



THE WEEKLY WEAVER

Updates from Community and Seniors Together (CAST/CASTLE)
New Ulm's Senior Center Organization

Next Week's Activities at the Senior Center

- Monday-Friday - 8am-4pm - CAST Senior Center open
- Tuesday, June 22 - 8:30am - Greeting Card Recycling
- Tuesday, June 22 - 1pm - Sheephead
- Wednesday, June 23 - 12:30pm - Cribbage
- Wednesday, June 23 - 1pm - Scrabble
- Wednesday, June 23 - 1:30pm - Bingo
- Thursday, June 24 - 12:45pm - Bridge and 500
- Friday, June 25 - 1pm - Sheephead



Haven't participated in Activities at the CAST Senior Center in the past?

Join us and bring a friend!

All activities are free (Bingo is \$1/card) and all are welcome!

Need more information? Call us at 507-354-3212 or email us at castnu@newulmtel.net.

CASTLE classes and the Chair Exercise classes will resume in the Fall.

Volunteer at the Senior Center

With the Senior Center reopening, the Community and Seniors Together organization is looking for volunteers to help with activities and programming, greeting people as they arrive, and cleaning up after the events. Let us know if you'd like to help! Call us at 507-354-3212 or email us at castnu@newulmtel.net. Thank you!



Chair Exercise Classes



Our Chair Exercise Classes, with instructor Sue Kimmel, will resume this Fall. Please watch for updates on class dates and times!

A video of our Chair Exercise class is available on Facebook if you'd like to continue your workouts over the Summer. Type "CAST Chair Exercises" in the Search box and click on the link.

Fabric Needed for the Little Dresses Sewers Group

Our Little Dresses Sewers Group is taking donations of clean, unused fabric for their sewing projects. Donations can be dropped off at Mary's house (1326 N. German St.) daily from 10am-5pm or at the CAST Senior Center weekdays from 8am-4pm. Please contact Mary Warner at 507-359-1326 for more information. Thank you for your contribution!



The Little Dresses Sewers are volunteers who sew sundresses and shorts for children in 3rd World countries. Over 12,000 dresses and pairs of shorts have now been delivered to Haiti, Africa, Sierra Leone, Jamaica, Tanzania, and India.

Time to Stock Up! Greeting Cards for Sale!



The **Greeting Card Recycling** group is back in action every Tuesday morning at 8:30am at the CAST Senior Center, creating wonderful greeting cards for all different occasions.

Their beautiful greeting cards are for sale for just \$.50 each!

The Greeting Card cabinet is located in the main hallway upstairs between Room 111 and the Cafetorium. Check out the selection! Greeting

cards may be purchased any time the Senior Center is open (8am-3:30pm Monday through Friday). Please pay by cash or checks made out to CAST. All greeting card proceeds go toward funding Community and Seniors Together (CAST) programming and activities. Your support is appreciated! Have questions or need more information? Email cast-nu@newulmtel.net or call us at 507-354-3212.

Would you like to join the Greeting Card Recycling group? No experience necessary! Join us Tuesday mornings at 8:30am in Room 111 at the CAST Senior Center.

Johnson Park Grand Opening - Sunday, June 20

Johnson Park Grand Opening will be held on Sunday, June 20!

NU Legion Gold will take on Sleepy Eye at 1 p.m. Following the game (approximately 3:30 p.m.), there will be a Ribbon cutting ceremony, followed by Minnesota Recreation and Parks Association Awards Committee Member and New Ulmite Joseph Schugel, who will present the City with an MRPA Award of Excellence for the Johnson RENU Project, a ceremonial first pitch by Mayor Terry Sveine, dedication of a plaque honoring the late Fred Johnson for whom the park is named after.

To top off and conclude the celebration, the New Ulm Brewers will take on Stark for a Tomahawk East League Baseball Game!

A full line of concessions will be offered, including sauerkraut, German Potato Salad and 200 Pork Chops on a Stick! Drink specials will so be offered.

Everyone is welcome and encouraged to celebrate the culmination of years of planning by many people and to see the fully restored and beautiful Johnson Park!



KNUJ Farmer's Markets Begin Thursday, June 24!



Opening June 24th, 2021

Thursdays
2:30pm - 5:30pm

Saturdays
9:00am - Noon

Join us at:

CASH WISE FOODS

1220 Westridge Rd. - New Ulm

For details...listen to KNUJ AM 860 / 97.3 FM / SAM 107.3 FM
or follow us on Facebook @NewUlmFarmersMarket



The KNUJ Farmer's Markets are back!

Beginning Thursday, June 24, the markets will run every week until early October.

July Market Dates:

Thursdays,
July 1, 8, 15, 22 and 29
Saturdays,
July 3, 10, 17, 24 and 31

Free Community Breakfast - Saturday, June 26

We're Back!

Community Breakfast

Saturday, June 26
8:00 – 10:00 a.m.

First United Methodist Church
Corner of Center and Broadway, New Ulm

Please mask if you are not vaccinated

All Are Welcome!

Schedule for Concerts in German Park

Monday Night Concerts in German Park

Brought to you by New Ulm Park & Recreation and KNUJ

Come down to German Park and listen to great music in the new amphitheater! Music starts at 7pm!
All Covid guidelines will be followed for events.

Like and follow us on Facebook for updated information on programs and events.

*Denotes performance geared towards kids.

In case of inclement weather, concerts are usually held at the Community Center (600 N. German St.)

June 7 - Concord Singers

June 14 - Tricia & The Toonies* (Starts at 6:30p) Sponsored by E.C.F.E.

June 21 - Garage Band

June 28 - Ken & Ken Show

July 5 - Sleepy Eye Concertina

July 12 - Wendinger Band

July 19 - Molly & Sunny Boy

July 26th - Schell's Hobo Band

August 2 - The Misfits

August 9 - Larry Mages & The Mages Family Band

August 16 - Original German Band

August 23 - Worst Band Ever

August 30 - Teddy Bear Band*— Sponsored by the New Ulm Public Library



Special Events— Concerts in the Park



Schedule for the Popcorn Wagon - Starting June 26!



POPCORN WAGON 2021

Schedule

Saturday, June 26, 10:00-5:00

Saturday, July 17, 10:00-5:00 (Bavarian Blast)

Friday, July 23, 10:00-5:00 (Crazy Days)

Saturday, July 24, 10:00-8:00 (Crazy Days)

Friday, August 6, 10:00-6:00 (BCHS Book Sale)

Saturday, August 7, 10:00-5:00 (BCHS Book Sale)

Saturday, August 28, 10:00-5:00

Saturday, September 25, 10:00-5:00 (Popcorn Wagon Blast)

Saturday, October 2, 10:00-5:00 (Oktoberfest)

Saturday, October 9, 10:00-5:00 (Oktoberfest)

Part of New Ulm's history since 1914, the popcorn wagon is located in front of the Museum at 2 N. Broadway. All proceeds benefit the Brown County Historical Society.

