



Beth Meyer Synagogue
Torah • Avodah • Gemilut Hasadim

July 2019
28 Sivan—28 Tammuz 5779

המגיד

HaMaggid

The Speaker

Rabbi Jenny Solomon Turning Inwards



My in-house “Nat Geo” experts (Adi and Natan) are full of fun facts about the natural world. They recently reminded me that while bears hibernate in the winter, they are not actually “sleeping.” Rather, they are awake, even as they undergo certain physiological

processes that allow them to live adaptively beyond the winter. In effect, certain metabolic processes slow and quiet to create the optimal conditions for living and bringing about new life when the winter thaws. I can relate! As a rabbi, I also move into a modified hibernation state in the summer. Things at the synagogue slow, though they never stop, and I turn inwards. But make no mistake— this time is highly creative and productive. I prepare my classes for the year, write *drashot* (sermons) for the holidays, record new prayers and melodies to our *davenning*, and much more. It is a deeply generative time for which I am grateful.

Speaking of turning inwards, one of the things I love most about being a rabbi is paying loving attention to the inner-life— my own and those of others. Judaism invites us to perform all kinds of rituals and *mitzvot*, but we are also called to nurture our souls and to listen deeply to the wisdom that is unfolding inside of us. This is not only the task of the slower summer months or the month of Elul which leads up to the fall holidays. It is the task of a lifetime— to grow in awareness of what is happening on the inside so that we can live the most wholesome, skillful, joyful, generous, and noble lives we possibly can. With this in mind, I want to share two new initiatives that I will be introducing at Beth Meyer in the fall:

1. “Wise Aging:”

There is no set of instructions for getting older—for the shifts in our social and support networks, the feeling of

invisibility, the angst of dealing with aging parents, the mixed signals of entering retirement, or the surprising turns in our relationships with ourselves, our partners, friends, and colleagues. On the other hand, those currently in this stage can count themselves as part of an extraordinary, history-making generation—pioneers in understanding and making the most of this “third chapter” of life. Many who find themselves in this group will be blessed with unprecedented healthy years ahead, full of potential for learning and growth. As part of my training with the Institute for Jewish Spirituality, I am thrilled to be offering two “Wise Aging” series in the coming year. This nine-session experience for those who are 55 and older will take place once in the fall and again in the spring. This experience is designed to give Jewish adults a meaningful place to open up conversations about what it means to get older and to create new understandings about life so we can live with spirit, resilience and joy. If you already know you are interested, please reach out to me as group sizes will be limited. There is a fee for this course, but there are generous subsidies available thanks to the “Honey & Perry Levine Memorial Fund” for Senior Programs at Beth Meyer.

2. Monthly Mindfulness Kabbalat *Shabbat* Service and a Jewish Mindfulness Meditation Class:

Shabbat is mindfulness practice! Join me for an intimate, monthly *Kabbalat Shabbat* service as we enter *Shabbat* with meditation, reflection, deep listening, and chanting.

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I've been thinking about the many occasions when Judaism instructs us to count on things occurring at an expected time: we just finished counting the *Omer*, the 49 days between Pesach and Shavout; we count on *Rosh Hodesh*, the new month, to arrive every 28 days; we count on celebrating and honoring *Shabbat* every 7 days.

And yet, there are times when we "count on" something happening, and it doesn't. Herb Presnick, of blessed memory, was to have taken the leadership position of President of the Board of Trustees in April. We grieve our loss and Herb's family's loss, and yet we move forward and recognize that "counting on it" doesn't always mean it's guaranteed.

Nonetheless, there are things that we can count on from our Beth Meyer community: support during times of deep grief; Jewish rituals to honor, celebrate, and acknowledge life's transitions; adult education, children's education and family programs; rabbinic counseling; thought-provoking sermons and talks sponsored by various committees. At Beth Meyer, we can count on our community.

It's an honor to serve as the President of the Board of Trustees for the next 2 years. I want to recognize and thank our talented staff and all those who actively volunteer to fulfill our mission to provide spiritually meaningful prayer and holiday services, Judaic educational opportunities, youth group activities, and inspirational and social programs for all the members of our diverse community.



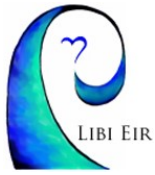
Rabbi Jenny Solomon—continued from page 1

This prayerful experience will take place one Friday night a month at 6:30 PM in the chapel and will last approximately 45 minutes. Whether you have a meditation practice or are interested in exploring mindfulness for the first time, all are welcome. If you are looking for a deeply spiritual and quiet place to unwind after a long week and enter the soulful realm of *Shabbat*, please join us! And, if you want to prepare to participate fully, CDs with all the melodies we will use will be available in the office as of July 1.

Additionally, I will be teaching an eight-session class on Jewish mindfulness meditation on Monday nights, beginning September 9. The practice of mindfulness meditation has changed my life (quite literally) and I am humbled and grateful to share it with you. This course offers the fundamental tools to expand awareness and support ourselves in becoming more consistently who we want to be in the world— all within a Jewish framework. Stay tuned for more information in the fall "Adult Education" materials. I hope you will consider joining me and growing your spiritual practice with Jewish meditation.

Friends, we all have inner lives that call to us for loving attention. It is a privilege to walk with you as a fellow traveler. I look forward to staying connected through the summer months and engaging with you through these new initiatives in the year ahead.

B' Mayim Hayim T'hiyeh,
May the living waters sustain you.
Rabbi Jenny Solomon, D. Min., Mikveh Director



Libi Eir is open throughout the summer, and our "living waters" are here to embrace you as you move through the ebb and flow of this season and your own personal journey. To make a mikveh appointment or for any additional information about the mikveh, please feel to contact me by calling the confidential mikveh line at Beth Meyer Synagogue at 848-1420 ext. 300, calling my cell phone at 214-886-5079, or sending me an e-mail at mikveh@bethmeyer.org.

Books that Ask Big Questions

I am so excited to lead our inaugural season of "Books that Ask Big Questions." We are kicking off this series on September 9 at 12:30 PM with one of my favorite Jewish books of all time: Alan Lew's, This Is Real and You Are Completely Unprepared: The Days of Awe as a Journey of Transformation. NOW is the time to get the book and start reading it! This book takes readers on a journey from Tisha B'Av (which falls on Aug. 10/11) through the end of Sukkot. I guarantee that you will never experience the holidays the same way again. This book offers us a window into the spiritual depths of our holiday season that will reconnect you to your faith with a passion and intimacy that will resonate throughout the year. Trust me— it is the ideal read for the Days of Awe, before and after, and for anyone who considers themselves spiritual seekers! I can't wait to unpack this gem with you in September!

WHEN: September 9 at 12:30 PM

WHERE: Beth Meyer Synagogue, Beit Am

WHAT TO BRING: A dairy or parve lunch and your copy of the book. We will provide drinks and dessert!

Thanks!

Jenny

Hesed News—Jasmine Medoff

The Beth Meyer Hesed Committee is a network of Beth Meyer congregants who offer support during times of illness, sadness and happiness. We do our best to provide:

- Support during times of illness including rides and organizing meals
- Transportation to and from the synagogue for services
- Mourning assistance - set up the *shiva* house, serve the meal of consolation, and support the mourners, as needed

We are also collecting gift cards to the following stores to help with supplies and meal deliveries: Target, Walmart, Harris Teeter, Lowes, Publix, Whole Foods and Trader Joe's.

We have a need for volunteers to join a new **Circle of Care** - focused on caring for an elderly individual in our Beth Meyer community who would benefit from regular visits; sharing Jewish holidays and events; select opportunities for rides, if needed; and select opportunities for meal delivery, if needed.

