

Jewish Federation of Ulster County

One Albany Ave., Suite G-10, Kingston, NY 12404 www.ucjf.org • info@ucjf.org • (845) 338-8131

KOLENU

OUR VOICE

PASSOVER ISSUE Nissan 5774



At the seder table we recline. Many have no bed. We taste bitter herbs. Others face grim hardships.

> The Jewish Federation is the safety net for our community here at home, in Israel and in over 70 countries around the world. Through our efforts and with your help, a hungry child in Kiev received hot meals. Medicine gets delivered to a fragile Holocaust survivor in Haifa. Shelter is provided for a homeless family in Ulster County. And much more. Change hardship into hope today. Give now at www.ucjf.org.



KOLENU OUR VOICE

Kolenu is filled with facts and information about Israel, the community, and world Jewry.

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Amy Barash, Barbara Cohen, Janice Kaplan

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Arlene Gould, coord@ucjf.org

Reminder: The deadline for submitting information to our High Holiday issue is Monday, August 11.

Office Hours:

Monday, Tuesday, Thursday 10 am - 5 pm Friday 10am - 4 pm

Kolenu is published 4 times a year:

Passover, Annual Meeting, High Holiday & Chanukah

You are important to the Federation. We are a community without borders. We hope this issue will inspire, inform and increase your participation and support.

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MISSION STATEMENT

We are a community-building organization that enriches Jewish life locally, nationally, in Israel, and around the world by helping those in need and fostering Jewish values for the greater good.

Shalom

by Harriet Miller

It's early March here at the Miller home and the biting cold of this seemingly endless winter has, for me, gone on way too long. I must remind myself often to be grateful for the fact that I actually have the ability to experience this extreme but amazing burst of weather. It's a valuable exercise, since, during times like this, I remember, for example, how gorgeous those icicles were, hanging from our roof, glistening all the way down to the frozen ground like giant stalactites. Right now I'm watching the wind blowing through the bare trees, occasionally swirling patches of dried leaves around that have emerged from under the snow pack, reminding me of how many of them I neglected to rake up last year. Truth be told, I've actually already seen a bed full of little crocus and daffodil shoots peaking up from the ground next to a commercial building whose owner had the wherewithal to clear away his snow early on. What a beautiful and hopeful sight that was!

These musings aside, though, while I have felt like waiting for spring in order to begin the new year in earnest, we at the Federation have actually been busy all winter long, planning events and participating in some very worthwhile projects.

First, I would like to welcome a wonderful new addition to our team, our new Executive Coordinator, Arlene Gould. She comes to us with a wealth of experience in public relations, marketing and fundraising in the not-for-profit sector. She has worked with the New York Philharmonic, the Hudson Valley Philharmonic, Deep Listening Institute in Kingston and the Mill Street Loft in Poughkeepsie among other venues. Her energy and enthusiasm are contagious and I know she'd love to hear any and all ideas you might have for the Federation and better yet, work with you to implement them. Please feel free to introduce yourselves to her when she's at the office.

Next, our Super **Sunday Phonathon was extremely successful.** Iwant to sincerely **thank Gail Levy** who organized it and our board members who gave their time to participate in this time honored Jewish tradition of encouraging people to give tsedakah to the initiatives we support. I want to thank you, our donor members, for stretching significantly beyond your typical giving levels, allowing us to start the New Year well ahead of schedule. This gives us much confidence that

we'll be able to honor all of the commitments we've made to local charities, Jewish students, synagogues and needy Jewish families both at home and around the world. If you did not receive or were unable to respond to our phone calls, please fill out the donor envelopes that we sent out in February. If you did not receive one, please make out a check and simply send it to the Federation office at 1 Albany Ave., Suite G-10, Kingston N.Y. 12401. And, like our friends who've already responded, please give a little more than you think you can; it would be a huge mitzvah.

The Reher Center has also been active throughout the winter planning for the 2014 season: Look for construction to begin again; new additions to our Night Market historic tours; new sections to our *Rondout Revisited* exhibit at the Matthewis Persen House; the second annual Block Party on June 8th and the First Annual International Bread Festival on October 19th. Look for details on the Federation and Reher Center websites.

Finally, Purim has just ended, when Jews celebrate with playful mischief and joyous, costumed merriment, a time when our Persian Jewish ancestors were saved from extermination. Passover, our Biblical commemoration of liberation from slavery, is now just around the corner. We will, hopefully, all be spending time with family and friends, asking the four questions and being grateful that we, like our ancestors before us, have the opportunity to lift ourselves from the narrow places in our own lives. There are many community seders this year; please call us if you have an extra seat at yours or if you need help finding one. We are each other's physical and spiritual support, and reaching out enriches us as a community.

A Zissen Pesach and Best Regards,

Harriet

Once again this holiday season, the Jewish Federation of Ulster County is pleased to assist local Jewish families in need. We thank our area synagogues for partnering with us in this effort, and wish our neighbors a happy & healthy Passover.

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From our New Executive Coordinator

Dear Friends,

As we approach Passover, one of my favorite family holidays, I feel inspired by the promise of spring and the renewal that it signals for all of us (especially after this year's grueling winter!). We are given the opportunity to celebrate and retell the ancient story of how our people moved from slavery to freedom and to reflect on what this means in today's world.



Arlene Gould

When the youngest at the Seder asks the four questions, particularly, the FIRST Question: "Why is this night different from all other nights?" it always makes me think about how THIS particular night is also different from all other Seder nights.

While in our family, we've been blessed to be mostly in the same place

with many of the same people, there are always changes from year to year. Someone is born, someone has died, someone is sick, someone is away, we have a guest, and all of us are older. It is a sobering awareness of sameness and difference and the reminder that time marches on. The key for me is opportunity and being open to possibilities – for what may be ahead for each of us individually and for us as a community.

So, it is with a sense of spring optimism that I join the Jewish Federation of Ulster County's dedicated family to work with our Board, volunteers and staff to be responsive to the needs of our neighbors and, as part of the Jewish Federation of North America (JFNA) network, to honor our commitment to providing humanitarian support in Israel, to provide for needy Jewish communities world-wide, and to respond to emergencies as they arise.

I am confident that together we will raise awareness and funding for UCJF's excellent programs that support our mission and foster the Jewish value of *Tikkun Olam* (to repair

the world). You can read about UCJF programs (including Fall for Art, the Annual Campaign, Lunch and Learn for Ethiopian children in Dimona, Israel and our exciting Reher Center for Immigrant Culture and History in Kingston, among others) right here in Kolenu and on our updated website: www.ucjf.org. Please feel free to contact me at the UCJF office (845-338-8131) with ideas for how we may proceed in this important work. I am most grateful for the opportunity to be part of such a dedicated group of thoughtful activists and look forward to the forthcoming challenges and opportunities to build community.

With warm wishes,

Arlene Gould *Executive Coordinator*

Office Administrator Regina Melnik

Melnik Regina became bookkeeper at the Jewish Federation of Ulster County in 2012. In the spring of 2013 Regina became the Office Administrator, providing much support appreciated the Board, volunteers and In addition, she members. serves as bookkeeper at Temple Emanuel in Kingston and is a fully licensed Real Estate Agent. In the past, Regina worked at SAFECO Alarms,



Regina Melnik

first as a dispatcher and later as a programmer and Central Station Manager. She has had considerable experience in banking having worked with payroll, direct deposits, loan and equity applications for several area credit unions including the Ulster County Teacher's Federal Credit Union and the Ulster Federal Credit Union. A Kingston native and KHS graduate and supporter of the Tiger Marching Band, Regina began her career in retail and customer services at Caldors and Hess' department stores.

HAPPY PASSOVER!



Passover begins at sundown Monday, April 14
1st Seder Monday, April 14th • 2nd Seder Tuesday, April 15





National Treasure

A critical edition of The Washington Haggadah, a 1478 manuscript housed at the Library of Congress, shows how much - and how little - Passover has changed since the 15th century

This week, Jews everywhere will engage in the annual ritual of digging out their haggadahs from the bookshelves and closets where they have been stored since last Passover. The typical haggadah is only used a couple of nights a year, far less than a prayer book or a Bible. But somehow, the words and images of the haggadah—whether it's an Artscroll tome or a flimsy Maxwell House booklet—have a way of sinking deep into the memory. At many Seder tables, the haggadah itself becomes a record of meals past, with wine drops discoloring the page that lists the Ten Plagues and food stains marking the sections for matzoh and maror.

Perhaps the power of the haggadah has to do with the way Passover is celebrated at home, rather than in synagogue; perhaps it comes from the way children are enlisted in the Seder early on, with important roles like reciting the Four Questions and finding the afikoman. And surely it is related to the fact that the Passover liturgy constantly insists on the importance of remembering and reenacting the past.

No run-of-the-mill haggadah is quite as effective at making the past present, as The Washington Haggadah (Harvard University Press). This beautifully produced book is a detailed facsimile of a 500-year-old haggadah in the collection of the Library of Congress, which explains the name. Thanks to an inscription near the end of the book, we even know the exact day it was finished—January 29, 1478—and the name of the scribe who produced



it: "The work was completed, and it is sufficient. And today is the twenty-fifth day of the month of Shevat in the year 238 according to the short enumeration. The work of the least of the scribes, Joel, the son of Simeon of blessed memory."

