Table of Contents

1.4. The Code and WHA Resolutions_ICDC_2016	A comprehensive booklet containing The Code and all WHA resolutions to date.
2. Guidelines	
2.1. IYCF-E Operational Guidance v 2.1_IFE_2007	Practical application to ensure appropriate infant feeding.
2.2. Guiding Principles for IYCF-E_WHO_2004	Summary of key guiding principles of WHO for IYCF-E.
2.3. IYCF-E Policy Framework Powerpoint Diagram	A framework illustrating the interconnected key global legislation, frameworks, strategies and initiatives for IYCF-E.
3. Strategy	
3.1. Global Strategy for IYCF_WHO_2003	Evidence based strategy to highlight crucial role of appropriate infant feeding and identify interventions with a proven positive impact.

B. ASSESSING THE NEED	
Key Concepts (Overviews and Summaries)	
1. Overview of Assessing The Need	A basic guide for nutrition personnel to determine the need for IYCF-E interventions based on what information is available, addressing key questions and identifying useful resources.
2. Summary of Humanitarian Response Indicators Registry for IYCF-E	A tool outlining key MIRA indicators for IYCF-E.
Annexes (Tools, Templates and Examples)	
1. Multi-sector Assessments	
1.1. Example of Multi-sector Top 5 questions_Save the Children	Sector-specific five foremost questions to ask to enable prioritization of a response for WASH, FSL, Nutrition, Shelter, Child protection, Education, Health.
1.2. Example of Multi-sector Initial Rapid Assessment_Save the Children	A Multi-Sector Initial Rapid Assessment questionnaire based on the top five questions.
1.3. Template for Rapid Multi-sectoral Key Informant Interview Questionnaire	An example of a questionnaire for a multi sector interview of key informants during emergency.
1.4. Example of an FGD_Bangladesh_2007	A sample of a format for FGD with caregivers to determine predominant feeding practices and to discover key challenges to their provision.
2. IYCF-E Assessment and Survey	
2.1. Tips on IYCF-E Assessments & Possible IYCF-E Questions	Basic tips on how to conduct IYCF-E assessments and key points to consider while undertaking them, as well as a set of possible IYCF-E initial rapid assessment questions and associated rationale.
2.2. Template for Transect walk	A list of questions based on necessary observations to be made in order to understand what is happening in the community around IYCF-E.
2.3. Example of Village File_ACF_2004	ACF's template which can be used to create a village portfolio ranging from demography to problems identified.
2.4. Example of Key Informant Interview_Bangladesh_2007	A sample questionnaire for key informants (health worker or influential community member) used in Bangladesh post cyclone to assess pre and post emergency situation of infant and young child feeding.
2.5. Template for Rapid IYCF-E FGD	A sample of a format for FGD with caregivers to determine predominant feeding practices and to discover key challenges to their provision.
2.6. Template for Calendar of Events	ACF's template for a calendar of events that can be used to create a monthly local

	calendar of events.
2.7. Template for Rapid IYCF-E HH Assessment Questionnaire	A sample household questionnaire for determining gaps in nutrition needs of infants and young children during an emergency.
2.8. Template for HH questionnaire Results Database	A sample IYCF-E database for data entry of the sample IYCF-E household assessment.
2.9. Example of IYCF Questionnaire_Indonesia_2006	An example of an IYCF questionnaire administered in Indonesia post-earthquake.
2.10. Example of BF Group Discussion_ACF	ACF's sample of questions included in the breastfeeding FGD used post-earthquake in Indonesia.
2.11. Example of of HH Interview Questionnaire- Less than 6 months of Age2_Bangladesh_2007	A sample household questionnaire used in Bangladesh post cyclone to assess feeding of non- breastfed or mixed fed infants less than six months.
2.12. Example of HH Interview Questionnaire - Complementary Fed Infant over 6 months_Bangladesh_2007	A sample household questionnaire used in Bangladesh post cyclone to assess feeding of infants older than six months.
2.13. Example of HH BF Questionnaire_ACF Indonesia_2006	ACF's sample household questionnaire used post-earthquake in Indonesia to assess infant feeding.
2.14. Example of Assessment of Mother Baby Pair_ACF_2004	ACF's tool to assess resources available to a lactating mother and baby or a pregnant woman.
2.15. Template for Bottle Feeding Survey Database	A tally sheet for recording usage and reasons for bottle feeding in children 0-24 months according to feed type including analysis.
2.16. Example of BF Assessment Report_ACF_2006	ACF's introductory guide on when and how to conduct a breastfeeding and infant feeding assessment and how to present and report the results.
3. KAP Surveys	
3.1. Afghanistan_ACF_2010	
a. KAP Assessment Questionnaire	ACF's sample KAP questionnaire consisting of FSL and nutrition indicators.
b. FGD Protocols	ACF's brief introduction of what a FGD is and how to conduct it.
c. FGD Questions	ACF's set of sample questions included in an FGD.
d. KAP Questions	ACF's set of sample questions included in a KAP survey questionnaire.
e. KAP Survey Report	ACF's KAP survey report of a project involving integration of nutrition with livelihoods, with the aim being to assess increase in knowledge on nutrition and increased diet diversity.
f. KAP Survey Details	ACF's geographical coverage breakdown to the HH level for a KAP survey for HH questionnaire coverage.
g. Appendix 1-Nutrition Questionnaire	ACF's sample KAP questionnaire consisting of FSL and nutrition indicators.
h. Appendix 2. HDDS Database	ACF's household dietary diversity score (HDDS) database for data entry from the KAP questionnaire
3.2. Pakistan_CONCERN	
a. Sampling Framework	Concern Worldwide's geographical coverage breakdown to the HH level for a KAP survey for HH questionnaire and FGD coverage.
b. Questionnaire	Concern Worldwide's set of sample questions included in a KAP survey questionnaire.
c. Word Analysis 2	Concern Worldwide's district-wide descriptive analysis of KAP survey indicators in a word file.
d. Working Paper - KAP (CMAM)	Concern's introduction to what the project's KAP survey aims to assess and what methodology will be used.
References	

1. Initial Rapid Assessment(s)	
1.1. Assessment Toolkit_Save the Children	This document provides two simple tools to assess the situation at the onset of an emergency: initial observation and MS-IRA.
2. IYCF-E Assessment and Survey Tools	
2.1. Challenges and Solutions to IFE Rapid Assessments_Maclaine	Powerpoint on common problems and solutions to IFE rapid assessments.
2.2. Sampling Guide_Fanta_1997	This guide shows how to choose samples by using probability sampling methods.
2.3. UNHCR SENS Survey_module 3 v1.3	
a. Steps and Sampling	UNHCR's step-by-step guide for conducting, training, data collection, analysis and reporting of SENS.
b. IYCF	UNHCR's guidelines on how to conduct a standardized expanded nutrition survey (SENS) for IYCF indicators.
2.4. Semi-Directive Interview Guidelines_ACF	ACF's introduction to the semi-directive interview methodology and recommendations on a general interview procedure.
2.5. CARE IYCF Step by Step Guide_2010	
a. IYCF Practices - Collecting and Using Data - A Step-by-Step Guide	The Step-by-Step Guide provides instruction to help adapt the WHO operational guidance for use with the selection of indicators for a small-scale survey, choice of sampling strategy, entering and cleaning IYCF data, and analyzing the data and reporting the results.
b. Generic IYCF Questionnaire	A generic IYCF Questionnaire.
c. Sample Size	A sample size calculation Tool.
d. Chi-square Tests	A template for using chi-square test.
e. Practice Data File	An excel sheet for practicing data entry.
f. Report Card Template	A template for data consolidation and plotting of graphs on various indicators.
3. KAP Surveys	
3.1. Guidelines for Assessing Nutrition related KAP_FAO_2014	Manual on guidance and practical steps for planning and conducting a KAP survey, and for analysing and reporting the survey findings.
3.2. KPC Field Guide_CORE_2003	ACF's field guide to assist projects in planning, conducting and analysing a Knowledge, Practice and Coverage (KPC) survey, while highlighting important issues and concepts. The guide contains further information on sampling options, KPC data analysis and the use of KPC data for health decision-making.
3.3. KAP Surveys Lessons Learnt_ACF_2013	ACF's learning document based on KAP failures due to problems in survey sampling design, questionnaire design, survey execution, data analysis and reporting.
3.4. Note on KAP Survey Methodology and Use_Myatt_2013	A technical review of the significance and relevance of the KAP methodology around five core issues and related recommendations by technical expert Mark Myatt.
4. Barrier Analysis	
4.1. Practical Guide to Conducting a Barrier Analysis_Kittle_2013	A practical guide to train staff in barrier analysis and Designing for Behavior Change (DBC) Framework.
4.2. Superfood for Babies_Save the Children_2013	A report by Save the Children highlighting the importance of breastfeeding.
5. Estimating Age	
5.1. Guide about Age_IFE Core Group_2012	A short explanation on how age terms are defined 'technically' and how we understand them in the common language.
5.2. Guidelines for Estimating Age_FAO_2008	Guidelines intended for health care workers, survey trainers and others for estimating correct age of a child with a special emphasis on how to create a local