If you think you'd like to be a part of a new small group centered around bringing Hesed to this individual, please contact us at bethmeyerhesed@gmail.com.

Ways to help: Contact us at bethmeyerhesed@gmail.com to join the Hesed committee or add your name to our volunteer list. Click [here](#) to donate to the Hesed Fund.



Adult Education Committee—Amy Ripps

Our summer book club has been meeting regularly on Wednesday evenings as we work our way through the Deborah Lipstadt book, Antisemitism: Here and Now. We tackle one chapter each week - which means that you can join us at any time! We'll be meeting on July 10, 17 and 24 for chapters 5, 6 and 7, respectively.

The Adult Education Catalog for the fall will be ready by the beginning of August. We will send an email link to access the catalog online and it will be sent in US Mail to all who generally receive HaMaggid via USPS. There will also be hard-copies available in the synagogue lobby and at our "booth" at Summer Schmooze on Sunday, August 18!

**From Amy's Desk—Religious School**

We had a glorious celebration for Shavuot last month - many thanks to all those who helped out and all those who attended!

Progress reports were mailed in mid-June. All families with students who were in our kindergarten through 8th grade should have received this mailing. Please contact the office if you did not.

All school families should pay close attention when the Guide for the Yamim Noraim booklet arrives in your mailbox later this month. Inside is the information for the childcare programs during the Holidays - and those forms will be due back at our opening program on Sunday, August 25.

The school will also be sending out a mailing in late July with information for the upcoming school year. If you don't hear from us by mid-August, make sure to contact us.

By the end of July, Cathy Kaplan, Deborah Goldstein, Karen Bograd, and I will all be heading to the NewCAJE conference, this year in Portland, OR. We are all looking forward to learning as much as we can at the conference so that we can bring it back home to Beth Meyer. Please note, though, that this does mean that the school office will be closed from July 26 through August 5.

Library News—Rita Gerber

The library is full of surprises. Aside from books, CD's and DVD's, we have newspapers and magazines for you to peruse. The newspapers are the *Jerusalem Post* and *Forward*. The magazines of interest are:

- *Avotaynu* – a wonderful resource on genealogy
- *Commentary*
- *Hadassah*
- *Jewish Book Review*
- *United Synagogue* – voices of Conservative/Masorti Judaism
- *Eretz*—magazine of Israel
- *Lilith*
- *Moment*
- *Sh'ma* – *Journal of Jewish Ideas*
- *The Israel Philatelist*
(check out the wonderful articles by our own Gene Eisen)

Look for some wonderful reading on the free cart. Summer is our clean out time – books not taken by congregants will be donated at summer's end. And be sure to return your overdue books as it helps us when we do our summer inventory.

It takes a lot of work to maintain our library. The library committee meets on Thursday morning from 10am—12pm. Thank you to our dedicated volunteer library staff of Denise Friedrich, Margaret Israelson, Betty Mandel, Lois Rabinowitz, and Norma Zendels for all their help this month.

If you have any book suggestions or ideas for improving our library give me a call at 919-846-5835 or email bethmeyerlibrary@gmail.com.



Welcome to ShulCloud

By now, many of you have read about Beth Meyer's migration to ShulCloud, a new, state-of-the-art Congregant Management System (CMS). Over the next several weeks, we will be sharing information on how best to take advantage of ShulCloud's versatility. As a sneak preview, in addition to the current forms of payment that you have been using over the years (check and monthly bank draft), members will have the option to pay their annual dues in full using a credit card (plus a 3% convenience fee) or eCheck (no fee).

Another significant change occurring as a result of the migration is that all bookkeeping, financial and membership-related recordkeeping will be provided in-house by Rebekka Mastin. Over the last 18 years, David Perlmutter has provided endless support in maintaining our financial and membership records and database. His efforts went above and beyond that of Beth Meyer treasurer and we are eternally grateful to him. Going forward, should you have any financial or account questions, please direct those to Rebekka Mastin at admin@bethmeyer.org.

Thank you for your continued support of Beth Meyer.

Your Beth Meyer ShulCloud Implementation Team,
Cathy Kaplan
Rebekka Mastin
Susan Sugar



Picnic *Shabbat* Dinner and Musical *Kabbalat Shabbat* Services

Friday, July 5th
6:30 pm on the Field
Services starting at 8:00pm

In town for July 4th weekend? Join us for *Shabbat* dinner at 6:30pm on the field. Bring a blanket or chairs, and a dairy/parve meal. We'll provide desserts and drinks.

Afterward, Josh will start services outside with guitar and song. Sundown is around 8:30pm, so we'll light candles and move inside for *ma'ariv*, the formal evening service.

RSVPs are appreciated so we can have enough nosh. Email programming@bethmeyer.org to let us know how many you'll be.



Beth Meyer Synagogue Summer Schmooze

August 18th
10:00am—Noon
Raleigh-Cary JCC

Our programming schedule winds down a bit over the summer, but don't worry – we're already making plans for next year. Save the date for our end of summer kickoff at the JCC. Synagogue committees will be represented at our programs fair. You don't have to be a member to attend this all-ages program. The pool will be open.



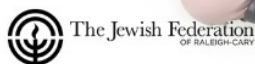
Please Welcome Sarah Beall!



Sarah Beall has accepted the position of part-time administrative assistant replacing Kathy Hart who is set to retire mid-July, 2019. Sarah spent the majority of her career working in the IT field, and most recently was the office assistant at White Oak Baptist Church in Clayton, NC. Sarah will be spending the next few weeks cross-training with Kathy Hart during the hours of 10am-2pm. Please stop by and say “hello” to the newest member of the Beth Meyer team!

Wishing Kathy Hart All the Best in Retirement!

Kathy Hart has been a dedicated and valued member of the Beth Meyer office staff since she started in August of 2015. In her retirement, Kathy plans to devote her time to volunteering with Transitions Hospice and continuing her volunteer activities with White Memorial Presbyterian Church. While we will miss Kathy’s daily contributions to the office, she has agreed to provide vacation coverage, as needed. Kathy’s official last day in the office will be Friday, July 12, 2019. Thank you, Kathy, for EVERYTHING!



Although this is a free event, please RSVP so we have a count for the show.

<https://www.shalomraleigh.org/jfed-events/2019/3/27/israeli-scouts-the-tsofim-are-here>

Sisterhood News—Cathy Kaplan

The Judaica Shop will not have regular hours over the summer, but staff is always available for your shopping needs. If you would like to come in to shop or browse, please contact [Diane \(innervision88@hotmail.com\)](mailto:Diane@innervision88@hotmail.com) or [Ann \(aptosky@gmail.com\)](mailto:Ann@aptosky@gmail.com) to set up an appointment.

Thinking ahead to fall, volunteers are needed to help the Judaica Shop run smoothly. If you can help for an hour or two each week or even every once in a while, please contact Ann.

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**The Torah Fund Campaign of Women's League for Conservative Judaism** is the dedicated philanthropy of Women's League, its members, and its affiliated sisterhoods in Conservative congregations across North America. Torah Fund strengthens Jewish education by supporting scholarships and programming at Conservative/Masorti institutes of higher Jewish learning.

Gail Sherman runs our Torah Fund Card program. For a small fee of \$4, Gail will send a beautifully designed Torah Fund Card to the recipient of your choice. Your friend or loved one gets a beautiful card in the mail with your name on it, and the money goes to support higher Jewish education. A win-win. You can contact Gail at [gsherman754@aol.com](mailto:gsherman754@aol.com) or 919-264-6037.