But Joel ben Simeon was being too modest. Far from being "the least of the scribes," he is described by David Stern, in the introduction to this edition, as "one of the most important and prolific scribes and illustrators in the history of the Jewish book." Ten manuscripts bearing Joel's signature survive, and another four to nine can be attributed to him based on peculiarities of his style, which combines the traditions of his native Germany with those of northern Italy, where he spent much of his working life.

The first thing that strikes the contemporary reader of this 15th-century book is that, if you threw away your haggadahs and replaced them with copies of The Washington Haggadah, you would hardly notice the difference—except, of course, for the aesthetic improvement. The Hebrew and Aramaic text is the same one we

use today. There are the same mishnaic passages ("Said Rabbi Eliezer ben Azaryah: Look! I am seventy years old, and I never merited understanding why the Exodus should be mentioned in the evening until Ben Zoma interpreted the following verse."), and even, on the first page, the same mnemonic for the order of the Seder ("Kadesh Urchatz Karpas Yachatz").

This concrete evidence of the way the Seder has been performed for centuries is a powerful lesson in what is dryly called "Jewish continuity." More powerful still, however, are the illustrations that Joel ben Simeon added to the margins of the text (usefully, The Washington Haggadah includes a descriptive catalog of all these illustrations). On the first page of the manuscript, for instance, underneath the blessing for getting rid of chametz, there is a picture of a man peering into a cupboard, holding a candle for better light and a feather for sweeping stray crumbs. Behind him, another man, wearing red tights, a blue singlet, and a green cap, uses a bellows to fan a fire where the collected chametz is being burned. This kind of charming, lifelike, instantly legible drawing will be familiar

National Treasure

continued...

to anyone who has looked at medieval Latin manuscripts; but here they are translated to a Jewish context, offering glimpses of how our ancestors lived before Columbus discovered America.

Sometimes, the pictures communicate more than you'd expect. The four sons, explains Katrin Kogman-Appel in her essay on "The Illustrations of the Washington Haggadah," were a popular theme for medieval illustrators, giving the chance to depict different human and social types. In The Washington Haggadah, the wise son is shown as a scholar, seated on a chair with a book open on his lap and a thoughtful expression. He is effectively contrasted with the simple son, who sits on the floor and peers suspiciously at an open book he's clearly having a hard time with. The son who doesn't know how to ask is a jester, wearing a cap and bells and beating a drum. But the most interesting drawing is the wicked son: He is depicted as a Christian knight, wearing armor and holding a sword and lance. This image, so familiar even today as the embodiment of chivalric virtue, appears to the Jews as a symbol of vice—the proud, violent face of the oppressor. It's a small gesture that succeeds in overturning our received ideas about the Christian and Jewish past.

A more domestic kind of realism can be seen in other drawings. Underneath the "Dayenu," just at the point in the Seder when mealtime is approaching, Joel has drawn a scene of two women stirring a pot over a blazing fire, while a man

next to them turns a spit. The man, we note, has a prominent goiter—a symptom of iodine deficiency that would have been a common sight in certain regions of Germany in the Middle Ages. More pointedly, Joel illustrates the text about maror with a picture of a man and woman, evidently a married couple; the woman is holding a sword, an emblem of discord, while the man tries to stuff a bitter herb into her mouth. It's a wry commentary on family life, somehow made more affecting by the way it sits across the page from a whimsical drawing of a monkey brandishing a piece of matzoh.

Food leaves its trace in The Washington Haggadah in a more concrete way, as well. The publishers have reproduced the manuscript so accurately that you can see wine and food spots on several pages, as well as places where the ink has smeared after being touched with a wet hand. And on one of the blank pages at the end of the manuscript, there is a handwritten note. Hard to make out, it is explained by David Stern: It was written "by one Ettore Finzi in German, dated April 7, 1879, which was indeed Passover eve that year ... he writes that they are sitting at the seder table, where they have just sung the first part of the 'Gada,' and are awaiting the food. After the food arrives, they start eating, and he signs off, 'Guten Appetit.' "From the Exodus to the Rabbis to 1478 to 1879 to 2011—in these pages, if anywhere, the past is present and the present past.

Adam Kirsch is a contributing editor for Tablet Magazine and the author of Benjamin Disraeli, a biography in the Nextbook Press Jewish Encounters book series.

Traditional Passover Recipe from the Lower East Side

Sweet Potato Tzimmes

This tzimmes recipe combines the traditional ingredients in a uniquely delicious way!

- 5 large sweet potatoes, peeled and cut in chunks
- 4-5 large carrots, peeled and cut in chunks
- 1 cup pitted prunes, halved
- 1/2 tsp. ground cinnamon
- 1/3 cup Streit's Honey
- 2 tbsp. melted margarine
- 1/8 tsp ground black pepper
- salt to taste
- 1/4 cup orange juice, optional

• 2-3 apples, peeled, cored and thinly sliced

Place potatoes and carrots in separate pots. Cover with cold water, bring to boil and cook until soft, approximately 20-30 minutes. Mash potatoes and carrots together, and blend in prunes. Add cinnamon, salt and pepper. Combine honey, melted margarine, and juice. Grease a 2-3 quart casserole dish. Alternate layers of mashed seasoned vegetables and apples, dribbling honey mixture over each layer. End with vegetable layer. Bake at 350 degrees for about 45 minutes. Serves at least 8 people and also freezes well.

More recipes on page 9...

Congregation Ahavath Israel

By Cantor Devorah Gartner

By March of most years, we are all sick of winter (although this has been a particularly bad one) and longing for spring. At this low (and frequently soggy) point, we have been twice blessed. The month of Adar came upon us and while we wait for Nissan and spring, our hearts were lightened and our spirits were lifted by the revelry of Purim, not once this year, but twice. Yes, 5774 is a leap year, when we add a thirteenth month, a second Adar, to catch the lunar cycle up with the solar. Those two Adars brought us two Purims, Katan (small) in Adar I, and Gadol (big) in Adar II.

Purim: An unpretentious little holiday where we read the Scroll of Esther, a book distinctive for several reasons. It is one of the few books named for a woman AND the only book in the entire Tanakh (Bible) where the name of Adonai is not mentioned even once. We celebrated the earliest of the Cinderella stories. Poor, orphaned Jewish girl makes good and marries a king (why waste time with a prince, when you can have a king?), foils the villain and if that weren't enough, without even a pair of glass slippers or a fairy godmother, she and her cousin Mordecai save the Jews of Persia. The story is improbable, as are all good fairy tales, but the lessons in citizenship, courage, personal conviction and family loyalty are timeless and valuable.

We must not lose sight of the fact that we are swiftly heading for Nissan, and for Pesach. The plagues, the Exodus, the Ten Commandments, and Mount Sinai will soon be upon us. A yearly drama played out on the stage of history to remind us of our precious gift of freedom and our sacred convenant with Adonai. Lately, I have found my thoughts turning to Nachshon. (I think it's caused by the lake in my basement and the swamp in my backyard.)

You probably don't remember who Nachshon is. After all, he isn't one of the major players in the Haggadah, but therein lies his importance. When it came time to cross the Red Sea/Sea of Reeds, with the walls of water towering on either side, who do you think went first? The answer may surprise you. It wasn't Moses (after all he had to hold the waters open for the people to cross). It also wasn't Aaron or Miriam. It was Nachshon who had the courage, faith and trust in HaShem to take that first step into the waters swirling around his feet and cross to freedom. May each of you be blessed with the courage of Esther and the faith of Nachshon at this season of rebirth and renewal.

Hadassah-Youth Aliyah

By Paula Markiewicz

Helping Israel's most vulnerable children to succeed, be they exiled immigrants or native Israelis, is the mission of Youth Aliyah, an act of tzedakah that spans beyond the time-line of Israel's history.

Today's Israeli society is more complex than ever. Children can have parents who are unable to care for them, or they may come from seriously underprivileged or "high risk" homes. Others are immigrants who come to Israel in need of education and assistance.

Youth Aliyah programs are securing the future of today's youth in Israel.

Your contribution to Youth Aliyah will:

- **Support** a health education program for Youth Aliyah students that provides vital preventative programs on smoking, drugs, teen pregnancy and other health-related and social issues.
- **Build** the Deborah B. Kaplan Sports Center in Meir Shfeya Youth Village, giving teens who once "hung out on the corner" a place to compete, exercise and experience the discipline and camaraderie of sports programs they would never have had access to in their communities.
- **Fund** programs that provide arts education through mobile units to the entire Youth Aliyah network, enabling children to express their deepest emotions through arts.
- **Sponsor** enrichment education programs for the children of the Youth Villages of Ramat Hadassah, Hadassah Neurim, and five day youth centers that bear the names of the past Hadassah presidents. All have on-site counselors, social workers and academic tutors who truly help change the lives of Israeli youth.
- **Help** recently established program for Falasha Mura youth to resettle them from Ethiopia to Israel. Plans are to convert and educate them to thrive in modern Israeli society.

The Organization's mandate today remains the same as it has been for the past 60+ years... to rescue youth from countries in distress and to help Israel and all youngsters develop to the fullest potential - educationally, socially, and psychologically by instilling in them a sense of self-worth and pride.

So please, "friends", we call on you again to help support this life-saving project.

Thank you for your support!

Make checks payable to Hadassah and mail to:

Paula Markiewicz

12 Vans Terrace, Lake Katrine, NY 12449

Traditional Passover Recipe from the Lower East Side



Passover Special Meatloaf

The garnish and glaze dress up this easily prepared meatloaf!

