



Meet Terri Groves, Physician Assistant at Brown Clinic and... Jenkins

Please meet Terri Groves, Physician Assistant from Brown Clinic. Terri follows two other PAs to make on-site visits with residents. She performs routine check-ups and acute care which allows our Brown Clinic affiliated residents to stay 'home' and not have to get bundled up, travel to the clinic, and wait for the appointment before seeing a doctor.

We feel this is a significant benefit to our resident family and their family members. Not only does Terri provide the on-site follow up visits but she can help determine any early signs of illness helping to prevent more serious concerns. Terri visits residents four days each week.

Terri hails from Wessington Springs, SD. Prior to becoming a Physician's Assistant, Terri was a Registered Nurse for 20 years, including 8 years in the National Guard Nurse Corps.

Terri resides in Watertown and is a single mother of three daughters and 3 granddaughters. In her time away from work she enjoys reading, movies, music, fishing, religious activities and loves being outdoors.

"I really like coming to Jenkins. The staff interaction is so good. I can honestly tell the residents are well taken care of and are so neatly groomed. I would gladly send family and friends for rehab or long term care." _____ Terri Groves, PA, Brown Clinic.



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What Residents Can Do at Jenkins

~Enjoy a family movie or evening in the Fireside Room

~Use exercise equipment in gym.

~Make or bake a special recipe

~Enjoy LIVE weekly entertainment.

~May order meal options from the **Anytime Menu**

~Play Wii gaming system.

~Enjoy FREE soft serve ice cream every day.

~Shopping at Main Street Mercantile.



JoAnn's Journey

JoAnn Roti knows all about Rehab! A few years ago she was a 'guest' here at Jenkins for her first rehab stay. And then again just a few short weeks ago she had another visit and returned home after a short stay. But JoAnn isn't saying goodbye...she is saying, 'See you Friday!'

To continue to increase her strength, JoAnn returns for her therapy sessions with a team she knows, trusts and has confidence in.

JoAnn was suffering from some arm weakness and pain that limited her abilities at home. That is when Jenkins came to mind so she told her doctor, "I want to go to Jenkins!"

"In my opinion, there really wasn't any other option."

JoAnn was so pleased with the care, "Things ran so smoothly from admission to returning home and everyone is at my beck and call. The therapy team, is just wonderful! I really like Jody." She knew the full-time therapy team could help her...and that they did. After just 12 short days, JoAnn was on her way home...complete with a courtesy ride in our Jenkins "limo" (van).

For outpatient appointments, she uses the designated Therapy Entrance on Maple Street and likes the fact there are no steps. For more on JoAnn's journey, check out the **Jenkins Living Center Facebook** page and the **NEW Jenkins Rehab Facebook** page for pictures and videos.

If you or someone you know needs inpatient rehab or outpatient therapy, call 886-1475 to talk to one of our *full-time*, Physical, Occupational or Speech Therapists.



Message from the President

There is a beautiful account toward the end of the Gospel of Mathew where Jesus knows that his trial, crucifixion, and death are imminent, so He gathers His disciples and teaches them many things that He wanted them to know. At times, Jesus taught through the use of parables, whereas at other times He spoke directly to His followers about things that were going to happen that they could not yet understand. But in the second half of Mathew, chapter 25, Jesus shares with His disciples about how He will return to sit on His throne for a final judgement. People will be separated into two groups, the Bible says, with one group that He will put on His right, and one on His left. We learn that the group on the right will receive eternal life, while the group on the left will reserve eternal punishment. The difference between the two groups of people.....their desire and willingness to serve others. God created us to have a servant's heart, as evidenced by Jesus saying that He came to serve – not to be served. And what were the examples that Jesus gave of service that would earn eternal life: "I was hungry, and you gave Me something to eat; I was thirsty, and you gave Me something to drink; I was a stranger, and you invited Me in; naked, and you clothed Me; I was sick, and you visited Me; I was in prison, and you came to Me. When the people asked Jesus when thy did these things to Him, He said that serving others in this way was the same as serving Him. I share this story because I often equate it with the service that is provided every day by people who work in a nursing home. Jesus' examples were of people who had a need, and someone who met that need out of the kindness of their heart. They didn't serve because they were seeking attention, or for financial advancement...they served because that desire had been placed in their hearts. Employees in our Jenkins facilities (and many people who are involved in other walks of life) serve people who have difficulty meeting their own needs. By choosing to serve others, we honor God - and He will ultimately reward us in a way that the world cannot.

