

# J.F.K. SENIOR CENTER BULLETIN APRIL 2019

1580 East 332<sup>nd</sup> StreetEastlake,<br/>Eastlake,Ohio 44095TEL440-975-4268<br/>TEL440-975-4268<br/>E-Mail: gg@eastlakeohio.comBrochure on line at www.eastlakeohio.comE-Mail: gg@eastlakeohio.comBrochure on line at www.eastlakeohio.comHours: 7:30 am. - 4:00 pm.Monday, Tuesday, Thursday, FridayWednesday, 7:30 am. - 8:30 pm.The JFK Senior Center is open to the public every Wednesday Night. Live Country and Blue Grass<br/>Music starts at 6:30 pm. A concession stand and lots of fun.<br/>Pop in and join us. It's Free to all

THE CENTER WILL BE CLOSED FRIDAY, APRIL 19<sup>™</sup>

#### IN HONOR OF GOOD FRIDAY.

The JFK Center offers many programs that meet on a weekly basis. These activities are free and per-registration is not required. (Unless noted below)

CERAMICS	MON. TUES. WED.	9:00 am to 12:00 Noon
EXERCISE ROOM	MONDAY - FRIDAY	\$15.00* per year
WOODBURNING	TUESDAY	9:00 am
BINGO	TUESDAY & FRIDAY	12:30-2:30 3¢ per card
COMFORT ELVES	1 <sup>st</sup> & 3 <sup>rd</sup> WEDNESDAY	9:00 am – 11:00 am
LINE DANCING	THURSDAY (Experienced Dancers)	1:00 pm (\$2.00 per class)
PINOCHLE	FRIDAY	12:30 pm
Chair Yoga with Kate	Monday, 9:00 am	
Aerobics and Cardio	Tuesday, 10:30am	
Low Impact Strength Training w/Diane		Monday, 1:15pm
Zumba with Diane (Low Impact)	Wednesday,10:00 am	

Exercise with Diane; Thurs., 9:15 am Core & Strength Class w/Diane; Thur., 10:00am

# **CENTER NEWS**

# **OUR THOUGHTS**

We extend GET WELL WISHES to: Brenda Simpson, Tom Fritsch, and Marge Simpson. Hope

your all feeling well soon..

Condolences to the families of Emily Weiss and

Terry Agnes in the passing of her husband Richard.

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# NATIONAL VOLUNTEER WEEK, APRIL 15-21 2019

It's time to recognize our volunteers and inspire and encourage others to also utilize their skills in making a difference. Some intangible benefits like pride, satisfaction, and accomplishment are all worthwhile reasons to serve at your Senior Center. While doing so you help keep your center a welcoming place by contributing to improve services, keep the center clean and organized. All while connecting to others who appreciate your willingness to offer a helping hand. So after participating in your favorite activity, come by and see what you can offer.

There is no job too small to be appreciated. Don't forget to take a moment to thank the volunteers around here, either by writing a note or just a verbal Thank You will do!

# HAIR SALON

Easter is soon, Hop in the Salon for a manicure or hair cut....don't forget we have Nail Shellac too. This all helps support our Center.

<u>TOPS</u> <u>Taking Off Pounds Sensibly, meet every Wednesday Night between</u> 5:00pm– 6:30pm

# **RECYCLE OLD CELL PHONES**

Just a reminder, if you have an old cell phone to get rid of, just bring it in. They are being sent to our troops overseas.

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# **TAX AND AARP**

The AARP Volunteers will be done on April 9<sup>th</sup> and once again kudos to them for all they do. It was a rough year for them with all the changes in the tax laws. A big Thank You to all. See you next year.

# SENIOR DAY AT THE MALL

Don't forget to hold the date for Senior Day at the Mall, Tuesday, May 21<sup>st</sup> get your ticket and join us for a fun-filled day at the Mall.

DATE: Tuesday, May 21<sup>st</sup>

TICKET COST:\$1.00

TIME:9:00am-2:30pm

# VOLUNTEER LUNCHEON

Anyone who volunteered to benefit our Center, twenty five (25) hours or more in 2018, is invited to our Luncheon. Please mark your calendar, although we will not start checking names until Monday, April 22<sup>nd</sup> Please stop by the office then to RSVP. If you are unsure of your hours, we will check for you.