- 2 eggs, well beaten
- 3/4 cup water
- 2/3 cup Streit's Matzo Meal
- 1 tbsp. instant minced onion or 2 tbsp. grated raw onion
- 1 tsp. salt
- 1/4 tsp. ground black pepper
- 1-1/2 lbs. ground beef

Garnish

- 2 onions, chopped
- 4 tbsp. water

Glaze

- 1/2 cup ketchup
- 2 tbsp. honey

Prepare a greased 11" X 13" oblong pan. Combine all ingredients except the garnish and glaze and form into a rounded loaf in the pan. Scatter the chopped onions around the meatloaf and sprinkle the onions with water. Bake at 350 degrees for one hour. Combine the glaze ingredients and brush over the meatloaf. Bake 15 minutes longer. Cut into slices to serve, and top with the onions.

Passover Granola - (Farfola)

This is a wonderful Passover breakfast food for those people who miss traditional breakfast cereals during this special week. It can be eaten out of hand as a snack or used to top yogurt or cottage cheese. Vary the flavors by trying different nuts and other dried fruits or shredded coconut. Be sure to use cookie sheets or pans with a low side so that the mixture will stay on the pan and not fall into the oven!

5 cups Streit's Matzo Farfel

- 1-1/2 cups slivered almonds
- 1/2 cup oil

- 3/4 cup Steit's Honey
- 1 cup raisins
- 1 cup dried apricots, chopped
- cinnamon

Preheat the oven to 325 degrees. Line two cookie sheets with sides with foil and grease well. Combine the matzo farfel and slivered almonds in a bowl and then spread on two cookie sheets. Bake for 15 to 20 minutes until lightly toasted, stirring 2-3 times while baking. Combine oil and honey and heat until bubbly. Mix with the toatsed farfel and almonds, add a generous shake of cinnamon, and return to the oven. Continue baking at 350 degrees for 20-25 minutes longer. Remember to stir every five minutes to prevent uneven baking. When nicely roasted, place in a large bowl and add the raisins and apricots. Let the mixture cool and then store in plastic zipper bags.

Green Vegetable Kugel

This kugel can be served as a side dish for most occasions, or as a main dish at a vegetarian dinner.

- 1 cup Streit's Matzo Meal
- 4 tbsp. margarine or oil
- 1 onion, chopped
- 1 green pepper, chopped
- 1/2 red pepper, chopped
- 1 stalk celery, chopped
- 1/2 lb. mushrooms, sliced
- 1 large zucchini, chopped
- 1 large carrot, shredded
- 1 16-oz. box chopped spinach, defrosted
- 4 eggs, beaten
- 1-1/2 tsp. instant broth mix
- 1/4 tsp. black pepper
- 16 oz. can tomato sauce, heated, optional

Melt margarine or heat oil and saute onion, green pepper, red pepper, celery, mushrooms, and zucchini until tender, about 10 minutes. Add shredded carrot and defrosted chopped spinach. Combine eggs, seasonings and matzo meal and stir to combine with vegetables. Bake in well-greased 9" square pan at 350 degrees for 45 minutes until set. Cut into squares to serve with or without heated tomato sauce.

Makes 9-12 servings.

Jewish Family Services

By Sharon Murray-Cohen, Executive Director

Happy Passover from the Board and Staff of Jewish Family Services. Many thanks to all within our community who contributed to JFS's Annual Appeal. Your ongoing support is appreciated. Without it we would not be able to continue to provide the services that we do.

Programs, Services and Up Coming Events

I have mentioned this in previous articles, and would like to remind the community again, that we have a sub contract with JFS Rockland, that enables us to provide a limited amount of case management and home care services to Survivors through a grant from the Claims Conference. This grant is used to support personal care, nursing care, chore/housekeeping services, and case management services for Jewish Nazi victims.

The Eligibility Guidelines are:

- Client's status as a Nazi victim.
- Client's financial status (determined by evaluation of both income and assets, based on Claims Conference Guidelines)
- Client' functionality (for clients receiving home care)

Please help us to assure that all who are eligible and in need of these services receive them.

Contact our office (845-338-2980) if you, or someone you know, who lives in Ulster, Sullivan, Green, or Delaware Counties are in need of services, and may be eligible for this program.

Care Giver Support Groups: Through a contract with Ulster County Office for the Aging, JFS currently provides Care Giver Support Groups. In addition to the care giver support groups we have provided in the past, this year we have added care giver training and care giver support groups for those who are unable to attend a group in person via teleconferencing. If you are interested in attending/ participating in any of these groups or trainings, and are caring for someone 60 years of age, or older, please contact our offices at the above number to obtain additional information, and register for one of these groups.

Bereavement Group: Through funding from Federation we are currently providing bereavement groups in two locations, Ellenville Regional Hospital, and at our offices, located at 280 Wall Street, 2nd floor, Kingston. The Ellenville group meets on the 2nd. and 4th. Thursday of each month from 12:00pm to 1:15 pm and the Kingston group meets the 1st and 3rd. Monday from 4:30 to 6:00 pm. These groups are open to anyone who has experienced the loss of a loved one. If you are interested in attending please call our offices and register.

Volunteer Training: We are desperately in need of volunteers, throughout the county, to visit the elderly in their homes, provide transportation to medical appointments, and shopping. To meet the ever growing need for requests for this service we will be conducting a training in May. If you are interested, contact our office to register for this training, and to obtain further information about our Volunteer program.

Save the Date:

July **22***nd* - 2nd Annual David Fletcher Community Service Award Luncheon Wiltwyck Golf Club.

November 7th - 7th Annual Circles of Caring Conference.

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JOIN OUR 2014 CAMPAIGN & SUPPORT COMMUNITY

The Jewish Federation of North America's Annual Campaign raises nearly a billion dollars every year to provide the basic infrastructure that supports the global Jewish community. We are part of this network and depend upon your generosity to provide services here and abroad. Your gift supports our mission and work.

By allocating your philanthropic dollars to ensure the greatest impact, your Jewish Federation has earned a reputation as a trusted, effective charity that makes a real difference in your community and around the world. Join our caring, compassionate community that unites us so we may take care of each other and celebrate Jewish life and values

Today, our infrastructure is being tested like never before. In these compelling times, with millions of Americans out of work, millions of homes lost to foreclosure, and countless Jewish families who suddenly can't put food on their table, more and more Jews are turning to Federation for help. Yet, for every story of hardship and despair, there are countless stories of love and hope. You can help.

You can make a difference & make the world a better place.



Jewish Federations of North America Campaign 2014

We are a community-building organization that enriches Jewish life locally, nationally, in Israel, and around the world by helping those in need and fostering Jewish values for the greater good.

Thanks to your contribution, we will continue to....

- Provide humanitarian assistance for the elderly at home (through Jewish Family Services), in Israel & abroad
 - Support area synagogues & Chevra Kadisha (Jewish Ritual Burial)
- Support area food pantries, People's Place, Angel Food East (hot meal program for people living with HIV & AIDS in UC; CASA - Court Appointed Special Advocate, & Family of Woodstock) among others.
- Feed and teach Ethiopian children in Israel & train doctors from the former Soviet Union.
 - Fund scholarship programs for youth in Ulster County.
- Encourage tolerance, foster understanding & leadership opportunities & build community.

Please Donate Now!
Online at www.ucjf.org
Or Send your check to:
UCJF, One Albany Ave, 10G, Kingston, NewYork 12401

For further information, call 845-338-8131; email, info@ucjf.org.

Thank you for your generosity. Gail S. Levy, Campaign Chair

Jewish Federation of **Ulster County Sponsors** Holocaust Remembrance at Congregation Ahavath Israel

Sunday, April 26th, 6pm

This year's Holocaust Remembrance (Yom HaShoah Community Memorial Service) will take place on Sunday evening, April 27th at 6:00pm at Congregation Ahavath Israel, 100 Lucas Avenue in Kingston. As in the past, the event is sponsored by the Jewish Federation of Ulster County (UCJF) and includes representatives from area congregations and religious schools. The public is welcome to attend. The Yom HaShoah remembrance is being organized this year by Cantor Devorah Gartner, spiritual leader at Ahavath Israel. The theme for the service is: "We are their dreams..." and will focus on the testimonials, history, poetry and music of the million and a half children whose lives were cut short during the Holocaust. The event will feature an exhibit of children's art, inspired by the poem "The Butterfly" by Pavel Friedman. Proceeds from art sales will be donated to the Lunch and Learn Program for Ethiopian children in Dimona, Israel. There will also be a performance of music, which had been performed by children and adults at the infamous Theresienstadt Concentration Camp. The traditional candle lighting in memory of victims will be led by UCJF Board member Bruria Falik and following the service, light refreshments will be served. To participate, and for further information, please contact Cantor Devorah Gartner, cantordevorah@gmail.com, (845) 901-5428.

Hadassah Gift Wrap 2013

By Gail Levy

The Kingston-Woodstock Chapter of Hadassah is proud to report that our Gift wrapping venture at the Hudson Valley Mall during the holidays was a success. We raised a total of \$8,500, which includes our wrapping and our portion of weekend group's receipts. After



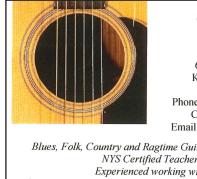
expenses we were able to send \$6,500 to the Hadassah Medical Center for Cancer Research.

Our heartfelt thanks go out to David Brener who stepped up again this year to man our "ship" of wrappers and helped keep this project afloat. He worked in all areas of gift wrapping and deserves a round of applause! Hurrah David!!