We shared in our last newsletter that the 2019 State Legislature granted a 10% increase in Medicaid funding for the state's nursing homes. That increase took effect on April 1, 2019, and many facilities (including Jenkins) used most of the funds to provide wage increases for our hard-working front-line staff. In the 31 years that I have been in the field of long term care, it seems like our top three issue have remained the same: (1) inadequate Medicaid reimbursement (payment for services); (2) burdensome regulations; and (3) challenges in being able to recruit and retain adequate staff. The combination of these issues is what led to the closing of 7 nursing homes in just the past 3 years...with potentially more to come. State lawmakers took a major step forward with the reimbursement issue this year, but more needs to be done in that area before nursing homes can actually meet their cost of operation. Our biggest focus right now is in the area of staffing, where a robust economy actually has a negative effect on our ability to staff by limiting the available employee pool. However, in spite of all the challenges, we trust that God will continue to bring to us not only the people who need care, but the staff that are needed to care for them.

Jenkins Townview Apartments and 200 Maple Place....our two senior apartment buildings....continue to operate at full (or nearly full) occupancy. Townview is a subsidized building for low income elderly, so a portion of the monthly rent is paid by the Department of Housing & Urban Development based on the tenant's income. Maple Place is called a "congregate living facility" where the monthly rent includes a nutritious noon meal, light housekeeping assistance, and emergency response. The Jenkins Board of Directors continues to discuss the viability of building additional apartments on our campus that would meet the special needs of elderly and disabled people. Both buildings provide a great family-like environment where people can thrive. If any of our readers would like to learn more about Townview or Maple Place, please give us a call at 605-886-5777.

Jenkins Living Center, Inc. is an independent, non-profit organization that is governed by a 15-member Board of Directors. The Board recently held its annual meeting, during which time an election of directors and officers was held. We are very appreciative of the people who freely give of their time and talents to benefit this great organization. It occurred to me that many of you may not know who services on the Jenkins Board, so I want to close this article with a listing of those good people: Mike Kluck, Chairman; Jan Sharp, Vice-Chairman; Peg Salchert, Secretary; Dick Jurgens, Treasurer; Doug Austin; Dean Johnson; Maury Vockrodt; Jill Gabel; Joan Spahr; Howard Sogn; Jeff Gamber; David Hardie; Joy Nelson; Dan Raderschadt; and Ried Holien.

I hope you all have a blessed summer! Please remember to pray that God continue to bless the Jenkins organization so that we can continue to be here to serve those who need us.

Spring & Summer Fun Photos



Strolling down memory lane with Dotty Dunn Hats & Gunn Studios.



An old-fashioned pie and tea social complete tables adorn with pearls, hats and tea cups.



Christina Planteen leads Yoga!



Nancy Wittmeier is recognized for her years of service.



Volunteers enjoy the annual banquet at the Elks.



**A
LITTLE BIT
OF THIS &
THAT**



Robby Vee stops for an impromptu performance at Jenkins prior to his concert at the Watertown Event Center!



Left, Peggy Synegard has a family reunion!



200 Maple Place

By Marlene Nogelmeier

Everyone at Maple Place are thrilled to have sunny weather. Many of our residents enjoy walking and others are enjoying their plants on their patios or even cleaning out the birdbath. We hope you are enjoying this nice weather too.



Townview Apartments

By Cheryl Squires

The tenants at Town View have been busy getting their flower pots planted to decorate their decks. The beautiful weather has been good to us in getting our planters started. I will be retiring as housing manager on August 1st so management is busy interviewing applicants in search of a new manager. Everyone enjoy your summer!