	calendar of events.
C. PROPOSAL DEVELOPMENT	
Key Concepts (Overviews and Summaries)	
1. Overview of Proposal Development	A summarized collection of resources on IYCF-E proposal development, monitoring and reporting including specific fundraising guidance for USAID/OFDA and ECHO as examples.
Annexes (Tools, Templates and Examples)	
1. Example of IYCF-E Log Frame_Save the Children	A sample log frame suggesting different interventions, activities and indicators to aid rapid proposal development in emergency contexts.
2. Example of Master Budget Including IYCF-E_Save the Children	A sample budget of a nutrition project including an IYCF-E programme encompassing staffing, training, supplies, logistics, survey/evaluation and activity specific costs.
References	
1. Indicators	
1.1. Definition of IYCF indicators_WHO_2010	WHO's technical report on core and optional indicators for IYCF including their definitions.
1.2. Measurement of IYCF indicators_WHO_2010	WHO's detailed guide on measurement tools for how to collect and calculate indicators to assess IYCF practices during large scale surveys.
1.3. IYCF Indicators Measurement Guide_Fanta_1999	A guide to provide the technical basis for the indicators and the recommended method for collecting, analyzing and reporting on the generic indicators.
1.4. Indicators Registry_GNC_2016	The Global Nutrition Cluster endorsed IYCF-E indicators for 2016.
1.5. Maternal Infant and Young Child Nutrition Indicators_WHO_2014	WHO's report on the global monitoring framework of core and extended indicators to be selected in by countries in response to their priority nutrition challenges.
1.6. Intro to Interpreting Area Graphs for IYCF_UNICEF_2010	UNICEF's introductory document to understanding and interpreting country level IYCF patterns and trends through area graphs or 'visual photos' for infant feeding and how to identify priority areas for action.
2. Guidelines and Strategy	
2.1. Addressing Undernutrition in Emergencies - Roadmap for Response_EC	Summary of key chapters on EC's response to undernutrition during emergencies.
2.2. Guidelines for Proposals_OFDA_2012	OFDA humanitarian response funding guidelines for NGOs.
2.3. Humanitarian Response Funding Guidelines_DFID	DFID humanitarian response funding guidelines for NGOs.
2.4. Strategic Vision for Girls and Women_DFID	A strategic action plan to support women and girls to end poverty before it starts.
2.5. Nutrition for Growth Commitments_DFID	Summary of achievements accomplished by different agencies towards growth commitments through DFID funding.
2.6. From the first hour of life_UNICEF	A document by UNICEF that provides a global mapping of IYCF indicators and how they match up with recommended practices of infant and young child feeding.
2.7. Staff Working Document on Undernutrition in Emergencies_EC	A document explaining the contribution of the EC in supporting nutrition during

	emergencies.
2.8. IYC-E Guidance for Programming_EC	This document offers a guidance to general practitioners on how to ensure that the specific needs of the infants and young children are assessed and addressed adequately into programming.

D. PROGRAMME PLANNING AND REPORTING	

Key Concepts (Overviews and Summaries)	

1. Programming Guides	
1.1. Overview of Programme Planning by Programme Type	Summary of planning IYCF-E programmes based on basic and technical interventions with information on breastfeeding corners, baby friendly spaces, baby tents and care group model.
1.2. Overview of UNICEF, Sphere, Lancet Conceptual Frameworks	Overview of UNICEF, Sphere and Lancet Conceptual Frameworks.
1.3. IYCF-E elements in The Sphere Project_2011	IYCF-E standards in the SPHERE Project 2011.
1.4. IYCF Handshake_Maclaine_2012	Important similarities and differences between IYCF and IYCF-E.
1.5. Decision trees for IYCF-E	Determining an appropriate IYCF-E intervention through a decision tree and a flow chart of how to assess individual infants.
2. Activities	
2.1. One-to-One Counseling	
a. Overview of Listening and Learning Skills	A list of listening, learning and confidence building skills, the behaviour change model and framework of doable actions.
b. Overview of Skilled Breastfeeding Support Characteristics	An overview of how to provide support through support groups, peer mothers and through one-to- one skilled breastfeeding support.
2.2. Support Groups	
a. Overview of Mother to mother support groups	References to documents within the toolkit for information on mother-to-mother support groups.
2.3. Care Groups	
a. Summary of Care Groups_Core Group	Summary of Care group model about How to set up the care group model and highlight the efficacy of such an intervention.
3. Technical Areas	
3.1. Breastfeeding	
a. Recommended Breastfeeding Practices and Counseling	Recommended breastfeeding practices and key discussion points to have with the caregiver.
b. Overview of Kangaroo Care	An explanation on Kangaroo care including what it is, why it is important and how it can be done.
3.2. Complementary Feeding	
a. Recommended Complementary Feeding Practices and Counseling	Recommended complementary feeding practices and key discussion points to have with the caregiver.
b. Summary of Complementary Feeding Guiding Principles for Non-Breastfed	A summary of guiding principles for complementary feeding non-breastfed children 6 to 24 months of age.
3.3. Management of Acute Malnutrition in Infants	
a. Summary of Managing Acute Malnutrition in Infants	A summary of infant feeding guidelines for infants under six months with reference to material available on MAMI within the toolkit.