Thanks go out to approximately 70 plus pairs of helping hands, many of whom worked multiple shifts. Many thanks to a handful of people who worked above and beyond. For those people who we were unable to reach this year, either by oversight or otherwise, please contact us next year. We will try our best to reach everyone . Thanks to the board of Congregation Ahavath Israel for their kindness in allowing us to store our supplies in their building. This is a wonderful help.

Also a heartfelt thanks to the crew who helps us set up and breakdown at the end. Thanks to Elliot Spiegel and the staff at Spiegel Brothers Paper Company and to Helene Fliegler for her fine choices in paper selection.

We can all applaud our efforts. We have done well!



Geoff Miller

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Fall for Art 2014 to Benefit Local Students

By Arlene Gould

Our Ulster County Jewish Federation 18th Fall *for* Art fundraiser is happening on Thursday, September 4, 6-9pm at Wiltwyck Golf Club, so mark your calendars now! This always successful and fun event kicks off the fall season by showcasing many of our area's most gifted artists while raising needed funds for our Federation's charitable endeavors locally. The juried art sale is not only a great place to buy original art, but it's a unique opportunity to also meet and talk to the artists, as well as to bring friends and guests and to introduce them to our Federation work. So please save the date and plan to celebrate CHAI / Life with all of us on September 4th.

Each year our energetic committee selects a special Fall for Art recipient. This year, up to \$1,000 in scholarships will be distributed to three top winners of a special art competition being held for "Emerging Artists of the Hudson Valley" - high school Juniors from Ulster County and Northern Dutchess schools whose work will be judged by a distinguished panel including: Cornelia Seckel, Publisher of Art Times, Woodstock painter, Tor Gundmundsen, and Paul Solis-Cohen, founder-owner of the Catskill Art & Office Supply stores.

Making all this possible are our much appreciated business sponsors! There is still time to sign on and we are most grateful for the support of (so far this year): Allways Moving & Storage, Basch & Keegan, Benefit Counseling Associates; Bruderhof; Catskill Hudson Bank; Community Guide, Daily Freeman; HealthAlliance of the Hudson Valley, Herzog's Home Center; Kenneth K. Beesmer Group of Wells Fargo



Advisors, LLC; M&T Bank, Mid Hudson Valley Federal Credit Union; Millens Recycling; Potter Brothers Ski and Patio; Price Chopper; Rondout Savings Bank; Spiegel Bros. Paper Co; Inc; and Ulster Savings Bank.

If you would like to encourage an artist you know to participate in Fall *for* Art, the Call for Entry deadline is April 30th and the application form is available on-line at www. fallforart.org or by calling the Federation office at 845-338-8131. Jury notification will be on or just after May 30th. As always, we welcome volunteers to join us by helping to publicize the fundraiser and to help the day of the event so, please contact any of the members of the committee or the office and sign up to help – it's fun too!

Our Fall for Art committee is comprised of Sara Beames, Barbara Cohen, Sloane Grubard, Linda Hutchinson, Darlene Levit, Randy Mundi, Sue Worthman and me. We are looking forward to seeing you at another stellar event & please "like" us on Facebook and get in touch soon.

B'nai B'rith

By Gail Levy

B'nai B'rith International is one of the oldest Jewish services organizations in the world. Established in 1843 it is 170 years old. It is committed to the security & continuity of the Jewish people & the State of Israel, combatting anti-Semitism & bigotry. Their motto is: The Global Voice of the Jewish Community.

B'nai B'rith; Zephanian Chapter 375 was a vital arm of the Jewish community of the Kingston and Ellenville areas. It

is with regret that I have to report that it is no longer able to stay active. Remaining funds from the organization were transferred to The Jewish Federation of Ulster County. Monies were sent to National B'nai B'rith in honor of Al and Tally Parnett, very active members for many years. Monies were also made available to provide 2 families from each Synagogue with a gift card to purchase food for Passover. We hope to continue to aid the community in this way.

The Calendar will continue to be printed under The Jewish Federation of Ulster County beginning in 2015. Details will be available in our High Holiday issue.

"The Israel Advocate"

By Nathan Borsky, Israel Advocate Chairman

Shalom from Israel Wish you were here to witness for yourselves the miracle that is Israel. You can't make it this year? Well, perhaps we'll see you next year in Jerusalem. In the meantime please read this and Kvell.

Israel: A 65 - Year Miracle One of the proudest accomplishments in world history.

There can be little doubt when, 500 or 1,000 years from now, the history of the world will be written, that the creation and the development of the State of Israel will be considered one of the proudest and most shining successes. Now, as Israel's 65th birthday has recently been celebrated, it is a good time, in our own day, to review what has been accomplished.

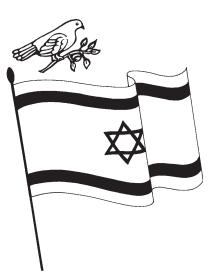
What are the facts?

The Birth of a Nation: The State of Israel was born out of the ashes of the Nazi Holocaust, probably the most horrible crime in the blood-stained history of mankind. The "yishuv," (the Jewish population of the country) consisted of barely 600,000 people. On the very day of its birth Israel was invaded by the armies of five neighboring Arab states. Almost miraculously, the vastly outnumbered and outgunned Jewish forces managed to overcome the combined Arab might. But they paid a horrendous price for their victory. More than 6,000 combatants and civilians perished in that War of Independence. It was as if the United States were to lose over 6 million people in combat. But the War of Independence was not the only one that Israel's implacable enemies foisted on it. There was, perhaps most importantly, the 1967 Six-Day War, in which Israel gained a spectacular victory, which will be studied and analyzed in military academies of the world until the end of time.

The Jewish People's Renaissance.

There is no comparison in history to the Jewish people's renaissance after 2,000 years of persecution, discrimination and exile, and its transformation into a Jewish nation. Jews from all over the globe flooded into the newly established haven of the Jewish nation. All received a brotherly welcome and were

seamlessly integrated into the new state. One of the proudest accomplishments of the Jewish State of Israel was the ingathering of the black Jews of Ethiopia. They, also, are now an integral part of their new country. As an aside, the current Miss Israel is a lovely woman of Ethiopian heritage.



Almost one-half of the world's Jews now live in Israel, having immigrated from all corners of the world. These millions are now fully part of their country, truly an unprecedented accomplishment.

One of Israel's major successes is the revival of the ancient Hebrew language. It had been used only as a religious language for the over 2,000 years of the Jewish diaspora. It has been fully "modernized" and is used as the daily vernacular of Israel for all purposes. There is nothing comparable to it in the history of the world.

To the amazement of all, including perhaps many Jews, Israel, forced by necessity, has emerged as one of the world's important military powers. It has proven more than able to hold its own though surrounded by enemies, who almost singlemindedly are fixated on its annihilation.

An Economic Powerhouse. Economically, Israel's position at its 65th birthday can only be described as miraculous. It is economically comparable to most European countries and superior to quite a few. It is a fountain of innovation, a high-tech powerhouse, fueled by the country's world-class universities and technical schools.

Most United States high-tech companies have branches and laboratories in Israel. They consider them as a source of creativity and of new development. Next to the U.S. itself and Canada, Israel has more companies listed on U.S. stock exchanges than any other country.

Israel Advocate Continued...

One of the weak parts of Israel's economy is the production of oil and gas. Until now Israel has been almost totally dependent on imports of gas from Egypt, a most unreliable supplier. But discoveries of huge oil and gas fields in its territorial waters in the Mediterranean make it clear that Israel will be independent of oil and gas imports in just a few years and may emerge as a major exporter of such products.

On its 65th birthday Israel is in very good condition. Congratulations are in order.

But all is not yet perfect, and improvements can be made. There are social problems. There still is too much disparity between rich and poor. There is also disparity between the largely secular majority and the ultra-orthodox "haredim," and also between the Jewish majority and the over one million Arab citizens who are not yet entirely accepting of their country. The biggest and most intractable problem, however, is the stubborn enmity of the surrounding Muslim countries and those beyond its borders, such as Iran. One can only hope that wise leaders in those Muslim countries will eventually emerge, who will realize that Israel is here to stay and that the welfare of their countries and of their citizens will only be assured by accepting Israel and allowing it to lead the region into a new age of democratic advancement and prosperity.

Eretz Yisrael - L'Chaim!!!

Images of Passover



Yemenite Seder 1939 - Washing Hands



Passover Seder Meal, 1939

Advocate for Israel

Useful references for staying informed and being pro-active

American Congress for Truth (www.americancongressfortruth.com) • Arabs for Israel (www.arabsforisrael.com)

CAMERA (www.camera.org) - (Committee for Accuracy in Middle East Reporting in America)

Honest Reporting (www.HonestReporting.com)

Israel 21C (www.Israel21c.org) - covers science, medicine, technology and research

JTA (www.jta.com) Jewish Telegraphic Agency • NGO-Monitor (www.ngo-monitor.org)

PMW (www.pmw.org.il) - Palestinian Media Watch • **Shurat HaDin** (www.israellawcenter.org) Defense of victims of terror

Simon Wiesenthal Center (www.wiesenthal.com)

Stand With Us (www.standwithus.com) • TIP (www.theisraelproject.org)

UCI (www.uc4i.org) - Unity Coalition for Israel • UN Watch (www.unwatch.org) - Monitors UN compliance

Scholarships, Scholarships

- Summer Camp Program for children age 2-11 (up to \$400)
- Summer Camp Program for children age 12-16 (up to \$400)
- Camp Scholarship for children with special needs \$250 (generously donated by High Falls Center for Developmentally Disabled)
- Summer Programs in Israel for Teenagers age 16-18 (up to \$400)
- High School or College Academic Programs for 1 school year (\$1,000 stipend, for study in Israel.)
- Volunteers for Israel & Jewish Study Programs, adults age 18 and over, (up to \$400)

The Marlene Survis Memorial Scholarship Fund is open to all Jewish students 4th grade thru post-graduation level (23 years of age). An award of \$250 is given by the Women's Philanthropy Campaign based on a submitted proposal and resume. A scholarship is awarded to a graduating Jewish high school senior in the area high schools. Applications are available in the guidance office.