JLC FOUNDATION NEWS—



Heart's Delight Program

On the Links with Irv & Dean

Due to Laurie Hoffman's insightfulness & compassion for the residents at Jenkins, Irving Hinderaker & Dean Gackstetter were nominated for a chance to hit the links

again! They currently reside at Jenkins and were golf partners for 40

years at the Country Club! So with the cooperation of the JLC staff & the PWGC staff, the guys' wish came to fruition! Taking some swings followed by a lunch in Bunkers Par & Grill, topped off a great day on the green!

Just before heading out, Dean was asked if he was going to beat Irving, he quickly replied, "I suppose."



Arnold Anderson Receive Portable Oxygen Concentrator

Arnold Anderson was nominated to receive a gift to purchase an O2 concentrator. Arnold likes to be active and have freedom to roam around the Jenkins facilities. This portable unit would make his life easier and allow him more independence! Wish granted! Thanks to Lacey for nominating him!

(cont'd)

Messer Scholarship Program

Scholarship Awarded

Maddie Popowski Dahl, a recent Watertown High School graduate, is the recipient of the \$1,000 Joseph E. & Verne N. Messer Scholarship.

Maddie is a CNA at Jenkins and is the daughter of Stephanie Popowski-Dahl, RN, Jenkins' Staff Development Director. Maddie plans to attend LATI to attain her RN degree, of which she is hoping to get in 2 1/2 years.

"I love working at Jenkins because I have my own little family here with my residents."

Both of these programs are funded by the JLC Foundation. To receive more information on how you can support the JLC Foundation, call Kristi at 886-5777.



JLC Staff Receive Nationally Recognized Dementia Training

After a day-long training in dementia care, four additional staff members join three other previously certified JLC staff with this training.

The training offered tools to assist in day-to-day care of residents and how each individual must be cared for according to their personal history & current status. Real life situations are discussed & ways to assist residents. Jenkins believes continued training is essential to providing high quality care to our resident family.





Want to Play a Game of Chance?

That is literally what you are doing if you venture outside without bug spray during the summer months here in South Dakota. How about Ehlichiosis, Anaplasmosis, [Rocky Mountain Spotted Fever](#) or Lyme disease? These can all be caused by a tick bite.

Although we may hear of Lyme disease more than Rocky Mountain Spotted Fever (RMSF), it is RMSF that is probably more prominent here in South Dakota than Lyme disease, especially in the Black Hills. In 2017 the South Dakota Department of Health investigated 11 cases of Rocky Mountain Spotted Fever (now called Spotted Fever

Rickettsiosis) & 11 cases of Lyme disease. Lyme disease is carried by the Ixodes deer tick, which prefers heavily forested areas. *The tick has been found in some eastern counties but most areas of the state are not suitable habitat. Most Lyme disease cases reported in South Dakota had deer tick bites out of state.*

So how do I prevent these diseases? DEET 30% is the best that you can use on your skin. It can be used on children older than 2 months of age but on these young children I like to spray it on the clothes, hat, etc.; anywhere where they can't get it in their mouth. You can safely spray it on the top of their hat, on the back of their shirt or on their pant legs.

Permethrin is a chemical that is applied to clothes and not to skin. You can actually buy clothes with permethrin embedded already in them (but I understand they are a little expensive). It acts as a neurotoxin to ticks and mosquitoes.

So about the natural insect repellents? They are somewhat effective but not near as effective as DEET. Whereas DEET can be used on infants greater than 2 months of age the Lemon Eucalyptus insect repellents have to be applied to children greater than 3 years of age.

So what if I am a farmer out fixing fence in tall grass that is loaded with ticks and mosquitoes? I would pre-spray the clothes with permethrin allowing it to dry thoroughly. Then talk your pant legs inside your socks and a final step would be to spray with DEET 30% anywhere the permethrin is not already applied. *The July 2019 issue of Consumer Reports has a nice article on insect repellents and discusses six of the *natural insect repellents*. Hope you have a safe, bite-free summer.