b. C-MAMI Tool Version 1	This tool provides a health worker with a format to assess, identify/classify and manage uncomplicated acute malnutrition in infants < 6 months of age in the community (C-MAMI).
c. C-MAMI Final Checklist	C-MAMI assessment checklist for infants <6months and mothers.
3.4. Maternal Nutrition	
a. Summary of Key Considerations for Maternal Nutrition	Key considerations on effect of maternal nutrition on breastmilk.
3.5. HIV	
a. Summary of Recommendations for HIV in Infant Feeding	Summarized recommended HIV infant feeding and related FAQs.
4. Minimise the Risk of Artificial Feeding	
4.1. Targeting Criteria for BMS	Guideline for targeting breastmilk substitutes appropriately and avoiding wrong admissions for BMS programmes.
4.2. RUIF & PIF Pros and Cons	Advantages and disadvantages of RUIF and PIF. Providing a better alternative through 'safer BMS Kit'.
4.3. Brief on How to Manage Donations of BMS	A guideline on how to prevent and manage unsolicited and unwanted donations of BMS, milk products and infant feeding bottles/teats.
4.4. Sourcing an appropriate BMS	A quick reference on how can BMS be appropriately sourced and what issues are involved.
4.5. Artificial Feeding Guidelines - PIF for HW	Guidelines for health workers on the preparation, use and storage of Powdered Infant Formula (PIF) in emergencies.
4.6. Artificial Feeding Guidelines - RUIF for HW	Guidelines for health workers on the preparation, use and storage of Ready to Use Infant Formula (RUIF) in emergencies.
4.7. Summary of Frontline Feeding Support	An overview of how feeding assistance can be provided to caregivers and their children by frontline workers.
4.8. Note on Artificial Feeding Guidelines for Caregivers	A reference to the information available within the toolkit on guidelines for caregivers on artificial feeding.
5. Psychosocial and Developing the Child	
5.1. Summary of Importance of Psychosocial and psychological support	A summary on the importance of psychosocial and psychological support during emergencies using the extended care conceptual framework.
Annexes (Tools, Templates and Examples)	
1. Activities	
1.1. One-on-One Counseling	
a. Deciding Who Needs Help	How to decide whether a simple or a full assessment of mother-baby pair is required.
b. Template for Spot check Observation List	Template for a spot check assessing hygiene, infant and young child feeding and mother/child interaction.
1.2. Baby-Friendly Spaces	
a. Activities Timetable	An example of a daily table of activities for a week in a baby friendly space.
b. Massage Workshop	A step-by-step guide for mothers on how to massage their baby.
c. Example of How to give a Baby massage_Save the Children_Greece_2016	An example of a baby massage routine used in Greece by Save the Children.
d. Example of Data collection methodology for Knowledge indicator_Save the Children_Greece_2016	An example of the methodology used by Save the Children to assess knowledge retention by mothers.
e. Example of How to give Baby a Bath_Save the Children_Greece_2016	Example of a baby bath routine by Save the Children.

1.3. Cooking Demos	
a. Cooking demo_Myanmar_2009	Guidelines on how to prepare, plan and carry out a cooking demonstration.
1.4. Support Groups	
a. How to Conduct an IYCF-E Support Group	Tips on how to plan and conduct an IYCF-E support group session.
1.5. Action Orientated Group	
a. How to Conduct an Action Orientated Group	A guideline on how to conduct an action oriented group activity.
1.6. Mother Baby Areas	
a. Handwashing Instructions	Instructions on how to wash your hands.
b. Technical Guidance for MBAs	Guidance on what resources properly outline the international guidance for MBAs.
c. Input and Equipment for IYCF-E Area	A list of equipment that should be present for an IYCF-E area.
d. MBA Checklist	Checklist to supervise Mother-Baby Areas
2. Technical Areas	
2.1. Breastfeeding	
a. Example of BF Assessment Report_ACF_20	ACF's breastfeeding assessment report of Java in Indonesia post-earthquake is an example of a breastfeeding assessment report.
b. How to illustrate useful tips on breastfeeding	A list of helpful tips on how to illustrate common breastfeeding concepts during an IYCF training.
c. How to make a Breast out of a Sock	An illustration of how to make a breast out of a sock, which can be used as an IYCF training aid.
d. How to make a Material Baby	An illustration of how to make a material baby, which can be used as an IYCF training aid.
e. Example of Staff Breastfeeding Guidelines_Save the Children Sierra Leone_2012	A statement on the policy of Save the Children for Sierra Leone staff on breastfeeding.
f. Example of Guidelines for BF in Emergencies_Pakistan_2010	A statement issued by the Ministry of Health in Pakistan including guidelines on how to promote and protect infant feeding during emergency and prevention, control and treatment of acute watery diarrhoea.
2.2. Complementary feeding	
a. Active and Responsive Feeding Tip Sheet	Tips on the importance of responsive feeding and how can this be achieved.
b. Example of How to Wash Blender_Save the Children_Greece_2016	Example of Instructions for cleaning blender after food preparation.
c. Considerations in Complementary Feeding_Save the Children_Greece_2016	Important considerations in Complementary Feeding including what, why and how much to give.
2.3. HIV and Wet Nursing	
a. Emergencies HIV issues and Wet nursing	Key considerations for HIV cases and wet nursing during emergencies.
b. Technical Note on HIV and IYCF-E_UNICEF Haiti_2010	A technical note that provides a summary of the most recent WHO recommendations on HIV and infant feeding and their application to the emergency in Haiti in 2010.
2.4. Relactation	
a. How to Help a Woman Relactate	A summary of how to help a woman to relactate.
2.5. Cholera and IYCF-E	How to manage the feeding of the infant and young child having diarrhoea and cholera.
a. Example of IYCF-E Cholera Briefing_Zimbabwe	Briefing on IYCF during reported cholera in Zimbabwe, which highlights key preventative actions.
3. Minimising the risk of Artificial Feeding	
3.1. Example of BMS Donations Questionnaire_Haiti_2010	A sample questionnaire to record reported BMS donations.
3.2. Example of BMS Donations Mapping Report_Haiti_2010	Example of a report on donated BMS in Haiti, 2010.
3.3. Example of Guide on Minimising the Risk of Artificial Feeding_Ethiopia	An example of a guide form Ethiopia to minimise risks of artificil feeding.

3.4. Example of Cup Feeding Guide for Health Workers	A guide to health workers on how to cup feed infants.
3.5. Template for Reporting Code Violations_Quick and Easy Form_IBFAN _ICDC	Form by IBFAN for reporting code violations.
3.6. Template for Monitoring BMS Violations in Emergency Situations_GNC	BMS violations monitoring form by GNC.
3.7. Template for Database for Monitoring BMS Violations in Emergency Situations_GNC	BMS violations monitoring database by GNC.
3.8. Template for BMS Distribution Alert_KoBo Toolbox_Syria NC	Print version of an online form for reporting BMS distributions.
3.9. Template for Agency Agreement for BMS with Coordinating Agency	A sample agreement for agencies on BMS.
3.10. Template for Application for BMS from Coordinating Agency	A sample application from an agency for distribution of BMS to the BMS coordinating agency
3.11. Template for Evaluation of Artificial Feeding in the Home	An assessment tool used in conjunction with the full assessment of mother-child pair with BMS to evaluate feeding at home.
3.12. Example of RUIF Exit Strategy_Haiti_2010	A draft of a document used in Haiti outlining when it is appropriate to transition from the use of ready-to-use infant formula (RUIF).
3.13. Example of a Generic Label for Powdered Infant Formula	An example of suitable information for a generic PIF label.
3.14. Example of a Generic Label for Ready to Use Infant Formula	An example of suitable information for a generic RUIF label.
3.15. Example of How to Sterilize Feeding Equipment_Save the Children_Greece_2016	Instructions on how to sterilize feeding equipment.
4. Reporting Templates	
4.1. Template for Simple Rapid Assessment v1	A template for rapid assessment form for a mother-baby pair to identify admissions and further need for full assessment.
4.2. Template for Simple Rapid Assessment v2	A second version of a simple rapid assessment form for a mother-baby pair to identify admissions and further need for full assessment.
4.3. Template for Simple Rapid Assessment_SC Jordan	
4.4. Template for Simple Rapid Assessment Database	Template for a database for a simple rapid assessment.
4.5. Template for Full Assessment Mother-Baby Pair with BMS	Template for an assessment form of a mother-child pair to identify problems with feeding for a child being given BMS.
4.6. Template for Assessment of Mother-Baby Pair without BMS	Template for an assessment form of a mother-child pair to identify problems with feeding for a child not being given BMS.
4.7. Template for Full Assessment_SC Jordan	
4.8. Template for IYCF-E Beneficiary Card	An example of an IYCF-E beneficiary admission card.
4.9. Template of Assessment Form for Admission of Pregnant women	Template for a questionnaire intended to assess pregnant women for admission to the IYCF-E program and provide possible topics for discussion with the pregnant woman based on the assessment.
4.10. Template for IYCF-E Register Book	Template fro a registration book to record admissions and discharges of children 0-23 months and PLW in an IYCF-E program.
4.11. Template of Breastfeed Observation Form	An observation checklist for assessing a breastfeed.
4.12. Template for Summary sheet for IYCF-E_Counseling sessions in the field	A sample template for consolidating information from IYCF-E counselling sessions.
4.13. Template for IYCF-E Care Plan for Caregivers Not Using BMS	A sample template for an IYCF-E care plan for infants not receiving BMS.
4.14. Template for IYCF-E Care Plan for Caregivers Using BMS	A sample template for an IYCF-E care plan for infants receiving BMS.
4.15. Template for Registration Form for Artificially Fed Infants	A template for recording individual consumption of BMS.
4.16. Template for BMS Prescription Database	Database for recording admissions and follow-up for beneficiaries using BMS.
4.17. Template for IYCF-E Referral Form	A referral form template for mother-baby pairs requiring further IYCF-E support.
4.18. Template for IYCF-E Referral Register	A referral register template for recording mother-baby pairs requiring further IYCF-E support.
4.19. Template for Home visit Form	A form to report on IYCF in the home.