The Luncheon will be Friday, May 10<sup>th</sup> at 1:30pm in the Lunchroom.

Nothing is more honorable than a grateful heart. Shakespeare

# **HEALTH AND WELLNESS** FOOT DOCTOR

DATE: Wed., May 1<sup>st</sup> & Wed., May 22<sup>nd</sup> \$20.00 (Pre-registration) Start TIME:9:00am

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#### COUNCIL ON AGING

The Lake County Council on Aging offers direct service programs for those 60 years of age and older including: case management, nutrition services, in-home safety, homemaker services, information and referral, and much more.

For more information please call (440) 205-8111 or visit www.lccoa.org .

Don't forget they here for lunch everyday at 11:30. Come join us for a hot, nutritious lunch and good conversations.

#### **GRANDE POINTE**

Brian will be here with waffles again, "Let go of my Eggo" Please sign up in the office by April 5<sup>th</sup> for his count.

DATE: Tuesday, April 9th

TIME:9:30am in the Lobby

## THANK YOU

I would like to thank everyone for all the wonderful cards I have received. I loved reading them all and look at them frequently. I am resting a lot, so I should come back ready to go. I miss everyone and hope all is well. Thanks to all who have chipped in and took over to make things run smoothly. I will still be gone until after Easter. Hopefully you will enjoy all the upcoming trips. We will be having our Volunteer Luncheon a little later than usual, but it will happen. Hang tight, keep our Senior Center as homelike and welcoming as always. Let's keep the Center a fun place to be!

I will be back soon.

Frace

IF INTERESTED SIGN-UP EARLY (NOW) FOR THE NEXT 3 EVENTS **BECAUSE THEY TAKE PLACE THE FIRST WEEK OF APRIL.** 

# PARTIES AND GET-TOGETHERS

The Captains and Indians openers will be April 1<sup>st</sup> & 4<sup>th</sup> respectively. We will be celebrating here at the Center with Hot Dogs and Peanuts. Make sure you sign-up for our count. Don't forget to wear your Indians or Captains gear and support your home team.

Sponsored by Tami from Hilltop Village Senior Living.

DATE: Thursday, April 4<sup>th</sup>

COST:\$2.00

TIME:Noon in the Lobby

# **TRINITY CATHEDRAL**

Come and enjoy some music showcasing "Movie Memories" themes from Cinema Classics. Purchase their lunch for \$7 or go downstairs and purchase from another restaurant, or bring your own. Sounds like a pleasant afternoon.

DATE:Wednesday, April 3<sup>rd</sup>

COST:\$5.00

TIME:10:30am-1:30pm

# **DON'T FORGET OUR LAST FISH FRY ON FRIDAY**

Hop on the bus and go to Kristy Tavern in Euclid.

DATE:Friday, April 5th

COST:\$3.00

TIME:11:00

# DAY TRIPS HARTVILLE

Back on the road again! Grab your shopping buddy and enjoy. DATE:Monday, April 8<sup>th</sup> COST:\$5.00 TIME:8:15am-4:30pm

# **ROCKSINO**

Incentive will be \$20.00. Grab a friend and go have fun. DATE: Thursday, April 11<sup>th</sup> COST:\$5.00 TIME: 9:30am-2:45pm

## LUNCH BUNCH

We are going to Grand River Cellars. Enjoy their famous spaghetti dinner or order off the menu, and of course don't forget a nice glass of wine.

DATE:Thursday, April 18<sup>th</sup> COST:\$5.00 TIME:11:10am-1:30pm

# ETHNIC LUNCH

Well we have done Mexican, Italian, Japaneses, how about Chinese this month! China Buffet in Mentor has always been a favorite for many of you, so this is the place. DATE:Tuesday, April 23<sup>rd</sup> Our last Ethnic lunch is next month and will be Hungarian Food!

# LIBERTY AVIATION MUSEUM

Explore this Aviation Museum in Port Clinton. Enjoy lunch on your own on the grounds at the Tin Goose.