**Torah Fund**  
Women Ensuring Conservative/Masorti Jewish Education



Direct donations to Torah Fund can be made by clicking [here](#). Those donating at least \$180 over the course of a year receive a commemorative pin.

**ANTISEMITISM**

**HERE AND NOW**

**DEBORAH E. LIPSTADT**

**SUMMER BOOK CLUB**

Join us as we work our way through this important book. Each week we will tackle a new chapter, using a study guide developed by the Covenant Foundation.

Wednesday evenings, 7:30 pm  
(after minyan)

July 10, 17 and 24

**Girl Scouts Troop 525 News**

Troop 525 wrapped up a great year on June 2nd with their Bridging/Year End ceremony. We have 12 new Brownie scouts, 5 new Juniors, 1 new Cadette, and 4 new Senior Scouts. We are looking for girls entering K through 10th grade who are interested in exploring new horizons and having lots of fun! Contact Karen Bograd at [karenbograd@yahoo.com](mailto:karenbograd@yahoo.com) for more information!



**Girl Scouts®**

**Boy Scout Pack 390**

Meetings are Sundays at 3pm at Beth Meyer Synagogue in the Social Hall.

Grades K-5 are welcome to join.

For more information, contact Teddy Spiliopoulos ([hellenicjew@gmail.com](mailto:hellenicjew@gmail.com)).

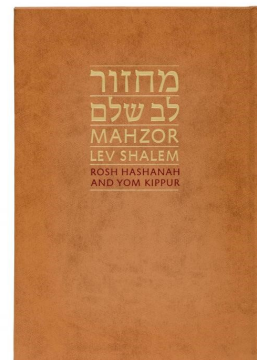




## Mahzor Lev Shalem Fundraiser

Support our congregation in purchasing the Conservative Movement's newest High Holiday prayer book—*Mahzor Lev Shalem*! This book represents the best of the Conservative movement and promises to be inspiring and relevant for years to come.

- Please help Beth Meyer Synagogue raise the money needed to fill our sanctuary with 700+ new *mahzorim* by 5781 (fall 2020)!
- For each \$54 donation, a *mahzor* nameplate will be inscribed in honor of or in memory of your loved one and a card will be sent to the honoree or to the family of those memorialized. You can also make a general donation to support the fund.



To find more information and make a donation, please see the form on page 9 or visit <https://bethmeyer.org/giving/mahzor-lev-shalem>.

Our **Mahzor Lev Shalem Fundraiser** is ongoing. We are pleased to recognize the following individuals who have already contributed to the campaign:

- |                              |                               |                               |
|------------------------------|-------------------------------|-------------------------------|
| • Alan & Maureen Arons       | • Sue & Marc Finkel           | • Iris & Harvey Sapir         |
| • Rose Ackermann             | • Claudia Fuerst              | • Randi Saulles               |
| • Anita Adelson              | • Michael & Giuliana Gage     | • Sharyn & Charles Shapiro    |
| • Stacy & Craig Becher       | • Deborah Green               | • Rabbis Jenny & Eric Solomon |
| • Betty Mandel & Ron Bidwell | • Jessica Lichtenfeld         | • Nina Wand                   |
| • Linda & Danny Brinkley     | • Drs. Bruce & Laura Presnick | • Alison & Seth Weinreb       |
| • Stephen Feldman            | • Beth & Stephen Rossen       |                               |

## Torah Blessings

Many of you have noticed something new on the *bimah* - a new printed copy of the Torah blessings. Why the change?

The Hebrew font was a very old style. The new font is updated and clear, more closely matching our *siddurim*, as well as the curricular pieces used in the Religious School.

The new text makes the call and response nature of the blessings easier to see. The old copy had instructions out to the side reminding the reader to repeat after the congregation. (But who has time to read instructions when faced with a page of Hebrew?!) The new copy makes a clear distinction between the role of the congregation and the role of the person reciting the blessings, using both highlighting and expanded text.

We hope this new text will help increase the comfort level of everyone being honored with an *aliyah* to the Torah; including visitors, *b'nai mitzvah* students, and those who may be new or returning to Judaism, as well as our wonderful Beth Meyer congregants.

## BEFORE TORAH READING

### YOU SAY

|                               |                   |
|-------------------------------|-------------------|
| Bar'chu et Adonai ham'vorach! | ברכו את יי המברך. |
|-------------------------------|-------------------|

### CONGREGATION SAYS

|                                        |                          |
|----------------------------------------|--------------------------|
| Baruch Adonai ham'vorach l'olam va'ed! | ברוך יי המברך לעולם ועד. |
|----------------------------------------|--------------------------|

### YOU SAY

|                                                                                                                                                    |                                                                                                         |
|----------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| Baruch Adonai ham'vorach l'olam va'ed!                                                                                                             | ברוך יי המברך לעולם ועד.                                                                                |
| Baruch Atah Adonai<br>Eloheinu Melech ha'olam<br>asher bachar banu mikol ha'amim<br>v'natan lanu et Torato.<br>Baruch Atah Adonai, notein haTorah. | ברוך אתה יי אלהינו מלך<br>העולם, אשר בחר בנו מכל<br>העמים ונתן לנו את תורתו.<br>ברוך אתה יי,נותן התורה. |

## AFTER TORAH READING

### YOU SAY

|                                                                                                                                                       |                                                                                                            |
|-------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|
| Baruch Atah Adonai<br>Eloheinu Melech ha'olam<br>asher natan lanu Torat emet<br>v'chayei olam nata b'tocheinu.<br>Baruch Atah Adonai, notein haTorah. | ברוך אתה יי אלהינו מלך<br>העולם, אשר נתן לנו תורת<br>אמת, וחיי עולם נטע בתוכנו.<br>ברוך אתה יי,נותן התורה. |
|-------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|



**Mahzor Lev Shalem Fund**

Thank you for supporting the *Mahzor Lev Shalem* Fund.

**Contribution Amount**

Individual *Mahzorim*: \_\_\_\_\_ (number) *Mahzorim* x \$54/*Mahzor* = \$ \_\_\_\_\_

General Donation: \$ \_\_\_\_\_

**TOTAL** (please submit check in this amount): \$ \_\_\_\_\_

**Contributor Information**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Donation Details**

*Is your donation in honor or in memory of someone? Please share as much information as you have.*

Tribute Type

In Honor Of

In Memory Of

On Occasion Of \_\_\_\_\_

Tribute First Name: \_\_\_\_\_ Tribute Last Name: \_\_\_\_\_

Tribute Notification First Name \_\_\_\_\_

Tribute Notification Last Name \_\_\_\_\_

Tribute Notification Street Address \_\_\_\_\_

Tribute Notification City \_\_\_\_\_

Tribute Notification State/Province \_\_\_\_\_ Tribute Notification Postal Code \_\_\_\_\_

**Mahzor Bookplate Inscription Details**

Below, or on a separate enclosed page, please list how you would like your name(s) listed on the book plate(s). Also, you may add a personal line of text, up to 100 characters.

*Eg: "This mahzor is dedicated in honor of John Smith on the occasion of his Bar Mitzvah by Jane Doe."*

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## Archives—Harlan Shays

Arguably, there is only one former synagogue in Raleigh -- the previous home of Beth Meyer Synagogue in Cameron Park. Early on, our congregation and Temple Beth Or each met in rooms over store fronts downtown, but the building at the corner of St. Mary's and West Johnson streets is the only one built as a synagogue that's still standing and serving another purpose.