4.20. Template for Attendance Sheet for Sessions and Groups	A template for recording individual attendance by target group for IYCF-E sessions and support groups.
4.21. Template for Summary of Attendance for Sessions and Groups	A summary sheet template for consolidating attendance by target group for IYCF-E sessions and support groups.
4.22. Template for IYCF-E Daily and Weekly Report	An example of a template to consolidate weekly indicators of IYCF-E.
4.23. Template for Diarrhoea Tally sheet at IYCF-E centres	Template for a tally sheet to report cases of diarrhoea in IYCF-E sites according to feeding category.
References	
1. Programming Guides	
1.1. Sphere Handbook_2011	IYCF-E standards in the SPHERE handbook.
1.2. IYCF programming guide_UNICEF_2011	This document summarizes the current understanding of optimal infant and young child feeding and presents the scientific rationale and policy and strategy bases.
1.3. IYC-E Guidance for Programming_EC	This document offers a guidance to general practitioners on how to ensure that the specific needs of the infants and Young children are assessed and addressed adequately into programming.
2. Activities	
2.1. One-to-One Counseling	
a. Community-based IYCF Package_UNICEF_2012	
i. Planning Guide	An outline of series of steps and some key points about the systems and structures needed to make IYCF counselling in the community function optimally and in a sustained way, as part of a broader IYCF, nutrition or health programme.
ii. Facilitator Guide	A facilitator's guide to training community workers in key IYCF practices, essential counselling skills and the effective use of counselling tools and other job aids.
iii. Adaptation Guide	A guide to adaptation of the content and images to make UNICEF's Community IYCF Counselling Package appropriate for use in a local context.
iv. Participant Materials	This manual contains key technical content presented during the training and tools for assessment of IYCF 3-step counselling and supervision activities.
v. Training Aids	Visuals that complement the training sessions to help participants grasp and retain technical knowledge and concepts.
vi. Supervision mentoring and Monitoring	A guide to build skills of supervisors to mentor and monitor performance of community workers, both in terms of the quality and coverage of activities, and to help strengthen performance where gaps are identified.
vii. Key Message Booklet	This booklet consists of messages related to each of the IYCF Counselling Cards and copies of the 3 take-home brochures
viii. Counseling Cards	Counselling cards on breastfeeding under and beyond six months including special conditions such as a sick child and those with HIV.
ix. Brochure 1. How to breastfeed	A two-page brochure explaining how to breastfeed the baby.
x. Brochure 2. Maternal nutrition	A two-page brochure explaining about maternal nutrition during pregnancy and breastfeeding.
xi. Brochure 3. Feeding after 6 months	A two-page brochure explaining how to feed the baby after 6 months.
2.2. Baby-Friendly Spaces	
a. Baby Friendly Spaces_ACF_2014	A document by ACF detailing why and how to setup Baby Friendly Spaces.

b. Baby Friendly Tents_WV_2012	A non-technical document providing a description of Baby Friendly Tents and an overview of their general set-up and operation to support infant and young child feeding (IYCF) in emergencies.
2.3. Support Groups	
a. Mother to Mother Support Groups FAQ_LINAKAGES_2004	FAQs on Support Groups.
b. Facilitators Guide to Mother to Mother Support Groups_IYCN_2011	Tips on how to plan and conduct an IYCF-E support group session.
2.4. Women and Young Child Safe Spaces	
a. WAYCS Model_World Vision	World Vision's model for promoting and supporting IYCF-E.
3. Technical Areas	
3.1. Breastfeeding	
a. Common Myths on Breastfeeding and IYCF-E	Common myths and misconceptions about IFE explained by providing facts and recommendations.
3.2. Complementary Feeding	
a. Complementary Feeding Presentation_Williams_2012	Presentation on what complementary feeding is, why it is important and how it can be nutritionally adequate.
b. Field Guide for Process for the Promotion of Child Feeding_UNICEF_2013	A field manual containing a set of research tools designed to improve the diets and feeding practices of children under 24 months old to prevent early childhood malnutrition.
c. Products for Complementary Feeding in Emergencies_2012	A presentation on the nutritional value of different products that can be used for complementary feeding during emergencies.
d. Evaluation of Complementary Feeding in Emergencies_IFE_2009	A preliminary scoping review to evaluate existing guidance, training materials and resources related to complementary feeding in emergencies (CFE) to help determine what is now required to fill the gap in training content, the associated implications for developing a specific CFE training resource (CFE module), as well as the requirements for its realization.
e. Guiding Principles for Complementary Feeding of Breastfed child_WHO_2001	Scientific and evidence based document detailing the guiding principles for complementary feeding of breastfed child.
f. Guiding Principles for Complementary Feeding of Non-Breastfed child_WHO_2005	Guiding principles for complementary feeding of non-breastfed child.
3.3. Management of Acute Malnutrition in Infants	
a. MAM Decision Tool_GNC_2014	A tool which reviews the current information on MAM to determine which intervention is appropriate for MAM treatment and prevention.
b. Update on Guidelines on SAM in Infants and Children_WHO_2013	WHO guideline on prioritized areas for management of SAM in infants and children based on updated evidence and practice.
c. MAMI Project-Technical Review Report_2010	
i. Contents	Table of contents and list of acronyms used in the MAMI project report.
ii. Introduction	This chapter provides an introduction to the MAMI project.
iii. Setting the Scene	This chapter illustrates why malnutrition is an important issue particularly for infants under 6 months, what policies are in place currently and what interventions are being carried out to tackle malnutrition.
iv. How Big is the Problem	This chapter highlights the global disease burden attributed to malnutrition and how different ways of measurement affect malnutrition related statistics.

