J.F.K. SENIOR CENTER BULLETIN APRIL 2015



The Center will be Closed Friday, April 3rd in Observance of Good Friday. 1580 East 332nd Street Eastlake, Ohio 44095 440.975.4268 Grace Giangiacomo, Senior Center Director E-Mail: gg@eastlakeohio.com Brochure on line at www.eastlakeohio.com Hours: 7:30am-4:00pm Monday, Tuesday, Thursday, Friday Wednesday, 7:30am-8:30pm

The JFK Senior Center is open to the public every Wednesday Night. Live Country and Blue Grass Music starts at 6:30pm. A concession stand and lots of fun. Pop in and join us, it's Free to all

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CERAMICS	MON. TUES. WED. FRI.	9:00am to 2:00pm
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUES. & FRI.	12:30-3:00 3¢ per card
ZUMBA (Low Impact)	WEDNESDAY	10:00am – 11:00am
COMFORT ELVES	1 st & 3 nd WEDNESDAY	9:00 am – 11:00am
LINE DANCING	THURSDAY	1:00 pm
LCR	4 th Thursday	12:30 pm
PINOCHLE	FRIDAY	12:30:00 PM

A "BODY IN MOTION" IS A HEALTHY BODY

Exercise with Stephanie...all FREE programs

Low Impact Aerobics	Monday, 12:45pm	Thursday, 9:15am		
Sit Down Exercise	Monday, 1:30pm	Thursday, 10:00am		
Stretch & Tone	Tuesday, 9:15am			
Stephanie will be on Vacation April 28 th thru May 7 th ,				

Have a Great Vacation Steph!

DAY TRIPS AND OUTINGS HARTVILLE

We are starting back to Hartville, second Monday of every month. Come and sign-up. DATE: Monday, April 13th COST:\$5.00 TIME:8:15am-3:30pm

TRINITY CATHEDRAL

Come and listen to the Concerto for Violin, Piano and String Quartet. Don't miss this French rarity, featuring violinist Annie Fullard and Pianist Elizabeth DeMio. Date: Wednesday, April 15th COST:\$4.00 TIME:11:00am-1:30pm

LUNCH BUNCH

The restaurant this month is a wonderful favorite, at the Euclid Culinary Bistro for their annual Buffett. Enjoy!

COST:\$4.00

TIME:11:00am-1:00pm

RACINO

Hop on the Bus. We're changing Casino's this month. It is Super Senior Thursday at the Racino! Want to take a break from gambling, stop at the Slush Bar for Senior Line Dancing from 10 a.m. and ends at 1 p.m

DATE: Thursday, April 16th

DATE: Wednesday, April 22nd

COST:\$4.00

TIME: 9:30am-3:00pm

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DENISON TRAIN STATION

Visit to Denison WWII Train Station, lunch to follow on your own. Sign up in the office.

DATE:Wednesday, April 29th

COST:\$10.00

TIME:8:00am-3:30pm

TRI-C JAZZ FEST

Tri-C Jazz Fest Annual Down Beat Invitational Days. Noon concert in the Auditorium, please sign-up in the office for this annual fun time event.

DATE:Tuesday, April 14th

COST:\$4.00

TIME:11:00am-2:00pm

TIME:9:00am-

THE CLEVELAND ORCHESTRA

Please join us for an matinee concert at the Cleveland Orchestra with complimentary coffee & muffins with at Concert preview before the concert. All tickets are on the main floor.

DATE: Friday, May 1st COST:\$29.00

1:30pm

VOLUNTEER BREAKFAST

Please look for your invite after April 17th. The event will be held on Tuesday, May 5th.

SENIOR DAY AT THE MALL

Don't forget our annual day at the mall is coming up, mark your calendars. DATE: Tuesday, May 19th

PARTIES AND GET-TOGETHERS INDIANS OPENER GAME

Let's cheer the Indians on the opening game with Hot Dogs and Peanuts. Meet in the Lobby and wear your Indian Gear to cheer the Tribe on!

DATE: Friday, April 10th

COST:\$3.00

TIME: 12:00Noon

BARB'S BREAKFAST

Please join us for Scrambled Eggs, Sausage, & Toast, along with juice and coffee. Sign up in the office.

COST:\$3.00

DATE: Momday, April 27th

TIME:9:30am

TACO TUESDAY

Back by popular demand! We will be having Walking Taco's on Tuesday, April 7th & 28th Sign up in the office.