New to Medicare Virtual Class - Friday, June 25



Have questions about Medicare?

Learning what to do when you become eligible for Medicare can seem overwhelming. This class is for people who will be new to Medicare and would like to learn about Medicare Parts A, B, C and D.

Topics will include a comprehensive introduction to Medicare including what Medicare covers, supplemental insurance and Part D prescription coverage. During the class you will learn the Medicare enrollment details, how to get the most from your benefits, and where to reach out for assistance.

Friday, June 25

NEW TO MEDICARE VIRTUAL CLASS

2:30 pm – 4:30 pm

To sign-up for the class, visit: <https://bit.ly/34hzppl>

To view other events and classes: <https://mnraaa.org/calendar/>

For questions, please contact Senior LinkAge Line® at 1-800-333-2433.



The Senior LinkAge Line® is a service of Minnesota Board on Aging and Minnesota River Area Agency on Aging®

Next Week's Fitness Classes at the CIVIC CENTER

NOTE: Due to the construction at the Rec Center, the Silver Sneakers and Chair Exercise classes have temporarily been moved to the Civic Center (1212 N. Franklin St.).

June 21, 2021, 9:15 AM - 10:00 AM
Fitness Classes - Silver Sneakers
Rental South Arena (Civic Center)

Session: <https://secure.rec1.com/MN/new-ulm-mn/catalog?filter=c2VhcmNoPTE0NTI1NjI=>

June 23, 2021, 9:15 AM - 10:00 AM
Fitness Classes Chair Stretch with Becky
Rental South Arena (Civic Center)

Session: <https://secure.rec1.com/MN/new-ulm-mn/catalog?filter=c2VhcmNoPTE0NTI1NjU=>

June 25, 2021, 9:15 AM - 10:00 AM
Fitness Classes Silver Sneakers
Rental South Arena (Civic Center)

Session: <https://secure.rec1.com/MN/new-ulm-mn/catalog?filter=c2VhcmNoPTE0NTI1NjI=>



For questions
or more information
call 507-233-2109
or email

parkandrec@newulmmn.gov

AARP Smart Driver Courses Resume in September!



In-person AARP Smart Driver Courses at the CAST Senior Center WILL be resuming in September! Dates and times are being finalized. Watch for updates! Until then, the Program will be continuing online. If you'd like to take the Driver Safety Class online, register for the class by calling 800-350-7025 or email customerservice@aarpdriversafety.org.

At the New Ulm Public Library

SIDEWALK BOOK SALE!

at New Ulm Public Library

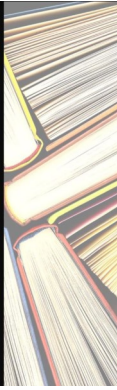
JUNE 1 - JUNE 30

Monday - Thursday, 9:30 AM-8 PM
Friday & Saturday, 9:30 AM-5 PM

We will be having a contactless outdoor book sale during the month of June, weather permitting, on the parking lot side of the library near the book drop entrance.

* WE ARE CURRENTLY NOT ACCEPTING ANY DONATIONS *

17 N BROADWAY - NEWULMLIBRARY.ORG - 507-359-8331



Needlework Group

First and Third Wednesdays
9:30 a.m.-12:30 p.m.

This is not a class, but needleworkers age 16 and older and of all skill levels are welcome.

Bring your own materials. Open to all types of needlework (quitting, embroidery, knitting, etc.).

New Ulm Public Library ·
17 N. Broadway · 507-359-8334



TABLETOP GAMING

STARTING THURSDAY, JUNE 3
EVERY OTHER WEEK, 4-6 PM
in the **LIBRARY MEETING ROOM**

LEARN TO PLAY A NEW GAME AT EACH MEETING, WITH THE HELP OF A LOCAL GAMING EXPERT! PLENTY OF OTHER GAMES WILL BE AVAILABLE TO TRY OUT, OR YOU CAN BRING YOUR OWN TO PLAY.

OPEN TO ALL LEVELS OF GAMING EXPERIENCE, FOR AGES 12+. NO REGISTRATION NEEDED. COME AND GO AS YOU LIKE.

NEW ULM PUBLIC LIBRARY - NEWULMLIBRARY.ORG - 507-359-8331

CHESS TOURNAMENT

TUESDAY, JUNE 22
GAME TIMES FROM 2 TO 6 PM
IN THE **LIBRARY MEETING ROOM**

REGISTRATION IS REQUIRED BY FRIDAY, JUNE 18 TO ENSURE SCHEDULED GAME TIMES FOR PARTICIPANTS. PLEASE REGISTER IN PERSON OR BY CALLING THE LIBRARY. FOR AGES 10+.

1ST & 2ND PLACE WINNERS WILL RECEIVE A CUSTOM SET OF 3D-PRINTED CHESS PIECES MADE ON THE LIBRARY'S 3D PRINTER!

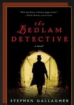
NEW ULM PUBLIC LIBRARY - NEWULMLIBRARY.ORG - 507-359-8331



MYSTERY

Book Club


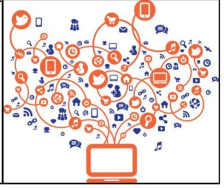
MONDAY, JUNE 28
LIBRARY MEETING ROOM
from **6:30-7:30 PM**



Please join us for a discussion of
THE BEDLAM DETECTIVE
BY **STEPHEN GALLAGHER**

Copies of this book may be requested online, over the phone, or in person at the library. We look forward to seeing you there!

NEW ULM PUBLIC LIBRARY - NEWULMLIBRARY.ORG - 507-359-8331

	<p><small>Computers have you confused? Technology have you in a tizzy? The New Ulm Public Library will be offering a Basic Computer Class starting later this summer!</small></p>
<p>To sign up for the class, ask for the Survey Form at our circulation desk!</p>	

Free Rides on the Heartland Express Bus Service



Free rides on the Heartland Express Bus Service has been extended to September 1, 2021! Please call the Brown County Heartland Express dispatch office, Monday through Friday between the hours of 8am-3pm at 507-359-2717 to schedule your ride. Requests need to be made at least one business day in advance of your needed ride. Heartland Express buses operate in New Ulm, Monday through Friday from 6:15am until 5:45pm. Buses also operate in Sleepy Eye, Springfield and Comfrey, Monday through Friday from 8am-5pm.