ix. Psychosocial Considerations	A review of available MAMI guidelines.
v. Review of MAMI Guidelines	This chapter presents individual level data on infants <6m gathered from therapeutic feeding programmes (TFPs) and supplementary feeding programmes (SFPs).
vi. Review of Field Treatment	This chapter comprises a review of field experiences on MAMI from qualitative data sources to explore priority areas for improving MAMI outcomes and to identify relevant qualitative issues.
vii. Key Informant Interviews	This chapter is a review of breastfeeding assessment tools used to identify feeding problems and monitor recovery.
viii. Review of Breastfeeding Assessment Tools	This chapter reviews the scientific basis of stimulation activities in the treatment of malnutrition while exploring some key influences of the maternal-child relationship on child malnutrition, especially that of maternal depression.
x. MAMI Considerations	This chapter addresses issues around admission criteria, inpatient and outpatient breastfeeding support in CMAM programs and clinical criteria to identify high risk infants while introducing topics of appropriate therapeutic milk selection and HIV.
xi. The Way Forward	This chapter provides the recommendations made throughout the MAMI report in response to identified gaps, in particular by highlighting key resources, good practices, and complementary initiatives to consolidate and build on.
d. IYCF Integration into CMAM_IFE_2009	
i. Facilitators Guide	A training module for trainers to train health workers in integration of recommended infant and young child feeding (IYCF) practices with CMAM.
ii. Handouts	An easy reference to information on IYCF integration with CMAM in the form of hand-outs.
3.4. Micronutrient and Selective Feeding	
a. Guidelines on Micronutrient powders 6-23 months_WHO_2011	This guideline provides global, evidence-informed recommendations on the use of multiple micronutrient powders for home fortification of foods consumed by infants and young children 6–23 months of age.
b. Guidelines on Vitamin A Supplementation for Children 6-59 months_WHO_2011	This guideline provides global, evidence-informed recommendations on the use of vitamin A supplements in infants and children 6–59 months of age for the reduction of morbidity and mortality.
c. Guidelines on Vitamin A Supplementation for Postpartum Women_WHO_2011	This guideline provides global, evidence-informed recommendations on the use of vitamin A supplements in postpartum women for the reduction of maternal and infant morbidity and mortality.
d. Guidelines for Selective Feeding_WFP_2011	A practical guide to design, implement, monitor and evaluate selective feeding programmes in emergency situations.
3.5. Relactation	
a. Relactation Review_WHO_1998	A review and guideline on relevant information for health workers implementing programmes that include relactation.
3.6. Maternal Nutrition	
a. Technical Note on Maternal Nutrition in Emergencies_EC_2013	A technical note summarising the current evidence on maternal nutrition including what is required to support maternal nutrition and where the gaps in knowledge are in addressing maternal undernutrition in emergencies.
b. Maternal Nutrition in Emergencies Reference list_EC_2013	A list of references for the technical note on maternal nutrition in emergencies.
3.7. HIV Case Management	
a. Guidelines on HIV and Infant Feeding_UNICEF_2010	Principles and recommendations for infant feeding in the context of HIV and a

	summary of evidence.
b. Guideline - Updates on HIV and Infant Feeding_WHO_2016	Updates made in 2016 on guidelines of 2010.
3.8. Cholera and IYCF-E	
a. IYCF during diarrhea and cholera.pdf	A technical explanation as to why infant formula causes diarrhoea and mortality, particularly in emergencies.
b. Breastfeeding mothers in Cholera Treatment Centres	A handy guideline for field workers on how to provide care to breastfeeding mothers in cholera treatment centres.
c. Guidelines on Cholera and Outpatient SAM	Care and treatment protocol for SAM children in outpatient care with suspected cholera.
d. Guidelines on Cholera and Inpatient SA	Care and treatment protocol for SAM children in inpatient care with suspected cholera.
4. Minimising the Risks of Artifical Feeding	
4.1. Infant Formula and Diarrhoe	A technical explanation as to why infant formula causes diarrhoea and mortality, particularly in emergencies.
4.2. Acceptable medical reasons for breast milk substitutes_WHO_200	Document outlining the acceptable medical reasons for both infants and mothers where use of BMS is considered acceptable.
4.3. Presentation on Reasons for Mothers to Use Donated Infant Formula_Maclaine	A presentation on why mothers accept to use infant formula rather than breastfeed.
4.4. Presentation on Dealing with BMS and other milk donations in Emergencies_Maclaine	A presentation on how to prevent and manage BMS donations in emergencies.
4.5. Guidelines on Preparation of Formula for Cup-Feeding at Home_WHO_2007	WHO's guidance note on preparing infant formula safely for cup feeding.
4.6. Guidelines on Safe Preparation Storage and Handling of PIF_WHO_2007	WHO's guidance note on using powdered infant formula (PIF) safely, with details on infections that can result if PIF Is not handled safely.
4.7. Code Monitoring Kit_ICDC_2015	
4.8. Field Exchange Issue 34 - Impact of Donations in Indonesia_2006	A published technical article highlighting increased diarrhoea resulting from infant formula distribution in Indonesia post-earthquake. It further discusses what actions can be taken to prevent this in future.
4.9. Guidelines for Disposal of Unwanted Pharmaceuticals_WHO_1999	A guidance note explaining how to dispose of unwanted pharmaceuticals appropriately.
5. Psychosocial and Developing the Child	
5.1. Integrating ECD into Nutrition Programmes in Emergencies_UNICEF_2012	A technical paper highlighting the significance of integrating Early Childhood Development (ECD) activities within nutrition programmes, providing practical suggestions on what steps to take to achieve that and gives examples of how such integrated programmes have been established in other circumstances.
5.2. Guide for Field Workers on Psychological First Aid_WV_2013	Social and psychological first aid guide for field workers to provide humane, supportive and practical help to people affected by a crisis situation.
5.3. Guidelines on Mental Health and Psychosocial Support in Emergencies_IASC_2007	An explanation of the significance of psychosocial and psychological support using the extended care conceptual framework.
5.4. Helping a Child to Develop	Recognizing age specific skills and development stages of a child to fully understand that a healthy child is not just about nutrition but also about development in other areas.
5.5. Homemade Toys and Activities	A guide to creating age-specific homemade toys and activities to do with children.
5.6. ECD Kit-Activity Guide_UNICEF	A collection of fun learning activities to do with children.
5.7. ECD cards - Love, play, and communication_IMC Ethiopia_2013	Counseling cards with key messages explained using pictures.

6. Baby Friendly Hospital	
6.1. The Ten Steps To Successful Breastfeeding in BFH	The Ten Steps to Successful Breastfeeding supported by the BFHI.
6.2. Baby Friendly Hospital Initiative_UNICEF_2009	
a. Background	Guidelines related to implementation, integration and expansion of Baby Friendly Hospital Initiative (BFHI) at the hospital, country and global level in compliance with the International Code of Marketing of BMS.
b. Strengthening and Sustaining BFHI	A document providing a series of eight sessions that can be given to decision makers to orient them on BFHI, explain the positive impacts it can have and to gain their commitment to promoting and sustaining BFHI.
c. Breastfeeding Promotion in BFH	A 20-hour course to strengthen the knowledge and skills of maternity staff towards successful implementation of the 'Ten Steps to Successful Breastfeeding'.
d. Hospital Monitoring	Tools that can be used by managers and staff to determine whether their facilities are ready to apply for external assessment and, once their facilities are designated Baby-friendly, to monitor continued adherence to the Ten Steps.
E. CASELOAD AND SUPPLY NEEDS	
Key Concepts (Overviews and Summaries)	
1. Overview of Estimating Target Population and Supply Needs	A summary of how to estimate target population and calculate supplies needed for each feeding category.
Annexes (Tools, Templates and Examples)	
1. Equipment Needed for IYCF-E Area	Equipment and supplies needed for setting up an IYCF-E area.
2. IYCF-E Caseload and Supply Calculator	A comprehensive tool to calculate caseload and supplies (PIF/RUIF) needed for a BMS programme.
3. Caseload Target and Supplies Calculator_GNC	Template for caseload and supplies calculator by GNC.
4. Breastfeeding Support Kit	A list of contents of a breastfeeding support kit.
5. Cooking demo and CF Support Supplies	A list of materials/equipment needed to prepare and conduct a cooking demonstration.
6. Safer BMS Kit	List of items in a safer BMS kit and how to use them.
7. Infant Formula Usage - RUIF and PIF	Information on RUIF and PIF including usage and technical specs.
8. Template for Stock Report	An example of a stock management tool for monitoring and managing available stocks.
9. Template for Monthly Stock Report	A compilation of stock records to monitor and manage stock movement monthly.
References	
F. STAFF	
Key Concepts (Overviews and Summaries)	