Due to the enormous interest and response in application, we will only be able to award a scholarship to 1 member of a family and preference will be given to 1st time applicants. Applicant or family member must be a member of the Jewish Federation of Ulster County. A minimum contribution of \$36 to the 2013 annual campaign constitutes membership. Recipients will be notified in May and will receive their scholarship at the annual meeting Monday, June 9. Program must be Jewish in orientation. The deadline for application is Monday, April 29.

In your letter to the Scholarship Committee, include the following information:

- name & address
- phone (home) cell (if applicable)
- email
- grade
- parent's name(s)
- parent's address if different than applicant's
- work experience if applicable
- purpose of funding (Jewish camp, Sumer Teen Program to Israel, high school or college 1 year academic program, Volunteers for Israel, Adult Study Program)
- how will this experience impact your life?
- tell us something about yourself and family.

Please send your resume & proposal to: Jewish Federation of Ulster County

1 Albany Avenue G-10

Kingston, New York 12401 or email mail@ucjf.org subject

line Federation Scholarships





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Significance of Yad Vashem

Submitted by Bruria Bodek Falik. Source is Jeremy Ulan, a student in Professor Polate's class-Jewish Studies 225, Modern Israeli Culture, Trinity College.

Yad Vashem is one of the most moving and emotional memorials in the world. It is the only link that everyone in the world shares to the Holocaust. On the 27th of Nisan of the Jewish Calendar, it marks the national day of commemoration in Israel, also known as Yom Hashoah. As time passes, links to individual survivors die, and it is the museum which tries to preserve memories of those alive and those that have been lost.

Yom Hashoah, also known as the Holocaust Martyrs' and Heroes' Remembrance Day, is a very sacred day and observed throughout all of Israel. People gather together either in synagogues services, communal vigils, or educational programs. In Israel, at 10AM, air-raid sirens sound for two minutes straight. All of Israel stops, including cars. The entire country is at a standstill for these two minutes. Also, the Israeli flag is flown at half-mast. Established more recently, in the 1990s, is the "March of the Living." Its name is in defiance of the death marches that took place. It is a memorial service at Auschwitz for students, and the main goal is to educate the kids on not only the Holocaust, but human rights awareness. This program helps to establish a brighter future.

There are many questions that need to be answered regarding the future of Yad Vashem. Living in an age of instant information, will it always be possible to reach fourth and fifth generation Jews and non-Jews? Changes will have to occur, creating more accessible information to people around the world, especially by using the internet. Yad Vashem has touched the lives of millions, regardless of religion, and it must continue to do so.

Pages of Testimony are our most crucial links to the Holocaust. With the aging population of Holocaust survivors, time is running out to collect these stories and testimonies. These are the keys to remembrance and it is imperative that these stores are recorded and remembered forever.

Many efforts go on each year in countries all across Europe. Many countries like Austria, Germany, Poland, and Italy focus on education to teach younger generations about the Holocaust. It is very important to these countries, as well as the global community, to spread awareness and history to all. Many projects and programs, together with school curriculums, focus on teaching about persecution, politics, human rights, tolerance, and inter-religious dialogue. Also, these educational endeavors are supplements with trips to memorial sites. Actions like this will make sure the Holocaust is not forgotten and used as a learning tool.

The United Nations General Assembly adopted a resolution making January 27 an International Day of Commemoration for the victims of the Holocaust. The idea behind this is to teach the lessons learned from the Holocaust to future generations through educational programs to help prevent future genocides from happening. This is one of many initiatives taken to signify the importance of Holocaust remembrance.

Many ask what the significance of making the day of commemoration on January 27. The reason for this is that Auschwitz, the major death camp during the Holocaust, was the location of millions of deaths. January 27, 1945 marks the liberation of Auschwitz by the Soviet Army. Although this was not the end of the war, it was a very significant step.

Ultimately, these efforts made by the United Nations and other organizations are helping to spread awareness about human rights. The UN resolution goes beyond marking a symbolic day of remembrance, but also thinks education is the heart of the resolution.

All individuals, regardless of being Jewish or not, are forced down an emotional roller-coaster when visiting Yad Vashem, and it is an important experience to have. Educating the world on these horrific events of the Nazi's is what keeps them from happening again, so another group of people never have to suffer the injustice and persecution that existed during the Holocaust.

Nat & Sandy Borsky

Below is a photo of Nat and Sandy, Board Members of our Jewish Federation, at an archeological excavation in the new community in the Negev, called "Givot Bar," one of several new communities that they visited. Nat and Sandy are involved in JNF, the Jewish National Fund, and they were hosted on a private tour by a representative of the "OR Movement" which is under the umbrella of JNF. According to Nat, the OR Movement is a 12 years old organization with the mission of facilitating the development of new communities and bringing in industry to support jobs. The project name is "Blueprint Negev" and to date eight new communities have been established and are growing daily. They are, Eliav, Givot Bar, Sansana, Carmit, Halutza, Beer Milka, Merhav Am and Zugim. Nat further explains



that in addition to these communities, the development that's going on in Be'er Sheva as well, is absolutely astounding. The River Walk, the Amphitheater, Abraham's Well and the new Train Station and Bus Terminal are just a few examples.

In Nat's words: "Be'er Sheva has truly become the capital of the Negev. At last, Ben Gurion's dream of populating the Negev is being realized."

SCHWARTZ'S INN



Proprietors: Barbara & Joe Cohen

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(845) 389-9918 www.schwartzsinn.com

"May the Schwartz be with you!"

Poetry of the Holocaust

The Butterfly

The last, the very last, So richly, brightly, dazzingly yellow. Perhaps if the sun's tears would sing against a white stone...

Such, such a yellow Is carried lightly 'way up high. It went away I'm sure because it wish to kiss the world goodbye.

For seven weeks I've lived in here,
Penned up inside this ghetto
But I have found my people here.
The dandelions call to me
And the white chestnut candles in the court.
Only I never saw another butterfly.

That butterfly was the last one. Butterflies dont live in here, In the ghetto.

Pavel Friedmann 4.6.1942



Congregation Agudas Achim

"Where All Are Welcome"

254 Lucas Avenue • Kingston, NY 12401

Telephone/Fax: (845) 331-1176 www.ChabadUlsterCounty.org Stay up-to-date and follow us on Twitter @RabbiHecht

Rabbi Yitzchok Hecht Rabbi AB Itkin Bruce Tuchman & Howard Vichinsky, Co-Presidents

Calendar of Events

Passover Information

Got Matzoh? Would you like some Traditional Handmade Shmurah Matzos? Call Rabbi AB Today! 412-401-0238

TRADITION COMES ALIVE AT OUR COMMUNITY

Passover Seder! Relive the Exodus, discover the eternal meaning of the Haggadah, and enjoy a community Seder complete with hand-baked Matzah, wine, and a wonderful dinner spiced with unique traditions.

First Seder Night: Monday, April 14, 2014 Second Seder Night: Tuesday, April 15, 2014

Experience the liberation & freedom of Passover.

Discover the Seder's relevance to today's modern Jew.

For more information and reservations, please contact Chabad at: 845-334-9044 or

www.ChabadUlsterCounty.com/ Passover

Cost for each Seder, per person is: \$36, Members - \$26, Children - \$18. No one will be turned away due to a lack of funds.

Reservations a must! All are welcome

Moshiach Seuda - Feast of Moshiach

April 22. Join us for Moshiach Seuda, for the festive meal of Moshiach, on Tuesday, April 22nd, at the Home of Rabbi and Rebbetzin Leah Hecht, at 6 pm. Please RSVP.

HOLIDAY TIMES & ACTIVITIES FOR Agudas Achim

All Services take place at Congregation Agudas Achim

254 Lucas Ave., Kingston, NY 12401

Sunday, April 13, 2014 Formal search for Chametz

Monday, April 14, 2014
Fast of the First Born
Finish Eating Chametz before 10:43 am
Burn Chametz before 11:49 am
1st Seder Night
Light Candles at 7:17 pm

Evening Services: Call for time

Tuesday, April 15, 2014
1st Day of Passover
Morning Services: 9:30 am
Evening Services: Call for time
2nd Seder Night
Light Candles* after 8:19 pm

Wednesday, April 16, 2014 2nd Day of Passover Morning Services: 9:30 am Evening Services: 7:15 pm Holiday Ends at 8:21 pm

Friday, April 18, 2014 Light Candles at 7:22 pm Evening Services: 7:15 pm

Shabbat, April 19, 2014 Shabbat Chol Hamoed Morning Services: 9:30 am Evening Services: 7:15 pm Shabbat Ends at 8:24 pm

Sunday, April 20, 2014 Light Candles at 7:24 pm Evening Services at 7:15 pm

Monday, April 21, 2014 Seventh Day of Passover Morning Services at 9:30 am Evening Services at 7:15 pm Light Candles* after 8:27 pm

Tuesday, April 22, 2014
Final Day of Passover
Morning Services at 9:30 am
Yizkor Memorial Service at 10:45 am
Evening Services at 7:15 pm

Meal of Moshiach at the home of Rabbi Hecht's 6:00 pm Passover Ends at 8:28 pm Note: Candle lighting times are for Kingston, NY only. For other areas, visit

www.ChabadUlsterCounty.org/Times *Light only from a pre-existing flame.