Free Rides on the True Transit Bus Service



TRUE Transit offers community dial-a-ride service to assist those needing to do their shopping, get to the doctor or visit family and friends at an affordable rate. Due to COVID, TRUE Transit is currently operating fare-free! True Transit operates Monday through Friday, 8am-5pm. Please talk with transportation staff about any rides that would fall outside of these times and whether special arrangements can be made to accommodate your trip. **Dial-A-Ride Service:** Call 507-388-8783 to request your pick up and drop off locations and times. New Ulm pickup/drop off locations include: Cash Wise Foods, Hy-Vee, the New Ulm Medical Center and Walmart. Travel anywhere in Blue Earth, Nicollet and Le Sueur Counties. We do NOT provide transportation within Mankato, North Mankato, St. Peter or Le Sueur, only into or out of these cities. Please use the city's transit agency for rides around town. Operated by **VINE Faith in Action**, 421 East Hickory St, Mankato, MN 56001. Phone: 507-388-8783 or 800-560-1575.

Getting Started on AARP One Day University

To set up your free membership, go to onedayu.com/membership. Click on the "Sign Up Now" button. You will not be charged any amount. Enter your community code, CAST, into the coupon code and click the "Proceed to Checkout" button. We have also provided an instructional video on how to use these instructions: <https://www.onedayu.com/sign-up-instructions/>. If you should need technical assistance AARP may be reached by phone at 1-800-300-3438 or by email at info@onedayu.com.

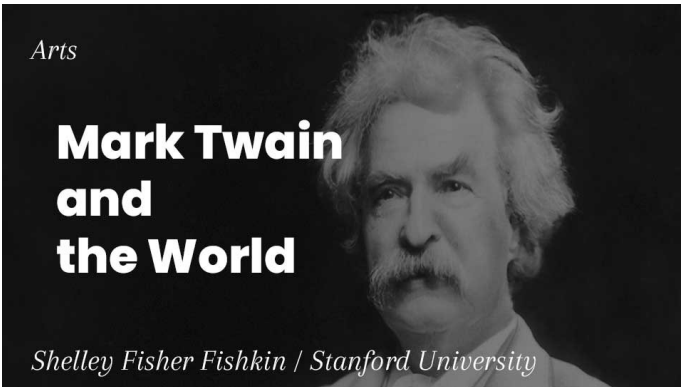
NOTE: The times on the website are EASTERN Standard Time. Our programs will air at 3pm CENTRAL Standard Time.

Next Week on AARP One Day University



**Monday,
June 21
at 3pm**

It's grand. It's glorious. It's larger than life. It's over the top. It's opera. As a comic once remarked, "Opera is where a guy gets stabbed, and instead of bleeding . . . he sings!" Well, yes, of course he sings. It's all about the beautiful vocalism and glorious music, as intense human emotion comes to life in dramatic storytelling onstage. In this presentation, San Francisco Opera's Kip Cranna will share his 40 years of experience as he explores the wonderful world of opera, using video examples (with English subtitles) to illustrate how opera got started and how it continues to have such power to stir our souls and touch our hearts. No previous opera experience necessary. Just watch, listen, and enjoy.



**Tuesday,
June 22
at 3pm**

In 1908, William Dean Howells introduced Mark Twain in a speech as "Mark Twain, originally of Missouri, but then of Hartford, and now ultimately of the solar system, not to say the universe." Samuel Clemens entered the world and left it with Halley's Comet, little dreaming that generations hence Halley's Comet would be less famous than Mark Twain. He has been called our Rabelais, our Cervantes, our Homer, our Tolstoy, our Shakespeare. Ernest Hemingway maintained that "All modern American literature comes from one book by Mark Twain called *Huckleberry Finn*." President Franklin Delano Roosevelt got the phrase "New Deal" from *A Connecticut Yankee in King Arthur's Court*. Twain saw more of the world than any other American writer of his era—and the world saw more of him, as well—both in print, and in person. Throughout the world he is viewed as the most distinctively "American" of American authors—and also as one of the most universal.



**Wednesday,
June 23
at 3pm**

If you're an American Jew, you don't know what to think. One day, you read that we are disappearing due to intermarriage and low birth rate; the next day, you read that young Jews are fomenting a renaissance of religious life. One day, you read that anti-Semitic attacks are up; the next day, you read that Jews are, according to surveys, one of American's most admired ethnic groups. And then there's Trump: good for the Jews or bad? In this talk, a former NY Times religion columnist, who now hosts the #1 Jewish podcast, sorts out fact from fiction, and offers some surprising conclusions.

**One Day
University**
MEMBER



Community & Seniors Together
Senior Programming



Thursday,
June 24
at 3pm

From the early days of the White Castle slider to the Chipotle burrito, Americans adore fast food. Fast food is about more than just a quick bite; fast food history helps us understand the transformations in the way we eat, work, and live. In this presentation, historian Marcia Chatelain, author of *Franchise: The Golden Arches in Black America*, will take you through more than a century of business innovation, changing palates, and hours of commercials. Fast food provides a lens for understanding what we value and how we savor it. Join in the conversation if you have an appetite for learning more about your favorite roadside stops, jingles, and French fries.



Friday,
June 25
at 3pm

November 8, 1864, stands out as one of the most remarkable days in American history. Never before—nor since—had the nation held a presidential election in the midst of a terrible civil war. Some observers worried that President Abraham Lincoln might postpone or cancel the election, but from Lincoln’s perspective, “if the rebellion could force us to forego, or postpone a national election, it might fairly claim to have already conquered and ruined us.” Holding the election, from his perspective, was a “necessity.” In this lecture, Professor Jonathan White will explore the momentous steps that took place in the lead-up to this pivotal election, ranging from the battlefield, to the nominating conventions, to Lincoln’s office at the White House. It will also explain the origin of absentee voting in American history—an important political innovation that developed in the North during the Civil War.



Orin Grossman
Fairfield University

GEORGE GERSHWIN, AMERICAN MASTER: HIS LIFE AND MUSIC
Wednesday, June 30 - 6-8pm

George Gershwin (1898-1937) was a true rarity in American music—someone at home both in popular and classical, or concert, music. He is beloved both for his amazing collection of songs that help define the Great American Songbook and for his brilliant compositions that draw on the American experience to create such masterpieces as **An American in Paris**, **Porgy and Bess**, and **Rhapsody in Blue**. Coming of age in the 1920’s, Gershwin is one of a handful of artists—F. Scott Fitzgerald and Ernest Hemingway come to mind—who both personify the energy and complexity of the “Jazz Age” 1920’s and also still speak to us today. Each of these two presentations will include performances of his music in Gershwin’s own piano arrangements—some rarely heard today.



