuse Prevention Injuries Award at the American Orthopaedic Society for Sports Medicine", The Association of Former Students of Texas A&M University, Texas A&M University, College Station, TX, Volume 97(6): 24, November/December, 2016.
- KPVI NBC News 6, "ISU professor documenting the link between injuries and weight of turf infll", Pocatello, ID, September 29, 2016.
- *Idaho State Journal.com*, "ISU professor documents link between injuries and artificial turf", Pioneer News Group, Pocatello, ID, September 23, 2016.
- East Idaho News.com, "ISU professor documents link between injuries and artificial turf", Idaho Falls, ID, September 22, 2016
- Lubbock Avalanche-Journal, "Solid ground: Texas Tech's 11-year-old field turf still in good condition", Lubbock, TX, September 22, 2016.
- Redraiders.com, "Solid ground: Texas Tech's 11-year-old field turf still in good condition", Lubbock, TX, September 22, 2016.
- Aggie Network.com, "Michael C. Meyers, PhD, '86 received the 2016 Sports Trauma and Overuse Prevention (STOP) Injuries Award at the American Orthopaedic Society for Sports Medicine Annual Meeting in Colorado Springs in July", The Association of Former Students of Texas A&M University, Texas A&M University, College Station, TX, September 20, 2016.
- ISU Marketing and Communications, "Idaho State University sports science Professor Michael Meyers documents link between injuries and infill weight of artificial turf", Idaho State University, Pocatello, ID, September 20, 2016.
- *The Chronicle Telegram.com*, "A long way from the Astrodome: Turf's become safer, more prevalent", Lorain County Printing and Publishing, Elyria, OH, August 25, 2016.
- Charleston Gazette-Mail, "Turf not to blame for WVU football injuries", Charleston, WV, August 17, 2016.
- The Doctor With See You Now.com, "It's about turf. Many of the injuries high school football players suffer are the result of the surfaces they play on and could be avoided", InterMDnet CO., New York, NY, August 1, 2016.
- Construction News.net, "Friday night lights come to life", Construction News, Ltd., San Antonio, TX, July 28, 2016.
- *USA Football.com*, "Study: The weight of artificial turf infill directly correlates to high school football injuries", Indianapolis, IN, July 21, 2016.
- Rubber and Plastics News.com, "Study: Weight of artificial turf could prevent sports injuries", Crain

- Communications, Detroit, MI, July 20, 2016.
- Orthopedics Today/Healio.com, "Artificial turf infill weight linked with game-related injuries among high school football players", Thorofare, NJ, July 19, 2016.
- *Practice Update.com*, "AOSSM: High school football injuries tied to turf composition", Elsevier Inc., Atlanta, GA, July 12, 2016.
- Sports Turf Online.com, "Composition of artificial turf surfaces key to preventing high school football injuries", Harrisburg, PA, July 12, 2016.
- KTVN CBS 2 News.com, "Are high school athletes at risk from artificial turf?", Reno, NV, July 12, 2016.
- FieldTurf.com, "Heavyweight infill systems proven safest for football", Calhoun, GA, July 12 2016.
- MSD Manuals.com, "AOSSM: High school football injuries tied to turf composition", Merck & CO., Kenilworth, NJ, July 11, 2016.
- United Press International/UPI.com, "Are high school athletes at risk from artificial turf?", Washington, DC, July 8, 2016.
- *Penn State Hershey.adam.com.* "Are high school athletes at risk from artificial turf?", Penn State Milton S. Hershey Medical Center, Hershey, PA, July 8, 2016.
- Science Daily.com, "Composition of artificial turf surfaces key to preventing high school football injuries", Rockville, MD, July 8, 2016.
- Healthfinder.gov, "Are high school athletes at risk from artificial turf?", National Health Information Center, U.S. Department of Health and Human Services, Washington, DC, July 8, 2016.
- Medline Plus.gov, "Are high school athletes at risk from artificial turf?", U.S. National Library of Medicine, U.S. Department of Health and Human Services, National Institutes of Health, Bethesda, MD, July 8, 2016.
- Georgia High School Association.net, "First study of its kind receives inaugural STOP Sports Injuries Award for leading research in youth sports injury prevention", Thomaston, GA, July 8, 2016.
- Eureka Alert.org, "Composition of artificial turf surfaces key to preventing high school football injuries", American Association for the Advancement of Science, Washington, DC, July 8, 2016.
- News Medical.net, "Study shows how infill weight of artificial turf surfaces can affect incidence of football injuries", AZO Network- Life Science and Medicine, London, UK, July 8, 2016.
- PRWeb.com, "Composition of artificial turf surfaces key to preventing high school football injuries", Beltsville, MD, July 8, 2016.
- Health Day.com, "Are high school athletes at risk from artificial turf?", Norwalk, CT, July 8, 2016.
- Athletic Business.com, "Composition of turf a factor in football injuries", Madison, WI, July 8, 2016.
- Medicine Net.com, "Are high school athletes at risk from artificial turf?", San Clemente, CA, July 8, 2016.
- *Medical Xpress.com*, "Composition of artificial turf surfaces key to preventing high school football injuries", Isle of Man, United Kingdom, July 8, 2016.
- All Media NY.com, "Is artificial turf dangerous for students?", New York, NY, July 8, 2016.
- Gerente.com, "Are high school athletes at risk from artificial turf?", New York, NY, July 8, 2016.
- Sports Medicine Update, "AOSSM awards first ever STOP Sports Injuries Award", p. 8, American Orthopaedic Society for Sports Medicine, Rosemont, IL, July/August, 2016.
- LinkedIn.com, "Percentage of turf-generated concussions misleading", Mountain View, CA, March 1, 2016.
- KIDK ABC Local News 8, "ISU Human Performance Laboratory receives grant", Pocatello, ID, January 12, 2016.
- The Bulletin/Bendbulletin.com, "Study: Poor artificial turf upkeep a factor in concussions", Bend, OR, December 30, 2015.
- FieldTurf.com, "Percentage of turf-generated concussions misleading", Calhoun, GA, December 30, 2015.
- *The New York Times/NYtimes.com*, "Concussion report highlights field maintenance", New York, NY, December 29, 2015.
- KPVI NBC News 6, "FieldTurf versus grass injuries", Pocatello, ID, August 28, 2015
- Capital Press.com. The West's Ag Website, "Study: Mental evals predict livestock judging success", Salem, OR, April 8, 2015.
- Capital Press.com. The West's Ag Website, "Sports medicine test holds promise for cattle industry", Salem, OR, February 20, 2015.
- *Inside Science News Service*, "Elite women soccer players challenge plan to play next World Cup on artificial turf: No stadiums at next summer's World Cup will have grass", American Institute of Physics

- Publishing, Melville, NY, September 23, 2014
- Orthopedics Today/Healio.com, "Invited Perspective, Study shows a three times higher ACL reconstruction failure rate with allograft in young athletes", Thorofare, NJ, July 12, 2014
- USA Football.com, ""Safety study: Fewer injuries on artificial turf", USA Football, Indianapolis, IN, March 19, 2014
- Columbia Chronicle, "Artificial turf: danger afoot?", Chicago, IL, January 24, 2014
- News and Notes, "ISU professor studies athlete injury rates on turf", Idaho State University, Pocatello, ID, Vol. 29, No. 32, September 23, 2013
- ISU Voice/Idaho State Journal, "Fewer soccer injuries on fake turf, according to ISU study", Pocatello, ID, September 15, 2013
- KPVI News 6, "FieldTurf versus natural grass", Pocatello, ID, September 10, 2013
- ISU Headlines, "Research conducted by ISU Professor Meyers results in finding a safer alternative for collegiate women's soccer fields", Idaho State University Department of Marketing and Communications, Pocatello, ID, September 10, 2013
- WKZO, "Fewer soccer injuries on artificial turf study", Chicago, IL, September 6, 2013
- SR News.com, "Fewer soccer injuries on artificial turf study", Washington, DC, September 6, 2013
- Star Tribune, "Artificial turf appears to cut down soccer injuries", Minneapolis, MN, September 6, 2013
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INVITED LECTURES & PRESENTATIONS

- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related high school football injuries on pad and no pad fields. Research Faculty. American Orthopaedic Society for Sports Medicine Annual Meeting, Seattle, WA, July 9, 2020.
- Wright, H.M., **Meyers, M.C.**, Sterling, J.C., Robinson, S.K. Incidence, mechanism and severity of game-related high school and college football hand injuries. American College of Sports Medicine Annual Meeting, San Francisco, CA, May 28, 2020.
- Robinson, L.D., **Meyers**, **M.C.** Coping skills of wildland firefighters. American College of Sports Medicine Annual Meeting, San Francisco, CA, May 28, 2020.
- Meyers, M.C. Is all artificial turf created equal? The latest in injury research. Keynote Speaker. The Landtek Group, Long Island, NY, Spring TBD, 2020.

- **Meyers, M.C.** Synthetic turf 101 Build a better field. Keynote Speaker. Ohio High School Athletic Directors Association State Meeting, Ohio School Boards Association Capital Conference and Trade Show, Columbus, OH, November 11, 2019.
- Meyers, M.C. Is all artificial turf created equal? The latest in injury research. Keynote Speaker. Turf Safety Conference, Chenango Contracting Co., Onondaga Community College, Syracuse, NY, October 29, 2019.
- **Meyers**, M.C. Is all artificial turf created equal? The latest in injury research. Keynote Speaker. Turf Safety Conference, Chenango Contracting Co., Alden High School, Alden, NY, October 28, 2019.
- **Meyers, M.C.** Is all artificial turf created equal? The latest in injury research. Keynote Speaker. 35th Annual Facilities Manager Conference, Albuquerque, NM, October 22, 2019.
- Meyers, M.C. Is all artificial turf created equal? The latest in injury research. Keynote Speaker. FieldTurf Innovation Seminar, Salt Lake City, UT, August 29, 2019.
- Meyers, M.C. Is all artificial turf created equal? The latest in injury research. Keynote Speaker. FieldTurf Innovation Seminar, Denver, CO, August 27, 2019.
- **Meyers, M.C.** Demonstration fly tying workshop. Fly Fishers International Annual Conclave and Expo, Bozeman, MT, July 26, 2019.
- **Meyers, M.C.** Demonstration fly tying workshop. Fly Fishers International Annual Conclave and Expo, Bozeman, MT, July 25, 2019.
- **Meyers, M.C.** Incidence of game-related, high school football lower extremity and surface impact trauma requiring elective medical procedures across artificial turf systems of various infill weight. Research Faculty. American Orthopaedic Society for Sports Medicine Annual Meeting, Boston, MA, July 10-12, 2019.
- **Meyers, M.C.** Is all artificial turf created equal? The latest in injury research. Keynote Speaker. Big Ten Facility Conference, University of Nebraska, Lincoln, NE, June 25, 2019.
- Meyers, M.C. Seasonal incidence of game-related high school football trauma on artificial turf and natural grass. American College of Sports Medicine Annual Meeting, Orlando, FL, May 31, 2019.
- Wright, H.M., Meyers, M.C., Niebylski, M.L., Sterling, J.C., Robinson S.K. Blood pressure abnormalities among NCAA athletes. American College of Sports Medicine Annual Meeting, Orlando, FL, May 31, 2019.
- **Meyers, M.C.** Is all turf created equal? The latest in football research. Keynote Speaker. Leveling the Playing Fields: Building the Best Alternative Infill Athletic Fields for Healthy Communities Conference. Capital Athletic Association, Alice Deal Middle School, Washington, DC, February 13, 2019.
- Meyers, M.C. Is all artificial turf created equal? The latest in football and soccer injury research. Keynote Speaker. Texas High School Athletic Directors Association, Region 8 Meeting, Top Golf Training Facility, San

Antonio, TX, January 23, 2019.

Meyers, M.C. Is all artificial turf created equal? The latest in football and soccer injury research. Keynote Speaker. FieldTurf Innovation Seminar, Youngstown, OH, January 17, 2019.

2018

Meyers, M.C. Is all artificial turf created equal? The latest in football and soccer injury research. Keynote Speaker. FieldTurf Georgia Turf Innovation Seminar, SunTrust Pavilion, Children's Healthcare of Atlanta Training Ground/ Atlanta United FC, Marietta, GA, October 22, 2018.

Meyers, M.C. Is all artificial turf created equal? The latest in football and soccer injury research. Keynote Speaker. FieldTurf Technical Turf Seminar, Chenango Contracting Co., Bard College, Annandale-on-Hudson, NY, October 17, 2018.

Meyers, M.C. Is all artificial turf created equal? The latest in football and soccer injury research. Keynote Speaker. FieldTurf Technical Turf Seminar, Chenango Contracting Co., Finger Lakes Community College, Canandaigua, NY, October 16, 2018.

Meyers, M.C. Is all artificial turf created equal? The latest in football and soccer injury research. Keynote Speaker. FieldTurf Southern California Turf and Track Innovation Seminar, Heritage Hall, University of Southern California, Los Angeles, CA, October 3, 2018.

Meyers, M.C. Is all artificial turf created equal? The latest in football and soccer injury research. Keynote Speaker. FieldTurf Technical Turf Seminar, Embrey Mill Park, Stafford, VA, July 16, 2018.

Meyers, **M.C.** Is all artificial turf created equally? The latest in football and soccer injury research. Keynote Speaker. USPORTS Conference and Annual Meeting, Vancouver, British Columbia, Canada, June 5, 2018.

Wan, H.M., Moffit D.M., **Meyers, M.C.** Effect of mouthguard and field-type on complex concussions. National Athletic Trainers' Association Annual Meeting, New Orleans, LA, June, 2018.

Neufeld, E.E., **Meyers, M.C.** Nutritional status of rock climbers. American College of Sports Medicine Annual Meeting, Minneapolis, MN, May, 2018.

Gustaveson T.M., **Meyers, M.C.**, Robinson S. Incidence and etiology of NCAA thoracoabdominal football injuries on artificial turf and natural grass. American College of Sports Medicine Annual Meeting, Minneapolis, MN, May, 2018.

Chase, M.R., **Meyers, M.C.**, Robinson S.K. Incidence and severity of college football hand and wrist injuries on artificial and natural turf. American College of Sports Medicine Annual Meeting, Minneapolis, MN, May, 2018.

Friend, S.L., **Meyers, M.C.**, Robinson S.K. Incidence and etiology of NCAA women's lower leg soccer injuries on artificial and natural turf. American College of Sports Medicine Annual Meeting, Minneapolis, MN, May, 2018.

