

JANINE TALTY, D.O., M.P.H.

*2702 Brambleton Avenue
Roanoke, Virginia 24015*



EDUCATION:

Undergraduate

San Jose State University
San Jose, California
Degree: Bachelor of Science, Sports Medicine
Year Graduated: 1985

Master's Degree

**University of Illinois,
School of Public Health**
Degree: Master of Public Health
Year Graduated: 1987

Medical School

**University of Osteopathic Medicine
& Health Sciences (Des Moines University)**
Des Moines, Iowa
Degree: Doctor of Osteopathic Medicine
Year Graduated: 1992

Internship

Lansing General Hospital
Lansing, Michigan
1992 – 1993

Residency

**Michigan State University
College of Osteopathic Medicine**
East Lansing, Michigan
Family Medicine
1993 - 1996

Fellowship

**Michigan State University
College of Osteopathic Medicine**
East Lansing, Michigan
Biomechanics/Osteopathic Manipulative Medicine
1993 -1996

CURRENT:

Private Practice **Janine Talty, D.O., Inc.**

Orthopedic Medicine / Clinical Biomechanics / Osteopathic Manual Medicine
Prolotherapy, TMJ-D, Sports Medicine, Medical Weight Loss, Bio-Identical
Hormone Balancing for Men and Women, Diagnosis and Treatment
of Lyme Disease & Mold Biotoxin Disease “CIRS” (Chronic
Inflammatory Response Syndrome)
2702 Brambleton Avenue Roanoke, Virginia 24015 (540) 685-2676
July 2015- Present

Past Professional Practice:

Private Practice **Janine Talty, D.O., Inc.**

Orthopedic Medicine / Clinical Biomechanics / Osteopathic Manual Medicine
Prolotherapy, TMJ-D, Sports Medicine, Medical Weight Loss, Bio-Identical
Hormone Balancing for Men and Women, Diagnosis and Treatment of Lyme
Disease **1213 Corporate Circle SW Roanoke, Virginia 24018 (540) 685-2670**
November 28, 2013 – July 3, 2015

Primary Care Associates (PCA) Orthopedic Medicine / Clinical Biomechanics / Osteopathic Manual
Medicine, Prolotherapy, TMJ-D, Medical Weight Loss, Bio-Identical Hormone
Balancing for men and women, Diagnosis and Treatment of Lyme Disease, Family
Medicine
2155 Apperson Drive Salem Virginia, 24153
February 15, 2011 – November 25, 2012

Wellness & Rehabilitation Center

Medical Director

Orthopedic Medicine/ Clinical Biomechanics, Spine, Sports Medicine, Pain
Management, Prolotherapy Alternative and Complimentary Medicine,
Bioidentical Hormone Replacement, Diagnosis and Treatment of Lyme
Disease, Surgical First Assist with Spine and Orthopedic Surgical
Procedures, in office Caudal Epidural Blocks, Medical Weight Loss,
Exercise prescription
50 Penny Lane Watsonville, California 95076
August 1996 – September 2010

County of Santa Cruz Health Services Agency

Family Medicine, Women’s Health, Clinical Biomechanics, Orthopedic
Medicine, Sports Medicine, Spine, Pain Management
August 1996 – August 1999

Spinal Diagnostics & Treatment Center

Orthopedic Medicine/Clinical Biomechanics, Prolotherapy, Caudal Epidural
Blocks, Fluoroscopically guided joint injections
901 Campus Drive, Suite 310 Daly City, California 94015
September 1999 – December 2005

CERTIFICATIONS AND MEDICAL LICENSURE:

- American Osteopathic Board of Family Physicians, 1997-present
- Interventional Regenerative Orthopedic Medicine, 2015-present
- State of California Medical License 20A6830
- Virginia Medical License 0102202736

HOSPITAL PRIVILEGES:

Watsonville Hospital
75 Nielson
Watsonville, CA 95076
1998 – 2010

Dominican Hospital
1555 Soquel Avenue
Santa Cruz, CA 95065
2007 – 2010

Lewis Gale Hospital
1900 Electric Road, Salem, Virginia 24153
2011- Present

HOSPITAL APPOINTMENTS:

Watsonville Community Hospital
Vice-Chief of the Department of Family Practice
July 2002 – June 2003

