



Nebraska

ACADEMY OF GENERAL DENTISTRY

SUMMER 2017

President's Message



Tom St. Germain, DDS, FAGD

Greetings fellow AGD members! ("I'm not just the president, I'm a client"). We have some great news regarding our upcoming courses. This Fall, we feature Dr. Steven Bender and Dr. Bruce Bavitz for the new disciplines required for Masters candidates. The news is that this course can also serve as a renewal course for your Minimal Sedation permit in the state of Nebraska. The Nebraska AGD is one of the first MasterTrack programs in the country to include the new disciplines of Orofacial Pain and Anesthesia, and we are psyched to be a leader among our peer AGD chapters in North America.

Congratulations to the NAGD members who will

be awarded Fellowship or Mastership this July in Las Vegas! For many, the pomp and circumstance of the award ceremony seems a bit over the top, but I say soak it in and live it up. The last time you wore a cap and gown might have been dental school graduation. This time, it's a different kind of journey. Not just some initials to place after your name or some marketing gimmick, it is a commitment to the profession you've chosen far above and beyond maintaining your license. You've held yourself to a higher standard and how many times do you get recognized for that?

In other news, our recent event featuring Dr. Salama and Dr. Gurinsky, while being a phenomenal triumph of learning and skill-building, fell a little in the red ink financially. Our goals as a non-profit don't include making money on these courses, however, Omaha's own Warren Buffett has been quoted as saying "Rule #1: Don't lose money." So it stings a bit to fall short. Like our course with Dr. Massad or Dr. Hornbrook, the NAGD Board expected this course to be popular and break even with ease. A lot of effort was made to promote the course as a full weekend with Dr. Salama but, as the date approached, our intrepid executive director noticed we were well short of the registrations we needed. With nothing short

of super-human ability and support of the NAGD Board, Julie managed to renegotiate with Dr. Salama, line up Dr. Gurinsky, and spare the organization a major financial loss. The silver lining to all this was the feedback we got from attendees. The reviews for both speakers were overwhelmingly positive and Dr. Brian Gurinsky of the Perio Institute delivered a spectacular hands-on course, that taught some real practice soft tissue grafting, that the participants could bring back to their offices.

Coming next spring is the Esthetics portion of the MasterTrack. It always cracks me up when a patient asks if I am an "esthetic" dentist. Of course I don't laugh out loud, but I think these days, you have to have some abilities in esthetic dentistry. Obviously, there are dentists who work very hard in esthetics and some patients really need an American Academy of Cosmetic Dentistry Accredited member to get the result they want. However, any given day, a patient could walk into your office with a class IV fracture on tooth #8 and you're going to try to fix it. This course is going to help you restore that patient and a variety of other esthetic situations. Sure you could do it now, but being an AGD member, I know you want to do it better, faster, cheaper. Drs. Geissberger and Hakim will help you do just that. See you there.

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SUMMER 2017

Co-Editor's Message



Brian B. Penly, DDS
Co-Editor

It is hard to ignore the significant changes that are occurring in the field of dentistry. Across the country, legislation is passing that will change the composition of the dental team. In Nebraska, the role of Expanded Function Dental Assistants (EFDA) will start to show itself in the very near future (See LB #18 NE 2017).

With EFDA's expected to begin placing restorations in the NE dental practice, the role of the dentist is going to change. Looking at multi-doctor group practices, a potential role for the senior doctors is going to be to continue to push into other skillsets to expand service offerings to dental patients while using EFDAs to complete the more predictable restorations.

The changes that are coming have forced me to reevaluate the role I will play in the multi-doctor practice, so I have enrolled in the AGD MasterTrack Program. Starting this past month the focus was issues related to periodontics, specifically soft and hard tissue augmentation. Attending the CE is not the reason that I

choose to enroll; it is for the added push to work at completing procedures learned during the hands on session. Each CE session is accompanied by an assignment. For example, the periodontal assignment is to evaluate, plan, and complete a soft-tissue grafting procedure (i.e. perform a flap procedure such as coronally advanced flap with connective tissue graft) and document. In October, as a peer group, we will share cases and discuss results.

The end goal is to work through the more advanced procedures and slowly add some new skills to daily offerings for patients. The value added to a multi-doctor practice is invaluable if one or more team members can begin to add service offerings new and different from existing bread and butter dentistry, from which more responsibility will be pushed to new members of the dental team.

If you haven't considered enrolling in the NAGD MasterTrack Program, give it a second look. It could be the push you've been waiting for to move your skillset into the next level.