Blessing, S.M., **Meyers**, **M.C.**, Robinson S.K. Incidence and etiology of NCAA men's lower leg soccer injuries on artificial and natural turf. American College of Sports Medicine Annual Meeting, Minneapolis, MN, May, 2018.

Casanova, M.P., **Meyers, M.C.** Athletic coping skills of NCAA Division I female volleyball athletes. American College of Sports Medicine Annual Meeting, Minneapolis, MN, May, 2018.

Robinson, S.K., Bullers A.M., **Meyers, M.C.** Athletic coping skills of female ultra runners. American College of Sports Medicine Annual Meeting, Minneapolis, MN, May, 2018.

Meyers, M.C. Is all artificial turf created equally? The latest in football and soccer injury research. Session I. Keynote Speaker. Minnesota Interscholastic Athletic Administrators Meeting, St. Cloud, MN, April 3, 2018.

Meyers, M.C. Is all artificial turf created equally? The latest in football and soccer injury research. Session II.

- Keynote Speaker. Minnesota Interscholastic Athletic Administrators Meeting, St. Cloud, MN, April 3, 2018.
- Meyers, M.C. Is all artificial turf created equally? The latest in football and soccer injury research. Keynote Speaker. Texas High School Athletic Directors Association State Conference, Waco, TX, March 26, 2017.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Technical Turf Seminar, Tampa Bay Buccaneers Training Facility, Tampa, FL, March 22, 2018.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Technical Turf Seminar, Detroit Ford Field, Detroit, MI, March 21, 2018.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Technical Turf Seminar, Washington, DC, January 17, 2018.

- Meyers, M.C., T. Braun. Opportunities in the exercise sciences-Session II. Invited Speaker. Sports Medicine class, Kuna High School, Kuna, ID, October 17, 2017.
- Meyers, M.C., T. Braun. Opportunities in the exercise sciences-Session I. Invited Speaker. Introduction to Allied Health Professions class, Kuna High School, Kuna, ID, October 17, 2017.
- **Meyers, M.C.** Current research on the safety of artificial turf versus natural grass. Invited Testimony. Council of the District of Columbia Committee on Transportation and the Environment, *The State of Fields and Playgrounds Maintained by the District.* John A. Wilson Building, Room 500, Washington, DC, October 13, 2017.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Technical Turf Seminar, Chenango Contracting Co., Syracuse, NY, September 27, 2017.
- Meyers, M.C. Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Technical Turf Seminar, Chenango Contracting Co., Medina School District, Medina, NY, September 26, 2017.
- **Meyers, M.C.** Demonstration fly tying workshop. Fly Fishers International Annual Conclave and Fair, Livingston, MT, August 4, 2017.
- **Meyers, M.C.**, Schroeder, L.D. Seasonal incidence of game-related NCAA football injuries on artificial turf and natural grass. American College of Sports Medicine Annual Meeting, Denver, CO, June 1, 2017.
- Smart, C.M., Holland, J.T., **Meyers, M.C.** Athletic coping skills of the competitive high school pole vaulter. American College of Sports Medicine Annual Meeting, Denver, CO, June 2, 2017.
- Holland, J.T., Smart, C.M., **Meyers, M.C.**, Pain coping skills of competitive high school pole vaulters. American College of Sports Medicine Annual Meeting, Denver, CO, June 2, 2017.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Technical Turf Seminar, Fort Lauderdale, FL, April 21, 2017.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Technical Turf Seminar, Waukesha, WI, April 12, , 2017.
- **Meyers**, **M.C.** Is all artificial turf created equally? The latest in football injury research. Invited Speaker. Texas High School Athletic Directors Association State Conference, Waco, TX, March 28, 2017.
- Meyers, M.C. Current research on game-related football injuries on FieldTurf versus natural and other

artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Edmonton, Alberta, Canada, January 19, 2017.

Meyers, M.C. Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Calgary, Alberta, Canada, January 18, 2017.

- Meyers, M.C. Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, University of Utah, Salt Lake City, UT, December 8, 2016.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Technical Turf Seminar, Kansas City, MO, December 7, 2016.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. Artificial Turf Safety Seminar, Chenango Contracting Co., Sweet Home High School, Buffalo/Amherst, NY, October 27, 2016.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. Artificial Turf Safety Seminar, Chenango Contracting Co., Union College, Schenectady, NY, October 26, 2016.
- Meyers, M.C. Current research on game-related sport injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. Amarillo Parks and Recreation Conference, Amarillo, TX, October 21, 2016.
- Meyers, M.C. Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Nashville, TN, October 14, 2016.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, University of New Mexico, Albuquerque, NM, September 21, 2016.
- **Meyers, M.C.** Effective Yellowstone country flies for beginners. International Federation of Fly Fishers Annual Conclave and Fair, Livingston, MT, August 3, 2016.
- Williams, A.F., Boles, J.A., Herrygers, M.R., Berardinelli, J.G., **Meyers, M.C.**, Thomson, J.M. Relationship between current temperament measures and physiological responses to handling of feedlot cattle. Animals and Science: Big Solutions for Grand Challenges ASAS/ADSA/CSAS/WSASAS Joint Annual Meeting, Salt Lake City, UT, July 22, 2016.
- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related high school football injuries across artificial turf systems of various infill weights. Recipient of the 2016 American Orthopaedic Society for Sports Medicine STOP Sports Injuries Award for best research paper on youth sports injury prevention. American Orthopaedic Society for Sports Medicine Annual Meeting, Colorado Springs, CO, July, 2016.
- **Meyers, M.C.**, Miller, K., Shuman, K.M. Incidence and severity of upper extremity high school football trauma on artificial versus natural grass. American College of Sports Medicine Annual Meeting, Boston, MA, June, 2016.
- Polenske, A.D., **Meyers, M.C.**, Bourgeois, A.E., LeUnes, A.D., Shuman, K.M. Coping skills and dispositional resilience/hardiness of Big Sky Conference track and field athletes. American College of Sports Medicine Annual Meeting, Boston, MA, June, 2016.
- Meyers, M.C. Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Bethesda, MD, May 12, 2016.
- Polenske, A.D., **Meyers, M.C.**, Shuman, K.M. Coping skills and dispositional resilience/hardiness of Big Sky Conference track and field athletes. Southeastern Psychological Association Annual Meeting, New Orleans,

- LA, March 31, 2016.
- Meyers, M.C. Turf safety. Session I. Keynote Speaker. Minnesota Interscholastic Athletic Administrators Meeting, St. Cloud, MN, March 30, 2016.
- Meyers, M.C. Turf safety. Session II. Keynote Speaker. Minnesota Interscholastic Athletic Administrators Meeting, St. Cloud, MN, March 30, 2016.
- Meyers, M.C. Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Philadelphia, PA, March 24, 2016.
- Meyers, M.C. Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, FieldTurf Architectural Meeting, Fort Lauderdale, FL, March 18, 2016.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Tennessee Titans, St. Thomas Training Center, Nashville, TN, March 2, 2016.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Santa Ana, CA, February 18, 2016.
- Meyers, M.C. Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. Turf Safety Seminar, The LandTek Group. Long Island University, New York, NY, February 9, 2016.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. Turf Safety Seminar, The LandTek Group. Pace University, Pleasantville, NY, February 8, 2016.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, National Football League Hall of Fame, Canton, OH, January 5, 2016.

- Meyers, M.C. Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Syracuse, NY, December 9, 2015.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Ohio State University, Columbus, OH, December 8, 2015.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Toronto, Ontario, Canada, December 7, 2015.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Cleveland, OH, October 21, 2015.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Minneapolis, MN, October 7, 2015.
- Meyers, M.C. Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Schaumburg, IL, October 6, 2015.
- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related high school football injuries across artificial turf systems of various infill weight. National Athletic Trainers' Association Annual Meeting, St. Louis, MO, June, 2015.

- Meyers, M.C. Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. Western Pennsylvania Interscholastic Athletic League (WPIAL) Athletic Directors Conference, Pittsburgh, PA, June 3, 2015.
- **Meyers, M.C.** Incidence, mechanisms, and severity of lower extremity high school football injuries on artificial turf versus natural grass. American College of Sports Medicine Annual Meeting, San Diego, CA, May, 2015.
- Johnson, K.A., **Meyers, M.C.**, Faure, C., Shuman, K.M. Incidence and severity of cranial/cervical high school football trauma on artificial versus natural grass. American College of Sports Medicine Annual Meeting, San Diego, CA, May, 2015.
- Meyers, M.C., Bourgeois, A.E., LeUnes, A.D. Competitiveness and animal science judging: Psychological indices of performance. Southwestern Psychological Association Convention, Wichita, KS, April, 2015.
- Clark, A.O., Sanchez, S., Vega, S., Bourgeois, A.E., LeUnes, A.D., Hudson, S.L., **Meyers, M.C.** Sport-specific assessment of psychological skills in sports: Reliability and normative data. Southwestern Psychological Association Convention, Wichita, KS, April, 2015.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Washington, DC, March 18, 2015.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Eastern Michigan University, Ypsilanti, MI, January 29, 2015.
- Meyers, M.C. Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Kansas City, MO, January 28, 2015.

- **Meyers**, M.C. Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Syracuse, NY, December 10, 2014.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, Indianapolis, IN, November 19, 2014.
- **Meyers, M.C.** Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf North American Sales Meeting, Scottsdale, AZ, November 4, 2014.
- **Meyers**, M.C. Current research on game-related football injuries on FieldTurf versus natural and other artificial turf surfaces. Keynote Speaker. FieldTurf Player Safety Seminar, St. Louis, MO, October 14, 2014.
- Boles, J.A., Kohlbeck, K.S., **Meyers, M.C.**, Perz, K.A., Thomson, J., Davis, K.C. Temperament classification affects tenderness of steaks from Simmental x Angus cross steers. The 60th International Congress of Meat Science and Technology, Punta Del Este, Uruguay, August, 2014.
- Williams A., Boles, J.A., Kohlbeck, K.S., **Meyers, M.C.**, Perz, K.A., Thomson, J., Davis, K.C. Effect of temperament and growth rate on carcass characteristics of Simmental cross steers. The 60th International Congress of Meat Science and Technology, Punta Del Este, Uruguay, August, 2014.
- **Meyers, M.C.** Effective Yellowstone country flies for beginners Part I. International Federation of Fly Fishers Annual Conclave and Fair, Livingston, MT, August 6, 2014.
- **Meyers, M.C.** Effective Yellowstone country flies for beginners Part II. International Federation of Fly Fishers Annual Conclave and Fair, Livingston, MT, August 5, 2014.
- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related high school football injuries across artificial turf systems of various infill weight. American Orthopaedic Society for Sports Medicine Annual Meeting, Seattle, WA, July, 2014.

- **Meyers, M.C.**, Bourgeois, A.E., LeUnes, A.D. Competitiveness and animal science judging: Psychological indices of performance. North American Colleges and Teachers of Agriculture Conference, Bozeman, MT, June, 2014.
- **Meyers, M.C.** Incidence, mechanisms, and severity of match-related collegiate men's soccer injuries on artificial turf versus natural grass. American College of Sports Medicine Annual Meeting, Orlando, FL, May, 2014.
- Meyers, M.C. Incidence, mechanisms, and severity of game-related college football injuries on FieldTurf versus natural grass. Keynote Speaker. FieldTurf Player Safety Seminar, Foxborough, MA, May 16, 2014.
- Miller, K., **Meyers, M.C.**, Moffit, D., Shuman, K.M. Incidence, mechanisms, and severity of game-related upper extremity high school football trauma on artificial versus natural grass. Northwest American College of Sports Medicine Annual Meeting, Wenatchee, WA, April, 2014.
- Johnson, K.A., **Meyers, M.C.**, Faure, C., Shuman, K.M. Incidence, mechanisms, and severity of game-related cranial/cervical high school football trauma on artificial versus natural grass. Northwest American College of Sports Medicine Annual Meeting, Wenatchee, WA, April, 2014.
- Salma, C.L., **Meyers, M.C.**, Fitzpatrick J., Shuman, K.M. Coping skills, hardiness, and competitive orientation of elite and sub-elite equestrians. Northwest American College of Sports Medicine Annual Meeting, Wenatchee, WA, April, 2014.
- **Meyers, M.C.,** LeUnes, A.D., Bourgeois, A.E., Hudson, S. Mood state response of individuals undergoing anterior cruciate ligament reconstruction versus meniscectomy and rehabilitation. Southwestern Psychological Association Convention, San Antonio, TX, April, 2014.
- Gamez, A., Bourgeois, A.E., LeUnes, A.D., **Meyers, M.C.** Personality and mood predictors of instructor effectiveness. Southwestern Psychological Association Convention, San Antonio, TX, April, 2014.

- **Meyers, M.C.** Emerging information on head impacts and concussions in high school football. Keynote Speaker. American Society for Testing and Materials International Task Group Meeting, ASTM F08.65 Synthetic Turf Playing Surfaces and Systems, Jacksonville, FL, November, 2013.
- Meyers, M.C. Drugs in sports. Invited Speaker. PSCI 2205 Drugs in Society, College of Pharmacy, Idaho State University, Pocatello, ID, October 23, 2013.
- **Meyers, M.C.** Sport and exercise science: an emerging area of discovery. Invited Speaker. EDUC 1150 Educational Careers, College of Education, Idaho State University, Pocatello, ID, October 16, 2013.
- **Meyers, M.C.** Incidence, mechanisms, and severity of match-related collegiate women's soccer injuries on artificial turf versus natural grass. American College of Sports Medicine Annual Meeting, Indianapolis, IN, May, 2013.
- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related college football injuries on FieldTurf versus natural grass. Keynote Speaker. FieldTurf Player Safety Seminar, University of Wisconsin, Madison, WI, May 10, 2013.
- Harris, C., LeUnes, A., Bourgeois, A., Hudson, S., **Meyers, M.C.** Unexpected momentum: The hangover effect and bounce back effect in sport. Southwestern Psychological Association Meeting, Fort Worth, TX, April, 2013.
- **Meyers, M.C.** Interdisciplinary research in human performance. Department of Kinesiology, College of Education, Texas Womens University, Denton, TX, March, 2013.
- **Meyers**, **M.C.** Coping skills in sport. Department of Kinesiology, College of Education, Texas Womens University, Denton, TX, March, 2013.