Aaron Shives, MD, CMD

FRIENDS.... *friends are friends forever*

*If the Lord's the Lord of them
And a friend will not say "never"
Cause the welcome will not end
Though it's hard to let you go
In the Father's hands we know
That a lifetime's not too long to live as friends.*

*With the faith and love God's given
Springing from the hope we know
We will pray the joy you'll live in
Is the strength that now you show
But we'll keep you close as always
It won't even seem you've gone
Cause our hearts in big and small ways
Will keep the love that keeps us strong*

By Michael W. Smith 1982 MeadowGreen Music Company



I have pictures of forever friends on my walls at home and here at Jenkins. They are pictures of forever friends who became family, and family who will be forever friends. Familiar faces and hearts that have shared this journey of life on this side, and in the Lord, will live in our hearts until they greet us with Him when it is our time to travel onwards, upwards, towards Home.

Apart from faith in the Lord who promises us forever, wrapped in His unconditional, sacrificial love that endures the greatest storms of life on this side of heaven, this would be too sad a place to spend our days. But the sacrificial, redeeming love of God poured out into our hearts, shared from one heart to another, lifts us up to see His Light always shining above the storms, leading us onward, leading us upwards, leading us Homeward, together... Friends not gone, just Home forever...until we meet again!

To Our Generous Donors...

We thank YOU!

FLOWERS & PLANTS

Family of Wanda Jones
Family Riley Family
Family of Irma Opitz
Family of Rose Wiseman
Family of Lily Namken Meadows
Family of John Moes
Family of Roger Fox
Family of Pat Pearsons
Family of Betty Fordyce
Family of Julie Ann Jungen

*Family of Darwin Keltgen
(132 red roses)*

MISCELLANEOUS

Anita Hanson
Family of Jerry Fishman(chair)
Mary Scott (lift chair)
Geri Crocker
Pat Epps
Family of Marilyn Fischer
Velma Wildeboer
Family of Pat Schultz
Carol O'Neill
Family of Betty Fordyce

FINANCIAL GIFTS

Stan and Jan Winkels in memory of
Mary Ann Moll & Sylvan Mack

In memory of Millie Born
Mac & Helen Miller
Family of Millie Born

In memory of Edmund Klatt
Ruth Griffin
Edmund Klatt Friends & Family

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Polly Loken, Maxine Hogstad,
Arleen Larson

Michael & Marlene Nogelmeier

In memory of Jerry Fishman by the
Family
Donna Sheehan
Blair & Nancy Titze
Mary Wrage
Eugene & Julie Tulowetske
Brad & Karen Fishman

Family of Marilyn Fischer

PASTORAL CARE

In memory of Mildred "Millie" Born

**WATERTOWN ALZHEIMER'S
WALK**

Myron Namken in memory of Lily
Meadows-Namken

**Heart's Delight
Program**

In memory of Diane Bohls
Brooke & Todd Bohls
Lorraine Devine

In memory of Arleen Larson
Lori Rogers, Kay Larson &
Jean Larson

BLOSSOM FUND

Janet Chapin
Nila & Doug Davis in honor of
Bev Torgerson
Mildred Smith in memory of
Lily Namken Meadows
Carol Pickering in memory of
Emma Saboe & Jim Pickering

MARK YOUR CALENDARS

Shelby Lentz Inspirational Living
July 11th

TRUE TWINS FAN Watch Party
July 17th

Outdoor Campus Concert with Sandy
Harmon
August 9th

Watertown Alzheimer's Walk
September 14th



Flower Fun!

Thanks to all of our Blossom
Donors! Thank you for
"flowering" us with your love.



THANK YOU

*Just a note to thank you for the pretty
stone in mom's memory!! Also, thank
you for the great care and genuine
concern she was given by all of the
staff at Jenkins! It is appreciated and
she will be deeply missed. Please
accept the enclosed gift in addition to
the lift chair we donated, as a thank
you for all everyone did for her! It
was appreciated!*

Family of Marilyn Fischer

Happy Birthday to our Resident Family!