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NAGD was proud to again be a sponsor of the Dr. Ben Kutler Memorial Golf Tournament on June 23. Pictured are Julie Berger, NAGD Executive Director, Dr. Tom St. Germain, NAGD President and Dr. Patrick Wachter, NAGD Board Member.

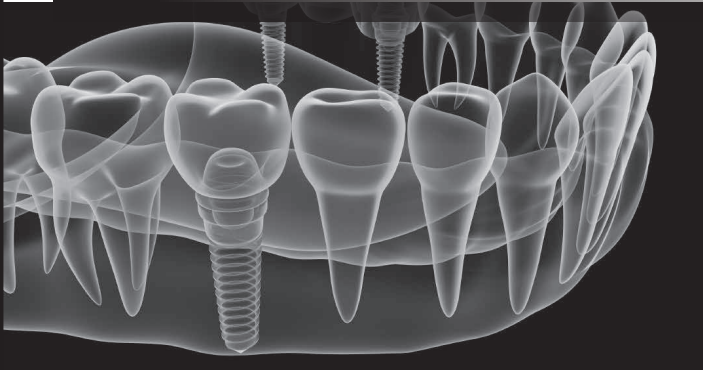
Selling your practice? Need to get the word out? Place an ad in the NAGD Newsletter!

The NAGD receives phone calls occasionally regarding classified advertising. The cost for classified advertisements in each issue is:

- Members: \$30 for 40 words; 40 cents for each additional word.
- Non-members: \$50 for 40 words; 40 cents for each additional word.
- Rates include a listing in the NAGD newsletter.
- All ads must be paid at time of placement with credit card or check.
- Ads must be received via email in word document.

Questions? Contact the NAGD office at 402.438.2321

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Fall MasterTrack Speakers



STEVEN D. BENDER, DDS

Dr. Steven D. Bender earned his Doctorate of Dental Surgery degree from Baylor College of Dentistry in 1986 and practiced general restorative dentistry for 14 years.

He then studied orofacial pain and temporomandibular disorders at the Parker E Mahan Facial Pain

Center at the University Of Florida College Of Dentistry under the mentorship of Doctors Henry Gremillion and Parker Mahan.

From 2000-2015, Dr. Bender maintained a private practice devoted to pain management of the head and face, as well as sleep medicine. Beginning in 2016, he transitioned to a full time faculty member of Texas A&M College of Dentistry and assumed the role of director of facial pain and sleep medicine. He has earned Fellowship in the American Academy of Orofacial Pain, the American Headache Society, the International Academy of Oral Oncology and the American College of Dentists. He is a past president of the American Academy of Orofacial Pain as well as the Fourth District Dental Society of Texas and the Dallas Academy of General Dentistry. In addition, he serves as a consultant for the United States Army.



J. BRUCE BAVITZ, DMD

Dr. J. Bruce Bavitz, graduated from the University of Pennsylvania School of Dental Medicine in 1984 and completed his Oral/Maxillofacial Surgery (OMFS) Residency in Pittsburgh in 1988. He is currently the Merritt C. Pederson Professor and Chair of the Department of Surgical Specialties at the University of

Nebraska College of Dentistry, and has given multiple CE courses to dentists both nationally and internationally. He is past president of the Nebraska Society of OMFS, the Lincoln District Dental Society, and the Nebraska Chapter of the American College of Dentists and is a Diplomate of the American Board of OMFS. He has a United States patent on a dental implant aligning device, is a member of the Oral Surgery/Pain Control test construction section for the National Dental Board, and has performed office inspections for the State of Nebraska for dentist's seeking advanced anesthesia permits. He is currently the coordinating editor for Practical Reviews in Oral and Maxillofacial Surgery, and serves as a reviewer for multiple implant and oral surgery journals. His primary area of research and publishing involves the surgical anatomy of the jaws and alveolar bone reconstruction.

Dr. Steven Bender—
“Triaging the Facial Pain Patient: From Diagnosis to Management Strategies”

Dr. J. Bruce Bavitz—
“Anesthesia, Pain Management, Sedation and Pharmacology”

OCTOBER 27–29, 2017

Friday, October 27, 2017
 8 a.m. to 5 p.m.