- Meyers, M.C. Interdisciplinary research in human performance. Department of Sport Science and Physical Education, College of Education, Idaho State University, Pocatello, ID March, 2013.
- **Meyers**, M.C. Interdisciplinary research in human performance. Department of Counseling and Educational Psychology, College of Education, Washington State University, Pullman, WA, January, 2013.
- **Meyers, M.C.** Injuries of the head and face. Department of Counseling and Educational Psychology, College of Education, Washington State University, Pullman, WA, January, 2013.
- **Meyers, M.C.**, Billing C. Overhauling your classroom mechanics. Sizing up the classroom environment to optimize the learning experience. Session I. Invited Speaker. Faculty In-Service Training, College of Western Idaho, Nampa, ID, January, 2013.
- **Meyers, M.C.**, Billing C. Overhauling your classroom mechanics. Sizing up the classroom environment to optimize the learning experience. Session II. Invited Speaker. Faculty In-Service Training, College of Western Idaho, Nampa, ID, January, 2013.

- Boles, J.A., **Meyers, M.C.**, Perz, K.A., Davis, K.C., Kohlbeck, K.S. Use of blood lactate as an indicator of response to handling stress in beef cattle. The 58th International Congress of Meat Science and Technology, Montreal, Quebec, Canada, August, 2012.
- Perz, K.A., Boles, J.A., Davis, K.C., **Meyers, M.C.**, Endecott, R. Effect of growth rate of steers on carcass shear force values. The 58th International Congress of Meat Science and Technology, Montreal, Quebec, Canada, August, 2012.
- **Meyers, M.C.** Incidence, mechanisms, and severity of match-related collegiate women's soccer injuries on FieldTurf versus natural grass. American Orthopedic Society for Sports Medicine Annual Meeting, Baltimore, MD, July, 2012.
- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related college football injuries on artificial turf versus natural grass. American College of Sports Medicine Annual Meeting, San Francisco, CA, May, 2012.
- **Meyers, M.C.** Interdisciplinary research and future direction in human performance. Invited Speaker. Department of Movement Sciences, College of Education, Moscow, ID, May 10, 2012.
- Bourgeois, A.E., LeUnes, A.D., Hudson, S., **Meyers, M.C.** Sport-specific assessment of psychological skills in sports: Confirmatory factor analysis. Southwestern Psychological Association Meeting, Oklahoma City, OK, April, 2012.
- Sager, R.B., **Meyers, M.C.** Incidence, mechanisms, and severity of game-related high school football lower extremity trauma on artificial turf versus natural grass. Northwest American College of Sports Medicine Annual Meeting, Coeur d'Alene, ID, March, 2012.
- **Meyers, M.C.** Linear kinetics: Force, aspects of force, resolution of forces, and Newton's Laws of motion. Invited Speaker. Department of Health Promotion and Human Performance, Weber State University, Ogden, UT, March, 2012.
- **Meyers, M.C.** Philosophy, vision, and enhancing research opportunities in nursing. Invited Speaker. College of Nursing, University of Texas-Arlington, Arlington, TX, January, 2012.

- **Meyers, M.C.** Incidence and mechanisms of collegiate men's soccer match injuries on artificial turf versus natural grass. American College of Sports Medicine Annual Meeting, Denver, CO, June, 2011.
- **Meyers, M.C.**, Bourgeois, A.E., LeUnes, A.D., Hudson, S. Pain coping styles of nontraditional female athletes. Rocky Mountain Psychological Association Meeting, Salt Lake City, UT, April, 2011.

- Bourgeois, A.E., LeUnes, A.D., Hudson, S., **Meyers, M.C.** Sport-specific assessment of psychological skills in youth sports. Southwestern Psychological Association Meeting, San Antonio, TX, April, 2011.
- Caplan, S., Bourgeois, A.E., LeUnes, A.D., Hudson, S., **Meyers, M.C.** Measurement of team orientation in youth sports. Southwestern Psychological Association Meeting, San Antonio, TX, April, 2011.
- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related college football injuries on FieldTurf versus natural grass. Keynote Speaker. FieldTurf Player Safety Seminar, Melville, NY, April 6, 2011.
- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related college football injuries on FieldTurf versus natural grass. Keynote Speaker. FieldTurf Player Safety Seminar, Chicago, IL, February 25, 2011.
- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related college football injuries on FieldTurf versus natural grass. Keynote Speaker. FieldTurf Player Safety Seminar, Guelph, Ontario, Canada, February 24, 2011.
- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related college football injuries on FieldTurf versus natural grass. Keynote Speaker. FieldTurf Player Safety Seminar, University of Utah, Salt Lake City, UT, February 23, 2011.
- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related college football injuries on FieldTurf versus natural grass. Keynote Speaker. FieldTurf Player Safety Seminar, University of Minnesota, Minneapolis, MN, January 19, 2011.

- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related high school and college football injuries on FieldTurf versus natural grass. Keynote Speaker. Atlanta Falcons Organizational Meeting, Atlanta, GA, September, 2010.
- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related college football injuries on artificial versus natural grass. American College of Sports Medicine Annual Meeting, Baltimore, MD, June, 2010.
- **Meyers, M.C.** Multidisciplinary focus in human performance. Keynote Speaker. Swedish Government Institute of Health, Stockholm, Sweden/College of Education, Health and Human Development, Montana State University, Bozeman, MT, May, 2010.
- **Meyers, M.C.** Benefits of artificial turf versus natural grass. FieldTurf Video Presentation. The University of Mississippi, Oxford, MS, May, 2010.
- **Meyers, M.C.**, Bourgeois, A.E., LeUnes, A.D., Hudson, S. Pain coping styles of nontraditional female athletes. Southwestern Psychological Association Meeting, Dallas, TX, April, 2010.
- **Meyers, M.C.** Turf versus grass. Recent developments in injury research. Invited Speaker. Texas High School Athletic Directors Association State Conference, San Antonio, TX, March, 2010.
- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related college football injuries on FieldTurf versus natural grass. A three year prospective study. Invited Speaker. National Football League Players Association Player Safety and Welfare Summit, Indianapolis, IN, February, 2010.
- Gordon J.J., Parker, A.G., **Meyers, M.C.** Coping skills, hardiness and aerobic performance of competitive male cyclists. Rocky Mountain American College of Sports Medicine Annual Meeting and Symposium, Golden, CO, February, 2010.

2009

Meyers, M.C. Incidence, mechanisms, and severity of game-related college football injuries on FieldTurf versus natural grass. A three year prospective study. Keynote Speaker, Session 1. FieldTurf North American Architects and Contractors Review Meeting, FieldTurf Corporation, Atlanta, GA, November 17, 2009.

- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related college football injuries on FieldTurf versus natural grass. A three year prospective study. Keynote Speaker, Session 2. FieldTurf North American Architects and Contractors Review Meeting, FieldTurf Corporation, Atlanta, GA, November 17, 2009.
- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related college football injuries on FieldTurf versus natural grass. A three year prospective study. Keynote Speaker, Session 3. FieldTurf North American Architects and Contractors Review Meeting, FieldTurf Corporation, Atlanta, GA, November 17, 2009.
- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related college football injuries on FieldTurf versus natural grass. A three year prospective study. Keynote Speaker, Session 4. FieldTurf North American Architects and Contractors Review Meeting, FieldTurf Corporation, Atlanta, GA, November 17, 2009.
- **Meyers, M.C.** Multidisciplinary research in human performance. Invited Speaker. Health and Human Development Research Seminar, Department of Health and Human Development, Montana State University, Bozeman, MT, November 6, 2009.
- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related college football injuries on FieldTurf versus natural grass. A three year prospective study. Keynote Speaker. FieldTurf North American Architects and Contractors Review Meeting, FieldTurf Corporation, Atlanta, GA, November 3, 2009.
- **Meyers, M.C.** Incidence, mechanisms, and severity of game-related college football injuries on FieldTurf versus natural grass. A three year prospective study. Keynote Speaker. FieldTurf North American Annual Sales Meeting, FieldTurf Corporation, Atlanta, GA, October, 2009.
- **Meyers**, M.C. Incidence, mechanisms, and severity of match-related college men and women's soccer injuries on FieldTurf versus natural grass. A two year prospective study. Keynote Speaker. FieldTurf North American Annual Sales Meeting, FieldTurf Corporation, Atlanta, GA, October, 2009.
- Meyers, M.C., Laurent, C.M., LeUnes, A.D., Bourgeois, A.E. Pain coping styles of nontraditional female athletes. Association of Applied Sport Psychology Annual Conference, Salt Lake City, UT, September, 2009.
- Hudson, S., Bourgeois, A.E., LeUnes, A.D., **Meyers, M.C.** Selected psychological characteristics of public school football players. Southwestern Psychological Association Meeting, San Antonio, TX, April, 2009.
- **Meyers, M.C.** The rodeo athlete: sport science, injuries, challenges, and prevention. Invited Speaker. Rocky Mountain American College of Sports Medicine Annual Meeting and Symposium, Colorado Springs, CO, February, 2009.
- Gordon J., **Meyers, M.C.** Nutritional status of collegiate female equestrian athletes. Rocky Mountain American College of Sports Medicine Annual Meeting and Symposium, Colorado Springs, CO, February, 2009.

- Meyers, M.C. Existing research about artificial turf safety. Invited Speaker. National Football League Injury and Safety Meeting, New York, NY, December, 2008
- **Meyers, M.C.** Proposal for a multidisciplinary injury surveillance form. Invited Speaker. National Football League Injury and Safety Meeting, New York, NY, December, 2008
- Aleman, K.B., **Meyers M.C.** Mountain biking injuries in children and adolescents. Ronald McNair Minority Undergraduate Scholars Program, West Texas A&M University, Canyon, TX, August, 2008.
- **Meyers, M.C.** Multidisciplinary research in human performance. Invited Speaker. Annette Caldwell Simmons School of Education and Human Development Colloquia, Southern Methodist University, Dallas, TX, May, 2008.
- **Meyers, M.C.** Incidence, causes, and severity of game-related football injuries on FieldTurf, natural grass, and other artificial turf surfaces. Invited Speaker. New York Giants/New York Jets Organizational Meeting, Meadowlands/Secaucus, NJ, May, 2008.
- Gordon, J., Meyers, M.C., Goodwin, B.G., Chase, C., Kirk K. Skill preparation of NCAA Division I men and

women golfers. Rocky Mountain American College of Sports Medicine Annual Meeting and Symposium, Estes Park, CO, February, 2008.

Walker, R.C., Clark, J.S., Goodwin, B.G., Meyers, M.C. The speech and voice connection: don't leave out the lungs. Texas Speech-Language-Hearing Association Convention, San Antonio, TX, February, 2008.

Laurent, C.M., **Meyers, M.C.** Cross-validity of regression models used to predict Wingate performance from anthropometric and body composition variables in males. Southeastern American College of Sports Medicine Annual Meeting, Birmingham, AL, February, 2008.

Meyers, M.C. Overview of rodeo injuries. Invited Speaker. Second International Rodeo Medicine Conference, Oklahoma City, OK, January, 2008.

2007

Meyers, M.C. Careers in sports medicine and exercise science. Invited Speaker. Canyon High School Career Day, Canyon, TX, November, 2007.

Meyers, M.C. Enhancing sport performance: merging sports science with coaching. New Mexico Association for Health, Physical Education, Recreation and Dance Convention, Albuquerque, NM, October, 2007.

Meyers, M.C. Sport psychology: self image, coping with competitive anxiety, and group goal setting. Invited Speaker. North Texas State Soccer Association D-License Coaches Meeting, Canyon, TX, June, 2007.

Atwood, A.L., Baker, L.A., Pipkin, J.L., **Meyers, M.C.** The effect of calcium carbonate and calcium proteinate on bone density in exercised yearling stallions. Equine Science Society 20th Symposium, Hunt Valley, MD, June, 2007.

Meyers, M.C. Advances in athletic surfaces as a strategy for reducing concussions. Keynote Speaker. Sports Concussion Institute National Concussion Summit. Concussion in Sports: The Under-Recognized Public Epidemic, Marina del Rey, CA, April, 2007.

Laurent, C.M., **Meyers, M.C.** Fast pitch softball injuries. Invited Lecture. Department of Kinesiology, University of Alabama, Tuscaloosa, AL, March, 2007.

Meyers, M.C. Multidisciplinary research in human performance. Invited Speaker. Universities Space Research Association (USRA), Center for Advanced Space Studies, Division of Space Life Sciences, National Aeronautics and Space Administration, Lyndon B. Johnson Space Center, Houston, TX, March, 2007.

Goodwin, B.G., **Meyers, M.C.**, LeUnes, A., Bourgeois, A.E. Hardiness and pain coping styles of professional ice hockey athletes. Texas American College of Sports Medicine Chapter Meeting, Fort Worth, TX, March, 2007.

Manasco, D.T., Goodwin, B.G., **Meyers, M.C.** Coping styles, hardiness, and aerobic performance of competitive male cyclists: An on-going study. Texas American College of Sports Medicine Chapter Meeting, Fort Worth, TX, March, 2007.

Meyers, M.C., Laurent, C.M. Fast pitch softball injuries. Southern District Association of the American Alliance for Health, Physical Education, Recreation and Dance Convention, Chattanooga, TN, February, 2007.

2006

Meyers, M.C. Strategies for teaching fitness and wellness in the classroom. Invited Discussant. McGraw-Hill Fitness and Wellness Symposium, Skamania Lodge, Stevenson, WA, November, 2006.

Laurent, C.M., **Meyers, M.C.**, Strong, L.R., Robinson, C.A., Chase, C., Goodwin, B.G. Validity of the 20-versus 30-second Wingate Anaerobic Test. National Athletic Trainers' Association Annual Meeting, Atlanta, GA, June, 2006.

Goodwin, B.G., Laurent, C.M., Meyers, M.C., Robinson, C.A. Validity of the 20- versus 30-second Wingate

Anaerobic Test. American College of Sports Medicine Annual Meeting, Denver, CO, June, 2006.

Laurent, C.M., **Meyers, M.C.**, Robinson, C.A., Strong, L.R., Chase, C., Goodwin, B.G. Validity of the VmaxST metabolic measurement system. American College of Sports Medicine Annual Meeting, Denver, CO, June, 2006.

Reed, M.H., **Meyers, M.C.**, Laurent, C.M. Cardiac abnormalities among NCAA Division II athletes. American College of Sports Medicine Annual Meeting, Denver, CO, 2006.

DeJongh, N.M., **Meyers, M.C.**, Goodwin, B.G., Laurent, C.M., Lauffer, R., Webb, C. Mood states of NCAA Division II female soccer athletes over seasonal play. American College of Sports Medicine Annual Meeting, Denver, CO, June, 2006.

Manasco, D.T., Meyers, M.C., Laurent, C.M., Goodwin, B.G. Coping skills, hardiness, and aerobic performance of college males. American College of Sports Medicine Annual Meeting, Denver, CO, June, 2006.