Beth Meyer constructed the "West Johnson Street building" in 1950. It was expanded in 1971, and sold after we moved to Newton Road in 1983. The former synagogue was then transformed into an office building. Five years ago the property now known as 601 St. Mary's was sold for \$1,825,000. Tax records list the current assessed value as over \$2.1 million. The neighborhood, between Hillsborough and Peace streets, is one of Raleigh's hottest for new multifamily housing. With relatively low utilization of its land by current standards, the future didn't look good for our former home.

But in a happy turn of events, the property's owners have been working with the architecture firm New City Design to enlarge the office building and preserve a large portion of the original exterior. According to the website *ITB Insider*, the owners want to remove 2,900 square feet of the existing building, then add 7,000 square feet of new space, for a total of 12,800 square feet.

As the accompanying photos show, the southern portion of the building will be demolished. During its Beth Meyer days, the building's library and administrative offices were located there. The most prominent feature of the building will stay, the "bay window" that was once the eastern end of the sanctuary. While the middle window of the bay was added after Beth Meyer moved out, it's still easy to see where the congregation gathered to pray for many years.

With any luck, the building will be renovated as depicted in the images, and our previous home will be unmistakable for anyone who searches for it.

If you have any pictures that were taken inside the West Johnson Street building, we would be interested in seeing them, and possibly scanning them for the Beth Meyer Archives. Thank you for your support of our archives.



The proposed new look of our former home from the St. Mary's Street side

## Archives—continued



The synagogue we built in 1950 as the office building is today



Side-view of the proposed renovations: A mid-century styled addition to an actual mid-century building



**Progressive Kehillah—Svi Shapiro****"Standing Up to Hate" Event at Beth Meyer Was a Promising Success**

Hate crimes and hate groups are increasing in North Carolina, around the country, and around the world. North Carolina now has over 40 active hate groups. White supremacy groups targeting college campuses are at an all time high. Does a week or even a day go by without news of another shooting, another attack against a synagogue, church, or mosque, or against an LGBTQ person, immigrant, minority or other object of hate merely because of who they are? We must rise to the occasion, all of us together. For Jews in a very personal way, the emergence of renewed fascist movements in the United States and Europe compel us once again to engage in the struggle against those who deny and manipulate truth, demean minorities, undermine the value of a free and independent press, stir authoritarian passions, and undermine hard-won notions of human rights and equality.

All that was the inspiration for and informed the substance of an event, "Standing Up to Hate," at Beth Meyer Synagogue on June 2, 2019. Sponsored by the Beth Meyer Social Action Committee and the Progressive *Kehillah* at Beth Meyer, about 125 people attended from affected groups all over Raleigh, including from Christian, Muslim, and Jewish faith communities, people active on behalf of immigrants, and others.



The speaker, Ms. Tafeni English, from the Montgomery-based Southern Poverty Law Center (SPLC), gave a presentation about the categories of groups they track, the definitions of a hate crime and hate groups, and the rise in incidents associated with hate groups and hate speech. While the existence of all this should not come as a surprise, hearing it and seeing it in Ms. English's pictures and data in stark terms was unsettling. And yet, we found much gratification in the community-building occurring in our synagogue, and a beautiful

irony in how acts of hate are bringing its targets together to care for each other and join forces.

The event was intended to be the first in a series ultimately leading to a lasting local coalition of caring and support. Our goal is to create a community dedicated to working together toward a world in which hate and hate-related violence have no place. The day concluded with discussion of what the next steps might be. Soon, the Social Action Committee and Progressive *Kehillah* will send an email about the next steps to the attendees and others who are interested, as we begin to develop a plan of action.



If you would like be kept informed, and hopefully join in this task, please contact the Progressive *Kehillah* to be placed on the email list and share any ideas you might have: [PKatBethMeyer@gmail.com](mailto:PKatBethMeyer@gmail.com)



For more information about the Southern Poverty Law Center, a renowned organization that documents hate and litigates for social justice, visit their web site and browse their many resources and publications, particularly their pamphlet "10 Ways to Fight Hate":  
<https://www.splcenter.org>  
<https://www.splcenter.org/20170814/ten-ways-fight-hate-community-response-guide>

The Anti Defamation League is probably the leading data repository for hate group tracking: <https://www.adl.org/>

**"You are not required to finish the task but neither are you free to refrain from beginning it." Pirke Avot**



**Progressive Kehillah—continued****The Mitzvah of Expanding Medicaid in North Carolina**

**WHEREAS human life is of infinite value (Genesis 1:27) and preservation of life supersedes almost all other considerations (*pikuah nefesh*) -Rabbinical Assembly**

This summer the North Carolina General Assembly will have the opportunity to fulfill a great 'mitzvah' when it can decide to expand Medicaid to hundreds of thousands of our fellow low income and vulnerable citizens. This is something that has already happened in 36 other states (both Democratic and Republican controlled). The evidence for the health and financial benefits of this expansion is overwhelming. More than 200 studies have shown that expansion dramatically increased access and affordability of medical care. Research shows that it has resulted in significant rate reductions in infant mortality, increased cancer diagnosis, especially early stage diagnosis, increased coverage for medications to treat opioid disorders and reduced the probability of rural hospital closures. Some might argue that the increase flow of patients will add to doctors' waiting times (personally a small inconvenience given the knowledge that my neighbor could now afford health care). But this would also suggest we will need to prepare more physicians, nurses, therapists and other health workers—all of which would be an overall benefit to the future employment picture in our state.

**And WHEREAS the Rabbinical Assembly encourages us to continue to promote a system of health care that is inclusive, affordable, accessible and accountable and that members of the Rabbinical Assembly advocate with their state appointed and elected officials for expanded access to health insurance.**

But more than arguments about costs and numbers, the expansion of affordable health care is a powerful expression of our highest Jewish moral and spiritual values. This is made clear in the numerous resolutions of the Rabbinical Assembly of our conservative synagogue movement. It is for this reason that members of Beth Meyer Progressive Kehilla group have recently passed the resolution to support those in our legislative and executive branches of government who are working to pass a Medicaid expansion in the current session of the General Assembly. And we encourage members of our congregation to make their voices heard in this critical moment. As Rabbi Hillel taught: "If I am not for myself, who will be for me? But if I am not for others, what am I, and if not now when?"

**The 72nd Annual B'nai B'rith Institute of Judaism**

August 12-15, 2019

At the Wildacres Retreat in Little Switzerland, North Carolina

**"A TAPESTRY OF JEWISH THOUGHT"**

For more information, please contact Bill Carr at [bcarr3522@gmail.com](mailto:bcarr3522@gmail.com). He can provide more details on the speakers and films to be shown. You can also call Marion Rosencrans, a Wildacres attendee, at 561-694-1059 for more information.

Accommodations are \$390 pp, 2 in a room. The fee includes everything: tuition, lodging, three kosher meals per day, patio discussions with the speakers, movies, evening entertainment, and tips for the Wildacres staff. Free tennis lessons are available for those interested. There are Tai Chi sessions for milder exercise. The age group is mostly seniors, but younger people have attended and are encouraged to register.

Website: [www.bnai-brith.wixsite.com/wildacres](http://www.bnai-brith.wixsite.com/wildacres)

# Oneg and Kiddush Contribution Form

Is there a birthday coming up or a milestone anniversary around the corner? Is there an *aufruf* or baby-naming in your future? Have you been given an *Aliyah* (honor) or received a special blessing? Why not consider supporting Beth Meyer's tradition of "Southern Hospitality" and contribute toward a Friday night *Oneg* or *Shabbat* morning *Kiddush* in recognition of a special *simhah*, honor or in memory of a loved one. Beth Meyer values the opportunity for the community to gather together following *Shabbat* services. This time after services gives us the chance to visit with friends and welcome newcomers to our community.