1. Overview of IYCF-E Staffing	Guidance on IYCF-E staffing and descriptions of job roles.
Annexes (Tools, Templates and Examples)	
1. Examples of Job Descriptions	
1.1. Role of Community Mother Breastfeeding Supporter	An overview of role and responsibility of Mother Breastfeeding Supporters in evacuation centres.
1.2. Breastfeeding Counsellor	An example of a job description for a Breastfeeding Counsellor.
1.3. IYCF-E Counsellor	An example of a job description for an IYCF-E Counsellor
1.4. IYCF-E Community Mobilizer or Educator	An example of a job description for an IYCF-E Community Mobilizer/Educator
1.5. IYCF-E Psychosocial Worker	An example of a job description for an IYCF-E Psychological Worker
1.6. IYCF-E Head in an Evacuation Centre	An example of a job description for an IYCF-E Head in an Evacuation Centre
1.7. IYCF-E MEAL Officer	An example of a job description for an IYCF-E MEAL Officer
1.8. IYCF-E MEAL Supervisor	An example of a job description for an IYCF-E MEAL Supervisor
1.9. IYCF-E Program Officer	An example of a job description for an IYCF-E Program Officer
1.10. IYCF-E Supervisor or Manager	An example of a job description for an IYCF-E Supervisor/Manager
1.11. IYCF-E Consultant	An example of a job description for an IYCF-E Consultant
2. Example of IYCF-E Interview Questions	A sample of interview questions for all levels of IYCF-E personnel.
References	
1. Guidelines for IYCF Client Exit Interview_IYCN	Sample of an exit interview questionnaire and guidelines on conducting an exit interview of a client
G. ORIENTATION AND TRAINING	
Key Concepts (Overviews and Summaries)	
1. Overview of IYCF-E Module 1 v2.1 2010	Summarized package of IYCF-E resources to help in orientation and training of IYCF-E technical staff involved in planning and responding to emergencies, at national and international level.
Annexes (Tools, Templates and Examples)	
1. IYCF-E Heads Training_Philippines_2009	
1.1. Role of an IFE Head	Roles and responsibilities of IFE heads and breastfeeding supporters in evacuation centres during emergencies.
1.2. IFE Summary Sheet for Training	A summary of information on assessing an appropriate breastfeed and minimizing risks to artificial feeding.
1.3. Training Plan for IFE Heads from Evacuation Centres	A basic seven session training plan for IFE heads from evacuation centres.
1.4. IFE Full Day Training Timetable	Timetable for a one-day training on IFE for field level workers.
1.5. Training Powerpoint Slides	
a. Quiz.ppt	A quiz question with answer on significance of breastfeeding on child mortality and morbidity.
b. IFE in Evacuation Centres - 18 Nov 2009	Brief illustration of how IFE can be supported in evacuation centres.

c. Current Situation	A set of pictures portraying the current situation during an emergency.
d. Why is IFE important	Recognizing and understanding the significance of IFE, what risks are involved and how support can be provided.
e. Breastfeeding Basics	Familiarization on proper attachment and positioning during breastfeeding, increasing milk flow, maintaining skin-to-skin contact and encouraging mothers.
f. Myths and Misconceptions	Common myths and misconceptions about IFE explained by providing facts and recommendations.
g. IFE Supportive Care	Elements of supportive care that can help a mother to breastfeed.
h. Additional Support	Additional material about cup feeding, breastmilk expression, artificial feeding, relactation, Kangaroo care and other ways of feeding an infant.
i. Summary of Good Breastfeeding - End of Morning Session	Summary of points for assessing a good breastfeeding session and techniques that can be applied for improving it.
j. Simple Rapid Assessment	A framework with possible questions to ask while assessing a mother/child pair for IYCF practices
k. Counselling Skills	How to conduct counselling while applying listening and learning skills and conduct a home visit for follow-up.
l. Counselling Cards	Counselling cards illustrating key messages based on different target groups.
m. Key IFE Messages	Key messages on breastfeeding post-emergency.
2. Child Growth Monitoring Training_Save the Children_Greece_2016	A presentation on growth monitoring including how to take different anthropometric measurements.

References

1. Harmonized Training Package v.2_NiE_2011

1.1. Introduction	Basic questions answered about the Harmonized Training Package (HTP) and details on how to use it
1.2. Factsheet	A fact sheet providing an overview of the module topics, designed for non-technical people to obtain a quick overview of the subject area.
1.3. Technical Notes	Technical notes for trainers and trainees, providing detailed technical guidance on current policies and practice.
1.4. Trainer's Guide	Trainer's guide to help trainers develop a training course including tips and tools which can be adapted to the specific training context.
1.5. Training Resource List	A list of relevant available resources (including training materials) for the specific technical areas included in the HTP.
1.6. IYCF-E Presentation_Maclaine_2013	A comprehensive presentation on what age appropriate IYCF-E is, its challenges, what can be done to minimize risks to infants and young children in emergencies and what policies are available to support IYCF-E.
1.7. Nutrition in Emergencies__GNC_2011	Guidelines on what IYCF-E is, how to develop a minimum IYCF-E response, a review of available resources for IYCF-E and how to implement emergency preparedness activities.

2. Community-based IYCF Package_UNICEF_2012

2.1. Planning Guide	An outline of series of steps and some key points about the systems and structures needed to make IYCF counselling in the community function optimally and in a sustained way, as part of a broader IYCF, nutrition or health programme.
2.2. Facilitator Guide	A facilitator's guide to training community workers in key IYCF practices, essential