Bourgeois, A.E., LeUnes, A., **Meyers, M.C.** Leadership and motivation in sport. Southwestern Psychological Association Meeting, Austin, TX, April, 2006.

Meyers, M.C. Sport psychology: self image, coping with competitive anxiety, and group goal setting. Invited Speaker. North Texas State Soccer Association D-License Coaches Meeting, Canyon, TX, March, 2006.

Goodwin, B.G., Laurent, C.M., **Meyers, M.C.**, Robinson, C.A. Validity of the 20- versus 30-second Wingate Anaerobic Test. Texas American College of Sports Medicine Chapter Meeting, Denton, TX, February, 2006.

Laurent, C.M., **Meyers, M.C.**, Robinson, C.A., Strong, L.R., Chase, C., Goodwin, B.G. Validity of the VmaxST metabolic measurement system. Texas American College of Sports Medicine Chapter Meeting, Denton, TX, February, 2006.

Reed, M.H., **Meyers, M.C.**, Laurent, C.M. Cardiac abnormalities among NCAA Division II athletes. Texas American College of Sports Medicine Chapter Meeting, Denton, TX, February, 2006.

DeJongh, N.M., **Meyers, M.C.**, Goodwin, B.G., Laurent, C.M., Lauffer, R., Webb, C. Mood states of NCAA Division II female soccer athletes over seasonal play. Texas American College of Sports Medicine Chapter Meeting, Denton, TX, February, 2006.

Manasco, D.T., **Meyers, M.C.**, Laurent, C.M., Goodwin, B.G. Coping skills, hardiness, and aerobic performance of college males. Texas American College of Sports Medicine Chapter Meeting, Denton, TX, February, 2006.

2005

Meyers, M.C., Laurent, C.M. Boosting your metabolic burn: Truths and fallacies. Texas Association for Health, Physical Education, Recreation and Dance Annual Convention, Corpus Christi, TX, December, 2005.

Bourgeois, A.E., **Meyers**, **M.C.**, LeUnes, A. Athletic coping skills in elite and sub-elite female gymnasts. Association for the Advancement of Applied Sport Psychology Conference, Vancouver, British Columbia, Canada, October, 2005.

Meyers, M.C., Bourgeois, A.E., LeUnes, A. Motivation and locus of control of elite and sub-elite equestrian athletes. American College of Sports Medicine Annual Meeting, Nashville, TN, June, 2005.

Logan, Z.M., **Meyers, M.C.**, Laurent, C.M., Goodwin, B.G. Coping styles, hardiness, and anaerobic performance of college males: An ongoing study. West Texas A&M Eleventh Annual Student Research Conference, Canyon, TX, April, 2005.

Bourgeois, A.E., LeUnes, A., **Meyers, M.C.** Psychological coping skills of elite female gymnasts. Southwestern Psychological Association Meeting, Memphis, TN, March, 2005

- Laurent, C.M., **Meyers, M.C.**, Robinson, C.A. Prediction of anaerobic power and body composition in college males: An ongoing study. Texas American College of Sports Medicine Chapter Meeting, Dallas, TX, March, 2005.
- Goodwin, B.G., **Meyers**, **M.C.** Hardiness and coping styles of international skydivers. Texas American College of Sports Medicine Chapter Meeting, Dallas, TX, March, 2005.
- Jarecki, J.L., **Meyers, M.C.**, Goodwin, B.G. Nutritional status of adolescent female Olympic Developmental soccer athletes. Texas American College of Sports Medicine Chapter Meeting, Dallas, TX, March, 2005.
- Logan, Z.M., **Meyers, M.C.**, Laurent, C.M., Goodwin, B.G. Coping styles, hardiness, and anaerobic performance of college males: An ongoing study. Texas American College of Sports Medicine Chapter Meeting, Dallas, TX, March, 2005.
- Laurent, C.M., **Meyers, M.C.**, Robinson, C.A. Prediction of anaerobic power and body composition in college males: An ongoing study. Rocky Mountain American College of Sports Medicine Annual Meeting and Symposium, Colorado Springs, CO, February, 2005.
- Goodwin, B.G., **Meyers, M.C.** Hardiness and coping styles of international skydivers. Rocky Mountain American College of Sports Medicine Annual Meeting and Symposium, Colorado Springs, CO, February, 2005.
- Jarecki, J.L., **Meyers, M.C.**, Goodwin, B.G. Nutritional status of adolescent female Olympic Developmental soccer athletes. Rocky Mountain American College of Sports Medicine Annual Meeting and Symposium, Colorado Springs, CO, February, 2005.
- Logan, Z.M., **Meyers, M.C.**, Laurent, C.M., Goodwin, B.G. Coping styles, hardiness, and anaerobic performance of college males: An ongoing study. Rocky Mountain American College of Sports Medicine Annual Meeting and Symposium, Colorado Springs, CO, February, 2005.
- Bourgeois, A. E., **Meyers, M.C.**, & LeUnes, A.D. The Sports Inventory for Pain: Confirmatory factorial validity. Sport Psychology Division, Australian Institute of Sport, Melbourne, Australia, January, 2005.
- Bourgeois, A.E., **Meyers, M.C.**, & LeUnes, A.D. Factorial validity of a measure of motivation and leadership in sport: Sport Survey research. Sport Psychology Division, Australian Institute of Sport, Melbourne, Australia, January, 2005.

- **Meyers, M.C.**, Bloom, J.A. Fast pitch softball injuries. Texas Association for Health, Physical Education, Recreation and Dance Annual Convention, Arlington, TX, December, 2004.
- **Meyers, M.C.** Incidence, etiology, and severity of high school football injuries on FieldTurf versus natural grass. A five year prospective study. Keynote Speaker. FieldTurf North American Annual Sales Meeting, FieldTurf Corporation, Montreal, Quebec, Canada, November, 2004.
- **Meyers, M.C.**, Bourgeois, A.E., LeUnes, A. A valid measure of the ability to participate in sport when injured: the SIP-15. Association for the Advancement of Applied Sport Psychology Conference, Minneapolis, MN, September, 2004.
- **Meyers, M.C.** Fitness for kids. Invited Speaker. Parents and Teachers Association, Sam Houston Middle School, Amarillo, TX, September, 2004.
- **Meyers**, **M.C.** Pain coping responses in collegiate rodeo athletes. Invited Speaker. Rodeo Research and Clinical Care: First International Conference, Calgary, Alberta, Canada, July, 2004.
- **Meyers, M.C.** Radiologic findings of the upper extremity in collegiate rodeo athletes. Invited Speaker. Rodeo Research and Clinical Care: First International Conference, Calgary, Alberta, Canada, July, 2004.

- **Meyers, M.C.**, Bourgeois, A.E., LeUnes, A., Stewart, C.C. Athletic and pain coping skills of Olympic Developmental soccer athletes. American College of Sports Medicine Annual Meeting, Indianapolis, IN, June, 2004.
- Brorman, C.A., **Meyers, M.C.** Nutritional intake patterns of NCAA Division II athletes. American College of Sports Medicine Annual Meeting, Indianapolis, IN, June, 2004.
- Barnhill, B.S., **Meyers, M.C.** Incidence, etiology and severity of high school football injuries on FieldTurf versus natural grass. A five year prospective study. Mid-America Orthopaedic Association Annual Meeting, La Quinta, CA, April, 2004.
- **Meyers, M.C.** Boosting metabolic burn: Truths and fallacies of the role of exercise in weight management. Invited Speaker. Panhandle Nurse Practitioners Association 11th Annual Symposium, Metabolic Syndrome: Fact or Fiction, Amarillo, TX, April, 2004.
- Watson, D.M., **Meyers, M.C.**, Brorman, C.A. Anaerobic response of NCAA Division II football athletes. West Texas A&M Tenth Annual Student Research Conference, West Texas A&M University, Canyon, TX, April, 2004.
- Laurent, C.M., **Meyers, M.C.**, Brorman, C.A. Anaerobic response of female collegiate equestrian athletes. West Texas A&M Tenth Annual Student Research Conference, West Texas A&M University, Canyon, TX, April, 2004.
- Logan, Z.R., **Meyers, M.C.**, Brorman, C.A. Pain coping styles of professional ice hockey athletes. West Texas A&M Tenth Annual Student Research Conference, West Texas A&M University, Canyon, TX, April, 2004.
- Goodwin, B.G., **Meyers**, **M.C.**, Brorman, C.A. Athletic coping skills of competitive skydivers. West Texas A&M Tenth Annual Student Research Conference, West Texas A&M University, Canyon, TX, April, 2004.
- Lorenz, C.R., **Meyers, M.C.**, Brorman, C.A. Anaerobic response of NCAA Division I and Division II female volleyball athletes. West Texas A&M Tenth Annual Student Research Conference, West Texas A&M University, Canyon, TX, April, 2004.
- Watson, D.M., **Meyers, M.C.**, Brorman, C.A. Anaerobic response of NCAA Division II football athletes. Texas American College of Sports Medicine Chapter Meeting, Tyler, TX, February, 2004.
- Laurent, C.M., **Meyers, M.C.**, Brorman, C.A. Anaerobic response of female collegiate equestrian athletes. Texas American College of Sports Medicine Chapter Meeting, Tyler, TX, February, 2004.
- Logan, Z.R., **Meyers, M.C.**, Brorman, C.A. Pain coping styles of professional ice hockey athletes. Texas American College of Sports Medicine Chapter Meeting, Tyler, TX, February, 2004.
- Goodwin, B.G., **Meyers, M.C.**, Brorman, C.A. Athletic coping skills of competitive skydivers. Texas American College of Sports Medicine Chapter Meeting, Tyler, TX, February, 2004.
- Lorenz, C.R., Meyers, M.C., Brorman, C.A. Anaerobic response of NCAA Division I and Division II female volleyball athletes. Texas American College of Sports Medicine Chapter Meeting, Tyler, TX, February, 2004.
- Watson, D.M., **Meyers, M.C.**, Brorman, C.A. Anaerobic response of NCAA Division II football athletes. Rocky Mountain Chapter American College of Sports Medicine Annual Meeting and Symposium, Frisco, CO, February, 2004.
- Laurent, C.M., **Meyers, M.C.**, Brorman, C.A. Anaerobic response of female collegiate equestrian athletes. Rocky Mountain Chapter American College of Sports Medicine Annual Meeting and Symposium, Frisco, CO, February, 2004.
- Logan, Z.R., **Meyers, M.C.**, Brorman, C.A. Pain coping styles of professional ice hockey athletes. Rocky Mountain Chapter American College of Sports Medicine Annual Meeting and Symposium, Frisco, CO, February, 2004.

Goodwin, B.G., **Meyers, M.C.**, Brorman, C.A. Athletic coping skills of competitive skydivers. Rocky Mountain Chapter American College of Sports Medicine Annual Meeting and Symposium, Frisco, CO, February, 2004.

Lorenz, C.R., **Meyers**, **M.C.**, Brorman, C.A. Anaerobic response of NCAA Division I and Division II female volleyball athletes. Rocky Mountain Chapter American College of Sports Medicine Annual Meeting and Symposium, Frisco, CO, February, 2004.

2003

Meyers, M.C. Women's fast pitch softball injuries. Invited Speaker. Workshop on Injuries and Prevention Techniques for Women Athletes, American Society for Testing and Materials International Sports Equipment and Facilities Committee F08 Meeting, Tampa, FL, November, 2003.

Meyers, M.C. Sport psychology for soccer athletes. Invited Speaker. West Texas A&M Soccer Camp Program, Department of Intercollegiate Athletics, West Texas A&M University, Canyon, TX, June, 2003.

Meyers, M.C. Nutritional concerns for soccer athletes. Invited Speaker. West Texas A&M Soccer Camp Program, Department of Intercollegiate Athletics, West Texas A&M University, Canyon, TX, June, 2003.

Meyers, M.C., Bourgeois, A.E., LeUnes, A., Middendorf, J. The Sports Inventory for Pain: confirming factorial validity. American College of Sports Medicine Annual Meeting, San Francisco, CA, May, 2003.

Brorman, C.A., **Meyers, M.C.**, Bourgeois, A.E., LeUnes, A. Pain coping styles of athletes. American College of Sports Medicine Annual Meeting, San Francisco, CA, May 2003.

Bourgeois, A.E., **Meyers, M.C.**, LeUnes, A., Middendorf, J. The Sports Inventory for Pain: A confirmation of factorial validity. Southwestern Psychological Association Meeting, New Orleans, LA, April, 2003.

Meyers, M.C. Principles of wellness and nutrition. Invited Lecture. College Assistance Migrant Program. West Texas A&M University, Canyon, TX, March, 2003.

Meyers, M.C. Neuroendocrine supplements for sport. Endocrinology Invited Lecture. Division of Agriculture and Natural Sciences, West Texas A&M University, Canyon, TX, March, 2003.

Brorman, C.A., **Meyers, M.C.**, Bourgeois, A.E., LeUnes, A. Pain coping styles of athletes. Texas American College of Sports Medicine Chapter Meeting, Houston, TX, March, 2003.

Meyers, M.C. Talent identification and development in sport. Sport Psychology Honors Invited Lecture, Department of Psychology, Texas A&M University, College Station, TX, February, 2003.

2002

Brorman, C.A., **Meyers, M.C.** Nutritional status of National Collegiate Athletic Association Division II female equestrian athletes. Texas Association for Health, Physical Education, Recreation and Dance Conference, Fort Worth, TX, December, 2002.

Wooten, J.S., **Meyers**, **M.C.** Anthropometric, cardiorespiratory, and anaerobic response to training in Division-I collegiate female volleyball players. Texas Association for Health, Physical Education, Recreation and Dance Conference, Fort Worth, TX, December, 2002.

Meyers, M.C. Nutritional concerns for baseball athletes. West Texas A&M Baseball Program, Department of Intercollegiate Athletics, West Texas A&M University, Canyon, TX, June, 2002.

Meyers, M.C. Sport psychology: self image, coping with competitive anxiety, and group goal setting. Invited Speaker. North Texas State Soccer Association D-License Coaches Meeting, Canyon, TX, October, 2002.

Meyers, M.C. Training to be mentally competitive. Invited Speaker. West Texas A&M Soccer Camp Program, Department of Intercollegiate Athletics, West Texas A&M University, Canyon, TX, June, 2002.