Donations amounts are \$100 to sponsor the Friday evening *Oneg* of a dessert nosh and \$500 to sponsor a *Shabbat Kiddush* lunch for up to 100 people. You may wish to combine resources with a friend or group to jointly co-sponsor either. Your donation will be noted in our weekly *Shabbat* bulletin along with the occasion or individual you are honoring or remembering. Your contribution may be made for the *Oneg* or *Kiddush* on any of the available dates listed below.

If you would like to consider a date farther in the future, just call the synagogue office at (919) 848-1420. Please fill out the information below and return this form, together with your check made payable to Beth Meyer Synagogue, to the synagogue office. Please note the purpose, "*Oneg*" or "*Kiddush*," on the memo line. Thank you!



Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Enclosed is my donation of \$ \_\_\_\_\_

Apply my donation to the following date \_\_\_\_\_

My donation is in honor of/in memory of (circle one)

\_\_\_\_\_  
(name or occasion)



Please return your payment and this form  
to the synagogue office.

Beth Meyer Synagogue  
504 Newton Road  
Raleigh, NC 27615  
919-848-1420

| Oneg -<br>Friday Night | Kiddush -<br>Shabbat<br>Morning |
|------------------------|---------------------------------|
| July 5                 | sponsored                       |
| July 12                | July 13                         |
| July 19                | July 20                         |
| July 26                | July 27                         |
| August 2               | August 3                        |
| August 9               | August 10                       |
| sponsored              | sponsored                       |
| sponsored              | sponsored                       |
| August 30              | August 31                       |
| sponsored              | sponsored                       |
| Sept. 13               | sponsored                       |
| sponsored              | sponsored                       |
| Sept. 27               | sponsored                       |

**Social Action Committee—Call to Action**

The Rohingya people, a predominantly Muslim ethnic group of Burma, have suffered a genocide. Over a million have fled from their homes and are living in camps in Bangladesh. Congress will soon introduce a powerful bill that will support the Rohingya people as they recover from their devastation and seek justice. American Jewish World Service (AJWS) is building [a wide network of Jews](#) who are ready to take action and urge their Senators to support this bill **as soon as it IS INTRODUCED!** [Sign up here with your email and zip code to join the movement](#) and be the first to know when Congress needs to hear from you.

**Summer Office Hours**

Please note during the summer the synagogue office will be open:

Monday—Thursday 9:00am to 4:00pm  
Friday 9:00am to 2:00pm



**COMING  
SOON!**

**Project *Kavod*: Honoring One Another**

**COMING  
SOON!**

It really isn't too early to start thinking about the upcoming *Yamim Noraim* (High Holy Days) and ways to recognize those who make a difference in our lives. Beth Meyer is pleased to introduce Project *Kavod* - an opportunity to honor one another.

*Start the new year with a mitzvah.*

There are over 90 honors and *aliyot* that you can purchase to honor your friends, family, teachers and others with special recognition during *Yamim Noraim*:

Erev Rosh Hashanah - September 29

Rosh Hashanah - September 30 and October 1

Kol Nidre - October 8

Yom Kippur - October 9

Look for more information and details coming soon!



**Social Action Committee—Deborah Goldstein****Let all who are hungry come and eat.**

The population of Wake County is 998,576. Of that number 126,480 are food insecure.\* That means that 12.7% of our fellow Wake County citizens don't know where their next meal is coming from. Of that number, 41,060 are children under the age of 18. 34.5% of school children in Wake County qualify for free or reduced lunch and/or breakfast. That's 54,608 children who go to school hungry, who don't have enough to eat on weekends or school holidays, who depend on the meals they get at school to keep them from going hungry altogether. Some of those children sit next to your children in class, play on the playground with them, ride with them on the bus. That's 16.5% of all the children in Wake County. The number of individuals over the age of 65 who are food insecure is 5,667. Will that be you or me one day?

And all this when the unemployment rate in 2018 was 3.6% but the poverty rate was 11.1%. That means that the majority of the food insecure in Wake County are working and despite that are still dependent on assistance to meet their daily food needs.

In 2017-18, the Food Bank distributed 11,040,900 meals in Wake County. They distributed 13,111,069 pounds of food.

The Jewish community is not exempt. Within our own community, many families worry about where their next meal is coming from.

Over a year ago, the Board of Trustees of Beth Meyer Synagogue adopted a resolution expressing our commitment to addressing this need on an on-going basis. (Click [here](#) to see the resolution). The first step we took was to commission the beautiful collection cabinet in the lobby of the main building. (*Kol HaKavod* to Steve LaSala for his amazing work). The next step was to identify the organizations we wanted to support in this effort. We chose the Inter-Faith Food Shuttle and Jewish Family Services Food Pantry. The last step was to establish a rotation for contributions. Based on suggestions from the Interfaith Food Shuttle and JFS regarding their times of peak need, we will follow this schedule for the remainder of the calendar year.

**Donation Schedule: 2019****July and August: Interfaith Food Shuttle****September: JFS****October: Urban Ministries (our annual Kol Nidre food drive)****November and December: JFS**

There will be reminders on the Social Action Facebook page, the weekly bulletin, the *Shabbat* announcements and the monthly HaMaggid. There will be flyers available in the lobby and posted on the collection cabinet itself with specific needs.

The Social Action Committee hopes to make donating food as much a part of the life of this synagogue as coming to shul, sending your children to religious school, attending social events or lighting your *Shabbat* candles. We all shop for food. Buy an extra can of something and put it in your car. Next time you drive to shul drop it off in the collection cabinet.

If you have any questions, please contact me at [bmssocialaction@gmail.com](mailto:bmssocialaction@gmail.com)

\*Low Food Security: Homes that often must make tough choices about the amount and quality of food they are able to provide their families.

Very Low Food Security: Homes that often miss meals.

According to the USDA, in the past year more than 90% of these families worried that food would run out; nearly 80% could not afford a balanced meal; and individuals in 96% of homes with very low food security skipped meals in order to make food last longer.



## Called to the *Bimah*: A New Inclusive Step at Beth Meyer Synagogue

During *Shabbat*, weekday, and holiday services, Beth Meyer follows the tradition of calling honorees to the *bimah* by their Hebrew names. As part of our continuing effort to develop services that are intentionally inclusive of all community members, we are taking a step to offer new language options that fully acknowledge the presence of participants by accommodating all gender identities and family constructs. Starting immediately, we offer three recommended name formats:

First Name *bat* (daughter of) Parent(s) Names or Avraham and Sarah

First Name *ben* (son of) Parent(s) Names or Avraham and Sarah

First Name *mi'beit* (from the house of) Parent(s) Names or Avraham and Sarah

If you have a preferred way to be called to the *bimah*, please email [programming@bethmeyer.org](mailto:programming@bethmeyer.org) so we can update our database and the gabbai's name cards. If you have questions about gender diversity and inclusion at our shul, feel free to contact Rabbi Eric, Rabbi Jenny, or Josh Orol.

## Ritual Committee—Sherry Shapiro

### THE RETURN OF A CONGREGANT-LED MUSAF SERVICE

The Ritual Committee of Beth Meyer Synagogue is pleased to announce the return of the congregational led *Musaf* service. We welcome our new coordinator, Jeff Margolis.

*Musaf* began at the time of the ancient Temple when sacrifices were part of our rituals. On *Shabbat*, *Rosh Hodesh*, *Rosh Hashanah*, *Yom Kippur* and the Festivals, additional sacrifices were offered and there needed to be time and a format during service to receive them.