Saturday, October 28, 2017
 8 a.m. to 12 noon

Dr. Steven Bender

“Triaging the Facial Pain Patient: From Diagnosis to Management Strategies”

By far, the most common reason patients seek care in a medical or dental setting is for pain. At least 22% of the population has suffered from facial pain more than once in the past 6 months with the highest prevalence in the 18- to 25-year-old age group. Oral and facial pains may be due to disease of the orofacial structures, musculoskeletal system, peripheral or central nervous system, or possibly, the manifestation of psychosocial disorders. These pain conditions can be primary in presentation or secondary due to referral from other sources such as cervical or intracranial structures. The diversity of these numerous structures and their complex innervations are potentially responsible for the sometimes-puzzling symptomatology these patients present with. In order to effectively treat the facial pain patient; a systematic approach to examination must be a part of the diagnostic process. This course will provide the clinician with a cursory background of pain definitions, classifications and presentations commonly seen in the head, face and oral cavity regions. The second portion of this course will discuss management strategies of some of the most frequently encountered facial pain presentations. This activity will

be enhanced with real patient case presentations designed to encourage discussion.

It is encouraged for the participants to bring some of their most challenging cases for group discussion.

At the conclusion of this course, the clinician should feel comfortable with the process necessary to adequately screen, treat or refer this often-misdiagnosed group of patients.

LEARNING OBJECTIVES

- Learn the classifications of pain
- Recognize pain presentations in the oral and facial region and common referral patterns
- Establish diagnostic procedures and office protocols for patients with chronic facial pain
- Review evidence-based treatment protocols for different chronic facial pain conditions
- Know when and how to work with other specialties and when it's best to refer

COURSE OUTLINE

- Introduction: what is orofacial pain
- Epidemiology of orofacial pain
- Classifications of pain
- Introduction to assessment strategies
- Orofacial pain presentations:
 - o musculoskeletal
 - o neuropathic
 - o burning mouth syndrome
 - o primary headache disorders
 - “the red flags”
- Management strategies for orofacial pain conditions with case studies

Saturday, October 28, 2017
1 p.m. to 5 p.m.

Sunday, October 29, 2017
8 a.m. to 5 p.m.

Dr. J. Bruce Bavitz

"Anesthesia, Pain Management, Sedation and Pharmacology"

Anesthesia

- What's new in local anesthesia
- Intranasal administration
- Buffering
- Reversal
- Pediatric dosing review

Pain Management

- Acute versus Chronic
- Central versus peripherally acting agents
- Nation's opioid epidemic
- Contemporary narcotic prescription guidelines

Sedation

- Rationale, why sedate?
- New ADA Guidelines and NE state laws, why the drama

- Minimal, moderate and deep sedation definition review
- Capnography
- Review of overdose cases... what went wrong?

Pharmacology

- Review of drug classes and best agents from each class
- Future breakthroughs?
- Advantages and disadvantages of each route of drug administration
- FDA approval process
- Antibiotic review, both topical and systemic

Product Training

- Kovanaze intranasal local
- Emergency epinephrine options glass ampules versus Epipens
- Mock challenging case scenarios....can't get numb, anxious and pregnant, medication related osteonecrosis, novel oral anticoagulants, respiratory depression during sedation, allergic to local

General Information

October 27, 28 & 29, 2017

All 3 days will be held at Doubletree Hotel, 3650 S. 72nd Street, Omaha, NE 68124.

7:15 a.m. Registration/Breakfast
 8 a.m. Course Begins
 12 Noon – 1 p.m. Lunch Hour
 1 p.m. Course resumes
 5 p.m. Course adjourns

** Breakfast, Coffee breaks and lunch will be provided each day

COURSE FEES

AGD Dentists:

Entire 3 day Event \$1,950 _____
 Register by August 1, 2017 and receive a \$200 member only discount. Includes materials, meals and handouts. Lodging not included.

Non-AGD Dentist:

Entire 3 day Event \$2,600 _____
 Includes materials, meals and handouts.
 Lodging not included.

Total Amount Paid. _____

Due to the popularity of this course, we encourage you to register early and take advantage of the member discounts. Space is limited!!!

The entire 3 day event is for doctors only.

Register by September 26th to avoid a \$45 late fee!

A block of sleeping rooms have been reserved at the Doubletree Hotel until August 31, 2017. Ask for the Nebraska Academy of General Dentistry (NAD) rate of \$89. To make reservations call the hotel directly at 402.905.9414.

Please mail registration form and payment to: NAGD, 2244 Stockwell Street, Lincoln, NE 68502. Registration can be taken over the phone with a credit card.



The AGD-Nebraska is designated as an Approved PACE Program Provider by the Academy of General Dentistry. The formal continuing education programs of this program provider are accepted by AGD for Fellowship, Mastership and membership maintenance credit. Approval does not imply acceptance by a state or provincial board of dentistry. The current term of approval extends from 1/1/2014 to 12/31/2017. Provider ID# 219313

Registration Form

Name _____

Staff _____

Address _____ City _____ State _____ Zip _____

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Email (required) _____

AGD# _____ Non-member Yes

PAYMENT METHOD

Check (made payable to the NAGD) Mail payment to: NAGD, 2244 Stockwell Street, Lincoln, NE 68502.