The AARP One Day University virtual programming is available to **all CAST/CASTLE participants free of charge**. This includes the One Day University live presentations **every weekday** at 3pm, small group discussions, access to their complete video library, **plus** their Premium Courses! The Premium Courses are multi-session, in-depth, college-level courses like our CASTLE classes. Provided by the Community and Seniors Together organization as a service to our participants, your free AARP One Day University membership is for you to use and enjoy at your convenience.

Future Programming on AARP One Day University



One Day University

CAST/CASTLE Participants have a FREE membership to AARP One Day University! Register and enjoy quality programming every weekday plus Premium Courses!

Monday, June 28 - **The Universe and You: From Ancient Times to Multiverse Theory**

Tuesday, June 29 - **Zoom Fatigue: Surprising Findings from an Unexpected Pandemic**

Tuesday, June 29 at 6pm - **George Gershwin, American Master: His Life and Music** (Premium Course)

Wednesday, June 30 - **National Security vs. Freedom of Expression: The Real Inside Story of the Pentagon Papers**

Thursday, July 1 - **Declaring Independence: The Difficult Decision That Created America**

Friday, July 2 - **What the Founding Fathers Were Really Like (And What We Can Still Learn from Them Today)**

Monday, July 5 - **The Story of America in 7 Books**

Tuesday, July 6 - TBD

Wednesday, July 7 - **J.S. Bach and the Quest for Musical Perfection**

Thursday, July 8 - **Thoreau, Emerson, Walden Pond and More: Answering Big Questions**

Thursday, July 8 at 7:30pm - **The U.S. and the World: Foreign Policy Forecasts for Eight Different Countries** (Premium Course - Session 1 of 2)

Friday, July 9 - **Louis Brandeis: The People's Justice**

Monday, July 12 - **Little Known Presidents Series: John Quincy Adams**

Tuesday, July 13 - **How Dolphins Communicate: Unlocking the Secrets**

Wednesday, July 14 - **The Boston Tea Party: Tempest in a Tea Pot**

Thursday, July 15 at 7:30pm - **The U.S. and the World: Foreign Policy Forecasts for Eight Different Countries** (Premium Course - Session 2 of 2)

Friday, July 16 - **Beyond Chocolate and Vanilla: The Delicious History of Ice Cream**

Wednesday, July 21 - **Treasures of The Met: Remarkable Art from New York's Most Famous Museum**

Friday, July 23 - **Welcome to the Future: A Brief History of World's Fairs**

Monday, July 26 - **The Olympics in Ancient Greece**

Tuesday, July 27 - **Who Wore What When (and Why?): The History of Fashion**

Wednesday, July 28 - **The Genius (and Rivalry) of Thomas Edison and Nikola Tesla**

Thursday, July 29 - TBD

Friday, July 30 - **How Did They Ever Shoot That Scene? The Most Challenging and Dangerous Movie Sequences Ever Filmed**

Monday, August 2 - **Alexander the Great: His Career, Character, and What Made Him "Great"**

Thursday, August 5 at 7:30pm - **The Science of Sleep and Stress: How They Affect Creativity, Focus and Memory** (Premium Course - session 1 of 2)

Wednesday, August 11 - **Lewis and Clark's Brilliant Failure: An Exploration of the Famous Expedition**

Thursday, August 12 at 7:30pm - **The Science of Sleep and Stress: How They Affect Creativity, Focus and Memory** (Premium Course - session 2 of 2)



At the German Park Amphitheater

Saturday, June 26 at 2 pm and 7 pm
Sunday, June 27 at 2 pm

Shakespeare in the Park 2021 will feature the comedy *Twelfth Night*, a fast-paced, quick-witted comedy featuring mistaken identities, misplaced love interests, and hilarious practical jokes! For those nervous that Shakespearean language may be difficult to comprehend, be assured that the actors and actresses have made it their goal to present a comedy that is hilarious and easy to follow!

Performances for *Twelfth Night* will take part at the German Park amphitheater on Saturday, June 26 at 2 pm and 7 pm and on Sunday, June 27 at 2 pm. The rain site will be State Street Theater Co.

Tickets: \$10 Adults | \$5 Students

Tickets can be purchased at the New Ulm Chamber, and New Ulm Hy-Vee.



Next Week's Virtual Programming

Monday, June 21

8-9am - **AARP Virtual Chair-based Yoga** provided by www.aarp.org
[AARP FL, Virtual Chair-based Yoga 6/21/21 - Confirm Identity \(cvent.com\)](https://www.aarp.org/virtual-chair-based-yoga-6-21-21)

9-9:30am - **Morning Stretch** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/170361931>

10:45-11:45am - **All Things Zoom** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/853133798>

11am-12pm - **Mindful Movement: Center Your Week** provided by www.aarp.org (Mondays through November 15)
[AARP OR, Mindful Movement: Center Your Week, Oregon, 5/10/21 through 11/15/21 - Confirm Identity \(cvent.com\)](https://www.aarp.org/mindful-movement-center-your-week-oregon-5-10-21-through-11-15-21)

11:30am-12:30pm - **Fit Fusion Workout** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/170361931>

1:30-2:30pm - **Feldenkrais – Gentle Movements for Life** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/170361931>

2-3pm - **Tech & Innovation Discussion Group** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/272115103%C2%A0>

2-3pm - **How to Spot Fake News** provided by www.seniorplanet.org
[Launch Meeting - Zoom](https://www.seniorplanet.org/launch-meeting-zoom)

3-4pm - **All Things Zoom** provided by www.seniorplanet.org
[Launch Meeting - Zoom](https://www.seniorplanet.org/launch-meeting-zoom)

4-5pm - **Documentary Screening and Q&A: All the Lonely People** provided by www.aarp.org
[All the Lonely People with Stu Maddux Registration \(onlinexperiences.com\)](https://www.aarp.org/all-the-lonely-people-with-stu-maddux-registration)

4-5:15pm - **Money Monday: Protecting Your Personal Info Online** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/272115103>

Tuesday, June 22

8-9am - **Stronger Bones** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/853133798>

9-9:30am - **Morning Stretch** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/170361931>

10-10:30am - **Mindful Movement – Yoga Session** provided by www.aarp.org
 [\(2\) AARP Alabama Mindful Movement - Yoga Session | Facebook](https://www.aarp.org/2-aarp-alabama-mindful-movement-yoga-session)

10-11am - **Summer Nutrition & Cooking Series: All About Herbs & Spices** provided by www.aarp.org
[Summer Nutrition & Cooking Series, All About Herbs & Spices for Delicious Results , 06/22/2021, 11 am - Confirm Identity \(cvent.com\)](https://www.aarp.org/summer-nutrition-cooking-series-all-about-herbs-spices-for-delicious-results-06-22-2021-11-am)