In the spirit of education, we thought we might hold a **learning session for congregants** to explore the following questions: Why have a *Musaf* Service? What are the origins? How can I learn how to lead a *Musaf* Service?

Here is a taste of one answer to why a *Musaf* service. There may be a bit of Sukkot “mentality” here. As the end of this holiday approaches, there is an expressed understanding between God and Israel to stay and dwell just a little longer in the Sukkah together. Similarly, our joy that we have been given to experience during *Shabbat* is unconstrained. When the melodies, the davening (PRAYER), and discussion are pleasant, there can be a natural desire to want to linger and enjoy just a little bit more.

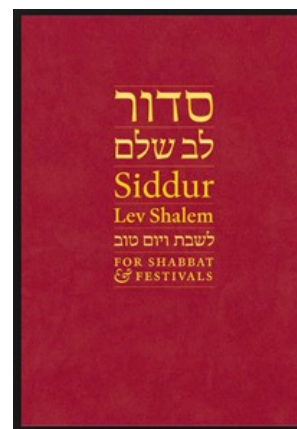
We will be welcoming back not only the “old hands” but also a new generation of scholars to our *Musaf* roster. What a great way to contribute to the life of the synagogue, put your own personal stamp on the service for others to share, and to honor those educators who have given you the foundation of what you know Jewishly today! Looking forward to hearing those happy voices again soon!

Please contact Jeff Margolis if you are interested in learning more about the *Musaf* Service, how to lead the *Musaf*, and/or sign up to be a future leader. You can reach Jeff via email: [ffejsilogram@gmail.com](mailto:ffejsilogram@gmail.com)

Educational Resource: <https://www.bethmeyer.org/musaf-and-concluding-prayers>

<https://www.jewishvirtuallibrary.org/musaf>

Sherry Shapiro, Chair Ritual Committee  
Jeff Margolis, *Musaf* Coordinator



## Beth Meyer Synagogue Seat Plaque Order Form

Thank you for purchasing a seat plaque in the Beth Meyer Synagogue Sanctuary.  
You have up to four (4) lines of text. The size of the font will be determined by the  
number of characters on the longest line of the text. See examples below.

Dedicated by  
Lyn & Howard Satsky  
In Honor of  
Our Children

In honor of  
Deena Shapiro  
Becoming a Bat Mitzvah  
February 25, 2012

Dedicated by  
The Brown Family  
In Memory of Beloved Grandparents  
Morris and Rose Brown

In Memory of  
Our Beloved Grandparents  
Dedicated by  
The Brown Family

Text for Plaque:

Line 1 \_\_\_\_\_

Line 2 \_\_\_\_\_

Line 3 \_\_\_\_\_

Line 4 \_\_\_\_\_

Your Name \_\_\_\_\_

Phone number \_\_\_\_\_

E-mail \_\_\_\_\_

Seat plaques are **\$720** each.

Make check payable to:  
Beth Meyer Synagogue  
504 Newton Road  
Raleigh, NC 27615  
919-848-1420

**Yahrzeits**

|        |                     |        |                      |        |                    |
|--------|---------------------|--------|----------------------|--------|--------------------|
|        |                     | 23-Jul | Larry Mills          | 19-Jul | Evan Schechtman    |
|        |                     |        | Bernard Karjala      | 22-Jul | Marc Farber        |
| 1-Jul  | Edna Marblestone    | 25-Jul | Carol Langsam        | 23-Jul | Stephen Sheriff    |
| 2-Jul  | Dorothy Kravetz     |        | Karen Sheriff        |        | Scott Sheinbaum    |
|        | Sam Schwartz        |        | Lillian Fox          |        | Aubree Strickland  |
|        | Yetta Schwartz      |        | Peter Stein          |        | Seth Effron        |
| 3-Jul  | Rose Dembow         |        | Joan Fein            | 24-Jul | Bette Gabel        |
| 4-Jul  | Evelyn Deitch       |        | David Rosenthal      |        | Ellina Max         |
|        | Hannah Klein        |        | David Mytelka        | 25-Jul | Phyllis Diehl      |
| 5-Jul  | Sadie Lasher Pizer  | 26-Jul | Irving Fruchter      |        | Whitney Clarke     |
| 6-Jul  | David Wolborsky     |        | Shirley Pizer Levine |        | Geraldine Deitz    |
| 7-Jul  | Paula Strauss       |        | Violet Honeyman      |        | Mildred Corwin     |
|        | Irving Azersky      |        | Harold Frankel       |        | Jennifer Bell      |
| 8-Jul  | Leo Waldenberg      | 27-Jul | Mildred Weiner       | 26-Jul | Robin Dorfman      |
| 10-Jul | Frances Goldberg    |        | Ruth Kingberg        |        | Louis Sands        |
|        | Rivka Jablonover    |        | Leslie Steinberg     |        | Lillian Smalheiser |
|        | Mildred Galper      |        | Adam Stein           |        | Phyllis Siegel     |
| 11-Jul | Dora Satsky Horwitz |        | Carol Ann Strauss    | 27-Jul | Rachel Bridgeman   |
|        | Siegfried Strauss   | 28-Jul | Helen Perlmutter     | 28-Jul | Brian Doerfler     |
|        | Leona Sheriff       |        | Sylvia Alperin       |        | Lois Rabinowitz    |
| 12-Jul | Arthur Zamansky     |        | Arthur Price         |        | Cindy Cadman       |
|        | Irwin Rothman       | 29-Jul | Daniel Sands         | 29-Jul | Jonathan Buxbaum   |
| 13-Jul | Lorena Farley       |        | Leon Jablonover      |        | Beth Rossen        |
|        | Jeanette Rabinowitz |        | Daniel Sands         |        | Lauren Postyn      |
| 14-Jul | Alan Becker         |        | Regina Fleischer     | 30-Jul | Carol Feldman      |
|        | Laura Drawas        | 30-Jul | Morris Oberhardt     |        | Claudia Kadis      |
| 14-Jul | Howard Guld         | 31-Jul | Daniel Leviton       |        | Saul Schiffman     |
|        | Ann Magarik Kaplan  |        | Leah Blatter         |        | Gail Sherman       |
| 15-Jul | Peter Grossman      |        | Gertrude Goldberg    | 31-Jul | Tamra Green        |
|        | Lillian Dickman     |        |                      |        | Elaine Gallo       |
|        | Arie Elster         |        |                      |        | Mor Kantor         |