Cost:\$2.00

TIME: After Lunch in the Lobby

OUR THOUGHTS

GET WELL WISHES are extended to: Walt Shilling, Glen Hemsley, Faye Lariccia. Hope you are feeling better.

Sympathy is extended to the families of Jack Wyland, Betty Nemeth in the passing of her son John and to Nick Kovacevic's grandson, Jacob.

CENTER NEWS BOUTIQUE

Once again our Spring Boutique was a wonderful successful event. Thank you to everyone who helped with this wonderful event. To all the volunteers who helped with the set-up and tear down, to the baking, selling of raffle tickets, the cooking and for all the "May I Help You" from all our Volunteers to all the event goers and participants.

Thank You to all.

<u>AARP</u>

Our thanks to all the AARP Volunteers who were here on Tuesdays to help with Tax Preparing. They will finish up on Tuesday, April 7th. Again, please bring all important papers, including last years filling, your photo ID and S.S.# Sign up in the office.

TIME: 9:00-2:30pm

CARE CARDS BY DONNA

The Care Cards are turning out very nice. Stop by and see what this is all about, and maybe join in. Donna is there every Wednesday between 9:00am-11:00am. The cards are available for purchase at 2 for \$1.00. Stop by the office to purchase some.

HAIR SALON

RECYCLE

MEMBERSHIP

FUNDING

Thank You for helping us track attendance as requested by the Lake County Commissioners. The results will determine the appropriate distribution of Senior Levy funds to the Lake County Senior Centers. Keep up the "Good Work" AND IF YOU DON'T SIGN-IN WHEN YOU ARRIVE....PLEASE DO...IT REALLY DOES HELP IN OUR FUNDING!!

SENIOR HEALTH AND WELLNESS FREE COFFEE AND DOUGHNUTS SOCIAL

Come meet pharmacist Kelly Malkamaki from the newest pharmacy in Lake County to answer your medication questions and offer solutions to making medication

compliance easier!

DATE: Tuesday, April 14th Sign-up in the office. TIME:10:00 am

FOOT DOCTOR

Date: Wednesday, April 15^{th/} Date: Wednesday, May 20th TIME:8:00am – 4:00pm

SCREENING FAIR

Lake Health will be here for a screening fair. The screenings will include: Cholesterol, Glucose, BP, Weight, Waist Circumference, BMI and Oxygen Saturation. It will also include help on getting people started on using the Wellness Station. DATE:Tuesday, April 21st TIME:9:00am-11:00am

FUNERAL ADVANTAGE

Come listen to David Crighton talke about Cash Insurance Benefits. DATE:Thursday, April 23rd TIME:9:30am

APRIL 2015					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1 Craft Class	2 Movie The Judge Salon 9:15 – 2:00	3 Closed Good Friday	
6	7 AARP Tri-C Taco's	8 Craft Class	9 Movie The Best of Me Salon 9:15 – 2:00	10 Indians Opener Salon 9:15–3:00	
13 Attorney Hartville	14 Board Meeting Coffee social	15 Foot Doctor Trinty Cathedral Craft Class	16 Movie The Good Lie Racino Salon 9:15 – 2:00	18	
20	21 Screening Fair	22 Craft Class Lunch Bunch	23 Funeral Advanta Movie The Rewrite LCR Salon 9:15 – 2:00	Salon 9:15–3:00	
27 Barb's Breakfast	28 Taco's	29 Craft Class Dennison Train Trip	30 Movie Kill the Messenger Salon 9:15 – 2:00		

HAPPY EASTER, ENJOY

<u>WASHINGTON D.C.</u> DATE: Friday, September 18th through Monday, September 21st COST:\$375.00 (CHECK FLYER ON THE NEXT PAGE)



Day 1: Depart your group's location in a spacious video and restroom equipped motorcoach as you head for your destination: Washington, D.C. our National Capital! Later that day, enjoy a relaxing Dinner and check into your Washington, D.C. area hotel.

Day 2: Enjoy a Continental Breakfast before departing for a full-day Guided Tour of Washington, D.C. Some of the awe-inspiring sights on this fantastic tour will include the US Capitol, the White House, the National Archives, Embassy Row, and Georgetown. During the day, you will see the Washington Monument, Lincoln Memorial, the Martin Luther King, Jr. National Memorial, and several War Memorials. This evening, enjoy Dinner at a local restaurant before continuing on the Guided Memorial and Monuments Tour.