10-11am - **Tai Ji Quan: Moving for Better Balance - Beginner** provided by www.yourjuniper.org
(Tuesdays and Thursdays through September 9)
[Register for a Class - Juniper \(yourjuniper.org\)](https://www.yourjuniper.org/register-for-a-class)

10:30-11:30am - **Virtual Makers Morning** provided by www.asimn.org
[Meeting Registration - Zoom](https://www.asimn.org/meeting-registration-zoom)

11:30am-12:30pm - **Chair Yoga** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/170361931>

12-12L30pm - **Back to Basics: Brain Health** provided by www.aarp.org
 [\(2\) Back to Basics: Brain Health | Facebook](https://www.aarp.org/2-back-to-basics-brain-health)

1-2pm - **Holistic Wellness Discussion Group** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/170361931>

2-3pm - **Tuesday Explorers | The Wright Brothers: Did You Know?** provided by www.aarp.org
[Tuesday Explorers | The Wright Brothers: Did You Know? - Confirm Identity \(cvent.com\)](https://www.aarp.org/tuesday-explorers-the-wright-brothers-did-you-know)

2-3pm - **Online Health Resources** provided by www.seniorplanet.org
[Launch Meeting - Zoom](https://www.seniorplanet.org/launch-meeting-zoom)

3-3:30pm - **Afternoon Stretch** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/170361931>

3-4pm - **Smartphone Photography** provided by www.seniorplanet.org
[Launch Meeting - Zoom](https://www.seniorplanet.org/launch-meeting-zoom)

3:30-4:45pm - **Video Chat Apps Presented by Senior Planet** provided by www.aarp.org
[Video Chat Apps Presented by Senior Planet from AARP - Confirm Identity \(cvent.com\)](https://www.aarp.org/video-chat-apps-presented-by-senior-planet-from-aarp)

4-5pm - **Yoga Timeout Tuesdays** provided by www.aarp.org
[Yoga Timeout Tuesday, Statewide, NV 6/22/21 - Confirm Identity \(cvent.com\)](https://www.aarp.org/yoga-timeout-tuesday-statewide-nv-6-22-21)

4-5:15pm - **Techie Tuesday: Voice Assistants** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/272115103>

5-6pm - **On Tap: Perfect Pairings** provided by www.aarp.org
[AARP MI On Tap: Perfect Pairings 6/22/21 - Confirm Identity \(cvent.com\)](https://www.aarp.org/aarp-mi-on-tap-perfect-pairings-6-22-21)

5:30-6:30pm - **Gourmet Lover's Tour of Italy: Emilia-Romagna Region** provided by www.aarp.org
[Gourmet Lover's Tour of Italy: Emilia-Romagna Region Registration \(onlinexperiences.com\)](https://www.aarp.org/gourmet-lovers-tour-of-italy-emilia-romagna-region)

5:30-6:45pm - **It's Been Said All Along a Celebration of Black Music Month Part 2** provided by www.aarp.org
[It's Been Said All Along a Celebration of Black Music Month Episode 2 - Hope Cleveland, OH 06/22/21 - Confirm Identity \(cvent.com\)](https://www.aarp.org/its-been-said-all-along-a-celebration-of-black-music-month-episode-2)

9-10pm - **AARP Jazz in June Couch Concert** provided by www.aarp.org
[AARP's Jazz in June Couch Concert Registration \(onlinexperiences.com\)](https://www.aarp.org/aarp-jazz-in-june-couch-concert)

Wednesday, June 23

9-9:30am - **Morning Stretch** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/170361931>

10:45-11:45am - **Messaging Apps** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/853133798>

10:50am-12:15pm - **OLLI Summer Class 1: How Did the Holocaust Happen? How Does Genocide Happen? How Can It Be Prevented?** provided by www.aarp.org
[OLLI Summer Class 1: How Did the Holocaust Happen? How Does Genocide Happen? How Can It Be Prevented? - Confirm Identity \(cvent.com\)](https://seniorplanet.zoom.us/j/853133798)

11:30am-12:30pm - **Fit Fusion Workout** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/170361931>

12-1pm - **Virtual Drum, Music & Voice Jam** provided by www.aarp.org
[AARP AZ Virtual Drum, Music & Voice Jam \(No Jelly\) 6/23/21 - Confirm Identity \(cvent.com\)](https://seniorplanet.zoom.us/j/170361931)

12-12:50pm - **Hosting A Zoom Meeting** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/272115103%C2%A0>

12:45-1:45pm - **Introduction to Hosting on Zoom** provided by www.seniorplanet.org
<https://seniorplanet.org/wp-content/uploads/2020/10/Intro-Hosting-on-Zoom-lecture-handout.pdf>

2-3pm - **Food Delivery Apps** provided by www.seniorplanet.org
[Launch Meeting - Zoom](https://seniorplanet.zoom.us/j/170361931)

2-4pm - **AARP Movie Screening – Beginners** provided by www.aarp.org
[AARP Movie Screening – Beginners - Confirm Identity \(cvent.com\)](https://seniorplanet.zoom.us/j/170361931)

3-4pm - **Podcasts** provided by www.seniorplanet.org
[Launch Meeting - Zoom](https://seniorplanet.zoom.us/j/170361931)

4-5:15pm - **Worthwhile Wednesday: Internet of Things and Smart Homes** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/272115103>

4-5:30pm - **Aging Well: Busting Myths About Getting Older** provided by www.aarp.org
[AARP OR, Aging Well: Busting Myths About Getting Older, Oregon, 6/23/2021 - Confirm Identity \(cvent.com\)](https://seniorplanet.zoom.us/j/170361931)

5-6:15pm - **Small Business Boot Camp-Networking & Mentoring** provided by www.aarp.org
[AARP NY MWBE Small Business Boot Camp-Networking & Mentoring-6/23/21 - Confirm Identity \(cvent.com\)](https://seniorplanet.zoom.us/j/170361931)

Thursday, June 24

8-9am - **Balance/Strength** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/853133798>

9-9:30am - **Morning Stretch** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/170361931>

10:50am-12:15pm - **OLLI Summer Class 2: Current State of U.S.-Mexico Relations** provided by www.aarp.org
[OLLI Summer Class 2: Current State of U.S.-Mexico Relations - Confirm Identity \(cvent.com\)](https://seniorplanet.zoom.us/j/170361931)