Watsonville Community Hospital
Chief of the Department of Family Practice
July 2003 – June 2004

Watsonville Community Hospital
Chair of Physician Wellness Committee
July 2005 – 2010

PROFESSIONAL MEMBERSHIPS:

- American Osteopathic Association
- American College of Osteopathic Family Physicians
- American Association of Orthopedic Medicine
- International Spinal Injection Society
- Virginia Osteopathic Association
- International Lyme and Associated Disease Society

CERTIFICATIONS IN MANUAL MEDICINE:

Principles of Manual Medicine

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Muscle Energy Technique I

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Muscle Energy Technique II

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Exercise Prescription as an Adjunct to Manual Medicine

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Manual Medicine related to Sports & Occupational Injuries to the Extremities

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Myofascial Release I

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Myofascial Release II

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Manual Medicine Technique Above the Diaphragm

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Manual Medicine Technique Below the Diaphragm

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Strain – Counter Strain Technique

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Functional Indirect Technique I

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Craniosacral Technique I

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Craniosacral Technique II

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Direct Action Thrust: Mobilization with Impulse

Michigan State University
College of Osteopathic Medicine
East Lansing, Michigan

Mechanical Link: Spine and Thorax Lines of force

Upledger Institute

Pilates Rehabilitation Instructor

Polstar Pilates

CERTIFICATIONS IN ORTHOPEDIC MEDICINE:

American Association of Orthopedic Medicine

Interventional and Regenerative Orthopedic Medicine – Certified

IROM-C

November 2015

UNIVERSITY APPOINTMENTS:

Michigan State University

College of Osteopathic Medicine

Clinical Assistant Professor in the Department of Osteopathic Manipulative Medicine

October 2001 – Present

Touro University College of

Osteopathic Medicine – California

Adjunct Assistant Professor Family Medicine and PM&R

March 2010 – March 2012

BOARD OF DIRECTORS MEMBERSHIPS:

American Association of Orthopedic Medicine

March 2001 – March 2003

April 2014 - Present

Human Development Incorporated

January 2000 – January 2006

ORIGINAL RESEARCH

Talty, J.M. Common Compensatory Pattern As It Relates To The Presentation Of The Fetal Head Position At Delivery – A Pilot Study. 1996 Unpublished.

Talty, J.M., Derby, R. Intradiscal Radiofrequency Heating for Cervical Discogenic Pain – a Pilot Study. 2001

PUBLICATIONS

Indigo Awakening; A Doctor's Memoir for Forging an Authentic Life in a Turbulent World.

June 1, 2009. Elite Books, Santa Rosa, California

~ Winner of the **ReaderViews Literary Awards** First Place 2009 in the Category of Mind/Body/Spirit.

~ **Perceptive Marketing Book Award** for the Best Nonfiction Book of the Year 2009.

Goddess Shift; Women Leading for a Change. May 1, 2010. Contributor. Elite Books, Santa Rosa, California

Optimism: Cultivation the Magic Quality that Can Extend Your Lifespan, Boost Your Energy, and Make You Happy Now. June 2011. Contributor. Elite Books, Santa Rosa, California

AWARDS

Reader Views: Reviewers Choice Award 2010

Indigo Awakening; A Doctors Memoir of Forging an Authentic Life in a Turbulent World

Best Bedside Manor Award Our Health Magazine Roanoke & New River Valleys
Osteopathic Medicine, December 2017, 2018

Compassionate Doctor Recognition Award:

2015, 2015, 2017, 2018

Patient's Choice Award:

2016, 2017, 2018

On-Time Doctor Award:

2018

RADIO TALK SHOW APPEARENCES/LECTURES & BOOK SIGNINGS

Full Power Living with Ilene Dillon, June 4th, 2009 discussing Book *Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent World*.

Life's Balance Radio with Shaman Melodie McBride. June 22nd, 2009 discussing Book; *Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent World*.

Gateways Book Store, Santa Cruz California July 8, 2009 Lecture/Book Signing discussing Book; *Indigo Awakening; Why are we here?*

Donna Seebo Show, BBSradio.com with Donna Seebo July 10, 2009 discussing *Book; Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent World*.