Amount: _____ Credit card: Credit card type: _____

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Periodontics Focus: Soft and Hard Tissue Augmentation

By Brian B. Penly, DDS

*O*n June 2nd, the NAGD hosted our annual meeting with CE by speaker Maurice Salama, DMD, a well-noted dual trained perio/ortho practitioner. Dr. Salama deftly handled the lecture portion of the weekend with his lecture "New Paradigms in Soft and Hard Tissue Augmentation: Evolving Tools, Techniques and Materials".

Dr. Salama brought a very high-level of knowledge to the lecture. Examining the reviews gathered post-course, we found that the vast of dentists attending enjoyed his lecture and found him very engaging. A common comment was "very pleased to get this level of CE without traveling to Florida". A smaller percentage felt a overwhelmed by the level of material, but this concern is important to address today in the review. As a GP that will not likely implement (in the near future) a large portion of the material presented, I still found his lecture to be incredibly useful in a variety of ways.

For example, gaining a higher-level understanding of bone harvesting techniques, grafting procedures, and other advances in the field can set up a GP for total case success. Such knowledge can empower a GP to perform or coordinate the highest standard of care for their

patients. When a patient is pushed to a specialist with unreasonable expectations, the patient will come away losing respect for their GP. I have already helped coordinate specialty care for patients using some of my new knowledge and quite frankly, being able to explain it made it easier to gain buy-in for the patient.

Knowledge of this level can also stimulate those that routinely complete procedures involving grafting to seek further training to be able to implement new techniques. Reviewing cases involving blood draws and centrifuge spinning showed some very practical uses of the technique including gaining access to sticky platelet rich fibrin sheets for covering graft areas. The use of piezo surgical instrumentation to harvest cortical bone plates from the ramus to use in hard tissue bone augmentation involving lose of ridge width or cortical plate introduced a technique that seems very accessible to surgically inclined GPs.

June 3rd and 4th Brian Gurinsky DDS, MS; a periodontist trained at UT-San Antonio, led hands-on training over a variety of soft-tissue augmentation techniques. In particular, the class was led through exercises using multiple pig mandibles. Prior to getting hands on, we went through a very extensive



Dr. Maurice Salama

exercise to make sure that we could properly place patients into the correct Miller classification, which is key to obtaining predictable results.

The first exercise, harvesting of palatal connective tissue, was taught using a different technique than is commonly taught. Utilizing a double bladed 15c (i.e. two tips versus one) a single incision was placed on the palate, the blades were rotated against the palate, soft tissue dissection was accomplished, and connective tissue was harvested. This procedure, versus the more commonly taught "trap door" incisions, have less patient discomfort and no need for sutures.

We continued on performing a variety of flap procedures including coronally positioned flaps, lateral pedical grafts, and CT grafts with a tunneling approach. We practiced



Drs. Brian Gurinsky and Steve Wirth

placing barriers, suturing into place, and covering with tissue. Mixed in with the hands on activity, Dr. Gurinsky went over post operative patient management, setting expectations, and the types of results we could expect.

The reviews for the hands-on portion of the course were very positive, with many people stating that Dr. Gurinsky was very personable and appreciated that he brought techniques that could be used confidently in a GP office.

SUMMER 2017

Regional Director's Report



Kevin C. Low, DDS

Baby Boomers and Millennials

I'm an older father compared to most. My youngest child just turned 21 at the end of last month, about the same time I retired from clinical practice. Most of my friends never thought I would ever have children, and I always found that a bit bewildering. I mean, it wasn't difficult making him, at least not from my perspective.

It was, however, often a challenge raising him. He was a good kid most of the time, even though he did have a few moments of "misdirection," if you will. He must have been fairly intelligent during his high school years, because I rarely saw him doing a lot of homework. He always received decent grades, and for the most part, his teachers seemed to like him.

Once he got to college, I noticed a subtle change in his outlook on life as well as

his philosophies. He became more politically aware. He began to realize that there are flaws and incongruencies at every level of government. Like most other Millennials, he was disenchanted with the candidates running for various offices. I suspect that, over the next several elections, we will discover that the Millennial generation will refrain from entering a voting booth. Fact of the matter is, you probably can't blame them...if the bread is stale and the water is skunky, it's tough to choke that stuff down even when you are hungry and thirsty.

Nonetheless, I understand the growth and development process of the young adult. I used to be one many years ago, and I think we all go through several stages of awareness before we finally reach a point where we can be

defined as cognizant. As much as I continue to enjoy watching my son asking questions and getting answers, I am equally pleased with the group of individuals that currently sit on the Board of Directors for the Nebraska AGD. There are almost three generations represented on the board, all working together for the benefit of the general practitioner.