	counselling skills and the effective use of counselling tools and other job aids.
2.3. Adaptation Guide	A guide to adaptation of the content and images to make UNICEF's Community IYCF Counselling Package appropriate for use in a local context.
2.4. Participant Materials	This manual contains key technical content presented during the training and tools for assessment of IYCF 3-step counselling and supervision activities.
2.5. Training Aids	Visuals that complement the training sessions to help participants grasp and retain technical knowledge and concepts.
2.6. Supervision mentoring and Monitoring	A guide to build skills of supervisors to mentor and monitor performance of community workers, both in terms of the quality and coverage of activities, and to help strengthen performance where gaps are identified.
2.7. Key Message Booklet	This booklet consists of messages related to each of the IYCF Counselling Cards and copies of the 3 take-home brochures.
2.8. Counseling Cards	Counselling cards on breastfeeding under and beyond six months including special conditions such as a sick child and those with HIV.
2.9. Brochure 1. How to breastfeed	A two-page brochure explaining how to breastfeed the baby.
2.10. Brochure 2. Maternal nutrition	A two-page brochure explaining about maternal nutrition during pregnancy and breastfeeding.
2.11. Brochure 3. Feeding after 6 months	A two-page brochure explaining how to feed the baby after 6 months.
3. IYCF Counseling - An Integrated Course_WHO	
3.1. Trainers guide	A training guide on IYCF counseling and support for health workers.
3.2. Directors guide	An adapted guide on IYCF counseling and support for health workers.
4. Module 1 Orientation Package_IFE_2009	
4.1. Training and Powerpoint Resources	
a. Why IFE Matters	A summary of what IFE is, how children become vulnerable in emergencies and what are the appropriate IYCF-E practices to minimize risks to infants and young children in emergencies.
b. Making it Matter	A look at what global policies are available, adhering to which can protect infant and young children during emergencies.
c. Making it Happen	
i. Full Section	The complete module on 'Making it happen' detailing what to do and what not to do when implementing IFE.
ii. Policy	Key points on why developing a policy can help protect IFE.
iii. Assessment	Key points on how to include IFE in monitoring and assessment in emergencies.
iv. Basic Interventions	Key considerations on how IFE can be prioritized.
v. Handling Milk Products	Key points to consider about handling milk products.
vi. Technical Interventions - Breastfeeding support	Case studies on supporting breastfeeding during emergencies by integrating with other interventions during emergencies.
vii. Technical Interventions - Artificial feeding	Key points to consider about artificial feeding of infants during emergencies.
viii. Orientation & Training	Key information on what and how to train/orient relevant staff on IFE.
ix. Donations	Key actions to take to prevent and manage BMS donations.
x. Coordination	Key points on collaboration among different implementing partners to support and protect IFE.
xi. Taking Action	Key points identifying responsibilities of different stakeholders ranging from individual to media responsibility for IFE.
4.2. Supporting Technical Documents	

a. Facilitator Guide Orientation	An example list of contents of a facilitator guide.
b. Orientation - Updated_ 1 hour	Presentation on core IYCF-E concepts.
c. Knowledge Assessment Test	Post training evaluation questionnaire without answers.
d. Knowledge Assessment Answers	Post training evaluation questionnaire with answers.
e. Bonus IYCF-E Slides	
i. Bare minimum	Presentation on what IFE is and what a basic IFE response should be.
ii. IFE Essential Orientation	Key points on IFE Operational Guidance.
iii. The Code and IFE	Key questions about The International Code of Marketing of BMS.
iv. Assessment	Presentation on assessment cycle and questions to address during an Initial Rapid Assessment (IRA).
v. Frontline Support	Key responsibilities for IFE of community workers.
vi. Complementary Feeding	Presentation on complementary feeding in emergencies.
vii. HIV and Infant Feeding	Assessing appropriateness of breastfeeding with HIV including recommendations from WHO.
f. Detailed IFE Orientation	
i. Why IFE Matters	Presentation on the significance of IFE.
ii. Making IFE Matter	Presentation on which global policies, technical documents and frameworks are available to support and highlight the issue of IFE.
iii. Making IFE Happen	Presentation on what can be done to support IFE by developing a minimum response plan.
4.3. Country Action Plans	
a. Country Action Plan Guidance - Presentation	Guidance on developing country level action plans to strengthen IFE planning and implementation.
b. Country Action Plan - Worksheet	A worksheet to record different constraints to IFE encountered in different fields.
c. Country Action Plan - Spreadsheet Sample	A template of country-wise working of IFE in relation to different areas of action.
4.4. Country Problem Analysis	
a. Country Analysis Exercise - Presentation v1	A sample exercise to map and assess areas of concern for IFE programming at the country level.
b. Country Analysis Worksheet v2	A sample analysis grid from East Africa showing what the exercise would yield.
c. Country Analysis grid_ East Africa_ Template v1	A sample of the analysis grid from East Africa presented in a word document.
d. Country_ Analysis Grid Result Sample_ East Africa	Colour coded analysis of East Africa on areas of concern for IFE programming at country level.
4.5. Scenario	
a. Scenario 1 Participants	A case study for IFE with related questions.
b. Scenario 1 Answer sheet	The answers to the questions posed in the case study.
5. Module 2 v. 1.1 for Health and Nutrition Workers_2007	
5.1. Core Manual	A guide for health and nutrition workers to provide basic knowledge and skills to help both breastfeeding and artificially feeding women.
5.2. Additional Material	A guide on IFE related to special conditions such as relactation, breast conditions, feeding a malnourished child less than six months and feeding infant and children who are not breastfed.
5.3. Annexes	Additional material available on key points ranging from cup feeding to calculating feedings.
5.4. Overhead Figures	Presentation on supplemental illustrations for breastfeeding.
6. Complementary Feeding Training Course_WHO_2004	

6.1. Trainers Guide	This guide contains all the information needed by the trainer to carry out the complementary feeding training.
6.2. Participants Manual	A take home training course manual for participants for the complementary feeding training course explaining all sessions and including extensive supplemental material.
6.3. Directors Guide	A detailed guide for the planning and preparation of a complementary feeding training course to improve feeding practices of children from 6 to 24 months old by providing culture-specific nutrition counselling.
6.4. Overheads	Presentation of complementary feeding key messages concisely through presentation slides for use in the complementary feeding training.
7. Operational Guidance Briefing	Key summary points of IYCF operational guidance including key action points.
8. BMS Donations	
8.1. Donations BMS and Other Milks in Emergencies - Powerpoint_Maclaine	A presentation on examples of BMS and infant formula donations in emergencies and suggesting ways to deal with such donations.
8.2. Donations BMS and Other Milks in Emergencies - PDF_Maclaine	A document illustrating examples of BMS and infant formula donations in emergencies and suggesting ways to deal with such donations.
9. Breastfeeding Videos_GHMP	
9.1. Breastfeeding for Mothers	
a. Breastfeeding in the First Hour after Birth	Video showing how and why to initiate breastfeeding in the first hour after birth.
b. Positions for Breastfeeding	Video showing different positions during breastfeeding.
c. Attaching your Baby at the Breast	Video showing how to appropriately attach baby to the breast.
d. Is your baby getting Enough Milk	Video showing signs that baby is getting enough milk.
e. Increasing your Milk Supply	Video showing ways to the mother to increase her milk supply.
f. How to Express Breastmilk	Video showing how mother can express her milk.
g. Storing Breastmilk Safely	Video showing how breastmilk can be stored safely.
h. What to do about Breast Pain	Video giving practical help to relieve breast pain.
i. What to do about Nipple Pain	Video giving practical help to relieve nipple pain.
9.2. Breastfeeding for Health Workers	
a. Early Initiation of Breastfeeding	Video showing how and why initiate breastfeeding early.
b. Helping a Breastfeeding Mother	Video showing how a health worker can help mother breastfeed.
c. Expressing and Storing Breastmilk	Video showing how to express and store breastmilk.
d. Breastfeeding Attachment	Video showing how health worker can help mother attach baby to the breast.
e. Breastfeeding Positions	Video showing how health worker can help mother breastfeed in different positions.
f. Not Enough Milk	Video showing how to evaluate and what to do in case of not enough milk.
g. Nipple Pain	Video showing what a health worker can do to help a mother with nipple pain.
h. Breast Pain	Video showing what a health worker can do to help a mother with breast pain.
i. Breast Engorgement	Video showing what a health worker can do to help with breast engorgement.
10. IYCF Integration into CMAM_IFE_2009	
10.1. Facilitators Guide	A training module for trainers to train health workers in integration of recommended infant and young child feeding (IYCF) practices with CMAM.
10.2. Handouts	An easy reference to information on IYCF integration with CMAM in the form of hand-outs.
11. CHW IYCF Training_Afghanistan_2009	A presentation on IYCF for community health workers providing information on appropriate IYCF practices, how to assess a breastfeed and how to identify and take