Lag BaOmer

Sunday, May 18 Come Join With Us at "The Great Parade" In New York city www.TheGreatParade.com. For more

information, email RabbiAB@ChabadUlsterCounty.org or call 845-331-1176.

Prayer

Shabbat Evening, join us Friday evenings. Services begin 10 minutes after candle lighting, Shabbat day. Join us Saturday, for a friendly and fulfilling weekly Shabbat services at 9 a.m. Whether you are a minyan pro or new to the Synagogue experience, you are welcome at Agudas Achim. A delicious kiddush with a vegetarian kiddush follow services. To sponsor a kiddush, please contact Shirley or Rosemary at 845-331-1176.

Be a Minyan-Aire

The way to start your day!! Morning prayer followed by great coffee and kosher danish. Ellenville: Wednesday @ 8AM. Kingston: Tuesdays @ 8AM guaranteed to be done By 8:45AM.

CAMP GAN ISRAEL

The Summer of Your Dreams...
June 30th - July 18th, 2014
Experienced and dedicated staff, and a program packed with new and exciting activities; this summer will be one they'll never forget! Trips, workshops, arts & crafts, swimming and sports! For

more information email Leah@ILoveGanIsrael.com or visit www.ILoveGanIsrael.com

Tuesday June 3rd

Shavuos Ice Cream Party
Candle Lighting 8:08pm
Evening Services 8:15pm followed by a
Holiday Dinner and All-Night
Learn-O-Thon 11:00pm
Please e-mail us your dinner
reservations. RabbiAB@
ChabadUlsterCounty.org or call
845-331-1176

Wednesday June 4th

Kabbalah & Coffee 9:00am Morning Services 9:30am followed by Dairy Kiddush Buffet & Kid's Ice cream party Evening Services 8:15pm Light Candles AFTER 9:18pm from a pre-existing flame

Thursday June 5th

Kabbalah & Coffee 9:00am
Morning Services 9:30am Yizkor
Memorial Service
10:45am followed by Dairy Kiddush
Buffet & Kid's Ice cream party.
Evening Services 8:00pm, Holiday
ends 9:18pm Learn all about
the Holiday of Shavuot at www.
ChabadUlsterCounty.Org/Holidays/
Shavuot

Emails: Featuring updates, announcements, words of Torah and more, to join email RabbiHecht@ chabadulstercounty.org

Jewish Holiday Times: A Jewish magazine about the Holidays mailed directly to your home. It is printed 5 times a year. If you do not receive this magazine presently please email us your mailing address. We will gladly add you to our mailing list.

Katz Family Hospitality Suites

Need a place to stay for a Shabbat or Yom Tov? Join us! For more information call 845-331-1176.

Chabad Chesed Network

We are very excited to announce a new program that will benefit our community. We will be starting the Chabad Chesed Network. Please read below and see the different ways you can get involved with the program and what we offer.

What we offer:

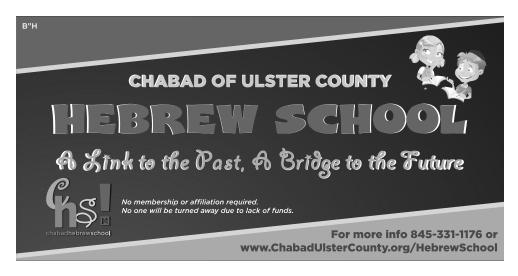
- Hospital visitations.
- Shiva calls and visitation.
- Visit nursing homes, senior residents and home bound.
- Send cards and phone calls.
- Reciting prayers for healing and wellbeing.

How you can get involved:

- Become a volunteer by filling out the volunteer signup sheet. Your response to a request is optional based on your availability.
- Both men and women volunteers needed.

volunteer or request our services: 845-481-3494 or ChabadChessedNetwork@gmail.com Chabad Chesed Network Committee: Rebbetzin Leah Hecht, Rebbetzin Binie Itkin, Harrriet Kazansky, Jody Sotanoff

Contact Chabad Chesed Network to



Agudas Achim Sisterhood

by Shirley Crystal

Sisterhood Gift Shop

Plan early for the Passover holiday. Passover items featured in our gift shop include Matzo covers, seder plates, afikomen bags, kiddush cups, matzo trays, Haggadahs, various books for children and more.

Kiddush

Kiddush is provided to all congregates every Shabbos and holidays. To sponsor a kiddush for a birthday, anniversary, birth, graduation, yahrzeit or other occasion, contact Shirley Crystal at 331-4646 or Rosemary Lewis at 331-0766.

Tree of Life

A beautiful Tree of Life is located in our front lobby. Leaves may be purchased for birth of a grandchild, birthday, anniversary, graduation, marriage or other special occasion.

To order a leaf, contact Lorraine Trast at 331-3513

Tribute Cards

To send a card In Honor of, In Memory of, Best Wishes, or other occasion, called Rosemary Lewis at 331-0766 or Brenda Fletcher at 338-5980.

Jewish Federation of Ulster County

Annual Meeting Monday, June 9

Location:

Congregation Ahavath Israel

Congregation Ahavath Israel

"The mind is not a vessel to be filled, but a fire to be ignited."

- Plutarch

100 Lucas Avenue
Kingston, NY 12041
845-338-4409
www.ahavathisraelkingston.org
ahavath.israel@gmail.com

Cantor Devorah E. Gartner cantordevorah@gmail.com Rebecca Balzac, President rbalzac@hvc.rr.com

Kabbalat Shabbat Service on Fridays at 7:30pm • Shabbat Morning Services on Saturdays at 9:30am. Morning Minyan on Sundays at 9:30am (with participation by CIJS students) Breakfast follows. Suggested donation - \$3

Pesach Services

Tuesday, April 15th at 9:30am **First Day of Passover Services & Second Night Seder** at 6:30pm

\$36 per adult/\$18 per child (ages 6-13)

Family Friendly – All are welcome

Choice of turkey, salmon, vegetarian

entrees

Wednesday, April 16th at 9:30am Second Day of Passover Services

Friday, April 18th at 7:30pm Kabbalat Shabbat Service

Saturday, April 19th at 9:30am **Shabbat Kedoshim Services**

Sunday, April 20th at 9:30am **Morning Minyan**

Monday, April 21st at 9:30am Seventh Day of Passover Services

Tuesday, April 22nd at 9:30am

Eighth Day of Passover Services with Yizkor

Saturday, April 26th

Lunch & Learn

"The Rituals of Our Lives" (at approximately 12:15pm)

Sunday, April 27th at 6:00pm "We are their dreams..." Community Yom HaShoah Service

A service in memory of the children, given voice by our children.

Friday, May 8th at 7:30pm **Kabbalat Shabbat Service** with a Special Kiddush

in honor of Mother's Day Weekend

Sunday, May 18th from 10:00am – 12:30pm

Lag b'Omer Picnic & Archery Contest

Saturday, May 31st

Lunch & Learn

"The Rituals of Our Lives" (at approximately 12:15pm)

Shavuot Services

Tuesday, June 3rd at 7:30pm Cheesecake Baking Contest!

Wednesday, June 4th at 9:30am

Thursday, June 5th at 9:30am with Yizkor

Saturday, June 13th

Kabbalat Shabbat BBQ

& Outdoor Service at 7:30pm

Sunday, June 15th from 10:00am-3:00pm

Sisterhood Community Yard Sale & Block Party

Bouncy house, lemonade stand, gently used & new items. All are welcome

Table/space rental available for \$18

Sunday, June 22nd at 4:00pm

Afternoon Tea & Concert to dedicate the Bob Gruberg Kitchen Fund

Saturday, June 28th

Lunch & Learn

"The Rituals of Our Lives" (at approximately 12:15pm)

Congregation Tiferet Yehuda V'Yisrael Kerhonkson Synagogue

26 Minnewaska Trail • Kerhonkson, NY 12446

Synagogue Phone: (845) 626-7260 www.Kerhonksonsynagogue.org

Services are with our Spiritual Leader **Reb Sally Shore Wittenberg**

President governed by our Synagogue board **Goldie Golderg**

thousanddances@yahoo.com

Glenn Pomerantz Email: gapref@yahoo.com

Jewish Congregation of New Paltz

Kehillat Ahavat Achim

Synagogue/Sanctuary: 8 Church Street, New Paltz Community Center: 30 North Chestnut Street, New Paltz mailing address: P.O. Box 577, New Paltz, NY 12561

> (845) 255-9817 npshul@hvc.rr.com www.jewishcongregationofnewpaltz.org Rabbi William Strongin 845-616-7403 Susan Cohen, President

Kehillat Ahavat Achim, the Jewish Congregation of New Paltz, is a Reconstructionist Synagogue.
Reconstructionist Judaism is a progressive, contemporary approach to Jewish life that integrates a deep respect for traditional Judaism with the insights and ideas of contemporary social, intellectual, and spiritual life. We follow egalitarian and participatory practices. Please join us for Shabbat services and the following events!