- Meyers, M.C. Nutritional concerns for soccer athletes. Invited Speaker. West Texas A&M Soccer Camp Program, Department of Intercollegiate Athletics, West Texas A&M University, Canyon, TX, June, 2002.
- Brorman, C.A., **Meyers, M.C.**, Barnett, T.M. Athletic coping skills of high school athletes. American College of Sports Medicine Annual Meeting, St. Louis, MO, May, 2002.
- Wooten, J.S., Meyers, M.C., Fincher, A.L., O'Connor, D.P., Woods, G.W. Pain coping responses of patients undergoing anterior cruciate ligament reconstruction and rehabilitation. American College of Sports Medicine Annual Meeting, St. Louis, MO, May, 2002.
- Meyers, M.C. Research with the high performance athlete. Invited Speaker. School of Applied Health and Educational Psychology, Oklahoma State University, Stillwater, OK, April, 2002.
- **Meyers, M.C.** Nutritional status and recommendations for female soccer athletes. Invited Speaker. Women's Soccer Program, Department of Intercollegiate Athletics, West Texas A&M University, Canyon, TX, April, 2002.
- Brorman, C.A., **Meyers, M.C.** Nutritional status of NCAA Division II athletes. Texas American College of Sports Medicine Chapter Meeting, Georgetown, TX, February, 2002.
- Chavez, C., Meyers, M.C., Brorman, C.A. Relationship between pain coping styles and anaerobic performance in college students. Texas American College of Sports Medicine Chapter Meeting, Georgetown, TX, February, 2002.
- Wooten, J.S., **Meyers, M.C.**, Fincher, A.L., O'Connor, D.P., Woods, G.W. Pain coping responses of patients undergoing anterior cruciate ligament reconstruction and rehabilitation. Texas American College of Sports Medicine Chapter Meeting, Georgetown, TX, February, 2002.
- **Meyers**, M.C. Nutritional status and recommendations for equestrian athletes. Invited Speaker. Intercollegiate Equestrian Program, Department of Intercollegiate Athletics, West Texas A&M University, Canyon, TX, February, 2002.

- Brorman, C.A., Barnett, T.M., **Meyers, M.C.** Athletic coping skills of high school athletes. Texas Association for Health, Physical Education, Recreation and Dance Conference, Corpus Christi, TX, November, 2001.
- Chavez, C., **Meyers, M.C.**, Brorman, C.A. Relationship between pain coping styles and anaerobic performance in collegiate males. Eighth Annual Student Research Conference, West Texas A&M University, Canyon, TX, November, 2001.
- Brorman, C.A., **Meyers, M.C.**, Barnett, T.M. Athletic coping skills of high school athletes. West Texas A&M Eighth Annual Student Research Conference, West Texas A&M University, Canyon, TX, November, 2001.
- **Meyers, M.C.** Training to be mentally competitive. Invited Speaker. West Texas A&M Soccer Camp Program, Department of Intercollegiate Athletics, West Texas A&M University, Canyon, TX, June, 2001.
- Meyers, M.C. Nutritional concerns for soccer athletes. Invited Speaker. West Texas A&M Soccer Camp Program, Department of Intercollegiate Athletics, West Texas A&M University, Canyon, TX, June, 2001.
- Wooten, J.S., **Meyers, M.C.**, Zhang, J.J., Fincher, L., Bloom, J.A., Woods, G.W., Smith, D.S. Effects of anterior cruciate knee reconstruction on pain coping response. American College of Sports Medicine Annual Meeting, Baltimore, MD, May, 2001.
- **Meyers, M.C.**, Bourgeois, A.E., LeUnes, A. Pain coping styles of athletes. American College of Sports Medicine Annual Meeting, Baltimore, MD, May, 2001.
- Wooten, J.S., **Meyers**, **M.C.**, Zhang, J.J., Fincher, L., Bloom, J.A., Woods, G.W., Smith, D.S. Effects of anterior cruciate knee reconstruction on pain coping response. Texas American College of Sports Medicine Chapter Meeting, Fort Worth, TX, February, 2001.

- Wooten, J.S., **Meyers**, **M.C.** Differences in body composition, muscular endurance, and anaerobic power among collegiate females in various sports. Texas Association for Health, Physical Education, Recreation, and Dance Conference, Dallas, TX, December, 2000.
- Meyers, M.C. A wellness approach. Invited Speaker. Multiple Sclerosis 2000: Striding into the Future Conference, National Multiple Sclerosis Society Panhandle Chapter, Amarillo, TX, October, 2000
- Meyers, M.C. Moving with MS. Invited Speaker. Multiple Sclerosis 2000: Striding into the Future Conference, National Multiple Sclerosis Society Panhandle Chapter, Amarillo, TX, October, 2000
- Wooten, J.S., Ryan, N.D., **Meyers, M.C.**, Masse, L.C., Tortolero, S.R., Kohl, H.W., Jackson, A.S. Measured vs estimated resting metabolic rate in middle and older age Latina women. American College of Sports Medicine Annual Meeting, Indianapolis, IN, May, 2000.
- Ryan, N.D., **Meyers, M.C.**, Masse, L.C., Tortolero, S.R., Kohl, H.W., Jackson, A.S. Validation of resting metabolic rate prediction equations in African-American women. American College of Sports Medicine Annual Meeting, Indianapolis, IN, May, 2000.
- Vincent, S.R., **Meyers**, **M.C.**, Ryan, N.D., Nair, P.M. Athletic coping skills among collegiate and elite athletes: An on-going study. American College of Sports Medicine Annual Meeting, Indianapolis, IN, May, 2000.
- Palma, R.P., Meyers, M.C., Wooten, J.S. Athletic coping skills, pain coping response, and mood states of national level Kali-Silat (stick fighting) competitors. American College of Sports Medicine Annual Meeting, Indianapolis, IN, May, 2000.
- Wooten, J.S., Ryan, N.D., **Meyers, M.C.**, Masse, L.C., Tortolero, S.R., Kohl, H.W., Jackson, A.S. Measured vs estimated resting metabolic rate in middle and older age Latina women. Texas American College of Sports Medicine Chapter Meeting, College Station, TX, February, 2000.
- Ryan, N.D., **Meyers, M.C.**, Masse, L.C., Tortolero, S.R., Kohl, H.W., Jackson, A.S. Validation of resting metabolic rate prediction equations in African-American women. Texas American College of Sports Medicine Chapter Meeting, College Station, TX, February, 2000.
- Vincent, S.R., **Meyers**, **M.C.**, Ryan, N.D., Nair, P.M. Athletic coping skills among collegiate and elite athletes: An on-going study. Texas American College of Sports Medicine Chapter Meeting, College Station, TX, February, 2000.
- Palma, R.P., **Meyers, M.C.**, Wooten, J.S. Athletic coping skills, pain coping response, and mood states of national level Kali-Silat (stick fighting) competitors. Texas American College of Sports Medicine Chapter Meeting, College Station, TX, February, 2000.

- **Meyers, M.C.** Undergraduate preparation programs for exercise science majors: Past, present, and future. Invited Speaker. Department of Health, Physical Education and Recreation, Western Michigan University, Kalamazoo, MI, November, 1999.
- Bourgeois, T., LeUnes, A., Bell, S., Corove, M., Loss, R., **Meyers, M.C.** The influence of impression management and self-deception upon selected psychometric instruments of interest to sport psychologists. Association for the Advancement of Applied Sport Psychology Conference, Banff, Alberta, Canada, September, 1999.
- Wooten, J.S., **Meyers, M.C.** Exercise performance and anthropometric status of elite, adolescent taekwondo athletes. American College of Sports Medicine Annual Meeting, Seattle, WA, June, 1999.
- Ewing, C., Bloom, J., **Meyers, M.C.**, Encarnacion, M.G., Ryan, N.D., Wooten, J.S., Nair, P.M. Upper body strength and joint range of motion of elite, adolescent taekwondo athletes. American College of Sports Medicine Annual Meeting, Seattle, WA, June, 1999.

- Ryan, N.D., **Meyers, M.C.**, Masse, L. Determination of actual versus predicted resting metabolic rate in middle and older age African American females. American College of Sports Medicine Annual Meeting, Seattle, WA, June, 1999.
- Stewart, C.C., **Meyers**, **M.C.** Motivation and locus of control of elite, teenage soccer players. American College of Sports Medicine Annual Meeting, Seattle, WA, June, 1999.
- Encarnacion, M.G., **Meyers, M.C.**, Ryan, N.D., Pease, D.G. Pain coping styles of ballet performers. American College of Sports Medicine Annual Meeting, Seattle, WA, June, 1999.
- Velez, D., Meyers, M.C., Encarnacion, M.G., Ryan, N.D., Wooten, J.S. Athletic coping skills and mood states of elite, adolescent taekwondo athletes. American College of Sports Medicine Annual Meeting, Seattle, WA, June, 1999.
- Taylor, P., **Meyers, M.C.**, LeUnes, A., Bourgeois, A.E., Stewart, C.C. Pain coping styles of male Olympic Developmental soccer athletes. American College of Sports Medicine Annual Meeting, Seattle, WA, June, 1999.
- Masse, L.C., Wong, W.W., **Meyers, M.C.**, Fulton, J.E., Tortolero, S.R. Total and physical activity energy expenditure among African American women using doubly labeled water. American College of Sports Medicine Annual Meeting, Seattle, WA, June, 1999.
- Tortolero, S.R., Masse, L.C., Wong, W.W., **Meyers, M.C.**, Fulton, J.E. The relation between physical activity energy expenditure and depression among African-American women. American College of Sports Medicine Annual Meeting, Seattle, WA, June, 1999.
- Wooten, J.S., **Meyers, M.C.**, Encarnacion, M.G., Ryan, N.D. Exercise performance and anthropometric status of elite, adolescent taekwondo athletes. Texas American College of Sports Medicine Chapter Meeting, Houston, TX, February, 1999.
- Ewing, C., Bloom, J., **Meyers**, **M.C.**, Encarnacion, M.G., Ryan, N.D., Wooten, J.S., Nair, P.M. Upper body strength and joint range of motion of elite, adolescent taekwondo athletes. Texas American College of Sports Medicine Chapter Meeting, Houston, TX, February, 1999.
- Ryan, N.D., **Meyers, M.C.**, Masse, L. Determination of actual versus predicted resting metabolic rate in middle and older age African American females. Texas American College of Sports Medicine Chapter Meeting, Houston, TX, February, 1999.
- Nair, P.M., **Meyers, M.C.**, Ryan, N.D. Athletic coping skills among collegiate and elite athletes: An on-going study. Texas American College of Sports Medicine Chapter Meeting, Houston, TX, February, 1999.
- Encarnacion, M.G., **Meyers, M.C.**, Ryan, N.D., Pease, D.G. Pain coping styles of ballet performers. Texas American College of Sports Medicine Chapter Meeting, Houston, TX, February, 1999.
- Velez, D., **Meyers, M.C.**, Encarnacion, M.G., Ryan, N.D., Wooten, J.S. Athletic coping skills and mood states of elite, adolescent taekwondo athletes. Texas American College of Sports Medicine Chapter Meeting, Austin, TX, February, 1999.
- Taylor, P., **Meyers, M.C.**, LeUnes, A., Bourgeois, A.E., Stewart, C.C. Pain coping styles of male Olympic Developmental soccer athletes. Texas American College of Sports Medicine Chapter Meeting, Houston, TX, February, 1999.
- Harkrider, C., Bourgeois, A.E., LeUnes, A., **Meyers, M.C.** A comparison of aggressive content in coactive, mixed, and interactive sports. Texas American College of Sports Medicine Chapter Meeting, Houston, TX, February, 1999.
- Cliett, H., LeUnes, A., Bourgeois, A.E., Meyers, M.C. Athletic coping skills in female fast-pitch softball players. Texas American College of Sports Medicine Chapter Meeting, Houston, TX, February, 1999.

Dubuisson, L., LeUnes, A., Bourgeois, A.E., **Meyers, M.C.** Athletic coping skills: A comparison by gender and athletic scholarship. Texas American College of Sports Medicine Chapter Meeting, Houston, TX, February, 1999.

1998

Meyers, M.C. Health, fitness, and sports. Invited Speaker. Visiting Finnish Scholars Program, College of Education, University of Houston, Houston, TX, October, 1998.

Parker, J., Bourgeois, T., LeUnes, A., Meyers, M.C. Justification of aggression in sport versus social scenarios. Association for the Advancement of Applied Sport Psychology Conference, Cape Cod, MA, September, 1998.

Ryan, N.D., **Meyers, M.C.**, Encarnacion, M.G., Bloom, J., Wooten, J.S. Exercise performance of collegiate male golfers. American College of Sports Medicine Annual Meeting, Orlando, FL, June, 1998.

Wooten, J.S., Ryan, N.D., **Meyers, M.C.**, Tate, A.L. Exercise performance of Indonesian National track and field athletes. American College of Sports Medicine Annual Meeting, Orlando, FL, June, 1998.

Encarnacion, M.G., Meyers, M.C., Bloom, J., Ryan, N.D. Upper body strength and joint range of motion of collegiate male golfers. American College of Sports Medicine Annual Meeting, Orlando, FL, June, 1998.

Bailey, B.E., Meyers, M.C., Ryan, N.D. Athletic coping skills and mood state response of collegiate male golfers. American College of Sports Medicine Annual Meeting, Orlando, FL, June, 1998.

Tallman, N., Meyers, M.C., Skelly, W.A., LeUnes, A., Bourgeois, A.E. Pain coping styles of injured and noninjured high school rodeo athletes. American College of Sports Medicine Annual Meeting, Orlando, FL, June, 1998.

MaKransky, D.N., **Meyers, M.C.**, Stewart, C.C., Ryan, N.D. Mood and athletic coping skills of Olympic Developmental soccer athletes. American College of Sports Medicine Annual Meeting, Orlando, FL, June, 1998.

Steinhagen, M.R., **Meyers, M.C.**, Erickson, H.H., Noble, L., Rudy, J. Anthropometric and joint range of motion characteristics of collegiate male lacrosse athletes. American College of Sports Medicine Annual Meeting, Orlando, FL, June, 1998.

Murray, N.G., Kelder, S., **Meyers, M.C.** Type of physical activity and level of depression in suburban 9th and 10th grade students. American College of Sports Medicine Annual Meeting, Orlando, FL, June, 1998.

Meyers, M.C. Performance testing of the elite athlete: A comprehensive approach. Invited Speaker. United States National Gymnastics Program, Cypress Academy of Gymnastics, Houston, TX, May, 1998.

Meyers, M.C. Challenges in sport psychology. A multidisciplinary point of view. Invited Address, South-Central Regional Student Sport and Exercise Psychology Symposium, College Station, TX, March, 1998.

