

# John Glenn's Return to Flight Flight Surgeons Perspective

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### Disclosure Information

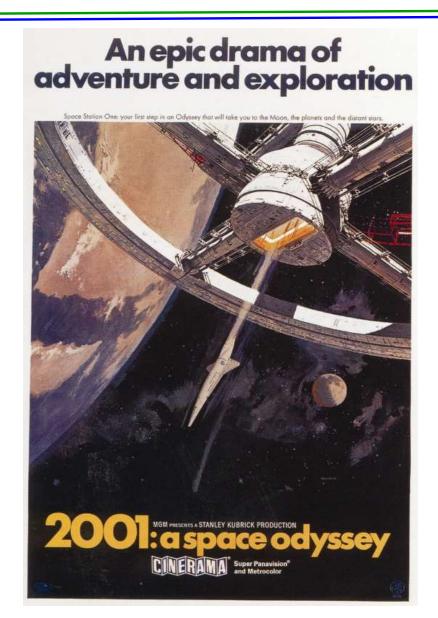
89<sup>th</sup> Annual Scientific Meeting Philip C. Stepaniak

- I have no financial relationships to disclose.
- I will not discuss off-label use and/or investigational use in my presentation



Flight Surgeon's Perspective



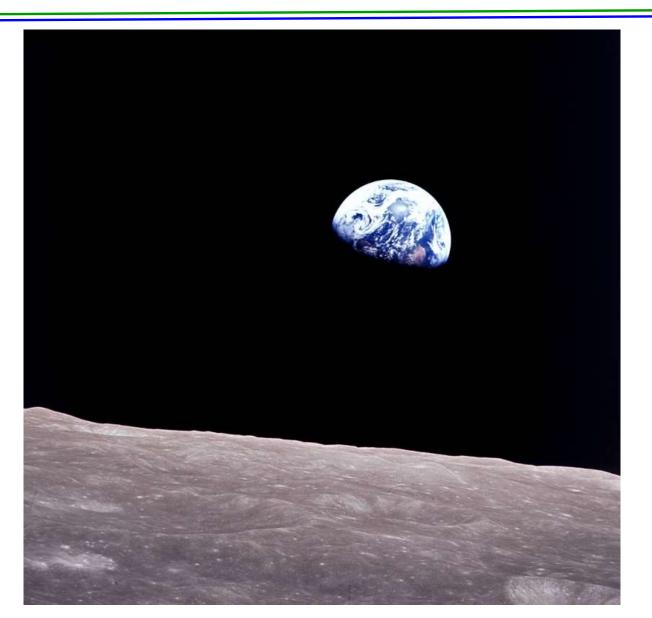


Released: 4/2/1968



Flight Surgeon's Perspective





### **Earthrise**

Apollo 8
Christmas Eve
1968







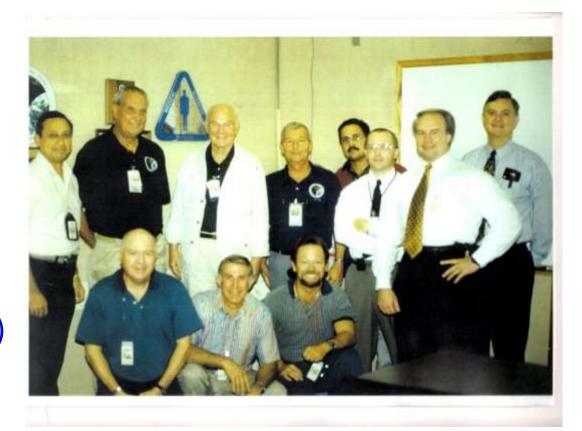
- Mission
  - Crew health and medical care
- Components
  - Personnel
  - Equipment
  - Procedures
  - Communication



Flight Surgeon's Perspective



- Personnel Medical Team
  - Flight Surgeons
  - Flight Medicine Clinic (FMC)
    - Dental
    - Ophthalmology
    - Audiology
    - Behavioral Health
    - Biomedical Engineer (BME)
  - Space Radiation Analysis Group (SRAG)
  - Toxicology
  - Neutral Buoyancy Lab (NBL)
  - DoD Manned Space Flight Support Office (DDMS)
    - Kennedy Space Center (KSC), Dryden Flight Research Center DFRC), White Sands Space Harbor (WSSH) and Transoceanic Abort Landing (TAL) Sites





Flight Surgeon's Perspective



#### • **Equipment**

- Generic Medical Kit (Shuttle Orbiter Medical System (SOMS))
- Astronaut Medical Accessory Kit (AMAK)
  - Vitamins
- Contamination Clean-up Kit (CCK)
- Special
  - Defibrillator







Flight Surgeon's Perspective

- Procedures
- Crew Medical Training
  - Drs. Parazynski and Mukai
  - Validation testing for Advanced Cardiac Life Support (ACLS)
    - Launch/On-orbit
    - Johnson Space Center (JSC) Crew Compartment Horizontal and Vertical Mock-ups
    - Landing
      - Crew Transportation Vehicle (CTV) at Kennedy Space Center (KSC)







#### • Communications

- Crew and family members
- Medical Operations Readiness Review (MORR)
  - KSC
  - DFRC
  - WSSH
  - Patrick Air Force Base (PAFB)
  - International Partners (IP)
- Management
  - Space Life Sciences Directorate (SLSD) / Space Medicine Division / Medical Operations Branch
  - Flight Crew Operations Directorate (FCOD)
  - Astronaut Office
  - Public Affairs (PAO)
  - Mission Control Houston
    - Flight controllers