SERVICES

Shabbat Services

Join us every Friday evening at 7:30 for kaballat Shabbat services at the synagogue. Special Saturday morning Torah services are also held periodically, and Shabbat Torah services that include b'nai mitzvah are held throughout the spring and fall. These all begin at 10 am at the synagogue; please call our office 255-9817 for upcoming dates. Our custom siddur contains transliterations of all prayers, as well as helpful explanatory notes regarding the service, making it very "user-friendly." Oneg Shabbat sponsored by different families each week. Once a month our JCNP Choir participates in leading services, with new songs and instrumental music. We are a welcoming congregation!

Family Services

The first Friday of each month is a family Shabbat service. This is a warm, participatory, child-centered service, which begins at 7:00 p.m. Hebrew school classes assist in leading these services. Upcoming dates: May 2, June 13

Junior Congregation

For children in grades 3-7. Kids only! Led by Robin Torres, our Junior Congregation services are also led in part by the children themselves, and the kids love it. Monthly, 7:30 pm at our community center.

ADULT EDUCATION

Torah Study

Torah study of the weekly parasha with Rabbi Bill is on Monday evenings from 7—8:30 pm in our Community Center library. The Torah is our starting point but not necessarily our end point. Discussions vary and develop with the wishes of the participants—textual, historical, political, and spiritual. Whatever evolves, it is always lively and interesting. All welcome. Join us for stimulating discussion.

Finding Stillness In The Storms with Donna Sherman SPRING 2014! Date TBA

Jewish Congregation of New Paltz Community Center 30 North Chestnut Street, New Paltz Free for members. Non- members 5.00 donation BRING a BLANKET, NOTEBOOK & PEN Daily life, by its very nature, is rarely going to present itself to us like a well-tended garden. Intense emotional reactivity tends to arise when we try to bend life to our liking and where there is intense reactivity, there is often prolonged suffering and bewilderment.

We can all point to places in our lives where we become ruled by habits of thought, habits of behavior, fear and frustration. But, there is good news...

We have within us an enormous capacity for resiliency and deepening equanimity. We don't need to seek hidden caves avoiding the very things that trip us up; instead, we can learn to meet life on life's terms, with increased presence of mind and skillful action, by consistently strengthening our mindfulness muscle. Donna will introduce you to user-friendly tools that will help you do just that.

Donna Sherman, MSW, clinical social worker, yoga teacher, health educator and teacher of Mindfulness-Based Interventions has been a meditation practitioner and teacher of meditation and stress reduction skills since the early 1990's.

Community Luncheons

These very popular monthly luncheons (planned with seniors in mind, but open to all adults) feature a healthful, seasonal menu expertly and tantalizingly prepared by our resident chefs. Great food, lively conversation, beautiful table settings! Bring your friends! Members \$9, nonmembers \$14. Reservations required. For reservations, next luncheon date, or additional information, contact Myra Sorin at 255-5016 or msorin@hvc.rr.com.

Chaverim Arts Children's Program

Lots of fun and foundational Jewish learning for our little ones with Jewish music, arts activities, and dance for Pre-K through first grade children. Program run by Linda Brotman with music and art specialists. Meets one Sunday a month from 9:30 am—11am. This fun and lively program is open to all in the community. Call Teri Gil at 845-255-2516 or Betty Marton at 845-256-9040 for more information. Upcoming dates: May 4, June 8, June 15

Hebrew School

At the Jewish Congregation of New Paltz we have a vibrant and active Hebrew School: the Dorothy Solomon Ross School of Jewish Studies. Current enrollment is 60

students. Our curriculum provides the young people in our congregation with opportunity to acquire a strong foundation in Jewish study and practice, as well as Hebrew language, over an 8-year period, so that they may proudly identify with their Jewish heritage and culture. If you are interested in enrolling your child in our Hebrew School, or would like additional information, please call our office at 845-255-9817, or our Hebrew School Committee chairs Teri Gil at 845-255-2516 or Betty Marton at 845-256-9040.

Upcoming Holiday Events

Yom HaShoah Holocaust Memorial Service: Sunday, April 27 at 10:00 am. Location: 8 Church Street sanctuary. Shavuot Service and Study with Rabbi Bill: Tuesday, June 3, at 7:00 pm at the Community Center. Please bring a dairy dish to share.

THANK YOU FOR HELPING US REACH OUR 18TH (CHAI) ANNIVERSARY!

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Temple Emanuel

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main office: templeemanuel@hvc.rr.com, Rabbi's Email: rabbiromer@hvc.rr.com www.templeemanuelkingston.org

Rabbi Yael Romer, Cantor Robert Cohen,
President Les Kalmus
Religious School Director: Julie Stein-Makowsky

Temple Emanuel is a Reform Congregation with an open door policy; we invite you to join us for weekly services, holidays, festivals and celebrations throughout the year.

Temple Worship Services

Early Kabbalat Shabbat Service6:00	PM
1st Friday of each month	
Friday Kabbalat Shabbat Service7:30	PM
Families of all ages join in a vibrant and moving	
celebration of the Sabbath	
Musical Shabbat7:30	PM
3rd Friday of each month	
Shabbat Service with Zemer Choir 7:30	PM
4th Friday of each month	
Saturday Morning Minyan Service10:00	AM
September through June	

Children are always welcome at all services & we provide soft toys for little ones.

Rhinebeck Meditation & Torah Study held weekly on most Thursday mornings September through June. Led by Rabbi Yael Romer, Meditation beginning at 8:45am followed at 9:15am with Weekly Torah Study. Welcome your day with a Morning Ritual that prepares you to receive the day's blessings with fullness, center & breath. Exploring our Jewish traditions, this morning ritual will integrate prayer & study as part of an alternative morning practice.

Tot Shabbat - April 12, May 24, June 14 - from 9 to 9:30am select Saturday mornings once a month September through

June. Tot Shabbat is a great way to introduce your young child to Temple life, meet other pre-school children and their parents and enjoy a warm and exciting program of song, dance and Jewish stories.

Lunch with the Rabbi – May 6, June 3 - Join Rabbi Yael Romer the first Tuesday of most months from noon to 1:30 for food for the body and food for the soul.

Adult Education with the Rabbi

(call 338-4271x101 for class dates/time):

- Hebrew Trope
- Torah Study
- Beginner and Intermediate Conversational Modern Hebrew
- Meditation and Parashat Shuvah
- Kabbalah
- Private Conversion Tutorials

Our esteemed Religious School is held on scheduled Saturdays from 9:30AM-12:30PM, through May 31. Our students use the URJ's Chai Curriculum and Hebrew course, enhanced by art, music & dance. The school day includes a youthled service with prayer, song & dance. A mid-week drop-in class is available for Hebrew make-up session on Wednesday afternoons for 3rd – 7th Grades. Religious education at Temple Emanuel works in partnership with the home to foster a commitment to Judaism and Israel. NEW THIS FALL: First year of Temple Membership is FREE to new families with enrollment of your children) in Religious School! Contact our Religious School Director at 845-338-4271 x 110 for more information.

B'nai Mitzvah Program: Text and Commentary Study, group learning and individual tutoring covering Jewish history and culture, ritual and prayer, and Hebrew.

Confirmation Study: For young adults in 9th & 10th grades with the Rabbi. Held on scheduled Wednesdays during the school year, students discuss current events, explore what it means to be a Jew in modern context and take an annual weekend class trip.

Social Action

We are blessed to have a warm caring community that helps others in their time of need through the workings of the soup kitchen, pre-holiday group visits to nursing homes throughout the Hudson Valley, an annual food drive, and the joint project "Rebuilding Together" with our neighbors St. John's Episcopal Church.

Youth Group

Temple Emanuel's local chapter of NFTY - TESTY, meets on select days once a month. For students in 8th grade & up, members participate in exciting monthly events & yearly field trips.

Special Services & Events:

- **Kabbalat Shabbat Evening Service** Friday evening, April 11 at 7:30pm, led by Rabbi Yael Romer with special guest teachers Arnie & Sharon Zepel. Their teaching is titled: "To the World, He was One Person."
- **Festival Passover Morning Minyan**, Tuesday, April 15 from 10am to 11:30am.
- Second Night Passover Seder: Tuesday April 15, seating at 4:45pm, Seder begins at 5pm. This year with a taste of Klezmer! A VERY popular family event, reservations required, send yours in early to confirm meal choices.
- New Member Welcoming Shabbat with Zemer Choir, Friday, April 25 at 7:30PM. Join your community in welcoming and celebrating Temple Emanuel's newest members!
- Yom Hashoah Seder Sunday April 27 at 3pm. Jacobo Rubinstein, author of the Haggadah for Yom Hashoah, will lead this community seder for a multi-generational audience. An opportunity to remember and honor the victims and survivors of the Holocaust and celebrate the faith and hope represented by the creation of the state of Israel. "The "Shoah Seder" creates a beautiful balance both of memory and of transcendence. As such, it has become a major tool for sharing and healing."
- Manny Lindenbaum, Friday, May 2 at 6PM. Hear the story of Manny Lindenbaum, a survivor of the last Kindertransport out of Poland in 1939. Now, Manny, who is 82 years old, lives the childhood he, his sister and many other children never had the chance to live. He bridges the world of the most horrific crimes against humanity to a world where there is no hatred. You will be

brought to tears by the tragedy and lifted to laughter by his playful spirit.