I often sit in awe of their accomplishments...what they are willing to do, how far they've come, and where they intend to go with respect to the NAGD. I am proud of this board, and I would encourage all 4-5 of you that actually read this message to send them a letter of thanks for donating their time and efforts towards this endeavor.

Someday, I hope my Millennial turns out to be just like them...

Prodenco

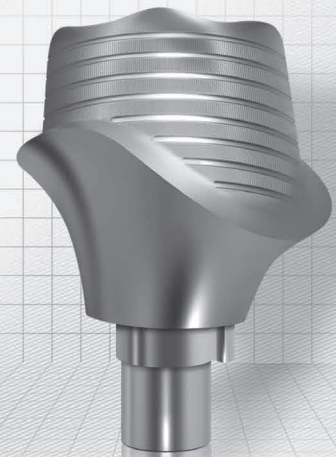
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2017 ANNUAL OPPORTUNITIES FAIR

The University of Nebraska Medical Center College of Dentistry would like to invite you to attend the 2017 annual Dental Opportunities Fair on Friday, October 13, 2017.

Opportunities Fair attendees will be provided with a table and two chairs. Some tables can be provided with electricity. This program will give you an opportunity to meet students and discuss dental practice opportunities open to them after graduation.

Registration is required: Corporation Fee: \$100 covers two people \$10 for each additional person; Individual practice \$50 for two people \$10 for each additional person.

When: Friday, October 13, 2017

Where: University of Nebraska Medical Center
College of Dentistry
4000 East Campus Loop South/ Holdrege Streets
Lincoln NE 68583-0740
Lower Level Area

Opportunity Fair 10 a.m. – 2 p.m. ; set up begins at 9 a.m.
Lunch will be provided. Parking will be available in the east lot of the college.

The registration deadline is Friday, September 29, 2017.
Late registration fee of \$125 for corporations and \$70 for individual practice.

Clip and Mail Registration:

___ Corporation \$100 (for two) ___\$50 (for two)
(\$10 for each additional person)

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(provide names of attendees)

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Mail with check payable to the UNMC College of Dentistry to:

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Brian B. Penly, DDS
Co-Editor

Medicaid Update

L On 5/25/17, DHHS announced that MCNA has been named the Medicaid dental benefits manager. The goal is to take day-to-day operations over for claims, pre-authorizations, and working directly with dental offices. They will have an office in Lincoln, but are headquartered in Fort Lauderdale, FL.

Our practice received the application and fee schedule from MCNA in the mail the week of June 12th. A quick comparison of the fee schedule to the existing DHHS version shows not differences in fee structures as expected.

The start date for assumption of duties in October 1st. If you participate in the Medicaid program, make sure to get your application turned in as soon as possible to prevent any delays.

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JUNE 2-4, 2017

MasterTrack Meeting



Dr. Brenon Farmer teaching the photography class to MasterTrack class



Dr. Brian Gurinsky



Social Event at Blue Bloods Brewery (tour of Robber's Cave)



Lunch in the exhibit hall



Cara Penner with GC America talks with Dr. Justin Dillner



Drs. Molly McNeely and Tim Vacek



Kerry Bressler, Guy Watkins and Kevin Crook with Prodenco talk with Dr. Sam Koth (on left)



Kai Fournier, Josh (tour guide at Blue Bloods) and Dr. Amy Fournier



Drs. Steve Wirth and Haley Beaudette



Drs. Travis Antholz and Adam Langan



Dr. Burke Noel talks with Alisa Edwards and Steve Kampschneider of Patterson



Drs. Brian Gurinsky and Steve Wirth at the NAGD Social Event



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2244 STOCKWELL STREET
LINCOLN, NE 68502



Nebraska

FUTURE NAGD CE/MASTERTRACK DATES

October 27–29, 2017 • Fall NAGD MasterTrack Weekend

Dr. Steven Bender

"Triaging the Facial Pain Patient: From Diagnosis to Management Strategies"

Dr. J. Bruce Bavitz

"Anesthesia, Pain Management, Sedation and Pharmacology"

Omaha, NE (location TBA)

June 1–3, 2018 • NAGD Annual Meeting

Drs. Marc Geissberger & Foroud Hakim

"Adhesive Dentistry – Maximizing the Placement of Anterior & Posterior Composites"

Lincoln, NE (location TBA)

Visit our NAGD website at
www.NebraskaAGD.org
for more information
on future courses. Or
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at 402.438.2321 or at
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