Flight Surgeon's Perspective



#### Pre-Flight

- Initial Assessment
  - Medical Operations Branch Dr. Roger Billica
  - Medical Science Division Dr. Sam Pool
- Medical Issues
  - Payload Specialist Certification
  - Cardiology Evaluation
  - ACLS Procedure Validation
  - Exercise Regimen
- NBL Training
- Launch Day
- Presidential Viewing





Flight Surgeon's Perspective



### Pre-Flight







Flight Surgeon's Perspective



### Launch

10/29/1998

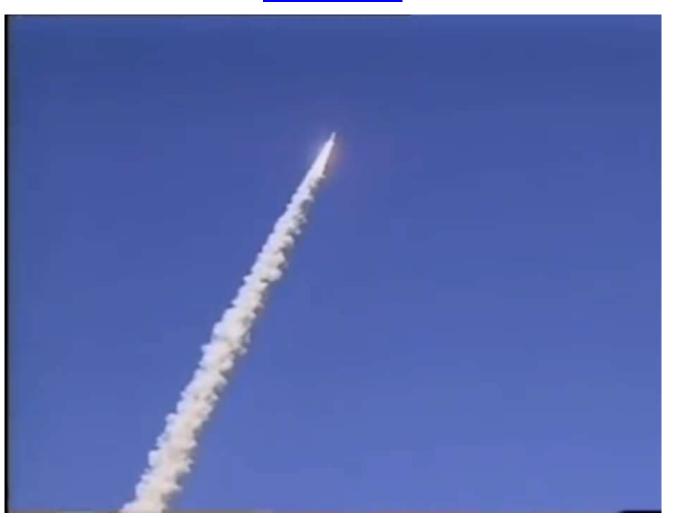




Flight Surgeon's Perspective



### **Launch**



PAD: 39-B

Time: 2:19:34 PM



Flight Surgeon's Perspective



### **On-Orbit**











#### • On-Orbit

- Private Medical Conferences
- Low Iodine Residual System (LIRS)
  - Accidental toxic exposure
     Aviation, Space, and Environmental Medicine
     The Official Journal of the Aerospace Medical Assn.
     October 2013 Volume 84, Issue 10



- Fluid loading protocol
- Crew surgeon's split support at primary landing sites
  - KSC Drs. Stepaniak and Dervay
  - DFRC (Edwards Air Force Base) Dr. Baisden







# **Medical Management of a Potentially Toxic Trialkylamine Ingestion during Spaceflight** Rebecca S. Blue, MD, MPH Joseph C. Hudson, MD Michael F. Rieders, PhD John T. James, PhD Philip C. Stepaniak, MD utmb Health



Flight Surgeon's Perspective



### Landing





Flight Surgeon's Perspective



### **Post-Landing**

- Post-Landing
  - Crew Transportation
     Vehicle (CTV) operations







Flight Surgeon's Perspective



### **Post-Landing**

- Post-Landing
  - Walk Around
  - KSC-Baseline Data Collection Facility (BDCF)
  - KSC-Press Conference





Flight Surgeon's Perspective



### **Post-Landing**



KSC Press Conference 11/08/1998



Flight Surgeon's Perspective



### **Post-Landing**

- Post-Landing
  - Return to Houston / Ellington Field



Skid Strip at Cape Canaveral Air Station



Ellington Field, Houston TX



Flight Surgeon's Perspective



### **Post-Landing**





Press Conference - Ellington Field





Flight Surgeon's Perspective

John Glenn Memorial Tree Planting Johnson Space Center April 5, 2018





Flight Surgeon's Perspective

# THANK YOU SPECIAL RECOGNITION

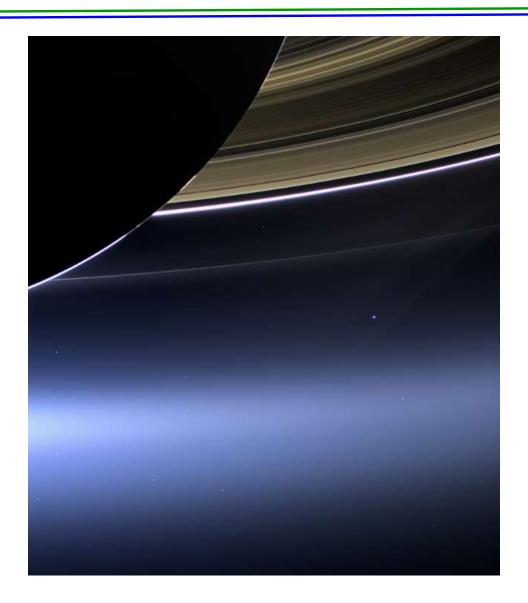
Crew of STS-95 Roger Billica, M.D. Sam Pool, M.D. Denise Baisden, M.D. Joseph Dervay, M.D. Alfred Rossum, M.D. Philip Scarpa, M.D. Cathy DiBiase, RN John Charles, PhD Julie Goode/ BME Robert Patlach

Methodist Hospital Cardiology
Mission Control Center Office - Houston
JSC Flight Crew Operations Directorate
JSC Astronaut Office
JSC Public Affairs Office



Flight Surgeon's Perspective





### Cassini's Pale Blue Dot

Cassini launch: 10/15/1997

Cape Canaveral SLC-40

Photo date: 7/19/2013

"That's here. That's home. That's us. On it everyone you love, everyone you know, everyone you ever heard of, every human being who ever was, lived out their lives. ... There is perhaps no better demonstration of the folly of human conceits than this distant image of our tiny world."

From his 1994 book, "Pale Blue Dot" by Carl Sagan, describing the Voyager 1 Pale Blue Dot photograph taken 2/14/1990