Day 3: Begin the day with a Continental Breakfast. Today's Guided Tour includes such poignant and inspirational sights as Arlington National Cemetery, including the Tomb of the Unknowns, and Kennedy Graves, as well as the Iwo Jima Memorial. You'll also enjoy a visit to the Smithsonian Institution. Later, you'll enjoy Dinner with entertainment before returning to your hotel for the night.

Day 4: Today, after enjoying a Continental Breakfast, you will depart for home... a perfect time to chat with your friends about all the fun things you've done, the great sights you've seen, and where your next group trip will take you!

ADD PEACE OF MIND TO YOUR TRIP... With Diamond Tours Exclusive Travel Confident® Protection Plan if you have to unexpectedly cancel or cut your plans short. See back for details...

\$75 Due Upon Signing. *Price per person, based on double occupancy. Add \$120 for single occupancy. Final Payment Due: 7/13/2015

FOR INFORMATION & RESERVATIONS CONTACT:

Grace Giangiacomo @ (440) 975-4268

Motor coach driver & Step-on guide gratuities include in flyer price Form ID: 4000-4A0306



Bringing Group Travel to a Higher Standard®

Fla. Seller of Travel Ref No. ST32973.

World War II Memorial

Martin Luther King, Jr.

National Memorial

Iwo Jima Monument

Tour#: 1114961

			APRIL	BIRTH	DA	<u> </u>		
Wilma Jean	Cooper	1	Nancy J	Bryson	13	Kathleen	Ogrin	22
Lorraine	Longo	1	Ronald	Lutz	13	Louise	Ward	22
Shelia	Lucas	1	Helen	Mason	13	Jerry	Carr	23
Cheryl	Wardega	1	Sharen	McDivitt	14	Sue	Gearity	23
Victoria	Yaksic	1	Irvin	Taylor	14	James	Lucas	23
Nellie	Hartley	2	Eleanor	Belloli	15	Donna	Moses	23
Marlene	Roach	2	David	Lashuk	15	Lee	Niebauer	23
Emiko	Stidd	3	Jim	Nolan	15	Herman	Rains	23
Anna	Zorko	3	Rose	Coan	16	John	Thomas	23
William	Billhardt	4	Grace	Deguzman	16	Francis	Zsaludko	23
Judith	Komyati	4	Louise	Stromsky	16	Dennis	Anderson	24
Sally	Cellini	5	Kathleen	Becerra	17	George	Futkos	25
Florence	Lovas	5	Doris	Hayes	17	Peter	Palicia	25
Beverly	Legat	6	Kim	Cross	18	Yvonne	Sanger	25
Terrie	Doboze	7	Florence	Edelman	18	Joann	Yeckley	25
Gerry	Gillespie	7	Virginia (Jea	arLynn	19	Rose	Hixenbaugh	26
Donna	Komaromy	8	Cathy	Omelia	20	Theresa	Phalen	26
Fran	Pavlik	8	Minnie	Richards	20	lldy	Roosz	26
Cheryl	Wolenski	8	Beverly	Yando	20	Gayle	Sellitto	27
Mary	Buhner	9	Kenneth	Bruss	21	Mary	Thomas	27
Leo	lvec	10	David	Pardee	21	Linda M.	Davis	28
Joanne	Suydam	10	Joan E	Reba	21	Jean	Zukowski	28
Janja	Vidovic	10	Richard	Sabo	21	Mary	Hradesky	29
Ronald	Backos	11	Orval	Vernon	21	Tricia	Kostura	29
Kenneth	Kothera	11	George	Zadzora	21	Bruce	Rutherford	29
Dan	Lawson	11	Michael	Galgoczy	22	Ruth Ann	Stone	29
Joan	Kelso	12				Mary Ann	Surtz	30

WISHING YOU ALL

A GREAT DAY





PLEASE DON'T FORGET TO RENEW YOUR MEMBERSHIP

WEDNESDAY NITE ST. PATRICKS PARTY



WEARING GREEN AND READY TO PARTY







ST. PATRICKS DAY 2015

300 WEDNESDAY COUNTRY NITES





Yes folks on Wednesday march the 18th we celebrated 6 years and 300 nites of good company, great food and the best of country music. all made possible by you our volunteers and a great band of musicians. Many thanks to all of you. Wednesday Nites is FREE to you and the public.

Y'ALL COME AND JOIN US NOW