- Lag B'Omer Saturday, May 17, Lag B'omer Brunch around the Bonfire on the front lawn at Temple. Music, singing, tug of war (parents against students)! Bring your instruments to play and a potluck dish to share.
- June 7th, 2014 Temple Emanuel's 160th Anniversary Celebration! Save the date! Friday, June 6 at 6pm Shabbot services & celebratory oneg. Saturday June 7 at 7:30 pm lavish cocktail reception with classical music, silent & live auction. Be a part of the next 160 years, reserve a plaque, (form & letter mailed) extra copies available at Temple Emanuel). Please be sure to send in your plaque reservation as soon as possible, but no later than May 1st.
- Congregational Trip to Israel December 25, 2014 through January 5, 2015. Itinerary to include Petra, Golan Heights, Tel Aviv and Jerusalem. Space is still available, call 845-4271x101 for full itinerary and registration form.

Ongoing Programs:

- Mah Jongg Players of all levels can join this weekly group meeting at Temple Emanuel most Monday mornings at 10:30am.
- Tone with Sloane "SPA" (Stretch/Pilats/Abs) Tuesdays ... beginner level at 10:30 a.m, Intermediate / Advanced Levels at noon. "Sculpt & Stretch" Thursdays at noon. Weekly Beginner, Intermediate & Advanced Classes Tuesdays & Thursdays. All fitness levels improve muscles tone, posture, balance and strength during this fun and challenging head to toe conditioning class.
- **Bingo** is held every Wednesday Doors open at 5, cards sold at 6, game starts at 7.
- Monthly Young Families Snacks and Crafts on the first Friday of the month from 5pm to 6pm.

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Come Join Us. Everyone is welcome.

www.wjcshul.org • Karen@wjcshul.org Rabbi Jonathan Kligler Karen Tashman, Executive Director Jon Lewis, President

Shabbat Services

Friday Evening Services begin at 7:30 pm.

On the first Friday of the month, services begin early at 6:00 pm and conclude with a dairy/vegetarian community potluck dinner. Everyone is welcome!

Shabbat Morning Services begin at 10:00 am.

Shabbat Community Days take place one Saturday every month, and include a pot-luck lunch and a day of learning. Student Rabbi Shelley Goldman leads a Torah study program for 4th – 6th Graders.

Upcoming Dates: April 12th, May 17th

Celebrate Shabbat is a new program this year that's especially for Pre-K through 1st Graders and their families! Led by Morah Jill, one of our favorite creative & experiential teachers, Celebrate Shabbat takes place every Shabbat Community Day and begins at 11:00 am.

Special Events

Second Night Passover Seder at the Woodstock Jewish Congregation

"Let all who are hungry, come & eat." Please join us for a musical Second Night Seder on Tuesday evening, April 15th at 5 pm. Our Seder is a Kosher-for-Passover style dairy/vegetarian meal catered by Bread Alone Catering. Contact the synagogue office to make your reservations: info@wjcshul. org or (845) 679-2218. Everyone is welcome!
WJC members: \$25/adults, \$15/children 12 and under. All

others: \$35/adults, \$20/children 12 and under. If you would like to join us for Seder and these costs are prohibitive for you, please contact our Executive Director, Karen Tashman for a confidential conversation and allow us to make it workable for you. **The reservation deadline is April 6th.**

"My Anne", Sunday, April 27 at 11am

On Sunday, April 27 at 11:00 am, to commemorate Yom Hashoah, the Woodstock Jewish Congregation will be hosting a performance of "My Anne". My Anne is a sensitive, lively and inspiring original solo performance piece, taken from the diary entries of Anne Frank. The actress, a gifted teen from Hudson named Sarah Schaeffer, adapted the diary and performs as Anne Frank. One reviewer wrote, "This talented young actress Sarah Schaeffer opens the floodgates to Anne's heart and reminds you that the Diary of Anne Frank should be on every child and grandchild's reading list." The play is suitable for children, and we will have a discussion following the performance.

Shavuot, June 3 - 5

Join the Woodstock Jewish Congregation as we celebrate the receiving of the Torah at Sinai. Everyone is welcome to participate. On Tuesday, June 3, starting at 6:30 pm, our Erev Shavuot Celebration will include a Pot Luck Dairy Dinner and Tikkun Leyl Shavuot. Following dinner we will have the pleasure of hearing the poetry of Anique Taylor as she reads from her work "Goodness from Within the Storm", an ambitious work of poetry that tells the stories of rescuers during the Holocaust. The reading will be followed by a discussion with the author.

We will hold a Shavuot Yizkor Service on Thursday, June 5 at 10 am.

Pete Seeger Tribute Concert: Sunday, May 18 at 4 pm

Save the date! This Lag B'Omer – Sunday, May 18 at 4:00 pm at the WJC, Rabbi Jonathan Kligler and friends will be presenting a concert for all ages of the music of Pete Seeger. Rabbi Jonathan says, "I'm very excited – folk music is my first musical language, and Pete Seeger, through his book "America's Favorite Folk Songs", was my first teacher. I want to honor Pete's memory by having a grand sing-along with you. Geoff Miller, Kim and Reggie Harris, and other musical guests will join me." The concert is a fundraiser for the WJC - \$18 for adults, and \$5 for kids 12 and under. Please come out and sing with us!

Northern Dutchess Havdalah Programs: Saturday, May 3 & Saturday, May 31

Carissa & Carl Weinberg are hosting a Havdalah pot luck at their home in Rhinebeck on Saturday, May 3.

Arlene & Al Becker are hosting a Havdalah pot luck at their home in Red Hook on Saturday, May 31. Please join in! Each of these programs are scheduled from 6 pm-9 pm. These evenings will be enjoyable for both adults and children. Please bring a vegetarian dish to share. We will have an opportunity to learn together, eat dinner and schmooze, and of course to experience the ritual of saying goodbye to Shabbat with a joyful Havdalah service. For more information, please contact Mark Neustadt at neustadt@vassar.edu

WJC Yard Sale: June 22 & 23

This is one of our major annual fundraisers. Please help us make it the most successful one yet! Save the date: The 2014 WJC Yard Sale is scheduled for June 22 & 23. It is time to think Spring! When cleaning, please save your resalable treasures for the success of the annual yard sale. We are grateful for donations of new or gently used sellable items, your time, your energy and your volunteerism. To donate or get involved, please contact us at (845) 679-2218 or info@wjcshul.org

Adult Education

Jewish Sources through the Lenses of Music, Art, Drama, and Ethics"; Sunday Morning Adult Education with Student Rabbi Shelley Goldman: Passover-o-Rama; Sunday, April 13, 10 am – 12 pm

As we prepare for Passover, we will discover that, much like our Seders, the tale in the Torah is a compilation of several different traditions. We will look specifically at the Ten Plagues. We will conclude our time together by sharing Passover songs and further cross-pollinate our experience of the best holiday ever!

Chane's Yiddish Vinkl, Wednesdays, 10 am - 12 pm

If you are interested in spending time enjoying the sounds of Yiddish, come join us on Wednesday mornings at the Woodstock Jewish Congregation. Whatever your background, secular or religious, beginner or experienced, come! The variety is what makes this Yiddish table so rich. This class is free and open to all.

Contemplative Meditation with Gail Albert, Ph.D., Thursdays, 10:30 am - 11:30 am

Open to All - Donations Welcome

Viewing the Torah as a transformative spiritual workbook, Gail Albert follows a continuous narrative from Genesis through Deuteronomy at a deep level of interpretation. Following this narrative week-by-week as it gradually opens our hearts and minds to the Mystery we call God or Life-Unfolding, Gail helps us move from fear and disconnection to love and equanimity in our daily lives as she guides us in focused contemplation of each week's parshah.

Gail Albert is a certified teacher of Jewish Meditation, and is the author of "Mending the Heart, Tending the Soul: Directions to the Garden Within".

Introduction to Jewish Mysticism, Part II: Hassidism and Modern Masters with Rabbi Jonathan Kligler April 10, 24, May 1, 8, 15, 22, 29, 12:15 pm – 2 pm Open to all - Suggested Donation: \$8/WJC Members, \$15/non-members

We continue our survey of Jewish mystical teachings and wisdom. In the late 18th century a great spiritual revival movement swept up the Jews of Eastern Europe. The movement became known as Hasidism, and its founder, Rabbi Israel Baal Shem Tov, taught that every single Jew, no matter how learned, could have a passionate relationship with the Creator. The teachings of the Baal Shem Tov and his disciples still speak to our spiritual journeys today. During the 20th century and to our present day great teachers of Kabbalah continue to emerge. We will spend time with teachings of Rabbi Avraham Yitzhak Kook (1865-1935), Rabbi Abraham Joshua Heschel (1907-1972), as well as contemporary teachers. This course will continue to be a rich feast for our souls!

Hebrew Poetry Text Study with Rabbi Jonathan Kligler April 10, 24, May 1, 8, 15, 22, 29, 2:30 pm - 3:30 pm Suggested Donation: \$8/WJC Members, \$15/non-members

One of the glories of Hebrew poetry is that it is a 3,000-year tradition, as alive today as in ancient Israel. We will sample Hebrew poetry from every era, reading in the original, translating and discussing.

(Note: to join this class you must be able to read Hebrew and possess very basic comprehension. Of course, if you don't have these skills and want to sit in, that's fine.)

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