**Birthdays**

|        |                        |        |                    |
|--------|------------------------|--------|--------------------|
| 16-Jul | Ganya Rokach           | 1-Jul  | Nancy Gordon       |
|        | Louis Goldstein        |        | Jan Kirschbaum     |
|        | Arthur Marblestone     | 2-Jul  | Natalie Guld       |
|        | Rae Berman             |        | Brian Weiss        |
|        | Gerald Powell          |        | Edward Neuwirth    |
| 17-Jul | Peter Baumgarten       | 3-Jul  | Amy Bush           |
|        | Lee Hessel             | 4-Jul  | Frances Pensler    |
|        | Naomi Kaplan           |        | Edward Feldman     |
| 18-Jul | Reba Dockins           | 6-Jul  | Hannah Mackler     |
|        | Nettie Gage            | 7-Jul  | Roberta Lang       |
|        | Roberta Oberhardt      | 8-Jul  | Jesslyn Perlmutter |
|        | Hannah Goldberg        |        | Barbara Goldstein  |
| 19-Jul | Solomon Rind           |        | Zachary Wineburg   |
|        | Gilbert Lee Shugar     | 9-Jul  | Jennifer Etkin     |
|        | Jean Harris            | 10-Jul | Richard Cristol    |
| 20-Jul | Eleanor Cohen Schwartz | 14-Jul | Melanie Willins    |
|        | Alvin Singerman        |        | William Stauffer   |
|        | Sara Kurlanzik         | 15-Jul | Amy Hollander      |
|        | Betty Pekarsky         | 16-Jul | Sandi Bouchard     |
| 21-Jul | Fred Lebos             |        | Marc Hirshenson    |
| 22-Jul | Betty Aronson          |        | John Zaremba       |
|        | Bonnie Novick          | 17-Jul | Steven Kaye        |
|        | Israel Israelson       |        | Anne Teicher       |
|        | Marshall Effron        | 18-Jul | Joyce Trzoniec     |
| 23-Jul | Lawrence Kindler       | 19-Jul | Courtney Raskob    |
|        | Sarah Bernstein        |        | Nancy Sosnik       |
| 23-Jul | Ray Lewin              |        |                    |

**Anniversaries**

|        |                                        |
|--------|----------------------------------------|
| 1-Jul  | Brian & Debbie Orol                    |
|        | Michael & Tracy Zimmerman              |
| 2-Jul  | Gregory & Michelle Tayrose             |
|        | Brian & Susan Weiss                    |
| 3-Jul  | Howard Shareff & Barbara Vosk          |
|        | Sharon & Eric Moe                      |
|        | Michael & Jacqueline Powell            |
| 5-Jul  | Arnold & Pamela Weksler                |
|        | David & Jane Aksel                     |
| 7-Jul  | Stuart & LeeLee Appelson               |
| 10-Jul | Zakai Segal & Jorie Slodki             |
| 11-Jul | Adam & Lauren Postyn                   |
| 14-Jul | Richard & Arian Burtman                |
|        | Stuart & Sharon Schwartz               |
| 18-Jul | Michael & Virginie Rumsch              |
| 19-Jul | Melissa Thirer-Hayward & James Hayward |
| 23-Jul | Roger Grissom & Lynn Mindel            |
| 27-Jul | Marissa & Matthew Griffith             |
|        | Steven & Marcie Novick                 |
| 28-Jul | Andrew & Brittany Pais                 |
|        | Arlen & Sara Schweiger                 |
| 29-Jul | Kenneth & Naomi Kramer                 |

**Donations—May 17—June 16, 2019****Adult Education/SIR**

- Mindy & Bruce Oberhardt in memory of Stan Fox
- Mindy & Bruce Oberhardt in memory of May Moskowitz, mother of Susan Goldhaber
- Cathy & Rich Kaplan in memory of Herb Presnick

**Biblical Garden**

- Lyn & Howard Satsky in memory of Herb Presnick
- Lyn & Howard Satsky in memory of May Moskowitz, mother of Susan Goldhaber
- JoAnn Pizer-Fox in memory of her father, Selig B. Kousnetz
- Susan & Mark Goldhaber in memory of Susan's father, David Moskowitz

**Daniel & Alice Satsky Scholarship Endowment**

- Ronda & Jonathan Kamin in memory of Herb Presnick
- Phyllis Siegel in memory of Herb Presnick

**Frances Pascher Kanof Adult Education Endowment**

- Anya & Arthur Gordon in memory of Susan Eder, may her memory be a blessing to all who knew her
- Liz & Ron Levine in memory of Stan Fox

**General Fund**

- Lois & Howard Mezer in memory of Stan Fox
- Elaine Sandman in memory of Stan Fox
- Carol & Ed Feldman in memory of Herb Presnick
- Kalman & Toby Gordon in memory of Stan Fox
- Judi & Howard Margulies in memory of Stan Fox
- Judi & Howard Margulies in memory of Herb Presnick
- Mary & Bill Stelzenmuller in memory of Herb Presnick
- Donna & Herbert Rosefield in memory of Stan Fox
- Donna & Herbert Rosefield in memory of Stan Gantman

**Hesed Fund**

- Randi & Steve Dmiszewicki in memory of Daniel Winter, son of Carol & Craig Winter
- Arliss & Bob Bailey in memory of Herb Presnick
- Betty Mandel & Ron Bidwell in memory of Herb Presnick
- JoAnn Pizer-Fox in memory of Lynn Rieger
- JoAnn Pizer-Fox in honor of Sue & Marc Finkel on the recent engagement of their daughter Alyse Finkel to Arthur Oysgelt
- Greta & Saul Schiffman in memory of Stan Fox
- Greta & Saul Schiffman in memory of Herb Presnick
- Stacey & Larry Kohn in memory of Larry's father, Martin Kohn

**Honey & Perry Levine Memorial Fund for Senior Programs**

- Randi & Steve Dmiszewicki in memory of Sheila Robbins, mother of Linda Dinkin
- Jerry Kushner in memory of his brother, Lester Kushner
- Stacey Horowitz in honor of Jared Dmiszewicki's auf ruf
- Stacey Horowitz in memory of Norman Kaufman, father of Debrah Barish

- Stacey Horowitz in memory of Roseann Horowitz
- Stacey Horowitz in memory of Herb Presnick
- Stacey Horowitz in memory of Stan Fox
- Stacey Horowitz in memory of Isidor Dordick, father of Gail Baron

**Kitchen Fund**

- Terry & David Katz in memory of Herb Presnick
- Claudia Fuerst in memory of Susan Eder

**Leslie & Frances Pensler Religious School Endowment**

- Maureen & Alan Aarons in honor of Cathy Kaplan for her appointment as head of religious school

**Mikveh Fund**

- Janis & John Zaremba in memory of Susan Eder, may Susan's name be honored by acts of tzedakah

**Preschool Fund**

- JoAnn Pizer-Fox in memory of her husband, Morton E. Pizer

**Rabbi Eric's Discretionary Fund**

- Arthur Samberg in memory of his father, Saul Samberg
- Alan Aarons in memory of his father, Hillel Ruven Aarons
- Joan Sachs in memory of her mother, Miriam Rosen Hartz
- Giuliana & Michael Gage in memory of Stan Fox
- Liliane Himmel in appreciation of a torah honor
- Barbara & Jordan Miller in memory of Herb Presnick
- Renee & Steve Hammel in memory of Steve's brother, Lee Hammel
- Baxter Hammel in honor of Anne Teicher
- Mindy & Bruce Oberhardt in memory of Nathan Sheinkopf, brother of David Sheinkopf
- Jonathan Flescher in memory of Susan Eder
- Beth & Stephen Rossen in honor of Alyssa Rossen becoming a bat mitzvah

**Rabbi Jenny's Discretionary Fund**

- Giuliana & Michael Gage in memory of Herb Presnick
- Liliane Himmel in memory of her mother, Esther Perez
- Jonathan Flescher in memory of Susan Eder
- Cassandra F. Willis in honor of *Shavuot*
- Beth & Stephen Rossen in honor of Alyssa Rossen becoming a bat mitzvah

**Religious School Fund**

- Joyce & Ken Zeitler in memory of Stan Fox
- Erika & Harold Tencer in memory of Herb Presnick
- Leah Pollack in memory of her mother, Renay Salamon
- Cathy & Rich Kaplan in honor of Alyssa Rossen becoming a bat mitzvah
- Beth & Stephen Rossen in honor of Alyssa Rossen becoming a bat mitzvah