Voices of Change, EvolutionRevolutionRadio.com with Dulcinea. July 25th, 2009 discussing Book; *Indigo Awakening: A Doctor's Memoir of Forging an Authentic life in a Turbulent World*.

CBS Psychic Radio Network, Inner Views with Kimmie Rose Zapf. July 28th, 2009 discussing Book; *Indigo Awakening: A Doctor's Memoir of Forging an Authentic*

Awakening to Conscious Co-Creation, with Peter Tongue. August 12th, 2009 discussing Book; *Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent World*.

11:11 Talk Radio, 7th Wave Network, with Simeran Singh. August 13, 2009 discussing Book; *Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent World*.

Watsonville Community Hospital, Watsonville California. September 23 **lecture/ Book Signing**; *Indigo Awakening. Why Are We Here?*

On Line With Andrea, Blog Talk Radio, with Andrea Garrison. October 8th, 2009 discussing Book; *Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent World*.

Blog Talk Radio, Living with Indigo Energy with Lisa Bellini. October 30th, 2009 discussing Book; *Indigo Awakening: A Doctor's Memoir of forging an Authentic Life in a Turbulent World*.

Lanto's Lantern, Contact Talk Radio, Suzanna Axisa Lighthouse Intuition with Suzanna. October 30th, 2009 discussing Book; Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent Word.

All We Are Radio Show with Maggie and Don Anderson. January 16th, 2010
Discussing Indigo Adults and Living with expanded awareness.

Conscious Healing, QquantumPathic Center of Consciousness with Sherry Anshara
February 24th, 2010 Discussing Energy Medicine and Quantum Healing.

Children of the Now with ReGina Norlinde. April 1, 2010, discussing book; Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent World.

Embrace Your Uniqueness with ReGina Norlinde. April 2, 2010, Discussing book: Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent World.

Journey with the New Children with Janiece and Michael Boardway. May 11, 2010 discussing book: Indigo Awakening: A Doctor's Memoir of Forging an Authentic Life in a Turbulent World.

SYMPOSIA & CLINICAL EDUCATION WORKSHOPS GIVEN

Lumbar Internal Disc Disruption: Diagnosis and Treatment

Bone and Joint Conference
Dominican Hospital
Santa Cruz, California
October 8, 1997

Manipulation of the Lumbosacral Spine

The Spine in Health and Disease Workshop
American Academy of Orthopedic Medicine
Las Vegas, Nevada
February 18 – 20, 1999

Chronic Low Back Pain: VAX-D Therapy

Grand Rounds
Watsonville Community Hospital
Watsonville, California
September 13, 1999

Common Compensatory Pattern & Muscle Imbalance: Are they One In The Same?

American Osteopathic Association Annual Meeting
Moscone Center
San Francisco, California
October 25 – 27, 1999

Osteopathy, Yesterday and Today

Evaluation of the Lumbosacral Spine and Hip

Evaluation of the Neck, Mid-Back and Shoulder

New approach to Neck Pain and Cervical Disc Disease

American Association of Orthopedic Medicine
Spinal Diagnostics & Treatment Center
Daly City, California
February 23, 2003

Advances in the Treatment of Chronic Neck Disorders

Innovations in Neck and Upper Back Treatment

18th Annual Conference

American Association of Orthopedic Medicine

Evaluation and Treatment of Upper Body Pain Dysfunction

Memphis Tennessee

April 25-28, 2003

Soft Tissue Injuries of the Spine: New Concepts in Diagnosis and Treatment

Moderator: Conservative Care

San Francisco, California

July 18-19, 2003

Cervical Rehabilitation & Fitness - Workshop

20th Annual Conference and Scientific Seminar

A Common-Sense Approach to “Hidden” Pain Generators

Orlando, Florida

April 2003

The Dirty ½ Dozen Lecture / Workshop

American Association of Orthopedic Medicine

Palm Springs, CA

April 22 – 24, 2009

Indigo Children and Adults

Spiritually Oriented Business People

Monterey, CA

May 1st, 2009

Indigo Awakening; Lecture & Book Signing

Gateways Book Store

Santa Cruz, CA

July 8th, 2009

Essentials of the Orthopedic Examination: Back, Pelvis & Lower Extremities

American Association of Orthopedic Medicine Orthopedic Medicine and Restorative

Injection Therapy for the Back, Pelvis and Lower Extremities

Denver, Colorado

August 6th, 2010; Lecture

August 7th, 2010; All-day Workshop Instructor

Satisfying the Chronic Pain and Problem Patient: Alternative Therapies

Primary Care Associates Annual Fall Conference Roanoke, Virginia

November 6, 2010 Lecture

30-May3 Orthopedic Medicine-Restorative Injection Therapies for the Neck, Back and Upper Extremities Diagnostic Dilemmas of the Cervical, Thoracic and Shoulder Regions