11am-12pm - **Power of Animal-Human Relationships: Session 3 - Optimizing the Animal-Human Bond Through Respectful Training** provided by www.aarp.org
[Power of Animal-Human Relationships: Session 3 - Optimizing the animal-human bond through respectful training \(6/24/2021\) - Confirm Identity \(cvent.com\)](https://seniorplanet.zoom.us/j/170361931)

11:30am-12:30pm - **Chair Yoga** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/170361931>

12:30-2pm - **Stonewall – “The Birth of a Movement” with SAGE** provided by www.seniorplanet.org
[Stonewall – “The Birth of a Movement” with SAGE - Senior Planet](https://seniorplanet.zoom.us/j/170361931)

1-2pm - **Mindful Meditation & Breathing** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/170361931>

2-3pm - **iPhones** provided by www.seniorplanet.org
[Launch Meeting - Zoom](https://seniorplanet.zoom.us/j/170361931)

3-3:30pm - **Afternoon Stretch** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/170361931>

3-4pm - **Digital Storytelling** provided by www.seniorplanet.org
[Launch Meeting - Zoom](https://seniorplanet.zoom.us/j/170361931)

4-5pm - **Tai Chi Thursdays** provided by www.aarp.org
[Tai Chi Thursdays - Confirm Identity \(cvent.com\)](https://seniorplanet.zoom.us/j/170361931)

5-6pm - **AARP Virtual Hatha Yoga** provided by www.aarp.org
[AARP FL, Virtual Hatha Yoga 6/24/21 - Confirm Identity \(cvent.com\)](https://seniorplanet.zoom.us/j/170361931)

5:30-6:30pm - **AARP Presents: Interval Strength Training Class Three** provided by www.aarp.org
[Summary - AARP Presents: Interval Strength Training Class Three \(cventevents.com\)](https://seniorplanet.zoom.us/j/170361931)

6:30-7:30pm - **The Ethel Empower Hour Live with Kathy Smith** provided by www.aarp.org

6:30-7:30pm - **The Ethel Empower Hour Live with Kathy Smith** provided by www.aarp.org
[\(2\) The Ethel Empower Hour with guest Kathy Smith | Facebook](#)

7-8pm - **Jazz Fest 4-Day Virtual Festival - Ashley DuBose** provided by www.aarp.org
[AARP MN & the TC Jazz Festival Present a Special 4-Day Virtual Jazz Fest featuring Ashley DuBose - Crowdcast](#)

Friday, June 25

9-9:30am - **Morning Stretch** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/170361931>

9-10am - **The Con Artist Playbook** provided by www.aarp.org
[Con Artist Playbook by AARP Fraud Watch Network: 6/25/2021 @10AM ET - Confirm Identity \(cvent.com\)](#)

9-10am - **AARP Fitness Friday: Strength & Conditioning with DaShaun Johnson** provided by www.aarp.org
[Fitness Friday - Confirm Identity \(cvent.com\)](#)

10-11:30am - **Elder Abuse in the Time of COVID-19** provided by www.aarp.org
["Elder Abuse in the Time of COVID-19 - Where are we now?" with Paul Greenwood, 10 am on 06/25/2021 - Confirm Identity \(cvent.com\)](#)

11:30am-12:30pm - **Tai Chi** provided by www.seniorplanet.org
<https://seniorplanet.zoom.us/j/170361931>

1-1:30pm - **Walk With Ease** provided by www.yourjuniper.org (Fridays and Wednesdays through August 9)
[Register for a Class - Juniper \(yourjuniper.org\)](#)

2-3pm - **Finding Purpose, Wellness, and Community After 60** provided by www.seniorplanet.org
[Launch Meeting - Zoom](#)

6-7pm - **Jazz Fest 4-Day Virtual Festival – Women of Jazz All Stars** provided by www.aarp.org
[AARP MN & the TC Jazz Festival Present a Special 4-Day Virtual Jazz Fest featuring the Jazz Women All Stars + Andrew Walesch Nine Plays Cole Porter - Crowdcast](#)

7-9pm - **Movies for Grownups Screening: I Want MY MTV** provided by www.aarp.org
[I Want My MTV | AARP Movies for Grownups Screenings](#)

Next Week's Events in the New Ulm Area

Sunday, June 20

1-4:30pm - Schell's Beirgarten open with live music featuring The Bockfest Boys

3:30pm - Johnson Park Grand Opening at Johnson Park

Monday, June 21

9:15-10:15am - Silver Sneakers at the Civic Center

9:30am-8pm - Sidewalk Book Sale at the New Ulm Public Library

10am-5pm - Little Dresses Sewers drop-offs and pickups

12-2:45pm - New Ulm Emergency Food Shelf open

6:30-7:45pm - New Ulm Emergency Food Shelf open

7-8pm Concerts in the Park featuring the Garage Band at German Park

Tuesday, June 22

8:30-10:30am - Greeting Card Recycling at the CAST Senior Center

9:30am-8pm - Sidewalk Book Sale at the New Ulm Public Library

10am-4pm - Brown County Museum open

10am-5pm - Little Dresses Sewers drop-offs and pickups

1-3pm - Sheephead at the CAST Senior Center

2-6pm - Chess Tournament at the New Ulm Public Library

Wednesday, June 23

9:15-10:15am - Chair Stretch with Becky at the Civic Center

9:30am-8pm - Sidewalk Book Sale at the New Ulm Public Library

10am-5pm - Little Dresses Sewers drop-offs and pickups

10am-4pm - Brown County Museum open

12-2:45pm - New Ulm Emergency Food Shelf Open

12:30-2:30 - Cribbage at the CAST Senior Center

1-4pm - Scrabble at the CAST Senior Center

1:30-3:30pm - Bingo at the CAST Senior Center

7-8pm - Municipal Band Concert at German Park

Thursday, June 24

9:30am-8pm - Sidewalk Book Sale at the New Ulm Public Library

10am-2pm - MN Music Hall of Fame open

10am-4pm - Brown County Museum open

10am-5pm - Little Dresses Sewers drop-offs and pickups

12:45pm - Bridge and 500 at the CAST Senior Center

Friday, June 25

- 9:15-10:15am - Silver Sneakers at the Civic Center
- 9:30am-5pm - Sidewalk Book Sale at the New Ulm Public Library
- 10am-2pm - MN Music Hall of Fame open
- 10am-4pm - Brown County Museum open
- 10am-5pm - Little Dresses Sewers drop-offs and pickups
- 12-5pm - Schell's Bier Garten open
- 1-3pm - Sheephead at the CAST Senior Center
- 1-4pm - Kiesling House open