	care of common breastfeeding difficulties and breast conditions.
12. Silent presentation_IYCF-E	Presentation on core IYCF-E concepts illustrated through pictures from real emergency situations.
H. PROGRAMME MONITORING AND SUPERVISION	
Key Concepts (Overviews and Summaries)	
1. Summary of Supportive Supervision	Summary of the key elements of supportive supervision.
Annexes (Tools, Templates and Examples)	
1. Template for Supervision Checklist for IYCF-E Centres	An example of a supervision checklist for IYCF-E centres.
2. Example of Supervision Checklict for Mother-Baby Areas_Save the Children_Greece_2016	An example of supervision checklist for Mother-Baby Areas used by Save the Children in Greece.
3. Template for Observation Checklist for IYCF-E Assessment of Mother	An example of an observation checklist to evaluate how an IYCF-E assessment of a mother should be conducted.
4. Template for Observation Checklist for IYCF-E Support Group	An example of an observation checklist to evaluate an IYCF-E support group session.
5. Template for Observation Checklist for Action Orientated Group	An example of an observation checklist to evaluate an action-oriented group session.
6. Template for Supervision Checklists in Excel	An example of a supervision checklist for an IYCF-E mother-baby assessment.
7. Template for IYCF-E Monitoring Checklist for Non-Technical Staff	An IYCF-E program monitoring checklist for non-technical staff.
8. Template for IYCF-E Field Report	A template for the structure of an IYCF-E field report.
References	
1. Guidelines for IYCF Counseling Supervision _IYCN	A guideline on supportive supervision reinforcing theoretical information and skills learned during training and applying that material to normal working situations.
I. COORDINATION AND COMMUNICATIONS	
Key Concepts (Overviews and Summaries)	
1. Overview of IYCF-E Coordination and Communications	A set of sample key messages on IYCF-E for different target audiences, suggested media spots and examples of relevant IYCF-E tweets.
2. IYCF-E Briefing for All Aid Workers and Sectors	A guideline summarizing how all volunteers and staff can help support IYCF-E.
Annexes (Tools, Templates and Examples)	
1. Joint Statement	
1.1. Template for Joint Statement on IYCF-E_2008	A template for IYCF-E joint statement.
1.2. Example of Joint Statement on IFE_Ukraine	Example of an IFE joint statement on IFE used in Ukraine.
1.3. Example of IYCF Joint Statement_Syria	Example of an IYCF joint statement used in Syria.

1.4. Example of Joint Statement IYCF-E_Haiti_2010	Example of an IYCF-E joint statement with special emphasis on infant formula used in Haiti.
1.5. Example of IYCF-E statement _Haiti_2010	Example of IYCF-E statement used in Haiti.
1.6. Example of Joint statement on Micronutrients in Emergencies_2007	A joint statement by WHO, UNICEF and WFP on prevention and control of micronutrient deficiencies in emergencies among children 6-59 months and PLW.
1.7. Example of IYCF-E Briefing External_Pakistan_2010	Example of an IYCF-E briefing from Pakistan, which highlights key messages with relevant references.
2. Media	
2.1. Media Messages after Cyclone Nargis and Wenchuan_Gribble_2012	An analysis of media messages related to feeding infant formula after a cyclone.
2.2. Media Piece on Donations_Philippines_2013	Sample of media coverage on BMS donations in Philippines.
2.3. Media Statement on IFE_UNICEF_China	Joint statement from UNICEF and WHO for the media on protecting infants affected by the earthquake in China by encouraging surviving mothers to continue breastfeeding their babies and protecting them from unrequested breastmilk substitutes.
2.4. Press Release Accounting for Non-BF_Babies_Phillipines_2013	An example of a press release from the Philippines accounting for the needs of non-breastfed infants.
2.5. Press Release _Indonesia_2006	An example of a press release from Indonesia related to BMS donations.
2.6. Press Release_Gaza_2009	An example of a press release from Gaza related to BMS donations.
3. Coordination	
3.1. How to Engage with Other Clusters	Tips on how to engage with other clusters to coordinate an IYCF-E response.
3.2. IYCF-E Integration with other Sectors Matrix _Philippines_2013	An example matrix from an emergency response in the Philippines for IYCF-E specific nutrition interventions integrated with other sectors.
3.3. Example of Child Protection and Nutrition Integration_Greece	Example from Greece about Integration with child protection including indicators and key actions.
3.4. Template for IYCF-E Working Group TOR	A draft of terms of reference for an IYCF-E working group.
4. Communication with Mothers	
4.1. Example of IYCF-E fact sheet for mothers _Lebanon	An example leaflet for mothers on how to protect their children by knowing the benefits of appropriate breastfeeding and complementary feeding and knowing the risks of artificial feeding.
4.2. Example of IYCF-E Fact Sheet for mothers_Indonesia	An example leaflet for mothers on how to protect their children by knowing the benefits of appropriate breastfeeding and complementary feeding.
5. Communication for Health Workers	
5.1. Example Leaflet for Health workers	A leaflet for health workers on how to support caregivers on breastfeeding and complementary feeding in emergencies and how to deal with BMS donations.
5.2. Example of IYCF-E Fact Sheet for Health Workers	A concise guideline for health workers on how to support caregivers on breastfeeding and complementary feeding in emergencies.
References	
1. Joint Statements	
1.1. IYCF-E Guide for Public to Support Ops Guidance_IFE Core Group_2007	A guideline of how the public can support IYCF-E.
2. Media Communication	
2.1. Comms Guidance for Humanitarian Sectors_SC_2016	The Dos and Don'ts of communication about IYCF-E by Save the Children.
2.2. Dos and Don'ts - Practical Steps to Minimise Artificial Feeding in Emergencies_ICDC_2009	The Dos and Don'ts of minimizing artificial feeding in emergencies by ICDC.

2.3. Comms Guidance_Nigeria_2016	The Dos and Don'ts of communication about IYCF used in Nigeria.
2.4. Communication with Media_ENN	Communication with Media by communication personnel by ENN.
2.5. IYCF-E Media Guide_IASC	A two-page brief for the media providing information about IYCF-E and how media can help.
3. BCC Material	
3.1. BCC in Emergencies Toolkit_UNICEF_2009	UNICEF's toolkit to help prepare, plan, implement and monitor behaviour change communication initiatives supporting health, hygiene and child protection efforts in emergencies.
3.2. Communication Manual for Improving Breastfeeding Practices_UNICEF_2010	UNICEF's module on identifying benefits of and challenges to exclusive breastfeeding, knowing interventions for improving exclusive breastfeeding and how community empowerment can achieve and sustain improvements in exclusive breastfeeding.
3.3. IYCF-E Guide for Mothers_WHO_1997	A breastfeeding guide for mothers from WHO.
3.4. World BF Week_WABA_2009	An example of an IYCF-E preparedness tool used during the World Breastfeeding Week in 2009.
3.5. Don't Formula Feed Newspaper Ad_Indonesia_2006	An advertisement in Indonesia discouraging formula feeding/bottle feeding.
3.6. Formula Feeding Costs Money Poster_Indonesia_2006	A poster used in Indonesia illustrating the added burden of cost for formula feeding.
3.7. Infant Feeding Songs_Haiti_2010	Songs from Haiti on infant feeding and hand washing.
3.8. Breastfeeding Badge - A Vital Emergency Response	A sample badge illustrating breastfeeding as a vital emergency response.
3.9. IYCF-E Flip Chart_Philippines_2009	IYCF-E flip charts used in the Philippines during information and counselling sessions.
4. Nutrition Integration Tip Sheet_2013	Tips on how to integrate IYCF-E with other clusters through different activities including which indicators to use.
5. Crossword	A crossword on IYCF.