American Association of Orthopedic Medicine Denver, Colorado

August 5, 2011 Lecture

August 6, 2011 All-Day Workshop Instructor

Orthopedic Medicine and Restorative Injection Therapy for the Back, Pelvis and Lower Extremities

American Association of Orthopedic Medicine Denver, Colorado

Evaluation and Treatment

Workshop Instructor All-Day Manual Medicine

August 4, 2012

American Association of Orthopedic Medicine 31st Annual Conference and Scientific Seminar “Sports, Spine & Beyond – Latest Advances in Regenerative Orthopedic Medicine

American Association of Orthopedic Medicine
Clearwater, Florida

April 10, 2014 Lecture: Lyme Diseases the Modern Masquerader

Orthopedic Medicine Restorative Injection Therapies for the Neck, Thoracic Spine and Upper Extremities

American Association of Orthopedic Medicine
Denver, Colorado

Manual Medicine Evaluation and Treatment

All Day Workshop Instructor

August 10, 2014

Regenerative Orthopedic Medicine – Why it Works – How it Works – When it Works “Treatment of the Lumbo-Sacral Spine and Lower Extremities”

American Association of Orthopedic Medicine
Denver, Colorado

August 8, and 9, 2014 Moderator and All-Day Workshop Instructor Evaluation of Low Back, Pelvis, Hips & Lower Extremities

Lyme Disease: The Modern Masquerader

Lyme Disease Support Group Floyd, Virginia

September 11, 2014

Lyme Disease: The Modern Masquerader Lyme Disease Co-Infections Key Note Speaker

Tick Talks Lyme Disease Symposium Floyd, Virginia

May 19, 2015

Lyme Disease: The Modern Masquerader

Community Lecture Blacksburg, Virginia

July 24, 2015

Lyme Disease: The Modern Masquerader

Buena Vista Lyme Support Group Buena Vista, Virginia

September 13, 2015

Lyme Disease & Mold; The Modern Masqueraders

American Association of Orthopedic Medicine

Guadalajara Mexico

November 11, 2015

Lyme & Mold; The Common Treatment Saboteurs

American Association of Orthopedic Medicine

Clearwater Florida

April 13, 2016

Lyme & Mold: The Modern Masqueraders

Blacksburg Library Public Symposium

Blacksburg Virginia

May 13, 2017

Lyme & Mold; The Modern Masqueraders

Radford University, College of Nursing

Radford Virginia

May 17, 2017

Saboteurs in Orthopedic Medicine Lyme and Mold

American Association of Orthopedic Medicine Clearwater
Beach, Florida
April 13, 2018

Lyme & Mold: The Modern Masqueraders

Radford University, College of Nursing
May 10, 2018

Lyme and Mold

Blacksburg Library Public Symposium
Blacksburg Virginia
May 12, 2018

Mold “CIRS” in Children

Symposium in Response to Mold Found in Cave Spring High School,
Roanoke Virginia
July 24, 2018

Osteopathic Physical Examination of the Lumbar Spine and Lower Extremities

American Association of Orthopedic Medicine
Annual Workshop Interventional Regenerative Orthopedic Medicine
Denver Colorado
August 17, 2018

“What do you Think of When it Doesn’t Work?”

American Association of Orthopedic Medicine
Annual Symposium
Denver, Colorado
May 4, 2019

Lyme Disease and Mold Illness, “CIRS”

Radford University, College of Nursing
Radford, Virginia
May 24, 2019

Lyme Disease: What is it Really?

Blacksburg Library Public Symposium
Blacksburg, Virginia
September 9, 2019

Lyme Disease: What is it Really?

Virginia Osteopathic Medical Association (VOMA)
November 3, 2019