Saturday, June 26

- 8-10am - Free Community Breakfast at First United Methodist Church
- 9am-12pm - KNUJ Farmer's Market at Cash Wise Foods parking lot
- 9:30am-5pm - Sidewalk Book Sale at the New Ulm Public Library
- 10am-2pm - MN Music Hall of Fame open
- 10am-3pm - Brown County Museum open
- 10am-4pm Wanda Gag House open
- 10am-5pm - Popcorn Wagon open at the Brown County Museum
- 12-5pm - Schell's Bier Garten open
- 1-4pm - Kiesling House open
- 2-4pm - Shakespeare in the Park: Twelfth Night at German Park

Senior Dining Calendar and Information



Enjoy the delicious, nutritious meals provided through **Lutheran Social Services**. Have your meal delivered through Meals on Wheels (delivered between 11am and Noon), or you can pick them up at the Community Center between 11:30am and 12:15pm. Please call 507-359-2243 by 1pm the day prior to reserve your meal. Suggested donation for a meal is \$5-\$8.55; the actual cost is \$8.55. SNAP and EBT payments are accepted. In-person dining in the Cafetorium at the Senior Center has NOT reopened yet. Please watch for updates.

Lutheran Social Service		June 2021			Senior Nutrition Services
	Tuesday, June 1st	Wednesday, June 2nd	Thursday, June 3rd	Friday, June 4th	
	BBQ Pork Bun	Chicken Alfredo	Roast Beef	Sloppy Joe on a Bun	
	Coleslaw	Mixed Vegetables	Mashed Potatoes w/Gravy	Broccoli Salad	
	Fresh Fruit	Mandarin Oranges	California Normandy	Baked Beans	
	Jello w/ whip topping	Rice Krispie Bar	Bread/Margarine	Cookie	
	Low Fat Milk	Low Fat Milk	Bar	Low Fat Milk	
Monday, June 7th	Tuesday, June 8th	Wednesday, June 9th	Thursday, June 10th	Friday, June 11th	
Salisbury Steak w/ Gravy	Chili	Chicken Parmesan	Kielbasa	Chicken Fried Steak w/ gravy	
Mashed Potato	Vegetable	Spaghetti noodles	Mashed Potatoes	Mashed Potato	
Green bean	Fruit	Broccoli	Sauerkraut	Carrots	
Dinner Roll w/ Margarine	Bread/ Margarine	Dessert	Dinner roll w/Margarine	Dessert	
Cake w/ frosting	Dessert	Low Fat Milk	Dessert	Low Fat Milk	
Low Fat Milk	Low Fat Milk		Low Fat Milk		
Monday, June 14th	Tuesday, June 15th	Wednesday, June 16th	Thursday, June 17th	Friday, June 18th	
Spaghetti	Ham	Taco Salad	Pork Loin	Baked Fish	
Lettuce Salad w/Dressing	Scalloped Potato	salsa / sour cream	Candl Yam	Brown Rice	
Fruit	Peas	corn chips	Broccoli	Oriental Blend	
Dessert	Bread/ Margarine	Fresh Fruit	Bread/Margarine	Peaches	
Low Fat Milk	Dessert	Dessert	Bar	Lowfat Milk	
	Low Fat Milk	Low Fat Milk	Low Fat Milk		
Monday, June 21st	Tuesday, June 22nd	Wednesday, June 23rd	Thursday, June 24th	Friday, June 25th	
Chicken & Noodle Casserole	Vegetable Soup / crackers	Chicken Ala king	Tater Tot Casserole	Turkey w/ gravy	
Mixed Vegetables	Meat sandwich	Biscuit	Green Beans	Mashed Potato w/ gravy	
Peaches	Tomato & Cucumber Salad	Carrots	Bread / Margarine	Squash	
Cookie	Brownie	Pears	Peaches	Dinner roll / Margarine	
Low Fat Milk	Low Fat Milk	Low Fat Milk	Low Fat Milk	Cake w/ frosting	
				Low Fat Milk	
Monday, June 28th	Tuesday, June 29th	Wednesday, June 30th			
Baked Chicken	Goulash	Chicken Ala king			
Au Gratin Potatoes	Broccoli	Biscuit			
Peas	Tropical Fruit	Carrots			
Dinner Roll w/ Margarine	Bread/ Margarine	Pears			
Bar	Low Fat Milk	Low Fat Milk			

This service is funded in part by a contract from the Area Agency on Aging with funding from the Federal Older Americans Act through the Minnesota Board on Aging. Additional funds are provided by the State of Minnesota, United Ways, local communities, and other adult contributions. Approved by Donna Dunlap RD, LD. *posted menu is regular diet. Diabetic, sodium, and fat restricted diets available upon request. Regular menu provides average of 700-800 calories. If you are interested in learning about the Supplemental Nutrition Assistance Program, please call 1-800-488-4146. SNAP or EBT Payment is accepted

LSS Virtual Caregiver Support Group - Tuesdays 1:30pm

Online Caregiver Support Group for Brown, Jackson, McLeod, Meeker, Renville, and Sibley counties presented by Lutheran Social Services of Minnesota.

Do you provide the primary care for a family member who is older, has a disability or chronic condition? If so, this monthly discussion group is for you. During this time, family caregivers can talk about their experiences, share tips, receive training about caring for a loved one and self-care and enjoy social time. All caregivers are welcome and invited to attend as they are available. We offer affordable fees designed to fit your budget.

Hosted every Tuesday at 1:30 p.m. To learn, more, contact Barbara Alsleben at 320.221.3747 or Barbara.Alsleben@lssmn.org

This Week's Puzzles

Solutions below. Puzzles courtesy of Penny Dell Press Free Daily Puzzles

PennyPress®

ACROSS

- 1. Actress St. John
- 5. Inclined
- 8. ____-jongg
- 11. Politician Cuomo
- 12. Average grade
- 13. Timetable info.
- 14. Perfect places
- 15. Makes possible
- 17. Trials
- 18. Barely make
- 19. Sunrise direction
- 22. Highly excited
- 26. Pastor
- 30. Apple remnant
- 31. Broiler
- 32. Carrere of "Wayne's World"
- 33. Unique chap
- 34. Political cartoonist
- 35. Intertwine
- 37. Gambling stake
- 38. Must-have
- 39. Beatty of films
- 41. Among
- 46. English cheese
- 50. Site of Boise
- 51. Golf standard
- 52. ____ nutshell (briefly)
- 53. Cowboy show

- 54. Soap ingredient
- 55. Paris season
- 56. Actress Lanchester

DOWN

- 1. Green carving stone
- 2. Makes mad
- 3. Fuzzy bits of yarn
- 4. Defeats
- 5. Expert pilot
- 6. Enter
- 7. Boat-builder's lumber
- 8. Singer Torme
- 9. Munched
- 10. Owns