July

Dorothy Smith.....3
 Lois Burg.....6
 Rose Lamb.....7
 Yoko Tsukamoto.....10
 Astrid Waite.....11.... *100yrs
 Arlene Decker.....15
 Al Imm.....15
 Palmer Anderson.....16
 Mae Mudder.....17
 Harold Capp.....22
 Connie Amy.....25
 Marjorie Nelson.....30

August

Kathy Birney.....11
 Joie Bevers.....15
 Donald Smith.....17
 Vivian Mack.....18
 Ardis Sweezo.....23
 Hazel Stein.....25
 Sherry Cordell.....26
 Inez Unzicker.....26
 Dorothy Carter.....28
 Stanley Spurrell.....31

September

Doris McFarlane.....1
 Barbara Folk.....4
 Violet Engels.....5
 Joan King.....14
 Ramona Rudebusch.....15
 Jean Smith.....18
 Marion Schudar.....21
 Delphine Hanten.....26
 Roxanne Obrien.....29

Our Jenkins Family...

Admissions

Irving Hinderaker
 Deloris Whitlock
 Palmer Eidet
 Curtis Berg
 Vivian Mack
 Donna Gronau
 Jean Lundy
 Donald Smith
 Ina Wesche
 Marjorie Nelson
 Eleanor Opp
 Jean Smith
 Virginia Stangl
 Callie Eidsness
 Marlyn Taecker
 Marion Schudar
 Claudette Tritz
 Roger Prouty

Discharges

LaVonne Rinerson
 Aileen Overlie
 Craig Rasmusson
 Sharon Rishoi
 Iva Lowe
 Henry Berkeland
 Marjorie Carpenter
 Gary Wheeler
 Faye Lee
 Richard Mills
 Jo Ann Kleven
 Mary Jenkins
 Alberta Frerichs
 Leo Hart
 Betty Dahl
 Edith Noeldner
 Barbara Larson
 Marvin Hanson
 Lloyd Christians
 JoAnn Roti
 Kathy McElroy
 Doreen Johnson
 Jerome O'Neill
 Donna Hughes

In Loving Memory

Tony Wika
 Robert Loehrer
 Les Bockes
 Mary Scott
 Martha Johnson
 Dorothy Strichertz
 Irma Lou Opitz
 Rose Wiseman
 Lily Meadows-Namken
 Barbara Stobb
 Mildred Born
 Terry Drenner
 Marvin Benthin
 Alan Gehrke
 Edmund Klatt
 Patricia Schulz
 Marilyn Fischer
 Patricia Pearson
 Sylvia Schliesman
 Betty Fordyce
 Joe Hobbs
 Lynell Popham

Thank you for the memory stone you sent to Al Gehrke's memorial stone. Thank you also for the wonderful care and support you provided during the last days of his life. He always said if he ever went to a nursing home, he wanted to go to Jenkins. He enjoyed seeing the smiles on the faces of the residents while he played some of their favorite music. He said the ice cream wasn't bad either.

With fond memories & sincere appreciation,
 Marge & the Family of Al Gehrke

THANK YOU...

Thank you for your care and kindness to my uncle, Terry Drenner. And also, for your concern for me. It has been a difficult journey but everyone at Jenkins has been wonderful. God Bless.

Tracy Popham

Jenkins Living Center NEWS
215 S Maple St
Watertown, SD 57201-4316

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CHANGE OF ADDRESS NOTICE

Please notify us of an address change as soon as possible. If you wish to no longer receive this, please call 1-877-358-5777 or locally 886-1444. You can find the most recent quarterly newsletter at www.jenkinslivingcenter.com.

Jenkins Living Center Foundation

If you would like to consider Jenkins Living Center Foundation in your estate planning, we will be happy to assist you. Your gifts will be used to sustain a high quality of life for the residents that call Jenkins home, now and well into the future. Call 605-886-1444 for more information. Thank you for your consideration.

MONETARY GIFT

Please recognize in **MEMORY** of _____

Please send acknowledgment to _____

Address _____

Please recognize in **HONOR** of _____

Please send acknowledgment to _____

Address _____

You may send check or cash donations to:

Jenkins Living Center, Inc.
Attn: Kristi Gloe
215 S Maple Street
Watertown, SD 57201

To make a secure credit card donation, call our Business Office. We accept **MasterCard, Discover, Visa & American Express**