Ryan, N.D., **Meyers, M.C.**, Encarnacion, M.G., Bloom, J., Wooten, J.S. Exercise performance of collegiate male golfers. Texas American College of Sports Medicine Chapter Meeting, Arlington, TX, February, 1998.

Wooten, J.S., Ryan, N.D., Meyers, M.C., Tate, A.L. Exercise performance of Indonesian National track and field athletes. Texas American College of Sports Medicine Chapter Meeting, Arlington, TX, February, 1998.

Encarnacion, M.G., **Meyers, M.C.**, Bloom, J., Ryan, N.D., Wooten, J.S. Upper body strength and joint range of motion of collegiate male golfers. Texas American College of Sports Medicine Chapter Meeting, Arlington, TX, February, 1998.

Bailey, B.E., Meyers, M.C., Ryan, N.D. Athletic coping skills and mood state response of collegiate male golfers. Texas American College of Sports Medicine Chapter Meeting, Arlington, TX, February, 1998.

Tallman, N., **Meyers, M.C.**, Skelly, W.A., LeUnes, A., Bourgeois, A.E. Pain coping styles of injured and noninjured high school rodeo athletes. Texas American College of Sports Medicine Chapter Meeting, Arlington, TX, February, 1998.

MaKransky, D.N., **Meyers, M.C.**, Stewart, C.C., Ryan, N.D. Mood and athletic coping skills of Olympic Developmental soccer athletes. Texas American College of Sports Medicine Chapter Meeting, Arlington, TX, February, 1998.

Meyers, M.C. A comprehensive approach to disordered eating. Invited Speaker. University of Houston Student Health Center Eating Disorders Seminar, Houston, TX, February, 1998.

Meyers, M.C. Determination of resting metabolic rate in middle and older aged minority women. University of Texas School of Public Health, Center for Health Promotion, Women on the Move Site Visit Meeting, Houston, TX, January, 1998.

1997

Murray, N.G., **Meyers, M.C.**, Bourgeois, A.E., LeUnes, A. Locus of control and mood state in female equestrian athletes. Association for the Advancement of Applied Sport Psychology Conference, San Diego, CA, October, 1997.

Hamilton-Ward, K., **Meyers, M.C.**, Marley, R.J., Skelly, W.A. Effect of creatine supplementation on upper-extremity work in females. International Industrial Ergonomics and Safety Conference, Washington, DC, June, 1997.

Ward, K.H., **Meyers, M.C.**, Skelly, W.A., Marley, R.J. Effect of oral creatine supplementation on upper extremity anaerobic response in females. American College of Sports Medicine Annual Meeting, Denver, CO, May, 1997.

Meyers, M.C., Sterling, J.C., Souryal, T. Radiographic findings of the upper extremity in collegiate rodeo athletes. American College of Sports Medicine Annual Meeting, Denver, CO, May, 1997.

Feher, P., Meyers, M.C., Skelly, W.A. Psychological profile of rock climbers: State and trait attributes. American College of Sports Medicine Annual Meeting, Denver, CO, May, 1997.

Trafton, T., Meyers, M.C., Skelly, W.A. Psychological characteristics of the telemark skier. American College of Sports Medicine Annual Meeting, Denver, CO, May, 1997.

Meyers, M.C. Physiological testing of the high-performance athlete. Invited Speaker. Joe W. King Orthopedics Institute Colloquia on Applied Science in Sports Medicine, Houston, TX, April, 1997.

Gehbauer, T., Bourgeois, A.E., **Meyers, M.C.**, LeUnes A.D. A comparison of two pain catastrophizing scales. Southwestern Psychological Association Conference, Ft. Worth, TX, April, 1997.

Sales, E., Bourgeois, A.E., LeUnes, A.D., **Meyers, M.C.**, Butler, R. The Athletic Coping Skills Inventory: A psychometric evaluation. Southwestern Psychological Association Conference, Ft. Worth, TX, April, 1997.

Thompson, H., Bourgeois, A.E., LeUnes, A.D., **Meyers, M.C.**, Henderson, J. Comparison of Big Five personality instruments in a sport context. Southwestern Psychological Association Conference, Ft. Worth, TX, April, 1997.

Meyers, **M.C.** Psychological aspects of sport injury and rehabilitation. South-Central Regional Student Sport and Exercise Psychology Symposium, College Station, TX, April 1997.

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Meyers, M.C., LeUnes, A., Bourgeois, A.E., Marley, R.R. Mood state response of athletes undergoing anterior cruciate ligament reconstruction versus meniscectomy and rehabilitation. An on-going study. Association for the Advancement of Applied Sport Psychology Conference, Williamsburg, VA, October, 1996.

- Cozzi, J., LeUnes, A., Bourgeois, A.E., **Meyers, M.C.** A verification and extension of causal attributes in sport psychology. Association for the Advancement of Applied Sport Psychology Conference, Williamsburg, VA, October, 1996.
- Hollander, D.B., Acevado, E.O., **Meyers, M.C.**, Haymen, M., Haskins, J. Training to swim the English Channel: A case study. National Strength and Conditioning Association Annual Conference, Atlanta, GA, June, 1996.
- **Meyers, M.C.**, Bartholomew, J., Herzog, M. Physiological and metabolic response of college females exposed to a competitive equestrian training regimen. American College of Sports Medicine Annual Meeting, Cincinnati, OH, June, 1996.
- Vanderford, M.L., **Meyers, M.C.**, Stewart, C., Skelly, W.A., Ward, K.H. Physiological and sport skill characteristics of Olympic developmental soccer athletes. American College of Sports Medicine Annual Meeting, Cincinnati, OH, June, 1996.
- Herzog, M.J., Kovaleski, J., **Meyers, M.C.**, Ganguli, S., Ozmun, J. Physiological effect of stairclimber, slide board, and cycle ergometry at selected cadences. American College of Sports Medicine Annual Meeting, Cincinnati, OH, June, 1996.
- Ward, K.H., Meyers, M.C., Brewster, D.S., Bartholomew, J. Heart rate response of equestrians during various equine gaits. American College of Sports Medicine Annual Meeting, Cincinnati, OH, June, 1996.
- Henderson, J.M., Bourgeois, T., LeUnes, A., **Meyers, M.C.** Psychometric properties of Big Five personality inventories in sport psychology settings. Southwestern Psychological Association Conference, Houston, TX, April, 1996.
- Jacobs, A.C., Bourgeois, T., LeUnes, A., **Meyers, M.C.** The relationship between sport participation, mood states, and competitive anxiety. Southwestern Psychological Association Conference, Houston, TX, April, 1996.
- Suka, N., Bourgeois, T., LeUnes, A., **Meyers, M.C.** The relationship between aggression, sport participation, and affect. Southwestern Psychological Association Conference, Houston, TX, April, 1996.
- Meyers, M.C. Current academic, research, and service activities in the exercise science program. Internal Coordinating Committee, Division of Health Sciences, Montana State University, Bozeman, MT, March, 1996.
- **Meyers, M.C.** The benefits of horseback riding for exercise and physical conditioning. Invited Speaker. North American Horsemen's Association Annual Conference, Boulder, CO, February, 1996.

- **Meyers, M.C.** Structuring your training program. Invited Speaker. Montana State Horse Show Association Conference, Helena, MT, November, 1995.
- Meyers, M.C. Building your sports medicine team. Invited Speaker. Montana State Horse Show Association Conference, Helena, MT, November, 1995.
- **Meyers, M.C.** Sport psychology, competitive traits, and training to be mentally competitive. Invited Speaker. United States Dressage Federation/Indiana Dressage Society Regional Adult Education Seminar-Region 2, Indianapolis, IN, October, 1995.
- **Meyers, M.C.**, LeUnes, A., Bourgeois, A.E. Comparison of psychological skills across event, gender, nature of competition, and athletic skill level in collegiate rodeo athletes. Association for the Advancement of Applied Sport Psychology Conference, New Orleans, LA, September, 1995.
- Henderson, J., LeUnes, A., Bourgeois, A.E., **Meyers, M.C.** Group cohesiveness, stress, and mood disturbance in female basketball players. Association for the Advancement of Applied Sport Psychology Conference, New Orleans, LA, September, 1995.

- Burkett, S., LeUnes, A., Bourgeois, A.E., Driggers-Bourgeois, T., **Meyers, M.C.** Psychological predictors of intramural sports participation. Association for the Advancement of Applied Sport Psychology Conference, New Orleans, LA, September, 1995.
- **Meyers, M.C.** Current topics in human and equine sports medicine. Invited Speaker. Minority Apprenticeship Speakers Program, American Indian Research Opportunities Programs, Montana State University, Bozeman, MT, August, 1995.
- **Meyers, M.C.** Strong bodies and strong minds: Physiological and psychological aspects of sport. Part I. Invited Speaker. Olympic Developmental Soccer Program Camp, Montana State University, Bozeman, MT, June, 1995.
- **Meyers, M.C.** Strong bodies and strong minds: Physiological and psychological aspects of sport. Part II. Invited Speaker. Olympic Developmental Soccer Program Camp, Montana State University, Bozeman, MT, June, 1995.
- Meyers, M.C. Fitness for horsemanship. Invited Speaker. First Annual Summer Equine Educational Seminar, Greater Houston Horse Council and Texas Agricultural Extension Service, Houston, TX, June, 1995.
- **Meyers, M.C.** Sports psychology for the equestrian athlete. Invited Speaker. First Annual Summer Equine Educational Seminar, Greater Houston Horse Council and Texas Agricultural Extension Service, Houston, TX, June, 1995.
- **Meyers, M.C.** Trouble shooting your training program. Part I. Invited Speaker. First Annual Summer Equine Educational Seminar, Greater Houston Horse Council and Texas Agricultural Extension Service, Houston, TX, June, 1995.
- **Meyers, M.C.** Trouble shooting your training program. Part II. Invited Speaker. First Annual Summer Equine Educational Seminar, Greater Houston Horse Council and Texas Agricultural Extension Service, Houston, TX, June, 1995.
- **Meyers, M.C.**, Bartholomew, J., Herzog, M. Exercise performance of collegiate female equestrian athletes. American College of Sports Medicine Annual Meeting, Minneapolis, MN, June 1995.
- Cordill, M.R., **Meyers, M.C.**, Erickson, H.H., Noble, L., Rudy, J. Isokinetic quadriceps/hamstring torque and power production in collegiate lacrosse athletes. American College of Sports Medicine Annual Meeting, Minneapolis, MN, June, 1995.
- **Meyers, M.C.** Acclimation to exercise, chronic fatigue in athletes, and overtraining. Invited Speaker. In Sports Nutrition, Department of Health and Human Development, Montana State University, Bozeman, MT, April, 1995.
- Meyers, M.C., LeUnes, A., Bourgeois, A.E. Psychological skills assessment and athletic performance in collegiate rodeo athletes. Southwestern Psychological Association Conference, San Antonio, TX, April, 1995.
- Burkett, S.V., Bourgeois, A.E., LeUnes, A., Meyers, M.C., Driggers-Bourgeois, T. Motivational and mood factors influencing intramural sports participation. Southwestern Psychological Association Conference, San Antonio, TX, April, 1995.
- Henderson, J.M., Bourgeois, A.E., LeUnes, A., **Meyers, M.C.** Group cohesiveness, stress, and mood disturbance in female basketball players. Southwestern Psychological Association Conference, San Antonio, TX, April, 1995.
- Meyers, M.C. Realistic goal setting. Invited Speaker. Sport Science for Equestrian Program, Houston Dressage Society, Houston, TX, February, 1995.
- **Meyers, M.C.** Finding your competitive strengths. Invited Speaker. Sport Science for Equestrian Program, Houston Dressage Society, Houston, TX, February, 1995.

- **Meyers, M.C.** Designing a training program. Invited Speaker. Sport Science for Equestrian Program, Houston Dressage Society, Houston, TX, February, 1995.
- **Meyers, M.C.** Fitness for horsemanship. Invited Speaker. Sport Science for Equestrian Program, Houston Dressage Society, Houston, TX, February, 1995.
- Meyers, M.C. Nutrition for athletes. Invited Speaker. Sport Science for Equestrian Program, Houston Dressage Society, Houston, TX, February, 1995.
- **Meyers, M.C.** Importance of exercise in relation to bone loss. Invited Speaker. Wellness Menopause Awareness Workshop, Montana State University Employee Wellness Program, Montana State University, Bozeman, MT, January, 1995.

- Meyers, M.C. Sport psychology for equestrian athletes. Invited Speaker. Montana State Horse Show Association Conference, Helena, MT, November, 1994.
- Meyers, M.C. Nutrition for athletes. Invited Speaker. Montana State Horse Show Association Conference, Helena, MT, November, 1994.
- Meyers, M.C. Fitness for horsemanship. Invited Speaker. Montana State Horse Show Association Conference, Helena, MT, November, 1994.
- **Meyers, M.C.**, Sterling, J.C., Bourgeois, A.E., Treadwell, S., LeUnes, A. Mood and psychological skills of world-ranked female tennis players. Association for the Advancement of Applied Sport Psychology Conference, Lake Tahoe, CA, October, 1994.
- Bourgeois, A.E., LeUnes, A., Meyers, M.C. The Willis Sport Motivation Scale: A psychometric analysis. Association for the Advancement of Applied Sport Psychology Conference, Lake Tahoe, CA, October, 1994.
- **Meyers, M.C.**, Marley, R.R., Duhon, T.K., Ingram, S., Sterling, J.C. Power output and range of motion of high school football placekickers. National Strength and Conditioning Association Annual Conference, New Orleans, LA, June, 1994.
- **Meyers**, **M.C.**, Sterling, J.C., Marley, R.R. Efficacy of stairclimbing versus cycle ergometry following anterior cruciate ligament reconstruction and rehabilitation. A final report. American College of Sports Medicine Annual Meeting, Indianapolis, IN, June, 1994.
- Cordill, M.R., **Meyers, M.C.**, Erickson, H.H., Noble, L., Pendlay, G.W. Exercise performance of collegiate male club-sport lacrosse athletes. American College of Sports Medicine Annual Meeting, Indianapolis, IN, June, 1994.
- **Meyers, M.C.** Determining maximal oxygen use: Use of indirect vs direct ergometry/gas analysis-Part I. Invited Speaker. Uruguay Olympic Committee Sport Science Program, Montevideo, Uruguay, May 1994.
- **Meyers, M.C.** Exercise testing of elite athletes. Invited Speaker. Uruguay Olympic Committee Sport Science Program, Laboratorio Centro Medico Deportivo de la Comision Nacional Educacion Fisica, Montevideo, Uruguay, May 1994.
- **Meyers, M.C.** Anaerobic threshold: Present approach and methods for determining threshold. Invited Speaker. Uruguay Olympic Committee Sport Science Program, Montevideo, Uruguay, May 1994.
- **Meyers, M.C.** Application of exercise physiology in the training of elite athletes. Invited Speaker. Uruguay Olympic Committee Sport Science Program, Maldonado, Uruguay, May 1994.
- **Meyers, M.C.** Determining maximal oxygen use: Use of indirect vs direct ergometry/gas analysis-Part II. Invited Speaker. Uruguay Olympic Committee Sport Science Program, ISEF, Montevideo, Uruguay, May 1994.