**Ronald Bidwell and Betty Mandel Operating Endowment**

- Barbara & Jeffrey Margolis in memory of Herb Presnick
- Janet & Perry Zevin in memory of Herb Presnick
- Renee & Steve Hammel in memory of Herb Presnick

**Rothstein Operating Endowment**

- Stefanie Mendell & Richard Johnson in memory of Stef's grandfather, Samuel Freeman

**Safety & Security Fund**

- Janis Zaremba in memory of May Moskowitz, mother of Susan Goldhaber
- Janis Zaremba in memory of Herb Presnick

**Social Action Fund**

- Stacey Horowitz in memory of Susan Eder

**Teen Tzedakah Giving Circle**

- Phyllis Diehl in memory of Herb Presnick
- Phyllis Diehl in memory of Matthew Hurwitz

**Youth Programs**

- Stacey Horowitz in memory of Daniel Winter, son of Carol and Craig Winter



## Celebrate and Honor Family and Friends with these Special Ideas

**Tree of Life**

Beth Meyer Synagogue's Tree of Life has been designed to celebrate and honor friends, family, milestones, etc., as opposed to a memorial tree. Contributions will help support an endowment for education, established by Michele and Burton Horwitz and family, that will grow and bear fruit for generations to come.

Each brass leaf is available for a \$200 donation to the Burton and Michele Horwitz & Family Education Endowment at Beth Meyer Synagogue. Forms are in the lobby and on the Beth Meyer website:

[www.bethmeyer.org](http://www.bethmeyer.org).

**Walkway Bricks**

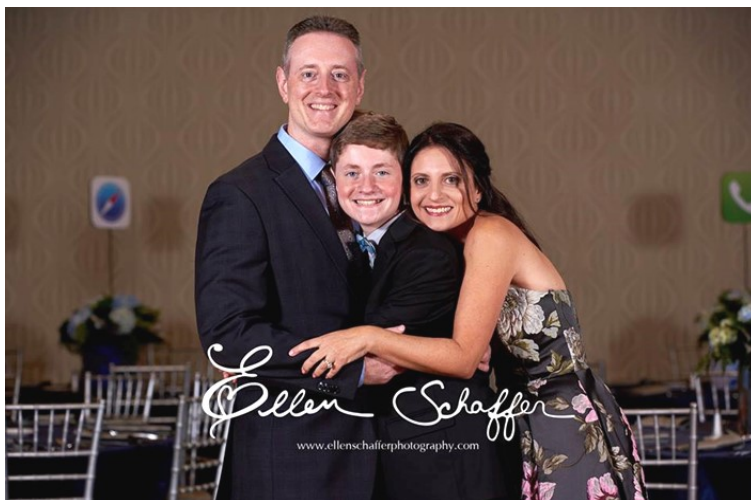
Honor a special friend or family member by purchasing a brick to be placed in our "Walkway of Honor."

Pricing for the bricks includes engraving your personal message - three lines of up to seventeen characters per line. To get the discounted price, multiple bricks must be purchased and engraved at the same time.

|                     |            |
|---------------------|------------|
| One Brick           | \$100 each |
| Two Bricks          | \$90 each  |
| Three Bricks        | \$75 each  |
| Four Bricks         | \$60 each  |
| Five or more Bricks | \$50 each  |

You can purchase bricks on-line [here](#) or using a hard copy order form, available in the office.





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**BAR/BAT MITZVAHS, WEDDINGS, CORPORATE EVENTS & MORE!**

# June 2019 Beth Meyer Synagogue

| Sun                                                                                      | Mon | Tue                                                         | Wed                                                                           | Thu                                                                                                                                | Fri                                                                                                                       | Sat                                                                                                                        |
|------------------------------------------------------------------------------------------|-----|-------------------------------------------------------------|-------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------|
| June 30<br><i>Minyan</i> 9:00a<br>Post- <i>Minyan</i> Nosh 9:30a<br><i>Hineni</i> 10:00a | 1   | 2                                                           | 3<br><br><br><br><br><br><br><br><br><br><i>Minyan</i> 7:00p                  | 4<br><br>OFFICE CLOSED— Independence Day<br><br> | 5<br><br>OFFICE CLOSED<br><br><i>Picnic Shabbat</i> Dinner 6:30p<br><i>Shabbat</i> Service 8:00p<br>Candle lighting 8:16p | 6<br><br><i>Shabbat</i> Service 9:30a<br><br><b>Baby Naming of Eleanor Gimbel</b><br><br><br><br><br><i>Havdalah</i> 9:15p |
| 7<br><br><i>Minyan</i> 9:00a<br>Post- <i>Minyan</i> Nosh 9:30a<br><i>Hineni</i> 10:00a   | 8   | 9<br><br><br><br><br><br><br>Caregivers Support Group 7:00p | 10<br><br><br><br><br><br><br><i>Minyan</i> 7:00p<br>Adult Ed Book Club 7:30p | 11                                                                                                                                 | 12<br><br><br><br><br><br><br><i>Shabbat</i> Service 8:00p<br><br>Candle lighting 8:14p                                   | 13<br><br><br><br><br><br><br><i>Shabbat</i> Service 9:30a<br><br><br><br><br><i>Havdalah</i> 9:13p                        |
| 14<br><br><i>Minyan</i> 9:00a<br>Post- <i>Minyan</i> Nosh 9:30a<br><i>Hineni</i> 10:00a  | 15  | 16                                                          | 17<br><br><br><br><br><br><br><i>Minyan</i> 7:00p<br>Adult Ed Book Club 7:30p | 18<br><br>.                                                                                                                        | 19<br><br><br><br><br><br><br><i>Shabbat</i> Service 8:00p<br><br>Candle lighting 8:10p                                   | 20<br><br><br><br><br><br><br><i>Shabbat</i> Service 9:30a<br><br><br><br><br><i>Havdalah</i> 9:09p                        |
| 21<br><br><i>Minyan</i> 9:00a<br>Post- <i>Minyan</i> Nosh 9:30a<br><i>Hineni</i> 10:00a  | 22  | 23                                                          | 24<br><br><br><br><br><br><br><i>Minyan</i> 7:00p<br>Adult Ed Book Club 7:30p | 25                                                                                                                                 | 26<br><br><br><br><br><br><br><i>Shabbat</i> Service 8:00p<br><br>Candle lighting 8:05p                                   | 27<br><br><br><br><br><br><br><i>Shabbat</i> Service 9:30a<br><br><br><br><br><i>Havdalah</i> 9:04p                        |
| 28<br><br><i>Minyan</i> 9:00a<br>Post- <i>Minyan</i> Nosh 9:30a<br><i>Hineni</i> 10:00a  | 29  | 30                                                          | 31<br><br><br><br><br><br><br><i>Minyan</i> 7:00p                             | August 1                                                                                                                           | August 2<br><br><br><br><br><br><br>Candle lighting 7:59p<br><br><i>Shabbat</i> Service 8:00p                             | August 3<br><br><br><br><br><br><br><i>Shabbat</i> Service 9:30a<br><br><br><br><br><i>Havdalah</i> 8:58p                  |



***Beth Meyer Synagogue***

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*"The world rests on three things: Torah, Prayer, and Acts of Lovingkindness."  
- Pirkei Avot*

Beth Meyer Synagogue is a holy community rooted in these sacred principles---

- *Torah*: We study the *Torah* to refine our souls and become more moral human beings.
- *Avodah*: We pray with heartfelt intention and seek ever greater ways to connect with God.
- *Gemilut Hasadim*: We care for each other in times of need and celebrate with each other in times of joy. We act to make the world a better place---here in Raleigh, in America, in Israel, and throughout the world.