DATE: Thursday, April 25th

COST:\$13.00

TIME:8:00am-4:00pm

# PRESQUE ISLE

We are on the road again...Presque Isle here we come! This will be back on the schedule once a month again, usually the last Tuesday of every month.

DATE: Tuesday, April 30<sup>th</sup>

COST:\$5.00

Time:9:15am-4:30pm

# **GREAT LAKES THEATER**

Come see Cleveland's Classic Company performing "Million Dollar Quartet" at the Hanna Theater, at Playhouse Square.

DATE: Tuesday, May 7th

COST:\$25.00

TIME:9:00am-12:00noon

## **EUCLID CULINARY BISTRO**

The Culinary end of the year buffet. Sign up in the office. We have the last seating at 12:30. The price is for the bus and meal.

DATE:Wednesday, May 8<sup>th</sup> COST:\$15.00 TIME:12:10am-2:00pm

#### **MAHONING VALLEY CASINO**

DATE: Thursday, May 9<sup>th</sup>

COST:\$5.00

TIME: 9:15am-4:30pm

# **CLEVELAND ORCHESTRA**

Enrich your concert experience with a FREE Concert Preview beginning one hour before concert start time, while enjoying complimentary coffee, tea, and pastries! DATE: Friday, May 10<sup>th</sup> COST:\$32.00 TIME:9:30-1:00pm

Remember signing up early assures that the trip will go out...



# **APRIL 2018**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1	2	3 Comfort Elves Trinity Cathedral	4 Celebrating Opening Days Salon 9:15–2:00	<b>5</b> Fish Fry Blood Pressure <b>Salon 9:15–3:00</b>	
8 <b>Attorney</b> Hartville	9 Celina w/COA Brd Meeting Grande Pointe AARP TAXES	10	<b>11</b> Rocksino Salon 9:15–2:00	12 Salon 9:15–3:00	
15	16	<b>17</b> Comfort Elves Senior Market	18 Lunch Bunch Salon 9:15–2:00	<b>19</b> Closed Good Friday <b>Salon 9:15–3:00</b>	
22 Sign up for Volunteer lunch Starts today	<b>23</b> Ethnic Lunch	24	25 Liberty Avaition Musuem Salon 9:15–2:00	26 Salon 9:15–3:00	
29	30 Presque Isle	05/01/19 Foot Dr.			

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Wilma Jean	Cooper	1	Joy	Riegel	12	Jerry	Carr	23
Chery	Wardega	1	Karen	Bucar	14	James	Lucas	23
Sommai	Rama	2	Sharen	McDivitt	14	Lee	Niebauer	23
Marian	Thompson	2	Irvin	Taylor	14	Dennis	Anderson	24
Emiko	Stidd	3	Richard	Galaida	15	Sharon	Hannan	24
William	Billhardt	4	Stephen	Mitch	15	George	Futkos	25
Judith	Komyati	4	Kathleen	Wilson	15	Peter	Palicia	25
Sally	Cellini	5	Louise	Stromsky	16	Joann	Yeckley	25
Florence	Lovas	5	Virginia (Jea	ıLynn	19	Darlene	Adkins	26
Beverly	Legat	6	Beverly	Yando	20	Eileen	Billey	26
Linda	Abate	7	Beverly	Ellis	21	Theresa	Phalen	26
Gerry	Gillespie	7	Joan E	Reba	21	Robert	Apicello	27
Donna	Komaromy	8	Richard	Sabo	21	Mary Ann	Thomas	27
Carol	Roenbaugh	8	Michael	Galgoczy	22	Linda	Davis	28
Barbara	Bambrick	9	Kathleen	Ogrin	22	Precha	Khaikeaw	28
Mary	Buhner	9	Catherine	Villani	22	David	Lumadue	28
Shirley	Downs	9	Louise	Ward	22	Jean	Zukowski	28
Leo	lvec	10				Ruth Ann	Stone	29

# HAPPY BIRTHDAY

# **ST PATRICKS DAY PARTY**







# 500 WEDNESDAY NITES AND STILL GREAT PARTYS

# **OUR 500<sup>th</sup> WEDNESDAY NITE**





# Y'ALL COME ON DOWN AND JOIN US NOW

03/13/2019

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