- **Meyers, M.C.** Up-to-date methods in the study of body composition. Invited Speaker. Uruguay Olympic Committee Sport Science Program, Montevideo, Uruguay, May 1994.
- **Meyers**, M.C. Anaerobic threshold: Present approach and methods for determining threshold. Invited Speaker. Uruguay Olympic Committee Sport Science Program, ISEF, Montevideo, Uruguay, May 1994.
- **Meyers, M.C.** Importance of nutrition for elite athletes. Invited Speaker. Uruguay Olympic Committee Sport Science Program, Montevideo, Uruguay, May 1994.
- **Meyers, M.C.** Anaerobic threshold: Present approach and methods for determining threshold. Invited Speaker. Uruguay Olympic Committee Sport Science Program, Hotel IMET, Maldonado, Uruguay, May 1994.
- **Meyers, M.C.** Application of exercise physiology in the training of elite athletes. Invited Speaker. Uruguay Olympic Committee Sport Science Program, Hotel IMET, Maldonado, Uruguay, May 1994.
- **Meyers**, M.C. Up-to-date methods in the study of body composition. Invited Speaker. Uruguay Olympic Committee Sport Science Program, Intendencia Municipal de Salto, Salto, Uruguay, May 1994.
- Meyers, M.C. Importance of nutrition for elite athletes. Invited Speaker. Uruguay Olympic Committee Sport Science Program, Intendencia Municipal de Salto, Salto, Uruguay, May 1994.
- **Meyers, M.C.** Current concepts in human/equine sports medicine. Invited Speaker. North Texas Combined Training Association, Ft. Worth, TX, May, 1994.
- **Meyers, M.C.** Preparing the equestrian athlete: Physical and mental preparation for equestrian competition. Invited Speaker. United States Dressage Federation/Indiana Dressage Society, Regional Adult Education Seminar-Region 2, Indianapolis, IN, April, 1994.
- **Meyers, M.C.** Sport psychology for equestrian athletes. Invited Speaker. Equestrian Sports Science Seminar, North Texas Dressage Society, Plano, TX, April, 1994.
- **Meyers, M.C.** Analyzing your competitive traits. Invited Speaker. Equestrian Sports Science Seminar, North Texas Dressage Society, Plano, TX, April, 1994.
- Meyers, M.C. Training to be mentally competitive. Invited Speaker. Equestrian Sports Science Seminar, North Texas Dressage Society, Plano, TX, April, 1994.
- Meyers, M.C. Nutrition for athletes. Invited Speaker. Equestrian Sports Science Seminar, North Texas Dressage Society, Plano, TX, April, 1994.
- **Meyers, M.C.** Fitness for horsemanship. Invited Speaker. Equestrian Sports Science Seminar, North Texas Dressage Society, Plano, TX, April, 1994.
- **Meyers, M.C.** Current concepts in human/equine sports medicine. Invited Speaker. Equestrian Sports Science Seminar, North Texas Dressage Society, Plano, TX, April, 1994.
- Meyers, M.C. Basic conditioning programs for the performance horse. Invited Speaker. Equestrian Sports Science Seminar, North Texas Dressage Society, Plano, TX, April, 1994.
- Meyers, M.C. Advanced conditioning concepts for the equine athlete. Invited Speaker. Equestrian Sports Science Seminar, North Texas Dressage Society, Plano, TX, April, 1994.
- **Meyers, M.C.** Physiological and metabolic response of female athletes exposed to a structured equestrian riding program. Invited Speaker. Saint Mary-of-the-Woods College Equestrian Team Awards Program, Saint Mary-of-the-Woods, IN, April, 1994.
- **Meyers, M.C.**, Bourgeois, A.E., LeUnes, A. Predicting pain response in athletes. Research with the Sports Inventory for Pain. Invited lecture. American Alliance for Health, Physical Education, Recreation & Dance National Convention, Denver, CO, April, 1994.

- Meyers, M.C., Bourgeois, A.E., LeUnes, A. Symposium: Personality characteristics of selected athletic & fitness populations. Southeastern Psychological Association Conference, New Orleans, LA, March, 1994.
- Meyers, M.C. Fitness for horsemanship. Invited Speaker. North American Trail Riders Association Meeting-Region IV, Plano, TX, March, 1994.
- Meyers, M.C. Nutrition for athletes. Invited Speaker. North American Trail Riders Association Meeting-Region IV, Plano, TX, March, 1994.
- **Meyers, M.C.** Sport psychology for the equestrian athlete. Invited Speaker. North American Trail Riders Association Meeting-Region IV, Plano, TX, March, 1994.
- Cordill, M.R., **Meyers, M.C.**, Erickson, H.H., Noble, L., Pendlay, G.W. Exercise performance of collegiate male club sport lacrosse athletes". Northland American College of Sports Medicine Chapter Meeting, Minneapolis, MN, March, 1994.
- **Meyers, M.C.** Current research in human and equine sports medicine. Invited Speaker. Department of Physiology Seminar Series, Indiana State University, Terre Haute, IN, March, 1994.
- **Meyers, M.C.** Principles of exercise physiology. Invited Lecture. Aerobic Instructor Workshop, Indiana State University Recreational Sports, Terre Haute, IN, January, 1994.
- Meyers, M.C. Proper techniques in health screening. Invited Lecture. Aerobic Instructor Workshop, Indiana State University Recreational Sports, Terre Haute, IN, January 1994.

- **Meyers, M.C.** Understanding sports psychology: Managing competitive anxiety and tension. Invited Speaker. North Texas Professional Horsemen's Association, Denton, TX, November, 1993.
- **Meyers, M.C.** Physiologic testing of the high performance athlete. Invited Speaker. Mari Hulman George School of Equine Studies, St. Mary-of-the-Woods College, Terre Haute, IN, September, 1993.
- **Meyers, M.C.** Basic conditioning concepts for the equine athlete. Invited Speaker. Illiana Equestrian Association, Terre Haute, IN, September, 1993.
- Meyers, M.C., Bourgeois, A.E., Murray, N., LeUnes, A. Comparison of psychological characteristics and skills of elite and sub-elite equestrian athletes. American College of Sports Medicine Annual Meeting, Seattle, WA. June, 1993.
- **Meyers, M.C.** Sports psychology for the equestrian athlete. Invited Speaker. Central States Dressage and Combined Training Association Symposium, Minneapolis, MN, April, 1993.
- **Meyers**, M.C. Training to be mentally competitive. Invited Speaker. Central States Dressage and Combined Training Association Symposium, Minneapolis, MN, April, 1993.
- **Meyers, M.C.** Analyzing your competitive traits. Invited Speaker. Central States Dressage and Combined Training Association Symposium, Minneapolis, MN, April, 1993.
- **Meyers**, M.C. Fitness for horsemanship. Invited Speaker. Central States Dressage and Combined Training Association Symposium, Minneapolis, MN, April, 1993.
- **Meyers, M.C.** Nutrition for athletes. Invited Speaker. Central States Dressage and Combined Training Association Symposium, Minneapolis, MN, April, 1993.
- Meyers, M.C. Structuring your training program. Invited Speaker. Central States Dressage and Combined Training Association Symposium, Minneapolis, MN, April, 1993.
- Meyers, M.C. Current concepts in human/equine sports medicine. Invited Speaker. Central States Dressage and Combined Training Association Symposium, Minneapolis, MN, April, 1993.

- Bourgeois, A.E., **Meyers, M.C.**, LeUnes, A. Sport symposium: Psychological characteristics associated with the Sports Inventory for Pain (SIP). Southwestern Psychological Association Conference, Corpus Christi, TX, April, 1993.
- **Meyers, M.C.** Sport psychology for the equestrian athlete. Invited Speaker. Tarrant County Cooperative Extension Service, Horse-O-Rama, Will Rogers Equestrian Center, Fort Worth, TX, March, 1993.
- Meyers, M.C. Fitness for horsemanship. Invited Speaker. Tarrant County Cooperative Extension Service, Horse-O-Rama, Will Rogers Equestrian Center, Fort Worth, TX, March, 1993.
- Meyers, M.C. Current concepts in human/equine sports medicine. Invited Speaker. Tarrant County Cooperative Extension Service, Horse-O-Rama, Will Rogers Equestrian Center, Fort Worth, TX, March, 1993.
- Meyers, M.C. Warming-up and cooling-down for optimal performance. Invited Speaker. Kansas State University Rodeo Association, Department of Animal Sciences and Industry, Manhattan, KS, March, 1993.
- Meyers, M.C. Sports medicine for the horse and rider. Invited Speaker. Kansas State University Horseman's Conference, Manhattan, KS, March, 1993.
- **Meyers**, M.C. Exercise prescription for equestrian sports. Invited Speaker. Kansas State University Rodeo Association, Department of Animal Sciences and Industry, Manhattan, KS, February, 1993.
- Meyers, M.C. Preparing the equestrian athlete: Physical and mental preparation for equestrian competition. Invited Speaker. Alberta Horse Breeders and Owners Conference, Red Deer, Alberta, Canada, January, 1993.

- Meyers, M.C. Sports psychology for the equestrian athlete. Invited Speaker. Meadowlark Pony Club Seminar and Clinic, Red Brush Farms, Wichita, KS, November, 1992.
- **Meyers, M.C.** Training to be mentally competitive. Invited Speaker. Meadowlark Pony Club Seminar and Clinic, Red Brush Farms, Wichita, KS, November, 1992.
- **Meyers, M.C.** Structuring your training program. Invited Speaker. Meadowlark Pony Club Seminar and Clinic, Red Brush Farms, Wichita, KS, November, 1992.
- Meyers, M.C. Current research in human and equine sports medicine. Invited Speaker. Department of Animal Sciences and Industry Seminar Series, Kansas State University, Manhattan, KS, November, 1992.
- **Meyers, M.C.**, Bourgeois, A.E., LeUnes, A., Erick, A., Halvelka, P. Relationship between pain coping styles and athletic performance in top vs bottom-ranked college athletes. Association for the Advancement of Applied Sport Psychology Conference, Colorado Springs, CO, October, 1992.
- Raaum, K., Bourgeois, A.E., **Meyers, M.C.**, LeUnes, A. The relationship of psychological response to pain to sex-role orientation and attitudes toward physical activity. Association for the Advancement of Applied Sport Psychology Conference, Colorado Springs, CO, October, 1992.
- Reed, J., Bourgeois, A.E., LeUnes, A., **Meyers, M.C.** The pain coping strategies utilized by high and low level runners. Association for the Advancement of Applied Sport Psychology Conference, Colorado Springs, CO, October, 1992.
- Fleming, S.L., Bourgeois, A.E., LeUnes, A.D., **Meyers, M.C.** Psychometric comparison of the full scale Profile of Mood States with other abbreviated POMS scales in selected athletic populations. Association for the Advancement of Applied Sport Psychology Conference, Colorado Springs, CO, October, 1992.
- **Meyers, M.C.**, Calvo, R.D., Marley, R.R., Duhon, T.K., Sterling, J.C. Efficacy of stairclimbing exercise. A look at postoperative leg response. American Physiological Society Integrated Biology of Exercise Conference, Colorado Springs, CO, September, 1992.

- **Meyers, M.C.** Sport psychology for the equestrian athlete. Invited Speaker. United States Dressage Federation/Federation Equestre Internationale Regional Adult Education Seminar-Region 9, Poteau, OK, August, 1992.
- Meyers, M.C. Training to be mentally competitive. Invited Speaker. United States Dressage Federation/Federation Equestre Internationale Regional Adult Education Seminar-Region 9, Poteau, OK, August, 1992.
- **Meyers, M.C.** Nutritional considerations for athletes. Invited Speaker. United States Dressage Federation/Federation Equestre Internationale Regional Adult Education Seminar-Region 9, Poteau, OK, August, 1992.
- Meyers, M.C. Fitness for horsemanship. Invited Speaker. United States Dressage Federation/Federation Equestre Internationale Regional Adult Education Seminar-Region 9, Poteau, OK, August, 1992.
- Meyers, M.C. Structuring your training program. Invited Speaker. United States Dressage Federation/ Federation Equestre Internationale Regional Adult Education Seminar-Region 9, Poteau, OK, August, 1992.
- **Meyers, M.C.** Heat disorders in athletes. Invited Speaker. Fort Bend District High School Coaches In-Service Training, Sugar Land, TX, August, 1992.
- **Meyers, M.C.** Current research in human and equine sports medicine. Invited Speaker. Department of Kinesiology, Kansas State University, Manhattan, KS, July, 1992.
- **Meyers, M.C.** Sport psychology for the equestrian athlete. Invited Speaker/Staff. United States Equestrian Team Festival of Champions Sports Science Symposium/Olympic Trials, Gladstone, NJ, June, 1992.
- Meyers, M.C. Analyzing your competitive traits. Invited Speaker/Staff. United States Equestrian Team Festival of Champions Sports Science Symposium/Olympic Trials, Gladstone, NJ, June, 1992.
- **Meyers, M.C.** Training to be mentally competitive. Invited Speaker/Staff. United States Equestrian Team Festival of Champions Sports Science Symposium/Olympic Trials, Gladstone, NJ, June, 1992.
- **Meyers, M.C.** Fitness for horsemanship. Invited Speaker/Staff. United States Equestrian Team Festival of Champions Sports Science Symposium/Olympic Trials, Gladstone, NJ, June, 1992.
- **Meyers, M.C.** Structuring your training program. Invited Speaker/Staff. United States Equestrian Team Festival of Champions Sports Science Symposium/Olympic Trials, Gladstone, NJ, June, 1992.
- Meyers, M.C. Nutrition for athletes. Invited Speaker/Staff. United States Equestrian Team Festival of Champions Sports Science Symposium/ Olympic Trials, Gladstone, NJ, June, 1992.
- Meyers, M.C. Current concepts in human/equine sports medicine. Invited Speaker/Staff. United States Equestrian Team Festival of Champions Sports Science Symposium/Olympic Trials, Gladstone, NJ, June, 1992.
- **Meyers, M.C.**, Calvo, R.D., Marley, R.R., Duhon, T.K. Effects of stairclimbing versus cycling following postoperative anterior cruciate ligament reconstruction and rehabilitation. A preliminary report. National Athletic Trainers' Association Annual Meeting, Denver, CO, June, 1992.
- Meyers, M.C. Scientific aspects of safety in rodeo. Invited Speaker. American Medical Equestrian Association Symposium. American Horse Council Annual Conference, Washington, DC, June, 1992.
- **Meyers, M.C.**, Calvo, R.D., Marley, R.R., Duhon, T.K., Sterling, J.C. Stairclimbing versus cycle ergometry in postop cruciate ligament rehabilitation: An early report. American College of Sports Medicine Annual Meeting, Dallas, TX, May, 1992.
- Meyers, M.C. Effects of a stairclimbing regimen in postoperative anterior cruciate ligament rehabilitation. Texas Medical Association/Texas Orthopaedic Association Annual Session, San Antonio, TX, May, 1992.
- **Meyers**, **M.C.** How to improve show performance through concentration and stress management. Invited Speaker. Brazos Association for Classical Horsemanship, College Station, TX, May, 1992.