CROSSWORD

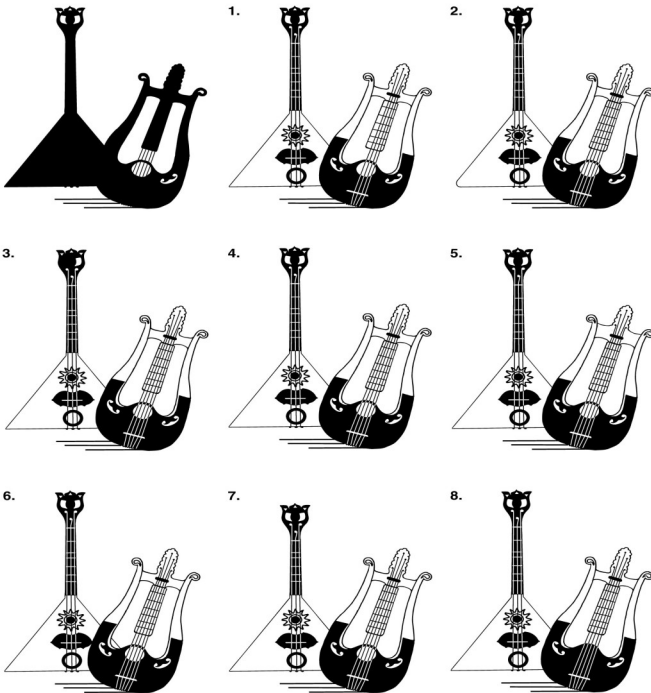
of the DAY

- 11. Bumped into
- 16. Warning signal
- 20. Servant
- 21. Type of net
- 23. Disk-shaped bell
- 24. Baseball's Hershiser
- 25. "Pretty Woman" actor
- 26. "____ Lisa"
- 27. Russian tsar
- 28. TV's "Empty ____"
- 29. Mean
- 36. Regard highly
- 40. Actress Sedgwick
- 42. Folk hero
- 43. "My Two ____"
- 44. ____ butter
- 45. Also
- 46. Noncom-missioned off.
- 47. Dried grass
- 48. Prior to, in poetry
- 49. Actress Dawn Chong

	1	2	3	4		5	6	7		8	9	10		
11							12				13			
14							15			16				
17								18						
				19	20	21				22	23	24	25	
26	27	28	29								30			
31							32				33			
34								35		36				
37										38				
				39	40					41	42	43	44	45
46	47	48					49				50			
51											53			
54													56	

THE SHADOW

Can you find the picture that matches the silhouette shown?



SUDOKU PUZZLE

Place a number in each empty box so that each row, column, and nine-box square contains the numbers 1 to 9.

	6			1		2		7
	2		6		8	5		
1		7			3			8
6	3				1			7
		8		6		3		
	1		3				8	2
7			1			8		4
		1	8		9		5	
2	5			4			9	



Solutions to This Week's Puzzles

H	A	S	A	L	E	S	A	L	E	T	E	L	E	L	A	L	
O	H	D	O	E	R	O	V	A	R	I	N	A	R	E	P	A	R
O	H	A	R	I	D	A	R	I	N	A	R	E	C	H	E	D	
S	T	M	I	D	S	T	N	E	D	A	N	T	E	A	N	T	
E	L	E	N	G	L	E	A	N	T	E	N	T	E	A	N	T	
E	R	O	N	O	R	E	T	I	A	N	T	E	N	T	E	A	
G	O	G	O	R	E												
M	A	H	A	P	T	A	P	T	A	P	T	A	P	T	A	P	

SOLUTION OF THE DAY

4 matches. (Differences: 1. String missing on lyre, 2. Corner of balalaika rounded, 3. Hole missing from top of balalaika, 5. Crosspiece of lyre thicker, 6. Lyre moved, 7. Neck of balalaika shorter, 8. Center hole missing on lyre.)

ANSWER & EXPLANATION

2	8	5	7	4	6	1	9	3
3	4	1	8	2	9	7	5	6
7	6	9	1	3	5	8	2	4
6	1	4	3	5	7	9	8	2
5	7	8	6	9	2	3	4	1
6	3	2	4	8	1	9	7	5
1	5	7	2	6	3	4	9	8
4	2	3	6	7	8	5	1	9
8	6	9	5	1	4	2	3	7

SUDOKU PUZZLE SOLUTION

Check out our new website at www.communityandseniorstogether.org!

Click on this link:

[Community and Seniors Together](http://www.communityandseniorstogether.org!)



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New Ulm, MN 56073

507-354-6500



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2021 CAST Board and Committee Meetings

Until further notice, all meetings will be held virtually by Zoom or Google Meet. An email will be sent in advance of the meeting with the access link. Please email castnu@newulmtel.net if you're unable to attend. Thank you!

CAST Board of Directors Meetings (7:30am)

July 15; August 19; September 16; October 21; November 18; December 16

CASTLE Steering Committee Meetings (9:30am)

June 24; August 12; October 14; December 9

Board Development Committee Meetings (8:30am)

August 19; November 18

Finance Committee Meetings (8:30am)

August 12; November 11

Personnel Committee Meetings (8:30am)

October 21

Programming Committee Meetings (8:30am)

July 8; October 14



2021 CAST Board and Committees

Board of Directors: April Ide, Bernice Schmitz, Dawn Brown, Deb Beatty, Jesse Capparelli, Ken Vonderharr, Lisa Langer, Liz Malloy, Mary Lee Shoen, Phil Davis, Sarah Anderson, Tom Borgen and Wayne Wagner

Officers: **President:** Deb Beatty, **Vice-President:** Dawn Brown, **Treasurer:** Ken Vonderharr, **Secretary:** Bernice Schmitz

Program Director: Cara Knauf

Golden Age Club Representative: Mary Lee Shoen

Park and Recreation Department Representative: Liz Malloy

LSS Senior Dining Representative: Sarah Anderson

Board Development Committee: Deb Beatty, Jesse Capparelli, Lisa Langer

Finance Committee: Bernice Schmitz, Deb Beatty, Ken Vonderhaar

Personnel Committee: April Ide, Dawn Brown, Jesse Capperelli

Program Committee: April Ide, Liz Malloy, Mary Lee Shoen, Sarah Anderson

CASTLE Steering Committee: Bernice Schmitz, Eileen Jacobson, Kathleen Sullivan, Lee Weber, Nip Hauser, Ruth Koelpin, Wayne Wagner and Yvonne Weber

Senior Dining Coordinator: Bonnie Roebbeke

Little Dresses Sewers Coordinator: Mary Warner