- Bourgeois, A.E., LeUnes, A., **Meyers, M.C.** Sport symposium: Research in personality and pain coping styles within selected athletic and exercise situations. Southwestern Psychological Association Conference, San Antonio, TX, April, 1992.
- **Meyers, M.C.** 3-D motion analysis of athletic activity. Invited Lecture. Department of Health & Kinesiology, Sam Houston State University, Huntsville, TX, March, 1992.
- **Meyers, M.C.** Sport psychology for the equestrian athlete. Invited Speaker. Brazos Association for Classic Horsemanship Lecture Series, College Station, TX, March, 1992.
- Meyers, M.C. Training to be mentally competitive. Invited Speaker. United States Pony Clubs Annual Conference, Cambridge, MA, February, 1992.
- Meyers, M.C. Fitness for horsemanship. Invited Speaker. United States Pony Clubs Annual Conference, Cambridge, MA, February, 1992.
- Meyers, M.C. Nutrition for athletes. Invited Speaker. United States Pony Clubs Annual Conference, Cambridge, MA, February, 1992.
- **Meyers, M.C.** Sport psychology for team competition. Invited Speaker. United States Pony Clubs Annual Conference, Cambridge, MA, February, 1992.

- **Meyers, M.C.**, Bourgeois, A.E., Stewart, S., LeUnes, A. Measurement of pain response in athletes: The Sports Inventory for Pain. Asian South Pacific Association of Sports Psychology International Congress, Melbourne, Australia, November, 1991.
- **Meyers, M.C.** Psychological aspects of sport activity. Invited Lecture. Department of Psychology, Texas A&M University, College Station, TX, November, 1991.
- **Meyers, M.C.**, Bourgeois, A.E., Stewart, S., LeUnes, A. Pain response in athletes: Development and assessment of the Sports Inventory for Pain. Association for the Advancement of Applied Sport Psychology Conference, Savannah, GA, October, 1991.
- **Meyers, M.C.** Careers in exercise physiology. Invited Lecture. Department of Human Kinetics, Houston Baptist University, Houston, TX, October, 1991.
- **Meyers, M.C.** The proper way to exercise. Invited Speaker. Sugar Creek Rotarians, Sugar Land, TX, July, 1991.
- **Meyers, M.C.** Sport psychology for the equestrian athlete. Invited Speaker/Staff. United States Equestrian Team Festival of Champions Sports Science Symposium/Olympic Trials, Gladstone, NJ, June, 1991.
- **Meyers, M.C.** Analyzing your competitive traits. Invited Speaker/Staff. United States Equestrian Team Festival of Champions Sports Science Symposium/Olympic Trials, Gladstone, NJ, June, 1991.
- **Meyers**, M.C. Training to be mentally competitive. Invited Speaker/Staff. United States Equestrian Team Festival of Champions Sports Science Symposium/Olympic Trials, Gladstone, NJ, June, 1991.
- Meyers, M.C. Fitness for horsemanship. Invited Speaker/Staff. United States Equestrian Team Festival of Champions Sports Science Symposium/Olympic Trials, Gladstone, NJ, June, 1991.
- Meyers, M.C. Nutrition for athletes. Invited Speaker/Staff. United States Equestrian Team Festival of Champions Sports Science Symposium/ Olympic Trials, Gladstone, NJ, June, 1991.
- Meyers, M.C. Current concepts in human/equine sports medicine. Invited Speaker/Staff. United States Equestrian Team Festival of Champions Sports Science Symposium/Olympic Trials, Gladstone, NJ, June, 1991.

- **Meyers, M.C.**, Sterling, J.C., Calvo, R.D., Kelly, J.L. KT-1000 arthrometry in the diagnosis of anterior cruciate ligament rupture. National Athletic Trainers' Association Annual Meeting, New Orleans, LA, June, 1991.
- Sterling, J.C., **Meyers**, **M.C.**, Calvo, R.D. Magnetic resonance imaging of knee injuries. National Athletic Trainers' Association Annual Meeting, New Orleans, LA, June, 1991.
- Householder, D.D., Gibbs, P.G., **Meyers, M.C.**, Schwab, C.A., Potter, G.D. Teaching concepts of exercise physiology and physical conditioning to horsemen. Equine Nutrition and Physiology Society Symposium, Calgary, Alberta, Canada, June, 1991.
- Sterling, J.C., **Meyers, M.C.**, Calvo, R.D., Chesshir, W.R., Resnick, P., Miller, N. Epidural morphine in cruciate ligament reconstruction: A comparison with parenteral/oral narcotics. American College of Sports Medicine Annual Meeting, Orlando, FL, May, 1991.
- **Meyers, M.C.**, Sterling, J.C., Calvo, R.D., Marley, R., Duhon, T.K. Mood state of athletes undergoing orthopaedic surgery and rehabilitation. American College of Sports Medicine Annual Meeting, Orlando, FL, May, 1991.
- Calvo, R.D., Sterling, J.C., **Meyers, M.C.**, Chesshir, W.R. Surgical treatment of posterior cruciate ligament injuries. American College of Sports Medicine Annual Meeting, Orlando, FL, May, 1991.
- Sterling, J.C., Calvo, R.D., **Meyers, M.C.**, Chesshir, W.R. Shoulder pain-baseball catcher. American College of Sports Medicine Annual Meeting, Orlando, FL, May, 1991.
- Calvo, R.D., Sterling, J.C., **Meyers, M.C.**, Marnock, J. Elbow pain in a recreational tennis player. American College of Sports Medicine Annual Meeting, Orlando, FL, May, 1991.
- Marley, R.R., Sterling, J.C., Calvo, R.D., **Meyers, M.C.** Piling-on injuries in competitive football. American College of Sports Medicine Annual Meeting, Orlando, FL, May, 1991.
- **Meyers, M.C.** Psychological mood state of athletic patients following orthopaedic surgery & rehabilitation. Forum of Original Research, Texas Medical Association Annual Session, Dallas, TX, May, 1991.
- **Meyers, M.C.** Invited Chairperson. Sports psychology symposium: Traditional versus non-traditional sports. Psychological characteristics of athletes. Southwestern Psychological Association Conference, New Orleans, LA, April, 1991.
- **Meyers, M.C.** Training to be mentally competitive. Invited Speaker. Texas A&M Saddle and Sirloin Association, Texas A&M University, College Station, TX, March, 1991.
- **Meyers, M.C.** Psychological aspects of sport activity. Invited Lecture. Department of Health and Kinesiology, Texas A&M University, College Station, TX, March, 1991.
- **Meyers, M.C.** Psychological assessment of athletes. Invited Lecture. In Current Concepts in Sports Medicine, Department of Health and Human Performance, University of Houston, Houston, TX, February, 1991.
- Meyers, M.C. Challenges of a clinical/research sports medicine program. Invited Speaker. Physical Therapy Group, Department of Health and Kinesiology, Texas A&M University, College Station, TX, February, 1991.
- **Meyers, M.C.** Training to be psychologically prepared-Part I. Invited Speaker. United States Pony Clubs Annual Conference, Dallas, TX, February, 1991.
- **Meyers**, M.C. Achieving rider fitness-Part I. Invited Speaker. United States Pony Clubs Annual Conference, Dallas, TX, February, 1991.
- **Meyers, M.C.** Training to be psychologically prepared-Part II. Invited Speaker. United States Pony Clubs Annual Conference, Dallas, TX, February, 1991.

- Meyers, M.C. Achieving rider fitness-Part II. Invited Speaker. United States Pony Clubs Annual Conference, Dallas, TX, February, 1991.
- **Meyers, M.C.** Sports psychology for team competition. Invited Speaker. United States Pony Clubs Annual Conference, Dallas, TX, February, 1991.
- **Meyers, M.C.** Non-traditional sports research: The rodeo athlete. Invited Speaker. Tarleton State University Rodeo Association, Stephenville, TX, February, 1991.
- **Meyers, M.C.** Conditioning the elite athlete. Invited Lecture. School of Physical and Health Education, University of Wyoming, Laramie, WY, January, 1991.
- **Meyers, M.C.** Assessing your competitive traits. Invited Speaker. Texas A&M Horseman's Association, Texas A&M University, College Station, TX, January, 1991.

- **Meyers, M.C.** Analyzing your competitive traits. Invited Speaker. Texas Junior Quarter Horse Association Youth Convention, Texas A&M University, College Station, TX, December, 1990.
- Meyers, M.C., Sterling, J.C., LeUnes, A., Elledge, J.R., Tolson, H. Injury frequency and psychological mood state patterns in collegiate rodeo athletes. Association for the Advancement of Applied Sport Psychology Annual Conference, San Antonio, TX, September, 1990.
- Riem, K., Judice, N., **Meyers, M.C.**, Bourgeois, T., LeUnes, A. An evaluation of the Shacham abbreviated version of the Profile of Mood States. Association for the Advancement of Applied Sport Psychology Annual Conference, San Antonio, TX, September, 1990.
- **Meyers, M.C.**, Wilkinson, J.G., Elledge, J.R., Tolson, H., Sterling, J.C., Coast, J.R. Physiological profile of college rodeo athletes. National Strength & Conditioning Association Annual Conference, San Diego, CA, June, 1990.
- Sterling, J.C., Meyers, M.C., Crouse, S.F., Van Duser, B. Physiological characteristics of collegiate baseball players. National Strength & Conditioning Association Annual Conference, San Diego, CA, June, 1990.
- Calvo, R.D., Sterling, J.C., **Meyers, M.C.** Three year follow-up of patients with bone-patellar tendon-bone allograft cruciate ligament reconstruction. American College of Sports Medicine Annual Meeting, Salt Lake City, UT, May, 1990.
- Sterling, J.C., Calvo, R.D., **Meyers, M.C.** Hip pain in a female runner. American College of Sports Medicine Annual Meeting, Salt Lake City, UT, May, 1990.
- Calvo, R.D., Sterling, J.C., **Meyers, M.C.** Allograft reconstruction of the cruciate ligaments. Texas Medical Association Symposium on Sports Medicine, Corpus Christi, TX, May, 1990.
- Sterling, J.C., Meyers, M.C., Calvo, R.D. Magnetic resonance imaging of the knee. Texas Medical Association Annual Session, Corpus Christi, TX, May, 1990.
- Meyers, M.C., LeUnes, A., Elledge, J.R., Tolson, H., Sterling, J.C. Precompetitive mood state changes in collegiate rodeo athletes. Southwestern Psychological Association Conference, Dallas, TX, April 1990.
- Treadwell, S., Meyers, M.C., Sterling, J.C., LeUnes, A., Bourgeois, A.E. Personality profile of elite female tennis players. Southwestern Psychological Association Conference, Dallas, TX, April, 1990.
- **Meyers, M.C.** Equine exercise physiology. Invited Lecture. Department of Animal Science, Texas A&M University, College Station, TX, April, 1990.
- **Meyers, M.C.** Careers in sports medicine. Invited Lecture. Department of Human Kinetics, Houston Baptist University, Houston, TX, March, 1990.

Meyers, M.C. Sport psychology and the horseman. Invited Speaker. Blackland Income Growth Conference, Waco, TX, January, 1990.

1989

Meyers, M.C., Sterling, J.C., LeUnes, A.D., Bourgeois, A.E. Physiological characteristics of collegiate rodeo athletes. Texas American College of Sports Medicine Chapter Meeting, College Station, TX, October, 1989.

Meyers, M.C. Plica syndrome of the athletic knee. Invited Speaker. Department of Health & Physical Education Seminar, Texas A&M University, College Station, TX, October, 1989.

Meyers, M.C. Rehabilitation of sport injury. Invited Speaker. Fort Bend Hospital Lecture Series, Houston/Missouri City, TX, August, 1989.

Meyers, M.C. Heat illness in football athletes. Invited Speaker. Fort Bend Schools' Conference on Football Injuries, Houston, TX, July, 1989.

Wilkinson, J.G., **Meyers**, **M.C.** Isokinetic leg strength and power in collegiate rodeo athletes. National Strength and Conditioning Association Annual Conference, Denver, CO, June, 1989.

Meyers, M.C., Elledge, J.R., Tolson, H., Sterling, J.C. Epidemiology of collegiate rodeo athletes. American College of Sports Medicine Annual Meeting, Baltimore, MD, June, 1989.

Meyers, M.C. Current research in human and equine sports medicine. Invited Speaker. Department of Health & Physical Education, Syracuse University, Syracuse, NY, May, 1989.

1988

Meyers, M.C., Sterling, J.C., LeUnes, A.D., Bourgeois, A.E. Psychological characterization of the collegiate rodeo athlete. North American Society for the Psychology of Sport & Physical Activity Conference, University of Tennessee, Knoxville, TN, June, 1988.

1987

Meyers, M.C., Potter, G.D., Greene, L.W., Crouse, S.F. Evans, J.W. Physiological and metabolic response of exercising horses to added dietary fat. Equine Nutrition and Physiology Society 10th Symposium, Colorado State University, Fort Collins, CO, June, 1987.

1986

Meyers, M.C. Exercise physiology: A key to maximum performance. Invited Speaker. East Texas Horsemen's Short Course, Texas Agricultural Extension Service, Texas A&M University, College Station, TX, June, 1986.

REFERENCES

Larry J. Baker, PhD, Dean Emeritus, College of Education, Health and Human Development, Montana State University, Bozeman, MT. Present address: 710 Dell Place, Bozeman, MT 59715. 406-581-4936. (lbaker@montana.edu)

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